spring ACTIVITY guide

It's game time!

SPRING CAMPS
SUMMER HIGHLIGHTS
ADULT ART & PERSONAL INTEREST CLASSES
OUTDOOR TRIPS FOR ALL AGES
SPORTS LEAGUES
THERAPEUTIC RECREATION
SOMETHING FOR EVERYONE!

EXPLORE PARKS NATURE
SPORTS &REC OUTDOOR
CAMPS LEARN CLASSES
SWIM POOLS SPLASH
PLAY GOLF LEARN
ENJOY RIVER FRONT PARK

SPOKANEPARKS.ORG | CALL 311 AND PRESS 3

CITY OF SPOKANE PARKS &RECREATION

GET GOLF READY

UP YOUR GAME WITH PROFESSIONAL INSTRUCTION FROM OUR FRIENDLY STAFF
GO TO SPOKANEGOLF.ORG OR CALL 509-625-6200 FOR MORE INFO

ADULT GOLF LESSONS

Ages 18+ Fee includes five hours of lessons, tees & golf balls.

DOWNRIVER
Beginner: M 4/2-4/30 6:30-7:30 PM $90
Beginner: Su 4/15-5/20 12:00-1:30 PM $90
Beginner: M 5/7-6/4 6:30:00-7:30 PM $90

ESMERALDA
Womens: Th 4/19-5/17 4:00-5:00 PM $90
Womens: Th 4/19-5/17 5:00-6:00 PM $90
Womens: Th 4/19-5/17 6:00-7:00 PM $90
Beginner: F 4/20-5/18 5:00-6:00 PM $90
Couples: F 4/20-5/18 6:00-7:00 PM $90

INDIAN CANYON
Beginner: Sa 4/21-5/19 10:30-11:30 AM $90
Beginner: Sa 4/21-5/19 11:45-12:45 PM $90

INDIAN CANYON (CONTINUED)
Beginner: Tu 4/24-5/22 4:00-5:00 PM $90
Intermediate: Tu 4/24-5/22 5:15-6:15 PM $110
Beginner: W 4/25-5/23 9:30-10:30 AM $90
Intermediate: W 4/25-5/23 10:45-11:45 AM $110
Beginner: W 4/25-5/23 5:30-6:30 PM $90

CREEK AT QUALCHAN
Beginner: Tu 5/1-5/29 5:00-6:00 PM $90
Beginner: Tu 5/1-5/29 6:00-7:00 PM $90
Intermediate: W 5/2-5/30 5:30-6:30 PM $110
Intermediate: W 5/2-5/30 6:30-7:30 PM $110
Beginner: Th 5/3-5/31 5:00-6:00 PM $90

SENIOR GOLF LESSONS

Ages 55+ Fee includes five hours of lessons, tees & golf balls.

DOWNRIVER
Beginner: M-F 4/2-4/6 11:00 AM-12:00 PM $80
Beginner: Sa 5/5-6/2 1:00-2:00 PM $80

ESMERALDA
Beginner: F 4/20-5/18 4:00-5:00 PM $80

CREEK AT QUALCHAN
Beginner: Tu 5/1-5/29 4:00-5:00 PM $80
Beginner: Th 5/3-5/31 4:00-5:00 PM $80

JUNIOR GOLF LESSONS

Ages 7-17 Fee includes five hours of lessons, tees and golf balls.

DOWNRIVER
M-F 4/2-4/6 12:00-1:00 PM $75
Su (four 90 min. lessons) 4/15-5/20 1:30-3:00 PM $75
Sa 5/5-6/2 2:00-3:00 PM $75

ESMERALDA
Sa 4/21-5/19 3:00-4:00 PM $75
Sa 4/21-5/19 4:00-5:00 PM $75
Sa 4/21-5/19 6:00-7:00 PM $75

Indian Canyon GOLF COURSE
Downriver GOLF COURSE
The Creek At Qualchan GOLF COURSE
Esmeralda GOLF COURSE
CITY OF SPOKANE PARKS & RECREATION GOLF

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SUMMER PARKWAYS
spokane

celebrate summer with Summer Parkways

just for bikes, pedestrians, skaters… purely human-powered transportation

Thursday, June 21, 2018 | 6 - 9 pm
Manito/Comstock Neighborhoods

Join the fun on the summer solstice!

CITY OF SPOKANE PARKS & RECREATION

summerparkways.com | facebook.com/summerparkways

Walla Walla Bicycle Wine Tour

Enjoy tasting extraordinary Washington wines

Cycle through the beautiful country side and vineyards

June 10 & 11, 2018

Fee includes lodging in the historic and elegant Marcus Whitman Hotel, breakfast, 2 lunches, support vehicle and interpretive guides.

$289 per person
double occupancy only

Call 509-755-2489
for registration

CITY OF SPOKANE PARKS & RECREATION

REGULAR SEASON OPEN SWIM SCHEDULE JUNE 18 - AUGUST 25

All Pools	Sun. Sat.	1-4pm
All Pools (Except Witter)	Mon.- Thurs.	6:30-8pm

PRE-SEASON LAP SWIM

May 7 - June 17
Witter Mon. - Fri. 11:30 - 2pm
Eight 50 meter lanes

POST SEASON LAP SWIM

August 27 - Sept. 14
Witter Mon. - Fri. 11:30 - 2pm
Eight 50 meter lanes

REGULAR SEASON LAP SWIM SCHEDULE JUNE 18 - AUGUST 25

Witter	**Monday – Friday**	**11:30-12:45pm**	**Eight 50 meter lanes**
		10-11:30am & 1-4pm	**At least one 50 meter lane**
	Saturday – Sunday	**1-4pm**	**At least one 50 meter lane**
Comstock	**Monday – Friday**	**6-7:30am**	**Five 50 meter lanes**
	Sunday – Saturday	**1-4pm**	**One 50 meter lane**
	Saturday	**7:30-9am**	**Five 50 meter lanes**
Shadle	**Sunday – Saturday**	**1-4pm**	**One 25 yard lap lane**
		6:30-8pm	**One 25 yard lap lane**
	Saturday 6/30 - 8/18	**9-9:30am**	**At least one 25 yard lap lane**

AQUATICS HOTLINE

509-625-6960

Get up-to-date information on pool closures hours and more.

SPLASH PAD HOURS OF OPERATION

May 28 - Sept. 9 Sat. - Sun. 9am - 8pm
*see page 53 for Splash Pad locations

SUMMER AQUATIC HIGHLIGHTS

AquaFit

Varies | Age 18+ This ongoing aqua class is a mixture of deep and shallow water exercises. You can expect to experience aerobic, balance, muscle toning and core strengthening types of routines on a rotating basis. Come burn some calories in a fun and refreshing environment! We will prorate class registration.

38773	Tues./Thurs.	6/19-8/16	6:30-7:15pm	Witter	$90
38772	Tues./Thurs.	7/3-8/23	10:45-11:30am	Hillyard	$90
38771	Sat.	6/30-8/18	9:30-10:20am	Shadle	$36
40143		AquaFit 6 Visit Punch Pass			$27.00

Doggie Dip

1 Day | All Ages The pools have gone to the DOGS! Bring your four-legged friend to the last splash of the season! Along with the Spokane Parks Foundation and SpokAnimal, we hope to have fun, raise awareness and funds for the High Bridge Dog Park. Drop-ins/donations welcome at the door. Proof of rabies vaccination required. **All pools except Witter** $10

Sun.	8/26	3-4:30pm	Comstock
Mon.	8/27	5:30-7pm	Shadle
Tues.	8/28	5:30-7pm	Hillyard
Wed.	8/29	5:30-7pm	A.M. Cannon
Thurs.	8/30	5:30-7pm	Liberty

Family Nights

All Ages Family night are exclusive pool parties open only to families. DJ Dan will be providing family friendly songs from yester year through today's hits. Bring your friends for some great times. Fire pits, food, music and fun!

Shadle	June 22nd	6:30-8pm
Hillyard	July 6th	6:30-8pm
Liberty	July 20th	6:30-8pm
Cannon	August 3rd	6:30-8pm
Comstock	August 17th	6:30-8pm

Parent Tot Open Swim

Ages 0-7 with Adults Ever thought that the regular open swim was at the wrong time for you and your child due to nap times and all of the energetic older kids? We thought so too. Come join us for a calm and exclusive swim time, just for you and your little ones. **Cannon, Comstock, Hillyard, & Liberty Aquatic Centers.** Season passes and daily admission rates apply.0-3 years are free.

Mon. - Thurs. 6/19-8/24 10-11:50am	Comstock
Mon. - Thurs. 6-19-8/24 11am - Noon	Cannon , Hillyard & Liberty

WATER SAFETY TRAINING & CERTIFICATION COURSES

Aquanautic Safety Instructor

2 Weekends | Ages 15+ Learn to teach water safety, survival, and swimming skills to all ages. This course will certify you to instruct for the City of Spokane Aquatic Dept only, and allow you to earn the same wage as a WSI if employed with the City of Spokane Aquatic Dept. This is not a nationally recognized certification, but for the City of Spokane. Prerequisite: minimum 15 yrs. old; pass all pre-course swimming tests administered the first class session.

Witter Aquatics Center 1208 E Mission Ave $135

38774	Fri.	5/4	5-9pm
	Sat.&Sun	5/5 – 5/6	11am-5pm
	Mon/Wed/Thurs/Wed	5/7, 5/9, 5/10 & 5/16	5-9pm
38775	Fri.	6/29 & 7/6	5-9pm
	Sat.	6/30 & 7/7	10am - 4pm
	Sun.	7/1 & 7/8	10am - 4pm

Lifeguard Training Course

2 Weeks | Ages 15+ If you are looking for the perfect summer job, this course is for you. As a certified lifeguard you will be responsible for ensuring people's safety in and around the water. This course will cover CPR- PR, First Aid, and lifeguarding. Textbooks included. Prerequisite: minimum 15 years old; pass all pre-course tests.**Witter Aquatic Center, 1300 E Mission Ave.** $175

39228	Fri.	5/4 & 5/11	5-9pm
	Sat./Sun	5/5-5/6 & 5/12-5/13	9am-5pm
39229	Fri.	6/1 & 6/8	8am-4pm
	Sat./Sun.	6/2-6/3 & 6/11-6/12	5-7pm
39230	Mon.-Fri.	7/9-7/13	8am-4pm

Lifeguard/CPR Recertification $70

39231	Fri.	5/4 & 5/11	5-9pm
	Sat.	5/5 & 5/12	9am-5pm
39232	Fri.	6/1 & 6/8	5-9pm
	Sat.	6/2 & 6/9	9am-5pm
39233	Mon.-Fri.	7/13-7/17	10am-5pm
39234	Fri.	9/7	5-9pm
	Sat.	9/8	9am-5pm

Water Safety Instructor (WSI)

2 weeks | Ages 16+. Learn to teach water safety, survival and swimming skills. This course will train instructors to teach American Red Cross swimming and water safety courses and will cover all topics necessary to become a successful Water Safety Instructor. Textbook required. Prerequisite: minimum of 16 yrs. old; pass all pre-course tests. **Witter Aquatics Center 1208 E Mission Ave.** $200

40137	Sat.	6/2 & 6/9	10am – 7pm
	Sun.	6/3 & 6/10	10am – 7pm

SUMMER AQUATIC PROGRAM HIGHLIGHTS

Dolphin | Aquatic Exploration Camp

2 weeks | Ages 10-15yrs. Learn personal water safety & lifeguard readiness such as rescue skills, intro to CPR and first aid. Camp participants will learn the ins and outs of pool operations beyond what happens on deck. Through games and fun activities swimming and diving skills will be refined and endurance increased. This camp goes beyond fun, it will prepare your child to take a lifeguard class or join our Aqua Ducks Novice Swim Team. Prerequisite: demonstration of Barracuda skills. $60

Comstock

38852	Mon./Thurs.	6/18-6/28		9-11:15am
38853	Mon./Thurs.	7/2-7/12	*52.50	9-11:15am
38854	Mon./Thurs.	7/16-7/26		9-11:15am
38855	Mon./Thurs.	7/30-8/9		9-11:15am
38856	Mon./Thurs.	8/13-8/23		9-11:15am

Shadle

39286	Mon./Thurs.	6/18-6/28		9-11:15am
39287	Mon./Thurs.	7/2-7/12	*52.50	9-11:15am
39288	Mon./Thurs.	7/16-7/26		9-11:15am
39289	Mon./Thurs.	7/30-8/9		9-11:15am
39290	Mon./Thurs.	8/13-8/23		9-11:15am

Aqua Ducks | Novice Swim Team

8 weeks | Ages 6+ Is your little fish either aging out of swim lessons or has completed all levels but competitive teams aren't what you are looking for? Try out our novice team where the philosophy is to have fun while increasing swim endurance, refinement of the four Olympic strokes (breaststroke, backstroke, front crawl, butterfly), and learning starts and turns. Prerequisite: Ability to swim crawl stroke 50 yards unassisted. **Swim meets will be held at Witter Pool at 5:30pm 7/11, 7/25 & 8/8.** (August 8th is the area Novice Championship Meet). $180 includes meet fees.

Comstock

38766	Mon./Thurs.	6/18-8/9	7:30-8:45am
38767	Mon./Thurs.	6/18-8/9	9-10:15am
38768	Mon. /Thurs.	6/18-8/9	4:30-5:45pm

Shadle

38769	Mon./Thurs.	6/18-8/9	4:30-6pm

Witter

38770	Mon./Thurs.	6/18-8/9	10:15-11:30am

PRIVATE LESSONS

Private Lessons-Group

All summer | All Ages Do you have a group that you want to set up a customized class for? To schedule call the aquatics office at 509-363-5417. **$48 per person.**

Private Lessons-Private

All summer | All Ages Do you or your little one need one-on-one instruction? Call the aquatics office at 509-363-5417 to schedule. We work around your needs to customize a lesson that works at any pool, at your convenience. **$125 per person.**

SUMMER LESSON LEVEL DESCRIPTIONS & GENERAL INFORMATION

Swim lessons are $48 per child, per session.
Maximum enrollment is 5 or 6 children per class depending on class, minimum is 3 children.
Deadline for enrollment is the THURSDAY before the start of the next session.
Classes may be canceled due to inclement weather, contamination, or other unexpected circumstances.
Makeup days will be Fridays. All efforts will be made to hold each class.

Tadpole | Parent Child $48

2 weeks | Ages 6-36 months

- Climbing in and out of the pool
- Floating on front and back
- Arm and leg movements
- Parental knowledge of safe water practices

Prerequisite: **Must be accompanied by adult**

Seahorse | Beginner $48

2 weeks | Ages 3-5

- Submerging underwater
- Supported floating
- Supported arm and leg movements
- Blowing bubbles with mouth and nose

Penguin $48

Intermediate Beginner-Level 1

2 weeks | Ages 5-8

- Alternating leg and arm movements in forward motion
- Front and back glides
- Opening eyes underwater
- Entering and exiting the pool
- Prerequisite: demonstration of Seahorse skills

Turtle $48

Advanced Beginner-Level 2

2 weeks | Ages 5-9

- Holding breath underwater
- Rolling from front to back
- Treading water
- Jumping independently into the water
- Changing direction while swimming front or back crawl
- Prerequisite: demonstration of Penguin skills

Stingray $48

Intermediate-Level 3

2 weeks | Ages 6-10

- Rotary breathing
- Coordination of arms, legs and breathing during front and back crawl
- Headfirst entry into the water
- Elementary backstroke
- Dolphin kick
- Scissor kick
- Breaststroke
- Prerequisite: demonstration of Turtle skills

Seal $48

Intermediate-Level 4

2 weeks | Ages 7-11

- Swimming underwater
- Open turns
- Front and back crawl
- Breaststroke
- Sidestroke
- Butterfly
- Prerequisite: demonstration of Stingray skills

Barracuda $48

Advanced Level 5

2 weeks | Ages 8-12

- Surface dive
- Flip turns
- Sculling
- Front and back crawl
- Breaststroke
- Sidestroke
- Butterfly
- Prerequisite: demonstration of Seal skills

Dolphin | Aquatic Exploration Camp $60

2 weeks | Ages 10-15

- Personal water safety
- Lifeguard readiness
- Fundamentals of diving
- Fitness swimming
- Aquatic facility operations
- Preparation for classes such as Water Safety Instructor, Lifeguard Training, and Novice Swim Team
- Prerequisite: demonstration of Barracuda skills

Aqua Ducks | Novice Swim Team

$180 includes meet fees

8 weeks | Ages 6+

- Endurance swimming
- All four Olympic strokes (breaststroke, backstroke, front crawl, butterfly)
- Competition starts
- Turns
- Prerequisite: Ability to swim crawl stroke 50 yards unassisted

COMSTOCK AQUATIC CENTER: SWIM LESSONS

29th & Howard 600 W. 29th Ave

	Tadpole Parent tot	Seahorse Preschool	Penguin Level 1	Turtle Level 2	Stingray Level 3	Seal Level 4	Barracuda Level 5	Dolphin Camp	Aqua Ducks Swim Team
Session 1 6/18-6/28 M-Th									
9-9:30 am		38911	38857	39048	38965	38949	38839		
9:35-10:05 am	39023	38912 / 38913	38858	39049	38966			**9-11:15 am** 38852	
10:10-10:40 am		38914	38859 / 38860	39050 /39051	38967				
10:45-11:15 am	39024	38915	38861	39052	38968	38950			
11:20-11:50 am	39025		38862	39053	338969 /38970	38951			
4:35-5:05 pm	39026	38916	38863	39054 / 39055	38971		38840		
5:10-5:40 pm		38917	38864 / 38865	39056	38972 / 38973	36448			
5:45-6:15 pm	39027	38918	38866	39057	38974 / 38975		38841		
Session 2 7/2-7/12 Wed-Fri & Mon-Th									
9-9:30 am	39028	38919	38867	39058	38976	38953			
9:35-10:05 am		38920	38868	39059 / 39060	38977 / 38978			**9-11:15 am** 38853	
10:10-10:40 am	39029	38921/38922	38869	39061	38979				
10:45-11:15 am			38870	39062	38980 / 38981	38954	38842		
11:20-11:50 am	39030	38923	38871	39063 / 39064	38982				
4:35-5:05 pm		38924	38872 / 38873	39065	38983 / 38984	38955			1st Time Slot **6/18-8/9 7:30-9 am** 38766
5:10-5:40 pm	39031	38925	38874	39066 / 39067	38985 / 38986				
5:45-6:15 pm	39032	38926	38875 / 38876	39068	38987		38843		
Session 3 7/16-7/26 M-Th									
9-9:30 am		38927	38877	39069	38988	38956	38844		
9:35-10:05 am	39033	38928	38878	39070	38989 / 38990			**9-11:15 am** 38854	
10:10-10:40 am		38929	38879 / 38880	39071 / 39072	38991				2nd Time Slot **6/18-8/9 9:30-11 am** 38767
10:45-11:15 am	39034	38930	38881	39073	38992	38957			
11:20-11:50 am	39035		38882	39074 / 39075	38993 / 38994				
4:35-5:05 pm	39036	38931	38883	39076	38995 / 38996		38845		
5:10-5:40 pm		38932	38884 / 38885	39077 / 39078	38997	38958			
5:45-6:15 pm	39037	38933	38886	39079	38998 / 38999		38846		3rd Time Slot **6/18-8/9 4:30-6 pm** 38768
Session 4 7/30-8/9 M-Th									
9-9:30 am	39038	38934	38887	39080	39000	38959			
9:35-10:05 am		38948	38888	39081 / 39082	39001			**9-11:15 am** 38855	
10:10-10:40 am	39039	38935	38890 / 38891	39083	39002				
10:45-11:15 am			38892	39084	39003 / 39004	38960	38847		
11:20-11:50 am	39040	38936/38937	38893	39085 / 39086	39005				
4:35-5:05 pm		38938	38894	39087	39006 / 39007	38961			
5:10-5:40 pm	39041	38939	38895	39088 / 39089	39008 / 39009				
5:45-6:15 pm	39042	38940	38897 / 38898	39090	39010		38848		
Session 5 8/13-8/23 M-Th									
9-9:30 am		38941	38899	39091	39011	38962	38849		
9:35-10:05 am	39043	38942	38900	39092	39012 / 39013			**9-11:15 am** 38856	
10:10-10:40 am		38943	38901 / 38902	39093 / 39094	39014				
10:45-11:15 am	39044	38944	38903	39095	39015	38963			
11:20-11:50 am	39045		38904 / 38905	39096 / 39097	39016 / 39017				
4:35-5:05 pm	39046	38945	38906	39098	39018 / 39019		38850		
5:10-5:40 pm		38946	38907 / 38908	39099	39020	38964			
5:45-6:15 pm	39047	38947	38909	39100	39021 / 39022		38851		

SHADLE AQUATIC CENTER: SWIM LESSONS

Wellesley & Belt 2005 W Wellesley

	Tadpole Parent Tot	Seahorse Preschool	Penguin Level 1	Turtle Level 2	Stingray Level 3	Seal Level 4	Barracuda Level 5	Dolphin Aquatic Camp	Aqua Ducks Swim Team
Session 1 6/18-6/28 M-Th									6/18-8/9 4:30-6:00 pm 38769
9-9:30 am		39326	39291	39418	39365			9-11:15 am 39286	
9:35-10:05 am			39292	39419	39366		39276		
10:10-10:40 am	39404	39327		39420	39367				
10:45-11:15 am			39293	39421	39368	39353			
11:20-11:50 am		39328	39294	39422	39369				
4:35-5:05 pm		39329	39295	39423	39370	39354			
5:10-5:40 pm	39406	39330	39296	39424	39371				
5:45-6:15 pm	39407		39297	39425	39372		39277		
Saturday Session 7/7- 8/25									
9-9:30 am		39352							
9:30-10 am	39405								
Session 2 7/2-7/12 M-Th									
9-9:30 am			39298	39426	39373		39278	9-11:15 am 39287	
9:35-10:05 am		39331	39299	39427	39374				
10:10-10:40 am		39332		39428	39375	39355			
10:45-11:15 am		39333	39300	39429	39376				
11:20-11:50 am			39301	39430	39377	39356			
4:35-5:05 pm	39408		39302	39431	39378		39279		
5:10-5:40 pm		39334	39303	39432	39379	39357			
5:45-6:15 pm	39409	39335	39304	39433	39380				
Session 3 7/16-7/26 M-Th									
9-9:30 am		39336	39305	39434	39381			9-11:15 am 39288	
9:35-10:05 am			39306	39435	39382		39280		
10:10-10:40 am	39410	39337		39436	39383				
10:45-11:15 am			39307	39437	39384	39358			
11:20-11:50 am		39338	39308	39438	39385				
4:35-5:05 pm		39339	39309	39439	39386	39359			
5:10-5:40 pm	39411	39340	39310	39440	39387				
5:45-6:15 pm	39412		39311	39441	39388		39281		
Session 4 7/30-8/9 M-Th									
9-9:30 am			39312	39442	39389		39282	9-11:15 am 39289	
9:35-10:05 am		39341	39313	39443	39390				
10:10-10:40 am	39413	39342		39444		39360			
10:45-11:15 am		39343	39314	39445	39391				
11:20-11:50 am			39315	39446	39392	39361			
4:35-5:05 pm	39414		39316	39447	39393		39283		
5:10-5:40 pm		39344	39317	39448	39394	39362			
5:45-6:15 pm	39415	39345	39318	39449	39395				
Session 5 8/13-8/23 M-Th									
9-9:30 am		39346	39319	39450	39396			9-11:15 am 39290	
9:35-10:05 am			39320	39451	39397		39284		
10:10-10:40 am	39416	39347		39452	39398				
10:45-11:15 am			39321	39453	39399	39363			
11:20-11:50 am		39348	39322	39454	39400				
4:35-5:05 pm		39349	39323	39455	39401	39364			
5:10-5:40 pm	39417	39350	39324	39456	39402				
5:45-6:15 pm			39325	39457	39403		39285		

SWIM LESSONS

CANNON AQUATICS CENTER

Maxwell & Elm 1900 W Mission

	Seahorse (PS)	Penguin (L1)	Turtle (L2)	Stingray (L3)	Advanced (L4/L5)
Session 1	**6/18-6/28**	**Mon. – Thurs.**			
11-11:30 am	38802	38789		38816	
11:30 am-12 pm	38803		38827		38779
5:10-5:40 pm	38804		38828	38817	
5:45-6:15 pm		38790		38818	38780
Session 2	**7/2-7/12**	**Mon. – Thurs.**			
11-11:30 am	38805	38791	38829		
11:30 am-12 pm		38792	38830		38781
5:10-5:40 pm	38806	38793		38819	
5:45-6:15 pm	38807		38831		38782
Session 3	**7/16-7/26**	**Mon. – Thurs.**			
11-11:30 am	38808			38820	38783
11:30 am-12 pm	38809	38794	38832		
5:10-5:40 pm	38810	38795	38833		
5:45-6:15 pm		38796		38821	38784
Session 4	**7/30-8/9**	**Mon. – Thurs.**			
11-11:30 am	38811	38797	38834		
11:30 am-12 pm		38798		38822	38785
5:10-5:40 pm		38799		38823	38786
5:45-6:15 pm	38812		38835	38824	
Session 5	**8/13-8/23**	**Mon. – Thurs.**			
11-11:30 am	38813	38800		38825	
11:30 am-12 pm	38814		38836		38787
5:10-5:40 pm	38815		38837	38826	
5:45-6:15 pm		38801	38838		38788

HILLYARD AQUATICS CENTER

Columbia & Market 2600 E Columbia

	Seahorse (PS)	Penguin (L1)	Turtle (L2)	Stingray (L3)	Advanced (L4/L5)
Session 1	**6/18-6/28**	**Mon. – Thurs.**			
11-11:30 am	39130	39116	39152		
11:30 am-12 pm	39131			39143	39106
5:10-5:40 pm		39117	39153		39107
5:45-6:15 pm	39132		39154	39144	
Session 2	**7/2-7/12**	**Mon. – Thurs.**			
11-11:30 am	39133	39118		39145	
11:30 am-12 pm		39119	39155		39108
5:10-5:40 pm	39134		39156	39146	
5:45-6:15 pm		39120	39157		39109
Session 3	**7/16-7/26**	**Mon. – Thurs.**			
11-11:30 am	39135		39158	39147	
11:30 am-12 pm	39136	39121			39110
5:10-5:40 pm		39122	39159		39111
5:45-6:15 pm	39137	39123	39160		
Session 4	**7/30-8/9**	**Mon. – Thurs.**			
11-11:30 am	39138	39124			39112
11:30 am-12 pm		39125	39161	39148	
5:10-5:40 pm	39139	39126	39162		
5:45-6:15 pm			39163	39149	39113
Session 5	**8/13-8/23**	**Mon. – Thurs.**			
11-11:30 am	39140		39164	39150	
11:30 am-12 pm	39141	39127			39114
5:10-5:40 pm	39142	39128			39115
5:45-6:15 pm		39129	39165	39151	

LIBERTY AQUATICS CENTER

5th & Pittsburg 1300 E 5th

	Seahorse (PS)	Penguin (L1)	Turtle (L2)	Stingray (L3)	Advanced (L4/L5)
Session 1	**6/18-6/28**	**Mon. – Thurs.**			
11-11:30 am	39188	39176	39211		
11:30 am-12 pm	39189			39202	39166
5:10-5:40 pm		39177	39212		
5:45-6:15 pm	39190		39213		39167
Session 2	**7/2-7/12**	**Mon. – Thurs.**			
11-11:30 am		39178		39203	39168
11:30 am-12 pm	39191	39179	39214		
5:10-5:40 pm	39192			39204	39169
5:45-6:15 pm		39180	39215		
Session 3	**7/16-7/26**	**Mon. – Thurs.**			
11-11:30 am	39193	39181	39216		
11:30 am-12 pm	39194			39205	39170
5:10-5:40 pm		39182	39217	39206	
5:45-6:15 pm	39195		39218		39171
Session 4	**7/30-8/9**	**Mon. – Thurs.**			
11-11:30 am		39183		39207	39172
11:30 am-12 pm	39196	39184	39219		
5:10-5:40 pm	39197		39220		39173
5:45-6:15 pm		39185	39221	39208	
Session 5	**8/13-8/**	**Mon. – Thurs.**			
11-11:30 am	39198	39186			39174
11:30 am-12 pm	39199		39222	39209	
5:10-5:40 pm		39187	39223	39210	
5:45-6:15 pm	39200		39224		39175

DRAWING

Portrait Drawing

6 weeks | Ages 16+ | Tom Quinn It's a common belief that no subject is more intimidating than a portrait. The best way to break through the intimidation factor is by learning the proportions of the human head and the anatomy of the bones and muscles. Learning to observe the model closely and to draw what you see is another way to bolster confidence in portraiture. Mastering the human head can give an artist the confidence to draw any subject. Supply list included upon confirmation of registration. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $62

39780 Tues. 4/10-5/15 1-3pm

Perspective Drawing

6 weeks | Ages 16+ | Tom Quinn Perspective is to drawing what grammar is to writing. It provides a structure to art by dictating where objects must be placed and which directions the angles go to achieve that vital third dimension of depth. You do not need to be an artist to draw well in perspective - when you know how to use the tools, they do the drawing for you. Supply list included upon confirmation of registration. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $62

39779 Tues 4/10-5/15 6:30-8:30pm

NEW! Drawing on Gratitude

4 weeks | Ages 16+ | Megan Perkins We are surrounded by wondrous beauty in our everyday lives, but are frequently too busy to fully appreciate what we have. Use drawing and sketching to meditate on the things, places, moments, and people that you are grateful for. Beginners welcome! Supply list included upon confirmation of registration. C**lass held at the Corbin Art Center, 507 W 7th Avenue.** $50

39782 Tues. 4/10-5/1 2-4pm

Drawing Fundamentals

6 weeks | Ages 16+ | Allison Bayley Join us as we begin to explore drawing fundamentals! If you are new to drawing or need to brush up on basic skills this is the class for you. We will be tackling drawing materials, composition, portrait techniques, shading, and perspective. Great basics that will lead to long lasting confidence in your drawing. Supply list included upon confirmation of registration. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $62

39784 Wed. 4/11-5/16 6:30-8:30pm

NEW! Pastel Drawing

6 weeks | Ages 16+ | Tom Quinn Pastels are for those who wish immediate gratification. This dry medium enables to artists to start and stop at any time, making art creation easier to fit into their schedule. Colors are blended on the surface rather than on a palette, offering unlimited possibilities for self-expression. We will begin with a simple picture of a tree, and then students can move onto their own projects. Supply list included upon confirmation of registration. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $62

39787 Thurs. 4/12-5/17 1-3pm

Travel/Vacation Sketchbook

4 weeks | Ages 16+ | Megan Perkins Learn how to document your upcoming summer vacation through sketching and quick, easy watercolor paintings. I will give you tips for capturing moments in your vacation downtime and show you how to convert your vacation experiences into art that evokes the time you spent there. At the end of the class, you'll be ready to create an artistic keepsake of your own vacation. Supply list included upon confirmation of registration. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $50

39789 Thurs. 4/12-5/3 6-8pm

NEW! Drawing Hands

1 day | Ages 16+ | Tom Quinn The hand is one of the most difficult parts of the human body for the artist to master. In this workshop, we'll cover the anatomy of the human hand, including bones, muscles, and blood vessels. After drawing skeletal hands, we'll be drawing the hands of a model in different positions and situations. Supply list included with registration confirmation. **Class held at the Corbin Art Center, 507 W 7th Avenue** $50

39790 Sat. 4/28 9am-3pm

FIBER ARTS

NEW! Intermediate Crochet: Lace Springtime Hat

2 weeks | Ages 16+| Jaime Kemple Take your crochet skills to the next level with beautiful, lace stitches and motifs in this fun, relaxed workshop. This hat will definitely impress and makes a wonderful gift for yourself, or someone you care about. Supply list included upon confirmation of registration. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $45

39840 Sat. 3/31-4/7 1-3pm

NEW! Needle-Felted Roly-Poly Frog

1 day | Ages 14+ | Kelly Trowbridge Using a ball of yarn as a base, create your own needle-felted roly-poly frog to jump into spring. Class is suitable for beginning or intermediate needle-felters. You'll also learn a little bit about the history, needles, and wool used in needle-felting. Please bring a ball of yarn (white or cream in color) approximately 3" in diameter. All other supplies provided by the instructor. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $39

39841 Sat. 4/28 9:30am-12:30pm

Crochet: Rag Rugs

3 weeks | Ages 18+ | Melode Hall Learn to make three different rag rugs: oval, circle and heart-shaped. Recycled materials are perfect for this project; bring used cotton or flannel sheets (Two per week) or preshrunk new fabric. Prior crocheting experience is not necessary. Supply list included upon confirmation of registration. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $54

39842 Wed. 5/2-5/16 6-9pm

PAINTING CLASSES AND WORKSHOPS

Mixed Media Mania

4 weeks | Ages 16+ | Katie Frey Loosen up, laugh, and create in this fun "anything goes" art class. You will learn new ways to layer and distress paper, transfer images, create texture, collage, and use found objects in your art. Experiment with gelli plate printing, gel mediums, molding pastes and much more. Let's get creative! Classes will be held on the following Sundays: 4/8, 4/22, 5/6, 5/20, 2018. Supply list included upon confirmation of registration. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $50

39791	Every Other Sun.	04/8 - 05/20	9am-1pm

Intro to Watercolor Painting & Beyond

4 weeks | Ages 18+ | Megan Perkins Come and learn the basics of watercolor, mixing colors, choosing the right paper, brushes to use, and how to transform a value sketch into a watercolor painting. If you have already taken a watercolor class before, the instructor will help you go on with what you want to accomplish. The instructor will provide photos for you to work off but feel free to bring your own to create your own fabulous works of art. Supply list included upon confirmation of registration. Class held at the Corbin Art Center, 507 W 7th Avenue. $50

39799	Mon.	4/9-4/30	2-4pm

Art History

6 weeks | Ages 16+ | Tom Quinn This class is a series of lectures with slides intended to be both informative and entertaining about the great art of the past. We will address certain questions like: What is art history? Does it pass aimlessly, or will it converge on a goal? This course will look at art changes from one culture and period to another and in what ways they remain the same. Please be aware that some of the slides depict nudes. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $62

39800	Mon.	4/9-5/14	1-3pm

Acrylic Painting

6 weeks | Ages 16+ | Tom Quinn Learn basic concepts of painting techniques with acrylic paints. You will explore color, form and composition to create your own works of art. Work from still-life set-ups and two-dimensional references such as photos. Supply list included upon confirmation of registration. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $70

39804	Mon.	4/9-5/14	6:30-8:30pm

NEW! Family Fun Painting Workshop

1 day | Jaime Kemple | Ages 7+ Awaken your inner artist! Bring the whole family for an afternoon of painting and fun for the low price of $20 per person or get a family rate of $60 (This is for a family of 4 people). Come and learn fun and easy acrylic painting techniques while getting step by step instructions to paint your very own masterpiece. Paint, Brushes and Instruction provided but please bring an 11"x14" canvas for each participant. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $20 or Family of 4 $60, (Family Rate Registration must be done by calling My Spokane at 755-2489.)

39813	Sat.	4/14	Panda Bear Bliss	1-4pm
39814	Sat.	5/19	Buzzing Botanicals	1-4pm
39815	Sat.	6/2	Pineapple Pop Art	1-4pm
39816	Sat.	6/9	Comic Cactus	1-4pm

Art Journaling: Where Art Meets the Page

6 weeks | 16 & Older | Katie Frey You will begin this course by creating your own beautifully bound art journal. Add a new page each week using a combination of the following mediums: pen & ink, paint, collage, watercolors, and image transfers. Writing prompts and new art techniques will help you dig deep into your creative soul. Supply list included with registration confirmation. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $70

39806	Thurs.	4/12-5/17	6-8:30pm

Painting with Oils

6 weeks | Ages 16+ | Tom Quinn An introduction to the forgivable medium: oil. Learn basic concepts of design, composition, color theory, values and texture while experiencing the outstanding working properties of oil. Choose to work from still-life or two-dimensional references. Helpful demonstrations and individual instruction will be taught. Supply list included upon confirmation of registration. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $70

39810	Thurs.	4/12-5/17	6:30-8:30pm

NEW! Painting Clouds in Oil

1 day | Ages 16+ | Tom Quinn Painting a convincing sky is not especially difficult but the human mind tends to impose patterns and regularity on the randomness of nature. Learn how to paint different types of clouds with various lighting conditions and more. Workshop will include demonstrations and individual instruction. Supply list included upon confirmation of registration. **Class held at the Corbin Art Center, 507 W 7th Avenue** $55

39811	Sat.	4/14	9am-3pm

NEW! Magical Painting Day with Mom

1 day | Ages 7+ | Jaime Kemple Bring Mom and have fun painting this adorable stargazing Mom and baby animal picture. Spend the afternoon together having a great and relaxing time, painting and talking. Paint, Brushes and Instruction provided but please bring an 11"x14" canvas for each participant. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $20 or Family of 4 $60, (Family Rate Registration must be done by calling My Spokane at 755-2489.)

39812	Sat.	5/5	1-4pm

NEW! Spring into Summer through Intuitive Intentions

1 day | Ages 15+ | Bevie LaBrie Life can speed pass us in a blur. We wonder, where did time go, what happened to those resolutions I make for myself back in January? Join us for an evening of pause, play, and purpose. Cultivate the life you want to live during the spring to jumpstart an unforgettable summer. Through images, movement, and creative writing prompts, you'll be guided by your intuitive collage/mixed media process. Your art process will support the practice of mindfulness and release tension while giving you a chance to re-focus your life hopes and dreams. Supply list included upon confirmation of registration. Class held at the **Corbin Art Center, 507 W 7th Avenue**. $45

39916	Mon.	4/16	5-9pm

PHOTOGRAPHY

Photography Basics

5 weeks | Ages 16+| Al Berger Learn the fundamentals of photography and how to use your camera. Tips on lighting, additional equipment to consider and its uses. Practice assignments and in-class critiques. Requires a camera that allows manual setting of F-stop and Shutter speeds, DSLR preferred. The first class will be 3 hours in length. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $55

39829 Mon. 4/9-5/7 6-8pm

Portrait Photography

5 weeks | Ages 16+ | Al Berger Learn the secrets and steps of working with a person or persons to create beautiful portraits. We will explore working with light, both natural and artificial as well as flash. Students will be taught how to meter light for the best results as well as learning how to pose a person for the most natural portraits. Assignments will be given and results will be critiqued in class. Class held at the **Corbin Art Center, 507 W 7th Avenue.** $55

39831 Tues. 4/10-5/8 6-8pm

Photoshop Basics

5 weeks | Ages 16+ | Al Berger Learn the basic steps needed to finish your digital photographs for printing and web usage. Photoshop topics include: sharpening, exposure compensation, density, minor retouching, cropping, special effects, levels, color correction and preparing photos for printing. Bring your laptop with a mouse, Photoshop or Photoshop Elements software installed on the laptop, (any version). **Class held at the Corbin Art Center, 507 W 7th Avenue.** $55

39833 Wed. 4/11-5/9 6-8pm

NEW! Save Your Photos!

1 day | Ages 16+ | Melode Hall Do you have boxes of photos and don't know where to start or what to do first? Learn quick tips & speed techniques to organize and complete a photo album to tell your family story. Some supplies provided but please bring a SMALL box of photos (under a 100 or so) if you would like to start organizing them during class. Class held at the **Corbin Art Center, 507 W 7th Avenue.** $29

39835 Tues. 4/24 6:30-8:30pm

NEW! Save Your Digital Photos!

1 day | Ages 16+ | Melode Hall Mobile phone full of photos and you don't know what to do? Explore how to be proactive & avoid heartbreaking digital losses. Learn the importance of cloud storage, management of mobile phone photos, steps for creating a Photo Plan, preserving outdated media (videotapes, slides, film reels, etc.), scanning services for photos/albums, and how to protect your digital assets. Class held at the **Corbin Art Center, 507 W 7th Avenue.** $29

39837 Tues. 5/8 6:30-8:30pm

NEW! Scenic Palouse Photography Trip

1 day | Ages 16+ | Al Berger The morning will be spent on top of Steptoe Butte where we will capture the landscapes that have made the Palouse famous in photography. There will be a break for lunch (No host or bring your own) in the local area and afterwards continue onto the Palouse Falls. We will then photograph and capture the beauty of this waterfall in its full spring runoff splendor. Please bring your Digital SLR camera and a tripod that reaches at least 4 feet tall for this event. **Class will depart from the Corbin Art Center, 507 W 7th Avenue.** $59

39839 Sun. 5/19 5:30am-6pm

LANUAGE & CONVERSATIONAL SPEAKING

Active Beginners Spanish

4 weeks | Ages 18+ | Mary Benham Come and gain practical phrases for travel, or enjoy your own language enrichment journey to the Hispanic world. Practice the essentials - including greetings, hotel check-in, restaurant ordering and shopping dialogs, while in a relaxed, interactive setting. This class will meet Tuesday and Thursday for all of the 6 weeks. Supply list included upon confirmation of registration **Class held at the Corbin Art Center, 507 W 7th Avenue.** $59

39856 Tues. & Thurs. 4/10-5/3 10am-Noon

Advanced Beginners/Intermediate Spanish

4 weeks | Ages 18+ | Mary Benham Continue to build your skills with a review of practical travel phrases, learn more important verbs and expand your Spanish vocabulary in this relaxed, interactive setting. This class will meet Tuesday and Thursday for all of the 6 weeks. Supply list included upon confirmation of registration. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $59

39857 Wed. 4/11-5/2 12:45-2:45pm

Beginning Russian

6 weeks | Ages 14+| Natalie Marynovska Do you have a Russian neighbor that you would like to get to know or do you have a trip planned to the beautiful country of Russia? This class will teach you the basics of this wonderful language and is taught by a native Russian language professor. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $59

39858 Wed. 4/11-5/16 6-8pm

NEW! Russian for Tourists

6 weeks | Ages 14+| Natalie Marynovska Planning a trip to Russia or any other country where Russian is spoken? Traveling for adoption or romance? Then this class if for you! Interactive, speak on the first day environment, taught by a native Russian language professor. Curriculum consists of common phrases, alphabet, menu samples and upon your individual request! **Class held at the Corbin Art Center, 507 W 7th Avenue.** $59

39859 Thurs. 4/12-5/17 6-8pm

NEW! Frida Kahlo: Her Life & Art

1 day | Ages 18+ | Mary Benham Come explore her life, love of animals, and art work, then create your own Frida collage to take home. Her love of color, plants, flowers and animals are legendary. Learn some Spanish words and the history of Frida's era. Some knowledge of Spanish is helpful for this class. Supply list included upon confirmation of registration **Class held at the Corbin Art Center, 507 W 7th Avenue.** $29

39860 Mon. 4/16 1-3pm

SKIN CARE & SOAP MAKING

Organic Cold-Pressed Soap

1 day | Ages 16+ | Karen Felber Learn the simple process of making organic and natural soap. Demonstrations include fragrance selection, optional color additives, botanicals, herbs, and additional ingredients to make exfoliating soap. Quick tips on wrapping included. Take home samples. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $21

39848 Wed. 4/18 6:30-8:30pm

Organic "Spa" Skin Care Products

1 day | Ages 16+ | Karen Felber Learn to make organic, chemical free skin care products including scrubs, sunscreen, body butter, milk baths, bath salts, and lip balm. Pamper yourself or Mom, without paying high prices using everyday ingredients. Demonstrations and take home samples. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $21

39849 Sat. 5/5 10am-Noon

JEWELRY MAKING

Wire Wrapped Jewelry

4 weeks | Ages 16+ | Jaime Kemple Come and learn basic wire shaping techniques to create beautiful wire-wrapped links and charms using beads and wire, you will learn to craft you own custom made necklaces and earrings. We will be working with jewelers wire, glass beads and semi-precious stones. There will be no class on Saturday, April 28, 2018. Supply list included with registration confirmation. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $55

39846 Sat. 4/7-5/5 9:30am-Noon

NEW! Beads & Baubles Jewelry

1 day | Ages 8+ | Jaime Kemple Come learn easy and basic beading techniques while making a whimsical necklace or bracelet. This will be a fun, relaxing experience, and best of all you get to take home a beautiful piece of jewelry. A great project for the whole family. All supplies and tools are provided but a $5 supply fee will payable to the instructor at start of class. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $25/$5 Lab Fee

39847 Sat. 5/19 9:30am-Noon

WRITING & PERSONAL ENRICHMENT

NEW! Multi-Genre Creative Writing

6 weeks | Ages 18+ | Erica Plowden This class is designed for students exploring their creative writing skills. Every class session will have a different theme, giving each student a chance to thrive in their favorite genre. Each week, the instructor will provide prompts to assist with brainstorming for the weekly writing exercises. This is an open and non-critical class. No prior writing experience is required. Writing utensils, tablets, & notebooks are the only supplies needed. Class held at the **Corbin Art Center, 507 W 7th Avenue.** $65

40124 Thurs. 4/12-5/17 6-8pm

ART OF FINE LIVING

NEW! **Perfectly Cooked Steak Every Time**

1 day | Ages 21+ | Curtis Smith Ever wanted to cook steaks perfectly without fail? Whether it's for two people or twenty, you will learn tricks to perfect doneness every time. Both classic and modern techniques will be explored. Come learn the science behind the perfect steak! Course confirmation receipt will have location and directions of class. **Class held at Inland Northwest Culinary Academy, 1810 N. Greene Street.** $59

39850 Thurs. 4/5 6-8pm

NEW! **Thai-One-On**

1 day | Ages 21+| Charlie Martin This is a total Thai immersion class. Join our Chef and learn the secrets to making authentic red & green curry pastes. Then use these pastes in creating two classic mouthwatering dishes. Master the art of making spring rolls while sipping on an ice-cold refreshment! **Class held at Inland Northwest Culinary Academy, 1810 N. Greene Street.** $59

39851 Thurs. 4/19 6-8pm

NEW! **Pizza, Stromboli, Oh My!**

1 day | Ages 21+ | Charlie Martin Have fun in this hands-on class making pizza and Stromboli. You will fill, shape, bake and enjoy these Italian delights! There will be all kinds of scrumptious fillings to pick from, to create your own Stromboli and pizza masterpiece. Pair this with an Italian wine and Viva Italiano! Course confirmation receipt will have location and directions of class. **Class held at Inland Northwest Culinary Academy, 1810 N. Greene Street.** $59

39852 Thurs. 5/3 6-8pm

NEW! **Croissants**

1 day | Ages 21+| Harryanto Wibisano Homemade Croissants with almond or chocolate are the queen of all breakfast treats. Learn how to make your own buttery, homemade Croissants! Class will utilize almond paste and local chocolate. Imagine brunch on the patio, with friends, and you serve these creations. Yum! Course confirmation receipt will have location and directions of class. **Class held at Inland Northwest Culinary Academy, 1810 N. Greene Street.** $49

39853 Thurs. 5/17 6-8pm

NEW! **Mouthwatering Mediterranean Small Plates**

1 day | Ages 21+| Kylsey Pehl Join us and travel through the Mediterranean palate of small plates. You will add scrumptious classic tapas, meze and antipasti to bag of party tricks and entertain with all of the ease of the Mediterranean! Course confirmation receipt will have location and directions of class. **Class held at Inland Northwest Culinary Academy, 1810 N. Greene Street.** $59

39854 Thurs. 5/31 6-8pm

NEW! **Summer Salad Party**

1 day | Ages 21+| Charlie Martin Come make tantalizing salads to enjoy on hot summer nights. In this hands-on cooking class you will make delicious salads that can really liven up the party. Complimentary coolers to quench your thirst provided! Course confirmation receipt will have location and directions of class. **Class held at Inland Northwest Culinary Academy, 1810 N. Greene Street.** $59

39852 Thurs. 5/3 6-8pm

CORBIN CRAFT WORKSHOPS

NEW! **Book Arts: Coptic Bound Journals**

4 weeks | Ages 16+ | Beth McIlraith Begin your adventure into the exciting world of Book Arts! Learn how to repurpose an old book into your very own hand-sewn Journal. We'll discuss book design and how to choose a book, paper and other materials. You will make a practice journal and then do a beautiful handmade Coptic Journal! All supplies and tools are provided for the practice journal and a $25 supply fee will payable to the instructor at start of class. There will be an additional supply list will be handed out at the first class. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $55/$25 Lab Fee

39843 Mon. 4/19-4/30 6-8:30pm

Intro to Clay Pottery!

5 weeks | Ages 12+ | Urban Art Co-op This class is a fun introduction to pottery basics featuring Hand Building and Wheel Throwing techniques as well as an introduction to glazing and firing. Each student will complete the class with a couple of beautiful pieces of pottery to enjoy. Dress to get messy and all materials are included in the class fee. **Class held at Urban Art Co-op, 3209 N. Monroe 509-720-7624** $89

39844 Wed. 4/25-5/23 6-8pm

NEW! **Paper Folded Flower for Mother's Day**

1 day | Ages 16+ | Melode Hall Learn to make one lovely, paper folded flower (origami) in class. These easy folded flowers make beautiful gifts or just keep them for yourself to decorate your home. Make them to give for birthdays, anniversaries or any special occasion such as Mother's Day. Supply list included upon confirmation of registration. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $20

39845 Mon. 4/30 6:30-8pm

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@spokaneparks

Corbin Art Center

CORBIN KIDS PRESCHOOL

Little Leonardo's

6 weeks | Ages 3-5yrs. Children love art and they're naturally creative and imaginative. Each class is planned to expose your child to a new element of art each week. They will paint, sculpt, draw, cut paper and glue to help develop listening skills, fine motor skills and creative imagination play. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $47

39861 Mon. 4/9-5/14 9:30-10:30am

Let's Gogh Art!

6 weeks | Ages 4-5yrs. Does your child love to draw, paint, sculpt or just enjoy being creative? Then come join us in discovering different art techniques while learning about a new artist each week in this fast paced, fun class. There are new projects each week for returning students. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $55

39862 Tues. 4/10-5/15 9:30-11am

NEW! Make Art Together: Einstein Art!

6 weeks | Ages 2-4yrs. Who says science and art has to be so serious? We will turn some of our favorite Physics and Chemistry experiments into fantastic works of art. Dress for a mess, because something creative just might explode! **Class held at the Corbin Art Center, 507 W 7th Avenue.** $50

39863 Wed. 4/11-5/16 9:30-10:30am

NEW! Make Art Together: Sweet Springtime!

6 weeks | Ages 2-4yrs. Yay! It's finally spring and time to celebrate the season! This class is for you and your child to explore flowers, bugs and even the rainy, spring weather while making wonderful works of art. Experience a new weekly art theme, story, and relevant project. Children will discover color, texture while practicing basic cutting and gluing skills while exploring a variety of art techniques and materials. This class is fast paced, active and most of all fun! **Class held at the Corbin Art Center, 507 W 7th Avenue.** $47

39864 Thurs. 4/12-5/17 9:30-10:30am

CORBIN KIDS YOUTH

NEW! Mother's Day Tea for Mom, Grandma & Me

1 day | Ages 3-5yrs. Bring your Mom or Grandma to celebrate how much you care about them. We will make our own crazy tea party hats together to wear while we bake and decorate cookies. We will eat the cookies that we made and have iced tea or apple juice. Come and have some fun being creative and eating some fabulous treats and celebrating Mom. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $21

39867 Sat. 5/5 9:30-11:30am

"Art at Corbin Art Center is so much FUN!"

CORBIN KIDS YOUTH

Afternoon Art Exploration

6 weeks | Ages 7-12yrs. Explore a variety of artistic mediums, such as, oil pastels, paint, clay, paper, recycled objects and more each week. Here's a chance to use your artistic skills, be creative and try new things. There are new projects each week for returning students. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $55

39865 Tues. 4/10-5/15 4-5:30pm

Drawing Basics

6 weeks | Ages 7-12yrs. Drawing is the basis and the first step for dimensional art forms. Explore with different tools and techniques and learn the many facets of drawing including freehand drawing, line, shading, fur-scales-feathers, still life, color, design composition, perspective, portraiture, animals and more. Class held at the **Corbin Art Center, 507 W 7th Avenue.** $55

39866 Thurs. 4/12-5/17 4-5:30pm

"There's a Dragon in the Art Room!"

SPRING BREAK CAMPS

Enjoy a fun-filled day with arts and crafts activities for children.
Dress for a mess and bring your lunch. Pre-registration is required

Glam Camp!

1 week | Ages 8-11yrs. Learn to make your own lotions, scrubs, lip balm and much more. Come and enjoy Spa Day, Hair Care and Hair Accessory Day, Yoga and Wellness Day, Fashion Fun Day and there's more. Please bring a clean 100 percent cotton light colored t-shirt for Fashion Fun Day. Please bring a lunch each day. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $139

38619 Mon.-Fri 4/2-4/6 9am-3pm

NEW! Animal Art: Let's Go Wild!

1 day | Ages 6-11yrs. Explore animals around the world through art. Unleash your creativity with different animal projects including collage, painting, drawing and sculpture. This camp is sure to be a "wild" time. Dress for a mess and please bring a lunch. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $39

38620 Mon. 4/2 9am-3pm

Shhhhh! It's Top Secret!

1 day | Ages 6-11yrs. Shhh! Put on your secret disguise, get out your invisible ink, and sneak on over to work on your spy agility skills. Learn about secret codes, decipher codes, make clever gadgets and be a super sleuth to solve puzzles and mini mysteries. Dress for a mess and please bring a lunch. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $39

38621 Tues. 4/3 9am-3pm

NEW! There's a Dragon in the Art Room!

1 day | Ages 6-11yrs. Do you love dragons? How about Trolls, Unicorns and other mythological creatures? Come use your imagination, creativity and lots of art supplies to make your very own creatures. You will paint, glue and even sculpt these fantastical art projects! Dress for a mess and please bring a lunch. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $39

38622 Wed. 4/4 9am-3pmw

Art Explosion!

1 day | Ages 6-11yrs. Explore the vast world of mixed media using a diverse array of art materials and techniques. You will work with clay, paint, glue and found objects. Creativity will run rampant and the art will explode with color and energy. Dress for a mess and please bring a lunch. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $39

38623 Thurs. 4/5 9am-3pm

MySpokane 311 for city services
press 3 for recreation

NEW! 3-D Crazy Creatures!

1 day | Ages 6-11yrs. Come to this camp and make your own 3-D Crazy Creatures. Your imagination and creativity will bring these creatures to life while using paint, paper, found objects and much more. This is a fun and extremely creative camp with lots of art building going on. Dress for a mess and please bring a lunch. **Class held at the Corbin Art Center, 507 W 7th Avenue.** $39

38624 Fri. 4/6 9am-3pm

"Making T-Shirts @ Glam Camp!"

NEW! Sewing Boot Camp

1 week | Ages 8-16yrs. | Elizabeth Pike A sewing experience where creative expression is the key to leaning and a positive environment is always in style. Designed for students with little or no prior sewing machine experience, this intensive class aims to cover a healthy range of basic sewing skills with fun projects. By the end of course you will be able to tackle a simple sewing project with confidence. Sewing machines, handouts, and patterns are provided. Students repeating the camp experience will be given more advanced projects. Supply list provided at registration. (6-7 year olds need instructor approval.) **Class held at Let's Get Sewing! Studio at 8707 N. Wall St. 509-217-7049** $100 plus $30 lab fee due at first class.

38625 Mon.-Fri. 4/2-4/6 9am-Noon

38626 Mon.-Fri. 4/2-4/6 2pm-5pm

2018 CORBIN KIDS FINE ARTS & CRAFTS SUMMER CAMPS & WORKSHOPS

One week workshops for Ages 3-5yrs. and Ages 6-11yrs.; pre-registration is required for all programs.
We have lots of new projects every year! You'll be working with paints, glues and much more, so plan to dress accordingly or bring a work shirt.

SUMMER CAMP SUPERVISED LUNCH for Ages 3-5yrs.
For students registered in morning and afternoon sessions; please send a lunch with your child's name on it, and plan for a fun-filled day for your youngster.
Supervised Lunch time is 11:30-12:30pm, Monday – Friday for $6 per week.

Course Number	Date
39619	6/11-6/15
39620	6/18-6/22
39621	6/25-6/29
39622	7/2-7/3* $3
39623	7/9-7/13
39624	7/16-7/20
39625	7/23-7/27
39626	7/30-8/3
39627	8/6-8/10
39628	8/13-8/17

SUMMER PRESCHOOL SPECIALTY HALF DAY CAMPS: AGES 3-5YRS.

All Camps held at Corbin Art Center 507 7th W 7th Ave.
Please bring a snack and beverage each day.

June 11-15

Jungle Jammin' 39667 Mon.-Fri. 6/11-6/15 9-11:30am
1 week | Ages 3-5yrs. Come and listen to jungle stories, craft animal art projects and masks, make drums and create some outrageous jungle rhythms and sing some fun jungle inspired songs. $64

Neverland Adventure Camp 39668 Mon.-Fri. 6/11-6/15 12:30-3pm
1 week | Ages 3-5yrs. You won't need magic fairy dust when you travel to Neverland and become a pirate, have fun with the pixies and search for hidden treasure on Friday's treasure hunt. $64

June 18-22

NEW! **Rainforest Adventure!** 39669 Mon.-Fri. 6/18-6/22 9-11:30am
1 week | Ages 3-5yrs. Come travel with us to a tropical rainforest! Make lots of fun and wild animal art projects to display and wear. Dress for a mess. $64

Castles, Princesses, Knights & Dragons! 39670 Mon.-Fri. 6/18-622 12:30-3pm
1 week | Ages 3-5yrs. Come and make shining armor helmets, shields, princess hats and crowns, wands and oh so much more. $64

June 25-29

NEW! **Enchanted Theatre Camp** 39671 Mon.-Fri. 6/25-6/29 9-11:30am
1 week | Ages 3-5yrs. Learn the basics of performing, creating new fairytale characters with your body, voice and fun costumes that you create. $64

Barnyard Palooza! 39672 Mon.-Fri. 6/25-6/29 12:30-3pm
1 week | Ages 3-5yrs. We will create with paint, clay, paper and more while learning some fun facts about the animals. There will be singing and maybe even a bit of dancing as we "Moo"ve to the farm groove. $64

July 2-3

NEW! **Little Picassos!** 39678 Mon.-Thurs. 7/2-7/3 9-11:30am
2 days | Ages 3-5yrs. Come and use paint, crayons, glue and scissors to create fabulous works of art to hang in your own home gallery. Please dress for a mess. $29

Wearable, Edible Art! 39679 Mon.-Thurs. 7/2-7/3 12:30-3pm
2 days | Ages 3-5yrs. Come and make fun and fabulous art pieces to wear and some art work that is even good enough to eat! Dress for a mess. $29

July 9-13

Surf & Sea Safari | **39680** | **Mon.-Fri.** | **7/9-7/13** | **9-11:30am**

1 week | Ages 3-5yrs. We will have lots of fun making fish and animal projects that live in and around our oceans, while learning some great facts. Of course there will be pirates, mermaids and much more. $64

NEW! **Super Nature Explorers!** | **39681** | **Mon.-Fri.** | **7/9-7/13** | **12:30-3pm**

1 week | Ages 3-5yrs. Come discover the world around you. Make a volcano and a leaf project along with other nature and science activities. $64

July 16-20

NEW! **Fairies, Trolls & Gnomes in the Garden!** | **39682** | **Mon.-Fri.** | **7/16-7/20** | **9-11:30am**

1 week | Ages 3-5yrs. Come and look in our wonderful garden and surrounding park for these elusive creatures! Then we will come inside to make lots of fantastic, glittery fairy, gnome and troll themed art. $64

Things that Go | **39683** | **Mon.-Fri.** | **7/16-7/20** | **12:30-3pm**

1 week | Ages 3-5yrs. Does your child love all things that go? Your little conductor, pilot, driver or captain will make and test paper tubes cars, cork boats and gyrocopters just to name a few of the projects. $64

July 23 – July 27

Ladybugs and Slugs! | **39684** | **Mon.-Fri.** | **7/23-7/27** | **9-11:30am**

1 week | Ages 3-5yrs. Is your child a budding entomologist? We'll read stories, go on nature walks to see what kind of insects live around us, create buggy artwork, costumes and plant some seeds for a buggy garden to go home. $64

Little Superheroes! | **39685** | **Mon.-Fri.** | **7/23-7/27** | **12:30-3pm**

1 week | Ages 3-5yrs. What awesome super powers do you have? Do you run around and pretend you can fly? Then this is the camp for you! Come and make capes, masks, puppets and become a superhero for the week. Learn how to make secret messages that only your fellow superheroes know how to read so you can save the day from the villains. $64

July 30-August 3

NEW! **Island Explorer!** | **39686** | **Mon.-Fri.** | **7/30-8/3** | **9-11:30am**

1 week | Ages 3-5yrs. This camp has lots of tropical themed art projects and costumes. There even might be buried treasure that pirates left behind. $64

Minion Mayhem & More! | **39687** | **Mon.-Fri.** | **7/30-8/3** | **12:30-3pm**

1 week | Ages 3-5yrs. Come and have some crazy, goofy fun while creating your very own movie inspired creatures. Make costumes, puppets and maybe even learn how to talk like a Minion. $64

August 6-10

Blast Off Into Space! | **39688** | **Mon.-Fri.** | **8/6-8/10** | **9-11:30am**

1 week | Ages 3-5yrs. Let the countdown begin…5-4-3-2-1, blast off! Come and learn about the planets, stars, moons and much more while creating some fabulous galactic art. $64

Dinos, Reptiles, Birds, Oh My! | **39689** | **Mon.-Fri** | **8/6-8/10** | **12:30-3pm**

1 week | Ages 3-5yrs. Come and explore the wonderful world of prehistoric dinosaurs, reptiles, and birds. These are the questions that we will answer while making our own prehistoric creatures, fossils and more. $64

August 13-17

Best of Summer, Pre-School Style! | **39690** | **Mon.-Fri.** | **8/13-8/17** | **9-11:30am**

1 week | Ages 3-5yrs. If you missed these fun camp projects the first time, or you want to experience them again, then come along with us for this wonderful art filled week. $64

Passport to Fun! | **39691** | **Mon.-Fri.** | **8/13-8/17** | **12:30-3pm**

1 week | Ages 3-5yrs. Join our around-the-globe adventure exploring other lands, their unique animals and cultures. Make creative art and craft projects that symbolize the country of the day. $64

June 18-22

Animal Art-Antics! | **39692** | **Mon.-Fri.** | **6/18-6/22** | **9am-3pm**

1 week | Ages 6-11yrs. Come and explore the creative artwork of David Klein, Joan Miro, Laurel Burch, Leo Lionni and more while using a variety of art supplies to create your own animal masterpieces. $129

YOUTH SPECIALTY SUMMER CAMPS: AGES 6-11YRS.

Specialty Camps include a supervised lunch period, please bring a lunch.
All Camps held at Corbin Art Center, 507 W 7th Ave.

NEW! **Earth Science Rocks** 39693 Mon.-Fri. 6/18-6/22 9am-3pm

1 week | Ages 6-11yrs. Explore how rivers flow to oceans and lakes and why tsunamis, hurricanes and typhoons occur. This camp combines science with art activities. $129

June 25-29

Artist's Studio 39696 Mon.-Fri. 6/25-6/29 9am-3pm

1 week | Ages 6-11yrs. This camp is inspired by Michelangelo, Monet, Van Gogh and many others while using individual imagination and a ton of creativity to make your own personal masterpieces. Dress for a mess and bring a lunch. $129

NEW! **"Dino"-Mite Explorers!** 39697 Mon.-Fri. 6/25-6/29 9am-3pm

1 week | Ages 6-11yrs. Come learn about Paleontology, the study of prehistoric life. You'll learn about the animals that walked the earth millions of years ago – dinosaurs, reptiles, fish, amphibians, prehistoric birds. Become a pterodactyl, create your own fossils and learn how nature creates them. $129

July 2-3

Crazy Clay & DIY Dough! 39699 Wed.-Fri. 7/2-7/3 9am-3pm

2 days | Ages 6-11yrs. You'll follow fun recipes to make coffee clay, moon sand, reusable slime and more. You will even create your own DIY recipe book, so you can make these fun recipes at home again and again! $54

Fashionista! 39700 Wed.-Fri. 7/2-7/3 9am-3pm

2 days | Ages 8-11yrs. Join us for a fabulous all-about-fashion and accessories camp. We will transform simple white t-shirts in wearable works of art with fabric paint, ribbons and lace, make fantastic custom jewelry, and make wonderfully creative hair accessories. $54

July 9-13

Shark Attack! 39701 Mon.-Fri. 7/9-7/13 9am-3pm

1 week | Ages 6-11yrs. It's shark week here at the Corbin Art Center. Create sea creatures with paint, paper, clay, recycled materials and before you know it, you'll be under the sea! $129

NEW! **Shapes, Lines & Landscapes!** 39702 Mon.-Fri. 7/9-7/13 9am-3pm

1 week | Ages 6-11yrs. Do you love to draw? Learn how to draw and shade shapes, add lines, textures, and much more to your drawings. Use pencil, pen, oil pastels and even paint to create your own masterpiece. $129

July 16-20

NEW! **Art in Nature!** 39704 Mon.-Fri. 7/16-7/20 9am-3pm

1 week | Ages 6-11yrs. Come and paint, sculpt, draw what you see in nature surrounding the Corbin Art Center. We will go on a nature hike to see what we can see, then come into the art room to paint, draw or even sculpt it. $129

NEW! **There's A Dragon in the Art Room!** 39705 Mon.-Fri. 7/16-7/20 9am-3pm

1 week | Ages 6-11yrs. Do you love dragons? How about Trolls, Unicorns and other mythological creatures? Come use your imagination, creativity and lots of art supplies to make your very own creatures. You will paint, glue and even sculpt these fantastical art projects! $129

July 23 – July 27

Harry's Laboratory 39707 Mon.-Fri. 7/23-7/27 9am-3pm

"Don't Delay, This Camp Fills Fast"

1 week | Ages 6-11yrs. Immerse yourself in potions and cook up some magic with your professor as you study dragons, magical creatures and wizardry. Experience magical twists and test your new skills to solve the mystery of "You-Know-Who's" curse. $134

July 30-August 3

Summer Stage – Drama Camp 39710 Mon.-Fri. 7/30-8/3 9am-3pm

1 week | Ages 6-11yrs. Students of all skill levels team together as they enjoy storytelling, improvisation and acting games. Final day of camp features a fantastic actor presentation for friends and family incorporating props and costumes designed by the students. $129

NEW! **3-D Crazy Creatures!** 39711 Mon.-Fri. 7/30-8/3 9am-3pm

1 week | Ages 6-11yrs. Make your own 3-D Crazy Creatures. Your imagination and creativity will bring these creatures to life while using paint, paper, found objects and much more. This extremely creative camp with lots of art building going on. $129

August 6-10

Space is the Place! 39712 Mon.-Fri. 8/6-8/10 9am-3pm

1 week | Ages 6-11yrs. We are heading for outer space and we need some space explorers to come on this interstellar, creative journey! Come and learn about the planets, stars, moons and much more while creating some fabulous galactic art. $129

NEW! **Colorful! Messy! Process Art!** 39713 Mon.-Fri. 8/6-8/10 9am-3pm

1 week | Ages 6-11yrs. Do you freeze at a blank piece of paper? Come up with theme ideas, mix colors, apply paint, incorporate found objects into your mixed media art work. Dress for a mess. $129

August 13-17

Best of Summer Camp 39716 Mon.-Fri. 8/13-8/17 9am-3pm

1 week | Ages 6-11yrs. Our most popular activities and art projects are included so if you missed them the first time around or just want to experience them again. You can go on a space adventure, dabble in the sciences, make some fine art like Monet or Van Gogh and enjoy a nature expedition. $134

NEW! **Art Through The Ages!** 39717 Mon.-Fri. 8/13-8/17 9am-3pm

1 week | Ages 6-11yrs. Curious about how art has evolved and changed over time? This camp will explore art from the first cave paintings done by man, ancient Chinese, Egyptian, Renaissance, Impressionism all the way to today's Modern Art! Come draw, paint and even sculpt to make art just like it was done at the beginning of mankind. $129

SEWING CAMPS

NEW! **Come Learn to Sew**

1 week | Ages 8-16yrs. | Elizabeth Pike This camp is designed for students with little or no prior sewing experience. Learn: threading, fixing tension, sew straight and curved seams and how to use a pattern. Sew a "Burrito" style pillow case and a pair of pajama pants. **Class held at Let's Get Sewing! Studio at 8707 N. Wall St. 509-217-7049** $120

39694	Mon.-Fri.	6/18-6/22	9am-Noon
39695	Mon.-Fri.	6/18-6/22	2-5pm

American Girl Couture

3 days | Ages 8-16yrs. | Elizabeth Pike Students must be comfortable with threading and operating a sewing machine. Patterns, Fabric, Sewing Machines, Pre-cuts, Fashion Challenge and prizes are included in this camp. All supplies are included to make your doll a Fashionista! Bring your doll and a lunch **Class held at Let's Get Sewing! Studio at 8707 N. Wall St. 509-217-7049** $100

39698	Mon.-Wed.	6/25-6/27	10am-2pm

American Girl Couture

3 days | Ages 8-16yrs. | Elizabeth Pike This camp is for the confident beginner! Students must be comfortable with threading and operating a sewing machine. Patterns, Fabric, Sewing Machines, Pre-cuts, Fashion Challenge and prizes are included in this camp. All supplies are included to make your doll a Fashionista! Bring your doll, a lunch. **Class held at Let's Get Sewing! Studio at 8707 N. Wall St. 509-217-7049** $100

39703	Mon.-Wed.	7/9-7/11	10am-2pm

NEW! **Come Learn to Sew**

1 week | Ages 8-16yrs. | Elizabeth Pike This camp is designed for students with little or no prior sewing experience. Learn: threading, fixing tension, sew straight and curved seams and how to use a pattern. Sew a "Burrito" style pillow case and a pair of pajama pants. **Class held at Let's Get Sewing! Studio at 8707 N. Wall St. 509-217-7049** $120

39708	Mon.-Fri.	7/23-7/27	9am-Noon
39709	Mon.-Fri.	7/23-7/27	2-5pm

NEW! **Come Learn to Sew**

1 week | Ages 8-16yrs. | Elizabeth Pike This camp is designed for students with little or no prior sewing experience. Learn: threading, fixing tension, sew straight and curved seams and how to use a pattern. Sew a "Burrito" style pillow case and a pair of pajama pants. **Class held at Let's Get Sewing! Studio at 8707 N. Wall St.** $120

39714	Mon.-Fri.	8/6-8/10	9am-Noon
39715	Mon.-Fri.	8/6-8/10	2-5pm

NEW! **Fashion Design: Skirts**

3 days | Ages 8-16yrs. | Elizabeth Pike This camp is for aspiring, young fashion designers who are ready to tackle drafting flat patterns from body measurements. This camp is intended for students with strong sewing skills who are ready to begin designing their own garments. Supply list included upon confirmation of registration. **Class held at Let's Get Sewing! Studio at 8707 N. Wall St.** 509-217-7049 $100 39718

Mon.-Wed.		8/13-8/15	10am-2pm

NEW! **Fashion Design: Skirts**

3 days | Ages 8-16yrs. | Elizabeth Pike This camp is for aspiring, young fashion designers who are ready to tackle drafting flat patterns from body measurements. This camp is intended for students with strong sewing skills who are ready to begin designing their own garments. Supply list included upon confirmation of registration. **Class held at Let's Get Sewing! Studio at 8707 N. Wall St. 509-217-7049** $100

39706	Mon.-Wed.	7/16-7/18	10am-2pm

Camps Fill Fast!

SUMMER ART CAMPS

June 11th - August 17th

3-5 yr. old camps $64
6-11 yr. old camps $129

Corbin Art Center

507 W. 7th Avenue
Camps for Children
Ages 3-5 & 6-11

17 New Camps

Register NOW
spokaneparks.org
509-755-2489

CITY OF SPOKANE PARKS & RECREATION

Outdoor Summer Fun

Kayak and Cave
7/21, 7/22, 8/18, 8/19

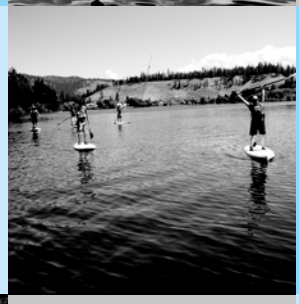
Kayak and Coffee Little Spokane River
6/16, 7/14, 8/4

Kayak and Dinner Bangkok Thai
7/12, 8/16, 8/30

Bicycle Walla Walla Winery Tour
6/10-6/11

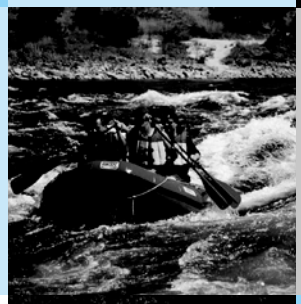
Paddleboard Tour Downtown Spokane
7/5, 8/12, 8/26

Paddleboard Tour Plese Flats
7/21, 8/18



Kayak Sunset Paddle on the Spokane River
8/5

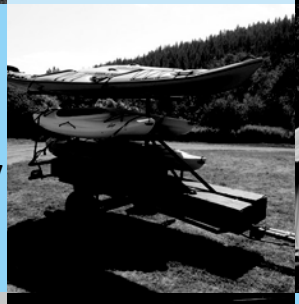
Paddleboarding at Fish Lake Family
6/20, 7/25, 8/15



Rafting the Wenatchee River
6/23

Rafting Lower Spokane River Whitewater
5/12, 5/19, 5/27, 6/2, 6/9, 6/10, 6/16, 6/17, 6/23, 7/1

Shuttle Service Little Spokane River Saturday and Sunday
7/1-8/26



Rafting Clearwater River Float and Glamping
7/15-7/16

Raft Trip Salmon River Overnighter
6/30-7/1, 7/14-7/15, 8/4-8/5

Youth and Teen Outdoor Adventure Weekly Day Camps
6/18-8/17

Horseback Riding Camp
6/25-6/29, 7/16-7/20, 7/30-8/3, 8/20-8/24

Spokatopia Outdoor Adventure Festival
7/7

SPOKATOPIA OUTDOOR ADVENTURE FESTIVAL

SpokaneParks.org

MySpokane 311
call for city services
Press 3 for recreation

Summer fun is on the way
with Therapeutic Recreation Services

Funshine Day Camp

Funshine Day Camp is for people with developmental and/or physical disabilities. We encourage siblings and/or friends without disabilities to attend as well. Recreation activities include swimming, sports, games, inclusion playground, water activities, crafts, walks, field trips and more. Meet at Shadle Park Shelter, 4302 N. Belt. **$179 weekly**

Call **625.6245**, email **abusch@spokanecity.org**
or visit our website at **SpokaneParks.org**
to access the registration form available after April 1, 2018.

Wallowa Lake Camping Adventure

5 Days (Ages 18 & over) Tent camping at beautiful Wallowa Lake State Park, located in the Eagle Cap Wilderness of northeast Oregon. The campground has shower facilities, campfire programs, and beach access. Souvenir shopping, arcades, bumper boats and go karts are all within easy walking distance from our campsite. Activities also include riding the world's steepest tramway to the top of Mt. Howard, visiting the historic town of Joseph and its fine art galleries and a hike to see a beautiful waterfall.

Disney
HIGH SCHOOL MUSICAL MASH-UP

Come see the Performance and support our hard-working actors!

Rogers High School
1622 W. Wellesley

Friday May 19 7:00 pm
$5 donation at the door.

CITY OF SPOKANE PARKS & RECREATION

STARTING JUNE 18

SO MANY SPORTS.
ONE AWESOME CAMP.

ULTIMATE SPORTS CAMP

STARTING JUNE 5

NFL FLAG FOOTBALL

IS YOUR CHILD READY FOR THE NFL?

COMING TO A PARK NEAR YOU

WE'RE BRINGING THE FUN TO YOU WITH
FREE KIDS ACTIVITIES ALL SUMMER LONG!

MOBILE REC

GO TO SPOKANEPARKS.ORG OR CALL 311 FOR MORE INFO

Volleyball Spike & Dig Outdoor League

Ages 18+ | Spokane Spike & Dig and the Spokane Parks & Recreation are teaming together to host this exciting outdoor grass coed 6on6 volleyball league. Games played 6-8PM. Regular season is followed by a season ending tournament. Adult level of play B, and C Divisions. All games played at the Dwight Merkel Sports Complex - 5701 N Assembly.

Registration closes 5/16.

Flag Football 5on5 Summer League

7 weeks | Ages 18+ This is the Summer version of the best Flag Football League of the Northwest! 8-game guarantee, with end of season tournament. League will be highly competitive and fast paced in Upper, Lower, and the all NEW Women's Division. Register as a team. Free Agents looking for a team, please fill out a form at spokaneparks.org/sports. All games will be played at Dwight Merkel Sports Complex starting on Sundays 8:00 AM. Mandatory Captains Meeting 6/16.

Registrations close 6/15.

Softball League – Summer

Ages 18+ | Join us this season for the best softball competition in town and register your team today! SPRD offers a variety of divisions including Men's B, C, & D divisions, Women's open division, Coed C, D, & E division, and Masters 60's. Play double-header games at the Dwight Merkel Sports Complex, 5701 N. Assembly or Franklin Park Softball Complex, 302 W. Queen Ave.

Registration closes: 4/16, 7/6, 9/28.

Softball Tournament – Summer Shakedown

3 Days | Ages 18+ Finish off your spring/summer softball season by competing in SPRD's annual Summer Shakedown tournament on 8/10-8/12. Format: double elimination, 3-game guarantee. Coed, Women's and Men's divisions available. Space is limited, so don't miss out. Register today. All games will be played at Dwight Merkel Sports Complex 5701 N.

Registration closes 7/30.

SpokaneParks.org

MySpokane 311 call for city services Press 3 for recreation

CITY OF SPOKANE PARKS & RECREATION

NEW! **Disc Golf Flight School**

1 day | Ages 10+ Each student will be shown the basic techniques in this beginner class, for driving, throwing midrange shots and putting through demonstration and hands on instruction. Each student will also be given written information and verbal explanations of some of the key terms used in Disc Golf. Each student that completes one class will receive a tee shirt. This will show that you have 'Earned Your Wings' at the Disc Golf Flight School. **Liberty Park 502 S Pittsburg St.** $40

39805	Sat.	5/26	1:30-3pm
39807	Sat.	6/23	1:30-3pm
39808	Sat.	7/28	1:30-3pm
39809	Sat.	8/25	1:30-3pm

ARCHERY

Archery Introduction

1 day | 8+ Ages Sponsored by the Evergreen Archery Club. Archery is a great activity that the whole family can enjoy. Learn the basics of archery by skilled professionals in a beautiful outdoor setting. Youth must be accompanied by a parent or guardian. **Palisades Park Evergreen Archery Grounds** $25

Ages 8+

39986	Sa	5/19	10:00-1:00 PM
39988	Sa	7/21	10:00-1:00 PM
39989	Sa	8/11	10:00-1:00 PM

Ages 18+

39987	Sa	6/23	10:00-1:00 PM
39990	Sa	8/18	10:00-1:00 PM

CANOEING

Canoe Tour Plese Flats

1 day | Ages 15+ A wonderfully lazy stretch of flatwater that flows through Riverside State Park. The forested shorelines give you solitude as you keep a watchful eye out for wildlife such as osprey, heron, deer and fish. You will also learn basic canoe skills such as terminology, basic equipment & strokes. This is a great escape! Canoes, paddles, PFDs, shuttle transportation and guides provided. **Spokane River 9 Mile Dam Take-Out West Carlson Road.** $25

38721	Sun.	7/1	2-5pm
38722	Sat.	8/11	2-5pm

HIKING

Hiking 3 Summits Mt Spokane State Park

1 day | Ages 16+ Hike to the tops of Mt. Kit Carson (5250'), Day Mountain (5057'), and Mt. Spokane (5883'), three of the eight named summits in Mt. Spokane State Park. Guidebook author and Mt. Spokane Friends Group president, Cris Currie will be your guide on this moderately challenging 6 mile interpretive hike that begins at the historic Cook's Cabin and CCC areas and ends at the Vista House. An optional ride to the top of Mt. Spokane will be available for those who run out of energy after the first two summits. Guide, trekking poles & transportation provided. Bring a lunch and plenty of water. Pre-hike information emailed after registration. **Yokes Foods 14202 N. Market St. Parking Lot.** $35

38764	Sun.	6/24	9am-3pm

Hiking Hog Lake with Transportation

1 day | Age 13+ Enjoy a solitary ramble on this 3 mile moderate hike to Hog Lake. Spring is the best time to visit as you'll likely find the local desert full of blooming wildflowers, migratory songbirds and the lake alive with nesting waterfowl. The geology around this area is incredible! We may even be lucky enough to view Hog Falls. **Mountain Gear 2002 N. Division-Parking Lot.** $25

38728	Sun.	4/29	9am-3pm

Hiking Kamiak Butte

1 day | Ages 16+ This geological formation know as a Steptoe offers some of the finest views and best hiking within the entire Palouse. Take in the views from the summit, lush vegetation and dazzling spring wildflowers on this 3.5-4 mile hike. Elevation gain 650 feet, some moderately steep trail sections. Pre-trip information emailed after registration. **Mountain Gear 2002 N. Division-Parking Lot.** $29

39608	Sat	4/14	9am-4pm

Hiking Odessa Pacific Lake with Transportation

1 day | Ages 16+ Enjoy this guided hike through the desert exploring amazing geological formations, ancient lakes, spring flowers and wildlife. This is a 5-6 mile total out and back hike in scablands with rocky, rolling hills and geological views. Guides, transportation and hiking poles provided. Pre-trip information emailed after registration. **Mountain Gear 2002 N. Division-Parking Lot.** $29

38378	Sat.	4/28	8am-5pm

Hiking Quartz Mountain Mt Spokane State Park

1 day | Ages 16+ Hike to the tops of Quartz Mountain (5180') and Horse Mountain (5103'), two of the eight named summits in Mt. Spokane State Park. Visit the Quartz Mountain fire lookout, see the unusual rock formation on Horse Mountain, and get a spectacular view of the Spokane Valley, Ragged Ridge and North Idaho. Guidebook author and Mt. Spokane Friends Group president, Cris Currie will be your guide on this moderately challenging 4.25 mile interpretive hike that begins and ends near the Selkirk Lodge. Guide, trekking poles & transportation provided. Bring a lunch and plenty of water. Pre-hike information emailed after registration. **Yokes Foods 14202 N. Market St. Parking Lot.** $35

38763	Sun.	7/1	9am-2pm

Hiking Steamboat Rock with Transportation

1 day | Ages 16+ This is a 4 mile round trip hike with about a 1/2 mile of steep rigorous trail to the top of the butte that explores nearly 640 acres on top of Steamboat Rock. Wildflowers blooming, beautiful rock formations, and breathtaking views of Banks Lake and wildlife; it's what this hike is all about. The trail to the top is a rough, steep and rugged trail. Transportation included. Pre-trip information emailed after registration. **Mountain Gear 2002 N. Division-Parking Lot.** $49

38379	Sat.	5/5	8am-5pm

KAYAKING

Kayak and Coffee Little Spokane River

1 day | Ages 18+ Sponsored by the Rocket Bakery. Enjoy a morning cup of coffee and pastries as we embark on paddling this amazing natural area while it comes alive with the morning sun. We will keep an eye out for wildlife as this tranquil area is home to deer, bald eagles, birds, ducks, herons, moose, osprey turkeys and more. You will also learn fun kayaking skills on our user friendly sit on top kayaks. Discover Parking Pass Required: discoverpass.wa.gov. Guides, shuttle transportation, coffee and kayaking equipment included. **Little Spokane River Take-Out 9 Mile Falls.** $29

38729	Sat.	6/16	8am - Noon
38730	Sat.	7/14	8am – Noon
38731	Sat.	8/4	8am - Noon

Kayak Coeur d'Alene Lake

1 day | Ages 5+ Lake Coeur d'Alene is a paddler's paradise. Fed by the wild & scenic St. Joe River, Coeur d'Alene and St. Maries rivers, the lake is roughly 25 miles long and with many bays, boasts over 109 miles of shoreline. Join us on a half-day kayak tour over crystal clear waters along shores of pine, fir and cedar. We take you to one of the many bays, some quite close to town and others a bit further away. As you paddle, learn about the Native peoples of the area, early pioneer history, the steamboat era and Lake Coeur d'Alene today. We may see osprey, great blue herons, bald eagles and songbirds as your guides spin tales of the natural wonders in and around the lake. Ages 5- 11 must paddle with an adult. **ROW Adventure Center 418 E Coeur d' Alene Ave.** $67

39581	Sat.	7/7	1-5pm
39582	Sat.	8/11	1-5pm

Kayak Coeur d'Alene Sunset Tour

1 day | Ages 5+ Enjoy the soft light and peaceful quiet on Lake Coeur d'Alene or Fernan Lake (depends on weather conditions) during the long days of summer. Paddle along shores of pine-scented air, watch herons wade and Osprey soar. Share a toast along the way to the beauty of this corner of America. Sunset Kayaking sets the tone for a romantic evening or simply enjoying the amazing summer sunset over Lake Coeur d'Alene. Ages 5-11 must paddle with an adult. **ROW Adventure Center 418 E Coeur d' Alene Ave.** $54

39868	Sat.	6/23	7-9pm
39869	Sat.	7/14	7-9pm

Kayak Evening Paddle Little Spokane River

1 day | Ages 15+ Adventure awaits the evening as you paddle tandem sit-on-top kayaks. These kayaks are an amazing way to enjoy this wonderful natural area. The area is home to deer, moose, birds, fish and much much more! Many animals are commonly seen during our floats. Kayak instruction, Guides, and equipment provided. Pre-trip information emailed after registration. Discover Parking Pass Required: discoverpass.wa.gov. **Little Spokane River Take-Out 9 Mile Falls.** $25

38745	Fri.	6/29	6-8:30pm
38746	Fri.	7/13	6-8:30pm
38747	Fri.	7/27	6-8:30pm

Kayak Family Paddle Little Spokane River

1 day | Ages 8+ Fun and adventure awaits the family as you paddle your tandem sit-on-top kayak. These boats are an amazing way to enjoy the surrounding pine covered hills of this natural and scenic waterway. Pre-trip information emailed after registration. Discover Parking Pass Required: discoverpass.wa.gov. Guides, kayak instruction, shuttle transport and kayaking equipment included. Parent must accompany child. Ages 8-17 $27 with paying adult. Adult fee $29. **Little Spokane River Take-Out 9 Mile Falls.** $29

38755	Sat.	6/23	10am-2pm
38756	Sat.	6/23	3-7pm
38757	Sat.	7/28	10am-2pm
38758	Sat.	7/28	3-7pm

Kayak Flat Water Intro

2 days | Ages 15+ Sponsored by Mountain Gear and FLOW Adventures. Are you interested in kayaking? Become comfortable on flat water, learning basic terminology, outfitting, proper entry, stroke concepts, wet exit, and maneuvering your boat. Boat and equipment provided. Additional information emailed after registration. **Fish Lake Public Boat Launch.** $79

39611	Mon./Wed.	6/11-6/13	6-8pm
39612	Mon./Wed.	7/16-7/18	6-8pm

Kayak Horseshoe Lake

1 day | Ages 14+ Sponsored by REI This small lake almost dictates that you slow down and enjoy the grace of your sleek sit-on-top kayak passing through the water. You will paddle over to a 50' foot waterfall that feeds this jewel of a lake. Guides, kayak instruction, and essential kayaking gear are included. Directions emailed after registration. ($27 REI member) Discover Pass required: discoverpass.wa.gov **Horseshoe Lake Public Boat Launch.** $29

38735	Sun.	6/24	9am - Noon
38736	Sun.	6/24	1-4pm
38737	Sun.	8/26	9am - Noon
38738	Sun.	8/26	1-4pm

Kayak Sunset Paddle on the Spokane River

1 day | Ages 15+ Take a tour on the Spokane River! This flatwater paddle adventure from Boulder Beach brings you on a tour viewing spectacular river homes, wildlife and urban outdoor scenery. Bring your camera for this one; there will be plenty of opportunities for great photos as the sun sets. Kayak instruction, guides, and equipment provided. Pre-trip information emailed after registration. REI Member $23, must call 509-755-City (2489) for REI discounted registration. **Boulder Beach Dirt Parking Lot Upriver Drive.** $25

38740	Sun.	8/5	5:30-8pm

KAYAKING

Kayak Tour Spokane River Upriver Dam to Downtown

1 day | Ages 18+ Paddle single sit-on-top kayaks beside towering cottonwood trees, train trestles and arched bridges into downtown Spokane as you are serenaded by city sounds. This mostly flatwater paddle has two small rapids, this is an amazing adventure right in your backyard! Kayak instruction, guides, kayaks, paddles, PFDs and shuttle provided. Pre-trip information emailed after registration. **McKinstry Take Out 850 E Spokane Falls Blvd.** $25

38743	Sun.	7/29	9am-Noon
38744	Sun.	7/29	1-4pm

Kayak Whitewater Intermediate

2 days | Ages 16+ Sponsored by FLOW Adventures Let's get comfortable in moving water and get a taste of whitewater. We will start this course with river terminology and hydrology lessons. Then it's onto the river, where you will learn to maneuver your boat in moving water. Improve your braces and t-rescues; learn important skills like the upstream ferry, eddy peel-outs and entries. **Spokane River Sullivan Park Upper Parking Lot.** $69

39466	Tues./Thurs.	5/29-5/31	6-8pm
39467	Tues./Thurs	6/26-6/28	6-8pm

Kayak Whitewater Intro

3 days | Ages 12+ Sponsored by FLOW Adventures Are you interested in having fun whitewater kayaking on the river? This 6 hour course will teach the essential skills to become comfortable with wet exits, basic strokes, kayaking terminology, and maneuvering the boat. All essential equipment is provided. **Witter Aquatics Center E. Mission at Upriver Dr.** $69

39468	M/W/F	5/21-5/25	6-8pm

Liberty Aquatics Center 1300 E 5th Ave

39469	M/W/F	6/18-6/22	6-8pm

Kayak Whitewater Roll Class Introduction

1 day | Ages 12+ Sponsored FLOW Adventures Whether you have your own boat and need a little roll repair or need a boat and are just getting started we can teach you the basic concepts of rolling or repair the skills you have already been taught. **Witter Aquatics Center E. Mission at Upriver Dr.** $39

39470	Fri.	6/1	6-8pm
39471	Fri.	6/29	6-8pm

Shuttle Service Little Spokane River

Leave the driving to us! We will provide you and your canoe, kayak or SUP transportation from the 9 Mile Take Out of the Little Spokane River to the put in at St Georges. Shuttle runs on Saturday's & Sunday's between 10AM-4PM June 30-September 2. You can show up anytime throughout the day. You may pre-register at spokaneparks.org. Pay on-site with CHECK, CREDIT or DEBIT CARD ONLY, NO CASH on site. Please call 509.363.5418 for operating information. No inner tubes, rafts, dogs or alcohol allowed. PFD's required (Life Jacket). Youth 17 & under must be accompanied by a parent or guardian. Discover Parking Pass required for your vehicle. You can purchase a Discover Pass today by visiting discoverpass.wa.gov. **Little Spokane River Take-Out 9 Mile Falls Shoemaker Ln.** $8

Visit Spokaneparks.org for operating schedule.

OUTDOOR BICYCLING

It's Back! Bicycle Walla Walla Winery Tour

2 days | Ages 21+ Sponsored by Vino! You will be amazed with the great wines, wonderful riding, and beautiful scenery of this area. Lodging in the historic and elegant Marcus Whitman Hotel located within walking distance of some outstanding northwest restaurants. Fee includes one night lodging, breakfast at the hotel and two deli style lunches along the routes. You will also have bus and bike repair support available and the outstanding Vino! - Wine Shop interpretive guides along to teach you all about this great area. Road bike or road tires on your bike are highly recommended. No mountain bike or wide tires. Participant should be able to ride 30+ miles a day on country road with rolling hills on mostly pavement. Helmet required. Pre-trip information emailed after registration. $289 per person double occupancy only. **Marcus Whitman Hotel 6 W Rose St.** $289

38493	Sun./Mon.	6/10-6/11	9:30am-4pm

RAFTING

Raft Trip Clark Fork River

1 day | Ages 5+ Join us for a full day of exciting class III whitewater rafting through the magnificent Alberton Gorge. Trip includes an all-you-can-eat- lunch buffet, with all the gear, guides, rapids, and fun provided. Camping available at Trout Creek Campground (recommended) & Wiley E Waters Campground. Pre-trip information emailed after registration. Registration/cancelation deadline 1 week before start date. **Clark Fork River Lozeau Exit 55 – Montana.** $57

39508	Sat.	6/30	9am-2:30pm
39509	Sun.	7/1	9am-2:30pm
39510	Sun.	7/8	9am-2:30pm
39511	Sun.	7/15	9am-2:30pm
39512	Sun.	7/22	9am-2:30pm
39513	Sat.	7/28	9am-2:30pm

Raft Trip Salmon River

1 day | Ages 8+ Join H2O Idaho on an exciting whitewater rafting adventure through class II-IV rapids, experience beautiful white sandy beaches and outstanding scenery. Meeting at the H2O shop in Riggins we will travel up river putting in at Spring Bar to face some thrilling rapids. Along the way we'll stop for a delicious lunch and then off to conquer even more rapids. Once the excitement is over our shuttle bus will return you to your vehicle. No refunds within 10 days of trip. Meeting time is 9am Mountain time. **H2O Idaho 109 Salmon River Road.** $80

39482	Sat.	6/9	9am-4pm
39483	Sat.	6/23	9am-4pm
39484	Sat.	7/7	9am-4pm
39485	Sat.	7/28	9am-4pm
39486	Sat.	8/11	9am-4pm

RAFTING

Raft Trip Salmon River Overnighter

2 days | Ages 12+ Join rafting guide service H2O Idaho on a magnificent two-day raft trip through the Salmon River gorge in central Idaho. You will experience some of the best rapids in the area, learn interesting facts from your guides and be treated to delicious riverside camp cooking. Children 12 years and older are welcome to accompany adults. Equipment list and travel directions will be emailed after registration. Meeting time is 10AM Mountain Time. No refunds within 10 days of trip. **H2O Idaho 109 Salmon River Road.** $275

39823	Sat./Sun.	6/30-7/1	10am-5pm
39824	Sat./Sun.	7/14-7/15	10am-5pm
39825	Sat./Sun.	8/4-8/5	10am-5pm

Raft Trip Upper Spokane

1 day | Ages 3+ This adventurous trip down the Spokane River is a fun-filled paddle rafting experience for everyone. Enjoy newly hatched wildlife on the river banks and exciting class II rapids as Wiley E. Waters professional licensed guides provide you with all the knowledge of the Upper Spokane River. No refunds within 1 week of trip. **Spokane River Plantes Ferry West Parking Lot.** $30

39496	Sat.	5/26	10am-1pm

Rafting Clearwater River Float and Glamping

2 day | Ages 5+ Formed by the confluence of the raging Lochsa and scenic Selway rivers, central Idaho's Middle Fork of the Clearwater is a gentle rafting day trip. Several Class II rapids add excitement to this beautiful float down the Clearwater, one of the original eight rivers designated Wild and Scenic by Congress in 1968. Day trips on the Middle Fork of the Clearwater are a great introduction to rafting and perfect for family trips. On this relaxing, peaceful trip you enjoy the night before the rafting trip 'glamping' (glamorous camping) at River Dance Lodge in a romantic, furnished wall tent that sleeps two in a king-size bed (which can be separated into two singles). No refunds after 7/6. Stay is July 16, check in time is 4pm, raft trip is July 17, 9am. **Riverdance Lodge.** $169

39613	Sun./Mon.	7/15-7/16	4-9pm

Rafting Lochsa River Whitewater

1 day | Ages 17+ Few whitewater rafting trips anywhere on earth offer as much continuous , explosive whitewater as Idaho's Lochsa River. This one day rafting trip is big whitewater that satisfies the appetite for thrills for intermediate and expert rafters. Some rivers are big and slow while others are fast and technical. The Lochsa combines the best of both - it's fast, technical and has a big volume of water. This makes for raft-smashing waves, big hydraulics and holes, and paddler-bashing excitement. Add supreme Idaho mountain scenery, talented guides and great service and you have the best whitewater rafting trips on the Lochsa River available. No refunds within 1 week of trip. **Riverdance Lodge Syringa ID.** $119

39872	Sat.	6/16	9am - 4pm
39873	Sat.	6/23	9pm – 4pm

Rafting Lower Spokane River Whitewater

1 day | Ages 5+ This three hour trip is filled with exciting whitewater rapids, wildlife, and gorgeous scenery! Wiley E. Waters professional licensed guides will steer you through the class II & III whitewater rapids including the Bowl and Pitcher and Devils Toe-Nail rapids in Riverside State Park. Trip includes all necessary rafting equipment including PFD, wet suits & dry tops if needed, transportation and post trip refreshments. Pre-trip information emailed after registration. **Spokane River Water Ave.** $47

39497	Sat.	5/12	10am-1pm
39498	Sat.	5/19	10am-1pm
39499	Sun.	5/27	10am-1pm
39500	Sat.	6/2	10am-1pm
39501	Sat.	6/9	10am-1pm
39502	Sun.	6/10	10am-1pm
39503	Sat.	6/16	10am-1pm
39504	Sun.	6/17	10am-1pm
39505	Sat.	6/23	10am-1pm
39506	Sun.	7/1	10am-1pm

Rafting Lower Spokane River Whitewater & BBQ

1 day | Ages 5+ This three hour trip is filled with exciting whitewater rapids, wildlife, and gorgeous scenery! Wiley E. Waters professional licensed guides will steer you through the class II & III whitewater rapids including the Bowl and Pitcher and Devils Toe-Nail rapids in Riverside State Park. Trip includes all necessary rafting equipment including PFD, wet suit & dry top if needed, transportation, post trip refreshments and mouthwatering BBQ to celebrate the day! Pre-trip information emailed after registration. **Spokane River Water Ave.** $55

39507	Sun.	6/24	10am-2pm

Rafting Moyie River Whitewater

1 day | Ages 14+ The Moyie River is a true whitewater rafting gem in North Idaho. This rafting trip goes through a densely forested, rugged and narrow gorge lined with pine and cedar and covered with blooming Syringa shrubs and wildflowers. Beginners will enjoy the Moyie as an introduction to whitewater rafting and experienced rafters will love the Moyie for the beautiful green scenery and remote wilderness experience. The rapids are fun but not scary which makes it a great choice for family rafting trips too. Additional information from ROW emailed after registration. NO refunds after 5/19. **Moyie Springs ROW Adventures Bus.** $115

39870	Sat.	5/26	9am-4pm

Rafting St. Joe River Whitewater

1 day | Ages 16+ The whitewater trip takes you through the crystal clear waters and dense Cedar forests of Idaho. Great for beginners and thrill seekers. The narrow passages of the St. Joe makes water explode into paddle bashing class III and class IV whitewater enjoyment. No refunds after 6/17. Additional information emailed after registration. **St. Regis ROW Adventures Bus.** $105

39871	Sat.	6/30	9am-4pm

Rafting the Wenatchee River

1 day | Ages 13+ Enjoy beautiful mountain views with Peak 7 Adventures while cascading down one of Washington's greatest whitewater rivers! There's never a dull moment on this river with almost continuous class 3 rapids. Work together to navigate through all of our favorites including 'Gorilla', 'Snowblind' and 'Grannies' rapids. After the trip, the beautiful town of Leavenworth is just a short car ride away. Bring your own lunch and snacks. No refunds after 6/17. Additional information emailed after registration. **Wenatchee River 201 Riverside Dr. Cashmere, WA.** $69

38690	Sat.	6/23	3-6pm

ROCK CLIMBING

Climbing Anchors Course

1 day | Ages 15+ This course with Peak 7 Adventures will teach you the basics of building top rope anchors using bolted anchors. You will also be taught other essential climbing knots and hitches for anchor building, climbing and rappelling. **John C. Shields Park 5625 E. Upriver Dr. Climbing Rocks** $55

38655	Sat.	6/30	10am-2pm

Climbing Intro to Lead Climbing

1 day | Ages 15+ Join Peak 7 Adventures! This course is designed for aspiring outdoor climbers who are interested in learning to lead climb outdoors. You will learn the basics of how to lead sport routes, belay a lead climber and set anchors to top rope. You will also learn how to properly clean the anchors off a climb and rappel off the route with a backup. All climbers will have the opportunity to 'mock lead' climbs with the potential to lead a route. **Vantage Climbing Area Gravel Parking Area.** $79

38653	Sun.	4/15	9am-5pm

Q'emiln Park Cliffs. $65

38654	Sat.	8/4	9am-4pm

Climbing Intro to Rock Outdoors

1 day | Ages 15+ Join Peak 7 Adventures! Learn and practice climbing techniques at Frenchman Coulee near Vantage, Washington. Challenge yourself to climb up tall rock columns and learn proper belay technique from experienced climbing guides. **Vantage Climbing Area Gravel Parking Area** $59

38652	Sat.	4/14	9am-5pm

NEW! Climbing-Bloc Yard's After School Climbing Program

1 day | Ages 4-17yrs. Learn to rock climb with the fun and energetic staff at the Bloc Yard Bouldering Gym! This weekly class will teach students the basics of rock climbing in a positive and encouraging environment. Join us every Tuesday and Thursday from 4:30pm to 6:30pm to conquer new fitness challenges and develop problem solving skills. All equipment provided. **Block Yard Bouldering Gym 233 E Lyons Ave.** $20

39817	Tues.	4/10	4:30-6:30pm
39818	Thurs.	4/26	4:30-6:30pm
39819	Tues.	5/8	4:30-6:30pm
39820	Thurs.	5/24	4:30-6:30pm
39821	Tues.	6/5	4:30-6:30pm
39822	Thurs.	6/7	4:30-6:30pm

NEW! Climbing-Bloc Yard's Summer Break Indoor Climbing Camp

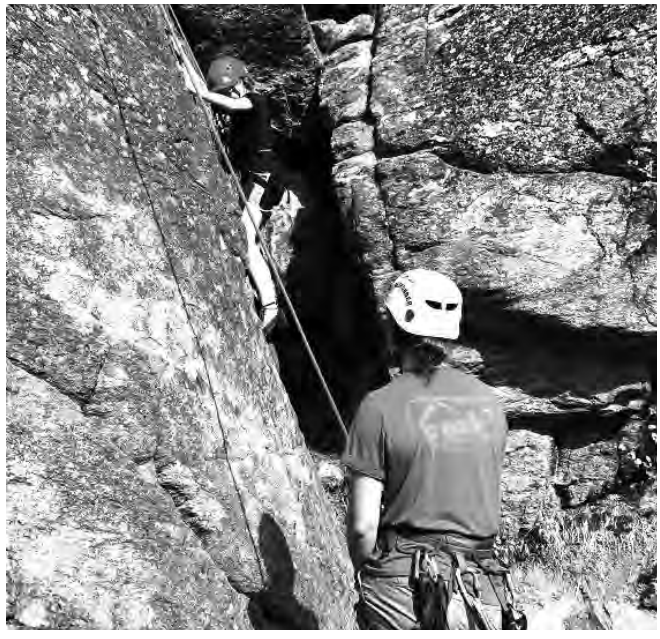
5 days | Ages 6-17yrs. Reach new heights this spring break with Bloc Yard's Youth Indoor Climbing Day Camp. Join us for five days for climbing, lessons, fitness and fun! Participants will learn basic and advanced climbing techniques, problem solving, proper climbing etiquette, climber's safety, and hold identification led by our professionally trained staff. All equipment provided. Graduation pizza party and free T-shirt also included! No camp July 4th. **Block Yard Bouldering Gym 233 E Lyons Ave.** $200

39561	Mon.-Fri.	6/18-6/22	8am-Noon
39562	Mon.-Fri.	6/18-6/22	1-5pm
39563	Mon.-Fri.	6/25-6/29	8am-Noon
39564	Mon.-Fri.	6/25-6/29	1-5pm
39565	Mon.-Fri.	7/2-7/6	
8am-Noon		$180 No Camp 4th of July	
39566	Mon.-Fri.	7/2-7/6	
1-5pm		$180 No Camp 4th of July	
39567	Mon.-Fri.	7/9-7/13	8am-Noon
39568	Mon.-Fri.	7/9-7/13	1-5pm
39569	Mon.-Fri.	7/16-7/20	8am-Noon
39570	Mon.-Fri.	7/16-7/20	1-5pm
39571	Mon.-Fri.	7/23-7/27	8am-Noon
39572	Mon.-Fri.	7/23-7/27	1-5pm
39573	Mon.-Fri.	7/30-8/3	8am-Noon
39574	Mon.-Fri.	7/30-8/3	1-5pm

NEW! Climbing-Bloc Yard's Spring Break Indoor Climbing Camp

5 days | Ages 6-17yrs. Reach new heights this spring break with Bloc Yard's Youth Indoor Climbing Day Camp. Join us for five days for climbing, lessons, fitness and fun! Participants will learn basic and advanced climbing techniques, problem solving, proper climbing etiquette, climber's safety, and hold identification led by our professionally trained staff. All equipment provided. Graduation pizza party and free T-shirt also included! **Block Yard Bouldering Gym 233 E Lyons Ave.** $200

39559	Mon.-Fri.	4/2-4/6	8am-2pm
39560	Mon.-Fri.	4/2-4/6	1-5pm



WHAT'S HAPPENING

NEW! **Discover What's Outside and in My Backyard!**

A nature path is being planned for the Latah Creek Valley. It will connect seven Spokane neighborhoods through pedestrian and bicycle trails, as well as enhance native plantings along the creek. This series is part of a partnership with City of Spokane Parks and Recreation Dept., Inland Northwest Trails and Conservation Coalition (INTC) and the National Parks Service. Other supporters include Spokane Preservation Advocates, Spokane Mountaineers and the American Society of Landscape Architects, Washington Chapter.

All Ages Join an amble of less than a mile with experts and a small group to explore the many ways you can be outside no sweat! Meeting details, dress and equipment suggestions will be sent after you register. $10.00 per session. Parents with children under 16 and Therapeutic Recreation participants and their companions can attend for $5.00 each.

Not just about Fish-Jerry White Jr. Spokane Riverkeeper
Hangman Creek: Home to fishes of all stripes. Hangman Creek was once home to ocean going salmon, trout, and many smaller finned creatures. Come learn about the native redband trout, now the mascot of the Spokane Indians baseball team, and why these fish have a very important story to tell about the health of our waters!
39826 Tues. 3/27 5:30-7:30pm

For the Fling of it-Ron Wendle, Architect by Day, Discman by evening
What ARE those people doing? Ever watch a group playing disc golf - or do you remember it as Frisbee? You'll learn enough to talk about it knowledgably, even join a group. A wonderful low impact way to enjoy the outdoors.
39827 Tues. 4/3 5:30-7:30pm

Why this Plant is 'Native'-Daniel Collins, Arborist and Project Consultant for the Hangman Creek/Latah Valley Nature Path Project
What IS that? Can I grow it in my yard? Should we cut all this stuff down so we can get to the water? Find out more about the place you live, what 'belongs' and what's moving' in and why it matters. Learn how natives have been used…medicine, tools, food.
39828 Tues. 4/17 5:30-7:30pm

Scales, Tails, and Gills-Laura Ackerman, Herpetologist
If you want to know more about nature than just 'snake and frog', you'll want to join Laura as she adventures into the area along the creek - and onto the dry sand - to discover where and how these creatures live, how to find them and how to avoid them.
39830 Tues. 5/1 5:30-7:30pm

What? This was all under water? Ice Age Floods-Michael Hamilton, Ice Age Flood Institute Glacial Lake Missoula crashed out if its ice dam more than once…and raced over Eastern Washington through the Columbia Basin to the Pacific. A human story of the scientist who everyone laughed at - until he was proven right about this unique landscape. Michael mapped the geology of this valley and will tell you about the Old Oil Well.
39832 Tues. 5/15 5:30-7:30pm

It IS a Bird!-Birds of Hangman Creek-Jon Isacoff, expert birder when he isn't teaching Environmental Studies
This event is a leisurely hike where we will seek to see - and hear - some of the lovely birds of Hangman Creek, which is home to approximately 50 species of breeding birds. Some are familiar and easy to see like the majestic Great Blue Heron. Others that are more often heard, such as elusive migrant warblers and sparrows. Note: bird activity may be affected by rain, wind, etc. Please bring binoculars, water, and (if desired) insect repellant.
39834 Tues. 5/29 5:30-7:30pm

Geology of Hangman Creek-Nigel Davies, Geologist
Lava, Lakes, Floods and Fish: 20 million years on Hangman Creek - Come learn about the past 20 million years as recorded in the rocks and fossils of the Latah Valley. Spokane's unique geologic history will draw analogies from modern day Hawaii, Siberia, Yellowstone, Iceland and other popular vacation destinations. Explore the world via your backyard. Think Global, Walk Local.
39836 Tues. 6/12 5:30-7:30pm

Sketching Nature-Don Walls, Graphic Designer turned Sketchman
Step away from the camera phone. Anyone can sketch or draw! How, why, when and where to make sketching part of you life. Hint, there is no wrong way it's your way. Tips on materials and equipment for quick drawings. Ideas on techniques that work well at a moment's notice.
39838 Tues. 6/26 5:30-7:30pm

WHAT'S HAPPENING CONT.

Dutch Oven Cooking Introduction

1 day | Age 13+ Dutch oven cooking is a family fun activity adding a delicious taste to your backyard BBQs, family picnics or camping at the lake. You will learn proper oven seasoning techniques, coal preparation, arrangement and temperature, how to handle your hot oven, prepping for your meals and where to buy your gear. You'll be cooking great meals in no time at all! Recipes and Dutch oven tasty treats will be provided. Discover Parking Pass required. **Riverside State Park Bowl and Pitcher Picnic Shelter.** $29

39903	Thurs.	5/24	6-8pm

Ghost A Night Psychic Readings & Spiritualism

1 day | Ages 21+ A night of spiritual readings with Spokane Psychic Medium Dr. Candess Campbell and host Ghostologist Chet Caskey at the haunted Corbin Art Center, 507 W. 7th Avenue, Spokane (on the hill in Edwidge Woldson Park). Refreshments, beer & wine provided. Handicapped accessible entrance. **Corbin Art Center 507 W. 7th Ave.** $22

39593	Sat.	4/14	6:30-8:30pm
38506	Sat.	3/10	6:30-8:30pm
39594	Sat.	5/12	6:30-8:30pm
39595	Sat.	6/9	6:30-8:30pm

Ghost Evening Ghost Hunt & Walk

1 day | Ages 12+ Join Ghostologist and Spokane Story Teller Chet Caskey for a disquieting stroll from the dark Corbin Mansion, through the moonlit and haunted Moore-Turner Gardens, and on to the spooky Undercliff Mansion for tales of murder, intrigue and paranormal disturbances. The evening will end with a paranormal investigation & ghost hunt of the Corbin Mansion. Flashlights, ghost meters, and refreshments supplied. **Corbin Art Center 507 W. 7th Ave.** $15

38494	Sat.	3/24	7:30-9:30pm
39583	Sat.	4/28	7:30-9:30pm
39584	Sat.	5/26	7:30-9:30pm
39585	Sat.	6/16	7:30-9:30pm

Ghost Downtown Walking Ghost Tour

1 day | Ages 12+ (also infants in strollers) Enjoy a spooky two-hour easy stroll through the haunted history of Downtown Spokane with master story teller and Spokane Historian Chet Caskey. Tour includes haunted hotels, the Steam Plant, and the paranormal implications of the Great Fire of Spokane. Ghost meters provided. Tour begins and ends outside the haunted Montvale Hotel. Parking downtown at meters is free after 7pm. **Montvale Hotel W. 1005 First Ave.** $15

38495	Sat.	3/17	7:30-9:30pm
38496	Sat.	3/31	7:30-9:30pm
39586	Sat.	4/7	7:30-9:30pm
39587	Sat.	4/21	7:30-9:30pm
39588	Sat.	5/5	7:30-9:30pm
39589	Sat.	5/19	7:30-9:30pm
39590	Sat.	6/2	7:30-9:30pm
39591	Sat.	6/23	7:30-9:30pm

Ghost Sunday Morning Tea and Tarot at the Corbin Mansion

1 day | Ages 10+ Learn all about the history and become skillful in the use of Tarot Cards to explore deep unconscious thought and predict future events - over tea and pastries at the old Corbin Mansion. Refreshments, tea & tarot cards provided (or bring your own). Meet at the **Corbin Art Center, 507 W 7th Avenue.** $17

39596	Sun.	4/29	10-Noon

Ghosts Sunday Walking Tours of the Haunted Cemeteries

1 day I Ages 10+ Join Spokane Historian and Cemetery Preservationist Chet Caskey for a beautiful and easy Sunday afternoon springtime stroll through Greenwood and Riverside Cemeteries as you learn about the colorful, funny and sometimes haunting history of Spokane. Meet at the Greenwood Cemetery Office (parking free), 211 N. Government Way, Spokane, WA 99224. Tea and cookies provided along the way. Restrooms available. Mild to moderate walking. **Greenwood Cemetery Office 221 N Government Way.** $15

39597	Sun.	4/22	1:30-3:30pm
39598	Sun.	5/20	1:30-3:30pm
39599	Sun.	6/3	1:30-3:30pm

Ice Age Floods-Grand Coulee and Northern Channeled Scabland

1 day | Ages 10+ Join geologist-author Bruce Bjornstad on a tour of Grand Coulee and the northern Channeled Scabland to witness evidence for Earth-changing Ice Age Floods that occurred as recently as 13,000 years ago. The bus tour route heads west along US 2 where Ice Age floods spilled over into the Channeled Scabland before dropping into Grand Coulee and Dry Falls. The return to Spokane will be via Crab Creek Coulee where numerous other flood features, including giant flood bars and ripples, ringed craters and potholes lie along route. A couple of short (<1/2 mile) hikes are an option during the trip for those interested. **Mountain Gear 2002 N. Division-Parking Lot.** $59

38518	Sat.	4/7	8am-5pm

"Canoeing @ Wild & Wacky Water Adventure Camp. See pg. 34"

STAND UP PADDLEBOARDING

Paddleboard Tour Plese Flats

1 day | Ages 15+ Let the sights and sounds of nature surround you on this flat water paddleboard tour on the Spokane River. We will start out with an intro lesson and then its paddle time! This will be a peaceful paddle through the preserved Riverside State Park. Discover Parking Pass Required: discoverpass.wa.gov. **Riverside State Park Plese Flats.** $25

39892	Sat.	7/21	1-3pm
39893	Sat.	7/21	3:30-5:30pm

Paddleboarding at Fish Lake Family

1 day | Ages 8+ Bring the family for a fun evening paddle at the quiet and peaceful Fish Lake. This Spokane County Lake is a great place to paddle and to learn the basics! All equipment and instruction provided. **Fish Lake Public Boat Launch.** $25

39899	Wed.	6/20	6-8pm
39900	Wed.	7/25	6-8pm
39901	Wed.	8/15	6-8pm

SPOKANE COMMUNITY COLLEGE SUMMER CAMPS

NEW! **Hands On! 3D Printing, Kayaking and Culinary**

1 week | Ages 8-14yrs. This one-week afternoon package for youth ages includes an introduction to 3D printing, with the opportunity to print a real 3D object! Advance culinary skills with a chef in SCC's industrial kitchen. Finally, get outdoors, hiking and tandem kayaking with **Parks & Rec! Spokane Community College 1810 N Greene St. Bldg 50.** $199

39798	Mon.-Fri.	7/16-7/20	1-4pm

NEW! **Move and Learn!: Swim, Sports and Culinary 1**

1 week | Ages 8-14yrs. This one-week afternoon package includes a variety of fun, engaging activities, such as swimming, cooking with a chef at SCC, as well as hiking and paddling your very own kayak with Parks & Rec! Get moving, learn new skills, and explore new environments! **Spokane Community College 1810 N Greene St. Bldg 50.** $199

39795	Mon.-Fri.	6/25-6/29	1-4pm

NEW! **Move and Learn!: Swim, Sports and Culinary 2**

1 week | Ages 8-14 This one-week afternoon package includes a variety of fun, engaging activities for youth ages 8- 11, such as swimming, cooking with a chef at SCC, as well as hiking and paddleboarding with Parks & Rec! Get moving, learn new skills, and explore new environments! **Spokane Community College 1810 N Greene St. Bldg 50** $199

39797	Mon.-Fri.	7/9-7/13	1-4pm

NEW! **SCC All Day One-Week Bundle Summer Camp**

Ages 8-10yrs. Save $19 with this bundle, which includes both Code Your Own Adventure! AND Move and Learn!: Swim, Sports and Culinary 1. Learn coding in the mornings and get moving in the afternoons! **Spokane Community College 1810 N Greene St. Bldg 50.** $379

39801	Mon.-Fri.	6/25-6/29	9am-4pm

Ages 8-14yrs. Save $19 with this bundle, which includes both Minecraft© Modders AND Move and Learn!: Swim, Sports and Culinary 2. Learn modding in the mornings and get moving in the afternoons! **Spokane Community College 1810 N Greene St. Bldg 50.** $379

39802	Mon.-Fri.	7/9-7/13	9am-4pm

Ages 8-14yrs. Save $19 with this bundle, which includes both Virtual Reality! AND Hands On!: 3D Printing, Kayaking and Culinary. Learn VR in the mornings and get hands on experience with 3D printing, kayaking and cooking in the afternoons! There is an additional $19 lab fee for the VR headset. There is an additional $19 lab fee for 3D printing materials. **Spokane Community College 1810 N Greene St. Bldg 50.** $379

39803	Mon.-Fri.	7/16-7/20	9am-4pm

NEW! Nature in the Neighborhood (South Hill Bluff Trails)

1 day | Ages 5-12yrs. Discover your own neighborhood nature at the High Drive Bluff Park. Leave your parents to explore on their own while you join a naturalist in discovering your back-yard wild space on a short trail adventure followed by hands-on activities and crafts. Brought to you by Marit Fischer and Friends of the Bluff. All abilities welcome. $10

Polly Judd Park 1802 W 14th Ave -Shelter and Grounds

39914	Sat.	5/12	10am-12:30pm

South Hill Bluff Trails 37th Ave Trail Head

39915	Sat.	6/16	10am-12:30pm

NEW! Youth & Teen Hike and Paddle!

1 day | Ages 8-14yrs. Join us in nature! We'll be exploring the trails and grounds of Camp Sekani Park which was an old Boy Scout Camp and used as a Jamboree meeting point for the scouts. After our hike we'll head to Boulder Beach for a flatwater paddle on the Spokane River to cool off. Kayaks, paddleboards, PFD's, paddles and instructors provided. Pick up at Spokane Community College 2000 N Greene Street Max Synder Building 50. $29

Hike and Sit-On-Top Kayaking

39904	Wed.	6/27	12-4pm

Hike and Paddleboard

39905	Wed.	7/11	12-4pm

Hike and Tandem Sit-On-Top Kayaking

39906	Wed.	7/18	12-4pm

Camp Experience Horses on the Farm

Half Day | Ages 8-13yrs. Introduction to horses and horsemanship. Including riding demonstrations and a parade of breeds. Learn basic grooming skills and a chance to ride the horses. Bike helmet, boots and long pants required. **Relationa' Riding Academy 3714 W Anderson, Cheney, WA.** $75

39600	Tues.	4/3	10am-1pm
39601	Fri.	4/6	10am-1pm

Camps Horseback Riding

1 week | Ages 8-13yrs. Relational Riding Academy offers four summer day camp sessions. Children arrive at the farm at 8:45am and stay till 12:00pm. Our day camps are open to kids of all levels of experience. Sessions are limited to 10 participants who work in teams of two. Each team has a qualified helper at all times in addition to the instructor. The session is divided into riding and educational group activities. New programs for 2nd year campers. Only 15 minutes from downtown Spokane. No refunds or cancelations 1 week prior to camp. Bring a lunch and water. Boots and long pants required. **Relational Riding Academy 3714 W Anderson, Cheney, WA.** $250

39603	Mon.-Fri.	6/25-6/29	8:45am-Noon
39604	Mon.-Fri.	7/16-7/20	8:45am-Noon
39605	Mon.-Fri.	7/30-8/3	8:45am-Noon
39606	Mon.-Fri.	8/20-8/24	8:45am-Noon

Learn to ride at
Relational Riding Academy

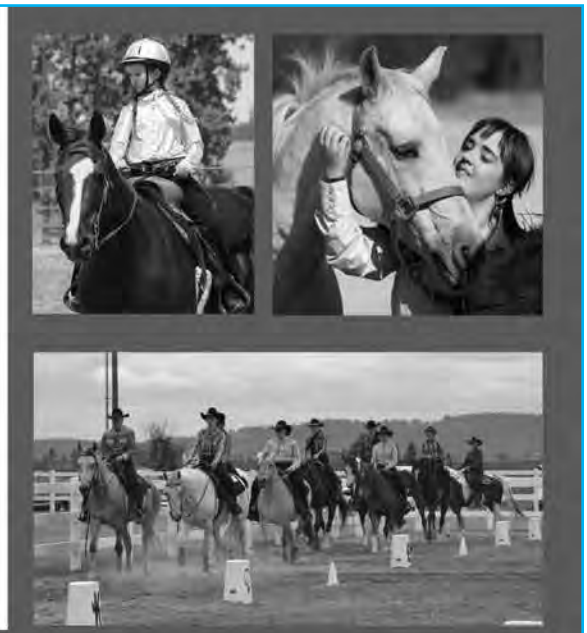
Horseback Riding Lessons
Spring Session: March 19 - June 1
Summer Session: June 18 - Aug. 31
Fall Session: Oct. 20 - Dec. 15

Spring Break Day Camp
April 3 & April 6 *from 10am-1pm*

Summer Day Camp
June 25-29
July 16-20
July 30-3
August 20-24
Camp is on weekdays from 9am-noon

Western ● English ● Dressage ● Cowboy Dressage

No horse? No problem! We have fabulous lesson horses for all riding levels and disciplines.



Register Today
(509) 290-4301
www.relationalridingacademy.com

OUTDOOR ADVENTURE DAY CAMPS!

Get going and get adventurous with the Spokane Parks and Recreation Summer Adventure Day Camps! Don't wait; register now, these camps fill up fast! Directions & Parent Packet information emailed after registration. Bring lunch, snacks and water bottle each day. 10% off each week if you sign your child up for 3 or more weeks. No camp 4th of July. Riverside State Park Bowl & Picher Campground

Teen Outdoor Adventures Day Camps Ages 12-15yrs.

NEW! **Disc Golf Adventure Camp!**

Ages 12-15yrs. Join the United States Youth Disc Golf Association for a week of disc golf fun! Beginners to more advanced students will enjoy this camp. Learn the basics or new ways to improve your game. Each camper will receive a tote bag, h2o bottle, mini marker, driver, midrange, and putter. Lunch provided for this camp only. $299

39765	Mon.-Fri.	6/18-6/22	8:30am-4:30pm
39766	Mon.-Fri.	8/20-8/24	8:30am-4:30pm

All Adventures Week!

Ages 12-15yrs. This camp is all about the excitement and variety of outdoor adventure! We will be hiking, kayaking, rafting, stand up paddleboarding, disc golfing, rock climbing, learning survival in the woods and participating in teambuilding activities. Rafting days will depend on water levels and activity may change. $219

39767	Mon.-Fri.	7/9-7/13	8:30am-4:30pm
39768	Wed.-Fri.	7/23-7/27	8:30am-4:30pm

NEW! **Stand Up Paddleboard Adventure Camp!**

Ages 12-15yrs. HANG TEN! When it comes to a 1st time paddleboarder kids are the fastest learners! Your child will learn the basics of paddleboarding and water safety. This camp will be filled with fun & games allowing the kids to be comfortable doing a variety of maneuvers on the boards and paddling new waterways. They'll be going home tired! Boards, paddles and ACA certified instructors provided. $219

39769	Mon.-Fri.	6/25-6/29	8:30am-4:30pm

Wild & Wacky Water Adventures!

Ages 12-15yrs. It's getting hot out, so let's get into some water action adventures. We will be kayaking, canoeing, paddle boarding and swimming at the aquatic centers. Don't forget your swimming gear! Rafting days will depend on water levels and activity may change. $219

39770	Mon.-Fri.	7/2-7/6	8:30am-4:30pm	$179	No Camp 4th of July
39771	Mon.-Fri.	7/16-7/20	8:30am-4:30pm		
39772	Mon.-Fri.	7/30-8/3	8:30am-4:30pm		
39773	Mon.-Fri.	8/13-8/17	8:30am-4:30pm		

NEW! **Climbing Adventure Camp!**

Ages 12-15yrs. Climb on! One week of climbing for your adventurous teen. Climbing, team building games, outdoor fun and more! We will be learning the basics at Blockyards Bouldering and Wild Walls climbing gyms, and then we'll take it to the next step with Peak 7 on the rocks at Q'emiln Park in Post Falls. $299

39774	Mon.-Fri.	8/6-8/10	8:30am-4:30pm

Youth Outdoor Adventure Day Camps Ages 8-11yrs.

All Adventures Week!

Ages 8-11yrs. This camp is all about the excitement and variety of outdoor adventure! We will be hiking, biking, and kayaking, rafting, disc golf, rock climbing, learning survival in the woods and participating in teambuilding activities. Rafting days will depend on water levels and activity may change. $219

39745	Mon.-Fri.	6/18-6/22	8:30am-4:30pm		
39746	Mon.-Fri.	7/2-7/6	8:30am-4:30pm	$179	No Camp 4th of July
39747	Mon.-Fri.	7/30-8/3	8:30am-4:30pm		
39748	Mon.-Fri.	8/13-8/17	8:30am-4:30pm		

Bike Skills & Riding Adventures!

Ages 8-11yrs. Bring your mountain bike and join us for a fun week of riding around the local trails and parks! Learn new riding skill including; minor repairs, rules of the road, courtesy and stewardship, mountain bike skills, map reading and more. Helmets & Bicycle required. $219

39749	Mon.-Fri.	6/25-6/29	8:30am-4:30pm

Wild & Wacky Water Adventures!

Ages 8-11yrs. It's getting hot out, so let's get into some water action adventures. We will be kayaking, rafting, paddleboarding and swimming at the aquatic centers. Don't forget your swimming gear! Rafting days will depend on water levels and activity may change. $219

39750	Mon.-Fri.	7/9-7/13	8:30am-4:30pm
39751	Mon.-Fri.	7/23-7/27	8:30am-4:30pm
39752	Mon.-Fri.	8/6-8/10	8:30am-4:30pm
39753	Mon.-Fri.	8/20-8/24	8:30am-4:30pm

NEW! **Climbing Adventure Camp!**

Ages 8-11yrs. Climb on! One week of climbing for your adventurous teen. Climbing, team building games, outdoor fun and more! We will be learning the basics at Blockyards Bouldering and Wild Walls climbing gyms, and then we'll take it to the next step with Peak 7 on the rocks at Q'emiln Park in Post Falls. $299

39754	Mon.-Fri.	7/16-7/20	8:30am-4:30pm

MySpokane 311 for city services
press 3 for recreation

Spokatopia Outdoor Adventure Festival

Come on in and enjoy the festivities! Learn about all the great outdoor recreation opportunities in and around Spokane from local experts and outfitters.

Visit vendor booths, see products and demos, try out slacklining, go disc golfing, sip & slurp local brews at the beer garden and more, all while enjoying great music and nature!

General Admission is FREE!! Visit spokatopia.com for festival information. Camp Sekani Park 6707 E Upriver Drive.

****Outdoor Adventures Clinics are additional fees. See Adventure schedule at spokatopia.com and for additional festival information****

Intro to Rock Climbing

Take adventure to new heights with Mountain Gear's rock climbing excursion! Learn basic rock climbing techniques to reach the top of a rock face. This is a great opportunity to rock climb outdoors. All the gear and equipment is provided for this exciting and challenging sport. **Spokane Parks and Recreation ten at Camp Sekani Festival Grounds 6707 E. Upriver Dr-Parking Area.** $20

39719	Sat.	7/7	10-11:30am
39720	Sat.	7/7	12-1:30pm
39721	Sat.	7/7	1:45-3:15pm

Voyageur 8 Person Canoe Tour

Take a Voyage with Spokane's Canoe & Kayak Club in this historic 22 foot voyageur canoe that will hold up to 8 people. This excursion will be guided by experienced canoeist from the Spokane Canoe & Kayak Club. Rides will leave Boulder Beach for a 30-45 minute long excursion. All necessary equipment will be provided and no experience is necessary. **Spokane Parks and Recreation tent at Boulder Beach E Upriver Drive.** $15

39722	Sat.	7/7	9-9:45am
39723	Sat.	7/7	10:15-11am
39724	Sat.	7/7	11:30-12:15pm
39742	Sat.	7/7	12:45-1:30pm

Stand Up Paddleboard Lesson

Join Spokane Parks and Recreation for a morning or afternoon Stand up Paddle Board Tour . This excursion provides the perfect opportunity to try out our brand new SUP boards. Stand up Paddle Boarding is a great workout and balance tuner, not to mention a fun way to share the summer sun with others. Be careful, this might be the beginning to your new outdoor addiction! No experience is necessary and all equipment will be provided. **Spokane Parks and Recreation tent at Boulder Beach E Upriver Drive.** $20

39725	Sat.	7/7	11-Noon
39726	Sat.	7/7	12:30-1:30pm
39727	Sat.	7/7	2-3pm
39728	Sat.	7/7	3:30-4:30pm

Tandem Kayak Tour

The best way to experience the Spokane River is with a paddle in your hands and sun on your skin. No experience is necessary, only the desire to paddle. All equipment will be provided. The 60 minute excursion will begin with a 10 minute warm up and instruction before heading out on your Kayak adventure. **Spokane Parks and Recreation tent at Boulder Beach E Upriver Drive.** $15

39729	Sat.	7/7	10-11am
39730	Sat.	7/7	11:30-12:30pm
39731	Sat.	7/7	1-2pm
39732	Sat.	7/7	2:30-3:30pm

Inflatable Whitewater Kayaking

Join FLOW Adventures on an Inflatable Kayak adventure down the Spokane River. Inflatable kayak trips make a terrific alternative to hard-shell kayak tours for those wanting to try something new, but not ready to hop in a kayak. They are incredibly fun, and suitable for anyone in search of adventure, these boats are easy to paddle and maneuver, making them a great choice for novice to expert paddlers. You will be paddling class I & II whitewater. Individual and tandem kayak options are available. Participant under 18 must paddle with a paying adult. **Spokane Parks and Recreation ten at Camp Sekani Festival Grounds 6707 E. Upriver Dr-Parking Area** $20

39735	Sat.	7/7	9am-Noon
39736	Sat.	7/7	1-4pm

Disc Golf Intro Lesson

Team up with an experienced player from Disc Golf Uprising for one hour of fun! You'll learn about: Different types of discs and how they fly, proper stance and grip, disc golf terms, Hyzer vs Anhyzer, Backhand, Forehand, Overhand throws and more! Spokane Parks and Recreation ten at **Camp Sekani Festival Grounds 6707 E. Upriver Dr-Parking Area.** $10

39738	Sat.	7/7	11am-Noon
39739	Sat.	7/7	12:30-1:30pm

follow us on social media!

@spokaneparks

tennis afterschool zone

TAZ is the place to have fun, be active, and learn to play tennis with friends.

register today at:

RecTennis.com/Spokane

*scholarships available

Spring TAZ Programs:

School	Location	Day	Start Date	End Date	Time	Price
Moran Prairie Elementary	Gym	Monday	4/9/18	5/29/18	6:15pm - 7:15pm	$ 64.00
Mullan Road Elementary	Gym	Tuesday	4/10/18	5/29/18	6:15pm - 7:15pm	$ 64.00
Jefferson Elementary	Gym	Wednesday	4/11/18	5/30/18	6:15pm - 7:15pm	$ 64.00
Arlington Elementary	Gym	Monday	4/9/18	5/29/18	6:15pm - 7:15pm	$ 8.00
Finch Elementary	Gym	Tuesday	4/10/18	5/29/18	6:15pm - 7:15pm	$ 64.00
Roosevelt Elementary	Gym	Tuesday	4/10/18	5/29/18	6:15pm - 7:15pm	$ 64.00
Indian Trail Elementary	Gym	Wednesday	4/11/18	5/30/18	6:15pm - 7:15pm	$ 64.00
Lidgerwood Elementary	Gym	Wednesday	4/11/18	5/30/18	6:15pm - 7:15pm	$ 8.00
Balboa Elementary	Gym	Thursday	4/12/18	5/31/18	6:15pm - 7:15pm	$ 8.00

powered by USTA PNW

For info/requests:
AnnElise Anderson
509-991-0696 | anderson@pnw.usta.com

CAMPS

Code Your Own Adventure! Interactive Storytelling

1 week | Ages 8-10yrs. Watch as the characters in your imagination come to life in this unique course that blends classic storytelling with animation techniques and coding. Start with a concept, design the characters, and choose not just one ending, but many! Learn how to create your own text-based adventure games with variables, conditional logic, images, HTML, CSS, and JavaScript. Students will work in pairs or teams for most of the program. **Spokane Community College 1810 N Greene St. Bldg 50**. $199

39792	Mon.-Fri.	6/25-6/29	9am-Noon

Minecraft© Modders

1 week | Ages 8-14yrs. Use your favorite game to learn the basics of modding and foundations of programming. Learn scripting and logic statements as you create your first mods! Introductory coding will also be taught through a simulated environment inspired by Minecraft. Student projects will be available on a password protected Black Rocket website to share with friends and family. To access their project at home students must own a PC/MAC version of Minecraft. Tablet, phone, and game console versions of Minecraft are not compatible. Students will work in pairs or teams for most of the program. Returning students can create more advanced projects that build on previous years. **Spokane Community College 1810 N Greene St. Bldg 50.** $199

39793	Mon.	7/9	9am-Noon

Virtual Reality: The Future is Now

1 week | Ages 8-14yrs. Embark on an EPIC adventure in virtual reality! In this cutting edge class, you will learn the foundations of VR design by creating your own virtual worlds, exploring simulated environments, and crafting memorable 3D experiences. At the end of the week, take home your first cardboard VR headset to show friends and family the new worlds you created. VR projects can be viewed on a website or a mobile device. Students do not need a mobile device to take the class, but to use the VR headset a camper will need access to an Android or Apple mobile device. Students will work in pairs or teams and VR projects will be available on a password protected Black Rocket website to share with friends and family. There is an additional $19 lab fee for the VR headset payable the 1st day of camp. **Spokane Community College 1810 N Greene St. Bldg 50**. $199

39794	Mon.	7/16	9am-Noon

MUSIC

Accordion for Adults

4 weeks | Ages 13+ You can easily learn how to play the accordion using the Australian method that will have you playing and enjoying music right away even if you've never read music or played a musical instrument. Play great-sounding pieces - immediately - from the very first lessons! Call (509) 998-5422 for alternative class times/dates or for accordion use. **Able to Play Music Studio 418 E. Pacific Ave.** $58

38057	Wed.	3/7-3/28	6-6:30pm
38058	Fri.	3/9-3/30	5:30-6pm
39517	Fri.	4/6-4/27	4-4:30pm
39518	Fri.	5/4-5/25	4-4:30pm
39519	Fri.	6/1-6/22	4-4:30pm

Accordion for Children

4 weeks | Ages 6-12yrs. Using a natural & non-traditional approach to learning the accordion gives every student immediate results so they feel like true musicians from the beginning. Left- brain students approach music differently than right –brained students. With our Hetibu method, we are able to help students learn the accordion quickly with language that they understand! Learn with a certified accordion teacher. Call (509) 998-5422 for alternative class times/dates or accordion use. **Able to Play Music Studio 418 E. Pacific Ave.** $58

38420	Thurs.	3/8-3/29	3:30-4pm
38421	Fri.	3/9-3/30	3:30-4pm
39525	Fri.	4/6-4/27	4:30-5pm
39526	Fri.	5/4-5/25	4:30-5pm
39527	Fri.	6/1-6/22	4:30-5pm

Guitar for Adults

4 weeks | Ages 13+ Get immediate satisfaction from your first 4 guitar lessons. Learn chords, simple riffs, melodies and rhythm patterns in a fun way. You'll soon be on your way to playing your favorite songs with confidence. Our guitar teachers teach a variety of styles including rock, blues, metal, country and classical guitar. Call (509) 998-5422 for alternative class times/dates. Bring your own guitar. **Able to Play Music Studio 418 E. Pacific Ave.** $58

39537	Tues.	4/3-4/24	4:30-5pm
39538	Wed.	5/2-5/23	4:30-5pm
39539	Tues.	6/5-6/26	4:30-5pm

Guitar for Children

4 weeks | Ages 6-12yrs. Guitar lessons that motivate and equip students to succeed. Students will learn chords, simple riffs and melodies on their guitar. Our guitar teachers teach a variety of styles including rock, blues, metal, country and classical guitar. As students make quick progress with positive reinforcement, they are motivated to learn and continue enjoying music for their entire life. Call (509) 998-5422 for alternative class times/dates. **Able to Play Music Studio 418 E. Pacific Ave.** $58

39534	Tues.	4/3-4/24	4-4:30pm
39535	Wed.	5/2-5/23	4-4:30pm
39536	Tues.	6/5-6/26	4-4:30pm

Piano for Adults

4 weeks | Ages 13+ Piano lessons that are fun! Easily learn using the fun & unique Australian method that has everyone playing right away. Play real music - immediately - both hands from the very first lessons! These are 'non traditional' lessons that make music enjoyable and attainable for everyone. **Able to Play Music Studio 418 E. Pacific Ave.** $58

38071	Mon.	3/5-3/26	5-5:30pm
38072	Tues.	3/6-3/27	5:30-6pm
38073	Thurs.	3/8-3/29	3-3:30pm
39528	Mon.	4/2-4/23	4:30-5pm
39529	Mon.	5/7-5/28	4:30-5pm
39530	Mon.	6/4-6/25	4:30-5pm

Piano for Children

4 weeks | Ages 7-12yrs. Piano lessons that will make your child smile! Students laughing and having fun is an important part of music lessons at Able To Play Music. As students make quick progress, they are motivated to learn and continue playing music for their entire life. We use the fun & unique Australian method that has everyone playing right away. Play great sounding music - immediately - both hands from the very first lessons! These are 'non-traditional' lessons. **Able to Play Music Studio 418 E. Pacific Ave.** $58

38083	Mon.	3/5-3/26	3:30-4pm
38084	Tues.	3/6-3/27	4-4:30pm
38085	Thurs.	3/8-3/29	4-4:30pm
39531	Mon.	4/2-4/23	4-4:30pm
39532	Mon.	5/7-5/28	4-4:30pm
39533	Mon.	6/4-6/25	4-4:30pm

Sing from the Heart

8 weeks | Ages 18+ Vocal technique and performance workshop. Participants work on repertoire, audience rapport, vocal technique and performance skills with an emphasis on developing individual style and expression. All levels welcome. Individual focus can range from fine tuning vocal technique, working through stage fright, preparing for auditions and polishing professional performances to simply testing the waters as a first-time singer. **The Place on Park 2406 S. Park Dr.** $245

39553	Tues.	4/3-5/22	7-8:30pm

Sing From the Heart for Kids

6 weeks | Ages 6-12yrs. A fun approach for kids to sing individually at the microphone, while developing their own sense of style and presentation. Kids will gain confidence and the ability to be musically creative and self-expressed on stage. **The Place on Park 2406 S. Park Dr.** $125

39557	Tues.	4/10-5/15	4-5pm

Sing from the Heart for Teens

6 weeks | Ages 13-17yrs. Teens will have the opportunity to hone their skills as solo performers. Whether new and shy or experienced as singers, participants will improve their vocal technique and performances skills. Emphasis is placed on drawing out each singer's unique sense of self-expression. **The Place on Park 2406 S. Park Dr.** $125

39555	Wed.	4/11-5/16	4-5pm

Ukulele Beginning Lessons

4 weeks | Ages 16+ Peace, Love, Ukulele! Make new friends and bring joy to your life and to others by making music. Sing and play the live-long day. Ukulele can be used as an accompaniment or solo instrument and it is so portable uke can take it anywhere. It is easy to learn and will keep you smiling! **Everyone Makes Music Comstock Studio 904 W. Comstock Ct.** $66

38509	Fri.	3/2-3/23	Noon-1pm
38510	Wed.	3/7-3/28	Noon-1pm
38511	Wed.	4/4-4/25	Noon-1pm
38512	Fri.	4/6-4/27	Noon-1pm
39459	Wed.	5/2-5/23	Noon-1pm
39460	Fri.	5/4-5/25	Noon-1pm
39461	Fri.	6/1-6/22	Noon-1pm
39462	Wed.	6/6-6/27	Noon-1pm

Ukulele Ensemble

4 weeks I Ages 16+ This group rehearses a variety of musical styles and performs Sing Along Concerts. We learn new chords, styles, and techniques as we go. You only need to know the first position major, minor, and seventh chords and be able to strum a steady beat to join this ensemble. **Everyone Makes Music Comstock Studio 904 W. Comstock Ct.** $66

38127	Tues.	3/6-3/27	Noon-1pm
38513	Tues.	4/3-4/24	Noon-1pm
39463	Tues.	5/1-5/22	Noon-1pm
39464	Tues.	6/5-6/26	Noon-1pm

Ukulele Improvising Workshop

1 day I Ages 16+ Learn the patterns on the ukulele fretboard to easily create your own music - express yourself with Improv! We will cover Blues Improvisation and chord progressions; Pentatonic improvisation and chord progressions; and Drone improvisation and fingerpicking. (Bring a sack lunch!) Available to Beginners thru Advanced. (no musical background required) **Everyone Makes Music Comstock Studio 904 W. Comstock Ct.** $50

39465	Sat.	4/7	10am-2pm

Voice for Adults

4 weeks | Ages 13+ Sign up to start learning how to sing with ease and confidence! Learn how expand your vocal range, develop breath control and tips for tone production. Prepare to have fun and enjoy developing your natural instrument so that you can sing your favorite songs with power. Call (509) 998-5422 for alternative class times/dates. **Able to Play Music Studio 418 E. Pacific Ave.** $58

39543	Tues.	4/3-4/24	6-6:30pm
39544	Wed.	5/2-5/23	6-6:30pm
39545	Tues.	6/5-6/26	6-6:30pm

Voice for Children

4 weeks | Ages 6-12yrs. Developing correct vocal technique for children while having fun is essential. Your child will learn simple warm up exercises, sing fun songs, and understand how to take care of their voice so that they can sing with confidence. Sign them up today to get started! Call (509) 998-5422 for alternative class times/dates. **Able to Play Music Studio 418 E. Pacific Ave.** $58

39540	Tues.	4/3-4/24	5:30-6pm
39541	Wed.	5/2-5/23	5:30-6pm
39542	Tues.	6/5-6/26	5:30-6pm

MARTIAL ARTS

MARTIAL ARTS

Aikido Adult Beginning

4 weeks | Ages 14+ Aikido, a traditional martial art for the modern world. Basic program teaches etiquette, footwork, falls, and basic movement to get started in a safe, supportive, traditional dojo atmosphere. **Aiki Spokane Roshinkan Aikido Dojo 503 E. 30th Ave**. $65

38095	Thurs./Tues.	3/1-3/27	6:30-7:30pm
39655	Tues./Thurs.	4/3-4/26	6:30-7:30pm
39656	Tues./Thurs.	5/1-5/24	6:30-7:30pm
39657	Tues./Thurs.	6/5-6/28	6:30-7:30pm
39658	Tues./Thurs.	7/3-7/26	6:30-7:30pm
39659	Thurs,/Tues.	8/2-8/28	6:30-7:30pm

Aikido Kids Beginning

4 weeks | Ages 6-13 Aikido, a traditional martial art for the modern world. Basic program teaches etiquette, footwork, falls, and basic movement to get started in a safe, fun, supportive atmosphere utilizing age appropriate teaching methods. **Aiki Spokane Roshinkan Aikido Dojo 503 E. 30th Ave.** $65

38098	Thurs./Tues.	3/1-3/27	5-6pm
39650	Thurs./Tues.	4/5-5/1	5-6pm
39651	Thurs./Tues.	5/3-5/29	5-6pm
39652	Tues./Thurs.	6/5-7/3	5-6pm
39653	Thurs./Tues.	7/5-7/31	5-6pm
39654	Thurs./Tues.	8/2-8/28	5-6pm

Kung Fu for Youth

4 weeks | Ages 7-17yrs. Channel your child's inner Shao-Lin Monk! Kung Fu basics taught with positive spirit and atmosphere. This class is open to all backgrounds and any level of fitness. **East West Martial Arts and Body Works 1427 N. Monroe.** $67

38104	Mon./Wed.	3/5-3/28	6:15-7pm
38105	Tues./Thurs.	3/6-4/3	6:15-7pm
39630	Wed./Mon.	4/4-4/30	6:15-7pm
39631	Mon./Wed.	5/7-5/30	6:15-7pm
39632	Tues./Thurs.	4/10-5/3	6:15-7pm
39633	Tues./Thurs.	5/8-5/31	6:15-7pm
39634	Tues./Thurs.	6/5-7/3	6:15-7pm
39635	Mon./Wed.	6/4-6/27	6:15-7pm
39636	Thurs./Tues.	7/5-7/31	6:15-7pm
39637	Mon./Wed.	7/2-7/25	6:15-7pm
39638	Wed./Mon.	8/1-8/27	6:15-7pm
39639	Thurs./Tues.	8/2-8/28	6:15-7pm

Kung Fu Little Dragons

4 weeks | Ages 4-6yrs. The Little Dragons class aims to introduce children to Kung Fu. The class mixes some basic moves for walking, punching, kicking, and simple-set work with games. The focus of this class is to help your child improve balance, coordination, and improve their levels of fitness, all while having fun! Bring water to drink and loads of energy! **East West Martial Arts and Body Works** 1427 N. Monroe. $40

38112	Mon./Wed.	3/5-3/28	5:45-6:15pm
38113	Tues./Thurs.	3/6-4/3	5:45-6:15pm
39640	Mon./Wed.	4/2-4/25	5:45-6:15pm
39641	Thurs./Tues.	4/5-5/1	5:45-6:15pm
39642	Wed./Mon.	5/2-5/28	5:45-6:15pm
39643	Thurs./Tues.	5/3-5/29	5:45-6:15pm
39644	Mon./Wed.	6/4-6/27	5:45-6:15pm
39645	Tues./Thurs.	6/5-7/3	5:45-6:15pm
39646	Mon./Wed.	7/2-7/25	5:45-6:15pm
39647	Thurs./Tues.	7/5-7/31	5:45-6:15pm
39648	Thurs./Tues.	8/2-8/28	5:45-6:15pm
39649	Wed./Mon.	8/1-8/27	5:45-6:15pm

Karate Traditional Okinawan Gu Ryu

4-6 weeks | Ages 6+ This class is open to beginners, those with previous experience, and practitioners of other styles. The content will focus on traditional Okinawan Goju Ryu. The instruction stresses physical conditioning (i.e., cardiovascular endurance, muscular endurance, and flexibility) with a consistent focus on self-defense. It includes specific areas typical of karate practice: standing and moving basics, kata (a set pattern of offensive and defensive moves), and randori (cooperative kumite or sparring practice). The purchase of a Gi (karate uniform) is expected. Gis can be ordered from the instructor ($20 for youth and $30 for adults which includes a patch). **Southside Senior & Community Center 3151 E 27th Ave.** $70

Ages 6-14

39775	Mon./Wed.	2/26-4/4	4:30-5:30pm
39777	Mon./Wed.	4/9-5/9	4:30-5:30pm
39781	Mon./Wed.	5/28-6/27	4:30-5:30pm

Ages 15+

39776	Mon./Thurs.	2/26-4/5	5:45-6:45pm
39778	Mon./Thurs.	4/9-5/10	5:45-6:45pm
39783	Mon./Thurs.	5/28-6/28	5:45-6:45pm

GYMNASTICS

Gymnastics for Tiny Tots

6 Weeks | Ages 18-36 months Parents interact with their children in a structured class where toddlers learn very basic gymnastics skills; including rolls, jumps and balance with a focus on improvement of fine and gross motor skills and ability to follow directions in a fun environment with songs and games. **Spokane Gymnastics 2515 N. Locust Road Spokane Valley.** $99

39660	Fri.	5/18-6/22	10-10:50am

Gymnastics Homeschool

6 weeks | Ages 5-12yrs. Spokane Gymnastics works with individuals as well as various homeschool organizations to provide one hour co-ed gymnastics lessons promoting physical activity and teaching gymnastics skills on all the Olympic Events. We are happy to work with individuals or other alternative school organizations. **Spokane Gymnastics 2515 N. Locust Road Spokane Valley.** $117

Ages 5-8

39755	Fri.	5/18-6/22	1:15-2:05pm

Ages 9-12

39756	Fri.	5/18-6/22	1:15-2:05pm

Gymnastics Introduction

6 weeks | Ages 5-14yrs. Basic gymnastics skills taught on all the Olympic Events: Vault, Balance Beam, Uneven, Horizontal and Parallel Bars, Floor, Rings and Pommel Horse in a fun and encouraging environment. **Spokane Gymnastics 2515 N. Locust Road Spokane Valley.** $117

Ages 5-8

39757	Fri.	5/18-6/22	5-6pm

Ages 9-14

39758	Fri.	5/18-6/22	6:15-7:15pm

Gymnastics Ninja Zone at Spokane Gymnastics

6 Weeks | Ages 3-11yrs. Ninja Zone is a fusion of Gymnastics, Martial Arts, Obstacle Course Training and Freestyle Movement. This class includes combinations of flips, rolls and kicks that are designed to improve total body coordination, build strength and improve agility. Ninja Zone uses your child's energy to create focus! Beyond skill, this class teaches self-confidence, discipline, impulse control, responsibility and instinctual safety. In an effort to promote discipline and unity, Ninja Sport International requires uniforms for all Ninja classes: Ninja Zone T-Shirt - $14.95 and Ninja Headband - $9.95 along with athletic shorts of choice. Uniforms may be purchased at **Spokane Gymnastics. 2515 N. Locust Road Spokane Valley.** $99

Preschool Ages 3-5 yrs Co-Ed

39760	Fri.	5/18-6/22	10-10:50am
39761	Fri.	5/18-6/22	11-11:50am
39762	Fri.	5/18-6/22	4-4:50pm

Boys Level 1 Ages 5-11

39763	Fri.	5/18-6/22	5-6pm
39764	Fri.	5/18-6/22	6:15-7:15pm

Gymnastics Parkour

6 weeks | Ages 8-18yrs. Parkour is the physical discipline of training to overcome any obstacle by adapting one's movements to the environment. One hour 'urban gymnastics' class teaches participants how to negotiate obstacles in the most efficient (and fun) way possible as well as how to jump, land and flip safely. **Spokane Gymnastics 2515 N. Locust Road Spokane Valley.** $117

39759	Fri.	5/18-6/22	7:30-8:30pm

Gymnastics Preschool

6 weeks | Ages 3 & 4yrs. Preschoolers learn fundamental gymnastics in a fun, fast-paced 50 minute co-ed class. At the age when young children become gradually more aware of their bodies and how to control their movements they can learn an accumulation of skills, the social skills necessary to work in a group, and string skills together, mentally and physically. **Spokane Gymnastics 2515 N. Locust Road Spokane Valley.** $99

39661	Fri.	5/18-6/22	11-11:50am
39662	Fri.	5/18-6/22	4:00-4:50pm
39663	Fri.	5/18-6/22	9:00-9:50am

WHAT'S HAPPENING

Gun Safety Introduction

1 day | Ages 14+ The First Shots introductory course teaches the fundamentals of firearms safety, marksmanship and firearms handling. Students will be introduced to these topics and then put the skills in practice using .22LR firearms in a live-fire environment. At the conclusion, students will have an understanding of firearms safety and the many ways to enjoy the shooting sports, allowing them to continue into more advanced firearms classes. Under 18 must be accompanied by parent. **Sharp Shooting Indoor Range 1200 N. Freya St.** $40

38346	Mon.	3/5	6:30-8:30pm
38347	Sat.	3/24	9:30-11:30am
39491	Wed.	3/28	9:30-11:30am
39492	Mon.	5/14	6:30-8:30pm

Wills Preparing Basic

2 days | Ages 18+ Washington residents only. Discussion of the probate process, wills, power of attorney, health care directive and community property agreements. If your estate is under $1,000,000 with no unusual circumstances, a simple Will, Health Care Directive (Living Will), and Durable Power of Attorney can be signed by you and be notarized at the end of the second session. Held at **Gonzaga University Law School, 721 N Cincinnati.** $130/person.

38132	Tues.	3/6 & 3/27	6-8pm

MySpokane 311 for city services
press 3 for recreation

FITNESS

Mindfulness Meditations

4 days | Ages 18+ This class will introduce techniques of deep relaxation, visualization, healing, and connecting to your own energy. Results include: reduced stress, a quieter mind, and more peace in general. Pre event info mailed after registration. **Artistry in Motion 1101 E 2nd Ave, Suite 3.** $60

39607	Sun.	4/29-5/20	7-8pm

Pilates Mat Barre Fusion

6 weeks | Ages 14+ Traditional mat work, body lengthening, stretches, and gentle, toning, floor barre work, comprise East-West's Pilates group sessions. Voted #1 in Pilates two years consecutively, our classes are taught in a friendly, supportive atmosphere. We welcome beginners and those with some experience. Leave the office behind and join us! **East West Martial Arts and Body Works 1427 N. Monroe.** $48

39487	Mon.	4/2-5/7	4:45-5:45pm
39488	Tues.	4/3-5/8	4:45-5:45pm
39489	Wed,	4/4-5/9	4:45-5:45pm

Yoga & Meditation Combo Class

4 weeks | Ages 18+ Learn the practice of meditation through a meditation-based gentle-stretch yoga class, followed by meditation training designed to achieve a deep state of relaxation and a tranquil mind. Reduce anxiety, stress and negative emotions learning to focus your attention and access inner well-being. **Urban Ashram Yoga Studio 918 S. Cedar.** $78

39552	Sat.	4/28-5/19	9-10:30am

Yoga Basic

6 weeks | Ages 16+ Feel great! Classes are designed to meet you where you are. Relax into ever-deepening levels of flexibility, strength and well-being. De-stress and revitalize through yoga asanas, breathing, focusing and relaxation techniques. Appropriate for beginners as well as continuing students. Teacher Robin Marks has more than 20 years' experience teaching yoga from working with athletes to helping those with physical set-backs. **Urban Ashram Yoga Studio 918 S. Cedar.** $65

39546	Tues.	4/3-5/8	5:30-6:30pm
38442	Tues.	3/6-4/10	5:30-6:30pm
39547	Tues.	5/15-6/19	5:30-6:30pm

Yoga Deeper Stretch

6 weeks | Ages 16+ This class offers the same benefits as Basic Yoga but with a little more emphasis on strengthening . Students should be in reasonably good physical condition. Teacher Robin Marks has more than 20 years' experience teaching yoga from training athletes to rehabbing those with physical set-backs. **Urban Ashram Yoga Studio 918 S. Cedar.** $65

39548	Thurs.	4/5-5/10	5:30-6:30pm
38444	Thurs.	3/8-4/12	5:30-6:30pm
39549	Thurs.	5/17-6/21	5:30-6:30pm

Yoga Gentle Stretch

6 weeks | Ages 16+ If you have not exercised for a while, suffer from some of the aches and pains that can accompany life , or you simply want to de-stress in a gentle matter, this is the class for you. Same benefits as Basic Yoga class but gentler. Teacher Robin Marks. **Urban Ashram Yoga Studio 918 S. Cedar.** $65

39550	Sat.	4/7-5/12	9-10am
38446	Sat.	3/10-4/21	9-10am
39551	Sat.	5/19-6/30	9-10am

CARDIO Punch Pass with Stacy

5-10 weeks | Ages 16+ Cardio 5 or 10 punch passes for Cardio and Max HIIT programs. Attend all or either cardio programs. No Class May 28th. **Audubon Park Masonic Lodge 2821 Northwest Blvd**

5 Punch Pass $25

40120	Mon./Thurs.	4/9-6/21	5:30-6:30pm

10 Punch Pass $50

40121	Mon./Thurs.	4/9-6/21	5:30-6:30pm

Cardio Fusion 20/20/20

Ages 16+ Want 60 minutes of a well-rounded and diverse workout class? Well this class is for you! You will never get bored in the class with a balanced mixed of 20 minutes of dance fusion 20 minutes of kickboxing strength training, and 20 minutes of Yoga and Pilates inspired core and toning to round out this POWER of a workout . No prior dance or kickboxing experience required. No Class May 28th. **Audubon Park Masonic Lodge 2821 Northwest Blvd.** $50

40118	Mon.	4/9-6/18	5:30-6:30pm

Cardio Max HIIT with STACY

Ages 16+ 60 minutes of mixed cardio kickboxing, dancing, and strength training will get your heart pumping and your body sweating. This nonstop movement is a full round of fun and energy, with fat burning muscle training! You are guaranteed to get the best cardio workout! This class will include 60 second ALL OUT MAX, high intensity training cardio drills, to push you beyond your limits! Come prepared to get strong, have fun, and see your potential with this incredible workout! **Audubon Park Masonic Lodge 2821 Northwest Blvd.** $50

40116	Thurs.	4/12-6/14	5:30-6:30pm

ADULT SPORTS

VOLLEYBALL

Volleyball League Spring

Ages 18+ | Come and join the fastest growing adult sports league in Spokane! Register today and guarantee your team a spot for the upcoming Spring season. Whether you are a team of seasoned players or new to the game, we have a division for you. We offer Coed 6on6 with various skill levels: A (elite competition), B (high intensity competition), and C (recreational play). We also offer Coed 4on4 and Women's 4on4. **Registration closes: 3/12.**

Activity	Division	Location	Day	Dates	Team Fee
38707	Coed A Division	Chase	Mon	3/26-5/21	$265
38708	Coed B Division	Sac/Glover	Mon	3/26-5/21	$265
38710	Coed 4on4	Shaw	Tues	3/27-5/22	$175
38711	Women's 4on4	Garry	Wed	3/28-5/23	$175
38712	Coed C	Sac	Thurs	3/29-5/24	$265
38713	Coed B	Salk	Thurs	4/5-5/24	$235
38714	Coed C	Salk	Fri	4/6-5/25	$235

Volleyball Open Gym

Ages 18+ | Open to all skill levels on Fridays nights from 6:15 to 9:15pm at **Chase Middle School** (check for potential closures at www.spokaneparks.org/sports). Fee $5/night.

Volleyball Spike & Dig Outdoor League

Ages 18+ | Spokane Spike & Dig and the Spokane Parks & Recreation are teaming together to host this exciting outdoor grass coed 6on6 volleyball league. Games played 6-8PM. Regular season is followed by a season ending tournament. Adult level of play B, and C Divisions. All games played at the **Dwight Merkel Sports Complex - 5701 N Assembly.** **Registration closes: 5/16.**

Activity	Division	Day	Date	Team Fee
39665	Upper (B)	Wed.	5/30-7/11	$349
39666	Lower (C)	Wed.	5/30-7/11	$349

SOCCER

Soccer League

10 weeks | Ages 18+ The SPRD coed soccer league provides adults with an opportunity to compete in a recreational environment. Now in a NEW format: 8-regular season games guaranteed, followed by playoffs for a minimum of 9 games per season. Games are played on Saturdays at the **Dwight Merkel Sports Complex 5701 N. Assembly.** **Registration closes: 3/19.**

Activity	Division	Day	Date	Team Fee
37303	Competitive	Sat.	3/31-6/2	$900
37304	Recreational	Sat.	3/31-6/2	$900
37305	Masters	Sat.	3/31-6/2	$900

FLAG FOOTBALL

Mayhem Flag Football Tournament – Spring

May 18-20 | Ages 18+ The Mayhem is the best Flag Football event in the Northwest! This is a 3-game guaranteed tournament. Register your team in any of the divisions and join the Mayhem! All games will be played at **Dwight Merkel Sports Complex, 5701 N. Assembly.** **Registration closes: 5/7.**

Activity	Division	Date	Team Fee
38519	Elite (8on8)	5/18-5/20	$400
38520	Competitive (8on8)	5/18-5/20	$400
38521	Open (5on5)	5/18-5/20	$250

Flag Football 5on5 SUMMER League

7 weeks | Ages 18+ This is the Summer version of the best Flag Football League of the Northwest! 8-game guarantee, with end of season tournament. League will be highly competitive and fast paced in Upper, Lower, and the all NEW Women's Division. All games will be played at **Dwight Merkel Sports Complex** starting on Sundays 8AM. Register as a team. Free Agents looking for a team, please fill out a form at spokaneparks.org/sports. **Registrations close 6/15.**

Activity	Division	Day	Date	Team Fee
39615	Upper Men's	Su.	6/24-8/5	$230
39616	Lower Men's	Su.	6/24-8/5	$230
39617	Women's	Su.	6/24-8/5	$230

Softball Tournament – Spring Swing

April 13-15 | Ages 18+ Join SPRD in its annual Spring Swing Softball Tournament on 4/13-4/15. Format: double elimination, 3-game guarantee. Coed, Women's and Men's divisions available. Space is limited! All games will be played at **Dwight Merkel Sports Complex 5701 N. Assembly.** Registration closes: 3/30.

Activity	Division	Date	Team Fee
38529	Lower Coed	4/13-4/15	$300
38530	Upper Coed	4/13-4/15	$300
38531	Women's Open	4/13-4/15	$300
38532	Lower Men's	4/13-4/15	$300
38533	Upper Men's	4/13-4/15	$300

Softball Tournament- Summer Shakedown

3 Days | Ages 18+ Finish off your spring/summer softball season by competing in SPRD's annual Summer Shakedown tournament on 8/10-8/12. Format: double elimination, 3-game guarantee. Coed, Women's and Men's divisions available. Space is limited! All games will be played at **Dwight Merkel Sports Complex 5701 N.** Registration closes 7/30.

Activity	Division	Date	Team Fee
39673	Lower Coed	8/10-8/12	$300
39674	Upper Coed	8/10-8/12	$300
39675	Women's Open	8/10-8/12	$300
39676	Lower Men's	8/10-8/12	$300
39677	Upper Men's	8/10-8/12	$300

Softball League – Spring

Ages 18+ | Join us this season for the best softball competition in town and register your team today! SPRD offers a variety of divisions including Men's B, C, & D divisions, Women's open division, Coed C, D, & E division, and Masters 50's & 60's. Play double-header games at the **Dwight Merkel Sports Complex, 5701 N. Assembly or Franklin Park Softball Complex, 302 W. Queen Ave.** Registration closes: 4/16.

Activity	Division	Location	Day	Dates
38324	Coed D	Sun.	4/29-7/1	$900
38325	Coed E	Sun.	4/29-7/1	$900
38326	Men's D	Mon.	4/30-7/2	$900
38328	Men's B	Tues.	5/1-7/3	$900
38329	Men's C	Tues.	5/1-7/3	$900
38330	Masters 50's	Tues.	5/1-7/4	$900
38331	Masters 60's	Wed.	5/2-7/4	$900
38332	Men's D	Wed.	5/2-7/4	$900
38334	Womens	Wed.	5/2-7/5	$900
38335	Coed C	Thurs.	5/3-7/5	$900
38337	Coed D	Thurs.	5/3-7/5	$900
40098	Coed E	Thurs.	5/3-7/5	$900

YOUTH SPORTS

Learn to Skate Lessons

8 weeks | Ages 4+ Perfect for brand new skaters, recreational skaters and skaters looking to advance to figure skating or hockey. Six progressive levels introduce forward and backward skating, stops, edges, crossovers and turns. Taught by Lilac City Figure Skating Club coaches. Includes skate rental and 5 public open skate sessions. **Eagle's Ice-A-Rena, 6321 N. Addison**. $99

39785	Wed.	3/14-5/2	6-7pm
39786	Sat.	4/21-6/16	11:15-12:15pm
39788	Wed.	5/9-6/27	6-7pm

NFL Flag Football Youth

Ages 5-15yrs. This is a SPRD/ NFL Flag partnership! Teams are made up of 5-10 with practices on Tues. and league games on Thurs. Players will receive an official NFL team jersey, as well as an NFL FLAG belt and football. Games played at Dwight Merkel. Practices held at the South-East Sports Complex and Dwight Merkel. **Registration Deadline: May 25.** Go to spokaneparks.org/sports for complete information. Dwight Merkel Sports Complex 5701 N. Assembly. $125

Dwight Merkel NFL FLAG

Activity	Division	Day	Dates	Fee
38386	Coed Ages 5-6yrs.	Tues./Thurs.	6/5-8/9	$125
38387	Coed Ages 7-8yrs.	Tues./Thurs.	6/5-8/9	$125
38388	Coed Ages 9-10yrs.	Tues./Thurs.	6/5-8/9	$125
38398	Boys 9-10yrs.	Tues./Thurs.	6/5-8/9	$125
38399	Girls 9-10yrs.	Tues./Thurs.	6/5-8/9	$125
38389	Boys 11-12yrs.	Tues./Thurs.	6/5-8/9	$125
38390	Girls 11-12yrs.	Tues./Thurs.	6/5-8/9	$125
38401	Boys 13-15yrs.	Tues./Thurs.	6/5-8/9	$125

SE Sports Complex – NFL Flag

Activity	Division	Day	Dates	Fee
38391	Coed Ages 5-6yrs.	Tues./Thurs.	6/5-8/9	$125
38392	Coed Ages 7-8yrs.	Tues./Thurs.	6/5-8/9	$125
38393	Coed Ages 9-10yrs.	Tues./Thurs.	6/5-8/9	$125
38396	Boys 9-10yrs.	Tues./Thurs.	6/5-8/9	$125
38397	Girls 9-10yrs.	Tues./Thurs.	6/5-8/9	$125
38394	Boys 11-12yrs.	Tues./Thurs.	6/5-8/9	$125
38395	Girls 11-12yrs.	Tues./Thurs.	6/5-8/9	$125
38400	Boys 13-15yrs.	Tues./Thurs.	6/5-8/9	$125

YOUTH SPORT CAMPS

Ultimate Sports Camp!

1 week | Ages 6-9yrs. & 10-12yrs. Go ULTIMATE and learn the basics of BMX and skateboarding- and if your child can't ride a bike yet: We will teach your boys and girls how in 5 simple steps! Please contact us or go to our website at www.spokaneparks.org/sports for additional information. **Dwight Merkel Sports Complex 5701 N Assembly.** $139 (*Comstock Park Ultimate Sports Day Camps do not have BMX or Skateboarding, instead campers will spend the afternoon at the Comstock Aquatic Center)*

39472	Mon.-Fri.	6/18-6/22	8am-4pm
39473	Mon.-Fri.	6/25-6/29	8am-4pm
39474	Mon.-Fri.	7/2-7/6	8am-4pm $99
39475	Mon.-Fri.	7/9-7/13	8am-4pm
39476	Mon.-Fri.	7/16-7/20	8am-4pm
39477	Mon.-Fri.	7/23-7/27	8am-4pm
39478	Mon.-Fri.	7/30-7/8/3	8am-4pm
39480	Mon.-Fri.	8/6-8/10	8am-4pm
39479	Mon.-Fri.	8/13-8/17	8am-4pm
39481	Mon.-Fri.	8/20-8/24	8am-4pm

SPOKANE PARKS & RECREATION

CITY OF SPOKANE PARKS & RECREATION

Skyhawks Sports Academy *provides sports programs where children discover and develop athletic skills and social values, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.*

SPRING 2018

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
SOCCER TOUCH						
SSA103376	4/15 - 5/20	Sunday	1:00 p.m. - 1:50 p.m.	5-6	$74	Franklin Park
SSA103378	4/15 - 5/20	Sunday	2:00 p.m. - 2:50 p.m.	6-9	$74	Franklin Park
Skyhawks is the nation's #1 camp for learning the fundamentals of soccer. Using our progressional curriculum, boys and girls will gain the technical skills & sport knowledge required for that next step into soccer.						
FLAG FOOTBALL - SPECIAL CLINIC						
SSA103364	4/16 - 5/21	Monday	6:05 p.m. - 6:55 p.m.	5-7	$94	Indian Trail Elementary
SSA103366	4/16 - 5/21	Monday	7:00 p.m. - 7:50 p.m.	8-12	$94	Indian Trail Elementary
This special 6 week program is designed to teach core football techniques for skilled positions with an element of speed and agility training. This special program features low class ratio and is coached by Mario Williams. Skills developed are the core components of passing, catching, and defense – all in a fun and positive environment.						
FLAG FOOTBALL						
SSA103379	4/25 - 5/31	Wednesday	6:05 p.m. - 6:55 p.m.	5-7	$74	Wilson Elementary
SSA103380	4/25 - 5/31	Wednesday	7:00 p.m. - 7:50 p.m.	8-12	$74	Wilson Elementary
*Boys and girls learn skills on both sides of the football including the core components of passing, catching and defense - all in a fun and positive environment. *Note: Program will be held outdoors weather permitting.*						
BASKETBALL CLINIC						
SSA103374	4/17 - 5/22	Tuesday	7:00 p.m. - 7:50 p.m.	6-11	$74	Audubon Elementary
SSA103382	4/19 - 5/24	Thursday	7:00 p.m. - 7:50 p.m.	6-12	$74	Lincoln Heights Elementary
BEGINNING BASKETBALL CLINIC						
SSA103373	4/17 - 5/22	Tuesday	6:05 p.m. - 6:55 p.m.	4-6	$74	Audubon Elementary
SSA103374	4/19 - 5/24	Thursday	6:05 p.m. - 6:50 p.m.	4-6	$74	Lincoln Heights Elementary
This fun, skill-intensive program is designed for beginning to intermediate athletes. An active session of passing, shooting, dribbling and rebounding makes this one of our most popular programs. Boys and girls will also learn vital life lessons such as respect, teamwork and responsibility.						

The district does not sponsor or endorse this event/information and the district assumes no responsibility for it. In consideration of the privilege to distribute materials, the Spokane School District will be held harmless from any cause of action filed in any court or administrative tribunal arising out of the distribution of these materials, including costs, attorney's fees and judgments or awards.

SPACE IS LIMITED!

REGISTER TODAY»

ONLINE:
www.skyhawks.com

PHONE:
509.466.6590

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(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
VOLLEYBALL						
SSA103375	4/18 - 5/23	Wednesday	6:10 p.m. - 7:00 p.m.	6-12	$74	Browne Elementary
SSA103389	4/18 - 5/23	Wednesday	6:10 p.m. - 7:00 p.m.	6-12	$74	Whitman Elementary
All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting and serving. This program is designed for the beginning and intermediate player. Our staff will assist boys and girls in developing fundamental skills through game-speed drills and daily scrimmages aimed at developing the whole player.						
BASEBALL						
SSA103387	5/09 - 6/13	Wednesday	6:30 p.m. - 7:20 p.m.	7-11	$74	Shadle Park
BEGINNING BASEBALL						
SSA103388	5/09 - 6/13	Wednesday	5:30 p.m. - 6:20 p.m.	5-7	$74	Shadle Park
Boys and girls learn the fundamentals of fielding, catching, throwing, hitting and base running in a fun, positive environment. Athletes learn new baseball skills along with vital life lessons such as respect, teamwork and responsibility.						
LACROSSE						
SSA103385	5/10 - 6/14	Thursday	6:00 p.m. - 6:50 p.m.	6-12	$74	Comstock Park
Lacrosse combines basic skills used in soccer, basketball and hockey into one fast-paced game. Boys and girls will learn the fundamentals of stick handling, cradling, passing and shooting in a fun, non-checking environment.						
MINI-HAWK (SOCCER, BASEBALL & BASKETBALL)						
SSA101390	6/11 - 6/15	Mon-Fri	9:00 a.m. - 12:00 p.m.	4-7	$135	Comstock Park
This multi-sport program gives children a positive first step into athletics. The essentials of each sport are taught in a safe, structured environment with lots of encouragement and a focus on fun. All games and activities are designed to allow campers to explore balance, movement, hand/eye coordination and skill development at their own pace.						
SKYHAWKS SPORTS SAMPLER						
SSA103161	4/21 - 4/21	Saturday	9:00 a.m. - 12:00 p.m.	4-6	$25	Comstock Park
SSA103162	4/21 - 4/21	Saturday	9:00 a.m. - 3:00 p.m.	6-12	$39	Comstock Park
SSA103163	4/28 - 4/28	Saturday	9:00 a.m. - 12:00 p.m.	4-6	$25	Shadle Park
SSA103164	4/28 - 4/28	Saturday	9:00 a.m. - 3:00 p.m.	6-12	$39	Shadle Park
SSA103165	5/05 - 5/05	Saturday	9:00 a.m. - 12:00 p.m.	4-6	$25	Comstock Park
SSA103166	5/05 - 5/05	Saturday	9:00 a.m. - 3:00 p.m.	6-12	$39	Comstock Park
SSA103286	5/05 - 5/05	Saturday	9:00 a.m. - 12:00 p.m.	4-7	$25	Dutch Jake's Mini Park
SSA103167	5/12 - 5/12	Saturday	9:00 a.m. - 12:00 p.m.	4-6	$25	Shadle Park
SSA103168	5/12 - 5/12	Saturday	9:00 a.m. - 3:00 p.m.	6-12	$39	Shadle Park
SSA103169	5/19 - 5/19	Saturday	9:00 a.m. - 12:00 p.m.	4-6	$25	Comstock Park
SSA103170	5/19 - 5/19	Saturday	9:00 a.m. - 3:00 p.m.	6-12	$39	Comstock Park
SSA102772	6/09 - 6/09	Saturday	9:00 a.m. - 12:00 p.m.	4-6	$25	Comstock Park
SSA102773	6/09 - 6/09	Saturday	9:00 a.m. - 3:00 p.m.	6-12	$39	Comstock Park

*Hey Parents! Register your child for one of our new Sport Sampler programs! This one day event will give your child a solid introduction into multiple sports in one setting. This is a great opportunity for your child to check out a sport for the first time or learn some new skills associated with a sport they are already familiar with. We will showcase up to 6 different sport specific stations for your child to rotate through during the day. The sport sampler could include basketball, soccer, baseball, volleyball, golf, and flag football. Please send your child with a lunch, snack and water bottle for the full day program and a water bottle and snack for the half day program. *Sports may vary upon location.*

SKYHAWKS SUMMER CAMPS ARE OPEN FOR REGISTRATION!!

REGISTER ONLINE AT WWW.SKYHAWKS.COM.

SPACE IS LIMITED!

REGISTER TODAY»

ONLINE:
www.skyhawks.com

PHONE:
509.466.6590

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SPOKANE PARKS & RECREATION

CITY OF SPOKANE PARKS & RECREATION

SuperTots Sports Academy *provides sport-based development programs where children discover and develop athletic, motor, and social skills. SuperTots' curriculum is specificially designed to promote development along side a healthy, active lifestyle.*

SPRING 2018

(course)	(dates)*	(days)	(time)	(ages)	(Fee)	(location)
SOCCERTOTS®						
Our flagship program! Playable on almost any surface, these soccer-themed motor skill classes are very easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus, and introduce an element of light competition.						
Teddies / Teddies II	4/11 - 5/30	Wednesday	6:10 p.m. - 6:50 p.m.	18 - 30 months	$116	Hamblen Elementary
Teddies / Teddies II	4/12 - 5/31	Thursday	6:10 p.m. - 6:50 p.m.	18 - 30 months	$116	Mullan Road Elementary
Teddies II / Koalas	4/10 - 5/29	Tuesday	6:10 p.m. - 6:50 p.m.	25 - 36 Months	$116	Westview Elementary
Teddies II / Koalas	4/09 - 6/04	Monday	6:10 p.m. - 6:50 p.m.	25 - 36 Months	$116	Lidgerwood Elementary
Teddies II / Koalas	4/10 - 5/29	Tuesday	6:10 p.m. - 6:50 p.m.	25 - 36 Months	$116	Wilson Elementary
Cubs / Pandas	4/09 - 6/04	Monday	6:10 p.m. - 6:50 p.m.	3 Years	$116	Lidgerwood Elementary
Cubs / Pandas	4/10 - 5/29	Tuesday	6:10 p.m. - 6:50 p.m.	3 Years	$116	Westview Elementary
Cubs / Pandas	4/11 - 5/30	Wednesday	6:10 p.m. - 6:50 p.m.	3 Years	$116	Hamblen Elementary
Cubs / Pandas	4/12 - 5/31	Thursday	6:10 p.m. - 6:50 p.m.	3 Years	$116	Mullan Road Elementary
Pandas / Bears	4/12 - 5/31	Thursday	7:00 p.m. - 7:40 p.m.	3 1/2 - 4 1/2 Years	$116	Mullan Road Elementary
Bears / Grizzlies	4/09 - 6/04	Monday	7:00 p.m. - 7:50 p.m.	4 - 5 Years	$116	Lidgerwood Elementary
Grizzlies / SoccerTouch	4/10 - 5/29	Tuesday	6:10 p.m. - 6:50 p.m.	4 1/2 - 6 Years	$116	Wilson Elementary
Grizzlies / SoccerTouch	4/10 - 5/29	Tuesday	7:00 p.m. - 7:40 p.m.	4 1/2 - 6 Years	$116	Westview Elementary
Bears / SoccerTouch	4/10 - 5/29	Tuesday	6:10 p.m. - 6:50 p.m.	4 - 5 1/2 Years	$116	Moran Prairie Elementary
Bears / SoccerTouch	4/11 - 5/30	Wednesday	7:00 p.m. - 7:40 p.m.	4 - 5 1/2 Years	$116	Hamblen Elementary
VOLLEYKATS™						
A great way to learn the signature sport of summer! One of the more difficult motor skills to grasp for children, these forgiving classes help them learn to bump, set, and spike, as well as developing agility, reaction, speed, and teamwork.						
Panthers	4/10 - 5/15	Tuesday	7:00 p.m. - 7:40 p.m.	5 - 5 1/2 Years	$87	Moran Prairie Elementary

No Classes will be held Monday, May 28th, Memorial Day

SPACE IS LIMITED!
REGISTER TODAY!

ONLINE:
www.SuperTotSports.com

PHONE:
509.534.5437

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(course)	(dates)*	(days)	(time)	(ages)	(fee)	(location)

HOOPSTERTOTS™

Learning basketball has never been more fun! These classes focus on dribbling, shooting technique, passing and team work. Adjustable hoops and appropriately sized basketballs are used to always provide just the right amount of challenge.

Froggies / Froggies II	4/10 - 5/29	Tuesday	6:10 p.m. - 6:50 p.m.	3 Years	$116	Balboa Elementary School
Froggies / Froggies II	4/11 - 5/30	Wednesday	6:10 p.m. - 6:50 p.m.	3 Years	$116	Roosevelt Elementary
Rabbits / Kangaroos	4/10 - 5/29	Tuesday	7:00 p.m. - 7:40 p.m.	4 - 5 1/2 Years	$116	Balboa Elementary School
Rabbits / Kangaroos	4/11 - 5/30	Wednesday	7:00 p.m. - 7:40 p.m.	4 - 5 1/2 Years	$116	Roosevelt Elementary

CHEERTOTS™

Children in these high-energy classes learn far more than just core cheer concepts and techniques; they also explore their personal expression, agility, rhythm, and teamwork. It is a great way to build self-confidence happiness with others!

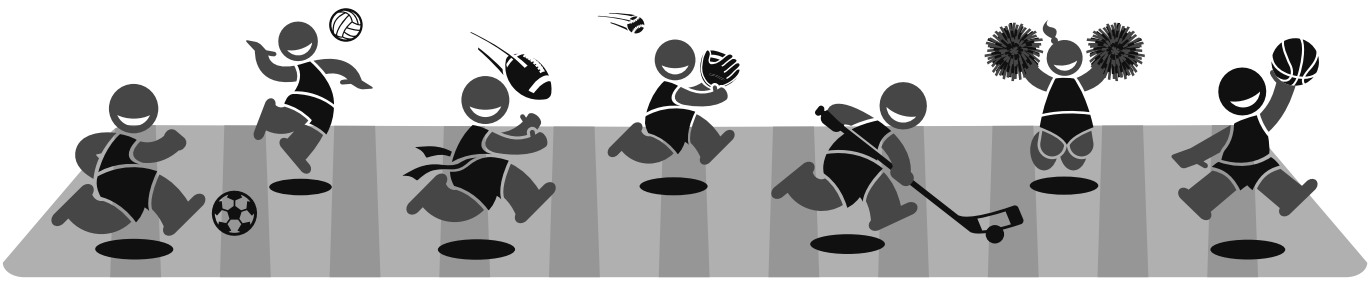
Bluebirds II / Robbins	4/10 - 5/15	Tuesday	6:10 p.m. - 6:50 p.m.	3 1/2 - 4 1/2 Years	$87	Westview Elementary
Bluebirds II / Robbins	4/11 - 5/16	Wednesday	5:40 p.m. - 6:20 p.m.	3 1/2 - 4 1/2 Years	$87	Jefferson Elementary School (Previous facility)
Robbins II / Eagles	4/10 - 5/15	Tuesday	7:00 p.m. - 7:40 p.m.	4 1/2 - 6 Years	$87	Westview Elementary
Robbins II / Eagles	4/11 - 5/16	Wednesday	6:30 p.m. - 7:10 p.m.	4 1/2 - 6 Years	$87	Jefferson Elementary School (Previous facility)

MULTI-SPORT

These multi-sport programs give children a positive first step into athletics. The essentials of each sport are taught in a safe, structured environment with lots of encouragement and a focus on fun. All games and activities are designed to allow kids to explore balance, movement, hand/eye coordination and skill development at their own pace.

Baseball, Basketball	4/12 - 5/17	Thursday	6:10 p.m. - 6:50 p.m.	3 - 4 Years	$87	Willard Elementary (Near Shadle High School)
Baseball, Basketball	4/12 - 5/17	Thursday	7:00 p.m. - 7:40 p.m.	4 - 5 1/2 Years	$87	Willard Elementary (Near Shadle High School)

No Classes will be held Monday, May 28th, Memorial Day



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DANCE, MUSIC & THEATRE

TRS Day at the Theatre

1 day | Ages 16+ Come with us as we delight in the entertaining theatre productions put on by our local Spokane Childrens Theatre(SCT) and Christian Youth Theatre(CYT) Spokane. $24

Snow White

This bewitching dramatization of the fairy tale by the Brothers Grimm has all the favorite characters: beautiful Snow White and her father, the good-hearted king; her stepmother, the wicked queen who likes to admire herself as she chants, "Mirror, mirror on the wall, who's the fairest of them all;" the dwarfs and of course the gallant, handsome prince. Meet at **SCT, 2727 N. Madelia St. #5**. $24

39911 Sun. 4/22 1:45-4pm

Oliver

The Tony and Olivier Award-winning show is one of the few musicals to win an Academy Award for Best Picture and is widely hailed as a true theatrical masterpiece by actors and audience members alike. Meet at **SCT, 2727 N. Madelia St. #5.** $24

39912 Sat. 5/19 1:45-4pm

Disney's Little Mermaid

Based on one of Hans Christian Andersen's most beloved stories and the classic animated film, Disney's The Little Mermaid is a hauntingly beautiful love story for the ages. Ariel, King Triton's youngest daughter, wishes to pursue the human Prince Eric in the world above, bargaining with the evil sea witch, Ursula, to trade her tail for legs. But the bargain is not what it seems, and Ariel needs the help of her colorful friends, to restore order under the sea. Meet at **CYT, Bing Cosby Theatre. 901 W. Sprague Ave.** $24

39913 Sat. 5/26 2:45-5:30pm

TRS Musical Production

4 weeks | Ages 15 + This year's musical will be High School Musical Mash. No new participants will be added this quarter. They will have the opportunity to improve communication and socialization skills. The quarter will end with the participants putting on a show at Rogers High School. **Ridgeview Elementary, 5610 N. Maple.** $43

39956 Mon./Wed. 4/9-5/9 6:30-8pm

*Please do not use paratransit services for dress rehearsal and performance nights if possible.

TRS Musical Dress Rehearsals

At: **Rogers High School, 1622 E. Wellesley**

Mon./Wed. 5/14 & 5/16 6:45-8:45pm

TRS Musical Performance Night

At: **Rogers High School, 1622 E. Wellesley**

Fri. 5/18 6:30-9pm – Actual Show time: 7-8:30pm

TRS Sundancers Squaredancing

8 weeks | Ages 15+ Do you want to learn how to square dance or improve your existing skills? Participants should know left and right, ability to follow simple directions, and have a good attention span. **Shaw Middle School, Cafeteria, 4106 N. Cook.** $33

Beginners

Meet the second and fourth Tuesdays of the month. April 10, 24, May 8, 22

39957 Tues. 4/10-5/29 6:30-8pm

Performers

Meet the first and third Tuesday of each month. They are welcome to come the second and fourth Tuesday to help with the beginners. Performance night is the 3rd Tuesday of the month. Pick up time is 9pm.

39958 Tues. 4/10-5/29 6:30-8pm

TRS Drum & Dance

3 weeks | Ages 14+ Whether you want to dance or just drum, join us for this combo class, using music and movements from The Nia Technique®. Increase your awareness of the rhythms in music, and the way your body moves. Experience the joy in improving your body and mind. Participants can be sitting or upright. Please wear comfortable clothing and closed toe shoes for dancing. Meet at **West Central Community Center, 1603 N. Belt, Mason Rm.** $22

39924 Mon. 4/16-4/30 4:30-5:30pm

39925 Mon. 5/7-5/21 4:30-5:30pm

SOCIALIZATION

TRS Classy Crafts

4 weeks | Ages 16+ Explore your creative side and make a variety of beautiful and meaningful crafts each week. Participants will have the opportunity to improve skills such as fine motor, socialization and communication. **Sinto Senior Activity Center, 1124 W. Sinto,** dining room. $41

39909 Thurs. 4/12-5/3 7-8:15pm

39910 Thurs. 5/10-5/31 7-8:15pm

39923 Thurs. 6/7-6/28 7-8:15pm

TRS What's Cooking

4 weeks | Ages 16+ Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. **Southside Senior Activity Center, 3151 E. 27th Ave.-kitchen.** $51

39961 Tues. 4/10-5/1 4-6pm

39962 Tues. 5/8-5/29 4-6pm

39963 Tues. 6/5-6/26 4-6pm

TRS Friday Night Jam

1 day | Ages 18+ Come rock and swing at Spokane's oldest on-going nightclub for people with developmental disabilities. If participants require direct supervision then care providers need to attend. Second Friday each month. **West Central Community Center, 1603 N. Belt.** $7

April- Fiesta

Dress in red, green and yellow.

39930 Fri. 4/13 7-9pm

June-Western Roundup

Dress in your favorite western outfit...Flannel shirts, boots, and cowboy hats or buckles. See ya'll there.

39931 Fri. 6/8 7-9pm

SPORTS SKILLS & LEAGUES

TRS Adult Softball

9 weeks | Ages 18+ Fresh air, sunshine and playing softball with friends in a recreational setting. Meet at **Shadle Park, northwest corner of Shadle HIgh off of Ash,** $44

39969 Mon./Wed. 6/11-8/1 6:30-8pm

TRS Play Ball

14 weeks | Ages 12 -18yrs. This program is for those who are ready for more of a challenge. They will work on preparation and skill development in actual game situations. We are looking for parents/adults to play to enhance the game. Meet at **Chief Garry Park, Mission & Regal. Field A.** $50

39970 Fri. 5/4-8/3 6-8pm

TRS Powerlifting

21 weeks | Ages 17+ For persons with developmental disabilities who are serious about lifting with free weights and universal gym equipment. Ability to stay on task and follow directions with minimal assistance. **North Central High School 1600 N. Howard weight room.** This is winter and spring quarter combined. $106

38628 Thurs./Tues. 1/4-5/31* 6:30-7:30pm

*no Class 4/3, 4/5

If competing in Special Olympics a current AFP must be on file with TRS by April 1.

*Regional Competition May 5 at EWU

SOWA Summer Games Ft. Lewis June 1-3.

TRS Swimming

9 weeks | Ages 8+ For people with developmental disabilities who want to swim competitively or for a good workout. Ability to swim 75 yds. without assistance and with rhythmic breathing. **Whitworth University Aquatic Center, 300 W. Hawthorne.** $49

Blue Dolphin Swim Team

If competing in Special Olympics a current AFP must be on file with TRS by April 1, 2018. *no swim May 20. Regional swim meet at EWU Cheney, WA Saturday May 5. SOWA Summer Games in Federal Way June 1-3, 2018

39971 Sun. 4/8-5/27 2:15-3:45pm

TRS Swimming - Learn to Swim

9 weeks | Ages 8+ Learn to swim while having fun in the water. A fun way for kids of all ages with disabilities to learn good swim technique, especially if they want to be competitive later. Each swimmer is requested to have a helper get in the water to help with games and activities. There will be two levels. **Whitworth University Aquatics Center, 300 W. Hawthorne.** $49

Beginner

Individuals will learn how to face float, back float, kick with floats and learn the crawl stroke with rotary breathing. Elementary back stroke and back crawl will be taught with the goal to be able to do for 20 yards.

39973 Sun. 4/8-5/27 *no swim May 20 3-3:45pm

Intermediate

Individuals who have mastered the Beginner skills and are ready to move on Skills worked on will be distance swimming, breast stroke, butterfly, diving, simple turns and deeper water experience.

39974 Sun. 4/8-5/27 *no swim May 20 2:15-3pm

FITNESS & WELLNESS

TRS Hiking

1 day | Ages 16+ Discover the beauty of local Spokane areas. Participants must be able to follow directions, stay with a group and be in good physical condition to do 3-6 miles of strenuous hiking. Bring a lunch. **Sinto Senior Activity Center, 1124 W. Sinto, parking lot.** $17

Riverside State Park

We will be exploring the Bowl and Pitcher Area which includes crossing a suspension bridge over the Spokane River.

39952 Sun. 4/29 9am-2pm

Little Spokane River

We will start our hike at the Painted Rocks trail head. We will hike along the Little Spokane River. This area is full of wildlife.

39953 Sun. 5/20 9am-2pm

Turnbull Wildlife Refuge

At various times of day you can see/hear otter, beaver, deer, owl, porcupine, and coyote, but mostly bird wildlife such as turkey, ducks, and geese.

39954 Sun. 6/17 9am-2pm

TRS Walking - Let's Get Moving

6 weeks | Ages 14+ If you enjoy the outdoors, exercise and socializing with friends a weekly stroll in the Mission Park Neighborhood is for you. We will divide the group into slow and fast walkers. Please wear comfortable, loose clothing such as sweats and sturdy walking shoes. Meet at **Mission Park parking lot, Mission & Perry.** $36

39959 Wed. 4/18-5/23 4:30-5:30pm

TRS Fishing Frenzy Clear Lake Military Resort

1 day | Ages 13+ Join us for a day of fishing on Clear Lake. It is a 'Free Fishing Weekend' in WA so Michael and Joshua Marro will be sponsoring this event for TRS. Fishing poles, tackle and bait will be provided. Bring $10 for a lunch of hamburger/hotdog, chips, soda and dessert. **Meet at Sinto Senior Activity Center, 1124 W. Sinto parking lot.** $21

39967 Sat. 6/9 8:15am-2pm

TRS Rafting-Upper Spokane

1 day| Ages 14+ See our own Spokane River as it winds through the Valley. This trip operated by Wiley Waters has a touch of Whitewater and is a great introduction to rafting. Participants should be comfortable in the water. Registration deadline: Jun 13. Meet at **Sinto Senior Activity Center,1124 W. Sinto.** $46

39968 Sat. 6/16 12:30-5pm

TRS Riverside State Park Overnight

2 days | Ages 18+ Early season overnight campout at Riverside State Park is something you won't want to miss! We'll sleep in tents, roast hot dogs, play volleyball and frisbee, go for hikes, and relax while enjoying the outdoor scenery. A tasty outdoors dinner and breakfast is included. Meet at **Riverside State Park Bowl and Pitcher area.** $49

39966 Sat. 5/12 Arrive at 1pm

Sun. 5/13 Depart 11am

TRIPS & TOURS

TRS Cat Tales

1 day | Ages 18+ Lions and tigers and bears, oh my… but wait there is more…leopards and jaguars and servals and pumas and reptiles and… We will take a tour with zoo staff. Bring money to buy ice-cream after event. **Sinto Senior Activity Center, 1124 W. Sinto, parking lot.** $19

39907	Sat.	4/21	1-5pm

TRS Dessert Delight

1 day | Ages 16+ If you have a sweet tooth and enjoy desserts come with us as we visit a variety of Spokane eateries. Transportation provided from **Sinto Senior Activity Center, 1124 W. Sinto, parking lot.**$12 (Does not include cost of food).

Coldstone - Ice cream, sorbet, shakes and frozen yogurt.

39918	Thurs.	4/26	7-9pm

Luigi's - Rich chocolate cake and ice cream.

39919	Thurs.	5/17	7-9pm

Didiers - Creamy yogurt and espresso shakes.

39920	Wed.	6/6	7-9pm

TRS Fine Dining

1 day | Ages 18+ Do you like getting dressed up and going out? Come with us and experience the culinary delights of Spokane's finest restaurants! Staff will help in the selection and purchase of a meal. Participants will have the opportunity to improve social, communication, and etiquette skills. Transportation provided from **Sinto Senior Activity Center, 1124 W. Sinto.** $15 (Does not include cost of food).

Mod Pizza - Create your own pizza featuring 10 top pizza combinations.

39926	Thurs.	4/12	6-9pm

Olive Garden - Pasta, chicken, salad & breadsticks

39928	Wed.	5/9	6-9pm

Monroe St. Grill- down home American Grub - Dishing up wings & other American pub grub amid lots of large-screen TVs.

39927	Thurs.	5/24	6-9pm

Hop Jacks - A Neighborhood Gathering Place. Yummy mac n cheese, burgers and more.

39929	Wed.	5/30	6-9pm

TRS Friday/Saturday Fun

1 day | Ages 18+ If your Friday/Saturday nights are dull check out these fun nights. Participants are responsible to bring the suggested amount of money listed. Sign-up fee covers transportation, staff, tickets and sometimes food. Staff ratio is 1:4-6. Participants will have the opportunity to practice socialization skills such as making choices, handling money, following directions and getting along within a group. Fee and meeting location varies.

Bowling & Pizza

Meet us at **North Bowl** for an afternoon of bowling and pizza. Fee includes everything so extra money is not required for this outing. **125 W. Sinto**. $27

39944	Sat.	4/14	1:30-4pm
39938	Sat.	6/30	1:30-4pm

Gonzaga Baseball

We will watch the Gonzaga baseball team play Loyola Marymount. Meet at the **Patterson baseball complex.** $22

39948	Fri.	4/27	5:45-9pm

Shrine Circus

This is the 63rd Shrine Circus which features quality family entertainment with an upgraded new circus and variety of shows. We have purchased reserved seating so will be closer to the action. Meet at former **University Mall Parking Lot-10210 E. Sprague.** $29

39937	Sat.	4/28	2:30-5:30pm

Movie & Burger

We will head to Northtown Mall or River Park Square, eat dinner, and see a movie. Be sure to bring $15 for dinner. Meet at **Sinto Senior Activity Center, 1124 W. Sinto-Parking Lot.** $26

39939	Fri.	5/11	5:30-10pm

Manito Park

One of Spokane's gems is Manito Park. Join us as we walk through the park enjoying the beautiful Duncan, Perennial and Japanese Gardens and smell the beautiful roses on Rose Hill. Bring a minimum of $10 to purchase dinner at the Park Bench Cafe which offers a nice variety of foods and outside dining. Meet at **Mirror Pond.** $14

39949	Fri.	6/22	5:45-8:15pm

Spokane Indians Baseball

The Indians play the Boise Hawks. Fireworks night. We will be in box seats. Bring $10 for dinner/snacks. Meet at **Avista Stadium, front gate.** $26

39945	Fri.	6/15	6-10pm
	- Indians vs Boise Hawks. Fireworks night!		
39947	Fri.	7/27	6-10pm
	- Indians vs. Hillboro Hops. Fireworks night!		
39942	Fri.	8/24	6-10pm
	– Indians vs. Salem-Keizer Volcanoes. Fireworks night!		

Wallowa Lake Camping Adventure Summer Trip

5 days | Ages 18+ Tent camping at beautiful Wallowa Lake State Park, located in the Eagle Cap Wilderness of northeast Oregon. Campground is equipped with: shower facilities, campfire programs and beach access. Souvenir shopping, arcades, bumper boats and go karts are easy walking distance from our campsite. For more information to come! $579

40102 8/19-8/23 Sun. – Thurs. Depart @ 8am – Return @ 6pm

NORTHEAST YOUTH CENTER

Before School Camp & After School Care

Weekly |K-6TH Grade Looking for an affordable, fun and quality before & after school program for your child? We will feed your child breakfast, provide homework help and activities before transporting them school. After school we will pick them up and bring them back to the center for a full meal before providing recreation activities, computer time, arts & crafts, field trips and homework help! Register at the **Northeast Youth Center 509-482-0708, State pay accepted-Immunization records required. Northeast Youth Center 3004 E. Queen Ave.**

Mon.-Fri. 6am – 8:30am & 3pm – 6pm 1/1-6/14

Early Learners Academy (Preschool)

Weekly |3-5yrs. Looking for an amazing recreation based preschool program that offers a variety of fun educational and recreational activities so your child can learn develop and are prepare to be a step ahead for Kindergarten? We will keep them busy throughout the day with a creative curriculum taught by our certified preschool teacher, gym class/outdoor time from our recreation activity specialist and engage them in our science program. Register at the Northeast Youth Center 509-482-0708, State pay accepted-Immunization records required. **Northeast Youth Center 3004 E. Queen Ave.** $154/per week

Mon.-Fri 6am-6pm 1/1-6/14

20th Annual Beyond Pink Barbie Party

1 Day |Ages 4+ Join us for our 20th Annual Beyond Pink Barbie Party! Get caught up in the magic with riding in a limo, getting glammed up, crafts, dancing, the amazing Chocolate fountain, photo both, a special lunch for you and your friends plus so much more fun! CenterPlace 2426 N. Discovery Place Cost $34.00 To register please call the **Northeast Youth Center** at 509-482-0708

Sun. 11:30 am – 1:30 pm 5/20

Spring Break Camp

1 Week |Ages 3+ Are you looking for a quality and affordable licensed camp for your child during Spring Break? Look no further... We are offing an amazing camp full of recreation activities, arts & crafts, sports, cooking classes and field trips! Register at the Northeast Youth Center 509-482-0708, State pay accepted-Immunization records required. **Northeast Youth Center 3004 E. Queen Ave.** $154/per week

Mon.-Fri 6am-6pm 4/2-4/6

TAE-KWON-DO

Monthly |Ages 8+ This class is designed to focus on fitness, flexibility, coordination, strength and self-defense techniques. The instructors are committed to giving back to the community to help those in need of food by requesting each participant pay for classes with only 2 cans of food per month. Information call the **Northeast Youth Center** 509-482-0708 Cost: 2 cans of food per month. 1/1-6/14

Mon. & Wed. Beginners 6:30-8pm

Fri. Advanced 6:30-8pm

CORBIN SENIOR CENTER

Senior Community Health Fair

Sat. April 7 |Adult +

Corbin Senior Activity Center will host it's annual Senior Health Fair at the Corbin Senior Center. Over 70 vendors from the health community oriented towards serving seniors will be present to offer vital information to Spokane's Senior community. This includes retirement communities, home care agencies, health care providers, medical device providers, financial planners and more. Lunch will be available for purchase and the event is free to seniors and their families. **Corbin Senior Center, 827 W. Cleveland Ave.**

9:00 am to 2:00 pm

Corbin Mother's Day High Tea

Fri. May 11 |Adult +

Join your friends at Corbin to celebrate the mothers of Spokane's Senior Community during this annual high tea event. Delicious tea will be served along with scones, gourmet sandwiches and fruit. Entertainment will be provided by the Strolling Strings. Gorgeous special hats in keeping with a high tea are optional, but most certainly welcome. Cost is $15 in advance. **Corbin Senior Center, 827 W. Cleveland Ave.**

1:30 pm

SOUTHSIDE CENTER

Ballroom Dance Class with Melissa Finke

4 weeks | Ages 18+ Join us at Southside Community Center for ballroom dance lessons. Classes for beginning and advanced dancers. For more information contact Melissa at 509-993-1204 or go to www.DanceClassSpokane.com.

Southside Community Center, 3151 E 27th Ave. $35 for singles, $65 for couples.

Tues. 6pm Beginners lesson, 7pm. Advanced lesson

Jundokan Karate Classes

6 weeks |Ages: 6-14yrs. & 18+ Jundokan karate class is suitable for beginners. Instructor, Mary Roe, has national and international experience. Classes are held in 6 week sessions. For additional Information Contact the Instructor at 480-338-9131. **Southside Community Center, 3151 E 27th Ave.** $70

Mon., Wed. & Thurs. 5:45 p.m.

HILLYARD SENIOR CENTER

A Haunted History of Spokane By Chet Caskey

1 day | 50+ | Join local social historian and Ghostologist Chet Caskey for a private two-hour bus tour of the Ghost Venues and Paranormal. Sights include the historic old Davenport Hotel, the Our Lady of Lourdes Cathedral, the Masonic Temple, and haunted buildings throughout the downtown area. The Monaghan Mansion on the Gonzaga University campus was reportedly so haunted in the 1970s an exorcism was performed. Don't miss out on this spooky adventure. Trip includes transportation, escort, and guide. **Hillyard Senior Center, 4001 N. Cook St, Spokane WA 99207** $15

Tues. 4/17 1:30pm – 4pm

North Spokane Farm Museum

1 day | 50+ | "The Red Shed" is considered a "teach and touch," museum which displays farm machinery and farm artifacts from 1850-1950. All equipment is painstakingly researched and restored to its near original splendor. Once a year at noon on the 4th Saturday of June, the equipment is demonstrated with a new specialty chosen each year. Other featured displays are a working 50's kitchen, a 40's bedroom, a 20's kitchen, and the largest collection of Ironstone China in the Pacific Northwest with more than 36 sets from 1850 to 1976. After the tour, we will have lunch at Rosauers Family Restaurant (on your own.) Trip includes transportation, escort, and admission. **Hillyard Senior Center, 4001 N. Cook St, Spokane WA 99207** $15

Mon. 5/7 10am – 2pm

Lake Coeur D'Alene Scenic Cruise

1 day | 50+ | Learn about the lake, watch wildlife, view secluded lake homes along the shore, and cruise alongside the world's only floating golf green. The boat cruise is a fascinating mix of scenery, local history, and wild life watching. You'll hear a narration that highlights points of interest. Cruise is from 2:30 pm to 4pm. Trip includes transportation, escort, and admission. **Hillyard Senior Center, 4001 N. Cook St, Spokane WA 99207** $35

Mon. 5/21 1:15pm – 5pm

Combine Demolition Derby

1 day | 50+ | This is the nation's premier combine demolition derby, held in Lind, WA! Local area farmers and businesses decorate their old retired combines for the competitive onslaught. There will be a parade in the morning and delicious BBQ stalls set up around the area for lunch (on your own). Combine Derby begins at 3pm. Trip includes transportation, escort, and admission. **Hillyard Senior Center, 4001 N. Cook St, Spokane WA 99207** $36

Sat. 6/9 9am – 6pm

SINTO SENIOR CENTER

Rose Lake Restaurant-Old Mission State Park

1 morning | Ages 18+ Seventeen varieties of cookies await at this home style restaurant then a stop at the oldest mission in Idaho. Meal NOT included. Call to sign up 327-2861. **Sinto Senior Center, 1124 W Sinto Ave, Spokane, WA** Member $28 / Non-Member $33

Fri. 4/20 9:30am-2pm

Dayton and Palouse Falls State Park

1 day | Ages 18+ Come with us on a driver through the Palouse. We'll lunch in Dayton then travel to see Palouse Falls. Afterwards we'll travel the byways of Washington to Ritzville with a stop for dinner if anybody is interested. Meals NOT included. Call to sign up 327-2861. **Sinto Senior Center, 1124 W Sinto Ave, Spokane, WA** Member $55 / Non-Member $60

Tues. 4/24 9-6pm

Moscow & Pullman Day Trip

1 day | Ages 18+ Let's explore the sights of both Moscow and Pullman. We'll visit the Appaloosa Horse Museum, lunch at Gambino's, visit the McConnell House then travel to Pullman for ice cream and Cougar Gold at Fernidands. A fun "get out of town" adventure! Meals NOT included. Call to sign up 327-2861.
Sinto Senior Center, 1124 W Sinto Ave, Spokane, WA Member $35 / Non-Member $40

Thurs. 5/31 9:30am-5pm

3 Mountain Tour: Mt Rainer, Mt St Helens & Mt Hood

4 nights & 5 days | Ages 18+ The first day is traveling across the state to the west entrance of Mt. Rainer National Park. We will explore the park the second day and end up that night near Mt. St. Helens, our exploration destination for day 3. That night will take us to Oregon and a stay at a garden resort near Silver Creek Falls. Day 4 will be a leisurely drive to Timberline Lodge around Mt. Hood. The stay that night will be in Hood River then Friday it is back to Sinto with a stop in the Tri-cities at the always popular Country Mercantile. Cost includes transportation, escort, park entry (bring your nation park pass if you have one!). Meals are NOT included but some hotels have included breakfast.
Sinto Senior Center, 1124 W Sinto Ave, Spokane, WA Member $735 double, $1130 single / Nonmember add $50

Mon. – Fri. 6/25-6/30

Depart Monday 8:30am – Return estimated Friday 5pm

CITY OF SPOKANE PARKS & RECREATION	Shelter	Play Equipment	Restroom	softball/baseball	Picnic Area	Splash Pad	Aquatic Facility	Tennis	Basketball	Disc Golf	BMX Track	Soccer
A.M. Cannon Park - N. Elm St.	x	x	x	x	x	x	x	x	x			
Audubon Park - 3405 N. Milton St.		x	x	x	x	x			x			
Ben Burr Park - 4401 S. Havana St.	x	x	x		x				x			
Byrne Park - 125 E. Walton	x	x	x		x				x			
Camp Sekani Park - 6707 E. Upriver Dr.			x									
Cannon Hill Park - 1831 W. 19th Ave.		x	x	x	x							
Chief Gary Park - 2515 E. Sinto Ave.	x	x	x	x	x	x			x			
Clark Park - 3922 N. Normandie St.	x	x	x	x	x							
Cliff Park - 426 W. 12th Ave.												
Coeur d'Alene Park - 2195 W. 2nd. Ave.	x	x	x		x	x			x			
Comstock Park - 601 W. 29th Ave.		x	x	x	x		x	x	x			
Corbin Park - 2914 N. West Oval St.		x	x	x	x			x	x			
Courtland Park - 3514 N. Stone St.			x	x	x							
Cowley Park - 602 N. Division St.		x	x		x							
Downriver Park - Pettet & Ft. Wright Dr.										x		
Dutch Jakes Park - 2104 W. College Ave.	x	x			x				x			
Dwight Merkel Sports Complex - 5071 N. Assembly St.	x	x	x	x	x	x		x	x		x	
Edwidge Woldson Park - 525 W. 7th Ave.												
Emerson Park - 116 W. Alice Ave.		x		x	x							
Fairview Park - 3004 N. Dakota St.		x										
Finch Arboretum - 1299 S. "F" St.			x									
Franklin Park/Sports Complex - 302 W. Queen Ave	x	x	x	x	x	x	x	x				
Friendship Park - 631 E. Greta Ave.	x	x	x	x	x	x	x	x				
Glass Park - 627 E. Heroy Ave.	x	x	x	x	x	x						
Glover Field Park - 216 N. Cedar St.		x		x	x				x			
Grandview Park - 3203 W. 17th Ave.		x	x		x	x			x			
Grant Park - 1015 S. Arthur St.	x	x	x	x	x	x		x	x			
Hamblen Park - 37th and Crestline	x				x							
Harmon-Shipley Park 6018 N. Regal St.	x	x	x	x	x	x		x	x			
Hays Park - 1812 E. Providence Ave.		x	x	x	x							
Heath Park - 613 E. Mission Ave.		x		x	x				x			
High Bridge Park - 136 S. A St.	x	x	x		x					x		
Hill N'Dale Rotary Park - 502 E. Jay Ave.		x	x									
Hill Park - 42527 E. Nebraska Ave.		x	x		x							
Indian Trail Park - 7007 N. Flemming St.	x	x	x		x							
Kehoe Park - 4903 N. Nelson St.	x	x			x							
Liberty Park - 302 S. Pittsburg St.	x	x	x	x	x		x	x	x			
Lincoln Park - 2300 E. 17th	x	x	x	x	x							
Logan Peace Park - 2535 N. Morton St.		x										
Loma Vista Park - 5804 N. Alberta St.		x			x							
Manito Park - 1702 S. Grand Blvd.	x	x	x	x	x	x		x				
Meadowglen Park - 10890 N. Indian Trail Rd.												
Minnehaha Park - 400 E. Fredrick Ave.		x	x	x				x				
Mission Park - 1208 E. Mission Ave.	x	x	x	x	x	x		x				
Nevada Park - 3933 E. Courtlans St.		x	x	x	x	x						
Pacific Park - 5211 W. Lowell Ave.		x	x	x		x			x			
Parkwater Park - 5428 E. Commerce Ave.		x	x		x				x			
Peaceful Valley Park - 1602 W. Water Ave.	x	x	x		x			x	x			
Polly Judd Park - 1802 W. 14th Ave.		x	x		x							
Rochester Heights Park - 1801 E. Everett Ave.		x	x	x	x	x						
Ruth Park - 6011 N. Calispel St.		x	x		x							
Shadle Park - 4302 N. Belt St.	x	x	x	x	x	x	x					
Sky Prarie Park - 8501 N. Nettleton Ct.	x	x	x	x	x			x				
Southeast Sports Complex - 2700 E. 46th Ave.		x	x	x	x							x
Sterling Heights Park - 27th & Cumberland												
Stone Park - 2304 E. Desmet Ave.		x	x		x							
Thornton Murphy Park - 3105 E. 27th Ave.	x	x	x	x	x	x			x			
Underhill Park - 2910 E. Hartson Ave.		x	x	x	x			x	x			
Upriver Park - Upriver Drive & Boulder Beach			x		x							
Webster Park - 3721 W. Lacrosse Ave.		x	x	x								
Wentel Grant Park - 1708 S. Inland Empire Way	x	x	x	x					x			
Whittier Park - 3400 W. 7th Ave.		x	x	x				x	x			
Wildhorse Park - 3717 N. Ralph St.	x				x							
Your Place Park - 224 S. Cook St.		x			x				x			

Please print and fill out completely

City of Spokane Parks and Recreation Department

ACTIVITY REGISTRATION FORM

509.755.CITY (2489)
SpokaneParks.org

Which program are you registering for? ☐ **General** ☐ **TRS**

PAYEE INFORMATION

LAST NAME	FIRST NAME	MI

ADDRESS	CITY/STATE	ZIP

DAY WORK OR CELL OHONE	NIGHT PHONE	EMAIL

LIABILITY WAIVER, RELEASE & INDEMNITY AGREEMENT

I agree to release, indemnify, and hold the city, its agents, officers and employees, and School District 81, harmless from any and all liability claims, actions, judgments, damages or injuries of any kind and nature whatsoever to the participant and/or his property arising from participation in activities for which the participant is registering. I further acknowledge that I have familiarized myself with the description of the activities, understand the hazards and the participant's personal limitations and knowingly assume all risks. I acknowledge I have read and understand this Liability Waiver, Release and Indemnity Agreement, and understand that I am waiving any claim I might have against the City or School District 81 for any harm sustained as a result of any activity for which I am registering a minor child.

_____ _____

Signature of Responsible Adult Date

How did you hear about us?

☐ Existing customer ☐ TV
☐ Inlander ☐ Spokesman
☐ Kids magazine ☐ Other_____

May we use your photo/video image taken during activities for publicity purposes?

Yes No (circle one) Initial here _____

PARTICIPANT INFORMATION LAST NAME FIRST NAME MI	BIRTHDATE	AGE	GENDER	ACTIVITY NUMBER	ACTIVITY NAME	FEE
	/ /		M F			
	/ /		M F			
	/ /		M F			
	/ /		M F			
	/ /		M F			
	/ /		M F			
	/ /		M F			
	/ /		M F			
	/ /		M F			
	/ /		M F			

Statistical Information (birthdate & sex of participant) is used for demographics and to customize course activities

Make checks payable to: City of Spokane

Mailing Address: Spokane Parks & Recreation Department
Class Registration – My Spokane
808 W. Spokane Falls Blvd.
Spokane, WA 99201-3317

Credit Card/Debit Card payments are also accepted in the form of VISA, MC or AMEX for Online or Phone Registrations Only.

Total Program Fees:
$

DDA will send funds. ☐ Yes ☐ No

Name & Number of Case Manager

Please contact your case manager to send us verification of payment.

THERAPEUTIC RECREATION ONLY

For TRS customers wanting to pay via credit card, MySpokane will contact the payee by phone after registration is submitted.

General supervision is provided 15 minutes prior to class time and 15 minutes at end of class. If additional supervision is required there will be an additional fee imposed.

Check One: Group Home/Institution _____ In Own Home/Apartment _____ Private Home With Parent _____

Dietary Precautions:

Foods to Avoid:

Activity Limitations/Physical problems (if any):

Will you (your child) need to be reminded to take medications during program hours? ☐ Yes ☐ No

Medications Taken: **PLEASE FILL OUT MEDICATION INFORMATION & WAIVER FORM**

Will you be using Paratransit? ☐ Yes ☐ No If yes, what is your rider number?

THERAPEUTIC RECREATION ONLY

Do you have any disabilities? (be specific)

Check and explain all that apply below:

	ADHD/ADD		Easily Disorientated/Wanders		Restriction to Walking more than 1/2 mile
	Uses a Wheelchair		Needs Own Staff Attendant one-on-one		Allergies or Serious Reactions
	Seizures		Need Feeding Assistance		Bee/Wasp Stings
	Heart Problems		Need Toilet Assistance		Drugs, LIST
	Diabetes		Use Sign Language		Food
	Hearing Impairment		Sunburns Easily		Other
	Visual Impairment		Swimming/Water Restriction		
	High Blood Pressure		Non-Verbal		
	Easily Fatigued		Shunt - List Type:		

MEDICATION INFORMATION & WAIVER

If you require medication while attending a City of Spokane activity, complete the following information.

Medication Policy

The Therapeutic Recreation Services has a Medical Information and Waiver form to be completed by all participants who will take medications while participating in our activities. The procedure will help us to better assist you with medications both safely and efficiently. We very much need your cooperation to complete the form and package your medications as described below.

Please complete the Medication Information & Waiver form even if you will not take medication while at the activity.

Please package medication by dose in individual extra small zip lock bags or blister cards labeled by the pharmacy to include: 1) name of participant; 2) name of physician; 3) name of pharmacy; 4) dosage and amount; and 5) time to take. For example, if you take six different medications at dinner time there should be six small zip lock bags or blister cards, each with the label information listed above. Then put all bags in a larger zip lock bag labeled with your name, date, day and time to take; e.g. Sam Jones, Saturday, June 15, 6:00 pm. **Send only the amount of medication needed for the dates of the activity. Do not send excess dosages.** Please see the examples below of the small zip lock bag, label, and blister card.

The following pharmacies will package medications this way. Evergreen Pharmacy East, 622 E. 2nd, 838-4826 if you live in a group home. Inland Pharmaceutical Services at 1328 N. Ash, 326-8001, or Walgreen's Express, call 921-0659 for locations, will package medication in small individual blister cards. They do packaging for all clients. Please ask for a Pharmacist. If you purchase medication from them there is no fee for this packaging. If you have a different pharmacy that will package medications please let us know and we will add it to the list.

Participants must be able to take their own medications while at the activity. The activity leaders will provide reminders to take medications and to safely secure them when not in use. If you have medical coupons, please bring them with you in case there is an emergency and you need medical treatment.

THIS DOCUMENT RELIEVES THE CITY OF SPOKANE FROM LIABILITY FOR PERSONAL INJURY OR WRONGFUL DEATH RELATING TO MY MEDICATION. I HAVE READ THIS DOCUMENT, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHT SBY SIGNING IT ANS SIGN IT VOLUNTARILY.

_____ _____

Signature Date Date

I am the parent or guardian of the participant and acknowledge that I have read this document and understand its contents and agree to each item noted above. I understand that, to the extent allowed by law, I am waiving my child's rights.

_____ _____ _____

Name Signature Date

MEDICATION TAKEN	Type:	Dosage:	Time(s):
	Type:	Dosage:	Time(s):
	Type:	Dosage:	Time(s):

List any special instructions/cautions/side effects:

AMERICANS WITH DISABILITIES ACT

In providing services to the public the City must comply with the Americans with Disabilities Act (ADA), a federal anti-discrimination statute, designed to remove barriers that prevent qualified individuals with disabilities from discrimination on the basis of disability in the services, programs, or activities of local governments. The ADA provides comprehensive civil rights protection to individuals with disabilities. For information regarding the ADA and the regulations on non-discrimination on the basis of disability in state and local government services, 28 CFR Part 35, and its applicability to the services, programs, or activities of the City, please contact Christine Cavanaugh at 625.7083.

SATISFACTION GUARANTEED

You are important to us! The City of Spokane Parks and Recreation Department is committed to excellence by providing high-quality programs and services for you. If you or a family member are not satisfied with a class, program, or activity offered by the City, let us know your concerns in writing. We will arrange for one of the following. You may:

- Repeat the program at no additional charge
- Receive a credit that may be applied to another actitivity
- Receive a refund (allow 4 weeks to process). A partial refund may be given to programs with supply, lab or reservation fees.

The Spokane Parks & Recreation Department does not discriminate on the basis of age, sex, race, color, creed, national origin or disability. Please notify the Park Department if you need special accommodations to participate in our programs.

NEW REGISTER ON-LINE

Go to our website at spokaneparks.org to register online!

MAIL IN: Send form and payment to:
Spokane Parks & Recreation Dept.
Class Registration
808 W. Spokane Falls Blvd.
Spokane, WA 99201-3317

Checks payable to "City of Spokane"
Allow 3 days for mail delivery.

PHONE IN: **Call 311 & Press 3 or dial 509-755-2489**

Use your VISA/MC/Discover/American Express to register by phone.
Have charge card and Guide handy.
Fill out registration form before you call.

WALK IN:

MySpokane
1st Floor City Hall
808 W. Spokane Falls Blvd.
Spokane WA 99201
Mon-Fri – 8 AM - 5 PM

FAX IT: 24 HOURS A DAY **509-625-6990**

Fill out registration form. Include Visa/MC/MasterCard/ Discover/AmExp number and expiration date. Newsprint does not FAX well. Please make a clean copy on white paper and FAX the copy.

NEED MORE INFORMATION?

CALL 509-755-CITY (ALL CLASSES) OR 509-625-6677 (ART CLASSES)

ARE YOU COVERED?

The Spokane City Parks & Recreation Department does not carry accident insurance for program participants; the costs would make program fees prohibitive. Please review your own personal health insurance plan to be certain that you and your family have the proper coverage.

GIVE US A CALL...

We are looking for talented, enthusiastic and qualified instructors to teach pre-school, adult and youth classes. Ideas or suggestions for classes are also encouraged. Call 509-755-CITY for an application.

E-Mail Receipts = Better Customer Service!

To facilitate prompt, effective customer response and service, the Parks and Recreation Department is switching to e-mail confirmation receipts to those customers with e-mail addresses in our records.

Please provide your e-mail address when you register. This change will make the registration and receipt process faster, easier and more accurate. We will continue to mail paper receipts via the U.S. Postal Service for those without e-mail.

REFUND/CANCELLATION POLICY

It is the policy of this department to promote customer satisfaction for all programs and services. This refund policy pertains to all Recreation programs unless otherwise noted in the program description.

1. PROGRAMS ARE SUBJECT TO MINIMAL ENROLLMENT. If the Parks and Recreation Department cancels a program, changes a location or time and you cannot attend, or the program is full, you will receive a full credit on your Recreation account or refund if you request it; no administrative processing fee will be deducted.

2. NO REFUNDS, EXCEPT FOR CANCELLED OR CHANGED CLASSES, WILL BE ISSUED WITHOUT A WRITTEN REQUEST RECEIVED IN THE OFFICE BY MAIL, E-MAIL OR FAX. Refunds follow the City's Finance Department payment schedule and take approximately 30 days to process.
*****Send email refund requests to parksrefunds@spokanecity.org.*****

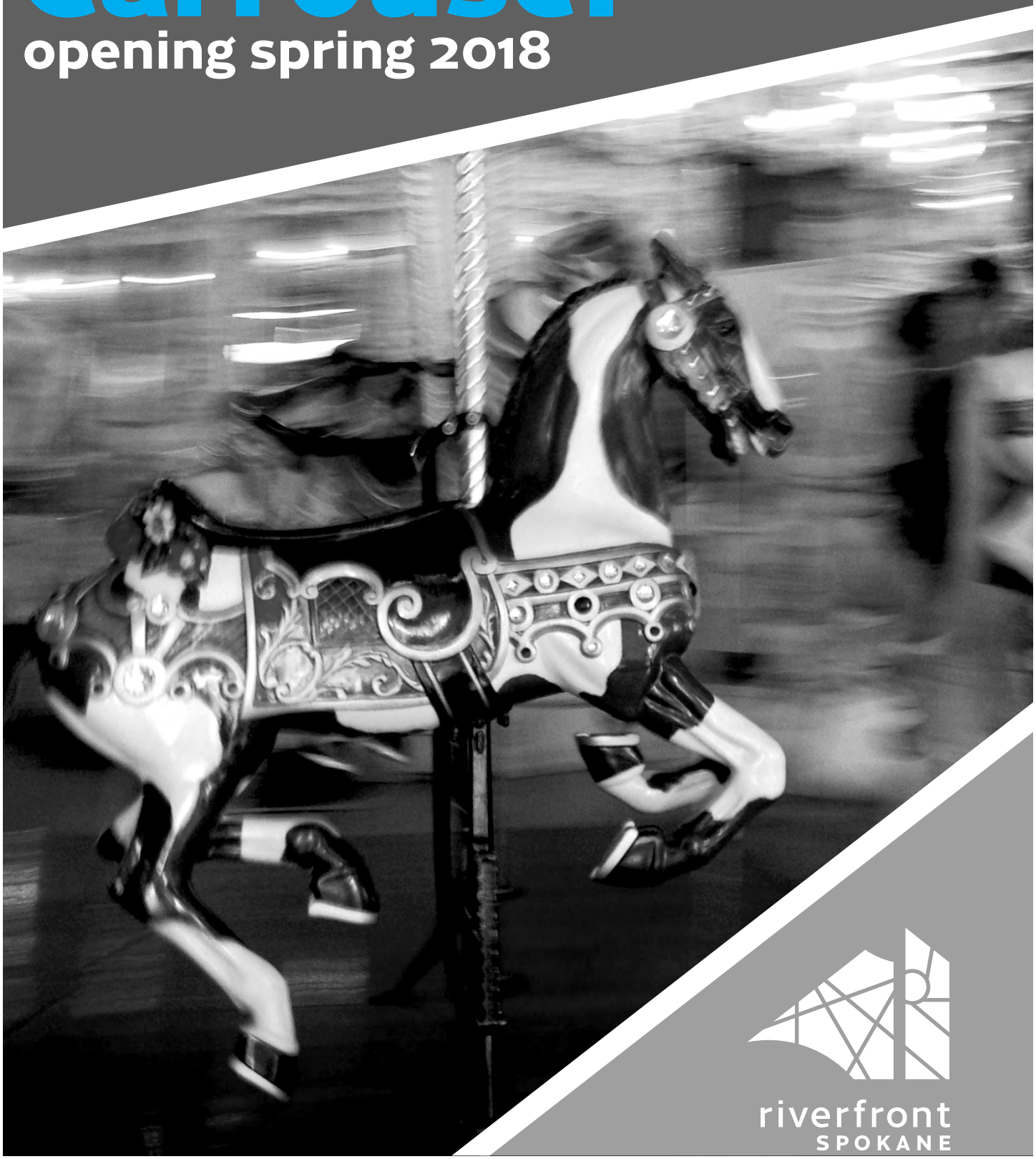
3. RECREATION PROGRAMS. Due to financial commitments we must make before activities begin, to cancel enrollment in a class or program, the participant must notify the Parks and Recreation Department at least two days (48 hours) prior to the starting date unless otherwise noted in description.

- **If your written withdrawal request is received more than two days (48 hours) before the start date of the program, you will receive a full credit to your Recreation account to be used for a registration at a later date. A refund in the form of a check or a credit to your bankcard is subject to a $5 administrative processing fee.**
- **If your written request is received less than two days (48 hours) prior to the start date of the program, you will be charged a $5 withdrawal fee and you may receive no refund or only a partial refund based on the number of students enrolled and any supply costs incurred on your behalf.**
- **If we do not receive your written request before the start of the class no Recreation account credit or refund will be issued.**
- **At any time after the first class, partial credit to your Recreation account will be allowed if you present a statement from your health care provider that states that you are unable to finish the class.**
- **The only exception will be with Sports Leagues. After the start of the league neither refunds, nor proration of the league fee will be granted.**

Classes held in Spokane Public School facilities do not meet on dates school is not in session (holidays, vacations periods, curriculum days). Class sessions scheduled for those dates will be made up at the end of the regular schedule.

Looff Carrousel

opening spring 2018



riverfront
SPOKANE

Spokane Parks and Recreation
5th Floor City Hall
808 W. Spokane Falls Blvd.
Spokane, WA 99201-3317

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