



MEMORANDUM

TO: PROSPECTIVE ADAPTIVE ALPINE SKI & SNOWBOARD INSTRUCTORS

FROM: ALICE BUSCH, THERAPEUTIC RECREATION

SUBJECT: 2019 Therapeutic Recreation Ski & Snowboard Programs

DATE: October 30, 2018

The Spokane Park and Recreation Department's Therapeutic Recreation Adaptive Ski & Snowboard Program will begin with a dryland training Friday January 4, 2019 and on the snow training Sat-Sun January 12-13, 2019. Lessons for students start Saturday, January 19 through March 2, 2019. The **adaptive ski/board** program for people with physical disabilities will include: Mono-ski, Bi-ski, Snowboard, 4 & 3 track, and Visually/Hearing Impaired skiing. Lesson times are Saturday's 9:30-11:30 am and 12:30-2:30 pm and Wednesday's 1:30-3:30 pm.

Mandatory Instructor Clinics will be held prior to the start of the program. The first will be a dryland meeting for all instructors **Friday January 4, 2019 6:00- 8:00 p.m.** at the Corbin Senior Activity Center, 827 W. Cleveland. We will outline the program, go over expectations, fill out paperwork, and begin teaching about the adaptive equipment.

The on snow training will be **Saturday January 12, 2019. Training begins at 8:30am and ends at 4pm. and Sunday January 13, 2019 9am-4pm at Mt. Spokane in our Adaptive Snow Sports Chalet.** The snow sports chalet is located at the base of chair 5(bunny hill). PSIA Examiners, John Stevenson and Kathleen Priest will be conducting our clinic along with our lead ski instructors. We will be rotating through the different disciplines. We will be observing your ability to work with people, your ability to ski/board, and your ability to teach.

During the program *Saturday morning* session volunteers will meet at 8:30 am to receive lift ticket and need to be at building no later than 9:00 am for a staff meeting, assignments, equipment check, warm - up run, etc...and teach lessons 9:30- 11:30 am. Lunch will be from 11:30 am-12:30 pm.

If volunteering for the *Saturday afternoon* session please meet at 11:30 am for pre-lesson meeting and teach lessons 12:30- 2:30 pm then put away equipment, do paperwork, etc.. till 3 pm.

Wednesday afternoon sessions will meet at 12:30 to prepare for the 1:30-3:30 lesson. Equipment set up, paperwork, etc. will typically take place a half hour before and after the lesson, please plan accordingly.

Instructors are asked to commit to volunteering for at least 3 weeks; either morning or afternoon

lessons. The intent is to assign a student to the same instructor for the duration of their lessons to have consistency. Some instructors may choose to teach the full day lessons for first and/or second sessions.

Instructors teaching one lesson a day will be able to free ski during non-lesson time. At the end of three weeks the half-day instructors will earn the ability to purchase one incentive lift to line ticket for \$10.....a value of \$50. If instructors choose to teach two lessons a day for 3 weeks, they will be able to purchase an incentive ticket for each full day. Do not sell these incentive tickets or you will be dismissed from the program immediately. They may be used for friends or family. Spokane Parks and Recreation will be paying for the daily tickets used while you are instructing.

Anytime not teaching (free skiing) the volunteer instructor will NOT be covered as a city volunteer under workman's compensation.

Returning instructors are encouraged to purchase a seasons pass for Mt. Spokane at \$100 plus tax. The mountain is offering this amazing deal to help support our TRS ski programs. Passes will be good at the start of the season. The season pass helps to keep the costs down for the program. Please notify Alice or Sara if you are interested. The passes can be purchased once volunteer registration process has been completed. You will be notified when season passes can be purchased.

The mountain has also given us instructor rates for the daycare. This is 50% off their regular prices. Please notify me if you will need these services especially for the training weekend.

Please use the attached registration form, fill out the background check and attach your payment option with checks made payable to the Spokane Parks and Recreation.

Volunteer Registration fee is \$45.

A \$20 discount will be given to those returning instructors with a season pass.

PRE-REGISTRATION is important and assists in planning!!!!

A firm commitment to the program is ESSENTIAL! Please let the Ski Coordinator know in advance that you are unable to teach. **Don't wait until Saturday to call if you know in advance.**

We hope this year's program will be the best ever, and we are looking forward to a fun and exciting ski season, as well as enjoying Chair 6 (with NO! center bar ☺) and the new runs! If you have any questions, please call me at 625-6245 or Adaptive Ski Coordinator Sara Dunbar at 509.714.7654. See you on the mountain!!

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