

# WINTER 2026 | ACTIVITY GUIDE

## DECEMBER - APRIL

INSIDE

YOUTH AND FAMILY OUTDOOR ADVENTURES, SNOWSHOEING,  
NO SCHOOL DAY CAMPS, ADULT ART WORKSHOPS, WINTER DANCE CAMPS,  
NEW LASER TAG LEAGUE, THERAPEUTIC RECREATION SECTION AND MUCH MORE!



EXPLORE  
PARKS  
NATURE

SPORTS  
& REC  
OUTDOOR

CAMPS  
LEARN  
GLASSES

SWIM  
POOLS  
SPLASH

PLAY  
GOLF  
LEARN

ENJOY  
RIVER  
FRONT  
PARK

SPOKANEREC.ORG | CALL 311 OR DIAL 509-755-2489



City of Spokane  
**PARKS**  
& RECREATION

# The Six Dimensions Of Wellness

At City of Spokane Parks & Recreation, we strive to provide programming that addresses these interconnected dimensions to bring a sense of wellness and fulfillment to all of our participants.



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**Inclusion Statement:**

We support the Americans with Disabilities Act and encourage participation by all regardless of race, color, national origin, age, sex, religion, veteran status, marital status, sexual orientation, or ability. We can assist in obtaining specialized equipment, interpretive services, or other support to make your involvement successful. To assure the best experience for all participants, we need your accommodation request along with your registration a minimum of two weeks in advance of the program date. For more information, contact Matt Boston at 509.625.6909 or mboston@spokanecity.org.

**Essential Eligibility Criteria Statement:**

Essential Eligibility Criteria (EEC) are intended to be a communication resource for anyone considering participating in a Spokane Parks and Recreation \*program. The safety and well-being of our participants and staff is a top priority for our programs! Due to the inherent risks associated with our \*activities, our programs are open to all individuals who meet the general and program-specific EEC independently or with the assistance of a \*\*companion/trained aid. These criteria are not intended to be exclusionary, rather clearly outline the program's requirements. If you have any questions or concerns about our EEC, please contact the program supervisor. We may be able to assist you with a \*\*\*reasonable accommodation.

**General Recreation Essential Eligibility Criteria:**

Participants must be able to complete the following criteria with or without the assistance of a companion/trained aide who accompanies the participant.

1. Arrive at the program's meeting location on time and ready to participate.
2. Comprehend and follow instructions given to avoid hazards and/or manage risk.
3. Effectively alert others of personal distress, injury, illness, or the need for assistance.
4. Remain alert and focused for the duration of the program.
5. Wear all required safety gear according to manufacturer standards as necessary.
6. Contribute to a safe environment - inappropriate verbal or physical behavior is not tolerated for any reason

**Terms/ Definitions:**

**\* Activity/Program:** The term 'activity' or 'program' describes any outing, trip, or event sponsored by Spokane Parks and Recreation.

**\*\* Companion/Trained Aid:** In some circumstances, if an EEC can be met with the help of a companion/trained aide participants may be eligible to participate.

- Examples of companions/trained aides include service animals, translators, caregivers, or an individual that can assist a participant with physical, emotional, or communication requirements.
- In the case of a minor needing to meet an EEC with an aide, a parent/guardian or responsible adult may act as an aide.
- Companions/Trained Aides must be able to complete all EEC.
- Spokane Parks and Recreation will permit the attendance of a participant's companion at no additional cost to the participant; however, the companion will be responsible for purchasing their own consumable resources/access fees (e.g. food, event tickets, etc.). For your convenience, these costs can be given upon request. Please contact the program supervisor for coordination.

**\*\*\* Reasonable Accommodation:** An accommodation made that will not fundamentally change the nature of a program, would increase unnecessary risk to the participant or others, or would place an undue financial or administrative burden on Spokane Parks and Recreation.



# SATISFACTION GUARANTEED

You are important to us! The City of Spokane Parks and Recreation Department is committed to excellence by providing high-quality programs and services for you. If you or a family member are not satisfied with a class, program, or activity offered by the City, let us know your concerns in writing.

## Payment Information:

Full payment is required at the time of enrollment (DDA Funding and TRS programs with prior approval are exempt). Registrations cannot be accepted from participants with past due balance. Do not mail cash. Return checks are subject to a \$25.00 handling fee.

## Inclement Weather:

In the interest of safety, the Parks and Recreation Department retains the right to cancel an activity or close a facility due to inclement weather conditions such as lightning, ice, snow, extreme heat or unhealthy air quality. In the event that the Parks and Recreation Department cancels a program due to inclement weather, all paid participants will be notified and will receive a credit or refund.

## Disclaimer:

Spokane Parks and Recreation reserves the right to make any changes in the content, fees, and provision of the class schedule without notice. Check our website for the latest updates.

## Refund/Cancellation Policy:

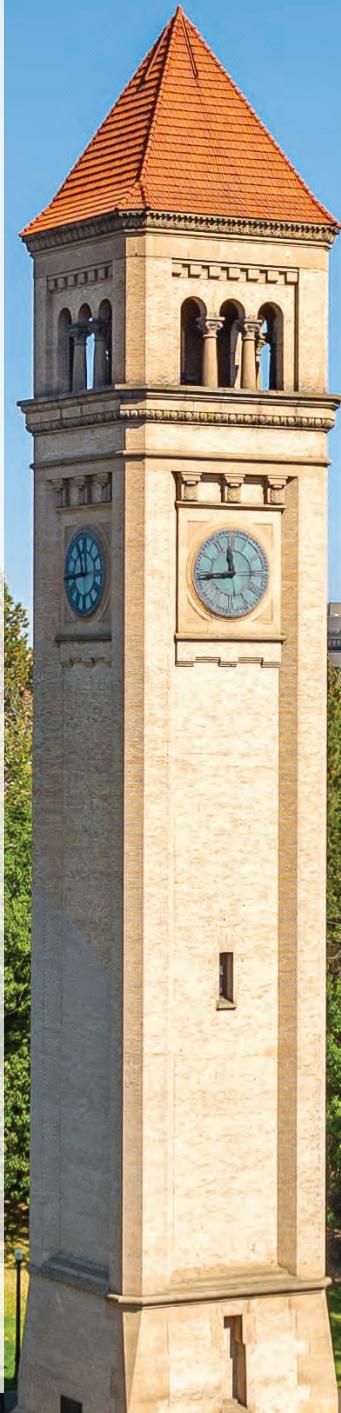
We hope everything is perfect with your recreation program registration. If you need to cancel, we do have a few things you should know:

- For all programs canceled by Spokane Parks and Recreation participants will receive a 100% refund back to their original payment method. (*Allow up to 30 days for processing*).
- Classes held at Spokane Public School facilities will not meet on dates that schools are not in session (holidays, vacation periods, curriculum days, inclement weather-related closures). Class sessions scheduled for those dates will be made up at the end of the regular schedule.
- All refund requests must be made by email or phone call to the appropriate Recreation Supervisor (Recreation Supervisors and contact information is listed on page 2 of every activity guide) a minimum of 14 business days (Mon.-Fri. excluding holidays) prior to the start of your programs.
- Requests made after the 14-business day window will not be refunded.
- Cancellation/Refund requests by DDA funded (Developmental Disabilities Administration) participants who cancel after the fourteen (14) business day window may be responsible for paying the registration fees out of pocket.
- All refund requests will be charged a \$20 administrative processing fee. Additional fees may be assessed to recover costs associated with the program.
- For all Camp refunds there is a \$50 non-refundable administration fee.
- For Athletic Leagues: Once league registration is closed, there are no refunds issued.

## Inclusion/Accommodation:

Spokane Parks and Recreation Department welcomes participation by all regardless of race, color, national origin, age, sex, religion, veteran status, marital status, sexual orientation or ability.

The City of Spokane is committed to providing equal access to its facilities, programs and services for persons with disabilities. Individuals requesting reasonable accommodations or further information may contact Matt Boston at: [mboston@spokanecity.org](mailto:mboston@spokanecity.org). To assure the best experience for all participants we need accommodation requests along with your program registration a minimum of two (2) weeks in advance of the program start date.



**MAIL  
US**

City of Spokane Parks &  
Recreation Class Registration  
808 W. Spokane Falls Blvd.  
Spokane WA 99201  
\*checks payable to City of Spokane



**REGISTER  
ONLINE**

[SpokaneRec.org](http://SpokaneRec.org)



**CALL  
US**

Call 311  
or outside the city at  
509.755.CITY  
Fax 509.625.6990



# To Do: Sign up for Summer Camps & Programs

All Summer Camp & Summer Program Registrations

Open Wednesday, March 18th, 2026 at 8am.

Register online @ [www.SpokaneRec.org](http://www.SpokaneRec.org)

Or Call Us @ 509-755-2489

- Swim Lessons
- Swim Team
- Corbin Art Center Camps
- Therapeutic Recreation Camps
- Outdoor Adventure Camps
- Disc Golf Camps
- Badminton Camps
- Merkel Camps
- ArtSci Camps
- Horseback Riding Camps
- Wilderness Survival Camps
- And More!



***Don't let cost hold you back!***

**Invest in FUN!** Our easy payment plans make summer camps more accessible and affordable for everyone! Register early and make monthly payments. Learn more at

**[SpokaneParks.org/PaymentPlans](http://SpokaneParks.org/PaymentPlans)**

# GET OUTDOORS WITH US!

## Here's why:



### Guides

- Our friendly guides have a passion for the outdoors personally and professionally, and can't wait to share
- We worry about the details so you don't have to!
- Gain useful insights and info to make the most of your trip
- Guides lead at your pace — no one gets left behind!



### Equipment

- We provide all necessary equipment for our adventures
- We don't expect you to show up with the fanciest gear
- Find out if you like it before buying your own gear



### Transportation

- Meet us in a convenient location close to town
- No parking passes needed when you ride with us
- Don't worry about the driving, just enjoy the scenery

## What you can expect:

A convenient and stress free way to discover a new destination with all of the trip details already organized for you and with a team to support you every step of the way. Before your trip, you will receive information on how to prepare and we are here for you if you have questions beforehand.

## What's happening?

**SPRING:** Wildflower Walks • Rafting • Archery

**SUMMER:** Paddleboard Tours • Kayak Tours • Youth Day Camps  
Little Spokane River Shuttle and Kayak Rentals

**FALL:** Hikes • Driving Tours • Kayak Tours

**WINTER:** Moonlight & Daytime Snowshoeing, Cross-Country Ski Tours

**PRIVATE TOURS:** We'll take your group on a custom private adventure in any season



afuzak@spokanecity.org  
509.363.5414  
[www.spokanerec.org](http://www.spokanerec.org)

See Current Offerings





## YOUTH & FAMILY

After registration, you'll receive additional pre-trip information via email. For help determining if the activity is right for you, or for questions about age restrictions, equipment, or other details, call us at 509.363.5414. Participants under 18 must be with an adult except in youth-only programs. Programs allowing ages 17yrs. & Under are Youth Scholarship Eligible: [spokaneparks.org/scholarships](http://spokaneparks.org/scholarships) for more information.

## School's Out Youth and Family Adventures with Transportation

School's out! These family oriented and kids only activities are sure to get you and your family excited about exploring outside. Our friendly guides love to share tips, tricks, and cool trivia to have you wanting to come back for more! Trips leave from a central location where you meet the guides and participants are whisked away for a wonderful adventure.

### Family Snowshoe Mount Spokane

**1 Day | Ages 9yrs. & Up | Hike time: 3 hours | Terrain: moderate up/downhill, up to 550 ft elevation gain/loss** Make mountain memories with your family this Winter. It will be an adventure you won't forget! During this guided snowshoe tour you will travel on trails through the wonderland of snow-covered trees and hills around Mount Spokane. Fee includes: guides, snowshoes, poles, instruction, and transportation. *Meet at Yoke's Fresh Market Parking Lot 14202 N. Market St. Mead. \$45*

18545	Fri.	1/2	9am-1pm
20184	Mon.	1/19	9am-1pm (M.L.K. Jr. Day!)

### BASE Camp Winter Explorers

**2 Days | Ages 9-12yrs.** Welcome to BASE Camp Winter Explorers! From here, big adventures await. Daily trips up to Mount Spokane State Park set us up for a mountain of fun! Explore snowy trails by snowshoe to play games and take shelter in one of the rustic warming huts. Campers will enjoy the small group sizes of no more than 12. Attendees of all outdoor skill levels will build self-esteem, practice healthy social skills, and benefit from an increased sense of community. Directions and pre-trip information will be emailed after registration. Bring a lunch, water bottle, winter clothing, and backpack. All specialized equipment and instruction will be provided. *Meet at Northeast Community Center Parking Lot 4004 N Cook St. \$169*

18551	Mon. & Tues.	12/22-12/23	9am- 4pm
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### Winter Wonderland Snowshoe - Kids Only

**1 Day | Ages 9-12yrs. | Hike time: 3 hours | Terrain: moderate up/downhill, up to 550 ft elevation gain/loss** Leave the winter fun to us kids! Our guides will take the group on designated trails in the beautiful snow-covered forest of Mount Spokane State Park! Exploring a winter landscape will provide excitement and a lasting impression. Pack a lunch and plenty of water. Fee includes guides, snowshoes, poles, instruction, and transportation. *Meet at Yoke's Fresh Market - Foothills 210 E North Foothills Dr. \$55*

20214	Fri.	1/30	9:30am-2:30pm
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### Snowshoe Rating System

**Easy:** A hike that is generally suitable for anyone who enjoys walking. Mostly level or with a slight incline. Generally, less than 3 miles.

**Moderate:** A moderate hike is generally suitable for novice hikers who want a bit of a challenge. The terrain will involve a moderate incline and may have some steeper sections. Generally, 3 to 5 miles.

**Moderately Strenuous:** Moderately Strenuous hikes will generally be challenging for an unconditioned person. The terrain will involve a steady and often steep incline. Generally, 5 to 8 miles.





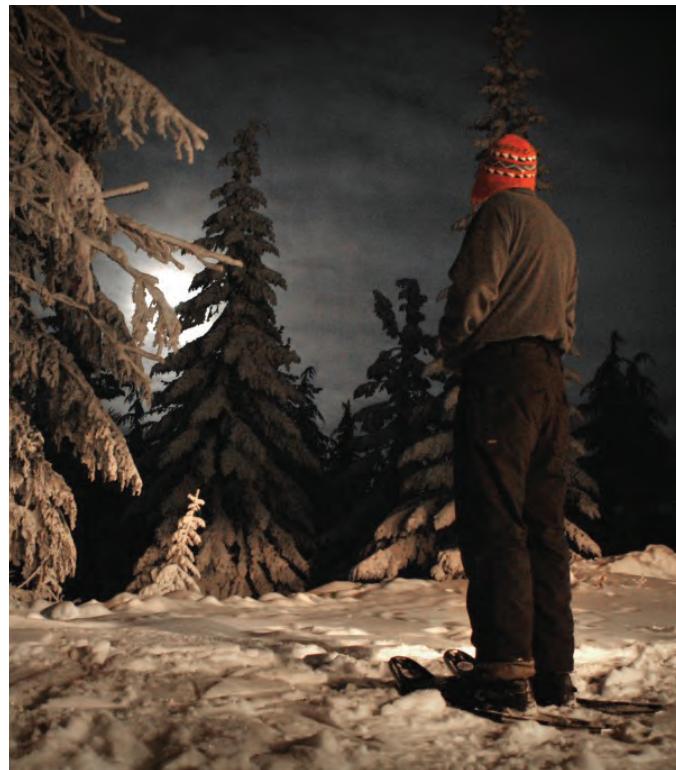
## SNOWSHOEING

After registration, you'll receive additional pre-trip information via email. For help determining if the activity is right for you, or for questions about age restrictions, equipment, or other details, call us at 509.363.5414. Participants under 18 must be with an adult except in youth-only programs. Programs allowing ages 17yrs. & Under are Youth Scholarship Eligible: [spokaneparks.org/scholarships](http://spokaneparks.org/scholarships) for more information.

### Snowshoe Mount Spokane with Transportation

**1 Day | Ages 13yrs. & Up | Hike time: 3 hours | Terrain: moderate up/downhill ~550ft elevation gain/loss** During this guided snowshoe tour, you will travel on trails through the wonderland of snow-covered trees and hills around Mount Spokane. Try this fun Winter sport for the first time, learn new trails, or expand your skills. What a great winter getaway! Fee includes: guides, snowshoes, poles, instruction, and transportation. *Meet at Yoke's Fresh Market Parking Lot 14202 N. Market St. Mead. \$45*

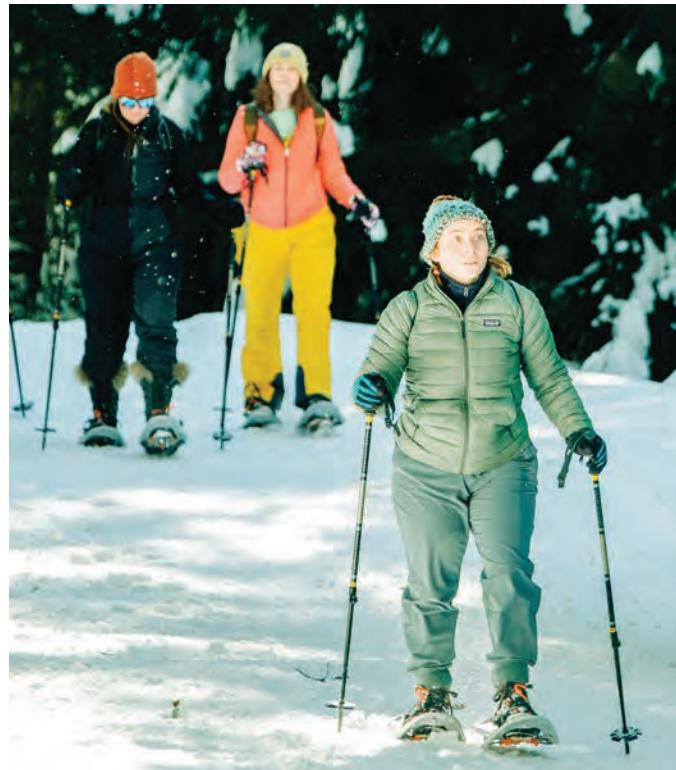
18543	Sun.	12/21	9am-1pm	<i>First Day of Winter!</i>
18544	Sat.	12/27	9am-1pm	
20176	Sat.	1/10	9am-1pm	
20177	Sat.	1/17	9am-1pm	<i>Women's Only Tour!</i>
20178	Sun.	1/25	9am-1pm	
20179	Sat.	2/21	9am-1pm	<i>Friends of Mount Spokane Tour!</i>



### Snowshoe Moonlight Tour and Dinner

**1 Day | Ages 16yrs. & Up | Hike time: 1.5 hours | Terrain: Moderate up/downhill ~650ft elevation gain/loss** Travel through the winter landscape of Mount Spokane by the magic of moonlight. After exploring the area, you will return to the Selkirk Lodge for a wonderful, made-from-scratch meal of lasagna, salad, breadsticks, and more from Greenbluff Fresh Catering Company! Fee includes: guides, snowshoes, poles, headlamps, instruction, and dinner! 1-day SNO-PARK permit parking pass required. *Meet at Mount Spokane State Park Selkirk Nordic Lodge. \$79*

18547	Sat.	1/3	6-9pm
20212	Sat.	2/28	6-9pm



### Snowshoe Moonlight Tour with Transportation

**1 Day | Ages 16yrs. & Up | Hike time: 2.5 hours | Terrain: moderate up/downhill ~570ft elevation gain/loss** Moonlight on snow is a magical and memorable experience. Quietly, you will explore the meadows and woods around Mount Spokane. Mystical moonlight through the trees makes for some great photos! Fee includes: guides, snowshoes, poles, headlamps, instruction, and transportation! *Meet at Yoke's Fresh Market Parking Lot 14202 N. Market St. \$45*

20203	Sat.	1/31	6-9:30pm
20204	Fri.	2/27	6-9:30pm



## OUTDOOR RECREATION

Winter 2025-26

### Starlight Snowshoe Mount Spokane with Transportation

**1 Day | Ages 16yrs. & Up | Hike time: 2.5 hours | Terrain: moderate up/downhill ~570ft elevation gain/loss** What a great way to start your weekend! We hike through the quiet forest on Mount Spokane as the glimmer of your headlamp illuminates the snowy features around you and the stars shine down from above. Fee includes: guides, snowshoes, poles, headlamps, instruction, and transportation! *Meet at Yoke's Fresh Market Parking Lot 14202 N. Market St. \$45*

20182 Fri. 1/16 6-9:30pm

20183 Fri. 2/13 6-9:30pm

### Snowshoe Tour 49 Degrees North

**1 Day | Ages 13yrs. & Up** Tour the trails of 49 Degrees North! Your guide will give you tips leading to better control and more fun on your snowshoes. Beautiful scenery and healthy exercise followed by a tasty sack lunch. Fee includes: guides, snowshoes, poles, trail pass, instruction, and lunch! *Meet at 49 Degrees North Nordic Area Yurt 3311 Flowery Trail Rd. Chewelah, WA. \$59*

20199 Sat. 1/10 10am-2pm

20200 Sun. 2/8 10am-2pm

20201 Sat. 2/21 10am-2pm

20202 Sun. 3/1 10am-2pm

### Snowshoes and Brews Mount Spokane Tour with Transportation

**1 Day | Ages 21yrs. & Up | Hike time: 3 hours | Terrain: moderate up/downhill, up to 550 ft elevation gain/loss** Snowshoeing is awesome!

Join us on a tour through the woods of Mount Spokane State Park. Following our adventure, we will head to Big Barn Brewery on Green Bluff to learn about their locally crafted beer and enjoy some tasty beverages to "tap" off the day. Fee includes: guides, snowshoes, poles, trail fees, instruction, and transportation! Beverages are not included in the fee and are paid on your own. *Meet at Big Barn Brewing Parking Lot 16004 N Applewood Ln, Mead, WA 99021. \$59*

20180 Sun. 1/4 9am-2:30pm

20181 Sat. 2/14 9am-2:30pm *Valentine's Day!*

### Sunset Snowshoe Tour Mount Spokane with Transportation

**1 Day | Ages 16yrs. & Up | Hike time: 3 hours | Terrain: moderate up/downhill ~570ft elevation gain/loss** Take in the beautiful sunsets of Mount Spokane. We will hike up to Bald Knob Campground through the snow-covered forest to views of the Spokane Valley and beyond. Hopefully, we will be lucky and see a gorgeous sunset and alpine glow, slope-side on Mount Spokane. Fee includes: guides, snowshoes, poles, instruction, and transportation! *Meet at Yoke's Fresh Market 14202 N Market St. \$45*

20213 Fri. 3/13 5-9pm

## SKI IN THE CITY

You don't have to go to the mountain to get your xc-ski and fat biking fix! Look for groomed trails in and around Spokane this winter.

- **FINCH ARBORETUM** NEW!  
\*xc-skiing & snowshoeing
- **RIVERSIDE STATE PARK**  
\*xc-skiing, snowshoeing & fat biking
- **DWIGHT MERKEL**  
\*xc and skate-skiing, snowshoeing

[spokaneparks.org/snow](http://spokaneparks.org/snow) for updated info and rules  
for updated grooming info call 509-363-5418



Grooming no longer provided at Indian Canyon Golf Course. City of Spokane Golf Courses are closed to all winter activities including: skiing, snowshoeing, fat-biking, and sledding.





## Bigger Snowshoe Adventures!

Relax and leave the driving to us! During these longer journeys to and from our destination, we typically make a convenient stop at a local snack shop or travel center, allowing you to stretch your legs, use the restroom, and pick up some tasty treats.

After registration, you'll receive additional pre-trip information via email. For help determining if the activity is right for you, or for questions about age restrictions, equipment, or other details, call us at 509.363.5414. Participants under 18 must be with an adult except in youth-only programs. Programs allowing ages 17yrs. & Under are Youth Scholarship Eligible:

[spokaneparks.org/scholarships](http://spokaneparks.org/scholarships) for more information.



### SNOWSHOE LAKE GILLETTE WITH TRANSPORTATION

**1 Day | Ages 16yrs. & Up | Hike time: 3 hours | Terrain: moderate up/downhill ~500ft elevation gain/loss** We will explore this mountain lake in Colville National Forest, surrounded by meadows and forested slopes. This great trail will be a true winter memory for you. The guided hike will take you uphill to a scenic overlook that will leave you in awe. Fee includes: guides, snowshoes, poles, instruction, and transportation! *Meet at Yoke's Fresh Market Parking Lot 14202 N. Market St. \$75*

20209 Sat.

2/7

9am-4pm

### SNOWSHOE LITTLE PEND OREILLE NATIONAL WILDLIFE REFUGE WITH TRANSPORTATION

**1 Day | Ages 16yrs. & Up | Hike time: ~4 hours | Terrain: moderate up/downhill ~640ft elevation gain/loss** Hidden between the foothills of the Cascades and the Rocky Mountains, this unique, forested, mountainous Refuge provides habitat for large mammals like bear, cougar, deer, elk, and moose as well as over 200 migratory songbirds. Take a beautiful tour on the Mill Butte trail through open pine meadows to panoramic views from the top of the butte. On our return, we will follow the creek, looking out for wildlife that call this sanctuary their home. Fee includes: guides, snowshoes, poles, instruction, and transportation! *Meet at Yoke's Fresh Market Parking Lot 14202 N. Market St. \$75*

20211 Mon.

2/16

8am-3:30pm      *President's Day!*

### SNOWSHOE BEAD LAKE WITH TRANSPORTATION

**1 Day | Ages 16yrs. & Up | Hike time: ~4 hours | Terrain: moderate up/downhill ~600ft elevation gain/loss** This beautiful snowshoe hike takes us to the pristine Bead Lake in Colville National Forest just north of Newport. The trail offers amazing views of the lake and the surrounding area. While on this hike, you will travel through ancient cedar forests and over some of Bead Lake's tributary streams. Some wildlife you might see include deer, elk, northern goshawk, and many more. Come and enjoy a very peaceful snowshoe with some spectacular views! Great hike for photographers. Fee includes: guides, snowshoes, poles, instruction, and transportation! *Meet at Yoke's Fresh Market Parking Lot 14202 N. Market St. \$75*

20210 Sun.

2/22

9am-4pm



## CLASSIC CROSS COUNTRY SKIING

After registration, you'll receive additional pre-trip information via email. For help determining if the activity is right for you, or for questions about age restrictions, equipment, or other details, call us at 509.363.5414. Participants under 18 must be with an adult except in youth-only programs. Programs allowing ages 17yrs. & Under are Youth Scholarship Eligible: [spokaneparks.org/scholarships](http://spokaneparks.org/scholarships) for more information.

### Cross Country Ski Lesson 49 Degrees North

**1 Day | Ages 13yrs. & Up** Learn to classic cross-country ski, and tour the trails of 49 Degrees North Nordic Area! You will be taught the basics of cross-country skiing by 49 Degrees North professional ski instructors. Instruction includes basics of equipment, ski area rules and etiquette, techniques on how to glide on your skis, how to travel uphill, and how to stop going downhill. After a fun lesson, you will hit the trails for a guided tour of the area to try out those new skills. Beautiful scenery and exercise are what cross-country skiing is all about! Fee includes: instruction, classic style cross-country skis, boots, and poles, trail pass, and guided tour. Bring plenty of water and a lunch, or wander up to the day lodge to check out a variety of food and beverage options. *Meet at 49 Degrees North Nordic Area Yurt 3311 Flowery Trail Rd. Chewelah, WA. \$75*

20193	Sun.	1/4	10am-2pm
20194	Sun.	1/25	10am-2pm
20195	Sat.	2/7	10am-2pm
20196	Sun.	2/22	10am-2pm
20197	Sat.	3/7	10am-2pm

### Cross Country Ski Lesson Mount Spokane

**1 Day | Ages 13yrs. & Up** Learn the basics of classic cross-country skiing at Mount Spokane! Cross-country skiing is a wonderful way to get outdoors, exercise, and spend time with family and friends during the winter. Lessons are taught by the experienced and friendly Spokane Nordic Ski Association P.S.I.A. certified instructors. Cross-country skiing equipment will be ready for you when you arrive at the Mount Spokane Nordic Area at the Rental Trailer. Fee includes a day-long ski equipment rental and 2 hours of instruction. Show up 1/2 hour prior to your lesson for gear fitting. 1-day SNO-PARK permit parking pass required. *Meet at Mount Spokane Selkirk Nordic Area. \$77 or \$50 if you have your own equipment. Please call 509.755.2489 for discounted pricing.*

20185 Sat. 1/10 10am-Noon

20186 Sat. 1/17 10am-Noon

20187 Sat. 1/24 10am-Noon

20188 Sat. 1/31 10am-Noon

20189 Sat. 2/7 10am-Noon

20190 Sat. 2/21 10am-Noon

20191 Sat. 2/28 10am-Noon

20198 Sat. 3/7 10am-Noon



## REGISTER ONLINE

[SpokaneRec.org](http://SpokaneRec.org)



## MAIL US

City of Spokane Parks &  
Recreation Class Registration  
808 W. Spokane Falls Blvd.  
Spokane WA 99201

\*checks payable to City of Spokane



## CALL US

Call 311  
or outside the city at  
509.755.CITY  
Fax 509.625.6990





## CLASSIC CROSS COUNTRY SKIING (Continued)

### Cross Country Ski Tour Mount Spokane with Transportation

1 Day | Ages 16yrs. & Up | Ski time: 2 hours | Terrain: groomed trail, mellow elevation gain/loss Explore the Mount Spokane Nordic Ski Area with the help of fun and friendly guides. We will glide through the beautiful snow-covered forest to experience a little fitness and friendship. You should have basic cross-country ski skills or have taken a lesson prior to this trip. No formal lesson given, only a tour. Fee includes: guides, classic style cross country skis, boots, poles, and transportation! *Meet at Yoke's Fresh Market Parking Lot 14202 N. Market St. Mead. \$45*

20205 Sun. 1/11 9am-1pm

20206 Sun. 2/8 9am-1pm *Women's Only Tour!*

### Cross Country Ski Trip Geophysical Area with Transportation

1 Day | Ages 16yrs. & Up | Ski time: ~3 hours | Terrain: groomed trail, mellow to moderate with hills Established in 1966, this Geophysical Observatory is just one of 14 observatories the USGS operates worldwide, used to monitor the earth's magnetic field. Also, a groomed cross-country ski trail system with clever twists and turns on trails that make a rather common stretch of forest into a fun-filled afternoon on the snow. The Geophysical Area in Colville National Forest near Newport, WA has an absorbing number of trails that will lure you back again and again. This is a great beginner trail system, but you should have basic cross-country ski skills or have taken a lesson prior to this trip. Fee includes: guides, skis, boots, poles, and transportation! Bring your own lunch and water. Location subject to change due to snow conditions. *Meet at Yokes Fresh Market Parking Lot 14202 N Division St. \$59*

20208 Sun. 2/1 9am-3pm

### Cross Country Moonlight Ski and Dinner

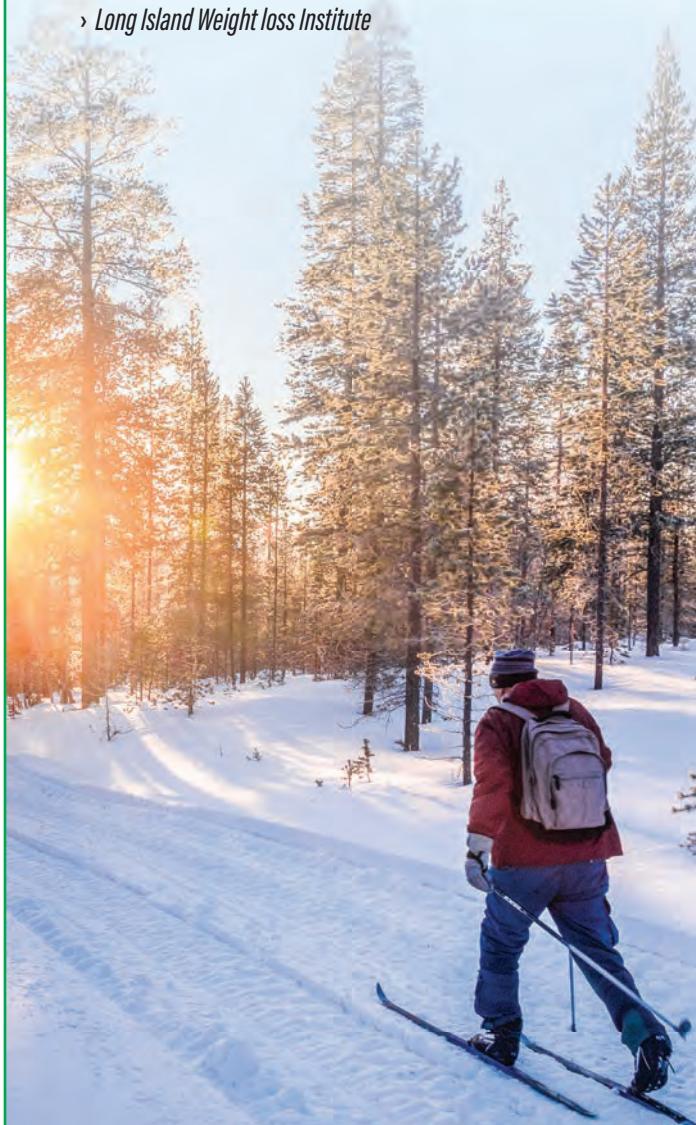
1 Day | Ages 16yrs. & Up | Ski time: 1.5 hours | Terrain: groomed trail, mellow elevation gain/loss Discover the beauty of moonlight on snow as you peacefully make your way on cross-country skis through the woods. Afterward, enjoy a wonderful made-from-scratch meal of lasagna, salad, breadsticks, and more from Greenbluff Fresh Catering Company! This is an incredible experience you will not want to miss. Fee includes: guides, skis, boots, and poles, headlamps, and dinner! You should have basic cross-country ski skills or have taken a lesson prior to this trip. No formal lesson given, only a tour. 1-day SNO-PARK permit parking pass required. *Meet at Mount Spokane State Park Selkirk Nordic Lodge. \$79*

18546 Sat. 1/3 6-9pm

## Rejuvinate Your Body & Mind

Taking time to recreate outside during winter can support work-life balance, avoiding burnout. Success in mastering winter activities or meeting personal goals outdoors can boost self-confidence, which can translate into work settings.

› *Long Island Weight loss Institute*



# SPOKANE PARKS FOUNDATION

*Planting Roots. Growing Community.*



**Parks build healthy lives and communities.**

Since 1951, the Spokane Parks Foundation has helped support park projects and outdoor recreational programs in our region.

**You can help us continue our work!**

Your donation funds park projects, outdoor recreational activities for low-income youth, life-saving swim lessons, and much more!



**Please give to your local parks today.**

**Every gift makes an impact.**

Visit: [spokane parks foundation.org/donate](http://spokane parks foundation.org/donate)





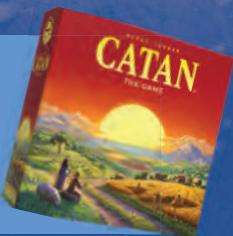
**Discounted  
Skiing/Snowboarding  
+ Volunteering  
= One Awesome Winter**

Do you enjoy skiing or snowboarding and want to help improve the quality of life for people with disabilities? Consider volunteering with Therapeutic Recreation Services.

Call 509-625-6245 or email [trs@spokanecity.org](mailto:trs@spokanecity.org) for more information.



**Games**



**Things**



**Experiences**



**Winter Never  
Looked so  
Fun & Free**

Don't buy new equipment, games, or tickets. Check out items from the Library of Things for free with your library card.

[spokanelibrary.org](http://spokanelibrary.org) | 509.444.5300



## CORBIN KIDS/PRE-SCHOOL

All classes held at the Corbin Art Center; 507 W. 7<sup>th</sup> Ave. unless otherwise indicated.

### Little Leonardo's

**5 Weeks | Ages 3-5yrs.** Children love art and they are naturally creative and imaginative. Each class is planned to expose your child to a new element of art each week. They will paint, sculpt, draw, cut paper and glue to help develop listening skills, fine motor skills and creative imagination play. **\$69**

**20082** Mon. 2/23-3/23 9:30-10:30am

### Make Art Together: Magical "Snow-time" in the Forest!

**5 Weeks | Ages 3-5yrs.** Join us for this magical "snow-time" of the year! This is a fun and sparkly, magically creative class for you and your child. Come learn about the animals, fairies, and gnomes that live in the winter forest. This class will be filled with lots of animals, cute creatures, and sparkly fun art projects! Dress for a magically creative mess! **\$69**

**20083** Tues. 2/24-3/24 9:30-10:30am

### Make Art Together: : Winter Wonderland of Art!

**5 Weeks | Ages 2-4yrs.** Are you tired of being cooped up in the house? Then this is the creative class for you and your child. Experience a new weekly art theme and relevant project. Children will discover color, texture while practicing basic cutting and gluing skills, while exploring a variety of art techniques and materials. This class is fast-paced, active and most of all fun! There are new projects each week for returning students. **\$69**

**20084** Thurs. 2/26-3/26 9:30-10:30am

## WORKSHOPS/PRE-SCHOOL

All classes held at the Corbin Art Center; 507 W. 7<sup>th</sup> Ave. unless otherwise indicated.

### **NEW!** Make Art Together: Snowflakes & Fairies!

**1 Day | Ages 3-5yrs.** Join us in creating a winter-time fairy fantasy for you and your child! Come and make a sparkly-snowflake tiara, a magic wand, and some glittery wings to wear! Dress for a sparkly mess. **\$39**

**20085** Sat. 1/24 9:30-11am

### Make Art Together: Valentine Fun!

**1 Day | Ages 3-5yrs.** Join to make handmade cards and gifts with your favorite little Valentine in this fun, fast-paced class. Lots of hearts, doilies, and glitter will be used to say "I Love You" in this fun event for you and your child. Dress for a mess and have a "Lovely" time. **\$39**

**20088** Sat. 2/14 9:30-11am

### Make Art Together: St. Patrick's Day Fun!

**1 Day | Ages 3-5yrs.** Come and celebrate the "Wearing o' Green." Make a fanciful, fun Leprechaun hat, shamrocks projects, and of course, a pot of gold at the end of the rainbow. This is a fun and fast-paced class to share with your favorite little Leprechaun! **\$39**

**20089** Sat. 3/14 9:30-11am

### Make Art Together: Easter Bunny Fun!

**1 Day | Ages 3-5yrs.** Bunnies, Chicks, and Lambs, Oh My! Come and make some fun Easter projects to enjoy this spring. Bring yourself and your little "Some-Bunny" special to this fun and fast-paced class. Projects include an animal puppet, an Easter hat, and more. **\$39**

**20090** Sat. 4/4 9:30-11am

## Give the gift of Recreation!

Our Youth Program Scholarships help underserved young people experience the joys of summer camps, swim lessons, sports, or art programs. If you're interested in contributing, visit [SpokaneRec.org](http://SpokaneRec.org) under the Youth Programs Scholarship tab, or at checkout when registering for classes.





## CORBIN KIDS/YOUTH

All classes held at the Corbin Art Center; 507 W. 7<sup>th</sup> Ave. unless otherwise indicated.

### Let's Get Creative! Art Exploration

**6 Weeks | Ages 6-11yrs.** Come get your artistic fun on while exploring a variety of artistic mediums, such as oil pastels, paint, clay, paper, recycled objects, and more each week. Here is a chance to use your artistic super-power skills to be creative and convert your ideas into reality! There are new projects each week for returning students. *There is no class on Monday February 16<sup>th</sup>, 2026, in observance of Presidents' Day.* **\$99**

20091 Mon. 2/2-3/16 4-5:30pm

### NEW! Getting "Arty" with the Modern Masters

**6 Weeks | Ages 6-11yrs.** Get ready to become acquainted with some of modern history's most famous artists! Come explore their wonderfully creative artwork and learn about the lives of Dine, Frankenthaler, Haring, Koons, Thiebaud and more. Learn about the elements of line, shape, value, pattern, space, and color using paint, paper, pencils, pastels and much, much more. There will be a featured artist's inspired project each week to go home to start or add to your own art gallery.

*There is no class on Tuesday, February 17<sup>th</sup>, 2026.* **\$99**

20092 Tues. 2/3-3/17 4-5:30pm

### Drawing Basics Wednesday - Youth

**6 Weeks | Ages 6-8yrs. & 9-12yrs.** Drawing is the basis and the first step for dimensional art forms. Explore with different tools and techniques and learn the many facets of drawing including freehand drawing, line, shading, fur-scales-feathers, still life, color, design composition, perspective, portraiture, animals and more. **\$99**

**Ages 6-8yrs.**

20093 Wed. 2/4-3/11 4-5:30pm

**Ages 9-12yrs.**

20094 Thurs. 2/5-3/12 4-5:30pm

### Comic Creators

**6 Weeks | Ages 12-18yrs. | Nadia Hitchcock** Calling all Manga, graphic novel, comics, and bande dessine lovers! Have you ever wanted to write and draw your own mini comic book? That's exactly what you'll do in this class! You will learn basic comics theory from some of the best minds in the business. You will then practice exercises to build your sequential storytelling skills, and then put them to use to create your own comic or manga! *Supplies included but feel free to bring your own too.* **\$85**

20095 Sat. 2/7-3/14 2-4pm

## WORKSHOPS/YOUTH

All classes held at the Corbin Art Center; 507 W. 7<sup>th</sup> Ave. unless otherwise indicated.

### NEW! Valentine Hearts-o-Crafts Fun!

**1 Day | Ages 5-8yrs.** Come have some Valentine's Day fun at the CAC! We will make cards and creative gifts for your special someone. Lots of hearts, doilies, and glitter will be used to say "I love you" in this fun holiday workshop! **\$39**

20096 Sat. 2/14 9:30-11am

### NEW! Shamrocks & Rainbows: St. Patrick's Day Fun!

**1 Day | Ages 5-8yrs.** Join us in celebrating the "Wearing o' Green." Make a fanciful, fun Leprechaun hat, shamrocks projects, and of course, a pot of gold at the end of the rainbow. This class will be full of creativity and whimsical fun! **\$39**

20097 Sat. 3/14 9:30-11am

### NEW! Very "Hoppy" Easter Fun!

**1 Day | Ages 5-8yrs.** Join us for an "Egg-cellent" morning of Easter crafting! Get messy and creative while transforming the provided materials into imaginative Easter bunnies, lambs, and chick decorations to take home to celebrate the holiday. **\$39**

20098 Sat. 4/4 9:30-11am

## REGISTER ONLINE

[SpokaneRec.org](http://SpokaneRec.org)



## MAIL US

City of Spokane Parks &  
Recreation Class Registration  
808 W. Spokane Falls Blvd.  
Spokane WA 99201

\*checks payable to City of Spokane



## CALL US

Call 311  
or outside the city at  
509.755.CITY  
Fax 509.625.6990





## NO SCHOOL TODAY CAMPS

Enjoy a fun-filled day with arts and crafts activities for children. Dress for a mess and bring your lunch. Pre-registration is required. All classes held at the Corbin Art Center; 507 W 7<sup>th</sup> Ave., unless otherwise indicated.

### **NEW! Cool-Frosty! Art Fun Camp**

**1 Day | Ages 6-11yrs.** There is no school today, so let's celebrate the winter season with a day of winter-themed art! We are going to use lots of color, glue, paper, and sparkles to brighten up this day. Dress for a mess, and please bring a lunch. **\$65**  
**20099 Thurs. 1/15 9am-3pm**

### **NEW! Colorful Creations and Messy Masterpieces Camp!**

**1 Day | Ages 6-11yrs.** Do you enjoy being a fantastic, adventurous artist? Do you love to use lots of colors and textures in your masterpieces? Then this is the camp for you! We will draw and paint with wonderful colors & techniques. Learn how to mix colors properly so you can get your desired artistic effect. Dress for a mess and bring a lunch. **\$65**  
**20100 Fri. 1/16 9am-3pm**

### **3-D Crazy Creatures!**

**1 Day | Ages 6-11yrs.** Come to this camp and make your own 3-D Crazy Creatures. Your imagination and creativity will bring these creatures to life while using paint, paper, found objects and much more. This is a fun and extremely creative camp with lots of art building going on. Dress for a mess and please bring a lunch. **\$65**  
**20101 Mon. 1/19 9am-3pm**

### **NEW! Land and Skyscape Camp!**

**1 Day | Ages 6-11yrs.** Create amazing works of art with us in this land and sky-inspired camp. Learn to use pencil, pen, oil pastels, and even paint to create your own land and sky masterpieces. Incorporate all into a landscape along with how to use perspective to make it look more real. Dress for a mess, and please bring a lunch. **\$65**  
**20102 Fri. 1/30 9am-3pm**

### **I Heart Art: Valentine's Day Art Camp**

**1 Day | Ages 6-11yrs.** Explore with us the creations of some well-known artists that inspired us for today's Valentine's No-School Today camp. We will create art inspired by Jim Dine, Romero Britto, and other artists. This camp is filled with color, shapes, patterns, and so much more! Dress for a mess, and please bring a lunch. **\$65**  
**20103 Fri. 2/13 9am-3pm**

### **NEW! Not your Average Artist Camp!**

**1 Day | Ages 6-11yrs.** Come and get acquainted with some famous artists who loved creating with bright, vibrant colors. We will be inspired by the artworks of Keith Haring, Piet Mondrian, Wassily Kandinsky, and Alma Thomas. Then we will create our own colorful masterpieces by drawing, painting, and collage. Dress for a mess, and please bring a lunch. **\$65**  
**20104 Mon. 2/16 9am-3pm**

### **Globe Trotting Artists**

**1 Day | Ages 6-11yrs.** Travel around the world with us as we learn about different cultures. We will make fantastic art projects at every stop on the map that we discover and visit. We will be using paint, glue, and so much more as we are inspired by the country's ethnic art style. Climb aboard our guided tour, and let's spin the globe and see where our adventure will start! Dress for a mess, and please bring a lunch. **\$65**  
**20105 Tue. 2/17 9am-3pm**

### **Marvelously Vibrant Animal Art!**

**1 Day | Ages 6-11yrs.** Get ready to Roar, Squawk, Hiss, and become acquainted with some wonderfully whimsical artists and their animal subjects. Come and explore the creative artwork of David Klein, Beatrix Milhazes, Romero Britto, and more while using a variety of art supplies to create your own animal masterpieces. You can then proudly display your animal creations at home. Dress for a mess and bring a lunch. **\$65**  
**20106 Fri. 3/13 9am-3pm**





## SPRING BREAK CAMPS

Enjoy a fun-filled day with arts and crafts activities for children. Dress for a mess and bring your lunch. Pre-registration is required. All classes held at the Corbin Art Center; 507 W 7<sup>th</sup> Ave., unless otherwise indicated.

### **NEW! Epic Art Studio Camp!**

**1 Day | Ages 6-11yrs.** This fine art camp includes it all! Drawing, painting, and sculpture! Come use diverse materials, techniques, and enjoy the creative process while still learning the basic elements of line shape, value, pattern, space, and color. This camp is inspired by innovative artists of the 20<sup>th</sup> century, while using individual imagination and a ton of creativity to make your own personal masterpieces. Dress for a mess and bring a lunch. **\$65**  
**20107**      **Mon.**      **4/6**      **9am-3pm**

### **NEW! Art of Minecraft: Block Art Fun!**

**1 Day | Ages 6-11yrs.** Create amazing works of Art in this Minecraft-inspired camp. You'll work in a wide variety of art mediums, along with mixed-media supplies. Explore the world of making art using pixelation with squares in both 2-D and 3-D to create self-portraits, animals, and so much more! Dress for a mess, and please bring a lunch. **\$65**  
**20108**      **Tue.**      **4/7**      **9am-3pm**

### **Clay, Slime & DIY Dough**

**1 Day | Ages 6-11yrs.** Discover the joy of clay! Make your own cool clays to model creative animals and other projects. Using fun recipes and techniques, you will enjoy your experience with pre-made and handmade clay. Please bring a lunch. **\$65**  
**20109**      **Wed.**      **4/8**      **9am-3pm**

### **NEW! Glitter & Sparkle Art Camp**

**1 Day | Ages 6-11yrs.** Join us for this whimsical, colorful, and glittery camp. We will use all the colors of the rainbow to paint/draw/create magical art projects. Rainbows, Unicorns, and more will be created into fabulous masterpieces. Dress for a mess, and please bring a lunch. **\$65**  
**20110**      **Thurs.**      **4/9**      **9am-3pm**

### **Van Gogh - Bold Artist Camp**

**1 Day | Ages 6-11yrs.** Create amazing works of Art in this Van Gogh-inspired painting and drawing camp. You'll work in a wide variety of paint mediums, pen and ink, and pastels. Through the bold use of color and texture, painting on paper, and exciting brush strokes, you'll create your own masterpieces. If you love to paint, you will love this camp! Dress for a mess, and please bring a lunch. **\$65**  
**20111**      **Fri.**      **4/10**      **9am-3pm**

# Youth Program Scholarships

## Winter • Spring



We believe that everyone should have the opportunity to participate in recreation activities. Spokane Parks and Recreation Youth Program Scholarships are available to those who qualify.

Youth Program Scholarships make our sports and arts programs, general recreation programs, and therapeutic programs more accessible to the community. Our aim is to eliminate financial barriers and ensure that everyone in our community can enjoy the benefits of recreation.

**Scholarships are for 50% off program costs. Individual scholarship awards are limited to one program per household member per quarter (Winter, Spring).**

**For more information or to apply, visit [SpokaneParks.org/scholarships](http://SpokaneParks.org/scholarships)**

These funds are made possible by all the generous community members giving the gift of recreation by donating to the Youth Program Scholarship fund upon checkout when registering for a recreation program.

Thank you!



# Finch Arboretum ArtSci Programs

Welcome to Finch Arboretum Art/Sci: where every day is a mix of creativity, discovery, and play. Campers dive into hands-on science, wild art projects, and exciting outdoor adventures beneath the trees. Along the way, kids make lasting friendships, spark their curiosity, and head home with stories and discoveries they can't wait to share. **These classes are held at the Woodland Center in Finch Arboretum, 3404 W Woodland Blvd**

## **NEW! ArtSci Spring Break Camp**

**1 Week | Ages 8-12yrs.** Masters of Illusion: The Science of Magic and Misdirection. Want to fool your friends with real magic tricks? Paint wild art that makes your eyes spin? Or disappear in the park with the best camouflage? This camp is all about secrets, surprises, and seeing the world in new ways. You'll build, play, and perform while learning how nature, magicians, and even your own brain can trick you! **\$279**

20114 Mon.-Fri. 4/6-4/10 9am-4pm

**NEW! Wild Art Lab; Nature Meets Creativity**

**6 Weeks | Ages 7-11yrs.** Step outside the classroom and let the forest be your canvas! Kids will explore leaves, seeds, and natural textures to create prints, collages, and eco-friendly art projects, learning how science and art grow side by side. **Registration opens March 1<sup>st</sup>. \$129**

Registration opens March 17, 2015 4-5pm 4-5-30pm

## **NEW! Bug Builders: Insect-Inspired Design**

**6 Weeks | Ages 7-11yrs.** From honeycomb architecture to spider silk strength, insects are master engineers. Kids will explore bug movement, habitats, and survival tricks, then design their own insect-inspired art and mini-structures. **Registration opens March 1<sup>st</sup>. \$129**

Open March 7 : \$125  
20156 Tues. 4/14-5/19 4-5-30pm

# **NEW! Planet Protectors: Eco-Art for Change**

**6 Weeks | Ages 7-11yrs.** Young artists become changemakers! Through upcycled art projects, collaborative murals, and playful science activities, kids will explore environmental challenges and create artwork that inspires action for a healthier planet. **Registration opens March 1<sup>st</sup>. \$129.**

20157 Thurs 4/16-5/21 4-5-30pm





## DRAWING

All classes held at the Corbin Art Center; 507 W. 7<sup>th</sup> Ave. unless otherwise indicated.

### **NEW!** Beginning Pastels

**4 Weeks | Ages 18yrs. & Up | T Kurtz** Using color to define shapes, the stepping stones to doing still life drawings. This class helps people learn how to draw basic shapes and gives them visible form and weight. Students will learn basic color values and how to use them to create depth in their drawings. We will work with several different types of pastel including hard pastels (nu-pastels), medium pastels (Rembrandt, Artspectrum) and soft. *The supply list is listed at the bottom of the registration receipt.* **\$125/\$20 Lab Fee**

20122 Sat. 2/7-2/28

10am to Noon

### **NEW!** Learn to Love Pastels

**2 Weeks | Ages 18yrs. & Up | T Kurtz** Using color blocking techniques, T Kurtz walks you through creating 2 landscape paintings. This class teaches you the basics of working with pastels and will introduce you to the artist. For those of you who have taken this class before, it is a great refresher course to give you confidence to advance easily to plein air for classes in the future. *The supply list is listed at the bottom of the registration receipt.* **\$95/\$40 Lab Fee**

20123 Sat. 3/7-3/14

10am-1pm

### Drawing Fundamentals

**6 Weeks | Ages 16yrs. & Up | Koreena Nagai** Join us as we begin to explore drawing fundamentals! If you are new to drawing or need to brush up on basic skills, this is the class for you. We will be tackling core skills like observation, line, shape and form, perspective, shading, composition, and proportion. Great basics that will lead to long-lasting confidence in your drawing. The supply list is listed at the bottom of the registration receipt. **\$112**

20170 Tues. 2/3-3/24

5-7pm



## PAINTING CLASSES & WORKSHOPS

### **NEW!** Introduction to Acrylic Painting

**6 Weeks | Ages 18yrs. & Up | Kate Brown** Come explore the fundamentals of painting with acrylic in a beginner-friendly setting. In this course, you'll expand your artistic ability using simple subjects to understand composition, value, and color. Join in the fun and learn the skills you need to continue painting long after class ends. *The supply list is listed at the bottom of the registration receipt.* **\$99**

20124 Tues. 2/3-3/10

6-8pm

### Acrylic Painting and Texture

**6 Weeks | Ages 18yrs. & Up | Cliff Hall** Acrylic painting and texture. We'll discuss how textures can and/or do affect the outcome of a painting. We'll play with and incorporate different textures in our paintings. You will have a great time and leave with an idea of how texture can enhance your creative vision. No pressure, just fun. *The supply list included at the bottom of the class registration receipt.* **\$99**

20125 Wed. 2/4-3/11

6-8pm

### **NEW!** Acrylic Portraiture

**6 Weeks | Ages 18yrs. & Up | Kate Brown** Explore the magic of portraiture and capture images of your friends and loved ones in this intermediate painting course. Working from photo references and life models, you'll learn strategies for measurement, sketching, and rendering to produce accurate portraits in your own unique style. *The supply list is listed at the bottom of the registration receipt.* **\$99**

20126 Thurs. 2/5-3/12

6-8pm

### **NEW!** Adventures in Texture: A Process Art Approach

**1 Day | Ages 18yrs. & Up | Bevie LaBrie** Come explore a plethora of ways to create texture in your paintings or art journal. ie, adding, removing paint, mark making, carving, sanding. Class will be full of play, freedom, curiosity, experimentation, presence, and connection to intuitive intelligence. In the process, we will lay down many layers on panels and connect to what lights you up and brings you joy. You will learn about color and basic design principles as well as connections between your art and your life. *The supply list is listed at the bottom of the registration receipt.* **\$70**

20127 Tues. 2/10

5:30-8:30pm



## PAINTING CLASSES & WORKSHOPS *(Continued)*

All classes held at the Corbin Art Center; 507 W. 7<sup>th</sup> Ave. unless otherwise indicated.

### **NEW!** Open Art: Paint Studio

**5 weeks | Ages 18yrs. & Up | Katie Frey** Do you have a project you've always wanted to start or one you've been trying to finish? This is the class for you. Whether you work in oils, acrylics, or watercolors, this class will help you with color mixing, composition, perspective, and technique. *Bring a project or image you want to work from and your usual supplies.* **\$89**  
20128 Sat. 2/21-3/21 9am-noon

### **NEW!** Intro to Oil Painting

**6 weeks | Ages 18yrs. & Up | Carly Ellis** Explore the fundamentals of oil painting while working from still life arrangements and two-dimensional references. Students will learn color mixing, color theory, and composition, gaining confidence with each session. The class will culminate in a finished oil painting—a personal masterpiece to take home. All levels welcome. *The supply list is listed at the bottom of the registration receipt.* **\$99**  
20129 Thurs. 2/5-3/12 6-8pm



## FIBER ARTS

All classes held at the Corbin Art Center; 507 W. 7<sup>th</sup> Ave. unless otherwise indicated.

### **NEW!** Intermediate Knitting

**4 Weeks | Ages 15yrs. & Up | Andi Keating** Want to up your skills as a knitter? Tired of making plain scarves? Learn how to knit in the round, make cables, and do stranded colorwork in this comprehensive class. Spicing it up with texture or color is a lot of fun. You got this! *The supply list is listed at the bottom of the registration receipt.* **\$65**  
20132 Sun. 2/8-3/1 10am-Noon

### **NEW!** Crazy about Crochet: Intermediate Crochet

**4 Weeks | Ages 15yrs. & Up | Andi Keating** Want to up your skills in crochet? Tired of single stitch patterns? Learn how to do funky stitch patterns like the crocodile stitch, colorwork, and 3D objects in this comprehensive course. *Supply list is listed at the bottom of the registration receipt.* **\$65**  
20133 Sun. 2/8-3/1 12:30-2:30pm

### Knitting 101: Beginning Knitting

**4 Weeks | Ages 15yrs. & Up | Andi Keating** Learning to knit is like learning a new language, and just getting used to the motion of making stitches takes enough brain power to get that muscle memory down. I'm here to help break down how to cast on and knit. As we progress, I will coach you on what a gauge swatch is, and why it is important, especially when reading patterns. We will work on more fun stitches such as stockinette, see, basket, ribbing, yarn overs, and bobbles. *Supply list is listed at the bottom of registration receipt.* **\$65**  
20130 Sat. 3/7-3/28 10am-Noon

### Hooked on Yarn: Beginning Crochet

**4 Weeks | Ages 15yrs. & Up | Andi Keating** In this class we will learn to make the basic crochet stitches: single, double, and treble crochet. We will talk about how to make circles and more 3D projects, as well as discussing gauge and its importance. We will make swatches of these stitches for practice before we move on to our class project. A written pattern will be included with the class for the project. *Supply list is listed at the bottom of registration receipt.* **\$65**  
20131 Sat. 3/7-3/28 12:30-2:30pm



## JEWELRY MAKING

All classes held at the Corbin Art Center; 507 W. 7<sup>th</sup> Ave. unless otherwise indicated.

### **NEW!** Gemstone Intention Bracelet

**1 Day | Ages 13yrs. & Up | Jaime Kemple** Create your own hand-knotted gemstone bracelet infused with personal meaning. Learn simple bead-knotting techniques to craft a beautiful, durable bracelet while exploring how different stones can be paired with personal intentions—whether that's calm focus, creative spark, or simply a pop of color you love. Perfect for meditation, intention setting, or as a unique handmade accessory. *No prior experience required.* **\$49**

20140 Sat. 2/21 10am-1pm



### **NEW!** Beaded Stone Bezel: Wearable Beach Treasures

**1 Day | Ages 13yrs. & Up | Jaime Kemple** Turn a favorite beach stone, crystal, or keepsake into a stunning piece of wearable art. In this workshop, you'll learn the art of seed-bead bezel setting – a hand-woven technique used to "frame" a stone with shimmering rows of tiny glass beads. Choose a stone that speaks to you, and we'll transform it step-by-step into a pendant that captures both craftsmanship and memory. Perfect for beginners or seasoned makers who want to explore bead weaving in a relaxed, creative setting. *No prior experience required.* **\$49**

20141 Sat. 2/28 10am-1pm

### **NEW!** Pressed Botanical Pendant: Clay Art & Sun Catchers

**1 Day | Ages 13yrs. & Up | Jaime Kemple** Capture a little piece of nature in wearable art. Using oven-bake Sculpey Clay, you'll design a press real leaves, flowers, or herbs into the surface to create one-of-a-kind botanical impressions. While the pendants bake, we'll explore simple finishing options – turning your creations into necklaces, sun catchers, or keepsakes that celebrate the natural world. This project combines the calm of crafting with the joy of discovery – perfect for anyone who loves nature, design, or a little mindful making. *No prior experience required.* **\$49**

20142 Sat. 3/7 10am-1pm

### **NEW!** Copper & Crystal Grounding Stakes: Electroculture Garden Art

**1 Day | Ages 13yrs. & Up | Jaime Kemple** Add a little artistry – and maybe a little energy – to your garden! Learn to shape and wrap copper wire into elegant, weather-friendly plant stakes adorned with crystals or gemstones. Along the way, we'll explore the fascinating concept of electroculture – how copper's natural conductivity may interact with the environment and why it's become a favorite among gardeners. Each participant will create two unique plant stakes, perfect for your favorite potted plants or garden bed. *No prior experience required.* **\$49**

20143 Sat. 3/7 2-5pm

### **NEW!** Botanical Resin Jewelry: Nature in Bloom

**1 Day | Ages 13yrs. & Up | Jaime Kemple** Preserve a moment of nature in luminous resin. In this workshop, you'll learn how to cast and cure tiny botanicals – like pressed flowers, ferns, or wild herbs – inside clear resin to create elegant pendants, earrings, or keychains. We'll explore color tinting, layering, and UV light curing to achieve crystal-clear, professional results. Each participant will create two pieces of wearable art that capture the beauty of the natural world in lasting form. *No prior experience required.* **\$49**

20144 Sat. 3/21 10am-1pm



## LANGUAGE & CONVERSATIONAL SPEAKING

All classes held at the Corbin Art Center; 507 W. 7<sup>th</sup> Ave. unless otherwise indicated.

### Intermediate Spanish Conversation

**8 Weeks | Ages 18yrs. & Up | Mary Benham** The class will read and discuss stories by a contemporary Mexican author, Sue Zarita. Her heroines face life with gusto and overcome a variety of obstacles. Come prepared to discuss the plot and characters each week: we will review verb tenses, grammar, and idioms along the way. Students are also encouraged to talk about their memories, travels, current activities, etc. This class is designed for intermediate and advanced students who want to increase competence and fluency.

*Supply list included upon confirmation of registration. \$99*

20112 Wed. 2/4-3/24 1-2:30pm

## HISTORY & HAUNTS

All classes held at the Corbin Art Center; 507 W. 7<sup>th</sup> Ave. unless otherwise indicated.

### **NEW!** The History of Spokane in the Pioneer Era

**1 Day | Ages 18yrs. & Up** The History of Spokane in the Pioneer Era (1810-1889) at the Corbin Art Center. Coffee, spiced tea & cookies provided. Available on ZOOM as well as in person. **\$20**

20134 Sun. 3/1 1:30-3:30pm

### **NEW!** The History of Spokane in the Industrial Era

**1 Day | Ages 18+** The History of Spokane in the Industrial Era (1890-1961) at the Corbin Art Center. Coffee, spiced tea & cookies provided. Available on ZOOM as well as in person. **\$20**

20135 Sun. 3/8 1:30-3:30pm

### **NEW!** Walking Tour and Lecture on the Architecture of Downtown Spokane

**1 Day | Ages 18yrs. & Up** Walking Tour and Lecture on the Architecture of Downtown Spokane in the Industrial Era (1890-1961). Parking meters downtown are free on Sundays. Hot spiced tea and cookies provided to warm up before the walk! *Tour begins and ends under the South Lincoln Street Viaduct adjacent to the Steam Plant.* **\$20**

20136 Sun. 3/15 1:30-3:30pm

### **NEW!** The History of Modern & Dynamic Spokane

**1 Day | Ages 18yrs. & Up** The History of Modern & Dynamic Spokane (1961-2026) at the Corbin Art Center. Coffee, spiced tea & cookies provided. Available on ZOOM as well as in person. **\$20**

20137 Sun. 3/22 1:30-3:30pm

### **NEW!** Walking Tour and Lecture on Modern Spokane of the 21<sup>st</sup> Century

**1 Day | Ages 18yrs. & Up** Walking Tour and Lecture on Modern Spokane of the 21<sup>st</sup> Century (1974-2026). Parking meters downtown are free on Sundays. Hot spiced tea and cookies provided. Tour begins and ends at the Visit Spokane Office at the entrance to Riverfront Park, 507 N Howard Street. **\$20**

20138 Sun. 3/29 1:30-3:30pm

## WRITING & PERSONAL ENRICHMENT

All classes held at the Corbin Art Center; 507 W. 7<sup>th</sup> Ave. unless otherwise indicated.

### **NEW!** Short Story Writing

**6 Weeks | Ages 18yrs. & Up | Mary Fruchter** Do you want to write short stories, but aren't sure how to begin? Want to spin a web, tell a tale, and learn what makes a really good short story. Join us for this generative class. All skill abilities welcome! *Notebook, pencil or I-Pad and your ideas are the only supplies needed.* **\$125**

20113 Wed. 2/4-3/11 6-8pm

## COOKING WORKSHOPS

All classes held at the Corbin Art Center; 507 W. 7<sup>th</sup> Ave. unless otherwise indicated.

### The Art of Homebrewing

**6 Weeks | Ages 21yrs. & Up** Learn the art of homebrewing! Gain confidence, knowledge, and practical experience to brew an extract batch of beer at home. Understand ingredients used in the brewing process. Identify major beers styles and attributes, as well as appreciate a wide range of craft beers and how to evaluate for flaws and off-flavors. *Brewing demonstration, supplies, and equipment provided.*

*No Class 2/16. \$99*

20139 Mon. 2/2-3/16 6-7:30pm



## INTERIOR DESIGN AND RESTORATION

All classes held at the Corbin Art Center; 507 W. 7<sup>th</sup> Ave. unless otherwise indicated.

### **NEW!** Basics of Historic Preservation: Restoration Techniques

2 Weeks | Ages 18yrs. & Up | Cindy Blue-Blanton This class provides a foundation in Historic Preservation practices. It will introduce the student to basic skills in researching and understanding historical properties, with a special emphasis on surface treatments. It will focus on vocabulary pertaining to preservation practices, recognition of architectural periods, styles, and construction methods in Spokane. Class participants will create a reference notebook of key terms and elements. **\$49**

20158 Thurs. 3/12-3/19

6pm-8pm



# PRIVATE GROUP TOURS

Book a private snowshoe or cross country ski tour through City of Spokane Parks & Recreation!

Call 509.363.5414 or email  
[afuzak@spokanecity.org](mailto:afuzak@spokanecity.org)





**USTA**   
PACIFIC NORTHWEST

# TENNIS AFTERSCHOOL ZONE (TAZ)

SPOKANE, WASHINGTON

**WEEK OF JAN. 19 – WEEK OF MAR. 9**

**6:00PM – 7:00PM**

**Adams Elementary - Mondays**

**Bemiss Elementary - Mondays**

**Grant Elementary - Tuesdays**

**Lidgerwood Elementary - Tuesdays**

**Jefferson Elementary - Wednesdays**

**Balboa Elementary - Thursdays**

**Tennis Afterschool Zone (TAZ) is designed for kids in 1<sup>st</sup> - 5<sup>th</sup> grade and brings tennis directly to school gyms—no courts required! Using kid-friendly equipment and fun, game-based activities our goal is to help develop tennis fundamentals while also building teamwork, sportsmanship, and leadership skills.**

## WHAT TO EXPECT

- Fun, game-based learning from Safe Play™ Approved Coaches
- Free loaner racquets and appropriately-sized equipment
- Affordable pricing with scholarships available
- A welcoming, no-pressure environment for all abilities
- Opportunities to stay active, build confidence, and make new friends

The Spokane School District does not sponsor or endorse the activities and/or information contained in this material.

## READY TO PLAY?

Sign up today via the QR code and discover how easy it is to get started.

### QUESTIONS?

EMAIL [MBEDFORD@PNW.USTA.COM](mailto:MBEDFORD@PNW.USTA.COM) | 509.601.0762



**USTA**   
PACIFIC NORTHWEST

# SuperTots Winter 2026

**SuperTots Sports** provides sports programs where children discover and develop athletic skills and life lessons, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

<b>SPORT</b>	<b>DATE</b>	<b>DAY</b>	<b>TIME</b>	<b>AGES</b>	<b>REGION</b>
SoccerTots: Cubs	1/15 - 2/05	Thursdays	5:10 PM - 5:50 PM	2yr - 3yr	Northeast
SoccerTots: Bears	1/15 - 2/05	Thursdays	6:00 PM - 6:40 PM	3yr - 4yr	Northeast
SoccerTots: Grizzlies	1/15 - 2/05	Thursdays	6:50 PM - 7:30 PM	4yr - 5.5yr	Northeast
HoopsterTots: Grasshoppers	2/19 - 3/19	Thursdays	5:10 PM - 5:50 PM	2yr - 3yr	Northeast
HoopsterTots: Froggies	2/19 - 3/19	Thursdays	6:00 PM - 6:40 PM	3yr - 4yr	Northeast
HoopsterTots: Kangaroos	2/19 - 3/19	Thursdays	6:50 PM - 7:30 PM	4yr - 5.5yr	Northeast
HockeyTots: Bantams	1/12 - 2/09	Mondays	6:10 PM - 6:50 PM	3yr - 4yr	Northwest
HockeyTots: PeeWees	1/12 - 2/09	Mondays	7:00 PM - 7:40 PM	4yr - 5.5yr	Northwest
HockeyTots: PeeWee	1/14 - 2/04	Wednesdays	5:10 PM - 5:50 PM	3yr - 4yr	Northwest
HockeyTots: PeeWee/Bantams	1/14 - 2/04	Wednesdays	6:00 PM - 6:40 PM	4yr - 5yr	Northwest
HockeyTots: Bantams	1/14 - 2/04	Wednesdays	6:50 PM - 7:30 PM	5yr - 6yr	Northwest
SoccerTots: Cubs	1/27 - 3/10	Tuesdays	6:10 PM - 6:50 PM	2yr - 3yr	Northwest
SoccerTots: Bears	1/27 - 3/10	Tuesdays	7:00 PM - 7:40 PM	3yr - 4yr	Northwest
HoopsterTots: Grasshoppers	1/29 - 3/12	Thursdays	5:10 PM - 5:50 PM	2yr - 3yr	Northwest
HoopsterTots: Froggies	1/29 - 3/12	Thursdays	6:00 PM - 6:40 PM	3yr - 4yr	Northwest
HoopsterTots: Kangaroos	1/29 - 3/12	Thursdays	6:50 PM - 7:30 PM	4yr - 5.5yr	Northwest
SoccerTots: Teddies	2/18 - 3/18	Wednesdays	5:10 PM - 5:50 PM	1.5yr - 2yr	Northwest
SoccerTots: Cubs	2/18 - 3/18	Wednesdays	6:00 PM - 6:40 PM	2yr - 3yr	Northwest
SoccerTots: Bears	2/18 - 3/18	Wednesdays	6:50 PM - 7:30 PM	3yr - 4yr	Northwest
SoccerTots: Bears	3/02 - 3/23	Mondays	6:10 PM - 6:50 PM	3yr - 4yr	Northwest
SoccerTots: Cubs	3/02 - 3/23	Mondays	7:00 PM - 7:40 PM	2yr - 3yr	Northwest
HoopsterTots: Grasshoppers	1/15 - 2/05	Thursdays	6:10 PM - 6:50 PM	2yr - 3yr	Southeast
HoopsterTots: Froggies	1/15 - 2/05	Thursdays	7:00 PM - 7:40 PM	3yr - 4yr	Southeast
SoccerTots: Teddies	1/27 - 3/10	Tuesdays	5:10 PM - 5:50 PM	1.5yr - 2yr	Southeast
SoccerTots: Cubs	1/27 - 3/10	Tuesdays	6:00 PM - 6:40 PM	2yr - 3yr	Southeast
SoccerTots: Bears	1/27 - 3/10	Tuesdays	6:50 PM - 7:30 PM	3yr - 4yr	Southeast
HoopsterTots: Grasshoppers	1/28 - 3/11	Wednesdays	6:10 PM - 6:50 PM	2yr - 3yr	Southeast
HoopsterTots: Froggies	1/28 - 3/11	Wednesdays	7:00 PM - 7:40 PM	3.5yr - 4.5yr	Southeast
SoccerTots: Cubs	2/19 - 3/19	Thursdays	6:10 PM - 6:50 PM	2yr - 3yr	Southeast
SoccerTots: Bears	2/19 - 3/19	Thursdays	7:00 PM - 7:40 PM	3yr - 4yr	Southeast
SoccerTots: Cubs	1/14 - 2/04	Wednesdays	5:10 PM - 5:50 PM	2yr - 3yr	Southwest
SoccerTots: Cubs/Bears	1/14 - 2/04	Wednesdays	6:00 PM - 6:40 PM	3yr - 4yr	Southwest
SoccerTots: Bears/Grizzlies	1/14 - 2/04	Wednesdays	6:50 PM - 7:30 PM	4yr - 6yr	Southwest
HoopsterTots: Grasshoppers	1/26 - 3/16	Mondays	5:10 PM - 5:50 PM	2yr - 3yr	Southwest
HoopsterTots: Froggies	1/26 - 3/16	Mondays	6:00 PM - 6:40 PM	3yr - 4yr	Southwest
HoopsterTots: Kangaroos	1/26 - 3/16	Mondays	6:50 PM - 7:30 PM	4yr - 5.5yr	Southwest
SoccerTots: Teddies	2/18 - 3/18	Wednesdays	5:10 PM - 5:50 PM	1.5yr - 2yr	Southwest
SoccerTots: Cubs	2/18 - 3/18	Wednesdays	6:00 PM - 6:40 PM	2yr - 3.5yr	Southwest
SoccerTots: Bears	2/18 - 3/18	Wednesdays	6:50 PM - 7:30 PM	3.5yr - 4.5yr	Southwest



Register for your camp:  
[register.skyhawks.com](http://register.skyhawks.com)

Have any questions? Give us a call:  
 Phone: 800-804-3509





# Spokane Parks and Rec

## Winter 2025

**Skyhawks Sports Academy** provides sports programs where children discover and develop athletic skills and life lessons, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

<b>SPORT</b>	<b>DATE</b>	<b>DAY</b>	<b>TIME</b>	<b>AGES</b>	<b>LOCATION</b>
Indoor Soccer	1/12 - 2/23	Mondays	6:40 PM - 7:30 PM	6yr - 12yr	Jefferson Elementary
Pickleball	1/20 - 2/24	Tuesdays	6:40 PM - 7:30 PM	6yr - 12yr	Moran Prairie Elementary
Indoor Soccer	1/21 - 2/25	Wednesdays	5:40 PM - 6:30 PM	6yr - 12yr	Lidgerwood Elementary
Indoor Soccer	1/21 - 2/25	Wednesdays	6:40 PM - 7:30 PM	6yr - 12yr	Lidgerwood Elementary
Pickleball	1/22 - 2/26	Thursdays	5:40 PM - 6:30 PM	6yr - 12yr	Indian Trail Elementary
Pickleball	1/22 - 2/26	Thursdays	6:40 PM - 7:30 PM	6yr - 12yr	Indian Trail Elementary
Volleyball	3/02 - 3/30	Mondays	6:40 PM - 7:30 PM	6yr - 12yr	Jefferson Elementary
Basketball	3/03 - 3/31	Tuesdays	6:40 PM - 7:30 PM	6yr - 12yr	Moran Prairie Elementary
Volleyball	3/04 - 4/01	Wednesdays	5:40 PM - 6:30 PM	6yr - 12yr	Lidgerwood Elementary
Volleyball	3/04 - 4/01	Wednesdays	6:40 PM - 7:30 PM	6yr - 12yr	Lidgerwood Elementary
Basketball	3/05 - 4/02	Thursdays	5:40 PM - 6:30 PM	6yr - 12yr	Indian Trail Elementary
Basketball	3/05 - 4/02	Thursdays	6:40 PM - 7:30 PM	6yr - 12yr	Indian Trail Elementary



Register for your camp:  
[register.skyhawks.com](http://register.skyhawks.com)

Have any questions? Give us a call:  
Phone: 800-804-3509





# THE PODIUM



# RUN! JUMP! THROW!

Register today:  
[register.skyhawks.com](http://register.skyhawks.com)



Join us at **the Podium** for a afternoon clinic of instruction for youth in multiple track and field events, ranging from triple jump to running relays around the track!

A fantastic opportunity to run on Spokane's world class indoor track.

February 12, 2026

4:45pm - 6:15pm

**The Podium**

(511 Joe Albi Way, Spokane, WA 99201)





# OPENING DAY

## SATURDAY, NOV. 22

- No reservations required
- Skate rentals on-site
- Unlimited Ice Passes = unlimited ice skating
- Party room rentals for any celebration
- Winter Value Passes for a full day of fun



Scan for hours, pricing & more info.

## IGLOO RENTALS

Rent a private igloo for just  
\$90 for 90 minutes!

Whether you're hosting a small gathering (up to 8 people) or just want your own space to relax while enjoying time on or off the ice, our igloos are the perfect chill spot.



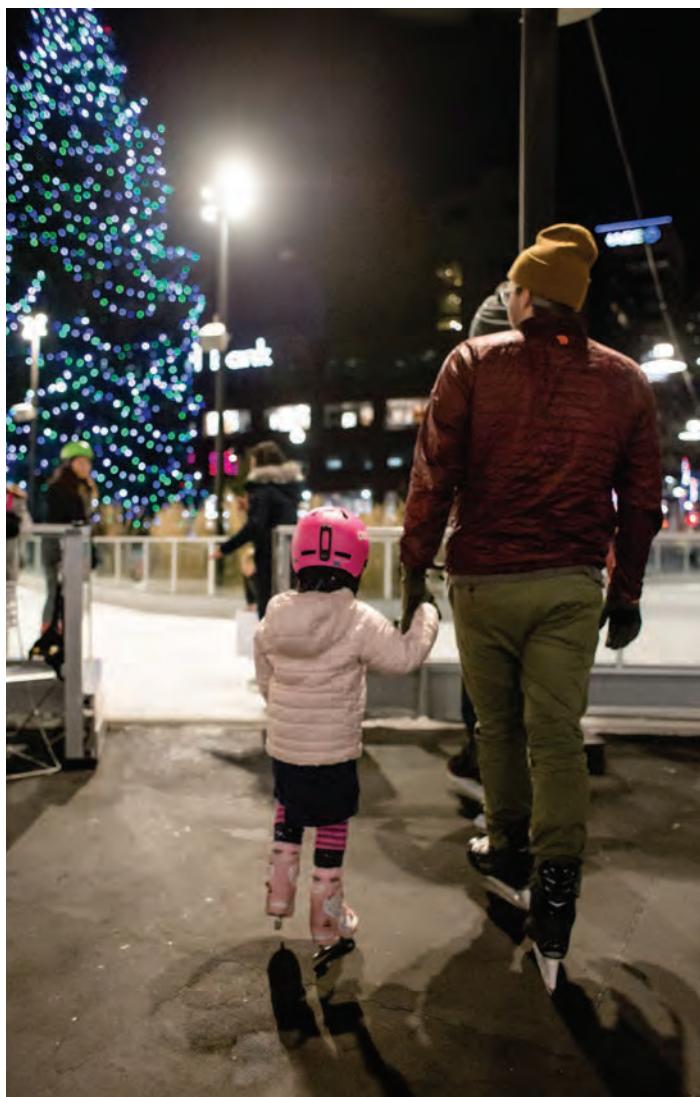
Reserve the Igloo today!



Discover the wonders of Riverfront Park, where the Looff Carousel, Gesa Pavilion, Numerica Skate Ribbon and SkyRide and picturesque Clock Tower await amidst 64 acres of breathtaking scenery. With attractions and events for every season, there's something for everyone to enjoy. For questions and inquiries, please reach out to [rfpinfo@spokanecity.org](mailto:rfpinfo@spokanecity.org).

## Numerica Tree Lighting

**1 Day | All Ages** The Numerica Tree Lighting Celebration is a signature Riverfront holiday event and a tradition for many Spokane families on Thanksgiving weekend. Festivities will kick off at 4 p.m. on Saturday, November 29<sup>th</sup> at the plaza adjacent to the Numerica Skate Ribbon with food trucks and live entertainment. Grab your ice skates, a cup of hot cocoa and join us as we count down to light our community tree at 6 p.m.  
*Numerica Skate Ribbon 720 W. Spokane Falls Blvd. **Free***  
 Sat. 11/29 4pm-7pm



## Holiday Village presented by Gesa Credit Union

**4 Days| All Ages** Experience the magic of the season at downtown Spokane's first-ever Holiday Village, presented by Gesa Credit Union! Sip hot cocoa, get creative with hands-on crafts, snap a festive photo at our holiday-themed station, and enjoy live local performances—all while discovering Spokane's most unique artisan market. Nestled inside a cozy glass-top tent beneath the twinkling LED canopy of the iconic Gesa Pavilion, this is a holiday experience you won't want to miss.

*Gesa Pavilion 574 N. Howard St. **Free Admission***

Thurs.	12/11	5pm-9pm
Fri.	12/12	5pm-9pm
Sat.	12/13	11am-9pm
Sun.	12/14	11am-6pm

## DJ Night on the Ice

**1 Day | All Ages** Join us every Friday (& New Year's Eve) on the Numerica Skate Ribbon for an exhilarating evening of skating. Enjoy live DJ music, dazzling lights, exciting contests, and much more. Get ready to glide and groove!

*Numerica Skate Ribbon 720 W. Spokane Falls Blvd. **\$7.95 - \$10.95***

Fri.	12/5	6:30-9pm
Fri.	12/12	6:30-9pm
Fri.	12/19	6:30-9pm
Fri.	12/26	6:30-9pm
Wed.	12/31	6:30-10pm
Fri.	1/2	6:30-9pm
Fri.	1/9	6:30-9pm
Fri.	1/16	6:30-9pm
Fri.	1/23	6:30-9pm
Fri.	1/30	6:30-9pm

## New Year's Eve Fireworks Celebration

**1 Day | All Ages** Ring in the New Year with friends and family at Riverfront Park on Tuesday, December 31. Fireworks will start at 9:00 p.m. for a family-friendly New Year's Eve celebration!

*Riverfront Spokane 507 N. Howard St. **Free***

Wed.	12/31	9pm
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# RIVERFRONT SPOKANE

Winter 2025-26

## Numerica Skate with the Chiefs

**1 Day | All Ages** Join us at the Numerica Skate Ribbon for a community skate night with the Spokane Chiefs. The public will have the opportunity to skate alongside their favorite players and mascot Boomer, get autographs and take pictures. Free admission and skate rentals will be provided by Numerica Credit Union to the first 300 people.

Numerica Skate Ribbon 720 W Spokane Falls Blvd. **Free**

Wed. 1/14 6-8pm

## Skate with the Squad Series

**1 Day | All Ages** Join us at the Numerica Skate Ribbon for a fun and exciting community skate night series featuring local heroes, organizations, and mascots. Each event will highlight a different community group, from police and firefighters to rangers and favorite local mascots, giving families and fans the chance to connect, skate, and celebrate together.

Numerica Skate Ribbon 720 W Spokane Falls Blvd. **\$7.95 - \$10.95**

Thurs. 1/8 6-8pm **Firefighters**

## Valentine's Day Ice Skating Special

**1 Day | All Ages** Treat your sweetheart to a romantic ice-skating date at the Numerica Skate Ribbon this Valentine's Day! For just \$14, enjoy admission and skate rentals for two!

Numerica Skate Ribbon 720 W Spokane Falls Blvd

Sat. 2/14 11am-8pm

## Leprechaun Gold Scavenger Hunt

**1 Day | All Ages** Discover treasure at Riverfront Park this St. Patrick's Day! Embark on a quest for one of many leprechaun gold coins hidden across the park, each accompanied by a complimentary ticket for a ride on the Looff Carrousel. Limited to one coin per person.

Riverfront Park 507 N Howard St. **Free**

Tues. 3/17 11am



## Spring Market

**1 Day | All Ages** Springtime is here, and vendor booths are in bloom! Come join us Wednesday, April 8<sup>th</sup>, 12-6 for the Spring Market that features local vendors, food trucks, and more! Fun for the whole family, come browse, shop, and play!

Riverfront Park 507 N Howard St. **Free**

Wed. 4/8 12-6pm

## Easter Egg Hunt

**1 Day | All Ages** Celebrate the Saturday before Easter with a free Easter Egg Hunt at Riverfront Park. We've partnered with One Heart Spokane and The Isaac Foundation, who graciously contributed thousands of eggs and candy, bringing the grand total to over 15,000 eggs! Join us for a fun-filled event you won't want to miss.

Riverfront Park 507 N Howard St. **Free**

Sat. 4/4 10am

# SKYHIGH SAVINGS

**\$5 OFF**  
per admission

**Special offer for Spokane County Residents.**  
Mention "Skyhigh Savings" at the cashier counter to redeem \$5 off per admission to the Numerica SkyRide (up to 4 tickets).  
Offer expires 2/28/26.

NUMERICA SKYRIDE



## RIVERFRONT CHILDREN & FAMILIES

### Story Time at the Carrousel

**1 Day | Ages 2-5yrs.** Join us in the Looff Carrousel party room at for Story Time every third Friday of each month. Story Time is an early literacy activity designed to spark and engage the young imagination with stories, songs, and preschool activities. \$1 Carrousel rides offered to those who attend.

Looff Carrousel 620 W. Spokane Falls Blvd. **Free**

Fri.	12/19	11am-Noon
Fri.	1/16	11am-Noon
Fri.	2/20	11am-Noon
Fri.	3/20	11am-Noon
Fri.	4/17	11am-Noon



## HEALTHY LIVING

### Learn to Skate with Lake City Figure Skating Club

**1 Day | All Ages** Join the coaches of Lake City Figure Skating each week and learn the FUNDamentals of ice skating. Skaters will work through the curriculum of Learn to Skate USA and come away with new skills, increased self-confidence, and lots of fun memories. All ages are welcome!

Riverfront Park 507 N Howard St. **\$182**

Sat.	12/06	10am-11am
Sat.	12/13	10am-11am
Sat.	12/20	10am-11am
Sat.	1/10	10am-11am
Sat.	1/17	10am-11am
Sat.	1/24	10am-11am
Sat.	1/31	10am-11am

### Coaches Corner

**1 Day | All Ages** On select Saturdays, the skilled coaches from Spokane Figure Skating Club will be at the Numerica Skate Ribbon offering valuable tips and guidance to emerging skaters. Regular skate admission is required.

Riverfront Park 507 N Howard St. **\$6.95 - \$9.95**

Sat.	12/6	11am-1pm
Sat.	12/20	11am-1pm
Sat.	1/17	11am-1pm
Sat.	1/31	11am-1pm

### Cheap Skate Tuesdays

**1 Day | All Ages** Join us on Tuesdays at the Numerica Skate Ribbon this winter for Cheap Skate Tuesday. Free skate rentals provided with each paid admission (\$7.95 value).

Numerica Skate Ribbon 720 W Spokane Falls Blvd. **\$7.95 - \$10.95**

Tues.	1/6	11am-8pm
Tues.	1/13	11am-8pm
Tues.	1/20	11am-8pm
Tues.	1/27	11am-8pm
Tues.	2/3	11am-8pm
Tues.	2/10	11am-8pm
Tues.	2/17	11am-8pm
Tues.	2/24	11am-8pm





**Life Enrichment programs** are activities designed to provide participants with an opportunity to explore new things and develop interests. These activities promote health, wellness, fun, socialization, critical thinking, and problem-solving skills. They make learning something new more meaningful, valuable, and rewarding.

## Zumbini® Music & Movement

**6 Weeks | Ages 0-4yrs. | Carrie Jahns** Zumbini® is a music and movement class created by Zumba® and BabyFirst for ages 0-4 and their caregivers. This class includes play-based music activities, singing and dancing. Come sing, dance and play with us as you bond with your child! *Southside Community Center, 3151 E 27<sup>th</sup> Ave. \$73*

\*Youth Scholarship Eligible Program:

[spokaneparks.org/scholarships](http://spokaneparks.org/scholarships) for more information\*

20018	Thurs.	1/8-2/12	9:30-10am
20019	Thurs.	2/19-3/26	9:30-10am

## NEW! Winter Dance Camps - Move, Create & Shine!

**3 Days | Ages 5-12yrs. | Vivian LaCerda** Join us for a fun-filled weekend of movement, creativity, and friendship! Dancers will explore ballet, jazz, contemporary, and improv while also learning the art of choreography. Our camp is designed to nurture techniques, self-expression, and confidence in a supportive environment. Perfect for both beginners and dancers with experience, this camp is all about growing skills, discovering creativity, and celebrating the joy of dance! *Finch Arboretum, 3404 W. Woodland Blvd. \$150*

20173	Fri.	1/16	5:30-7:30pm
	Sat./Sun.	1/17-1/18	1-4pm
20174	Fri.	1/23	5:30-7:30pm
	Sat./Sun.	1/24-1/25	1-4pm
20175	Fri.	1/30	5:30-7:30pm
	Sat./Sun.	1/31-2/1	1-4pm

## Wellness Benefits of Yoga

Numerous academic studies have shown that yoga offers a range of benefits, including reduced stress, improved flexibility, and mental well-being (Cramer et al., 2018). It also contributes to better cardiovascular health and overall quality of life (Riley et al., 2015).

## Yoga Basic- Virtual

**6 Weeks | Ages 16yrs. & Up | Robin Marks** For the winter session, no weather-related class cancellations or harrowing icy drives with these virtual classes. Enjoy the comfort of your home with the same guidance and motivation of in-person classes. For new and continuing students strengthen, stretch and release muscle tensions while settling into a relaxed and peaceful mental state. Instructor Robin Marks was one of the early pioneers to first bring yoga to Spokane. **\$80**

20022	Tues.	1/20-2/24	5:30-6:30pm
20024	Thurs.	1/22-2/26	5:30-6:30pm
20023	Tues.	3/3-4/7	5:30-6:30pm
20025	Thurs.	3/5-4/9	5:30-6:30pm

## Yoga Gentle Stretch - Virtual

**6 Weeks | Ages 16yrs. & Up | Robin Marks** If you're dealing with some aches and pains or just getting back into exercising, this class has an accommodating approach. This class provides the same benefits as Basic Yoga but dialed down just a little. Instructor, Robin Marks, was one of the early pioneers to first bring yoga to Spokane. **\$80**

20020	Sat.	1/24-2/28	9-10am
20021	Sat.	3/7-4/18	9-10am

**CALL US**

Call 311  
or outside the city at  
509.755.CITY  
Fax 509.625.6990



**REGISTER ONLINE**  
[SpokaneRec.org](http://SpokaneRec.org)



**MAIL US**

City of Spokane Parks &  
Recreation Class Registration  
808 W. Spokane Falls Blvd.  
Spokane WA 99201

\*checks payable to City of Spokane





### Barre Foundations

**6 Weeks | Ages 18yrs. & Up | Carrie Jahns** Barre Foundations is designed to increase flexibility, improve cardio, and develop overall muscle endurance and strength. A fusion of Pilates and yoga, Barre also includes elements of ballet, resulting in a low-impact, moderate-intensity full body workout. You will enjoy improvements in posture and balance, while having fun moving your body. Join us today! *Southside Community Center, 3151 E 27<sup>th</sup> Ave. \$83*

20029	Mon.	1/5-2/9	6-7pm
20030	Mon.	2/23-3/30	6-7pm

### Barre Restore

**6 Weeks | Ages 18yrs. & Up | Carrie Jahns** Restore Barre is a full-body, low-impact workout that includes elements of Pilates, Yoga and Dance. This class contains 35 minutes of traditional Barre exercises, followed by 20 minutes of strength and restoration. During that time, we will focus on intentional stretching and longer holds. This is a great way to end your busy week! Please bring a yoga mat and grip socks. *Southside Community Center, 3151 E 27<sup>th</sup> Ave. \$83*

20026	Thurs.	1/8-2/12	10:15-11:15am
20031	Thurs.	2/19-3/26	10:15-11:15am



### Longevity Fit for Healthy Aging

**8 Weeks | Ages 55yrs. & Up** Longevity Fit is a fun and effective workout program targeting the mature individual that will improve physical and mental wellness. The class is dedicated to help rebuild and maintain your foundation by enhancing strength, stamina, balance, agility, and mobility. If you desire to be active throughout your life, then Longevity Fit for Healthy Aging is an ideal workout class for you! We would love to have you join us and become part of a fun and active class community!

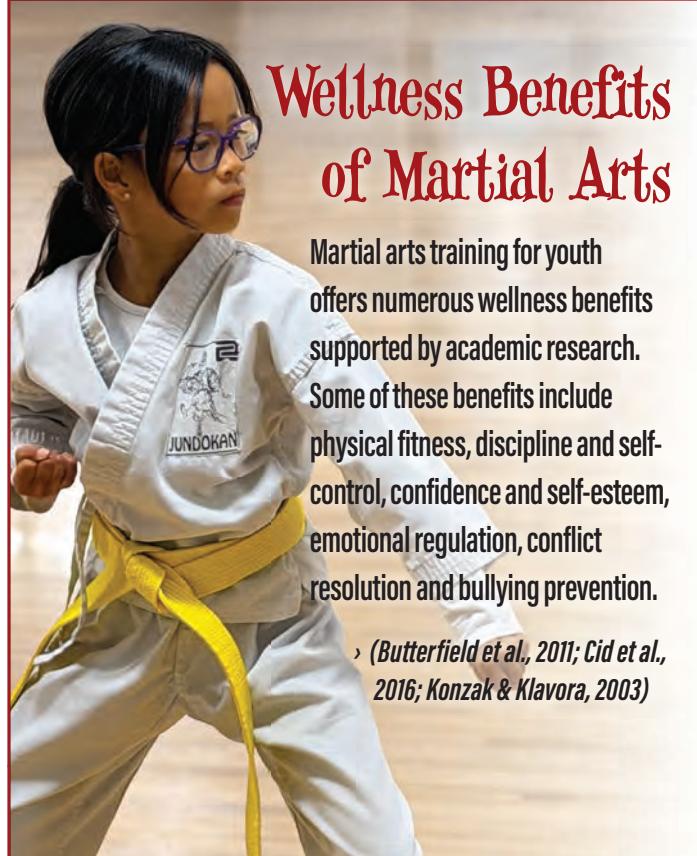
*Shadle Park Library, 2111 W. Wellesley Ave. \$135*

20040	Tues./Thurs.	1/6-2/26	10am-11am
20041	Tues./Thurs.	3/3-4/23	10am-11am

*Southside Senior and Community Center, 3151 E. 27<sup>th</sup> Ave. \$135*

20042	Wed./Fri.	1/7-2/27	9am-9:50am
20043	Wed./Fri.	3/4-4/24	9am-9:50am

## Wellness Benefits of Martial Arts



Martial arts training for youth offers numerous wellness benefits supported by academic research. Some of these benefits include physical fitness, discipline and self-control, confidence and self-esteem, emotional regulation, conflict resolution and bullying prevention.

› (Butterfield et al., 2011; Cid et al., 2016; Konzak & Klavora, 2003)

### Karate Traditional Okinawan Goju Ryu

**4 weeks | Ages 6-14yrs. & Adults | Sensei Mary Roe** These classes follow the traditional practices and respect associated with Okinawan Goju Ryu, which stresses a balance of hand and foot techniques, practical self-defense, and physical conditioning. Beginners and experienced practitioners, regardless of style are welcome. Gis (karate uniform) is required. Please contact the instructor at 480-338-9131 for questions. *Southside Community Center, 3151 E 27<sup>th</sup> Ave. \$45*

#### Youth Ages 6-16yrs.

20010	Tues./Thurs.	1/6-1/29	4-5pm
20012	Tues./Thurs.	2/3-2/26	4-5pm
20014	Tues./Thurs.	3/3-3/26	4-5pm
20016	Tues./Thurs.	3/31-4/30	4-5pm

#### Adults Ages 16yrs. & Up

20011	Tues./Thurs.	1/6-1/29	5:10-6:10pm
20013	Tues./Thurs.	2/3-2/26	5:10-6:10pm
20015	Tues./Thurs.	3/3-3/26	5:10-6:10pm
20017	Tues./Thurs.	3/31-4/30	5:10-6:10pm



# 2026 YEAR AT A GLANCE

## WINTER

### ADULT VOLLEYBALL

- Starts Jan. 5, 2026
- Registration Opens: Nov. 3, 2025



## SPRING

### ADULT FLAG FOOTBALL

- Starts March 1, 2026
- Registration Opens: Jan 5, 2026

### ADULT SOFTBALL

- Starts April 26, 2026
- Registration Opens: Feb 9, 2026

### ADULT VOLLEYBALL

- Starts April 6, 2026
- Registration Opens: Feb 9, 2026



## SUMMER

### ADULT SOFTBALL

- Starts June 28, 2026
- Registration Opens: May 4, 2026

### ADULT VOLLEYBALL

- Starts June 3, 2026
- Registration Opens: April 13, 2026



## FALL

### ADULT FLAG FOOTBALL

- Starts August 30, 2026
- Registration Opens: June 29, 2026

### ADULT SOFTBALL

- Starts Sept 1, 2026
- Registration Opens: July 13, 2026

### ADULT VOLLEYBALL

- Starts Sept. 28, 2026
- Registration Opens: August 10, 2026





## ADULT VOLLEYBALL

**Ages 18yrs. & Up** (16-17-year-olds allowed with signed parental waiver). Whether you are a team of seasoned players or new to the game, we have a division for you. We offer Coed 6's with various skill levels from B (competitive) to C (recreational). We also offer Coed 4's and Women's 4's. Games are played at local middle school gymnasiums between the hours of 6:15pm and 9:30pm. *Locations, Dates, and Times are subject to change based on school district facility availability.*

## WINTER VOLLEYBALL LEAGUE

**Early Bird Registration:** November 3–November 16 (**\$25 Discount**)

**Regular Registration:** November 17–December 14

**Late Registration (while space allows):** December 15–December 27 (**+\$50 Fee**)

Activity Number	Division	Location	Days	Dates	Registration Fee
20154	Coed Upper B	Glover/Garry	Mon.	1/5-3/30	<b>\$385 + tax</b>
20152	Coed Lower B	Garry/Glover	Mon.	1/5-3/30	<b>\$385 + tax</b>
20147	Coed 4's Upper	Chase/Shaw	Tues.	1/6-3/31	<b>\$265 + tax</b>
20146	Coed 4's Lower	Shaw/Chase	Tues.	1/6-3/31	<b>\$265 + tax</b>
20145	Women's 4's Upper	Glover/Garry	Wed.	1/7-4/1	<b>\$265 + tax</b>
20148	Women's 4's Lower	Garry/Glover	Wed.	1/7-4/1	<b>\$265 + tax</b>
20153	Coed B	Sac/Garry/Salk	Thurs.	1/8-4/2	<b>\$385 + tax</b>
20151	Coed C	Salk/Garry/Sac	Thurs.	1/8-4/2	<b>\$385 + tax</b>
20150	Coed Upper C	Chase	Fri.	1/9-4/3	<b>\$385 + tax</b>
20249	Coed Intermediate C	Salk	Fri.	1/9-4/3	<b>\$385 + tax</b>
20149	Coed Lower C	Shaw	Fri.	1/9-4/3	<b>\$385 + tax</b>

*\*Locations, Dates and Times are subject to change based on school district facility availability.*

**CALL  
US**

Call 311  
or outside the city at  
**509.755.CITY**  
Fax 509.625.6990



**REGISTER ONLINE**  
[SpokaneRec.org](http://SpokaneRec.org)



**MAIL  
US**

City of Spokane Parks &  
Recreation Class Registration  
**808 W. Spokane Falls Blvd.**  
**Spokane WA 99201**

\*checks payable to City of Spokane



## Healthy Competition

Team sport participation may be a useful activity to recommend for parents of young children, who are typically challenged by lower well-being, stress, and social isolation from other adults.

› *Oxford Academic Journal*





## SPRING VOLLEYBALL LEAGUE

**Early Bird Registration:** February 9–February 22 (**\$25 Discount**)

**Regular Registration:** February 23–March 15

**Late Registration (while space allows):** March 16–March 29 (**+\$50 Fee**)

Activity Number	Division	Location	Days	Dates	Registration Fee
20166	Coed Upper B	Podium/Glover	Mon.	4/6–6/1	<b>\$295 + tax</b>
20167	Coed Lower B	Podium/Glover	Mon.	4/6–6/1	<b>\$295 + tax</b>
20163	Coed 4's Upper	Podium/Chase	Tues.	4/7–6/2	<b>\$205 + tax</b>
20160	Coed 4's Lower	Podium/Shaw	Tues.	4/7–6/2	<b>\$205 + tax</b>
20162	Women's 4's Upper	Podium/Glover	Wed.	4/8–6/3	<b>\$205 + tax</b>
20161	Women's 4's Lower	Podium/Garry	Wed.	4/8–6/3	<b>\$205 + tax</b>
20250	Men's 4's	Podium/Garry/Glover	Wed.	4/8–6/3	<b>\$205 + tax</b>
20169	Coed B	Podium/Sac	Thurs.	4/9–6/4	<b>\$295 + tax</b>
20165	Coed C	Podium/Salk	Thurs.	4/9–6/4	<b>\$295 + tax</b>
20164	Coed Upper C	Podium/Chase	Fri.	4/10–6/5	<b>\$295 + tax</b>
20251	Coed Intermediate C	Podium/Salk	Fri.	4/10–6/5	<b>\$295 + tax</b>
20168	Coed Lower C	Podium/Shaw	Fri.	4/10–6/5	<b>\$295 + tax</b>

*\*Locations, Dates, and Times are subject to change based on school district facility availability. We will use any available dates given to us at The Podium.*

## ADULT FLAG FOOTBALL

### Spring Flag Football

**7 Weeks | Ages 18yrs. & Up** The SPRD Adult Flag Football Program offers both Competitive and Recreational divisions for both 5v5 and 8v8 formats. All games are played on the turf fields at the Dwight Merkel Sports Complex on Friday nights (8v8 only) and all day on Sundays. *Dwight Merkel Sports Complex, 5701 N. Assembly, 8v8: \$905 | 5v5: \$455*

**Regular Registration Deadline:** Jan. 5<sup>th</sup>, 2026

**Late Registration:** (+\$45) will be accepted through Feb. 20<sup>th</sup>, 2026, as space allows.

Activity #	Division	Days	Dates	Reg. Fee
20215	8v8 Competitive	Sun & Fri.	3/1-4/26	<b>\$905</b>
20216	8v8 Recreational	Sun & Fri.	3/1-4/26	<b>\$905</b>
20218	5v5 Competitive	Sun.	3/1-4/26	<b>\$455</b>
20217	5v5 Recreational	Sun.	3/1-4/26	<b>\$455</b>





## SPRING SOFTBALL LEAGUE

**6 Weeks | Ages 18yrs & Up** Join us this season for the best softball competition in town and register your team today! SPRD offers a variety of divisions including Men's or Coed: D (*Competitive*), E+ (*Semi-Competitive*), & E (*Recreational/Beginner*). Play 6 weeks of double-header games at the Dwight Merkel Sports Complex, 5701 N. Assembly or Franklin Park Softball Complex, (302 W. Queen Ave.) Team registration fee includes: 12 game guarantee, a set of balls, a scorebook, line-up cards, and umpire fees for the season. *The athletics department reserves the right to move teams to a different division based on past standings and needs.* **\$831**

Regular Registration Dates: April 3<sup>rd</sup> as space allows

Late Registration Deadline: (+\$35) will be accepted as space allows.

### Women's Leagues

Activity Number	Division	Days	Dates	Time
20224	Women's Open	Mon.	4/27-6/8	6pm-9pm

### Coed Leagues

20219	Coed D ( <i>Competitive</i> )	Sun.	4/26-6/7	6pm-9pm
20220	Coed E+ ( <i>Semi-Competitive</i> )	Sun.	4/26-6/7	6pm-9pm
20221	Coed E ( <i>Recreational/Beginner</i> )	Sun.	4/26-6/7	6pm-9pm
20225	Coed D ( <i>Competitive</i> )	Tues.	4/28-6/9	6pm-9pm
20226	Coed E+ ( <i>Semi-Competitive</i> )	Tues.	4/28-6/9	6pm-9pm
20229	Coed E ( <i>Recreational/Beginner</i> )	Tues.	4/28-6/9	6pm-9pm
20234	Coed D ( <i>Competitive</i> )	Thurs.	4/30-6/4	6pm-9pm
20235	Coed E+ ( <i>Semi-Competitive</i> )	Thurs.	4/30-6/4	6pm-9pm
20236	Coed E ( <i>Recreational/Beginner</i> )	Thurs.	4/30-6/4	6pm-9pm

### Men's Leagues

20222	Men's D / E+ ( <i>Competitive / Semi-Competitive</i> )	Mon.	4/27-6/8	6pm-8:45pm
20223	Men's E ( <i>Recreational/Beginner</i> )	Mon.	4/27-6/8	6pm-8:45pm
20230	Men's D / E+ ( <i>Competitive / Semi-Competitive</i> )	Wed.	4/29-6/3	6pm-8:45pm
20231	Men's E ( <i>Recreational/Beginner</i> )	Wed.	4/29-6/3	6pm-8:45pm

### NEW Men's Late Night Leagues

20227	Men's E+ ( <i>Semi-Competitive</i> )	Mon.	4/27-6/8	8:45pm-11:15pm
20228	Men's E ( <i>Recreational/Beginner</i> )	Mon.	4/27-6/8	8:45pm-11:15pm
20232	Men's E+ ( <i>Semi-Competitive</i> )	Wed	4/29-6/3	8:45pm-11:15pm
20233	Men's E ( <i>Recreational/Beginner</i> )	Wed.	4/29-6/3	8:45pm-11:15pm



Located at Flight 509  
10502 E Montgomery Dr, Spokane Valley

## LASER TAG TEAM LEAGUE

6 weeks | Ages 18 & over

Experience excitement, exercise, and friendly competition in our laser tag arena! We provide everything you need to play, featuring Spokane's only two-story laser tag facility. Enjoy thrilling offensive and defensive gameplay themes.

Teams will consist of three players each. Don't have a team? No problem! Free agents welcome.

\$39/person | \$99/team

Individual Registration: 20286 | Thurs. | 2/05 - 3/12 | 6-8pm

Individual Registration: 20288 | Thurs. | 3/19 - 4/23 | 6-8pm

Team Registration: 20285 | Thurs. | 2/05 - 3/12 | 6-8pm

Team Registration: 20287 | Thurs. | 3/19 - 4/23 | 6-8pm

**REGISTER AT SPOKANEREC.ORG**

**NEW!**

# HOLIDAY 4-PACK PASS

One round at each City of Spokane  
golf course in 2026 | Just \$199!

**MAKES A GREAT GIFT!**  
PURCHASE BY VISITING ANY CITY OF SPOKANE GOLF  
COURSE OR CITY HALL (608 W SPOKANE FALLS BLVD)  
MUST PURCHASE BEFORE DECEMBER 31 2025



# Summer employment at Parks & Recreation

## POOLS

What could be better than getting paid to spend the days of summer outside at the pool?

### Available Positions:

- Swim and water exercise instructor
- Asst. Swim Coach
- Lifeguard, and more!

## THERAPEUTIC RECREATION

Specialized and Adaptive Recreation Services for Individuals with Disabilities.

### Funshine Day Camp Available Positions:

- Camp Activity Leader

## OUTDOOR RECREATION

Get outdoors and get paid!

### Available Positions:

- Lead or Assist groups on outdoor tours to various locations including lakes, rivers, mountains, caves and more!
- Adventure Camp Counselor
- Little Spokane River Shuttle Staff

## GOLF

There's no bad days at a golf course!

### Available Positions:

- Golf Grounds Crew

## SPORTS

Get paid to share your love of sports!

### Available Positions:

- Adult Softball Site Supervisor
- Adult Softball Umpire
- Adult Flag Football Referee
- Adult Flag Football Site Supervisor
- Youth NFL Flag Site Supervisor

## SUMMER CAMPS

### Available Positions:

- Summer Art Camp Assistant
- Summer Art Camp Instructor
- Outdoor Adventure Camp Counselor
- Summer Day Camp Counselor
- Finch Arboretum Summer Art & Science Camp Counselor

## PARKS

Help care for our beautiful parks and open spaces!

### Available Positions:

- Sports Field Maintenance
- Custodian / Rover
- Park Caretaker
- Right of Way Maintenance
- Trail Maintenance



SCAN ME!

# SYSCA

## Spokane Youth and Senior Center Association

Spokane Parks and Recreation affiliates itself with nine (9) non-profit community organizations benefitting older adults and young children. We greatly appreciate our relationship with these centers and their individual recreation programs.

The centers are non-profit organizations officially represented by the Spokane Youth and Senior Center Association (SYSCA).

SYSCA was formed in 2012 and its main focus is to work collectively to represent the thousands of citizens who partake in the programs and services SYSCA organizations provide.

### CORBIN SENIOR ACTIVITY CENTER

827 W Cleveland Ave.  
[www.corbinseniorcenter.org](http://www.corbinseniorcenter.org)  
509-327-1584

### HILLYARD SENIOR CENTER

4001 N Cook St.  
[www.hillyardseniorcenter.org](http://www.hillyardseniorcenter.org)  
509-482-0803

### MARTIN LUTHER KING JR. CENTER

500 S Stone Street  
[www.mlkspokane.org](http://www.mlkspokane.org)  
509-868-0856

### MID-CITY CONCERN'S SENIOR CENTER

1222 W 2nd Ave.  
[www.mowspokane.org/senior-center](http://www.mowspokane.org/senior-center)  
509-862-6356

### NORTHEAST YOUTH CENTER

3004 E Queen Ave  
[www.spokaneneyc.com](http://www.spokaneneyc.com)  
509-482-0708

### PROJECT JOY

3151 E 27th Ave  
[www.projectjoy.org](http://www.projectjoy.org)  
509-535-0584

### SINTO SENIOR CENTER

1124 W Sinto Ave.  
[www.sintocenter.org](http://www.sintocenter.org)  
509-327-2861

### SOUTHSIDE COMMUNITY & SENIOR CENTER

3151 E 27th Ave.  
[www.spokanesouthside.org](http://www.spokanesouthside.org)  
509-535-0803

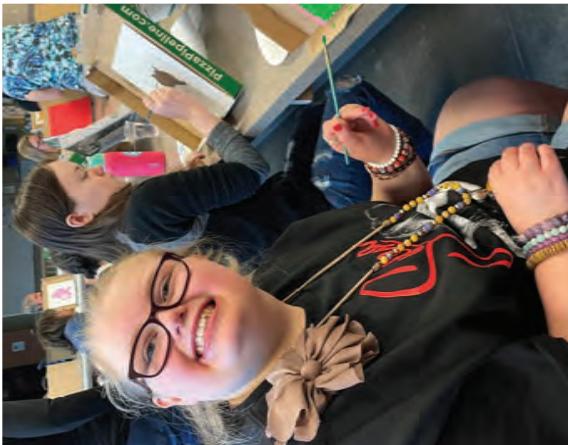
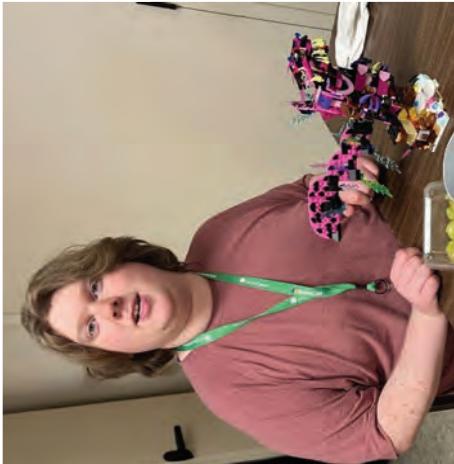
### WEST CENTRAL COMMUNITY CENTER

1603 N Belt  
[www.westcentralcc.org](http://www.westcentralcc.org)  
509-326-9540



# THERAPEUTIC RECREATION SERVICES

Winter 2025-26 | September - December



Therapeutic Recreation Services provides recreational opportunities for people with disabilities. If you do not have a disability and are interested in taking the class or volunteering, please email: [trs@spokanecity.org](mailto:trs@spokanecity.org)

## TRS SKIING

### TRS Powderhounds Alpine Ski & Snowboard Program

#### 1 Lesson | Ages 6yrs. & Up

One to one instructor/student ratio with volunteers trained in PSA methods and therapeutic recreation elements. Course gives people opportunities to experience freedom and control of gliding down the slopes. Lessons offered are sit-ski (mono & bi), snowboarding, stand up with outriggers (3 & 4 track) for amputee/balance needs as well as stand up (2 track) for those with cognitive, visual or sensory needs. We ski/ board at Mt. Spokane on Saturdays and meet at Lodge #1 Yurt or our Snowsports chalet at the base of chair #5. To enroll in this class there is a separate registration form. Please find on web website [www.spokaneparks.org](http://www.spokaneparks.org) or email Sara Bryant [smbryant@spokanecity.org](mailto:smbryant@spokanecity.org) or call 509.363.5414. **No class 2/7.**

**\$75 per lesson** (Includes instruction, ticket and equipment if needed.)

Enroll in 4 lessons and a season pass will be included.

General TRS registration forms will not be accepted for these ski programs

### TRS Cross Country Skiing Lessons - Blue Waxers

#### 7 Weeks | Ages 12yrs. & Up

The class is designed for people with developmental disabilities. Fresh air, experience and fun are just a few benefits of this activity. We ski at Mt. Spokane on the terrific trail system. Participants should be able to walk a mile with minimal difficulty. The class size is limited to the number of volunteers. Separate registration form is required. Please find on web site: [spokaneparks.org](http://spokaneparks.org) or call 509.363.5414 or email [smbryant@spokanecity.org](mailto:smbryant@spokanecity.org). **No ski class on Langlauf Community Nordic Race is Sunday January 25. If interested in doing each skier must pre-register and pay for event on own. TRS will provide supervision and transportation.**

**Lessons & Equipment \$145**

Meet at Sellirk Lodge, Mt. Spokane. Parking permit required.

20048 Sat. 1/10-2/28

Lessons, Transportation, & Equipment **\$199**

20047 Sat. 1/10 - 2/28

9:00am-1:30pm

**Transportation ONLY for AM Lessons \$20 per lesson**

Transportation is provided from Park Operations- 2304 E. Mallon Ave. and Yokes, 1402 N. Market St.

20004 Sat. 1/17

**7:45am-2pm**

20005 Sat. 1/24

**7:45am-2pm**

20006 Sat. 1/31

**7:45am-2pm**

20007 Sat. 2/14

**7:45am-2pm**

20008 Sat. 2/21

**7:45am-2pm**

20009 Sat. 2/28

**7:45am-2pm**

**The Bus will leave:**

Park Operations 2304 E. Mallon Ave. 7:45am / Yokes Mt. Spokane Day Road 8:15am

**The Bus will return:**

Yokes Mt. Spokane Day Road 1:30pm / Park Operations 2304 E. Mallon Ave. 2:00pm

Please remember that the bus may arrive back early or be a few minutes late depending on road conditions. Be on time for pick-up to avoid delays for the group. Late fees may apply. If using paratransit, use only Park Operations, 2304 E. Mallon Ave. as a transportation site. Only available for those taking AM lessons. Must be able to load own equipment and be responsible for personal items. **Must indicate which transportation site you will be using on your registration form. \***



Therapeutic Recreation Services provides recreational opportunities for people with disabilities. If you do not have a disability and are interested in taking the class or volunteering, please email: [trs@spokanecity.org](mailto:trs@spokanecity.org)

## TRS SKIING (Continued)

### 6<sup>th</sup> Annual Powderhounds Cup

Celebrate the end of the season by participating in the annual Powderhounds Cup. Mt. Spokane staff and MSSRA will set up a course on Chair 5 & 3. All who are able and want to race can do. This is an extra day outside of our 6-week lesson program. Powderhound volunteers will supervise students while going through the courses. Once racing is completed, supervision will be the responsibility of the parent/caregivers unless TRS provided them transportation for the day. We want this to be a family event so all are invited to the after-race festivities of music, food and prizes. No fee. We are currently looking for this year's sponsors. If interested, please contact [Sara Bryant](mailto:smbryant@spokanecity.org) [smbryant@spokanecity.org](mailto:smbryant@spokanecity.org) or call 509.363.5414 Sat. 9:00am - 2:00pm

3/7

9:00am - 2:00pm



## 2026 SKI & SNOWBOARD VOLUNTEER TRAINING CLINICS

These **MANDATORY** clinics will help teach new and returning instructors skill progressions and new teaching techniques. We will be observing your ability to work with people, your ability to ski, and your ability to teach to ensure a quality program. Must be able to ski or snowboard independently. Need to provide own equipment. Preferred to be able to do intermediate (blue runs) or above skills. **Instructors are asked to commit to volunteering at least 6 lessons, so students experience consistent instruction. Volunteer registration packet is available on online or by emailing Sara Bryant [smbryant@spokanecity.org](mailto:smbryant@spokanecity.org). Registration fee covers background check, clinician fees and lift tickets.**

All **NEW** Instructor Meeting for Powderhounds & Blue Waxers  
Tuesday, December 2 6-7:30pm at Park Operations, 2304 E Mallon Ave.

### Blue Waxers Training

**Course Code:** 20499  
**Fee:** \$10

Blue Waxers teaches those with developmental disabilities how to cross-country ski. Preferred to have advanced beginner to intermediate skills. **Held at Selkirk Lodge.** Includes training, background check and more. Must have Sno-Park Permit.

### Powderhounds (NEW Instructors)

Course Code:	Fee:	Course Code:	Fee:
19991	\$55	19989 (without Pass)	\$55
		19989 (with Pass)	\$35

**Dryland Training:** Friday 1/19 6:00-8:30pm  
*Park Operations, 2304 E. Mallon Ave.*

**On Snow Training:** Saturday 1/20 8:30am-4:00pm  
and Sunday 1/21 8:30am-4:00pm  
**Mt. Spokane Ski & Snowboard Resort**

**CALL US**  
Call 311  
or outside the city at  
509.755.CITY  
Fax 509.625.6990

**REGISTER ONLINE**  
[SpokaneRec.org](http://SpokaneRec.org)



**MAIL US**  
City of Spokane Parks & Recreation Class Registration  
808 W. Spokane Falls Blvd.  
Spokane WA 99201  
\*checks payable to City of Spokane

## JANUARY EVENTS

Therapeutic Recreation Services provides recreational opportunities for people with disabilities. If you do not have a disability and are interested in taking the class or volunteering, please email: [trs@spokanecity.org](mailto:trs@spokanecity.org)

### TRS Bowling & Pizza

**1 Day | Ages 16yrs. & Up** Join us for an afternoon of bowling, pizza, fun and friends. Fee includes everything so extra money is not required.

Meet at *Lilac Lanes, 1112 E Magnesium Rd.* **\$33**

**20062 Wed. 1/21 1:00-3:30pm**

### TRS Spokane Chiefs Hockey

**1 Day | Ages 18yrs. & Up** Action-packed ice hockey from the Spokane Chiefs major junior team that plays in the Western Hockey League. Cheer on the Chiefs with your friends. Sign-up fee covers staff, & tickets. Meet at *Spokane Veterans Memorial Arena main entrance, Boone & Howard.* **\$39**

**Chiefs v. Everett Silvertips**

**18555 Fri. 1/30 6:30-9:45pm**

### TRS Classy Crafts

**4 Weeks | Ages 16yrs. & Up** Explore your creative side and make a variety of beautiful and meaningful crafts each week.

Participants will have the opportunity to improve skills such as fine motor, socialization, and communication. Class meets at *Park Operations lunchroom, 2304 E. Mallon Ave.* **\$49**

**20050 Thurs. 1/8-1/29 4:15-5:30pm**

### TRS Cornhole & Pizza

**4 Weeks | Ages 14yrs. & Up** Everyone can have fun and play this favorite lawn game - corn hole. Laughter and friendly competition will abound. Pizza will be served. Meet at *Fowler United Methodist Church, 3928 N. Howard.* **\$63**

**20070 Mon. 1/12-2/2 5:00-6:30pm**

### TRS Friday Night Jam

**1 Day | Ages 18yrs. & Up** Come rock and swing at Spokane's oldest ongoing nightclub for people with developmental disabilities. If participants require direct supervision, then care providers need to attend. Dates and themes vary. Meet at *West Central Community Center, 1603 N. Belt.* **\$12**

**20068 Fri. 1/9 7:00-8:30pm**

### TRS Line Dancing

**4 Weeks | Ages 14yrs. & Up** Easy beginner line dancing is for everyone. Grab your dancing shoes and join us as we learn the fundamentals of line dancing and other dances such as the Macarena, YMCA, Alley Cat, and more. Meet at *Fowler United Methodist Church, 3928 N. Howard.* **\$33**

**20064 Mon. 1/12-2/2 3:30-4:30pm**

### TRS SWIMMING

**9 Weeks | Ages 7yrs. & Up**

Meet at *Whitworth University Aquatic Center, 300 W. Hawthorne.*  
No classes 0/19.

### Blue Dolphin

For people with developmental disabilities who want to swim competitively or get a good workout. Ability to swim 75 yards without assistance and with rhythmic breathing. **\$69**

**19691 Sun. 1/18 - 3/15 2:15-3:45pm**

### Learn to Swim (Beginner)

Individuals will learn how to face float, back float, kick with floats and learn the crawl stroke with rotary breathing. Elementary back stroke and back crawl will be taught with the goal of swimming 20 yards. We require each swimmer to have an attendant in the water assisting so the teacher can rotate their attention safely. **\$69**

**19693 Sun. 1/18 - 3/15 3:05-3:50pm**

### Learn to Swim (Intermediate)

Individuals who have mastered the beginner skills and are ready to move on skills worked on will be distance swimming, breaststroke, butterfly, diving, simple turns, and deeper water experience. **\$69**

**19692 Sun. 1/18 - 3/15 2:15-3:00pm**



## JANUARY CALENDAR OF EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3 Blue Waxer Volunteer Training On Snow-Returning
4	5	6	7	8	9	10 Volunteer Dryland Returning Volunteer Dryland New Friday Night Jam - Happy New Year!
11	12	13	14	15	16	17 Volunteer On Snow-New Cornhole & Pizza Line Dancing Classy Crafts Blue Waxer Powderhounds
18	19	20	21	22	23	24 No Blue Waxer Powderhounds
25	26	27	28	29	30	31 Swimming Learn to Swim Langlauf Cornhole & Pizza Line Dancing Cooking 1 & 2 Classy Crafts Chiefs Hockey vs. Everett Silvertips Blue Waxer Powderhounds

## FEBRUARY & MARCH EVENTS

*Therapeutic Recreation Services provides recreational opportunities for people with disabilities. If you do not have a disability and are interested in taking the class or volunteering, please email: [trs@spokaneicity.org](mailto:trs@spokaneicity.org)*

### TRS Classy Crafts

**4 Weeks | Ages 16yrs. & Up** Explore your creative side and make a variety of beautiful and meaningful crafts each week. Participants will have the opportunity to improve skills such as fine motor, socialization, and communication. *Class meets at Park Operations Urmstrom, 2304 E. Mallon Ave. **\$49***

<b>20051</b>	<b>Thurs.</b>	<b>2/5-2/26</b>	<b>4:15-5:30pm</b>
<b>20052</b>	<b>Thurs.</b>	<b>3/5-3/26</b>	<b>4:15-5:30pm</b>

### TRS Cookie Bake Night

**1 Day | Ages 14yrs. & Up** Spend the evening making several types of cookies. Enjoy yourself, take home or share with friends. Gluten-free options are available. *Class meets at Southside Senior Activity Center, 3151 E. 27th Ave. **\$24***

<b>20058</b>	<b>Wed.</b>	<b>2/11</b>	<b>5:30-7:30pm</b>
<b>20059</b>	<b>Wed.</b>	<b>3/18</b>	<b>5:30-7:30pm</b>

### TRS Cornhole & Pizza

**4 Weeks | Ages 14yrs. & Up** Everyone can have fun and play this favorite lawn game - corn hole. Laughter and friendly competition will abound. Pizza will be served. *Meet at Fowler United Methodist Church, 39228 N. Howard. **\$63***

<b>20071</b>	<b>Mon.</b>	<b>2/9-3/2</b>	<b>5:00-6:30pm</b>
<b>20072</b>	<b>Mon.</b>	<b>3/9-3/30</b>	<b>5:00-6:30pm</b>

### TRS Friday Night Jam

**1 Day | Ages 18yrs. & Up** Come rock and swing at Spokane's oldest ongoing nightclub for people with developmental disabilities. If participants require direct supervision, then care providers need to attend. Dates and themes vary. *Meet at West Central Community Center, 1603 N. Belt. **\$12***

<b>20069</b>	<b>Fri.</b>	<b>3/13</b>	<b>7:00-8:30pm</b>
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### TRS Line Dancing

**4 Weeks | Ages 14yrs. & Up** Easy beginner line dancing is for everyone. Grab your dancing shoes and join us as we learn the fundamentals of line dancing and other dances such as the Macarena, YMCA, Alley Cat and more. *Meet at Fowler United Methodist Church, 39228 N. Howard. **\$33***

<b>20065</b>	<b>Mon.</b>	<b>2/9-3/2</b>	<b>3:30-4:30pm</b>
<b>20066</b>	<b>Mon.</b>	<b>3/9-3/30</b>	<b>3:30-4:30pm</b>

### TRS Paint & Taste

**1 Day | Ages 14yrs. & Up** Do you like painting and apple cider? Make a masterpiece of your very own while enjoying sipping on cider. No painting experience required. *Meet at Spokane Valley Parks & Recreation Center, Place, 2426 N. Discovery Place. **\$21***

<b>20061</b>	<b>Tues.</b>	<b>3/31</b>	<b>5:30-7:00pm</b>
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### TRS Raptor Reef Indoor Water Park

**1 Day | Ages 18yrs. & Up** Grab your swimsuit and towel and head with us to Triple Play Raptor Reef Indoor Water Park in Hayden, Idaho. There are three slides, 'Lost Falls' which is 400 feet long and full of twists. 'Velociraptor Vortex' is the super bowl ride that swirls, spins and flushes, and the 'Prehistoric Plunge' is 300 feet of high-speed body sliding. Fee includes transportation, staff, pizza dinner and park entrance fee. *Transportation provided from Park Operations, 2304 E. Mallon Ave. **\$53***

<b>20074</b>	<b>Sun.</b>	<b>2/22</b>	<b>12:30-6:00pm</b>
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### TRS Spokane Chiefs Hockey

**1 Day | Ages 18yrs. & Up** Action-packed ice hockey from the Spokane Chiefs major junior team that plays in the Western Hockey League. Cheer on the Chiefs with your friends. Sign-up fee covers staff & tickets. *Meet at Spokane Veterans Memorial Arena main entrance, Boone & Howard. **\$39***

<b>Chiefs v. Vancouver Giants</b>	<b>Fri.</b>	<b>2/20</b>	<b>6:30-9:45pm</b>
<b>Chiefs v. Portland Winterhawks</b>	<b>Wed.</b>	<b>3/11</b>	<b>6:30-9:45pm</b>

### TRS What's Cooking

**4 Weeks | Ages 16yrs. & Up** Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. *Class meets at Southside Senior Activity Center, 3151 E. 27th Ave. kitchen **\$69***

<b>20057</b>	<b>Tues.</b>	<b>2/3-2/24</b>	<b>1:30-3:30pm</b>
<b>20056</b>	<b>Tues.</b>	<b>2/3-2/24</b>	<b>4:00-6:00pm</b>
<b>20060</b>	<b>Tues.</b>	<b>3/3-3/24</b>	<b>1:30-3:30pm</b>
<b>20063</b>	<b>Tues.</b>	<b>3/3-3/24</b>	<b>4:00-6:00pm</b>

### TRS What's Cooking



## FEBRUARY CALENDAR OF EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7	1	2	3	4	5	6	7
Swimming	Cornhole & Pizza	Cooking 1&2	Crafts				Swimming	Cooking 1&2	Crafts				Powderhounds Cup
Learn to Swim	Line Dancing						Learn to Swim						
8	9	10	11	12	13	14	8	9	10	11	12	13	14
Swimming	Cornhole & Pizza	Cooking 1&2	Cookie Bake	Crafts			Swimming	Cornhole & Pizza	Cooking 1&2	Crafts			ST. PATRICK'S DAY Friday Night Jam
Learn to Swim	Line Dancing						Learn to Swim	Line Dancing					
15	16	17	18	19	20	21	15	16	17	18	19	20	21
Swimming	Cornhole & Pizza	Cooking 1&2	Crafts				Swimming	Cornhole & Pizza	Cooking 1&2	Crafts			
Learn to Swim	Line Dancing						Learn to Swim	Line Dancing					
22	23	24	25	26	27	28	22	23	24	25	26	27	28
Swimming	Cornhole & Pizza	Cooking 1&2	Crafts				Swimming	Cornhole & Pizza	Cooking 1&2	Crafts			
Learn to Swim	Line Dancing						Learn to Swim	Line Dancing					
29	30	31					29	30	31	1	2	3	4
Swimming	Cornhole & Pizza	Cooking 1&2	Crafts				Swimming	Cornhole & Pizza	No Cooking 1&2				
Learn to Swim	Raptor Reef	Line Dancing					Learn to Swim	Line Dancing	Paint & Taste				

## MARCH CALENDAR OF EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7	1	2	3	4	5	6	7
Swimming	Cornhole & Pizza	Cooking 1&2	Crafts				Swimming	Cooking 1&2	Crafts				
Learn to Swim	Line Dancing						Learn to Swim						
8	9	10	11	12	13	14	8	9	10	11	12	13	14
Swimming	Cornhole & Pizza	Cooking 1&2	Cookie Bake	Crafts			Swimming	Cornhole & Pizza	Cooking 1&2	Crafts			
Learn to Swim	Line Dancing						Learn to Swim	Line Dancing					
15	16	17	18	19	20	21	15	16	17	18	19	20	21
Swimming	Cornhole & Pizza	Cooking 1&2	Crafts				Swimming	Cornhole & Pizza	Cooking 1&2	Crafts			
Learn to Swim	Line Dancing						Learn to Swim	Line Dancing					
22	23	24	25	26	27	28	22	23	24	25	26	27	28
Swimming	Cornhole & Pizza	Cooking 1&2	Crafts				Swimming	Cornhole & Pizza	No Cooking 1&2				
Learn to Swim	Raptor Reef	Line Dancing					Learn to Swim	Line Dancing	Paint & Taste				

## APRIL EVENTS

**TRS Bicycling**  
**6 Weeks | Ages 16yrs. & Up** Enjoy Spokane's natural beauty by bicycle. Participants need to be in moderate physical condition and ride a bike safely. Make sure your bike is in good working order and helmet fits well and is less than 5 years old. Meet at Mirabeau Point Park, trailhead, 13500 Mirabeau Pkwy, Spokane Valley. **\$69**  
**20081 Wed. 4/22-5/27 5:30-7:30pm**



**TRS Classy Crafts**  
**4 Weeks | Ages 16yrs. & Up** Explore your creative side and make a variety of beautiful and meaningful crafts each week. Participants will have the opportunity to improve skills such as fine motor, socialization, and communication  
*(Class meets at Park Operations lunchroom, 2304 E. Mallon Ave. **\$49**)*

**20053 Thurs. 4/9-4/27 4:15-5:30pm**

**TRS Cornhole & Pizza**

**4 Weeks | Ages 14yrs. & Up** Everyone can have fun and play this favorite lawn game - corn hole. Laughter and friendly competition will abound. Pizza will be served. Meet at Fowler United Methodist Church, 3928 N. Howard. **\$63**  
**20073 Mon. 4/6-4/27 5:00-6:30pm**

**TRS Line Dancing**

**4 Weeks | Ages 14yrs. & Up** Easy beginner line dancing is for everyone. Grab your dancing shoes and join us as we learn the fundamentals of line dancing and other dances such as the Macarena, YMCA, Alley Cat and more. Meet at Fowler United Methodist Church, 3928 N. Howard. **\$33**  
**20067 Mon. 4/6-4/27 3:30-4:30pm**

## TRS SWIMMING

### 8 Weeks | Ages 7yrs. & Up

Meet at Whitworth University Aquatic Center, 300 W. Hawthorne.  
 No classes 4/26 & 5/24.

#### Blue Dolphin

For people with developmental disabilities who want to swim competitively or get a good workout. Ability to swim 75 yards without assistance and with rhythmic breathing. **\$69**

**20077 Sun. 4/12-6/14 2:15-3:45pm**

#### Learn to Swim (Beginner)

Individuals will learn how to face float, back float, kick with floats and learn the crawl stroke with rotary breathing. Elementary back stroke and back crawl will be taught with the goal of swimming 20 yards. We require each swimmer to have an attendant in the water assisting so the teacher can rotate their attention safely. **\$69**

**20079 Sun. 4/12-6/14 3:05-3:50pm**

#### Learn to Swim (Intermediate)

Individuals who have mastered the beginner skills and are ready to move on skills worked on will be distance swimming, breaststroke, butterfly, diving, simple turns, and deeper water experience. **\$69**

**20078 Sun. 4/12-6/14 2:15-3:00pm**



## TRS Spokane Indians Baseball

### 1 Day | Ages 18yrs. & Up

Let's support our local Spokane Indians Baseball Team. Participants are responsible to bring the suggested amount of money listed. Sign-up fee covers transportation, staff, and tickets. Caregiver tickets available at a discount. TRS staff ratio is 14-6. Participants will have the opportunity to practice socialization skills such as making choices, handling money, following directions and getting along within a group. Meet at the Main entrance of Avista Stadium, 602 N Havana St, Spokane Valley, WA 99212. **\$35**

**Indians v. Vancouver Canadians**

**20080 Fri. 4/17 6:00-9:30pm**

## TRS What's Cooking

### 4 Weeks | Ages 16yrs. & Up

Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. Class meets at Southside Senior Activity Center, 3151 E. 27th Ave. - Kitchen **\$69**

**20075 Tues. 4/7-4/28 1:30-3:30pm**  
**20076 Tues. 4/7-4/28 4:00-6:00pm**

**APRIL CALENDAR OF EVENTS**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3	4
				Classy Crafts		
5	6	7	8	9	10	11
	Cornhole & Pizza Line Dancing	Cooking 1 & 2		Classy Crafts		
12	13	14	15	16	17	18
Swimming Learn to Swim	Cornhole & Pizza Line Dancing	Cooking 1 & 2		Classy Crafts		
19	20	21	22	23	24	25
Swimming Learn to Swim	Cornhole & Pizza Line Dancing	Cooking 1 & 2	Bicycling	Classy Crafts		
26	27	28	29	30	1	2
<b>No</b> Swimming Learn to Swim	Cornhole & Pizza Line Dancing	Cooking 1 & 2	Bicycling	Classy Crafts		



# **THERAPEUTIC RECREATION SERVICES**

808 W. Spokane Falls Blvd. | Spokane, WA 99201 | [trs@spokanecity.org](mailto:trs@spokanecity.org) | (509)755-CITY (2489)

City of Spokane Parks and Recreation Department

# **THERAPEUTIC RECREATION SERVICES PROGRAM REGISTRATION INFORMATION**

PARTICIPANT FIRST NAME			PARTICIPANT LAST NAME		MI
BIRTHDATE	AGE	GENDER	EMERGENCY CONTACT NAME	PHONE	
ADDRESS			CITY/STATE		ZIP
PHONE 1	PHONE 2			EMAIL	

Is it okay to use participants photo/video image taken during activities and use for publicity purposes?  Yes  No

**I have read and agree to the *Waiver and Release of Liability* on Page 4 of this document.**

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_

**Make checks payable to:** City of Spokane

**Mailing Address:** Spokane Parks & Recreation Department  
Class Registration – My Spokane  
808 W. Spokane Falls Blvd.  
Spokane, WA 99201-3317

**Credit Card /Debit Card payments are also accepted.**

For Online or Phone Registrations Only.

## **DDA will send funds.**

## Case Manager

Yes

No

Name: \_\_\_\_\_

**Phone #**

**Email:**

**Please contact your case manager to send verification of payment to: [trs@spokanecity.org](mailto:trs@spokanecity.org)**



# THERAPEUTIC RECREATION SERVICES

808 W. Spokane Falls Blvd. | Spokane, WA 99201 | [trs@spokanecity.org](mailto:trs@spokanecity.org) | (509)755-CITY (2489)

City of Spokane Parks and Recreation Department

## THERAPEUTIC RECREATION SERVICES PARTICIPANT PERSONAL NEEDS INFORMATION

Please provide the information below to help us better serve your needs while attending our programs. Complete this information and return it to [TRS@Spokanecity.org](mailto:TRS@Spokanecity.org) at the time of registration or as soon as possible.

Therapeutic Recreation staff will lead and supervise activities; however, they are not able to provide attendant care, such as assistance with feeding, toileting, administering medications, or transfers.

Participants needing assistance must have a care provider present. Parks and Recreation staff reserve the right to request that a care provider accompany participants. Registration fees for care providers will vary based on the activity.

Participant First Name:	Participant Last Name:			
Participant disabilities (be specific):				
Housing	<input type="checkbox"/> Group Home/Institution <input type="checkbox"/> In Own Home/Apartment <input type="checkbox"/> Private Home w/ Parent			
Dietary Precautions	List any foods to avoid:			
Allergies Epi Pen <input type="checkbox"/> Yes <input type="checkbox"/> No	Are you allergic to anything? <input type="checkbox"/> Yes <input type="checkbox"/> No    Please list any allergies:			
Activity Limitations	Please list any physical challenges (if any)			
Medication	Will participant need to be reminded to take medications during program hours? <input type="checkbox"/> Yes <input type="checkbox"/> No <b>If yes – please complete the Medication form on the next page</b>			
Caregiver/Support Staff	Will a caregiver be accompanying participant during program hours? <input type="checkbox"/> Yes <input type="checkbox"/> No			
Paratransit	Will participant be using Paratransit? <input type="checkbox"/> Yes <input type="checkbox"/> No    If yes, what is your rider number?			
<b>SOCIAL SKILLS / BEHAVIORAL INFORMATION</b>				
Participation	<input type="checkbox"/> Participates Easily <input type="checkbox"/> Needs Occasional Prompting <input type="checkbox"/> Needs Constant Prompting	Needs Help Managing	<input type="checkbox"/> Behavior <input type="checkbox"/> Personal Space <input type="checkbox"/> Emotions <input type="checkbox"/> Other	Behavioral Triggers or Fears:
<b>MOBILITY &amp; ADAPTIVE INFORMATION</b>				
Do you use adaptive equipment? <input type="checkbox"/> Yes <input type="checkbox"/> No	Wheelchair: <input type="checkbox"/> Full Time <input type="checkbox"/> Part Time <input type="checkbox"/> Manual <input type="checkbox"/> Electric	Check all that apply: <input type="checkbox"/> Cane/Crutches <input type="checkbox"/> Walker <input type="checkbox"/> AFO's/Splint/Braces <input type="checkbox"/> Other		
<b>DAILY LIFE</b>				
Toileting	<input type="checkbox"/> Independent <input type="checkbox"/> Independent w/ reminders <input type="checkbox"/> Only w/ assistance			
Eating	<input type="checkbox"/> Independent <input type="checkbox"/> Independent w/ reminders <input type="checkbox"/> Only w/ assistance			
Communication Information	<input type="checkbox"/> Verbal & clear to understand <input type="checkbox"/> Verbal but not clear to understand <input type="checkbox"/> Non-Verbal <input type="checkbox"/> Uses Sign Language <input type="checkbox"/> Uses a communication board			
Additional Personal Needs Information				



# THERAPEUTIC RECREATION SERVICES

808 W. Spokane Falls Blvd. | Spokane, WA 99201 | [trs@spokanecity.org](mailto:trs@spokanecity.org) | (509)755-CITY (2489)

City of Spokane Parks and Recreation Department

## THERAPEUTIC RECREATION SERVICES MEDICATION INFORMATION WAIVER

This form must be completed by all participants who require medication **while attending** a City of Spokane activity (referred to herein as "Participant"). Please complete the Medication Information Form & Waiver of Liability. This information will help us better assist the Participant with medications.

Participant must be able to take his/her own medications while at the activity. The activity leaders will provide reminders to Participant to take medications and to safely secure medication when not in use.

Please package medication by dose in individual extra small zip lock bags or blister cards labeled by the pharmacy to include:

- Name of Participant
- Name of physician
- Name of pharmacy
- Dosage and amount
- Time to take.

**EXAMPLE:** If Participant takes six different medications at dinner time, there should be six small zip-lock bags or blister cards, each with the label information listed above. Then, put all bags in a larger ziplock bag labeled with the participant's name, date, day, and time to take; e.g., Sam Jones, Saturday, June 15, 6:00 pm.

- Please send ONLY the amount of medication needed for the dates of the activity. Do not send excess dosages.
- If Participant has a medical insurance card, please bring it in case of emergency.

**WAIVER OF LIABILITY:** I understand that personnel from Parks and Recreation will administer only the prescribed medication mentioned in this Medication Information Form. I hereby waive any and all claims against the City of Spokane, which includes the City of Spokane Parks & Recreation Division and Therapeutic Recreation Services; any employees, chaperones, or volunteers; and all their respective insurance companies, successors in interest, commercial & corporate sponsors, affiliates, agents, employees, representatives, assignees, officers, directors, and shareholders (each a "Released Party"), and agree to hold Released Parties harmless from any and all liability which may arise in connection with Participant's use of medication.

BY SIGNING ON BEHALF OF A MINOR OR OTHER PARTICIPANT, I REPRESENT THAT I AM AUTHORIZED TO SIGN ON PARTICIPANT'S BEHALF and/or I AM THE PARENT OR LEGAL GUARDIAN OF THE MINOR PARTICIPANT and acknowledge that Participant is bound by all the terms of this Agreement.

Signature

Date

Medication Taken	Type:	Dosage:	Time(s):
	Type:	Dosage:	Time(s):
	Type:	Dosage:	Time(s):
	Type:	Dosage:	Time(s):

List any special instructions/cautions/side effects:

# CITY OF SPOKANE PARKS & RECREATION DEPARTMENT

## WAIVER & RELEASE OF LIABILITY

### **WARNING: PLEASE READ CAREFULLY BEFORE SIGNING!**

**This is a release of liability waiver of certain legal rights including the right to sue or claim compensation**

### **Waiver Signature Required on first TRS Registration page**

1. Each person participating in the City of Spokane Parks & Recreation Division's activity identified herein (referred to as "Activity") is referred to as "Participant." I, the undersigned, am a Participant and, if a Participant is under 18 or has a guardian, I am the Participant's parent or legal guardian. I understand that participating in the Activity referenced herein can be HAZARDOUS AND INVOLVE THE RISK OF PHYSICAL INJURY AND/OR DEATH.
2. I understand the dangers and risks of the Activity and that Participant ASSUMES ALL INHERENT DANGERS AND RISKS of the Activity.
3. In consideration for being permitted to participate in the Activity, I AGREE, to the greatest extent permitted by law, TO WAIVE ANY AND ALL CLAIMS AGAINST AND TO HOLD HARMLESS, RELEASE, INDEMNIFY, AND AGREE NOT TO SUE the City of Spokane, which includes the City of Spokane Parks & Recreation Division and Therapeutic Recreation Services; any employees, chaperones, or volunteers; and all their respective insurance companies, successors in interest, commercial & corporate sponsors, affiliates, agents, employees, representatives, assignees, officers, directors, and shareholders (each a "Released Party") FOR ANY INJURY, INCLUDING DEATH, LOSS, PROPERTY DAMAGE, OR EXPENSE, WHICH I, OR PARTICIPANT, MAY SUFFER, ARISING IN WHOLE OR IN PART OUT OF PARTICIPANT'S PARTICIPATION IN THE ACTIVITY.  
I UNDERSTAND THAT I AM ENGAGING IN AN ACTIVITY THAT HAS NUMEROUS INHERENT RISKS THAT COULD LEAD TO MY SERIOUS INJURY (INCLUDING COMPLETE PARALYSIS) OR DEATH. I ACKNOWLEDGE THAT REMOVING THOSE RISKS IS NOT POSSIBLE AND ELIMINATING THOSE RISKS WOULD FUNDAMENTALLY CHANGE THE NATURE OF THE ACTIVITY AND WOULD JEOPARDIZE THE ESSENTIAL QUALITIES OF THE ACTIVITY.  
IN FURTHER CONSIDERATION FOR ALLOWING PARTICIPANT TO PARTICIPATE IN THE ACTIVITY, I FURTHER RELEASE AND GIVE UP ANY AND ALL CLAIMS AND RIGHTS THAT I MAY NOW HAVE AGAINST ANY RELEASED PARTY AND UNDERSTAND THIS RELEASES ALL CLAIMS, INCLUDING THOSE OF WHICH I AM NOT AWARE, THOSE NOT MENTIONED IN THIS RELEASE AND THOSE RESULTING FROM ANYTHING WHICH HAS HAPPENED UP TO NOW.
4. I AGREE TO PAY ALL COSTS, INCLUDING ATTORNEYS' FEES, INCURRED BY ANY RELEASED PARTY IN DEFENDING AN INVESTIGATION, CLAIM, OR LAWSUIT BROUGHT BY OR ON PARTICIPANT'S BEHALF WHETHER ARISING IN WHOLE OR IN PART FROM PARTICIPANT'S PARTICIPATION IN ANY ACTIVITY OR FROM ANY MISREPRESENTATIONS OR FRAUDULENT EXECUTION OF THIS AGREEMENT.
5. I represent that Participant is in good health and that there are no special problems associated with Participant's physical or mental condition that would enhance the risks of my participation in the Activity, that would increase the likelihood of my injury and/or death, or that would interfere with my safety in the Activity. I authorize a licensed physician or other medical care provider to carry out any emergency medical care for Participant which may be necessary and agree to be fully responsible for any costs associated with such care or transport to such care.
6. I agree that any and all claims for loss, injury, and/or death arising from Participant's participation in the Activity shall be governed by the law of the State of Washington and that exclusive jurisdiction of any such claim shall be in a court of competent jurisdiction in the State of Washington, County of Spokane.
7. BY SIGNING ON BEHALF OF A MINOR OR OTHER PARTICIPANT, I REPRESENT THAT I AM AUTHORIZED TO SIGN ON PARTICIPANT'S BEHALF and/or I AM THE PARENT OR LEGAL GUARDIAN OF THE MINOR PARTICIPANT and acknowledge that Participant is bound by all the terms of this Agreement. I acknowledge that the Activity entails known and unanticipated risks that could result in physical or emotional injury, paralysis, or death to Participant as well as damage to property, or to third parties. I understand that such risk cannot be eliminated without jeopardizing the essential qualities of the activity. I assume the risk and financial responsibility for any injury, illness, or liability resulting from Participant's participation. I waive any claims and agree to hold harmless and not sue Released Parties from all claims or liability arising out of Participant's participation. I have been made aware of the itinerary and give permission for Participant to ride in the vehicle designated by the staff of the City of Spokane Park & Recreation Division while attending or participating in the Activity, and I understand this release/waiver applies with equal weight to any claim arising from riding in a vehicle, including entering or exiting the vehicle. I certify that the Participant has no medical or physical conditions that could interfere with his/her safety in this activity, or else I am willing to assume and bear the costs of all risks that may be created, directly or indirectly, by any such condition.  
In case of emergency involving Participant, I understand every effort will be made to contact me. In the event I cannot be reached, I authorize a qualified physician/surgeon selected by City of Spokane personnel to examine and in the event of injury or serious illness administer emergency care to the above-named participant which may include hospitalization, anesthesia, surgery, or injections of medication for Participant. I understand every reasonable effort will be made to contact me to explain the nature of the problem prior to any involved treatment. In the event it becomes necessary for City of Spokane Parks & Recreation staff or volunteers to obtain emergency care for Participant, I agree that neither the City of Spokane nor any of its personnel assumes financial liability for expenses incurred because of the accident, injury, or illness.
8. I understand that this Agreement will apply for each and every day Participant participates in any Activity. I understand that this Agreement is a contract and, to the fullest extent permitted by law, shall be binding on me and my assignees, subrogors, distributors, heirs, next of kin, executors and personal

# Discounted Skiing/Snowboarding + Volunteering = One Awesome Winter



Do you enjoy skiing or snowboarding and want to help improve the quality of life for people with disabilities? Consider volunteering with Therapeutic Recreation Services.

Call 509-625-6245 or email [trs@spokanecity.org](mailto:trs@spokanecity.org) for more information.





## CUSTOMER INVOLVEMENT POLICIES & IMPORTANT INFORMATION

### CUSTOMER INVOLVEMENT POLICIES

- Arrive to the activity/meeting location on time. Under most circumstances TRS will not wait longer than fifteen minutes for participants to arrive. This will prevent a delay in transportation and tardiness of any reservation.

- Leave the activity on time. TRS will wait until transportation comes. If additional supervision is required the participant will be billed \$6.00 for every 15 minutes or \$32.00 for every hour your transportation is late or you arrive too early. (Please refer to the additional supervision form).

- Bring the appropriate amount of money for activity. TRS staff do not carry additional funds to pay for activities. If you do not have sufficient funds for the activity, you may be sent home. Via home site, bus or taxi.

- Bring the appropriate clothing/gear for activity. (i.e., helmets/gloves, swimsuit/cap, pillow/sleeping bag, extra layers in cold weather, etc.)

- Respect people, places and things around you.

- Stay with the group.
- Follow instructions of TRS staff.
- No smoking permitted except in designated areas upon approval of TRS staff.
- No food or drink allowed on the vans or other transport vehicles.
- No stealing

Absolutely No Sexual Harassment or Assultive behavior will be tolerated. We reserve the right to send participants home if displaying inappropriate behaviors or not abiding by the TRS Customer Involvement Policies. We strive to provide a safe and enjoyable experience for everyone in a Therapeutic Recreation Services activity.

### IMPORTANT INFORMATION

#### SERVICE PHILOSOPHY

Primary goal is to make recreational activities available to a broad spectrum of people with developmental and/or physical disabilities. Our purpose is to assist people to have positive experiences and develop appropriate leisure and social skills they can use throughout their lifetime. Mastery of leisure skills often leads to an increase in self-esteem and the ability to tackle other obstacles in life.

#### VOLUNTEER/STAFF

Volunteers are vital to our programs. Parents/care providers, siblings and students are encouraged to volunteer. If you are interested in volunteering, call 509.625.6245. Paid positions also available.

### PARTICIPANT PERSONAL NEEDS

Therapeutic Recreation staff provides leadership for the activity and are unable to provide attendant care (feeding, toileting assistance, giving medications, transfers, etc.). Care providers should accompany participants who need personal care. Participants who have behavioral issues may be asked to participate with a care provider in attendance. Registration fees for care providers may be waived or will vary depending on the activity.

### MEDICATION POLICY

Participants who take medication during a Therapeutic Recreation program must complete a MEDICATION INFORMATION AND WAIVER form and return it before start of class. Participants must be self-medicating. Program staff can take custody of medication and remind participants when to take medication. Program staff cannot administer medication. All medication must be packaged according to program instructions. Participants should have a current medical coupon/medical insurance card, and identification with current address and phone number.

### MISCELLANEOUS INFORMATION

Participants will be notified of class changes. Classes held in Spokane school facilities do not meet on holidays, vacation & curriculum days.

### PROGRAM FEES

Limited scholarship funds are available should a participant be unable to afford a class. Donations are tax deductible and assist us to better serve the leisure needs of people with disabilities. Therapeutic Recreation Services is a registered contractor with DDS and is eligible to accept DDA respite funds for payment of activities through the Provider system. Contact your local DDA case manager for more information.

### PROCESS TO USE DDA FUNDING:

- Contact your DDA case manager and inform them of price.
- Have case manager send funding approval to:  
[trs@spokanecity.org](mailto:trs@spokanecity.org)
- Fill out registration and then on page 13 indicate DDA as payment source and list case manager.
- When registration form has been received and processed by TRS, a confirmation receipt will be sent to participant/family.
- Provide copy of confirmation receipt to case manager
- If camper needs to cancel registration, regular refund policy and procedures apply (see below). DDA WILL NOT PAY IF PARTICIPANT DOES NOT ATTEND BUT DID NOT CANCEL. In this case, payment responsibility falls to participant's family.

### REFUND POLICY

Participants will be notified if a class or program is canceled due to lack of enrollment and will be offered an alternate choice, full refund or credit on account. Participants who wish to cancel enrollment must notify Therapeutic Recreation at least fourteen days prior to the program date to be considered for a refund. Refund amount will be based on the number of students enrolled and any supply costs incurred on the participant's behalf. Care providers may not substitute participants. Every participant must be preregistered. Requests for refunds must be made in writing and approved by Therapeutic Recreation supervisor. Refunds will not be made after the first session or for missed sessions. Trip deposits are non-refundable unless cancellation is made at least 30 days before trip departure date.

### TRANSPORTATION/PARA TRANSIT USERS

The Spokane Transit Authority offers both fixed route and para-transit services to the public. For fixed route service call 509.328.7433; para-transit service, call 509.328.5522. STA will not wait for instructors or buildings to open. Our instructors arrive fifteen minutes prior to the start of the class. In order to prevent participants from being dropped off too early please give a "no earlier than drop" time of 15 minutes before the class starts. Do not use a "no later than" time as it causes problems of too early of an arrival. Care providers must accompany participants who cannot find the class location independently or wait appropriately for the instructor. Therapeutic Recreation works with STA and care providers to identify early and late arrivals and make changes in schedules as needed. \*Another suggestion is to use subscription trips. After attending a class three weeks in a row the rider qualifies. With this ride you won't need to call in each week just call when need to cancel. Schedule rides early. If participants need additional supervision while waiting for transportation after program hours, a bill will be sent to cover staff expenses. Para-transit is not recommended for those activities involving a flexible return time - i.e. trips.

### REGISTRATION PROCEDURE:

- Advance registration is necessary for all programs except where noted.
- Registration is processed on first paid, first served basis. Payment can be accepted over the phone with Visa/MC/Discover only. No verbal reservations over phone.
- Mail-in, phone or walk-in.
- Medication information & Waiver form filled out as necessary.

### OTHER PARKS PROGRAMS AVAILABLE

The programs in this brochure are designed for persons with developmental and physical disabilities. All other Park Department programs are available to persons with disabilities. Please look through the Spokane Parks and Recreation Department Class & Activity Guide to see if a program is of interest to you. Then call our office at 509.625.6245 or email to [trs@spokanecity.org](mailto:trs@spokanecity.org) and we will help you get started by notifying the instructor who will make preparations or adaptations, if needed!

# PARKS LEVY: NEXT STEPS

**Thank you, Spokane, for approving a 20-year Parks Levy in November 2025 to improve parks across the city. Here's a sneak peek at next steps:**

- November 2025: Park Board will review a proposed matrix to determine how levy projects will be sequenced over the 20-year levy
- December 2025: Park Board will review a proposed 2026 project plan based on that matrix
- January – April 2026: Detailed planning and project design begins (including partnership projects with Spokane Public Schools), initial project bidding, hiring recruitment begins
- May 2026: the first Parks levy check arrives (after April property taxes are paid) and Parks investments begin

**Learn more about the upcoming  
levy-funded improvements at  
[SpokaneParks.org/Levy](http://SpokaneParks.org/Levy)**





RIVERFRONT SPOKANE



# HOLIDAY VILLAGE

PRESENTED BY GESA CREDIT UNION

**THURSDAY, DEC. 11 - SUNDAY, DEC. 14**

Discover the warmth and wonder of the season at Riverfront's Holiday Village, where festive fun, local artistry, and holiday cheer come alive beneath the Gesa Pavilion lights.



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Spokane Parks and Recreation  
5th Floor City Hall  
808 W. Spokane Falls Blvd.  
Spokane, WA 99201-3317

PRSR T STD  
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Spokane, WA  
Permit No. 722



# THANK YOU, SPOKANE!

Thank you for voting to approve the Parks Levy! Your support ensures that every neighborhood park will receive improvements over the next 20 years, creating beautiful and welcoming spaces for our community to gather, play, and connect. We are excited about what the future holds and look forward to engaging with you on the details. In the meantime, we invite you to learn more about the upcoming levy-funded improvements at [SpokaneParks.org/Levy](http://SpokaneParks.org/Levy).

