Therapeutic Recreation Services
Winter/Spring 2024
January – April
TRS The Harlem Globetrotters 1 day | Ages 16+
The Harlem Globetrotters are an exhibition basketball team. They combine athleticism, theater, and comedy in their style of play. Be amazed as they dribble, spin, slam and dunk with moments of extreme basketball innovation and unparalleled fan fun.
Meet at Spokane Veterans Memorial Arena, main entrance, Boone & Howard. 15126 | Mon. | 1/29 | 6:30-9:15pm | $53

TRS Ice Skating 8 weeks | Ages 8+
Participants with developmental disabilities learn to skate and improve existing skills. Please dress warmly.
Meet at Eagles Ice Arena, 6321 N. Addison St. 15002 | Sat. | 1/13-3/2* | 3:30-4:15pm | $79
*No Class 1/27

TRS Line Dancing 4 weeks | Ages 14+
Easy beginner line dancing is for everyone. Grab your dancing shoes and join us as we learn the fundamentals of line dancing and other dances such as the Macarena, YMCA, Alley Cat and more.
Meet at Fowler United Methodist Church, 3928 N. Howard. 14901 | Mon. | 1/8 – 1/29 | 3 – 4pm | $31

TRS Spokane Chiefs Hockey 1 day | Ages 18+
Action packed ice hockey from the Spokane Chiefs major junior team that plays in the Western Hockey League. Cheer on the Chiefs with your friends. Sign-up fee covers staff, & tickets. Meet at Spokane Veterans Memorial Arena main entrance, Boone & Howard.
Chiefs vs. Everett Silvertips 14914 | Fri. | 1/19 | 6:30-9:45pm | $39

TRS What’s Cooking 4 weeks | Ages 16+
Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. Class meets at Southside Senior Activity Center, 3151 E. 27th Ave.-kitchen. 15003 | Tues. | 1/9-1/30 | 4-6pm | $67
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February Events

TRS Classy Crafts
4 weeks | Ages 16+
Explore your creative side and make a variety of beautiful and meaningful crafts each week. Participants will have the opportunity to improve skills such as fine motor, socialization, and communication. Class meets at Park Operations lunchroom, 2304 E. Mallon Ave. 15068 | Thurs. | 2/8-2/29 | 4:15-5:30pm | $49

TRS Cookie Bake Night
1 day | Ages 14+
Spend the evening making several types of cookies. Enjoy yourself, take home or share with friends. Gluten-free options are available. Class meets at Southside Senior Activity Center, 3151 E. 27th Ave.-kitchen. 15072 | Wed. | 2/14 | 4:30-6:30pm | $22

TRS Cornhole & Pizza
4 Weeks | Ages 12+
Everyone can have fun and play this favorite lawn game—Cornhole. Laughter and friendly competition will abound. Pizza will be served. Meet at Fowler United Methodist Church, 3928 N. Howard. 14993 | Mon. | 2/5-2/26 | 4:30-6pm | $57

TRS Day at the Theatre
1 day | Ages 16+
Come with us as we delight in the entertaining theatre productions put on by our local Christian Youth Theatre (CYT) Bing Crosby Theater – 901 W. Sprague Ave. Joseph and the Amazing Technicolor Dreamcoat (CYT) 15115 | Sat. | 2/24 | 2:45 – 5:15pm | $31

TRS Eagle Basketball
1 day | Ages 16+
Join us as we cheer on the Eastern Eagles Men’s Basketball team. The excitement will take place at EWU on Reese Court. Bring suggested $15 money for snacks or souvenirs if desired. Meet at Reese Court, Pavillion at Eastern Washington University, Cheney, WA. 15118 | Thurs. | 2/15 | 5:45-8:45pm | $29

TRS Fine Dining
1 day | Ages 18+
Do you like getting dressed up and going out? Come with us and experience the culinary delights of Spokane's finest restaurants! Staff will help in the selection and purchase of a meal. Participants will have the opportunity to improve social, communication, and etiquette skills. Price does not include cost of food. Transportation provided from Park Operations 2304 E. Mallon Ave.
Old Spaghetti Factory 15119 | Wed. | 2/21 | 5:45-9pm | $21

TRS Ice Skating
8 weeks | Ages 8+
Participants with developmental disabilities learn to skate and improve existing skills. Please dress warmly. Meet at Eagles Ice Arena, 6321 N. Addison St. 15002 | Sat. | 1/13-3/2* | 3:30-4:15pm | $79
*No Class 1/27

TRS Line Dancing
4 weeks | Ages 14+ yrs. & Up Easy beginner line dancing is for everyone. Grab your dancing shoes and join us as we learn the fundamentals of line dancing and other dances such as the Macarena, YMCA, Alley Cat and more. Meet at Fowler United Methodist Church, 3928 N. Howard. 14905 | Mon. | 2/5 – 2/26 | 3 – 4pm | $31

TRS Raptor Reef Indoor Water Park
1 day | Ages 18+
Grab your swimsuit and towel and head with us to Triple Play Raptor Reef Indoor Water Park in Hayden, Idaho. There are three slides, ‘Lost Falls’, which is 400 feet long and full of twists. ‘Velociraptor Vortex’ is the super bowl ride that swirls, spins and flushes, and the ‘Prehistoric Plunge’ is 300 feet of high-speed body sliding. Fee includes transportation, staff, pizza dinner and park entrance fee. Transportation provided from Park Operations, 2304 E. Mallon Ave. 15124 | Sun. | 2/25 | 12:30-6pm | $53

TRS Spokane Chiefs Hockey
1 day | Ages 18+
Action packed ice hockey from the Spokane Chiefs major junior team that plays in the Western Hockey League. Cheer on the Chiefs with your friends. Sign-up fee covers staff, & tickets. Meet at Spokane Veterans Memorial Arena main entrance, Boone & Howard.
Chiefs vs. Tri City Americans 14915 | Fri. | 2/9 | 6:30-9:45pm | $39
Chief vs. Regina Pats 14995 | Fri. | 2/23 | 6:30-9:45pm | $39

TRS What’s Cooking
4 weeks | Ages 16+
Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. Class meets at Southside Senior Activity Center, 3151 E. 27th Ave.-kitchen. 15004 | Tues. | 2/6-2/27 | 4-6pm | $67

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March Events

TRS Classy Crafts 4 weeks | Ages 16+
Explore your creative side and make a variety of beautiful and meaningful crafts each week. Participants will have the opportunity to improve skills such as fine motor, socialization, and communication. **Class meets at Park Operations lunchroom, 2304 E. Mallon Ave.**
15069 | Thurs. | 3/7-3/28 | 4:15-5:30pm | $49

TRS Cookie Bake Night 1 day | Ages 14+
Spend the evening making several types of cookies. Enjoy yourself, take home or share with friends. Gluten-free options are available. **Class meets at Southside Senior Activity Center, 3151 E. 27th Ave.-kitchen.**
15073 | Wed. | 3/13 | 5:30-7:30pm | $22

TRS Cornhole & Pizza 4 weeks | Ages 12+
Everyone can have fun and play this favorite lawn game—Cornhole. Laughter and friendly competition will abound. Pizza will be served. **Meet at Fowler United Methodist Church, 3928 N. Howard.**
14994 | Mon. | 3/4-3/25 | 4:30-6pm | $57

TRS Day at the Theatre 1 day | Ages 16+
Come with us as we delight in the entertaining theatre productions put on by our local Spokane Childrens Theatre(SCT) 2727 N. Madelia St. **Tuck Everlasting - Meet at SCT**
15116 | Sun. | 3/17 | 1:45 – 4:15pm | $31

TRS Fine Dining 1 day | Ages 18+
Do you like getting dressed up and going out? Come with us and experience the culinary delights of Spokane's finest restaurants! Staff will help in the selection and purchase of a meal. Participants will have the opportunity to improve social, communication, and etiquette skills. **Price does not include cost of food. Transportation provided from Park Operations 2304 E. Mallon Ave.**
Outback Steakhouse
15120 | Wed. | 3/27 | 5:45-9pm | $21

TRS Friday Night Jam 1 day | Ages 18+
Come rock and swing at Spokane’s oldest on-going nightclub for people with developmental disabilities. If participants require direct supervision, then care providers need to attend. Dates and themes vary. **Meet at West Central Community Center, 1603 N. Belt.**
St. Patrick’s
15122 | Fri. | 3/8 | 7-8:30pm | $11

TRS Line Dancing 4 weeks | Ages 14+
Yrs. & Up Easy beginner line dancing is for everyone. Grab your dancing shoes and join us as we learn the fundamentals of line dancing and other dances such as the Macarena, YMCA, Alley Cat and more. **Meet at Fowler United Methodist Church,3928 N. Howard.**
14908 | Mon. | 3/4 – 3/25 | 3 – 4pm | $31

TRS Paint & Taste 1 day | Ages 14+
Do you like painting and apple cider? Make a masterpiece of your very own while enjoying sipping on cider. No painting experience required. **Meet at Spokane Valley Parks & Recreation Center Place, 2426 N. Discovery Place.**
15123 | Wed. | 3/20 | 5:30-7pm | $21

TRS What’s Cooking 4 weeks | Ages 16+
Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. **Class meets at Southside Senior Activity Center, 3151 E. 27th Ave.- kitchen.**
15005 | Tues. | 3/5-3/26 | 4-6pm | $67

GOT E-MAIL!
If you have e-mail and are interested in receiving brochures and letters through e-mail, let us know. You can call 509.625.6245 or e-mail it to us at: abusch@spokanecity.org

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April Events

TRS Bicycling 6 weeks | Ages 16+
Enjoy Spokane’s natural beauty by bicycle. Participants need to be in moderate physical condition and ride a bike safely. Make sure your bike is in good working order and helmet fits well and is less than 5 years old. Meet at Mirabeau Point Park, trailhead, 13500 Mirabeau Pkwy, Spokane Valley.
15131 | Wed. | 4/24-5/29 | 5 – 7pm | $69

TRS Classy Crafts 4 weeks | Ages 16+
Explore your creative side and make a variety of beautiful and meaningful crafts each week. Participants will have the opportunity to improve skills such as fine motor, socialization, and communication. Class meets at Park Operations lunchroom, 2304 E. Mallon Ave.
15070 | Thurs. | 4/4-4/25 | 4:15-5:30pm | $49

TRS Cornhole & Pizza 4 Weeks | Ages 12+
Everyone can have fun and play this favorite lawn game-Cornhole. Laughter and friendly competition will abound. Pizza will be served. Meet at Fowler United Methodist Church, 3928 N. Howard.
15127 | Mon. | 4/8-4/29 | 4:30-6pm | $57

TRS Day at the Theatre 1 day | Ages 16+
Come with us as we delight in the entertaining theatre productions put on by our local Spokane Childrens Theatre(SCT) 2727 N. Madelia St.
You’re a Good Man Charlie Brown - Meet at SCT 15117 | Sat. | 4/20 | 1:45 – 4:15pm | $31

TRS Line Dancing 4 weeks | Ages 14+ yrs. & Up Easy beginner line dancing is for everyone. Grab your dancing shoes and join us as we learn the fundamentals of line dancing and other dances such as the Macarena, YMCA, Alley Cat and more. Meet at Fowler United Methodist Church, 3928 N. Howard.
15128 | Mon. | 4/8 – 4/29 | 3 – 4pm | $31

TRS Seize the Day 1 day | Ages 18+
Find yourself sitting around the house during the day? Want to get out and meet some new friends and enjoy some new activities? Come with TRS and Seize the Day with our early afternoon programs around town!
Rivers Wish Animal Sanctuary - A refuge for animals such as rabbits, horses, cows, donkeys, goats, sheep, chickens, geese, pigs, dogs and cats. Meet at West Central Community Center parking lot, 1603 N. Belt.
15125 | Wed. | 4/10 | 10am-2pm | $25

TRS SWIMMING 7 weeks | Ages 8+
Meet at Whitworth University Aquatic Center, 300 W. Hawthorne.
Blue Dolphin Swim Team
For people with developmental disabilities who want to swim competitively or get a good workout. Ability to swim 75 yards without assistance and with rhythmic breathing.
14999 | Sun. | 4/7-5/12 | 2:15-3:45pm | $63
Learn to Swim – Beginner
Individuals will learn how to face float, back float, kick with floats and learn the crawl stroke with rotary breathing. Elementary back stroke and back crawl will be taught with the goal of swimming 20 yards. We require each swimmer to have an attendant in the water assisting so the teacher can rotate their attention safely.
15001 | Sun. | 4/7-5/12 | 3:05-3:50pm | $63

TRS Spokane Indians Baseball 1 day | Ages 18+
Let’s support our local Spokane Indians Baseball Team. Participants are responsible to bring the suggested amount of money listed. Sign-up fee covers transportation, staff, and tickets. Caregiver tickets available at a discount. TRS staff ratio is 1:4-6. Participants will have the opportunity to practice socialization skills such as making choices, handling money, following directions and getting along within a group. Meet at the Main entrance of Avista Stadium, 602 N Havana St, Spokane Valley, WA
Everett Aqua Sox Fireworks Night 15323 | Fri. | 4/19 | 6-9:45pm | $34

TRS Trivia Night 1 day | Ages 14+
Bring your sack dinner and laugh with friends while playing Trivia. Fun prizes will abound. Meet at Park Operations lunch room, 2304 E. Mallon Ave.
15132 | Fri. | 4/26 | 5:30-7pm | $19

TRS What’s Cooking 4 weeks | Ages 16+
Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. Class meets at Southside Senior Activity Center, 3151 E. 27th Ave.-kitchen.
15130 | Tues. | 4/9-4/30 | 4-6pm | $67
# City of Spokane Parks and Recreation - Therapeutic Recreation Services

## April 2023

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Alpine and Downhill Programs

TRS Blue Waxers Cross Country Skiing Lessons 7 Weeks | Ages 12
The class is designed for people with developmental disabilities. Fresh air, experience and fun are just a few benefits of this activity. We ski at Mt. Spokane on the terrific trail system. Participants should be able to walk a mile with minimal difficulty. The class size is limited to the number of volunteers. Separate registration form is required. Please find on web site www.spokaneparks.org or call Alice Busch 625.6245. No ski class on 2/3.

Language Community Nordic Race is Sunday February 4. If interested in doing each skier must pre-register and pay for event on own. TRS will provide supervision and transportation. The Blue Waxers will not participate in Special Olympics.

Lessons & Equipment - Meet at Selkirk Lodge, Mt. Spokane. Parking permit required.
15129 Sat. 1/13 – 3/2 9am-Noon $145

Lessons, Transportation, & Equipment
15112 Sat. 1/13 – 3/2 7:30am – 1:30pm $199

Transportation Departure locations and times:
Park Operations 2304 E. Mallon Ave. | 7:30am Yokes Mt. Spokane Day Road | 8am

Transportation Return locations and times:
Park Operations, 2304 E. Mallon Ave. | 7:45 am Yokes, 14202 N. Market St | 8:15 am

TRS Powderhounds Alpine Ski & Snowboard Program 1 lesson | Ages 6+
One to one instructor/student ratio with volunteers trained in PSIA methods and therapeutic recreation elements. Course gives people opportunities to experience freedom and control of gliding down the slopes. Lessons offered are sit-ski (mono & bi), snowboarding, stand up with outriggers (3 & 4 track) for amputee/balance needs as well as stand up (2 track) for those with cognitive, visual or sensory needs. We ski/board at Mt. Spokane on Saturdays and meet at Lodge #1 Yurt or our Snowsports chalet at the base of chair #5. To enroll in this class there is a separate registration form. Please find on web site www.spokaneparks.org or call Alice Busch at 625.6245. No class 2/10. $75 per lesson (Includes instruction, ticket and equipment if needed.) Enroll in 4 lessons and a season pass will be included.

Morning (AM) Lessons:
15330 Sat. 1/20 9-11:30am $75
15331 Sat. 1/27 9-11:30am $75
15332 Sat. 2/3 9-11:30am $75
15333 Sat. 2/10 9-11:30am $75
15334 Sat. 2/17 9-11:30am $75
15335 Sat. 2/24 9-11:30am $75

Afternoon (PM) Lesson:
15336 Sat. 1/20 12:30-3pm $75
15337 Sat. 1/27 12:30-3pm $75
15338 Sat. 2/3 12:30-3pm $75
15339 Sat. 2/10 12:30-3pm $75
15340 Sat. 2/17 12:30-3pm $75
15341 Sat. 2/24 12:30-3pm $75

Transportation ONLY for AM Lessons $20 per lesson
Transportation provided from Park Operations- 2304 E. Mallon Ave. and Yokes, 14202 N. Market St.

15344 Sat. 1/20 7:45am-2pm $20
15368 Sat. 1/27 7:45am-2pm $20
15369 Sat. 2/3 7:45am-2pm $20
15370 Sat. 2/10 7:45am-2pm $20
15371 Sat. 2/17 7:45am-2pm $20
15372 Sat. 2/24 7:45am-2pm $20

Please be aware that if the roads are clear the van may arrive back as much as fifteen minutes early and if road conditions make for slow travel, the van could be a few minutes late. Please be at the sites in plenty of time to take your student home. One late pick-up can cause delays for the rest of the group. We may assess late fees if necessary. All late pickups will be taken to Park Operations. Be sure to mark on your registrations form which site you will be using. We encourage not using paratransit for this program but if you do, please use only Park Operations, 2304 E. Mallon Ave as transportation site. Only available for those taking AM lessons. Must be able to load own equipment and be responsible for personal items. Limited wheelchair spots.

The TRS van will leave:
· Park Operations, 2304 E. Mallon Ave. | 7:45 am
· Yokes, 14202 N. Market St. | 8:15 am

The TRS van will return:
· Yokes, 14202 N. Market St | 1:30 pm
· Park Operations, 2304 E. Mallon Ave. | 2:00 pm

4th Annual Powderhounds Cup
Celebrate the end of the season by participating in the annual Powderhounds Cup. Mt. Spokane staff and MSSRA will set up a course on Chair 5 & 3. All who are able and want to race can do. This is an extra day outside of our 6-week lesson program. After racing we will enjoy music, food, and prizes. No fee. We are currently looking for this years’ sponsors. If interested please contact Alice Busch at abusch@spokanecity.org. Sat. | 3/9 | 9am-2pm

See Page 11 for Volunteer Ski/Snowboard Instructor Clinics
Volunteers/Instructors

Volunteer Ski/Snowboard Instructor Clinics

**Blue Waxers** – Teaching those with developmental disabilities how to cross country ski. Preferred to have advanced beginner to intermediate skills. Equipment can be provided if needed. Held at Selkirk Lodge. Includes training, background check and more. Nordic Snow – Sat. Jan 6, 2024 9AM-12PM, @ Selkirk Lodge – MUST have Sno-Park Permit

**Powderhounds** – Giving people ages 6yrs. & Up opportunities to experience freedom and control of gliding down the slopes. Lessons offered are snowboarding, sit-ski (mono & bi), stand up with outriggers (3 & 4 track) for amputee/balance needs as well as stand up (2 track) for those with cognitive, visual, or sensory needs. These MANDATORY clinics will help teach new and returning instructors skill progressions and new teaching techniques. We will be observing your ability to work with people, your ability to ski, and your ability to teach to ensure a quality program. Must be able to ski or snowboard independently. Need to provide own equipment. Preferred to be able to do intermediate (blue runs) or above skills. Instructors are asked to commit to volunteering a minimum of 6 lessons, so students experience consistent instruction.

**Powderhounds MANDATORY: Returning instructors**

Dryland Training: Fri. Jan 5, 2024, 6PM-8:30PM @ Park Operations, 2304 E. Mallon Ave.

15357 | Fri. | 1/5 | 6-8:30pm | w/o Pass $55
15358 | Fri. | 1/5 | 6-8:30pm | w/Pass

On Snow Training: @ Mt. Spokane, Sat. Jan 6, 2024 8:45AM-1PM, or 1:45PM-6PM, and Sun. Jan 7, 2024 or Sun. Jan 14, 2024

**Choose 1 session:** 8:30AM-12PM Stand-Up or 12:30PM-4:00PM Sit Down

**Powderhounds MANDATORY: New instructors**

Dryland Training: Fri. Jan 12, 2024 6PM-8:30PM, @ Park Operations 2304 E. Mallon Ave

15359 | Fri. | 1/12 | 6-8:30pm | $55

On Snow Training: @ Mt. Spokane
Sat. Jan 13, 2024 8:45AM-4PM, and Sun. Jan 14, 2024

**Choose 1 session:** 8:30AM-12PM Stand-Up or 12:30PM-4:00PM Sit Down

Special Thanks to our Fall Quarter Volunteers

Bill Anderson
Kristal Loudin
Dave Bentz
Loretta Moon
Scott Boucher
Mackenzie Searles
Steve Busch
Natalie Stagnone
Naomi Busch
Kelley Strange
Makenna Edwards
Gabriella Welton
Denise Hansen
Frank Wintersteen

Fall Highlights

**Funshine Day Camp**

Specialized and Adaptive Recreation Services for Individuals with Disabilities

Join Our Team

Experience the joy of providing adaptive recreation to a unique community of campers. Laughter, friendships and sunshine will fill your summer.

Call **509-625-6245** or email **abusch@spokanecity.org** for more information.
Therapeutic Recreation

Participant Personal Needs:

Therapeutic Recreation staff provides leadership and supervision for the activity but are unable to provide attendant care (feeding, toileting, assistance, giving medications, transfers, etc.). Care providers should accompany participants who need such attendant care. Parks & Recreation staff reserves the right to mandate a care provider as a prerequisite to participation. Registration fees for care providers will vary by activity.

MEDICATION INFORMATION & WAIVER

*signature required

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List any special instructions/cautions/side effects:

Feb 20

Social Skills/Behavioral Info:

Participation:

□ Easily
□ Needs Occasional Prompting
□ Needs Constant Prompting

Additional Personal Needs Information:

Needs Help Managing:

Behavior
Personal Space
Emotions

Behavioral Triggers or fears:

Other information:

Mobility and Adaptive Equipment:

Do you use adaptive equipment?

Yes      No

Wheelchair:

Manual     Full-time   Electric     Part-time

Check all that apply:

Cane/Crutches  AFO’s/Splint/braces  Walker

Toileting:

□ Independent  □ Independent with partial assistance  □ Only with assistance

Communication Information:

Verbal and clearly understood   Verbal but not clearly understood   Non-verbal   Uses sign language   Uses a communication board

Other information:

Daily Life:

Other information:

THERAPEUTIC RECREATION

Do you have any disabilities? (be specific)

Please complete the Medication Information Form & Waiver of Liability even if Participant will not take medication while at the activity. This information will help us better assist Participant with medications.

• The activity leaders will provide reminders to Participant to take medications and to safely secure medication when not in use.

• Participant must be able to take his/her own medications while at the activity.

• Please package medication by dose in individual extra small zip lock bags or blister cards labeled by the pharmacy to include: 1) name of Participant; 2) name of physician; 3) name of pharmacy; 4) dosage and amount; and 5) time to take. For example, if Participant takes six ... zip lock bag labeled with Participant’s name, date, day, and time to take; e.g. Sam Jones, Saturday, June 15, 6:00 pm.

• Please send only the amount of medication needed for the dates of the activity. Do not send excess dosage.

• Participant must be able to take his/her own medications while at the activity.

• The activity leaders will provide reminders to Participant to take medications and to safely secure medication when not in use.

• Participant must be able to take his/her own medications while at the activity.

• The activity leaders will provide reminders to Participant to take medications and to safely secure medication when not in use.

BY SIGNING ON BEHALF OF A MINOR OR OTHER PARTICIPANT, I REPRESENT THAT I AM AUTHORIZED TO SIGN ON PARTICIPANT’S BEHALF and/or I AM THE PARENT OR LEGAL GUARDIAN OF THE MINOR PARTICIPANT and acknowledge that Participant is bound by all the terms of this Agreement.

_________________________________________
Signature

________________Date
City of Spokane Parks & Recreation Department Waiver and Release of Liability

WARNING: PLEASE READ CAREFULLY BEFORE SIGNING!

THIS IS A RELEASE OF LIABILITY & WAIVER OF CERTAIN LEGAL RIGHTS INCLUDING THE RIGHT TO SUE OR CLAIM COMPENSATION.

1. Each person participating in the City of Spokane Parks & Recreation Division's activity identified herein (referred to as "Activity") is referred to as "Participant." I, the undersigned, am a Participant and, if a Participant is under 18 or has a guardian, I am the Participant's parent or legal guardian. I understand that participating in the Activity referenced herein can be HAZARDOUS AND INVOLVE THE RISK OF PHYSICAL INJURY AND/OR DEATH.

2. I understand the dangers and risks of the Activity and that Participant ASSUMES ALL INHERENT DANGERS AND RISKS of the Activity.

3. In consideration for being permitted to participate in the Activity, I AGREE, to the greatest extent permitted by law, TO WAIVE ANY AND ALL CLAIMS AGAINST AND TO HOLD HARMLESS, RELEASE, INDEMNIFY, AND AGREE NOT TO SUIT the City of Spokane, which includes the City of Spokane, its agents, and employees, for any injuries or losses that may be sustained by Participant as a result of negligence by Participant or anyone else on whose behalf I am acting.

4. I AGREE TO PAY ALL COSTS, INCLUDING ATTORNEYS' FEES, INCURRED BY ANY RELEASED PARTY IN DEFENDING AN INVESTIGATION, CLAIM, OR LAWSUIT BROUGHT BY OR ON PARTICIPANT'S BEHALF WHETHER ARISING IN WHOLE OR IN PART FROM PARTICIPANT'S PARTICIPATION IN ANY ACTIVITY OR FROM ANY MISREPRESENTATIONS OR FRAUDULENT EXECUTION OF THIS AGREEMENT.

5. I represent that Participant is in good health and that there are no special problems associated with Participant's physical or mental condition that would enhance the risks of my participation in the Activity, that would increase the likelihood of my injury and/or death, or that would interfere with my safety in the Activity. I authorize a licensed physician or other medical care provider to carry out any emergency medical care for Participant which may be necessary and agree to be fully responsible for any costs associated with such care or transport to such care.

6. I grant the Released Parties the right of publicity to own and use any image collected of Participant while participating in the Activity.

7. I agree that any and all claims for loss, injury, and/or death arising from Participant's participation in the Activity shall be governed by the law of the State of Washington and that exclusive jurisdiction of any such claim shall be in a court of competent jurisdiction in the State of Washington, County of Spokane.

8. I understand that the above information is meant to cover all risks associated with the Activity and that the information provided is my responsibility and that I have read and understood the terms of this Agreement.

9. In case of emergency involving Participant, I understand every effort will be made to contact me. In the event I cannot be reached, I authorize a qualified physician/surgeon selected by City of Spokane personnel to examine and in the event of injury or serious illness administer emergency care.

I understand that this Agreement will apply for each and every day Participant participates in any Activity. I understand that this Agreement is a contract and, to the fullest extent permitted by law, shall be binding on me and my assignees, subrogors, distributors, heirs, next of kin, executors, administrators, and assigns. If any term of this Agreement is deemed to be unenforceable, the remaining terms shall be an enforceable contract between the parties.

MINOR PARTICIPANT INFORMATION – requires Parent/Guardian to complete, sign & date below
Customer Involvement Policies

- Arrive to the activity/meeting location on time. Under most circumstances TRS will not wait longer than fifteen minutes for participants to arrive. This will prevent a delay in transportation and tardiness of any reservation.
- Leave the activity on time. TRS will wait until transportation comes. If additional supervision is required the participant will be billed $8.00 for every 15 minutes or $32.00 for every hour your transportation is late or you arrive too early. (Please refer to the additional supervision form).
- Bring the appropriate amount of money for activity. TRS staff do not carry additional funds to pay for activities. If you do not have sufficient funds for the activity, you may be sent home. Via home site, bus or taxi.
- Bring the appropriate clothing/gear for activity. (i.e., helmets/gloves, swimsuit/cap, pillow/sleeping bag, extra layers in cold weather, etc.)
- Respect people, place and things around you.
  a. Stay with the group.
  b. Follow instructions of TRS staff.
  c. No smoking permitted except in designated areas upon approval of TRS staff.
  d. No food or drink allowed on the vans or other transport vehicles.
  e. No stealing

Absolutely No Sexual Harassment or Assaultive behavior will be tolerated. We reserve the right to send participants home if displaying inappropriate behaviors or not abiding by the TRS Customer Involvement Policies.

We strive to provide a safe and enjoyable experience for everyone in a Therapeutic Recreation Services activity.

Important Information

Service Philosophy

Primary goal is to make recreational activities available to a broad spectrum of people with developmental and/or physical disabilities. Our purpose is to assist people to have positive experiences and develop appropriate leisure and social skills they can use throughout their lifetime. Mastery of leisure skills often leads to an increase in self-esteem and the ability to tackle other obstacles in life.

Volunteer/Staff

Volunteers are vital to our programs. Parents/caregivers, siblings, and students are encouraged to volunteer. If you are interested in volunteering, call 509.625.6245. Paid positions also available.

Participant Personal Needs

Therapeutic Recreation staff provides leadership for the activity and are unable to provide attendant care (feeding, toileting assistance, giving medications, transfers, etc.). Caregivers should accompany participants who need personal care. Participants who have behavioral issues may be asked to participate with a careprovider in attendance. Registration fees for careproviders may be waived or will vary depending on the activity.

Medication Policy

Participants who take medication during a Therapeutic Recreation program must complete a MEDICATION INFORMATION AND WAIVER form and return it before start of class. Participants must be self-medicating. Program staff can take custody of medication and remind participants when to take medication. Program staff cannot administer medication. All medication must be packaged according to program instructions. Participants should have a current medical coupon/medical insurance card, and identification with current address and phone number.

Miscellaneous Information

Participants will be notified of class changes. Classes held in Spokane school facilities do not meet on holidays, vacation & curriculum days.

Program Fees

Limited scholarship funds are available should a participant be unable to afford a class. Donations are tax deductible and assist us to better serve the leisure needs of people with disabilities. Therapeutic Recreation Services is a registered contractor with DSHS and is eligible to accept DDA respite funds for payment of activities through the Provider 1 system. Contact your local DDA case manager for more information.

Process to use DDA Funding:

1. Contact your DDA case manager and inform them of price.
2. Have case manager send funding approval to abusch@sppokane.org
3. Fill out registration and then on page 13 indicate DDA as payment source and list case manager.
4. When registration form has been received and processed by TRS, a confirmation receipt will be sent to camper/family.
5. Provide copy of confirmation receipt to case manager.
6. If camper needs to cancel registration, regular refund policy and procedures apply (see below). DDA WILL NOT PAY IF CAMPER DOES NOT ATTEND BUT DID NOT CANCEL. In this case, payment responsibility falls to camper’s family.
7. Other Parks Programs Available to Special Populations

The programs in this brochure are designed for persons with developmental and physical disabilities. All other Park Department programs are available to persons with disabilities. Please look through the Spokane Parks and Recreation Department Class & Activity Guide to see if a program is of interest to you. Then call Alice Busch at 509.625.6245 and she will help you get started by notifying the instructor who will make preparations or adaptations, if needed.
Look for more exciting activities coming this summer

Therapeutic Recreation Services

The programs in this brochure are designed for persons with developmental and physical disabilities. All other Parks Department programs are available to persons with disabilities. Please look through the Spokane Parks and Recreation Department Class & Activity Guide to see if a program is of interest to you. Then call Alice Busch at 509.625.6245 and she will help you get started by notifying the instructor who will make preparations or adaptations, if needed.

Do you enjoy skiing or snowboarding and want to help improve the quality of life for people with disabilities? Consider volunteering with Therapeutic Recreation Services.

Call 625-6245 or email abusch@spokanecity.org for more information.

This is not an activity of the school or school district. Distribution of this material and the use of District facilities does not constitute an endorsement or sponsorship for the event/information by the school or the district.

Discounted Skiing/Snowboarding + Volunteering = One Awesome Winter

REGISTER ONLINE
SpokaneRec.org

CALL US
Call 311 or outside the city at 509.755.CITY
Fax 509.625.6990

509.755.2489
spokaneparks.org

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