



Skate at your own risk. Helmets are highly recommended.

## **Rules and Regulations:**

- Skate carefully, responsibly and respectfully at all times
- Follow the instructions of the ice attendants
- Skate only in the direction currently being indicated by the ice attendants
- Speed of skating at all times must equal the flow of all other skaters
- Only people wearing skates are allowed on the ice surface
- No more than two (2) people may skate together
- Report all incidents and injuries to ice attendants

## The following are not permitted on The Ice:

- Skating when ice resurfacing is being completed
- Skating in a manner that endangers or interferes with the enjoyment experienced by other skaters
- Stopping or standing on the ice
- Horseplay, game playing, excessive speed, roughness or skating in a dangerous or potentially dangerous fashion
- Carrying children or secondary items on The Ice; handbags, backpacks, cameras, cell phones, portable music players, etc.
- Jumps, spins, or skating backwards
- Speed skates (racer blade skates)
- Hockey playing
- Eating or drinking
- Throwing and kicking objects at any time
- Sitting on, leaning or climbing over the railing
- Tobacco products and vaping
- Alcohol