
The West Spokane Wellness Partnership (WSWP) is a group of people living and working in West Spokane who care about the health and wellness of its youth and families, specifically regarding substance use. Coalition members include adults and youth who live, work, or travel through West Spokane.

Coordinator, Sarah McNew
smcnew@esd101.net
www.westspokanewellness.com



For free support in quitting, including quit coaching, a quit plan, educational materials, and referrals to local resources, call **1-800-QUIT-NOW (1-800-784-8669)**.

THIS IS QUITTING

The first-of-its-kind program to help young people quit vaping, This is Quitting has helped more than 300,000 youth and young adults on their journey to quit vaping. Learn more about how it works and the additional resources available for parents of young vapers and for adults who want to quit.

Teens and young adults can join for free by texting DITCHVAPE to 88709.

MOST adults and youth in Washington State **DO NOT** use E-Cigarettes.

According to Washington State Department of Health at <https://bit.ly/2UjEaNX>



Tips for safe disposal of E-Cigarettes, E-liquid waste, and vaping devices in Spokane County

Created by West Spokane Wellness Partnership and Spokane County Regional Solid Waste System

E-Cigarettes, E-Cigarette Liquid, and Vaping Devices are considered hazardous waste

Improper storage and disposal of E-cigarettes, including rechargeable batteries and the cartridges and bottles that contain e-liquids, may lead to unintentional exposure, accidental nicotine poisoning, and negative environmental impacts.

- E-cigarette and e-liquid waste should not be flushed down a sink or toilet. (If flushed into the sewer system, the nicotine solution in an e-liquid product can seep into the ground or water and become a danger to wildlife and humans.)
- Dispose of items at a household hazardous waste drop off center.

Contact a local CPWI Community Coalition near you today at <https://spokaneprevention.com/> to learn more about safe storage and disposal of opioids, tobacco, and vaping products.



Safely Disposing of Vaping & E-Cigarette Products and Devices

TANKS, CARTRIDGES, AND PODS

Mix e-liquid waste such as juice remains, with an undesirable substance like kitty litter or coffee grounds and then dispose of in the trash.

If possible, recycle metal components from the device at any county transfer station.

Businesses and organizations that have many devices will need to contact a Hazardous Waste Disposal service to properly dispose of devices and its subcomponents.

Batteries from Vaping & E-Cigarette devices

Turn off the device and remove the rechargeable battery before disposal

Never throw rechargeable batteries into the trash. Lithium ion batteries have been linked to fires and explosions.

Store all items, in a cool, temperature - controlled environment and in a container that is sealed and clearly labeled for hazardous waste

Deliver the sealed container of e-cigarette waste to a local hazardous waste facility at least every 90 days.

Spokane County Transfer Station Household Hazardous Waste Drop Off Areas

City of Spokane's Waste to Energy Facility

2900 S. Geiger Blvd. Spokane, WA.
Open 7 days per week except major holidays from 7:30 AM to 5:00 PM.
Call 509-625-6580

Spokane County Valley Transfer Station

3941 N. Sullivan Rd. Spokane Valley, WA.
Open 7 days per week except major holidays. M-F 7:30 AM to 4:30 PM and Sat/Sun 8:30 AM to 4:30 PM
Call 509-477-6800

North County Recycling and Transfer Station

22123 N. Elk-Chattooy Rd. Colbert, WA.
Open 7 days per week except major holidays. M-F 7:30 AM to 4:30 PM and Sat/Sun 8:30 AM to 4:30 PM
Call 509-477-6800

Visit <https://www.spokanecounty.org/4732/Household-Hazardous-Waste> to learn more today.