

YOUTH SPORTS SKILL-BASED PROGRAMS

Skyhawks Sports Academy provides sports programs where children discover and develop athletic skills and social values, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.



SPRING 2019

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
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BASEBALL CLINIC

Boys and girls learn the fundamentals of fielding, catching, throwing, hitting and base running in a fun, positive environment. Athletes learn new baseball skills along with vital life lessons such as respect, teamwork and responsibility.

SSA110917	4/24 - 5/29	Wednesday	6:05 p.m. - 6:55 p.m.	5-7	\$74	Audubon Park
SSA110918	4/24 - 5/29	Wednesday	7:00 p.m. - 7:50 p.m.	7-12	\$74	Audubon Park

BASKETBALL CLINIC

This fun, skill-intensive program is designed for beginning to intermediate athletes. An active week of passing, shooting, dribbling and rebounding makes this one of our most popular programs. Boys and girls will also learn vital life lessons such as respect, teamwork and responsibility.

SSA110911	4/08 - 5/13	Monday	6:05 p.m. - 6:55 p.m.	4-6	\$74	Lidgerwood Elementary
SSA110912	4/08 - 5/13	Monday	7:00 p.m. - 7:50 p.m.	6-12	\$74	Lidgerwood Elementary
SSA110928	4/11 - 5/16	Thursday	6:05 p.m. - 6:55 p.m.	4-6	\$74	Lincoln Heights Elementary
SSA110922	4/11 - 5/16	Thursday	7:00 p.m. - 7:50 p.m.	6-12	\$74	Lincoln Heights Elementary

SOCCERTOUCHE

Skyhawks is the nation's #1 program for learning the fundamentals of soccer. Using our progression curriculum, boys and girls will gain the technical skills & sport knowledge required for that next step into soccer.

***No class 4/21 and 5/26**

SSA110925	4/14 - 6/02	Sunday	1:00 p.m. - 1:50 p.m.	5-7	\$74	Franklin Park
SSA110926	4/14 - 6/02	Sunday	2:00 p.m. - 2:50 p.m.	7-12	\$74	Franklin Park

VOLLEYBALL CLINIC

All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting and serving. This program is designed for the beginning and intermediate player. Our staff will assist boys and girls in developing fundamental skills through game-speed drills and daily scrimmages aimed at developing the whole player.

SSA110919	4/10 - 5/15	Wednesday	6:10 p.m. - 6:10 p.m.	6-8	\$74	Wilson Elementary
SSA110920	4/10 - 5/15	Wednesday	7:05 p.m. - 7:55 p.m.	8-12	\$74	Wilson Elementary



SPACE IS LIMITED!

REGISTER TODAY»

Online:
www.skyhawks.com

Phone:
509.466.6590

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
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CHEERLEADING CLINIC

Skyhawks Cheerleading teaches young athletes the essential skills to lead crowds and support the home team! Each cheerleader learns proper hand & body movements and jumping techniques. The program concludes with a choreographed performance.

SSA110916	4/11 - 5/16	Thursday	6:05 p.m. - 6:55 p.m.	5-11	\$74	Hutton Elementary
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LACROSSE CLINIC

Lacrosse combines basic skills used in soccer, basketball and hockey into one fast-paced game. Boys and girls will learn the fundamentals of stick handling, cradling, passing and shooting in a fun, non-checking environment. ***Locations subject to change.**

SSA110913	4/23 - 5/28	Tuesday	6:00 p.m. - 6:50 p.m.	6-12	\$74	Southeast Sports Complex
SSA110927	4/24 - 5/29	Wednesday	6:00 p.m. - 6:50 p.m.	6-12	\$74	Sky Prairie Park - south end

FLAG FOOTBALL CLINIC

This special 6 week program is designed to teach core football techniques for skilled positions with an element of speed and agility training. This special program features low class ratio and coach is specialized in flag football. Skills developed are the core components of passing, catching, and defense – all in a fun and positive environment.

SSA110914	4/09 - 5/14	Tuesday	6:05 p.m. - 6:55 p.m.	5-7	\$74	Indian Trail Elementary
SSA110915	4/09 - 5/14	Tuesday	7:00 p.m. - 7:50 p.m.	6-12	\$74	Indian Trail Elementary

MULTI-SPORT (BASKETBALL, SOCCER & VOLLEYBALL)

This multi-sport program gives children a positive first step into athletics. Note: This multi-sport program includes 2 weeks of volleyball and 3 weeks of soccer and basketball.

SSA110931	4/11 - 5/30	Thursday	6:10 p.m. - 7:00 p.m.	5-7	\$94	Grant Elementary
SSA110932	4/11 - 5/30	Thursday	7:05 p.m. - 7:55 p.m.	7-12	\$94	Grant Elementary

COMING THIS SUMMER - STEM SPORTS CAMPS

STEM programs combine strategic STEM-based activities with traditional Skyhawks instruction and a focus on life skills such as teamwork and sportsmanship. STEM Sports® curriculum gives students the opportunity to get behind the sport they love with technology, science and innovation. Kids will spend half the morning in the classroom and the other half of the morning on the field/court. Skyhawks puts the Sports in STEM!

STEM SPORTS INCLUDE: BASKETBALL, SOCCER & VOLLEYBALL



Go to www.skyhawks.com/stem to learn more.

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