

FALL 2015
ACTIVITY GUIDE
SEPTEMBER - DECEMBER 2015

CITY OF
SPOKANE
PARKS &
RECREATION



**FLAG FOOTBALL
SOFTBALL
VOLLEYBALL
& MORE!**



SpokaneParks.org • 509.625.6200



A big thank you to everyone who donated to Make A Splash this year!
Special thanks to our Legendary Leaders: Avista, General Store and Northwest Orthopaedic Specialists!



Make A Splash In a Kids Life



Since 2012 the Spokane Parks Foundation has raised over \$133,000, given out 7,642 swim passes and 4,400 swim suits to kids who otherwise would be locked out of our public pools each summer.

To learn more, donate and get connected visit us at:
www.spokaneparksfoundation.org

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CORBIN ART CENTER

DRAWING

Drawing Fundamentals

6 weeks | Teen & Adult | Katie Frey
Join us as we begin to explore drawing fundamentals! If you are new to drawing or need to brush up on basic skills this is the class for you. We will be tackling drawing materials, composition, portrait techniques, shading, and perspective. Great basics that will lead to long lasting confidence in your drawing. Supply list included with registration confirmation. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$59
32246 W 10/7-11/11 6:30-8:30 PM



Drawing on the Right Side

6 weeks | Dian Zahner Artistic drawing can be achieved by every person with the desire to do so. Develop skill and confidence through a series of lessons, fun instructions and exercises made easy to enhance your creative and artistic self-confidence. No previous art training required. Supply list included with registration confirmation. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$59
32248 M 10/5-11/9 12:30-2:30 PM

New Caricature Drawing

4 weeks | Tom Quinn Caricature is an old and respected art form. In this class, we'll discuss the ways to exaggerate and simply an individual's distinctive features to depict someone in a way that's both funny and instantly recognizable. Tom has been drawing caricatures for well over 25 years, and has learned to draw them both at leisure and under intense time pressure. Supply list included with registration confirmation. Class held at the **Corbin Art Center, 507 W 7th Avenue** \$45
32249 T 10/6-10/27 6:30-8:30 PM

CREATIVE WRITING

Telling Your Life Story

6 weeks | Dian Zahner Do you have a story or stories to tell about your life? We all do, and this is an opportunity to learn how to tell it from the heart, with weekly prompts and ways to stimulate your memories. Often hearing the stories of others reminds you of events or people you had forgotten but which were important in your life. Supply list included with registration confirmation. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$59
32250 M 10/5-11/9 6-8 PM

PAINTING CLASSES & WORKSHOPS

Acrylic Painting

6 weeks | Teen & Adult | Tom Quinn Learn basic concepts of painting techniques with acrylic paints. You will explore color, form and composition to create your own works of art. Work from still-life set-ups and two-dimensional references such as photos. Supply list included with registration confirmation. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$69
32251 M 10/5-11/9 6:30-8:30 PM



Painting with Oils

6 weeks | Tom Quinn An introduction to the forgivable medium: oil. Learn basic concepts of design, composition, color theory, values and texture while experiencing the outstanding working properties of oil. Choose to work from still-life or two-dimensional references. Helpful demonstrations and individual instruction will be taught. Supply list included with registration confirmation. Class held at the **Corbin Art Center, 507 W 7th Avenue** \$69

32252 Th 10/8-11/12 6:30-8:30 PM

Introduction to Watercolor

6 weeks | Dian Zahner Come and learn the basics of watercolor, about mixing colors, paper and brushes to use, dry and wet paper, and how to transform a value sketch into a watercolor painting. Teacher will provide photos for you to work off of to create your own fabulous works of art. Supply list included with registration confirmation. Class held at the **Corbin Art Center, 507 W 7th Avenue**. \$69

32253 M 10/5-11/9 2:30-4:30 PM

New Art Journaling: Where Art meets the Page

6 weeks | Katie Frey You will begin this course by creating your own beautifully bound art journal. Add a new page each week using a combination of the following mediums: pen & ink, acrylic paint, collage, watercolors, stenciling, and image transfers. Writing prompts and new art techniques will help you dig deep into your creative soul. Supply list included with registration confirmation. Class held at the **Corbin Art Center, 507 W 7th Avenue**. \$69

32254 Th 9/24-10/29 6-8 PM

New Mixed Media Mania

5 weeks | Katie Frey Loosen up, laugh, and create in this fun "anything goes" art class. You will learn new ways to layer and distress paper, transfer images, create texture, collage, and use found objects in your art. Experiment with gelli plate printing, gel mediums, molding pastes and much more. Let's get creative! Supply list included with registration confirmation. Class held at the **Corbin Art Center, 507 W 7th Avenue**. \$69

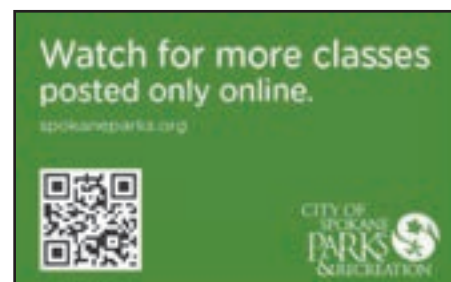
32255 Su 9/27,10/11,10/25,11/8,12/6 9 AM-1 PM



New Oh, Christmas Tree: Mixed Media Workshop

1 day | Katie Frey Working layer by layer with acrylics, paper, stamps and stencils, you will create a richly textured Christmas themed art piece. Learn new ways to distress and lay paper, build up texture, and include found objects in your art. These make wonderful gifts. Supply list included with registration confirmation. Class held at the **Corbin Art Center, 507 W 7th Avenue**. \$42

32256 Sa 12/5 9 AM-3 PM



New Monoprinting & Glue Collagraphs

2 weeks | Megan Perkins Come and be creative and learn two different styles of beginning printmaking without a press or sharp carving tools! Make monoprints on a sheet of plexiglass, creating your own short run art series of unique images by embellishing prints pulled from the image drawn on your inked print. Glue Collagraphs are fun and easy to do at home with friends and family. An image is drawn on the plate is traced in glue and inked lightly then paper is laid over the plate and burnished with a spoon and the image is transferred to the paper. Supply list included with registration confirmation. Class held at the **Corbin Art Center, 507 W 7th Avenue**. \$39

32265 W 9/30-10/7 6-8 PM

New Faux Canvas Printed Portraiture

1 day | Teen & Adult | Denise Hinnenkamp Want the look of a custom canvas portrait without the high end cost and make a heirloom to be treasured for years to come. This would make a wonderful holiday gift for a friend or family member. Bring one 8"x10" individual or group photograph, color or black and white, to learn the process while you create a beautiful ready to hang, permanent canvas work of art. All supplies provided except the personal photo that you bring. Class held at the **Corbin Art Center, 507 W 7th Avenue**. \$28

32267 T 10/6 6:30-8 PM

New Simplifying Landscapes In Watercolor

5 weeks | Fabian Napsky Express yourself with free flowing watercolor. Practice loose, flowing brushstrokes and let go of "tight" overworked paintings. You will learn how to incorporate a free and easy style that integrates, harmonizes and unifies your picture plane. Simplify, and discover that what you leave out is as important as what you include. Instructor demonstrations and lots of individual help with all levels welcome. Supply list included with registration confirmation. Class held at the **Corbin Art Center, 507 W 7th Avenue**. \$59

32269 T 10/6-11/3 6-9 PM

PHOTOGRAPHY

Camera Basics

4 weeks | Steven Navratil Obtain understanding of your digital SLR camera and its functions. Learn to use your camera to get the results you would expect from a professional. Class will also include lighting, composition and depth of field. Class held at the **Corbin Art Center, 507 W 7th Avenue. \$55**

32271 W 10/7-10/28 6-8:30 PM

Photography Basics

5 weeks | Al Berger Learn the fundamentals of photography and how to use your camera. Tips on lighting, additional equipment to consider and its uses. Practice assignments and in-class critiques. Requires a camera that allows manually setting of F-stop and Shutter speeds, DSLR preferred. Class held at the **Corbin Art Center, 507 W 7th Avenue. \$55**

32272 M 10/19-11/16 6-8 PM

Intermediate Photography

5 weeks | Al Berger Come and take the next step in your photography experience. This class will explore how the choice of lens, impact the creation of images such as portraits. We will explore the use of artificial light in photography and learn to control it. Develop a greater understanding of how film speed, shutter speed and F-stops combine for improved photography results through class assignments. Experience the many challenges of posing subjects first hand for the best results. This course requires DSLR camera that allows manually setting of F-stop and Shutter speeds. Class held at the **Corbin Art Center, 507 W 7th Avenue. \$55**

32275 W 10/21-11/18 6-8 PM

Digital Cameras: What to Buy

1 day | Al Berger Learn how to find the digital camera that best meets your needs! Class discussion includes the different types and basic components of a digital camera. Know that you are getting the best camera for your needs and goals. Class held at the **Corbin Art Center, 507 W 7th Avenue. \$19**

32281 Sa 11/7 1-3:30 PM

New Capturing Holiday Memories

1 day | Al Berger Learn how to capture those treasured holiday moments with your camera. Make your flash work for you to capture the lights on the tree and snow on the ground. Most cameras will work for this class, not for use with phones or tablets. Class held at the **Corbin Art Center, 507 W 7th Avenue. \$21**

32282 Sa 11/14 1-4 PM

Photoshop Basics

5 weeks | Al Berger Learn the basic steps needed to finish your digital photographs for printing and web usage. Photoshop topics include: sharpening, exposure compensation, density, minor retouching, cropping, special effects, levels, color correction and preparing photos for printing. Bring your laptop with a mouse, Photoshop or Photoshop Elements software installed on the laptop, (any version). Class held at the **Corbin Art Center, 507 W 7th Avenue. \$55**

32283 T 10/20-11/17 6-8 PM

FIBER ARTS

Hey! Let's Crochet

5 weeks | Jean Anne Sharrai Come and create fun and functional projects while learning the following crochet skills: basic stitches, increasing/decreasing, crocheting in the round, beginning lace, and finishing techniques. There will be new projects each week to learn and work on during class with group and individual instruction. Supply list included with registration confirmation. Class held at the **Corbin Art Center, 507 W 7th Avenue. \$49**

32286 M 10/12-11/9 6-8 PM

New Crochet: Lacey Little Tea Towel

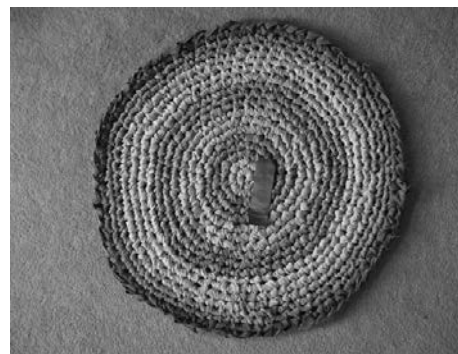
1 day | Jean Anne Sharrai Learn to create lace as you crochet a lacey little edge using perle cotton thread on the bottom of a cotton woven tea towel. This project is very "Shabby Chic". Crochet experience required and supply list is included with registration confirmation. Class held at the **Corbin Art Center, 507 W 7th Avenue. \$24**

32288 M 10/5 6-9 PM

New Shell Stitch Headband

1 day | Jean Anne Sharrai Crochet an open-weave style headband, featuring the shell stitch. Project uses less than one-skein of yarn and can be completed in one class. Perfect for Christmas gifts! Crochet experience required and supply list is included with registration confirmation. Class held at the **Corbin Art Center, 507 W 7th Avenue. \$21**

32289 M 11/16



Crochet: Rag Rugs

3 weeks | Melode Hall Learn to make three different rag rugs: oval, circle and heart-shaped. Recycled materials are perfect for this project; bring used cotton or flannel sheets (Two per week) or preshrunk new fabric. Prior crocheting experience is not necessary. Supply list included with registration confirmation. Class held at the **Corbin Art Center, 507 W 7th Avenue. \$39**

32290 W 10/14-10/28 6-9 PM

New Crochet a Yarn Necklace

1 day | Melode Hall Come create a stunning, sparkling, adjustable necklace with ease. Basic and easy crochet techniques will be taught to make this wonderful piece of jewelry. Prior crochet experience is not necessary. Supply list included with registration confirmation. Class held at the **Corbin Art Center, 507 W 7th Avenue. \$24**

32291 T 10/27 7-8:30 PM

Learn to Knit!

4 weeks | Megan Perkins Join the knitting craze and learn the basics of casting-on, knitting and binding off. Group and individualized instruction will teach a variety of easy beginner projects. Projects include: flower headband and/or a scarf. Class held at the **Corbin Art Center, 507 W 7th Avenue. \$39**

32292 W 10/28-11/18 6-8 PM

New Garter Ridge Knitted Hat

2 weeks | Megan Perkins Learn to knit on circular needles using stockinette and garter stitch; this class is for those who already have a basic understanding of casting on, knitting, purling, and binding off. The instructor will help you refine your skills and understanding of knitting techniques and textures, while learning how to read a professionally formatted pattern to make these wonderful hats that can be made in infant, child, and adult sizes. Come and learn to make this fast, easy, and fun project that make great gifts. Supply list included with registration confirmation. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$29
32296 W 10/14-10/21 6-8 PM

Sewing for Beginners

4 weeks | Teen & Adult | Tammy Plummer Learn the basics on how to use a sewing machine. Lots of tips and tricks to get you started with sewing. Sew and create throw pillows and a tote bag, and learn how to recycle old clothes or change up new ones in this class. Sewing machines are provided. Supply list included with registration confirmation. Class held at the **Plummer Carriage House, 4225 W. 29th Ave.** \$59
32297 W 9/16-10/7 6-9 PM

New Beginning Quilting

5 weeks | Teen & Adult | Tammy Plummer Are you ready to try quilting, but don't know where to begin? This quilting class is for you. Learn the basics, techniques and tricks from picking out fabrics, color combinations, to the anatomy of quilts. Supply list included with registration confirmation. Class held at the **Plummer Carriage House, 4225 W. 29th Ave.** \$62
32301 T 9/15-10/13 6:30-9 PM

New Holiday Fabric Gift Bags

1 day | Teen & Adult | Tammy Plummer Come and learn how to make a reusable and reversible gift bag out of fabric. The perfect addition to your gift giving and the pattern can easily be adapted to any size. These bags are work very well as a sustainable tote bag to take with you to the grocery store. Supply list included with registration confirmation. Class held at the **Plummer Carriage House, 4225 W. 29th Ave.** \$24
32302 Sa 10/3 10 AM-1 PM

New Personal "Duct Tape" Dress Form

1 day | Teen & Adult | Tammy Plummer Every seamstress knows how hard it is to alter and fit clothes to themselves. This fun workshop will allow you to make a dress form for your size exactly. Do this by using a simple t-shirt and duct tape. You will be working with a partner so this a great workshop to take with a friend. Supply list included with registration confirmation. Class held at the **Plummer Carriage House, 4225 W. 29th Ave.** \$24
32305 Sa 10/31 10 AM-1 PM



New Holiday Pinecone Ornament

1 day | Melode Hall Come and learn how to make this wonderful paper crafted pinecone ornament. With some basic supplies you can make a cute decoration to enjoy for the holidays. This will make a great gift that can be cherished for years to come. Supply list included with registration confirmation. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$17
32311 T 11/17 7-8:30 PM

New Girls Night Out

1 day | Elizabeth Pike Join in this "Meet-up" style event, come with friends and/or make new ones while creating a fun sewing project. Enjoy a low key, fun way to remember or learn how to sew and get into the sewing groove. No experience needed! Choose from one of three featured projects: Apron, Wool/Fleece Hat or Pillowcase. Patterns, tools, and sewing machines provided. Bring some potluck snacks if you want and this class will be the kind of fun that you can post pictures of on social media. Supply list included with registration confirmation. Class held at **Let's Get Sewing! 2801 N. Monroe (In back/off of Grace)** \$45
32368 F 9/18 6-9 PM

New A Zesty Zipper Class

1 day | Elizabeth Pike Do zippers intimidate you? Have no fear! By the end of this class you will have successfully sewn using 3 different zipper types/techniques. All supplies provided. Class held at **Let's Get Sewing! 2801 N. Monroe (In back/off of Grace)** \$35
32369 F 9/25 6-9 PM

New Costume Workshop

3 weeks | Ages 12 & up | Elizabeth Pike Bring in your projects, supplies, and ideas for your Halloween costumes and use our lab to create your most scarifying results. This class will be fantastically fun while getting your costume ready for your upcoming parties. Class held at **Let's Get Sewing! 2801 N. Monroe (In back/off of Grace)** \$45
32370 Sa 10/3-10/17 1-4 PM

CORBIN CRAFTS WORKSHOPS

New Holiday Yard & Home Sculpture

1 day | Susie Snider Create holiday sculptures, life size or pint size, using chicken wire, hog wire and found objects. What is your favorite holiday to decorate for? Come and create pumpkins or any other holiday object you want. Bring heavy gloves, wire cutters and embellishment charms to further decorate your design with. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$39
32337 Sa 10/17 11 AM-2 PM

New Intro to Clay!

5 weeks | Urban Art Co-op Welcome to the wonderful world of clay pottery and its endlessly creative possibilities! You will learn hand-building and wheel skills while making your first pottery projects. Discover proper glazing techniques for the finishing touch to your masterpieces. Dress to get messy and all materials are included in the class fee Class held at **Urban Art Co-op, 3017 N. Monroe St.** \$89
32338 W 10/7-11/4 6-8 PM

ADULT WORKSHOPS – JEWELRY MAKING

New Bead-tastic Necklaces!

1 day | Carissa Gregg Come and learn creative, colorful beading techniques while you make a beautiful necklace to take home with you. Work with flexible beading wire, your own choice of beads, clasps and crimp beads to make a necklace for you to enjoy or give as a gift. Supply list included with registration confirmation. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$19

32339 Sa 11/7 10:30 AM-12:30 PM

Wire Wrapped Jewelry

1 day | Jaime Kemple Come and learn basic wire shaping techniques to create beautiful wire-wrapped links and charms using beads and wire, you will learn to craft you own custom made necklaces and earrings. We will be working with jewelers wire, glass beads and semi-precious stones. Supply list included with registration confirmation. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$21

32340 Sa 10/3 9:30 AM-12:30 PM

SKIN CARE & SOAP MAKING

Organic "Spa" Skin Care Products

1 day | Karen Felber Learn to make organic, chemical free skin care products including scrubs, body buffs, milk baths, bath salts, and lip balm. Pamper yourself without paying high prices using everyday ingredients. Demonstrations and take home samples. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$19

32371 W 10/28 6:30-8:30 PM

Organic Cold-Pressed Soap

1 day | Karen Felber Learn the simple process of making organic chemical free soap. Demonstrations include fragrance selection, optional color additives, botanicals, herbs, and additional ingredients to make exfoliating soap. Quick tips on wrapping included. Take home samples. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$19

32372 Sa 11/21 10 AM-12 PM

New Non-Toxic Home

1 day | Becky Kukucka This class will focus on how you can ditch the chemicals in your home. Clean your home with natural items that are easy to find and use. Learn how make your own laundry detergent, counter cleaner and hand sanitizer. Please bring a container with a lid that holds at least 32 oz and a 20 oz spray bottle. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$21

32373 Sa 10/3 10 AM-12 PM

New Essential Oils for Immunity Support

1 day | Becky Kukucka Learn how you can bring the world of essential oils into your home as a way of non-toxic cleaning and immunity support. Wild Orange essential oil, combined with Clove, Cinnamon, Eucalyptus, and Rosemary offer a fragrant, natural and effective alternative to synthetic options for immune support. This blend is safe to use on counter tops and is a non-toxic way to clean surfaces or to clear the atmosphere by diffusing. You will leave this class with reading material about how essential oils can improve your immunity, as well as a hands on experience making hand sanitizer and foaming hand soap. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$21

32374 Sa 10/17 10 AM-12 PM

New Essential Oils for Beginners

1 day | Becky Kukucka Come join us for an essential oils 101 class! We will talk about what essential oils are, how they are not all created equal and the three ways to use them. The basics of 11 different essential oils will be examined and you will be able to smell each one! We will also talk about your specific questions and needs. You will leave the class with reading material about each oil discussed, as well as a focusing and energizing rollerball. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$21

32375 Sa 11/14 10 AM-12 PM

ART OF FINE LIVING

Artisan Breads

1 day | Susie Snider Learn to make fresh homemade bread from grinding wheat to understanding yeast. Learn to make artisan breads for Focaccia, French, Herb, whole grain, and pizza crust. Make loaves of freshly ground grain breads to take home. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$35

32376 Sa 11/14 11 AM-2 PM

Mozzarella Cheese

1 day | Susie Snider Learn to make homemade mozzarella from fresh ingredients, with delicious recipes you'll have fun and enjoy how simple this tasty treat can be to make. Bring a clean apron and kitchen rubber gloves. Take home what you make. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$35

32377 Sa 10/24 11 AM-2 PM

New Holiday Gift Breads

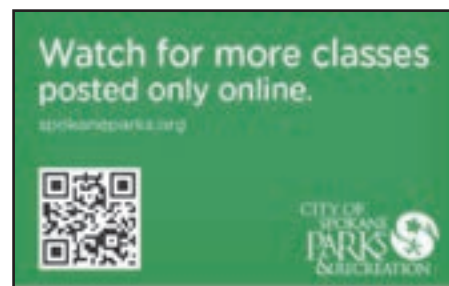
1 day | Susie Snider Come and make from scratch beautiful, sweet, fragrant dough which you will transform into baked delights. Make individual loaves to give as gifts or to keep. Please bring a clean apron and prepare to enliven your senses. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$35

32378 Sa 12/4 11 AM-2 PM

New Take the Cake

1 day | Pastry Chef Kelsey Pehl Master how to create moist delicious cakes, consistently. Then learn the art of butter cream icing, borders and garnished fondant flowers. Cake 101 has never been this fun! Ask a friend to take this class with you. Course confirmation receipt will have location and directions of class. Class held at **Inland Northwest Culinary Academy, 1810 N. Greene Street.** \$49

32379 Th 10/1 6-8 PM



New Pizzeria Pizza & Stromboli at Home

1 day | Chef Charlie Martin Drawing from Neapolitan and California influences, you'll make the pizza dough and learn what is needed to ensure that perfect crust every time. Our kitchen will be bursting with toppings to inspire favorite pie combos, including homemade tomato sauce, spicy sausage and tons of veggie options too. Course confirmation receipt will have location and directions of class. Class held at **Inland Northwest Culinary Academy, 1810 N. Greene Street.** \$59

32380 F 10/2 6-8 PM

New Rotisserie Rumba!

1 day | Chef Erin Streicher This class takes local grocery rotisserie chicken and "dances" it into tasty entrees with four (4) different meal spins. Chicken Enchiladas, Stuffed Shells, Country salad and BBQ shredded chicken with all the sides. Save time, plan ahead and "wow" your dining partners. Students leave class with scrumptious recipes, creations tasted and all leftovers taken home. Course confirmation receipt will have location and directions of class. Class held at **Inland Northwest Culinary Academy, 1810 N. Greene Street.** \$49

32381 F 10/9 6-8 PM

New Savory Side of Desserts

1 day | Pastry Chef Kelsey Pehl Delectable desserts with non-traditional savory ingredients. Learn the tools to balance acidity and sweetness. How does Grilled Pound cake with Port Reduction or Thai Basil & Lemongrass Crème Brûlée sound? That's the direction this class will go so sign up today! Course confirmation receipt will have location and directions of class. Class held at **Inland Northwest Culinary Academy, 1810 N. Greene Street.** \$49

32382 W 10/14 6-8 PM

**New Sushi 101**

1 day | Chef Jim Wolters An absolutely unique experience for want-to-be sushi masters. Learn how to make sushi nigiri, maki (traditional rolls) and uramaki (fusion-style sushi rolls) and more! Chef Wolters has amazing sushi skills plus great stories to share! Course confirmation receipt will have location and directions of class. Class held at **Inland Northwest Culinary Academy, 1810 N. Greene Street.** \$49

32384 W 11/4 6-8 PM

New Homemade Holiday Pies

1 day | Pastry Chef Kelsey Pehl Step into the holiday season with new pie recipes and skills. Pastry Chef Kelsey will teach the double crusted fruit pie, pumpkin, pecan and the beloved chocolate cream pie. Take the challenge out of pie crusts with results that are tender, flaky and taste great. Bring Grandma's recipe and Chef Kelsey will guide you to success. Course confirmation receipt will have location and directions of class. Class held at **Inland Northwest Culinary Academy, 1810 N. Greene Street.** \$49

32386 Th 11/5 6-8 PM

New Mixology 101

1 day | Chef Charlie Martin Ever wanted to host the perfect cocktail party? Learn from an expert on proper "Mixology" as Chef Charlie Martin takes you through the proper steps of the best martini, cosmopolitan, lemon drop, negroni, as well as other classic vodka and gin based cocktails, such as the Tom Collins, Gimlets and the Bloody Mary. Class will explore the complex world of non-alcohol ingredients that help make you cocktails unique! Grab a friend, enjoy a fun night. We promise excellent appetizers to nibble on too. Course confirmation receipt will have location and directions of class. Class held at **Inland Northwest Culinary Academy, 1810 N. Greene Street.** \$49

32388 F 11/6 6-8 PM

New Small Bites for Holiday Nights!

1 day | Chef Charlie Martin Come make tantalizing appetizers to enjoy with your holiday guests. Bruschetta, Roasted Baby Red Potato Canapes with Crème Fraîche, plus Heirloom Tomato & Spinach Pizzettes are all on the menu. Give this class as a gift and attend with a friend for the holidays. Course confirmation receipt will have location and directions of class. Class held at **Inland Northwest Culinary Academy, 1810 N. Greene Street.** \$49

32389 F 12/4 6-8 PM

LANGUAGE & CONVERSATIONAL SPEAKING

Beginning Russian

6 weeks | Ages 14+ | Natalie Marynovska Do you have a Russian neighbor that you would like to get to know or do you have a trip planned to the beautiful country of Russia? This class will teach you the basics of this wonderful language and is taught by a native Russian language professor. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$59

32390 T 10/13-11/17 6-8 PM

New Beginning Ukrainian

6 weeks | Ages 14+ | Natalie Marynovska The idea for this class was sparked by the recent events in the Ukraine and an increased Ukrainian immigration connected with those events, as well as people simply wondering what is the difference between the Russian and Ukrainian language. You will learn the distinct differences as well as the basics of conversation in Ukrainian. If you look around, chances are you have a Ukrainian neighbor or co-worker who you can impress next time with a few catching phrases. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$59

32391 W 10/14-11/18 6-8 PM



The quickest and easiest way to register for an activity is online at **SpokaneParks.org**

FALL 2015

Intermediate Russian

6 weeks | Ages 14 & over | Natalie Marynovska If you had previous experience with the Russian language via travelling or adopted children from Russian speaking countries, or you have already taken a Beginner class, or maybe you just know a multitude of words but don't know how to apply them in sentences, then this class is for you. Taught by a Native Russian University professor, who will teach you in a interactive way to help put your language knowledge to use. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$59
32392 Th 10/15-11/19 6-8 PM

New Active Beginners Spanish

6 weeks | Mary Benham Come and gain practical phrases for travel, or enjoy your own language enrichment journey to the Hispanic world. Practice the essentials-including greetings, hotel check-in, restaurant ordering and shopping dialogs, while in a relaxed, interactive setting. Supply list included with registration confirmation. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$59
32393 W 10/7-11/11 1-3 PM

New Intermediate Spanish

6 weeks | Mary Benham This interactive and beyond beginners class provides basic review in a relaxed setting. For travel or just for your own language enrichment, you'll enjoy building your skills. Practice useful verbs and learn some essential words and phrases- all in a playful mode. Supply list included with registration confirmation. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$59
32394 T 10/6-11/10 1-3 PM

New Spanish Conversation

6 weeks | Mary Benham This class is for the more advanced, we'll explore the Hispanic world together in a relaxed and interactive setting. Students can share their travel experiences and we will also chat about a different country each week. Handouts provided. Each session includes basic verb and grammar reviews to improve your Spanish speaking abilities. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$59
32395 Th 10/8-11/12 1-3 PM

CORBIN KIDS PRE-SCHOOL**Little Leonardo's**

6 weeks | Ages 3-5 Children love art and they're naturally creative and imaginative. Each class is planned to expose your child to a new element of art each week. They will paint, sculpt, draw, cut paper and glue to help develop listening skills, fine motor skills and creative imagination play. Class held at the **Corbin Art Center, 507 W 7th Ave.** \$45
32396 M 10/5-11/9 9:30-10:30 AM

Mom & Me & Dad's Too!

6 weeks | Ages 2-4 This creative class includes a short story to introduce an art theme, followed by a relevant art project and movement activity. Children will discover color, texture while practicing basic cutting and gluing skills while exploring a variety of art techniques and materials. This class is fast paced, active and fun. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$45
32397 T 10/6-11/10 9:30-10:30 AM

New Let's Gogh Art!

6 weeks | Ages 4-5 Does your child love to draw, paint, sculpt or just enjoy being creative? Then come join us in discovering different art techniques while learning about a new artist each week in this fast paced, fun class. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$54
32398 W 10/7-11/11 9:30-11 AM

CORBIN KIDS YOUTH**Art Exploration**

6 weeks | Ages 7-13 Explore a variety of artistic mediums, such as, oil pastels, paint, clay, paper, recycled objects and more each week. Here's a chance to use your artistic skills, be creative and try new things. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$54
32399 M 10/5-11/9 4-5:30 PM

**New Eye-Popping Prints**

6 weeks | Ages 7-12 | Denise Hinnenkamp What do potatoes, string, foam, tiles, recycled and found objects all have in common? Explore the various ways print and patterns can be made using all these materials and processes like potato stamping, tile work, screen-printing, and collagraph in this 6 week exploration class. No class the week of October 20th. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$54
32400 T 10/6-11/17 4-5:30 PM

Drawing Basics

6 weeks | Ages 6-12 Drawing is the basis and the first step for dimensional art forms. Explore with different tools and techniques and learn the many facets of drawing including freehand drawing, line, shading, fur-scales-feathers, still life, color, design composition, perspective, portraiture, animals and more. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$54
32401 W 10/7-11/11 4-5:30 PM

Sewing Basics

4 weeks | Ages 9-13 | Tammy Plummer Learn the basics on how to use a sewing machine. Lots of tips and tricks to get you started with sewing. Sew and create your own throw pillows and a tote bag, and learn how to recycle old clothes or change up new ones in this class. Sewing machines are provided. Supply list included with registration confirmation. Class held at the **Plummer Carriage House, 4225 W. 29th Ave.** \$49
32402 T 9/15-10/6 4-6 PM

New How to Make Anything!

6 weeks | Ages 9-14 | Jaime Kemple Calling all you DIY kids! Have you ever wanted to know how to light up a bulb with a potato, or maybe how to construct a loom and weave your own scarf? What about learning how to knot your own paracord bracelet? We will explore life hacks and do-it-yourself projects each week that will keep you laughing and turn you into a kid who can make anything. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$54
32403 Sa 10/10-11/14 10-11:30 AM



The quickest and easiest way to register for an activity is online at **SpokaneParks.org**

WORKSHOPS – PRE-SCHOOL

Halloween Jack-O-Lantern!

1 day | Ages 3-5 You'll have a spook'tacular good time making an adorable stuffed paper pumpkin and decorating it with accessories and an expression that will delight your family. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$18
32404 Sa 10/17 9:30-11 AM

Mom, Dads & Me: Halloween Spook'tacular

1 day | Ages 2-4 Come have a frightfully fun time creating a friendly jack-o-lantern paper pumpkin, cute spider and other adorable Halloween crafts. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$18
32405 Sa 10/24 9:30-11 AM

Mom, Dads & Me: Turkey Jubilee

1 day | Ages 2-4 You and your child will have lots of fun making this jumbo-sized Thanksgiving gobbler who's sure to delight family and friends. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$18
32406 Sa 11/21 9:30-11 AM

Mom, Dads & Me: Holiday Ornaments

1 day | Ages 2-4 Join us for a fun filled class making holiday ornaments together. You and your child will make three fabulous ornaments for your tree or to give a gift that you will both look at and remember for years to come. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$18
32407 Sa 12/5 9:30-11 AM

Fun & Fanciful Holiday Ornaments

1 day | Ages 5-7 Come make dazzling traditional, fun and personalized decorations for the holidays. Keep them for your own decorations or to give away as a gift. This will be a fun, fantastic, festive and sparkly class. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$21
32408 Sa 12/12 9:30-11:30 AM



The quickest and easiest way to register for an activity is online at SpokaneParks.org

Holiday Hullabaloo

1 day | Ages 8-11 Do you have kids that love to craft and create? Well, do we have a workshop for you! Come and make last minute gifts, cards and ornaments while listening to festive holiday music. We will also sing Christmas carols, create fabulous projects and maybe even dance a little. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$21
32412 Sa 12/12 9:30-11:30 AM

NO SCHOOL TODAY CAMPS

Pre-registration is required

New Viva Italia-Oh My!

1 day | Ages 6-11 What's cooking? Homemade Lasagna Roll-Ups with Garlic Butter Bread Knots! Bring your appetite and plan to have lots of fun. You'll have a hands-on adventure preparing your lunch feast and of course you get to eat what you make. Please bring a beverage to drink and recipes are included in this camp. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$38
32409 W 11/11 9 AM-3 PM

New Weird Art!

1 day | Ages 6-11 Come and explore the fantastical side of art including mythology, fantasy and the just plain weird! You will create your curious works of art that turn reality on its head, using a variety of art materials, including found and re-purposed objects. Dress for a mess and please bring a lunch. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$36
32410 W 11/11 9 AM-3 PM

New American Girl Fashion Sewing

1 day | Ages 7-14 | Elizabeth Pike Come be a "fashionista" with your American Girl doll for the day! Bring your doll's personality to life by choosing fabric and embellishments to make a stylish outfit for her. Pattern and all other supplies will be provided. Please bring a sack lunch and a beverage with a closeable lid. Class held at **Let's Get Sewing! 2801 N. Monroe (In back/off of Grace) 509-217-7049** \$75
32411 W 11/11 8 AM-5:30 PM



HOLIDAY BREAK CAMPS

Enjoy a fun-filled day with arts and crafts activities for children. Dress for a mess and bring your lunch. Pre-registration is required.

Cookies, Holiday Fun & P.J.'s

1 day | Ages 6-11 What could be better than making cookies while wearing your warm and fuzzy pajamas! Slippers too of course! This camp will include baking cookies, making holiday ornaments and eating the cookies and drinking hot cocoa while reading a favorite holiday story. Plan for a fun filled, festive day and please bring a lunch. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$38
32413 M 12/21 9 AM-3 PM

Snowman Wonderland

1 day | Ages 6-11 Come and create fun crafts for a winter wonderland of snowflakes and snowmen. We will make lots of fun projects to help with the winter time blues. This will be a fun, sparkly and festive day. Dress for a mess and please bring a lunch. Class held at the **Corbin Art Center, 507 W 7th Avenue.** \$36
32414 T 12/22 9 AM-3 PM

OUTDOOR



Bicycle Ride Mt. Spokane

1 session | Ages 16+ Autumn on Mount Spokane is gorgeous! This bike ride is on a vehicle-closed road and mostly downhill. Meet at Mount Spokane High School Southwest Parking lot, and our van will transport you and your bike to the top. Mountain bike or wide tired bike with tread recommended. Additional information emailed after registration. **Mount Spokane High School 6015 E Mt Spokane Park Dr. SW Lot \$19**

32416 Sa 10/3 9 AM-12:30 PM
32417 Sa 10/3 1-4:30 PM

Bicycle Tandem Ride Fish Lake Trail

1 day | Ages 15+ Join us for an evening tandem bicycle ride on the newest regional trail. The Fish Lake Trail is just minutes from Downtown Spokane and follows the Union Pacific Railroad line through the historic and scenic Latah Valley. The mostly flat all paved trail makes it wonderful for bikers of all abilities. Tandem bikes and helmets provided. **Fish Lake Trail 873 S Milton Trailhead/Trail \$13**

31778 Th 9/3 5:30-7:30 PM

CANOEING

Canoe and Coffee Morning Paddle on the Little Spokane River

1 day | Ages 15+ Enjoy a morning cup of coffee provided by the Tin Cup Cafe as we embark on paddling this amazing natural area as it comes alive with the morning sun. We will keep an eye out for wildlife as this tranquil area is home to deer, bald eagles, birds, ducks, herons, moose, osprey turkeys and more. Discover Parking Pass Required: discoverpass.wa.gov. Guides, shuttle transport, coffee and canoeing equipment included. **Little Spokane River Take-Out 9 Mile Falls \$29**

31902 Su 9/6 8 AM-12 PM

Canoe Paddle Little Spokane River

1 day | Ages 15+ Magnificence unfolds as you float the beautiful Little Spokane River. You might see deer, ducks, geese, beaver, otter and other wildlife as you glide quietly down this slow moving meandering river. Directions emailed after registration. Discover Parking Pass Required: discoverpass.wa.gov. Guides, shuttle transport and canoeing equipment included. **Little Spokane River Take-Out 9 Mile Falls \$29**

31901 Su 9/6 1-5 PM

HIKING

New Hike & Hops Adventure with Transportation

1 day | Ages 21+ The Little Pend Oreille Wildlife Refuge is the only mountainous, mixed conifer forest refuge outside of Alaska and the largest in Washington State. Scattered meadows, old fields, lakes and rivers dot this magnificent landscape. We will hike the Mill Butte Trail (4.5 mile loop) to the summit that will provide us with a 360 degree view of valleys and ridges within the refuge. After the hike, this adventure will carry on to the Lost Falls Brewing Company for a beer tasting session accompanied by the owner, Chip Trudell. Enjoy a day full of great beer, great scenery, and great people. Participants must be 21 or over - Photo ID required. More information will be emailed upon registration. **Yokes Foods 14202 N Market St. Parking Lot \$37**

31935 Sa 9/12 8 AM-3:30 PM

Hiking Palouse Falls with Transportation

1 day | Ages 14+ The Palouse Falls are a hidden gem in the State of Washington that offers some amazing views of the Palouse river as it tumbles 198 feet to the bottom of the coulee that it has been carving in the cinder black basalt of the Palouse for centuries. This hike has easy and moderate trails ranging from 1/2 mile to 2 miles for viewing the waterfall and hold magnificent views. Come see the splendor that is Washington! Additional information emailed after registration **Mountain Gear 2002 N. Division-Parking Lot \$39**

32418 Sa 10/10 9 AM-4 PM

Hiking Steamboat Rock with Transportation

1 day | Ages 16+ This is a 4 mile round trip hike with about a 1/2 mile of steep rigorous trail to the top of the butte that explores nearly 640 acres on top of Steamboat Rock. With wildflowers blooming, beautiful rock formations, breathtaking views of Banks Lake and wildlife, is what this hike is all about. What a great way to start your spring! The trail to the top is a rough, steep and rugged trail. Transportation included. Pre-trip information emailed after registration. **Mountain Gear 2002 N. Division-Parking Lot \$49**

32420 Sa 10/24 8 AM-5 PM

Hiking Steptoe Butte Sunset with Transportation

1 day | Ages 8+ This trip is an opportunity to see a geological feature that created the term Butte which is now used by geologists worldwide. This mountain has a very interesting history that can be explored when you reach the summit and hike around. Don't forget your camera as you will get the opportunity to see one of the most amazing sunsets in the State of Washington. Additional information emailed after registration. **Mountain Gear 2002 N. Division-Parking Lot \$36**

32419 Su 10/18 4-8 PM

Orienteering Introduction

1 day | Ages 14+ Discover the sport of orienteering, navigating over unfamiliar terrain and trails using a map and compass. Classroom instruction from 9:30-11 AM on basic map and compass skills and introduction to the sport of orienteering, followed by an opportunity to test your new skills on the outdoor course from 11 AM-12 PM **Finch Arboretum 1299 S F St -Woodland Willow Room \$12**

31690 Sa 9/19 9:30-12 PM

Watch for more classes
posted only online.

spokaneparks.org



Orienteering Skills

1 day | Ages 14+ Classroom instruction and outdoor practice of map and compass skills for people who are already familiar with topographic maps and the use of the compass or who are also taking the 'Introduction to Orienteering' class. **Finch Arboretum 1299 S F St -Woodland Willow Room \$12**
31691 Sa 9/19 1-3:30 PM

KAYAKING

Kayak and Coffee Tour

1 day | Ages 18+ Sponsored by Rocket Bakery. How do you take your morning coffee? Would you prefer it with cream and sugar with a touch of kayak beneath? Join us for a morning paddle on the tranquil flat waters of the upper stretch of the Spokane River where we will paddle right up to the Argonne Rocket Bakery location. Pastries and Coffee provided by the Rocket Bakery. **Spokane River Boulder Beach \$27**
31792 Su 9/6 8 AM-11 AM

Kayak Flatwater Intro

1 day | Ages 15+ Sponsored by Mountain Gear and FLOW Adventures. Are you interested in kayak touring? Become comfortable on flat water, learning basic terminology, outfitting, proper entry, stroke concepts, wet xit, and maneuvering your boat. Boat and equipment provided. Additional information emailed after registration. \$79 **Mountain Gear 2002 N. Division-Parking Lot \$33**
31666 Sa 9/19 10 AM-3 PM

Kayak Family Paddle Little Spokane River

1 day | Ages 8+ Fun and adventure awaits the family as you paddle your tandem sit-on-top kayak. These boats are such a fun way to enjoy the surrounding pine covered hills of this natural and scenic waterway. Pre trip information emailed after registration. Discover Parking Pass Required: discoverpass.wa.gov. Guides, shuttle transport and kayaking equipment included. Parent must accompany child. Ages 8-17 \$27 with paying adult. Adult fee \$29. **Little Spokane River Take-Out 9 Mile Falls**
31867 Sa 9/12 10 AM-2 PM
31868 Sa 9/12 3-7 PM



Kayak Horseshoe Lake

1 day | Ages 14+ Sponsored by REI. This small lake almost dictates that you slow down and enjoy the grace of your sleek tandem sit on top kayak passing through the water. You will paddle over to a 50' foot waterfall that feeds this jewel of a lake. Directions emailed after registration. (\$27 REI member) Discover Pass Required: <http://www.discoverpass.wa.gov/> **Horseshoe Lake Public Boat Launch \$29**
32423 Su 10/4 9 AM-12 PM
32424 Su 10/4 1-4 PM

Kayak Little Pend Oreille Lake Chain W/Transportation

1 day | Ages 16+ Sponsored by Mountain Gear. Explore the four-lake chain of this mountain-ringed area. Crystal clear and surrounded by the Selkirk Mountains these lakes are a must visit. Bring water and lunch for our picnic at one of the lakes campgrounds. Additional information emailed after registration. **Mountain Gear 2002 N. Division-Parking Lot \$49**
31860 Su 9/20 8 AM-5 PM

Kayak Sacheen Lake

1 day | Ages 16+ Enjoy summer in the Inland NW surrounded by pine-covered hills. This scenic lake is the perfect setting for a relaxing paddle. You will paddle through narrow channels towards an inlet lined with lilies and wildlife. **Mountain Gear 2002 N. Division-Parking Lot \$33**
31818 Su 9/13 10 AM-3 PM

Kayak Tour Hawk Creek Bay on Lake Roosevelt

1 day | Ages 15+ A sunny paradise with wonderful sand beaches, a waterfall and magnificent scenery is what this paddle in Hawk Creek Bay Canyon is all about. Transportation, guides and kayaking equipment provided. **Mountain Gear 2002 N. Division-Parking Lot \$39**
31894 Sa 9/19 8 AM-3 PM

RAFTING

Rafting Lower Spokane River Scenic Labor Day Float

1 day | Ages 5+ This rafting trip is bustling with thrilling class II-III whitewater rapids. Our professional licensed raft guides from Wiley E Waters will lead you. Keep an eye out for deer, osprey, moose, bald eagles and more! Trip includes all necessary rafting equipment, PFD's, transportation. Additional information emailed after registration. **Spokane River Water Ave \$37**
31666 M 9/7 10-11:30 AM





STAND UP PADDLEBOARDING

Paddleboard Lesson & Tour Downtown Spokane

1 day | Ages 10+ If you want to be on the cutting edge of water sports then you must give paddleboarding a chance. It is spreading across the world as people realize how much fun it is to 'walk on water' Paddle boarding is for anyone that is interested in standing on water and cruising around the lake! Children under 18 must participate with a paid parent or guardian. **Spokane River Division St Bridge Put In \$15**

32486	Sa	9/5	10-11 AM
32487	Sa	9/5	12-1 PM
32488	Sa	9/5	2-3 PM
32489	Sa	9/5	4-5 PM

Paddleboard Moonlight Tour Lake Coeur d'Alene

1 day | Ages 14+ Enjoy paddleboarding on Lake Coeur d'Alene under the bright moonlight and magnificent shining stars! Learn about local history, geology and wildlife from ROW Adventures. All paddle boarding equipment and glow sticks provided. **ROW Adventure Center 202 E Sherman, Coeur d'Alene ID \$53**

31654	F	9/4	9 AM-11 PM
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WHAT'S HAPPENING

Archery Introduction

1 day | 5+ Ages Sponsored by the Evergreen Archery Club. Archery is a great activity that the whole family can enjoy. Learn the basics of archery by skilled professionals in a beautiful outdoor setting. Palisades Park Evergreen Archery Grounds \$29
31855 Sa 9/19
9 AM-12 PM

Zip Line Timberline Adventures

1 day | Ages 7+ Explore tree canopies and soar like an eagle with Timberline Adventures Zip Line Tour. After taking a scenic ATV shuttle ride through Timberline's property, you will be zipping for up to 2.5 hours on 7 lines, 2 sky bridges and taking in views that are out of this world! You will be securely harnessed high in the Ponderosa Pines, Douglas firs, even a Tamarack taking in all the beauty. Coeur d'Alene has to offer. Visit "<http://www.ziptimberline.com>" for additional information and participant requirements. **Timberland Adventures, 210 Sherman Ave, Ste 131**

32694	F	9/18	1-3:30 PM
32695	Sa	9/19	11 AM-1:30 PM
32696	F	10/16	1-3:30 PM
32697	Sa	10/17	11 AM-1:30 PM

Ghosts of Spokane Tour

Ages 10+ Join us as we visit the ghosts and haunted dark venues of downtown Spokane, including a ghost hunt of the haunted Corbin Mansion. Ghost hunting equipment provided. This two-hour bus tour leaves from the Group Health parking lot on North River Drive one block east of Washington Street (parking free). **Group Health 322 W North River Drive \$17**

32509	Sa	10/17	7:30-9:30 PM
32510	Sa	10/24	7:30-9:30 PM

Ghosts, Pre Halloween Haunted Cemeteries Tour

Ages 10+ Join us as we tour the haunted nooks and crannies of Greenwood and Riverside Cemeteries and hear ghost stories of their permanent residents! This two-hour bus tour leaves from the Group Health parking lot on North River Drive one block east of Washington Street (parking free). **Group Health 322 W North River Drive \$15**

32506	Sa	10/17	12-2 PM
32507	Sa	10/17	2:30-4:30 PM
32508	Sa	10/24	10 AM-12 PM

Ice Age Floods of the Eastern Channeled Scabland Tour

1 day | Ages 10+ Join geologist-author Bruce Bjornstad on a bus field trip through the Cheney- Palouse Scabland Tract. The tour passes through Ice Age Flood features of Turnbull Wildlife Refuge, Williams Lake Cataract, Rock Lake, Big and Little Cove Coulees as well as streamlined Palouse Hills and old flood deposits at Revere. Other stops include Sprague and Medical Lake scablands and megaflood ripples of Airway Heights. Field guide book included. **Mountain Gear 2002 N. Division-Parking Lot \$59**
31769 Sa 9/19 8 AM-4 PM

Planetarium Tour

1 day | All Ages This one hour show consists of an instructional presentation of the current night sky, a 20-30 minute full dome movie, and a question and answer session with the presenter. Let's do some star gazing at the new Spokane Falls Planetarium! Registration ends Friday before the program date. **Spokane Falls Community College Planetarium 3410 W Fort George Wright D \$10**

Earth, Moon & Sun

32504	Su	10/18	1-2 PM
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Secret Lives of Stars

32505	Su	11/15	1-2 PM
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Swan Lake Family Camping Festival

2 days | All ages Join the U.S. Forest Service in Republic for free activities that include Mt. biking, bike repair, canoeing, children's obstacle course, kayaking, paddleboarding, Dutch oven cooking, hiking and more! Arrive at Swan Lake Campground, Republic, Washington, Friday evening or Saturday morning. Directions emailed after registration. **Swan Lake Campground FREE!!**

31805	Sa/Su	9/26-9/27	8 AM-5 PM
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Wine Tour Yakima Valley

2 days | Ages 21+ Taste some of Washington's best wines and enjoy a relaxing getaway. Transportation from Spokane, tastings at 8 wineries, lodging in Prosser, and dinner in a 1914 Craftsman home are included. A wonderful chance to pick up wines for the upcoming holidays or for gifts. Additional information emailed after registration. \$199 Double Occupancy Per Person; \$249 Single Occupancy. **Corbin Art Center 507 West Seventh Avenue**

31770	Sa	10/17	8 AM-5 PM
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CROSS COUNTRY SKIING

Cross Country Ski Lesson

49 Degrees North w/ Transportation

1 day | Ages 13+ Learn to cross country ski and tour the trails of 49 Degrees North Nordic Area! You will be taught the basics of cross country skiing by certified P.S.I.A. ski instructors. Instruction includes, basics of equipment, techniques on how to glide on your skis, how to travel uphill and of how to stop going downhill. After a fun lesson we will hit the trails for a tour of the area trying out our new skills. Beautiful scenery and exercise is what cross skiing is all about! Includes: skiing equipment, trail pass, instruction, and transportation. Bring a lunch and plenty of water. Additional information emailed after registration. **Wandermere Alberstons 12312 N Division St \$49**

32514	F	12/18	8 AM-3 PM
32515	Su	1/3	8 AM-3 PM
32516	Su	1/31	8 AM-3 PM
32517	Sa	2/13	8 AM-3 PM

Cross Country Ski Lessons

Mt Spokane with Transportation

1 day | Ages 13+ Sponsored By Spokane Nordic Ski Association Learn the basics of cross-country skiing at Mt. Spokane Selkirk Nordic Area, taught by Spokane Nordic Ski Association P.S.I.A. certified cross-country ski instructors. After a fun lesson we will hit the trails for a tour of the area trying out our new skills! Cross country skiing is a wonderful way to spend time with family and friends during the winter and get great exercise outdoors. Includes: Skis, boots, poles, ski area fees, instruction and transportation. Additional information emailed after registration. Ages 13-17 with participating adult \$37. **Yokes Foods 14202 N Market St. Parking Lot \$45**

32521	Sa	12/19	9 AM-2 PM
32522	Su	12/27	9 AM-2 PM



Cross Country Ski Youth Progressive Series

2 days | Ages 8-12 Learn the basics of cross-country skiing over your winter vacation at Mt. Spokane. This progressive series is taught by the Spokane Nordic Ski Association P.S.I.A. certified cross-country ski instructors. Your child will receive lessons in the morning followed up by a tour in the afternoons. Transportation, ski equipment, instruction and Parks and Rec chaperones included. Bring a lunch and plenty of water each day. You will receive detailed pre-class information after registration. **Mountain Gear 2002 N. Division-Parking Lot \$119**

32523 T/W 12/29-12/30 9 AM-4 PM

SNOWSHOEING

Snowshoe Moonlight Hike and Dinner

1 day | Ages 18+ Sponsored by REI. Travel through the winter landscape of Mount Spokane by the magic of moonlight. After exploring the area you will return to the Selkirk Lodge for an awesome dinner provided by Green Bluff's Trezzi Farm. Includes guide, snowshoes, headlamp and meal. Directions emailed after registration. SNO-PARK and Discover Pass required. \$5 discount if you bring your own equipment. Must call 509.625.6200 for discount. Pre-trip information emailed after registration. **Mt. Spokane State Park Selkirk Lodge \$42**

32430	Sa	2/20	6-9 PM
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Snowshoe Moonlight Hike with Transportation

1 day | Ages 16+ Sponsored by REI. Moonlight on snow is a magical and memorable experience. Quietly you will explore the meadows and woods around Mount Spokane. We provide guides, transportation, headlamps, walking poles and snowshoes. Additional information emailed after registration. (REI member \$27) **Yokes Foods 14202 N Market St. Parking Lot \$29**

32425	Sa	12/19	6-9 PM
32427	F	1/22	6-9 PM



Snowshoe Tour 49 Degrees North Womens Only

1 day | Ages 15+ Tour the trails of 49 Degrees North! Your guide will give you tips leading to better control and more fun on your snowshoes in this non-competitive atmosphere. Beautiful scenery and healthful exercise followed by a tasty lunch in the yurt. Includes trail pass, guide/instructor, poles, snowshoes and lunch!

Forty Nine Degrees North Ski Area 3311 Flowery Trail Rd -Nordic Area \$39

32442	Sa	1/16	10 AM-1 PM
32443	Sa	2/20	10 AM-1 PM

Snowshoe Tour Mt Spokane with Transportation

1 day | Ages 13+ Bring the whole family and learn the basics of snowshoeing and try this fun winter sport. During the guided hike you will travel on snowshoe trails through the snow-covered trees and hills around Mt. Spokane. Depending on snow condition we will either be snowshoeing the Bald Knob or Smith Gap trails. Meet at the Mead Yokes. Directions and information emailed after registration. Includes snowshoes, instruction, walking poles, trail fees, guides and transportation! Ages 13-17 with participating adult \$27. **Yokes Foods 14202 N Market St. Parking Lot \$29**

32431	Su	12/20	10 AM-2 PM
32432	Su	12/27	10 AM-2 PM

YOUTH OUTDOOR PROGRAMS

Camp Youth Winter Adventure with Transportation

2 days | Ages 9-12 Send your child with us over the winter break to learn cross country skiing and snowshoeing at 49 Degrees North Mountain Resort. They will learn to ski from our 49 Degrees North PSIA certified instructors. PSIA certified instructors and travel the trails romping around in the snow through old growth cedar forests. We will also learn to build snow caves and search for animal tracks ! Please bring a lunch each day. Transportation, snowshoes, skiing equipment, trail passes and instruction provided. **Mountain Gear 2002 N. Division-Parking Lot \$69**

32444	M/T	12/21-12/22	9 AM-4 PM
32445	M/T	12/28-12/29	9 AM-4 PM

PERSONAL INTEREST

DANCE, MUSIC, THEATRE & GYMNASTICS

Accordion for Adults

4 weeks only | Ages 13+ The Accordion is coming back! You can easily learn using the Australian method that will have you playing and enjoying music right away even if you've never read music or played a musical instrument. Play great-sounding contemporary, gospel, classical, blues and accompaniment pieces - immediately - from the very first lessons! Accordions available* - *based on availability, call (509) 998-5422 to confirm. **Able to Play Music Studio 418 E Pacific Ave \$58**

32485	M	9/7-9/28	6-6:30 PM
31976	M	9/7-9/28	1-1:30 PM
32475	Th	10/1-10/22	6-6:30 PM
32476	M	10/5-10/26	6-6:30 PM
32478	Th	10/29-11/19	6-6:30 PM
32477	W	11/4-11/25	6-6:30 PM
32479	M	11/30-12/21	6-6:30 PM
32480	W	12/2-12/23	5:30-6 PM

Accordion for Children

4 weeks | Ages 6-12 Is the accordion easy to learn? Yes and its fun! If you see the keys that look like the piano, the bellows that go in and out, and all those buttons that are so small - how does one learn? Able to Play Music Studio has all the tools that will enable you to be able to play your first real songs, with hands together, very easily in a fun way! Learn with a certified accordion teacher. Accordions available* - *based on availability, call (509) 998-5422 to confirm. **Able to Play Music Studio 418 E Pacific Ave \$58**

31971	W	9/9-9/30	5-5:30 PM
32469	M	10/5-10/26	5:30-6 PM
32470	W	10/7-10/28	6-6:30 PM
32472	Th	10/29-11/19	4-4:30 PM
32471	W	11/4-11/25	5-5:30 PM
32473	M	11/30-12/21	5:30-6 PM
32474	W	12/2-12/23	6-6:30 PM

Dance Ballet Preschool

4 weeks | Ages 3-5 Excellent for all ages and levels of ballet. Introducing Ballet steps and terminology in a playful and imaginative way. A Time to Dance is a professional studio with an excellent reputation for teaching ballet. **A Time to Dance 3815 N Post St. \$45**

Ages 3-5

32341	W	10/7-10/28	11-11:30 AM
32342	W	10/7-10/28	12-12:30 PM
32343	W	11/4-11/25	11-11:30 AM
32344	W	11/4-11/25	12-12:30 PM
32345	W	12/2-12/23	11-11:30 AM

Ages 3-4

32347	Sa	10/3-10/24	10-10:30 AM
32348	Sa	10/31-11/21	10-10:30 AM
32349	Sa	11/28-12/19	10-10:30 AM
32346	Sa	12/5-12/26	12-12:30 PM

Dance Ballet Youth

4 weeks | Ages 5-12 Excellent for all ages and levels of ballet. Introducing Ballet steps and terminology in a playful and imaginative way. A Time to Dance is a professional studio with an excellent reputation for teaching ballet. **A Time to Dance 3815 N Post St. \$45**

Ages 6-8

32350	W	10/7-10/28	12:30-1:30 PM
32352	W	11/4-11/25	12:30-1:30 PM
32354	W	12/2-12/23	12:30-1:30 PM

Ages 9-12

32351	W	10/7-10/28	6-7:30 PM
32353	W	11/4-11/25	6-7:30 PM
32355	W	12/2-12/23	6-7:30 PM

Ages 5-6

32356	Sa	10/3-10/24	10:30-11:15 AM
32357	Sa	10/31-11/21	10:30-11:15 AM
32365	Sa	11/28-12/19	10:30-11:15 AM

Ages 7-8

32358	Sa	10/3-10/24	11:30-12:30 PM
32359	Sa	10/31-11/21	11:30-12:30 PM
32366	Sa	11/28-12/19	11:30-12:30 PM

Ages 9-13

32360	W	10/7-10/28	1:30-3 PM
32363	Sa	10/3-10/24	2:15-3:30 PM
32364	Sa	10/31-11/21	2:15-3:30 PM
32361	W	11/4-11/25	1:30-3 PM
32367	Sa	11/28-12/19	2:15-3:30 PM
32362	W	12/2-12/23	1:30-3 PM

Dance Hip-Hop Adult

4 weeks | Ages 14+ The Hip Hop Classes will be teaching the importance of muscle isolations and how to manipulate the body in movement and expression. Hip Hop is a street dance that allows freedom of personal expression and movement, and we believe in developing the skills and techniques help produce your expressions within routines and dances. **A Time to Dance 3815 N Post St. \$45**

32293	M	10/5-10/26	6-7 PM
32294	M	11/2-11/23	6-7 PM
32295	M	11/30-12/21	6-7 PM

Dance Hip-Hop Youth

4 weeks | Ages 8-13 The Hip Hop Classes will be teaching the importance of muscle isolations and how to manipulate the body in movement and expression. Hip Hop is a street dance that allows freedom of personal expression and movement, and we believe in developing the skills and techniques help produce your expressions within routines and dances. **A Time to Dance 3815 N Post St. \$45**

32298	M	10/5-10/26	5-6 PM
32299	M	11/2-11/23	5-6 PM
32300	M	11/30-12/21	5-6 PM

Folk Music Experience!

4 weeks | Ages 8 - 13 Four folk instruments. Experiment with the folk music sound! Learn to play folk songs and more as you learn to produce the I - IV - V chords on: banjo, dulcimer, ukulele and mandolin. This is an introduction to musical concepts while you learn to play things with strings!

Everyone Makes Music Comstock Studio 904 W. Comstock Ct. \$60

32260	Th	9/24-10/15	4-5 PM
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Guitar for Adults

4 weeks | Ages 13+ Learn the basics of guitar, your first chords and some useful strumming patterns that can be applied to many songs. **Able to Play Music Studio 418 E Pacific Ave \$58**

31979	F	9/4-9/25	6-6:30 PM
32454	Th	10/1-10/22	3-3:30 PM
32455	M	11/2-11/23	4-4:30 PM
32456	T	12/1-12/22	6:30-7 PM



The quickest and easiest way to register for an activity is online at **SpokaneParks.org**



Guitar for Children

4 weeks | Ages 6-12 Learn the basics of guitar, your first chords and some cool strumming patterns that can be applied to many songs. **Able to Play Music Studio 418 E Pacific Ave \$58**

31953	F	9/4-9/25	3:30-4 PM
32450	T	10/6-10/27	3:30-4 PM
32451	Th	10/29-11/19	4:30-5 PM
32452	M	11/30-12/21	5:30-6 PM

Gymnastics for Tiny Tots

6 Weeks | Ages 18 – 36 months Parents interact with their children in a structured class where toddlers learn very basic gymnastics skills; including rolls, jumps and balance with a focus on improvement of fine and gross motor skills and ability to follow directions in a fun environment with songs and games. *Closed 11/24-11/25, 11/26, 11/27 for Thanksgiving Holiday **Spokane Gymnastics 2515 N. Locust Road Spokane Valley \$85**

32273	T	10/20-12/1	10:15-11:05 AM
32274	W	10/21-12/2	10:15-11:05 AM

Gymnastics Introduction

6 Weeks | Ages 5-14 Basic gymnastics skills taught on all the Olympic Events: Vault, Balance Beam, Uneven, Horizontal and Parallel Bars, Floor, Rings and Pommel Horse in a fun and encouraging environment. *Closed 11/24-11/25, 11/26, 11/27 for Thanksgiving Holiday **Spokane Gymnastics 2515 N. Locust Road Spokane Valley \$95**

Ages 5-8

32284	F	10/23-12/4	5-6 PM
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Ages 9-14

32285	F	10/23-12/4	6:15-7:15 PM
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Gymnastics Parkour

6 Weeks | Ages 10-18 Parkour is the physical discipline of training to overcome any obstacle by adapting one's movements to the environment. One hour 'urban gymnastics' class teaches participants how to negotiate obstacles in the most efficient (and fun) way possible as well as how to jump, land and flip safely. *Closed 11/24, 11/25, 11/26, 11/27 for Thanksgiving Holiday **Spokane Gymnastics 2515 N. Locust Road Spokane Valley \$95**

32287	F	10/23-12/4	7:30-8:30 PM
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Gymnastics Preschool

6 Weeks | Ages 3 & 4 Preschoolers learn fundamental gymnastics in a fun, fast-paced 50 minute co-ed class. At the age when young children become gradually more aware of their bodies and how to control their movements they can learn an accumulation of skills, the social skills necessary to work in a group, and string skills together, mentally and physically. *Closed 11/24-11/25, 11/26, 11/27 for Thanksgiving Holiday **Spokane Gymnastics 2515 N. Locust Road Spokane Valley \$85**

32276	T	10/20-12/1	9:15-10:05 AM
32277	T	10/20-12/1	11:15-12:05 PM
32278	W	10/21-12/2	9:15-10:05 AM
32279	W	10/21-12/2	11:15-12:05 PM
32280	F	10/23-12/4	4-4:50 PM

Piano for Adults

4 weeks | Ages 13+ Want to play the Piano? Can't read music? No problem! Easily learn using the fun & unique Australian method that has everyone playing right away. No boring scales. Play real music - immediately - both hands from the very first lessons! These are 'non-traditional' lessons. A natural fun approach to learning the piano. Ave **Able to Play Music Studio 418 E Pacific Ave \$58**

31965	T	9/8-9/29	6-6:30 PM
31966	W	9/9-9/30	2-2:30 PM
31965	T	9/8-9/29	6-6:30 PM
32463	M	10/5-10/26	6-6:30 PM
32464	Th	10/1-10/22	6:30-7 PM
32465	F	10/30-11/20	3:30-4 PM
32466	T	11/3-11/24	6:30-7 PM
32467	T	12/1-12/22	6-6:30 PM
32468	M	11/30-12/21	4-4:30 PM

Piano for Children

4 weeks | Ages 6-12 Long to play the Piano? Can't read music? No problem! Easily learn using the fun & unique Australian method that has everyone playing right away. No boring scales. Play real music - immediately - both hands from the very first lessons! These are 'non-traditional' lessons. A natural fun approach to learning the piano. abletoplaymusic.com **Able to Play Music Studio 418 E Pacific Ave \$58**

31960	T	9/8-9/29	3:30-4 PM
32457	M	10/5-10/26	5:30-6 PM
32458	F	10/2-10/23	3:30-4 PM
32459	Th	10/29-11/19	6-6:30 PM
32460	T	11/3-11/24	6-6:30 PM
32461	M	11/30-12/21	6-6:30 PM
32462	T	12/1-12/22	3:30-4 PM

Trumpet Workshop

4 weeks | Ages 8 - 12 Trumpeters, learn the skills to get you to the top in your school band! Learn to listen and play in an ensemble and as a soloist. Develop sight-reading skills. Learn breathing technique, breath control and phrasing. Build lip muscle and expand your range. **Everyone Makes Music Comstock Studio 904 W. Comstock Ct. \$60**

32270	F	9/18-10/9	4-5 PM
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Ukulele Movie Theme

Music on Ukulele

4 weeks | Ages 7 - 12 Ukulele is fun and easy to play. Learn to play dozens of songs so quickly you will be amazed! Come learn to play songs from your favorite Disney Movies. Studio closed during Thanksgiving week. **Everyone Makes Music Comstock Studio 904 W. Comstock Ct. \$60**

32261	M	9/7-9/28	3:50-4:40 PM
32263	T	9/8-9/29	4-4:50 PM
32262	M	10/5-10/26	3:50-4:40 PM
32264	T	10/6-10/27	4-4:50 PM
32266	M	11/2-11/30	3:50-4:40 PM
32268	T	11/3-12/1	4-4:50 PM

Ukulele Beginning Lessons

4 weeks | Ages 16+ Make new friends and bring joy to your life and to others by making music. Uke can play accompaniment or solo and it is so portable uke can take it anywhere. It is easy to learn and will keep you smiling! Studio closed during Thanksgiving week. **Everyone Makes Music Comstock Studio 904 W. Comstock Ct. \$60**

32238	F	9/11-10/2	11:30-12:30 PM
32241	W	9/9-9/30	5:15-6:15 PM
32239	F	10/9-10/30	11:30-12:30 PM
32240	F	11/6-12/4	11:30-12:30 PM
32242	W	10/7-10/28	5:15-6:15 PM
32243	W	11/4-12/2	5:15-6:15 PM

Ukulele Christmas

Music on Ukulele

2 weeks | Ages 16+ You will learn to read tablature and play Christmas melodies on the Ukulele. Beginner through Advanced Beginners. **Everyone Makes Music Comstock Studio 904 W. Comstock Ct. \$30**

32258	W	12/9-12/16	5:15-6:15 PM
32259	F	12/11-12/18	11:30-12:30 PM



Ukulele Ensemble

4 weeks | Ages 16+ We are Spokane's Premier Ukulele Ensemble: The Lilac City Ukulele. This group rehearses a variety of musical styles and performs Sing Along Concerts. We learn new chords, styles, and techniques as we go. You only need to know first position major, minor, and seventh chords and be able to strum a steady beat to join this ensemble. No class on Thanksgiving, Christmas, or New Years weeks. **Everyone Makes Music Comstock Studio 904 W. Comstock Ct. \$60**

32233 Th 9/10-10/1 5:30-6:30 PM
32234 Th 10/8-10/29 5:30-6:30 PM
32235 Th 11/5-12/3 5:30-6:30 PM

MARTIAL ARTS, FITNESS & WELLNESS

Cardio Fusion 20/20/20 With Stacy
Ages 16+ Want 60 minutes of a well-rounded and diverse workout class? Well this class is for you! You will never get bored in the class with a balanced mixed of 20 minutes of dance fusion 20 minutes of kickboxing strength training, and 20 minutes of Yoga and Pilates inspired core and toning to round out this POWER of a workout. No prior dance or kickboxing experience required. **Emmanuel Presbyterian 1926 W Chelan**

32199 W 9/9-10/28 5:30-6:30 PM \$48
32200 W 11/4-12/16 5:30-6:30 PM \$42

Kung Fu for Youth

4 weeks | Ages 7-17 Channel your child's inner Shao-Lin Monk! Kung Fu basics taught with positive spirit and atmosphere. This class is open to all backgrounds and any level of fitness. No class Thanksgiving week. **East West Fitness World 1506 N Monroe \$67**

32490 M/W 9/21-10/14 6:15-7 PM
32491 T/Th 9/22-10/15 6:15-7 PM
32492 M/W 10/19-11/11 6:15-7 PM
32493 T/Th 10/20-11/12 6:15-7 PM
32494 M/W 11/16-12/16 6:15-7 PM
32495 T/Th 11/17-12/17 6:15-7 PM

For more information call 509.625.6200

Kung Fu Little Dragons

4 weeks | Ages 4-6 The Little Dragons class aims to introduce children to Kung Fu. The class mixes some basic moves for walking, punching, kicking, and simple-set work with games. The focus of this class is to help your child improve balance, coordination, and improve their levels of fitness, all while having fun! Bring water to drink and loads of energy! No class Thanksgiving week. **East West Fitness World 1506 N Monroe \$40**

32498 M/W 9/21-10/14 5:45-6:15 PM
32499 T/Th 9/22-10/15 5:45-6:15 PM
32500 M/W 10/19-11/11 5:45-6:15 PM
32501 T/Th 10/20-11/12 5:45-6:15 PM
32502 M/W 11/16-12/16 5:45-6:15 PM
32503 T/Th 11/17-12/17 5:45-6:15 PM

Street Defense

2 days | Ages 13+ Learn how to be more observant in your surroundings, how to present yourself in an environment, how to defend against numerous types of attacks: holds, strikes, chokes, etc. All techniques build on each other so students don't have to learn something different for each type of attack. Instruction is verbal and by demonstration. Students will practice the techniques with each other in a controlled manner. Students will also receive and learn how to use a Kubaton for personal defense. Students need to be able to stand and move throughout the duration of the 3 hour class, wear comfortable clothing and shoes. **Corbin Senior Activity Center 827 W. Cleveland-Lower South Classroom \$43**

32225 Sa 9/26-10/3 2-5 PM

Yoga & Meditation Combo Class

4 weeks | Ages 18+ Learn the practice of meditation through a meditation-based gentle-stretch yoga class, followed by meditation training designed to achieve a deep state of relaxation and a tranquil mind. Reduce anxiety, stress and negative emotions learning to focus your attention and access inner well-being. **Urban Ashram Yoga Studio 918 S. Cedar \$58**

32433 Sa 10/10-10/31 9-10:30 AM

Yoga Basic

6 weeks | Ages 16+ Feel great! Classes are designed to meet you where you are. Relax into ever-deepening levels of flexibility, strength and well-being. De-stress and revitalize through yoga asanas, breathing, focusing and relaxation techniques. Appropriate for beginners as well as continuing students. Teacher Robin Marks has more than 20 year of experience teaching yoga from working with athletes to helping those with physical set backs. No class Thanksgiving week. \$65

Urban Ashram Yoga Studio 918 S. Cedar

32434 T 9/22-10/27 5:30-6:30 PM

32437 T 11/3-12/15 5:30-6:30 PM

Pilgrim Lutheran Church 2733 W. Northwest Blvd

32435 T 9/22-10/27 6:45-7:45 PM

32436 T 11/3-12/15 6:45-7:45 PM

Yoga Deeper Stretch

6 weeks | Ages 16+ This class offers the same benefits as Basic Yoga but with a little more emphasis on strengthening. Students should be in reasonably good physical condition. Teacher Robin Marks has more than 20 year of experience teaching yoga from working with athletes to helping those with physical set backs. **Urban Ashram Yoga Studio 918 S. Cedar \$65**

32446 Th 9/24-10/29 5:30-6:30 PM

32447 Th 11/5-12/17 5:30-6:30 PM

Yoga Gentle Stretch

6 weeks | Ages 16+ If you have not exercised for a while, suffer from some of the aches and pains that can accompany life, or you simply want to de-stress in a gentle matter, this is the class for you. Same benefits as Basic Yoga class but gentler. Teacher Robin Marks has more than 20 year of experience teaching yoga from working with athletes to helping those with physical setbacks. **Urban Ashram Yoga Studio 918 S. Cedar \$65**

32448 Sa 9/26-10/31 9-10 AM

32449 Sa 11/7-12/19 9-10 AM



ZUMBA® Fitness

Ages 14+ Ditch the workout, join the party! Zumba features interval training where fast and slow rhythms are combined to tone and sculpt your body. Zumba® Fitness classes are so much fun; you won't feel like you are exercising! Designed for all ages, shapes, and fitness levels. No dance experience required. For participants, ages 14-17, an adult must sign waiver on the 1st day of class. No classes with Stacy 11/25, 11/26, 11/28 or Sacajawea, No classes 11/5, 11/12, 11/12, 11/24, 11/26

Audubon Park Masonic Lodge 2821 Northwest Blvd.

(Stacy)

32202 Th 9/10-10/29 5:30-6:30PM \$48

32203 Sa 9/12-10/31 9-10 AM \$48

32206 Th 11/5-12/17 5:30-6:30 PM \$42

32207 Sa 11/7-12/19 9:30-10:30 AM \$42

Sacajawea Middle School 401 E 33rd - Cafeteria

(Jonna)

32204 T 10/13-12/15 6-7 PM \$48

32205 Th 10/8-12/17 6-7 PM \$48

32211 T 1/5-2/16 6-7 PM \$42

32212 Th 1/7-2/18 6-7 PM \$42

32216 T 2/23-3/29 6-7 PM \$36

32217 Th 2/25-3/31 6-7 PM \$36

WHAT'S HAPPENING

Guns, First Shots

1 day | Ages 14+ The First Shots introductory course teaches the fundamentals of firearms safety, marksmanship and firearms handling. Students will be introduced to these topics and then put the skills in practice using .22LR firearms in a live-fire environment. At the conclusion, students will have an understanding of firearms safety and the many ways to enjoy the shooting sports, allowing them to continue into more advanced firearms classes. Under 18 must be accompanied by parent. **Sharp Shooting Indoor Range 1200 N. Freya St. \$35**

32221 M 10/12 6:30-8:30 PM

32222 Sa 11/21 9:30-11:30 AM

32223 Su 12/6 11 AM-1 PM



Publishing Your Own Book

2 days | Ages 16+ Dreaming about writing a book or perhaps you have already completed your masterpiece? The world of publishing is not an easy area to maneuver through. In just two sessions, this class will fill you in on all the necessary details to be able to self-publish or learn where to start on your publishing journey. Esta Rosevear is a self-published author who wants to help you get your books on the bookstore shelf! **Corbin Senior Activity Center 827 W. Cleveland-Lower South Classroom \$29**

32227 Th 11/5-11/12 5:30-7:30 PM

Public Speaking for Adults

2 day | Ages 18+ Learn how to stop the shaking knees, butterflies and sweaty palms! This workshop will put you on the road to becoming the speaker you always dreamed of being. In just four hours you will increase self-esteem, learn tips professionals use, be able to interview for any job or give a presentation. **Corbin Senior Activity Center 827 W Cleveland-Exercise Room Upstairs \$29**

32229 W/Th 10/28-10/29 6-8 PM



The quickest and easiest way to register for an activity is online at SpokaneParks.org



The quickest and easiest way to register for an activity is online at SpokaneParks.org

Birthday Art Parties

Corbin Art Center

Choose from one of our fun themes for ages 3-13

\$129 up to 10 guests

2-hour parties

(additional hour available)

Face painting and scavenger hunts optional for a fee

Call for more information or to reserve

509.625.6677



SPORTS

ADULT SPORTS

Softball League

6 weeks | Ages 18+ Come play on the region's best fields! SPRD offers a variety of divisions including Men's B, C, & D divisions, Women's C division, Coed C & D division and Modified Pitch Wood Bat. Play 6 double-header games at the Dwight Merkel Sports Complex or Franklin Park Softball Complex. Join us this season for the best softball competition in town and register your team today! Registration Deadline 9/1

ACTIVITY	DIVISION	DATE	LOCATION	FEE
32078	Coed C - Th	9/10	Dwight Merkel	\$650
32074	Coed D - Th	9/10	Dwight Merkel	\$650
32071	Coed C - Fri	9/11	Dwight Merkel	\$650
32080	Coed D - Fri	9/11	Dwight Merkel	\$650
32076	Coed C - Sun	9/13	Dwight Merkel	\$650
32075	Coed D - Sun	9/13	Dwight Merkel	\$650
32088	Men's D - Mon	9/14	Dwight Merkel	\$650
32079	Men's B - ASA	9/8	Dwight Merkel	\$650
32077	Men's C - Tu	9/8	Dwight Merkel	\$650
32086	Men's C - Wed	9/9	Dwight Merkel	\$650
32073	Men's D - Wed	9/9	Dwight Merkel	\$650
32072	Women's	9/9	Dwight Merkel	\$650
32083	Mod Pitch Wood Bat	9/14	Franklin	\$650



Volleyball Leagues

10 weeks | Ages 16 + The Coed A League is the Elite players place for high intensity competition. The Coed B League is for players looking for competition in a more relaxed environment. The Coed C League is our recreational league. We also offer Coed 4on4 and Women's 4on4.

ACTIVITY	DIVISION	DATE	LOCATION	FEE	DEADLINE
32089	Coed A Division	10/5 - 10 weeks	Chase	\$199	9/28
32090	Coed B Division-Sac	10/5 - 10 weeks	Sac	\$249	9/28
32091	Coed B Division-Shaw	10/5 - 10 weeks	Shaw	\$249	9/28
32092	Coed C Division	10/8 - 10 weeks	Salk	\$249	10/1
32164	Coed 4on4 Division	10/8 - 10 weeks	Sac	\$149	10/1
32093	W's 4on4 Division	10/7 - 10 weeks	Shaw	\$149	9/30

For more information call 509.625.6200



Volleyball Open Gym

10 weeks | Ages 16 + Every Friday from 6:15 to 9:15 PM we offer two options for you to play: Chase Middle School - if you are looking for intense competition, or play at Salk Middle School - if you are looking for a recreational setting. Ages 16-17 need signed parental consent form. Please download form at spokaneparks.org. Fee \$4/night.

Chase Middle School 4747 E 37th
32162 F 10/9-12/18 6:15-9:15 PM
Salk Middle School 6411 N Alberta
32163 F 10/9-12/18 6:15-9:15 PM

SPORTS TENNIS

Tennis Afterschool Zone - TAZ (USTA)

8 weeks | Ages 6 - 12 Hit a ball, make friends, and learn a new skill. USTA-trained instructors use age-appropriate equipment, games and drills to get kids moving, having fun, and learning tennis. No previous tennis experience is necessary, and all equipment is provided. In addition to developing basic tennis skills, students also learn about sportsmanship, teamwork and healthy lifestyles. Register at www.pnw.usta.com/spokane \$56

Jefferson Elementary School 123 E 37th
32685 M 10/19-12/7 6-7 PM
Roosevelt Elementary School 333 W 14th
32686 T 10/20-12/8 6-7 PM
Audubon Elementary School 2020 W Carlisle
32687 W 10/21-12/9 6-7 PM
Moran Prairie Elementary School 4224 E 57th
32690 Th 10/22-12/10 6-7 PM



Skyhawks Sports Academy

SPOKANE PARKS & RECREATION

FALL 2015 SKILL-BASED YOUTH SPORT PROGRAMS

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
BEGINNING BASEBALL CAMP						
SSA85495	9/15-10/20	TU	5:30 p.m. - 6:30 p.m.	4-6	\$69.00	Comstock Park
SSA85498	9/24-10/22	TH	5:30 p.m. - 6:30 p.m.	4-6	\$69.00	Shadle Park
<i>Boys and girls learn the fundamentals of fielding, catching, throwing, hitting and base running in a fun, positive environment. Athletes learn new baseball skills along with vital life lessons such as respect, teamwork and responsibility.</i>						
Note: This program meets once a week for 6 weeks.						

BEGINNING BASKETBALL CAMP						
SSA80424	10/06-11/10	TU	6:00 p.m. - 7:00 p.m.	4-6	\$69.00	Audubon Elementary
SSA80432	10/09-11/13	TH	6:00 p.m. - 7:00 p.m.	4-6	\$69.00	Lincoln Heights Elementary
<i>This fun, skill-intensive program is designed for beginning to intermediate athletes. An active week of passing, shooting, dribbling and rebounding makes this one of our most popular programs. Boys and girls will also learn vital life lessons such as respect, teamwork and responsibility.</i>						
Note: This program meets once a week for 6 weeks.						

BASKETBALL CAMP						
SSA80423	10/06-11/10	TU	7:00 p.m. - 8:00 p.m.	6-12	\$69.00	Audubon Elementary
SSA80433	10/09-11/13	FRI	7:00 p.m. - 8:00 p.m.	6-12	\$69.00	Lincoln Heights Elementary
<i>This fun, skill-intensive program is designed for beginning to intermediate athletes. An active week of passing, shooting, dribbling and rebounding makes this one of our most popular programs. Boys and girls will also learn vital life lessons such as respect, teamwork and responsibility.</i>						
Note: This program meets once a week for 6 weeks.						

BEGINNING GOLF CAMP						
SSA85720	9/15 - 10/20	TU	5:30 p.m. - 6:30 p.m.	6-12	\$69.00	Comstock Park
SSA85719	9/17 - 10/22	TH	5:30 p.m. - 6:30 p.m.	6-12	\$69.00	Thorton Murphy Park
<i>Boys and girls will learn the fundamentals of swinging, putting and body positioning. Using the SNAG® (Starting New At Golf) system, we have simplified instruction so that young players can make an effective transition onto the golf course. All equipment provided.</i>						
Note: This program meets once a week for 6 weeks.						

"This was an EXCELLENT experience for my son. The coaches were serious but fun and encouraging. I think it has set my son up for the LOVE of a sport for a lifetime.
Thank you!"

Joyce F.

SPACE IS LIMITED!
REGISTER TODAY

www.skyhawks.com

800.804.3509



Spokane Parks & Recreation

Register Online at:

www.skyhawks.com or 800.804.3509

REGISTER TODAY

www.skyhawks.com

800.804.3509

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
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CHEERLEADING CAMP

SSA85496	09/15-10/20	TU	5:30 p.m. - 6:30 p.m.	5-11	\$69.00	Comstock Park
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Skyhawks Cheerleading teaches girls the essential skills to lead crowds and support the home team! Each cheerleader learns proper hand & body movements and jumping techniques. The session concludes with a choreographed performance.

Note: This program meets once a week for 6 weeks.

DODGEBALL CAMP

SSA85494	10/06-11/10	TU	7:00 p.m. - 8:00 p.m.	6-12	\$69.00	Hamblen Elementary
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LACROSSE CAMP

SSA85717	9/15 - 10/20	TU	5:30 p.m. - 6:30 p.m.	6-12	\$69.00	Comstock Park
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SSA85718	9/17 - 10/22	TH	5:30 p.m. - 6:30 p.m.	6-12	\$69.00	Thorton Murphy Park
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Lacrosse combines basic skills used in soccer, basketball and hockey into one fast-paced game. Boys and girls will learn the fundamentals of stick handling, cradling, passing and shooting in a fun, non-checking environment.

Lacrosse equipment not provided. Rental equipment (helmet, gloves, stick) available through www.skyhawks.com for \$29.

Note: This program meets once a week for 6 weeks.

MULTI-SPORT FALL SAMPLER (SOCCER, BASKETBALL & FLAG FOOTBALL)

SSA85547	9/14-9/28	MON	5:30 p.m. - 6:00 p.m.	6-9	\$39.00	Audubon Park
SSA85548	9/14-9/28	MON	6:00 p.m. - 6:30 p.m.	6-9	\$39.00	Audubon Park
SSA85549	9/16-9/30	WED	5:30 p.m. - 6:00 p.m.	6-9	\$39.00	Franklin Park
SSA85550	9/16-9/30	WED	6:00 p.m. - 6:30 p.m.	6-9	\$39.00	Franklin Park
SSA85497	9/17-10/01	TH	5:30 p.m. - 6:00 p.m.	6-9	\$39.00	Thorton Murphy Park
SSA85542	9/17-10/01	TH	6:00 p.m. - 6:30 p.m.	6-9	\$39.00	Thorton Murphy Park
SSA85551	9/18-10/02	FRI	5:30 p.m. - 6:00 p.m.	6-9	\$39.00	Comstock Park
SSA85552	9/18-10/02	FRI	6:00 p.m. - 6:30 p.m.	6-9	\$39.00	Comstock Park

Skyhawks multi-sport programs are tailored to your child's age and skill level while teaching life lessons such as respect and teamwork. Children age 6-9 years will learn the rules and essential skills of each sport.

Note: This program meets once a week for 3 weeks.

VOLLEYBALL CAMP

SSA80427	10/06-11/10	TU	6:00 p.m. - 7:00 p.m.	6-12	\$69.00	Hamblen Elementary
SSA85494	10/07-11/11	WED	6:30 p.m. - 7:30 p.m.	6-12	\$69.00	Adams Elementary
SSA80425	10/08-11/12	TH	6:30 p.m. - 7:30 p.m.	6-12	\$69.00	Browne Elementary

All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting and serving. This program is designed for the beginning and intermediate player. Our staff will assist boys and girls in developing fundamental skills through games-speed drills and daily scrimmages aimed at developing the whole player.

Note: This program meets once a week for 6 weeks.



SuperTots Sports Academy

SPOKANE PARKS & RECREATION

FALL 2015 SPORT-BASED CHILD DEVELOPMENT PROGRAMS

	(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
SOCCERTOTS®							
Teddies ⁴	SSA85526	10/15-12/17	TH	6:10p.m.-6:50p.m.	18 mos - 26 mos	\$108.00	Mullan Road Elementary
Teddies II ³	SSA85530	10/13-12/15	TU	6:10p.m.-6:50p.m.	24 mos - 30 mos	\$120.00	Westview Elementary
Teddies II ³	SSA85537	10/13-12/15	TU	6:10p.m.-6:50p.m.	24 mos - 30 mos	\$120.00	Westview Elementary
Teddies II ⁴	SSA85527	10/15-12/17	TH	6:10p.m.-6:50p.m.	24 mos - 30 mos	\$108.00	Mullan Road Elementary
Koalas ²	SSA85538	10/14-12/16	WED	6:10p.m.-6:50p.m.	30 mos - 36 mos	\$96.00	Moran Praire Elementary
Cubs ²	SSA85539	10/14-12/16	WED	6:10p.m.-6:50p.m.	3 yrs - 3 yrs 6 mos	\$96.00	Moran Praire Elementary
Pandas ³	SSA85531	10/13-12/15	TU	7:00p.m.-7:40p.m.	3 yrs 6 mos - 4 yrs	\$120.00	Westview Elementary
Pandas ²	SSA85540	10/14-12/16	WED	7:00p.m.-7:40p.m.	3 yrs 6 mos - 4 yrs	\$96.00	Moran Praire Elementary
Bears ²	SSA85541	10/14-12/16	WED	7:00p.m.-7:40p.m.	4 yrs - 4 yrs 6 mos	\$96.00	Moran Praire Elementary
Bears ⁴	SSA85528	10/15-12/17	TH	7:00p.m.-7:40p.m.	4 yrs - 4 yrs 6 mos	\$108.00	Mullan Road Elementary
Grizzlies ⁴	SSA85529	10/15-12/17	TH	7:00p.m.-7:40p.m.	4 yrs 6 mos - 5 yrs	\$108.00	Mullan Road Elementary
VOLLEYKATS™							
Panthers ²	SSA85515	10/14-12/16	WED	5:50p.m.-6:30p.m.	6 yrs - 6 yrs 11 mos	\$96.00	Madison Elementary
Panthers ²	SSA85517	10/14-12/16	WED	6:40p.m.-7:20p.m.	6 yrs - 6 yrs 11 mos	\$96.00	Madison Elementary
Tigers ²	SSA85516	10/14-12/16	WED	5:50p.m.-6:30p.m.	7 yrs - 8 yrs 11 mos	\$96.00	Madison Elementary
Tigers ²	SSA85518	10/14-12/16	WED	6:40p.m.-7:20p.m.	7 yrs - 8 yrs 11 mos	\$96.00	Madison Elementary
HOOPSTERTOTS™							
Froggies ²	SSA85513	10/14-12/16	WED	6:10p.m.-6:50p.m.	3 yrs - 3 yrs 6 mos	\$96.00	Roosevelt Elementary
Froggies II ³	SSA85505	10/12-12/14	MON	5:50p.m.-6:30p.m.	3 yrs 6 mos - 4 yrs	\$120.00	Lidgerwood Elementary
Rabbits II ³	SSA85506	10/12-12/14	MON	6:40p.m.-7:20p.m.	4 yrs 6 mos - 5 yrs	\$120.00	Lidgerwood Elementary
Rabbits II ²	SSA85536	10/14-12/16	WED	7:00p.m.-7:40p.m.	4 yrs 6 mos - 5 yrs	\$96.00	Roosevelt Elementary
Kangaroos ²	SSA85514	10/14-12/16	WED	7:00p.m.-7:40p.m.	5 yrs - 5 yrs 6 mos	\$96.00	Roosevelt Elementary

NOTE: Price doesn't include one-time annual membership fee of \$20.

¹ This session meets once a week for 3-weeks.

² This session meets once a week for 8-weeks.

³ This session meets once a week for 10-weeks.

⁴ This session meets once a week for 9-weeks.

SPACE IS LIMITED!
REGISTER TODAY

www.SuperTotSports.com

866.849.1099



Spokane Parks & Recreation

Register Online at:

www.SuperTotSports.com or 866.849.1099

Note: Times and locations are subject to change based on school availability. For the most up-to-date information please visit us online at www.SuperTotSports.com or call 866.849.1099.

Classes will not be held on the following days: November 11, November 25 and November 26, 2015.

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Get Golf Ready

Adult and Senior classes are available this Fall at three of our great courses.
Visit spokane golf.org or call Spokane Parks and Recreation at 509-625-6200 for more details.



Golf Lessons Adult

Ages 18+ – \$90 – Fee includes five one-hour lessons, tees & golf balls. Class sizes are limited and we reserve the right to combine or cancel classes if minimum enrollment is not met.

32512	Th	9/3-10/1	1:00-2:00 PM	Esmeralda
32383	Sa	9/12-10/10	10:15-11:15 AM	Indian Canyon



Golf Lessons Senior

Ages 55+ – \$80 – Fee includes five one hour lessons, tees & golf balls. Class sizes are limited and we reserve the right to combine or cancel classes if minimum enrollment is not met.

32232	W	9/2-9/30	11:45-12:45 PM	Downriver
32387	F	9/11-10/9	11:00-12:00 PM	Indian Canyon

Golf Lessons Junior

Ages 8-17 – \$75 – Lesson fee includes five one-hour lessons, rule book, tees and golf balls. Class sizes are limited. We reserve the right to combine or cancel classes if minimum enrollment is not met.

32385	Sa	9/12-10/10	9:00-10:00 AM	Indian Canyon
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509.327.5269



509.487.6291



509.747.5353



509.448.9317



THERAPEUTIC RECREATION SERVICES

Therapeutic Recreation Services programs are designed for people with developmental and/or physical disabilities. Volunteers are vital to the success of our programs. Please call 625-6245 or email abusch@spokanecity.org if interested.



BICYCLING

TRS Bicycle Ride Centennial Trail

1 day | Ages 16+ Enjoy the afternoon cruising along the beautiful Centennial Trail. If you have a poor balance and would like to be in a sitting position we do have handcycles available upon advanced request. Helmets are mandatory. Please notify us if you need to borrow ours. We will meet at the **Mission Park parking lot, Mission & Perry.** \$17

32549 Sa 9/19 1-4 PM

DANCE, MUSIC & THEATRE

TRS Day at the Theatre

1 day | Ages 16+ Come with us as we delight in the entertaining theatre productions put on by our local **Spokane Childrens Theatre(SCT) and Christian Youth Theatre(CYT) Spokane.** \$22

Alexander and the Terrible, Horrible, No Good, Very Bad Day

Alexander is having a bad day. A terrible day. A horrible day. To be quite honest, it's a terrible, horrible, no good, very bad day. But then, everybody has bad days, sometimes. **2727 N Madelia St #5** \$22

32605 Sa 10/24 1:30-3:30 PM
The Wizard of Oz

Like so many girls her age, little Dorothy Gale of Kansas dreams of what lies over the rainbow. One day a twister hits her farm and carries her away over the rainbow to another world. Come join Dorothy, the Scarecrow, the Tinman, the Cowardly Lion and Toto as they travel the universe of Dorothy's imagination. **2727 N Madelia St #5.** \$22

32607 Sa 12/5 1:30-4 PM

TRS Gentle Nia Dance

3 weeks | Ages 14+ Whether from a sitting position or standing upright, let your body move with this gentle dance technique that includes ideas from martial arts, dance arts, and healing arts. Learn to pay attention to your body, sense joy in your movements and exercise your mind as well as your body. Participants should wear comfortable clothing and shoes. Meet at **West Central Community Center, 1603 N. Belt, Mason Rm.** \$19

32568 M 10/5-10/19 6:30-7:30 PM

32569 M 10/26-11/9 6:30-7:30 PM

32570 M 11/16-11/30 6:30-7:30 PM

TRS Musical Production

6 weeks | Ages 15+ This year's musical will be determined by the fall class. They will have the opportunity to improve communication and socialization skills by being attentive, listening, working with others and developing self-esteem. **Ridgeview Elementary, 5610 N. Maple.** \$39

32583 M 10/5-11/30 6:30-8 PM



TRS Sundancers Squaredancing

8 weeks | Ages 15+ Do you want to learn how to square dance or improve your existing skills? Participants should know left and right, ability to follow simple directions, and have a good attention span. **Shaw Middle School, Cafeteria, 4106 N. Cook.** \$26

Beginners-meet the second and fourth Tuesdays of the month.

32585 T 10/6-11/24 6:30-8 PM

Performers- meet the first and third Tuesday of each month. They are welcome to come the second and fourth Tuesday to help with the beginners. Performance night is the 3rd Tuesday of the month. Pick up time is 9 pm.

32586 T 10/6-11/24 6:30-8 PM



Register online at SpokaneParks.org

FITNESS & WELLNESS

TRS Preski Season Walking

6 weeks | Ages 12+ Take a Saturday walk in the park at Mission Park. Get in shape for the upcoming ski season. Walk at your own pace. Poles are provided. **Mission Park parking lot, Mission & Perry.** \$29
32588 Sa 10/10-11/21 9:30-11 AM

TRS Walking - Let's Get Moving

6 weeks | Ages 14+ If you enjoy the outdoors, exercise and socializing with friends a weekly stroll in the Mission Park Neighborhood is for you. We will divide the group into slow and fast walkers. Please wear comfortable, loose clothing such as sweats and sturdy walking shoes. Meet at **Mission Park parking lot, Mission & Perry.** \$35

32555 W 9/9-10/14 4:30-5:30 PM

SOCIALIZATION

TRS Classy Crafts

4 weeks | Ages 16+ Explore your creative side and make a variety of beautiful and meaningful crafts each week. Participants will have the opportunity to improve skills such as fine motor, socialization and communication. **Sinto Senior Activity Center, 1124 W. Sinto, dining room.** \$37
32574 Th 10/8-10/29 7-8:15 PM
32575 Th 11/5-12/3 7-8:15 PM

*No class 11/26

TRS Fleece Hat & Scarf Workshop

1 day | Ages 14+ Have fun with fleece. Make a hat and scarf to keep you warm this winter with the guidance of TRS staff. A variety of colors and patterns will be available. No sewing experience required. **Sinto Senior Activity Center, 1124 W. Sinto.** \$19

32608 T 10/20 6-8 PM

TRS Friday Night Jam

1 day | Ages 18+ Come rock and swing at Spokane's oldest on-going nightclub for people with developmental disabilities. If participants require direct supervision then care providers need to attend. Second Friday each month. **West Central Community Center, 1603 N. Belt.** \$6

Sock Hop

Wear your favorite wild and crazy socks! Decorate some knee highs and enter the contest.

32554 F 9/11 7-9 PM

Halloween/Harvest

Wear your favorite Halloween costume or Harvest attire!

32551 F 10/9 7-9 PM

Neon November

Dress in your favorite neon colors.

32552 F 11/13 7-9 PM

Christmas Dinner & Dance- Bring a salad or dessert to share. Please note an earlier start. \$7

32553 F 12/11 6-9 PM

TRS Greenhouse/Gardening

1 day | Ages 12+ Take a tour of Gaiser Conservatory to see what's blooming, and then return to the Manito Meeting Room to get your hands dirty with gardening or nature craft activities. Participants will practice socialization, communication, and fine-motor skills, as well as experience the people/plant interaction. Meet at the **Manito Park Meeting rm next to Gaiser Conservatory and Duncan Garden, 4 W. 21st Ave.** \$14

Autumn Leaves Falling

After a visit to the inside of the Conservatory to learn about leaves, observe the outside leaves on the way to the meeting room. Use real or silk leaves to make a colorful hanging mobile to take home.

32576 Sa 10/3 1-2:30 PM

Berry Nice Wreaths

Visit the Conservatory getting ready for winter. At the meeting room get yourself ready for the season by making a berry nice winter wreath.

32577 Sa 11/14 1-2:30 PM

TRS What's Cooking

4 weeks | Ages 16+ Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. **Southside Senior Activity Center, 3151 E. 27th Ave.-kitchen.** \$49

32571 T 9/15-10/6 4-6 PM

32572 T 10/13-11/3 4-6 PM

32573 T 11/10-12/1 4-6 PM

SPORTS SKILLS &
LEAGUES**TRS Basketball**

7 weeks | Ages 18+ Fun, exercise, teamwork, and being with friends is what this program is about. We provide both beginner and intermediate basketball. Beginner group will learn developmental skills such as dribbling and shooting. Intermediate group will focus on how to play as a team. **Garry Middle School 725 E. Joseph.** \$36. **No class 11/11**

Beginner -group will learn developmental skills such as dribbling and shooting.

32594 M/W 10/12-11/23 6:30-7:30 PM

Intermediate - group focuses on how to play as a team.

32595 M/W 10/12-11/23 7:30-8:30 PM



TRS Golf

1 day | Ages 16+ Come give golfing a try. We will learn how to putt and hit the ball long distance on the driving range. How to properly hold the club and swing will also be covered. Meet us at **Downriver Golf Course, 3225 North Columbia Circle -Club House.** \$11
32029 Su 9/6 3-4:30 PM

TRS Ice Skating

8 weeks | Ages 8+ Participants with developmental disabilities learn to skate and improve existing skills. Please dress warmly. **Riverfront Park Ice Palace.** Each session includes skate rental and participation on both days. \$37
32604 M/W 10/26-12/7 4-5 PM
*No Class 11/25

TRS Powerlifting

7 weeks | Ages 17+ For persons with developmental disabilities who are serious about lifting with free weights and universal gym equipment. Ability to stay on task and follow directions with minimal assistance. **North Central High School 1600 N. Howard weightroom.** \$46
32584 T/Th 10/6-11/19 6:30-7:30 PM

TRS Swimming

8 weeks | Ages 8+ For people with developmental disabilities who want to swim competitively or for a good workout. Ability to swim 75 yds without assistance and with rhythmic breathing. **Whitworth University Aquatic Center, 300 W. Hawthorne.** \$49
Blue Dolphin Swim Team
32565 Su 9/27-12/6 3-4:30 PM



TRS Swimming - Learn to Swim

7 weeks | Ages 8+ Learn to swim while having fun in the water. A fun way for kids of all ages with disabilities to learn good swim technique, especially if they want to be competitive later. Each swimmer is requested to have a helper get in the water to help with games and activities. There will be two levels. **Whitworth University Aquatics Center, 300 W Hawthorne.** \$49

Beginner

Individuals will learn how to face float, back float, kick with floats and learn the crawl stroke with rotary breathing. Elementary back stroke and back crawl will be taught with the goal to be able to do for 20 yards.

32566 Su 9/27-12/6 3:45-4:30 PM

Intermediate

Individuals who have mastered the Beginner skills and are ready to move on. Skills worked on will be distance swimming, breast stroke, butterfly, diving, simple turns and deeper water experience.

32567 Su 9/27-12/6 3:-3:45 PM

TRIPS & TOURS

TRS CIRCUS

1 day | Ages 14 + Ringling Bros. and Barnum & Bailey Circus - Built to Amaze is coming to town. Witness superhuman stunts, astonishing performers & amazing animals from around the globe. Meet at **Spokane Arena main entrance, Boone & Howard.** \$29

32597 Su 10/11 11 AM-3 PM

TRS Dessert Delight

1 day | Ages 16+ If you have a sweet tooth and enjoy desserts come with us as we visit a variety of Spokane eateries. Transportation provided from **Sinto Senior Activity Center, 1124 W. Sinto, parking lot.** \$12.

Tomato Street

Cheesecake, tiramisu, and chocolate cookie sundaes are only some of the options.
32580 W 10/7 7-9 PM

Brain Freeze

Creamery that specializes in fun flavors such as Jungle Mac and Chipotle Chocolate.

32581 W 11/4 7-9 PM

Service Station

Espresso, brownies, cinnamon rolls and other yummy treats.



TRS Eagle Football

1 day | Ages 18 + Come on Eagle fans, don't miss this exciting day of college football at Roos Field. We will be traveling to Cheney to watch the Eagles play the Cal Poly Mustangs. Bring \$12 to purchase dinner and money for souvenirs if desired. We will meet and return from **Sinto Senior Activity Center, parking lot 1124 W. Sinto.** \$34

32596 Sa 10/10 1-8 PM

TRS Fall Lake Cruise

1 day | Ages 18+ Cruise on majestic Lake Coeur d' Alene. Enjoy the fresh air and beautiful fall colors. Transportation provided from **Sinto Senior Activity Center, 1124 W. Sinto.** \$39

32550 Su 9/20 10:30 AM-3 PM

TRS Fine Dining

1 day | Ages 18+ Do you like getting dressed up and going out? Come with us and experience the culinary delights of Spokane's finest restaurants! Staff will help in the selection and purchase of a meal. Participants will have the opportunity to improve social, communication, and etiquette skills. Transportation provided from **Sinto Senior Activity Center, 1124 W. Sinto.** \$15

The Onion

Gourmet burgers, fish and more!

32599 Th 10/1 6-9 PM

Rocky Rococo-Pizza & Pasta

Delicious pizza and salad bar.

32600 W 10/14 6-9 PM

Azteca- Mexican

Wide variety of Mexican

32602 W 10/28 6-9 PM

Luigi's

Local downtown Italian

32601 Th 11/5 6-9 PM

Milford's Fish House

32603 W 12/2 6-9 PM

**TRS Friday/Saturday Fun**

1 day | Ages 18+ If your Friday/Saturday nights are dull check out these fun nights. Participants are responsible to bring the suggested amount of money listed. Sign up fee covers transportation, staff, tickets and sometimes food. Staff ratio is 1:4-6. Participants will have the opportunity to practice socialization skills such as making choices, handling money, following directions and getting along within a group. Fee and meeting location varies.

Walters Fruit Ranch

Green Bluff Walters Fruit Ranch is our destination. An educational tractor tour, picking an apple and mini pumpkin, and sip apple cider while eating pie. Meet at **Sinto Senior Activity Center, 1124 W. Sinto, parking lot.** \$24

32559 F 9/25 2:30-7 PM

Pizza & Bowling

Meet us at North Bowl for an afternoon of bowling and pizza. Fee includes everything so extra money is not required for this outing. **125 W. Sinto** \$24

32560 Sa 10/10 1:30-4 PM

Spokane Chiefs Hockey

Join us watch the Spokane Chiefs hockey team play Prince Albert. You may purchase snacks or dinner at the game. Dinner will cost around \$10. Meet us at the **Spokane Arena entrance of Boone and Howard.** \$28

32561 F 10/16 6:30-9:30 PM

Harvest Party

Wear your favorite costume. We will enjoy a mexican bar and caramel apples, do a harvest craft, sing karoake and drink apple cider while watching a movie. Meet at **Sinto Senior Activity Center, 1124 W. Sinto, parking lot.** \$26

32564 F 10/23 6-9 PM

Disney on Ice-Frozen

Guaranteed to delight Disney fans of all ages, featuring Anna, Elsa and the gang as well as other favorite Disney characters. Meet us at the **Spokane Arena entrance of Boone and Howard.** \$38

32563 F 11/6 6:15-9 PM

Movie & Burger

We will head to Northtown Mall or Riverpark Square, eat dinner, then see a movie. Please bring \$10 - 12 to purchase dinner. Meet at **Sinto Senior Activity Center, 1124 W. Sinto, parking lot.** \$24

32562 F 11/20 5:30-10 PM

Spokane Chiefs Hockey

The Spokane Chiefs play Seattle. Meet us at the **Veterans Arena main entrance, Boone & Howard.** Bring \$10 to purchase snacks or dinner. \$28

32557 F 12/4 6:30-9:30 PM

TRS Stand Up Paddleboard Intro

1 day | Ages 16+ Spend the day at beautiful Bear Lake with TRS learning how to Stand Up Paddleboard. Come see how much fun it is to 'walk on water'. Paddleboarding is for anyone that is interest in sitting or standing on water while cruising around the lake. Ability to follow direction with minimal assistance, no fear of water, and a sense of adventure is required. Bring a snack and water. Paddleboard, pfd's and paddles are provided. Transportation from **Sinto Senior Activity Center, 1124 W. Sinto.** \$33

32668 Su 9/13 1-5 PM



The quickest and easiest way to register for an activity is online at **SpokaneParks.org**

TRS Seattle Mariners Baseball Game

2 days | Ages 18+ Enjoy a baseball game at Safeco Field watching the Seattle Mariners play the Texas Rangers. Participants need to be independent in personal care skills and have no major behavioral or medical needs. Trip fee covers transportation, staff, game tickets, overnight accommodations, breakfast and lunch on return day. Transportation provided from **Sinto Senior Activity Center, 1124 W. Sinto.** \$249

32698 W 9/9 Leave 10 AM
T 9/10 Return 4:30 PM

TRS Train Ride**Metaline Falls Autumn Colors**

1 day | Ages 16+ Travel to Ione, Washington for a ride on the Lions Club excursion train to Metaline Falls. The autumn colors are breathtaking and the train ride exciting. Participants will have the opportunity to practice socialization skills. Transportation provided from **Sinto Senior Activity Center, 1124 W. Sinto.** \$43

32578 Su 10/4 9:30 AM-4:45 PM

32579 Sa 10/17 9:30 AM-4:45 PM

TRS Planetarium

1 day | All Ages Let's do some star gazing at the new Spokane Falls Planetarium! This one hour show consists of an instructional presentation of the current night sky, a 20-25 minute full dome movie, and a question and answer session with the presenter. Registration ends 2 weeks prior to the show date. Meet at **Building #28 SFCC, 3410 W Fort George Wright Drive.** \$17

Earth Moon & Stars

32675 Su 10/18 12:45-2 PM

Secret Lives of Stars

32676 Su 11/15 12:45-2 PM



Powderhounds
Downhill Ski &
Snowboard
& Blue Waxers
Cross Country Ski Program

SKI SEASON KICK-OFF BANQUET

Friday, Oct. 2, 2015
6:30 - 8:00 PM

Corbin
Community
Center

827 W. Cleveland



SENIOR & YOUTH CENTERS

CORBIN SENIOR CENTER

Clark Fork River Rafting

1 day | 50+ Although much of the 340 mile tributary is quite calm, the Clark Fork River is one of the most exciting trips, boasting class 3 and 4 rapids. It's sure to get you splashed! Also included is an all-you-can-eat lunch buffet.

Corbin Senior Activity Center, 827 W. Cleveland (509) 327-1584

\$101 member \$106.50 non-member

\$96.00 grandchild (ages 5+)

Thurs. 9/3 5:30 AM-6 PM

Travel Presentation

1 day | 50+ Join us for a very interesting and informative presentation on the Six Countries, Venice & Paris plus Northern Capitals. Six Countries you will visit England, Belgium, Germany, Austria, Italy, Switzerland, and France. On Northern Capitals you will visit Copenhagen, Elsinore, Gothenburg, Oslo, Stockholm and cruise to Helsinki. Refreshments served. FREE

Corbin Senior Activity Center, 827 W. Cleveland (509) 327-1584

Tues 9/15 10:30 AM-12 PM

Travel Presentation

1 day | 50+ Do you have some State National Parks on your bucket list? Join us for a very interesting and informative presentation on the North National Park tour with destinations to Yellowstone, Grand Teton, Jackson Hole, Salt Lake, and Park City. Refreshments served. FREE

Corbin Senior Activity Center, 827 W. Cleveland. (509) 327-1584

Thurs 10/1 11 AM-12 PM

Six Countries, Venice & Paris

10 day | 50+ If you want to see Western Europe's main highlights but don't have a lot of time, this is the vacation for you! Visit England, Belgium, Germany, Austria, Italy, Switzerland, and France. Trip insurance \$189, deposit \$250 due at registration, final payment due Feb. 24, 2016. **Corbin Senior Activity Center, 827 W Cleveland** \$1,922 land only double occ. estimated air \$2,388. Book by Sept. 15 to save \$100. (509) 327-1584

Fri-Sat 5/5-5/15 8 AM-10 PM

EAST CENTRAL COMMUNITY ORGANIZATION

Contact information: Richie Fischer, (509) 808 2123 or RichieF@ecspokane.org. Tennis inquiries Kevin Trim, (509) 808 2126 or kevint@ecspokane.org
ECC main line (509) 868-0856

ECCC Youth Basketball Academy Provided By Catch Spokane

6 Weeks | Ages 8-17 Clinics are designed for players of all levels of skill and ability. The program focuses on skill development and creating coachable players. This program is designed for players to progress through the academy level and advance toward playing competitively without the costs of high end basketball training. Hour long sessions on Saturdays with former college players as coaches. Contact Richie at 509-808-2123 for more information.

East Central Community Center, 500 S. Stone \$35-\$55

Sa 9/12-10/17 10 AM-1 PM

ECCC Youth Volleyball Clinics

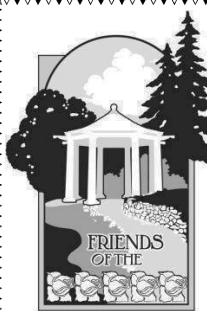
6 Weeks | Ages 8-14 Clinics are designed for players of all levels of skill and ability. The program focuses on skill development and gaining confidence for beginners. This program is perfect for those who wish to play volleyball with the lack of school sports and who cannot afford club fees. **East Central Community Center, 500 S. Stone** \$35

Fr 9/12-10/17 6 PM-7:30 PM

Practice Judo at the East Central Community Center!

Year-round | Ages 8+ An Olympic sport that involves throwing and groundwork! Judo is great for getting and staying in shape. We welcome all skill levels, ages 8 and up – many members make it a family activity! Contact Brett Lewis (Head Sensei) 509-995-6434, brettlewis@brettlewis.us or check out our website – www.SpokaneJudo.com \$30 per month for individual \$40 a month for the entire family, **East Central Community Center, 500 S. Stone**

Mon & Wed 9/2-11/25 6-8 PM



Art in Bloom 2015

See what happens when Fabric Art inspires Floral Magic! Local Florists are inspired by the work of local quilters and renowned fabric Artists

Fri., September 25th 1:00 - 4:00 pm.
Sat., September 26th 10:00 am. - 4:30 pm.
Admission Fee: \$5 at the door

Corbin Art Center 507 W. 7th Avenue

Additional Workshops

Contemporary Floral Arranging

Sat. Sept. 26, 2015 10:00 am Cost: \$10 Instructor: Toi Mulligan, Owner Gilded Lily

Come learn the basics of contemporary floral arranging from a master floral designer and owner of her own business. Toi will teach you the latest techniques, styles, and color trends. Put some pizzazz and drama in your own flower arrangements.

Kids & Fairies - Indoor Fairy Garden Class

Sat. Sept. 26, 2015 2:00 p.m. Ages 7-12 Cost: \$22 Instructors: Shannon Heim & Colleen Snow

Come learn the secrets of the fairy world. We will show you where they live, what they eat and how to identify them in your garden. You will build your own live fairy garden to care for at home indoors, with plants and accessories that attract the fairies around you!

Curious About Quilting?

Sat. Sept. 26, 2015 2:00 pm Cost: \$10 Instructor: Judy Lugone

This 1½ hour introduction into the art of quilting is being presented during the show. It will give you an appreciation for the beautiful design, expert sewing technique and planning that goes into each quilt. Every attendee will receive information on how to start their own project, where to go for supplies and a gift for attending.

For More information or to register go to: www.heritagegardens.org or call 509-625-6677

Tennis Lessons Beginners to Intermediates

Monthly | Ages 4-17 Affordable year round program that utilizes a games based approach to learning the game to develop self-esteem, character, work ethic and quality life skills in each student. For those who are thinking about giving the sport a try, one free trial class for all beginners, contact Kevin Trim. For info on other levels of tennis classes please visit ecspokane.org. **East Central Community Center, 500 S. Stone** \$35 to \$65 per month Starting Sept. 5th.

Adult 3 on 3 Basketball League

Our 4th indoor hoop league keeping you in the groove after the big tourney! Modified HF rules, stats. Rosters of 3-5 players and play two games per night. Recreation and Competitive. **East Central Community Center, 500 S. Stone** \$250 per team
Th/Fr 9/17-10/30 6-9 PM

**HILLYARD SENIOR
CENTER****Kayak on Horseshoe Lake**

1 day | Adults 50+ Horseshoe Lake is a small peaceful lake shaped like a horseshoe as its name indicates. We'll paddle over to the Northeast side of the lake to a beautiful 50' foot water fall called Exley Falls, once there we'll relax and enjoy the small pools at the base of the falls. Bring your own sacked lunch and we'll enjoy an outdoor sack lunch after kayaking. Register by calling 482-0803. **Hillyard Senior Center, 4001 N. Cook St.** \$25
Th 9/10 10 AM - 4 PM

A Fall Walk in Mirabeau Point Park

1 day | Adults 50+ Come explore this 55 acre park with us. Mirabeau Park is the site of the former walk in the wild zoo. We'll walk on a portion of the beautiful centennial trail that follows the Spokane River. Our walk will include paved trails, the Spokane River, and a 40 ft waterfall and pond with ducks and turtles. Bring a sack lunch to enjoy after our walk. This will be a leisurely 1 mile walk on a paved trail for all to enjoy. Register by calling 482-0803. **Hillyard Senior Center, 4001 N. Cook St** \$13
Fri 9/25 10 AM - 1 PM

Scenic Autumn Train Ride Along the Pend Oreille River

1 day | Adults 50+ The scenery on this trip is spectacular! The train runs from Ione to Metaline Falls and the sights will include: Box Canyon Dam, an 810ft tunnel, abundant wildlife, beautiful fall foliage and even a train robbery. Afterwards we'll have lunch together (on your own). Register by calling 482-0803. **Hillyard Senior Center, 4001 N. Cook St.** \$34
Sat 10/10 8 AM-5 PM

Greenbluff Harvest Tour

1 day | Adults 50+ Celebrate the arrival of Fall colors and harvested food with us at Greenbluff. The Harvest Festival will be in full swing with fresh vegetables, fruits, desserts and MUCH more. All food is on your own. We'll stop at several farms on our tour, Harvest House, Hidden Acres, and High Country Orchard for delicious treats. Register by calling 482-0803. **Hillyard Senior Center, 4001 N. Cook St** \$11
Fri 10/16 12:30 PM-4 PM

**NORTHEAST YOUTH
CENTER****Before & After School Camp**

K - 6th Grade- Many parents are looking for affordable, quality care and have asked us to design a program to meet their needs. Your child will be transported to & from school, have recreation play, computer time, arts & crafts, and weekly field trips. Register at Northeast Youth Center 482-0708. State pay accepted-Immunization records required. **Northeast Youth Center 3004 E. Queen**
Weekly 6 AM - 6 PM

**Northeast Youth Center
Schools Out Camp**

1 day | Ages 5-13 Come join us for a fun schools day out camp! Enjoy some exciting games and events to keep your kids busy all day. They will have an opportunity to engage in indoor and outdoor activities in a safe environment. USDA Lunch Included. Register by calling the Northeast Youth Center 482-0708 or visit us at spokaneeneyc.org. State pay accepted! **Northeast Youth Center 3004 E. Queen** \$28
Fri 10/9 6:30 AM - 6 PM

Early Learners**Academy (Preschool)**

Ages 3- 5 yrs Our preschool program is affordable and offers quality care that will have your child ready for Kindergarten. We offer a safe and secure facility that has a variety of fun activities so your child can learn and develop while having fun. With our large indoor areas, outdoor play area and being two blocks from the park your child will have a variety of activities that will keep them busy! Register at the Northeast Youth Center 482-0708. State pay accepted-Immunization records required. **Northeast Youth Center 3004 E. Queen** \$134 per week for full day care or contact us about our daily and part time rates. State pay accepted! **SCHOLARSHIPS ARE AVAILABLE!!!!**
Weekly 6 AM - 6 PM



The quickest and easiest way to register for an activity is online at SpokaneParks.org



GROUP PROGRAMS AND EVENTS

Outdoor Private-Guided Group Trips

(All Ages) Let us help you plan a private guided adventure for your family, friends business or organization. Winter activities include snowshoeing and cross country skiing.

4 hour trips: \$239 and up per group.

Extended hours available for additional fees.

For more information call

509.363.5418 or rgriffith@spokanecity.org

Riverfront Park Birthday Party Packages

(All Ages) Riverfront Park is the perfect place for a fun and active Birthday Party for all ages! The opportunities are endless with: Carrousel, Mini-Golf and Day Pass Packages. All parties include a hosted one hour use of our birthday party areas, personalized ice cream cakes, beverages, balloons and tableware. Pizzas can be added to all packages.

More information at

spokaneriverfrontpark.com

or call **509.625.6612 for reservations**

Birthday package rates vary from \$125-\$165 and include 10-12 people depending on the pkg.

Spokane Aquatic Centers

Come celebrate your birthday occasion and stay cool at the same time. We are pleased to offer the perfect birthday party for your child.

2 hours use of "FUNbrella and Picnic Tables or Class room. Tables and chairs included

We supply a Party Player! One of our great staff to run the party for you including in water games with the guests

Call 509.625.6960

or email to book today!

mail to: aquatics@spokanecity.org

Riverfront Park Group Programs

(All Ages) Company and Group events are a blast at Riverfront Park with discounts for groups of 15 or more for the Giant Screen Theatre, Day Passes, Skyride, Mini-Golf, Carrousel, and the Ice Palace.

Call for reservations:

509.625.6746

Corbin Art Center ART PARTIES

Choose from one of our fun themes for ages 3-13.

2 hour parties; \$129 for up to 10 guests.

Additional hour available.

Face painting and scavenger hunts optional for a fee.

For more information or to reserve call

509.625.6677

PROJECT JOY

Project Joy provides opportunity for those 50+ years to use and enhance talents or develop previously undiscovered abilities in music, dance, drama, storytelling, and more. Our 225 members in over 35 groups provide entertainment for retirement centers as well as community organizations and special events. It's fun! It's creative! It's useful! And membership is free! Learn how you can better use your talents in one of our groups—or start one of your own. Call Project Joy (535-0584) to see how you can fit into our family.

509.535.0584

3151 E 27th Ave

"Rent an Event" from us!

(All Ages) Our events are designed for company employee events and picnics to provide fun recreation activities for children and families.

Prices Vary

Northeast Youth Center; 509.482.0708

FACILITY RENTALS



D.C. Corbin House Corbin Art Center

Located on the hill above Edwidge Woldson Park at 507 W 7th Avenue, the Corbin Art Center is a historic Kirtland Cutter designed home built in 1898. The structure and grounds are listed on the local, state and national historic registers. The house features a vestibule, foyer, formal and informal parlors, dining room, a kitchen and an ornate staircase leading to

the second floor. The exterior features an impressive $\frac{3}{4}$ wraparound veranda affording you and your party a panoramic view of the greater Spokane area. The facility is available to rent for: Holiday and Birthday Parties, Receptions, Special Events, Meetings and Retreats, Performances. Single room, adjoining rooms and multi-room rental fees are available. The center does not have any catering options; however, the center does have a kitchen to host your caterer or party. Rentals are scheduled on a first come, first serve basis. The facility is wheelchair accessible on the first floor only. Corbin has Wi-Fi capabilities. **509.625.6677**

Corbin Senior Activity Center:

Corbin Senior Activity Center is located on West Cleveland. This center is equipped to provide everything you want and more for the perfect wedding, meeting or special event. They have a 1520 square-foot ballroom, full-scale kitchen, dressing rooms, dining room, and plenty of meeting and special event space. corbinseniorcenter.org 509.327.1584 or rentals@corbinseniorcenter.org

Sinto Senior Activity Center:

Planning a party, have a social club, or a church that needs a place to meet? Sinto has a convenient downtown location and great rental rates for its members and community groups. With a Ballroom, Dining Room, Commercial Kitchen, and Basement area there are a variety of spaces and capacities to fit your needs. They can also provide chairs and tables for your event! **509.327.2861, sinto@sintocenter.com**

Southside Senior & Community Center:

The Southside Senior & Community Center is the venue of choice for many weddings receptions & meetings. The convenient South Hill location with 4,300 square foot open ballroom that seats 300 comfortably for dinner including an 1,800 square foot dance floor, plus three smaller 'break-out' rooms seating from 25 to 55; with everything on one level. The full-service commercial kitchen accommodates visiting chefs or our kitchen staff may be contracted to help with your event. **535-0803 or sssac.org**

Northeast Youth Center:

From business conferences to wedding receptions and everything in-between, we take your event seriously. The personal service you will receive with the professional staff will let you plan with confidence. We will be sure every detail is delivered with excellence and make sure your event is a memorable one. **spokaneneyc.org or 509.482.0708**

West Central Community Center:

Looking for a place to hold your special event? The West Central Community Center's facility is suitable for a variety of uses, including business training, classes and seminars, auctions, birthdays, anniversary celebrations, wedding and receptions, banquets, sporting events, athletic classes and more. Visit our website at wccc.myspokane.net or **509.326.9540**

Special Events:

The parks and picnic areas may be reserved for special events for groups larger than 50 people; however, a special event permit application must be submitted and accepted prior to the event. Park Facility Usage Fee: \$25+/100 people

Photography:

With all the beautiful gardens, riverfront views, and lawns that fill our parks, these are the perfect places for wedding photos, senior pictures, a family photo, and more! Photography permits are available by visiting our website .

www.spokaneparks.org or by calling 509.363.5457, Riverfront Park Permits call 509.625.6624.

Prices vary depending on the park and the purpose.

Parks and Shelters:

From the Manito Park gardens to the Floating Stage at Riverfront Park, the City of Spokane has many beautiful locations for your special day. Beautiful and intimate stand-in ceremonies are available at Coeur d'Alene Park, Finch Arboretum, and Manito Park. Picnic shelters for receptions are available at Franklin Park, Manito Park, Mission Park and Shadle Park. The Woodland Center at the Finch Arboretum also offers a reception venue with a kitchen facility. Reservation policies and prices vary with each location. **509.363.5457 or spokaneparks.org**

Riverfront Park:

Riverfront Park offers many options for weddings, receptions & shelter rentals with sites for ceremony's and receptions with beautiful views of the river and the convenience of on-site catering and downtown location. There are two large shelters plus, Canada Island, Havermale Point, and the new River Patio are scenic and perfect locations for weddings and groups. The 1909 Looff Carrousel can also be rented for a unique and memorable special occasion. The 342-seat IMAX Theater can be rented for private meetings and events, and includes an IMAX movie, microphone, podium and video projector. Capacity 72-400 people depending on venue; \$300 depending on location and time. **509.625.6612**

City of Spokane Parks and Recreation Department
ACTIVITY REGISTRATION FORM

509.625.6200
 spokaneparks.org

Please print and fill out completely

Which program are you registering for? <input type="checkbox"/> General <input type="checkbox"/> TRS PAYEE INFORMATION	LAST NAME		FIRST NAME		MI
	ADDRESS			CITY/STATE	ZIP
	DAY WORK OR CELL OHONE		NIGHT PHONE		EMAIL

PARTICIPANT INFORMATION			BIRTHDATE	AGE	GENDER	ACTIVITY NUMBER	ACTIVITY NAME	FEE
LAST NAME	FIRST NAME	MI						
			/ /		M F			
			/ /		M F			
			/ /		M F			
			/ /		M F			
			/ /		M F			
			/ /		M F			
			/ /		M F			
			/ /		M F			
			/ /		M F			
			/ /		M F			

Statistical Information (birthdate & sex of participant) is used for demographics and to customize course activities

LIABILITY WAIVER, RELEASE & INDEMNITY AGREEMENT I agree to release, indemnify, and hold the city, its agents, officers and employees, and School District 81, harmless from any and all liability claims, actions, judgments, damages or injuries of any kind and nature whatsoever to the participant and/or his property arising from participation in activities for which the participant is registering. I further acknowledge that I have familiarized myself with the description of the activities, understand the hazards and the participant's personal limitations and knowingly assume all risks. I acknowledge I have read and understand this Liability Waiver, Release and Indemnity Agreement, and understand that I am waiving any claim I might have against the City or School District 81 for any harm sustained as a result of any activity for which I am registering a minor child.		Total Program Fees: \$ Make checks payable to: City of Spokane Mailing Address: Spokane Parks & Recreation Department Class Registration – My Spokane 808 W. Spokane Falls Blvd. Spokane, WA 99201-3317	
Signature of Responsible Adult _____ Date _____		Credit Card Information Card Holder's Name _____ VISA MC AMEX Exp. Date: _____ Security Code _____ Card No. _____	
How did you hear about us? <input type="checkbox"/> Existing customer <input type="checkbox"/> TV <input type="checkbox"/> Inlander <input type="checkbox"/> Spokesman <input type="checkbox"/> Kids magazine <input type="checkbox"/> Other _____		May we use your photo/video image taken during activities for publicity purposes? Yes No (circle one) Initial here _____	

THERAPEUTIC RECREATION ONLY

General supervision is provided 15 minutes prior to class time and 15 minutes at end of class.
 If additional supervision is required there will an additional fee imposed.

Check One: Group Home/Institution _____ In Own Home/Apartment _____ Private Home With Parent _____

Dietary Precautions:

Foods to Avoid:

Activity Limitations/Physical problems (if any):

Will you (your child) need to be reminded to take medications during program hours? ☐ Yes ☐ No

Medications Taken: **PLEASE FILL OUT MEDICATION INFORMATION & WAIVER FORM**

Will you be using Paratransit? ☐ Yes ☐ No If yes, what is your rider number?

THERAPEUTIC RECREATION ONLY

Do you have any disabilities? (be specific)

Check and explain all that apply below:

<input type="checkbox"/> ADHD/ADD	<input type="checkbox"/> Easily Disorientated/Wanders	<input type="checkbox"/> Restriction to Walking more the 1/2 mile
<input type="checkbox"/> Uses a Wheelchair	<input type="checkbox"/> Needs Own Staff Attendant one-on-one	<input type="checkbox"/> Allergies or Serious Reactions
<input type="checkbox"/> Seizures	<input type="checkbox"/> Need Feeding Assistance	<input type="checkbox"/> Bee/Wasp Stings
<input type="checkbox"/> Heart Problems	<input type="checkbox"/> Need Toilet Assistance	<input type="checkbox"/> Drugs, LIST
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Use Sign Language	<input type="checkbox"/> Food
<input type="checkbox"/> Hearing Impairment	<input type="checkbox"/> Sunburns Easily	<input type="checkbox"/> Other
<input type="checkbox"/> Visual Impairment	<input type="checkbox"/> Swimming/Water Restriction	
<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Non-Verbal	
<input type="checkbox"/> Easily Fatigued	<input type="checkbox"/> Shunt -List Type:	

MEDICATION INFORMATION & WAIVER

If you require medication while attending a City of Spokane activity, complete the following information.

Medication Policy

The Therapeutic Recreation Services has a Medical Information and Waiver form to be completed by all participants who will take medications while participating in our activities. The procedure will help us to better assist you with medications both safely and efficiently. We very much need your cooperation to complete the form and package your medications as described below.

Please complete the Medication Information & Waiver form even if you will not take medication while at the activity.

Please package medication by dose in individual extra small zip lock bags or blister cards labeled by the pharmacy to include: 1) name of participant; 2) name of physician; 3) name of pharmacy; 4) dosage and amount; and 5) time to take. For example, if you take six different medications at dinner time there should be six small zip lock bags or blister cards, each with the label information listed above. Then put all bags in a larger zip lock bag labeled with your name, date, day and time to take; e.g. Sam Jones, Saturday, June 15, 6:00 pm. **Send only the amount of medication needed for the dates of the activity. Do not send excess dosages.** Please see the examples below of the small zip lock bag, label, and blister card.

The following pharmacies will package medications this way. Evergreen Pharmacy East, 622 E. 2nd, 838.4826 if you live in a group home. Inland Pharmaceutical Services at 1328 N. Ash, 326.8001, or Walgreen's Express, call 921.0659 for locations, will package medication in small individual blister cards. They do packaging for all clients. Please ask for a Pharmacist. If you purchase medication from them there is no fee for this packaging. If you have a different pharmacy that will package medications please let us know and we will add it to the list.

Participants must be able to take their own medications while at the activity. The activity leaders will provide reminders to take medications and to safely secure them when not in use. If you have medical coupons, please bring them with you in case there is an emergency and you need medical treatment.

THIS DOCUMENT RELIEVES THE CITY OF SPOKANE FROM LIABILITY FOR PERSONAL INJURY OR WRONGFUL DEATH RELATING TO MY MEDICATION. I HAVE READ THIS DOCUMENT, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND SIGN IT VOLUNTARILY.

Signature _____ Date _____

I am the parent or guardian of the participant and acknowledge that I have read this document and understand its contents and agree to each item noted above. I understand that, to the extent allowed by law, I am waiving my child's rights.

Name _____

Signature _____

Date _____

MEDICATIONS TAKEN	Type:	Dosage:	Time(s):
	Type:	Dosage:	Time(s):
	Type:	Dosage:	Time(s):

List any special instructions/cautions/side effects:

AMERICANS WITH DISABILITIES ACT

In providing services to the public the City must comply with the Americans with Disabilities Act (ADA), a federal anti-discrimination statute, designed to remove barriers that prevent qualified individuals with disabilities from discrimination on the basis of disability in the services, programs, or activities of local governments. The ADA provides comprehensive civil rights protection to individuals with disabilities. For information regarding the ADA and the regulations on non-discrimination on the basis of disability in state and local government services, 28 CFR Part 35, and its applicability to the services, programs, or activities of the City, please contact Dorothy Webster at 625.6262.

SATISFACTION GUARANTEED

You are important to us! The City of Spokane Parks and Recreation Department is committed to excellence by providing high-quality programs and services for you. If you or a family member are not satisfied with a class, program, or activity offered by the City, let us know your concerns in writing. We will arrange for one of the following. You may:

- Repeat the program at no additional charge
- Receive a credit that may be applied to another activity
- Receive a refund (allow 4 weeks to process). A partial refund may be given to programs with supply, lab or reservation fees.

The Spokane Parks & Recreation Department does not discriminate on the basis of age, sex, race, color, creed, national origin or disability. Please notify the Park Department if you need special accommodations to participate in our programs.

NEW REGISTER ON-LINE



Go to our website at
spokaneparks.org
to register online!



MAIL IN: Send form and payment to:
Spokane Parks & Recreation Dept.
Class Registration
5th Floor City Hall
808 W. Spokane Falls Blvd.
Spokane, WA 99201-3317

Checks payable to
"City of Spokane"
Allow 3 days for
mail delivery.

PHONE IN: (509) 625-6200



Use your VISA/MC/Discover/American Express
to register by phone.
Have charge card and Guide handy.
Fill out registration form before you call.

WALK IN:



MySpokane
1st Floor City Hall
808 W. Spokane Falls Blvd.
Spokane WA 99201
Mon-Fri – 8 AM - 5 PM

FAX IT: 24 HOURS A DAY (509) 625-6990



Fill out registration form. Include Visa/MC/MasterCard/
Discover/AmExp number and expiration date.
Newsprint does not FAX well. Please make a clean
copy on white paper and FAX the copy.

**NEED MORE INFORMATION?
CALL 625-6200 (ALL CLASSES) OR
625-6677 (ART CLASSES)**

ARE YOU COVERED?

The Spokane City Parks & Recreation Department does not carry accident insurance for program participants; the costs would make program fees prohibitive. Please review your own personal health insurance plan to be certain that you and your family have the proper coverage.

GIVE US A CALL...

We are looking for talented, enthusiastic and qualified instructors to teach pre-school, adult and youth classes. Ideas or suggestions for classes are also encouraged. Call 625-6200 for an application.

E-Mail Receipts = Better Customer Service!



To facilitate prompt, effective customer response and service, the Parks and Recreation Department is switching to e-mail confirmation receipts to those customers with e-mail addresses in our records.

Please provide your e-mail address when you register. This change will make the registration and receipt process faster, easier and more accurate. We will continue to mail paper receipts via the U.S. Postal Service for those without e-mail.

REFUND/CANCELLATION POLICY

It is the policy of this department to promote customer satisfaction for all programs and services. This refund policy pertains to all Recreation programs unless otherwise noted in the program description.

1. PROGRAMS ARE SUBJECT TO MINIMAL ENROLLMENT. If the Parks and Recreation Department cancels a program, changes a location or time and you cannot attend, or the program is full, you will receive a full credit on your Recreation account or refund if you request it; no administrative processing fee will be deducted.

2. NO REFUNDS, EXCEPT FOR CANCELLED OR CHANGED CLASSES, WILL BE ISSUED WITHOUT A WRITTEN REQUEST RECEIVED IN THE OFFICE BY MAIL, E-MAIL OR FAX. Refunds follow the City's Finance Department payment schedule and take approximately 30 days to process.

*****Send email refund requests to parksrefunds@spokanecity.org.*****

3. RECREATION PROGRAMS. Due to financial commitments we must make before activities begin, to cancel enrollment in a class or program, the participant must notify the Parks and Recreation Department at least two days (48 hours) prior to the starting date unless otherwise noted in description.

- If your written withdrawal request is received more than two days (48 hours) before the start date of the program, you will receive a full credit to your Recreation account to be used for a registration at a later date. A refund in the form of a check or a credit to your bankcard is subject to a \$5 administrative processing fee.
- If your written request is received less than two days (48 hours) prior to the start date of the program, you will be charged a \$5 withdrawal fee and you may receive no refund or only a partial refund based on the number of students enrolled and any supply costs incurred on your behalf.
- If we do not receive your written request before the start of the class no Recreation account credit or refund will be issued.
- At any time after the first class, partial credit to your Recreation account will be allowed if you present a statement from your health care provider that states that you are unable to finish the class.
- The only exception will be with Sports Leagues. After the start of the league neither refunds, nor proration of the league fee will be granted.

Classes held in Spokane Public School facilities do not meet on dates school is not in session (holidays, vacations periods, curriculum days). Class sessions scheduled for those dates will be made up at the end of the regular schedule.

GATHER CELEBRATE RE-DISCOVER



We're Re-Developing Riverfront Park

More than 40 years ago, Spokane hosted Exposition '74, "The World's Fair." Soon after, the Expo site was converted to Riverfront Park. Although the Park is an important community fixture, it has not seen a significant upgrade since 1974.

In November 2014, Spokane voters overwhelmingly approved the bond to fund the Riverfront Park Redevelopment project. This bond approval did not increase taxes, rather it continued an existing bond that was about to expire.

The five major elements of the Riverfront Park Redevelopment Project are:

- The design of Public Spaces & Park Grounds (landscapes)
- A year-round Recreational Rink and SkyRide facility
- A Regional Playground
- The U.S. Pavilion & Event Shelters
- The Loeff Carrousel Building

Riverfront Park will remain open and will continue to accommodate events now and during construction, although some events may be relocated to different areas of the Park.

Please visit **RiverfrontParkNow.com** for updates and detailed information on the Riverfront Park Redevelopment Project!

