



# MID-SUMMER ACTIVITY GUIDE 2020



**LOOK INSIDE ... THEN GET OUTSIDE**

THERAPEUTIC RECREATION • CORBIN ART CENTER

OUTDOOR ADVENTURES • DAY CAMPS AT MERKEL



# **City of Spokane PARKS & RECREATION**

## **Greetings from Spokane Parks & Recreation!**

We hope this brochure finds your family healthy and safe. The wellbeing of our community is our top priority, and we're working to provide programs and events that meet guidelines while enriching our community.

While many programs aren't possible until Phase 3, our team is finding creative ways to bring back the fun safely during Phase 2, following state and local guidelines. We have created this mid-summer brochure with programs we are excited to share!

Here are a few of the precautions we'll be taking to keep participants and staff safe:

- Physical distancing measures
- Modified activities, to keep participants active but distanced
- Masks will be worn by participants and staff, except when distanced for eating and physical exercise
- Enhanced sanitation protocols, including more frequent hand sanitization for all participants and staff, and cleaning of equipment
- Modified check in/out process, where parents/guardians will be asked a series of questions about their children and household prior to check in, as will adults who are participating in classes
- Full COVID-19 operational plans for each camp or class will be emailed to parents or participants prior

Please visit [SpokaneRec.org](https://SpokaneRec.org) for the most up-to-date information. Brochures will remain digital for the foreseeable future, to provide the maximum flexibility as guidelines change.

Thank you for choosing Spokane Parks & Recreation. We cannot wait to get out and recreate with you, in modified ways that focus on safe fun for all.

**Jennifer Papich – Director, Recreation**

*The Spokane Parks & Recreation Department does not discriminate on the basis of age, sex, race, color, creed, national origin or disability. Please notify the Park Department if you need special accommodations to participate in our programs. This is not an activity of the school or School District 81. Distribution of this material and the use of District facilities does not constitute an endorsement or sponsorship for the event/information by the school or the district.*

**Sign up at [SpokaneRec.org](https://SpokaneRec.org)  
Dial 311 and press 3 for Recreation.  
If outside city limits, call 509.755.2489.  
Find us on ,  and  @SpokaneParks**





# KIDS CAMPS

**PRESCHOOL SPECIALTY HALF-DAY CAMPS, AGES 3-5** *Dress for a mess bring a snack & a water bottle each day to camp.*

## KIDS SUPERVISED LUNCH

**Ages 3-5 | 11:30 AM-12:30 PM**

For students registered in morning and afternoon sessions: please send a lunch with your child's name on it, and plan for a fun-filled supervised hour for your youngster.

39388	M-F	\$7	7/13 - 7/17
39389	M-F	\$7	7/20 - 7/24
39390	M-F	\$7	7/27 - 7/31
39391	M-F	\$7	8/3 - 8/7
39392	M-F	\$7	8/10 - 8/14
39387	M-F	\$7	8/17 - 8/21

**July 27-31**

### Wands, Wizards & Dragons! Oh My! **NEW**

**1 week | Ages 3-5** Abracadabra! Let the magic of this camp begin! Bring your young wizard to make their own magic wand, creative costume pieces, along with more fantastic, magical crafts. This camp is delightfully enchanting and loads of fun! \$72

**39407 Mon.-Fri. 7/27-7/31 9-11:30am**

### Birds of a Feather!

**1 week | Ages 3-5** Do you wish you could fly like a bird? How about swim like a bird? Then this camp is for you! Come make several aviary crafts and learn about many different species of birds. Campers will go on hikes around the park/garden to see birds, and look for their habitats around the Corbin Art Center. \$72

**39408 Mon.-Fri. 7/27-7/31 12:30-3pm**

**August 10-14**

### Super Nature Explorers!

**1 week | Ages 3-5** Come discover the world around you. Make a volcano and a leaf project along with other nature and science activities. Socializing and developing motor skills are included. \$72

**39411 Mon.-Fri. 8/10-8/14 9-11:30am**

### Preschool Picassos!

**Best of Summer Camp!**

**NEW**

**1 week | Ages 3-5** If you missed these fun camp projects the first time, or you want to experience them again, then come along with us for this wonderful art filled week. This camp includes our most popular art projects that were done the entire summer in the pre-school camps. You can become a pirate or a pixie, dabble in the sciences and even enjoy a nature expedition. \$75

**39412 Mon.-Fri. 8/10-8/14 12:30-3pm**

**July 20-24**

### Squiggly Bugs and Slimy Slugs! **NEW**

**1 week | Ages 3-5** Is your child a budding entomologist? Do we have the camp for you! Come learn about insects and how they eat, move, work and what makes them special. We'll read stories, go on nature walks to see what kind of insects live around us, create buggy artwork, costumes and make some super-buggy slime. \$72

**39405 Mon.-Fri. 7/20-7/24 9-11:30am**

### Beachy Sea Fun in the Sun! **NEW**

**1 week | Ages 3-5** Come dive with me under the sea and swim back up again to play on the beach! Splash into this week of sea inspired art and crafts. We will have lots of fun making fish and animal projects that live in and around our oceans, while learning some great facts. Of course there will be pirates, mermaids and much more. \$72

**39406 Mon.-Fri. 7/20-7/25 12:30-3pm**

**August 3-7**

### Passport to Fun! **NEW**

**1 week | Ages 3-5** Join our around-the-globe adventure! Explore countries, their unique animals and cultures. Get ready to stamp your passport in this fun camp as we learn, read stories about a new country each day such as China, Africa, Antarctica and more. While making creative art and craft projects that symbolize the country of the day. \$72

**39409 Mon.-Fri. 8/3-8/7 9-11:30am**

### Unicorns, Wizards & Dragons! Oh My! **NEW**

**1 week | Ages 3-5** Let the enchantment of this camp begin! Imagination and creativity is the name of the game for this camp! Your child will have a magical time creating costumes, crafts and many more mythological creatures. This camp is delightfully enthralling and loads of fun! \$72

**39410 Mon.-Fri. 8/3-8/7 12:30-3pm**

**August 17-21**

### Round-Up Rodeo! **NEW**

**1 week | Ages 3-5** Howdy Buckaroo! Round up your child for this cowboy and cowgirl inspired camp! We will make some wearable costumes, and make Wild West themed arts and crafts. This camp is sure to be a Rip-Roaring good time! \$72

**39401 Mon.-Fri. 8/17-8/21 9-11:30am**

### Blast Off Into Space! **NEW**

**1 week | Ages 3-5** Let the countdown begin... 5-4-3-2-1, blast off! We are heading for outer space and we need some space explorers to come on this fun, creative journey! Come and learn about the planets, stars, moons and much more while creating some fabulous galactic art. \$72

**39402 Mon.-Fri. 8/17-8/21 12:30-3pm**

**NOTE: Campers must be toilet trained.**

## CLASS REGISTRATION PROCEDURE

Camps begin on dates specified and run for period of time noted on schedule. Camp size is limited and available on a first come first served basis.

## PRE-REGISTRATION REQUIRED FOR ALL CAMPS.

**REGISTER ONLINE AT SPOKANEREC.ORG OR CALL 311**  
(OUTSIDE THE CITY, CALL 509.755.2489)

Camp questions? 509-625-6677

**REGISTER ON-LINE at: SpokaneRec.org.**

**REGISTER BY PHONE:** Registration will be accepted ONLY with VISA or MasterCard at 509.755.2489.

**REGISTER IN PERSON:** at City Hall (corner of Post & Spokane Falls Blvd.), the 1st floor, at the MySpokane Customer Service Counter. Make checks payable to "City of Spokane."

Limited scholarships may be available based on income. Call 625-6677 for information.

**July 20-24**

**Art in Nature! Nature in Art!**

**1 week | Ages 6-11** Can you see shapes or even animals in your natural surroundings? Come and paint, sculpt, draw what you see in nature surrounding the Corbin Art Center. We will go on a nature hike to see what we can see, then come into the art room to paint, draw or even sculpt it. \$139

**39432 Mon.-Fri. 7/20-7/24 9am-3pm**

**Whale-vs-Shark & Oceans of Art!** **NEW**

**1 week | Ages 6-11** Bring your future Oceanographers and Marine Biologists to learn about sharks, jelly fish, whales, their habitats, and much more. Create sea creatures with paint, paper, recycled materials and before you know it, your imagination will take you under the sea! We will explore ocean conservation, and what we can do to keep our oceans healthy. \$139

**39433 Mon.-Fri. 7/20-7/24 9am-3pm**

**Sewing II** **NEW**

**1 week | Ages 8-16 | Elizabeth Pike** See class description under June 29-July 2. **Class held at Let's Get Sewing! Studio at 8707 N. Wall St. 509-217-7049 \$125/\$20**

**39434 Mon.-Fri. 7/20-7/24 2-5pm**

**Music Beginners PIANO Camp** **NEW**

**3 days | Ages 8-12** Nine hours of total immersion into music with the piano! Students will learn to play the piano in a variety of styles, master the basics of rhythm and develop chord skills so they can play their favorite pop songs. Lots of fun activities to build confidence, team work, and music skills for life. All the students leave camp with new friends, memories to cherish, and a love for music! 9 hours of music immersion! (No prior music experience required) **Classes held at Bartell Music Academy 418 E Pacific Ave. \$75**

**39435 Mon.-Wed. 7/20-7/22 9am-12pm**



**July 27-31**

**There's A Dragon in the Art Room!**

**1 week | Ages 6-11** Do you love dragons? How about Trolls, Unicorns and other mythological creatures? Come use your imagination, creativity and lots of art supplies to make your very own creatures. You will paint, glue and even sculpt these fantastical art projects! Dress for a mess and please bring a lunch. \$139

**39413 Mon.-Fri. 7/27-7/31 9am-3pm**

**Advanced Sewing Skirts** **NEW**

**1 week | Ages 8-16 | Elizabeth Pike** This camp is designed for aspiring fashion designers who are ready to tackle drafting flat patterns from body measurements. You will start by making a simple straight skirt body block using your personal measurements, and then learn how to add design lines to create any skirt style you want! If your student has not taken classes at Let's Get Sewing!, please call the instructor to verify suitability. (509-217-7049) *This class is intended for students with strong sewing skills who are ready to begin designing their own garments.* Supply list included upon confirmation of registration. **Class held at Let's Get Sewing! Studio at 8707 N. Wall St. 509-217-7049 \$125**

**39437 Mon.-Fri. 7/27-7/31 9am-12pm**

**39438 Mon.-Fri. 7/27-7/31 2-5pm**

**August 3-7**

**CAC Artists Got Talent!** **NEW**

**1 week | Ages 6-11** Calling all young, budding artists! Put on your art smock and let's get to creating your next fabulous masterpiece! This camp includes painting, mixed media and so much more. There will be a featured art display on Friday of all of the best projects from the week. Your only limitation in this camp is your creativity! \$142

**39439 Mon.-Fri. 8/3-8/7 9am-3pm**

**Creepy Crawlies Galore!** **NEW**

**1 week | Ages 6-11** Do you have any bug lovers in your home? This camp is an excellent way to nurture your child's interest in the biological science of Entomology! Campers will learn about several different insects that live right around the Corbin Art Center and more that live around the world! There will be some fun experiments, along with some fantastic insect art projects for your child to do. We will take several nature hikes around the park/garden to identify what lives, flies and crawls around this beautiful area. Please bring a lunch and good walking shoes. \$139

**39440 Mon.-Fri. 8/3-8/7 9am-3pm**

**Come Learn to Sew** **NEW**

**1 week | Ages 8-16 | Elizabeth Pike** See class description under June 15-19. **Class held at Let's Get Sewing! Studio at 8707 N. Wall St. 509-217-7049 \$145**

**39441 Mon.-Fri. 8/3-8/7 9am-12pm**

**39442 Mon.-Fri. 8/3-8/7 2-5pm**

**August 10-14**

**Best of Summer Camp**

**1 week | Ages 6-11** Our most popular activities and art projects are included so if you missed them the first time around or just want to experience them again. You can go on a space adventure, dabble in the sciences, make some fine art like Monet or Van Gogh and enjoy a nature expedition. \$142

**39443 Mon.-Fri. 8/10-8/14 9am-3pm**

**Ancient Art Treasure Hunters!** **NEW**

**1 week | Ages 6-11** Curious about how art has evolved and changed over time? Why are there not more examples of Ancient art still today or where has it disappeared to in the sands of time? Let's go on an ancient art treasure hunt to explore several bygone civilizations! Come draw, paint and even sculpt to make art just like it was done at the beginning of mankind, and also learn a bit about the different cultures, ancient civilizations and their art techniques. \$139

**39444 Mon.-Fri. 8/10-8/14 9am-3pm**

**Sewing II** **NEW**

**1 week | Ages 8-16 | Elizabeth Pike** See class description under June 29-July 2. **Class held at Let's Get Sewing! Studio at 8707 N. Wall St. 509-217-7049 \$125/\$20**

**39445 Mon.-Fri. 8/10-8/14 9am-12pm**

**August 17-21**

**Anime Art Madness!** **NEW**

**1 week | Ages 6-11** Does your child love Anime characters and creatures? Then this is a camp for you! Join us and learn about the art of Japanese Anime and Manga. Draw, paint, sculpt to develop your own characters and create their quirky, unique personalities. Discover the tricks to creating the illusion of 3D and apply it to your own art. This camp includes creative thinking and storytelling techniques as your child develops their very own Anime art. \$139

**39425 Mon.-Fri. 8/17-8/21 9am-3pm**

**Look to the Stars!** **NEW**

**1 week | Ages 6-11** Join us as we blast off for outer space! We need some super-adventurous space explorers to come on this interstellar, creative journey! Learn about the planets, stars, moons and much more while creating some fabulous galactic art. Design your own planet art creation, write its unique and cosmic story! \$139

**39426 Mon.-Fri. 8/17-8/21 9am-3pm**

**Come Learn to Sew** **NEW**

**1 week | Ages 8-16 | Elizabeth Pike** See class description under June 15-19. **Class held at Let's Get Sewing! Studio at 8707 N. Wall St. 509-217-7049 \$145**

**39427 Mon.-Fri. 8/17-8/21 9am-12pm**

**39428 Mon.-Fri. 8/17-8/21 2-5pm**



# THERAPEUTIC RECREATION SERVICES

## MODIFIED SUMMER OFFERINGS

TRS is offering a modified selection of activities for August. We are excited to offer these recreational opportunities while in phase 2. Class sizes will be limited and we follow all Covid-19 requirements and preventative measures.

### Bicycling

**4 Weeks | Ages 16+** Enjoy Spokane's natural beauty by bicycle. Participants need to be physically active and ride a bike safely. Make sure your bike is in good working order and helmet fits well. **Meet at Centennial Trail Head, 9900 E. Maringa Drive Spokane Valley.**

6104 | Wed | 8/5-8/26 | 6pm-8pm | \$43

### Walking

**4 Weeks | Ages 14+** If you enjoy the outdoors, exercise and socializing with friends this weekly stroll is for you. We will divide the group into slow and fast walkers. Please wear comfortable, loose clothing such as sweats and sturdy walking shoes. **Meet at Friendship Park 7426 N. Standard St (Standard & Greta parking lot).**

6124 | Thurs | 8/6-8/27 | 4:30- 5:30pm | \$27

### Hiking

**1 Day | Ages 16+** Discover the beauty of local Spokane areas. Participants must be able to follow directions, stay with a group and be in good physical condition to do 3-6 miles of strenuous hiking. Bring a lunch.

**Riverside State Park – Bowl & Pitcher Meet at parking lot 4427 N Aubrey L White Pkwy.** We will be exploring the Bowl and Pitcher Area which includes crossing a suspension bridge over the Spokane River.

6120 | Sat | 8/8 | 10 am-1pm | \$19

**Dishman Hills – Meet at Natural Area Trailhead, 625 S.**

**Sargent Rd.** This is Spokane's wilderness version of New York's CentralPark, with rocks, land forms, and vegetation. Enjoy ponds, cliffs, ravines, and numerous high points with views. You could see deer, raccoons, coyotes, and 100 species of birds.

6183 | Sat | 8/15 | 10am-1pm | \$19

**Manito & Cannon Hill Park Loop – Meet at Manito Park,**

**1702 S. Grand Blvd at Mirror pond.** We will be walking a looped route along paved paths and sidewalks through Manito Park up to Cannon Hill Park and back. We will stop and see the amazing gardens, including Joel E. Ferris Perennial Garden, Duncan Gardens & fountain, Rose Hill Garden, Nishinomiya Japanese Gardens; and the Gaiser Conservatory Greenhouse. We will see ponds, shrubbery and fowl wildlife. The loop is 2.4 miles.

6185 | Sat | 8/22 | 10am-1pm | \$19

**Mirabeau Point – Meet at the meadows 13500 Mirabeau**

**Pkwy, Spokane Valley.** We will explore the park which includes 55 acres of meadows, forest, trails, Mirabeau Springs waterfall, discovery playground, climbing hills and easy access to Centennial Trail.

6200 | Sat | 8/29 | 10am-1pm | \$19



## CLASS REGISTRATION PROCEDURE

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**REGISTER ON-LINE:** at [SpokaneRec.org](https://spokaneRec.org).

**REGISTER BY PHONE:** Registration will be accepted ONLY with VISA or MasterCard at 311 (outside the city, call 509.755.2489).

**REGISTER IN PERSON:** at City Hall (corner of Post & Spokane Falls Blvd.), the 1st floor, at the MySpokane Customer Service Counter. Make checks payable to "City of Spokane."

Spokane Parks Foundation has given TRS scholarship funds. A limited amount will be available based on financial need. Use the contact information below to request the application packet. Call 625-6245 for information.

### QUESTIONS?

Call 625.6245, email [abusch@spokanecity.org](mailto:abusch@spokanecity.org)

# OUTDOOR ADVENTURES

## KAYAKING

### Kayak Bead Lake

**1 day | Ages 15+** This glacier carved lake surrounded by mountainous timbered hills is a wonderful paddle and a great way to explore NE Washington. Take nature in as we paddle the clear waters and unique shoreline. Tandem kayaks, equipment and guides provided. Additional pre-trip information emailed after registration. **Meets at Bead Lake Public Boat Launch.** \$39

6198 Sat 9/12 9am-1pm

### Kayak Fish Trap Lake by Moonlight

**1 day | Ages 18+** Experience the beautiful undeveloped channeled scabland lake at Fish Trap and learn the basics of kayaking in our tandem sit-on-top kayaks. As the moon rises we will paddle the quiet water awestruck by the magnificence of the lunar light. Tandem kayaks, equipment and guides provided. Pre trip information emailed after registration. *Discover Pass Required: [www.discoverpass.wa.gov](http://www.discoverpass.wa.gov).* **Fish Trap Lake Public Boat Launch.** \$25

6034 Fri 7/31 8-10:30pm

6035 Sat 8/29 8-10:30pm

### Kayak Horseshoe Lake

**1 day | Ages 15+** This small lake almost dictates that you slow down and enjoy the grace of your sleek and stable single person sit-on-top kayak passing through the water. You will paddle over to a 50' foot waterfall that feeds this jewel of a lake. Guides, kayak instruction, and kayaking gear are included. Directions emailed after registration. *Discover Pass Required: [discoverpass.wa.gov](http://discoverpass.wa.gov).* **Meet at Horseshoe Lake Public Boat Launch 4962 Horseshoe Lake Rd Deer Park WA.** \$29

6195 Sun 7/26 9am-12pm

6045 Sun 8/30 9am-12pm

6047 Sun 9/13 9am-12pm

### Kayak Morning Paddle Williams Lake

**1 day | Ages 16+** Paddling the summer morning waters of Williams Lake has never been better! View beautiful geology, wildlife and sparkling water! You will learn the geological history of the area and the basics of kayaking during this relaxing paddle. Work up an appetite for a brunch (on your own) at Klink's resort on the Lake, whose reputation for fine dining is widely acclaimed in our area. Reservations recommended. Tandem Kayaks, kayaking gear, guides and instruction included. Additional details emailed after registration. *Discover Pass Required: [discoverpass.wa.gov](http://discoverpass.wa.gov).* **Williams Lake Public Boat Launch.** \$29

6194 Sun 8/16 7am-10am

### Kayak Sacheen Lake

**1 day | Ages 16+** Enjoy that last bit of summer! Surrounded by pine-covered hills this scenic lake is a perfect setting for a relaxing paddle. You will paddle your tandem-sit-on-top kayak through narrow channels towards an inlet lined with lilies and wildlife. Take in the scenery of lake homes and mountains as your paddle slices through the clear waters. Kayaks, kayaking equipment and guides provided. *Discover Pass required: [discoverpass.wa.gov](http://discoverpass.wa.gov).* **Sacheen Lake Public Boat Launch.** \$29

6193 Sun 8/23 9am-12pm

### Kayak Sunset Paddle on the Spokane River

**1 day | Ages 15+** Take a tour on the Spokane River! This flatwater paddle adventure from Boulder Beach brings you on a tour viewing spectacular river homes, wildlife and urban outdoor scenery. Bring your camera for this one; there will be plenty of opportunities for great photos as the sun sets. Kayaks, instruction, guides, and equipment provided. Pre-trip information emailed after registration. **Meet at Boulder Beach Dirt Parking Lot E Upriver Drive.** \$25

6043 Sat 8/15 6-8:30pm

### Kayak Tour Spokane River from 9 Mile Dam

**1 day | Ages 15+** A wonderfully lazy stretch of flatwater on the Spokane River that flows through Riverside State Park. The forested shorelines give you solitude as you keep a watchful eye out for wildlife such as osprey, heron, deer and fish. You will also learn basic kayaking skills such as terminology, basic equipment & strokes. This is a great escape! Tandem kayaks, paddles, PFDs, and guides provided. Pre-trip information emailed after registration. *Discover Pass required: [discoverpass.wa.gov](http://discoverpass.wa.gov).* **Meet at Spokane River Nine Mile Dam Take-Out West Carlson Road Parking Lot.** \$29

5637 Sat 7/25 9am-12pm

6201 Sun 9/20 9am-12pm





# OUTDOOR ADVENTURES

## HIKING

### Hiking Mica Peak

**1 day | Ages 16+** This is an amazing wilderness-like natural area on the west slopes of Mica Peak. The Spokane County-owned conservation area ranges in elevation from 2,800' to 4,800', thereby hosting a variety of plant communities from sub-alpine to open Ponderosa pine forest, to aspen and birch groves that turn gold in the fall. Views overlooking Spokane Valley, the Palouse, and beyond can be taken in throughout the property. This will be a 4-5 mile loop with moderate uphill hiking. Hiking poles, instruction and guides included. Pre-trip information emailed after registration. **Meet at Trailhead E Belmont Rd Rockford WA. \$29**

6199 Sat 9/19 8am-1pm



## Stand Up Paddleboarding

### Paddleboard Tour Plese Flats

**1 day | Ages 15+** Let the sights and sounds of nature surround you on this flat water paddleboard tour on the Spokane River. We will start out with an intro lesson and then its paddle time! This will be a peaceful paddle through the preserved Riverside State Park. All paddle boarding equipment provided. *Discover Pass Required: [discoverpass.wa.gov](http://discoverpass.wa.gov)*. **Riverside State Park Plese Flats. \$20**

6092 Sat 8/22 11am-1pm

6093 Sat 8/22 1:30-3:30pm

### Paddleboarding at Fish Lake Family

**1 day | Ages 8+** Bring the family for a fun evening paddle at the quiet and peaceful Fish Lake. This Spokane County Lake is a great place to paddle and to learn the basics! All equipment and instruction provided. *Discover Pass Required: [discoverpass.wa.gov](http://discoverpass.wa.gov)*. **Meet at Fish Lake Public Boat Launch 14314 S Myers Park Rd, Cheney WA. \$19**

5512 Thurs 8/13 6-8pm

6197 Thurs 8/27 6-8pm

## Private Outdoor Recreation Tours

### Private Guided Family Tours

So....you don't want to go on a public trip during these times? That's okay we can book your family a private guided tour for hiking, kayaking, canoeing or stand up paddle boarding. All equipment, instruction and guides are provided! \$40 per person, minimum of 3 people per group for up to 3 hours. Must meet onsite. Call 509-363-5414 or email [rgriffith@spokanecity.org](mailto:rgriffith@spokanecity.org) for trip location options and additional details.



**Ages 6-12** A great summer camp should be a fun place where kids can explore a variety of activities, discover new interests, make friends, and feel confident to try something new. The ALL NEW Summer Day Camp at Merkel operates under three core values: a safe and healthy environment, a fun and positive experience, with exceptional instruction and supervision. Activities include traditional camp games, arts and crafts, sports, BMX, skate park activities, plus a variety of outdoor adventures. 9:00am – 4:00pm each day. Please contact us or go to our website at [www.spokaneparks.org/camps](http://www.spokaneparks.org/camps) for additional information.

### The Amazing Summer Race

**Ages 6-9 & 10-12** Team up with camp staff and other participants for a challenge course all over Merkel! Groups will play games to promote collaboration, creativity, and problem-solving while scavenging for clues and exploring different “cultures and languages” – even creating their own! Come and make new friends, hone your teamwork skills, and have a blast at the Summer Camp at Merkel!

### Surviving the Zombie Apocalypse

**Ages 6-9 & 10-12** The zombies are coming! Will you survive? Join with camp staff and participants for a camp-wide survival challenge at Merkel! Teams will play strategy games, engage in a variety of problem-solving collaborations, and learn from survival experts! This week campers will delve deeper into leadership, strategy, and communication.

### Outdoor Adventures

**Ages 6-9 & 10-12** This week is geared towards helping campers learn about the world around them and gain a new appreciation for the outdoors. Unplug from the hustle and bustle of everyday life and join our staff for fun-filled, team-building and self-esteem-boosting activities.

### Mad Science at Merkel!

**Ages 6-9 & 10-12** Are you a fan of the Backyard Scientist? Then this camp is for you! Camp staff and participants will engage in fun games and activities designed to develop observation skills, intellectual curiosity, resourcefulness, analytical predictions, problem-solving, and much more! Explore the infinite possibilities by discovering that science is all around us!

6011	Surviving the Zombie Apocalypse!	Mon-Fri	7/13-7/17	\$149
6012	Outdoor Adventures	Mon-Fri	7/20-7/24	\$149
6013	Mad Science at Merkel!	Mon-Fri	7/27-7/31	\$149
6014	The Amazing Summer Race!	Mon-Fri	8/3-8/7	\$149
6015	Surviving the Zombie Apocalypse!	Mon-Fri	8/10-8/14	\$149
6016	Outdoor Adventures	Mon-Fri	8/17-8/21	\$149
6017	Mad Science at Merkel!	Mon-Fri	8/24-8/28	\$149

In addition to the games and activities that are specific to the weekly themes, campers will also enjoy some of the unique features available at the Dwight Merkel Sports Complex, such as the BMX track, skate park, and various recreational sports activities.





# VIRTUAL SKYHAWKS CAMPS ARE AVAILABLE NOW!

## SKYHAWKS AND SUPERTOTS CAMPS IN YOUR OWN LIVING ROOM!



## THREE ALL-NEW VIRTUAL SERIES AVAILABLE

### Staying Active Series

Soccer Skills  
Basketball Skills  
PhysEd Fun  
Mini-Hawk Active

### Mind & Body Series

STEM & Play Multi-Sport  
Chess & Play  
Esports & Play  
Lego & Play

### SuperTots at Home Series

HoopsterTots  
SoccerTots  
BaseballTots  
Multi-SportTots

**LEARN MORE AND REGISTER TODAY  
AT [SKYHAWKS.COM/VIRTUAL](https://skyhawks.com/virtual)**

**STAY TUNED FOR MORE INFO ABOUT IN-PERSON CAMPS IN SPOKANE!**





# SUMMER SKYHAWKS CAMPS AVAILABLE NOW!

SKILL-BASED SPORTS PROGRAMS FOR AGES 4-14

## AVAILABLE SPORTS:

STEM SPORTS®	BASEBALL	CHEERLEADING
MULTI-SPORT	GOLF	FLAG FOOTBALL
BASKETBALL	SOCCER	VOLLEYBALL

**SPACE IS LIMITED! REGISTER ONLINE TODAY.**

**Skyhawks.com/SPRD**



# SuperTots

SPORTS ACADEMY®



SoccerTots VolleyKats 1stDownTots BaseballTots HockeyTots CheerTots HoopsterTots

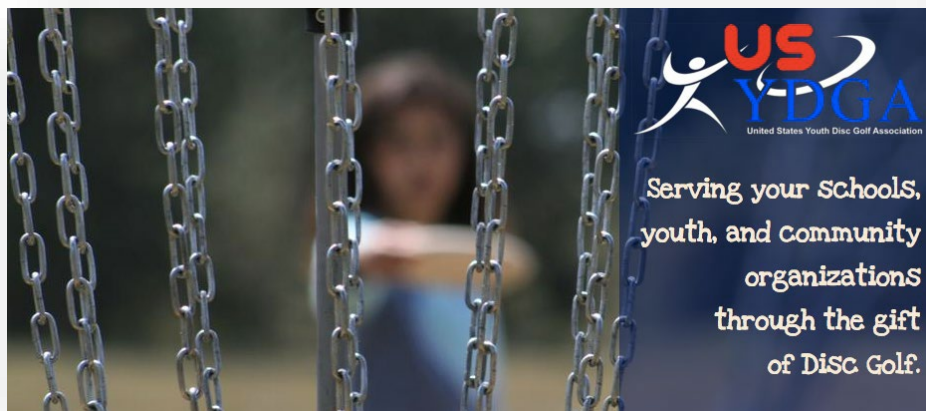
## SPORT BASED DEVELOPMENT PROGRAMS

OPEN TO AGES 2-5 YEARS. REGISTER ONLINE TODAY!

**SuperTotSports.com/Search**







**CORONA RELIEF, SOCIALLY AGREEABLE, FREE HOME TRAINING, FAMILY ORIENTED, BIG PRIZES, FUN!!!!!!**

**FREE TO ALL INLAND NORTHWEST STUDENTS & 2020 GRADS!!**

## **DISC GOLF EVENTS**



**WIN A FIAT 500 OR \$20,000 TO ANY COLLEGE, FAMILY GETAWAYS, PRIZES & AWARDS!!**

**QUALIFIER DATES: ALL GRADES – AUGUST 15<sup>TH</sup> AT N. SPOKANE YMCA. MUST REGISTER FOR TEE-TIME**

**FINAL TOURNAMENT: K-6<sup>TH</sup> - AUGUST 22ND  
7<sup>TH</sup>-12<sup>TH</sup> – AUGUST 23<sup>RD</sup> AT CAMP SEKANI ON UPRIVER DR.**

Go to [WWW.USYDGA.COM](http://WWW.USYDGA.COM) for info, register your tee-time, access free online home training videos, access specials for personal equipment or register for a socially agreeable training camp with a US/YDGA Coach. Top 120 students advance to the All District Event. Must attend the Qualifier Event in order to qualify for the All District. Represent yourself or your school or your DG team.

Questions: Director Erin 509-710-0930 or [usydgadiscgolf@gmail.com](mailto:usydgadiscgolf@gmail.com).

# rectennis.com/spokane

Summer Programs: Jun 15 – Aug 28



## Summer Tennis Camp

ages 5-12 | 1.5, 4 hr | starting at \$42

These week-long summer tennis camps teach kids basic tennis skills in a non-competitive atmosphere.



## Next Level Tennis

ages 8-16 | 1.5 hr | \$30/ class

The next step for players who want to advance their tennis skills. Builds on the rallying skills and introduces players to match play.



## Friends + Family Tennis

ages 6+ | 1.5 hr | \$25/ class

Bring up to 4 players to learn the basics of tennis in a fun, engaging atmosphere with a group of people you know.



## HIIT Tennis

ages 18+ | 1 hr | \$10/ class

The perfect alternative to your typical gym routine. Get in your cardio and total body workout while having fun on the court!



**Summer  
Tennis is Back!**

Sign-up before spots run out!

### Locations:

Comstock Park  
Sky Prairie Park

**Register today!** (equipment is always included!)

More Info: AnnElise Anderson | 509-991-0696 | anderson@pnw.usta.com

Programs starting at:

**\$10**

Served to you by **USTA PNW**





### **Assumption of Risk and Waiver of Liability**

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people. The City of Spokane Parks and Recreation Department (SPRD) has created new protocols and put in place preventative measures to reduce the spread of COVID-19; however, SPRD cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, attending any program may increase yours and your child(ren)s' risk of contracting COVID-19.

.....

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending SPRD programs, activities, or events, and that such exposure or infection may result in personal injury, illness, permanent disability, and/or death. I understand that the risk of becoming exposed to or infected by COVID-19 from participation in SPRD programs may result from the actions, omissions, or negligence of myself and others, including, but not limited to, SPRD employees, volunteers, and program participants and their families. I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself including, but not limited to, personal injury, disability, death, illness, damage, loss, claim, liability, or expense of any kind that I or my child(ren) may experience or incur in connection with my or my child(ren)s' attendance at SPRD programs. On my behalf, and on behalf of my child(ren), I hereby release, covenant not to sue, discharge, and hold harmless SPRD, City of Spokane, and their officials, employees, agents, and representatives, from and against any and all liability, claims, demands, actions, causes of action, damages, and expenses arising or in any way related to my or my child(ren)s' attendance at SPRD programs. I understand and agree that this release and covenant not to sue includes, but is not limited to, any claims related to COVID-19 based on the actions, omissions, or negligence of SPRD, City of Spokane, or their officials, employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any SPRD program.

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Signature of Parent/Guardian

Date

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Print Name of Parent/Guardian

Participant Name

# COVID-19 Summer Camp Requirements & Preventative Measures



**This guidance covers general principles and strategies to mitigate the spread of COVID-19. See the Washington Department of Health and related directives for additional specific requirements.**

## **SPRD will be operating camp programs at Dwight Merkel Sports Complex, Camp Sekani, Corbin Art Center and Woodland Center at Finch Arboretum.**

- Camp group/pods will be limited to no more than 22 people, including campers and staff. SPRD will not allow camp pods to interact with each other. This will decrease the potential for widespread exposure to the novel coronavirus via camp participants.
- All camp participants over the age of 5 and staff are required to wear masks unless they are participating in physical activity outdoors and are able to maintain 6 square feet of physical distance between themselves and other campers.
  - Those with disabilities, that prevents them from comfortably wearing or removing a face covering, or those who are deaf or hard of hearing that use facial mouth movements as part of communication may use face shields as an alternative to a cloth face covering.
- Participants attending camp should stay with their same group/pod for the duration of the camp week. The stable group/pod will not change more frequently than once per week.
  - There will be "Floater Staff" to administer breaks – these staff will sanitize their hands prior to entering the pod space and wear a face mask/cloth face covering.
  - Each indoor group/pod will occupy the same space for the duration of camp, for indoor and outdoor camps there will be a 'home base' program area that will remain consistent and not shared with other camps.
    - > The exception being half-day camps at Corbin Art Center. Two, half-day camps may occupy the same program area if they do not overlap, and the program area is thoroughly cleaned between sessions.
    - > Meaning no more than two pods may share the same program space in a day

## **Participant Screening Prior to Entering Program**

- Check-in / Check-out procedures will be modified to accommodate physical distancing and will be specific to each camp location which will be outlined in the camp parent packet information.
  - Prior to attending camp each day, camp participants, parents and guardians will be asked to answer health screening questions relating to COVID-19 for the participant. The answers will be recorded on the Sign-in Sheet.
  - Parents will be required to take their child's temperature before arriving to camp, and share this information at Sign-in. A child will not be allowed to enter camp if their temperature has not been checked.
  - To support contact tracing, each group/pod will have their own daily log. This log will be maintained according to the record retention schedule. Each pod's daily log shall include:
    - Child's Name
    - Drop off/pick up time
    - Adult completing both drop off/pick up
    - Adult emergency contact information
- Daily Health Screening Questions:** see below

## **Daily Health Screening Questions**

- Does your child/youth have any of the following symptoms that are not attributed to another condition? Or have they had these in the past 72 hours.
  - A cough
  - Shortness of breath or difficulty breathing
  - A fever of 100.4 or higher or a sense of having a fever
  - A sore throat
  - Chills
  - New loss of taste or smell
  - Muscle or body aches
  - Nausea/vomiting/diarrhea
  - Congestion/running nose-not related to seasonal allergies
  - Unusual fatigue
- Does anyone in your household have any of the above symptoms?
- Has your child/youth been in close contact with anyone with suspected or confirmed COVID-19?
- Has your child/youth had any medication to reduce fever before coming to camp?

If the answer to any of the above questions is "yes" camper will not be permitted to camp until they are 72 hours fever-free without using fever-reducing medications (e.g., Tylenol, ibuprofen)



# COVID-19 Summer Camp Requirements & Preventative Measures



## Parents, and Visitors.

- Parents/visitors must wear face coverings and sanitize their hands when they drop their campers off at their designated sign-in area.
- We will restrict non-essential visitors, volunteers, and general public interaction with camp group/pod

## Daily activities and curriculum will support physical distancing, striving to maintain at least 6 feet between individuals.

- We will increase the distance between children during table work.
- We will plan activities that do not require close physical contact among multiple campers.
- We will designate equipment (e.g., art supplies, crayons, pencils, scissors, etc.) solely for the use of individual campers for the week and will be sanitized at the end of the week .
- At indoor facilities we will promote one-way paths in and out of rooms whenever possible to further promote physical distancing.
- We will minimize time standing in lines and take steps to ensure that 6 feet of distance between the campers is maintained.
- Each camper will place their belongings in a labeled issued plastic bag upon arrival at camp.

## Hygiene Measures

- Increased sanitation practices have been incorporated into the daily camp schedule.
- Employees and program participants (where applicable) are required to follow the recommended hygiene measures.
- Soap and Water will be used:
  - After entering a restroom facility
  - Before lunch or snack times
- Soap and Water OR Alcohol based Sanitizer should be used:
  - Arrival to Camp
  - Departure from Camp
  - Anytime facial coverings are removed (such as lunch or snack time)
  - Before/after entering a camp programming space
  - After sneezing, nose blowing, or coughing

Tissues, trash receptacles, and handwashing facilities or hand sanitizer will be readily available to staff and program participants.

## Food and Beverage Service

- Campers will bring their own food; this includes lunch and two snacks for full-day camps and snacks for half-day camps.
- Campers will be instructed not to share food with other campers.
- Participants and employees will bring a reusable water bottle to camp.
- Gloved staff will assist campers in refilling their water bottles from the tap or a provided water source.
- Corbin Art Center is a nut free facility! Please plan your camper's meals accordingly.

# Frequently Asked Questions



## What kind of modifications will be made to camps?

Following the Washington Department of Health guidelines we will be maintaining smaller stable group/pod sizes. We will be selecting activities based on the ability to maintain physical distancing and reducing touchpoints. We are also making modifications to our drop-off & pick-up schedules and increasing sanitation practices.

## Will SPRD track any illness symptoms or outbreaks?

Absolutely. We will have a symptom checklist, including tracking for temperatures at drop off and, asking if the participant or immediate family members have exhibited known symptoms, such as:

- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Fever and/or chills
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

We will also be keeping logs for each group/pod to help identify anyone at-risk, should there be any illness associated with a camper or staff member.

If we suspect an illness or infection, we will immediately isolate the camper from the other participants and follow our standard procedure for sick campers, which includes having the parent/guardian check the child out of the activity and take them home if they are on-site. If the parent/guardian is not on-site, the staff member will attempt to contact the parent/guardian listed as an emergency contact information to pick up their child.

If campers or staff, or anyone in their household, has recently had an illness with a fever or a new cough, they should remain at home until:

- At least 10 days after illness onset; AND
- 72 hours after the fever is gone, without the use of fever-reducing medication; AND
- Symptoms are improving.

***Campers or staff who have had direct exposure to COVID-19, will not be able to return until 14 days after the exposure, assuming they do not develop symptoms.***

## Will there be other changes to pick-up and drop-off?

Site-specific check-in and check-out procedure information will be provided in the parent handbook, which is sent to families before the start of camp. Our goal will be to prevent parents from interacting with each camp group/pod and to bring campers to you.

## Will campers and staff be required to wear face masks?

All camp participants over the age of 5 and staff are required to wear masks unless they are participating in physical activity outdoors and are able to maintain 6 square feet of physical distance between themselves and other campers.

- Those with disabilities that prevent them from comfortably wearing or removing a face covering, or those who are deaf or hard of hearing that use facial mouth movements as part of communication may use face shields as an alternative to a cloth face covering.

## Will SPRD staff be given additional training for camp this year?

This year at summer camps, staff will be assigned to the same group/pod of campers all week. Camp staff receives comprehensive training every summer. We will place an emphasis on all-new safety and program protocols before camp begins, including policies around face masks and increased handwashing procedures, social distancing expectations amongst campers, and new protocols based on DOH and Spokane Regional Health District recommendations.

## Can you tell me more about increased disinfection procedures?

We are closely monitoring statewide, national and industry guidelines to keep our campers, families, and staff safe. Staff will be able to regularly wash their hands, high-touch areas will be regularly and routinely sanitized, and physical distancing will be emphasized. We have developed additional guidelines regarding daily health checks, physical distancing, handwashing, sanitizing items, adjusted activities, meals and snacks, and drop off and pick up, that are outlined in each camp specific question.

## What about smoke or smog?

In the case of poor air quality, staff will modify activities, reducing high energy level activities, such as running, tag games, and extensive hiking. Staff will also encourage campers to take extra breaks, drink lots of water, and will, of course, be keeping a close eye on participants throughout the day. Unless we

When the AQI equals or exceeds AQI value 150 which is in the lowest level of the “unhealthy” category, activities will be moved indoors or cancelled until improvement occurs.

## What if a camp is cancelled due to unforeseen circumstances, like another statewide order closing summer camps?

Patrons will receive a refund if a camp is cancelled by SPRD due to compliance with a statewide closure order, or for some other reason, that camp is required to be cancelled.