

Therapeutic Recreation Services

Summer

June – September 2019

509.755.2489 – SpokaneParks.org

Customer Involvement Policies & Important Information

Customer Involvement Policies

- Arrive to the activity/meeting location on time. Under most circumstances TRS will not wait longer than fifteen minutes for participants to arrive. This will prevent a delay in transportation and tardiness of any reservation.
- Leave the activity on time. TRS will wait until transportation comes. If additional supervision is required the participant will be billed \$4.00 for every 15 minutes or \$16.00 for every hour your transportation is late or you arrive too early. (Please refer to the additional supervision form).
- Bring the appropriate amount of money for activity. TRS staff do not carry additional funds to pay for activities. If you do not have sufficient funds for the activity, you may be sent home. Via home site, bus or taxi.
- Bring the appropriate clothing/gear for activity. (i.e.; helmets/gloves, swimsuit/cap, pillow/sleeping bag, extra layers in cold weather, etc.)
- Respect people, place and things around you.
 - a. Stay with the group.
 - b. Follow instructions of TRS staff.
 - c. No smoking permitted except in designated areas upon approval of TRS staff.
 - d. No food or drink allowed on the vans or other transport vehicles.
 - e. No stealing

Absolutely No Sexual Harassment or Assaultive behavior will be tolerated. We reserve the right to send participants home if displaying inappropriate behaviors or not abiding by the TRS Customer Involvement Policies.

We strive to provide a safe and enjoyable experience for everyone in a Therapeutic Recreation Services activity.

Important Information

Service Philosophy

Primary goal is to make recreational activities available to a broad spectrum of people with developmental and/or physical disabilities. Our purpose is to assist people to have positive experiences and develop appropriate leisure and social skills they can use throughout their lifetime. Mastery of leisure skills often leads to an increase in self-esteem and the ability to tackle other obstacles in life.

Volunteer/Staff

Volunteers are vital to our programs. Parents/careproviders, siblings, and students are encouraged to volunteer. If you are interested in volunteering, call 509.625.6245. Paid positions also available.

Participant Personal Needs

Therapeutic Recreation staff provides leadership for the activity and are unable to provide attendant care (feeding, toileting assistance, giving medications, transfers, etc.). Careproviders should accompany participants who need personal care. Participants who have behavioral issues may be asked to participate with a careprovider in attendance. Registration fees for careproviders may be waived or will vary depending on the activity.

Medication Policy

Participants who take medication during a Therapeutic Recreation program must complete a MEDICATION INFORMATION AND WAIVER form and return it before start of class. Participants must be self-medicating. Program staff can take custody of medication and remind participants when to take medication. Program staff cannot administer medication. All medication must be packaged according to program instructions. Participants should have a current medical coupon/medical insurance card, and identification with current address and phone number.

Miscellaneous Information

Participants will be notified of class changes. Classes held in Spokane school facilities do not meet on holidays, vacation & curriculum days.

Program Fees

Limited scholarship funds are available should a participant be unable to afford a class. Donations are tax deductible and assist us to better serve the leisure needs of people with disabilities. Therapeutic Recreation Services is a registered contractor with DSHS and is eligible to accept DDA respite funds for payment of activities through the Provider 1 system. Contact your local DDA case manager for more information.

Process to use DDA Funding:

1. Contact your DDA case manager and inform them of price.
2. Have case manager send funding approval to abusch@spokanecity.org
3. Fill out registration and then on page 13 indicate DDA as payment source and list case manager.
4. When registration form has been received and processed by TRS, a confirmation receipt will be sent to camper/family.
5. Provide copy of confirmation receipt to case manager.
6. If camper needs to cancel registration, regular refund policy and procedures apply (see below). DDA WILL NOT PAY IF CAMPER DOES NOT ATTEND BUT DID NOT CANCEL. In this case, payment responsibility falls to camper's family.

Refund Policy

Participants will be notified if a class or program is canceled due to lack of enrollment and will be offered an alternate choice, full refund or credit on account. Participants who wish to cancel enrollment must notify Therapeutic Recreation at least seven days prior to the program date to be considered for a refund. Refund amount will be based on the number of students

enrolled and any supply costs incurred on the participant's behalf. Careproviders may not substitute participants. Every participant must be pre-registered. Requests for refunds must be made in writing and approved by Therapeutic Recreation supervisor. Refunds will not be made after the first session or for missed sessions. Trip deposits are non-refundable unless cancellation is made at least 30 days before trip departure date.

Transportation/Paratransit Users

The Spokane Transit Authority offers both fixed route and para-transit services to the public. For fixed route service, call 509.328.7433; para-transit service, call 509.328.1552. STA will not wait for instructors or buildings to open. Our instructors arrive fifteen minutes prior to the start of the class. In order to prevent participants from being dropped off too early please give a "no earlier than drop" time of 15 minutes before the class starts. Do not use a "no later than" time as it causes problems of too early of an arrival. Care providers must accompany participants who cannot find the class location independently or wait appropriately for the instructor. Therapeutic Recreation works with STA and care providers to identify early and late arrivals and make changes in schedules as needed. *Another suggestion is to use subscription trips. After attending a class three weeks in a row the rider qualifies. With this ride you won't need to call in each week- just call when need to cancel. Schedule rides early. If participants need additional supervision while waiting for transportation after program hours a bill will be sent to cover staff expenses. Para-transit is not recommended for those activities involving a flexible return time - i.e. trips.

Registration Procedure:

- Advance registration is necessary for all programs except where noted.
- Registration is processed on first paid, first served basis. Payment can be accepted over the phone with Visa/MC/Discover only. No verbal reservations over phone.
- Mail in, phone in, walk in, or fax 509.625.6205 registrations.
- Medication Information & Waiver form filled out as necessary.
- Register on line SpokaneRec.org see page 11 for step by step instructions.

Other Parks Programs Available to Special Populations

The programs in this brochure are designed for persons with developmental and physical disabilities. All other Park Department programs are available to persons with disabilities. Please look through the Spokane Parks and Recreation Department Class & Activity Guide to see if a program is of interest to you. Then call Alice Busch at 509.625.6245 and she will help you get started by notifying the instructor who will make preparations or adaptations, if needed.

Have You Tried These Classes and Events? Join Us!

Tea Time for Ladies 1 Day | Ages 8+

Take a step back in time when life was simpler and afternoon teas were a popular time of relaxation and refreshment. Be sure to wear your favorite dress and hat. Dessert tea includes tea, scones and delicious bakery items. **Transportation provided from Park Operations, 2304 E. Mallon Ave.**

3607 | Sat. | 7/6 | 1pm-3pm | \$23



Water Aerobics 6 Weeks | Ages 14+

Exercise fun without the stress and pressure on joints and knees. Following directions and being comfortable in waist deep water. Care providers are welcomed. *Come dressed in your suit. Bring a Towel.* **Meet at Witter Pool, 1300 E. Mission at Upriver Dr.**

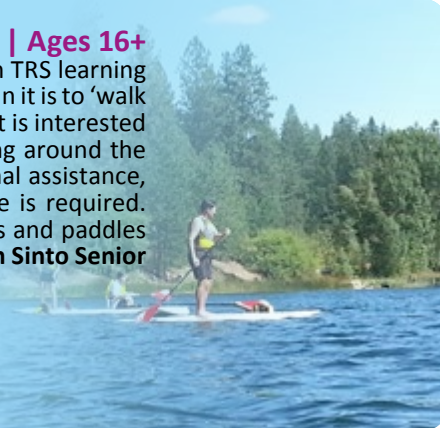
3608 | Mon. | 7/8-8/12 | 10:30am-11:15am | \$31



Paddleboard Intro 1 Day | Ages 16+

Spend the day at beautiful Liberty Lake with TRS learning how to Paddleboard. Come see how much fun it is to 'walk on water'. Paddleboarding is for anyone that is interested in sitting or standing on water while cruising around the lake. Ability to follow directions with minimal assistance, no fear of water, and a sense of adventure is required. *Bring a snack and water.* Paddleboard, pfd's and paddles are provided. **Transportation provided from Sinto Senior Activity Center, 1124 W. Sinto.**

3617 | Sun. | 8/4 | 1pm-5pm | \$37

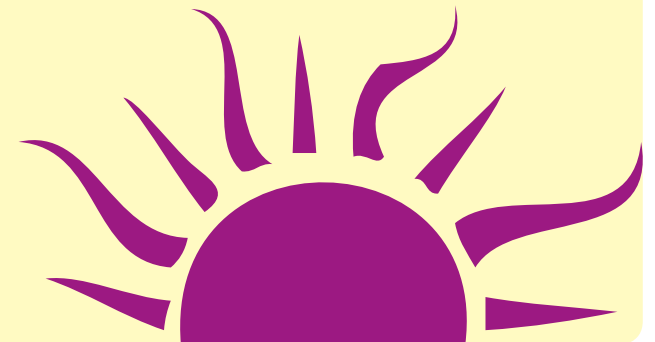


Funshine ☀️ Day Camp



Funshine Day Camp is for people with developmental and/or physical disabilities. We encourage siblings and/or friends without disabilities to attend as well. Recreation activities include swimming, sports, games, inclusion playground, water activities, crafts, walks, field trips and more. Meet at Shadle Park Shelter, 4302 N. Belt. **\$199 weekly**

Call **625.6245**,
email abusch@spokanecity.org
or visit our website at
SpokaneParks.org
to access the registration form
available after April 15, 2019.



June Events

Adult Softball

8 Weeks | Ages 18+
Fresh air, sunshine and playing softball with friends in a recreational setting. **Meet at Shadle Park, northwest corner of Shadle High off of Ash.**

3348 | Wed. | 6/26-8/7* | 6:30pm-8pm | \$43

No softball July 3rd

Bicycling

6 Weeks | Ages 16+
Enjoy Spokane's natural beauty by bicycle. Participants need to be in physical condition and ride a bike safely. Make sure your bike is in good working order and helmet fits well. **Meet at Centennial Trail Head, 9900 E. Maringa Drive Spokane Valley.**

3609 | Tues. | 6/18-7/23 | 6pm-8pm | \$43

Classy Crafts

4 Weeks | Ages 16+
Explore your creative side and make a variety of beautiful and meaningful crafts each week. Participants will have the opportunity to improve skills such as fine motor, socialization and communication. **Meet at Sinto Senior Activity Center, 1124 W. Sinto, dining room.**

3151 | Thurs. | 6/6-6/27 | 7pm-8:15pm | \$44

No class 6/20. The class on 6/27 is from 7pm-9pm.

Dessert Delight

1 Day | Ages 16+
If you have a sweet tooth and enjoy desserts come with us as we visit a variety of Spokane eateries. *Program fee does not include cost of food.* **Transportation provided from Sinto Senior Activity Center, 1124 W. Sinto, parking lot.**

Didiers – The oldest still running frozen yogurt restaurant in the country! Join us for a creamy frozen yogurt treat!

3596 | Thurs. | 6/27 | 7pm-9pm | \$12

Fishing Frenzy

1 Day | Ages 13+
Join us for a day of fishing on Clear Lake. It is a 'Free Fishing Weekend' in WA so Michael and Joshua Marro will be sponsoring this event for TRS. Fishing poles, tackle and bait will be provided. *Bring \$10 for a lunch of hamburger/hotdog, chips, soda and dessert.* **Transportation provided from Sinto Senior Activity Center, 1124 W. Sinto parking lot.**

3345 | Sat. | 6/8 | 8:15am-2pm | \$23

GOT E-MAIL!

If you have e-mail and are interested in receiving brochures and letters through e-mail, let us know. You can call 509.625.6245 or e-mail it to us at: abusch@spokanecity.org

Friday Night Jam

1 Day | Ages 18+
Come rock and swing at Spokane's oldest on-going nightclub for people with developmental disabilities. If participants require direct supervision then care providers need to attend. Second Friday each month.

Western Roundup – Dress in your favorite western outfit. Flannel shirts, boots, and cowboy hats or buckles. See ya'll there! **Meet at West Central Community Center, 1603 N. Belt.**

3266 | Fri. | 6/14 | 7pm-9pm | \$7

Friday/Saturday Fun

1 Day | Ages 18+
If your Friday/Saturday nights are dull check out these fun nights. Participants are responsible to bring the suggested amount of money listed. Sign-up fee covers transportation, staff, tickets and sometimes food. Staff ratio is 1:4-6. Participants will have the opportunity to practice socialization skills such as making choices, handling money, following directions and getting along within a group. Fee and meeting location varies.

Manito Park – One of Spokane's gems. Join us as we walk through the park enjoying the beautiful Duncan, Perennial and Japanese Gardens and smell the beautiful roses on Rose Hill. *Bring a minimum of \$10 to purchase dinner at the Park Bench Cafe which offers a nice variety of foods and outside dining.* **Meet at Manito Park Mirror Pond 1702 S. Grand Blvd.**

3351 | Fri. | 6/28 | 5:45pm-8:15pm | \$14

Pizza & Bowling – Meet us for an afternoon of bowling and pizza. Fee includes everything so extra money is not required for this outing. **Meet at North Bowl 125 W. Sinto.**

3325 | Sat. | 6/29 | 1:30pm-4pm | \$27

Spokane Indians Baseball: Opening Fireworks Night – Tonight is opening night fireworks. The Indians play the Boise Hawks. We will be in box seats. *Bring \$12 for dinner/snacks.* **Meet at Avista Stadium 602 N. Havana St, front gate.**

3353 | Fri. | 6/21 | 6pm-9:45pm | \$27

Funshine Day Camp

5 Weeks | Ages 6-21
Funshine Day Camp is a fun-filled camp for those with developmental and/or physical disabilities. Campers will have the opportunity to interact and socialize with their peers through crafts, music, science experiments, books, board games, group activities, swimming and more. Fridays are field trip days to a variety of exciting locations. Each week the camp centers around a different theme. We celebrate the end of summer with our annual Potluck BBQ & Carnival. **Meet at Shadle Park Shelter, 4302 N. Belt.**

Mighty Jungle – Lions and Tiger and Campers OH MY! Join us as we learn about your favorite jungle creatures and more! Field Trip 6/28 FUNSHINE will head to Discovery Park Playground (2426 N Discovery Pl, Spokane Valley) and the Valley YMCA.

3401 | Mon.-Fri. | 6/24-6/28 | 10am-3:30pm | \$199

Hiking

1 Day | Ages 16+
Discover the beauty of local Spokane areas. Participants must be able to follow directions, stay with a group and be in good physical condition to do 3-6 miles of strenuous hiking. *Bring a lunch.* **Meet at Sinto Senior Activity Center, 1124 W. Sinto, parking lot.**

Turnbull Wildlife Refuge – At various times of day you can see/hear otter, beaver, deer, owl, porcupine, and coyote, but mostly bird wildlife such as turkey, ducks, and geese.

3335 | Sun. | 6/16 | 9am-2pm | \$19

Playball

14 Weeks | Ages 12-25
This program is for those who are ready for more of a challenge. They will work on preparation and skill development in actual game situations. We are looking for parents/adults to play to enhance the game. **Meet at Chief Garry Park, 2515 E Sinto Field A.**

3267 | Fri. | 5/10-8/9 | 6pm-8pm | \$50

River Rafting

1 Day | Ages 14+
See our own Spokane River as we float away from downtown on inflatable whitewater rafts. This trip, operated by Wiley E. Waters, has a touch of Whitewater and is a great introduction to rafting. Participants should be comfortable in the water. **Transportation provided from Sinto Senior Activity Center, 1124 W. Sinto.**

3349 | Sun. | 6/23 | 1pm-4:30pm | \$49

Skyfest

1 Day | Ages 14+
Take a trip to the 2019 Inland Northwest SkyFest Airshow and Open House held at Fairchild Air Force Base. SkyFest will feature the F-22 Demonstration Team, Air Force Academy's Wings of Blue parachute team, U.S. Army Golden Knights parachute team and a heritage flight of historical aircraft. One of Fairchild's KC-135 Stratotankers will also perform a fly-by and low-pass air refueling demonstration. Patrons of the airshow will also be able to enjoy static display aircraft, interactive exhibits, live music featuring the U.S. Air Force's Band of the Golden West, food and much more. All airshow guests must consent to security searches of all backpacks and bags before entry onto the base by security forces Airmen. **Transportation provided from Sinto Senior Activity Center, 1124 W. Sinto, parking lot.**

3468 | Sat. | 6/22 | 11am-5pm | \$29

What's Cooking

4 Weeks | Ages 16+
Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. **Meet at Southside Senior Activity Center, 3151 E. 27th Ave. Kitchen**

3154 | Tues. | 6/4-6/25 | 4pm-6pm | \$53

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4 Cooking	5	6 Crafts	7 Playball	8 Fishing Frenzy
9	10	11 Cooking	12	13 Crafts	14 Playball Friday Night Jam Western Roundup	15
16 Hiking Turnbull Wildlife Refuge	17	18 Bicycling Cooking	19 NO Adult Softball delayed start	20 NO Crafts	21 Playball Friday Fun Indians Baseball	22 Skyfest at Fairchild Air Force Base
————— Funshine Day Camp – Staff Training Week —————						
23 River Rafting	24	25 Bicycling Cooking	26 Adult Softball	27 Crafts Extended 7pm-9pm Dessert Delight Didiers	28 Playball Friday Fun Manito Park	29 Saturday Fun Pizza & Bowling
30	————— Funshine Day Camp #1 —————					

July Events

Bicycle Ride

Trail of the Coeur d'Alene's

1 Day | Ages 14+

This beautiful and historic trail follows the abandoned Union Pacific Railway. Our biking begins in Plummer, Idaho. We will go 14 miles on flat pavement through a canyon and alongside Lake Coeur d'Alene. Lunch and ice cream will be in Harrison and then we'll ride back to Heyburn State Park. **Transportation provided from Park Ops, 2304 E Mallon.**

3612 | Sat. | 7/27 | 8:30am-5:30pm | \$43

Bicycling

6 Weeks | Ages 16+

Enjoy Spokane's natural beauty by bicycle. Participants need to be in physical condition and ride a bike safely. Make sure your bike is in good working order and helmet fits well. **Meet at Centennial Trail Head, 9900 E. Maringa Drive Spokane Valley.**

3609 | Tues. | 6/18-7/23 | 6pm-8pm | \$43

Cat Tales

1 Day | Ages 18+

Lions and tigers and bears, oh my! But wait there is more! Leopards and jaguars and servals and pumas and reptiles and.... We will take a tour with zoo staff. *Bring money to buy ice cream after event.* **Transportation provided from Sinto Senior Activity Center, 1124 W. Sinto, parking lot.**

3603 | Sat. | 7/13 | 1pm-5pm | \$19

Cheney Rodeo

1 Day | Ages 18+

Put on your western duds and cowboy hat as we head to Cheney for the annual professional rodeo. The show will be packed with calf roping, bronc and bull riding, and other exciting events. **Meet at Cheney Rodeo Grounds, 14310 St. Rt. 904.**

3610 | Sun | 7/14 | 1:30pm-4:30pm | \$31

Classy Crafts

4 Weeks | Ages 16+

Explore your creative side and make a variety of beautiful and meaningful crafts each week. Participants will have the opportunity to improve skills such as fine motor, socialization and communication. **Meet at Sinto Senior Activity Center, 1124 W. Sinto, dining room.**

3602 | Thurs. | 7/11-8/1 | 7pm-8:15pm | \$44

Dessert Delight

1 Day | Ages 16+

If you have a sweet tooth and enjoy desserts come with us as we visit a variety of Spokane eateries. *Program fee does not include cost of food.* **Transportation provided from Sinto Senior Activity Center, 1124 W. Sinto, parking lot.**

Tomato Street – Tiramisu, Cookie Skillet Sundaes, Crème Brulee and more!

3600 | Wed. | 7/17 | 7pm-9pm | \$12

Farmer's Market

1 Day | Ages 18+

Come and enjoy Spokane's Farmer's Markets! A great summer activity where local vendors gather to display and sell goods. Fresh produce, yummy food/treats, local art and products, and music! We'll browse the booths, eat, and take in the sights! **Transportation provided from Sinto Senior Activity Center 1124 W. Sinto.**

Fairwood Farmer's Market – A place to enjoy fresh, local products while also supporting the community. Join us for food truck eats, bakery treats, kettle corn, fruits and veggies and great local artistry!

3597 | Tues. | 7/2 | 4pm-7:30pm | \$15

Fine Dining

1 Day | Ages 18+

Come with us and experience the culinary delights of Spokane's finest restaurants! Staff will help in the selection and purchase of a meal. Participants will have the opportunity to improve social, communication, and etiquette skills. *Price does not include cost of food.* **Transportation provided from Sinto Senior Activity Center, parking lot, 1124 W. Sinto.**

Anthony's – A special 'sunset' menu features a four-course dinner including an appetizer, your choice of chowder or salad, entree and dessert (the regular menu is not available). Join us for a night of fresh northwest seafood and nice outdoor seating!

3611 | Thurs. | 7/25 | 5:15pm-8:15pm | \$15

Friday Night Jam

1 Day | Ages 18+

Come rock and swing at Spokane's oldest on-going nightclub for people with developmental disabilities. If participants require direct supervision then care providers need to attend.

Picnic & Dance – Wear your favorite red, white, and blue. TRS will be providing fried chicken. Please bring a salad or dessert to share! **Meet at Mission Park South Shelter, Sharp & Superior, 1208 E. Mission Ave.**

3604 | Fri. | 7/12 | 6pm-9pm | \$8

Friday/Saturday Fun

1 Day | Ages 18+

If your Friday/Saturday nights are dull check out these fun nights. *Participants are responsible to bring the suggested amount of money listed.* Sign-up fee covers transportation, staff, tickets and sometimes food. Staff ratio is 1:4-6. Participants will have the opportunity to practice socialization skills such as making choices, handling money, following directions and getting along within a group.

Pizza & Bowling – Meet us for an afternoon of bowling and pizza. *Fee includes everything so extra money is not required for this outing.* **Meet at North Bowl 125 W. Sinto.**

3601 | Sat. | 7/20 | 1:30om-4pm | \$27

Spokane Indians Baseball & Fireworks – Tonight is a fireworks night. The Indians play the Vancouver Canadians. We will be in box seats. *Bring \$12 for dinner/snacks.* **Meet at Avista Stadium 602 N. Havana St, front gate.**

3354 | Fri. | 7/26 | 6pm-9:45pm | \$27

Funshine Day Camp

5 Weeks | Ages 6-21

A fun-filled camp for those with developmental and/or physical disabilities. Campers will have the opportunity to interact and socialize with their peers through crafts, music, science experiments, books, board games, group activities, swimming and more. Fridays are field trip days to a variety of exciting locations. Each week the camp centers around a different theme. **Meet at Shadle Park Shelter, 4302 N. Belt.**

Dinosaur week – Join us for a DINO-MITE time as we explore those who walked on this planet before us. Field Trip 7/12 – Mobius Children's Museum

3403 | Mon.-Fri. | 7/8-7/12 | 10am- 3:30pm | \$199

Rocketship Run – Join us for an out-of-this world week of fun learning about our planets and all things outer space. Field Trip 7/19 – Splash Down.

3404 | Mon.-Fri. | 7/15-7/19 | 10am-3:30pm | \$199

Adult Week – Best of the Best – Adults Ages 18+

3408 | Mon.-Fri. | 7/22-7/26 | 10am-3:30pm | \$199

Pirate Week – ARGGGG you ready to walk the plank with all of your mates in this week's pirate fun? Field Trip 8/2 – Splash Down.

3405 | Mon.-Fri. | 7/29-8/2 | 10am-3:30pm | \$199

Hiking

1 Day | Ages 16+

Discover the beauty of local Spokane areas. Participants must be able to follow directions, stay with a group and be in good physical condition to do 3-6 miles of strenuous hiking. *Bring a lunch.* **Meet at Sinto Senior Activity Center, 1124 W. Sinto, parking lot.**

Dishman Hills – This is Spokane's wilderness version of New York's Central Park, with rocks, land forms, and vegetation. Enjoy ponds, cliffs, ravines, and numerous high points with views. You could see deer, raccoons, coyotes, and 100 species of birds.

3605 | Sun. | 7/21 | 9am-2pm | \$19

Movie in the Park

1 Day | Ages 16+

Meet up with us for an outdoor movie night. Be sure to bring a lawn chair/blanket and some snacks and get ready for a great show! Location and movie titles vary.

Incredibles 2 – Meet us for an outdoor showing of INCREDIBLES 2 at Shadle Park. Bring a lawn chair/blankets and snacks for a great night under the stars! **Meet at Shadle Park Large Shelter, 4302 N. Belt.**

3598 | Fri. | 7/5 | 8:45pm-11pm | \$13

Tea Time for Ladies

1 Day | Ages 8+

Take a step back in time when life was simpler and afternoon teas were a popular time of relaxation and refreshment. Be sure to wear your favorite dress and hat. Dessert tea includes tea, scones and delicious bakery items. **Transportation provided from Park Operations, 2304 E. Mallon Ave.**

3607 | Sat. | 7/6 | 1pm-3pm | \$23

Tie-Dye Workshop

1 Day | Ages 18+

Groovy is in. Don't miss this colorful chance to create your own T-shirt. We will provide one T-shirt; you may bring extra items from home to dye. Participants will practice socialization skills. **Meet at Shadle Park 4302 N. Belt Large Shelter.**

3613 | Mon. | 7/29 | 6:30pm-7:30pm | \$17

Walking

4 Weeks | Ages 14+

If you enjoy the outdoors, exercise and socializing with friends this weekly stroll is for you. We will divide the group into slow and fast walkers. *Please wear comfortable, loose clothing such as sweats and sturdy walking shoes.* **Meet at Friendship Park 7426 N. Standard St (Standard & Greta parking lot).**

3606 | Wed. | 7/24-8/28 | 4:30- 5:30pm | \$27

Water Aerobics

6 Weeks | Ages 14+

Exercise fun without the stress and pressure on joints and knees. Following directions and being comfortable in waist deep water. Care providers are welcomed. *Come dressed in your suit.* *Bring a Towel.* **Meet at Witter Pool, 1300 E. Mission at Upriver Dr.**

3608 | Mon. | 7/8-8/12 | 10:30am-11:15am | \$31

What's Cooking

4 Weeks | Ages 16+

Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. **Southside Senior Activity Center, 3151 E. 27th Ave. Kitchen**

3599 | Tues. | 7/9-7/30 | 4pm-6pm | \$53

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 Bicycling Fairwood Farmer's Market	3 NO Adult Softball	4	5 Playball Movie in the Park Shadle Park, Incredibles 2	6 Tea Time for Ladies
No Funshine Day Camp This Week						
7	8 Water Aerobics	9 Bicycling Cooking	10 Adult Softball	11 Crafts	12 Playball Friday Night Jam Annual Picnic & Dance	13 Cat Tales
Funshine Day Camp #2						
14 Cheney Rodeo	15 Water Aerobics	16 Bicycling Cooking	17 Adult Softball Dessert Delight Tomato Street	18 Crafts	19 Playball	20 Saturday Fun Pizza & Bowling
Funshine Day Camp #3						
21 Hiking Dishman Hills	22 Water Aerobics	23 Bicycling Cooking	24 Adult Softball Walking	25 Crafts Fine Dining Anthony's	26 Playball Friday Night Fun Spokane Indians	27 Bicycle Ride Trail of the Coeur d'Alene's
Funshine Day Camp Adult Week						
28	29 Tie Dye Workshop Water Aerobics	30 Cooking	31 Adult Softball Walking	See page 4 for Adult Softball and Playball course descriptions.		
Funshine Day Camp #4						

August Events

Bingo & Burgers

1 Day | Ages 18+
SYSA Bingo is our destination for an afternoon of fun and maybe prizes. We will check out a local burger place for dinner to round out the day. *Bring \$12 for dinner. Transportation provided from Sinto Senior Activity Center, 1124 W. Sinto.*

3623 | Sat. | 8/17 | 2:15pm-5:45pm | \$19

Bring on the Buffalo

1 Day | Ages 14+
Meet and greet the buffalo at Win-Tur Bison Farm! Learn the farm history, bison facts, take a tour of the farm, and hand feed the buffalo! Afterwards, enjoy good eats at the Pizza Factory! *Please bring \$15-20 for lunch. Transportation Prided from Sinto Senior Activity Center, 1124 W. Sinto.*

3624 | Thurs. | 8/15 | 9:45am-3:15pm | \$31

Classy Crafts

4 Weeks | Ages 16+
Explore your creative side and make a variety of beautiful and meaningful crafts each week. Participants will have the opportunity to improve skills such as fine motor, socialization and communication. **Meet at Sinto Senior Activity Center, 1124 W. Sinto, dining room.**

3620 | Thurs. | 8/8-8/29 | 7pm-8:15pm | \$44

Dessert Delight

1 Day | Ages 16+
If you have a sweet tooth and enjoy desserts come with us as we visit a variety of Spokane eateries. *Program fee does not include cost of food. Transportation provided from Sinto Senior Activity Center, 1124 W. Sinto, parking lot.*

The Scoop – Fun and wacky flavors in a neighborhood setting.

3622 | Wed. | 8/14 | 7pm-9pm | \$12

Fine Dining

1 Day | Ages 18+
Do you like getting dressed up and going out? Come with us and experience the culinary delights of Spokane's finest restaurants! Staff will help in the selection and purchase of a meal. Participants will have the opportunity to improve social, communication, and etiquette skills. *Price does not include cost of food. Transportation provided from Sinto Senior Activity Center, parking lot, 1124 W. Sinto.*

Casa de Oro – Fajitas, Burritos, Tacos and more!

3619 | Wed. | 8/7 | 6pm-9pm | \$15

Friday/Saturday Fun

1 Day | Ages 18+
If your Friday/Saturday nights are dull check out these fun nights. Participants are responsible to bring the suggested amount of money listed. Sign-up fee covers transportation, staff, tickets and sometimes food. Staff ratio is 1:4-6. Participants will have the opportunity to practice socialization skills such as making choices, handling money, following directions and getting along within a group. Fee and meeting location varies.

Spokane Indians Baseball: Star Wars – Tonight is Star Wars night. The Indians play the Tri-City Dust Devils. We will be in box seats. *Bring \$12 for dinner/snacks. Meet at Avista Stadium 602 N. Havana St, front gate.*

3355 | Fri. | 8/9 | 6pm-9:30pm | \$27

Spokane Indians Baseball: Storybook Princess Night – Tonight is Storybook Princess Night. The Indians will play the Hillsboro Hops. We will be in box seats. *Bring \$12 for dinner/snacks. Meet at Avista Stadium 602 N. Havana St, front gate.*

3356 | Fri. | 8/23 | 6pm-9:30pm | \$27

Funshine Day Camp

5 Weeks | Ages 6-21
Funshine Day Camp is a fun-filled camp for those with develop- mental and/or physical disabilities. Campers will have the opportunity to interact and socialize with their peers through crafts, music, science experiments, books, board games, group activities, swimming and more. Fridays are field trip days to a variety of exciting locations. Each week the camp centers around a different theme. We celebrate the end of summer with our annual Potluck BBQ & Carnival. **Meet at Shadle Park Shelter, 4302 N. Belt.**

Lights, Camera, Action – Everyone can shine and will be able to share talents. Friday 8/9 will be the end of season Carnival and Potluck

3407 | Mon.-Fri. | 8/5-8/9 | 10am-3:30pm | \$199

Hiking

1 Day | Ages 16+
Discover the beauty of local Spokane areas. Participants must be able to follow directions, stay with a group and be in good physical condition to do 3-6 miles of strenuous hiking. *Bring a lunch. Meet at Sinto Senior Activity Center, 1124 W. Sinto, parking lot.*

Indian Painted Rocks – This trail along the Little Spokane River Marsh has a scenic open landscape, plenty of vegetation and has access to historic Native American petroglyphs!

3621 | Sun. | 8/11 | 9am-2pm | \$19

Movie in the Park

1 Day | Ages 16+
Meet up with us for an outdoor movie night. Be sure to bring a lawn chair/blanket and some snacks and get ready for a great show! Location and movie titles vary.

Despicable Me 3 – Meet us for an outdoor showing of Despicable Me 3 at A.M. Cannon Park. Bring a lawn chair/blankets and snacks for a great night under the stars! **Meet at A.M. Cannon Pool on the corner of W Mission and N Elm St, parking lot. 1511 N Elm St.**

3614 | Fri. | 8/2 | 8:45pm-11pm | \$13

Paddleboard Intro

1 Day | Ages 16+
Spend the day at beautiful Liberty Lake with TRS learning how to Paddleboard. Come see how much fun it is to 'walk on water'. Paddleboarding is for anyone that is interested in sitting or standing on water while cruising around the lake. Ability to follow directions with minimal assistance, no fear of water, and a sense of adventure is required. *Bring a snack and water. Paddleboard, pfd's and paddles are provided. Transportation provided from Sinto Senior Activity Center, 1124 W. Sinto.*

3617 | Sun. | 8/4 | 1pm-5pm | \$37

Scottish Highland Games

1 Day | Ages 18+
Bag pipes, dancing, strength tests, sheep and dogs are all part of the Highland Games. **Transportation provided from Sinto Senior Activity Center, 1124 W. Sinto.**

3616 | Sat. | 8/3 | 11am-4pm | \$27

Splash Down

1 Day | Ages 18+
Blast down the 4 story zoomin' flume of the Cannon Bowl, experience the unexpected loops, droops, and embankments of the 400' Spokane Falls slides and have fun in the sun with friends. **Meet us at Splash Down 11127 E. Mission Ave. in Spokane Valley.**

3627 | Tues. | 8/20 | 3:45pm-7pm | \$27

Wallowa Lake

Camping Adventure

5 Days | Ages 18+
An adventurous 5 day camping experience at beautiful Wallowa Lake State Park, located in the Eagle Cap Wilderness of northeast Oregon. Includes sleeping in a tent shared with others, hiking, shopping and riding a rail bike. Souvenir shopping, arcades, bumper boats and go karts are all within easy walking distance from our campsite. Activities also include riding the world's steepest tramway to the top of Mt. Howard, visiting the historic town of Joseph and a hike to see a beautiful waterfall. Participants must have been camping with TRS in the past or receive permission from TRS to participate in this trip. Must be independent in self-care skills, able to follow directions and stay with a group. Staffing ratio 1:4. Non-refundable deposit fee \$75 due upon registration with balance paid in full by 8/15 unless prior arrangements are made. **Transportation provided from Sinto Senior Activity Center, 1124 W. Sinto, parking lot.**

3523 | Sun.–Thurs. | Depart 8/25 at 8am

| Return 8/29 at 6pm | \$599

Water Aerobics

6 Weeks | Ages 14+
Exercise fun without the stress and pressure on joints and knees. Following directions and being comfortable in waist deep water. Care providers are welcomed. Come dressed in your suit. *Bring a Towel. Meet at Witter Pool, 1300 E. Mission at Upriver Dr.*

3608 | Mon. | 7/8-8/12 | 10:30am-11:15am | \$31

What's Cooking

4 Weeks | Ages 16+
Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. **Southside Senior Activity Center, 3151 E. 27th Ave. Kitchen**

3618 | Tues. | 8/6-8/27 | 4pm-6pm | \$53

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>See page 4 for Adult Softball and Playball course descriptions.</p>				<p>Crafts 1</p>	<p>Playball 2 Movie in the Park A.M. Cannon, Despicable Me 3</p>	<p>Scottish Highland Games 3</p>
<p>———— Funshine Day Camp #4 ————</p>						
<p>Intro to Paddleboarding 4</p>	<p>Water Aerobics 5</p>	<p>Cooking 6</p>	<p>Adult Softball 7 Walking Fine Dining Casa de Oro</p>	<p>Crafts 8</p>	<p>Playball 9 Friday Fun Spokane Indians Star Wars</p>	<p>10</p>
<p>———— Funshine Day Camp #5 ————</p>						
<p>Hiking 11 Indian Painted Rocks</p>	<p>Water Aerobics 12</p>	<p>Cooking 13</p>	<p>Walking 14 Dessert Delight The Scoop</p>	<p>Crafts 15 Bring on the Buffalo</p>	<p>16</p>	<p>Saturday Fun 17 Bingo & Burgers</p>
<p>18</p>	<p>19</p>	<p>Cooking 20 Splash Down</p>	<p>Walking 21</p>	<p>Crafts 22</p>	<p>Friday Fun 23 Spokane Indians Storybook Princess Night</p>	<p>24</p>
<p>25</p>	<p>26</p>	<p>Cooking 27</p>	<p>Walking 28</p>	<p>Crafts 29</p>	<p>30</p>	<p>31</p>
<p>———— Wallowa Lake Camping Adventure ————</p>						

September Events

Classy Crafts

4 Weeks | Ages 16+

Explore your creative side and make a variety of beautiful and meaningful crafts each week. Participants will have the opportunity to improve skills such as fine motor, socialization and communication. **Meet at Sinto Senior Activity Center, 1124 W. Sinto, dining room.**

3629 | Thurs. | 9/5-9/26 | 7pm-8:15pm | \$44

Fall Lake Cruise

1 Day | Ages 18 +

Cruise on majestic Lake Coeur d' Alene. Enjoy the fresh air and beautiful fall colors. **Transportation provided from Sinto Senior Activity Center, 1124 W. Sinto.**

3631 | Sun. | 9/15 | 11am-3:30pm | \$39

Friday Night Jam

1 Day | Ages 18+

Come rock and swing at Spokane's oldest on-going nightclub for people with developmental disabilities. If participants require direct supervision then care providers need to attend. Second Friday each month.

50's Theme

TBD | Fri. | 9/13 | 7pm-9pm | \$7

Rail Riders

1 Day | Ages 16+

Take a trip back in time on a rail bike! Enjoy the unique experience of a four seated, pedal powered, railroad bicycle along the beautiful, scenic Pend Oreille River in Lone, WA. This round trip of 6+ miles on mostly flat rail with some slight uphill, rail riders must pedal entire way. **Meet at the Wandermere Rite Aid 12420 N Division Parking Lot.**

3670 | Sat. | 9/21 | 7:30am-3pm | \$63

Seattle Mariners Baseball Game

2 Days | Ages 18+

Enjoy a baseball game at Safeco Field watching the Seattle mariners play the Cincinnati Reds. Participants need to be independent in personal care skills and have no major behavioral or medical needs. Trip fee covers transportation, staff, game tickets, overnight accommodation, breakfast and lunch on return day. **Transportation provided from Sinto Senior Activity Center, 1124 W. Sinto.**

3628 | Tues.- Wed. | Depart 9/10 at 10am

| Return 9/11 at 4:30pm | \$269

What's Cooking

4 Weeks | Ages 16+

Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. **Southside Senior Activity Center, 3151 E. 27th Ave. Kitchen**

3625 | Tues. | 9/3-9/24 | 4pm-6pm | \$53



In Memory

Patrick Lee McKinney

Patrick has been volunteering with TRS the past 6 years as the Sundancers Squaredancers Caller. He has taught the dancers new moves and selflessly shared his passion of squaredancing with the Sundancers. Every place the Sundancers performed comments were made about how talented the group was and how kind and patient the leaders were. Patrick and Nora were quite the team. We will surely miss Patrick's positive influence on the TRS Sundancers.

Creating Your New Account

Visit SpokaneRec.org

On desktop, select **Log In/Create Account** in the upper left corner, then select **Create Your SPOKANE Account**.

On mobile devices, select **Account** in the upper right corner and then select **Sign Up**.

Fill out the required information.

To receive text alerts (i.e. class cancellations, facility closings), indicate your mobile carrier next to your cell number.

That's it! Now you're ready to register for our great programs!

Add additional members (spouse, children, etc) at any time in your account settings. Keep your entire household on one account!

When you've found a program, make sure to select the correct account member before adding it to your cart.

CIVICREC

Need help setting up your account? Just call 311!





Please print and fill out completely

City of Spokane Parks and Recreation Department ACTIVITY REGISTRATION FORM

509.755.CITY (2489)
SpokaneParks.org

Which program are you registering for?
 General TRS

PAYEE INFORMATION

LAST NAME	FIRST NAME	MI
ADDRESS	CITY/STATE	ZIP
DAY/ WORK OR CELL PHONE	NIGHT PHONE	EMAIL

How did you hear about us?

Existing customer
 TV
 Inlander
 Spokesman
 Kids magazine
 Other _____

PARTICIPANT INFORMATION

LAST NAME	FIRST NAME	MI	BIRTHDATE	AGE	GENDER	ACTIVITY NUMBER	ACTIVITY NAME	FEE
/	/				M F			
/	/				M F			
/	/				M F			
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/	/				M F			

Statistical Information (birthdate & sex of participant) is used for demographics and to customize course activities

Make checks payable to: City of Spokane
 Mailing Address: Spokane Parks & Recreation Department
 Class Registration – My Spokane
 808 W. Spokane Falls Blvd.
 Spokane, WA 99201-3317
 Total Program Fees: \$

DDA will send funds.	<input type="checkbox"/> Yes <input type="checkbox"/> No	Case Manager:	NAME	PHONE
			EMAIL	

Please contact your case manager to send us verification of payment to: abusch@spokane-city.org

MEDICATION INFORMATION & WAIVER

This form must be completed by all participants who require medication while attending a City of Spokane activity (referred to herein as "Participant"). Please complete the Medication Information Form & Waiver of Liability even if Participant will not take medication while at the activity. This information will help us better assist Participant with medications.

- The activity leaders will provide reminders to Participants to take medications and to safely secure medication when not in use.
- Participant must be able to take his/her own medications while at the activity.
- Please package medication by dose in individual extra small zip lock bags or blister cards labeled by the pharmacy to include: 1) name of Participant; 2) name of physician; 3) name of pharmacy; 4) dosage and amount; and 5) time to take. For example, if Participant takes six different medications at dinner time there should be six small zip lock bags or blister cards, each with the label information listed above. Then put all bags in a larger zip lock bag labeled with Participant's name, date, day, and time to take; e.g. Sam Jones, Saturday, June 15, 6:00 pm.
- Please send only the amount of medication needed for the dates of the activity. Do not send excess dosages.
- If Participant has a medical insurance card, please bring it in case of emergency.

WAIVER OF LIABILITY: I understand that personnel from Parks & Recreation will administer only the prescribed medication mentioned in this Medication Information Form. I hereby waive any and all claims against the City of Spokane, which includes the City of Spokane Parks & Recreation Division and Therapeutic Recreation Services; any employees, chaparrones, or volunteers; and all their respective insurance companies, successors in interest, commercial & corporate sponsors, affiliates, agents, employees, representatives, assignees, officers, directors, and shareholders (each a "Released Party"), and agree to hold Released Parties harmless from any and all liability which may arise in connection with Participant's use of medication.

BY SIGNING ON BEHALF OF A MINOR OR OTHER PARTICIPANT, I REPRESENT THAT I AM AUTHORIZED TO SIGN ON PARTICIPANT'S BEHALF and/or I AM THE PARENT OR LEGAL GUARDIAN OF THE MINOR PARTICIPANT and acknowledge that Participant is bound by all the terms of this Agreement.

Name	Signature	Date
Type:	Dosage:	Time(s):
Type:	Dosage:	Time(s):
Type:	Dosage:	Time(s):

List any special instructions/cautions/side effects:

CITY OF SPOKANE PARKS & RECREATION DEPARTMENT WAIVER AND RELEASE OF LIABILITY

WARNING: PLEASE READ CAREFULLY BEFORE SIGNING!

THIS IS A RELEASE OF LIABILITY & WAIVER OF CERTAIN LEGAL RIGHTS INCLUDING THE RIGHT TO SUE OR CLAIM COMPENSATION

- Each person participating in the City of Spokane Parks & Recreation Division's activity identified herein (referred to as "Activity") is referred to as "Participant." I, the undersigned, am a Participant and, if a Participant is under 18 or has a guardian, I am the Participant's parent or legal guardian. I understand that participating in the Activity referenced herein can be HAZARDOUS AND INVOLVE THE RISK OF PHYSICAL INJURY AND/OR DEATH.
- I understand the dangers and risks of the Activity and that Participant ASSUMES ALL INHERENT DANGERS AND RISKS of the Activity.

3. In consideration for being permitted to participate in the Activity, I AGREE, to the greatest extent permitted by law, TO WAIVE ANY AND ALL CLAIMS AGAINST AND TO HOLD HARMLESS, RELEASE, INDEMNIFY, AND AGREE NOT TO SUE the City of Spokane, which includes the City of Spokane Parks & Recreation Division and Therapeutic Recreation Services; any employees, chaplains, or volunteers; and all their respective insurance companies, successors in interest, commercial & corporate sponsors, affiliates, agents, employees, representatives, assignees, officers, directors, and shareholders (each a "Released Party") FOR ANY INJURY, INCLUDING DEATH, LOSS, PROPERTY DAMAGE, OR EXPENSE, WHICH I, OR PARTICIPANT, MAY SUFFER, ARISING IN WHOLE OR IN PART OUT OF PARTICIPANT'S PARTICIPATION IN THE ACTIVITY except only for injury or damage caused by the sole negligence of the City of Spokane, its employees, or agents. To the extent Participant's damages were caused by or resulted from the concurrent negligence of the City of Spokane, its elected and appointed officers, employees, agents, or representatives, the obligation to indemnify, defend, and hold harmless is valid and enforceable to the extent of the negligence of Participant.

I UNDERSTAND THAT I AM ENGAGING IN AN ACTIVITY THAT HAS NUMEROUS INHERENT RISKS THAT COULD LEAD TO MY SERIOUS INJURY (INCLUDING COMPLETE PARALYSIS) OR DEATH. I ACKNOWLEDGE THAT REMOVING THOSE RISKS IS NOT POSSIBLE AND ELIMINATING THOSE RISKS WOULD FUNDAMENTALLY CHANGE THE NATURE OF THE ACTIVITY AND WOULD JEOPARDIZE THE ESSENTIAL QUALITIES OF THE ACTIVITY. IN FURTHER CONSIDERATION FOR ALLOWING PARTICIPANT TO PARTICIPATE IN THE ACTIVITY, I FURTHER RELEASE AND GIVE UP ANY AND ALL CLAIMS AND RIGHTS THAT I MAY NOW HAVE AGAINST ANY RELEASED PARTY AND UNDERSTAND THIS RELEASES ALL CLAIMS, INCLUDING THOSE OF WHICH I AM NOT AWARE, THOSE NOT MENTIONED IN THIS RELEASE AND THOSE RESULTING FROM ANYTHING WHICH HAS HAPPENED UP TO NOW.

4. I AGREE TO PAY ALL COSTS, INCLUDING ATTORNEYS' FEES, INCURRED BY ANY RELEASED PARTY IN DEFENDING AN INVESTIGATION, CLAIM, OR LAWSUIT BROUGHT BY OR ON PARTICIPANT'S BEHALF WHETHER ARISING IN WHOLE OR IN PART FROM PARTICIPANT'S PARTICIPATION IN ANY ACTIVITY OR FROM ANY MISREPRESENTATIONS OR FRAUDULENT EXECUTION OF THIS AGREEMENT.

5. I represent that Participant is in good health and that there are no special problems associated with Participant's physical or mental condition that would enhance the risks of my participation in the Activity, that would increase the likelihood of my injury and/or death, or that would interfere with my safety in the Activity. I authorize a licensed physician or other medical care provider to carry out any emergency medical care for Participant which may be necessary and agree to be fully responsible for any costs associated with such care or transport to such care.

6. I grant the Released Parties the right of publicity to own and use any image collected of Participant while participating in the Activity.

7. I agree that any and all claims for loss, injury, and/or death arising from Participant's participation in the Activity shall be governed by the law of the State of Washington and that exclusive jurisdiction of any such claim shall be in a court of competent jurisdiction in the in the State of Washington, County of Spokane.

8. BY SIGNING ON BEHALF OF A MINOR OR OTHER PARTICIPANT, I REPRESENT THAT I AM AUTHORIZED TO SIGN ON PARTICIPANT'S BEHALF and/or I AM THE PARENT OR LEGAL GUARDIAN OF THE MINOR PARTICIPANT and acknowledge that Participant is bound by all the terms of this Agreement. I acknowledge that the Activity entails known and unanticipated risks that could result in physical or emotional injury, paralysis, or death to Participant as well as damage to property, or to third parties. I understand that such risk cannot be eliminated without jeopardizing the essential qualities of the activity. I assume the risk and financial responsibility for any injury, illness, or liability resulting from Participant's participation. I waive any claims and agree to hold harmless and not sue Released Parties from all claims or liability arising out of Participant's participation. I have been made aware of the itinerary and give permission for Participant to ride in the vehicle designated by the staff of the City of Spokane Park & Recreation Division while attending or participating in the Activity, and I understand this release/waiver applies with equal weight to any claim arising from riding in a vehicle, including entering or exiting the vehicle. I certify that the Participant has no medical or physical conditions that could interfere with his/her safety in this activity, or else I am willing to assume and bear the costs of all risks that may be created, directly or indirectly, by any such condition.

In case of emergency involving Participant, I understand every effort will be made to contact me. In the event I cannot be reached, I authorize a qualified physician/surgeon selected by City of Spokane personnel to examine and in the event of injury or serious illness administer emergency care to the above-named participant which may include hospitalization, anesthesia, surgery, or injections of medication for Participant. I understand every reasonable effort will be made to contact me to explain the nature of the problem prior to any involved treatment. In the event it becomes necessary for City of Spokane Parks & Recreation staff or volunteers to obtain emergency care for Participant, I agree that neither the City of Spokane nor any of its personnel assumes financial liability for expenses incurred because of the accident, injury, or illness.

9. I understand that this Agreement will apply for each and every day Participant participates in any Activity. I understand that this Agreement is a contract and, to the fullest extent permitted by law, shall be binding on me and my assignees, subrogers, distributors, heirs, next of kin, executors and personal representatives. If any part of this Agreement is deemed to be unenforceable, the remaining terms shall be an enforceable contract between the parties.

MINOR PARTICIPANT INFORMATION – requires Parent/Guardian to complete, sign & date below

Minor – Last Name, First name, M.I. (print) _____ Date of birth (MM-DD-YYYY) _____

ADULT PARTICIPANT INFORMATION – required to complete, sign & date below

Adult/Parent/Guardian - Last, First, M.I. (print) _____ Date of birth (MM-DD-YYYY) _____

Signature _____ Date _____

Emergency Contact (print) _____ Relation _____ Phone number _____

Therapeutic Recreation Only

General supervision is provided 15 minutes prior to class time and 15 minutes at end of class. If additional supervision is required there will be an additional fee imposed.

Check One: Group Home/Institution In Own Home/Apartment Private Home With Parent

Dietary Precautions/Foods to Avoid:

Allergies: Bee/Wasp Stings Drug Allergies Food Allergies Latex Allergies Other (please specify) _____

Activity Limitations/Physical problems (if any):

Will you (your child) need to be reminded to take medications during program hours? Yes No

Careprovider/Support Staff provided? Yes No

Will you be using Paratransit? Yes No If yes, what is your rider number? _____

Do you have any disabilities? (be specific)

Participant Personal Needs:

Therapeutic Recreation staff provides leadership and supervision for the activity but are unable to provide attendant care (feeding, toileting assistance, giving medications, transfers, etc.). Care providers should accompany participants who need such attendant care. Parks & Recreation staff reserves the right to mandate a care provider as a prerequisite to participation. Registration fees for care providers will vary by activity.

Social Skills/ Behavioral Info:	Participation: <input type="checkbox"/> Easily <input type="checkbox"/> Needs Occasional Prompting <input type="checkbox"/> Needs Constant Prompting	Needs Help Managing: <input type="checkbox"/> Behavior <input type="checkbox"/> Personal Space <input type="checkbox"/> Emotions	
	Behavioral Triggers or fears: Other information:		
Mobility and Adaptive Equipment: <input type="checkbox"/> Yes <input type="checkbox"/> No	Do you use adaptive equipment? <input type="checkbox"/> Yes <input type="checkbox"/> No	Wheelchair: <input type="checkbox"/> Manual <input type="checkbox"/> Full-time <input type="checkbox"/> Electric <input type="checkbox"/> Part-time	Check all that apply: <input type="checkbox"/> Cane/Crutches <input type="checkbox"/> AFO's/Splint/braces <input type="checkbox"/> Walker
Other information:			
Daily Life:	Toileting: <input type="checkbox"/> Independent <input type="checkbox"/> Independent w/reminders <input type="checkbox"/> Only with assistance	Eating <input type="checkbox"/> Independent <input type="checkbox"/> Independent w/ partial assistance <input type="checkbox"/> Only with assistance	Communication Information: <input type="checkbox"/> Verbal and clearly understood <input type="checkbox"/> Verbal but not clearly understood <input type="checkbox"/> Non-verbal <input type="checkbox"/> Uses sign language <input type="checkbox"/> Uses a communication board
Additional Personal Needs Information:			

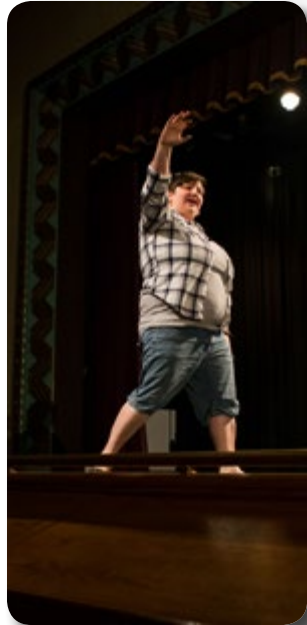
Spring Highlights



Special Thanks to our Spring Quarter Volunteers

Dave Bentz
Steve Busch
Doug Burke
Bert Caldwell
Lisa Caldwell
Doug Callahan
Ty Castoldi
Karolyn Clark
Pat Garvin

John Guevin
Bill Johnson
Faith Martin
Patrick McKinney
Loretta Moon
Jerry Nelson
Glendia Plott
Hailey Snell-Campbell
Candice Synder
Patrick Wallace



Extra Special Thanks to Brian Stevens of Lakeland Village for bringing School of Rock karaoke to the FNJ in April.

"I just want to mention to you that karaoke night was such a blast! Everyone was so engaged and the atmosphere was electric. The MC (Brian) was so lively and energetic that it was contagious. He seemed to know or be familiar with every song that was requested, and left very little lag time in between. He was very sensitive to everyone's needs and had time and consideration for everyone and their needs to accommodate. All the participants were so involved and happy and made to feel special.

I really think it was best best Friday dance we have ever attended. I hope we can have more of these. There was not a dead or silent moment. Garth laughed almost the whole 2 hours and the dancing all continued even during snack time which is usually down time at the dances. So much fun!

Please let's do this again and again!"

Sincerely
Linda and Garth



Meet Our New Summer Associates

Our Summer Associates from Americorps VISTA (Volunteers In Service To America) will be sharing their time and talents to benefit our campers at Funshine Day Camp.



Tammy

This is my third term of service in the AmeriCorps. I am a Veteran Journalist who formerly worked at the Pacific Northwest Inlander. When I previously served, I developed a program called Teens in Action. I absolutely love animals.



Trinity

My name is Trinity and I am a student at Whitworth University. I am majoring in Elementary Education with a plan to eventually be in administration or even create a school for minority students (specifically refugees or disabled students). I am so excited to work at Funshine Day Camp this summer because I think it is a great opportunity to expand my knowledge and meet some amazing people. I am excited to learn more about myself and those around me while working at Funshine Day Camp.

Look for more exciting activities coming this fall

Therapeutic Recreation Services

The programs in this brochure are designed for persons with developmental and physical disabilities. All other Parks Department programs are available to persons with disabilities. Please look through the Spokane Parks and Recreation Department Class & Activity Guide to see if a program is of interest to you. Then call Alice Busch at 509.625.6245 and she will help you get started by notifying the instructor who will make preparations or adaptations, if needed.

This is not an activity of the school or school district. Distribution of this material and the use of District facilities does not constitute an endorsement or sponsorship for the event/information by the school or the district.

CITY OF
SPOKANE
PARKS & RECREATION
509.755.2489
spokaneparks.org

CITY OF
SPOKANE
PARKS & RECREATION



808 West Spokane Falls Boulevard

Fifth Floor - City Hall

Spokane WA 99201-3317

509.625.6200

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