



To: Nordic Blue Waxers Ski Program Volunteers  
From: Alice Busch- Therapeutic Recreation Services  
Date: October, 21 2022  
Re: 2022-2023 Ski Season

Hello Everyone  
Winter is just around the corner!

TRS would love to have you volunteer in our Nordic program this winter. We will start off the season with an informational meeting for new instructors wanting to learn about the entire TRS ski program and volunteer opportunities. This meeting will be on **Wednesday, December 7<sup>th</sup>, 6PM-7:30PM at Park Operation located at 2304 E. Mallon.** This is a great opportunity to encourage new people to come learn about the programs.

Once registered to volunteer, on snow training will be held at Mt. Spokane Saturday **January 7, 2023 9am to 12pm.** The fee will be \$10 which will help towards the cost of doing background checks. Meet at the Selkirk Lodge parking lot.

Remember you must have a Sno-park permit on your vehicle to park in the lot. The fee is \$70 for the groomed trail only pass, and \$50 for the Sno-park pass, totaling \$120. This pass goes a long way to pay for grooming trails on Mt. Spokane. TRS will be sending up one van each week and we are not sure if there will be room for volunteers. Last season TRS purchased a pass for a volunteer's vehicle to take up other volunteers. Please let us know if you need a ride.

The Nordic program with students will be Saturdays at Mt. Spokane Selkirk Lodge January 14<sup>th</sup>– March 4<sup>th</sup> with no ski on Feb 4. Students are ages 12+ with developmental disabilities. Many of our skiers enjoy competing and will do so at our local annual Langlauf Nordic Community Race February 5, 2023. Blue Waxers will not be participating in Special Olympics this season.

Dates: January 14<sup>th</sup>- March 4<sup>th</sup> 2023

No skiing Saturday February 4<sup>th</sup>

Times: 9:00am-12:00pm at Selkirk Lodge at Mt. Spokane

Volunteers will be needed to participate in the community Nordic race Langlauf on Sunday February 5<sup>th</sup> 2023. Times and details to come later.



The students will meet at Park OPS building 810 N. Stone at 7:30am and return at 1:30pm.

We do have skis, boots and poles available for volunteers to borrow if needed.

Please fill out the attached volunteer registration form. We will also need each volunteer to fill out a background check (which **REQUIRES** a social security number to process the city background check) a copy of your drivers license.

Be sure to tell your friends and family about this great volunteer opportunity and let me know if we need to send information out to someone.

If you want to carpool with other instructors, please contact Dave Bentz, Nordic program coordinator at 509.953.6062.

We're looking forward to a wonderful season! Thank you for considering volunteering with us. Don't hesitate to call if you have any questions.

Alice  
509-625-6245 office or cell 509.720.3099



THERAPEUTIC RECREATION SERVICES  
 2304 E Mallon Avenue  
 Spokane, WA 99202  
 Alice Busch (509) 625-6245  
 abusch@spokanecity.org

# Volunteer Ski/Snowboard Instructor Form

<b>New Instructors</b>		<input type="checkbox"/> 12549 Powderhounds \$55	<input type="checkbox"/> 12554 Blue Waxers \$10				
		<input type="checkbox"/> 12550 Adaptive \$55					
<b>Returning Instructors</b>	Returning Instructors w/ Season Pass		Returning Instructors No Season Pass				
	<input type="checkbox"/> 12548 Powderhounds \$35		<input type="checkbox"/> 12553 Powderhounds \$55				
	<input type="checkbox"/> 12552 Adaptive \$35		<input type="checkbox"/> 12551 Adaptive \$55				
<b>Powderhounds Availability *Check Box By Available Dates</b>							
Saturday	1/21	1/28	2/11	2/18	2/25	3/4	3/11
<input type="checkbox"/> Morning Session 8:45 AM – 12:30 PM							
<input type="checkbox"/> Afternoon Session 12:15 PM – 4:00 PM							
<b>Adaptive Availability *Check Box By Available Dates</b>							
Saturday	1/21	1/28	2/4	2/11	2/25	3/4	
<input type="checkbox"/> Morning Session 8:30 AM – 12:00 PM							
<input type="checkbox"/> Afternoon Session 11:30 AM – 3:00 PM							
<b>Prefer to Teach</b>	Ski    Snowboard						
<b>Ability Level</b>	Adv. Beginner (Green runs)    Intermediate (Blue runs)    Expert (Black runs)    Competitive						
<b>Certification</b>	P.S.I.A. <input type="checkbox"/> Other: _____						
<b>First Aid/CPR</b>	<input type="checkbox"/> First Aid/CPR Card    State: _____    Expiration Date: _____						

Name: \_\_\_\_\_  
 Last \_\_\_\_\_ First \_\_\_\_\_ M.I. \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
 Number Street \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Email Address: \_\_\_\_\_

Day Phone: \_\_\_\_\_ Are you over age 18?    Yes    No

Cell Phone: \_\_\_\_\_ If No, date of birth: \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Emergency Phone \_\_\_\_\_

Are there any physical or health concerns which should be taken into account for safe and suitable placement?

Where did you hear about the program? \_\_\_\_\_

Please list ski/snowboard experience: \_\_\_\_\_

Have you volunteered in this particular program before?    Yes    No    How many years? \_\_\_\_\_

Do you prefer to instruct a particular student?    No    Yes    Who? \_\_\_\_\_

Do you need a nametag?    No    Yes    Name as it will appear: \_\_\_\_\_

## 2023 Season Training Clinics

**ALL NEW Instructor Meeting for Powderhounds, Blue Waxers and Adaptive-** Wednesday December 7<sup>th</sup> from 6PM-7:30PM  
 @ Park Operations, 2304 E. Mallon Ave.

**Powderhounds-** Dryland Training, New & Returning instructors, Fri, Jan 13<sup>th</sup> 2023, 6-8pm at Corbin Community Center, 827 W. Cleveland.  
 On Snow Training. January 14<sup>th</sup>-15<sup>th</sup>, 2023. 9am-4pm @ Yurt located at Mt. Spokane Lodge #1.

**Blue Waxers-**Nordic Snow – Sat. Jan 7<sup>th</sup>, 2023 9am-12pm, @ Selkirk Lodge – MUST have Sno-Park Permit

**Adaptive-** Dryland Training New & Returning Instructors – Fri. Jan. 13<sup>th</sup>, 2023 6-8pm, @ Park Operations 2304 E. Mallon Ave

New Instructors- Sat/Sun Jan 14<sup>th</sup>-15<sup>th</sup>, 2023 8:30am-4pm @ Mt. Spokane Adaptive Snow Sports Chalet

Returning Instructors-Meet Sat. Jan 14<sup>th</sup>, 2023 1-8pm @ Mt. Spokane Adaptive Snow Sports Chalet – Sunday is optional



**Notice for Applicant/Employee  
A-4 Authorization**

**'Notice of Intent' and 'Authorization' To Obtain an Investigative Consumer Report for Employment or  
Other Legitimate Permissible Purposes**

The undersigned applicant/employee is hereby notified that \_\_\_\_\_ (**Employer**) may obtain an investigative consumer report for employment purposes through ACRANet. Such report may include information as to character, general reputation, history of criminal convictions, employment, education, professional license, credit and/or driver's record history. Applicant/employee acknowledges that he/she is herein informed of his/her right to request within a reasonable period of time after receiving this notice, a complete and accurate disclosure of the nature and scope of the investigation requested. Such disclosure will be mailed or otherwise delivered to applicant within five days from the date of the applicant/employee's request for disclosure or such report was first requested by employer, whichever is the later. Applicant/employee further authorizes the above named company to obtain an investigative consumer report through ACRANet for employment purposes at this time or anytime during the applicant/employee's tenure with employer.

**Print Full Name:** \_\_\_\_\_

**Former Name/Maiden Name (list all):** \_\_\_\_\_

**Street Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Previous Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Social Security Number:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_ / \_\_\_\_ / \_\_\_\_

(In order for factual information to be obtained & reported, your date of birth and social security number are requested. This information is used solely for verification purposes in compliance with the Fair Credit Reporting Act.)

**Driver's License # (if applicable)** \_\_\_\_\_ **State of Issue** \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## Exhibit “C”

### Appendix A to Part 601

## A Summary of Your Rights Under the Fair Credit Reporting Act

The federal Fair Credit Reporting Act (FCRA) is designed to promote accuracy, fairness, and privacy of information in the files of every “consumer reporting agency” (CRA). Most CRA’s are credit bureaus that gather and sell information about you—such as if you pay your bills on time or have filed bankruptcy—to creditors, employers, landlords, and other businesses. You can find the complete text of the FCRA, 15 U.S.C. 1681-1681u, at the Federal Trade Commission’s web site (<http://www.ftc.gov>). The FCRA gives you specific rights, as outlined below. You may have additional rights under state law. You may contact a state or local consumer protection agency or a state attorney general to learn those rights.

- **You must be told if information in your file has been used against you.** Anyone who uses information from a CRA to take action against you – such as denying an application for credit, insurance, or employment – must tell you, and give you the name, address, and phone number of the CRA that provided the consumer report.
- **You can find out what is in your file.** At your request, a CRA must give you the information in your file, and a list of everyone who has requested it recently. There is no charge for the report if a person has taken action against you because of information supplied by the CRA, if you request the report within 60 days of receiving notice of the action. You also are entitled to one free report every twelve months upon request if you certify that (1) you are unemployed and plan to seek employment within 60 days, (2) you are on welfare, or (3) your report is inaccurate due to fraud. Otherwise, the CRA may charge you a fee, which shall not exceed the amount established by the Federal Trade Commission on January 1 of each year.
- **You can dispute inaccurate information with the CRA.** If you tell a CRA that your file contains inaccurate information, the CRA must investigate the items (usually within 30 days) by presenting to its information source all relevant evidence you submit, unless your dispute is frivolous. The source must review your evidence and report its findings to the CRA. (The source also must advise national CRA’s – to which it has provided the data—of any error). The CRA must give you a written report of the investigation, and a copy of your report if the investigation results in any change. If the CRA’s investigation does not resolve the dispute, you may add a brief statement to your file. The CRA must normally include a summary of statement if future reports. If an item is deleted or a dispute statement is filed, you may ask that anyone who has recently received your report be notified of the change.
- **Inaccurate information must be corrected or deleted.** A CRA must remove or correct inaccurate or unverified information from its files, usually within 30 days after you dispute it. **However, the CRA is not required to remove accurate data from your file unless it is outdated (as described below) or cannot be verified.** If your dispute results in any change to your report, the CRA cannot reinsert into your file a disputed item unless the information source verifies its accuracy and completeness. In addition, the CRA must give you a written notice telling you it has reinserted the item. The notice must include the name, address and phone number of the information source.
- **You can dispute inaccurate items with the source of the information.** If you tell anyone – such as a creditor who reports to a CRA – that you dispute an item, they may not then report the information to a CRA without including a notice of your dispute. In addition, once you’ve notified the source of the error in writing, it may not continue to report the information if it is, in fact, an error.
- **Outdate information may not be reported.** In most cases, a CRA may not report negative information that is more than seven years old; ten years for bankruptcies.
- **Access to your file is limited.** A CRA may provide information about you only to people with a need recognized by the FCRA – usually to consider an application with a creditor, insurer, employer, landlord, or other business.

- **Your consent is required for reports that are provided to employers, or reports that contain medical information.** A CRA may not give out information about you to your employer, or prospective employer, without your written consent. A CRA may not report medical information about you to creditors, insurers, or employers without your consent.
- **You may choose to exclude your name from CRA lists for unsolicited credit and insurance offers.** Creditors and insurers may use file information as the basis for sending you unsolicited offers of credit or insurance. Such offers must include a toll-free number for you to call if you want your name and address removed from future lists. If you call, you must be kept off the lists for two years. If you request, complete, and return the CRA form provided for this purpose, you must be taken off the lists indefinitely.
- **You may seek damage from violators.** If a CRA, user or (in some cases) a provider of CRA data, violates the FCRA, you may sue them in state or federal court.

**The FCRA gives several different federal agencies authority to enforce the FCRA:**

FOR QUESTIONS OR CONCERNS REGARDING:	PLEASE CONTACT:
CRAs, creditors and others not listed below	Federal Trade Commission Consumer Response Center- FCRA Washington, DC 20580 202-326-3761
National banks, federal branches/agencies of foreign banks (word "National" or initials "N.A." appear in or after bank's name)	Office of the comptroller of the Currency Compliance Management, Mail Stop 6-6 Washington, DC 20219 800-613-6743
Federal Reserve System member banks (except national banks, and federal branches/agencies of foreign banks)	Federal Reserve Board Division of Consumer & Community Affairs Washington, DC 20551 202-452-3693
Savings associations and federally chartered savings banks (word "Federal" or initials "F.S.B." appear in federal institution's name)	Office of Thrift Supervision Consumer programs Washington, DC 20552 800-842-6929
Federal credit unions (words "Federal Credit Union" appear in institution's name)	National Credit Union Administration 1775 Duke Street Alexandria, VA 22314 703-518-6360
State chartered banks that are not members of the Federal Reserve System	Federal Deposit Insurance Corporation Division of Compliance & Consumer Affairs Washington, DC 20429 800-934--FDIC
Air, surface, or rail common carriers regulated by former Civil Aeronautics Board or Interstate Commerce commission	Department of Transportation Office of Financial Management Washington, DC 20590 202-366-1306
Activities subject to the Packers and Stockyards Act, 1921	Department of Agriculture Office of Deputy Administrator – GIPSA Washington, DC 20250 202-720-7051