

fall **ACTIVITY** *guide*



EXPLORE
PARKS
NATURE

SPORTS
& REC
OUTDOOR

CAMPS
LEARN
CLASSES

SWIM
POOLS
SPLASH

PLAY
GOLF
LEARN

ENJOY
RIVER
FRONT
PARK

SPOKANEPARKS.ORG | CALL 311 AND PRESS 3

CITY OF
SPOKANE
PARKS
& RECREATION



YOUR NEW PARK IS HAPPENING NOW



Artist's representation.
Architectural, engineering and
ice design completed by Stantec.

RECREATIONAL RINK ICE RIBBON & SKYRIDE FACILITY

Celebrating all seasons in the
park with first ice ribbon on
the West Coast

CONSTRUCTION TIMELINE:
Winter 2016 – Fall 2017

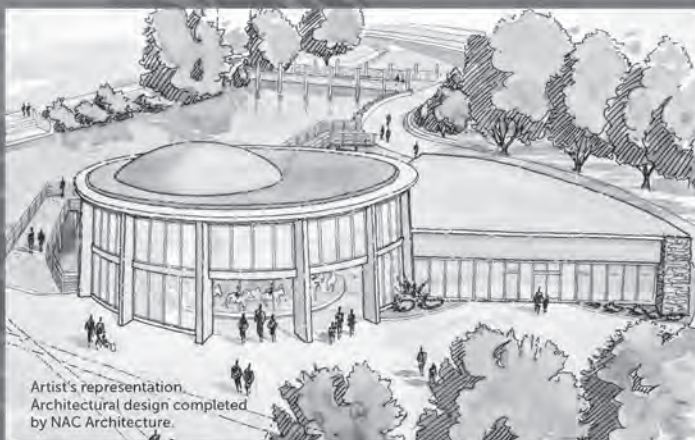


Artist's representation.
Bridge design by
CH2M and Berger Partnership.

HOWARD STREET SOUTH CHANNEL BRIDGE

Connecting to the park
and connecting to the river
with step-down features for
pedestrians

CONSTRUCTION TIMELINE:
Summer 2016 – Fall 2017



Artist's representation.
Architectural design completed
by NAC Architecture.

LOOFF CARROUSEL

Preserving a treasure for future
generations with a new facility

CONSTRUCTION TIMELINE:
Early 2017 – Early 2018

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COVER PHOTO: Photographer: Mae Wolfe
Andrew Holstine @ Gymnastics Preschool Pg. 19



PRESS 3 FOR
adventure

Call MySpokane at 311
and just press 3 for
Parks & Recreation
(711 for hearing impaired)

MySpokane **3 1 1**
call for city services



WITTER AQUATIC CENTER EXTENDED POST SEASON

Monday - Friday, 11:30am - 1pm
August 28 - September 22

ADULT LAP SWIM ONLY



Skate Ribbon Grand Opening

**YOUR
NEW PARK
IS HAPPENING
NOW**
RIVERFRONT PARK

Riverfront Park Skate Ribbon Grand Opening – Holidays 2017

Experience the first ice ribbon on the west coast.

Date announced soon at www.SpokaneRiverfrontPark.com

The Skate Ribbon is the first completed project in the comprehensive redevelopment of Riverfront Park.



ART PARTIES

AT THE CORBIN ART CENTER

507 W. 7th Ave

**\$129 FOR UP TO
10 CHILDREN**

Call to reserve your celebration
or for more information

509.625.6677

- 2 hour Birthday party
- A variety of party themes are available. Call us for details!
- Add on a Scavenger Hunt for \$20
- Created for children ages 3-13 in mind

We have “No School Camps” and “Holiday Break Camps” for those days when school is not scheduled and parents may be working! Check our guide listings for full details.





DRAWING

NEW! Sketch & Paint Interiors

2 weeks | Ages 16+ | Megan Perkins Learn to sketch and draw using the historic Corbin Art Center as the model. We'll learn how to draw the details of the fireplaces, vintage fixtures and beautiful interior of the house and then apply watercolor to our sketches. This class is fun and easy and will give you the tools to sketch and paint almost anything. Inspiration awaits you. Supply list included with registration confirmation.

Corbin Art Center, 507 W 7th Ave. \$39

38150 Tues. 9/19-9/26 2-4pm

NEW! Travel/Vacation Sketchbook

4 weeks | Ages 16+ | Megan Perkins Learn how to document your upcoming summer vacation through sketching and quick and easy watercolor paintings. Receive tips for capturing moments in your vacation downtime and how to convert your vacation experiences into art that evokes the time you spent there. At the end of the class, you'll be ready to create an artistic keepsake of your own vacation. Supply list included with registration confirmation.

Corbin Art Center, 507 W 7th Ave. \$49

38151 Wed. 9/27-10/18 6-8pm

Drawing Fundamentals

6 weeks | Ages 14+ | Allison Bayley Join us as we begin to explore drawing fundamentals! If you are new to drawing or need to brush up on basic skills this is the class for you. We will be tackling drawing materials, composition, portrait techniques, shading, and perspective. Great basics that will lead to long lasting confidence in your drawing. Supply list included with registration confirmation.

Corbin Art Center, 507 W 7th Ave. \$59

38152 Wed. 10/4-11/8 6:30-8:30pm

Drawing on the Right Side

6 weeks | Ages 18+ | Dian Zahner Artistic drawing can be achieved by every person with the desire to do so. Develop skills and confidence through a series of lessons, fun instructions and exercises made easy to enhance your creative and artistic self-confidence. No previous art training required. There is no class on Halloween, October 31st. Supply list included with registration confirmation.

Corbin Art Center, 507 W 7th Ave. \$59

38153 Mon. 10/9-11/13 11am-1pm

Perspective Drawing

6 weeks | 15+ | Tom Quinn Perspective is to drawing what grammar is to writing. It provides a structure to art by dictating where objects must be placed and which directions the angles go to achieve that vital third dimension of depth. You do not need to be an artist to draw well in perspective - when you know how to use the tools, they do the drawing for you. Supply list included with registration confirmation.

Corbin Art Center, 507 W 7th Ave. \$59

38154 Tues. 10/10-11/14 6:30-8:30pm

Colored Pencil Techniques

6 weeks | Ages 18+ | Dian Zahner Coloring books for adults are all the craze these days, but what if you want to practice the techniques of layering many colors to produce richer values, texture and depth? The Instructor will provide drawings for you to color and help you with adding shadows and leaving highlights. These colored pencil pieces of art will be so vibrant and 3-dimensional looking that you will want to frame and display proudly. Supply list included with registration confirmation.

Corbin Art Center, 507 W 7th Ave. \$59

38155 Thurs. 10/12-11/16 12-2pm

NEW! A Creative Habit: Everyday Art

2 weeks | Ages 16+ | Megan Perkins Life is filled with beauty, but often we are too busy to slow down to appreciate it. Sketching and painting bits of your life like; the view out of your window, your morning coffee mug, or part of your summer vacation. These are all ways to memorialize little moments in time and bring some creativity and art into your life. Get tips on drawing and painting parts of your life in a low pressure encouraging environment by making object and scene sketches part of your day. Supply list included with registration confirmation.

Corbin Art Center, 507 W 7th Ave. \$39

38156 Wed. 10/25-11/1 6-8pm



CREATIVE WRITING

Telling Your Life Story

6 weeks | Ages 18+ | Dian Zahner In this class we "write from the heart", not as a class essay. Prompts and examples of published memoirs are given by the instructor, and writing exercises are done in each class. Each week, every person reads a story that they have written, which sometimes hits a memory of an event, person or experience in other people. No writing experience necessary, only the desire to write your memories and leave them to your family or just to keep for yourself. This is an open, non-critical class. Notebook, pencil or iPad and your memories are the only supplies needed.

Corbin Art Center, 507 W 7th Ave. \$59

38167 Thurs. 10/12-11/16 2:30-4:30pm

PAINTING CLASSES & WORKSHOPS

Mixed Media Mania

4 weeks | Ages 16+ | Katie Frey Loosen up, laugh, and create in this fun “anything goes” art class. You will learn new ways to layer and distress paper, transfer images, create texture, collage, and use found objects in your art. Experiment with gelli plate printing, gel mediums, molding pastes and much more. Let’s get creative! Supply list included with registration confirmation. Class is held every-other Sunday from Oct. 8 – Nov. 19.

Corbin Art Center, 507 W 7th Ave. \$59

38157 Sun. Oct. 8 & 22 & Nov. 5 & 19 9am-1pm

Intro to Watercolor Painting & Beyond

6 weeks | Ages 18+ | Dian Zahner Come and learn the basics of watercolor, mixing colors, choosing the right paper, brushes to use, and how to transform a value sketch into a watercolor painting. If you have already taken a watercolor class before, the instructor will help you go on with what you want to accomplish. The instructor will provide photos for you to work off but feel free to bring your own to create your own fabulous works of art. Supply list included with registration confirmation.

Corbin Art Center, 507 W 7th Ave. \$69

38158 Mon. 10/9-11/13 2-4pm

Acrylic Painting

6 weeks | Ages 16+ | Tom Quinn Learn basic concepts of painting techniques with acrylic paints. You will explore color, form and composition to create your own works of art. Work from still-life set-ups and two-dimensional references such as photos. Supply list included with registration confirmation.

Corbin Art Center, 507 W 7th Ave. \$69

38159 Mon. 10/9-11/13 6:30-8:30pm

Art Journaling: Where Art meets the Page

6 weeks | Ages 16+ | Katie Frey You will begin this course by creating your own beautifully bound art journal. Add a new page each week using a combination of the following mediums: pen & ink, paint, collage, watercolors, and image transfers. Writing prompts and new art techniques will help you dig deep into your creative soul. Supply list included with registration confirmation.

Corbin Art Center, 507 W 7th Ave. \$69

38160 Thurs. 10/12-11/16 6-8:30pm

Painting with Oils

6 weeks | Ages 16+ | Tom Quinn An introduction to the forgivable medium: oil. Learn basic concepts of design, composition, color theory, values and texture while experiencing the outstanding working properties of oil. Choose to work from still-life or two-dimensional references. Helpful demonstrations and individual instruction will be taught. Supply list included with registration confirmation. **Corbin Art Center, 507 W 7th Ave. \$69**

38161 Thurs. 10/12-11/16 6:30-8:30pm

NEW!**Family Fun Painting Workshop**

1 day | Ages 7+ | Jaime Kemple Awaken your inner artist! Bring the whole family for an afternoon of painting and fun for the low price of \$20 per person or get a family rate of \$60 (This is for a family of 4 people). Come and learn fun and easy acrylic painting techniques while getting step by step instructions to paint your very own masterpiece. Paint, brushes and instruction provided but please bring an 11"x14" canvas for each participant.

Corbin Art Center, 507 W 7th Ave. \$20/person or Family of 4 for \$60, (Family Rate registration must be done by calling MySpokane at 509-755-2489).

38162 Sat. 10/2 11-4pm Spooky Cat Fun
38163 Sat. 11/18 1-4pm Merry Little Penguin

NEW!**Spontaneous Process Painting**

1 day | Ages 16+ | Bevie LaBrie Have you ever stood in front of a blank canvas feeling paralyzed? Does your inner critic stand next to you, putting on the pressure to paint an amazing painting? If so this is the class for you! Using multi-media, participants will create on one surface throughout the class. Supported by writing prompts and instructor guidance, discover how this surface reflects your creative journey. Leave the day with numerous ways to begin to find deeper connection to your paint process. All experience levels welcome! 1-hour lunch break. Supply list included with registration confirmation.

Corbin Art Center, 507 W 7th Ave. \$65

38164 Sat. 11/11 9am-4pm

NEW!**Intuitive Collage: Carving Caverns of Soul**

1 day | Ages 16+ | Bevie LaBrie An energizing and fun way to connect to your passion, desires, and interests; to help guide through transitions in life, joy, and challenges. Practice mindfulness, build resiliency and release tension. Cultivate the life you want to live through images, movement, and creative writing prompts guided by your intuitive collage process. All levels welcome! Supply list included with registration confirmation.

Corbin Art Center, 507 W 7th Ave. \$50

38165 Mon. 11/13 5-9pm

NEW!**Christmas Critters: Mixed Media Workshop**

1 day | Ages 14+ | Katie Frey Join us for a day of mixed media holiday fun! Learn the basics of mixed media by working with paper, paint, stencils, and texture mediums. Create a snow bear, owl, bunny or other Christmas critters using simple painting and collage techniques. These make wonderful gifts, and all supplies are included in the cost of the class.

Corbin Art Center, 507 W 7th Ave. \$45

38166 Sun. 12/3 10am-3pm

follow us on social media!
@spokanearts





FIBER ARTS

NEW! Brazilian Embroidery

7 weeks | Ages 16+ | Deb Hubenthal Brazilian embroidery is dimensional embroidery where some of the stitches are raised up off the fabric. It uses Rayon floss instead of cotton or wool. Come and join us and whether you've never done embroidery before or learned years ago and need a fresher course then this class is for you. No embroidery experience necessary. All supplies included.

Corbin Art Center, 507 W 7th Ave. \$59

38172 Tues. 9/26-11/7 1:30-3:30pm

NEW! Hey! Let's Crochet

5 weeks | Ages 14+ | Annie Strelow Come and create fun and functional projects while learning the following crochet skills: basic stitches, increasing/decreasing, crocheting in the round, beginning lace, and finishing techniques. There will be new projects each week to learn and work on during class with group and individual instruction. Supply list included with registration confirmation. **Corbin Art Center, 507 W 7th Ave. \$49**

38173 Mon. 10/9-11/6 10am-12pm

Crochet: Rag Rugs

3 weeks | Ages 16+ | Melode Hall Learn to make three different rag rugs: oval, circle and heart-shaped. Recycled materials are perfect for this project; bring used cotton or flannel sheets (Two per week) or preshrunk new fabric. Prior crocheting experience is not necessary. Supply list included with registration confirmation.

Corbin Art Center, 507 W 7th Ave. \$42

38174 Mon. 10/16-10/30 6-9pm

Sculpting with Wool - The Art of Needle Felting

1 day | Ages 14+ | Kelly Trowbridge Explore the art of needle felting in this introductory class. Learn about the process, supplies and techniques needed to turn raw wool into 2D or 3D creations. We'll use notched needles (commonly used in industrial felting machines) as sculpting tools to create an ornament perfect for decoration or to give as a gift. All supplies included.

Corbin Art Center, 507 W 7th Ave. \$29

38175 Sat. 10/21 9:30-11:30am

Crochet a Yarn Necklace

1 day | Ages 16+ | Melode Hall Come create a stunning, sparkling, adjustable necklace with ease. Basic and easy crochet techniques will be taught to make this wonderful piece of jewelry. Prior crochet experience is not necessary. Supply list included with registration confirmation. **Corbin Art Center, 507 W 7th Ave. \$24**

38176 Thurs. 10/26 6:30-8pm

NEW! Needle-Felted Angel

1 day | Ages 14+ | Kelly Trowbridge Create a perfect, little angel for the upcoming holiday season. You'll learn to make the several, basic, needle-felting shapes in this class suitable for beginning or intermediate needle-felters. You'll also learn a little bit about the history, needles, and wool used in needle-felting. All supplies included. **Corbin Art Center, 507 W 7th Ave. \$39**

38177 Sat. 11/11 9:30am-12:30pm

Learn to Knit!

4 weeks | Ages 14+ | Megan Perkins Join the knitting craze and learn the basics of casting-on, knitting and binding off. Group and individualized instruction will teach a variety of easy beginner projects. Projects include: flower headband and/or a scarf. Supply list included with registration confirmation.

Corbin Art Center, 507 W 7th Ave. \$42

38178 Wed. 11/8-11/29 6-8pm

Beginning Adult Sewing

4 weeks | Ages 18+ | Elizabeth Pike Never learned to sew? Remember learning how to sew in middle or high school? This series is a great chance to learn or update your sewing skills. It's always fun to sew with others! Sewing machines and myriad gizmos/sewing tools provided. First project provided and supply list handed out at first class.

Let's Get Sewing! Studio, 8707 N. Wall St. 509-217-7049. \$150

38188 Mon. 10/2-10/23 6-9pm

NEW! UFO Sewing

1 day | Ages 18+ | Elizabeth Pike Come and enjoy an afternoon of productivity and camaraderie! Bring in you "Un-Finished Objects" and projects. Our studio contains skilled sewists, large clean cutting surfaces, sewing machines, and just about every sewing gizmo you could ever need.

Let's Get Sewing! Studio, 8707 N. Wall St. 509-217-7049. \$30

38189 Sat. 10/14 12:30-5pm

NEW! Sewing With Your Feet

1 day | Ages 18+ | Elizabeth Pike Ever wonder what all the extra gizmos that came with your sewing machine actually do? In this class you'll learn several techniques that you can do with the different attachments that came with your machine. Bring your machine and all the accessories that came with it or use one of ours. Examples are: rolled hem, blind hem, finished edge, decorative stitching, gathering, and more. Basic sewing experience required.

Let's Get Sewing! Studio, 8707 N. Wall St. 509-217-7049. \$45

38190 Sat. 11/11 1-4pm



PHOTOGRAPHY

Photography Basics

5 weeks | Ages 16+ | Al Berger Learn the fundamentals of photography and how to use your camera. Tips on lighting, additional equipment to consider and its uses. Practice assignments and in-class critiques. Requires a camera that allows manual setting of F-stop and Shutter speeds, DSLR required. The first class will be 3 hours in length.

Corbin Art Center, 507 W 7th Ave. \$55

36168 Mon. 10/2-10/30 6-8pm

NEW! Portrait Basics

5 weeks | Ages 16+ | Al Berger Learn the secrets and steps of working with a person or persons to create beautiful portraits. Explore working with light, natural and artificial as well as flash. Students will be taught how to meter light for the best results as well as learning how to pose a person for the most natural portraits. Assignments will be given and results will be critiqued in class. Knowledge of F-stops and Shutter speed is helpful. Requires a camera that allows manual setting of F-stop and Shutter speeds, DSLR required. No class on October 31st.

Corbin Art Center, 507 W 7th Ave. \$55

36169 Tues. 10/3-11/7 6-8pm

Photoshop Basics

5 weeks | Ages 16+ | Al Berger Learn the basic steps needed to finish your digital photographs for printing and web usage. Photoshop topics include: sharpening, exposure compensation, density, minor retouching, cropping, special effects, levels, color correction and preparing photos for printing. Bring your laptop with a mouse, Photoshop or Photoshop Elements software installed on the laptop, (any version).

Corbin Art Center, 507 W 7th Ave. \$55

38170 Wed. 10/4-11/1 6-8pm

Intermediate Photography

5 weeks | Ages 16+ | Al Berger Come and take the next step in your photography experience. This class will explore how the choice of lens, impact the creation of images such as portraits. We will explore the use of artificial light in photography and learn to control it. Develop a greater understanding of how film speed, shutter speed and F-stops combine for improved photography results through class assignments. Experience the many challenges of posing subjects first hand for the best results. This course requires DSLR camera that allows manually setting of F-stop and Shutter speeds. **Corbin Art Center, 507 W 7th Ave. \$55**

38171 Sat. 10/7-11/4 12-2pm

Digital Camera Basics

4 weeks | Ages 16+ | Steven Navratil Obtain an understanding of your digital SLR camera and its functions. Learn to use your camera to get the results you would expect from a professional. This class is for a digital camera that has manual setting options. Class will also include lighting, composition and depth of field. **Corbin Art Center, 507 W 7th Ave. \$55** 38291 Tues. 10/10-10/31 6-8:30pm

4TH ANNUAL BENEFIT EXHIBIT

ART IN BLOOM

A Pairing of Juried Local Fine Art with Stunning Floral Arrangements

Presented by Friends of the Moore-Turner Heritage Gardens
to Benefit the Gardens and the Corbin Art Center



THE CORBIN ART CENTER (CAC)
507 WEST 7TH • SPOKANE • WA
SEPTEMBER 22 & 23 • NOON ~ 6PM

BENEFIT ADMISSION:

\$7⁰⁰ Per Entry • At the CAC Door on Event Day Only

ALSO FEATURING:

Docent-lead Tours of the Gardens • A Benefit Raffle
Vendors on the Veranda • Refreshments & More!

SPONSORED BY FORSTER FINANCIAL





ART OF FINE LIVING

Viva Italia!

1 day | Ages 21+ The next best thing to touring Italy! Transport your imagination...meandering the Cinque Terre or wine tasting Tuscany. Chef Martin's love for Italian food and wine is infectious. Grab a friend and come play in our kitchens. Course confirmation receipt will have location and directions of class.

Inland Northwest Culinary Academy, 1810 N. Greene St. \$49
38183 Thurs. 10/5 6-8pm

NEW! Wine & Food Pairing

1 day | Ages 21+ Learn some easy appetizers, cheese displays, and then learn to pair wines with the food. Our wine and food professional will take you through the steps to host your own food & wine pairing party. Six wines will be paired with cheese, charcuterie, and appetizers prepared by you! Course confirmation receipt will have location and directions of class.

Inland Northwest Culinary Academy, 1810 N. Greene St. \$49
38184 Thurs. 10/19 6-8pm

Mozzarella Cheese

1 day | Ages 16+ | Susie Snider Learn to make homemade mozzarella from fresh ingredients, with delicious recipes you'll have fun and enjoy how simple this tasty treat can be to make. Bring a clean apron and kitchen rubber gloves. Take home what you make.

Corbin Art Center, 507 W 7th Ave. \$37
38207 Sat. 11/4 11am-2pm

Sensational Salmon

1 day | Ages 21+ This class takes you through the basics of the Northwest's most famous fish. Learn butchery, and other techniques to elevate your salmon game. A hands on experience that is sure to be a sensational time! Course confirmation receipt will have location and directions of class.

Inland Northwest Culinary Academy, 1810 N. Greene St. \$59
38185 Thurs. 11/2 6-8pm

Sangria-Grill

1 day | Ages 21+ Tacos and homemade sangria! Enjoy making taqueria style tacos and the ultimate handmade sangria. Throw in a trio of salsas and this Fiesta party is ready to start! Grab a friend and come join us! Hands down our most popular class! Course confirmation receipt will have location and directions of class.

Inland Northwest Culinary Academy, 1810 N. Greene St. \$59
38186 Thurs. 11/16 6-8pm

NEW! Holiday Breads

1 day | Ages 16+ | Susie Snider Create these scrumptious sweet holiday favorites from scratch; tricks for bread braids, tea rings and sticky buns included. You'll make and take home some of your own holiday treats. Please bring a clean apron.

Class held at the Corbin Art Center, 507 W 7th Ave. \$37
38208 Sat. 11/18 11am-2pm

NEW! Sensational Soups!

1 day | Ages 21+ Sweating stock to perfection is just the first step. Learn the secrets to serving sensational soups this cold weather season. From hearty broth to puree, we have you covered! Course confirmation receipt will have location and directions of class.

Inland Northwest Culinary Academy, 1810 N. Greene St. \$49
38187 Thurs. 12/7 6-8pm

LANGUAGE & CONVERSATIONAL SPEAKING

Active Beginners Spanish

6 weeks | Ages 18+ | Mary Benham Come and gain practical phrases for travel, or enjoy your own language enrichment journey to the Hispanic world. Practice the essentials- including greetings, hotel check-in, restaurant ordering and shopping dialogs, while in a relaxed, interactive setting. Supply list included with registration confirmation. **Corbin Art Center, 507 W 7th Ave.** \$59

38143 Tues. 10/3-11/7 1-3pm

NEW! Advanced Beginners/Intermediate Spanish

6 weeks | Ages 18+ | Mary Benham Continue to build your skills with a review of practical travel phrases, learn more important verbs and expand your Spanish vocabulary in this relaxed, interactive setting. Supply list included with registration confirmation.

Corbin Art Center, 507 W 7th Ave. \$59
38144 Wed. 10/4-11/8 1-3pm

Beginning Russian

6 weeks | Ages 14+ | Natalie Marynovska Do you have a Russian neighbor that you would like to get to know or do you have a trip planned to the beautiful country of Russia? This class will teach you the basics of this wonderful language and is taught by a native Russian language professor.

Corbin Art Center, 507 W 7th Ave. \$59
38145 Wed. 10/4-11/8 6-8pm

NEW! Spanish Conversation

6 weeks | Ages 18+ | Mary Benham This course is for advanced students that want to expand their Spanish skills with reading, discussion, and grammar review in an informal setting. Students are encouraged to talk about their own travel and cultural stories.

Class held at the Corbin Art Center, 507 W 7th Ave. \$59
38146 Thurs. 10/5-11/9 1-3pm

NEW! Russian for Tourists

6 weeks | Ages 14+ | Natalie Marynovska If you are going to visit interesting countries like Russia, Ukraine and others where the Russian language is understood then this is the class for you. This class will familiarize you with words and phrases that tourists need the most while visiting a foreign country where the Russian language is spoken.

Corbin Art Center, 507 W 7th Ave. \$59
38147 Thurs. 10/5-11/9 6-8pm



CORBIN CRAFTS WORKSHOP

NEW! Intro to Clay!

5 weeks | Ages 12+ | Urban Art Co-op Welcome to the wonderful world of clay pottery and its endlessly creative possibilities! This class is a fun introduction to pottery basics featuring Hand Building and Wheel Throwing techniques as well as an introduction to glazing and firing. Each student will complete the class with a couple of beautiful pieces of pottery to enjoy. Dress to get messy and all materials are included in the class fee.

Urban Art Co-op, 3209 N. Monroe St. 509-720-7624. \$89
38179 Wed. 10/11-11/8 6-8pm

NEW! Holiday Pinecone Ornament

1 day | Ages 16+ | Melode Hall Come and learn how to make this wonderful paper crafted pinecone ornament. With some basic supplies you can make a cute decoration to enjoy for the holidays. This ornament also makes a great gift that can be cherished for years to come. You will make one pinecone in class and please pre-cut the paper into 1 inch squares prior to class. Supply list included with registration confirmation.

Corbin Art Center, 507 W 7th Ave. \$19
38180 Tues. 10/24 6:30-8:30pm

SKIN CARE & SOAP MAKING

Organic Cold-Pressed Soap

1 day | Ages 18+ | Karen Felber Learn the simple process of making organic chemical free soap in this demo workshop. Demonstrations include fragrance selection, optional color additives, botanicals, herbs, and additional ingredients to make exfoliating soap. There also will be some hands on tutorials. Quick tips on wrapping included. Take home samples.

Corbin Art Center, 507 W 7th Ave. \$19
38148 Sat. 10/28 10am-12pm

Organic "Spa" Skin Care Products

1 day | Ages 18+ | Karen Felber Learn to make organic, chemical free skin care products including scrubs, body buffs, milk baths, bath salts, and lip balm in this demonstration workshop. Pamper yourself without paying high prices using everyday ingredients. Demonstrations and take home samples.

Corbin Art Center, 507 W 7th Ave. \$19
38149 Wed. 11/15 6:30-8:30pm

ADULT JEWELRY MAKING

Wire Wrapped Jewelry

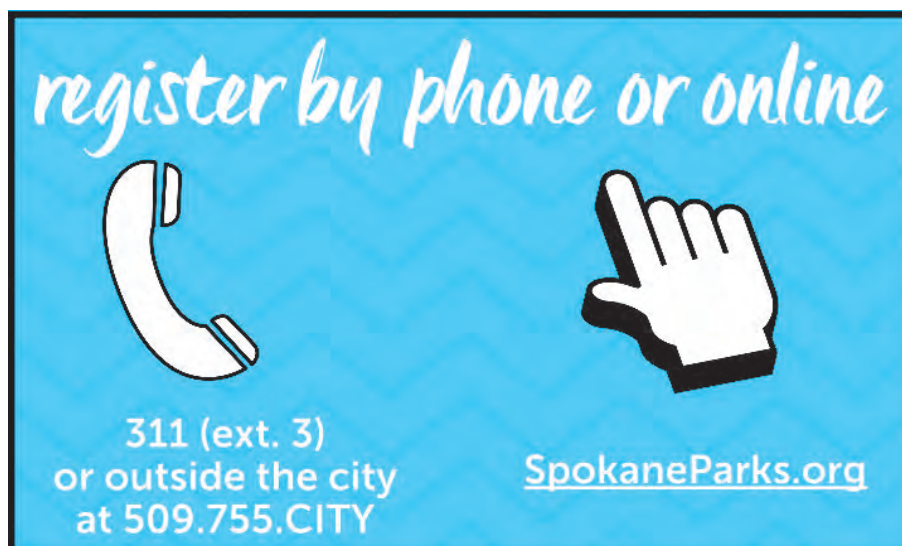
5 weeks | Ages 16+ | Jaime Kemple Come and learn basic wire shaping techniques to create beautiful wire-wrapped links and charms using beads and wire, you will learn to craft you own custom made necklaces and earrings. We will be working with jewelers wire, glass beads and semi-precious stones. There will be no class on Saturday, November 11, 2017. Supply list included with registration confirmation.

Corbin Art Center, 507 W 7th Ave. \$55
38181 Sat. 10/14-11/18 9:30am-12pm

NEW! Bohemian Mandala Wrap Bracelet

1 day | Ages 13+ | Jaime Kemple Learn how to incorporate several different jewelry making techniques in this fun, and eclectic, leather wrapped bracelet. All materials will be provided, but feel free to bring along a few beads or charms to personalize your own bracelet, if you desire. There will be a \$6 fee for the supplies payable to the instructor.

Class held at the **Corbin Art Center, 507 W 7th Ave. \$32**
38182 Sat. 10/14 1-4pm





CORBIN KIDS PRE-SCHOOL

Little Leonardo's

6 weeks | Ages 3-5yrs. Children love art and they're naturally creative and imaginative. Each class is planned to expose your child to a new element of art each week. They will paint, sculpt, draw, cut paper and glue to help develop listening skills, fine motor skills and creative imagination play.

Corbin Art Center, 507 W 7th Ave. \$45
38089 Mon. 10/9-11/13 9:30-10:30am

Let's Gogh Art!

6 weeks | Ages 4-5yrs. Does your child love to draw, paint, sculpt or just enjoy being creative? Then come join us in discovering different art techniques while learning about a new artist each week in this fast paced, fun class.

Corbin Art Center, 507 W 7th Ave. \$54
38091 Tues. 10/10-11/14 9:30-11am

Make Art Together!

6 weeks | Ages 2-4yrs. This creative class introduces an weekly art theme, story, followed by a relevant art project. Children will discover color, texture while practicing basic cutting and gluing skills while exploring a variety of art techniques and materials. This class is fast paced, active and fun.

Corbin Art Center, 507 W 7th Ave. \$45
38090 Wed. 10/11-11/15 9:30-10:30am

PRE-SCHOOL WORKSHOPS

NEW! Make Art Together: Halloween Fun

1 day | Ages 2-4yrs. Come have a frightfully fun time creating a friendly jack-o-lantern paper pumpkin, cute spider and other adorable Halloween crafts with your child. This is a fantastic class to come and have a great time creating art together.

Corbin Art Center, 507 W 7th Ave. \$19
38136 Sat. 10/28 9:30-11am

NEW! Make Art Together: Turkey Jubilee

1 day | Ages 2-4yrs. You and your child will have lots of fun making this jumbo-sized Thanksgiving gobbler who's sure to delight family and friends.

Corbin Art Center, 507 W 7th Ave. \$19
38137 Sat. 11/18 9:30-11am

NEW! Make Art Together: Holiday Ornaments

1 day | Ages 2-4yrs. Join us for a fun filled class making holiday ornaments together. You and your child will make some fabulous ornaments for your tree or to give a gift that you will both look at and remember for years to come. **Class held at the Corbin Art Center, 507 W 7th Ave. \$19**

38138 Sat. 12/2 9:30-11am

YOUTH WORKSHOPS

NEW! Fun & Fanciful Holiday Ornaments

1 day | Ages 5-7yrs. Come make dazzling traditional, fun and personalized decorations for the holidays. Keep them for your own decorations or to give away as a gift. This will be a fun, fantastic, festive and sparkly class.

Corbin Art Center, 507 W 7th Ave. \$21
38139 Sat. 12/9 9:30-11:30am

NEW! Holiday Hullabaloo

1 day | Ages 8-11yrs. Do you have kids that love to craft and create? Well, do we have a workshop for you! Come and make last minute gifts, cards and ornaments while listening to festive holiday music. We will also sing Christmas carols, create fabulous projects and maybe even dance a little.

Corbin Art Center, 507 W 7th Ave. \$21
38140 Sat. 12/9 9:30-11:30am

NO SCHOOL TODAY CAMPS

Pre-registration is required

NEW! Artist's Studio for a Day

1 day | Ages 6-11yrs. This one day camp has it all! Drawing, painting and sculpture! Use diverse materials, techniques and enjoy the creative process while learning basic art elements. Come and bring your imagination and creativity to make your own fantastic masterpieces. Dress for a mess and please bring a lunch.

Corbin Art Center, 507 W 7th Ave. \$37
38141 Fri. 11/10 9am-3pm

NEW! Art Heroes!

1 day | Ages 6-11yrs. Are you a hero or a villain? Can you fly? Are you invisible? Draw your arch nemesis, paint and craft a disguise and create a story all your own with your new identity. Learn how to draw and color your story in comic book style. Please bring a lunch. **Corbin Art Center, 507 W 7th Ave. \$37**

38142 Fri. 11/10 9am-3pm

NEW! Winter Break Sewing

3 days | 8-16yrs. | Elizabeth Pike Got a new sewing machine for Christmas? Bring it along and come learn how to thread it, sew even seams, and use those mysterious gizmos while making fun projects for home and school! All materials provided!

Let's Get Sewing! Studio at 8707 N. Wall St. 509-217-7049. \$80

Course#: 38201
Days: Tues. - Thurs.
Dates: 1/2 - 1/4
Time: 9am-5pm



CORBIN YOUTH

NEW! Beginning Spanish-Level 1

10 weeks | Grades 2-5 | Angela Castillo/The Language House Children will learn to speak, read and write in Spanish and about other cultures. Classes taught in a positive and energetic environment. There will be an additional charge of \$12.99 for the workbook at the first class. There is no class the week of Thanksgiving. Class held at **Jefferson Elementary, 123 E. 37th Ave., Science Room.** \$240

38191 Mon. & Wed. 9/18-11/29 5:30-6:20pm

NEW! Beginning Spanish-Level 2

10 weeks | Grades 2-5 | Angela Castillo/The Language House Children will learn to speak, read and write in Spanish and about other cultures. Classes taught in a positive and energetic environment. Level 2 for students with some previous Spanish knowledge. There will be an additional charge of \$12.99 for the workbook at the first class. There is no class the week of Thanksgiving. Class held at **Jefferson Elementary, 123 E. 37th Ave., Science Room.** \$240

38192 Mon. & Wed. 9/18-11/29 4:30-5:20pm

NEW! Beginning Spanish-Level 1

10 weeks | Grades 2-5 | Angela Castillo/The Language House Children will learn to speak, read and write in Spanish and about other cultures. Classes taught in a positive and energetic environment. There will be an additional charge of \$12.99 for the workbook at the first class. There is no class the week of Thanksgiving. Class held at **Jefferson Elementary, 123 E. 37th Ave., Science Room.** \$240

38193 Mon. & Wed. 9/18-11/29 6:30-7:20pm

Art Exploration

6 weeks | Ages 7-13yrs. Explore a variety of artistic mediums, such as, oil pastels, paint, clay, paper, recycled objects and more each week. Here's a chance to use your artistic skills, be creative and try new things.

Corbin Art Center, 507 W 7th Ave. \$54

38194 Tues. 10/3-11/7 4-5:30pm

NEW! Interactive Storytelling & Game Design

3 weeks | Ages 13-18yrs. | Derrick Freeland Build a labyrinth and challenge players to find the story within and SURVIVE... You'll learn basic 3D rendering skills to create the setting for an interactive story. Learn how to build a point-and-click interface that allows players to interact with your story and navigate the world you create. Please bring a laptop or tablet with Open Office and Google Sketch Up installed.

Corbin Art Center, 507 W 7th Ave. \$49

38195 Tues. 10/10-10/24 7-9pm

Drawing Basics

6 weeks | Ages 6-12yrs. Drawing is the basis and the first step for dimensional art forms. Explore with different tools and techniques and learn the many facets of drawing including freehand drawing, line, shading, fur-scales-feathers, still life, color, design composition, perspective, portraiture, animals and more.

Corbin Art Center, 507 W 7th Ave. \$54

38196 Thurs. 10/12-11/16 4-5:30pm

NEW! Storytelling with Comics

3 weeks | Ages 13-18yrs. | Derrick Freeland Learn the fundamentals of comics creation by writing, illustrating, and publishing your own comic. Explore the entire comics creation process through scripting, layouts, pencils, inking & finished art, and publication (printing & binding, preparation for the web). Supply list included with registration confirmation.

Corbin Art Center, 507 W 7th Ave. \$49

38197 Thurs. 10/12-10/26 7-9pm

Sewing After School

4 weeks | Elizabeth Pike | 8-16yrs. "SAS" is an ongoing program designed to cover all the basics of sewing. Students complete simple to more advanced projects as their skills grow. "New to sewing" students begin with sewing machine basics while crafting a pillowcase with French seams and a pair of pajama pants. "Continuing" students' projects are skill and interest driven. Classes are formed in 4 week sessions and are multi-leveled. Students can bring their own machine or use one of the studio ones. Materials for the first project are provided. No experience needed and there is no class the week of Thanksgiving.

Let's Get Sewing! Studio, 8707 N. Wall St. 509-217-7049. \$120

38198 Thurs. 10/5-10/26 4-6pm

38199 Thurs. 11/2-11/30 4-6pm

American Girl Couture

1 day | Elizabeth Pike | 8-16yrs Patterns, fabric, machines, pre-cuts, fashion challenge, prizes and more. Everything provided to make you doll a fashionista. Bring your doll and a lunch, afternoon tea party provided. Basic sewing experience or instructor's prior permission required.

Let's Get Sewing! Studio, 8707 N. Wall St. 509-217-7049. \$80 + \$30 Supply Fee

38200 Sat. 10/28 9am-5pm



"In every walk with Nature one
receives far more than he seeks."
~John Muir

SPOKANE'S BEST KEPT SECRET

A place to reflect, a place to connect, a place to learn...

where the natural, historical, botanical, and educational all come together in the beauty and wonder of the John A. Finch Arboretum.

The Arboretum hosts over 65 acres of botanical collections of trees and plants along with educational and seasonal events and activities throughout the year.

Free and open to the public year round from dawn until dark.

Download the Arboretum's Walking Guide at spokaneparks.org and plan your next adventure.

For more information about the Arboretum, call **509.363.5466**.

To rent space at the Woodland Center or on the Arboretum grounds, call **509.363.5455**.

Donations can be made in support of the John A. Finch Arboretum, call **509.363.5495**.



What is Modern Square Dancing ? ?

Noncompetitive & Stress free

Family friendly - ages 8 to 88

Why dance? - Just for fun

First lesson is free - Dare it !

Classes will be starting after the Spokane Fair. See us there for more information and to enter the drawing.

Locations are in Cheney, Coeur d'Alene, Spokane, Spokane Valley, Post Falls, Sand Point and Clarkston.

**Healthy low impact exercise in a relaxed non-alcohol
social environment with many styles of music.**

Visit our website for dates & times. SquareDanceSpokane.org

509-489-4492 - SpokaneSquares@icloud.com



HIKING

NEW! Sunset/Moon Rise Hike & Dessert with Transportation

1 day | Ages 8+ Join us for a moonlit evening hike to Bald Knob Campground on Mount Spokane (4 mile round trip). By the magic of the moonlight, upon arriving at your destination, you will find the crew baking a Dutch Oven dessert served with hot cocoa or coffee. Then stroll up to a vista point and look over the City lights of Spokane, if fortune grants us clear skies. Pre-trip information emailed after registration.

Yokes Foods, 14202 N. Market St. Parking Lot. \$35

37786 Sat. 10/7 6-9pm

Hiking Steamboat Rock with Transportation

1 day | Ages 16+ This is a 4 mile round trip hike with about a 1/2 mile of steep rigorous trail to the top of the butte that explores nearly 640 acres on top of Steamboat Rock. Wildflowers blooming, beautiful rock formations, and breathtaking views of Banks Lake and wildlife; it's what this hike is all about. The trail to the top is a rough, steep and rugged trail. Transportation included. Pre-trip information emailed after registration.

Mountain Gear, 2002 N. Division-Parking Lot. \$49

38225 Sat. 10/14 8am-5pm

NEW! Hiking Mt Spokane State Park

1 day | Ages 16+ Start at the top of the Kit Carson Loop Road where Francis Cook built his cabin in 1912 and where the Grand Lodge was built in 1939. Hiking down the Loop Road, pass over Beauty Mountain and the site of the CCC camp. From Saddle Junction climb to the top of Mt. Kit Carson for a great view of Spokane Valley and then hike down Trail 140 to Smith Gap where we can relax at the snowshoe hut. Continue mostly downhill to the Lower Kit Carson Loop Road parking lot where we will meet the van. Cris Currie with the Friends of Mt. Spokane will be leading the hike and sharing his wealth of knowledge along the way. Hiking poles provided. Additional information emailed after registrations.

Yokes Foods, 14202 N. Market St. Parking Lot. \$35

38261 Sun. 9/24 9am-2pm

CANOEING

Canoe Little Pend Oreille Lake Chain W/Transportation

1 day | Ages 16+ Sponsored by Mountain Gear. Explore the four-lake chain of this mountain-ringed area. Crystal clear and surrounded by the Selkirk Mountains these lakes are a must visit. Bring water and lunch for our picnic at one of the lakes campgrounds. Additional information emailed after registration.

Mountain Gear, 2002 N. Division-Parking Lot. \$49

37506 Sat. 9/9 8am-5pm

Canoe Tour Plese Flats

1 day | Ages 15+ A wonderfully lazy stretch of flatwater that flows through Riverside State Park. The forested shorelines give you solitude as you keep a watchful eye out for wildlife such as osprey, heron, deer and fish. You will also learn basic canoe skills such as terminology, basic equipment & strokes. This is a great escape! Canoes, paddles, PFDs, shuttle transportation and guides provided.

Spokane River, 9 Mile Dam, Take-Out West Carlson Rd. \$25

37100 Sun. 9/3 2-6pm

KAYAKING

Kayak and Riverview Organic Orchard Tour

1 day | Ages 18+ Join us on a trip to Kettle Falls, WA for an exciting flat water kayak excursion on the Columbia River. After paddling and exploring the river's edge we will tag along on an intimate tour of the certified organic Riverview Orchard. Learn the entails of organically growing peaches, apples, cherries, nectarines, pears and plums. Enjoy samples of the freshest fruits in our region and some delicious drip coffee from Kettle Falls Crandall Coffee! All this deliciousness while overlooking the beautiful River! Trip includes transportation, tour fee, samples, all equipment and guides.

Wandermere Alberstons, 12312 N. Division St. \$59

37703 Sun. 9/10 8am-6pm

Kayak Family Paddle Little Spokane River

1 day | Ages 8+ Fun and adventure awaits the family as you paddle your tandem sit-on-top kayak. These boats are an amazing way to enjoy the surrounding pine covered hills of this natural and scenic waterway. Discover Parking Pass Required: discoverpass.wa.gov. Guides, shuttle transport and kayaking equipment included. Pre-trip information emailed after registration. Parent must accompany child. Ages 8-17: \$27 w/ paying adult. Adult fee: \$29.

Little Spokane River, Take-Out 9 Mile Falls.

38226 Sat. 9/16 10am-2pm

Shuttle Service Little Spokane River

Leave the driving to us! We will provide you and your canoe, kayak or SUP transportation from the 9 Mile Take Out of the Little Spokane River to the put in at St Georges. Shuttle runs on Saturdays between 10am-4pm July 1-September 2. You can show up anytime throughout the day. pre-register at spokane-parks.org. Pay on-site with CHECK, CREDIT or DEBIT CARD ONLY, NO CASH on site. Please call 509-363-5418 for questions. No inner tubes, rafts, dogs or alcohol allowed. PFD's required (Life Jacket). Youth 17 & under must be accompanied by a parent or guardian. Discover Parking Pass required for your vehicle. You can purchase a Discover Pass today by visiting discoverpass.wa.gov.

Little Spokane River, Take-Out 9 Mile Falls. \$8

37143 Sat. 9/2 10am-4pm





WHAT'S HAPPENING

A Night Psychic Readings & Spiritualism

1 day | Ages 21+ A night of spiritual readings with Spokane Psychic Medium Dr. Candess Campbell and host Ghostologist Chet Caskey at the haunted Corbin Art Center (on the hill in Edwidge Woldson Park). Refreshments, beer & wine provided.

Corbin Art Center, 507 W. 7th Ave. \$22

37941	Sat.	9/9	6-8:30pm
37942	Sat.	10/21	6-8:30pm
37943	Sat.	11/11	6-8:30pm
37944	Sat.	12/16	6-8:30pm

Evening Ghost Hunt & Walk

1 day | Ages 12+ Join Ghostologist and Spokane Story Teller Chet Caskey for a disquieting stroll from the dark Corbin Mansion, through the moonlit and haunted Moore-Turner Gardens, and on to the spooky Undercliff Mansion for tales of murder, intrigue and paranormal disturbances. The evening will end with a paranormal investigation & ghost hunt of the Corbin Mansion. Flashlights, ghost meters, and refreshments supplied. Handicapped accessible, but not advised. Dress warmly! Note that ice on the street and walkways will cancel this activity.

Corbin Art Center, 507 W 7th Ave. \$17

37660	Sat.	10/7	8pm-10pm
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NEW! Downtown Spokane Boos Cruise

1 day | Ages 21+ A two-hour tour of the most paranormal and weird ghost sites of Downtown Spokane aboard the Spokane Party Trolley with Ghostologist and Historical Entertainer Chet Caskey. Age 21 and over only, with picture I.D. required. Complimentary beer and wine 'fuel' aboard the trolley, which is driven by guest peddle power. Ticket price includes two beer or wine drink tickets for the two haunted bar stops along the route. Tours leave from and return to outside the haunted

Saranac Public House, 21 West Main Ave. \$32

37930	Sat.	9/16	5:30-7:30pm
37931	Sat.	9/30	5:30-7:30pm
37932	Sun.	10/1	4-6pm
37933	Sun.	10/15	4-6pm

Downtown Walking Ghost Tour

1 day | Ages 12+ Enjoy a spooky two-hour easy stroll through the haunted history of downtown Spokane with master story teller and Spokane Historian Chet Caskey. Tour includes haunted hotels, the Steam Plant, and the paranormal implications of the Great Fire of Spokane. Ghost meters provided. Parking downtown at meters is free after 7pm. Tour begins and ends outside the haunted

Montvale Hotel, West 1005 First Ave. \$15

37665	Sat.	9/2	7:30-9:30pm
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East Downtown Paranormal & Old Chinese Ghost Walking

1 day | Ages 21+ Join Ghostologist Chet Caskey for a two-hour walking tour through Spokane's Old East Downtown and the ruins of the Trent Alley Chinese District, with stories of the past and ghosts of the present. Adults (21+) only due to refreshment stop at a haunted East Downtown bar. Tour begins and ends outside of the haunted

Saranac Public House, 21 W Main St. \$17

37927	Sun.	10/29	8pm-10pm
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NEW! Ghost Halloween Werewolf Walk

1 day | Ages 12+ Join the wolfish folk lore historian Chet Caskey for a disquieting one-hour stroll through Spokane's Riverfront Park at night with stories of Spokane's werewolf history, Sasquatch, and assorted murders along the way. Tours begin and end (for the lucky!) at the **Red Wagon in Riverfront Park on Spokane Falls Blvd. \$10**

37935	Mon.	10/23	9-10pm
37936	Tues.	10/24	9-10pm
37937	Wed.	10/25	9-10pm
37938	Thurs.	10/26	9-10pm
37939	Fri.	10/27	9-10pm
37940	Mon.	10/30	9-10pm

NEW! Halloween Lecture "Werewolves of Spokane & Haunted Hillyard"

1 day | Ages 12+ Folk lore historian Chet Caskey and Spokane psychic medium Dr. Candess Campbell will give a one-hour talk on the amazingly true history of lycanthropy in the City as well as an overview of the oldest and most paranormally active neighborhood in the Spokane: The Hillyard neighborhood. FREE admission.

Aunties Book Store, 402 W Main Ave.

37946	Sun.	10/29	7-8pm
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Look Books 2829 E 29th Ave.

37962	Tues.	10/31	5:30-6:30pm
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NEW! Remembering Louie

1 day | Ages 12+ Join Davenport Hotel historian Tom McArthur and ghost guides Chet Caskey & Paula Davis on the 15th annual Friends of the Davenport visit to Louis Davenport's family gravesite and the building that still has his name on the door-sponsored by Hennessey Funeral Home. This day is for honoring the legendary Louis Davenport, with historical, ghost and architectural tours of the magnificent Davenport Hotel (10 South Post Street) on its 103rd birthday. Coach service to Riverside Cemetery for graveside reminiscences by the ghosts of Louis and Verus Davenport. Refreshments during the tour included. Tour convenes in the parking lot at **Hennessey Funeral Home, 2203 N. Division St. \$15**

37701	Sun.	9/17	1:30-4:30pm
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Where the Buffalo Roam

1 Day | Ages 5+ Have you ever fed a buffalo or seen a working bison ranch? Join us for this educational farm tour. Meet and feed the buffalo. Great family fun! Tour includes: transportation, slide presentation, bison facts, Q & A session, and a visit to the farm gift shop. Stop at local ice cream shop (ice cream purchase on your own).

Wandermere Alberstons, 12312 N. Division St. \$19

37692	Thurs.	9/14	9am-2:30pm
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**Check out additional
Cross Country and Showshoe
Trips and Lessons online!
@ spokaneparks.org**

CROSS COUNTRY SKIING

Cross Country Ski Lesson 49 Degrees North w/ Transportation

1 day | Ages 13+ Learn to cross country ski and tour the trails of 49 Degrees North Nordic Area! You will be taught the basics of cross country skiing by 49 Degrees North certified P.S.I.A ski instructors. Instruction includes basics of equipment, techniques on how to glide on your skis, how to travel uphill and how to stop going downhill. After a fun lesson we will hit the trails for a tour of the area trying out our new skills. Beautiful scenery and exercise is what cross skiing is all about! Includes: skiing equipment, trail pass, instruction, and transportation. Bring a lunch and plenty of water. Additional information emailed after registration.

Wandermere Alberstons, 12312 N. Division St. \$49

38209	Fri.	12/22	8am-4pm
38213	Sun.	12/31	8am-4pm

Cross Country Ski Lessons Mt Spokane with Transportation

1 day | Ages 13+ Learn the basics of cross-country skiing at Mt. Spokane Selkirk Nordic Area, taught by Spokane Nordic Ski Association P.S.I.A. certified cross-country ski instructors and tour led by Spokane Parks and Recreation guides. After a fun lesson we will hit the trails for a tour of the area trying out our new skills! Cross country skiing is a wonderful way to spend time with family and friends during the winter and get great exercise outdoors. Includes: skis, boots, poles, ski area fees, instruction and transportation. Additional information emailed after registration. Adults \$45, Ages 13-17 with participating adult \$37.

38217	Sat.	12/30	9am-3pm
38219	Sat.	1/6	9am-3pm
38220	Sun.	1/7	9am-3pm



YOUTH OUTDOOR CAMP

Camp Youth Winter Adventure with Transportation

2 days | Ages 9-12yrs. Send your child with us over the winter break to learn cross country skiing and snowshoeing! They will learn to ski at Mt Spokane's Selkirk Nordic Area and travel the trails romping around in the snow through the amazing forests. We will also learn to snowshoe at 49 Degrees North, build snow caves and search for animal tracks! Please bring a lunch and water each day. Transportation, snowshoes, skiing equipment, trail passes and instruction provided. Each morning meet at **Mountain Gear, 2002 N. Division St. \$69**

38231	Wed & Thurs	12/20-12/21	9am-4pm
38232	Wed & Thurs	12/27-12/28	9am-4pm

SNOWSHOEING

Snowshoe Moonlight Hike with Transportation

1 day | Ages 16+ Sponsored by REI. Moonlight on snow is a magical and memorable experience. Quietly you will explore the meadows and woods around Mount Spokane. We provide guides, transportation, headlamps, walking poles and snowshoes. Additional information emailed after registration. (REI member \$27) Please call 509-755-2489 for REI member discount.

Yoke's Foods, 14202 N. Market St. Parking Lot. \$29

38227	Sat.	12/30	6-9pm
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Snowshoe Tour Mt. Spokane with Transportation

1 day | Ages 13+ Learn the basics of snowshoeing and try this fun winter sport. During the guided hike you will travel on snowshoe trails through the snow-covered trees and hills around Mt. Spokane. Pre-trip information emailed after registration. Includes: snowshoes, instruction, walking poles, trail fees, guides and transportation! Ages 13-17 w/ participating adult: \$25.

Yoke's Foods, 14202 N. Market St. Parking Lot. \$29

38229	Sun.	12/17	10am-2pm
38230	Sat.	12/23	10am-2pm

BICYCLING

Mountain Bike Fundamentals Level 1

1 day | Ages 14+ In the MTB Foundations Level 1, we teach you everything you need to have fun and be a confident trail rider. New and experienced riders can all benefit from a focus on learning fundamental mountain bike handling and techniques. Focus on proper balance, body position and a host of vital skills including braking, climbing, descending, and tight turns. All skills will be discussed, demonstrated and practiced with our instructors, then taken to the trail. Send registration information to: evergreeneast.org/mountain-bike-foundations or email: classes@evergreeneast.org. Or call Penny: 509-979-5916. **Camp Sekani 6707 E. Upriver Dr-Mountain Bike Area.** Non-Members-\$70, Members-\$50

Women Only	Sat.	9/9	9pm-12:30pm
Co-Ed	Sat.	9/16	9pm-12:30pm

Mountain Bike Techniques for Kids

1 day | Ages 8-13yrs. Evergreens' MTB Techniques for Kids provides youth the chance to join the fun on mountain bikes! Learn the basics of safely riding their mountain bikes, while learning the technical skills to help you progress out on the trails. Learn how to climb and safely go down hills while rolling over small logs and roots, and riding through twisty trails. This class will help kids with balance while learning the basic rules of mountain biking to keep them safe. Parent permission with signature and helmet use required. Bicycle Requirements: The bike must be suitable for mountain biking with gears and a front shock. Department/Toy/Box store bikes are NOT intended for off road use. Register at: evergreen.org/kids or email: classes@evergreeneast.org or call Penny 509-979-5916. **Camp Sekani 6707 E. Upriver Dr-Mountain Bike Area.** Non Members-\$70, Members-\$50

Sat.	9/9	1:30-4:30pm
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CHOOSE YOUR ADVENTURE.

City of Spokane Parks & Recreation offers hundreds of camps and classes – plus four golf courses, six aquatic centers, and more than 80 parks. Get out and play today!

SpokaneParks.org | CALL 311 or 509.755.2489

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MARTIAL ARTS, FITNESS & WELLNESS

Aikido Adult Beginning

4 weeks | Ages 14+ Aikido, a traditional martial art for the modern world. Basic program teaches etiquette, footwork, falls, and basic movement to get started in a safe, supportive, traditional dojo atmosphere. No class 11/23.

Aiki Spokane Roshinkan Aikido Dojo, 503 E. 30th Ave. \$65

37583	Tues. & Thurs.	9/5-9/28	6:30-7:30pm
37852	Tues. & Thurs.	10/3-10/26	6:30-7:30pm
37853	Tues. & Thurs.	10/31-11/28	6:30-7:30pm
37854	Tues. & Thurs.	11/30-12/26	6:30-7:30pm
38092	Tues. & Thurs.	1/2-1/25	6:30-7:30pm

Aikido Kids Beginning

4 weeks | Ages 6-13yrs. Aikido, a traditional martial art for the modern world. Basic program teaches etiquette, footwork, falls, and basic movement to get started in a safe, fun, supportive atmosphere utilizing age appropriate teaching methods. No class 11/23.

Aiki Spokane Roshinkan Aikido Dojo, 503 E. 30th Ave. \$65

37588	Tues & Thurs	9/5-9/28	5-6pm
37874	Tues & Thurs	10/3-10/26	5-6pm
37875	Tues & Thurs	10/31-11/28	5-6pm
37876	Tues & Thurs	11/30-12/26	5-6pm
38096	Tues & Thurs	1/2-1/25	5-6pm

Karate Traditional Okinawan Gu Ryu

4-6 weeks | Ages 6+ This class is open to beginners, those with previous experience, and practitioners of other styles. Focus is on traditional Okinawan Goju Ryu. The instruction stresses physical conditioning (i.e., cardiovascular endurance, muscular endurance, and flexibility) with a consistent focus on self-defense. Learn typical areas of karate practice: standing and moving basics, kata (a set pattern of offensive and defensive moves), and randori (cooperative kumite or sparring practice). The purchase of a Gi (karate uniform) is expected. Gis can be ordered from the instructor (\$20 for youth and \$30 for adults which includes a patch).

Southside Senior & Community Center, 3151 E 27th Ave.

37792	Wed. & Fri	9/13-10/20	4:30-5:30pm \$50
37793	Wed. & Fri	9/13-10/20	5:45-6:45pm \$50
37794	Mon,Wed. & Fri.	11/8-12/22	4:30-5:30pm \$70
37795	Mon,Wed. & Fri	11/8-12/22	5:45-6:45pm \$70

Kung Fu for Youth

4 weeks | Ages 7-17yrs. Channel your child's inner Shao-Lin Monk! Kung Fu basics taught with positive spirit and atmosphere. This class is open to all backgrounds and any level of fitness. No class 11/23.

East West Martial Arts and Body Works, 1427 N. Monroe. \$67

37594	Mon. & Wed.	9/4-9/27	6:15-7pm
37593	Tues. & Thurs.	9/5-9/28	6:15-7pm
37861	Mon. & Wed.	10/2-10/25	6:15-7pm
37862	Tues. & Thurs.	10/3-10/26	6:15-7pm
37863	Mon. & Wed	10/30-11/22	6:15-7pm
37864	Tues. & Thurs	10/31-11/28	6:15-7pm
37865	Mon. & Wed.	11/27-12/20	6:15-7pm
37866	Tues. & Thurs.	11/30-12/26	6:15-7pm
38100	Tues. & Thurs.	1/2-1/25	6:15-7pm
38101	Mon. & Wed.	1/3-1/29	6:15-7pm

Kung Fu Little Dragons

4 weeks | Ages 4-6yrs. The Little Dragons class aims to introduce children to Kung Fu. The class mixes some basic moves for walking, punching, kicking, and simple-set work with games. The focus of this class is to help your child improve balance, coordination, and improve their levels of fitness, all while having fun! Bring water to drink and loads of energy! No class 11/23.

East West Martial Arts and Body Works, 1427 N. Monroe. \$40

37603	Mon. & Wed.	9/4-9/27	5:45-6:15pm
37604	Tues. & Thurs.	9/5-9/28	5:45-6:15pm
37855	Mon. & Wed.	10/2-10/25	5:45-6:15pm
37856	Tues. & Thurs.	10/3-10/26	5:45-6:15pm
37857	Mon. & Wed.	10/30-11/22	5:45-6:15pm
37858	Tues. & Thurs.	10/31-11/28	5:45-6:15pm
37859	Mon. & Wed.	11/27-12/20	5:45-6:15pm
37860	Tues. & Thurs.	11/30-12/26	5:45-6:15pm
38109	Tues. & Thurs.	1/2-1/25	5:45-6:15pm
38108	Mon. & Wed.	1/3-1/29	5:45-6:15pm

Pilates Mat Barre Fusion

6 weeks | Ages 14+ Traditional mat work, body lengthening, stretches, and gentle, toning, floor barre work, comprise East-West's Pilates group sessions. Voted #1 in Pilates two years consecutively, our classes are taught in a friendly, supportive atmosphere. We welcome beginners and those with some experience. Leave the office behind and join us!

East West Martial Arts and Body Works, 1427 N. Monroe.

37867	Mon. & Wed.	9/4-10/25	3:30-4:30pm \$75
37868	Wed.	11/1-12/6	4:45-5:45pm \$48
37873	Mon. & Wed.	10/30-12/20	3:30-4:30pm \$75
38116	Mon. & Wed.	1/3-2/12	3:30-4:30pm \$75
38117	Wed.	1/3-2/7	4:45-5:45pm \$48



FITNESS & WELLNESS

CARDIO Punch Pass with Stacy

5-10 weeks | Ages 16+ Cardio 5 or 10 punch passes for Cardio and Max HIIT programs. Attend all or either cardio programs.

Audubon Park Masonic Lodge, 2821 Northwest Blvd.

5 Punch Pass \$25

37685	Mon. & Thurs.	9/11-11/2	5:30-6:30pm
38133	Mon. & Thurs.	1/4-3/12	5:30-6:30pm

10 Punch Pass \$50

37686	Mon. & Thurs.	9/11-11/2	5:30-6:30pm
38134	Mon. & Thurs.	1/4-3/12	5:30-6:30pm

Cardio Fusion 20/20/20

10 weeks | Ages 16+ Want 60 minutes of a well-rounded and diverse workout class? Well this class is for you! You will never get bored in the class with a balanced mixed of 20 minutes of dance fusion 20 minutes of kickboxing strength training, and 20 minutes of Yoga and Pilates inspired core and toning to round out this POWER of a workout. No prior dance or kickboxing experience required.

Audubon Park Masonic Lodge, 2821 Northwest Blvd. \$50

37684	Mon.	9/11-11/6	5:30-6:30pm
38135	Mon.	1/8-3/12	5:30-6:30pm

Cardio Max HIIT with STACY

10 weeks | Ages 16+ 60 minutes of mixed cardio kickboxing, dancing, and strength training will get your heart pumping and your body sweating. This nonstop movement is a full round of fun and energy, with fat burning muscle training! You are guaranteed to get the best cardio workout! This class will include 60 second ALL OUT MAX, high intensity training cardio drills, to push you beyond your limits! Come prepared to get strong, have fun, and see your potential with this incredible workout!

Audubon Park Masonic Lodge, 2821 Northwest Blvd. \$50

37682	Thurs.	9/14-11/2	5:30-6:30pm
38119	Thurs.	1/4-3/8	5:30-6:30pm

Street Defense

2 days | Ages 13+ Become more observant in your surroundings, present yourself in any environment, learn how to defend against numerous types of attacks: holds, strikes, chokes, etc. All techniques build on each other. Instruction is verbal and by demonstration. Students will practice the techniques with each other in a controlled manner. Receive and learn how to use a Kubaton for personal defense. Students need to be able to stand and move throughout the duration of the 3 hour class, wear comfortable clothing and shoes.

Corbin Senior Activity Center, 827 W. Cleveland \$43

37841	Sat.	9/23-9/30	2-5pm
37842	Sat.	11/4-11/11	2-5pm

WHAT'S HAPPENING

Animal Communication Class Intro

1 day | Ages 18+ Animals can't talk. Or can they? According to Professional Animal Communicator, Karen Anderson, understanding them is easy once you know the basic steps. Learn how animals communicate with us, how to send and receive messages and actual practice sessions. Bring two printed photos of your animals. No cell phone pictures or pets.

Corbin Senior Activity Center, 827 W. Cleveland Ave. \$54

37808	Thurs.	10/12	6-8pm
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Wills Preparing Basic

2 days | Ages 18+ Washington residents only. Discussion of the probate process, wills, power of attorney, health care directive and community property agreements. If your estate is under \$1,000,000 with no unusual circumstances, a simple Will, Health Care Directive (Living Will), and Durable Power of Attorney can be signed by you and be notarized at the end of the second session.

Gonzaga University Gonzaga Law School, 721 N. Cincinnati St. \$130/person

37680	Tues.	10/3-10/24	6-8pm
38132	Tues.	3/6-3/27	6-8pm

Publishing Your Own Book

2 days | Ages 16+ Dreaming about writing a book or perhaps you have already completed your masterpiece? The world of publishing is not an easy area to maneuver. In just two sessions, this class will fill you in on all the necessary details to be able to self-publish or learn where to start on your publishing journey. Esta Rosevear is a self-published author who wants to help you get your books on the bookstore shelf!

Corbin Senior Activity Center, 827 W. \$29

37882	Wed. & Thurs.	10/18 & 10/19	6-7:30pm
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Gun Safety Introduction

1 day | Ages 14+ The First Shots introductory course teaches the fundamentals of firearms safety, marksmanship and firearms handling. Students will be introduced to these topics and then put the skills in practice using .22LR firearms in a live-fire environment. At the conclusion, students will have an understanding of firearms safety and the many ways to enjoy the shooting sports, allowing them to continue into more advanced firearms classes. Under 18 must be accompanied by parent.

Sharp Shooting Indoor Range, 1200 N. Freya St. \$40

37967	Mon.	9/18	6:30-8:30pm
37968	Sat.	10/21	9:30-11:30am
37969	Tues.	11/14	6:30-8:30pm

register by phone or online



311 (ext. 3)
or outside the city
at 509.755.CITY



SpokaneParks.org

GYMNASTICS & DANCE

Gymnastics for Tiny Tots

6 Weeks | Ages 18-36 months Parents interact with their children in a structured class where toddlers learn very basic gymnastics skills; including rolls, jumps and balance with a focus on improvement of fine and gross motor skills and ability to follow directions in a fun environment with songs and games. No classes 11/24.

Spokane Gymnastics, 2515 N. Locust Rd. \$95

37896	Fri.	10/27-12/8	10-10:50am
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Gymnastics Homeschool

6 weeks | Ages 5-12yrs. Spokane Gymnastics works with individuals as well as various homeschool organizations to provide one hour co-ed gymnastics lessons promoting physical activity and teaching gymnastics skills on all the Olympic Events. We are happy to work with individuals or other alternative school organizations. No classes 11/24.

Spokane Gymnastics, 2515 N. Locust Rd. \$106

37904	Fri.	10/27-12/8	1-1:50pm
37905	Fri.	10/27-12/8	1-1:50pm

Gymnastics Introduction

6 weeks | Ages 5-14yrs. Basic gymnastics skills taught on all the Olympic Events: Vault, Balance Beam, Uneven, Horizontal and Parallel Bars, Floor, Rings and Pommel Horse in a fun and encouraging environment. No classes 11/24.

Spokane Gymnastics 2515 N. Locust Rd. \$106

37906	Fri.	10/27-12/8	5-6pm
37907	Fri.	10/27-12/8	6:15-7:15pm

Gymnastics Ninja Zone at Spokane Gymnastics

6 Weeks | Ages 3-11yrs. Ninja Zone is a fusion of Gymnastics, Martial Arts, Obstacle Course Training and Freestyle Movement. This class includes combinations of flips, rolls and kicks that are designed to improve total body coordination; build strength and improve agility. Ninja Zone uses your child's energy to create focus! Beyond skill, this class teaches self-confidence, discipline, impulse control, responsibility and instinctual safety. In an effort to promote discipline and unity, Ninja Sport International requires uniforms for all Ninja classes: Ninja Zone T-Shirt - \$14.95 and Ninja Headband - \$9.95 along with athletic shorts of choice. Uniforms may be purchased at Spokane Gymnastics. No classes 11/23 & 11/24.

Spokane Gymnastics, 2515 N. Locust Rd. \$95

37914	Thurs.	10/26-12/7	11-11:50am
37915	Thurs.	10/26-12/7	4-4:50pm
37918	Thurs.	10/26-12/7	5-6pm
37920	Thurs.	10/26-12/7	6:15-7:15pm
37921	Fri.	10/27-12/8	5-6pm
37922	Fri.	10/27-12/8	7:30-8:30pm

Gymnastics Parkour

6 weeks | Ages 8-18yrs. Parkour is the physical discipline of training to overcome any obstacle by adapting one's movements to the environment. One hour 'urban gymnastics' class teaches participants how to negotiate obstacles in the most efficient (and fun) way possible as well as how to jump, land and flip safely. No classes 11/24.

Spokane Gymnastics, 2515 N. Locust Rd. \$106

37912	Fri.	10/27-12/8	6:30-7:30pm
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Gymnastics Preschool

6 weeks | Ages 3-4yrs. Preschoolers learn fundamental gymnastics in a fun, fast-paced 50 minute co-ed class. At the age when young children become gradually more aware of their bodies and how to control their movements they can learn an accumulation of skills, the social skills necessary to work in a group, and string skills together, mentally and physically. No classes 11/24.

Spokane Gymnastics, 2515 N. Locust Rd. \$95

37898	Fri.	10/27-12/8	9-9:50am
37899	Fri.	10/27-12/8	11-11:50am
37900	Fri.	10/27-12/8	4-4:50pm



Dance Ballet Youth

4 weeks | Ages 3-12yrs. Fun interactive and imaginative style of learning ballet. A Time to Dance strives to teach dance in a loving and creative family atmosphere. Dress code: Black leotard, Pink tights, pink ballet slippers (no satin slippers) Boys: white shirt, black leggings, black slippers.

A Time to Dance, 3815 N. Post St.

Ages 3-4yrs. \$35

37728	Sat.	10/7-10/28	10-10:30am
37729	Sat.	11/4-11/25	10-10:30am

Ages 3-5yrs. \$35

37730	Wed.	10/4-10/25	12-12:30pm
37731	Wed.	11/1-11/22	12-12:30pm

Ages 5-6yrs. \$40

37732	Sat.	10/7-10/28	10:30-11:15am
37733	Sat.	11/4-11/25	10:30-11:15am

Ages 6-8yrs. \$45

37734	Mon.	10/2-10/23	4:15-5pm
37736	Wed.	10/4-10/25	12:30-1:30pm
37737	Wed.	11/1-11/22	12:30-1:30pm
37735	Mon.	11/6-11/27	4:15-5pm

Ages 7-8yrs. \$45

37738	Sat.	10/7-10/28	11:30-12:30pm
37739	Sat.	11/4-11/25	11:30-12:30pm

Ages 9-12yrs. \$45

37740	Wed.	10/4-10/25	1:30-3pm
37742	Wed.	10/4-10/25	6:15-7:30pm
37744	Sat.	10/7-10/28	2:15-3:30pm
37741	Wed.	11/1-11/22	1:30-3pm
37743	Wed.	11/1-11/22	6:15-7:30pm
37745	Sat.	11/4-11/25	2:15-3:30pm



DANCE

Dance Ballet Adult Beginner

4 weeks | Ages 13+ It is never too late to follow your dreams! A Time to Dance is a professional studio with an excellent reputation for teaching ballet. Dress code: form fitting athletic clothing, ballet slippers (no satin slippers). **A Time to Dance, 3815 N. Post St. \$45**
 37746 Sat. 10/7-10/28 3:30-5pm
 37747 Sat. 11/4-11/25 3:30-5pm

Dance Hip-Hop Adult

4 weeks | Ages 14+ Learn to express yourself through street dance. A Time to Dance strives to teach dance in a loving and creative family atmosphere. Dress Code: athletic clothes and streak free sneakers. **A Time to Dance, 3815 N. Post St. \$45**
 37750 Mon. 10/2-10/23 6-7pm
 37751 Mon. 11/6-11/27 6-7pm

Dance Hip-Hop Youth

4 weeks | Ages 8-13yrs. Learn to express yourself through street dance. A Time to Dance strives to teach dance in a loving and creative family atmosphere. Dress Code: athletic clothes and streak free sneakers. **A Time to Dance, 3815 N. Post St. \$45**
 37748 Mon. 10/2-10/23 5-6pm
 37749 Mon. 11/6-11/27 5-6pm

MUSIC

Accordion for Adults

4 weeks | Ages 13+ It's fun, portable and easy to learn. Play the accordion using a 'natural' approach with the Australian method that will have you playing and enjoying music right away. Learn how to play great-sounding music - immediately - from the very first lessons! Accordions available* - *based on availability, call 509-998-5422 to confirm.

Able To Play Music Studio, 418 E Pacific Ave. \$58

37628	Fri.	9/8-9/29	4-4:30pm
37627	Mon.	9/11-10/2	5:30-6pm
38004	Fri.	10/6-10/27	4-4:30pm
38003	Mon.	10/9-10/30	5:30-6pm
38006	Fri.	11/3-11/24	4-4:30pm
38005	Mon.	11/6-11/27	5:30-6pm
38008	Fri.	12/1-12/22	4-4:30pm
38007	Mon.	12/4-12/25	5:30-6pm
38054	Fri.	1/5-1/26	4-4:30pm
38053	Mon.	1/8-1/29	5:30-6pm



Accordion for Children

4 weeks | Ages 6-12yrs. Is the accordion easy to learn? Yes and it's fun! It's great for developing coordination skills and cognitive learning. Using a "natural approach" with the Australian method, students will be able to play and enjoy their first real songs with hands together in a fun way! Learn with a certified accordion teacher. Accordions available* - *based on availability, call 509-998-5422 to confirm.

Able To Play Music Studio, 418 E Pacific Ave. \$58

37636	Fri.	9/8-9/29	3:30-4pm
37637	Fri.	10/6-10/27	3:30-4pm
37638	Fri.	11/3-11/24	3:30-4pm
37639	Fri.	12/1-12/22	3:30-4pm
38061	Fri.	1/5-1/26	3:30-4pm

Piano for Adults

4 weeks | Ages 13+ Learn how to play beautiful and expressive music on the piano from the beginning. The fun & unique Australian method has everyone playing right away! These are 'non-traditional' lessons, a natural fun approach to learning the piano.

Able To Play Music Studio, 418 E Pacific Ave. \$58

37643	Tues.	9/5-9/26	5:30-6pm
37645	Thurs.	9/7-9/28	5:30-6pm
37644	Mon.	9/11-10/2	4-4:30pm
38011	Thurs.	10/5-10/26	5:30-6pm
38009	Mon.	10/9-10/30	4-4:30pm
38010	Tues.	10/10-10/31	5:30-6pm
38014	Thurs.	11/2-11/23	5:30-6pm
38012	Mon.	11/6-11/27	4-4:30pm
38013	Tues.	11/7-11/28	5:30-6pm
38015	Mon.	12/4-12/25	4-4:30pm
38016	Tues.	12/5-12/26	5:30-6pm
38017	Thurs.	12/7-12/28	5:30-6pm
38067	Thurs.	1/4-1/25	5:30-6pm
38066	Mon.	1/8-1/29	4-4:30pm
38065	Tues.	1/9-1/30	5:30-6pm

Piano for Children

4 weeks | Ages 7-12yrs. Finally a piano method that children love and enjoy. No more forcing them to practice, they will surprise and impress everyone with how quickly they learn to play the piano. The fun & unique Australian method has everyone playing right away. These are "non-traditional" lessons. A natural fun approach to learning the piano.

Able To Play Music Studio 418 E Pacific Ave. \$58

37651	Tues.	9/5-9/26	4-4:30pm
37652	Thurs.	9/7-9/28	4-4:30pm
37653	Mon.	9/11-10/2	3:30-4pm
37657	Thurs.	10/5-10/26	4-4:30pm
37655	Mon.	10/9-10/30	3:30-4pm
37656	Tues.	10/10-10/31	4-4:30pm
38020	Thurs.	11/2-11/23	4-4:30pm
38018	Mon.	11/6-11/27	3:30-4pm
38019	Tues.	11/7-11/28	4-4:30pm
38021	Mon.	12/4-12/25	3:30-4pm
38022	Tues.	12/5-12/26	4-4:30pm
38023	Thurs.	12/7-12/28	4-4:30pm
38078	Thurs.	1/4-1/25	4-4:30pm
38079	Mon.	1/8-1/29	3:30-4pm
38077	Tues.	1/9-1/30	4-4:30pm

MUSIC

Ukulele Beginning Lessons

4 weeks | Ages 16+ Peace, Love, Ukulele! Make new friends and bring joy to your life and to others by making music. Sing and play the live-long day. Ukulele can be used as an accompaniment or solo instrument and it is so portable uke can take it anywhere. It is easy to learn and will keep you smiling!

Everyone Makes Music Comstock Studio, 904 W. Comstock Ct. \$66

37615	Wed.	9/6-9/27	12-1pm
37616	Wed.	10/4-10/25	12-1pm
37617	Wed.	11/1-11/22	12-1pm
38120	Wed.	1/10-1/31	12-1pm

Ukulele Christmas

2 weeks | (6 days) | Ages 16+ Christmas music! We will learn chords to Christmas Carols and music and have an additional performance opportunity with a Christmas Sing Along concert. This class is open anyone who has had at least one month of beginning ukulele. We will also have the opportunity to learn to read tablature for solo music for interested intermediate and advanced students.

Everyone Makes Music Comstock Studio, 904 W. Comstock Ct. \$66

37891	T/W/F	12/5-12/15	12-1pm
37892	T/W/F	12/5-12/15	6:30-7:30pm

Ukulele Ensemble

4 weeks | Ages 16+ This group rehearses a variety of musical styles and performs Sing Along Concerts. We learn new chords, styles, and techniques as we go. You only need to know the first position major, minor, and seventh chords and be able to strum a steady beat to join this ensemble. No Class on Nov 23rd.

Everyone Makes Music Comstock Studio, 904 W. Comstock Ct. \$66

37623	Thurs.	9/7-9/28	12-1pm
37624	Thurs.	10/5-10/26	12-1pm
37625	Thurs.	11/2-11/30	12-1pm
38124	Thurs.	1/4-1/25	12-1pm

Ukulele Intermediate Lessons

4 weeks | Ages 16+ Continue the fun! Add new chords, new strum patterns, fingerpicking and tablature. If you have mastered the Bb chord you are at least an advanced beginner, so consider moving up to the Intermediate class to prepare yourself for advanced ukulele! No class 11/24.

Everyone Makes Music Comstock Studio, 904 W. Comstock Ct. \$66

37619	Fri.	9/8-9/29	12-1pm
37620	Fri.	10/6-10/27	12-1pm
37621	Fri.	11/3-12/1	12-1pm
38128	Fri.	1/5-1/26	12-1pm

Have a credit on your account?

Consider:

- Learning a new language
- Taking a sketching class
- Going on a snowshoe tour
- Picking up photography

Register Today! Spokaneparks.org, call 311-press 3 or dial 509-755-2489



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ADULT SPORTS

Fall Flag Football

9 weeks | Ages 16+ With a rich history of over 30 years, this is absolutely the best Flag Football League in the Northwest! The league is divided into 4 divisions from most elite competition (A Division) to recreational competition (D Division) - and now, the NEW 5on5 Division! All games played at the Dwight Merkel Sports Complex on Friday nights and all-day Sundays. Register as a team. Free Agents looking for a team, please fill out a form at www.spokaneparks.org/sports.

Dwight Merkel Sports Complex, 5701 N. Assembly.

Regular Fee: \$950 5on5 Division Fee: \$150. Registration closes: 9/1

Activity #	Division	Date	Day	Time	Day	Time
37757	A Division	9/8-11/5	Fri	6-10pm	Sun	8am-8pm
37758	B Division	9/8-11/5	Fri	6-10pm	Sun	8am-8pm
37759	C Division	9/8-11/5	Fri	6-10pm	Sun	8am-8pm
37760	D Division	9/8-11/5	Fri	6-10pm	Sun	8am-8pm
37761	5on5 Division	9/10-11/5	Sun	11am-1pm		

Turkey Bowl - Flag Football Tournament

3 Days | Ages 18+ The Best of the Northwest play in the Turkey Bowl! This is a 3-game guaranteed tournament: 2 games round robin format on Friday and Saturday, followed by a single elimination tournament on Sunday. SPRD Flag Football Tournaments are sanctioned by the Northwest Flag Football Union with the top Flag Football teams from the main leagues in the northwest of the USA and Canada. All games played at the **Dwight Merkel Sports Complex turf fields, 5701 N. Assembly.** \$400/team. Registration deadline 11/3.

Activity #	Division	Date	Day	Time	Day	Time
38038	Upper (A&B Leagues)	11/10-11/12	Fri.-Sun.	6-10pm	Sun.	8am-8pm
38039	Lower (C&D Leagues)	11/10-11/12	Fri.-Sun.	6-10pm	Sun.	8am-8pm
38040	Traveling Teams	11/10-11/12	Fri.-Sun.	6-10pm	Sun.	8am-8pm
38282	5on5 *\$250/ Team	11/10-11/12	Fri.-Sun.	6-10pm	Sun.	8am-8pm

NEW! Flag Football Combo Packages

We appreciate you as participants! Register for more than one of SPRD's Flag Football programs and save up to \$75!!

Activity #	Package	Flag Football Programs Combined	Regular/Individual	Combo	Savings
38269	Combo 1	5on5 (\$150) + Turkey Bowl (\$400)	\$550	\$500	\$50
38267	Combo 2	8on8 (\$950) + Turkey Bowl (\$400)	\$1,350	\$1,290	\$60
38270	Combo 3	8on8 + 5on5 + Turkey Bowl	\$1,500	\$1,425	\$75

Fall Soccer League – Coed

8 weeks | Ages 18+ This coed soccer league provides adults with an opportunity to compete in a recreational environment. Games are played on Saturdays at 4:30 PM or 7 PM. Dwight Merkel Sports Complex. Teams may play up to 8 games per season, but no less than 7 games (in case of a division with an odd number of teams).

Dwight Merkel Sports Complex, 5701 N. Assembly.

Early Bird Registration 8/18: \$675 Final Registration Deadline 8/25: \$725

37770	Sat.	Competitive	9/9-10/28
37771	Sat.	Recreational	9/9-10/28
37772	Sat.	Masters	9/9-10/28

NEW! 5v5v5 Softball Tournament

2 days | Ages 18+ Get your team ready for the 1st Annual 5v5v5 Coed Softball Tournament 9/30-10/1. The format is a 4-game guarantee pool play. Space is limited, so don't miss out. Register today.

Dwight Merkel Sports Complex, 5701 N. Assembly. \$175/team. Registration closes 9/22

37850	Coed Upper	Sat.-Sun.	9/30-10/1
37851	Coed Lower	Sat.-Sun.	9/30-10/1

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adult sports only

FLAG FOOTBALL • SOCCER • SOFTBALL • VOLLEYBALL



Fall Softball League

5 weeks | Ages 18+ Come play on the region's best fields! SPRD offers a variety of divisions including Men's B, C, & D divisions, Women's open division, Coed C, D, & E divisions and Modified Pitch Wood Bat. Play double-header games at the Dwight Merkel Sports Complex or Franklin Park Softball Complex. Join us this season for the best softball competition in town and register your team today!

Register before 9/1 for Early Bird \$550
Regular registration fee \$600. Closes 9/8

Activity #	Division	Day	Start Date	Time	Early Bird	Fee
37951	Coed D	Sun	9/17	6:15pm	\$550	\$600
37963	Coed E	Sun	9/17	6:15pm	\$550	\$600
37958	Men's D	Mon	9/18	6:15pm	\$550	\$600
37961	Mod Pitch Wood Bat	Tues	9/19	6:15pm	\$550	\$600
37955	Men's B	Tues	9/19	6:15pm	\$550	\$600
37953	Men's C	Tues	9/19	6:15pm	\$550	\$600
37957	Men's C	Wed	9/20	6:15pm	\$550	\$600
37949	Men's D	Wed	9/20	6:15pm	\$550	\$600
37948	Women's	Wed	9/20	6:15pm	\$550	\$600
37954	Coed C	Thurs	9/21	6:15pm	\$550	\$600
37950	Coed D	Thurs	9/21	6:15pm	\$550	\$600
37964	Coed E	Thurs	9/21	6:15pm	\$550	\$600
37956	Coed D	Fri	9/22	6:15pm	\$550	\$600
37960	Coed E	Fri	9/22	6:15pm	\$550	\$600

Early Bird Registration deadline is September 1, 2017.
The Regular Registration date is September 8, 2017.

All divisions are ASA rules. All games will be held at **Dwight Merkel Sports Complex and Franklin Park**. Rulebooks, scorebook, lineup cards, & softballs are included in the registration fee and must be picked up at the Captains meeting on 9/13, 6pm, Parks Operations at 2304 E Mallon Ave. Starting times are tentative, and teams are not guaranteed a 6:15pm start for a double header. Divisions may be combined. Offers subject to change from printed.

For more information please check www.spokaneParks.org/sports.

Fall Volleyball League

9 Weeks Ages 16+ The Coed A League is high intensity competition for elite players. The Coed B League is for players looking for competition in a more relaxed environment. The Coed C League is our entry level recreational league. We also offer Coed 4on4 and Women's 4on4. All games start at 6:15 p.m. Registration fee varies based on length of season, due to gym availability at a specific location. Please email for more information; aeva@spokaneCity.org. Early bird Registration: 8/25 Regular Registration Deadline: 9/25.

Activity #	Division	Day	Starts	Fee
37762	Coed A Division - Chase	Mon	10/9	\$299
37763	Coed B Division - Sac/Glover	Mon	10/9	\$299
37766	Coed 4on4 Division - Shaw	Tues	10/10	\$199
37767	Women's 4on4 Division	Wed	10/11	\$199
37765	Coed C Division - Sac	Thurs	10/12	\$299
37764	Coed B Division - Salk	Thurs	10/12	\$299
37769	Coed C Division - Salk	Fri	10/13	\$299

Fall Brawl Softball Tournament

3 Days | Ages 18+ Finish off your fall softball season by competing in SPRD's annual Fall Brawl tournament on 10/20-10/22. The format is a 4-game guarantee: 2-pool play games, followed by a bracket play tournament. Space is limited, so don't miss out. Register today. This is an ASA sanctioned tournament. Games at **Dwight Merkel Sports Complex, 5701 N. Assembly & Franklin Park Sports Complex, 302 W Queen Ave.** \$275/team.

38033	Coed Lower	Fri.-Sun.	10/20-10/22
38034	Coed Upper	Fri.-Sun.	10/20-10/22
38035	Men's Lower	Fri.-Sun.	10/20-10/22
38036	Men's Upper	Fri.-Sun.	10/20-10/22
38037	Women's Open	Fri.-Sun.	10/20-10/22

YOUTH SPORTS

NEW! Learn to Skate

7 weeks | Ages 4+ The Learn to Skate program teaches children the basics of ice skating. These classes are perfect for brand new skaters, recreational skaters and skaters looking to advance to figure skating or hockey. Six progressive levels introduce forward and backward skating, stops, edges, crossovers and turns. Off skate orientation includes equipment check, proper fit and lacing of skates, appropriate attire, safety helmets. Also practice falling and recovery, marching in place, dips and one foot balances in skates. Classes taught by Lilac City Figure Skating Club coaches. Includes skate rental and 5 public open skate sessions. **Eagle's Ice-A-Rena, 6321 N. Addison.** \$75

38294	Wed.	9/13-10/25	6-7pm
38295	Sat.	9/16-10/28	11:15am -12:15pm

alorica

Passion · Performance · Possibilities

PROUD SPONSOR OF SPRD ATHLETICS

Register online at SpokaneParks.org



tennis afterschool zone



powered by USTA PNW

RecTennis is serving up tennis basics at a school near you! Developed for children from pre-K to 6th grade, TAZ uses tennis equipment that's sized for kids. We provide smaller-sized racquets and low-compression starter balls to help your kids develop skills while having fun with new friends. No previous tennis experience required!

Our TAZ curriculum combines fun activities with lessons in leadership, teamwork, and other important concepts and principles. TAZ is played in the school gym and sneakers are required.



RecTennis proudly partners with:



**TAZ is the place to have fun, be active,
and learn to play tennis with friends.**

**TAZ is back in Spokane with
programs starting soon!**

find your school today at:

RecTennis.com/Spokane

**Shorter rackets, low-compression balls, and
portable nets make tennis safe and able to be
played anywhere.**

No tennis court required!

**TAZ helps schools meet CSPAP and provides kids
with nationally-recommended 60 minutes of
physical activity per day.**

For info/requests:
AnnElise Anderson

509-991-0696 | anderson@pnw.usta.com





Skyhawks Sports Academy provides sports programs where children discover and develop athletic skills and social values, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

FALL 2017

(course)	(dates)	(days)	(time)	(ages)	fee)	(location)
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SOCCERTOUCH

SSA98467	9/17 - 10/22	Sun	1:00 p.m. - 1:50 p.m.	5-7	\$74	Franklin Park*
SSA98466	9/17 - 10/22	Sun	2:00 p.m. - 2:50 p.m.	8-10	\$74	Franklin Park*
SSA98492	11/08 - 12/06	Wed	6:05 p.m. - 6:55 p.m.	5-7	\$61	Wilson Elementary*
SSA98493	11/08 - 12/06	Wed	7:00 p.m. - 7:50 p.m.	8-10	\$61	Wilson Elementary*

Skyhawks is the nation's #1 camp for learning the fundamentals of soccer. Using our progressional curriculum, boys and girls will gain the technical skills & sport knowledge required for that next step into soccer. This program meets once a week for 5 or 6 weeks.

FLAG FOOTBALL CLINIC

SSA98567	9/14 - 10/12	Thurs	5:30 p.m. - 6:20 p.m.	6-12	\$61	Franklin Park
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Boys and girls learn skills on both sides of the football including the core components of passing, catching and defense - all in a fun and positive environment. This program meets once a week for 5 weeks.

FLAG FOOTBALL CLINIC

SSA98481	10/17 - 11/28	Tues	6:05 p.m. - 6:55 p.m.	5-7	\$90	Indian Trail Elementary*
SSA98482	10/17 - 11/28	Tues	7:00 p.m. - 7:50 p.m.	8-12	\$90	Indian Trail Elementary*

This special 6 week clinic is designed to teach core football techniques for skilled positions with an element of speed and agility training. This special clinic features low class ratio and is coached by Mario Williams. Skills developed are the core components of passing, catching, and defense - all in a fun and positive environment.

VOLLEYBALL

SSA98485	10/18 - 11/22	Wed	7:00 p.m. - 7:50 p.m.	6-12	\$74	Browne Elementary*
SSA98490	10/19 - 11/30	Thurs	6:10 p.m. - 7:00 p.m.	6-12	\$74	Franklin Elementary*
SSA98491	10/19 - 11/30	Thurs	7:00 p.m. - 7:50 p.m.	6-12	\$74	Franklin Elementary*

All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting and serving. This program is designed for the beginning and intermediate player. Our staff will assist boys and girls in developing fundamental skills through game-speed drills and daily scrimmages aimed at developing the whole player. This program meets once a week for 6 weeks.

BEGINNING CHEERLEADING

SSA98562	9/14 - 10/12	Thurs	5:30 p.m. - 6:20 p.m.	5-11	\$61	Southeast Sports Complex
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Skyhawks Cheerleading teaches girls the essential skills to lead crowds and support the home team! Each cheerleader learns proper hand & body movements and jumping techniques. The week concludes with a choreographed performance. This program meets once a week for 5 weeks.

CHEERLEADING

SSA98488	10/19 - 11/30	Thurs	6:05 p.m. - 6:55 p.m.	5-11	\$74	Hutton Elementary*
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Skyhawks Cheerleading teaches girls the essential skills to lead crowds and support the home team! Each cheerleader learns proper hand & body movements and jumping techniques. The session concludes with a choreographed performance. This program meets once a week for 6 weeks.

***Locations are subject to change based on availability of school.**

***No session on Tuesday, 10.31.17 (Halloween) or Thursday, 11.23.17 (Thanksgiving).**

The district does not sponsor or endorse this event/information and the district assumes no responsibility for it. In consideration of the privilege to distribute materials, the Spokane School District will be held harmless from any cause of action filed in any court or administrative tribunal arising out of the distribution of these materials, including costs, attorney's fees and judgments or



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www.skyhawks.com or call 466-6590

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YOUTH SPORTS SKILL-BASED PROGRAMS

Skyhawks Sports Academy provides sports programs where children discover and develop athletic skills and social values, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

FALL 2017

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
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BEGINNING BASKETBALL

SSA98477	10/18 - 11/22	Wed	5:30 p.m. - 6:20 p.m.	4-6	\$74	Arlington Elementary*
SSA98479	10/17 - 11/28	Tues	6:05 p.m. - 6:55 p.m.	4-6	\$74	Audubon Elementary*
SSA98487	10/19 - 11/30	Thurs	6:05 p.m. - 6:55 p.m.	4-6	\$74	Lincoln Heights Elementary*

This fun, skill-intensive program is designed for beginning to intermediate athletes. An active session of passing, shooting, dribbling and rebounding makes this one of our most popular programs. Boys and girls will also learn vital life lessons such as respect, teamwork and responsibility. This program meets once a week for 6 weeks.

BASKETBALL

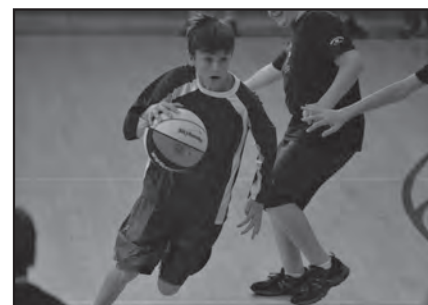
SSA98478	10/18 - 11/22	Mon	6:30 p.m. - 7:20 p.m.	6-12	\$74	Arlington Elementary*
SSA98480	10/17 - 11/28	Tues	7:00 p.m. - 7:50 p.m.	6-12	\$74	Audubon Elementary*
SSA98486	10/19 - 11/30	Thurs	7:00 p.m. - 7:50 p.m.	6-12	\$74	Lincoln Heights Elementary*

This fun, skill-intensive program is designed for beginning to intermediate athletes. An active session of passing, shooting, dribbling and rebounding makes this one of our most popular programs. Boys and girls will also learn vital life lessons such as respect, teamwork and responsibility. This program meets once a week for 6 weeks.

BEGINNING BASEBALL

SSA98561	9/13 - 10/11	Wed	5:30 p.m. - 6:20 p.m.	4-6	\$61	Shadle Park
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COMING SOON: SKYHAWKS BASKETBALL LEAGUE!



Practice and game on the same day!

**Locations are subject to change based on availability of school.
No session on Tuesday, 10.31.17 (Halloween) or Thursday, 11.23.17 (Thanksgiving).

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SPORT-BASED CHILD DEVELOPMENT

SuperTots Sports Academy provides sport-based development programs where children discover and develop athletic, motor, and social skills. SuperTots' curriculum is specifically designed to promote development along side a healthy, active lifestyle.

(course)	(dates*)	(days)	(time)	(ages)	(fee)	(location)
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BASEBALLTOTS™

BaseballTots is a development program for kids ages 26 months through 5 years old that uses a variety of fun games to engage kids while teaching the sport of baseball and developing fundamental skills. The goal is to build fitness, muscle coordination, baseball fundamentals and create a love of the game.

Bunters	10/11 - 11/15	Wednesday	6:10 p.m. - 6:50 p.m.	26 mos - 36 mos	\$90	Roosevelt Elementary
Hitters / Homers	10/11 - 11/15	Wednesday	7:00 p.m. - 7:40 p.m.	4 yrs - 5 yrs	\$90	Roosevelt Elementary

HOOPSTERTOTS™

Learning basketball has never been more fun! These classes focus on dribbling, shooting technique, passing and team work. Adjustable hoops and appropriately sized basketballs are used to always provide just the right amount of challenge.

Froggies I / II	10/12 - 12/07	Thursday	6:10 p.m. - 6:50 p.m.	3 yrs - 3 yrs 11 mos	\$112	Mullan Road Elementary
Rabbits I / II	10/12 - 12/07	Thursday	7:00 p.m. - 7:40 p.m.	4 yrs - 5 yrs	\$112	Mullan Road Elementary

SOCCERTOTS®

Our flagship program! Playable on almost any surface, these soccer-themed motor skill classes are very easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus, and introduce an element of light competition.

Teddies	10/10 - 12/05	Tuesday	6:10 p.m. - 6:50 p.m.	18 mos - 24 mos	\$112	Westview Elementary
Teddies / Teddies II	10/11 - 11/29	Wednesday	6:10 p.m. - 6:50 p.m.	18 mos - 30 mos	\$112	Hamblen Elementary
Teddies II	10/10 - 12/05	Tuesday	6:10 p.m. - 6:50 p.m.	24 mos - 30 mos	\$112	Westview Elementary
Teddies II / Koalas	10/10 - 12/05	Tuesday	6:10 p.m. - 6:50 p.m.	24 mos - 36 mos	\$116	Wilson Elementary
Koalas	10/10 - 12/05	Tuesday	6:10 p.m. - 6:50 p.m.	30 mos - 36 mos	\$112	Westview Elementary
Cubs / Pandas	10/09 - 11/27	Monday	5:40 p.m. - 6:20 p.m.	3 yrs - 4 yrs	\$112	Lidgerwood Elementary
Cubs / Pandas	10/11 - 11/29	Wednesday	6:10 p.m. - 6:50 p.m.	3 yrs - 4 yrs	\$112	Hamblen Elementary
Cubs	10/10 - 12/05	Tuesday	7:00 p.m. - 7:40 p.m.	3 yrs - 3 yrs 6 mos	\$112	Westview Elementary
Pandas	10/11 - 11/29	Wednesday	7:00 p.m. - 7:40 p.m.	3 yrs 6 mos - 4 yrs 6 mos	\$112	Hamblen Elementary
Bears / Grizzlies	10/10 - 12/05	Tuesday	7:00 p.m. - 7:40 p.m.	4 yrs - 5 yrs 6 mos	\$112	Westview Elementary
Bears / Grizzlies	10/10 - 12/05	Tuesday	7:00 p.m. - 7:40 p.m.	4 yrs - 5 yrs 6 mos	\$112	Wilson Elementary
Grizzlies / SoccerTouch	11/08 - 12/13	Wednesday	6:05 p.m. - 6:55 p.m.	4 yrs 6 mos - 6 yrs	\$74	Wilson Elementary

FLAG FOOTBALL

A great way to introduce your toddler to America's favorite sport! Special care is taken to ensure safety while children learn kicking, passing, gripping, footwork and basic formations in a no tackle format. With soft fun footballs, a smaller field, and right sized flags and goal zones children are sure to succeed.

Billy Goats / Rams	10/11 - 11/15	Wednesday	5:40 p.m. - 6:20 p.m.	3 yrs - 3 yrs 11 mos	\$84	Franklin Elementary
Bulls / Buffalos	10/11 - 11/15	Wednesday	6:30 p.m. - 7:10 p.m.	4 yrs - 5 yrs 6 mos	\$84	Franklin Elementary
Billy Goats / Rams	10/12 - 12/07	Thursday	5:40 p.m. - 6:20 p.m.	3 yrs - 3 yrs 11 mos	\$112	Willard Elementary
Bulls / Rhinos	10/12 - 12/07	Thursday	6:30 p.m. - 7:10 p.m.	4 yrs - 5 yrs 6 mos	\$112	Willard Elementary

MULTI-SPORT

These multi-sport programs give children a positive first step into athletics. The essentials of each sport are taught in a safe, structured environment with lots of encouragement and a focus on fun. All games and activities are designed to allow campers to explore balance, movement, hand/eye coordination and skill development at their own pace.

Soccer & Basketball	10/10 - 11/21	Tuesday	6:10 p.m. - 6:50 p.m.	3 yrs - 3 yrs 11 mos	\$84	Linwood Elementary
Soccer & Basketball	10/10 - 11/21	Tuesday	7:00 p.m. - 7:40 p.m.	4 yrs - 5 yrs 6 mos	\$84	Linwood Elementary

***Locations are subject to change based on availability of school.**

***No classes on Tuesday October 31st (Halloween) and Thursday, November 23rd (Thanksgiving).**

We ask that parents and caretakers respect school district property while using school facilities for SuperTots programs. Please do not allow children to touch school district equipment which includes siblings of participants.

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ONLINE:
www.SuperTotSports.com

PHONE:
509.534.5437

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SOCIALIZATION

TRS Classy Crafts

4 weeks | Ages 16+ Explore your creative side and make a variety of beautiful and meaningful crafts each week. Participants will have the opportunity to improve skills such as fine motor, socialization and communication.

Sinto Senior Activity Center, 1124 W. Sinto. \$39

38255	Thurs.	10/5-10/26	7-8:15pm
38256	Thurs.	11/2-11/30*No class 11/23.	7-8:15pm

TRS Fleece Hat & Scarf Workshop

1 day | Ages 14+ Have fun with fleece. Make a hat and scarf to keep you warm this winter with the guidance of TRS staff. A variety of colors and patterns will be available. No sewing experience required.

Sinto Senior Activity Center, 1124 W. Sinto. \$19

38274	Mon.	11/13	6:30-8pm
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TRS Friday Night Jam

1 day | Ages 18+ Come rock and swing at Spokane's oldest on-going nightclub for people with developmental disabilities. If participants require direct supervision then care providers need to attend. Held the second Friday each month, at the **West Central Community Center, 1603 N. Belt. \$6**

Sock Hop *Wear your favorite wild & crazy socks!!

37722	Fri.	9/8	7-9pm
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Halloween/Harvest *Wear a costume if desired

37719	Fri.	10/13	7-9pm
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Neon November *Dress in your favorite neon colors*

37720	Fri.	11/10	7-9pm
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Christmas Dinner & Dance \$7. Dress festive, bring a dessert or salad to share.

37721	Fri.	12/8	6-9pm
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TRS What's Cooking

4 weeks | Ages 16+ Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen.

Southside Senior Activity Center, 3151 E. 27th Ave. \$49

37724	Tues.	9/5-9/26	4-6pm
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37725	Tues.	10/3-10/24	4-6pm
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37726	Tues.	11/7-11/28	4-6pm
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FITNESS & WELLNESS

TRS PRE-SKI SEASON WALKING

6 weeks | Ages 12+ Take a Saturday walk at Mission Park. Get in shape for the upcoming ski season. Walk at your own pace. Poles are provided. **Mission Park parking lot, Mission & Perry. \$29**

38271	Sat.	10/14-11/18	9:30-11am
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TRS Walking - Let's Get Moving

4 weeks | Ages 14+ If you enjoy the outdoors, exercise and socializing with friends, a weekly stroll in the Mission Park Neighborhood is for you. We will divide the group into slow and fast walkers. Please wear comfortable, loose clothing such as sweats and sturdy walking shoes. Meet at **Mission Park parking lot, Mission & Perry. \$27**

38253	Wed.	9/27-10/18	4:30-5:30pm
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TRS Swimming

8 weeks | Ages 8+ For people with developmental disabilities who want to swim competitively or for a good workout. Ability to swim 75 yds. without assistance and with rhythmic breathing.

Whitworth University Aquatic Center, 300 W. Hawthorne. \$49.

Blue Dolphin Swim Team

38278	Sun.	9/24-12/3*No class 11/26.	2:15-3:45pm
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TRS Swimming - Learn to Swim

8 weeks | Ages 8+ Learn to swim while having fun in the water. A fun way for kids of all ages with disabilities to learn good swim technique, especially if they want to be competitive later. Each swimmer is requested to have a helper get in the water to help with games and activities. There will be two levels.

Whitworth University Aquatics Center, 300 W. Hawthorne. \$49

Beginner

Individuals will learn how to face float, back float, kick with floats and learn the crawl stroke with rotary breathing. Elementary back stroke and back crawl will be taught with the goal to be able to do for 20 yards.

38279	Sun.	9/24-12/3*No class 11/26	3-3:45pm
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Intermediate

Individuals who have mastered the Beginner skills and are ready to move on skills worked on will be distance swimming, breast stroke, butterfly, diving, simple turns and deeper water experience.

38280	Sun.	9/24-12/3*No class 11/26	2:15-3pm
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TRS Basketball

7 weeks | Ages 18+ Fun, exercise, teamwork, and being with friends is what this program is about. We provide both beginner and intermediate basketball. Beginner group will learn developmental skills such as dribbling and shooting. Intermediate group will focus on how to play as a team.

Longfellow Elementary 800 E. Providence \$23

38275	Wed.	10/11-11/22	6:30-7:30pm
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TRS Ice Skating

8 weeks | Ages 8+ Participants with developmental disabilities learn to skate and improve existing skills. Please dress warmly. Each session includes skate rental and participation on both days.

Eagles Ice Arena, 6321 N. Addison St. \$69

38281	Mon.	10/16-12/8	2:45-3:45pm
	Fri.		5-6 pm

TRS Powerlifting

7 weeks | Ages 17+ For persons with developmental disabilities who are serious about lifting with free weights and universal gym equipment. Ability to stay on task and follow directions with minimal assistance.

North Central High School, 1600 N. Howard. \$49

38277	Tues. & Thurs.	10/3-11/16	6:30-7:30pm
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DANCE, MUSIC & THEATER

TRS Day at the Theatre

1 day | Ages 16+ Come with us as we delight in the entertaining theatre productions put on by our local Spokane Children's Theatre (SCT) and Christian Youth Theatre (CYT).

School House Rock Live!

Schoolhouse Rock Live! follows Tom, a nerve-wracked school teacher who is nervous about his first day of teaching. He tries to relax by watching TV, when various characters representing facets of his personality emerge from the set and show him how to win his students over with imagination and music, through such songs as "Just a Bill," "Lolly, Lolly, Lolly" and "Conjunction Junction."

Meet at Spokane Children's Theatre, 2727 N. Madelia St. #5 \$24
38257 Sat. 10/21 1:45-4:30pm

A Christmas Carol

Tells the story of Ebenezer Scrooge an old miser who is visited by the ghost of his former business partner Jacob Marley and the Ghosts of Christmas Past, Present and Future. **Bing Crosby Theatre, 901 W. Sprague \$24**

38258 Sun. 11/12 2:30-5:30pm

Annie

Little orphan Annie charms everyone's hearts. She is determined to find the parents who abandoned her years ago on the doorstep of a New York City Orphanage that is run by the cruel, embittered Miss Hannigan. In adventure after fun-filled adventure, Annie foils Miss Hannigan's evil machinations... and even befriends President Franklin Delano Roosevelt! She finds a new home and family in billionaire, Oliver Warbucks, his personal secretary, Grace Farrell, and a lovable mutt named Sandy. **Meet at Spokane Children's Theatre, 2727 N. Madelia St. #5. \$24**

38259 Sat. 12/2 1:45-4:45pm



TRS Musical Production

8 weeks | Ages 15+ This year's musical will be determined by the Fall quarter class participants. They will have the opportunity to improve communication and socialization skills. The quarter will end with the participants putting on a talent show.

Ridgeview Elementary, 5610 N. Maple. \$43

38268 Mon. 10/16-12/4 6:30-8pm

TRS Drum & Dance

3 weeks | Ages 14+ Whether you want to dance or just drum, join us for this combo class, using music and movements from The Nia Technique®. Increase your awareness of the rhythms in music, and the way your body moves. Experience the joy in improving your body and mind. Participants can be sitting or upright. Please wear comfortable clothing and closed toe shoes for dancing. **Meet at West Central Community Center, 1603 N. Belt. \$19**

38263 Mon. 10/9-10/23 4:30-5:30pm

38264 Mon. 11/6-11/20 4:30-5:30pm

TRS Sundancers Squaredancing

8 weeks | Ages 15+ Do you want to learn how to square dance or improve your existing skills? Participants should know left and right, ability to follow simple directions, and have a good attention span.

Shaw Middle School, 4106 N. Cook. \$33

Beginners Squaredancing

Class held the second and fourth Tuesday of the month. Class dates are 10/10, 10/24, 11/14, 11/28.

38272 Tues. 10/10-11/28 6:30-8pm

Performers Squaredancing

Class held the first and third Tuesday of the month. Participants are welcome to come the second and fourth Tuesday to help with the beginners. Performance night is the 3rd Tuesday of the month. Pick up time is 9 pm.

38273 Tues. 10/3-11/28 6:30-8pm

TRIPS & TOURS

TRS PEND OREILLE TRAIN RIDE

1 day | Ages 16+ This is the same great train the North Pend Oreille Valley Lions Club operated with a new exciting location and the Newport/Priest River Rotary Club as the new operator. The train leaves historic Newport, WA with the route following the absolutely gorgeous Pend Oreille River to Dalkena. The crew knows the history, and the romance of this fantastic corner of the inland northwest. You may spot moose, elk or eagles. We will have lunch in Newport so bring \$15. TRS will provide transportation from **Sinto Senior Activity Center, 1124 W. Sinto. \$43**

38265 Sat. 10/7 9:45am-4pm

38266 Sun. 10/15 9:45am-4pm

TRS Seattle Mariners Baseball Game

2 days | Ages 18+ Enjoy a baseball game at Safeco Field watching the Seattle Mariners play the Houston Astros. Participants need to be independent in personal care skills and have no major behavioral or medical needs. Trip fee covers transportation, staff, game tickets, overnight accommodations, breakfast and lunch on return day. Transportation provided from **Sinto Senior Activity Center, 1124 W. Sinto. \$269**

37727 Wed. 9/6 Depart: 10am

Thu 9/7 Return: 4:30pm

TRS Holiday Lights Cruise

1 day | Ages 14+ Come with us as we board a cruise boat to enjoy the Coeur d'Alene Resort's Holiday Light Show, the biggest and brightest in the Northwest. The extravaganza, featuring 225 animated and static displays positioned over the water, across the Resort Grounds, and at the North Pole, utilizes over one million lights to bring the lake to life like during the holidays. Bring snack money to purchase cocoa, pop, cookies or chips. **Meet at Sinto Senior Activity Center, 1124 W. Sinto. \$31**

38298 Fri.12/1 5:45-9:30pm

TRS Dessert Delight

1 day | Ages 16+ If you have a sweet tooth and enjoy desserts come with us as we visit a variety of Spokane eateries. Transportation provided from **Sinto Senior Activity Center, 1124 W. Sinto**. \$12 (Does not include cost of food).

Shari's Cafe and Pies - World famous pies, shakes & ice cream.

38235 Wed. 9/20 7-9pm

Tomato Street - Cheesecake, tiramisu & chocolate cookie sundaes.

38236 Wed. 10/25 7-9pm

Coldstone - Creamy ice cream, shakes, sundaes, frozen yogurt & sorbet

38237 Thurs. 11/16 7-9pm

Brain Freeze - Located in Kendall Yards: Ice cream & sorbet.

38238 Wed. 12/6 7-9pm

TRS Eagle Football

1 day | Ages 18+ Come on Eagle fans, don't miss this exciting day of college football at Roos Field. We will be traveling to Cheney to watch the Eags play Sacramento State. Bring \$12 to purchase dinner and money for souvenirs if desired. We will meet and return from **Sinto Senior Activity Center, 1124 W. Sinto**. \$34

38254 Sat. 9/30 10:15am-5:15pm

TRS Fall Lake Cruise

1 day | Ages 18+ Cruise on majestic Lake Coeur d' Alene. Enjoy the fresh air and beautiful fall colors. Transportation provided from **Sinto Senior Activity Center, 1124 W. Sinto**. \$39

37723 Sun. 9/17 10:30am-3pm

TRS Fine Dining

1 day | Ages 18+ Do you like getting dressed up and going out? Come with us and experience the culinary delights of Spokane's finest restaurants! Staff will help in the selection and purchase of a meal. Participants will have the opportunity to improve social, communication, and etiquette skills. Transportation provided from **Sinto Senior Activity Center, 1124 W. Sinto**. \$15 (Does not include cost of food).

Outback Steakhouse - Steak, seafood & the bloomin' onion.

38243 Thurs. 9/28 6-9pm

The Onion - Gourmet burgers, fish & deep fried Oreos that are delicious.

38240 Thurs. 10/19 6-9pm

Rocky Rococo-Pizza & Pasta - Delicious pizza & salad bar.

38239 Wed. 11/1 6-9pm

Milford's Fish House - Spokane fish favorite!

38241 Wed. 12/13 6-9pm



TRS Friday/Saturday Fun

1 day | Ages 18+ If your Friday/Saturday nights are dull check out these fun nights. Participants are responsible to bring the suggested amount of money listed. Sign-up fee covers transportation, staff, tickets and sometimes food. Staff ratio is 1:4-6. Participants will have the opportunity to practice socialization skills such as making choices, handling money, following directions and getting along within a group. Fee and meeting location varies.

Walters Fruit Ranch

Green Bluff Walters Fruit Ranch is our destination. An educational tractor tour, picking an apple and mini pumpkin, and sip apple cider while eating pie. Meet at **Sinto Senior Activity Center, 1124 W. Sinto**. \$24

38245 Fri. 9/22 2-6:30pm

Spokane Chiefs Hockey

The Spokane Chiefs play Portland Winterhawks. Bring \$10 to purchase snacks or dinner. Meet us at the **Spokane Veterans Arena main entrance, Boone & Howard**. \$28

38249 Fri. 10/6 6:30-9:30pm

Harvest Party

Wear your favorite costume. We will enjoy a Mexican bar and caramel apples, do a harvest craft, sing karaoke and drink apple cider while watching a movie. Meet at **Sinto Senior Activity Center, 1124 W. Sinto**. \$29

38246 Fri. 10/20 6-9pm

Disney on Ice-Follow Your Heart

Follow your heart straight to adventure at Disney on Ice! Just keep swimming with Dory and Hank from "Finding Dory" as they set out to find Dory's parents. Cheer with the Emotions from "Inside Out." Venture to wintery Arendelle with Olaf, Kristoff, Elsa, and Anna. Celebrate true friendship with the "Toy Story" gang. Meet us at the **Spokane Veterans Arena main entrance of Boone and Howard**. \$28

38250 Fri. 10/27 6:15-9pm

Spokane Chiefs Hockey

The Spokane Chiefs play the Portland Winterhawks. Bring \$10 to purchase snacks or dinner. Meet us at the **Spokane Veterans Arena main entrance, Boone & Howard**. \$28

38251 Fri. 11/3 6:30-9:30pm

Pizza & Bowling

Meet us at North Bowl for an afternoon of bowling and pizza. Fee includes everything so extra money is not required for this outing.

North Bowl, 125 W. Sinto Ave. \$24

38248 Sat. 11/4 1:30-4pm

Spokane Chiefs Hockey

The Spokane Chiefs play the Victoria Royals. Bring \$10 to purchase snacks or dinner. Meet us at the **Spokane Veterans Arena main entrance, Boone & Howard**. \$28

38260 Fri. 11/17 6:30-9:30pm

Pizza & Bowling

Meet us at North Bowl for an afternoon of bowling and pizza. Fee includes everything so extra money is not required for this outing.

North Bowl, 125 W. Sinto Ave. \$28

38247 Sat. 12/9 1:30-4pm

Discounted Skiing + Volunteering = One Awesome Winter



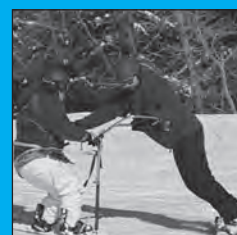
Do you enjoy skiing or snowboarding and want to help improve the quality of life for people with disabilities?

Consider volunteering with Therapeutic Recreation Services.

We're also looking for volunteers to help with outings to sport events or dinners, creating crafts, or singing and dancing in a musical production.



Please call 509.625.6245 or email abusch@spokanecity.org



Community & Senior Center Facility Information

	Youth Classes & Activities	Adult Classes & Activities	Adult Tours	Kitchen/Senior Meals	Gym/Auditorium	Rental Space	Athletic Equipment	Community Services
Corbin Senior Center 827 W. Cleveland Ave. 509-327-1584		X	X	X		X		X
East Central Community Center 500 S. Stone St. 509-808-2123	X	X	X	X	X	X	X	X
Hillyard Senior Center 401 North Cook Street 509-482-0803		X	X	X		X		X
Mid-City Concerns 1222 W. Second Ave. 509-456-6597		X		X		X		X
Northeast Youth Center 3004 E. Queen Ave. 509-482-0708	X	X	X	X	X	X	X	X
Project Joy 3151 E. 25th Ave. 509-535-0584		X						
Sinto Senior Center 1124 W. Sinto Ave. 509-327-2861		X	X	X		X		X
Southwest Community Center 310 S. Spruce St. 509-624-8634	X							X
Southside Senior Center 3151 E. 27th Ave. 509-535-0803	X	X	X	X		X		X
West Central Community Center 1603 N. Belt 509-326-9540	X	X			X	X	X	X

SOUTHWEST SPOKANE C.C.

After School Program-Youth

10 months | Ages 6+ SWCC's youth programs provide snacks, homework help, and group activities that promote healthy youth development in literacy, leadership, work readiness, and civic responsibility. On no-school days, SWCC offers complimentary care from 7:30am-5:30pm for participants in our after school program. **Southwest Spokane Community Center, 310 Spruce.** 509-624-8634. \$100/month.

Sept. – June

8/31-6/14

3:30pm-5:30pm

HILLYARD SENIOR CENTER

Kayak on Horse Shoe Lake

1 Day | Adults 50+ Horseshoe Lake is a small peaceful lake shaped like a horseshoe as its name indicates. We'll paddle over to the Northeast side of the lake to a beautiful 50' foot water fall called Exley Falls, once there we'll relax and enjoy the small pools at the base of the falls. Bring your own sack lunch and we'll enjoy an outdoor lunch after kayaking. Register by calling 509-482-0803.

Hillyard Senior Center, 4001 N. Cook St. \$25

Fri.

9/8

10am-4pm

Scenic Pend Oreille River Train

1 Day | Adults 50+ The scenery on this trip is spectacular! We'll be leaving from historic Newport, WA for a 24 mile round trip train ride headed for Dalkena, WA. We'll trace the footsteps of early French traders on their way north to the Klondike gold rush, steamboat gamblers, loggers, miners, homesteaders, and outlaws. Our train crew knows the history, and romance of this fantastic corner of the inland northwest. Afterwards we'll have lunch together (**on your own**). Register by calling 509-482-0803.

Hillyard Senior Center, 4001 N. Cook St. \$36

Sat.

10/14

9:30am-4pm

Greenbluff Harvest Tour

1 DAY | Adults 50+ Celebrate the arrival of Fall colors and harvested food with us at Greenbluff. The Harvest Festival will be in full swing with fresh vegetables, fruits, desserts and MUCH more. All food is on your own. We'll stop at several farms on our tour, Harvest House, Hidden Acres, and High Country Orchard for delicious treats. Register by calling 509-482-0803.

Hillyard Senior Center, 4001 N. Cook St \$11

Fri.

10/20

12:30pm-4pm

Halloween Masquerade & Dance Party

1 DAY | Adults 50+ Do not miss the ghouling fun and ghostly excitement at our annual Halloween party. Haunting music will be provided by the spirits of the Jerry-At-Tricks for your dancing pleasure. Other creepy features will be Horse & Carriage rides, a delicious luncheon, wonderful costume prizes for "Scariest", "Funniest", "Original" & "Best Look Alike", unique door prizes and lots of spooky games. Register by calling 509-482-0803.

Hillyard Senior Center, 4001 N. Cook St. \$24

Wed.

10/25

10:30am-3pm





NORTHEAST YOUTH CENTER

Before School Camp

Weekly | K-6TH Grade Working early and can't find someone to take your child to school? Mornings are so important for children to get off to a good start! Every morning your child will be greeted with fun & games, a breakfast snack, hair styling, last minute homework help, and safe travel to school on time! Register at the Northeast Youth Center 509-482-0708. State pay accepted-Immunization records required.

Northeast Youth Center 3004 E. Queen Ave. \$62/week
Mon.-Fri. 8/31-6/14 6am-start of school

Travel Camp

Weekly | K-6TH Grade Many parents are looking for affordable, quality care and have asked us to design an after school program to meet their needs. Your child will be transported from school and brought to the Northeast Youth Center for a yummy snack, recreation play, computer time, arts & crafts, and weekly field trips. Register at the Northeast Youth Center 509-482-0708, State pay accepted-Immunization records required.

Northeast Youth Center 3004 E. Queen Ave. \$68/week or contact us about our AM & PM combined rate.
Mon.-Fri. 8/31-6/14 3pm-6pm

Early Learners Academy (Preschool)

Weekly | 3-5yrs. We are offering a safe and secure facility that has a variety of fun educational and recreational activities so your child can learn develop and are prepare to be a step ahead for Kindergarten. We will keep them busy throughout the day with a creative curriculum taught by our certified preschool teacher and gym class/outdoor time from our recreation activity specialist. Register at the Northeast Youth Center 509-482-0708. **State pay accepted-** scholarships available, immunization records required.

Northeast Youth Center 3004 E. Queen Ave. \$154/week.
Mon.-Fri. 8/31-6/14 6am-6pm

TAE-KWON-DO

Monthly | Ages 8+ This class is designed to focus on fitness, flexibility, coordination, strength and self-defense techniques. The instructors are committed to giving back to the community to help those in need of food by requesting each participant pay for classes with only 2 cans of food per month. Information call the Northeast Youth Center 509-482-0708 Cost: 2 cans of food per month. Classes start Sept. 1.

Mon. & Wed.	Beginners	6:30-8pm
Fri.	Advanced	6:30-8pm

SINTO SENIOR ACTIVITY CENTER

Pend Oreille Lake Boat Tour

Cruise from Hope, Idaho up the Clark Fork Delta. Learn amazing geologic history. Two hours on lake; one hour in the Delta. Cost includes transportation, escort and lunch on board. Call 509-327-2861 to register. **Sinto Senior Center, 1124 W Sinto Ave.**

Member: \$82 Non-Member: \$87
Sun. 9/24 9:30am-5:30pm

Green Bluff Apple Harvest

A fun friendly trip to Green Bluff to pick up apples to eat, make apple sauce, apple crisp, apple pie, etc. Transportation is included. Call 509-327-2861 to register.

Sinto Senior Center, 1124 W Sinto Ave.
Member: \$10 Non-Member: \$15
Fri. 10/13 10am-4pm

EAST CENTRAL COMMUNITY CENTER

BOOST Basketball Clinics

7 weeks | Ages 12+ Come join our "Im Possible" and USAB certified trainer Richie Fischer, and other current and former college players in this intense, competitive training clinic. Learn skills like Accountability and Poise while dribbling, shooting, and working at the highest level to become a "go-to" player for your school or club team. Scholarships available! Sign up at www.catchspokane.org or contact Richie Fischer 509-808-2123, richief@ecspokane.org for more info. **East Central CC.**

500 S. Stone St. \$65 (limit 12 players/boys or girls)
Sat. 9/16-10/28

Youth Sports and STEM Saturdays

7 weeks | Ages 7-14yrs. Bring the boys and girls in for our basketball, volleyball, and STEM (Science, Technology, Engineering, Math) classes. Any level of sports experience is welcome to be involved in these fun- one, two, or all three hour long sessions! Learn basic and intermediate skills on the courts from our coaches and get to know things like robotics, coding, and even make edible beaver dams with our STEM instructors! Scholarships are available! Sign up at www.catchspokane.org or contact Richie Fischer 509-808-2123, richief@ecspokane.org for more info. **East Central CC, 500 S. Stone St.** \$55

Sat.	9/16-10/28	10am-1pm
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WEST CENTRAL COMMUNITY CENTER

Before and After School Childcare

Mon.–Fri. | Ages K-6TH Grade This program serves three area elementary schools (Audubon, Holmes & Spokane Public Montessori) and provides transportation to and from school. Activities during care include Cub Scouts, Girl Scouts, team sports, including basketball and baseball, fitness classes, art and Positive Action Classes. During the school year, childcare is open at 6:30am until we take the kids to school at 8am and from school dismissal until 6pm. Rates are very affordable and state pay is accepted. Immunization records are required. For registration information, call 509-326-9540 or visit our website at www.westcentralcc.org/kids.

West Central Community Center, 1603 N. Belt.

Before School Care: 6:30am-School Start Time

After School Care: School Dismissal-6pm

Karate and Wrestling

Weekly | Ages 5-18yrs. Karate and wrestling classes are also offered at the West Central Community Center and are open to kids and youth ages 5 to 18. A suggested donation of \$20.00 is welcome; however, the classes are free to participants. Karate meets every Friday at 4pm. Wrestling classes are held on Monday and Thursday nights at 5:30pm. Please call 509-326-9540 for more information. **West Central CC, 1603 N. Belt.**

Karate:	Fri.	4pm-5pm
Wrestling:	Mon. & Thurs.	5:30pm-6:30pm

Teen Night

Weekly | Ages 13-19yrs. Our teen program is held every Thursday evening from 7pm until 9pm and is open to teens 13 through 19 years of age. A typical evening features basketball, ping pong, foosball, board games, art, leadership club and free pizza! Call 509.326.9540 for more information.

West Central Community Center, 1603 N. Belt.

SOUTHSIDE SENIOR & COMMUNITY CENTER

Wii Bowling Tournament

1 day | All Ages Wii bowling is for everyone, sitting or standing, anyone can play! Groups from local communities and independent teams will compete for cash prizes. Space is limited so early registration is recommended, entry forms can be picked up at the Center Mon. – Fri. from 8:30am-4:30pm or by calling 509-535-0803. Doors will open at 1pm for late registration. Tournament will start at 2pm, with first ball thrown at 2:15pm. Each team will consist of 4 members with each bowling 2 games. Top six teams will move into the cash round. First place team wins \$200, second \$120 and third \$80. **Southside Senior & Community Center, 3151 E. 27th.** \$40 per team of 4.

Fri.	9/28	2pm-4pm
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\$49er Club, Scenic Pend Oreille River Train

1 day | All Ages The Lions train ride may be gone, but the Newport Rotary's train ride from Newport to Dalkena has just arrived (for one year, at least). You'll travel along the Pend Oreille River, through fall foliage, surrounded by wildlife. If you missed out on the Lion's ride here's your chance to experience it, or if you are a veteran of the former route try something new! Casual lunch hosted after the train ride. Includes train ride, lunch, transportation, valet parking and an escort. Transportation from **Southside Senior & Community Center, 3151 E. 27th.** \$54

Sat.	10/14	9am-4pm
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Ainsworth Hot Springs and Nelson BC

4 days | All Ages Enjoy a 3-night/4-day Canadian holiday full of relaxation and fun. Stay in luxurious waterfront rooms at the Kootenay Lakeview Resort between the hot springs and the quaint City of Nelson. Have ample time to soak as well as explore. The hot springs include warm mineral waters in a natural cave and full-size swimming pool. Nelson has a vibrant, carefully restored downtown shopping area, and a busy social scene with live performances, arts and music. Passport or EDL required. Includes: 3-nights lake view lodging, 3 breakfasts, one dinner, picnic lunch on the way, one hot spring admission and transportation from **Southside Senior & Community Center, 3151 E. 27th.** \$469 per pp/do

Tues.-Fri.	10/3-10/6	Depart 9am / Return 6pm
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Parks Facility Guide

FALL 2017

CITY OF SPOKANE PARKS & RECREATION	Shelter	Play Equipment	Restroom	softball/baseball	Picnic Area	Splash Pad	Aquatic Facility	Tennis	Basketball	Disc Golf	BMX Track	Soccer
A.M. Cannon Park - N. Elm St.	x	x	x	x	x	x	x	x	x			
Audubon Park - 3405 N. Milton St.		x	x	x	x	x			x			
Ben Burr Park - 4401 S. Havana St.	x	x	x		x				x			
Byrne Park - 125 E. Walton	x	x	x		x				x			
Camp Sekani Park - 6707 E. Upriver Dr.			x									
Cannon Hill Park - 1831 W. 19th Ave.		x	x	x	x							
Chief Gary Park - 2515 E. Sinto Ave.	x	x	x	x	x	x			x			
Clark Park - 3922 N. Normandie St.	x	x	x	x	x							
Cliff Park - 426 W. 12th Ave.												
Coeur d'Alene Park - 2195 W. 2nd. Ave.	x	x	x		x	x			x			
Comstock Park - 601 W. 29th Ave.		x	x	x	x		x	x	x			
Corbin Park - 2914 N. West Oval St.		x	x	x	x			x	x			
Courtland Park - 3514 N. Stone St.			x	x	x							
Cowley Park - 602 N. Division St.		x	x		x							
Downriver Park - Pettet & Ft. Wright Dr.										x		
Dutch Jakes Park - 2104 W. College Ave.	x	x			x				x			
Dwight Merkel Sports Complex - 5071 N. Assembly St.	x	x	x	x	x	x		x	x		x	
Edwidge Woldson Park - 525 W. 7th Ave.												
Emerson Park - 116 W. Alice Ave.		x		x	x							
Fairview Park - 3004 N. Dakota St.		x										
Finch Arboretum - 1299 S. 'F' St.			x									
Franklin Park/Sports Complex - 302 W. Queen Ave	x	x	x	x	x	x	x	x				
Friendship Park - 631 E. Greta Ave.	x	x	x	x	x	x	x	x				
Glass Park - 627 E. Heroy Ave.	x	x	x	x	x	x						
Glover Field Park - 216 N. Cedar St.		x		x	x				x			
Grandview Park - 3203 W. 17th Ave.		x	x		x	x			x			
Grant Park - 1015 S. Arthur St.	x	x	x	x	x	x		x	x			
Hamblen Park - 37th and Crestline	x				x							
Harmon-Shipley Park 6018 N. Regal St.	x	x	x	x	x	x		x	x			
Hays Park - 1812 E. Providence Ave.		x	x	x	x							
Heath Park - 613 E. Mission Ave.		x		x	x				x			
High Bridge Park - 136 S. A St.	x	x	x		x					x		
Hill N'Dale Rotary Park - 502 E. Jay Ave.		x	x									
Hill Park - 42527 E. Nebraska Ave.		x	x		x							
Indian Trail Park - 7007 N. Flemming St.	x	x	x		x							
Kehoe Park - 4903 N. Nelson St.		x	x		x							
Liberty Park - 302 S. Pittsburg St.	x	x	x	x	x		x	x	x			
Lincoln Park - 2300 E. 17th	x	x	x	x	x							
Logan Peace Park - 2535 N. Morton St.		x										
Loma Vista Park - 5804 N. Alberta St.		x			x							
Manito Park - 1702 S. Grand Blvd.	x	x	x	x	x	x		x				
Meadowglen Park - 10890 N. Indian Trail Rd.												
Minnehaha Park - 400 E. Fredrick Ave.		x	x	x				x				
Mission Park - 1208 E. Mission Ave.	x	x	x	x	x	x		x				
Nevada Park - 3933 E. Courtlans St.		x	x	x	x	x						
Pacific Park - 5211 W. Lowell Ave.		x	x	x		x			x			
Parkwater Park - 5428 E. Commerce Ave.		x	x		x				x			
Peaceful Valley Park - 1602 W. Water Ave.	x	x	x		x			x	x			
Polly Judd Park - 1802 W. 14th Ave.		x	x		x							
Rochester Heights Park - 1801 E. Everett Ave.		x	x	x	x	x						
Ruth Park - 6011 N. Calispel St.		x	x		x							
Shadle Park - 4302 N. Belt St.	x	x	x	x	x	x	x					
Sky Prairie Park - 8501 N. Nettleton Ct.	x	x	x	x	x			x				
Southeast Sports Complex - 2700 E. 46th Ave.		x	x	x	x							x
Sterling Heights Park - 27th & Cumberland												
Stone Park - 2304 E. Desmet Ave.		x	x		x							
Thornton Murphy Park - 3105 E. 27th Ave.	x	x	x	x	x	x			x			
Underhill Park - 2910 E. Hartson Ave.		x	x	x	x			x	x			
Upriver Park - Upriver Drive & Boulder Beach			x		x							
Webster Park - 3721 W. Lacrosse Ave.		x	x	x								
Wentel Grant Park - 1708 S. Inland Empire Way	x	x	x	x					x			
Whittier Park - 3400 W. 7th Ave.		x	x	x				x	x			
Wildhorse Park - 3717 N. Ralph St.	x				x							
Your Place Park - 224 S. Cook St.		x			x				x			

FALL 2017

CORBIN ART CENTER

507 W. 7th Ave. | 509-625-6677

Locates on the hill above Edwidge Woldson Park, the Corbin Art Center is a historic Kirtland Cutter designed home built in 1898. Perfect venue for: Holiday and Birthday Parties, Receptions, Special Events, meetings, Retreats and Performances. The structure and grounds are listed on the local state and national historic registers. The house features a vestibule, foyer, formal and informal parlors, dining room, a kitchen and an ornate staircase leading to the second floor. The exterior features an impressive $\frac{3}{4}$ wraparound veranda affording you and your party a panoramic view of the greater Spokane area. Single room, adjoining rooms and multi room rental fees are available. The center has a kitchen to host your caterer or party. Rentals are scheduled on a first come, first serve basis. The facility is wheelchair accessible on the first floor only. Corbin also has Wi-Fi capabilities.



CITY PARKS & PICNIC SHELTERS

spokaneparks.org | 509-363-5457

From the Manito Park gardens to the Floating Stage at Riverfront Park the City of Spokane has many beautiful locations for your special day. Beautiful and intimate stand-in ceremonies are available at Coeur d'Alene Park, Finch Arboretum, and Manito Park. Picnic shelters for receptions are available at Franklin Park, Manito Park, Mission Park and Shadle Park. The Woodland Center at the Finch Arboretum also offers a reception venue with a kitchen facility. Reservation policies and prices varies with each location.

CITY BALLFIELDS

Carissa Ware | 509-625-6208 | cware@spokanecity.org

Interested in renting an athletic field for your next organized sporting event or fun family activity? Look at the Parks Facility Guide on page 36 to view all the City softball/baseball diamonds or soccer fields, find the perfect one for you and book it!

SPECIAL EVENTS

Facility Usage Fee: \$25+/100 people | 509-363-5457

The parks and picnic areas may be reserved for special events for groups larger than 50 people; however, a special event permit application must be submitted and accepted prior to the event

PHOTOGRAPHY

spokaneparks.org | 509-363-5457 - Riverfront Park Permits: 509-625-6625

With all the beautiful gardens, riverfront views and lawns that our parks offer, there are the perfect places for wedding photos, senior pictures, a family photo and more! Photography permits are available, prices vary depending on park and the purpose.



Please print and fill out completely

ACTIVITY REGISTRATION FORM**SpokaneParks.org**

Which program are you registering for? <input type="checkbox"/> General <input type="checkbox"/> TRS PAYEE INFORMATION	LAST NAME		FIRST NAME		MI
	ADDRESS			CITY/STATE	ZIP
	DAY WORK OR CELL PHONE		NIGHT PHONE		EMAIL

LIABILITY WAIVER, RELEASE & INDEMNITY AGREEMENT

I agree to release, indemnify, and hold the city, its agents, officers and employees, and School District 81, harmless from any and all liability claims, actions, judgments, damages or injuries of any kind and nature whatsoever to the participant and/or his property arising from participation in activities for which the participant is registering. I further acknowledge that I have familiarized myself with the description of the activities, understand the hazards and the participant's personal limitations and knowingly assume all risks. I acknowledge I have read and understand this Liability Waiver, Release and Indemnity Agreement, and understand that I am waiving any claim I might have against the City or School District 81 for any harm sustained as a result of any activity for which I am registering a minor child.

How did you hear about us?

- ☐ Existing customer ☐ TV
☐ Inlander ☐ Spokesman
☐ Kids magazine ☐ Other _____

May we use your photo/video image taken during activities for publicity purposes?

Yes No (circle one) Initial here _____

Signature of Responsible Adult _____

Date _____

PARTICIPANT INFORMATION			BIRTHDATE	AGE	GENDER	ACTIVITY NUMBER	ACTIVITY NAME	FEE
LAST NAME	FIRST NAME	MI						
			/ /		M F			
			/ /		M F			
			/ /		M F			
			/ /		M F			
			/ /		M F			
			/ /		M F			
			/ /		M F			
			/ /		M F			
			/ /		M F			
			/ /		M F			
			/ /		M F			

Statistical Information (birthdate & sex of participant) is used for demographics and to customize course activities

Make checks payable to: City of Spokane Mailing Address: Spokane Parks & Recreation Department Class Registration – My Spokane 808 W. Spokane Falls Blvd. Spokane, WA 99201-3317	Credit Card Information		Circle One: VISA MC AMEX	Total Program Fees: \$
	Card Holder's Name		Exp. Date:	
	Card No.		Security Code	
DDA will send funds. <input type="checkbox"/> Yes <input type="checkbox"/> No		Name & Number of Case Manager		

Please contact your case manager to send us verification of payment.

THERAPEUTIC RECREATION ONLY	General supervision is provided 15 minutes prior to class time and 15 minutes at end of class. If additional supervision is required there will an additional fee imposed.
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Check One: Group Home/Institution _____ In Own Home/Apartment _____ Private Home With Parent _____

Dietary Precautions:

Foods to Avoid:

Activity Limitations/Physical problems (if any):

Will you (your child) need to be reminded to take medications during program hours? ☐ Yes ☐ NoMedications Taken: **PLEASE FILL OUT MEDICATION INFORMATION & WAIVER FORM**Will you be using Paratransit? ☐ Yes ☐ No If yes, what is your rider number?

THERAPEUTIC RECREATION ONLY

Do you have any disabilities? (be specific)

Check and explain all that apply below:

ADHD/ADD	Easily Disorientated/Wanders	Restriction to Walking more than 1/2 mile
Uses a Wheelchair	Needs Own Staff Attendant one-on-one	Allergies or Serious Reactions
Seizures	Need Feeding Assistance	Bee/Wasp Stings
Heart Problems	Need Toilet Assistance	Drugs, LIST
Diabetes	Use Sign Language	Food
Hearing Impairment	Sunburns Easily	Other
Visual Impairment	Swimming/Water Restriction	
High Blood Pressure	Non-Verbal	
Easily Fatigued	Shunt - List Type:	

MEDICATION INFORMATION & WAIVER

If you require medication while attending a City of Spokane activity, complete the following information.

Medication Policy

The Therapeutic Recreation Services has a Medical Information and Waiver form to be completed by all participants who will take medications while participating in our activities. The procedure will help us to better assist you with medications both safely and efficiently. We very much need your cooperation to complete the form and package your medications as described below.

Please complete the Medication Information & Waiver form even if you will not take medication while at the activity.

Please package medication by dose in individual extra small zip lock bags or blister cards labeled by the pharmacy to include: 1) name of participant; 2) name of physician; 3) name of pharmacy; 4) dosage and amount; and 5) time to take. For example, if you take six different medications at dinner time there should be six small zip lock bags or blister cards, each with the label information listed above. Then put all bags in a larger zip lock bag labeled with your name, date, day and time to take; e.g. Sam Jones, Saturday, June 15, 6:00 pm. **Send only the amount of medication needed for the dates of the activity. Do not send excess dosages.** Please see the examples below of the small zip lock bag, label, and blister card.

The following pharmacies will package medications this way. Evergreen Pharmacy East, 622 E. 2nd, 838-4826 if you live in a group home. Inland Pharmaceutical Services at 1328 N. Ash, 326-8001, or Walgreen's Express, call 921-0659 for locations, will package medication in small individual blister cards. They do packaging for all clients. Please ask for a Pharmacist. If you purchase medication from them there is no fee for this packaging. If you have a different pharmacy that will package medications please let us know and we will add it to the list.

Participants must be able to take their own medications while at the activity. The activity leaders will provide reminders to take medications and to safely secure them when not in use. If you have medical coupons, please bring them with you in case there is an emergency and you need medical treatment.

THIS DOCUMENT RELIEVES THE CITY OF SPOKANE FROM LIABILITY FOR PERSONAL INJURY OR WRONGFUL DEATH RELATING TO MY MEDICATION. I HAVE READ THIS DOCUMENT, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHT SBY SIGNING IT ANS SIGN IT VOLUNTARILY.

Signature _____ Date _____

I am the parent or guardian of the participant and acknowledge that I have read this document and understand its contents and agree to each item noted above. I understand that, to the extent allowed by law, I am waiving my child's rights.

Name _____

Signature _____

Date _____

MEDICATION TAKEN	Type:	Dosage:	Time(s):
	Type:	Dosage:	Time(s):
	Type:	Dosage:	Time(s):

List any special instructions/cautions/side effects:

AMERICANS WITH DISABILITIES ACT

In providing services to the public the City must comply with the Americans with Disabilities Act (ADA), a federal anti-discrimination statute, designed to remove barriers that prevent qualified individuals with disabilities from discrimination on the basis of disability in the services, programs, or activities of local governments. The ADA provides comprehensive civil rights protection to individuals with disabilities. For information regarding the ADA and the regulations on non-discrimination on the basis of disability in state and local government services, 28 CFR Part 35, and its applicability to the services, programs, or activities of the City, please contact Christine Cavanaugh at 625.7083.

For more information call 311 and Press 3 or dial 509-755-2489

SATISFACTION GUARANTEED

You are important to us! The City of Spokane Parks and Recreation Department is committed to excellence by providing high-quality programs and services for you. If you or a family member are not satisfied with a class, program, or activity offered by the City, let us know your concerns in writing. We will arrange for one of the following. You may:

- Repeat the program at no additional charge
- Receive a credit that may be applied to another activity
- Receive a refund (allow 4 weeks to process). A partial refund may be given to programs with supply, lab or reservation fees.

The Spokane Parks & Recreation Department does not discriminate on the basis of age, sex, race, color, creed, national origin or disability. Please notify the Park Department if you need special accommodations to participate in our programs.

NEW REGISTER ON-LINE



Go to our website at
spokaneparks.org
to register online!



MAIL IN: Send form and payment to:
Spokane Parks & Recreation Dept.
Class Registration
808 W. Spokane Falls Blvd.
Spokane, WA 99201-3317

Checks payable to
"City of Spokane"
Allow 3 days for
mail delivery.

PHONE IN: Call 311 & Press 3 or dial 509-755-2489



Use your VISA/MC/Discover/American Express
to register by phone.
Have charge card and Guide handy.
Fill out registration form before you call.

WALK IN:



MySpokane
1st Floor City Hall
808 W. Spokane Falls Blvd.
Spokane WA 99201
Mon-Fri – 8 AM - 5 PM

FAX IT: 24 HOURS A DAY 509-625-6990



Fill out registration form. Include Visa/MC/MasterCard/
Discover/AmExp number and expiration date.
Newsprint does not FAX well. Please make a clean
copy on white paper and FAX the copy.

NEED MORE INFORMATION?
CALL 509-755-CITY (ALL CLASSES) OR
509-625-6677 (ART CLASSES)

ARE YOU COVERED?

The Spokane City Parks & Recreation Department does not carry accident insurance for program participants; the costs would make program fees prohibitive. Please review your own personal health insurance plan to be certain that you and your family have the proper coverage.

GIVE US A CALL...

We are looking for talented, enthusiastic and qualified instructors to teach pre-school, adult and youth classes. Ideas or suggestions for classes are also encouraged. Call 509-755-CITY for an application.

E-Mail Receipts = Better Customer Service!



To facilitate prompt, effective customer response and service, the Parks and Recreation Department is switching to e-mail confirmation receipts to those customers with e-mail addresses in our records.

Please provide your e-mail address when you register. This change will make the registration and receipt process faster, easier and more accurate. We will continue to mail paper receipts via the U.S. Postal Service for those without e-mail.

REFUND/CANCELLATION POLICY

It is the policy of this department to promote customer satisfaction for all programs and services. This refund policy pertains to all Recreation programs unless otherwise noted in the program description.

1. PROGRAMS ARE SUBJECT TO MINIMAL ENROLLMENT. If the Parks and Recreation Department cancels a program, changes a location or time and you cannot attend, or the program is full, you will receive a full credit on your Recreation account or refund if you request it; no administrative processing fee will be deducted.

2. NO REFUNDS, EXCEPT FOR CANCELLED OR CHANGED CLASSES, WILL BE ISSUED WITHOUT A WRITTEN REQUEST RECEIVED IN THE OFFICE BY MAIL, E-MAIL OR FAX. Refunds follow the City's Finance Department payment schedule and take approximately 30 days to process.
Send email refund requests to parksrefunds@spokanecity.org

3. RECREATION PROGRAMS. Due to financial commitments we must make before activities begin, to cancel enrollment in a class or program, the participant must notify the Parks and Recreation Department at least two days (48 hours) prior to the starting date unless otherwise noted in description.

- If your written withdrawal request is received more than two days (48 hours) before the start date of the program, you will receive a full credit to your Recreation account to be used for a registration at a later date. A refund in the form of a check or a credit to your bankcard is subject to a \$5 administrative processing fee.
- If your written request is received less than two days (48 hours) prior to the start date of the program, you will be charged a \$5 withdrawal fee and you may receive no refund or only a partial refund based on the number of students enrolled and any supply costs incurred on your behalf.
- If we do not receive your written request before the start of the class no Recreation account credit or refund will be issued.
- At any time after the first class, partial credit to your Recreation account will be allowed if you present a statement from your health care provider that states that you are unable to finish the class.
- The only exception will be with Sports Leagues. After the start of the league neither refunds, nor proration of the league fee will be granted.

Classes held in Spokane Public School facilities do not meet on dates school is not in session (holidays, vacations periods, curriculum days). Class sessions scheduled for those dates will be made up at the end of the regular schedule.

SPOKANE PARKS FOUNDATION **MAKE A SPLASH** in a kids life



A big thank you to everyone who donated to our Make A Splash In A Kid's Life program this year!



This year alone we gave out 1,244 pool passes - making 13,036 swims possible for kids who otherwise couldn't afford to swim in our public pools!

THANK YOU!!



To learn more, donate and get connected visit us at:
www.spokaneparksfoundation.org

Spokane Parks and Recreation
5th Floor City Hall
808 W. Spokane Falls Blvd.
Spokane, WA 99201-3317

PRSRT STD
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Spokane, WA
Permit No. 722

Winter Adventures Await

Preview our outdoor recreation options next season



Plan to enjoy the winter wonderland of Spokane's great outdoors

Snowshoeing

Let us show you a new trail.

Cross Country Ski Lessons, Trips & Tours

Try a moonlight ski & dinner, or travel to a new mountain with us!



Youth Winter Outdoor programs

Over the holiday break, kids can learn to cross country ski, snowshoe, and build snow caves.

Therapeutic Recreation Services Ski and Snowboard

Adaptive winter sports for all abilities.



Visit SpokaneParks.org or call 311 then press 3 for Recreation

CITY OF
SPOKANE
PARKS &
RECREATION

