



YOUTH SPORTS

SKILL-BASED PROGRAMS



Skyhawks Sports Academy provides sports programs where children discover and develop athletic skills and social values, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

WINTER 2020

(course) (dates) (days) (time) (ages) (fee) (location)

BASKETBALL

This fun, skill-intensive program is designed for beginning to intermediate players. Using our progression curriculum, we focus on the whole player -teaching sportsmanship and teamwork. Boys and girls will learn the fundamentals of passing, shooting, ball handling, rebounding and defense through skill-based instruction and small-sided scrimmages.

***No Class 11/25**

CLINIC

SSA123676	11/16 - 12/14	Monday	6:00 p.m. - 6:50 p.m.	6-12	\$69	Spokane Convention Center
SSA123676	11/16 - 12/14	Monday	7:00 p.m. - 7:50 p.m.	6-12	\$69	Spokane Convention Center
SSA123680	11/18 - 12/16*	Wednesday	5:00 p.m. - 5:50 p.m.	6-8	\$59	Spokane Convention Center
SSA123681	11/18 - 12/16*	Wednesday	6:00 p.m. - 6:50 p.m.	8-12	\$59	Spokane Convention Center

CAMP

SSA123684	12/21 - 12/22	Mon & Tues	9:00 a.m. - 3:00 p.m.	6-12	\$129	Spokane Convention Center
SSA123685	12/28 - 12/29	Mon & Tues	9:00 a.m. - 3:00 p.m.	6-12	\$129	Spokane Convention Center

CHEERLEADING CLINIC

Skyhawks Cheerleading teaches young athletes the essential skills to lead crowds and support the home team! Each cheerleader learns proper hand & body movements and jumping techniques. The clinic concludes with a choreographed performance on the final day.

SSA123674	11/16 - 12/14	Monday	5:00 p.m. - 5:50 p.m.	6-8	\$69	Spokane Convention Center
SSA123675	11/16 - 12/14	Monday	6:00 p.m. - 6:50 p.m.	8-12	\$69	Spokane Convention Center

SPEED, AGILITY AND QUICKNESS CLINIC

Skyhawks Speed, Agility and Quickness Clinic is designed to introduce young athletes and build up returning Athletes to a variety of different movements and techniques for sports in one setting. They will learn and improve on running technique, quickness, and agility. These sessions will also include fun games to improve on reaction time and creating overall good habits for proper sports movement.

SSA123677	11/17 - 12/15	Tuesday	5:00 p.m. - 5:50 p.m.	6-12	\$69	Spokane Convention Center
SSA123678	11/17 - 12/15	Tuesday	6:00 p.m. - 6:50 p.m.	6-12	\$69	Spokane Convention Center
SSA123679	11/17 - 12/15	Tuesday	7:00 p.m. - 7:50 p.m.	6-12	\$69	Spokane Convention Center

VOLLEYBALL CLINIC

*Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-filled program. All aspects of the game are taught through drills and exercises that focus on bumping, setting, spiking, hitting and serving. ***No Class 11/28***

SSA123682	11/21 - 12/19*	Saturday	9:00 a.m. - 9:50 a.m.	6-8	\$59	Spokane Convention Center
SSA123683	11/21 - 12/19*	Saturday	10:00 a.m. - 10:50 a.m.	8-12	\$59	Spokane Convention Center

Skyhawks will adhere to CDC and state guidance for COVID-19. Guidance will include class size, sanitation, and distancing. Skyhawks is committed to keeping children, and staff safe in a fun environment.



SPACE IS LIMITED!
REGISTER TODAY >>

Online:
skyhawks.com

Phone:
800.804.3509