



## Frequently Asked Questions Outdoor Recreation Programs

### What kind of modifications will be made to Outdoor Programs?

Our programs are following the Governor's Outdoor Recreation Phase 1 Clarification and Phase 2-Update No 3 COVID-19 Requirements, the Spokane Regional Health District and the CDC recommendations. We will have group sizes of no more than 12 people per group with a maximum of 8 households per group. Physical distancing between participants of separate households is required.

We will be selecting activities based on the ability to maintain physical distancing and reducing touchpoints. We are also making modifications to our check in procedures and increasing sanitation practices of equipment.

### Customer Responsibility to reduce outbreaks?

Participants will be required to cancel if they have any of the following symptoms prior to the trip.

**Participants will also be asked upon arrival the following:** Do you or an immediate family members have exhibited known symptoms, such as:

- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Fever of 100.4 degrees or higher and/or chills
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

If participants have the above symptoms they will be able to reschedule with no penalty when they are feeling better or receive a full refund.

If participant or staff, or anyone in their household, has recently had an illness with a fever or a new cough, they should remain at home until:

- At least 10 days after illness onset; AND
- 72 hours after the fever is gone, without the use of fever-reducing medication; AND
- Symptoms are improving.

***Participants or staff who have had direct exposure to COVID-19, will not be able to return until 14 days after the exposure, assuming they do not develop symptoms.***

### **Will there be other changes to onsite check in process?**

Site-specific check-in procedure information will be provided in the pre-trip information, which is sent to participants after registration. All locations will have orange cones placed at check in locations so participants when approaching staff for check in maintain 6 feet of physical distance. Participants will be emailed waivers and other forms to be signed and emailed back prior to the day of the trip. If onsite form signing is needed the participant must bring their own pen. Cones will also be placed around dryland instructional and safety briefing areas 6 feet apart for participants to stand near in order to maintain physical distance.

### **Will participants and staff be required to wear face masks?**

All participants over the age of 5 and staff are required to wear face coverings at meeting locations during and during land briefings and instruction. When a participant is in their own kayak, canoe or stand up paddleboard or spread apart on a trail while hiking and able to maintain 6 feet of physical distancing they may remove their masks.

- Those with disabilities that prevent them from comfortably wearing or removing a face covering, or those who are deaf or hard of hearing that use facial mouth movements as part of communication may use face shields as an alternative to a cloth face covering.

### **Will SPRD staff be given additional training for programs this year?**

Staff receives comprehensive training every summer. We will place an emphasis on all-new safety and program protocols before programs begins, including policies around face masks and increased sanitation procedures, physical distancing expectations amongst participants, and new protocols based on DOH and Spokane Regional Health District recommendations.

### **Keeping up to Date**

Spokane Parks and Recreation Dept. will keep up to date on all changes issued by the Office of the Governor, the Dept. of Labor and Industries and the Department of Health.

### **Can you tell me more about increased disinfection procedures?**

We are closely monitoring statewide, national and industry guidelines to keep our participants, and staff safe. Staff will be able to regularly sanitize their hands, high-touch areas will be regularly and routinely sanitized, and physical distancing will be emphasized. We have developed additional guidelines regarding daily health checks, physical distancing, handwashing, sanitizing items, adjusted activities, and check in procedures.

See links below for additional information on cleaning and disinfecting guidance that are followed:

<https://www.cdc.gov/coronavirus/2019-ncov/community/clean-disinfect/index.html>

<https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/CleaningandDisinfectingGuidanceforPublicSpaces.pdf>

**What about smoke or smog?**

In the case of poor air quality, staff will modify activities, reducing high energy level activities, such as paddling long distances and extensive hiking. Staff will also encourage extra breaks, drink lots of water, and will, of course, be keeping a close eye on participants throughout the day.

When the AQI equals or exceeds AQI value 150 which is in the lowest level of the “unhealthy” category, activities will be cancelled until improvement occurs.

**What if a program is cancelled due to unforeseen circumstances, like another statewide order closing programs?**

Patrons will receive a refund if a program is cancelled by SPRD due to compliance with a statewide closure order, or for some other reason, that programs are required to be cancelled.