

To: Nordic Blue Waxers Ski Program Volunteers
From: Alice Busch- Therapeutic Recreation Services
Date: November 24, 2020
Re: Upcoming Ski Season

Hello Everyone

The snow is arriving and tracks will soon be made. I'm excited about a good snow year!

TRS would love to have you volunteer in our Nordic program this winter. We will start off the season with a Nordic training for all instructors at Mt. Spokane Selkirk Lodge on Saturday January 2, 2021 from 9am-12pm. This is a great opportunity to get some great training which then can be used to teach our students.

With Covid 19 in our midst the program will look a little different this season. Our transportation offerings will be limited and covid protocol will be followed. We are asking that volunteers meet us at mountain if possible. If not, be sure to let us know so we can work on accommodating. The Selkirk Lodge will be open for restrooms but not for lingering and eating lunch.

Remember you must have a Sno-park permit on your vehicle to park in the lot. The fee is \$84 and goes a long way to pay for grooming trails on Mt. Spokane.

Dave Bentz will once again be the Nordic program coordinator.

The Nordic program will be on Saturdays at Mt. Spokane Selkirk Lodge beginning January 9th with the students and ending February 27. Our students are ages 12 and above with developmental disabilities. There will be NO local annual Langlauf Nordic Community Race or Washington State Special Olympics tournament in Leavenworth in 2021.

Dates: January 9th- February 27th

Times: 9:00am-12:00pm at Selkirk Lodge at Mt. Spokane

The students will meet at the OPS building 810 N. Stone at 7:30am and return at 1:30pm.

We do have skis, boots and poles available for volunteers to borrow if needed.