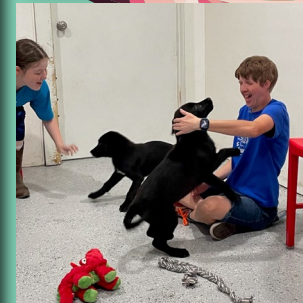




City of Spokane
PARKS
& RECREATION

Therapeutic Recreation Services Spring-Summer 2025 April-September



April Events



TRS Bicycling 6 Weeks | Ages 16+
Enjoy Spokane's natural beauty by bicycle. Participants need to be in moderate physical condition and ride a bike safely. Make sure your bike is in good working order and helmet fits well and is less than 5 years old. **Meet at Meet at Mirabeau Point Park, trailhead, 13500 Mirabeau Pkwy, Spokane Valley.** 17531 | Wed. | 4/23 - 5/28 | 5:30-7:30pm | \$69

TRS Cat Tales 1 day | Ages 18+
Lions and tigers and bears, oh my! But wait, there are leopards and jaguars and servals and pumas and reptiles too! We will take a tour with zoo staff. **Park Operations, 2304 E. Mallon Ave parking lot.** 18232 | Sat. | 4/26 | 1-5pm | \$29

TRS Cookie Bake Night 1 day | Ages 14+
Spend the evening making several types of cookies. Enjoy yourself, take home or share with friends. Gluten-free options are available. **Class meets at Southside Senior Activity Center, 3151 E. 27th Ave.-kitchen.** 17948 | Wed. | 4/16 | 4-6pm | \$23
18278 | Wed. | 4/16 | 6-8pm | \$23

TRS Cornhole & Pizza 4 weeks | ages 12+
Fresh air, fun and favorite lawn game-Cornhole. Laughter and friendly competition will abound. Pizza will be served. **Meet at Fowler United Methodist Church, 3928 N. Howard St.** 17421 | Mon. | 4/7 - 4/28 | 4:30-6pm | \$63

TRS Day at the Theatre 1 day | Ages 16+
Come with us as we delight in the entertaining theatre productions put on by our local Spokane Children's Theatre(SCT) 2727 N. Madelia St. and Christian Youth Theatre(CYT) Bing Crosby Theater, 901 W. Sprague Ave. Location varies.
James & the Giant Peach - Spokane Childrens Theatre 17499 | Sat. | 4/19 | 1:45-4:15pm | \$31

TRS Line Dancing 4 weeks | ages 14+
Easy beginner line dancing is for everyone. Grab your dancing shoes and join us as we learn the fundamentals of line dancing and other dances such as the Macarena, YMCA, Alley Cat and more. **Meet at Fowler United Methodist Church, 3928 N. Howard.** 17417 | Mon. | 4/7 - 4/28 | 3-4pm | \$33

TRS Seize the Day 1 day | Ages 18+
Find yourself sitting around the house during the day? Want to get out and meet some new friends and enjoy some new activities? Come with TRS and Seize the Day with our early afternoon programs around town!

Rivers Wish Animal Sanctuary
We will visit farm animals, see pigs, horses and lambs and enjoy nature with friends! The farm has rough terrain. **Meet at West Central Community Center parking lot, 1603 N. Belt** 17541 | Mon. | 4/9 | 10am-2pm | \$27

TRS Spokane Indians Baseball 1 day | Ages 18+
Let's support our local Spokane Indians Baseball Team. Participants are responsible to bring the suggested amount of money listed. Sign-up fee covers transportation, staff, and tickets. Caregiver tickets available at a discount. TRS staff ratio is 1:4-6. Participants will have the opportunity to practice socialization skills such as making choices, handling money, following directions and getting along within a group. **Meet at the Main entrance of Avista Stadium, 602 N Havana St, Spokane Valley.** **Eugene Emeralds - Fireworks Night** 17543 | Fri. | 4/25 | 6-9:45pm | \$34

TRS Trivia Night 1 day | Ages 14+
Bring your sack dinner and laugh with friends while playing Trivia. Fun prizes will abound. **Meet at Spokane Parks Operations lunch rm 2304 E. Mallon Ave.** 17506 | Fri. | 4/11 | 5:30-7pm | \$21

TRS What's Cooking 4 weeks | Ages 16+
Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. **Class meets at Southside Senior Activity Center, 3151 E. 27th Ave. - kitchen.** 17425 | Tues. | 4/8 - 4/29 | 1:30-3:30pm | \$69
17430 | Tues. | 4/8 - 4/29 | 4-6pm | \$69

TRS SWIMMING 8 weeks | Ages 8+

Meet at Whitworth University Aquatic Center,
300 W. Hawthorne.

Blue Dolphin Swim Team

For people with developmental disabilities who want to swim competitively or get a good workout. Ability to swim 75 yards without assistance and with rhythmic breathing. 17538 | Sun. | 4/6 - 6/8* | 2:15-3:45pm | \$67
**no class 4/20 & 4/27*

If competing in Special Olympics paperwork must be processed by April 6. Regional Competition at Eastern Washington University May 10.

Learn to Swim - Beginner

Individuals will learn how to face float, back float, kick with floats and learn the crawl stroke with rotary breathing. Elementary back stroke and back crawl will be taught with the goal of swimming 20 yards. We require each swimmer to have an attendant in the water assisting so the teacher can rotate their attention safely. 17540 | Sun. | 4/6 - 6/8* | 2:15-3pm | \$63
**no class 4/20 & 4/27*

Learn to Swim - Intermediate

Individuals who have mastered the Beginner skills and are ready to move on skills worked on will be distance swimming, breaststroke, butterfly, diving, simple turns and deeper water experience. 1753 | Sun. | 4/6 - 6/8* | 3:05-3:50pm | \$63
**no class 4/20 & 4/27*



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3	4	5
6 Swimming Learn to Swim	7 Cornhole & Pizza Line Dancing	8 Cooking 1 & 2	9	10 Crafts	11 Trivia	12 Blue Waxers Ice Skating New Powderhounds Instructor Training
13 Swimming Learn to Swim	14 Cornhole & Pizza Line Dancing	15 Cooking 1 & 2	16 Cookie Bake 1 & 2	17 Crafts	18	19 Day at the Theater James and the Giant Peach
20 NO Swimming NO Learn to Swim	21 Cornhole & Pizza Line Dancing	22 Cooking 1 & 2	23 Biking	24 Crafts	25 Indians Baseball Eugene Emeralds Fireworks Night	26 Cat Tales
27 NO Swimming NO Learn to Swim	28 Cornhole & Pizza Line Dancing	29 Cooking 1 & 2	30 Biking	1 Bowling Crafts	2	3

May Events

TRS Bicycling

6 Weeks | Ages 16+

Enjoy Spokane's natural beauty by bicycle. Participants need to be in moderate physical condition and ride a bike safely. Make sure your bike is in good working order and helmet fits well and is less than 5 years old. Meet at Meet at Mirabeau Point Park, trailhead, 13500 Mirabeau Pkwy, Spokane Valley.

17531 | Wed. | 4/23 - 5/28 | 5:30-7:30pm | \$69

TRS Bowling & Pizza

1 day | Ages 16+

Join us for an afternoon of bowling, pizza, fun and friends. Fee includes everything so extra money is not required. Meet at Lilac Bowl, 1112 E Magnesium Rd.

17942 | Thur. | 5/1 | 1-3:30pm | \$33

TRS Classy Crafts

4 weeks | Ages 16+

Explore your creative side and make a variety of beautiful and meaningful crafts each week. Participants will have the opportunity to improve skills such as fine motor, socialization, and communication. Class meets at Park Operations lunchroom, 2304 E. Mallon Ave.

17944 | Thurs. | 5/8 - 5/29 | 4:15-5:30pm | \$49

TRS Cornhole & Pizza

4 weeks | ages 12+

Fresh air, fun and favorite lawn game-Cornhole. Laughter and friendly competition will abound. Pizza will be served. Meet at Fowler United Methodist Church, 3928 N. Howard St.

18016 | Mon. | 5/5 - 6/2* | 4:30-6pm | \$63

*no class 5/26

TRS Day at the Theatre

1 day | Ages 16+

Come with us as we delight in the entertaining theatre productions put on by our local Spokane Children's Theatre(SCT) 2727 N. Madelia St. and Christian Youth Theatre(CYT) Bing Crosby Theater, 901 W. Sprague Ave. Location varies.

Disney's Little Mermaid - Spokane Christian Youth Theatre

17950 | Sat. | 5/31 | 2:30-5:15pm | \$33

TRS Fine Dining

1 day | Ages 18+

Do you like getting dressed up and going out? Come with us and experience the culinary delights of Spokane's finest restaurants! Staff will help in the selection and purchase of a meal. Participants will have the opportunity to improve social, communication, and etiquette skills. Price does not include cost of food. Transportation provided from Park Operations 2304 E. Mallon Ave.

Downriver Grill

17952 | Wed. | 5/21 | 5-8:15pm | \$22

TRS Friday Night Jam

1 day | Ages 18+

Come rock and swing at Spokane's oldest on-going nightclub for people with developmental disabilities. If participants require direct supervision then care providers need to attend.

May Hawaiian Luau - Meet at West Central Community Center, 1603 N. Belt.

17954 | Fri. | 5/9 | 7-8:30pm | \$12

TRS Line Dancing

4 weeks | ages 14+

Easy beginner line dancing is for everyone. Grab your dancing shoes and join us as we learn the fundamentals of line dancing and other dances such as the Macarena, YMCA, Alley Cat and more. Meet at Fowler United Methodist Church, 3928 N. Howard.

18020 | Mon. | 5/5 - 6/2* | 3-4pm | \$33

*no class 5/26

TRS Playball

14 weeks | Ages 12+

This program is for those who are ready for more of a challenge. They will work on preparation and skill development in actual game situations. We are looking for parents/adults to play to enhance the game. Meet at Chief Garry Park, Mission & Regal. Field A.

18023 | Fri. | 5/9 - 8/8* | 6-8pm | \$65

*no class 5/23, 7/4

TRS Spokane Indians Baseball

1 day | Ages 18+

Let's support our local Spokane Indians Baseball Team. Participants are responsible to bring the suggested amount of money listed. Sign-up fee covers transportation, staff, and tickets. Caregiver tickets available at a discount. TRS staff ratio is 1:4-6. Participants will have the opportunity to practice socialization skills such as making choices, handling money, following directions and getting along within a group. Meet at the Main entrance of Avista Stadium, 602 N Havana St, Spokane Valley.

Tri-City Dust Devils - Jurassic Ballpark Night

18024 | Fri. | 5/23 | 6-9:45pm | \$34

TRS What's Cooking

4 weeks | Ages 16+

Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. Class meets at Southside Senior Activity Center, 3151 E. 27th Ave. - kitchen.

18003 | Tues. | 5/6 - 5/27 | 1:30-3:30pm | \$69

18004 | Tues. | 5/6 - 5/27 | 4-6pm | \$69



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27 Swimming Learn to Swim	28 Cornhole & Pizza Line Dance	29 Cooking 1 & 2	30 Biking	1 Bowling Crafts	2	3
4 Swimming Learn to Swim	5 Cornhole & Pizza Line Dancing	6 Cooking 1 & 2	7 Biking	8 Crafts	9 Playball Friday Night Jam Luau	10 Swimming Regionals @ EWU
11 Swimming Learn to Swim	12 Cornhole & Pizza Line Dancing	13 Cooking 1 & 2	14 Biking	15 Crafts	16 Playball	17
18 Swimming Learn to Swim	19 Cornhole & Pizza Line Dancing	20 Cooking 1 & 2	21 Biking Fine Dining Downriver Grill	22 Crafts	23 NO Playball	24
25 Swimming Learn to Swim	26 NO CLASSES	27 Cooking 1 & 2	28 Biking	29 Crafts	30 Playball	31 Day at the Theater Little Mermaid

June Events

TRS Bicycling

6 Weeks | Ages 16+

Enjoy Spokane's natural beauty by bicycle. Participants need to be in moderate physical condition and ride a bike safely. Make sure your bike is in good working order and helmet fits well and is less than 5 years old. **Meet at Meet at Mirabeau Point Park, trailhead, 13500 Mirabeau Pkwy, Spokane Valley.**

18013 | Wed. | 6/11 - 7/16 | 6-8pm | \$69

TRS Classy Crafts

4 weeks | Ages 16+

Explore your creative side and make a variety of beautiful and meaningful crafts each week. Participants will have the opportunity to improve skills such as fine motor, socialization, and communication. **Class meets at Park Operations lunchroom, 2304 E. Mallon Ave.**

17945 | Thurs. | 6/5 - 6/26 | 4:15-5:30pm | \$49

TRS Cornhole & Pizza

4 weeks | ages 12+

Fresh air, fun and favorite lawn game-Cornhole. Laughter and friendly competition will abound. Pizza will be served. **Meet at Fowler United Methodist Church, 3928 N. Howard St.**

18016 | Mon. | 5/5 - 6/2* | 4:30-6pm | \$63

*no class 5/26

18017 | Mon. | 6/9 - 6/30 | 4:30-6pm | \$63

TRS Cookie Bake Night

1 day | Ages 14+

Spend the evening making several types of cookies. Enjoy yourself, take home or share with friends. Gluten-free options are available. **Class meets at Southside Senior Activity Center, 3151 E. 27th Ave.-kitchen.**

17949 | Wed. | 6/4 | 4-6pm | \$23

18265 | Wed. | 6/4 | 6-8pm | \$23

TRS Day at the Theatre

1 day | Ages 16+

Come with us as we delight in the entertaining theatre productions put on by our local Spokane Children's Theatre(SCT) 2727 N. Madelia St. and Christian Youth Theatre(CYT) Bing Crosby Theater, 901 W. Sprague Ave. Location varies.

Mary Poppins - Spokane Childrens Theatre

17951 | Sun. | 6/8 | 1:45-4:15pm | \$31

TRS Disc Golf & Pizza

3 weeks | Ages 12+

We will visit a Spokane Parks and Recreation Park that host a Jr. Disc golf course. Safety and throwing fundamentals will be covered. Games played each week. Disc is included in the price. Discs provided if forget to bring. Pizza served at the end of each weekly play. **Meet at Liberty Park - Liberty Park Library 402 S. Pittsburg St. parking lot.**

18224 | Fri. | 6/6 - 6/20 | 3-4:30pm | \$43

TRS Fishing Frenzy

1 day | Ages 13+

Join us for a day of fishing on Clear Lake. It is a 'Free Fishing Weekend' in WA so Michael and Joshua Marro will be sponsoring this event for TRS. Fishing poles, tackle and bait will be provided. **Bring \$10 for a lunch of hamburger/hotdog, chips, soda and dessert. Meet at Park Operations, 2304 E. Mallon Ave.**

18225 | Sat. | 6/7 | 8:15am-2pm | \$29

TRS Line Dancing

4 weeks | ages 14+

Easy beginner line dancing is for everyone. Grab your dancing shoes and join us as we learn the fundamentals of line dancing and other dances such as the Macarena, YMCA, Alley Cat and more. **Meet at Fowler United Methodist Church, 3928 N. Howard.**

18020 | Mon. | 5/5 - 6/2* | 3-4pm | \$33

*no class 5/26

18021 | Mon. | 6/9 - 6/30 | 3-4pm | \$33

TRS Paint & Taste

1 day | Ages 14+

Do you like painting and apple cider? Make a masterpiece of your very own while enjoying sipping on cider. No painting experience required. **Meet at Spokane Valley Parks & Recreation Center Place, 2426 N. Discovery Place.**

18001 | Tue. | 6/24 | 5:30-7pm | \$21

TRS Playball

14 weeks | Ages 12+

This program is for those who are ready for more of a challenge. They will work on preparation and skill development in actual game situations. We are looking for parents/adults to play to enhance the game. **Meet at Chief Garry Park, Mission & Regal. Field A.**

18023 | Fri. | 5/9 - 8/8* | 6-8pm | \$65

*no class 5/23, 7/4

TRS River Rafting

1 day | Ages 14+

See our own Spokane River as we float away from downtown on inflatable whitewater rafts. This trip, operated by Wiley E.Waters, has a touch of Whitewater and is a great introduction to rafting. Participants should be comfortable in the water. **Meet at Park Operations, 2304 E. Mallon Ave.**

18248 | Thurs. | 6/12 | 1:15-5:30 pm | \$53

TRS Spokane

Indians Baseball

1 day | Ages 18+

Let's support our local Spokane Indians Baseball Team. Participants are responsible to bring the suggested amount of money listed. Sign-up fee covers transportation, staff, and tickets. Caregiver tickets available at a discount. TRS staff ratio is 1:4-6. Participants will have the opportunity to practice socialization skills such as making choices, handling money, following directions and getting along within a group. **Meet at the Main entrance of Avista Stadium, 602 N Havana St, Spokane Valley.**

Everett Aqua Sox - Fireworks Night

18204 | Fri. | 6/20 | 6:30-10pm | \$34

TRS What's Cooking

4 weeks | Ages 16+

Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. **Class meets at Southside Senior Activity Center, 3151 E. 27th Ave. - kitchen.**

18005 | Tues. | 6/3 - 6/24 | 1:30-3:30pm | \$69

18006 | Tues. | 6/3 - 6/24 | 4-6pm | \$69



**SEE PAGE 8 FOR
FUNSHINE DAY CAMP**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Swimming Learn to Swim	2 Cornhole & Pizza Line Dancing	3 Cooking 1 & 2	4 NO Biking Cookie Bake 1 & 2	5 Crafts	6 Disc Golf Playball	7 Fishing Frenzy
8 Swimming Learn to Swim Day at the Theater Marry Poppins	9 Cornhole & Pizza Line Dancing	10 Cooking 1 & 2	11 Biking	12 Crafts Rafting	13 Disc Golf Playball	14
15	16 Cornhole & Pizza Line Dancing	17 Cooking 1 & 2	18 Biking	19 Crafts	20 Disc Golf Playball Spokane Indians Everett Aqua Sox Fireworks Night	21 Spring Special Olympic Meet - Federal Way - Blue Dolphins
22	23 Cornhole & Pizza Line Dancing	24 Cooking 1 & 2 Paint & Taste	25 Biking	26 Crafts	27 Playball	28
Funshine Day Camp - Adult Week #1 - Games						
29	30 Cornhole & Pizza Line Dancing	1 NO Cooking 1 & 2	2 Biking	3	4 NO Playball	5
Funshine Day Camp - Teen Week						

July Events

TRS Bicycling

6 Weeks | Ages 16+

Enjoy Spokane's natural beauty by bicycle. Participants need to be in moderate physical condition and ride a bike safely. Make sure your bike is in good working order and helmet fits well and is less than 5 years old. **Meet at Meet at Mirabeau Point Park, trailhead, 13500 Mirabeau Pkwy, Spokane Valley. 18014 | Wed. | 7/23 - 8/27 | 5-7pm | \$69**

TRS Bowling & Pizza

1 day | Ages 16+

Join us for an afternoon of bowling, pizza, fun and friends. Fee includes everything so extra money is not required. **Meet at Lilac Bowl, 1112 E Magnesium Rd. 17943 | Thur. | 7/24 | 1-3:30pm | \$33**

TRS Cheney Rodeo

1 day | Ages 18+

Put on your western duds and cowboy hat as we head to Cheney for the annual professional rodeo. The show will be packed with calf roping, bronc and bull riding, and other exciting events. **Meet at Cheney Rodeo Grounds, 14310 St. Rt. 904. 18202 | Sun. | 7/13 | 3-6:30pm | \$43**

TRS Fine Dining

1 day | Ages 18+

Do you like getting dressed up and going out? Come with us and experience the culinary delights of Spokane's finest restaurants! Staff will help in the selection and purchase of a meal. Participants will have the opportunity to improve social, communication, and etiquette skills. **Price does not include cost of food. Transportation provided from Park Operations 2304 E. Mallon Ave.**

The Barrel Steak & Seafood

17953 | Thur. | 7/17 | 5:45-9pm | \$22

TRS Friday Night Jam

1 day | Ages 18+

Come rock and swing at Spokane's oldest on-going nightclub for people with developmental disabilities. If participants require direct supervision then care providers need to attend.

Annual Picnic & Dance - TRS provides fried chicken please bring a side dish or dessert to share. **Meet at Franklin Park Shelter, 302 W. Queen Ave. 17955 | Fri. | 7/11 | 6-7:45pm | \$13**

TRS Playball

14 weeks | Ages 12+

This program is for those who are ready for more of a challenge. They will work on preparation and skill development in actual game situations. We are looking for parents/adults to play to enhance the game. **Meet at Chief Garry Park, Mission & Regal. Field A. 18023 | Fri. | 5/9 - 8/8* | 6-8pm | \$65**

*no class 5/23, 7/4

TRS Sailing

1 day | Ages 16+

Have you ever wanted to try sailing? Well now is your chance! Come with TRS for an all-day adventure where we will sail with Dogsmile Adventures in Idaho and then stop to eat lunch! Participants will have the opportunity to practice socialization skills, following directions, and communication. **Meet at Park Operations, 2304 E Mallon Ave. 18229 | Tues. | 7/29 | 7:15am-3pm | \$129**

TRS Sensory

Sensitivity Swim

4 weeks | All Ages

In cooperation with SPRD Aquatics TRS is offering a pilot pool time designed for swimmers with sensory sensitivities. Each swimmer will be required to have an adult caregiver/parent to provide support as needed. The pool will be less crowded, whistles will not be used as frequently and swimmers can enjoy a zero depth entry, slides, and play structure. **Meet at A.M. Cannon Aquatic Center, 1900 W. Mission Ave. 18227 | Fri. | 7/11 - 8/1 | 12-12:45pm | \$40**

4 weeks | Siblings - We would like to extend an invitation for siblings to swim together. Please refer to information above. **18228 | Fri. | 7/11 - 8/1 | 12-12:45pm | \$10**

TRS Spokane

Indians Baseball

1 day | Ages 18+

Let's support our local Spokane Indians Baseball Team. Participants are responsible to bring the suggested amount of money listed. Sign-up fee covers transportation, staff, and tickets. Caregiver tickets available at a discount. TRS staff ratio is 1:4-6. Participants will have the opportunity to practice socialization skills such as making choices, handling money, following directions and getting along within a group. **Meet at the Main entrance of Avista Stadium, 602 N Havana St, Spokane Valley.**

Hillsboro Hops - Oat Milkers Fan Trivia & Team Poster Night **18206 | Thurs. | 7/31 | 6-9:30pm | \$34**

TRS Spokane Velocity FC

1 day | Ages 16+

Spokane Velocity FC is the first professional men's soccer team in Spokane. They are Division 3 sanctioned and are in the USL League 1. Players are young and aspiring to get to the next level. The games are fun and exciting to watch. **Meet at the new ONE Stadium, 501 W. Garner.**

Sacramento Republic

18242 | Sat. | 7/26 | 6:30-9:15pm | \$46

TRS What's Cooking

4 weeks | Ages 16+

Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. **Class meets at Southside Senior Activity Center, 3151 E. 27th Ave. - kitchen.**

18007 | Tues. | 7/8 - 7/29 | 1:30-3:30pm | \$69

18008 | Tues. | 7/8 - 7/29 | 4-6pm | \$69

Funshine Day Camp

Kids | 4 weeks | Ages 6-21yrs

Teens | 1 week | Ages 13-18yrs

Adults | 2 weeks | Ages 18+

Funshine Day Camp is a fun-filled camp for those with developmental and/or physical disabilities. Campers will have the opportunity to interact and socialize with their peers through crafts, music, science experiments, books, board games, group activities, and more. Fridays are field trip days to a variety of exciting locations. Each week the camp centers around a different theme. We celebrate the end of summer with our annual Potluck BBQ & Carnival. **Drop off and pick up will be at the Shadle Library, 2111 W. Wellesley Ave. Teen Week will meet at Stone Park.** Call 509-625-6245 or email Alice Busch at abusch@spokanecity.org for more information.

Adult Week #1 - Games

17956 | Mon. - Fri. | 6/23-6/27 | 9-2:30pm | \$269

Teen Week

17957 | Tues.-Thurs. | 7/1-7/3 | 9-2:30pm | \$269

Kids Week #1 - Jurassic Park

17958 | Mon. - Fri. | 7/7-7/11 | 9-2:30pm | \$269

Kids Week #2 - Under the Sea

17996 | Mon. - Fri. | 7/14-7/18 | 9-2:30pm | \$269

Kids Week #3 - Super Science!

17997 | Mon. - Fri. | 7/21-7/25 | 9-2:30pm | \$269

Adult Week #2 - Art

17998 | Mon. - Fri. | 7/28 - 8/1 | 9-2:30pm | \$269

Kids Week #4 - Lights, Camera, Action

17999 | Mon. - Fri. | 8/4-8/8 | 9-2:30pm | \$269

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30 Cornhole & Pizza Line Dancing	1 NO Cooking 1 & 2	2 Biking	3	4 NO Playball	5
Funshine Day Camp – Teen Week						
6	7	8 Cooking 1 & 2	9 Biking	10	11 Playball Sensory Swim	12
Funshine Day Camp – Kids Week #1 – Jurassic Park						
13 Cheney Rodeo	14	15 Cooking 1 & 2	16 Biking	17 Fine Dining The Barrel Steak & Seafood	18 Playball Sensory Swim	19
Funshine Day Camp – Kids Week #2 – Under the Sea						
20	21	22 Cooking 1 & 2	23 Biking	24 Bowling	25 Playball Sensory Swim	26 Spokane Velocity Sacramento Republic
Funshine Day Camp – Kids Week #3 – Super Science!						
27	28	29 Cooking 1 & 2 Sailing	30 Biking	31 Spokane Indians Hillsboro Hops Oat Milkers Fan Trivia & Team Poster Night	1 Playball Sensory Swim	2 Scottish Highland Games
Funshine Day Camp – Adult Week #2 – Art						

August & September Events

TRS Bicycling

6 Weeks | Ages 16+

Enjoy Spokane's natural beauty by bicycle. Participants need to be in moderate physical condition and ride a bike safely. Make sure your bike is in good working order and helmet fits well and is less than 5 years old. **Meet at Meet at Mirabeau Point Park, trailhead, 13500 Mirabeau Pkwy, Spokane Valley.**
18014 | Wed. | 7/23 - 8/27 | 5-7 pm | \$69
18015 | Wed. | 9/10 - 10/8 | 4-6 pm | \$69

TRS Classy Crafts

4 weeks | Ages 16+

Explore your creative side and make a variety of beautiful and meaningful crafts each week. Participants will have the opportunity to improve skills such as fine motor, socialization, and communication. **Class meets at Park Operations lunchroom, 2304 E. Mallon Ave.**
17946 | Thurs. | 8/7 - 8/28 | 4:15-5:30pm | \$49
17947 | Thurs. | 9/4 - 9/25 | 4:15-5:30pm | \$49

TRS Cornhole & Pizza

4 weeks | ages 12+

Fresh air, fun and favorite lawn game-Cornhole. Laughter and friendly competition will abound. Pizza will be served. **Meet at Fowler United Methodist Church, 3928 N. Howard St.**
18018 | Mon. | 9/8 - 9/29 | 4:30-6pm | \$63

TRS Furry Friends & Food

1 day | Ages 16+

What could be more fun than hanging out with cute furry dogs or cats then enjoying a meal with friends. Join us as we visit BARK, A Rescue Pub's Adoption Center in partnership with Spokane Humane Society. Each person will spend time in the adoption center then enjoy a tasty meal. Staff will assist with the animal visit and then the selection and purchase of a meal. Participants will have the opportunity to safely hold or pet the animals, wash up, and work on social, communication and etiquette skills. **Price does not include cost of food. Transportation provided from Park Operations, 2304 E. Mallon Ave.**

~~18000 | Fri. | 8/22 | 10:15am-1:30pm | \$31~~

TRS Line Dancing

4 weeks | ages 14+

Easy beginner line dancing is for everyone. Grab your dancing shoes and join us as we learn the fundamentals of line dancing and other dances such as the Macarena, YMCA, Alley Cat and more. **Meet at Fowler United Methodist Church, 3928 N. Howard.**
18022 | Mon. | 9/8 - 9/29 | 3-4pm | \$33

TRS Playball

14 weeks | Ages 12+

This program is for those who are ready for more of a challenge. They will work on preparation and skill development in actual game situations. We are looking for parents/adults to play to enhance the game. **Meet at Chief Garry Park, Mission & Regal. Field A.**
18023 | Fri. | 5/9 - 8/8* | 6-8pm | \$65
*no class 5/23, 7/4

TRS Sailing

1 day | Ages 16+

Have you ever wanted to try sailing? Well now is your chance! Come with TRS for an all-day adventure where we will sail with Dogsmile Adventures in Idaho and then stop to eat lunch! Participants will have the opportunity to practice socialization skills, following directions, and communication. **Meet at Park Operations, 2304 E Mallon Ave.**
18230 | Tues. | 9/2 | 7:15am-3pm | \$129

TRS Scottish Highland Games 1 day | Ages 18+

Bag pipes, dancing, strength tests, sheep and dogs are all part of the Highland Games. **Transportation provided from Park Operations, 2304 E. Mallon Ave.**
18231 | Sat. | 8/2 | 11:30am-3:30pm | \$37

TRS Seize the Day

1 day | Ages 18+

Find yourself sitting around the house during the day? Want to get out and meet some new friends and enjoy some new activities? Come with TRS and Seize the Day with our early afternoon programs around town!

Garage Sales Day

Ready to treasure hunt? We will be hunting down deals at local garage sales then stopping to eat lunch at a park! **Meet at Park Ops, 2304 E Mallon Ave.**
18203 | Fri. | 8/15 | 9am-1pm | \$31

TRS Sensory

Sensitivity Swim

4 weeks | All Ages

In cooperation with SPRD Aquatics TRS is offering a pilot pool time designed for swimmers with sensory sensitivities. Each swimmer will be required to have an adult caregiver/parent to provide support as needed. The pool will be less crowded, whistles will not be used as frequently and swimmers can enjoy a zero depth entry, slides, and play structure. Meet at A.M. Cannon Aquatic Center, 1900 W. Mission Ave.
18227 | Fri. | 7/11 - 8/1 | 12-12:45pm | \$40

4 weeks | Siblings - We would like to extend an invitation for siblings to swim together. Please refer to information above.
18228 | Fri. | 7/11 - 8/1 | 12-12:45pm | \$10

TRS Spokane

Indians Baseball

1 day | Ages 18+

Let's support our local Spokane Indians Baseball Team. Participants are responsible to bring the suggested amount of money listed. Sign-up fee covers transportation, staff, and tickets. Caregiver tickets available at a discount. TRS staff ratio is 1:4-6. Participants will have the opportunity to practice socialization skills such as making choices, handling money, following directions and getting along within a group. **Meet at the Main entrance of Avista Stadium, 602 N Havana St, Spokane Valley, WA 99212.**

Tri-City Dust Devils - Military & Veteran Appreciation
Fireworks Night

18205 | Fri. | 8/29 | 6-9:45pm | \$34

TRS Spokane Velocity FC

1 day | Ages 16+

Spokane Velocity FC is the first professional men's soccer team in Spokane. They are Division 3 sanctioned and are in the USL League 1. Players are young and aspiring to get to the next level. The games are fun and exciting to watch. **Meet at the new ONE Stadium, 501 W. Garner.**

Westchester Soccer Club

18243 | Sun. | 9/7 | 3:30-6:15pm | \$46

TRS Trivia Night

1 day | Ages 14+

Bring your sack dinner and laugh with friends while playing Trivia. Fun prizes will abound. **Meet at Spokane Parks Operations lunch rm 2304 E. Mallon Ave.**
18002 | Fri. | 9/12 | 5:30-7pm | \$21

TRS What's Cooking

4 weeks | Ages 16+

Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. **Class meets at Southside Senior Activity Center, 3151 E. 27th Ave. - kitchen.**

18009 | Tues. | 8/5 - 8/26 | 1:30-3:30pm | \$69

18010 | Tues. | 8/5 - 8/26 | 4-6pm | \$69

18011 | Tues. | 9/9 - 9/30 | 1:30-3:30pm | \$69

18012 | Tues. | 9/9 - 9/30 | 4-6pm | \$69

**SEE PAGE 8 FOR
FUNSHINE DAY CAMP**

City of Spokane Parks and Recreation
Therapeutic Recreation Services

August 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29 Cooking 1 & 2 Sailing	30 Biking	31 Spokane Indians ???	1 Playball Sensory Swim	2 Scottish Highland Games
Funshine Day Camp – Adult Week #2 – Art						
3	4	5 Cooking 1 & 2	6 Biking	7 Crafts	8 Playball BBQ	9
Funshine Day Camp – Kids Week #4 – Lights, Camera, Action						
10	11	12 Cooking 1 & 2	13 Biking	14 Crafts	15 Garage Sales Day	16
17	18	19 Cooking 1 & 2	20 Biking	21 Crafts	22	23
24	25	26 Cooking 1 & 2	27 Biking	28 Crafts	29 Spokane Indians Tri-City Dust Devils Veteran & Military Appreciation & Fireworks	30
31						

City of Spokane Parks and Recreation
Therapeutic Recreation Services

September 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1	2 NO Cooking 1 & 2 Sailing	3 NO Biking	4 Crafts	5	6
7 Spokane Velocity Westchester Soccer Club	8 Cornhole & Pizza Line Dancing	9 Cooking 1 & 2	10 Biking	11 Crafts	12 Trivia Night	13
14	15 Cornhole & Pizza Line Dancing	16 Cooking 1 & 2	17 Biking	18 Crafts	19	20
21	22 Cornhole & Pizza Line Dancing	23 Cooking 1 & 2	24 Biking	25 Crafts	26	27
28	29 Cornhole & Pizza Line Dancing	30 Cooking 1 & 2	1 Biking	2	3	4



City of Spokane Parks and Recreation Department
ACTIVITY REGISTRATION FORM

509.755.CITY (2489)
 SpokaneParks.org

Which program are you registering for? General TRS

PAYEE INFORMATION

LAST NAME	FIRST NAME	MI
ADDRESS	CITY/STATE	ZIP
DAY WORK OR CELL PHONE	NIGHT PHONE	EMAIL

PARTICIPANT INFORMATION		BIRTHDATE	AGE	GENDER	ACTIVITY NUMBER	ACTIVITY NAME	FEE
LAST NAME	FIRST NAME						
		/ /		M F			
		/ /		M F			
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Statistical Information (birthdate & sex of participant) is used for demographics and to customize course activities

Make checks payable to: City of Spokane **Mailing Address:** Spokane Parks & Recreation Department
 Class Registration – My Spokane
 808 W. Spokane Falls Blvd.
 Spokane, WA 99201-3317

Total Program Fees: \$

Credit Card /Debit Card payments are also accepted in the form of VISA, MC or AMEX for Online or Phone Registrations Only.

DDA will send funds. Yes No **Case Manager** Name: _____ phone # _____ email: _____

Please contact your case manager to send verification of payment to: abusch@spokanecty.org

THERAPEUTIC RECREATION ONLY

General supervision is provided 15 minutes prior to class time and 15 minutes at end of class. If additional supervision is required there will an additional fee imposed.

Check One: Group Home/Institution _____ In Own Home/Apartment _____ Private Home With Parent _____

Dietary Precautions/Foods to avoid:

Allergies: Bee/Wasp Stings Drug Allergies Food Allergies Latex Allergies Other Please Specify:

Activity Limitations/Physical problems (if any):

Will you (your child) need to be reminded to take medications during program hours? Yes No

Careprovider/Support Staff provided? Yes No

Will you be using Paratransit? Yes No If yes, what is your rider number?

THERAPEUTIC RECREATION

Do you have any disabilities? (Be specific)

Participant Personal Needs:

Therapeutic Recreation staff provides leadership and supervision for the activity but are unable to provide attendant care (feeding, toileting assistance, giving medications, transfers, etc.). Care providers should accompany participants who need such attendant care. Parks & Recreation staff reserves the right to mandate a care provider as a prerequisite to participation. Registration fees for care providers will vary by activity.

Social Skills/Behavioral Info:

Participation: Easily Needs Help Managing: Behavior Needs Occasional Prompting Personal Space Other Information:

Needs Constant Prompting Emotions

Mobility and Adaptive Equipment: Yes No Wheelchair: Manual Full-time Electric Part-time Check all that apply: Cane/Crutches AFO's/Splint/braces Walker

Daily Life:

Toileting: Independent Eating Independent Full-time Independent w/reminders Independent w/ partial assistance Verbal and clearly understood Only with assistance Only with assistance Non-verbal Uses sign language Uses a communication board

Additional Personal Needs Information:

MEDICATION INFORMATION & WAIVER *signature required

This form must be completed by all participants who require medication while attending a City of Spokane activity (referred to herein as "Participant"). Please complete the **Medication Information Form & Waiver of Liability even if Participant will not take medication while at the activity.** This information will help us better assist Participant with medications.

- The activity leaders will provide reminders to Participant to take medications and to safely secure medication when not in use.
- Participant must be able to take his/her own medications while at the activity.
- Please package medication by dose in individual extra small zip lock bags or blister cards labeled by the pharmacy to include: 1) name of Participant; 2) name of physician; 3) name of pharmacy; 4) dosage and amount; and 5) time to take. For example, if Participant takes six different medications at dinner time there should be six small zip lock bags or blister cards, each with the label information listed above. Then put all bags in a larger zip lock bag labeled with Participant's name, date, day, and time to take; e.g. Sam Jones, Saturday, June 15, 6:00 pm.
- Please send only the amount of medication needed for the dates of the activity. Do not send excess dosages.

• If Participant has a medical insurance card, please bring it in case of emergency.

WAIVER OF LIABILITY: I understand that personnel from Parks & Recreation will administer only the prescribed medication mentioned in this Medication Information Form. I hereby waive any and all claims against the City of Spokane, which includes the City of Spokane Parks & Recreation Division and Therapeutic Recreation Services; any employees, chaplains, or volunteers; and all their respective insurance companies, successors in interest, commercial & corporate sponsors, affiliates, agents, employees, representatives, assignees, officers, directors, and shareholders (each a "Released Party"), and agree to hold Released Parties harmless from any and all liability which may arise in connection with Participant's use of medication.

BY SIGNING ON BEHALF OF A MINOR OR OTHER PARTICIPANT, I REPRESENT THAT I AM AUTHORIZED TO SIGN ON PARTICIPANT'S BEHALF and/or I AM THE PARENT OR LEGAL GUARDIAN OF THE MINOR PARTICIPANT and acknowledge that Participant is bound by all the terms of this Agreement.

Signature _____ Date _____

MEDICATION TAKEN		Type:	Dosage:	Time(s):
Type:	Dosage:	Type:	Dosage:	Time(s):
Type:	Dosage:	Type:	Dosage:	Time(s):

List any special instructions/cautions/side effects:

CITY OF SPOKANE PARKS & RECREATION DEPARTMENT WAIVER AND RELEASE OF LIABILITY

WARNING: PLEASE READ CAREFULLY BEFORE SIGNING

THIS IS A RELEASE OF LIABILITY & WAIVER OF CERTAIN LEGAL RIGHTS INCLUDING THE RIGHT TO SUE OR CLAIM COMPENSATION

1. Each person participating in the City of Spokane Parks & Recreation Division's activity identified herein (referred to as "Activity") is referred to as "Participant." I, the undersigned, am a Participant and, if a Participant is under 18 or has a guardian, I am the Participant's parent or legal guardian. I understand that participating in the Activity referenced herein can be HAZARDOUS AND INVOLVE THE RISK OF PHYSICAL INJURY AND/OR DEATH.
2. I understand the dangers and risks of the Activity and that Participant ASSUMES ALL INHERENT DANGERS AND RISKS of the Activity.
3. In consideration for being permitted to participate in the Activity, I AGREE, to the greatest extent permitted by law, TO WAIVE ANY AND ALL CLAIMS AGAINST AND TO HOLD HARMLESS, RELEASE, INDEMNIFY, AND AGREE NOT TO SUE the City of Spokane, which includes the City of Spokane Parks & Recreation Division and Therapeutic Recreation Services; any employees, chaplains, or volunteers; and all their respective insurance companies, successors in interest, commercial & corporate sponsors, affiliates, agents, employees, representatives, assignees, officers, directors, and shareholders (each a "Released Party") FOR ANY INJURY, INCLUDING DEATH, LOSS, PROPERTY DAMAGE, OR EXPENSE, WHICH I, OR PARTICIPANT, MAY SUFFER, ARISING IN WHOLE OR IN PART OUT OF PARTICIPANT'S PARTICIPATION IN THE ACTIVITY except only for injury or damage caused by the sole negligence of the City of Spokane, its employees, or agents. To the extent Participant's damages were caused by or resulted from the concurrent negligence of the City of Spokane, its elected and appointed officers, employees, agents, or representatives, the obligation to indemnify, defend, and hold harmless is valid and enforceable to the extent of the negligence of Participant.
- I UNDERSTAND THAT I AM ENGAGING IN AN ACTIVITY THAT HAS NUMEROUS INHERENT RISKS THAT COULD LEAD TO MY SERIOUS INJURY (INCLUDING COMPLETE PARALYSIS) OR DEATH. I ACKNOWLEDGE THAT REMOVING THOSE RISKS IS NOT POSSIBLE AND ELIMINATING THOSE RISKS WOULD FUNDAMENTALLY CHANGE THE NATURE OF THE ACTIVITY AND WOULD JEOPARDIZE THE ESSENTIAL QUALITIES OF THE ACTIVITY.
- IN FURTHER CONSIDERATION FOR ALLOWING PARTICIPANT TO PARTICIPATE IN THE ACTIVITY, I FURTHER RELEASE AND GIVE UP ANY AND ALL CLAIMS AND RIGHTS THAT I MAY NOW HAVE AGAINST ANY RELEASED PARTY AND UNDERSTAND THIS RELEASES ALL CLAIMS, INCLUDING THOSE OF WHICH I AM NOT AWARE, THOSE NOT MENTIONED IN THIS RELEASE AND THOSE RESULTING FROM ANYTHING WHICH HAS HAPPENED UP TO NOW.
4. I AGREE TO PAY ALL COSTS, INCLUDING ATTORNEYS' FEES, INCURRED BY ANY RELEASED PARTY IN DEPENDING AN INVESTIGATION, CLAIM, OR LAWSUIT BROUGHT BY OR ON PARTICIPANT'S BEHALF WHETHER ARISING IN WHOLE OR IN PART FROM PARTICIPANT'S PARTICIPATION IN ANY ACTIVITY OR FROM ANY MISREPRESENTATIONS OR FRAUDULENT EXECUTION OF THIS AGREEMENT.
5. I represent that Participant is in good health and that there are no special problems associated with Participant's physical or mental condition that would enhance the risks of my participation in the Activity, that would increase the likelihood of my injury and/or death, or that would interfere with my safety in the Activity. I authorize a licensed physician or other medical care provider to carry out any emergency medical care for Participant which may be necessary and agree to be fully responsible for any costs associated with such care or transport to such care.
6. I grant the Released Parties the right of publicity to own and use any image collected of Participant while participating in the Activity. YES NO
7. I agree that any and all claims for loss, injury, and/or death arising from Participant's participation in the Activity shall be governed by the law of the State of Washington and that exclusive jurisdiction of any such claim shall be in a court of competent jurisdiction in the in the State of Washington, County of Spokane.
8. BY SIGNING ON BEHALF OF A MINOR OR OTHER PARTICIPANT, I REPRESENT THAT I AM AUTHORIZED TO SIGN ON PARTICIPANT'S BEHALF and/or I AM THE PARENT OR LEGAL GUARDIAN OF THE MINOR PARTICIPANT and acknowledge that Participant is bound by all the terms of this Agreement. I acknowledge that the Activity entails known and unanticipated risks that could result in physical or emotional injury, paralysis, or death to Participant as well as damage to property, or to third parties. I understand that such risk cannot be eliminated without jeopardizing the essential qualities of the activity. I assume the risk and financial responsibility for any injury, illness, or liability resulting from Participant's participation. I waive any claims and agree to hold harmless and not sue Released Parties from all claims or liability arising out of Participant's participation. I have been made aware of the itinerary and give permission for Participant to ride in the vehicle designated by the staff of the City of Spokane Park & Recreation Division while attending or participating in the Activity, and I understand this release/waiver applies with equal weight to any claim arising from riding in a vehicle, including entering or exiting the vehicle. I certify that the Participant has no medical or physical conditions that could interfere with his/her safety in this activity, or else I am willing to assume and bear the costs of all risks that may be created, directly or indirectly, by any such condition.
- In case of emergency involving Participant, I understand every effort will be made to contact me. In the event I cannot be reached, I authorize a qualified physician/surgeon selected by City of Spokane personnel to examine and in the event of injury or serious illness administer emergency care to the above-named participant which may include hospitalization, anesthesia, surgery, or injections of medication for Participant. I understand every reasonable effort will be made to contact me to explain the nature of the problem prior to any involved treatment. In the event it becomes necessary for City of Spokane Parks & Recreation staff or volunteers to obtain emergency care for Participant, I agree that neither the City of Spokane nor any of its personnel assumes financial liability for expenses incurred because of the accident, injury, or illness.
9. I understand that this Agreement will apply for each and every day Participant participates in any Activity. I understand that this Agreement is a contract and, to the fullest extent permitted by law, shall be binding on me and my assignees, subrogors, distributors, heirs, next of kin, executors and personal representatives. If any part of this Agreement is deemed to be unenforceable, the remaining terms shall be an enforceable contract between the parties.

MINOR PARTICIPANT INFORMATION – requires Parent/Guardian to complete, sign & date below

Minor – Last Name, First name, M.I. (print) _____ Date of birth (MM-DD-YYYY) _____

ADULT PARTICIPANT INFORMATION – required to complete, sign & date below

Adult/Parent/Guardian - Last, First, M.I. (print) _____ Date of birth (MM-DD-YYYY) _____ Signature _____ Date _____

Emergency Contact (print) _____ Relation _____ Phone number _____

Customer Involvement Policies & Important Information

Customer Involvement Policies

- Arrive to the activity/meeting location on time. Under most circumstances TRS will not wait longer than fifteen minutes for participants to arrive. This will prevent a delay in transportation and tardiness of any reservation.
- Leave the activity on time. TRS will wait until transportation comes. If additional supervision is required the participant will be billed \$8.00 for every 15 minutes or \$32.00 for every hour your transportation is late or you arrive too early. (Please refer to the additional supervision form).
- Bring the appropriate amount of money for activity. TRS staff do not carry additional funds to pay for activities. If you do not have sufficient funds for the activity, you may be sent home. Via home site, bus or taxi.
- Bring the appropriate clothing/gear for activity. (i.e.; helmets/gloves, swimsuit/cap, pillow/sleeping bag, extra layers in cold weather, etc.)
- Respect people, place and things around you.
 - a. Stay with the group.
 - b. Follow instructions of TRS staff.
 - c. No smoking permitted except in designated areas upon approval of TRS staff.
 - d. No food or drink allowed on the vans or other transport vehicles.
 - e. No stealing

Absolutely No Sexual Harassment or Assaultive behavior will be tolerated. We reserve the right to send participants home if displaying inappropriate behaviors or not abiding by the TRS Customer Involvement Policies.

We strive to provide a safe and enjoyable experience for everyone in a Therapeutic Recreation Services activity.

Important Information

Service Philosophy

Primary goal is to make recreational activities available to a broad spectrum of people with developmental and/or physical disabilities. Our purpose is to assist people to have positive experiences and develop appropriate leisure and social skills they can use throughout their lifetime. Mastery of leisure skills often leads to an increase in self-esteem and the ability to tackle other obstacles in life.

Volunteer/Staff

Volunteers are vital to our programs. Parents/careproviders, siblings, and students are encouraged to volunteer. If you are interested in volunteering, call 509.625.6245. Paid positions also available.

Participant Personal Needs

Therapeutic Recreation staff provides leadership for the activity and are unable to provide attendant care (feeding, toileting assistance, giving medications, transfers, etc.). Careproviders should accompany participants who need

personal care. Participants who have behavioral issues may be asked to participate with a careprovider in attendance. Registration fees for careproviders may be waived or will vary depending on the activity.

Medication Policy

Participants who take medication during a Therapeutic Recreation program must complete a MEDICATION INFORMATION AND WAIVER form and return it before start of class. Participants must be self-medicating. Program staff can take custody of medication and remind participants when to take medication. Program staff cannot administer medication. All medication must be packaged according to program instructions. Participants should have a current medical coupon/medical insurance card, and identification with current address and phone number.

Miscellaneous Information

Participants will be notified of class changes. Classes held in Spokane school facilities do not meet on holidays, vacation & curriculum days.

Program Fees

Limited scholarship funds are available should a participant be unable to afford a class. Donations are tax deductible and assist us to better serve the leisure needs of people with disabilities. Therapeutic Recreation Services is a registered contractor with DSHS and is eligible to accept DDA respite funds for payment of activities through the Provider 1 system. Contact your local DDA case manager for more information.

Process to use DDA Funding:

1. Contact your DDA case manager and inform them of price.
2. Have case manager send funding approval to abusch@spokanecity.org
3. Fill out registration and then on page 13 indicate DDA as payment source and list case manager.
4. When registration form has been received and processed by TRS, a confirmation receipt will be sent to camper/family.
5. Provide copy of confirmation receipt to case manager.
6. If camper needs to cancel registration, regular refund policy and procedures apply (see below). DDA WILL NOT PAY IF CAMPER DOES NOT ATTEND BUT DID NOT CANCEL. In this case, payment responsibility falls to camper's family.

Refund Policy

Participants will be notified if a class or program is canceled due to lack of enrollment and will be offered an alternate choice, full refund or credit on account. Participants who wish to cancel enrollment must notify Therapeutic Recreation at least seven days prior to the program date to be considered for a refund. Refund amount will be based on the number of students enrolled and any supply costs incurred on the participant's behalf. Careproviders may

not substitute participants. Every participant must be pre-registered. Requests for refunds must be made in writing and approved by Therapeutic Recreation supervisor. Refunds will not be made after the first session or for missed sessions. Trip deposits are non-refundable unless cancellation is made at least 30 days before trip departure date.

Transportation/Paratransit Users

The Spokane Transit Authority offers both fixed route and para-transit services to the public. For fixed route service, call 509.328.7433; para-transit service, call 509.328.1552. STA will not wait for instructors or buildings to open. Our instructors arrive fifteen minutes prior to the start of the class. In order to prevent participants from being dropped off too early please give a "no earlier than drop" time of 15 minutes before the class starts. Do not use a "no later than" time as it causes problems of too early of an arrival. Care providers must accompany participants who cannot find the class location independently or wait appropriately for the instructor. Therapeutic Recreation works with STA and care providers to identify early and late arrivals and make changes in schedules as needed. *Another suggestion is to use subscription trips. After attending a class three weeks in a row the rider qualifies. With this ride you won't need to call in each week- just call when need to cancel. Schedule rides early. If participants need additional supervision while waiting for transportation after program hours, a bill will be sent to cover staff expenses. Para-transit is not recommended for those activities involving a flexible return time - i.e. trips.

Registration Procedure:

- Advance registration is necessary for all programs except where noted.
- Registration is processed on first paid, first served basis. Payment can be accepted over the phone with Visa/MC/Discover only. No verbal reservations over phone.
- Mail in, phone in, walk in, or fax 509.625.6205 registrations.
- Medication Information & Waiver form filled out as necessary.

Other Parks Programs Available to Special Populations

The programs in this brochure are designed for persons with developmental and physical disabilities. All other Park Department programs are available to persons with disabilities. Please look through the Spokane Parks and Recreation Department Class & Activity Guide to see if a program is of interest to you. Then call Alice Busch at 509.625.6245 and she will help you get started by notifying the instructor who will make preparations or adaptations, if needed.

Winter Quarter Volunteers 2025

Bill Andersen
Dave Bentz
Bert Boyd
Jeremiah Bryant
Doug Burke
Patty Burke
Naomi Busch
Kevin Doolittle
Hal Ebel
Brady Eckert
Yvonne Fisher
Karen Fraser
Garret Frerichs
Curtis Graham
Mike Haymore
Kevin Holden
Josh Holley
David Imus
George Jackson
Jeremiah Janson
Cody Kenison
Curtis Kracher
Steve Lamp
Tara Lee
Don Long
Kristal Loudin
Mike Marro
Tyler McCoy
Ashlee McQueen
Johnathan McWhorter
Peggy Montague
Danika Morrison
Bonnie Murphy

Carl Nelson
Terence Nichols
Cameron Nicklos
Brandon Olson
Mattson Overstreet
Matthew Peite
Will Purtell
Matt Quigley
Ryan Rathbun
William Remillard
Daniel Robinson
Khaila Rollins
Benjamin Rowe
Troy Rux
Mark Schafer
Dylan Schanz
Morgan Shank
Seneca Shank
William Skaer
Shelley Smith-Houn
Natalie Stagnone
Julia Stepnowski-Parry
Kelley Strange
Barb Stuebing
Robert Teal
Dave Tewell
Derrick Torres
Marcos Torres
Theresa Torrez
Nick Valov
John Vetter
Frank Wintersteen
J Zucchetto

Look for more
exciting activities
coming this winter

Therapeutic Recreation Services

The programs in this brochure are designed for persons with developmental and physical disabilities. All other Parks Department programs are available to persons with disabilities. Please look through the Spokane Parks and Recreation Department Class & Activity Guide to see if a program is of interest to you. Then call Alice Busch at 509.625.6245 and she will help you get started by notifying the instructor who will make preparations or adaptations, if needed.

This is not an activity of the school or school district. Distribution of this material and the use of District facilities does not constitute an endorsement or sponsorship for the event/information by the school or the district.

**REGISTER
ONLINE**

SpokaneRec.org



**CALL
US**

Call 311
or outside the city at
509.755.CITY
Fax 509.625.6990



509.755.2489
spokaneparks.org



808 West Spokane Falls Boulevard
Fifth Floor - City Hall
Spokane WA 99201-3317
509.625.6200

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