Customer Involvement Policies & Important Information

Customer Involvement Policies

• Arrive to the activity/meeting location on time. Under most circumstances TRS will not wait longer than fifteen minutes for participants to arrive. This will prevent a delay in transportation and tardiness of any reservation.

• Leave the activity on time. TRS will wait until transportation comes. If additional supervision is required the participant will be billed $4.00 for every 15 minutes or $16.00 for every hour your transportation is late or you arrive too early. (Please refer to the additional supervision form).

• Bring the appropriate amount of money for activity. TRS staff do not carry additional funds to pay for activities. If you do not have sufficient funds for the activity, you may be sent home. Via home site, bus or taxi.

• Bring the appropriate clothing/gear for activity. (i.e.; helmets/gloves, swimsuit/cap, pillow/sleeping bag, extra layers in cold weather, etc.)

• Respect people, place and things around you.
  a. Stay with the group.
  b. Follow instructions of TRS staff.
  c. No smoking permitted except in designated areas upon approval of TRS staff.
  d. No food or drink allowed on the vans or other transport vehicles.
  e. No stealing

Absolutely No Sexual Harassment or Assaultive behavior will be tolerated. We reserve the right to send participants home if displaying inappropriate behaviors or not abiding by the TRS Customer Involvement Policies.

We strive to provide a safe and enjoyable experience for everyone in a Therapeutic Recreation Services activity.

Important Information

Service Philosophy
Primary goal is to make recreational activities available to a broad spectrum of people with developmental and/or physical disabilities. Our purpose is to assist people to have positive experiences and develop appropriate leisure and social skills they can use throughout their lifetime. Mastery of leisure skills often leads to an increase in self-esteem and the ability to tackle other obstacles in life.

Volunteer/Staff
Volunteers are vital to our programs. Parents/careproviders, siblings, and students are encouraged to volunteer. If you are interested in volunteering, call 509.625.6245. Paid positions also available.

Participant Personal Needs
Therapeutic Recreation staff provides leadership for the activity and are unable to provide attendant care (feeding, toileting assistance, giving medications, transfers, etc.). Careproviders should accompany participants who need personal care. Participants who have behavioral issues may be asked to participate with a careprovider in attendance. Registration fees for careproviders may be waived or will vary depending on the activity.

Medication Policy
Participants who take medication during a Therapeutic Recreation program must complete a MEDICATION INFORMATION AND WAIVER form and return it before start of class. Participants must be self-medicating. Program staff can take custody of medication and remind participants when to take medication. Program staff cannot administer medication. All medication must be packaged according to program instructions. Participants should have a current medical coupon/medical insurance card, and identification with current address and phone number.

Miscellaneous Information
Participants will be notified of class changes. Classes held in Spokane school facilities do not meet on holidays, vacation & curriculum days.

Program Fees
Limited scholarship funds are available should a participant be unable to afford a class. Donations are tax deductible and assist us to better serve the leisure needs of people with disabilities. Therapeutic Recreation Services is a registered contractor with DSHS and is eligible to accept DDA respite funds for payment of activities through the Provider 1 system. Contact your local DDA case manager for more information.

Process to use DDA Funding:
1. Contact your DDA case manager and inform them of price.
2. Have case manager send funding approval to abusch@spokanecity.org
3. Fill out registration and then on page 13 indicate DDA as payment source and list case manager.
4. When registration form has been received and processed by TRS, a confirmation receipt will be sent to camper/family.
5. Provide copy of confirmation receipt to case manager.
6. If camper needs to cancel registration, regular refund policy and procedures apply (see below). DDA WILL NOT PAY IF CAMPER DOES NOT ATTENDED BUT DID NOT CANCEL. In this case, payment responsibility falls to camper’s family.

Refund Policy
Participants will be notified if a class or program is canceled due to lack of enrollment and will be offered an alternate choice, full refund or credit on account. Participants who wish to cancel enrollment must notify Therapeutic Recreation at least seven days prior to the program date to be considered for a refund. Refund amount will be based on the number of students enrolled and any supply costs incurred on the participant’s behalf. Careproviders may not substitute participants. Every participant must be pre-registered. Requests for refunds must be made in writing and approved by Therapeutic Recreation supervisor. Refunds will not be made after the first session or for missed sessions. Trip deposits are non-refundable unless cancellation is made at least 30 days before trip departure date.

Transportation/Paratransit Users
The Spokane Transit Authority offers both fixed route and para-transit services to the public. For fixed route service, call 509.328.7433; para-transit service, call 509.328.1552. STA will not wait for instructors or buildings to open. Our instructors arrive fifteen minutes prior to the start of the class. In order to prevent participants from being dropped off too early please give a “no earlier than drop” time of 15 minutes before the class starts. Do not use a “no later than” time as it causes problems of too early of an arrival. Care providers must accompany participants who cannot find the class location independently or wait appropriately for the instructor. Therapeutic Recreation works with STA and care providers to identify early and late arrivals and make changes in schedules as needed. *Another suggestion is to use subscription trips. After attending a class three weeks in a row the rider qualifies. With this ride you won’t need to call in each week- just call when need to cancel. Schedule rides early. If participants need additional supervision while waiting for transportation after program hours a bill will be sent to cover staff expenses. Para-transit is not recommended for those activities involving a flexible return time - i.e. trips.

Registration Procedure:
• Advance registration is necessary for all programs except where noted.
• Registration is processed on first paid, first served basis. Payment can be accepted over the phone with Visa/MC/ Discover only. No verbal reservations over phone.
• Mail in, phone in, walk in, or fax 509.363.5450 registrations.
• Medication Information & Waiver form filled out as necessary.
• Register on line SpokaneRec.org see page 11 for step by step instructions.

Other Parks Programs Available to Special Populations
The programs in this brochure are designed for persons with developmental and physical disabilities. All other Park Department programs are available to persons with disabilities. Please look through the Spokane Parks and Recreation Department Class & Activity Guide to see if a program is of interest to you. Then call Alice Busch at 509.625.6245 and she will help you get started by notifying the instructor who will make preparations or adaptations, if needed.
Have You Tried These Classes and Events? Join Us!

**Funshine Day Camp**

Funshine Day Camp is for people with developmental and/or physical disabilities. We encourage siblings and/or friends without disabilities to attend as well. Recreation activities include swimming, sports, games, inclusion playground, water activities, crafts, walks, field trips and more. Meet at Shadle Park Shelter, 4302 N. Belt. **$219 weekly**

**Teen Adventure Week**

3 days packed of fast moving, active adventure and fun.

Call **625.6245**, email **abusch@spokanecity.org** or visit our website at **SpokaneParks.org** to access the registration form available after April 3, 2020.

**Musical Production**

5 weeks | Ages 15+
This year the group will do songs from the animated and new live action movie Aladdin. They will have the opportunity to improve communication and socialization skills. **Meet at West Central Community Center, 1603 N Belt St., Mason Auditorium.**

5707 | Mon. & Wed. | 4/13-5/6 | 6:30-8pm | $44
*Must have been enrolled in Winter Quarter

**Dress Rehearsals** – at Rogers High School, 1622 E. Wellesley May 11 & May 13 6:30-9pm.

**Show Night** – Friday May 15. Cast 6-9pm. Actual show 7:30pm

**End of Season Celebration**

for **Spokane Blades, Blue Waxers, Powderhounds** and **Adaptive Ski/board Program**. Celebrate Sports! Wear your favorite sports outfit or team apparel.

A-L bring entree or main dish. M-Z bring salad or dessert.

**RSVP to Alice: abusch@spokanecity.org.**

**Friday, April 3, 2020 – 6:30-8:00pm**

**Southside Senior Activity Center, 3151 E. 27th Ave.**
April Events

**Cat Tales** 1 day | Ages 18+
Lions and tigers and bears, oh my! But wait, there is more! Leopards and jaguars and servals and pumas and reptiles and... We will take a tour with zoo staff. Bring money to buy ice-cream after event. Sinto Senior Activity Center, 1124 W. Sinto, parking lot.
5709 | Sat. | 4/18 | 1-5pm | $19

**Classy Crafts** 4 weeks | Ages 16+
Explore your creative side and make a variety of beautiful and meaningful crafts each week. Participants will have the opportunity to improve skills such as fine motor, socialization and communication. Class meets at Sinto Senior Activity Center, 1124 W. Sinto, dining room.
5700 | Thurs. | 4-9/4-30 | 7-8:15pm | $45

**Dessert Delight** 1 day | Ages 16+
If you have a sweet tooth and enjoy desserts come with us as we visit a variety of Spokane eateries. Program fee does not include cost of food. Transportation provided from Sinto Senior Activity Center, 1124 W. Sinto, parking lot.
Blueberry Froyo – With 10 flavors like Cake Batter and Mint Cookie, and over 30 toppings, the possibilities are endless at Blueberry frozen yogurt. Sugar and dairy free options available!
5748 | Mon. | 4/20 | 2:30 – 4:15 PM | $12

**Fine Dining** 1 day | Ages 18+
Do you like getting dressed up and going out? Come with us and experience the culinary delights of Spokane’s finest restaurants! Staff will help in the selection and purchase of a meal. Participants will have the opportunity to improve social, communication, and etiquette skills. Price does not include cost of food. Transportation provided from Sinto Senior Activity Center, parking lot, 1124 W. Sinto.
Nudo Ramen – Ramen, rice bowls, teriyaki, yakisoba noodles.
5750 | Thurs. | 4/16 | 6-9pm | $17

**Friday/Saturday Fun** 1 day | Ages 18+
If your Friday/Saturday nights are dull check out these fun nights. Participants are responsible to bring the suggested amount of money listed. Sign-up fee covers transportation, staff, tickets and sometimes food. Staff ratio is 1:4-6. Participants will have the opportunity to practice socialization skills such as making choices, handling money, following directions and getting along within a group. Fee and meeting location varies.
Pizza & Bowling – Meet us at North Bowl for an afternoon of bowling and pizza. Fee includes everything so extra money is not required for this outing. 125 W. Sinto.
5778 | Sat. | 4/11 | 1:30-4pm | $27
Shrine Circus – This is the 64th Shrine Circus which features quality family entertainment with an upgraded new circus and variety of shows. We have purchased reserved seating so will be closer to the action. Meet across from the old University City Mall Parking Lot-off of E. Sprague Ave on N. Herald Rd. 10210 E. Sprague.
39341 | Sat. | 4/25 | 2:30-5:30pm | $34

**Friday Night Jam** 1 day | Ages 18+
Come rock and swing at Spokane’s oldest on-going nightclub for people with developmental disabilities. If participants require direct supervision then care providers need to attend. Second Friday each month. Meet at West Central Community Center, 1603 N. Belt.
School of Rock: Karaoke – Brian Stevens from Lakeland Village will be facilitating a musical activity that is enhanced Karaoke. One song at a time but will be multiple mics if want to sing in duets or groups.
5868 | Fri. | 4/10 | 7-9pm | $8

**Hiking** 1 day | Ages 16+
Discover the beauty of local Spokane areas. Participants must be able to follow directions, stay with a group and be in good physical condition to do 3-6 miles of strenuous hiking. Bring a lunch. Meet at Sinto Senior Activity Center, 1124 W. Sinto, parking lot.
Dishman Hills – This is Spokane’s wilderness version of New York’s Central Park, with rocks, land forms, and vegetation. Enjoy ponds, cliffs, ravines, and numerous high points with views. You could see deer, raccoons, coyotes, and 100 species of birds.
5784 | Sun. | 4/26 | 9am-2pm | $19

**Musical Production** 5 weeks | Ages 15+
This year the group will do songs from the animated and new live action movie Aladdin. They will have the opportunity to improve communication and socialization skills. Meet at West Central Community Center, 1603 N Belt St., Mason Auditorium.
5707 | Mon. & Wed. | 4/13-5/6 | 6:30-8pm | $44
*Must have been enrolled in Winter Quarter
Dress Rehearsals – at Rogers High School, 1622 E. Wellesley May 11 & May 13 6:30-9pm.
Show Night – Friday May 15. Cast 6-9pm. Actual show 7:30pm

**Sundancers Square Dancing** 8 weeks | Ages 15+
Do you want to learn how to square dance or improve your existing skills? Participants should have the ability to follow simple directions, stay on task and be ok with physical contact such as holding hands. Meet at Shaw Middle School, Cafeteria 4106 N. Cook.
Beginners – Class dates are 4/14, 4/28, 5/12, 5/26
5793 | Tues. | 4/14-5/26 | 6:30-8pm | $37
Performers – Performance dates are 4/21 and 5/19. Pick up time will be 9pm.
5794 | Tues. | 4/14-5/26 | 6:30-8pm | $37
End of Season BBQ – Tuesday, May 26, from 6:30-8pm. At the Manito Park North Shelter.

**Walking** 7 weeks | Ages 14+
If you enjoy the outdoors, exercise and socializing with friends this weekly stroll is for you. We will divide the group into slow and fast walkers. Please wear comfortable, loose clothing such as sweats and sturdy walking shoes. Meet at Friendship Park 7426 N. Standard St (Standard & Greta parking lot).
5708 | Wed. | 4/15-5/27 | 4:30-5:30 pm | $37

**What’s Cooking** 4 weeks | Ages 16+
Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. Class meets at Southside Senior Activity Center, 3151 E. 27th Ave. - kitchen.
5703 | Tues. | 4/7 – 4/28 | 4-6pm | $53

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**GOT E-MAIL?**
If you have e-mail and are interested in receiving brochures and letters through e-mail, let us know.
You can call 509.625.6245 or e-mail it to us at: abusch@SpokaneCity.org

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**SPORTS:** for softball, Playball, powerlifting, and swimming, see Sports page 10.
## City of Spokane Parks and Recreation - Therapeutic Recreation Services

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May Events

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Day at the Theatre 1 day | Ages 16+
Come with us as we delight in the entertaining theatre put on by our local Spokane Children’s Theatre. Meet at Spokane Children’s Theatre for both shows: 2727 N. Madelia St. #5

Matilda the Musical – Matilda is a little girl with astonishing wit, intelligence and psychokinetic powers. Matilda and her schoolteacher, the highly loveable Miss Honey, have a profound effect on each other’s lives, as Miss Honey begins not only to recognize but also appreciate Matilda’s extraordinary personality. The school’s mean headmistress, Miss Trunchbull, vaudeville, part make believe... all charm!

In the differences that make them unique and special. Part

If you have a sweet tooth and enjoy desserts come with us as we visit a variety of Spokane eateries. Program fee does not include cost of food. Transportation provided from Sinto Senior Activity Center, 1124 W Sinto, parking lot.

miFlavour – Visit your local French bakery and sample exotic creations like macaroons, mousse and madeleines. Favorites like brownies, cookies and cupcakes also available.

Fine Dining 1 day | Ages 18+
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The Elk Public House – Burgers, street tacos, reuben sandwiches and famous corn pasta salad.

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Gonzaga Baseball – We will watch the Gonzaga baseball team play Pepperdine. Meet at the Patterson baseball complex, Gonzaga University 721 N. Cincinnati St.

Saturday, May 16, from 6:30-8pm. At the Manito Park North Shelter.

Walking 7 weeks | Ages 14+
If you enjoy the outdoors, exercise and socializing with friends this weekly stroll is for you. We will divide the group into slow and fast walkers. Please wear comfortable, loose clothing such as sweats and sturdy walking shoes. Meet at Friendship Park 7426 N. Standard St (Standard & Greta parking lot).

What’s Cooking 4 weeks | Ages 16+
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Sundancers Square Dancing 8 weeks | Ages 15+
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Beginners – Class dates are 4/14, 4/28, 5/12, 5/26

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End of Season BBQ – Tuesday, May 26, from 6:30-8pm. At the Manito Park North Shelter.

26.

A Year with Frog and Toad – A whimsical show telling the story of a friendship that endures throughout the seasons. Follow the cheerful, popular Frog and the rather grumpy Toad through four fun-filled seasons. The two best friends celebrate and rejoice of a friendship that endures throughout the seasons.

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5797 | Sat. | 5/2 | 1:45-4pm | $26

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Classy Crafts 4 weeks | Ages 16+
Explore your creative side and make a variety of beautiful and meaningful crafts each week. Participants will have the opportunity to improve skills such as fine motor, socialization and communication. Class meets at Sinto Senior Activity Center, 1124 W. Sinto, dining room.
5702 | Thurs. | 6/4-6/25 | 7-8:15pm | $45

Fine Dining 1 day | Ages 18+
Do you like getting dressed up and going out? Come with us and experience the culinary delights of Spokane's finest restaurants! Staff will help in the selection and purchase of a meal. Participants will have the opportunity to improve social, communication, and etiquette skills. Price does not include cost of food. Transportation provided from Sinto Senior Activity Center, parking lot, 1124 W. Sinto.
Luigi's – Eggplant Parmesan, Lasagna, Spaghetti and Pizza.
5777 | Wed. | 6/10 | 6-9pm | $17

Fishing Frenzy 1 day | Ages 13+
Join us for a day of fishing on Clear Lake. It is a ‘Free Fishing Weekend’ in WA so Michael and Joshua Marro will be sponsoring this event for TRS. Fishing poles, tackle and bait will be provided. Bring $10 for a lunch of hamburger/hotdog, chips, soda and dessert. Meet at Sisto Senior Activity Center, 1124 W Sinto parking lot.
5781 | Sat. | 6/6 | 8:15am-2pm | $23

Friday/Saturday Fun 1 day | Ages 18+
If your Friday/Saturday nights are dull check out these fun nights. Participants are responsible to bring the suggested amount of money listed. Sign-up fee covers transportation, staff, tickets and sometimes food. Staff ratio is 1:4-6. Participants will have the opportunity to practice socialization skills such as making choices, handling money, following directions and getting along within a group. Fee and meeting location varies.
Spokane Indians Baseball Game: Wizards, Wands and Fireworks Night – The Indians will play Hillsboro Hops. We will be in box seats. Bring $12 for dinner/snacks. Meet at Avista Stadium Front Gate - 602 N. Havana St.
39449 | Fri. | 6/19 | 6-9:45pm | $28
Pizza & Bowling – An afternoon of bowling and pizza. Fee includes everything so extra money is not required for this outing. Meet at North Bowl, 125 W Sinto.
5779 | Sat. | 6/20 | 1:30-4pm | $27
Manito Park – One of Spokane’s gems is Manito Park. Join us as we walk through the park enjoying the beautiful Duncan, perennial and Japanese Gardens and smell the beautiful roses on Rose Hill. Bring a minimum of $10 to purchase dinner at the Park Bench Café which offers a nice variety of foods and outside dining. Meet at Manito Park Mirror Pond.
39343 | Fri. | 6/26 | 5:45-8:15pm | $14

Friday Night Jam 1 day | Ages 18+
Come rock and swing at Spokane’s oldest ongoing nightclub for people with developmental disabilities. If participants require direct supervision then care providers need to attend. Second Friday each month. Meet at West Central Community Center, 1603 N Belt.
Western Roundup – Dress in your favorite western outfit, flannel shirts, boots & cowboy hats or buckles. Hope to see ya’ there.
5687 | Fri. | 6/12 | 7-9pm | $8

Hiking 1 day | Ages 16+
Discover the beauty of local Spokane areas. Participants must be able to follow directions, stay with a group and be in good physical condition to do 3-6 miles of strenuous hiking. Bring a lunch. Transportation Provided from Sinto Senior Activity Center, 1124 W Sinto, parking lot.
Indian Painted Rocks – Come enjoy the beauty of Riverside State Park as we hike along the Little Spokane River. Views of bald eagles and daffodils abound!
5795 | Sun. | 6/14 | 9am-2pm | $19

Lilac City Comicon 1 day | Ages 18+
With over 250 exhibitors expected across 65,000 square feet, you’ll be able to browse & buy comics, meet your super heroes and dress up like your favorite fictional character. Be prepared to walk 1-2 miles. Bring $15 to purchase lunch at Sky Ribbon Cafe in Riverfront Park. Meet at the butterfly at the north end of Riverfront Park, Howard & Mallon.
5810 | Sun | 6/7 | 10am-3pm | $27

What's Cooking 4 weeks | Ages 16+
Tired of eating at home? Sign up for this class and we will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. Class meets at Southside Senior Activity Center, 3151 E 27th Ave., kitchen.
5705 | Tues. | 6/2-6/23 | 4-6pm | $53

Lilac City Comicon
NEW
1 day | Ages 18+
With over 250 exhibitors expected across 65,000 square feet, you’ll be able to browse & buy comics, meet your super heroes and dress up like your favorite fictional character. Be prepared to walk 1-2 miles. Bring $15 to purchase lunch at Sky Ribbon Cafe in Riverfront Park. Meet at the butterfly at the north end of Riverfront Park, Howard & Mallon.
5810 | Sun | 6/7 | 10am-3pm | $27
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Blue Dolphin Swim Team  
6 weeks | Ages 8+
For people with developmental disabilities who want to swim competitively or get a good workout. Ability to swim 75 yards without assistance and with rhythmic breathing. **Meet at Whitworth University Aquatic Center, 300 W Hawthorne.**
*no swim 4/12, 4/26, 5/17*
*If competing in Special Olympics AFP is due March 10.*
*Regional competition is @ EWU on Sat. May 9*
5173 | Sun. | 4/5-5/31 | 2:15-3:45pm | $53

Learn to Swim: Beginner  
6 weeks | Ages 8+
Individuals will learn how to face float, back float, kick with floats and learn the crawl stroke with rotary breathing. Elementary back stroke and back crawl will be taught with the goal to be able to do for 20 yards. **Meet at Whitworth University Aquatic Center, 300 W Hawthorne.**
*no swim 4/12, 4/26, 5/17*
5791 | Sun. | 4/5-5/31 | 3-3:45 pm | $53

Learn to Swim: Intermediate  
6 weeks | Ages 8+
Individuals who have mastered the Beginner skills and are ready to move on. Skills worked on will be distance swimming, breast stroke, butterfly, diving, simple turns and deeper water experience. **Meet at Whitworth University Aquatic Center, 300 W Hawthorne.**
*no swim 4/12, 4/26, 5/17*
5789 | Sun. | 4/5-5/31 | 2:15-3pm | $53

Powerlifting  
7 weeks | Ages 17+
For persons with developmental disabilities who are serious about lifting with free weights and universal gym equipment. Ability to stay on task and follow directions with minimal assistance. **Meet at North Central High School, 1600 N. Howard weight room.**

Winter & Spring – This is winter and spring quarter combined. In order to compete in Special Olympics we will need current AFP’s by March 15. Spring Regional Games in Cheney May 9 at EWU. State Games Tacoma June 5-7.
4956 | Tues. & Thurs. | 1/7-5/28 | 6:30-7:30pm | $106
No class 4/7 and 4/9

Playball  
14 weeks | Ages 12-25
This program is for those who are ready for more of a challenge. They will work on preparation and skill development in actual game situations. We are looking for parents/adults to play to enhance the game. **Meet at Chief Garry Park, Mission & Regal. Field A.**
5710 | Fri. | 5/1-8/7 | 6-8pm | $50

Adult Softball  
8 weeks | Ages 18+
Fresh air, sunshine and playing softball with friends in a recreational setting. **Meet at Shadle Park, northwest corner of Shadle High off of Ash.**
5711 | Wed. | 6/17-8/5 | 6:30-8pm | $43
Creating Your New Account

Visit SpokaneRec.org

On desktop, select Log In/Create Account in the upper left corner, then select Create Your SPOKANE Account.

On mobile devices, select Account in the upper right corner and then select Sign Up.

Fill out the required information.

To receive text alerts (i.e. class cancellations, facility closings), indicate your mobile carrier next to your cell number.

That’s it! Now you’re ready to register for our great programs!

Add additional members (spouse, children, etc) at any time in your account settings. Keep your entire household on one account!

When you’ve found a program, make sure to select the correct account member before adding it to your cart.

CIVICREC®

Need help setting up your account? Just call 311!
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**Statistical Information (birthdate & sex of participant) is used for demographics and to customize course activities**

**Which program are you registering for?**
- General
- TRS

**PAYEE INFORMATION**

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**ADDRESS**

Mailing Address:
Spokane Parks & Recreation Department  
Class Registration – My Spokane  
808 W. Spokane Falls Blvd.  
Spokane, WA 99201-3317

**TOTAL PROGRAM FEES:**

$ [ ]

**DDA will send funds.**

□ Yes □ No

**Case Manager**

Name: ___________________________

**Please contact your case manager to send verification of payment to:**  
abusch@spokanecity.org

**THEAPEUTIC RECREATION ONLY**

Check One:
- Group Home/Institution ______  
- In Own Home/Apartment ______  
- Private Home With Parent ______

**Dietary Precautions**

- / Foods to avoid: ___________________________
- Allergies: ___________________________

**Activity Limitations/Physical problems (if any):**

- Latex Allergies: ___________________________
- Other: ___________________________

**Will you (your child) need to be reminded to take medications during program hours?**

□ Yes □ No

**Careprovider/Support Staff provided?**

□ Yes □ No

**Will you be using Paratransit?**

□ Yes □ No

If yes, what is your rider number?

**Will you be using Paratransit?**

□ Yes □ No

**Contact Information**

Case Registration - My Spokane Parks & Recreation Department  
808 E. Spokane Falls Blvd.  
Spokane, WA 99201-3317  
(509) 755.4000  
E-mail: myspokane@spokanecity.org

**Credit Card/Debit Card payments are also accepted in the form of VISA, MC or AMEX for Online or Phone Registrations Only.**

**Make checks payable to:**  
City of Spokane Parks & Recreation Department  
[ ] Therapeutic Recreation Only  
[ ] General  
[ ] TRS

**For General, The Therapeutic Recreation Form is used for demographic and custome course activities.**

**Which program are you registering for?**

□ Yes □ No

**Case Manager**

Name: ___________________________

**Address:**

City: ___________________________  
State: ___________________________  
Zip: ___________________________

**Phone:**

Day Phone: ___________________________

Night Phone: ___________________________

Cell Phone: ___________________________

Email: ___________________________

□ Yes □ No  

**For General, this form is used for casual registration.**

**Which program are you registering for?**

□ Yes □ No

**Case Manager**

Name: ___________________________

**Address:**

City: ___________________________  
State: ___________________________  
Zip: ___________________________

**Phone:**

Day Phone: ___________________________

Night Phone: ___________________________

Cell Phone: ___________________________

Email: ___________________________

□ Yes □ No

**For General, this form is used for casual registration.**

**Which program are you registering for?**

□ Yes □ No

**Case Manager**

Name: ___________________________

**Address:**

City: ___________________________  
State: ___________________________  
Zip: ___________________________

**Phone:**

Day Phone: ___________________________

Night Phone: ___________________________

Cell Phone: ___________________________

Email: ___________________________
**Therapeutic Recreation**

**Participant Personal Needs:**

Therapeutic Recreation staff provides leadership and supervision for the activity but are unable to provide attendant care (feeding, toileting assistance, giving medications, transfers, etc.). Care providers should accompany participants who need such attendant care. Parks & Recreation staff reserves the right to mandate a care provider as a prerequisite to participation. Registration fees for care providers will vary by activity.

**MEDICATION INFORMATION & WAIVER**

*signature required*

**MEDICATION TAKEN**

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List any special instructions/cautions/side effects:

Feb 20

**Social Skills/Behavioral Info:**

Participation:

□ Easily

□ Needs Occasional Prompting

□ Needs Constant Prompting

**Additional Personal Needs Information:**

Needs Help Managing:

Behavior

Emotions

Social Skills/Behavioral Info:

□ Easy

□ Advanced

□ Others (please specify):

**Needs Help Managing**

Emotional Triggers or Fears:

**Participation:**

If you have any disabilities (be specific):
1. Each person participating in the City of Spokane Parks & Recreation Division's activity identified herein (referred to as "Activity") is referred to as "Participant." I, the undersigned, am a Participant and, if a Participant is under 18 or has a guardian, I am the Participant's parent or legal guardian. I understand that participating in the Activity involves inherent risks and dangers that may result in injury, death, or property damage to Participant and others.

2. I understand the dangers and risks of the Activity and that Participant ASSUMES ALL INHERENT DANGERS AND RISKS of the Activity.

3. In consideration for being permitted to participate in the Activity, I AGREE, to the greatest extent permitted by law, TO WAIVE ANY AND ALL CLAIMS ARISING FROM PARTICIPATION IN THE ACTIVITY OR FROM ANY MISREPRESENTATIONS OR FRAUDULENT EXECUTION OF THIS AGREEMENT.

4. I AGREE TO PAY ALL COSTS, INCLUDING ATTORNEYS' FEES, INCURRED BY ANY RELEASED PARTY IN DEFENDING AN INVESTIGATION, CLAIM, OR LAWSUIT BROUGHT BY OR ON PARTICIPANT'S BEHALF WHETHER ARISING IN WHOLE OR IN PART FROM PARTICIPANT'S PARTICIPATION IN ANY ACTIVITY OR FROM ANY MISREPRESENTATIONS OR FRAUDULENT EXECUTION OF THIS AGREEMENT.

5. I represent that Participant is in good health and that there are no special problems associated with Participant's physical or mental condition that would enhance the risks of the Activity.

6. I grant the Released Parties the right of publicity to own and use any image collected of Participant while participating in the Activity.

7. I agree that any and all claims for loss, injury, and/or death arising from Participant's participation in the Activity shall be governed by the law of the State of Washington and the exclusive jurisdiction of any such claim shall be in a court of competent jurisdiction in the State of Washington, County of Spokane.

8. The Parent or Legal Guardian of the Minor Participant and acknowledge that Participant is bound by all the terms of this Agreement. I acknowledge that the Participant's signature on this Agreement is his/her legal assent and his/her signature has been attached to this Agreement by Participant's parent or legal guardian.

9. In the event it becomes necessary for City of Spokane Parks & Recreation staff or volunteers to obtain emergency care for Participant, I authorize a qualified physician/surgeon to carry out any emergency medical care for Participant which may be necessary and agree to be fully responsible for any costs associated with such care or transport to such care.

10. I understand every reasonable effort will be made to contact me to explain the nature of the injury or illness to me, but if I cannot be reached, I authorize a qualified physician/surgeon or other medical care provider to carry out any emergency medical care for Participant which may be necessary and agree to be fully responsible for any costs associated with such care or transport to such care.

11. In case of emergency involving Participant, I understand every effort will be made to contact me. In the event I cannot be reached, I authorize a qualified physician/surgeon or other medical care provider to carry out any emergency medical care for Participant which may be necessary and agree to be fully responsible for any costs associated with such care or transport to such care.

12. I understand that such risk cannot be eliminated without jeopardizing the essential qualities of the activity.

13. The Participants' signature indicates his/her agreement to all the terms of this agreement and his/her willingness to agree to every provision contained herein.

14. If there is anything in this agreement that conflicts with any law, such conflict is hereby deemed to be unenforceable, the remaining terms shall be an enforceable contract between the parties.
Special thanks to Spokane Parks Foundation for the gift of $3500 which was used to pay for ice time so the Spokane Blades could skate, and provide scholarships for kids to attend Funshine Day Camp and ski.

Winter Highlights

Special Thanks to Winter Quarter Volunteers

Blue Dolphin Swimming Head Instructors
Bill Johnson
Loretta Moon

Blue Dolphin
Glendia Plott
Larry Garvin
Pat Garvin
Julie Warren

Cross Country Skiing
David Bentz
Yvonne Fisher
Curtis Kracher
Loretta Kracher
Julie Parry
Ed Parry
David Tewel

Alpine / DD Skiing
Caleb Alcamo
Bill Andersen
Kellie Anderson
Stacie Anderson
Doug Burke
Patty Burke
Naomi Busch
Steve Busch
Joanne Comer
Paul Cron
Austin Hagel
Nicole Holliday
Shelley Houn
Howard Imhof
Ariel Jones
Deanna Kazemba
Ruthie Kilpatrick
Gary Lewis
Jonnie Lewis
Valerie Loebbsack
Donald Long
Keith Lund
Joshua Marro
Michael Marro
Marnie McCoy
Jennie McLaughlin
Quentin Mize
Carl Nelson
Tom O'Brien
Brandon Olson
Nick Plugh
Jean Ripley
Ben Rowe
Mac Rubash
Eric Sahlin
Mark Schafer
Brian Shearer
Domineque Swenson
Lance Tedrow
Eric Tevlin
Katherine Van Aken
Ron Vierra
Jeff Whitney
Kristy Whitney
James Wilson
Frank Wintersteen
John Vetter
J Zucchetto

Adaptive Skiing
Ron Blair
Jerimiah Bryant
Carolyn Cartwright
Elizabeth Davison
Dean Evans
Stephen Fuller
Richard George
Lauren Hare
Adam Hertzberg
Debra Hill
Cody Kenison
Melissa Kirby
Emily Neufeld
Seneca Shank
Morgan Shank
Jody Smith
Cathy Tenquist
Nick Valov
Ben Ward

MISC
Mary Bartol
Madie Cortright
Khalil Curry
Trudy Forsberg
John Guevin
Glenn Landby
Susan Landby
Aijah Martinez
Jerry Nelson
Dennis Trudeau
Keegan Trudeau
Melinda Trudeau
Oliver Trudeau
Special Thanks to Spokane Parks Foundation
A huge thanks to Spokane Parks Foundation for their generous donation of ice time. This is a wonderful gift to the community and we are forever grateful.

Look for more exciting activities coming this spring

Therapeutic Recreation Services
The programs in this brochure are designed for persons with developmental and physical disabilities. All other Parks Department programs are available to persons with disabilities. Please look through the Spokane Parks and Recreation Department Class & Activity Guide to see if a program is of interest to you. Then call Alice Busch at 509.625.6245 and she will help you get started by notifying the instructor who will make preparations or adaptations, if needed.

Wallowa Lake Camping Adventure
Save the dates for this 4-day adventure!
6020 | Sun-Wed | 8/23-8/26 | $529

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