



Spokane Parks and Recreation

# Summer Day Camp at Merkel

## 2020 Parent Welcome Packet

"Our mission is to provide the camper with a safe, enjoyable, and engaging experience while playing sports and games. We believe in providing opportunities to learn new skills, make friends, and gain self confidence; all while enjoying being outdoors and just plain having FUN!"



## Greetings from Spokane Parks & Recreation!

We hope this brochure finds your family healthy and safe. The wellbeing of our community is our top priority, and we're working to provide programs and events that meet guidelines while enriching our community.

While many programs aren't possible until Phase 3, our team is finding creative ways to bring back the fun safely during Phase 2, following state and local guidelines. We have created this mid-summer brochure with programs we are excited to share!

Here are a few of the precautions we'll be taking to keep participants and staff safe:

- Physical distancing measures
- Modified activities, to keep participants active but distanced
- Masks will be worn by participants and staff, except when distanced for eating and physical exercise
- Enhanced sanitation protocols, including more frequent hand sanitization for all participants and staff, and cleaning of equipment
- Modified check in/out process, where parents/guardians will be asked a series of questions about their children and household prior to check in, as will adults who are participating in classes
- Full COVID-19 operational plans for each camp or class will be emailed to parents or participants prior

Please visit [SpokaneRec.org](https://spokaneRec.org) for the most up-to-date information. Brochures will remain digital for the foreseeable future, to provide the maximum flexibility as guidelines change.

Thank you for choosing Spokane Parks & Recreation. We cannot wait to get out and recreate with you, in modified ways that focus on safe fun for all.

**Jennifer Papich – Director, Recreation**



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**Ages 6-12** A great summer camp should be a fun place where kids can explore a variety of activities, discover new interests, make friends, and feel confident to try something new. The ALL NEW Summer Day Camp at Merkel operates under three core values: a safe and healthy environment, a fun and positive experience, with exceptional instruction and supervision. Activities include traditional camp games, arts and crafts, sports, BMX, skate park activities, plus a variety of outdoor adventures. 9:00am – 4:00pm each day.

Please contact us or go to our website at [www.spokane parks.org/camps](http://www.spokane parks.org/camps) for additional information.

### The Amazing Summer Race

**Ages 6-9 & 10-12** Team up with camp staff and other participants for a challenge course all over Merkel! Groups will play games to promote collaboration, creativity, and problem-solving while scavenging for clues and exploring different “cultures and languages” – even creating their own! Come and make new friends, hone your teamwork skills, and have a blast at the Summer Camp at Merkel!

### Surviving the Zombie Apocalypse

**Ages 6-9 & 10-12** The zombies are coming! Will you survive? Join with camp staff and participants for a camp-wide survival challenge at Merkel! Teams will play strategy games, engage in a variety of problem-solving collaborations, and learn from survival experts! This week campers will delve deeper into leadership, strategy, and communication.

### Outdoor Adventures

**Ages 6-9 & 10-12** This week is geared towards helping campers learn about the world around them and gain a new appreciation for the outdoors. Unplug from the hustle and bustle of everyday life and join our staff for fun-filled, team-building and self-esteem-boosting activities.

### Mad Science at Merkel!

**Ages 6-9 & 10-12** Are you a fan of the Backyard Scientist? Then this camp is for you! Camp staff and participants will engage in fun games and activities designed to develop observation skills, intellectual curiosity, resourcefulness, analytical predictions, problem-solving, and much more! Explore the infinite possibilities by discovering that science is all around us!

6012	Outdoor Adventures	Mon-Fri	7/20-7/24	\$149
6013	Mad Science at Merkel!	Mon-Fri	7/27-7/31	\$149
6014	The Amazing Summer Race!	Mon-Fri	8/3-8/7	\$149
6015	Surviving the Zombie Apocalypse!	Mon-Fri	8/10-8/14	\$149
6016	Outdoor Adventures	Mon-Fri	8/17-8/21	\$149
6017	Mad Science at Merkel!	Mon-Fri	8/24-8/28	\$149

In addition to the games and activities that are specific to the weekly themes, campers will also enjoy some of the unique features available at the Dwight Merkel Sports Complex, such as the BMX track, skate park, and various recreational sports activities.

## What We Do

A great summer day camp should be a fun place where kids can explore a variety of activities, discover new interests, make friends, and feel confident to try something new. The ALL NEW Summer Day Camp at Merkel operates under three core values: a safe and healthy environment, a fun and positive experience, with exceptional instruction and supervision. Activities include traditional camp games, arts and crafts, sports, BMX, skate park activities, plus a variety of outdoor adventures.

## Where Are We

The Summer Day Camp at Merkel is located at the Dwight Merkel Sports Complex. We do, however, offer the USTA Tennis Camp with the Summer Day Camp Combo at Comstock Park.

## Camp Staff

All counselors are required to attend First Aid/CPR certification. Our staff training covers safety, behavior management, and age appropriate activities. We carefully hire our camp staff based on:

- 1 Multi-State Background Check
- 2 Recreation Program Experience
- 3 Positive Work References
- 4 Proven Ability To Work With Children

## Weather Policies

Camps will be moved inside if:

- The temperature reaches or is anticipated to reach 103° F or more
- There is thunder and lightning or heavy rain.
- The air quality is at 150 or above according to the Spokane Regional Clean Air Agency

## Communication

We understand that parents deserve peace of mind once their children are left in the care of our camp staff. Therefore, one of the most important aspects of our program is our commitment to maintaining open communication between parents and staff. We want our program to be as accessible and transparent as possible. We welcome feedback so we can continually improve our program and offer you and your child the best experience possible.

## Dress Code

During camp children should come appropriately dressed for the weather and daily sports activities. This will ensure their participation in all activities without restriction.

- Girls are encouraged to wear pants, jeans, shorts, or Capri's instead of dresses or skirts
- Participants are asked to wear socks and closed-toe shoes as we do a lot of running and playing and outside
- In the morning it may still be a bit cool so bringing a sweatshirt is recommended
- Clothing may not display inappropriate language, violence, or lewdness
- It is strongly recommend that kids are sent to camp with knee and elbow pads in addition to the required helmet for wheel activities.

## What will my child's day be like at the Summer Day Camp at Merkel?

\*It's important to remember that schedules are tentative and activities will vary based on camper interests and inclement weather\*

	<b>9:00 AM – Check In</b> Rules and Safety Reminders.	
	<b>9:00-9:30 AM Ice Breakers/Camp Games</b>	
	<b>9:30 AM – BMX Park (Mon, Wed)</b> Bike safety and lessons	
	<b>9:30 AM – Skate Park (Tues, Thurs)</b> Rollerblades, skateboards and scooters.	
	<b>9:30 AM – Riverside State Park (Fri)</b> Hiking and exploring.	
	<b>10:30 AM - Snack Time and Various Games</b> Campers will participate in activities that are related to the theme of the week.	
	<b>12:00 PM – Lunch Time</b>	
	<b>1:00 PM – Various Recreation Activities</b> Campers will participate in various games and other fun activities related to the theme of the week.	
	<b>2:00 PM – Snack Time</b>	
	<b>2:00 PM – Story Telling (Wed)</b> Stir up imagination and creative with story telling!	
	<b>2:30 PM – Various Recreation Activities</b> Campers will participate in various games and other fun activities related to the theme of the week.	
	<b>4:00 PM – Check Out</b>	

### Location:

5701 N. Assembly Rd.



## Equipment

All sports equipment except bikes, skateboards, scooters and their respective safety equipment (helmets, knee and elbow pads, etc.) will be provided by the Spokane Parks and Recreation Department.

## BMX And Skateboarding

The use of a helmet is mandatory. Also, long sleeve shirt, and pants are mandatory for both activities but alternatively they can wear knee pads and elbow pads. Wrist guards are also recommended. It is a good idea to write your child's name on all equipment that he or she brings to camp.

Camp staff is trained on how to teach campers how to ride a bike (if they can't ride). Some campers will learn riding in a day, while others may take longer. We will help campers gain the confidence they need so that they can enjoy riding over the slopes of the BMX track.

## Personal Belongings

There are no provisions to thoroughly safeguard personal belongings such as electronic equipment, video recorders, video games, toys, or other items of value. Bringing items of this nature to camp is discouraged. The staff will work with campers to ensure they learn to take responsibility for their personal items. All possessions (including lunch boxes, jackets, backpacks, etc.) must be labeled in permanent marker with the child's first and last name.

## Things To Keep At Home

- Any items considered dangerous (knives, guns, weapons, fireworks, matches, lighters, etc.)
- Money, jewelry, or and expensive articles
- Beepers, laptop computers, iPods, iPads, MP3 players, Gameboys, DS, etc.
- CELL PHONES: While at camp, your child will not be allowed to carry his or her cell phone on their person. All cell phones will stay in backpacks. However, campers may check their personal cell phones for messages during break times.

## What To Bring To Camp

- Backpack (with child's name written on it)
- Water bottle (with child's name written on it)
- Appropriate Sunscreen (with child's name written on it)

## Discipline

Redirection, discussion, choices, and consequences are behavior modifications used when behavior requires disciplinary action. If these methods do not correct the behavior other actions such as suspension for various periods of time will be employed. Any act of physical violence towards other campers or the camp staff will not be tolerated. Depending on the severity of the situation, immediate removal from the program may be warranted. Please see the detailed discipline policy in this handbook for further information and parent acknowledgment signature.



The Summer Day Camp at Merkel is committed to keeping campers and staff safe while our community recovers from the COVID-19 pandemic. Therefore, we have designed a check-in process with the safety of staff and campers in mind, following the recommendations set forth by the Washington State Department of Health for Youth Camps operating in phase 2.

### Before First Day of Camp:

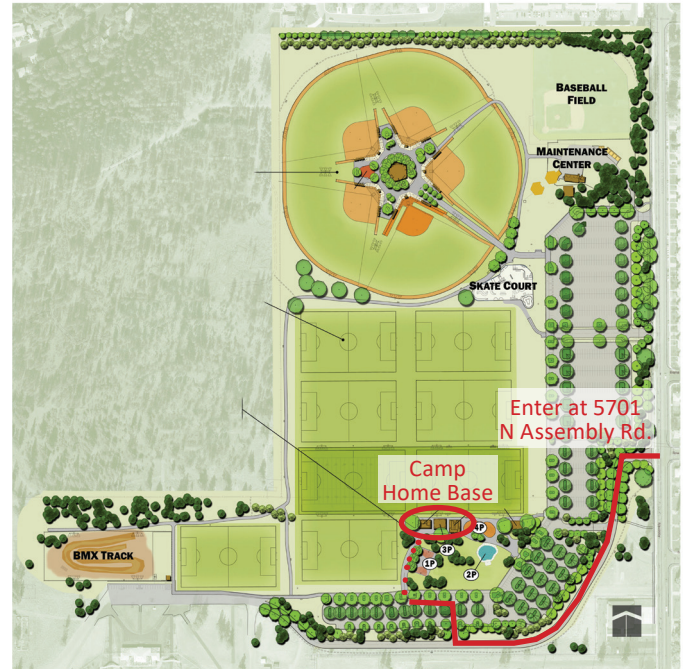
Preferably all required forms should be completed and submitted electronically to the Recreation Supervisor before the first day of camp. Please email completed forms to [aeva@spokanecity.org](mailto:aeva@spokanecity.org). Camp staff will have forms at check-in. Please bring your pen.

### Check-in Location:

The check-in shelter is located on the south side of the Dwight Merkel Sports Complex, by the artificial turf sports fields. We call that place our “Camp Home Base.”

### Check-In at the “Camp Home Base:”

- Check-in will start at 8:45 AM. Campers may NOT be dropped off and left unattended before check-in procedures are completed.
- Follow the signs to the check-in line, observing the recommended safe distancing markers along the way.
- Parents/ Guardians and campers are required to wear a face shield or mask during check-in.
- On the first day of the camp, staff will verify if all required forms have been digitally submitted previously.
- In case the form was not previously submitted, you may request it at check-in, both the digital or the hard copy. Please bring your pen.
- Parents and guardians are required to complete the Daily Health Verification Form daily at check-in.



### Picking-Up the Camper at the “Camp Home Base:”

- Pick-up starts at 4:00 PM.
- For camper safety, only parents or guardians whose information has been previously submitted in the Pick-Up Authorization Form will be able to pick up the camper. In case someone other than an authorized person attempts to pick-up:
  - > Staff will contact the parent or guardian over the phone for verbal authorization
  - > Picture ID must be presented
  - > Staff will document the name of the person picking up the camper



## What should you pack your kid(s) for lunch at camp?



We ask that campers come to camp each day with a healthy and nutritious morning and afternoon snack. Good nutrition is essential for effective learning each day and better behavior. We have snack breaks scheduled so that kids can rest and re-fuel. Lunch is scheduled for 12PM.

Amongst the guidelines of the CDC as well as the USDA, campers who are between the ages of 6 - 12 years of ages should have and adequate daily caloric intake of 1500 - 2200 calories. Considering that your child will be highly active during this camp, it would be in the best interest to provide a sufficient and nutritious meal, as well as snacks to get them through the day. Here are a few lunch and snack ideas to pack your child:

### LUNCH IDEAS

- Sandwiches on whole grain bread
- Sliced cheese or deli meats with a variety of crackers
- Wraps
- Carrot sticks, sliced cucumbers, red peppers with hummus or dip

### SNACK IDEAS

- Cut up apples or pears
- Sliced cheese, string cheese or mini cheeses
- Bananas, small, peel-able oranges
- Raisins
- Fruit cups
- Frozen yogurt tubes
- Carrots, sugar snap peas, cucumbers
- Trail mix
- Plain popcorn
- Pretzels
- Baked chips
- Granola bars or cereal bars
- Dry cereal
- Almond butter or peanut butter mini-sandwiches

### DRINK IDEAS

- Juice boxes, either flavored water, or 100% juice
- Small bottles of Gatorade
- Water bottle (free refills all day at camp)

### REMINDERS:

Please make sure to pack your child's lunch in a small cooler with ice packs to help keep it cool.

Additionally, counselors cannot warm food in microwaves.

Always, always, always pack and label your child's water bottle. Campers will drink a lot of water at day camp, and we have plenty of opportunities to refill their bottles.

While counselors can help children open containers, please make sure your child can manage their lunch as independently as possible. Please send any utensils and napkins your child will need.

### Resources:

<https://www.ymcatriangle.org/blog/packing-lunches-and-snacks-day-camp>

<https://health.gov/our-work/food-nutrition/2015-2020-dietary-guidelines/guidelines/appendix-2/#table-a2-1>

<https://www.choosemyplate.gov/eathealthy/dietary-guidelines>



## Camper Medical Information



Activity/Class/Event: \_\_\_\_\_ Date: \_\_\_\_\_  
Participant's name: \_\_\_\_\_ DOB \_\_\_\_/\_\_\_\_/\_\_\_\_ ☐ Male ☐ Female  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Phone: \_\_\_\_\_

Emergency Contact Name	Relationship	Day Phone	Evening Phone

Family Physician: \_\_\_\_\_ Phone: \_\_\_\_\_ Preferred Hospital: \_\_\_\_\_  
Insurance Company: \_\_\_\_\_ ID Number: \_\_\_\_\_

**Special Medical Instructions:** allergies, chronic illnesses, regular medication, allergies to medication, learning difficulties, physical problems, etc.: \_\_\_\_\_  
\_\_\_\_\_

### Only complete this section if medication is to be taken during camp.

- Campers will be assisted in self-medicating themselves.
- Only medications prescribed by a medical doctor will be permitted during the program.
- Medications must be reported on this form and kept up to date.
- Information on prescription dosage must be attached to the medication.
- All medication must be received in its original container.
- Send only the daily dosage.
- Do not leave medication in the possession of your child.
- Hand the medication directly to the Camp staff at the sign-in desk in the morning.

Medical Condition \_\_\_\_\_

Name of Medications \_\_\_\_\_

Dosage or amount per administration \_\_\_\_\_

Time(s) a day to be given \_\_\_\_\_

Possible side effects of medication \_\_\_\_\_

Special Instructions for handling medication/comments \_\_\_\_\_  
\_\_\_\_\_

I request and authorize that the above named child be assisted in self-medicating himself/herself in accordance with the instructions indicated, as there exists a valid health reason which makes the administration of the medication advisable during program hours or during the time the child is under the supervision of the Spokane Parks and Recreation Staff.

Parent or Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Physician's Signature: \_\_\_\_\_ Date: \_\_\_\_\_





### **Assumption of Risk and Waiver of Liability**

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people. The City of Spokane Parks and Recreation Department (SPRD) has created new protocols and put in place preventative measures to reduce the spread of COVID-19; however, SPRD cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, attending any program may increase yours and your child(ren)s' risk of contracting COVID-19.

.....

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending SPRD programs, activities, or events, and that such exposure or infection may result in personal injury, illness, permanent disability, and/or death. I understand that the risk of becoming exposed to or infected by COVID-19 from participation in SPRD programs may result from the actions, omissions, or negligence of myself and others, including, but not limited to, SPRD employees, volunteers, and program participants and their families. I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself including, but not limited to, personal injury, disability, death, illness, damage, loss, claim, liability, or expense of any kind that I or my child(ren) may experience or incur in connection with my or my child(ren)s' attendance at SPRD programs. On my behalf, and on behalf of my child(ren), I hereby release, covenant not to sue, discharge, and hold harmless SPRD, City of Spokane, and their officials, employees, agents, and representatives, from and against any and all liability, claims, demands, actions, causes of action, damages, and expenses arising or in any way related to my or my child(ren)s' attendance at SPRD programs. I understand and agree that this release and covenant not to sue includes, but is not limited to, any claims related to COVID-19 based on the actions, omissions, or negligence of SPRD, City of Spokane, or their officials, employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any SPRD program.

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Signature of Parent/Guardian

Date

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Print Name of Parent/Guardian

Participant Name



## Child Information Form



The questions on this page are to help our counselors get to know your child, and make their time at camp the most successful based on their personal needs. Please fill this out with as much detail as possible.

1. When camp is at maximum capacity there can be 56 kids. How does your child act in this type of group setting? (are they easily distracted? tend to wander? A leader, a follower?, stick with close friends, outgoing, shy etc...)

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2. Does your child have any specific personal needs that you would like us to monitor throughout the day?

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3. How well does your child communicate their needs/emotions? If they do not communicate their needs very well, what are the signs that we should watch for or be aware of (if your child doesn't feel well, is angry, is tired, is too hot etc...) to help us make their day the most enjoyable.

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4. Please use the space below to share with us some information about your child so we can get to know them better: (likes, dislikes, personality, what they are "in to" right now.. etc..)

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5. Other

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## Pick Up Authorization Form



All persons listed on this form will be required to show personal identification when picking up the camp participant(s). Appropriate custody/legal paperwork must be attached if a relative is NOT allowed to pick up a child.

Camp Participant: \_\_\_\_\_ Age: \_\_\_\_\_

Camp Participant: \_\_\_\_\_ Age: \_\_\_\_\_

**Parent(s), Guardian(s) and others listed below have permission to pick up the above Summer Camp Participants:**

**AUTHORIZED Name:** \_\_\_\_\_

Contact's Best Daytime Phone Number: \_\_\_\_\_

Relationship to the child? \_\_\_\_\_

**AUTHORIZED Name:** \_\_\_\_\_

Contact's Best Daytime Phone Number: \_\_\_\_\_

Relationship to the child? \_\_\_\_\_

**AUTHORIZED Name:** \_\_\_\_\_

Contact's Best Daytime Phone Number: \_\_\_\_\_

Relationship to the child? \_\_\_\_\_

**AUTHORIZED Name:** \_\_\_\_\_

Contact's Best Daytime Phone Number: \_\_\_\_\_

Relationship to the child? \_\_\_\_\_

**NOT AUTHORIZED Name:** \_\_\_\_\_

### Late Camper Policy

Campers must be picked up no later than 4:00 PM at Merkel and 4:30 PM at Comstock. The rule is strictly enforced. Our policy for late pick up is as follows:

- A \$20 late fee will be issued after 15 minutes past the 4:00 PM deadline.
- The late fee must be paid in full before your child may return to the program.
- You must call the camp to inform them you are going to be late.

I have read and understand the Late Camper Policy.

Parent or Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**THERE IS MORE INFORMATION TO BE COMPLETED ON THE OTHER SIDE OF THIS FORM**



## Daily Health Verification Form



If the parent or guardian checks “YES” to any of the following questions, or the camper’s temperature is 100.4 F or higher, the camper will not be permitted to camp until they are 72 hours fever-free without using fever-reducing medications (e.g., Tylenol, ibuprofen)

Date: \_\_\_\_\_

Camper Name: \_\_\_\_\_

Parent or Guardian Name: \_\_\_\_\_ Phone number: \_\_\_\_\_

**Does your child have any of the following symptoms that are not attributable to another condition?**

Daily Health Verification Questionnaire - Fill in the boxes <u>Y</u> es or <u>N</u> o					
	MON	TUE	WED	THU	FRI
Did you take your child's temperature this morning?					
Does your child have a fever of 100.4 F or higher or a sense of having a fever/ chills?					
Does your child have congestion or a runny nose that is not related to seasonal allergies?					
Does your child have new loss of taste or smell?					

Does your child experiencing nausea, vomiting, or diarrhea?					
Does your child have a sore throat or cough that you cannot connect to another health problem?					
Does your child have muscle aches that you cannot connect to another health problem or to another activity such as physical exercise?					
Does your child have unusual fatigue?					
Does anyone in your household have any of the above signs right now?					
Has your child been in close contact with anyone suspected or confirmed with COVID-19?					
Has your child had any medication to reduce a fever before coming to care?					

**For internal use:**

Access to facility (circle one):                      Approved \_\_\_\_                      Denied \_\_\_\_

Employee Name: \_\_\_\_\_                      Employee Signature: \_\_\_\_\_



## Behavior Management



A caring and positive approach will be taken regarding discipline. Camp staff will reinforce appropriate behavior through positive reinforcement, firm statements and redirection of activity. In order to provide a safe and enjoyable play environment for all participants, the Department of Parks and Recreation reserves the right to dismiss any child from camp. In the event this occurs, all fees for the current session will be forfeited. Fees and deposits for future sessions may be refunded subject to refund policies. Expulsion may be for one day, a session, or the entire season/program depending upon the severity of the situation.

### Basic Behavioral Norms:

1. Respect for camp counselors, fellow campers and property
2. Follow established camp rules
3. Follow the directions of Camp Counselors and be cooperative
4. Treat all equipment and supplies with proper care and respect
5. Running and excessive shouting while indoors is not allowed
6. Behavior that is threatening to the child or others will not be permitted at camp
7. NO vulgar language/conduct/bullying will be permitted
8. NO hostile or dangerous conduct will be permitted

### Encouragement of Good Behavior

1. Creating fair choices and consequences for negative behavior and recognizing positive behavior.
2. Camper involvement in establishing camp rules.
3. Camp Counselors model a positive attitude, are consistent with discipline and engage with all campers.

In the event that Encouragement of Good Behavior is not effective and the infraction is deemed more serious, the following Disciplinary Process will take place.

- **First Offense:** A Parks and Recreation disciplinary incident report form will be completed by a Camp Counselor given to the parent/guardian at the end of the day. This alerts the parent or guardian to the offense. And provides an opportunity for parents/guardians to have a discussion with their child about their behavior.
- **Second Offense:** The Camp Lead and/or Recreation Coordinator speak with the parents and a one-day suspension is likely.
- **Third Offense:** Dismissal is considered. The Recreation Coordinator will discuss with the Director of Parks and Recreation and notify the parents.

### Examples of Serious/Extreme Offenses Which May Result In Dismissal from the Program

- Causing physical harm or threat to others or themselves
- Physical or Verbal Assault
- Stealing
- Weapons, Drugs, Tobacco
- Destruction of Property
- Sexual Misconduct
- Refusal to Cooperate
- Leaving Designated Area
- Excessive Temper Tantrums

I understand that inappropriate behavior will be recorded and tracked throughout the week.

I have read and understand these policies and have explained them/read them to my child prior to the start of camp.

Parent or Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_



# Frequently Asked Questions



## What kind of modifications will be made to camps?

Following the Washington Department of Health guidelines we will be maintaining smaller stable group/pod sizes. We will be selecting activities based on the ability to maintain physical distancing and reducing touchpoints. We are also making modifications to our drop-off & pick-up schedules and increasing sanitation practices.

## Will SPRD track any illness symptoms or outbreaks?

Absolutely. We will have a symptom checklist, including tracking for temperatures at drop off and, asking if the participant or immediate family members have exhibited known symptoms, such as:

- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Fever and/or chills
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

We will also be keeping logs for each group/pod to help identify anyone at-risk, should there be any illness associated with a camper or staff member.

If we suspect an illness or infection, we will immediately isolate the camper from the other participants and follow our standard procedure for sick campers, which includes having the parent/guardian check the child out of the activity and take them home if they are on-site. If the parent/guardian is not on-site, the staff member will attempt to contact the parent/guardian listed as an emergency contact information to pick up their child.

If campers or staff, or anyone in their household, has recently had an illness with a fever or a new cough, they should remain at home until:

- At least 10 days after illness onset; AND
- 72 hours after the fever is gone, without the use of fever-reducing medication; AND
- Symptoms are improving.

***Campers or staff who have had direct exposure to COVID-19, will not be able to return until 14 days after the exposure, assuming they do not develop symptoms.***

## Will there be other changes to pick-up and drop-off?

Site-specific check-in and check-out procedure information will be provided in the parent handbook, which is sent to families before the start of camp. Our goal will be to prevent parents from interacting with each camp group/pod and to bring campers to you.

## Will campers and staff be required to wear face masks?

All camp participants over the age of 5 and staff are required to wear masks unless they are participating in physical activity outdoors and are able to maintain 6 square feet of physical distance between themselves and other campers.

- Those with disabilities that prevent them from comfortably wearing or removing a face covering, or those who are deaf or hard of hearing that use facial mouth movements as part of communication may use face shields as an alternative to a cloth face covering.

## Will SPRD staff be given additional training for camp this year?

This year at summer camps, staff will be assigned to the same group/pod of campers all week. Camp staff receives comprehensive training every summer. We will place an emphasis on all-new safety and program protocols before camp begins, including policies around face masks and increased handwashing procedures, social distancing expectations amongst campers, and new protocols based on DOH and Spokane Regional Health District recommendations.

## Can you tell me more about increased disinfection procedures?

We are closely monitoring statewide, national and industry guidelines to keep our campers, families, and staff safe. Staff will be able to regularly wash their hands, high-touch areas will be regularly and routinely sanitized, and physical distancing will be emphasized. We have developed additional guidelines regarding daily health checks, physical distancing, handwashing, sanitizing items, adjusted activities, meals and snacks, and drop off and pick up, that are outlined in each camp specific question.

## What about smoke or smog?

In the case of poor air quality, staff will modify activities, reducing high energy level activities, such as running, tag games, and extensive hiking. Staff will also encourage campers to take extra breaks, drink lots of water, and will, of course, be keeping a close eye on participants throughout the day. Unless we

When the AQI equals or exceed AQI value 150 which is in the lowest level of the “unhealthy” category, activities will be moved indoors or cancelled until improvement occurs.

## What if a camp is cancelled due to unforeseen circumstances, like another statewide order closing summer camps?

Patrons will receive a refund if a camp is cancelled by SPRD due to compliance with a statewide closure order, or for some other reason, that camp is required to be cancelled.

# COVID-19 Summer Camp Requirements & Preventative Measures



## Parents, and Visitors.

- Parents/visitors must wear face coverings and sanitize their hands when they drop their campers off at their designated sign-in area.
- We will restrict non-essential visitors, volunteers, and general public interaction with camp group/pod

## Daily activities and curriculum will support physical distancing, striving to maintain at least 6 feet between individuals.

- We will increase the distance between children during table work.
- We will plan activities that do not require close physical contact among multiple campers.
- We will designate equipment (e.g., art supplies, crayons, pencils, scissors, etc.) solely for the use of individual campers for the week and will be sanitized at the end of the week .
- At indoor facilities we will promote one-way paths in and out of rooms whenever possible to further promote physical distancing.
- We will minimize time standing in lines and take steps to ensure that 6 feet of distance between the campers is maintained.
- Each camper will place their belongings in a labeled issued plastic bag upon arrival at camp.

## Hygiene Measures

- Increased sanitation practices have been incorporated into the daily camp schedule.
- Employees and program participants (where applicable) are required to follow the recommended hygiene measures.
- Soap and Water will be used:
  - After entering a restroom facility
  - Before lunch or snack times
- Soap and Water OR Alcohol based Sanitizer should be used:
  - Arrival to Camp
  - Departure from Camp
  - Anytime facial coverings are removed (such as lunch or snack time)
  - Before/after entering a camp programming space
  - After sneezing, nose blowing, or coughing

Tissues, trash receptacles, and handwashing facilities or hand sanitizer will be readily available to staff and program participants.

## Food and Beverage Service

- Campers will bring their own food; this includes lunch and two snacks for full-day camps and snacks for half-day camps.
- Campers will be instructed not to share food with other campers.
- Participants and employees will bring a reusable water bottle to camp.
- Gloved staff will assist campers in refilling their water bottles from the tap or a provided water source.
- Corbin Art Center is a nut free facility! Please plan your camper's meals accordingly.

# COVID-19 Summer Camp Requirements & Preventative Measures



**This guidance covers general principles and strategies to mitigate the spread of COVID-19. See the Washington Department of Health and related directives for additional specific requirements.**

## **SPRD will be operating camp programs at Dwight Merkel Sports Complex, Camp Sekani, Corbin Art Center and Woodland Center at Finch Arboretum.**

- Camp group/pods will be limited to no more than 22 people, including campers and staff. SPRD will not allow camp pods to interact with each other. This will decrease the potential for widespread exposure to the novel coronavirus via camp participants.
- All camp participants over the age of 5 and staff are required to wear masks unless they are participating in physical activity outdoors and are able to maintain 6 square feet of physical distance between themselves and other campers.
  - Those with disabilities, that prevents them from comfortably wearing or removing a face covering, or those who are deaf or hard of hearing that use facial mouth movements as part of communication may use face shields as an alternative to a cloth face covering.
- Participants attending camp should stay with their same group/pod for the duration of the camp week. The stable group/pod will not change more frequently than once per week.
  - There will be "Floater Staff" to administer breaks – these staff will sanitize their hands prior to entering the pod space and wear a face mask/cloth face covering.
  - Each indoor group/pod will occupy the same space for the duration of camp, for indoor and outdoor camps there will be a 'home base' program area that will remain consistent and not shared with other camps.
    - > The exception being half-day camps at Corbin Art Center. Two, half-day camps may occupy the same program area if they do not overlap, and the program area is thoroughly cleaned between sessions.
    - > Meaning no more than two pods may share the same program space in a day

## **Participant Screening Prior to Entering Program**

- Check-in / Check-out procedures will be modified to accommodate physical distancing and will be specific to each camp location which will be outlined in the camp parent packet information.
  - Prior to attending camp each day, camp participants, parents and guardians will be asked to answer health screening questions relating to COVID-19 for the participant. The answers will be recorded on the Sign-in Sheet.
  - Parents will be required to take their child's temperature before arriving to camp, and share this information at Sign-in. A child will not be allowed to enter camp if their temperature has not been checked.
  - To support contact tracing, each group/pod will have their own daily log. This log will be maintained according to the record retention schedule. Each pod's daily log shall include:
    - Child's Name
    - Drop off/pick up time
    - Adult completing both drop off/pick up
    - Adult emergency contact information
- Daily Health Screening Questions:** see below

## **Daily Health Screening Questions**

- Does your child/youth have any of the following symptoms that are not attributed to another condition? Or have they had these in the past 72 hours.
  - A cough
  - Shortness of breath or difficulty breathing
  - A fever of 100.4 or higher or a sense of having a fever
  - A sore throat
  - Chills
  - New loss of taste or smell
  - Muscle or body aches
  - Nausea/vomiting/diarrhea
  - Congestion/running nose-not related to seasonal allergies
  - Unusual fatigue
- Does anyone in your household have any of the above symptoms?
- Has your child/youth been in close contact with anyone with suspected or confirmed COVID-19?
- Has your child/youth had any medication to reduce fever before coming to camp?

If the answer to any of the above questions is "yes" camper will not be permitted to camp until they are 72 hours fever-free without using fever-reducing medications (e.g., Tylenol, ibuprofen)