

# winter **ACTIVITY** guide



*find your play!*

YOUTH ACTIVITIES  
ADULT ART AND COOKING CLASSES  
OUTDOOR TRIPS FOR ALL AGES  
SPORTS LEAGUES  
THERAPEUTIC RECREATION  
& MUCH MORE

EXPLORE  
PARKS  
NATURE

SPORTS  
& REC  
OUTDOOR

CAMPS  
LEARN  
CLASSES

ENJOY  
SKATE  
LEARN

ENJOY  
RIVER  
FRONT  
PARK

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CITY OF  
SPOKANE  
PARKS  
& RECREATION



# the ice

Grand Opening

Friday, December 8, 5 - 10 P.M.



riverfront  
SPOKANE

## what is an ice ribbon?

- An ice ribbon is different from the traditional ice rink in the way it creates a wandering pathway integrated into the landscape. Riverfront Park's ice ribbon is a 16' wide and 700' long pathway with a 3,500-square-foot attached pond.
- Skaters can experience slight inclines and declines as they make their way around a path of ice surrounded by beautiful Northwest-inspired landscape, including basalt columns and several varieties of trees. Complementing the ribbon are large, cozy fire pits for spectators and skaters alike to sit around and enjoy a cup of hot cocoa. The ribbon shares a ticketing facility with the SkyRide, concessions and dining area.



Artist's representation. Architectural, engineering and ice design completed by Stantec.

## where can I find examples of other ice ribbons?

- Maggie Daley Park in Chicago; Washington Canal Park in Washington D.C.; Central Park in Minnesota; and the NIBCO Water and Ice Park in Indiana are a few examples.

## what will happen in the summer?

- In the warmer months, the ice ribbon transforms to host a wide variety of activities such as roller-skating, strider-biking, art walks, food truck rallies, and much more.

## how is the ice programmed with activities?

- Nearly every day, the ice will be programmed with free skating lessons, cheap skate nights, live music, themed dress up events, happy hours, and even yoga on ice! Our activity guide is available online.

## what are admission prices?

- Hourly admission is \$6.50 for adults and \$4.50 for children. Unlimited season passes are \$30 for adults and \$25 for children. Skate rentals are available for \$4.50 per visit.

RiverfrontSpokane.com



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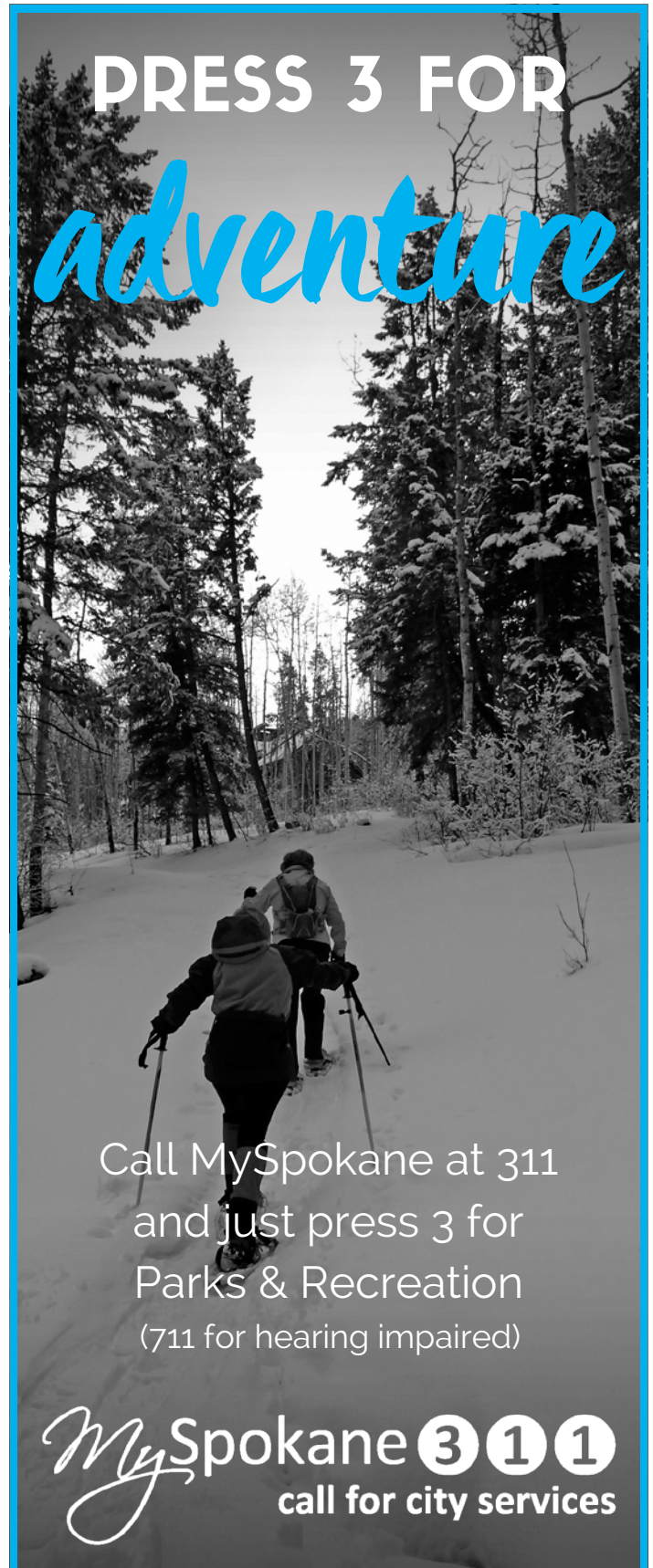
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**PRESS 3 FOR**  
*adventure*

Call MySpokane at 311  
and just press 3 for  
Parks & Recreation  
(711 for hearing impaired)

*My*Spokane **3 1 1**  
call for city services

"In every walk with Nature one  
receives far more than he seeks."  
~John Muir

## SPOKANE'S BEST KEPT SECRET

### A place to reflect, a place to connect, a place to learn...

where the natural, historical, botanical, and educational all come together in the beauty and wonder of the John A. Finch Arboretum.

The Arboretum hosts over 65 acres of botanical collections of trees and plants along with educational and seasonal events and activities throughout the year.

Free and open to the public year round from dawn until dark.

Download the Arboretum's Walking Guide at [spokaneparks.org](http://spokaneparks.org) and plan your next adventure.

For more information about the Arboretum, call 509.363.5466.

To rent space at the Woodland Center or on the Arboretum grounds, call 509.363.5455.

Donations can be made in support of the John A. Finch Arboretum, call 509.363.5495.



## Walla Walla Bicycle Wine Tour

Enjoy tasting extraordinary  
Washington wines



Cycle through the beautiful  
country side and vineyards



June 10 & 11, 2018

Fee includes lodging in  
the historic and elegant  
Marcus Whitman Hotel,  
breakfast, 2 lunches,  
support vehicle and  
interpretive guides.

\$289 per person  
double occupancy only

Call 509-755-2489  
for registration



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## PAINTING CLASSES &amp; WORKSHOPS

**Acrylic Painting**

**6 weeks | Ages 16+ | Tom Quinn** Learn basic concepts of painting techniques with acrylic paints. You will explore color, form and composition to create your own works of art. Work from still-life set-ups and two-dimensional references such as photos. Supply list included upon confirmation of registration.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$70**  
38548 Mon. 2/5-3/12 6:30-8:30pm

**Intro to Watercolor Painting & Beyond**

**6 weeks | Ages 18+ | Megan Perkins** Come and learn the basics of watercolor, mixing colors, choosing the right paper, brushes to use, and how to transform a value sketch into a watercolor painting. If you have already taken a watercolor class before, the instructor will help you go on with what you want to accomplish. The instructor will provide photos for you to work off but feel free to bring your own to create your own fabulous works of art. Supply list included upon confirmation of registration.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$70**  
38549 Thurs. 2/8-3/15 2-4pm

**Painting with Oils**

**6 weeks | Ages 16+ | Tom Quinn** An introduction to the forgivable medium: oil. Learn basic concepts of design, composition, color theory, values and texture while experiencing the outstanding working properties of oil. Choose to work from still-life or two-dimensional references. Helpful demonstrations and individual instruction will be taught. Supply list included upon confirmation of registration.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$70**  
38550 Thurs. 2/8-3/15 6:30-8:30pm

**NEW! Building Resiliency for Stress Relief with Art Journaling**

**1 day | Ages 18+ | Bevie LaBrie** How many times have you scrolled through "art journaling" books or pins and thought about how great the ideas are, but struggled to stop and make time to engage in those ideas. This class is for you! Bring your art journal with you and any of your favorite supplies to work from the 10 Art Journaling Prompts to Save the Day! All experience levels welcome and there will be a 1-hour lunch break. Supply list included upon confirmation of registration.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$65**  
38551 Mon. 2/26 5-9pm

**Spontaneous Process Painting**

**1 day | Ages 18+ | Bevie LaBrie** Have you ever stood in front of a blank canvas feeling paralyzed? Does your inner critic stand next to you, putting on the pressure to paint an amazing painting? If so this is the class for you! Using multi-media, participants will create on one surface throughout the class. Supported by writing prompts and instructor guidance, students will discover how this surface reflects their creative journey. Students will leave the day with numerous ways to begin to find deeper connection to their paint process. All experience levels welcome and there will be a 1-hour lunch break. Supply list included upon confirmation of registration.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$65**  
38552 Sat. 3/17 9am-4pm

**NEW!****Mixed Media: Negative Painting**

**3 weeks | Ages 16+ | Katie Frey** Inspired by the artwork of Sue Davis and Judy Paul, this class applies the techniques of negative painting to mixed media. Create a layered, paint and collage background, then, using patterns and easily identifiable images, paint the space around the image, rather than the image itself for a gorgeous and dramatic effect. Supply list included upon confirmation of registration.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$69**  
38544 Thurs. 2/1-2/15 6-8:30pm

**Mixed Media Mania**

**4 weeks | Ages 16+ | Katie Frey** Loosen up, laugh, and create in this fun "anything goes" art class. You will learn new ways to layer and distress paper, transfer images, create texture, collage, and use found objects in your art. Experiment with gelli plate printing, gel mediums, molding pastes and much more. Let's get creative! Classes will be held on the following Sundays: 02/04, 02/18, 03/04, 03/18, 2018. Supply list included upon confirmation of registration.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$50**  
38545 Every Other Sun. 02/04 -03/18 10am-2pm

**NEW!****100 Liquid Water-Color Wanderings**

**1 day | Ages 18+ | Bevie LaBrie** Studies have shown when a group of students were asked to make one perfect piece of art and another group was asked to make 100 pieces of art with no expectation on how good it is, the second group discovered their own style and produced a higher quality art. This class will give you the space and guidance to open the gates to your own creative flow. You will come away inspired by your own style, energized, and empowered through experimentation with liquid watercolor paint. All experience levels welcome and there will be a 1-hour lunch break. Supply list included upon confirmation of registration.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$65**  
38546 Sat. 2/3 9am-4pm

**NEW!****Art History**

**6 weeks | Ages 16+ | Tom Quinn** This class is a series of lectures with slides intended to be both informative and entertaining about the great art of the past. We will address certain questions like: What is art history? Does it pass aimlessly, or will it converge on a goal? This course will look at art changes from one culture and period to another and in what ways they remain the same. Please be aware that some of the slides depict nudes.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$62**  
38547 Mon. 2/5-3/12 1-3pm





## DRAWING

### **NEW!** Portrait Drawing

**6 weeks | Ages 16+ | Tom Quinn** It's a common belief that no subject is more intimidating than a portrait. The best way to break through the intimidation factor is by learning the proportions of the human head and the anatomy of the bones and muscles. Learning to observe the model closely and to draw what you see is another way to bolster confidence in portraiture. Mastering the human head can give an artist the confidence to draw any subject. Supply list included upon confirmation of registration.

**Class held at the Corbin Art Center, 507 W 7th Avenue** \$62  
38538 Tues. 2/6-3/13 1-3pm

### Perspective Drawing

**6 weeks | Ages 16+ | Tom Quinn** Perspective is to drawing what grammar is to writing. It provides a structure to art by dictating where objects must be placed and which directions the angles go to achieve that vital third dimension of depth. You do not need to be an artist to draw well in perspective - when you know how to use the tools, they do the drawing for you. Supply list included upon confirmation of registration.

**Class held at the Corbin Art Center, 507 W 7th Avenue.** \$62  
38539 Tues. 2/6-3/13 6:30-8:30pm

### Drawing Fundamentals

**6 weeks | Ages 16+ | Allison Bayley** Join us as we begin to explore drawing fundamentals! If you are new to drawing or need to brush up on basic skills this is the class for you. We will be tackling drawing materials, composition, portrait techniques, shading, and perspective. Great basics that will lead to long lasting confidence in your drawing. Supply list included upon confirmation of registration.

**Class held at the Corbin Art Center, 507 W 7th Avenue.** \$62  
38541 Wed. 2/7-3/14 6:30-8:30pm

### **NEW!** Colored Pencil Techniques

**4 weeks | Ages 16+ | Megan Perkins** Coloring books for adults are all the craze these days, but what if you want to practice the techniques of layering many colors to produce richer values, texture and depth. The Instructor will provide drawing for you to color and help you with adding shadows and leaving highlights. These colored pencil pieces of art will be so vibrant and 3-dimensional looking that you will want to frame and display proudly. Supply list included upon confirmation of registration.

**Class held at the Corbin Art Center, 507 W 7th Avenue.** \$62  
38542 Thurs. 2/8-3/1 11:30am-1:30pm

### Travel/Vacation Sketchbook

**4 weeks | Ages 16+ | Megan Perkins** Learn how to document your upcoming summer vacation through sketching and quick, easy watercolor paintings. I will give you tips for capturing moments in your vacation downtime and show you how to convert your vacation experiences into art that evokes the time you spent there. At the end of the class, you'll be ready to create upon confirmation of registration.

**Class held at the Corbin Art Center, 507 W 7th Avenue** \$50  
38543 Wed. 2/21-3/14 6-8pm

## WRITING & PERSONAL ENRICHMENT

### **NEW!** Navigating the Second Half of Life

**4 weeks | Ages 18+ | Jim Olson** Participants will explore this rich period of life through insights from those that have traveled this path. Come explore this time, and share the rich potential this period of life has to offer. Examine the challenges, growth potential, as well as struggles and surprises of your life. You will leave optimistic about the aging dynamic and realize it is never too early to start thinking about this next chapter of your life. Facilitated by Jim Olson, a dynamic and active 77 year young man who has been an educator for 50 years.

**Class held at the Corbin Art Center, 507 W 7th Avenue.** \$59  
38553 Thurs. 1/25-2/15 10am-Noon

## PHOTOGRAPHY

### Camera Basics

**4 weeks | Ages 16+ | Steven Navratil** Obtain understanding of your digital SLR camera and its functions. Learn to use your camera to get the results you would expect from a professional. This class is for a digital camera that has manual setting options. Class will also include lighting, composition and depth of field.

**Class held at the Corbin Art Center, 507 W 7th Avenue.** \$55  
38554 Wed. 2/7-2/28 6-8:30pm

### Photography Basics

**5 weeks | Ages 16+ | Al Berger** Learn the fundamentals of photography and how to use your camera. Tips on lighting, additional equipment to consider and its uses. Practice assignments and in-class critiques. Requires a camera that allows manual setting of F-stop and Shutter speeds, DSLR preferred. The first class will be 3 hours in length.

**Class held at the Corbin Art Center, 507 W 7th Avenue.** \$55  
38555 Mon. 1/29-2/26 6-8pm

### **NEW!** Basic Portrait Photography

**5 weeks | Ages 16+ | Al Berger** Learn the secrets and steps of working with a person or persons to create beautiful portraits. We will explore working with light, both natural and artificial as well as flash. Students will be taught how to meter light for the best results as well as learning how to pose a person for the most natural portraits. Assignments will be given and results will be critiqued in class.

**Class held at the Corbin Art Center, 507 W 7th Avenue.** \$55  
38556 Tues. 1/30-2/27 6-8pm

### Photoshop Basics

**5 weeks | Ages 16+ | Al Berger** Learn the basic steps needed to finish your digital photographs for printing and web usage. Photoshop topics include: sharpening, exposure compensation, density, minor retouching, cropping, special effects, levels, color correction and preparing photos for printing. Bring your laptop with a mouse, Photoshop or Photoshop Elements software installed on the laptop, (any version).

**Class held at the Corbin Art Center, 507 W 7th Avenue.** \$55  
38557 Wed. 1/31-2/28 6-8pm



## FIBER ARTS

**NEW!** Adult Sewing

**4 weeks | Ages 16+ | Elizabeth Pike** Never learned how to sew? Remember learning how to sew in middle or high school? This class is a great chance to learn or update your sewing skills. It's always fun to sew with others! Sewing machines and myriad gizmo/sewing tools provided. Supply list included upon confirmation of registration.

**Class held at Let's Get Sewing! 8707 N. Wall St. 509-217-7049 \$140**  
38561 Mon. 2/5-2/26 6-9pm

**NEW!** Hey! Let's Crochet

**5 weeks | Ages 14+ | Annie Strelow** Come and create fun and functional projects while learning the following crochet skills: basic stitches, increasing/decreasing, crocheting in the round, beginning lace, and finishing techniques. There will be new projects each week to learn and work on during class with group and individual instruction. Supply list included upon confirmation of registration.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$49**  
38562 Mon. 2/13-3/23 1-3pm

**Crochet a Yarn Necklace**

**1 day | Ages 16+ | Melode Hall** Come create a stunning, sparkling, adjustable necklace with ease. Basic and easy crochet techniques will be taught to make this wonderful piece of jewelry. This necklace makes a great Mother's Day gift! Prior crochet experience is not necessary. Supply list included upon confirmation of registration.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$24**  
38563 Thurs. 2/15 6:30-8pm

**NEW!** Beginners Sewing

**1 day | Ages 16+ | Elizabeth Pike** You will learn the basic use of a sewing machine and how to maintain a straight seam. This class is perfect for people who have never used a sewing machine and those who have had a little bit of experience a long time ago and need a refresher course. Sewing machines and a make-and-take project are provided.

**Class held at Let's Get Sewing! 8707 N. Wall St. 509-217-7049 \$45**  
38565 Sat. 2/17 10am-1pm  
38566 Sat. 3/10 1-4pm

**Learn to Knit!**

**4 weeks | Ages 14+ | Megan Perkins** Join the knitting craze and learn the basics of casting-on, knitting and binding off. Group and individualized instruction will teach a variety of easy beginner projects. Projects include: flower headband and/or a scarf. Supply list included upon confirmation of registration.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$45**  
38573 Tues. 2/20-3/13 6-8pm

**NEW!** Needle-Felted Bluebird of Happiness

**1 day | Ages 14+ | Kelly Trowbridge** Using a ball of yarn as a base, create your own needle-felted bluebird of happiness to brighten a winter day. Class is suitable for beginning or intermediate needle-felters. You'll also learn a little bit about the history, needles, and wool used in needle-felting. Please bring a ball of yarn (white or cream in color) approximately 3" in diameter. All other supplies provided by the instructor.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$39**  
38574 Sat. 2/24 9:30am-12:30pm

**Crochet: Rag Rugs**

**3 weeks | Ages 18+ | Melode Hall** Learn to make three different rag rugs: oval, circle and heart-shaped. Recycled materials are perfect for this project; bring used cotton or flannel sheets (Two per week) or preshrunk new fabric. Prior crocheting experience is not necessary. Supply list included upon confirmation of registration.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$44**  
38575 Mon. 3/5-3/19 6-9pm

## CORBIN CRAFTS WORKSHOPS

**NEW!** Beautiful Paper Folded Boxes

**1 day | Ages 16+ | Melode Hall** Come and learn how to make a lovely, paper folded 2 piece box (origami). These easy folded boxes make beautiful containers for gifts or just keep them for yourself. Make them to give for birthdays, anniversaries or any special occasion. Supply list included upon confirmation of registration.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$20**  
38579 Thurs. 2/8 6:30-8pm

**Intro to Clay Pottery!**

**5 weeks | Ages 12+ | Urban Art Co-op** This class is a fun introduction to pottery basics featuring Hand Building and Wheel Throwing techniques as well as an introduction to glazing and firing. Each student will complete the class with a couple of beautiful pieces of pottery to enjoy. Dress to get messy and all materials are included in the class fee.

**Class held at Urban Art Co-op, 3209 N. Monroe 509-720-7624 \$89**  
38580 Wed. 2/14-3/14 6-8pm

**NEW!** Paper Folded Flower

**1 day | Ages 16+ | Melode Hall** Learn to make one lovely, paper folded flower (origami) in class. These easy folded flowers make beautiful gifts or just keep them for yourself to decorate your home. Make them to give for birthdays, anniversaries or any special occasion. Supply list included upon confirmation of registration.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$20**  
38581 Thurs. 2/22 6:30-8pm



## ART OF FINE LIVING

### **NEW!** Knife Skill Basics

**1 day | Ages 21+** This "Knife Skills 101" class will radically increase your confidence as you wield your most important kitchen tool to cut meat, vegetables, and herbs. Poulet à la Printanière will be prepared (and eaten!) after butchering your own chicken, dicing fresh leeks, and mastering basil chiffonade. Course confirmation receipt will have location and directions of class. **Class held at Inland Northwest Culinary Academy, 1810 N. Greene Street.** \$49  
38588 Thurs. 1/11 6-8pm

### **NEW!** Super Bowl Apps!

**1 day | Ages 21+** Come and make tantalizing appetizers to enjoy during your Super Bowl Party. In this hands-on cooking class you will learn to make some delicious finger foods perfect for watching the big game! Course confirmation receipt will have location and directions of class. **Class held at Inland Northwest Culinary Academy, 1810 N. Greene Street.** \$49  
38589 Thurs. 1/25 6-8pm



### **Easy Artisan Breads**

**1 day | Ages 16+ | Susie Snider** Learn to make fresh homemade bread from grinding wheat to understanding yeast. Learn to make artisan breads for Focaccia, French, Herb, whole grain, and pizza crust. Make loaves of freshly ground grain breads to take home. **Class held at the Corbin Art Center, 507 W 7th Avenue** \$39  
38595 Sat. 3/17 11am-2pm

### **NEW!** Healthy Dinner in 30 Minutes

**1 day | Ages 21+** Need dinner in a hurry? Let our chef teach you the basics of preparing a healthy and balanced meal for four in 30 minutes or less. The class includes 3 different entrees, starch side dishes, as well as vegetables. Two salad recipes will also be included. Take the stress out of busy week nights with this course! Course confirmation receipt will have location and directions of class. **Class held at Inland Northwest Culinary Academy, 1810 N. Greene Street.** \$59  
38590 Thurs. 2/8 6-8pm

### **NEW!** Sushi 101

**1 day | Ages 21+** Learn how to make sushi nigari, maki (traditional rolls) and uramaki (fusion-style sushi rolls) and more in this absolutely unique experience for want-to-be sushi masters. Chef Wolters has amazing sushi skills plus great stories to share. Course confirmation receipt will have location and directions of class. **Class held at Inland Northwest Culinary Academy, 1810 N. Greene Street.** \$59  
38591 Thurs. 2/22 6-8pm

### **Sangria Grill**

**1 day | Ages 21+** Enjoy making taqueria style tacos and the ultimate handmade sangria. Throw in a trio of salsas and this Fiesta party is ready to start! Grab a friend and come join us! Course confirmation receipt will have location and directions of class. **Class held at Inland Northwest Culinary Academy, 1810 N. Greene Street.** \$59  
38592 Thurs. 3/8 6-8pm

### **NEW!** St. Paddy's Best Reuben Sandwich Ever!

**1 day | Ages 21+** This class will teach you how to make the most tender and flavorful Corned Beef. A twist on the classic sauerkraut, and how to put together the best Reuben sandwich ever! Bring your best mates along for this in depth class on the luckiest sandwich there is! Course confirmation receipt will have location and directions of class. **Class held at Inland Northwest Culinary Academy, 1810 N. Greene Street.** \$59  
38593 Thurs. 3/15 6-8pm

## SKIN CARE & SOAP MAKING

### **Organic Cold-Pressed Soap**

**1 day | Ages 16+ | Karen Felber** Learn the simple process of making organic and natural soap. Demonstrations include fragrance selection, optional color additives, botanicals, herbs, and additional ingredients to make exfoliating soap. Quick tips on wrapping included. Take home samples. **Class held at the Corbin Art Center, 507 W 7th Avenue.** \$21  
38583 Wed. 2/14 6:30-8:30pm

### **Organic "Spa" Skin Care Products!**

**1 day | Ages 16+ | Karen Felber** Learn to make organic, chemical free skin care products including scrubs, sunscreen, body butter, milk baths, bath salts, and lip balm. Pamper yourself without paying high prices using everyday ingredients. Demonstrations and take home samples. **Class held at the Corbin Art Center, 507 W 7th Avenue.** \$21  
38584 Sat. 3/3 10am-Noon



## LANGUAGE &amp; CONVERSATIONAL SPEAKING

**Active Beginners Spanish**

**6 weeks | Ages 18+ | Mary Benham** Come and gain practical phrases for travel, or enjoy your own language enrichment journey to the Hispanic world. Practice the essentials- including greetings, hotel check-in, restaurant ordering and shopping dialogs, while in a relaxed, interactive setting. Supply list included upon confirmation of registration.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$59**  
38597 Tues. 2/13-3/20 1-3pm

**NEW! Advanced Beginners/Intermediate Spanish**

**6 weeks | Ages 18+ | Mary Benham** Continue to build your skills with a review of practical travel phrases, learn more important verbs and expand your Spanish vocabulary in this relaxed, interactive setting. Supply list included upon confirmation of registration.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$59**  
38598 Wed. 2/14-3/21 1-3pm

**NEW! Spanish Conversation**

**6 weeks | Ages 18+ | Mary Benham** This course is for advanced students that want to expand their Spanish skills with reading, discussion, and grammar review in an informal setting. Students are encouraged to talk about their own travel and cultural stories.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$59**  
38599 Thurs. 2/15-3/22 1-3pm

**NEW! Intro to Mandarin Chinese**

**6 weeks | Ages 18+ | Elene Johnston** Mandarin Chinese is an elegant and rich language. Even a cursory introduction gives the language learner insight into China's history and culture. In this class you will learn to understand, speak, read and write about 50 characters. During class, we will engage in Chinese conversations, read sentences written in Chinese and practice writing Chinese characters. Supply list included upon confirmation of registration.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$59**  
38600 Mon. 2/12-3/19 10am-Noon

**NEW! Beginning Russian**

**6 weeks | Ages 14+ | Natalie Marynovska** Do you have a Russian neighbor that you would like to get to know or do you have a trip planned to the beautiful country of Russia? This class will teach you the basics of this wonderful language and is taught by a native Russian language professor.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$59**  
38601 Wed. 2/7-3/14 6-8pm

## meetings &amp; parties at Corbin

Located close to downtown, tucked away in a tranquil setting with ample free parking, is the beautiful 120-year-old Corbin Art Center. It's a perfect place for your next corporate retreat, holiday party or special event.

*great rates!*

(509) 625-6677



## CORBIN KIDS PRESCHOOL

### Little Leonardo's

**6 weeks | Ages 3-5** Children love art and they're naturally creative and imaginative. Each class is planned to expose your child to a new element of art each week. They will paint, sculpt, draw, cut paper and glue to help develop listening skills, fine motor skills and creative imagination play.

**Class held at the Corbin Art Center, 507 W 7th Avenue \$47**  
38602 Mon. 2/5-3/12 9:30-10:30am

### Let's Gogh Art!

**6 weeks | Ages 4-5** Children love art and they're naturally creative and imaginative. Each class is planned to expose your child to a new element of art each week. They will paint, sculpt, draw, cut paper and glue to help develop listening skills, fine motor skills and creative imagination play.

**Class held at the Corbin Art Center, 507 W 7th Avenue \$55**  
38603 Tues. 2/6-3/13 9:30-11am

### **NEW!** Make Art Together: Memories & Treasures

**6 weeks | Ages 2-4** Come make fun art treasures with your little one to keep for years to come! You and your child will discover color, texture, while exploring a variety of art techniques and materials. This class is fast paced, active and fun. Each week you will make a new memory and masterpiece to take home.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$47**  
38604 Wed. 2/7-3/14 9:30-10:30am

### **NEW!** Make Art Together: Beat the Winter Blues!

**6 weeks | Ages 2-4** Are you tired of being cooped up in the house? Then this is the creative class for you and your child. Experience a new weekly art theme, story, and relevant project. Children will discover color, texture while practicing basic cutting and gluing skills while exploring a variety of art techniques and materials. This class is fast paced, active and most of all fun! There are new projects each week for returning students.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$47**  
38605 Thurs. 2/8-3/15 9:30-10:30am

## CORBIN YOUTH

### Drawing Basics

**6 weeks | Ages 7-12** Drawing is the basis and the first step for dimensional art forms. Explore with different tools and techniques and learn the many facets of drawing including freehand drawing, line, shading, fur-scales-feathers, still life, color, design composition, perspective, portraiture, animals and more.

**Class held at the Corbin Art Center, 507 W 7th Avenue \$55**  
38608 Thurs. 2/15-3/22 4-5:30pm

### **NEW!** Sewing After School

**4 weeks | Ages 8+** "SAS" is an ongoing program designed to cover all the basics of sewing. Students complete simple to more advanced projects as their skills grow. "New to sewing" students begin with sewing machine basics while crafting a pillowcase with French seams and a pair of pajama pants. "Continuing" students' projects are skill and interest driven. Classes are formed in 4 week sessions and are multi-leveled. Students can bring their own machine or use one of the studio ones. Materials for the first project are provided. No experience needed.

**Class held at Let's Get Sewing! Studio at 8707 N. Wall St. 509-217-7049 \$128**  
38609 Wed. 2/7-2/28 4-6pm

### Afternoon Art Exploration

**6 weeks | Ages 7-12** Explore a variety of artistic mediums, such as oil pastels, paint, clay, paper, recycled objects and more each week. Here's a chance to use your artistic skills, be creative and try new things. There are new projects each week for returning students.

**Class held at the Corbin Art Center, 507 W 7th Avenue \$55**  
38607 Tues. 2/13-3/20 4-5:30pm



## WORKSHOPS - PRE-SCHOOL

### **NEW!** Make Art Together: Be My Valentine!

**1 day | Ages 2-4** Come make handmade cards and gifts with your favorite little Valentine in this fun, fast-paced class. Lots of hearts, doilies and glitter will be used to say "I Love You" in this fun event. Dress for a mess and have a "Lovely" time.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$20**  
38610 Sat. 2/10 9:30-11am

### **NEW!** Make Art Together: St. Patrick's Day

**1 day | Ages 2-4** Come and celebrate the "Wearing o' Green." Make a fanciful, fun Leprechaun hat, shamrocks projects and of course a pot of gold at the end of the rainbow. This a fun and fast paced class to share with your favorite little Leprechaun!

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$20**  
38611 Sat. 3/17 9:30-11am

### **NEW!** Make Art Together: Easter Bunny

**1 day | Ages 2-4** Bunnies, Chicks, and Lambs, Oh My! Come and make some fun Easter projects to enjoy this spring. Bring your little "Some-Bunny" special to this fun and fast-paced class. Projects include an animal puppet, Easter hat, and more.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$20**  
38612 Sat. 3/31 9:30-11am



## NO SCHOOL TODAY CAMPS - PRE-REGISTRATION IS REQUIRED

**NEW! Calzones, Pizza and Breadsticks!**

**1 day | Ages 6-11.** Learn to make your own personal calzone or pizza from Scratch! You'll make the crust, the sauce, and of course pick out your own toppings. We'll also make cinnamon breadsticks for dessert. Bring your own beverage and eat the lunch you have made. Cooking safety, clean-up and recipes included.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$39**  
 38613 Mon. 1/15 9am-3pm

**NEW! Art of Star Wars!**

**1 day | Ages 6-11.** Calling all Jedis! Follow the path to the light side young Padawans while we create Star Wars themed art and craft projects. Make Yoda ears, Chewbacca puppets, Porgs, masks and much more. Please dress for a mess and bring a lunch.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$39**  
 38614 Mon. 1/15 9am-3pm

**NEW! Clay, Gak & DIY Doughs**

**1 day | Ages 6-11.** Discover the joy of clay! Make your own cool clays to model creative animals and other projects. Using fun recipes and techniques you'll enjoy your experience with pre-made and handmade clay. Please bring a lunch.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$39**  
 38615 Mon. 2/19 9am-3pm

**NEW! Mixed Media Art Attack!**

**1 day | Ages 6-11.** Explore the vast world of mixed media using a diverse array of art materials and techniques. You will work with clay, paint, glue and found objects. Creativity will run rampant and the art will explode with color and energy. Dress for a mess and please bring a lunch.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$39**  
 38616 Mon. 2/19 9am-3pm

**NEW! American Girl Couture**

**1 day | Ages 8+ | Elizabeth Pike** Patterns, Fabric, Sewing Machines, Pre-cuts, Fashion Challenge, Prizes and more. Everything provided to make your doll a Fashionista! Bring your doll and a lunch, afternoon tea party provided. **Basic sewing experience needed or instructor's prior permission is required.**

**Class held at Let's Get Sewing! Studio at 8707 N. Wall St. 509-217-7049 \$80 plus \$30 lab fee**  
 38617 Mon. 1/15 9am-5pm  
 38618 Mon. 2/19 9am-5pm

## LEARN TO

## SKATE

WEDNESDAY CLASSES START JANUARY 17 | SATURDAY CLASSES START JANUARY 27

Our new ice skating classes taught by Lilac City Figure Skating Club coaches are perfect for beginners, recreational skaters, or those looking to advance to figure skating or hockey!

8 weeks. \$99. For Ages 4+ Learn more at [spokaneparks.org](http://spokaneparks.org)





## SPRING BREAK CAMPS

Enjoy a fun-filled day with arts and crafts activities for children. Dress for a mess and bring your lunch.

**Pre-registration is required**

### Glam Camp!

**1 week | Ages 8-11** Learn to make your own lotions, scrubs, lip balm and much more. Come and enjoy Spa Day, Hair Care and Hair Accessory Day, Yoga and Wellness Day, Fashion Fun Day and there's more. Please bring a clean 100 percent cotton light colored t-shirt for Fashion Fun Day. Please bring a lunch each day.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$139**  
38619 Mon.-Fri. 4/2-4/6 9am-3pm

### **NEW!** Animal Art: Let's Go Wild!

**1 day | Ages 6-11** Explore animals around the world through art. Unleash your creativity with different animal projects including collage, painting, drawing and sculpture. This camp is sure to be a "wild" time. Dress for a mess and please bring a lunch.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$39**  
38620 Mon. 4/2 9am-3pm

### Shhhhhh! It's Top Secret!

**1 day | Ages 6-11** Shhhh! Put on your secret disguise, get out your invisible ink, and sneak on over to work on your spy agility skills. Learn about secret codes, decipher codes, make clever gadgets and be a super sleuth to solve puzzles and mini mysteries. Dress for a mess and please bring a lunch.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$39**  
38621 Tues. 4/3 9am-3pm

### **NEW!** There's A Dragon in the Art Room!

**1 day | Ages 6-11** Do you love dragons? How about Trolls, Unicorns and other mythological creatures? Come use your imagination, creativity and lots of art supplies to make your very own creatures. You will paint, glue and even sculpt these fantastical art projects! Dress for a mess and please bring a lunch.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$39**  
38622 Wed. 4/4 9am-3pm

### Art Explosion!

**1 day | Ages 6-11** Explore the vast world of mixed media using a diverse array of art materials and techniques. You will work with clay, paint, glue and found objects. Creativity will run rampant and the art will explode with color and energy. Dress for a mess and please bring a lunch.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$39**  
38623 Thurs. 4/5 9am-3pm

### **NEW!** 3-D Crazy Creatures!

**1 day | Ages 6-11** Come to this camp and make your own 3-D Crazy Creatures. Your imagination and creativity will bring these creatures to life while using paint, paper, found objects and much more. This is a fun and extremely creative camp with lots of art building going on. Dress for a mess and please bring a lunch.

**Class held at the Corbin Art Center, 507 W 7th Avenue. \$39**  
38624 Fri. 4/6 9am-3pm



### **NEW!** Sewing Boot Camp

**1 week | Ages 8-16 | Elizabeth Pike** A sewing experience where creative expression is the key to leaning and a positive environment is always in style. Designed for students with little or no prior sewing machine experience, this intensive class aims to cover a healthy range of basic sewing skills with fun projects. By the end of course you will be able to tackle a simple sewing project with confidence. Sewing machines, handouts, and patterns are provided. Students repeating the camp experience will be given more advanced projects. Supply list provided at registration.

**(6-7 year olds need instructor approval.)**

**Class held at Let's Get Sewing! Studio at 8707 N. Wall St. 509-217-7049 \$100 plus \$30 lab fee due at first class.**

38625 Mon.-Fri. 4/2-4/6 9am-Noon  
38626 Mon.-Fri. 4/2-4/6 2pm-5pm



# Discounted Skiing + Volunteering = One Awesome Winter



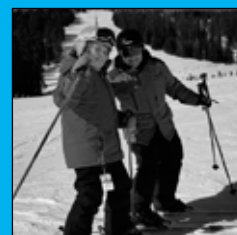
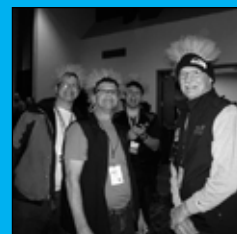
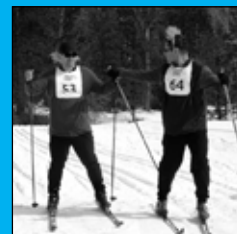
Do you enjoy skiing or snowboarding and want to help improve the quality of life for people with disabilities?

Consider volunteering with Therapeutic Recreation Services.

We're also looking for volunteers to help with outings to sport events or dinners, creating crafts, or singing and dancing in a musical production.



Please call 509.625.6245 or email [abusch@spokanecity.org](mailto:abusch@spokanecity.org)





## CROSS COUNTRY SKIING

### Cross Country Moonlight Ski Tour & Dinner

**1 day | Ages 18+** Discover the beauty of moonlight on snow as you peacefully make your way on cross-country skis through the woods. Afterward enjoy a wonderful meal from Greenbluff Fresh Catering Company! This is an incredible experience you will not want to miss. Includes ski equipment, dinner and guides. XC skiing experience recommended. No formal lesson given, only a tour. SNO-PARK & DISCOVER PASS PERMITS REQUIRED. \$5 discount if you bring your own equipment. Please call 509.755.2489 for discount. Additional information emailed after registration.

**Mt. Spokane State Park Selkirk Lodge Nordic Area \$53**

38349	Sat.	1/27	6-9pm
38350	Sat.	2/24	6-9pm



### Cross Country Ski Frater Lake with Transportation

**1 day | Ages 18+ | Sponsored by Mountain Gear** Explore this beautiful snowy glacial lake that is part of the eight lakes of the Pend Oreille Lake Chain. With over 10 miles of trail for all levels of skiers. Fee includes staff, roundtrip transportation, equipment if needed, and ski area fees. Bring your own lunch and water. Location subject to change due to snow conditions. Pre-trip information emailed after registration.

**Mountain Gear 2002 N. Division-Parking Lot \$45**

38348	Sat.	1/13	9am-4pm
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### Cross Country Ski Lesson 49 Degrees North w/ Transportation

**1 day | Ages 13+** Learn to cross country ski and tour the trails of 49 Degrees North Nordic Area! You will be taught the basics of cross country skiing by 49 Degrees North certified P.S.I.A ski instructors. Instruction includes basics of equipment, techniques on how to glide on your skis, how to travel uphill and how to stop going downhill. After a fun lesson we will hit the trails for a tour of the area trying out our new skills. Beautiful scenery and exercise is what cross skiing is all about! Includes: skiing equipment, trail pass, instruction, and transportation. Bring a lunch and plenty of water. Additional information emailed after registration.

**Wandermere Rite Aid 12312 N. Division St. \$49**

38209	Fri.	12/22	8am-4pm
38213	Sun.	12/31	8am-4pm
38211	Sun.	1/28	8am-4pm
38212	Sat.	2/10	8am-4pm

### Cross Country Ski Lessons Mt Spokane with Transportation

**1 day | Ages 13+** Learn the basics of cross-country skiing at Mt. Spokane Selkirk Nordic Area. Lesson taught by Spokane Nordic Ski Association P.S.I.A. certified cross-country ski instructors and tour led by Spokane Parks and Recreation guides. After a fun lesson we will hit the trails for a tour of the area trying out our new skills! Cross country skiing is a wonderful way to spend time with family and friends during the winter and get great exercise outdoors. Includes: skis, boots, poles, ski area fees, instruction and transportation. Additional information emailed after registration. Adults \$45, Ages 13-17 with participating adult \$37.

**Yokes Foods 14202 N. Market St. Parking Lot**

38217	Sat.	12/30	9am-3pm
38219	Sat.	1/6	9am-3pm
38220	Sun.	1/7	9am-3pm
38221	Sat.	1/20	9am-3pm
38222	Sat.	2/3	9am-3pm
38223	Sat.	2/17	9am-3pm
38224	Sat.	2/24	9am-3pm

### Cross Country Ski Trip Deer Creek with Transportation

**1 day | Ages 18+** This little known pass in the Kettle Range is the second highest mountain pass in the state of Washington. This means great skiing, no people and amazing scenery. Transportation, instructors, skiing equipment & ski area fees included. Schedule subject to change due to snow conditions. Pre-trip information emailed after registration.

**Wandermere Rite Aid 12312 N. Division St. \$45**

38354	Sun.	2/18	8am-6pm
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### Cross Country Ski Trip Geophysical Area with Transportation

**1 day | Ages 18+ | Sponsored by Mountain Gear** It is the clever twists and turns of the groomed trails that turn a rather commonplace stretch of forest into a fun-filled afternoon on the snow. The Geophysical Sno-Park near Newport, WA has an absorbing number of trails that will lure you back again and again. Fee includes instructors, equipment if needed, roundtrip transportation, and ski area fees. Bring your own lunch and water. Schedule subject to change due to snow conditions.

**Mountain Gear 2002 N. Division-Parking Lot \$39**

38355	Sun.	2/4	9am-4pm
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## SNOWSHOEING

**Snowshoe and Wine Tasting with Transportation**

**1 day | Ages 21+** Enjoy a spectacular day of snowshoeing the trails of Mt. Spokane. Great scenery, snow covered trees and hidden cabins will make for a day of memories. After playing in the snow, we will stop for a wine tasting at Townshend Winery. Snowshoes, guides, walking poles and transportation included. Additional information emailed after registration.

<b>Yokes Foods 14202 N. Market St. Parking Lot</b> \$37			
38356	Sun.	1/14	10am-3:30pm
38357	Sun.	2/11	10am-3:30pm
38358	Sun.	3/11	10am-3:30pm

**Snowshoe Antoine Peak C.A. with Transportation**

**1 day | Ages 18+** This uphill trek finishes with 360-degree views from its 3,373-foot summit, Antoine Peak Conservation Area provides unique recreational opportunities, protects critical habitat for the region's large mammals, and preserves a critical wildlife corridor that connects the Spokane River Valley with Mount Spokane State Park. This place is a snowshoeing mecca! Guides, snowshoes, walking poles and transportation included. Schedule subject to change due to snow conditions. Pre-trip information emailed after registration.

<b>Rocket Bakery 3315 N. Argonne Parking Lot</b> \$19			
38368	Sun.	2/4	10am-2pm

**Snowshoe Bead Lake with Transportation**

**1 day | Ages 15+** This beautiful snowshoe hike takes you around the pristine Bead lake just north of Newport and it offers amazing views of the lake from the trail. While on this hike you will travel through ancient cedar forests, and over some of Bead lake's tributary streams. Wildlife you might see: deer, elk, osprey, ducks, and many more. Come and enjoy a very peaceful snowshoe with some spectacular views! Great hike for photographers. Guides, snowshoes, transportation and walking poles provided. Additional information emailed after registration.

<b>Yokes Foods 14202 N. Market St. Parking Lot</b> \$35			
38359	Sun.	1/21	9am-4pm



# WINTER IS COMING

## STAY TUNED FOR LOCAL XC SKI & FAT BIKE TRAIL GROOMING IN AND AROUND SPOKANE!

Visit [spokaneparks.org](http://spokaneparks.org) or call 509-363-5418  
for updated grooming information.



CITY OF  
SPOKANE  
PARKS  
& RECREATION



## SNOWSHOEING

### Snowshoe Headlamp Hike with Transportation

**1 day | Ages 15+** What a great way to start your weekend! Watch the glimmer of your headlamp illuminate the snowy trails as we hike through the quiet forest of Mt. Spokane. Snowshoes, guides, walking poles, headlamps and transportation provided.

**Yokes Foods 14202 N. Market St. Parking Lot \$21**

38360	Fri.	1/5	6am-9pm
38361	Fri.	2/2	6am-9pm
38362	Sat.	3/3	6am-9pm

### Snowshoe Lake Gillette with Transportation

**1 day | Ages 18+ | Sponsored by Mountain** We will explore this high mountain lake surrounded by meadows and forested slopes. This great trail will be a true winter memory for you. This guided hike will take you uphill to a scenic overlook that will leave you in awe. Pre-trip information emailed after registration. Snowshoes and transportation included!

**Mountain Gear 2002 N. Division-Parking Lot \$39**

38363	Sun.	2/25	9am-5pm
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### **NEW!** Snowshoe Mica Peak Conservation Area

**1 day | Ages 16+** This is an amazing wilderness-like natural area on the west slopes of Mica Peak. The Spokane County- owned conservation area ranges in elevation from 2,800' to 4,800', thereby hosting a variety of plant communities from sub-alpine to open Ponderosa pine forest, to aspen and birch groves that turn gold in the fall. Views overlooking Spokane Valley, the Palouse, and beyond can be taken in throughout the property. This will be a 3-5 mile loop with moderate uphill hiking. Snowshoe, poles, instruction, guides and transportation included.

**Meet at Corbin Art Center 507 W 7th Ave \$39**

38516	Sat.	1/13	9am-3pm
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### Snowshoe Moonlight Hike and Dinner

**1 day | Ages 18+** Travel through the winter landscape of Mount Spokane by the magic of moonlight. After exploring the area you will return to the Selkirk Lodge for wonderful meal from Greenbluff Fresh Catering Company! Includes guide, snowshoes, headlamp and meal. Directions emailed after registration. SNO-PARK and Discover Pass required. \$5 discount if you bring your own equipment. Please call 509-755-2489 for discount. Pre-trip information emailed after registration.

**Mt. Spokane State Park Selkirk Lodge \$53**

38352	Sat.	1/27	6-9pm
38353	Sat.	2/24	6-9pm

### Snowshoe Moonlight Hike with Transportation

**1 day | Ages 16+ | Sponsored by REI** Moonlight on snow is a magical and memorable experience. Quietly you will explore the meadows and woods around Mount Spokane. We provide guides, transportation, headlamps, walking poles and snowshoes. Additional information emailed after registration. (REI member \$27) Please call 509-755.2489 for REI member discount.

**Yokes Foods 14202 N. Market St. Parking Lot \$29**

38227	Sat.	12/30	6-9pm
38364	Fri.	1/26	6-9pm
38365	Wed.	2/28	6-9pm
38366	Sat.	3/31	6-9pm

### **NEW!** Snowshoe Mt Spokane Deep Forest Tour

**1 day | Ages 16+** Join Cris Currie and crew with the Friends of Mt Spokane on this more advanced snowshoe outing. We will start at the Selkirk Lodge and head straight down the hill to the east through the forest. Basic route finding skills will be reviewed. We will emerge onto an untracked logging road, spend some time exploring it, and then return up to our starting point on Trail 260. Snowshoes with crampons provided. The loop is about 1.25 miles with about 460' of elevation loss/gain and the trip will take 2-3 hours.

**Yokes Foods 14202 N. Market St. Parking Lot \$39**

38383	Sun.	1/28	10am-2pm
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### Snowshoe Newman Lake McKenzie Conservation Area

**1 day | Ages 15+** Learn the basics of snowshoeing on this beautiful conservation property along Newman Lake. This is a moderate 2-3 mile hike with an occasional steep hill. We'll travel through snow covered western red cedars, firs and pine trees. Take in the majestic views of the lake, meadows, Mt. Spokane and surrounding areas from Turtle Rock. Transportation, snowshoes, walking poles and guides provided.

**Albertsons 8851 E. Trent \$25**

38367	Sat.	1/6	10am-2pm
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### Snowshoe Sherman Pass with Transportation

**1 day | Ages 15+** Sherman Pass is the highest mountain pass in Washington, which means great snowshoeing. You will follow the famous Kettle Crest Trail North through high mountain forest slopes. Forested landscape and magnificent views is what this trip is all about. Schedule subject to change due to snow conditions. Includes: snowshoes, walking poles, transportation, instruction and guides. Pre-trip information emailed upon registration.

**Wandermere Rite Aid 12312 N. Division St. \$49**

38369	Sat.	3/10	7am-6pm
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## Snowshoe Summit Mt. Spokane with Transportation

**1 day | Ages 18+** Spring is in the air! Get outside to Mt. Spokane for some fun in the snow. During this rigorous uphill hike get a great workout while catching a glimpse of local lakes in the valley below, as well as far off snowcapped peaks. Bring a camera for some amazing shots! This uphill hike will take most of the morning and afternoon. Bring a trail lunch and snacks, water and come have some fun. Additional information emailed after registration. Includes: snowshoes, walking poles, transportation, instruction and guides. **Yokes Foods 14202 N. Market St. Parking Lot \$29**  
38370 Sun. 3/4 10am-3pm

## Snowshoe Tour 49 Degrees North Women Only

**1 day | Ages 15+** Tour the trails of 49 Degrees North! Your guide will give you tips leading to better control and more fun on your snowshoes in this non-competitive atmosphere. Beautiful scenery and healthful exercise followed by a tasty lunch in the yurt. Includes trail pass, guide/instructor, poles, snowshoes and lunch!

**Forty Nine Degrees North Ski Area 3311 Flowery Trail Rd -Nordic Area \$39**

38214	Sat.	1/20	10am-1pm
38215	Sat.	2/17	10am-1pm
38216	Sat.	3/10	10am-1pm

## Snowshoe Tour Mt. Spokane with Transportation

**1 day | Ages 13+** Learn the basics of snowshoeing and try this fun winter sport. During the guided hike you will travel on snowshoe trails through the snow-covered trees and hills around Mt. Spokane. Pre-trip information emailed after registration. Includes: snowshoes, instruction, walking poles, trail fees, guides and transportation! Ages 13-17 with participating adult \$25

**Yokes Foods 14202 N. Market St. Parking Lot \$29**

38229	Sun.	12/17	10am-2pm
38230	Sat.	12/23	10am-2pm
38404	Sun.	12/31	10am-2pm
38371	Sun.	1/7	10am-2pm
38372	Mon.	1/15	10am-2pm
38373	Sun.	1/21	10am-2pm
38374	Sat.	2/3	10am-2pm
38375	Sat.	2/17	10am-2pm
38376	Mon.	2/19	10am-2pm
38377	Sat.	3/17	10am-2pm



## Private Winter Snowshoeing and Cross Country Skiing Tours

Great for families and friends, school groups, business retreats and team building

All equipment and transportation provided

**Book your trip today!**

Call 509.363.5418 or  
email [rgriffith@spokanecity.org](mailto:rgriffith@spokanecity.org)







## BICYCLING

### **IT'S BACK! Bicycle Walla Walla Winery Tour**

**2 days | Ages 21+ Sponsored by VINO!** You will be amazed with the great wines, wonderful riding, and beautiful scenery of this area. Lodging in the historic and elegant Marcus Whitman Hotel located within walking distance of some outstanding northwest restaurants. Fee includes one night lodging, breakfast at the hotel and two deli style lunches along the routes. You will also have bus and bike repair support available and the outstanding VINO! - Wine Shop interpretive guides along to teach you all about this great area. Road bike or road tires on your bike are highly recommended. No mountain bike or wide tires. Participant should be able to ride 30+ miles a day on country road with rolling hills on mostly pavement. Helmet required. Pre-trip information emailed after registration. \$249 per person double occupancy only.

**Marcus Whitman Hotel 6 W Rose St. \$289**

38493 Sun./Mon. 6/10-6/11 9:30-4pm

## HIKING

### **Hiking Odessa Pacific Lake with Transportation**

**1 day | Ages 16+** Enjoy this guided hike through the desert exploring amazing geological formations, ancient lakes, spring flowers and wildlife. This is a 5-6 mile total out and back hike in scablands with rocky, rolling hills and geological views. Guides, transportation and hiking poles provided. Pre-trip information emailed after registration.

**Mountain Gear 2002 N. Division-Parking Lot \$29**

38378 Sat. 4/28 8am-5pm

### **Hiking Steamboat Rock with Transportation**

**1 day | Ages 16+** This is a 4 mile round trip hike with about a 1/2 mile of steep rigorous trail to the top of the butte that explores nearly 640 acres on top of Steamboat Rock. Wildflowers blooming, beautiful rock formations, and breathtaking views of Banks Lake and wildlife; it's what this hike is all about. The trail to the top is a rough, steep and rugged trail. Transportation included. Pre-trip information emailed after registration.

**Mountain Gear 2002 N. Division-Parking Lot \$49**

38379 Sat. 5/5 8am-5pm

## YOUTH OUTDOOR CAMP

### **Camp Youth Winter Adventure with Transportation**

**2 days | Ages 9-12** Send your child with us over the winter break to learn cross country skiing and snowshoeing! They will learn to ski at Mt Spokane's Selkirk Nordic Area and travel the trails romping around in the snow through the amazing forests. We will also learn to snowshoe at 49 Degrees North, build snow caves and search for animal tracks! Please bring a lunch each day. Transportation, snowshoes, skiing equipment, trail passes and instruction provided.

**Meet at Mt. Gear. 2002 N Division each morning.**

38232 Wed./Thurs. 12/27-12/28

38231 Wed./Thurs. 1/3-1/4

\$69

9am-4pm

9am-4pm



## ROCK CLIMBING

### **NEW! Climbing Intro to Rock Outdoors**

**1 day | Ages 15 | Peak 7 Adventures** Learn and practice climbing techniques at Frenchman Coulee near Vantage, Washington. Challenge yourself to climb up tall rock columns and learn proper belay technique from experienced climbing guides.

**Vantage Climbing Area \$59**

38652 Sat. 4/14 9am-5pm

### **NEW! Climbing Intro to Lead Climbing**

**1 day | Ages 15 | Peak 7 Adventures** This course is designed for aspiring outdoor climbers who are interested in learning to lead climb outdoors. You will learn the basics of how to lead sport routes, belay a lead climber and set anchors to top rope. You will also learn how to properly clean the anchors off a climb and rappel off the route with a backup. All climbers will have the opportunity to 'mock lead' climbs with the potential to lead a route.

**Vantage Climbing Area \$79**

38653 Sun. 4/15

9am-5pm

## WHAT'S HAPPENING

### Ice Age Floods-Grand Coulee and Northern Channeled Scabland

**1 day | Ages 10+** Join geologist-author Bruce Bjornstad on a tour of Grand Coulee and the northern Channeled Scabland to witness evidence for Earth-changing Ice Age Floods that occurred as recently as 13,000 years ago. The tour route heads west along US 2 where Ice Age floods spilled over into the Channeled Scabland before dropping into Grand Coulee and Dry Falls. The return to Spokane will be via Crab Creek Coulee where numerous other flood features, including giant flood bars and ripples, ringed craters and potholes lie along route. A couple of short (<1/2 mile) hikes are an option during the trip for those interested. \$59

38518 Sat. 4/7 8am-5pm

### Ghost A Night Psychic Readings & Spiritualism

**1 day | Ages 21+** A night of spiritual readings with Spokane Psychic Medium Dr. Candess Campbell and host Ghostologist Chet Caskey at the haunted Corbin Art Center, 507 W. 7th Avenue, Spokane (on the hill in Edwidge Woldson Park). Refreshments, beer & wine provided. Handicapped accessible entrance.

**Corbin Art Center 507 W. 7th Ave. \$22**

37944	Sat.	12/16	6-8:30pm
38504	Sat.	1/20	6:30-9pm
38505	Sat.	2/10	6:30-9pm
38506	Sat.	3/10	6:30-9pm

### Ghost Evening Ghost Hunt & Walk

**1 day | Ages 12+** Join Ghostologist and Spokane Story Teller Chet Caskey for a disquieting stroll from the dark Corbin Mansion, through the moonlit and haunted Moore-Turner Gardens, and on to the spooky Undercliff Mansion for tales of murder, intrigue and paranormal disturbances. The evening will end with a paranormal investigation & ghost hunt of the Corbin Mansion. Flashlights, ghost meters, and refreshments supplied.

**Corbin Art Center 507 W. 7th Ave. \$15**

38494 Sat. 3/24 7:30-9:30pm

### Ghost Downtown Spokane Boos Cruise

**1 day | Ages 21+** A two-hour tour of the most paranormal and weird ghost sites of Downtown Spokane aboard the Spokane Party Trolley with Ghostologist and Historical Entertainer Chet Caskey. Age 21 and over only, with picture I.D. required. Complimentary beer and wine 'fuel' aboard the trolley, which is driven by guest peddle power. Ticket price includes two beer or wine drink tickets for the two haunted bar stops along the route. Tours leave from and return to outside the haunted **Saranac Public House, 21 West Main Ave. \$32**

38497	Sun.	3/4	4-6pm
38498	Sun.	3/11	4-6pm
38499	Sun.	3/18	4-6pm

### Ghost Downtown Walking Ghost Tour

**1 day | Ages 12+** (also infants in strollers) Enjoy a spooky two-hour easy stroll through the haunted history of Downtown Spokane with master story teller and Spokane Historian Chet Caskey. Tour includes haunted hotels, the Steam Plant, and the paranormal implications of the Great Fire of Spokane. Ghost meters provided. Tour begins and ends outside the haunted Montvale Hotel, West 1005 First Avenue. Parking downtown at meters is free after 7 p.m.

**Montvale Hotel W. 1005 First Ave. \$15**

38495	Sat.	3/17	7:30-9:30pm
38496	Sat.	3/31	7:30-9:30pm

### Ghost Sunday Morning Tea and Tarot at the Corbin Mansion

**1day | Ages 10+** Learn all about the history and become skillful in the use of Tarot Cards to explore deep unconscious thought and predict future events - over tea and pastries at the old Corbin Mansion. Refreshments, tea & tarot cards provided (or bring your own).

**Corbin Art Center 507 W. 7th Ave. \$15**

38508 Sun. 1/21 10am-Noon

### **NEW!** Spokane Funky Easter Hat Parade

**1 day | Ages 21+** A two-hour Easter Funky Hat Parade aboard Spokane's Party Trolley with Chet Caskey and special hostess Calamity Jane. Age 21 and over only, with picture I.D. required. Complimentary hot toddies and beer as 'fuel' aboard the trolley, which is driven by guest peddle power. Outrageous men's and women's hats required. Cash prizes for the first and second best outrageous men and women's hats aboard the trolley. Ticket price includes one drink ticket for one of the two warming bar stops along the route. Tours leave from and return to outside the **Saranac Public House, 21 West Main Ave. \$32**

38503 Sun. 3/25 4-6pm

### **NEW!** Spokane Mardi Gras Trolley Cruise

**1 day | Ages 21+** A two-hour Carnival Party in advance of Mardi Gras with Chet Caskey and Voodoo Hostess Madame Lilac. Age 21 and over only, with picture I.D. required. Complimentary hot buttered rum and cheap Mardi Gras wine as 'fuel' aboard the trolley, which is driven by guest peddle power. Ticket price includes one drink ticket for one of the two warming bar stops along the route. Beads, doubloons, carnival masks, and Dixieland Jazz from a boom box all provided. Tours leave from and return to outside the **Saranac Public House, 21 West Main Ave. \$32**

38501	Sun.	2/4	4-6pm
38502	Sun.	2/11	4-6pm





## MUSIC

### Accordion for Adults

**4 weeks | Ages 13+** You can easily learn how to play the accordion using the Australian method that will have you playing and enjoying music right away even if you've never read music or played a musical instrument. Play great-sounding pieces - immediately - from the very first lessons! Accordions available\* - \*based on availability, call 509.998.5422 to confirm.

**Able to Play Music Studio 418 E. Pacific Ave. \$58**

38007	Mon.	12/4-12/25	5:30-6pm
38008	Fri.	12/1-12/22	4-4:30pm
38053	Wed.	1/10-1/31	6-6:30pm
38054	Fri.	1/5-1/26	5:30-6pm
38055	Fri.	2/2-2/23	5:30-6pm
38056	Wed.	2/7-2/28	6-6:30pm
38057	Wed.	3/7-3/28	6-6:30pm
38058	Fri.	3/9-3/30	5:30-6pm

### Accordion for Children

**4 weeks | Ages 6-12** Using a natural & non-traditional approach to learning the accordion gives every student immediate results so they feel like true musicians from the beginning. Left-brain students approach music differently than right-brained students. With our Hetibu method, we are able to help students learn the accordion quickly with language that they understand! Learn with a certified accordion teacher. Accordions available\* - \*based on availability, call 509.998.5422 to confirm.

**Able to Play Music Studio 418 E. Pacific Ave. \$58**

37639	Fri.	12/1-12/22	3:30-4pm
38061	Fri.	1/5-1/26	3:30-4pm
38062	Thurs.	1/4-1/25	3:30-4pm
38063	Thurs.	2/1-2/22	3:30-4pm
38064	Fri.	2/2-2/23	3:30-4pm
38420	Thurs.	3/8-3/29	3:30-4pm
38421	Fri.	3/9-3/30	3:30-4pm

### Piano for Adults

**4 weeks | Ages 13+** Piano lessons that are fun! Easily learn using the fun & unique Australian method that has everyone playing right away. Play real music - immediately - both hands from the very first lessons! These are 'nontraditional' lessons that make music enjoyable and attainable for everyone.

**Able to Play Music Studio 418 E. Pacific Ave. \$58**

38015	Mon.	12/4-12/25	4-4:30pm
38016	Tues.	12/5-12/26	5:30-6pm
38017	Thurs.	12/7-12/28	5:30-6pm
38065	Tues.	1/9-1/30	5:30-6pm
38066	Mon.	1/8-1/29	5-5:30pm
38067	Thurs.	1/4-1/25	3-3:30pm
38068	Mon.	2/5-2/26	5-5:30pm
38069	Tues.	2/6-2/27	5:30-6pm
38070	Thurs.	2/1-2/22	3-3:30pm
38071	Mon.	3/5-3/26	5-5:30pm
38072	Tues.	3/6-3/27	5:30-6pm
38073	Thurs.	3/8-3/29	3-3:30pm

### Piano for Children

**4 weeks | Ages 13+** Piano lessons that will make your child smile! Students laughing and having fun is an important part of music lessons at Able To Play Music. As students make quick progress, they are motivated to learn and continue playing music for their entire life. We use the fun & unique Australian method that has everyone playing right away. Play great-sounding music - immediately - both hands from the very first lessons! These are 'non-traditional' lessons.

**Able to Play Music Studio 418 E. Pacific Ave. \$58**

38021	Mon.	12/4-12/25	3:30-4pm
38022	Tues.	12/5-12/26	4-4:30pm
38023	Thurs.	12/7-12/28	4-4:30pm
38077	Tues.	1/9-1/30	4-4:30pm
38078	Thurs.	1/4-1/25	4-4:30pm
38079	Mon.	1/8-1/29	3:30-4pm
38080	Thurs.	2/1-2/22	4-4:30pm
38081	Mon.	2/5-2/26	3:30-4pm
38082	Tues.	2/6-2/27	4-4:30pm
38083	Mon.	3/5-3/26	3:30-4pm
38084	Tues.	3/6-3/27	4-4:30pm
38085	Thurs.	3/8-3/29	4-4:30pm



register by phone or online




311 (ext. 3)  
or outside the city  
at 509.755.CITY

[SpokaneParks.org](http://SpokaneParks.org)



WINTER 2018

## Ukulele Beginning Lessons

**4 weeks | Ages 16+** Peace, Love, Ukulele! Make new friends and bring joy to your life and to others by making music. Sing and play the live-long day. Ukulele can be used as an accompaniment or solo instrument and it is so portable uke can take it anywhere. It is easy to learn and will keep you smiling!

**Everyone Makes Music Comstock Studio 904 W. Comstock Ct \$66**

38120	Wed.	1/10-1/31	12-1pm
38121	Fri.	1/5-1/26	12-1pm
38122	Fri.	2/2-2/23	12-1pm
38123	Wed.	2/7-2/28	12-1pm
38509	Fri.	3/2-3/23	12-1pm
38510	Wed.	3/7-3/28	12-1pm

## Ukulele Christmas

**2 weeks | (6 days) | Ages 16+** Christmas music! We will learn chords to Christmas Carols and music and have an additional performance opportunity with a Christmas Sing Along concert. This class is open anyone who has had at least one month of beginning ukulele. We will also have the opportunity to learn to read tablature for solo music for interested intermediate and advanced students.

**Everyone Makes Music Comstock Studio 904 W. Comstock Ct \$66**

37891	Tues./Wed./Fri.	12/5-12/15	12-1pm
37892	Tues./Wed./Fri.	12/5-12/15	6:30-7:30pm

## Ukulele Ensemble

**4 weeks | Ages 16+** This group rehearses a variety of musical styles and performs Sing Along Concerts. We learn new chords, styles, and techniques as we go. You only need to know the first position major, minor, and seventh chords and be able to strum a steady beat to join this ensemble.

**Everyone Makes Music Comstock Studio 904 W. Comstock Ct \$66**

38124	Thurs.	1/4-1/25	12-1pm
38125	Tues.	1/9-1/30	12-1pm
38126	Tues.	2/6-2/27	12-1pm
38127	Tues.	3/6-3/27	12-1pm

## Ukulele Intermediate Lessons

**4 weeks | Ages 16+** Continue the fun! Add new chords, new strum patterns, fingerpicking and tablature. If you have mastered the Bb chord you are at least an advanced beginner, so consider moving up to the Intermediate class to prepare yourself for advanced ukulele!

**Everyone Makes Music Comstock Studio 904 W. Comstock Ct \$66**

38128	Fri.	1/5-1/26	12-1pm
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## Ukulele Improvising Workshop

**1 day | Ages 16+** Got the Winter Blues? Put 'em to use - express yourself with Improv! We will cover Blues Improvisation and chord progressions; Pentatonic improvisation and chord progressions; and Drone improvisation and fingerpicking. (Bring a sack lunch!)

**Everyone Makes Music Comstock Studio 904 W. Comstock Ct \$50**

38514	Sat.	1/6	10-2pm
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## Sing from the Heart

**8 weeks | Ages 18+** Vocal technique and performance workshop. Participants work on repertoire, audience rapport, vocal technique and performance skills with an emphasis on developing individual style and expression. All levels welcome. Individual focus can range from fine tuning vocal technique, working through stage fright, preparing for auditions and polishing professional performances to simply testing the waters as a first-time singer.

**The Place on Park 2406 S. Park Dr. \$245**

38448	Tues.	1/23-3/13	7-8:30pm
38449	Fri.	1/26-3/16	10-11:30am

## Sing From the Heart for Kids

**6 weeks | Ages 13-17** A fun approach for kids to sing individually at the microphone, while developing their own sense of style and presentation. Kids will gain confidence and the ability to be musically creative and self-expressed on stage.

**The Place on Park 2406 S. Park Dr \$125**

38452	Tues.	1/23-2/27	4-5pm
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## Sing from the Heart for Teens

**6 weeks | Ages 13-17** Teens will have the opportunity to hone their skills as solo performers. Whether new and shy or experienced as singers, participants will improve their vocal technique and performances skills. Emphasis is placed on drawing out each singer's unique sense of self-expression.

**The Place on Park 2406 S. Park Dr \$125**

38450	Wed.	1/24-2/28	4-5pm
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## DANCE

### Dance Ballet Youth

**4 weeks | Ages 3-12** Fun interactive and imaginative style of learning ballet. A Time to Dance strives to teach dance in a loving and creative family atmosphere. Dress code: Black leotard, Pink tights, pink ballet slippers (no satin slippers) Boys: white shirt, black leggings, black slippers.

**A Time to Dance 3815 N. Post St. \$35**

#### Ages 3-4 \$35

38454	Sat.	1/6-1/27	10-10:30am
38455	Sat.	2/3-2/24	10-10:30am
38456	Sat.	3/3-3/24	10-10:30am

#### Ages 3-5 \$35

38457	Wed.	1/3-1/24	12-12:30pm
38458	Wed.	2/7-2/28	12-12:30pm
38459	Wed.	3/7-3/28	12-12:30pm

#### Ages 5-6 \$40

38460	Sat.	1/6-1/27	10:30-11:15am
38461	Sat.	2/3-2/24	10:30-11:15am
38462	Sat.	3/3-3/24	10:30-11:15am

#### Ages 6-8 \$45

38463	Mon.	1/8-1/29	4:15-5pm
38464	Mon.	2/5-2/26	4:15-5pm
38465	Sat.	3/10-3/31	4:15-5pm
38466	Wed.	1/3-1/24	12:30-1:30pm
38467	Wed.	2/7-2/28	12:30-1:30pm
38468	Wed.	3/7-3/28	12:30-1:30pm

#### Ages 7-8 \$45

38469	Sat.	1/6-1/27	11:30-12:30pm
38470	Sat.	2/3-2/24	11:30-12:30pm
38471	Sat.	3/3-3/24	11:30-12:30pm

#### Ages 9-12 \$45

38472	Wed.	1/3-1/24	1:30-3pm
38473	Wed.	2/7-2/28	1:30-3pm
38474	Wed.	3/7-3/28	1:30-3pm
38475	Wed.	1/3-1/24	6:15-7:30pm
38476	Wed.	2/7-2/28	6:15-7:30pm
38477	Wed.	3/7-3/28	6:15-7:30pm
38478	Sat.	1/6-1/27	2:15-3:30pm
38479	Sat.	2/3-2/24	2:15-3:30pm
38480	Sat.	3/3-3/24	2:15-3:30pm

### Dance Baby Wearing Ballet Barre

**4 weeks | Babies inside or out** For moms who would like to dance and rediscover their bodies after baby. Dress Code: Stretchy athletic attire and baby wrap/carrier of your choice. Contact 509.995.5207. A Time to Dance strives to teach dance in a loving and creative family atmosphere.

**A Time to Dance 3815 N. Post St. \$45**

38490	Wed.	1/3-1/24	11-Noon
38491	Wed.	2/7-2/28	11-Noon
38492	Wed.	3/7-3/28	11-Noon

### Dance Ballet Adult Beginner

**4 weeks | Ages 13+** It is never too late to follow your dreams! A Time to Dance is a professional studio with an excellent reputation for teaching ballet. Dress code: form fitting athletic clothing, ballet slippers (no satin slippers). Contact # 509.714.1887.

**A Time to Dance 3815 N. Post St. \$45**

38481	Sat.	1/6-1/27	3:30-5pm
38482	Sat.	2/3-2/24	3:30-5pm
38483	Sat.	3/3-3/24	3:30-5pm

### Dance Hip-Hop Adult

**4 weeks | Ages 14+** Learn to express yourself through street dance. A Time to Dance strives to teach dance in a loving and creative family atmosphere. Dress Code: athletic clothes and streak free sneakers.

**A Time to Dance 3815 N. Post St. \$45**

38487	Mon.	1/8-1/29	6-7pm
38488	Mon.	2/5-2/26	6-7pm
38489	Mon.	3/5-3/26	6-7pm

### Dance Hip-Hop Youth

**4 weeks | Ages 8-13** Learn to express yourself through street dance. A Time to Dance strives to teach dance in a loving and creative family atmosphere. Dress Code: athletic clothes and streak free sneakers.

**A Time to Dance 3815 N. Post St. \$45**

38484	Mon.	1/8-1/29	5-6 PM
38485	Mon.	2/5-2/26	5-6 PM
38486	Mon.	3/5-3/26	5-6 PM



### Square Dance Lessons

**16 weeks | Ages 8+** Dance for the fun of it! There is no rating, grading or scoring. Low impact, heart healthy fun-er-size for the entire family. Singles are welcome. Join friendly people in a happy relaxed atmosphere. No experience needed, casual clothing with comfortable hard soled shoes recommended. Nothing to bring or buy. Laughter and cookies provided. Youth ages 8+ free with 2 adult registrations. \$64.

**North Spokane Dance Center 7424 N. Freya**

38437	Wed.	1/3-4/18	7-8pm
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**Western Dance Center 1901 N. Sullivan**

38438	Thurs.	1/4-4/19	7-8pm
38439	Mon.	1/8-4/23	7-8pm

**Cheney City Hall 609 Second St.**

38606	Wed.	1/3-4/18	7-8pm
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## GYMNASTICS

### Gymnastics for Tiny Tots

**6 Weeks | Ages 18-36 months** Parents interact with their children in a structured class where toddlers learn very basic gymnastics skills; including rolls, jumps and balance with a focus on improvement of fine and gross motor skills and ability to follow directions in a fun environment with songs and games.

**Spokane Gymnastics 2515 N. Locust Rd. Spokane Valley** \$95  
38422 Fri. 2/16-3/23 10-10:50am

### Gymnastics Homeschool

**6 weeks | Ages 5-12** Spokane Gymnastics works with individuals as well as various homeschool organizations to provide one hour co-ed gymnastics lessons promoting physical activity and teaching gymnastics skills on all the Olympic Events. We are happy to work with individuals or other alternative school organizations.

**Spokane Gymnastics 2515 N. Locust Rd. Spokane Valley** \$106  
**Ages 5-8**

38426 Fri. 2/16-3/23 1-1:50pm

#### Ages 9-12

38427 Fri. 2/16-3/23 1-1:50pm

### Gymnastics Introduction

**6 weeks | Ages 5-14** Basic gymnastics skills taught on all the Olympic Events: Vault, Balance Beam, Uneven, Horizontal and Parallel Bars, Floor, Rings and Pommel Horse in a fun and encouraging environment.

**Spokane Gymnastics 2515 N. Locust Rd. Spokane Valley** \$106  
**Ages 5-8**

38428 Fri. 2/16-3/23 5-6pm

#### Ages 9-14

38429 Fri. 2/16-3/23 6:15-7pm

### Gymnastics Preschool

**6 weeks | Ages 3 & 4** Preschoolers learn fundamental gymnastics in a fun, fast-paced 50 minute co-ed class. At the age when young children become gradually more aware of their bodies and how to control their movements they can learn an accumulation of skills, the social skills necessary to work in a group, and string skills together, mentally and physically.

**Spokane Gymnastics 2515 N. Locust Rd. Spokane Valley** \$95  
38423 Fri. 2/16-3/23 11-11:50am  
38424 Fri. 2/16-3/23 4-4:50pm

### Gymnastics Parkour

**6 weeks | Ages 8-18** Parkour is the physical discipline of training to overcome any obstacle by adapting one's movements to the environment. One hour 'urban gymnastics' class teaches participants how to negotiate obstacles in the most efficient (and fun) way possible as well as how to jump, land and flip safely.

**Spokane Gymnastics 2515 N. Locust Rd. Spokane Valley** \$106  
38430 Fri. 2/16-3/23 6:15-7:15pm

### Gymnastics Ninja Zone at Spokane Gymnastics

**6 weeks | Ages 3-11** Ninja Zone is a fusion of Gymnastics, Martial Arts, Obstacle Course Training and Freestyle Movement. This class includes combinations of flips, rolls and kicks that are designed to improve total body coordination, build strength and improve agility. Ninja Zone uses your child's energy to create focus! Beyond skill, this class teaches self-confidence, discipline, impulse control, responsibility and instinctual safety. In an effort to promote discipline and unity, Ninja Sport International requires uniforms for all Ninja classes: Ninja Zone T-Shirt - \$14.95 and Ninja Headband - \$9.95 along with athletic shorts of choice. Uniforms may be purchased at Spokane Gymnastics

**Spokane Gymnastics 2515 N. Locust Rd. Spokane Valley** \$95  
**Preschool Ages 3-5 Co-Ed**

38431 Fri. 2/16-3/23 9-9:50pm

38432 Fri. 2/16-3/23 4-4:50pm

#### Boys Level 1 Ages 5-11

38434 Fri. 2/16-3/23 5-6pm







## FITNESS & WELLNESS

### CARDIO Punch Pass with Stacy

**5-10 weeks | Ages 16+** Cardio 5 or 10 punch passes for Cardio and Max HIIT programs. Attend all or either cardio programs.

**Audubon Park Masonic Lodge 2821 Northwest Blvd.**

**5 Punch Pass \$25**

38133 Thurs./Mon. 1/4-3/12 5:30-6:30pm

**10 Punch Pass \$50**

38134 Thurs./Mon. 1/4-3/12 5:30-6:30pm

### Cardio Fusion 20/20/20

**10 weeks | Ages 16+** Want 60 minutes of a well-rounded and diverse workout class? Well this class is for you! You will never get bored in the class with a balanced mixed of 20 minutes of dance fusion 20 minutes of kickboxing strength training, and 20 minutes of Yoga and Pilates inspired core and toning to round out this POWER of a workout. No prior dance or kickboxing experience required.

**Audubon Park Masonic Lodge 2821 Northwest Blvd. \$50**

38135 Mon. 1/8-3/12 5:30-6:30pm

### Cardio Max HIIT with STACY

**10 weeks | Ages 16+** 60 minutes of mixed cardio kickboxing, dancing, and strength training will get your heart pumping and your body sweating. This nonstop movement is a full round of fun and energy, with fat burning muscle training! You are guaranteed to get the best cardio workout! This class will include 60 second ALL OUT MAX, high intensity training cardio drills, to push you beyond your limits! Come prepared to get strong, have fun, and see your potential with this incredible workout!

**Audubon Park Masonic Lodge 2821 Northwest Blvd. \$50**

38119 Thurs. 1/4-3/8 5:30-6:30pm

### Pilates Mat Barre Fusion

**6 weeks | Ages 14+** Traditional mat work, body lengthening, stretches, and gentle, toning, floor barre work, comprise East-West's Pilates group sessions. Voted #1 in Pilates two years consecutively, our classes are taught in a friendly, supportive atmosphere. We welcome beginners and those with some experience. Leave the office behind and join us!

**East West Martial Arts and Body Works 1427 N. Monroe \$48**

38117 Wed. 1/3-2/7 4:45-5:45pm

### Yoga & Meditation Combo Class

**4 weeks | Ages 18+** Learn the practice of meditation through a meditation-based gentle-stretch yoga class, followed by meditation training designed to achieve a deep state of relaxation and a tranquil mind. Reduce anxiety, stress and negative emotions learning to focus your attention and access inner well-being.

**Urban Ashram Yoga Studio 918 S. Cedar \$78**

38447 Sat. 1/27-2/17 9-10:30am

### Yoga Basic

**6 weeks | Ages 16+** Feel great! Classes are designed to meet you where you are. Relax into ever-deepening levels of flexibility, strength and well-being. De-stress and revitalize through yoga asanas, breathing, focusing and relaxation techniques. Appropriate for beginners as well as continuing students. Teacher Robin Marks has more than 20 years' experience teaching yoga from working with athletes to helping those with physical set-backs.

**Studio 918 S. Cedar \$65**

38441 Tues. 1/23-2/27 5:30-6:30pm

38442 Tues. 3/6-4/10 5:30-6:30pm

### Yoga Deeper Stretch

**6 weeks | Ages 16+** This class offers the same benefits as Basic Yoga but with a little more emphasis on strengthening. Students should be in reasonably good physical condition. Teacher Robin Marks has more than 20 years' experience teaching yoga from training athletes to rehabbing those with physical set-backs.

**Urban Ashram Yoga Studio 918 S. Cedar \$65**

38443 Thurs. 1/25-3/1 5:30-6:30pm

38444 Thurs. 3/8-4/12 5:30-6:30pm

### Yoga Gentle Stretch

**6 weeks | Ages 16+** If you have not exercised for a while, suffer from some of the aches and pains that can accompany life, or you simply want to de-stress in a gentle matter, this is the class for you. Same benefits as Basic Yoga class but gentler. Teacher Robin Marks.

**Urban Ashram Yoga Studio 918 S. Cedar \$65**

38445 Sat. 1/27-3/3 9-10am

38446 Sat. 3/10-4/21 9-10am



### Mindfulness Meditations

**4 days | Ages 18+** This class will introduce techniques of deep relaxation, visualization, healing, and connecting to your own energy. Results include: reduced stress, a quieter mind, and more peace in general. Pre event info mailed after registration.

**Artistry in Motion**

**1101 E. 2nd Ave. Suite 3 \$60**

38419 Sun. 2/4-2/25 7-8pm



## MARTIAL ARTS

### Aikido Adult Beginning

**4 weeks | Ages 14+** Aikido, a traditional martial art for the modern world. Basic program teaches etiquette, footwork, falls, and basic movement to get started in a safe, supportive, traditional dojo atmosphere.

**Aiki Spokane Roshinkan Aikido Dojo 503 E. 30th Ave. \$65**  
 38092 Tues./Thurs. 1/2-1/25 6:30-7:30pm  
 38094 Tues./Thurs. 2/1-2/27 6:30-7:30pm  
 38095 Tues./Thurs. 3/1-3/27 6:30-7:30pm

### Aikido Kids Beginning

**4 weeks | Ages 6-13** Aikido, a traditional martial art for the modern world. Basic program teaches etiquette, footwork, falls, and basic movement to get started in a safe, fun, supportive atmosphere utilizing age appropriate teaching methods.

**Aiki Spokane Roshinkan Aikido Dojo 503 E. 30th Ave. \$65**  
 38096 Tues./Thurs. 1/2-1/25 5-6pm  
 38097 Tues./Thurs. 2/1-2/27 5-6pm  
 38098 Tues./Thurs. 3/1-4/3 5-6pm

### Kung Fu for Youth

**4 weeks | Ages 7-17** Channel your child's inner Shao-Lin Monk! Kung Fu basics taught with positive spirit and atmosphere. This class is open to all backgrounds and any level of fitness.

**East West Martial Arts and Body Works 1427 N. Monroe \$67**  
 38100 Tues./Thurs. 1/2-1/25 6:15-7pm  
 38101 Wed./Mon. 1/3-1/29 6:15-7pm  
 38102 Wed./Mon. 2/5-2/28 6:15-7pm  
 38103 Tues./Thurs. 2/6-3/1 6:15-7pm  
 38104 Mon./Wed. 3/5-3/28 6:15-7pm  
 38105 Tues./Thurs. 3/6-4/3 6:15-7pm

### Kung Fu Little Dragons

**4 weeks | Ages 4-6** The Little Dragons class aims to introduce children to Kung Fu. The class mixes some basic moves for walking, punching, kicking, and simple-set work with games. The focus of this class is to help your child improve balance, coordination, and improve their levels of fitness, all while having fun! Bring water to drink and loads of energy!

**East West Martial Arts and Body Works 1427 N. Monroe \$40**  
 38108 Mon./Wed. 1/3-1/29 5:45-6:15pm  
 38109 Tues./Thurs. 1/2-1/25 5:45-6:15pm  
 38110 Mon./Wed. 2/5-2/28 5:45-6:15pm  
 38111 Tues./Thurs. 2/6-3/1 5:45-6:15pm  
 38112 Mon./Wed. 3/5-3/28 5:45-6:15pm  
 38113 Tues./Thurs. 3/6-4/3 5:45-6:15pm

## WHAT'S HAPPENING

### Gun Safety Introduction

**1 day | Ages 14+** The First Shots introductory course teaches the fundamentals of firearms safety, marksmanship and firearms handling. Students will be introduced to these topics and then put the skills in practice using .22LR firearms in a live-fire environment. At the conclusion, students will have an understanding of firearms safety and the many ways to enjoy the shooting sports, allowing them to continue into more advanced firearms classes. Under 18 must be accompanied by parent.

**Sharp Shooting Indoor Range 1200 N. Freya St \$40**  
 38343 Tues. 1/9 6:30-8:30pm  
 38344 Mon. 2/12 6:30-8:30pm  
 38345 Sat. 2/24 9:30-11:30am  
 38346 Mon. 3/5 6:30-8:30pm  
 38347 Sat. 3/24 9:30-11:30am

### Wills Preparing Basic

**2 days | Ages 18+** Washington residents only. Discussion of the probate process, wills, power of attorney, health care directive and community property agreements. If your estate is under \$1,000,000 with no unusual circumstances, a simple Will, Health Care Directive (Living Will), and Durable Power of Attorney can be signed by you and be notarized at the end of the second session.  
**Held at Gonzaga University Law School, 721 N. Cincinnati St.**  
 Fee is \$130 per person.

38132 Tues. 3/6 & 3/27 6-8pm



*Give the gift of golf*

Through Dec. 31, purchase 2018 discount cards, multi-play cards and unlimited memberships at 2017 rates.

[SpokaneGolf.org](http://SpokaneGolf.org)

Indian Canyon Golf Course | Downriver Golf Course | Qualehan Golf Course | Esmeralda Golf Course

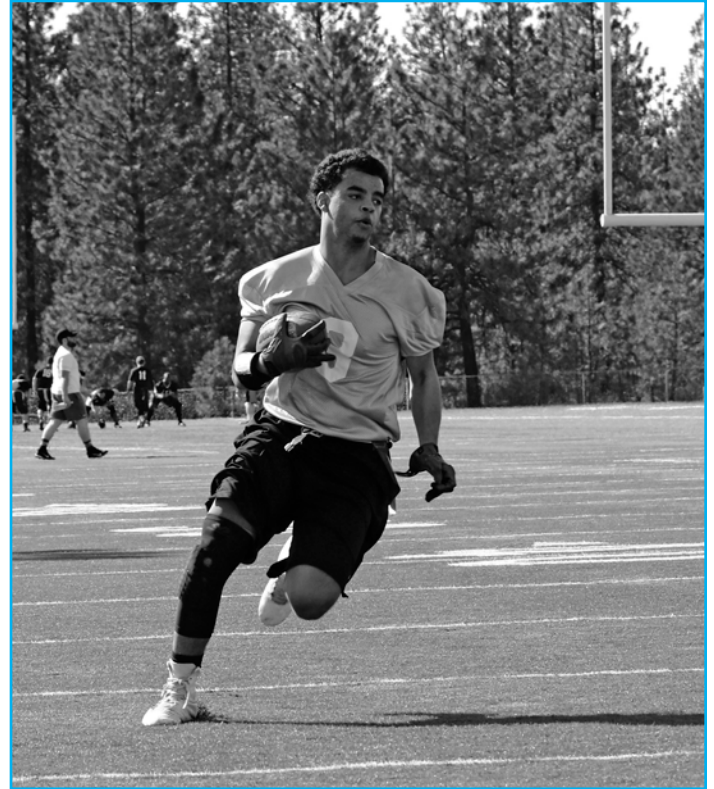


## ADULT SPORTS

### Volleyball League – Winter

**9 weeks | Ages 18+** The Coed A League is the Elite players place for high intensity competition. The Coed B League is for players looking for competition in a more relaxed environment. The Coed C League is our entry level recreational league. We also offer Coed 4on4 and Women's 4on4. **Registration closes: 12/22.**

Activity #	Division	Location	Day	Date	Team Fee
38313	Coed A	Chase	Mon.	1/8-3/5	\$299
38314	Coed B	Sac/Glover	Mon.	1/8-3/5	\$299
38320	Coed 4on4	Shaw	Tues.	1/9-3/6	\$199
38318	Women's 4on4	Garry	Wed.	1/10-3/7	\$199
38317	Coed B	Salk	Thurs.	1/11-3/8	\$299
38316	Coed C	Sac	Thurs.	1/11-3/8	\$299
38319	Coed C	Salk	Fri.	1/12-3/9	\$299



# NO TEAM? NO PROBLEM



No matter your sport, there's a team out there waiting for your talents.

Join our free agent list at  
[TEAMSIDELINE.COM/SPOKANE](http://TEAMSIDELINE.COM/SPOKANE)

\*adult sports only\*

FLAG FOOTBALL • SOCCER • SOFTBALL • VOLLEYBALL

### Flag Football League – Spring

**9 weeks | Ages 18+** With a rich history of over 30 years, this is absolutely the best Flag Football League in the Northwest! The league is divided into 4 divisions from most elite competition (A Division) to recreational competition (D Division) - and now, the NEW 5on5 Division! All games played at the **Dwight Merkel Sports Complex 5701 N. Assembly.** Days: Friday evenings and all-day Sundays. **Registration closes: 2/16/18.**

Activity #	Division	Date	Team Fee
38338	A Division	3/2-5/13	\$950
38339	B Division	3/2-5/13	\$950
38340	C Division	3/2-5/13	\$950
38341	D Division	3/2-5/13	\$950
38342	5on5 Division	3/2-5/13	\$300

### Mayhem Flag Football Tournament - Spring

**3 Days | May 18-20 | Ages 18+** The Mayhem is the best Flag Football event in the Northwest! This is a 3-game guaranteed tournament. Register your team in any of the divisions and join the Mayhem! All games will be played at **Dwight Merkel Sports Complex 5701 N. Assembly.** **Registration closes: 5/8.**

Activity #	Division	Date	Team Fee
38519	Elite (8on8)	5/18-5/20	\$400
38520	Competitive (8on8)	5/18-5/20	\$400
38521	Open (5on5)	5/18-5/20	\$250



**Softball League – Spring**

**9 weeks | Ages 18+** Join us this season for the best softball competition in town and register your team today! SPRD offers a variety of divisions including Men's B, C, & D divisions, Women's open division, Coed C, D, & E division, and Modified Pitch Wood Bat. Play double-header games at the **Dwight Merkel Sports Complex, 5701 N. Assembly or Franklin Park Softball Complex, 302 W. Queen Ave.** **Registration closes: 4/15.**

Activity #	Division	Day	Date	Team Fee
38334	Coed D	Sun.	4/29-7/1	\$900
38335	Coed E	Sun.	4/29-7/1	\$900
38329	Men's D	Mon.	4/30-7/2	\$900
38325	Men's B	Tues.	5/1-7/3	\$900
38326	Men's C	Tues.	5/1-7/3	\$900
38336	Mod Pitch	Tues.	5/1-7/3	\$900
32328	Men's D	Wed.	5/2-7/4	\$900
38337	Women's	Wed.	5/2-7/4	\$900
38331	Coed C	Thurs.	5/3-7/5	\$900
38330	Coed D	Thurs.	5/3-7/5	\$900
38332	Coed E	Thurs.	5/3-7/5	\$900

**Soccer League – Spring**

**10 weeks | 18+** This amateur coed soccer league provides adults with an opportunity to compete in a recreational environment. Now in a NEW format: 8-regular season games guarantee, followed by playoffs. Games are played on Saturdays at the **Dwight Merkel Sports Complex 5701 N. Assembly.**

**Registration closes: 4/6.**

Activity #	Division	Date	Team Fee
38534	Competitive	3/31 – 6/2	\$950
38535	Recreational	3/31 – 6/2	\$950
38536	Masters	3/31 – 6/2	\$950

**YOUTH SPORTS****Learn to Skate Lessons**

**8 weeks | Ages 4+** The Learn to Skate program teaches children the basics of ice skating. These classes are perfect for brand new skaters, recreational skaters and skaters looking to advance to figure skating or hockey. Six progressive levels introduce forward and backward skating, stops, edges, crossovers and turns. Off skate orientation includes equipment check, proper fit and lacing of skates, appropriate attire, and safety helmets. Also practice falling and recovery, marching in place, dips and one foot balances in skates. Classes taught by Lilac City Figure Skating Club coaches. Includes skate rental and 5 public open skate sessions.

**Eagle's Ice-A-Rena, 6321 N. Addison.** \$99  
 38683 Wed. 1/17 6pm-7pm  
 38684 Sat. 1/27 11:15am-12:15pm

**NEW!****Inland Empire Softball Showdown**

**3 Days | April 13-15 | Ages 18+** Join the City of Spokane Parks and Recreation and Spokane County Parks and Recreation for an exciting weekend of softball. This is a 3-game guarantee, 2-pool play games, followed by a double elimination tournament. Register today at [spokanecounty.org](http://spokanecounty.org). All games will be played at **Dwight Merkel Sports Complex 5701 N. Assembly, Franklin Park 302 W Queen Ave. and Plante's Ferry 12308 E Upriver Dr.** **Registration closes: 4/2.**

Division	Rule	Team Fee
Lower Coed	USA	\$300
Upper Coed	USSSA	\$300
Women's Open	USSSA	\$300
Lower Men's	USA	\$300
Upper Men's	USSSA	\$300

**Play ON OUR Team FLAG**

**JUNE 5 TO AUG 9, 2018**

TO LEARN MORE VISIT  
[SPOKANEPARKS.ORG/SPORTS](http://SPOKANEPARKS.ORG/SPORTS)  
 OR CALL 509.625.6208

CITY OF SPOKANE  
 PARKS & RECREATION

NFL

# YOUTH SPORTS SKILL-BASED PROGRAMS

**Skyhawks Sports Academy** provides sports programs where children discover and develop athletic skills and social values, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

## WINTER 2018

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
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### SPECIAL FLAG FOOTBALL CLINIC

SSA99765	1/29 - 3/19	Monday	6:05 p.m. - 6:55 p.m.	5-7	\$94	Indian Trail Elementary
SSA99766	1/29 - 3/19	Monday	7:00 p.m. - 7:50 p.m.	8-12	\$94	Indian Trail Elementary

*This special 6 week program is designed to teach core football techniques for skilled positions with an element of speed and agility training. This special program features low class ratio and is coached by Mario Williams. Skills developed are the core components of passing, catching, and defense – all in a fun and positive environment. This is a 6 week course. Possible no class dates are Jan 29th, and March 12 because of snow days. NO CLASS Feb 19th which is Presidents day.*

### SOCCERTOUCHE

SSA99771	1/30 - 3/06	Tuesday	6:05 p.m. - 6:55 p.m.	4-6	\$74	Audubon Elementary
SSA99773	1/30 - 3/06	Tuesday	7:00 p.m. - 7:50 p.m.	6-11	\$74	Audubon Elementary
SSA99778	2/05 - 3/19	Monday	6:05 p.m. - 6:55 p.m.	5-7	\$74	Sheridan Elementary
SSA99779	2/05 - 3/19	Monday	7:00 p.m. - 7:50 p.m.	7-10	\$74	Sheridan Elementary

*Skyhawks is the nation's #1 camp for learning the fundamentals of soccer. Using our progression curriculum, boys and girls will gain the technical skills & sport knowledge required for that next step into soccer.*

### BEGINNING VOLLEYBALL

SSA99769	1/31 - 3/07	Wednesday	6:10 p.m. - 7:00 p.m.	6-8	\$74	Browne Elementary
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*This program is designed for the beginning player. All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting and serving. Our staff will assist boys and girls in developing fundamental skills aimed at developing the whole player.*

### VOLLEYBALL

SSA99780	1/31 - 3/07	Wednesday	6:10 p.m. - 7:00 p.m.	6-12	\$74	Wilson Elementary
SSA99770	1/31 - 3/07	Wednesday	7:00 p.m. - 7:50 p.m.	8-12	\$74	Browne Elementary

*All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting and serving. This program is designed for the beginning and intermediate player. Our staff will assist boys and girls in developing skills through game-speed drills and daily scrimmages aimed at developing the whole player.*

### BEGINNING CHEERLEADING

SSA99783	1/31 - 3/07	Wednesday	6:05 p.m. - 6:55 p.m.	5-11	\$74	Whitman Elementary
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*Skyhawks Cheerleading teaches girls the essential skills to lead crowds and support the home team! Each cheerleader learns proper hand & body movements and jumping techniques. The session concludes with a choreographed performance.*

### DODGEBALL

SSA99785	1/31 - 3/07	Wednesday	7:00 p.m. - 7:50 p.m.	6-12	\$74	Whitman Elementary
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### BEGINNING BASKETBALL

SSA99777	2/01 - 3/08	Thursday	6:05 p.m. - 6:55 p.m.	4-6	\$74	Lincoln Heights Elementary
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*This fun, skill-intensive program is designed for beginning to intermediate athletes. An active session of passing, shooting, dribbling and rebounding makes this one of our most popular programs. Boys and girls will also learn vital life lessons such as respect, teamwork and responsibility. This program meets once a week for 6 weeks.*

### BASKETBALL

SSA99776	2/01 - 3/08	Thursday	7:00 p.m. - 7:50 p.m.	6-12	\$74	Lincoln Heights Elementary
----------	-------------	----------	-----------------------	------	------	----------------------------

*This fun, skill-intensive program is designed for beginning to intermediate athletes. An active session of passing, shooting, dribbling and rebounding makes this one of our most popular programs. Boys and girls will also learn vital life lessons such as respect, teamwork and responsibility. This program meets once a week for 6 weeks.*



**SPACE IS LIMITED!**  
**REGISTER TODAY»**

**[www.skyhawks.com](http://www.skyhawks.com) or call 466-6590**



*Skyhawks Sports Academy provides sports programs where children discover and develop athletic skills and social values, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.*

## WINTER SKYHAWKS BASKETBALL LEAGUE!



This recreational basketball league is designed for beginning through intermediate players to develop technique and play basketball in a low-pressure environment. Each game time includes instruction on passing, shooting, dribbling and rebounding for 20-minutes prior to a 30-minute game. Only a one day a week commitment for parents! Practice and Game on the same day. Possible start times will be 5:30, 6:00, 6:30, 7:00pm, and 7:30pm. Schedule provided prior to start date.

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
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### BOYS LEAGUE - NORTH

SSA98944	2/07 - 3/22	Wed, Thurs	5:30 p.m. - 8:30 p.m.	8-9	\$89	Willard Elementary
SSA98961	2/07 - 3/22	Wed, Thurs	5:30 p.m. - 8:30 p.m.	9-11	\$89	Willard Elementary

*Most games will be on Thursdays with possibility of a couple Wednesday evenings. 7 games guaranteed, with Skyhawks reversible jersey is included. North League home location is Willard Elementary with possible away games at Hutton Elementary and Old Jefferson Elementary.*

### BOYS LEAGUE - SOUTH

SSA98966	2/07 - 3/22	Wed, Thurs	6:00 p.m. - 8:00 p.m.	8-9	\$89	Hutton Elementary
SSA98981	2/07 - 3/22	Wed, Thurs	6:00 p.m. - 8:00 p.m.	9-11	\$89	Hutton Elementary

*Most games will be on Thursdays with possibility of a couple Wednesday evenings. 7 games guaranteed, with Skyhawks reversible jersey is included. South home location is Hutton Elementary with possible away games at Willard Elementary and Old Jefferson Elementary.*

### GIRLS LEAGUE

SSA98983	2/07 - 3/21	Wed	5:30 p.m. - 8:30 p.m.	8-9	\$89	Franklin Elementary
SSA98984	2/07 - 3/21	Wed	5:30 p.m. - 8:30 p.m.	9-11	\$89	Franklin Elementary

*For the girls league, games will be on Wednesdays. One Game per week. 20 min instruction time, 30-minutes game time. 7 games guaranteed, Skyhawks reversible jersey is included.*

*The district does not sponsor or endorse this event/information and the district assumes no responsibility for it. In consideration of the privilege to distribute materials, the Spokane School District will be held harmless from any cause of action filed in any court or administrative tribunal arising out of the distribution of these materials, including costs, attorney's fees and judgments or awards.*



**SPACE IS LIMITED!**  
**REGISTER TODAY»**

***www.skyhawks.com or call 466-6590***

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**For more information call 311 and Press 3 or dial 509-755-2489**





# SPORT-BASED CHILD DEVELOPMENT

**SuperTots Sports Academy** provides sport-based development programs where children discover and develop athletic, motor, and social skills. SuperTots' curriculum is specifically designed to promote development along side a healthy, active lifestyle.

(course)	(dates*)	(days)	(time)	(ages)	(fee)	(location)
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## BASEBALLTOTS™

BaseballTots is a development program for kids ages 26 months through 5 years old that uses a variety of fun games to engage kids while teaching the sport of baseball and developing fundamental skills. The goal is to build fitness, muscle coordination, baseball fundamentals and create a love of the game.

Bunters	1/25 - 3/01	Thursday	6:10 p.m. - 6:50 p.m.	26 mos - 36 mos	\$90	Mullan Road Elementary
Hitters / Grand Slammers	1/25 - 3/01	Thursday	7:00 p.m. - 7:40 p.m.	4 yrs - 5 yrs 6 mos	\$90	Mullan Road Elementary

## HOOPSTERTOTS™

Learning basketball has never been more fun! These classes focus on dribbling, shooting technique, passing and team work. Adjustable hoops and appropriately sized basketballs are used to always provide just the right amount of challenge.

Froggies I / II	1/22 - 3/19*	Monday	6:10 p.m. - 6:50 p.m.	3 yrs - 3 yrs 11 mos	\$90	Lidgerwood Elementary
Rabbits / Kangaroos	1/22 - 3/19*	Monday	7:00 p.m. - 7:40 p.m.	4 yrs - 5 yrs 6 mos	\$90	Lidgerwood Elementary
Froggies I / II	1/24 - 3/14	Wednesday	6:10 p.m. - 6:50 p.m.	3 yrs - 3 yrs 11 mos	\$112	Roosevelt Elementary
Rabbits / Kangaroos	1/24 - 3/14	Wednesday	7:00 p.m. - 7:40 p.m.	4 yrs - 5 yrs 6 mos	\$112	Roosevelt Elementary

*\*This is a 6-week program*

## SOCCERTOTS®

Our flagship program! Playable on almost any surface, these soccer-themed motor skill classes are very easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus, and introduce an element of light competition.

Teddies / Teddies II	1/24 - 3/14	Wednesday	6:10 p.m. - 6:50 p.m.	18 mos - 30 mos	\$112	Hamblen Elementary
Teddies II / Koalas	1/23 - 3/13	Tuesday	6:10 p.m. - 6:50 p.m.	24 mos - 36 mos	\$112	Balboa Elementary School
Teddies II / Koalas	1/23 - 3/13	Tuesday	6:10 p.m. - 6:50 p.m.	24 mos - 36 mos	\$112	Wilson Elementary
Cubs / Pandas	1/23 - 3/13	Tuesday	6:10 p.m. - 6:50 p.m.	3 yrs - 3 yrs 11 mos	\$112	Balboa Elementary
Cubs / Pandas	1/24 - 3/14	Wednesday	6:10 p.m. - 6:50 p.m.	3 yrs - 3 yrs 11 mos	\$112	Hamblen Elementary
Bears / Grizzlies	1/24 - 3/14	Wednesday	7:00 p.m. - 7:40 p.m.	4 yrs - 5 yrs 6 mos	\$112	Hamblen Elementary
Bears / Grizzlies	1/23 - 3/13	Tuesday	7:00 p.m. - 7:40 p.m.	4 yrs - 5 yrs 6 mos	\$112	Balboa Elementary School
Bears / Grizzlies	1/23 - 3/13	Tuesday	7:00 p.m. - 7:40 p.m.	4 yrs - 5 yrs 6 mos	\$112	Wilson Elementary

## MULTI-SPORT

These multi-sport programs give children a positive first step into athletics. The essentials of each sport are taught in a safe, structured environment with lots of encouragement and a focus on fun. All games and activities are designed to allow kids to explore balance, movement, hand/eye coordination and skill development at their own pace.

Soccer & Basketball	1/23 - 3/13	Tuesday	6:10 p.m. - 6:50 p.m.	3 yrs - 3 yrs 11 mos	\$112	Westview Elementary
Soccer & Basketball	1/23 - 3/13	Tuesday	7:00 p.m. - 7:40 p.m.	4 yrs - 5 yrs 6 mos	\$112	Westview Elementary
Soccer & Basketball	1/24 - 2/28	Wednesday	5:40 p.m. - 6:20 p.m.	3 yrs - 3 yrs 11 mos	\$90	Old Jefferson Elementary School
Soccer & Basketball	1/24 - 2/28	Wednesday	6:30 p.m. - 7:10 p.m.	4 yrs - 5 yrs 6 mos	\$90	Old Jefferson Elementary School

**No classes on Monday, February 19th, 2018, due to Presidents Day.  
Possible no class day on January 29 and March 12 (snow make-up days)**

*We ask that parents and caretakers respect school district property while using school facilities for SuperTots programs. Please do not allow children to touch school district equipment which includes siblings of participants.*

The district does not sponsor or endorse this event/information and the district assumes no responsibility for it. In consideration of the privilege to distribute materials, the Spokane School District will be held harmless from any cause of action filed in any court or administrative tribunal arising out of the distribution of these materials, including costs, attorney's fees and judgments or awards.



**SPACE IS LIMITED!**

**REGISTER TODAY!**

**ONLINE:**  
[www.SuperTotSports.com](http://www.SuperTotSports.com)

**PHONE:**  
509.534.5437

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# tennis afterschool zone



RecTennis is serving up tennis basics at a school near you! Developed for children from pre-K to 6th grade, TAZ uses tennis equipment that's sized for kids. We provide smaller-sized racquets and low-compression starter balls to help your kids develop skills while having fun with new friends. No previous tennis experience required!

Our TAZ curriculum combines fun activities with lessons in leadership, teamwork, and other important concepts and principles.

**TAZ is the place to have fun, be active, and learn to play tennis with friends.**

register today at:

**[RecTennis.com/Spokane](http://RecTennis.com/Spokane)**

\*scholarships available

## Winter TAZ Programs:

School	Location	Day	Start Date	End Date	Time	Price
Moran Prairie Elementary	Gym	Monday	1/22/18	3/19/18	6:15pm - 7:15pm	\$ 64.00
Mullan Road Elementary	Gym	Tuesday	1/23/18	3/13/18	6:15pm - 7:15pm	\$ 64.00
Jefferson Elementary	Gym	Wednesday	1/24/18	3/14/18	6:15pm - 7:15pm	\$ 64.00
Arlington Elementary	Gym	Monday	1/29/18	3/26/18	6:15pm - 7:15pm	\$ 8.00
Finch Elementary	Gym	Tuesday	1/30/18	3/20/18	6:15pm - 7:15pm	\$ 64.00
Roosevelt Elementary	Gym	Tuesday	1/30/18	3/20/18	6:15pm - 7:15pm	\$ 64.00
Indian Trail Elementary	Gym	Wednesday	1/31/18	3/21/18	6:15pm - 7:15pm	\$ 64.00
Lidgerwood Elementary	Gym	Wednesday	1/31/18	3/21/18	6:15pm - 7:15pm	\$ 8.00
Balboa Elementary	Gym	Thursday	1/25/18	3/15/18	6:15pm - 7:15pm	\$ 8.00

For info/requests:

**AnnElise Anderson**

509-991-0696 | [anderson@pnw.usta.com](mailto:anderson@pnw.usta.com)





## DANCE, MUSIC & THEATRE

### TRS Day at the Theatre

**1 day | Ages 16+** Come with us as we delight in the entertaining theatre productions put on by our local Spokane Childrens Theatre(SCT) and Christian Youth Theatre(CYT) Spokane.

#### Joseph and the Amazing Technicolor Dreamcoat.

One of the most enduring shows of all time, son, Joseph and the Amazing Technicolor Dreamcoat is a reimagining of the Biblical story of Joseph, his father Jacob, eleven brothers and the coat of many colors.

**Meet at Spokane Children's Theatre, 2727 N. Madelia St. #5 \$24**  
38648 Sat. 2/3 1:45-4pm

#### HONK!

This heartwarming celebration of being different is sure to delight audiences of all ages with its sparkling wit and memorable score.

**Meet at Spokane Children's Theatre, 2727 N. Madelia St. #5 \$24**  
38649 Sat. 3/18 1:45-4pm

#### Tarzan

Washed up on the shores of West Africa, an infant boy is taken in and raised by gorillas who name him Tarzan. Tarzan's life is mostly monkey business until a human expedition treks into his tribe's territory, and he encounters creatures like himself for the first time.

**Meet at Christian Youth Theatre Spokane, 901 W Sprague \$24**  
38647 Sat. 3/24 2:30-5:15pm

### TRS Drum & Dance

**3 weeks | Ages 14+** Whether you want to dance or just drum, join us for this combo class, using music and movements from The Nia Technique®. Increase your awareness of the rhythms in music, and the way your body moves. Experience the joy in improving your body and mind. Participants can be sitting or upright. Please wear comfortable clothing and closed toe shoes for dancing.

**Meet at West Central Community Center, 1603 N. Belt, Mason Rm \$22.**

38571 Mon. 1/22-2/5 4:30-5:30pm

38572 Mon. 2/12-3/5 4:30-5:30pm



### TRS Musical Production

**8 weeks | Ages 15 +** This year's musical will be High School Musical. Participants will have the opportunity to improve communication and socialization skills.

**Ridgeview Elementary, 5610 N. Maple. , \$43**

38582 Mon. 1/22-3/19 6:30-8pm

### TRS Sundancers Squaredancing

**8 weeks | Ages 15+** Do you want to learn how to square dance or improve your existing skills? Participants should know left and right, ability to follow simple directions, and have a good attention span.

**Shaw Middle School, Cafeteria, 4106 N. Cook. \$33**

#### Beginners

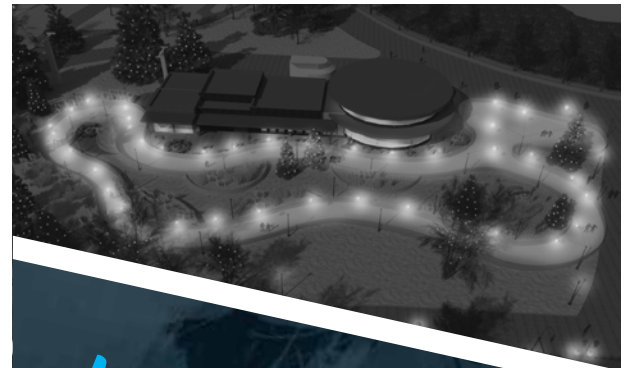
Meet the second and fourth Tuesdays of the month. January 9, 23, February 13, 27, March 13, 27.

38585 Tues. 1/9-3/27 6:30-8pm

#### Performers

Meet the first and third Tuesday of each month. They are welcome to come the second and fourth Tuesday to help with the beginners. Performance night is the 3rd Tuesday of the month. Pick up time is 9pm.

38586 Tues. 1/9-3/27 6:30-8pm



*the ice opens  
december 8*

Visit [RiverfrontSpokane.com](http://RiverfrontSpokane.com)  
for a full list of winter activities





## SKIING & SNOWBOARDING

### Ski and Snowboarding Volunteer Opportunities

#### TRS Volunteer Ski/Snowboard instructor Workshops

**Powderhound Training clinics:** Teaching those with developmental disabilities, how to ski or snowboard. Thursday November 30 6-8 pm at Corbin Community Center, 827 W. Cleveland and Saturday December 30 and Sunday December 31 9am-4pm each day. Meet at Lodge 1 at Mt. Spokane Ski and Snowboard Resort. Includes 2 lift tickets, training, background check and more.

38680 Thurs. 11/30, Sat. 12/30 & Sun. 12/31 \$40

**Blue Waxers Training Clinic:** Teaching those with developmental disabilities how to cross country ski. Saturday December 30, 2017 9am-noon. Meet at Selkirk Lodge. Includes training, background check and more. Must have own Sno-park permit.

38682 Sat. 12/30 \$0

**Adaptive Training clinics:** Teaching those using adaptive pieces of equipment & methods. Friday January 12 6-8pm at Corbin Community Center, 827 W. Cleveland, Saturday January 13 8:30am-4pm and Sunday January 14 9am-4pm meet at Chalet at Mt. Spokane. Training Includes 2 lift tickets, training, background check & more. Special registration form required.

38681 Fri.-Sun. 1/12-1/14 \$40

### TRS Adaptive Skiing and Snowboarding

**3 weeks | Ages 6+** One-to-one instructor/student ratio with volunteers trained in PSIA methods and therapeutic recreation elements. Course teaches mono & bi skiing for those who need to ski in sit down position, adaptive snowboarding, three and four track (outriggers) for amputee/ balance deficits and provides lessons for those with visual or sensory impairments. We ski / board at Mt. Spokane on Saturdays and meet at our Ski Chalet at the base of chair #5. To enroll in this class there is a separate registration form. Please find on web site [www.spokaneparks.org](http://www.spokaneparks.org) or call Alice Busch at 509.625.6245. Scholarships are available-request a form.

#### 3 weeks | Morning 2 hr. Lessons \$150

38664 Sat. 1/20-2/3 9:30-11:30am

38666 Sat. 2/10-3/3\* 9:30-11:30am

\*no lesson 2/17

#### 3 weeks | Afternoon 2 hr. Lessons \$150

38665 Sat. 1/20-2/3 12:30-2:30pm

38667 Sat. 2/10-3/3\* 12:30-2:30pm

\*no lesson 2/17

### TRS Ski Day

**1 day | Ages 18+** Come join us for fun, sun, and hopefully some powder snow at 49 Degrees North. This program is for people with developmental disabilities who can ski independently, stay with a group, follow directions, and get along with others. Numbers accepted will be dependent on number of volunteer instructors. This is a great opportunity to experience a new mountain and enjoy a day of recreational skiing. Transportation provided from **Sinto Senior Activity Center, 1124 W. Sinto.** \$49

38679 Sat. 2/10 7:30am-5:30pm

### TRS Cross Country Skiing - Blue Waxers

**7 weeks | Ages 12+** The class is designed for people with developmental disabilities. Fresh air, exercise and fun are just a few benefits of this activity. We ski at Mt. Spokane on the terrific trail system. Participants should be able to walk a mile with minimal difficulty. The class size is limited to the number of volunteers. To enroll in this class there is a separate registration form. Please find on web site [www.spokaneparks.org](http://www.spokaneparks.org) or call Alice Busch 509.625.6245. Scholarships are available-request a form. No class 2/17.

#### Lessons | Equipment | Transportation from 2304 E. Mallon \$189

38668 Sat. 1/6-2/24 7:30am-1:30pm

#### Lessons | Equipment | Meet at Selkirk Lodge \$134

38669 Sat. 1/6-2/24 9am-Noon

**\*\*Special Olympics State XC Competition-Wenatchee Trip \$40\*\***

*For qualifying participants details to follow*

38670 Fri. 3/2-3/4

### TRS Downhill Skiing and Snowboarding - Powderhounds

**6 weeks | Ages 8+** Crisp air, swishing and swooshing of skis and boards, exercise and friendships are some of the benefits experienced. This program is designed for people with developmental disabilities. Beginning to advanced downhill ski and snowboard lessons are given with a 1:1-1:3 ratio by our terrific volunteers. If taking our transportation there will be three locations. If providing own transportation, meet at Lodge #1 at Mt. Spokane. To enroll in this class there is a separate registration form. Scholarships are available-request a form. Scholarships are available-request a form.

**No Class: 2/10 & 2/17. Special ski trip 2/10 available.**

#### Lessons Only \$150

38671 Sat. 1/6-2/24 10:30am-3pm

#### Lift Tickets & Lessons \$240

38672 Sat. 1/6-2/24 10:30am-3pm

#### Lift Tickets, Lessons, & Transportation \$330

38673 Sat. 1/6-2/24 9am-5pm

#### Lift Tickets, Lessons, & Equipment Rental \$330

38674 Sat. 1/6-2/24 10:30am-3pm

#### Lift Tickets, Lesson, Equipment Rental & Transportation \$420

38675 Sat. 1/6-2/24 9am-5pm

#### Transportation Only to Lodge #1 \$15/trip or \$90/season

38676 Sat. 1/6-2/24 10:30am-3pm

**\*\*Special Olympics State Competition-Wenatchee Trip \$40\*\***

*For qualifying participants details to follow*





## SOCIALIZATION

### TRS Classy Crafts

**4 weeks | Ages 16+** Explore your creative side and make a variety of beautiful and meaningful crafts each week. Participants will have the opportunity to improve skills such as fine motor, socialization and communication.

<b>Sinto Senior Activity Center, 1124 W. Sinto, dining room.</b>			
38558	Thurs.	1/4-1/25	7-8:15pm
38559	Thurs.	2/1-2/22	7-8:15pm
38560	Thurs.	3/1-3/22	7-8:15pm

### TRS Fleece Hat & Scarf Workshop

**1 day | Ages 14+** Have fun with fleece. Make a hat and scarf to keep you warm this winter with the guidance of TRS staff. A variety of colors and patterns will be available. No sewing experience required. Cocoa and snacks served.

<b>Sinto Senior Activity Center, 1124 W. Sinto</b>			
		\$19	
38658	Fri.	2/2	6:30-8pm

### TRS Friday Night Jam

**1 day | Ages 18+** Come rock and swing at Spokane's oldest on-going nightclub for people with developmental disabilities. If participants require direct supervision then care providers need to attend. Second Friday each month. Bring \$1 for the photo booth.

**West Central Community Center, 1603 N. Belt.** \$7

### 2018 New Years Spectacular

Celebrate the New Year with glitz and fun. Dress up and strike a stunning pose at our photo booth.

38576	Fri.	1/12	7-9pm
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### Sweetheart Dance

Bring a sweetheart to dance with. Wear red, pink and white.

38577	Fri.	2/9	7-9pm
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### St. Paddy's Dance

Tis the night for the luck of the Irish. Wear green and orange.

38578	Fri.	3/9	7-9pm
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### TRS Tie-Dye Workshop

**1 day | Ages 18+** Groovy is in. Don't miss this colorful chance to create your own T-shirt. We will provide one t-shirt; you may bring extra items from home to dye. Participants will practice socialization skills. Meet at **Sinto Senior Activity Center, 1124 W. Sinto.** \$17

38633	Mon.	1/15	6:30-7:30pm
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### TRS What's Cooking

**4 weeks | Ages 16+** Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen.

<b>Southside Senior Activity Center, 3151 E. 27th Ave.-kitchen.</b>			
		\$51	
38629	Tues.	1/9-1/30	4-6pm
38630	Tues.	2/6-2/27	4-6pm
38631	Tues.	3/6-3/27	4-6pm

## FITNESS & WELLNESS

### TRS Basketball

**7 weeks | Ages 18+** Fun, exercise, teamwork, and being with friends is what this program is about. We provide both beginner and intermediate basketball. Beginner group will learn developmental skills such as dribbling and shooting. Intermediate group will learn developmental skills such as dribbling, shooting, passing and playing games and how to play as a team.

<b>Longfellow Elementary, 800 E. Providence Gym.</b>			
		\$24	
38627	Wed.	1/24-3/14	6:30-7:30pm

### TRS Ice Skating

**8 weeks | Ages 8+** Participants with developmental disabilities learn to skate and improve existing skills. Please dress warmly. Each session includes participation on both days.

<b>Eagles Ice Arena, 6321 N. Addison St.</b>			
		\$69	
38659	Mon.	1/5-2/26	2:45-3:45pm
	Fri.	1/5-2/26*	5-6pm

\*no classes: 1/12, 2/16

### Skate rental \$28

38660	\$28 for the Quarter
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### TRS Powerlifting

**21 weeks | Ages 17+** For persons with developmental disabilities who are serious about lifting with free weights and universal gym equipment. Ability to stay on task and follow directions with minimal assistance.

**North Central High School 1600 N. Howard weight room.**

*This is winter and spring quarter combined.* \$106

38628	Thurs./Tues.	1/4-5/31*	6:30-7:30pm
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\*no Class 4/3, 4/5

### TRS Swimming

**9 weeks | Ages 8+** For people with developmental disabilities who want to swim competitively or for a good workout. Ability to swim 75 yds. without assistance and with rhythmic breathing.

**Whitworth University Aquatic Center, 300 W. Hawthorne.** \$49

**Blue Dolphin Swim Team.** No class 1/28 or 3/11

38661	Sun.	1/7-3/18	2:15-3:45pm
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### TRS Swimming - Learn to Swim

**9 weeks | Ages 8+** Learn to swim while having fun in the water. A fun way for kids of all ages with disabilities to learn good swim technique, especially if they want to be competitive later. Each swimmer is requested to have a helper get in the water to help with games and activities. There will be two levels. **No class 1/28 or 3/11**

**Whitworth University Aquatic Center, 300 W. Hawthorne.** \$49

### Intermediate

Individuals who have mastered the Beginner skills and are ready to move on. Skills worked on will be distance swimming, breast stroke, butterfly, diving, simple turns and deeper water experience.

38663	Sun.	1/7-3/18	2:15-3pm
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### Beginner

Individuals will learn how to face float, back float, kick with floats and learn the crawl stroke with rotary breathing. Elementary back stroke and back crawl will be taught with the goal to be able to do for 20 yards.

38662	Sun.	1/7-3/18	3:00-3:45pm
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## TRIPS & TOURS

### TRS Dessert Delight

**1 day | Ages 16+** If you have a sweet tooth and enjoy desserts come with us as we visit a variety of Spokane eateries. Transportation provided from **Sinto Senior Activity Center, 1124 W. Sinto parking lot.** \$12  
(Does not include cost of food).

**Prospectors:** Apple pie, carrot cake, sundaes, milkshakes & chocolate rush cake.

38567 Wed. 1/17 7-9pm

**Tomato Street:** Cheesecake, tiramisu, and chocolate cookie sundaes.

38568 Wed. 2/21 7-9pm

**Lindamans Gourmet:** Mocha coffee torte, red velvet cake, espresso cheese cake, & lemon bars.

38569 Thurs. 3/29 7-9pm

### TRS Fine Dining

**1 day | Ages 18+** Do you like getting dressed up and going out? Come with us and experience the culinary delights of Spokane's finest restaurants! Staff will help in the selection and purchase of a meal. Participants will have the opportunity to improve social, communication, and etiquette skills. Transportation provided from **Sinto Senior Activity Center, 1124 W. Sinto parking lot.** \$15  
(Does not include cost of food).

**Red Robin:** Burgers, Shakes, Sweet Potato Fries and more

38637 Thurs. 1/25 6-9pm

**Old Spaghetti Factory:** Ravioli, lasagna, tortellini, and spaghetti.

38638 Thurs. 2/15 6-9pm

**Olive Garden:** Pasta, chicken, salad & breadsticks

38635 Wed. 2/28 6-9pm

**Moons Mongolian:** -All You Can Eat a variety of meat and vegetables, noodles & sauce grilled Mongolian style on our grill. Served w/ fried or steamed rice or egg flower soup.

38639 Wed. 3/21 6-9pm

### TRS Bingo & Burgers

SYSA Bingo is our destination for an afternoon of fun and maybe prizes. We will check out a local burger place for dinner to round out the day. Bring \$12 for dinner. Transportation provided from **Sinto Senior Activity Center, 1124 W. Sinto.** \$17

38685 Sat. 3/31 2:15pm-5:45pm

### TRS Friday/Saturday Fun

**1 day | Ages 18+** If your Friday/Saturday nights are dull check out these fun nights. Participants are responsible to bring the suggested amount of money listed. Sign-up fee covers transportation, staff, tickets and sometimes food. Staff ratio is 1:4-6. Participants will have the opportunity to practice socialization skills such as making choices, handling money, following directions and getting along within a group. Fee and meeting location varies.

#### Spokane Chiefs Hockey

Join us watch the Spokane Chiefs hockey team play a variety of teams. You may purchase snacks or dinner at the game. Dinner is on your own and will cost around \$12. Meet us at the **Spokane Veterans Arena entrance of Boone and Howard.** \$29

38642 Fri. 1/5 6:30-9:30pm

38640 Fri. 2/23 6:30-9:30pm

38645 Fri. 3/16 6-9:30pm

#### Pizza and Bowling

Meet us for an afternoon of bowling and pizza. Fee includes everything so extra money is not required for this outing. **North Bowl, 125 W. Sinto.** \$24

38646 Sat. 2/10 1:30-4pm

38644 Sat. 3/10 1:30-4pm

#### Girls Night Out

No Boys Allowed! It's Girls Night! We will make personal pizzas, bake a sweet treat, paint our nails, watch a chick flick, eat popcorn and just be girls. Meet at **Sinto Senior Activity Center, 1124 W. Sinto-Dining Room.** \$27

38641 Fri. 2/16 6-9:30pm

#### TRS Eagles Basketball

**1 day | Ages 16 +** Join us as we cheer on the Eastern Eagles Men's Basketball team as they take on Montana State. The excitement will take place at EWU on Reese Court. Bring suggested \$10 money for snacks or souvenirs if desired. Transportation provided from **Sinto Senior Activity Center, 1124 W. Sinto-Parking Lot.** \$21

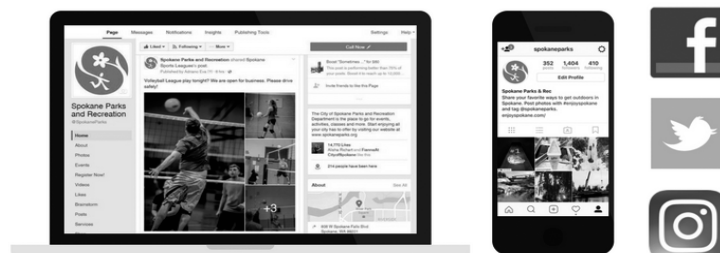
38650 Sat. 2/17 1-5pm

#### Movie & Burger

We will head to AMC, Northtown or Village Cinema, eat dinner, and then see a movie. Please bring \$12 to purchase dinner. Meet at **Sinto Senior Activity Center, 1124 W. Sinto-Parking Lot.** \$27

38643 Fri. 3/23 5:30-10pm

follow us on social media!  
@spokaneparks







## TRS Raptor Reef Indoor Water Park

**1 day | Ages 18+** Grab your swimsuit and towel and head with us to Triple Play Raptor Reef Indoor Water Park in Hayden, Idaho. There are three slides, 'Lost Falls', which is 400 feet long and full of twists. 'Velociraptor Vortex' is the super bowl ride that swirls, spins and flushes, and the 'Prehistoric Plunge' is 300 feet of high-speed body sliding. Fee includes transportation, staff, pizza dinner and park entrance fee. **Transportation provided from Sinto Senior Activity Center, 1124 W. Sinto. \$44.**  
38657 Sun. 2/25 12:30-6pm

## TRS Tubing Adventure

**1 day | Ages 16+** TRS is heading to Mt. Spokane for an afternoon of tubing fun! Hop aboard big yellow tubes, fly down the hill and take the rope tow back up to the top and do it again. Warm up with cocoa in the snow sports chalet. **Sinto Senior Activity Center, 1124 W. Sinto. \$34.**  
38634 Sun. 1/21 9:45am-3:30pm



## TRS Monster Jam

**1 day | Ages 16+** Monster Jam is the incredible family-friendly experience starring twelve-foot tall, ten -thousand pound machines that will bring you to your feet. These colorful, larger than life beasts are sure to capture the heart of both young and old! We will participate in the Pit Party prior to the show and see some of the drivers and trucks up close. Meet at the **Spokane Veterans Arena Entrance of Boone and Howard. \$48.**  
38632 Sun. 1/28 10:15am-3:15pm



## TRS Polka Dot Pottery

**1 day | Ages 16+** Avoid the winter blues by coming with us to Polka Dot Pottery do it yourself ceramic shop. Paint a piece purchased at the shop. Prices vary depending upon piece. Figurines \$11-15, Mugs are \$11-24, banks \$18-26, plates \$16 (salad)- 25 (dinner), cereal bowls \$15-18. **We suggest bringing \$20- \$35.** Meet at **2716 W. Northwest Blvd. \$13.**  
38656 Sun. 2/18 1:30-3:30pm

## SOUTHSIDE CENTER

**Santa Breakfast**

**3 days| All Ages** Santa Claus is coming to have breakfast at the Southside Senior and Community Center and he is bringing his Sleigh and Reindeer! Join us for home cooked hot breakfast with pancakes, hash brown/casserole and much more. Then have a photo with Santa! 5x7 (\$10 for 1 / \$12 for 2) Pets are welcome to have their picture with Santa from 12:30 – 1:30pm.

**Southside Community Center, 3151 E 27th Ave. Fee:** \$7 adults (13 and older) \$3 for children. (Children under 5 eat free)

Saturdays 2/2, 12/9 & 12/16 9am-Noon

**Live Irish Music**

**1 day| 21+** Join us for a fun Sunday night jam at O'Doherty's Irish Pub with traditional Irish music. Musicians will be playing Uilleann pipes, flutes, whistles banjos, fiddles etc. Dinner is on your own at the Pub. Get your Irish on! Call the Center to reserve your place. 509.535.0803. Transportation from: **Southside Community Center, 3151 E 27th Ave. Fee:** \$8 for members / \$13 for nonmembers includes transportation, escort, and valet parking.

Sunday 1/21 6:30pm-9:30pm.

## SINTO SENIOR ACTIVITY CENTER

**Breakfast at the Chalet and a Stroll in Gaiser Conservatory**

**1 day | Ages 18+** Old fashioned charm and generous portions make this restaurant a favorite on the South Hill. Afterwards, aid your digestion with a walk around the Gaiser Conservatory. Thousands of plants will warm your soul and bring sunshine to a winter day. Cost includes transportation and escort. Meal NOT included. Call to sign up 509.327.2861.

**Sinto Senior Activity Center, 1124 W. Sinto Ave.**

\$8 member / \$13 non-member

Tues. 1/30 8:30am-10:45am

**Liberty Lake Dine and Wine**

**1 day | Ages 18+** A quick drive to our neighbor city to the east, we will lunch at Barlow's then head to Liberty Lake Wine Cellar's brand new tasting room and production facility for a tour and tasting. Cost includes transportation and escort. Meal NOT included. Call to sign up 509.327.2861.

**Sinto Senior Activity Center, 1124 W. Sinto Ave.**

\$11 member / \$16 non-member

Fri. 2/16 Noon-3:30pm

**Lafevre Bakery Brunch**

**1 day | Ages 18+** Our fall trip sold out so quickly that we added it again! This bakery is highly rated online and by our members both! Handmade pastries, terrific hearty breakfasts, and superior friendly service await. Cost includes transportation & escort. Meals NOT included. Call to sign up 509.327.2861.

**Sinto Senior Activity Center, 1124 W. Sinto Ave.**

\$10 member / \$15 non-member

Wed. 3/14 10am-12:15pm

**Program Title: 49er Club**

**1 day| Adults** Go back in time to April 1912 to see the Titanic: Artifact Exhibition at the MAC. Upon arrival you will receive a replica boarding pass of the Titanic on its maiden voyage and assume the role of a passenger and follow a chronological journey through life on the Titanic, from construction to life on board. Call the Center to reserve your place. 509.535.0803. **Southside Community Center, 3151 E 27th Ave.**

**Fee:** \$49 for members / \$54 nonmembers. Includes entry ticket, transportation, escort and hosted lunch.

Thursday 1/25 10am-2pm

**Superbowl Theme Luncheon**

**1 day | All Ages** Join us for a Baked Potato Bar lunch at the **Southside Community Center, 3151 E 27th Ave. Fee:** \$11 for members / \$13 for non-members

Tuesday 1/16 Noon-1:30pm

## HILLYARD SENIOR CENTER

**Snowshoeing for Fun**

**1 day | 50 & over** This adventure is for the active senior who enjoys the snow and spectacular outdoor scenery. We'll be snowshoeing on an easy terrain trail in the local area. Previous experience is not necessary and snowshoes will be provided but all participants must be able to walk a leisure mile. Afterwards we will warm up with a sweet treat (*on your own*).

**Hillyard Senior Center, 4001 N Cook St. \$15**

Thurs. 1/11 9am-3pm

**A Big Band Sweethearts Ball Featuring Tuxedo Junction**

**1 day | 50 & over** This will be a wonderful evening of socializing, and listening to the fabulous Big Band sounds of Tuxedo Junction. A no-host bar and free Hors d'oeuvres will be available. Sign-up as a single or bring your sweetie along! Seats are limited, register early to get your seat.

**Hillyard Senior Center, 4001 N Cook St. \$29**

Sat. 2/10 6pm-10pm

**Uniontown Sausage Feed**

**1 day | 50 & over** Travel through the Palouse to Uniontown. A one of a kind outing, where the German food is amazing and so is the small town service. You will also find delicious baked goods and homemade arts and crafts for sale. Afterwards we'll tour St. Boniface Catholic Church, built in 1906.

**Hillyard Senior Center, 4001 N Cook St. \$32**

Sun. 3/4 9am-5pm

**Hutterite Colony Lunch & Tour**

**1 day | 50 & over** Join us for lunch and an educational tour of the Marlin Hutterite Colony. A sumptuous homemade lunch is served with a variety of special foods and desserts. You won't believe their huge modern kitchen and a farm shop with every modern tool imaginable.

**Hillyard Senior Center, 4001 N Cook St. \$42**

Wed. 3/21 8am-5:30pm



# Parks Facility Guide

WINTER 2018

CITY OF SPOKANE PARKS & RECREATION	Shelter	Play Equipment	Restroom	softball/baseball	Picnic Area	Splash Pad	Aquatic Facility	Tennis	Basketball	Disc Golf	BMX Track	Soccer
A.M. Cannon Park - N. Elm St.	x	x	x	x	x	x	x	x	x			
Audubon Park - 3405 N. Milton St.		x	x	x	x	x			x			
Ben Burr Park - 4401 S. Havana St.	x	x	x		x				x			
Byrne Park - 125 E. Walton	x	x	x		x				x			
Camp Sekani Park - 6707 E. Upriver Dr.			x									
Cannon Hill Park - 1831 W. 19th Ave.		x	x	x	x							
Chief Gary Park - 2515 E. Sinto Ave.	x	x	x	x	x	x			x			
Clark Park - 3922 N. Normandie St.	x	x	x	x	x							
Cliff Park - 426 W. 12th Ave.												
Coeur d'Alene Park - 2195 W. 2nd. Ave.	x	x	x		x	x			x			
Comstock Park - 601 W. 29th Ave.		x	x	x	x		x	x	x			
Corbin Park - 2914 N. West Oval St.		x	x	x	x			x	x			
Courtland Park - 3514 N. Stone St.			x	x	x							
Cowley Park - 602 N. Division St.		x	x		x							
Downriver Park - Pettet & Ft. Wright Dr.										x		
Dutch Jakes Park - 2104 W. College Ave.	x	x			x				x			
Dwight Merkel Sports Complex - 5071 N. Assembly St.	x	x	x	x	x	x		x	x		x	
Edwidge Woldson Park - 525 W. 7th Ave.												
Emerson Park - 116 W. Alice Ave.		x		x	x							
Fairview Park - 3004 N. Dakota St.		x										
Finch Arboretum - 1299 S. 'F' St.			x									
Franklin Park/Sports Complex - 302 W. Queen Ave	x	x	x	x	x	x	x	x				
Friendship Park - 631 E. Greta Ave.	x	x	x	x	x	x	x	x				
Glass Park - 627 E. Heroy Ave.	x	x	x	x	x	x						
Glover Field Park - 216 N. Cedar St.		x		x	x				x			
Grandview Park - 3203 W. 17th Ave.		x	x		x	x			x			
Grant Park - 1015 S. Arthur St.	x	x	x	x	x	x		x	x			
Hamblen Park - 37th and Crestline	x				x							
Harmon-Shipley Park 6018 N. Regal St.	x	x	x	x	x	x		x	x			
Hays Park - 1812 E. Providence Ave.		x	x	x	x							
Heath Park - 613 E. Mission Ave.		x		x	x				x			
High Bridge Park - 136 S. A St.	x	x	x		x					x		
Hill N'Dale Rotary Park - 502 E. Jay Ave.		x	x									
Hill Park - 42527 E. Nebraska Ave.		x	x		x							
Indian Trail Park - 7007 N. Flemming St.	x	x	x		x							
Kehoe Park - 4903 N. Nelson St.	x	x			x							
Liberty Park - 302 S. Pittsburg St.	x	x	x	x	x		x	x	x			
Lincoln Park - 2300 E. 17th	x	x	x	x	x							
Logan Peace Park - 2535 N. Morton St.		x										
Loma Vista Park - 5804 N. Alberta St.		x			x							
Manito Park - 1702 S. Grand Blvd.	x	x	x	x	x	x		x				
Meadowglen Park - 10890 N. Indian Trail Rd.												
Minnehaha Park - 400 E. Fredrick Ave.		x	x	x				x				
Mission Park - 1208 E. Mission Ave.	x	x	x	x	x	x		x				
Nevada Park - 3933 E. Courtlans St.		x	x	x	x	x						
Pacific Park - 5211 W. Lowell Ave.		x	x	x		x			x			
Parkwater Park - 5428 E. Commerce Ave.		x	x		x				x			
Peaceful Valley Park - 1602 W. Water Ave.	x	x	x		x			x	x			
Polly Judd Park - 1802 W. 14th Ave.		x	x		x							
Rochester Heights Park - 1801 E. Everett Ave.		x	x	x	x	x						
Ruth Park - 6011 N. Calispel St.		x	x		x							
Shadle Park - 4302 N. Belt St.	x	x	x	x	x	x	x					
Sky Prairie Park - 8501 N. Nettleton Ct.	x	x	x	x	x			x				
Southeast Sports Complex - 2700 E. 46th Ave.		x	x	x	x							x
Sterling Heights Park - 27th & Cumberland												
Stone Park - 2304 E. Desmet Ave.		x	x		x							
Thornton Murphy Park - 3105 E. 27th Ave.	x	x	x	x	x	x			x			
Underhill Park - 2910 E. Hartson Ave.		x	x	x	x			x	x			
Upriver Park - Upriver Drive & Boulder Beach			x		x							
Webster Park - 3721 W. Lacrosse Ave.		x	x	x								
Wentel Grant Park - 1708 S. Inland Empire Way	x	x	x	x					x			
Whittier Park - 3400 W. 7th Ave.		x	x	x				x	x			
Wildhorse Park - 3717 N. Ralph St.	x				x							
Your Place Park - 224 S. Cook St.		x			x				x			



WINTER 2018

## CORBIN ART CENTER

507 W. 7th Ave. | 509-625-6677

Locates on the hill above Edwidge Woldson Park, the Corbin Art Center is a historic Kirtland Cutter designed home built in 1898. Perfect venue for: Holiday and Birthday Parties, Receptions, Special Events, meetings, Retreats and Performances. The structure and grounds are listed on the local state and national historic registers. The house features a vestibule, foyer, formal and informal parlors, dining room, a kitchen and an ornate staircase leading to the second floor. The exterior features an impressive ¾ wraparound veranda affording you and your party a panoramic view of the greater Spokane area. Single room, adjoining rooms and multi room rental fees are available. The center has a kitchen to host your caterer or party. Rentals are scheduled on a first come, first serve basis. The facility is wheelchair accessible on the first floor only. Corbin also has Wi-Fi capabilities.



## CITY PARKS, PICNIC SHELTERS, & SPECIAL EVENTS

[spokane parks.org](http://spokane parks.org) ~ Riverfront Park Permits 509.625.6624 ~

Other Parks Permits 509.363.5455

City of Spokane parks have many beautiful locations for special occasions or family fun. Some locations and activities require reservations and/or special park permits. Basic reservations need to be booked at least three weeks prior to the target date. Special events require a special events permit application to be submitted at least 45 days prior to the event date. Call to check availability, discuss event details, determine event classification and pricing, and obtain direction on how secure your reservation.

## CITY BALLFIELDS

Carissa Ware | 509-625-6208 | [cware@spokanecity.org](mailto:cware@spokanecity.org)

Interested in renting an athletic field for your next organized sporting event or fun family activity? Look at the Parks Facility Guide on page 36 to view all the City softball/baseball diamonds or soccer fields, find the perfect one for you and book it!

## PHOTOGRAPHY

[spokane parks.org](http://spokane parks.org) ~ Riverfront Park Permits 509.625.6624

~ Other Parks Permits 509.363.5455 - With all the beautiful gardens, riverfront views and lawns that our parks offer, there are perfect places for wedding photos, senior pictures, a family portrait, and more! Photography permits may be required. Prices vary depending on the park and the purpose. Please call for information.

## Community & Senior Center Facility Information

	Youth Classes & Activities	Adult Classes & Activities	Adult Tours	Kitchen/Senior Meals	Gym/Auditorium	Rental Space	Athletic Equipment	Community Services
Corbin Senior Center 827 W. Cleveland Ave. 509-327-1584		X	X	X		X		X
East Central Community Center 500 S. Stone St. 509-808-2123	X	X	X	X	X	X	X	X
Hillyard Senior Center 401 North Cook Street 509-482-0803		X	X	X		X		X
Mid-City Concerns 1222 W. Second Ave. 509-456-6597		X		X		X		X
Northeast Youth Center 3004 E. Queen Ave. 509-482-0708	X	X	X	X	X	X	X	X
Project Joy 3151 E. 25th Ave. 509-535-0584		X						
Sinto Senior Center 1124 W. Sinto Ave. 509-327-2861		X	X	X		X		X
Southwest Community Center 310 S. Spruce St. 509-624-8634	X							X
Southside Senior Center 3151 E. 27th Ave. 509-535-0803	X	X	X	X		X		X
West Central Community Center 1603 N. Belt 509-326-9540	X	X			X	X	X	X



Please print and  
fill out completely

City of Spokane Parks and Recreation Department  
**ACTIVITY REGISTRATION FORM**

509.755.CITY (2489)  
SpokaneParks.org

<b>Which program are you registering for?</b> <input type="checkbox"/> General <input type="checkbox"/> TRS  <b>PAYEE INFORMATION</b>	LAST NAME		FIRST NAME		MI	
	ADDRESS			CITY/STATE		ZIP
	DAY WORK OR CELL OHONE		NIGHT PHONE		EMAIL	

<b>LIABILITY WAIVER, RELEASE &amp; INDEMNITY AGREEMENT</b> I agree to release, indemnify, and hold the city, its agents, officers and employees, and School District 81, harmless from any and all liability claims, actions, judgments, damages or injuries of any kind and nature whatsoever to the participant and/or his property arising from participation in activities for which the participant is registering. I further acknowledge that I have familiarized myself with the description of the activities, understand the hazards and the participant's personal limitations and knowingly assume all risks. I acknowledge I have read and understand this Liability Waiver, Release and Indemnity Agreement, and understand that I am waiving any claim I might have against the City or School District 81 for any harm sustained as a result of any activity for which I am registering a minor child.	<b>How did you hear about us?</b> <input type="checkbox"/> Existing customer <input type="checkbox"/> TV <input type="checkbox"/> Inlander <input type="checkbox"/> Spokesman <input type="checkbox"/> Kids magazine <input type="checkbox"/> Other _____
Signature of Responsible Adult _____ Date _____	<b>May we use your photo/video image taken during activities for publicity purposes?</b> Yes No (circle one) Initial here _____

PARTICIPANT INFORMATION			BIRTHDATE	AGE	GENDER	ACTIVITY NUMBER	ACTIVITY NAME	FEE
LAST NAME	FIRST NAME	MI						
			/ /		M F			
			/ /		M F			
			/ /		M F			
			/ /		M F			
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			/ /		M F			
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			/ /		M F			
			/ /		M F			

Statistical Information (birthdate & sex of participant) is used for demographics and to customize course activities

<b>Make checks payable to:</b> City of Spokane  <b>Mailing Address:</b> Spokane Parks & Recreation Department Class Registration – My Spokane 808 W. Spokane Falls Blvd. Spokane, WA 99201-3317	<b>Credit Card/Debit Card payments are also accepted in the form of VISA, MC or AMEX for Online or Phone Registrations Only.</b>	<b>Total Program Fees:</b> \$
--	--	----------------------------------

<b>DDA will send funds.</b> <input type="checkbox"/> Yes <input type="checkbox"/> No	Name & Number of Case Manager
--	-------------------------------

**Please contact your case manager to send us verification of payment.**

<b>THERAPEUTIC RECREATION ONLY</b>	<b>For TRS customers wanting to pay via credit card, MySpokane will contact the payee by phone after registration is submitted.</b>
------------------------------------	---

General supervision is provided 15 minutes prior to class time and 15 minutes at end of class. If additional supervision is required there will be an additional fee imposed.

<b>Check One:</b> Group Home/Institution _____ In Own Home/Apartment _____ Private Home With Parent _____
Dietary Precautions:
Foods to Avoid:
Activity Limitations/Physical problems (if any):
Will you (your child) need to be reminded to take medications during program hours? <input type="checkbox"/> Yes <input type="checkbox"/> No
Medications Taken: <b>PLEASE FILL OUT MEDICATION INFORMATION &amp; WAIVER FORM</b>
Will you be using Paratransit? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, what is your rider number?

## THERAPEUTIC RECREATION ONLY

Do you have any disabilities? (be specific)

Check and explain all that apply below:

ADHD/ADD	Easily Disorientated/Wanders	Restriction to Walking more than 1/2 mile
Uses a Wheelchair	Needs Own Staff Attendant one-on-one	Allergies or Serious Reactions
Seizures	Need Feeding Assistance	Bee/Wasp Stings
Heart Problems	Need Toilet Assistance	Drugs, LIST
Diabetes	Use Sign Language	Food
Hearing Impairment	Sunburns Easily	Other
Visual Impairment	Swimming/Water Restriction	
High Blood Pressure	Non-Verbal	
Easily Fatigued	Shunt - List Type:	

### MEDICATION INFORMATION & WAIVER

**If you require medication while attending a City of Spokane activity, complete the following information.**

#### Medication Policy

The Therapeutic Recreation Services has a Medical Information and Waiver form to be completed by all participants who will take medications while participating in our activities. The procedure will help us to better assist you with medications both safely and efficiently. We very much need your cooperation to complete the form and package your medications as described below.

**Please complete the Medication Information & Waiver form even if you will not take medication while at the activity.**

Please package medication by dose in individual extra small zip lock bags or blister cards labeled by the pharmacy to include: 1) name of participant; 2) name of physician; 3) name of pharmacy; 4) dosage and amount; and 5) time to take. For example, if you take six different medications at dinner time there should be six small zip lock bags or blister cards, each with the label information listed above. Then put all bags in a larger zip lock bag labeled with your name, date, day and time to take; e.g. Sam Jones, Saturday, June 15, 6:00 pm. **Send only the amount of medication needed for the dates of the activity. Do not send excess dosages.** Please see the examples below of the small zip lock bag, label, and blister card.

The following pharmacies will package medications this way. Evergreen Pharmacy East, 622 E. 2nd, 838-4826 if you live in a group home. Inland Pharmaceutical Services at 1328 N. Ash, 326-8001, or Walgreen's Express, call 921-0659 for locations, will package medication in small individual blister cards. They do packaging for all clients. Please ask for a Pharmacist. If you purchase medication from them there is no fee for this packaging. If you have a different pharmacy that will package medications please let us know and we will add it to the list.

Participants must be able to take their own medications while at the activity. The activity leaders will provide reminders to take medications and to safely secure them when not in use. If you have medical coupons, please bring them with you in case there is an emergency and you need medical treatment.

**THIS DOCUMENT RELIEVES THE CITY OF SPOKANE FROM LIABILITY FOR PERSONAL INJURY OR WRONGFUL DEATH RELATING TO MY MEDICATION. I HAVE READ THIS DOCUMENT, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHT BY SIGNING IT AND SIGN IT VOLUNTARILY.**

Signature Date

Date

I am the parent or guardian of the participant and acknowledge that I have read this document and understand its contents and agree to each item noted above. I understand that, to the extent allowed by law, I am waiving my child's rights.

Name

Signature

Date

<b>MEDICATION TAKEN</b>	Type:	Dosage:	Time(s):
	Type:	Dosage:	Time(s):
	Type:	Dosage:	Time(s):

List any special instructions/cautions/side effects:

## AMERICANS WITH DISABILITIES ACT

In providing services to the public the City must comply with the Americans with Disabilities Act (ADA), a federal anti-discrimination statute, designed to remove barriers that prevent qualified individuals with disabilities from discrimination on the basis of disability in the services, programs, or activities of local governments. The ADA provides comprehensive civil rights protection to individuals with disabilities. For information regarding the ADA and the regulations on non-discrimination on the basis of disability in state and local government services, 28 CFR Part 35, and its applicability to the services, programs, or activities of the City, please contact Christine Cavanaugh at 625.7083.

**For more information call 311 and Press 3 or dial 509-755-2489**



## SATISFACTION GUARANTEED

**You are important to us!** The City of Spokane Parks and Recreation Department is committed to excellence by providing high-quality programs and services for you. If you or a family member are not satisfied with a class, program, or activity offered by the City, let us know your concerns in writing. We will arrange for one of the following. You may:

- Repeat the program at no additional charge
- Receive a credit that may be applied to another activity
- Receive a refund (allow 4 weeks to process). A partial refund may be given to programs with supply, lab or reservation fees.

**The Spokane Parks & Recreation Department does not discriminate on the basis of age, sex, race, color, creed, national origin or disability. Please notify the Park Department if you need special accommodations to participate in our programs.**

### NEW REGISTER ON-LINE



Go to our website at  
**spokaneparks.org**  
to register online!



Send form and payment to:  
**Spokane Parks & Recreation Dept.**  
Class Registration  
808 W. Spokane Falls Blvd.  
Spokane, WA 99201-3317

Checks payable to  
"City of Spokane"  
Allow 3 days for  
mail delivery.

### PHONE IN: Call 311 & Press 3 or dial 509-755-2489



Use your VISA/MC/Discover/American Express  
to register by phone.  
Have charge card and Guide handy.  
Fill out registration form before you call.

### WALK IN:



**MySpokane**  
1st Floor City Hall  
808 W. Spokane Falls Blvd.  
Spokane WA 99201  
Mon-Fri – 8 AM - 5 PM

### FAX IT: 24 HOURS A DAY 509-625-6990



Fill out registration form. Include Visa/MC/MasterCard/  
Discover/AmExp number and expiration date.  
Newsprint does not FAX well. Please make a clean  
copy on white paper and FAX the copy.

**NEED MORE INFORMATION?**  
**CALL 509-755-CITY (ALL CLASSES) OR**  
**509-625-6677 (ART CLASSES)**

### ARE YOU COVERED?

The Spokane City Parks & Recreation Department does not carry accident insurance for program participants; the costs would make program fees prohibitive. Please review your own personal health insurance plan to be certain that you and your family have the proper coverage.

### GIVE US A CALL...

We are looking for talented, enthusiastic and qualified instructors to teach pre-school, adult and youth classes. Ideas or suggestions for classes are also encouraged. Call 509-755-CITY for an application.

### E-Mail Receipts = Better Customer Service!



To facilitate prompt, effective customer response and service, the Parks and Recreation Department is switching to e-mail confirmation receipts to those customers with e-mail addresses in our records.

Please provide your e-mail address when you register. This change will make the registration and receipt process faster, easier and more accurate. We will continue to mail paper receipts via the U.S. Postal Service for those without e-mail.

## REFUND/CANCELLATION POLICY

It is the policy of this department to promote customer satisfaction for all programs and services. This refund policy pertains to all Recreation programs unless otherwise noted in the program description.

**1. PROGRAMS ARE SUBJECT TO MINIMAL ENROLLMENT.** If the Parks and Recreation Department cancels a program, changes a location or time and you cannot attend, or the program is full, you will receive a full credit on your Recreation account or refund if you request it; no administrative processing fee will be deducted.

**2. NO REFUNDS, EXCEPT FOR CANCELLED OR CHANGED CLASSES, WILL BE ISSUED WITHOUT A WRITTEN REQUEST RECEIVED IN THE OFFICE BY MAIL, E-MAIL OR FAX.** Refunds follow the City's Finance Department payment schedule and take approximately 30 days to process.  
\*\*\*Send email refund requests to [parksrefunds@spokanecity.org](mailto:parksrefunds@spokanecity.org)\*\*\*

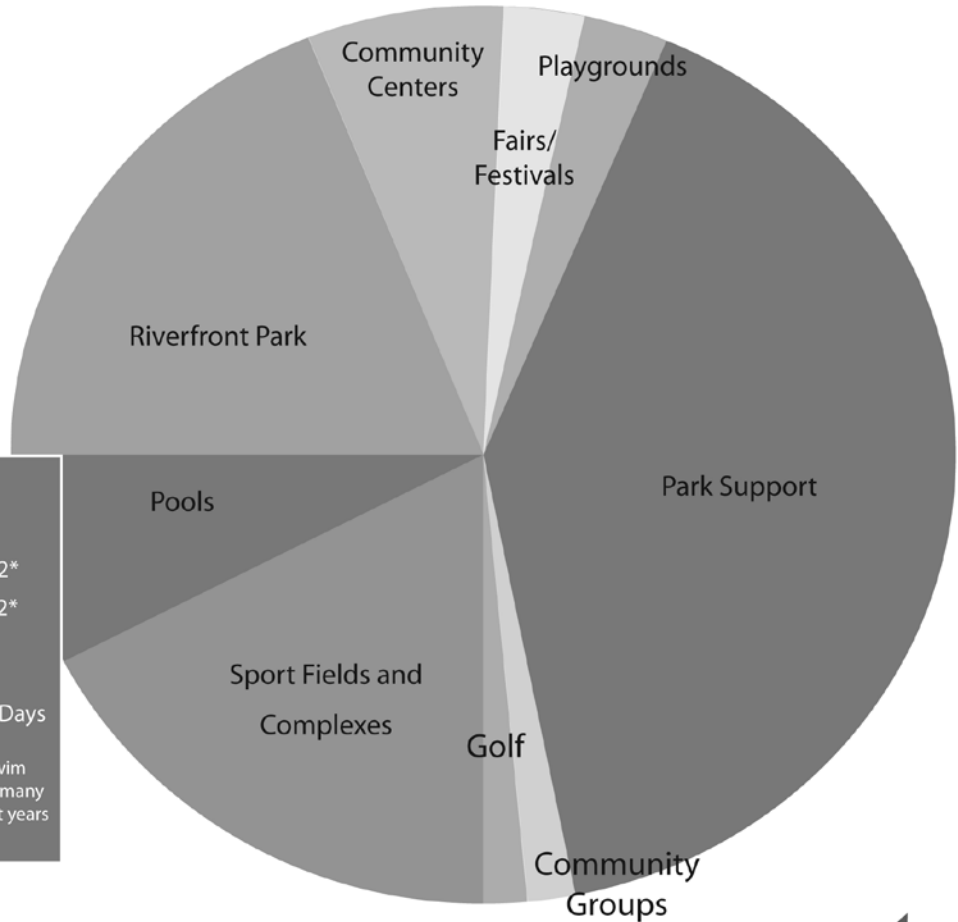
**3. RECREATION PROGRAMS.** Due to financial commitments we must make before activities begin, to cancel enrollment in a class or program, the participant must notify the Parks and Recreation Department at least two days (48 hours) prior to the starting date unless otherwise noted in description.

- If your written withdrawal request is received more than two days (48 hours) before the start date of the program, you will receive a full credit to your Recreation account to be used for a registration at a later date. A refund in the form of a check or a credit to your bankcard is subject to a \$5 administrative processing fee.
- If your written request is received less than two days (48 hours) prior to the start date of the program, you will be charged a \$5 withdrawal fee and you may receive no refund or only a partial refund based on the number of students enrolled and any supply costs incurred on your behalf.
- If we do not receive your written request before the start of the class no Recreation account credit or refund will be issued.
- At any time after the first class, partial credit to your Recreation account will be allowed if you present a statement from your health care provider that states that you are unable to finish the class.
- The only exception will be with Sports Leagues. After the start of the league neither refunds, nor proration of the league fee will be granted.

Classes held in Spokane Public School facilities do not meet on dates school is not in session (holidays, vacations periods, curriculum days). Class sessions scheduled for those dates will be made up at the end of the regular schedule.

## BY THE NUMBERS

The Spokane Parks Foundation has awarded over \$3,500,000 in grants over 65 years.



### Make A Splash

7,657+ swimsuits

1,618 swim lessons since 2012\*

10,820 pool passes since 2012\*

29,500 free swims made possible since 2015

2,686 Free Swims on Free Swim Days

\*The Foundation has been funding swim lessons, swim suits and swim passes for many years, but were not trackable until recent years

Find out more about what we are up to at  
[www.spokaneparksfoundation.org](http://www.spokaneparksfoundation.org)  
or viit us on our facebook page at  
[facebook.com/spokaneparkfdn](https://facebook.com/spokaneparkfdn)

# SPOKANE PARKS FOUNDATION

*Community funded and locally grown for 65 years.*





Spokane Parks and Recreation  
5th Floor City Hall  
808 W. Spokane Falls Blvd.  
Spokane, WA 99201-3317

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Spokane, WA  
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# INLAND EMPIRE SOFTBALL SHOWDOWN

➔ APRIL 13-15 ➔



FIRST EVER  
CITY/COUNTY  
COLLABORATION!

MORE INFO ON THIS AND OTHER SPRING TOURNAMENTS ON PAGE 25.

[SPOKANEPARKS.ORG/SPORTS](http://SPOKANEPARKS.ORG/SPORTS)