



MEMORANDUM

TO: PROSPECTIVE ADAPTIVE ALPINE SKI & SNOWBOARD INSTRUCTORS

FROM: ALICE BUSCH, THERAPEUTIC RECREATION

SUBJECT: 2021 Therapeutic Recreation Ski & Snowboard Programs

DATE: November 24, 2020

The **adaptive ski/board** program for people with physical disabilities will include: Mono-ski, Bi-ski, Snowboard, 4 & 3 track, and Visually/Hearing Impaired skiing. Lesson times are Saturday's 9:30-11:30 am and 12:30-2:30 pm .

The Spokane Park and Recreation Department's Therapeutic Recreation Adaptive Ski & Snowboard Program will begin with a New Instructor Informational virtual meeting Friday December 4, 2020, 6 – 7. Please email abusch@spokanecity.org for a link.

Dryland training will be Friday January 8, 2021 6-8pm On snow training Sat-Sun January 9-10 2021. Lessons for students start Saturday, January 16 through February 27, 2021 with no class 2/13.

Mandatory Instructor Clinics will be held prior to the start of the program. The first will be a dryland meeting for all instructors **Friday January 8, 2019 6:00- 8:00 p.m.** at the Park Operations warehouse 2304 E. Mallon Ave . We will outline the program, go over expectations, fill out paperwork, and begin teaching about the adaptive equipment. Covid protocol followed.

The on snow training will be **Saturday January 9, 2021. Training begins at 8:30am and ends at 4pm. and Sunday January 10, 2021 9am-4pm at Mt. Spokane in our Adaptive Snow Sports Chalet. New instructors are required to attend both days. Returning instructors attend on Saturday 1/9 at 1-8pm.** The snow sports chalet is located at the base of chair 5(bunny hill). PSIA Examiner Charley Phelan will be conducting our clinic along with our lead ski instructors. We will be rotating through the different disciplines. We will be observing your ability to work with people, your ability to ski/board, your ability to teach, and giving you tools required to be an instructor.

During the program *Saturday morning* session volunteers will meet at 8:30 am to receive a lift ticket and are required to be at chalet no later than 9:00 am for a staff meeting, assignments, equipment check, warm - up run, and teach lessons 9:30- 11:30 am. Due to covid precautions we are asking instructors to leave after lesson time. The goal is to keep the chalet with very few people inside...no more than 4. Masks must be worn in the chalet.

We are requesting volunteers gear up in personal cars and come to the Chalet ready to ski. If volunteering for the *Saturday afternoon* session please meet at 11:30 am for pre-lesson

meeting and teach lessons 12:30- 2:30 pm then put away equipment, do paperwork, until 3pm.
We will not be offering a Wednesday program this year.

Instructors are asked to commit to volunteering for at least 3 weeks; either morning or afternoon lessons. The intent is to assign a student to the same instructor for the duration of their lessons to have consistency. Some instructors may choose to teach the full day lessons for first and/or second sessions.

Instructors teaching one lesson a day will be able to ski free during non-lesson time. At the end of three weeks the half-day instructors will earn the ability to purchase one incentive lift to line ticket for \$15.....a value of \$50. If instructors choose to teach two lessons a day for 3 weeks, they will be able to purchase an incentive ticket for each full day. Do not sell these incentive tickets or you will be dismissed from the program immediately. They may be used for friends or family. Spokane Parks and Recreation will be paying for the daily tickets used while you are instructing.

Anytime not teaching (free skiing) the volunteer instructor will NOT be covered as a city volunteer under workman's compensation.

Returning instructors are encouraged to purchase a season pass for Mt. Spokane at \$100 plus tax. The mountain is offering this amazing deal to help support our TRS ski programs. Passes will be good at the start of the season. The season pass helps to keep the costs down for the program. Please notify Alice or Sara if you are interested. The passes can be purchased once volunteer registration process has been completed. You will be notified when season passes can be purchased.

The mountain has also given us instructor rates for rentals. Please notify me if you will need these services especially for the training weekend.

Please use the attached registration form, fill out the background check and attach your payment option with checks made payable to the Spokane Parks and Recreation. Covid liability forms will also need to be filled out and turned in. Registration can be done online at spokanerec.org. Volunteer Registration fee is \$50.

Returning Instructors w/Season Pass fee is \$30.

PRE-REGISTRATION is important and assists in planning!!!!

A firm commitment to the program is **ESSENTIAL!** Please let the Ski Coordinator know in advance that you are unable to teach. **Don't wait until Saturday to call if you know in advance.**

We know this season will look different as we will be keeping our distance but we are confident lessons will be safe, fun and exciting . Chair 6 (with NO! center bar ☺) will continue to be a place to explore. If you have any questions, please call me at 625-6245 or Adaptive Ski Coordinator Sara Dunbar at 509.714.7654. See you on the mountain!!

Alice Busch 625-6245
abusch@spokanecity.org
Therapeutic Recreation Services Supervisor

Sara Dunbar 714.7654
sm_dunbar@hotmail.com

SPRD 2304 E. Mallon Ave Spokane, WA 99202