The West Spokane Wellness Partnership (WSWP) is a group of people living and working in West Spokane who care about the health and wellness of its youth and families, specifically regarding substance use. Coalition members include adults and youth who live, work, or travel through West Spokane.

Coordinator, Sarah McNew
smcnew@esd101.net
www.westspokanewellness.com

For free support in quitting, including quit coaching, a quit plan, educational materials, and referrals to local resources, call 1-800-QUIT-NOW (1-800-784-8669).

**THIS IS QUITTING**
The first-of-its-kind program to help young people quit vaping. This is Quitting has helped more than 300,000 youth and young adults on their journey to quit vaping. Learn more about how it works and the additional resources available for parents of young vapers and for adults who want to quit.

Teens and young adults can join for free by texting DITCHVAPE to 88709.

**MOST** adults and youth in Washington State **DO NOT** use E-Cigarettes.


Created by West Spokane Wellness Partnership and Spokane County Regional Solid Waste System

Tips for safe disposal of E-Cigarettes, E-liquid waste, and vaping devices in Spokane County
E-Cigarettes, E-Cigarette Liquid, and Vaping Devices are considered hazardous waste.

Improper storage and disposal of E-cigarettes, including rechargeable batteries and the cartridges and bottles that contain e-liquids, may lead to unintentional exposure, accidental nicotine poisoning, and negative environmental impacts.

- E-cigarette and e-liquid waste should not be flushed down a sink or toilet. (If flushed into the sewer system, the nicotine solution in an e-liquid product can seep into the ground or water and become a danger to wildlife and humans.)

- Dispose of items at a household hazardous waste drop off center.

Contact a local CPWI Community Coalition near you today at https://spokaneprevention.com/ to learn more about safe storage and disposal of opioids, tobacco, and vaping products.

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**Safely Disposing of Vaping & E-Cigarette Products and Devices**

**TANKS, CARTRIDGES, AND PODS**

Mix e-liquid waste such as juice remains, with an undesirable substance like kitty litter or coffee grounds and then dispose of in the trash.

If possible, recycle metal components from the device at any county transfer station.

Businesses and organizations that have many devices will need to contact a Hazardous Waste Disposal service to properly dispose of devices and its subcomponents.

**Batteries from Vaping & E-Cigarette devices**

Turn off the device and remove the rechargeable battery before disposal.

Never throw rechargeable batteries into the trash. Lithium ion batteries have been linked to fires and explosions.

Store all items, in a cool, temperature-controlled environment and in a container that is sealed and clearly labeled for hazardous waste.

Deliver the sealed container of e-cigarette waste to a local hazardous waste facility at least every 90 days.

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**Spokane County Transfer Station Household Hazardous Waste Drop Off Areas**

**City of Spokane's Waste to Energy Facility**

2900 S. Geiger Blvd. Spokane, WA.
Open 7 days per week except major holidays from 7:30 AM to 5:00 PM.
Call 509-625-6580

**Spokane County Valley Transfer Station**

3941 N. Sullivan Rd. Spokane Valley, WA.
Open 7 days per week except major holidays. M-F 7:30 AM to 4:30 PM and Sat/Sun 8:30 AM to 4:30 PM
Call 509-477-6800

**North County Recycling and Transfer Station**

22123 N. Elk-Chattaroy Rd. Colbert, WA.
Open 7 days per week except major holidays. M-F 7:30 AM to 4:30 PM and Sat/Sun 8:30 AM to 4:30 PM
Call 509-477-6800