



YOUTH SPORTS SKILL-BASED PROGRAMS

Skyhawks Sports Academy provides sports programs where children discover and develop athletic skills and social values, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

FALL 2018

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
----------	---------	--------	--------	--------	-------	------------

BEGINNING FLAG FOOTBALL

SSA105714	9/11 - 10/09	Tue	5:30 p.m. - 6:20 p.m.	5-7	\$65	Comstock Park
SSA105737	10/24 - 12/05	Wed	6:05 p.m. - 6:55 p.m.	5-7	\$74	Browne Elementary

Boys and girls learn skills on both sides of the football including the core components of passing, catching and defense - all in a fun and positive environment.

FLAG FOOTBALL

SSA105715	9/11 - 10/09	Tue	5:30 p.m. - 6:20 p.m.	7-10	\$65	Comstock Park
SSA105738	10/24 - 12/05	Wed	7:00 p.m. - 7:50 p.m.	7-12	\$74	Browne Elementary

Boys and girls learn skills on both sides of the football including the core components of passing, catching and defense - all in a fun and positive environment.

BEGINNING BASEBALL*

SSA105711	9/12 - 10/10	Wed	5:30 p.m. - 6:20 p.m.	4-6	\$61	Audubon Park
-----------	--------------	-----	-----------------------	-----	------	--------------

Boys and girls learn the fundamentals of fielding, catching, throwing, hitting and base running in a fun, positive environment. Athletes learn new baseball skills along with vital life lessons such as respect, teamwork and responsibility.

BASEBALL*

SSA105710	9/12 - 10/10	Wed	5:30 p.m. - 6:20 p.m.	6-11	\$61	Audubon Park
-----------	--------------	-----	-----------------------	------	------	--------------

Boys and girls learn the fundamentals of fielding, catching, throwing, hitting and base running in a fun, positive environment. Athletes learn new baseball skills along with vital life lessons such as respect, teamwork and responsibility.

BEGINNING BASKETBALL

SSA105732	10/22 - 12/03	Mon	6:05 p.m. - 6:55 p.m.	4.5 - 6	\$74	Lidgerwood Elementary
SSA105801	10/23 - 11/27	Tue	6:05 p.m. - 6:55 p.m.	4.5 - 6	\$74	Indian Trail Elementary
SSA105718	10/25 - 12/06	Thu	6:05 p.m. - 6:55 p.m.	4.5 - 6	\$74	Lincoln Heights Elementary

This fun, skill-intensive program is designed for beginning to intermediate athletes. Active sessions of passing, shooting, dribbling and rebounding makes this one of our most popular programs. Boys and girls will also learn vital life lessons such as respect, teamwork and responsibility.

BASKETBALL

SSA105734	10/22 - 12/03	Mon	7:00 p.m. - 7:50 p.m.	6-12	\$74	Lidgerwood Elementary
SSA105736	10/23 - 11/27	Tue	7:00 p.m. - 7:50 p.m.	6-12	\$74	Indian Trail Elementary
SSA105735	10/25 - 12/06	Thu	7:00 p.m. - 7:50 p.m.	6-12	\$74	Lincoln Heights Elementary

This fun, skill-intensive program is designed for beginning to intermediate athletes. Active sessions of passing, shooting, dribbling and rebounding makes this one of our most popular programs. Boys and girls will also learn vital life lessons such as respect, teamwork and responsibility.

***This class meets for five weeks**

Note: No sessions will be held on Monday 11/12 (Veteran's Day) or Thursday, 11/22 (Thanksgiving)

The district does not sponsor or endorse this event/information and the district assumes no responsibility for it. In consideration of the privilege to distribute materials, the Spokane School District will be held harmless from any cause of action filed in any court or administrative tribunal arising out of the distribution of these materials, including costs, attorney's fees and judgments or



**SPACE IS LIMITED!
REGISTER TODAY»**

www.skyhawks.com or call 466-6590



YOUTH SPORTS SKILL-BASED PROGRAMS

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
----------	---------	--------	--------	--------	-------	------------

BEGINNING CHEERLEADING

SSA105745	10/23 - 11/27	Tue	6:05 p.m. - 6:55 p.m.	5-11	\$74	Wilson Elementary
-----------	---------------	-----	-----------------------	------	------	-------------------

Skyhawks Cheerleading teaches young athletes the essential skills to lead crowds and support the home team! Each cheerleader learns proper hand & body movements and jumping techniques. The week concludes with a choreographed performance.

SOCCERTOUCH

SSA105706	9/16 - 10/21	Sun	1:00 p.m. - 1:50 p.m.	5-7	\$74	Franklin Park
SSA105708	9/16 - 10/21	Sun	2:00 p.m. - 2:50 p.m.	8-10	\$74	Franklin Park

Skyhawks is the nation's #1 camp for learning the fundamentals of soccer. Using our progression curriculum, boys and girls will gain the technical skills & sport knowledge required for that next step into soccer.

BEGINNING VOLLEYBALL

SSA105742	10/23 - 11/27	Tue	6:10 p.m. - 7:00 p.m.	6-8	\$74	Balboa Elementary
SSA105739	10/25 - 12/06	Thu	6:10 p.m. - 7:00 p.m.	6-8	\$74	Franklin Elementary

All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting and serving. This program is designed for the beginning and intermediate player. Our staff will assist boys and girls in developing fundamental skills through game-speed drills and daily scrimmages aimed at developing the whole player.

VOLLEYBALL

SSA105741	10/23 - 11/27	Tue	7:05 p.m. - 7:55 p.m.	7-12	\$74	Balboa Elementary
SSA105743	10/25 - 12/06	Thu	7:05 p.m. - 7:55 p.m.	7-12	\$74	Franklin Elementary

All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting and serving. This program is designed for the beginning and intermediate player. Our staff will assist boys and girls in developing fundamental skills through game-speed drills and daily scrimmages aimed at developing the whole player.

COMING SOON: SKYHAWKS BASKETBALL LEAGUE!



Practice and game on the same day!

***This class meets for five weeks**

Note: No sessions will be held on Monday 11/12 (Veteran's Day) or Thursday, 11/22 (Thanksgiving).

The district does not sponsor or endorse this event/information and the district assumes no responsibility for it. In consideration of the privilege to distribute materials, the Spokane School District will be held harmless from any cause of action filed in any court or administrative tribunal arising out of the distribution of these materials, including costs, attorney's fees and judgments or



**SPACE IS LIMITED!
REGISTER TODAY»**

www.skyhawks.com or call 466-6590