

FALL 2026

ACTIVITY GUIDE

SEPTEMBER - DECEMBER

INSIDE

YOUTH AND ADULT ART CLASSES,
WILDLIFE WORKSHOPS, FALL & WINTER
BREAK CAMPS, SNOWSHOEING,
WELLNESS PROGRAMS, YOUTH AND
ADULT SPORTS, THERAPEUTIC
RECREATION AND MORE!

EXPLORE
PARKS
NATURE

SPORTS
& REC
OUTDOOR

CAMPS
LEARN
CLASSES

SWIM
POOLS
SPLASH

PLAY
GOLF
LEARN

ENJOY
RIVER
FRONT
PARK

SPOKANEREC.ORG | CALL 311 OR DIAL 509-755-2489



City of Spokane
**PARKS
& RECREATION**

Park Levy Update

Thank you voters for approving the Parks & Recreation levy in November. The first levy installment arrived in May and we've hit the ground running! The list below is an overview of active Levy construction and design projects, and their status.



Active Park Levy Construction & Design Projects



New park under construction:

- Meadowglen Park
• JULY 2026 - SUMMER 2027



Playground renovations:

- Westgate Park
• FALL 2026



Citywide playground damage repair:

- Citywide according to highest need
• 20 PLANNED, 10 COMPLETE



Restroom renovations:

- B.A. Clark
• MAY - AUGUST 2026
Camp Sekani
• AUGUST 2026 START
Southeast Sports Complex
• MAY - OCTOBER 2026



Park repairs:

- Cliff Park (upper portion)
• IN DESIGN. LATE 2026 / EARLY 2027 START
Corbin Art Center (veranda)
• IN DESIGN
Japanese Garden (pergola roof)
• COMPLETE
Liberty Park (shelter roof)
• COMPLETE
Aquatic Centers
• ACTIVE / ONGOING



Pathway improvements:

- Franklin Park
• MAY - AUGUST 2026



Maintenance & safety enhancements, increased maintenance & ranger staff:

- All 100+ parks
• ACTIVE / ONGOING



Disc Golf Course renovation:

- High Bridge Park
• IN DESIGN



Sport Court renovations:

- Friendship Park
• IN DESIGN. SPRING 2027 START
Riverfront Park
• COMPLETE
Whittier Park
• AUGUST - OCTOBER 2026



New irrigation:

- Cannon Hill Park
• AUGUST - OCTOBER 2026



Parking lot repairs:

- Camp Sekani
• AUGUST 2026 START
Southeast Sports Complex
• MAY - OCTOBER 2026
Riverfront Park Post Street Lot
• JULY - SEPTEMBER 2026



Project planning:

- A.M. Cannon Park
• IN DESIGN
Audubon Park
• FALL 2026
Coeur d'Alene Park
• IN DESIGN
Harmon Park
• IN DESIGN
Lincoln Park
• IN DESIGN
Minnehaha Park
• PRE DESIGN / SEEKING GRANT FUNDING

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JENNIFER PAPICH
 Recreation Director
jpapich@spokanecity.org



RYAN GRIFFITH
 Assistant Recreation Director
rgriffith@spokanecity.org



MARK POIRIER
 Golf Manager
mpoirier@spokanecity.org



SARA BRYANT
 Therapeutic Recreation Program Supervisor
smbryant@spokanecity.org



ADRIANO EVA
 Wellness & Enrichment Program Supervisor
aeva@spokanecity.org



ANDY FUZAK
 Outdoor Recreation Program Supervisor
afuzak@spokanecity.org



KACIE HURTADO
 Recreation Assistant
khurtado@spokanecity.org



CARISSA GREGG
 Corbin Art Center Program Coordinator
cgregg@spokanecity.org



JOSH OAKES
 Adult Volleyball & Aquatics Program Supervisor
joakes@spokanecity.org



CARISSA WARE
 Adult Athletics Program & Field Allocations Supervisor
cware@spokanecity.org



FILL YOUR BAG WITH THE BEST!

SPOKANE | 2424 N Division St.
SPOKANE VALLEY | 1330 N Argonne Rd.
LIBERTY LAKE | 1425 N. Liberty Lake Rd.



50% off 1 Premium Dynamic Disc Golf Disc.
 Limit 1 per customer. Skus: 161101, 161063, 161065, 161066, 161061. Valid thru 12/31/26.

\$15 off a purchase of \$50 of regular priced merchandise or more.
 Limit 1 per customer. Valid thru 12/31/26.


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GENERALSTORESPOKANE.COM

Inclusion Statement:

We support the Americans with Disabilities Act and encourage participation by all regardless of race, color, national origin, age, sex, religion, veteran status, marital status, sexual orientation, or ability. We can assist in obtaining specialized equipment, interpretive services, or other support to make your involvement successful. To assure the best experience for all participants, we need your accommodation request along with your registration a minimum of two weeks in advance of the program date. For more information, contact Lisa Richards at 509.625.6909 or lrichards@spokanecity.org.

Essential Eligibility Criteria Statement:

Essential Eligibility Criteria (EEC) are intended to be a communication resource for anyone considering participating in a Spokane Parks and Recreation *program. The safety and well-being of our participants and staff is a top priority for our programs! Due to the inherent risks associated with our *activities, our programs are open to all individuals who meet the general and program-specific EEC independently or with the assistance of a **companion/trained aid. These criteria are not intended to be exclusionary, rather clearly outline the program's requirements. If you have any questions or concerns about our EEC, please contact the program supervisor. We may be able to assist you with a ***reasonable accommodation.

General Recreation Essential Eligibility Criteria:

Participants must be able to complete the following criteria with or without the assistance of a companion/trained aide who accompanies the participant.

1. Arrive at the program's meeting location on time and ready to participate.
2. Comprehend and follow instructions given to avoid hazards and/or manage risk.
3. Effectively alert others of personal distress, injury, illness, or the need for assistance.
4. Remain alert and focused for the duration of the program.
5. Wear all required safety gear according to manufacturer standards as necessary.
6. Contribute to a safe environment - inappropriate verbal or physical behavior is not tolerated for any reason

Terms/ Definitions:

*** Activity/Program:** The term 'activity' or 'program' describes any outing, trip, or event sponsored by Spokane Parks and Recreation.

**** Companion/Trained Aid:** In some circumstances, if an EEC can be met with the help of a companion/trained aide participants may be eligible to participate.

- Examples of companions/trained aides include service animals, translators, caregivers, or an individual that can assist a participant with physical, emotional, or communication requirements.
- In the case of a minor needing to meet an EEC with an aide, a parent/guardian or responsible adult may act as an aide.
- Companions/Trained Aides must be able to complete all EEC.
- Spokane Parks and Recreation will permit the attendance of a participant's companion at no additional cost to the participant; however, the companion will be responsible for purchasing their own consumable resources/access fees (e.g. food, event tickets, etc.). For your convenience, these costs can be given upon request. Please contact the program supervisor for coordination.

***** Reasonable Accommodation:** An accommodation made that will not fundamentally change the nature of a program, would increase unnecessary risk to the participant or others, or would place an undue financial or administrative burden on Spokane Parks and Recreation.



SATISFACTION GUARANTEED

You are important to us! The City of Spokane Parks and Recreation Department is committed to excellence by providing high-quality programs and services for you. If you or a family member are not satisfied with a class, program, or activity offered by the City, let us know your concerns in writing.

PAYMENT INFORMATION

Full payment is required at the time of enrollment (DDA Funding and TRS programs with prior approval are exempt). Registrations cannot be accepted from participants with past due balance. Do not mail cash. Return checks are subject to a \$25.00 handling fee.

INCLEMENT WEATHER:

In the interest of safety, the Parks and Recreation Department retains the right to cancel an activity or close a facility due to inclement weather conditions such as lightning, ice, snow, extreme heat or unhealthy air quality. In the event that the Parks and Recreation Department cancels a program due to inclement weather, all paid participants will be notified and will receive a credit or refund.

DISCLAIMER:

Spokane Parks and Recreation reserves the right to make any changes in the content, fees, and provision of the class schedule without notice. Check our website for the latest updates.

REFUND/CANCELLATION POLICY:

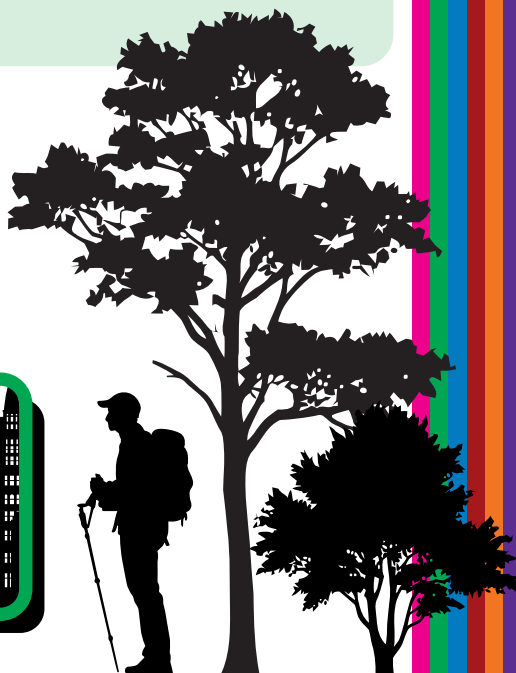
We hope everything is perfect with your recreation program registration. If you need to cancel, we do have a few things you should know:

- For all programs canceled by Spokane Parks and Recreation participants will receive a 100% refund back to their original payment method. (Allow up to 30 days for processing).
- Classes held at Spokane Public School facilities will not meet on dates that schools are not in session (holidays, vacation periods, curriculum days, inclement weather-related closures). Class sessions scheduled for those dates will be made up at the end of the regular schedule.
- All refund requests must be made by email or phone call to the appropriate Recreation Supervisor (Recreation Supervisors and contact information is listed on page 2 of every activity guide) a minimum of 14 business days (Mon.–Fri. excluding holidays) prior to the start of your programs.
- Requests made after the 14-business day window will not be refunded.
- Cancellation/Refund requests by DDA funded (Developmental Disabilities Administration) participants who cancel after the fourteen (14) business day window may be responsible for paying the registration fees out of pocket.
- All refund requests will be charged a \$20 administrative processing fee. Additional fees may be assessed to recover costs associated with the program.
- For all Camp refunds there is a \$50 non-refundable administration fee.
- For Athletic Leagues: Once league registration is closed, there are no refunds issued.

INCLUSION ACCOMMODATION:

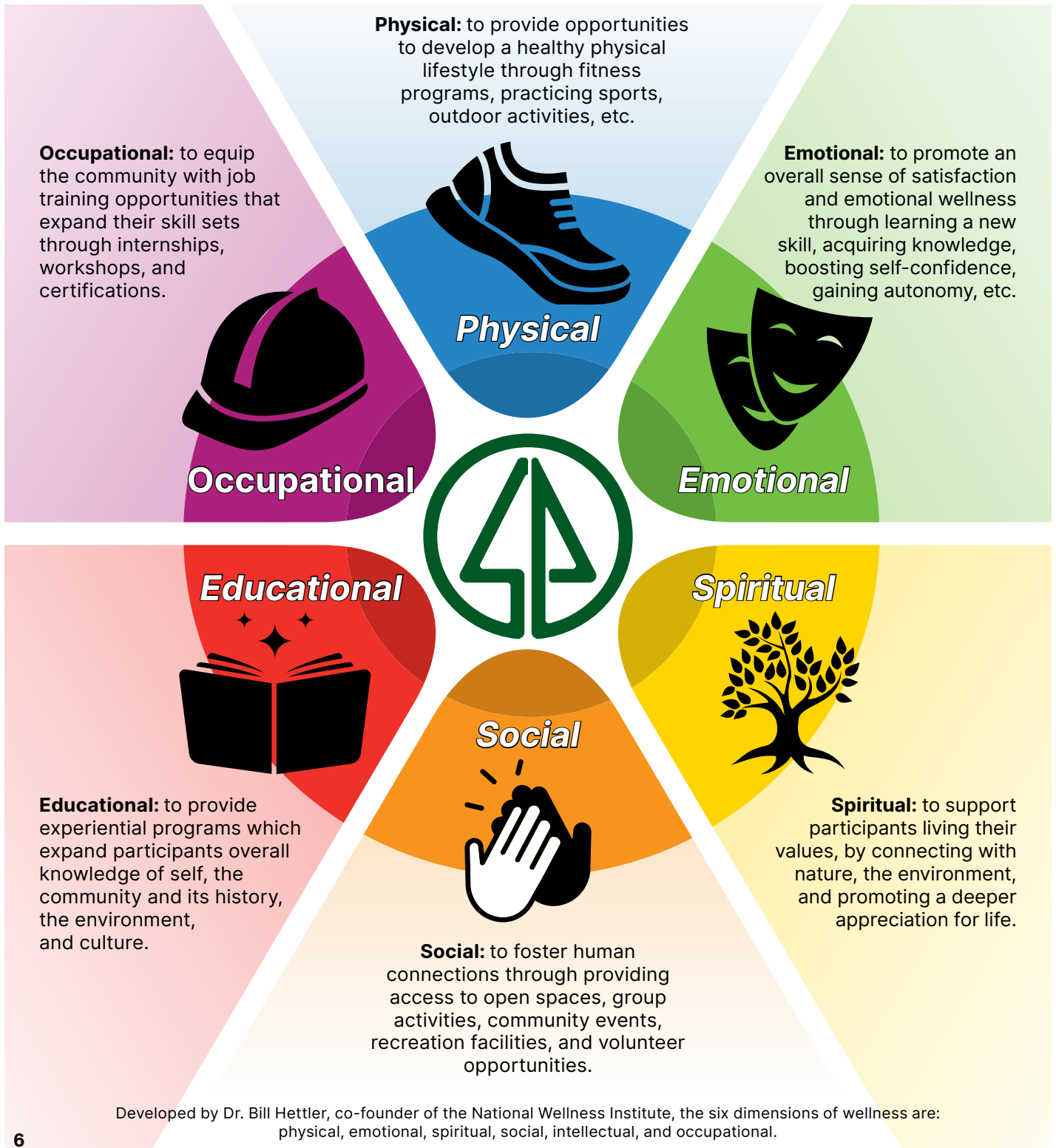
Spokane Parks and Recreation Department welcomes participation by all regardless of race, color, national origin, age, sex, religion, veteran status, marital status, sexual orientation or ability.

The City of Spokane is committed to providing equal access to its facilities, programs and services for persons with disabilities. Individuals requesting reasonable accommodations or further information may contact Matt Boston at: mboston@spokanecity.org. To assure the best experience for all participants we need accommodation requests along with your program registration a minimum of two (2) weeks in advance of the program start date.



The Six Dimensions Of Wellness

At City of Spokane Parks & Recreation, we strive to provide programming that addresses these interconnected dimensions to bring a sense of wellness and fulfillment to all of our participants.





POST-SEASON AT WITTER POOL

LAP SWIM

AUGUST 24-SEPTEMBER 11
MONDAY-FRIDAY | 11:00-2:30 PM
50 METER LANES
\$6 DAILY FEE
AGES 16+ | RESERVE ONLINE AT
SPOKANEREC.ORG
OR BY PHONE AT 509.755.2489

SWIM LESSONS

AUGUST 24-SEPTEMBER 3
MONDAY-THURSDAY | AGES 3-12
SIGN UP ONLINE AT
SPOKANEREC.ORG
OR BY PHONE AT 509.755.2489



DOGGIE DIP

Doggie Dip 2026

1 day | All Ages The pools have gone to the DOGS! Bring your four-legged friend to the last splash of the season! We're having fun and raising funds for SpokAnimal. Drop-ins/donations welcome at the door. **Fee \$10 per dog. Proof of rabies vaccination required.**

Fri. 8/21 5:30-7pm Liberty
Sat. 8/22 3-4:30pm Shadle
Sun. 8/23 3-4:30pm Comstock



SPOKANE PARKS FOUNDATION

MAKE A SPLASH

in a kid's life



DID YOU KNOW?

- 79% of children from low-income households have little to no swimming ability.
- Drowning is still a leading cause of death for children under the age of 14.
- Formal swim lessons reduce the likelihood of childhood drowning by 88%.

The Spokane Parks Foundation Make a Splash in a Kid's Life program funds swim lesson scholarships and water safety clinics for local youth.

Thank You Spokane Parks and Recreation, and to the following supporters for helping us continue this important work:



BUILDING AMERICA®



Club of Spokane 21



David and Dorothy Pierce Charitable Trust
Eljay Oil Co, Inc
Integrity Insurance Solutions
Budinger & Associates
Mountain Empire Veterinary Services



Drowning is preventable!

You can make a difference by donating today – <https://spokaneparksfoundation.org>



CORBIN KIDS PRESCHOOL

All classes held at the Corbin Art Center; 507 W 7th Ave. unless otherwise indicated.

NEW!!! Make Art Together: Creating Masterpieces!

6 Weeks | Ages 3-5yrs. Children love art, and they are naturally creative and imaginative. This class will be a fun adventure for you and your child to learn a new element of art each week. You will paint, sculpt, draw, cut paper, and glue to help develop listening skills while making fabulous works of art together. **There is no class on Monday, October 19th. \$69**
20815 Mon. 9/21-11/2 9:30-10:30am

Make Art Together: Colors of the Season!

6 Weeks | Ages 2-4yrs. | Fall is here, and it is time to celebrate nature's festival of colors! This class is for you and your child to explore all the beautiful colors of fall while making wonderful works of art together. Children will discover color and texture while practicing basic cutting and gluing skills while exploring a variety of art techniques and materials. This class is fast-paced, active, and most of all fun! **There is no class on Tuesday, October 20th. \$69**
20816 Tues. 9/22-11/3 9:30-10:30am

Make Art Together: Fabulous Fall

6 Weeks | Ages 2-4yrs. | Yay! It's fall, and time to celebrate the season! This class is for you and your child to explore leaves, pumpkins, and even the rainy, fall weather while making wonderful works of art. Experience a new weekly art theme, story, and relevant project. Children will discover color and texture while practicing basic cutting and gluing skills while exploring a variety of art techniques and materials. This class is fast-paced, active, and most of all fun! **There is no class on Thursday, October 22nd. \$69**
20817 Thurs. 9/24-11/5 9:30-10:30am



Make Art Together: Turkey Jubilee

1 Day | Ages 3-5yrs. You and your child will have lots of fun making this mixed-media jumbo-sized Thanksgiving gobbler who is sure to delight family and friends. This class has it all! Paint, glue, scissors and more! **\$35**
20819 Sat. 11/21 9:30-11am

WORKSHOPS - PRE-SCHOOL

All classes held at the Corbin Art Center; 507 W 7th Ave. unless otherwise indicated.

Make Art Together: Halloween Fun

1 Day | Ages 3-5yrs. Come have a frightfully fun time creating a friendly jack-o'-lantern paper pumpkin, cute spider, and other adorable Halloween crafts with your child. This is a fantastic class to come and have a great time creating art together. **\$35**
20818 Sat. 10/24 9:30-11am

REGISTER ONLINE
SpokaneRec.org

Call 311-or-
509-755-CITY
 (from outside the city)



CORBIN KIDS YOUTH

All classes held at the Corbin Art Center; 507 W 7th Ave. unless otherwise indicated.

NEW!!! Mixed Media Mayhem!

6 Weeks | Ages 6-11yrs. Explore the magic of Mixed-Up Media! In this class, prepare to get color crazy, learn layering techniques, and combine a variety of materials to create unique works of art! Learn about color theory, sharpening of drawing skills, perspective and proportion, and composition. You will create with paint, pens, glue, a variety of papers, and much, much more! **There is no class on Monday, October 19th. \$99**

20820 Mon. 9/28-11/9 4-5:30pm

Igniting Imaginations: Where Science Meets the Arts

6 Weeks | Ages 6-11yrs. In this STEAM-inspired class, we will focus on hands-on projects like building, exploring, and experimenting. Some weekly themes will center around discovery (animals, space, nature), creativity (art applications), problem solving (engineering, sustainability), and some fun, messy science. **There is no class on Tuesday, October 20th. \$99**

20821 Tues. 9/29-11/10 4-5:30pm



Drawing Basics Wednesday - Youth

6 Weeks | Ages 6-8yrs. & 9-12yrs. Drawing is the basis and the first step for dimensional art forms. Explore different tools and techniques and learn the many facets of drawing including freehand drawing, line, shading, fur-scales-feathers, still life, color, design composition, perspective, portraiture, animals and more. **There is no class on Wednesday, 10/21, Thursday, 10/22, or Wednesday, 11/11. \$99**

Ages 6-8yrs.

20822 Wed. 9/30-11/18 4-5:30pm

Ages 9-12yrs.

20823 Thurs. 10/1-11/12 4-5:30pm

WORKSHOPS - YOUTH

All classes held at the Corbin Art Center; 507 W 7th Ave. unless otherwise indicated.

Let's Get Spooky! Halloween Fun!

1 Day | Ages 5-8yrs. Join us and have a frightfully fun time creating a "not so scary" jack-o-lantern mixed-media pumpkin project, a cute bat craft, and more to celebrate the Halloween season! This is sure to be a spooky good time! **\$35**

20824 Sat. 10/24 9:30-11am

It's Turkey Time! Thanksgiving Fun!

1 Day | Ages 5-8yrs. It's the week before Thanksgiving, and the turkeys are getting nervous! Come and have a great time making a Thanksgiving-inspired art project. We will paint, tear & cut paper, and glue, to create a large mixed-media turkey to decorate your home for the holiday! **\$35**

20826 Sat. 11/21 9:30-11am



Creative art experiences give youth a safe environment to explore ideas, communicate feelings, and build confidence through personal achievement. Research has found that participatory arts programs promote emotional expression and positive youth development by emphasizing creativity, autonomy, and accomplishment.

—Source: Journal of Child Psychology and Psychiatry, 2024



NO SCHOOL TODAY CAMPS -

Enjoy a fun-filled day with arts and crafts activities for children. Dress for a mess and bring your lunch. Pre-registration is required. All classes held at the Corbin Art Center; 507 W 7th Ave. unless otherwise indicated.

NEW>>> Nature's Canvas: Autumn Masterpieces Camp

1 Day | Ages 6-11yrs. | Come and create fantastic fall-inspired art projects in this new No School Today camp. We will use the vibrant, magical colors of the season to create art masterpieces featuring abstract mixed media fall trees, printmaking with both natural and recycled objects, and much more. Dress for a mess and bring a lunch. **\$65**

20827 Fri. 10/9 9am-3pm

NEW>>> Searching for Magical Beasts & Mythical Cryptids Camp

1 Week | Ages 6-11yrs. | This weeklong camp offers magical, immersive experiences for kids, featuring potion-brewing, magical creature study, and lots of enchanting art projects. Learn about magical beasts, mythical cryptids and what their individual mystical powers are that makes them unique. This camp will explore legendary creatures through lore, adventure, and creative activities like searching and tracking local cryptids such as Bigfoot. Dress for a mess and bring a lunch. **\$215**

20828 Mon.-Fri. 10/19-10/23 9am-3pm



NEW>>> Cozy, Crafty and Woodland Creatures Camp

1 Day | Ages 6-11yrs. | What cute and fuzzy animals live in the forest? Come make wonderful forest critter-inspired art and crafts projects on this No School Today camp. We will learn about foxes, owls, and many other creatures that dwell in their natural woodland habitats. Dress for a mess and bring a lunch. **\$65**

20829 Wed. 11/11 9am-3pm

CORBIN ART CENTER FAMILY ART FUN

All classes held at the Corbin Art Center; 507 W 7th Ave. unless otherwise indicated.

Festive Family Holiday Fun at the Corbin Art Center -

1 Day | All Ages Christmas cookies and holiday arts, that's the way the holidays start at the Corbin Art Center. Enjoy a magical time decorating cookies, making ornaments, enjoying hot cocoa, and taking a Selfie with Santa. The Corbin Art Center will be decorated for the season and celebrating the 128th Anniversary of the elegant DC Corbin House. All proceeds benefit the preservation of the Historic DC Corbin House. **\$15**

20328	Sun.	12/6	10-11am
20329	Sun.	12/6	11:30am-12:30pm
20330	Sun.	12/6	1-2pm





PAINTING CLASSES & WORKSHOPS -

All classes held at the Corbin Art Center; 507 W 7th Ave. unless otherwise indicated.

Introduction to Acrylic Painting

6 Weeks | Ages 18yrs. & Up Come explore the fundamentals of painting with acrylic in a beginner-friendly setting. In this course, you'll expand your artistic ability using simple subjects to understand composition, value, and color. Join in the fun and learn the skills you need to continue painting long after class ends. The supply list is listed at the bottom of the registration receipt. **\$99**

20834 **Tues.** **10/6-11/10** **6-8pm**

Acrylic Painting with Texture

6 Weeks | Ages 18yrs. & Up | Cliff Hall Acrylic painting and texture. We'll discuss how textures can and/or do affect the outcome of a painting. We'll play with and incorporate different textures in our paintings. You will have a great time and leave with an idea of how texture can enhance your creative vision. No pressure, just fun. Supply list included at bottom of class registration receipt. **\$99**

20835 **Wed.** **9/30-11/4** **6-8pm**



Intro to Oil Painting

6 Weeks | Ages 18yrs. & Up | Explore the fundamentals of oil painting while working from still life arrangements and two-dimensional references. Students will learn color mixing, color theory, and composition, gaining confidence with each session. The class will culminate in a finished oil painting—a personal masterpiece to take home. All levels welcome. Supply list is listed at the bottom of the registration receipt. **\$99**

20837 **Thurs.** **10/1-11/5** **6-8pm**

Intro to Watercolor Painting & Beyond

4 Weeks | Ages 18yrs. & Up | Megan Perkins Come and learn the basics of watercolor, mixing colors, choosing the right paper, brushes to use, and how to transform a value sketch into a watercolor painting. If you have already taken a watercolor class, the instructor will help you continue with what you want to accomplish. Please feel free to bring your own photos to paint from. Supply list is listed at the bottom of the registration receipt. **\$99**

20838 **Mon.** **11/2-11/23** **6-8pm**

Watercolor Sketchbook Habit

4 Weeks | Ages 18yrs. & Up | Megan Perkins Experience the joy ! of playing in your sketchbook. In this class, we will explore techniques such as Notan, blind contour, hatching, color blocking, and more as a route to making work that improves our skills while embracing fun and defeating the inner critic. The goal is to learn ways to make art in small bits of time regularly so that you can make art every day. Please note, you WILL be expected to work in your sketchbook between class sessions. How can you develop a habit without practice? Supply list included upon confirmation of registration. **\$99**

20832 **Tues.** **9/8-9/29** **6-8pm**

NEW!!! Architecture without Panic

4 Weeks | Ages 18yrs. & Up | Megan Perkins Tackle drawing buildings with ease as Megan shows you measurement and perspective tricks. This drawing and painting class isn't about making architectural renderings. We'll be drawing buildings with a whimsical flair. Who cares about a little lean? We're artists, not engineers! Plus, it builds character! A splash of watercolor over the top adds color and energy to the scene. Come join us in drawing the city! Supply list included upon confirmation of registration. **\$99**

20833 **Wed.** **9/23-10/14** **6-8pm**



DRAWING

All classes held at the Corbin Art Center; 507 W 7th Ave. unless otherwise indicated.

Drawing Fundamentals

7 Weeks | Ages 16yrs. & Up | Koreena Nagai: Join us as we begin exploring drawing fundamentals! If you are new to drawing or need to brush up on basic skills, this is the class for you. We will be tackling drawing materials, composition, portrait techniques, shading, and perspective. Great basics that will lead to long-lasting confidence in your drawing. Supply list is listed at the bottom of the registration receipt. There will be no class on Monday, October 19th. **\$99**

20831 Mon. 10/5-11/23 1-3pm



FIBER ARTS

All classes held at the Corbin Art Center; 507 W 7th Ave. unless otherwise indicated.

Knitting 101: Beginning Knitting

4 Weeks | Ages 15yrs. & Up | Andi Keating Learning to knit is like learning a new language, and just getting used to the motion of making stitches takes enough brain power to get that muscle memory down. I'm here to help break down how to cast on and knit. As we progress, I will coach you on what a gauge swatch is, and why it is important, especially when reading patterns. We will work on more fun stitches such as stockinette, see, basket, ribbing, yarn overs, and bobbles. Supply list is listed at the bottom of the registration receipt. **\$65**

20839 Sat. 10/3-10/24 10am-Noon

Hooked on Yarn: Beginning Crochet

4 Weeks | Ages 15yrs. & Up | Andi Keating In this class, we will learn to make the basic crochet stitches: single, double, and treble crochet. We will talk about how to make circles and more 3D projects, as well as discussing gauge and its importance. We will make swatches of these stitches for practice before we move on to our class project. A written pattern will be included with the class for the project. Supply list is listed at the bottom of the registration receipt. **\$65**

20840 Sat. 10/3-10/24 12:30-2:30pm

NEW!!! Crafturday-Needle Felting Fall Fun

1 Day | Ages 13yrs. & Up | Jaime Kemple Create your own cute needle-felted mushrooms that you can use as a dangle charm or for your fall decorations. Needle felting is a relaxing craft where you can sculpt 3D objects out of wool using special barbed needles. No prior experience required, and all supplies provided. **\$39**

20841 Sun. 10/4 1-3pm

NEW!!! NEW Intermediate Knitting

4 Weeks | Ages 15yrs. & Up | Andi Keating Want to up your skills as a knitter? Tired of making plain scarves? Learn how to knit in the round, make cables, and do stranded colorwork in this comprehensive class. Spicing it up with texture or color is a lot of fun. You got this! Supply list is listed at the bottom of the registration receipt. **\$65**

20842 Sun. 10/25-11/15 10am-Noon

NEW!!! Crazy about Crochet: Intermediate Crochet

4 Weeks | Ages 15yrs. & Up | Andi Keating Want to up your skills in crochet? Tired of single stitch patterns? Learn how to do funky stitch patterns like the crocodile stitch, colorwork, and 3D objects in this comprehensive course. Supply list is listed at the bottom of the registration receipt. **\$65**

20843 Sun. 10/25-11/15 12:30-2:30pm





LANGUAGE & CONVERSATIONAL SPEAKING

All classes held at the Corbin Art Center; 507 W 7th Ave. unless otherwise indicated.

Intermediate Spanish Conversation

8 Weeks | Ages 18yrs. & Up | Mary Benham The class will read and discuss the book written by Carlos Fuentes Aura. Come prepared to discuss the plot and characters each week: we will review verb tenses, grammar, and idioms along the way. Students are also encouraged to talk about their memories, travels, current activities, etc. This class is designed for intermediate and advanced students who want to increase competence and fluency. Supply list included upon confirmation of registration. **There is no class on October 21, or November 11. \$99**

20844 Wed. 9/16-11/18 1-2:30pm

WRITING & PERSONAL ENRICHMENT

All classes held at the Corbin Art Center; 507 W 7th Ave. unless otherwise indicated.

Creative Memoir Writing

6 Weeks | Ages 18yrs. & Up | Mary Fruchter Do you have a story to tell, but aren't sure how to begin? Start here. In this creative writing class, we will look at memoir snapshots and study some of the techniques authors use to make their words and characters come alive. Then, we will try it out ourselves, writing our own lives. Join us and make your voice heard. Notebook, pencil or I-Pad and your memories are the only supplies needed. **\$125**

20845 Wed. 9/30-11/4 6-8pm

SKIN CARE & SOAP MAKING

All classes held at the Corbin Art Center; 507 W 7th Ave. unless otherwise indicated.

NEW!!! Hot Processed Soap Making

1 Day | Ages 16yrs. & Up | Karen Felber Learn the hot-process of making natural soap just like our grandmothers made. This rich, creamy soap is made with beef tallow, and it makes a long-lasting bar that your skin will love. We'll learn how to make foaming hand soap, lip balm, and felt a bar of handcrafted soap. Pamper yourself or someone special without paying high prices using everyday ingredients. Demonstrations and take-home samples. **\$49**

20846 Sat. 10/3 10am-Noon

CORBIN CRAFTS WORKSHOP

All classes held at the Corbin Art Center; 507 W 7th Ave. unless otherwise indicated.

NEW!!! Crafturday-TY Taxidermy Fun!

1 Day | Ages 13yrs. & Up | Jaime Kemple Create your own TY Taxidermy masterpiece! This workshop involves upcycling plush toys like the popular Beanie Babies into quirky, whimsical wall hangings. This is a fun way to keep these plushies out of the landfill and enjoy making a fun project. No prior experience required, and all supplies provided. Feel free to bring a favorite plushie to use or to trade. **\$49**

20851 Sun. 10/11 1-4pm

Give the gift of Recreation!

Our Youth Program Scholarships help underserved young people experience the joys of summer camps, swim lessons, sports, or art programs. If you're interested in contributing, visit SpokaneRec.org under the Youth Programs Scholarship tab, or at checkout when registering for classes.





COOKING

All classes held at the Corbin Art Center; 507 W 7th Ave. unless otherwise indicated.

NEW>>> No-Knead Bread Basics

1 Day | Ages 18yrs. & Up | Sara Saunders Lasu No-knead Bread Basics: In this beginner-friendly hands-on no-knead bread class, you will learn three different basic bread recipes and go home with two different kinds of loaves ready to bake at home later, plus a hard copy hand-out with recipes, nutrition information, and troubleshooting tips. We also snack on samples of bread baked ahead of time for you to enjoy! This type of bread is ideally baked in a Dutch oven, but if you don't have one at home already, you will also learn about alternative methods for baking no-knead bread. Bring a large cutting board from home to use as a work surface for shaping your bread dough. **\$53**

20847	Sun.	10/4	12:30-3:30pm
20848	Sun.	10/11	12:30-3:30pm

NEW>>> No-Knead Bread Next Level

1 Day | Ages 18yrs. & Up | Sara Saunders Lasu Chocolate Marble and Pumpkin Spice and Raisin: In this beginner-friendly hands-on no-knead bread class you will learn three different bread recipes (one basic plain loaf, as well as the more advanced recipes for Chocolate Marble and Pumpkin Spice and Raisin) and go home with two different kinds of loaves ready to bake at home later, plus a hard copy hand-out with recipes, nutrition information and troubleshooting tips. We also snack on samples of bread baked ahead of time for you to enjoy! This type of bread is ideally baked in a Dutch oven, but if you don't have one at home already, you will also learn about alternative methods for baking no-knead bread. Bring a large cutting board from home to use as a work surface for shaping your bread dough. (Taking the No-knead Bread Basics class beforehand is recommended but not required.) **\$53**

20849	Sun.	10/25	12:30-3:30pm
20850	Sun.	11/1	12:30-3:30pm

The Art of Homebrewing

6 Weeks | Ages 21yrs. & Up Learn the art of homebrewing! Gain confidence, knowledge, and practical experience to brew an extract batch of beer at home. Understand ingredients used in the brewing process. Identify major beer styles and attributes as well as appreciate a wide range of craft beers and how to evaluate for flaws and off flavors. Brewing demonstration, supplies and equipment provided. **\$99**

20812	Mon.	10/5-11/9	6-7:30pm
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INTERIOR DESIGN

All classes held at the Corbin Art Center; 507 W 7th Ave. unless otherwise indicated.

NEW>>> Celebrating Daniel Chase Corbin's Birthday

1 Day | Ages 18yrs. & Up | Cindy Blue-Blanton Honor the history and heart of the Pacific Northwest as we celebrate the birthday of Daniel Chase Corbin, born October 1, 1832. A founding pioneer and influential railroad visionary, Corbin helped shape the community we call home. Participants will learn about one of Spokane's wealthiest railroad pioneers and his lasting influence on the region. Explore why Corbin chose to build one of the more unpretentious homes on Spokane's fashionable South Hill. Hear about the home's design by renowned architect Kirtland Cutter and its place in local history through an informative talk and tour. Refreshments of cake and tea will be provided in the parlor by CAC staff. **\$49**

20852	Thurs.	10/1	6-8pm
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NEW>>> A Return to Elegance: The Classic Home Interior

1 Day | Ages 18yrs. & Up | Cindy Blue-Blanton Enjoy the rich setting of the Daniel Chase mansion and explore ways that the historic home can be furnished today. Interior Designer and educator Cindy Blue-Blanton will guide you through the steps to achieve modern and elegant interior design. The furniture collections of the most alluring home furnishing businesses in Spokane will be highlighted. They offer a captivating blend of classic lines and timeless pieces that inspire and help transform an older or contemporary home into a classic home interior, allowing a reflection of you and what you love. Materials for reference will be provided. **\$39**

20853	Thurs.	10/8	6-8pm
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REGISTER ONLINE
SpokaneRec.org



Call 311-or-
509-755-CITY
(from outside the city)





HISTORY & HAUNTS

All classes held at the Corbin Art Center; 507 W 7th Ave. unless otherwise indicated.

Walking Tour of the History of Riverside Memorial Park Cemetery

1 Day | Ages 18yrs. & Up Learn all about the cemetery's historical dead from Chet Caskey, historian and ghostologist of Two Dog City Tours. Lemonade, water & cookies provided. Tours begin and ends at the Cemetery office, 508 N Government Way. More info, directions and questions – call or text Chet at (509) 863-2519. **\$20**

20375 Sun. 9/20 2-4pm

Neighborhood Ghost Walk & Haunted Corbin Mansion Ghost Hunt

1 Day | Ages 18yrs. & Up Join Ghostologist & Spokane Historian Chet Caskey for a neighborhood ghost walk around the historical Edwidge Woldson Park that is next to the Moore-Turner Heritage Gardens. Dress warmly and wear sturdy footwear. After the walk, we will return to the D. C. Corbin mansion for refreshments of coffee, spiced tea, and cookies to warm you up for the ghost hunt. Ghost meters and equipment will be provided. **\$25**

20376 Fri. 10/30 6-8:30pm

War Heroes and Heroines of Spokane Through the Ages

1 Day | Ages 18yrs. & Up In honor of Veterans Day join Spokane Historian Chet Caskey for an entertaining and historic lecture on those locally who served our great country throughout the ages. Coffee, spiced tea, and cookies provided. **\$20**

20377 Sat. 11/14 1-3pm

The Ghosts of Holidays Past

1 Day | Ages 18yrs. & Up Enjoy a magical holiday presentation while sipping wassail or coffee and enjoying holiday cookies. Learn from Spokane Historian Chet Caskey as he discusses the origins and Spokane practices of the many Holiday traditions of the season. You may even be visited by the ghost of Jacob Marely. **\$25**

20378 Sat. 12/12 6-8pm

NEW▶▶▶ The History of American Congressional Elections in Troubled Times

6 Weeks | Ages 18yrs. & Up These course lectures can either be done in person or via Zoom. Registration comes with outlines, copies of ZOOM recordings, coffee, tea, and snacks. Proceeds from this course benefit the historic preservation of the D.C. Corbin House, home of the Corbin Art Center. **No Class 10/19. \$120**

September 28: The Congressional Elections of 1796 and the Sedition Act of 1798

October 5: The Congressional Elections of 1802 and the Impeachment of Supreme Court Justice Samuel Chase

October 26 :The Congressional Elections of 1994 & 1996, and the Impeachment of President Bill Clinton

November 2: The Congressional Elections of 2018 & 2020, and the Two Impeachments of President Donald Trump

November 9:The 2026 Congressional Elections

20809 Mon. 9/28-11/9 10am-Noon

NEW▶▶▶ AMERICA'S LATER COLD WAR PRESIDENTS

8 Weeks | Ages 18yrs. & Up Course comes with outlines, copies of ZOOM recordings, coffee, tea and snacks. **No Class 10/21. \$160**

September 9: President Johnson & Domestic Events of the 1960's

September 16: President Johnson & the Vietnam War

September 23: Nixon the "Peace with Honor" President, Disaster of the Vietnam War, Détente, World-wide Recession, and Ignominious Resignation

September 30: President Ford, the Unelected Leader

October 7: President Carter and Problems with Congress, his Own Cabinet & Iran

October 14: President Reagan, Cold War Accusations, the Caribbean, Central America & Problems with Iran

October 28: The Fall of the Soviet Union & Emergence of the new Russian Federation, President George H.W. Bush, the Invasion of Panama & the Gulf War

November 4: The Beginnings of an American Dictatorship and Bill Barr's Unitary Executive Theory of 1989.

20810 Wed. 9/9-11/4 10am-Noon

ENGAGEMENT WORKS

Kids who engage in a real life club, sport, or the arts have better school attendance, higher academic performance, and a deeper sense of belonging.



Visit EngageIRL.com or scan this QR code to get started



YOUR LIBRARY CARD IS A KEY TO

books • movies • things • meeting spaces
events • computer access • culture passes



Don't have a library card?
Sign up for one today at
spokanelibrary.org/signup



GET OUTDOORS WITH US!

Here's why:



Guides

- Our friendly guides have a passion for the outdoors personally and professionally, and can't wait to share
- We worry about the details so you don't have to!
- Gain useful insights and info to make the most of your trip
- Beginner friendly — no one gets left behind!



Equipment

- We provide all necessary equipment for our adventures
- We don't expect you to show up with the fanciest gear
- Find out if you like it before buying your own gear



Transportation

- Meet us in a convenient location close to town
- No parking passes needed when you ride with us
- Don't worry about the driving, just enjoy the scenery

What you can expect:

A convenient way to discover a new destination with all of the trip details already organized for you and with a team to support you every step of the way. Before your trip, you will receive information on how to prepare and we are here for you if you have questions beforehand.

What's happening?

SPRING: Nature Classes • Rafting • Archery

SUMMER: Paddleboard Tours • Kayak Tours • Youth Day Camps
Little Spokane River Shuttle and Kayak Rentals

FALL: Hikes • Driving Tours • Kayak Tours

WINTER: Moonlight & Daytime Snowshoeing, Cross-Country Ski Tours

PRIVATE TOURS: We'll take your group on a custom private adventure in any season



✉ afuzak@spokanecity.org

☎ 509.363.5414

🌐 www.spokanerec.org

See Current
Offerings





KAYAKING

After registration, you'll receive additional pre-trip information via email. For help determining if the activity is right for you, or for questions about age restrictions, equipment, or other details, call us at 509.363.5414. Participants under 18yrs. must be with an adult except in youth-only programs. Programs allowing ages 17yrs. & under are Youth Scholarship Eligible. Visit: spokane parks.org/scholarships for more information.

Kayak Tour Spokane River Plese Flats to Nine Mile Dam

1 Day | Ages 16yrs. & Up Enjoy a wonderfully lazy stretch of flatwater on the Spokane River that flows through Riverside State Park. The forested shorelines (sometimes we call them «Bob Ross Happy Trees») give you solitude as you keep a watchful eye out for wildlife such as osprey, heron, deer, moose, and fish. Paddle your sturdy and stable tandem sit-on-top kayak and learn some tips from your guides. This is a great escape! Discover Parking Pass required discoverpass.wa.gov Fee includes: guides, kayaking equipment, and shuttle transportation. **Meet at Spokane River Nine Mile Dam Take-Out located at W. Carlson Road Parking Lot. \$69**
 20654 Sat. 8/29 11am - 3pm



Kayak Little Pend Oreille Lake Chain with Transportation

1 Day | Ages 16yrs. & Up Explore the four-lake chain of this mountain-ringed area in the Colville National Forest on our very stable, user friendly sit-on-top tandem kayaks. Crystal clear and surrounded by the Selkirk Mountains; these lakes are a must-see. Bring water and lunch for our picnic at one of the lakes campgrounds. Fee includes guides, transportation, and kayaking equipment. **Meet at Yoke's Fresh Market - Mead Parking Lot located at 14202 N Market St., Mead. \$89**
 20655 Sat. 9/12 8am - 5pm

Kayak Little Spokane River Tour

1 Day | Ages 16yrs. & Up - Recent Kayak Experience Strongly Encouraged Take in this one-of-a-kind natural area as you paddle your single sit-on-top kayak. We will paddle for 7 miles along this meandering river, exploring every winding oxbow. Spokane is so lucky to have this treasure in its backyard. Look for many ducks, heron, and maybe a moose. Set your watch to river time and connect with nature! Guides, shuttle transport, and kayaking equipment included. Adult must accompany participants under 18. **Meet at Little Spokane River Take-Out located at N. Shoemaker Ln., Nine Mile Falls. \$69**

Discover Pass Free Day

20653 Sat. 9/26 10am - 2pm





WILDLIFE WORKSHOPS

After registration, you'll receive additional pre-trip information via email. For help determining if the activity is right for you, or for questions about age restrictions, equipment, or other details, call us at 509.363.5414. Participants under 18 must be with an adult except in youth-only programs. Programs allowing ages 17yrs. & under are Youth Scholarship Eligible. Visit: spokane parks.org/scholarships for more information.

Bear Aware!

1 Day | Ages 8yrs. & Up Learn new appreciation for bears and gain the awareness to feel more comfortable and prepared to adventure into bear country in this class taught by Candace Bennett, Wildlife Conflict Specialist with the Washington Department of Fish & Wildlife. You will learn about bear habits and habitat, species of bear in the northwest, how to avoid negative interactions, and what to do if you do come across one of these amazing animals. During this class you will get to practice proper bear spray usage with inert training bear spray. As an added bonus, we will use an electric apple press to make juice for apple cider! A small amount of donated apples will likely be available but you can bring 3-5 pounds of juicy apples and a 1-liter container to take home some juice! Instruction, informational materials, and practice bear spray provided. **Meet at Manito Park North (Lower) Shelter located at 1702 S. Grand Blvd. \$19**

20854 Sat. 10/3 3 - 5:30pm

The Beauty of Birding

1 Day | Ages 15yrs. & Up Enjoy an easy hiking adventure and learn about birding, an activity which is as exciting as it is peaceful. Candace Bennett, Wildlife Conflict Specialist with the Washington Department of Fish & Wildlife, will show you different resources to help find and identify native and migratory birds in the beautiful setting of Turnbull National Wildlife Refuge. Guides, instruction, binoculars, trekking poles, and transportation provided. **Meet at Yoke's Fresh Market Foothills located at 210 E. North Foothills Dr. \$39**

20855 Sat. 10/10 8am - 1:30pm

Adaptive Cycling Demo Day

Explore the world of adaptive cycling with the Outdoors for All Foundation. Whether you're new to adaptive cycling or looking for the right fit, everyone is welcome to this FREE event!



Adaptive Cycles

A variety of adaptive cycles will be available for use.



Basic Bike Fittings Included

Basic bike fittings are included to help you ride comfortably and confidently.



Veterans & Families

Veterans and their families are welcome!



SATURDAY, SEPT. 19, 2026

STARTING AT 9:00AM - 11:00AM



DONKEY ISLAND TRAILHEAD

9814 E MARINGO DR, SPOKANE, WA 99206



QUESTIONS? EMAIL CANDICE.BELCOURT@ROVIDENCE.ORG, (509) 473-6236

THANK YOU TO:



WALKING/DRIVING TOURS

After registration, you'll receive additional pre-trip information via email. For help determining if the activity is right for you, or for questions about age restrictions, equipment, or other details, call us at 509.363.5414. Participants under 18 must be with an adult except in youth-only programs. Programs allowing ages 17yrs. & under are Youth Scholarship Eligible. Visit: spokane parks.org/scholarships for more information.

Steptoe Butte Sunset Walking Tour

1 Day | Ages 13yrs. & Up. | Walk time: 70 Minutes | Terrain: Easy to Moderate Uphill; 550ft elevation gain | Mileage: 1.8 This trip is an opportunity to see a geological feature which inspired the term Steptoe which is used worldwide in referring to similar buttes of crystalline rock protruding above lava plains. This mountain has a very interesting history that can be explored when you reach the summit. Walk or ride in the bus to the top of this unique geological feature. Once atop the Butte you will be greeted by an amazing view. Fee includes guides, transportation, and trekking poles. **Meet at Yoke's Fresh Market - Latah located at 4235 Cheney Spokane Rd. \$49**

20859 Sat. 10/17 3:30 - 8pm

Youth Program Scholarships



We believe that everyone should have the opportunity to participate in recreation activities. Spokane Parks and Recreation Youth Program Scholarships are available to those who qualify.

Youth Program Scholarships make our sports and arts programs, general recreation programs, and therapeutic programs more accessible to the community. Our aim is to eliminate financial barriers and ensure that everyone in our community can enjoy the benefits of recreation.

Scholarships are for 50% off program costs. Individual scholarship awards are limited to one program per household member per quarter (Winter, Spring).

**For more information
or to apply, visit
[SpokaneParks.org/
scholarships](https://SpokaneParks.org/scholarships)**

These funds are made possible by all the generous community members giving the gift of recreation by donating to the Youth Program Scholarship fund upon checkout when registering for a recreation program.

Thank you!

SPOKANE

starts here



**OPENING DAY
SATURDAY, NOV. 21**



Admission

Adult: \$10.95

Youth (ages 3-12): \$7.95

Skate Rental: \$7.95





SCHOOL'S OUT YOUTH OUTDOOR PROGRAMS

After registration, you'll receive additional pre-trip information via email. For help determining if the activity is right for you, or for questions about age restrictions, equipment, or other details, call us at 509.363.5414. Programs allowing ages 17yrs. & under are Youth Scholarship Eligible: spokaneparks.org/scholarships for more information.

NEW▶▶ FALL BREAK OUTDOOR EXPLORATION

Spokane River Watershed Field Science

1 Day | Ages 9-13yrs. Explore portions of the Spokane River Watershed and search for small animals called macroinvertebrates which are enjoyable to find, and useful indicators for stream health! We will be joined by knowledgeable and fun staff from the Spokane Riverkeeper. The day will begin with some fun games and community building activities. Participants will then be transported by van to the confluence of the Spokane River and Latah Creek for engaging exploration and learning. Bring shoes that can get wet, small backpack, water bottle, and a lunch. Guides, equipment, and transportation provided. **Meet at Riverfront Park - Washington Parking Lot located at 809 N. Washington St. \$89**

20884 Tues. 10/20 9am - 4pm

Mount Spokane Forest Walk and Picnic

1 Day | Ages 9-13yrs. Explore the trails and forests of Mount Spokane State Park and learn about the amazing trees and ground-covering plants that live there! We will be accompanied by a member of the Spokane Urban Forestry Team who will help us identify and appreciate the variety of flora along the path. After meeting at Riverfront Park, we will travel by van to Mount Spokane. Bring a small backpack, sturdy shoes, water bottle, and a lunch. Guides, equipment, and transportation provided. **Meet at Riverfront Park - Washington Parking Lot located at 809 N. Washington St. \$89**

20889 Wed. 10/21 9am - 4pm

Creature Curiosity at Riverside State Park

1 Day | Ages 9-13yrs. Stoke your curiosity about the wildlife who live in the northwest! A Wildlife Conflict Specialist from the Washington Department of Fish and Wildlife will share pelts, skulls, and other information relating to wild animals. The group will also take a trek through the forest to see if we can spot any wildlife or signs that they have been around. After meeting at Riverfront Park, we will travel by van to Riverside State Park Bowl and Pitcher. Bring a small backpack, sturdy shoes, water bottle, and a lunch. Guides, equipment, and transportation provided.

Meet at Riverfront Park - Washington Parking Lot located at 809 N. Washington St. \$89

20893 Thurs. 10/22 9am - 4pm



WINTER BREAK CAMP

BASE Camp Winter Explorers

2 Days | Ages 9-13yrs. Welcome to BASE Camp Winter Explorers! From here, big adventures await. Daily trips up to Mount Spokane State Park set us up for a mountain of fun! Explore snowy trails by snowshoe to play games and take shelter in one of the rustic warming huts. Campers will enjoy the small group sizes of no more than 12. Attendees of all outdoor skill levels will build self-esteem, practice healthy social skills, and benefit from an increased sense of community. Directions and pre-trip information will be emailed after registration. Bring a lunch, water bottle, winter clothing, and backpack. All specialized equipment and instruction will be provided. **Meet at Park Operations - Parking Lot located at 2304 E. Mallon Ave. \$179**

20926 Mon. & Tues. 12/28-12/29 9am - 4pm



REGISTER ONLINE
SpokaneRec.org



Call 311-or-
509-755-CITY
(from outside the city)





ARCHERY

After registration, you'll receive additional pre-trip information via email. For help determining if the activity is right for you, or for questions about age restrictions, equipment, or other details, call us at 509.363.5414. Participants under 18 must be with an adult except in youth-only programs. Programs allowing ages 17yrs. & under are Youth Scholarship Eligible. Visit: spokane parks.org/scholarships for more information.

Archery Introduction

1 Day | Ages 8yrs. & Up Instructed by the Evergreen Archery Club. Open to all skill levels. Archery is a great activity which the whole family can enjoy. Learn the basics of archery from skilled professionals in a beautiful outdoor setting. After your instruction, you will enjoy a course shoot and finish up with a 3D target. Since 1962, the Evergreen Archery Club has been dedicated to advancing the sport and maintains a wonderful outdoor range in close proximity to downtown Spokane. You will enjoy learning and practicing surrounded by native ponderosa pines in an amazingly convenient location! All equipment provided. Closed toe shoes required. Adult supervision required for participants under 18. **Meet at Evergreen Archery Range, Elliott Dr. \$30**

20937	Sun.	9/13	9am-Noon
20938	Sun.	9/27	9am-Noon

SNOWSHOEING

After registration, you'll receive additional pre-trip information via email. For help determining if the activity is right for you, or for questions about age restrictions, equipment, or other details, call us at 509.363.5414. Participants under 18 must be with an adult except in youth-only programs. Programs allowing ages 17yrs. & under are Youth Scholarship Eligible. Visit: spokane parks.org/scholarships for more information.

Snowshoe Moonlight Tour with Transportation

1 Day | Ages 16yrs. & Up | Hike time: 2.5 hours | Terrain: moderate Up/downhill ~570ft elevation gain/loss Moonlight on snow is a magical and memorable experience. Quietly, you will explore the meadows and woods around Mount Spokane. Mystical moonlight through the trees makes for some great photos! Fee includes: guides, snowshoes, poles, headlamps, instruction, and transportation! **Meet at Yoke's Fresh Market Parking Lot 14202 N. Market St. Mead. \$55**

20923	Sat.	12/19	5:30 - 9pm
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Snowshoe Mount Spokane with Transportation

1 Day | Ages 13yrs. & Up | Hike time: 3 hours | Terrain: moderate Up/downhill, Up to 550ft elevation gain/loss. During this guided snowshoe tour you will travel on trails through the wonderland of snow-covered trees and hills around Mount Spokane. Try this fun Winter sport for the first time, learn new trails, or expand your skills. What a great winter getaway! Fee includes: guides, snowshoes, poles, instruction, and transportation. **Meet at Yoke's Fresh Market Parking Lot located at 14202 N. Market St. Mead. \$55**

20924	Sun.	12/20	9am - 1pm
20925	Sat.	1/2	9am - 1pm



PRIVATE GROUP TOURS

Book a private snowshoe
or cross country ski tour
through City of Spokane
Parks & Recreation!

Call 509.363.5414 or email
afuzak@spokanecity.org



SKI IN THE CITY

You don't have to go to the mountain to
get your xc-ski and fat biking fix! Look for
groomed trails in and around Spokane
this winter.

- **FINCH ARBORETUM** **NEW!**
*xc-skiing & snowshoeing
- **RIVERSIDE STATE PARK**
*xc-skiing, snowshoeing & fat biking
- **DWIGHT MERKEL**
*xc and skate-skiing, snowshoeing

spokaneparks.org/snow for updated info and rules
for updated grooming info call 509-363-5418



Grooming no longer provided at Indian Canyon Golf Course.
City of Spokane Golf Courses are closed to all winter activities
including: skiing, snowshoeing, fat-biking, and sledding.



Discounted Skiing/Snowboarding + Volunteering = One Awesome Winter Experience



Do you enjoy skiing or snowboarding and want to help improve the quality of life for people with disabilities? Consider volunteering with Therapeutic Recreation Services.

Call 509-625-6245 or email trs@spokanecity.org for more information.



Discover the wonders of Riverfront Park, where the Loof Carrousel, Gesa Pavillion, Numerica Skate Ribbon and SkyRide and picturesque Clock Tower await amidst 64 acres of breathtaking scenery. With attractions and events for every season, there's something for everyone to enjoy. For questions and inquiries, please reach out to rfinfo@spokanecity.org.

Riverfront Eats

1 Day | All Ages Join us every Tuesday (June-August) for Riverfront Eats. Various food trucks will be parked on the orange Howard St. Bridge, offering delicious local food. Not only will you enjoy tasty food, but you'll also be helping to support free and affordable events in Riverfront Park. Riverfront Park 507 N Howard St. **Free admission**

Tues.	8/18	11am-2pm
Tues.	8/25	11am-2pm

Riverfront Moves

Presented by Providence

1 Day | All Ages Riverfront Moves is our annual summer fitness series featuring local fitness partners who lead free classes in the park. Enjoy a variety of workouts in a beautiful outdoor setting all season long. Riverfront Spokane 720 W Spokane Falls Blvd. **Free**

Thurs.	8/20	6pm-7pm	The Troop
Tues.	8/25	6pm-7pm	Amore Movement
Sat.	8/29	6pm-7pm	The Union Studios

Movies at the Pavilion

Presented by Kaiser Permanente

1 Day | All Ages Watch free family-friendly movies under the stars at Riverfront's Movies at the Pavilion, sponsored by Kaiser Permanente. Bring a low-back lawn chair or relax on the grass. Movies start at 8:30 PM! Feel free to bring your own food and drinks. Gesa Pavilion at Riverfront Park 507 N Howard St. **Free admission**

Sat.	8/22	8:30pm-11pm
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Riverfront Art Drop Day

1 Day | All Ages Riverfront invites the community to drop their art in the park for someone to find and keep. Art Drop slips with instructions will be available at the Numerica Skate Ribbon & SkyRide facility and Visit Spokane Information Center. Post a photo of the artwork you create or find and tag us using the hashtag #RiverfrontArtDrop. Riverfront Spokane 720 W Spokane Falls Blvd. **Free**

Tues.	9/1	11am - 7pm
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WSECU Fall Fest

1 Day | All Ages Who says fall fun is just for the countryside? We're bringing all the fun of the farm and community spirit right into downtown for WSECU Fall Fest! Come join us the first Saturday in October to celebrate one of the most beautiful seasons Spokane has to offer. We've got a bunch of activities planned that everyone in the family will love. See you there! Riverfront Park 507 N Howard St. **Free admission**

Sat.	10/3	10am-5pm
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Walking Ghost Story Tours

1 Day | All Ages Each Tour will feature a different Riverfront Park "verifiable" and "true" terrifying story that occurred in the Park. Attend all three! Riverfront Park 507 N Howard St. **\$10**

Fri 10/9	6pm-7:30pm	The Pitiable Death & Ghost of Christine Dohman
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Fri 10/16	6pm-7:30pm	All Aboard! The Deadly History & Ghosts of Spokane's Doomed Passenger Trains
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Fri 10/23	6pm-7:30pm	Spokane's "Lovers Leap" Ghosts of the Post Street Bridge
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Sat 10/31	1pm-3pm	Halloween Ghost Stories
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Sat 10/31	4pm-6pm	Halloween Ghost Stories
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Spo-Candy Crawl

1 Day | All Ages There will be SPOOKY scenes happening in Downtown Spokane and Riverfront Park. Children will locate each scene and decipher a riddle to earn a treat-bag full of fall goodies. Numerica Skate Ribbon 720 W Spokane Falls Blvd.

Sat.	10/31	11am-6pm
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Veteran's Appreciation Day

Presented by Gesa Credit Union

1 Day | All Ages Celebrate Veterans Day at Riverfront with complimentary Looft Carousel Rides available to all military members (active or retired) and their families. Join us between 11am and 6pm for a day of gratitude and enjoyment. Looft Carousel 620 W. Spokane Falls Blvd. **Free**

Tues. 11/11 11am-6pm

Numerica Tree Lighting Celebration

1 Day | All Ages The Numerica Tree Lighting Celebration is a signature Riverfront holiday event and a tradition for many Spokane families on Thanksgiving weekend. Festivities will kick off at 4pm on Saturday, November 29th at the plaza adjacent to the Numerica Skate Ribbon with food trucks and live entertainment. Grab your ice skates, a cup of hot cocoa and join us as we count down to light our community tree at 6pm Riverfront Park 507 N Howard St. **Free**

Sat. 11/28 4pm-7pm

Holiday Village presented by Gesa Credit Union

4 Days | All Ages Experience the magic of the season at downtown Spokane's 2nd annual Holiday Village, presented by Gesa Credit Union! Sip hot cocoa, get creative with hands-on crafts, snap a festive photo at our holiday-themed station, and enjoy live local performances—all while discovering Spokane's most unique artisan market. Nestled inside a cozy glass-top tent beneath the twinkling LED canopy of the iconic Gesa Pavilion, this is a holiday experience you won't want to miss. Spokane Pavilion at Riverfront Park 507 N Howard St. **Free admission**

Thurs. 12/10 5pm-9pm

Fri. 12/11 5pm-9pm

Sat. 12/12 11am-9pm

Sun. 12/13 11am-6pm



New Year's Eve Fireworks Celebration

1 Day | All Ages Ring in the New Year with your friends and family at Riverfront Park on Wednesday, December 31. Fireworks will start at 9pm for a family-friendly New Year's Eve celebration! Riverfront Park 507 N Howard St. **Free**

Thurs. 12/31 9pm

Story Time at the Carrousel

Presented by: Kaiser Permanente

1 Day | Ages 2-5yrs. Join us in the Looft Carousel party room at for Story Time every third Friday of each month. Story Time is an early literacy activity designed to spark and engage the young imagination with stories, songs, and preschool activities. \$1 Carrousel rides offered to those who attend. Looft Carrousel 620 W. Spokane Falls Blvd. **Free**

Find the full schedule of Story Time at the Carrousel at RiverfrontSpokane.org/events

Numerica Skate Ribbon - Ice Skating Season

Numerica Skate Ribbon - Opening Day for Ice Skating

1 Day | All Ages The Numerica Skate Ribbon is anticipated to open to the public Saturday, November 21! Riverfront Spokane 720 W Spokane Falls Blvd. **\$6.95 - \$9.95**

Sat. 11/21 11am-9pm

Learn to Skate with Lake City Figure Skating Club

1 Day | All Ages Join the coaches of Lake City Figure Skating each week and learn the FUNdamentals of ice skating. Skaters will work through the curriculum of Learn to Skate USA and come away with new skills, increased self-confidence, and lots of fun memories. All ages are welcome! Riverfront Park 507 N Howard St.

Sat. 12/05 10am-11am

Sat. 12/12 10am-11am

Sat. 12/19 10am-11am

Sat. 1/09 10am-11am

Sat. 1/16 10am-11am

Sat. 1/23 10am-11am

Sat. 1/30 10am-11am



REGISTER ONLINE
SpokaneRec.org



**Call 311 -or-
509-755-CITY**
(from outside the city)





Life Enrichment programs are activities designed to provide participants with an opportunity to explore new things and develop interests. These activities promote health, wellness, fun, socialization, critical thinking, and problem-solving skills. They make learning something new more meaningful, valuable, and rewarding.

MARTIAL ARTS

Wellness Benefits of Martial Arts - Martial arts training for youth offers numerous wellness benefits supported by academic research. Some of these benefits include physical fitness, discipline and self-control, confidence and self-esteem, emotional regulation, conflict resolution and bullying prevention. (Butterfield et al., 2011; Cid et al., 2016; Konzak & Klavora, 2003).

Karate Traditional Okinawan Goju Ryu

4 Weeks | Ages 6yrs. & Up | Sensei Mary Roe These classes follow the traditional practices and respect associated with Okinawan Goju Ryu, which stresses a balance of hand and foot techniques, practical self-defense, and physical conditioning. Beginners and experienced practitioners, regardless of style, are welcome. Gis (karate uniform) is required. Please contact the instructor at 480-338-9131 for questions. **Southside Senior and Community Center, 3151 E. 27th Ave. \$45**

Youth Ages 6-14yrs.

20914	Tues./Thurs.	8/25-9/24	4-5pm
20915	Tues./Thurs.	9/29-10/22	4-5pm
20916	Tues./Thurs.	10/27-11/19	4-5pm
20917	Tues./Thurs.	12/1-12/17	4-5pm

Adults Ages 15yrs. & Up

20918	Tues./Thurs.	8/25-9/24	5:10-6:10pm
20919	Tues./Thurs.	9/29-10/22	5:10-6:10pm
20920	Tues./Thurs.	10/27-11/19	5:10-6:10pm
20921	Tues./Thurs.	12/1-12/17	5:10-6:10pm



QIGONG

Wellness Benefits of Qigong Qigong, a traditional Chinese mind-body practice involving coordinated movements, meditation, and breathing exercises, has been associated with various wellness benefits supported by academic research. These findings suggest that regular qigong practice can offer a range of wellness benefits, including stress reduction, improved physical health, enhanced quality of life, and effective pain management (Oh et al., 2012; Jahnke et al., 2010; Chen et al., 2016; Lauche et al., 2016).

Qigong for Good Health: Great White Crane

6 Weeks | Ages 16yrs. & Up | Jeff Thompson Qigong of the Great White Crane is a fun and graceful practice that primarily supports the lungs and respiratory system. Our lungs are our first line of defense and the foundation of our immune system. Stressful lifestyles often negatively affect our breathing patterns, disrupting the lungs' natural rhythm and function. This disharmony can lead to increased allergies, asthma, bowel issues, and skin changes. Practicing this form in the fall helps prepare your body for winter's cold and flu season. Additionally, since sadness is the emotion associated with the lungs, the movements of the White Crane form can help lift your spirits and make you feel happier! **Manito Park Meeting Room, 2022 S. Tekoa St. \$85**

20895	Sat.	9/12-10/17	10:15-11:15am
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Yuan Shen Qigong

6 Weeks | Ages 16yrs. & Up | Jeff Thompson This is an ancient set of eight exercises from the Blue Mountain Monastery in China. It is the principal form of exercise for the monks who live there, promoting self-healing and restoring their bodies' ability to nourish their internal organs. Regular practice of this routine to strengthen the kidneys and lungs may improve respiratory function and support the immune system. It may also support healthy circulation and mental clarity. This is a very relaxing form and feels great! No previous experience necessary. **(No class on 11/28) Finch Arboretum, 3404 W. Woodland Blvd. \$85**

20896	Sat.	11/7-12/19	10:15-11:15am
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FITNESS/WELLNESS

Zumbini® Music & Movement

6 Weeks | Ages 0-4yrs. | Carrie Jahns Zumbini® is a lively class created by Zumba® and BabyFirst for ages 0-4 and their caregivers. Combining music and movement with fun, play-based activities, you'll sing, dance, and bond with your child in a joyful, energetic environment. Come play with us and make lasting memories! **(No class on 11/26) Southside Senior and Community Center, 3151 E. 27th Ave. \$75**

20897 Thurs. 10/22-12/3 9:30-10am

Barre Strength

8 Weeks | Ages 16yrs. & Up | Carrie Jahns Barre Strength is a full-body workout combining barre-inspired movement and strength training to improve muscle tone, balance, posture, and core stability. Please bring a yoga mat and grip socks. **Southside Senior and Community Center, 3151 E. 27th Ave. \$114**

20908 Mon. 10/19-12/7 6-7pm

Longevity Fit for Healthy Aging

7 Weeks | Ages 55yrs. & Up Longevity Fit is a fun and effective workout program designed for mature individuals, aiming to boost both physical and mental wellness. This class focuses on rebuilding and maintaining your foundation by enhancing strength, stamina, balance, agility, and mobility. If you want to stay active throughout your life, Longevity Fit is the perfect workout class for you! We'd love for you to join us and become part of our fun and active community! **\$120**

Southside

Southside Senior and Community Center - 3151 E. 27th Ave.

20911 Wed./Fri. 9/16-10/30 9-9:50am

20912 Wed./Fri. 11/4-12/18 (No class on 11/27) 9-9:50am

Northside

Shadle Park Library - 2111 W. Wellesley Ave

20909 Tues./Thurs. 9/15-10/29 10-11am

20910 Tues./Thurs. 11/3-12/17 (No class on 11/26) 10-11am

HISTORICAL TOURS

Spokane Garry Historical Tours

1 Day | Ages 16yrs. & Up | Chief Spokane Garry (1811-1892) was an influential figure in the settling of the Spokane region. In this series, local historian Dr. Dave Beine, will expose participants to Garry's life and impact upon our community. Participants will receive a detailed itinerary with meeting locations after registration.

Historic Horse Slaughter Camp Walk/Bike Tour \$25

20447 Sat. 9/5 9am-Noon

Hangman Creek Historic Bus Tour \$50

20448 Sat. 9/19 9am-Noon

Spokane Garry: A Historical Expedition Bus Tour \$50

20417 Sat. 10/3 9am-1pm

Give the gift of Recreation!

Our Youth Program Scholarships help underserved young people experience the joys of summer camps, swim lessons, sports, or art programs. If you're interested in contributing, visit SpokaneRec.org under the Youth Programs Scholarship tab, or at checkout when registering for classes.





Skyhawks Sports Academy provides sports classes where children discover and develop athletic skills and life lessons, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

SPORT	DATE	DAY	TIME	AGES	LOCATION
Soccer (Practice and Play)	9/12 - 10/17	Saturdays	9:00 AM - 10:30 AM	6yr - 12yr	Comstock Park
Soccer	9/14 - 10/12	Mondays	4:00 PM - 4:50 PM	6yr - 12yr	Comstock Park
Soccer	9/14 - 10/12	Mondays	5:00 PM - 5:50 PM	6yr - 12yr	Comstock Park
Volleyball	9/15 - 10/13	Tuesdays	4:00 PM - 4:50 PM	6yr - 12yr	Comstock Park
Volleyball	9/15 - 10/13	Tuesdays	5:00 PM - 5:50 PM	6yr - 12yr	Comstock Park
Flag Football	9/14 - 10/12	Mondays	4:00 PM - 4:50 PM	6yr - 12yr	Ruth Park
Flag Football	9/14 - 10/12	Mondays	5:00 PM - 5:50 PM	6yr - 12yr	Ruth Park
Soccer	9/16 - 10/14	Wednesday	4:00 PM - 4:50 PM	6yr - 12yr	Webster Park
Soccer	9/16 - 10/14	Wednesday	5:00 PM - 5:50 PM	6yr - 12yr	Webster Park
Volleyball	9/17 - 10/15	Thursdays	5:00 PM - 5:50 PM	6yr - 12yr	Webster Park
Volleyball	9/17 - 10/15	Thursdays	4:00 PM - 4:50 PM	6yr - 12yr	Webster Park



Register for your camp:
register.skyhawks.com

Have any questions? Give us a call:
 Phone: 800-804-3509





Skyhawks Sports. For complete customer services and additional information please call 800.804.3509. Spokane Public School site are listed by geographical regions. The final location of each class will be determined by the school district before the start of the program and will be communicated to all registrants at that time.

Northeast Region Schools	Arlington, Lidgerwood, Whitman, Regal, Longfellow, Bemiss, Logan, Stevens, Cooper
Northwest Region Schools	Garfield, Holmes, Audubon, Finch, Willard, Madison, Ridgeview, Browne, Westview Indian Trail, Balboa, Woodridge, Linwood I
Southwest Region Schools	Wilson, Roosevelt, Jefferson, Hutton, Grant
Southeast Region Schools	Hamblen, Adams, Lincoln Heights, Franklin, Scott, Mullan Road, Moran

SPORT	DATE	DAY	TIME	AGES	LOCATION
Basketball	10/26 - 12/07	Mondays	5:35 PM - 6:25 PM	6yr - 12yr	Southwest Region
Basketball	10/26 - 12/07	Mondays	6:35 PM - 7:25 PM	6yr - 12yr	Southwest Region
Volleyball	10/27 - 12/08	Tuesdays	5:35 PM - 6:25 PM	6yr - 12yr	Southeast Region
Volleyball	10/27 - 12/08	Tuesdays	6:35 PM - 7:25 PM	6yr - 12yr	Southeast Region
Basketball	10/28 - 12/09	Wednesdays	5:35 PM - 6:25 PM	6yr - 12yr	Northeast Region
Basketball	10/28 - 12/09	Wednesdays	6:35 PM - 7:25 PM	6yr - 12yr	Northeast Region
Soccer	10/29 - 12/10	Thursdays	5:35 PM - 6:25 PM	6yr - 12yr	Northwest Region
Soccer	10/29 - 12/10	Thursdays	6:35 PM - 7:25 PM	6yr - 12yr	Northwest Region
Winter Break Camp (Basketball, Soccer, Volleyball)	12/28 - 12/30	Monday - Wednesday	9:00 AM - 3:00 PM	6yr - 12yr	Southeast Region
Winter Break Camp (Basketball, Soccer, Volleyball)	12/28 - 12/30	Monday - Wednesday	9:00 AM - 12:00 PM	6yr - 12yr	Southeast Region



Register for your camp:
register.skyhawks.com

Have any questions? Give us a call:
Phone: 800-804-3509



Spokane Parks and Rec Fall 2026



SuperTots Sports provides sport-based development programs where children discover and develop athletic, motor, and social skills. SuperTots' curriculum is specifically designed to promote development along side a healthy, active lifestyle.



REGISTER HERE



REGISTER TODAY



Online:
register.skyhawks.com

Have any questions? Give us a call:
Phone: 800-804-3509

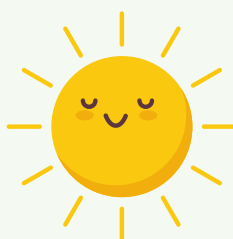
WHEN IS THE NEXT GUIDE AVAILABLE?



WINTER

Available: Week of November 23

Registration Opens: December 2 at 9:00am*



SPRING & SUMMER

Available: Week of March 15

Aquatics Programs ONLY Registration Opens: March 17 at 9:00am

Spring/Summer Registration Opens: March 24 at 9:00am*

*See page 37 for all Adult Athletic Registration info.

SpokaneRec.org



HOPE
SOCCER 2026

FREE COMMUNITY SOCCER @ GRANT PARK MINI PITCH!



Weekly Developmental Training
Ages 9-13yrs



Community Pickup Futsal
Ages 18yrs. & Up



Soccer Tournament
Ages U10, U13, Adult 30yrs & Up



Inclusive TOPSoccer Clinics
All Ages



Completely FREE

SCAN FOR SCHEDULE & PROGRAM DATES



WWW.HOPESOCER2026.ORG



USTA
PACIFIC NORTHWEST

Tennis Afterschool Zone (TAZ)

SPOKANE, WASHINGTON

OCTOBER - DECEMBER

6:00-7:00PM | GRADES 1-5

Programs offered Monday through Thursday
Offered at Local Elementary Schools

Tennis Afterschool Zone (TAZ) is designed for kids in grades 1-5 and brings tennis directly to school gyms —no courts required! Using kid-friendly equipment and fun, game-based activities our goal is to help develop tennis fundamentals while also building teamwork, sportsmanship, and leadership skills.

WHAT TO EXPECT

- Fun, game-based learning from Safe Play™ Approved Coaches
- Free loaner racquets and appropriately-sized equipment
- A welcoming, no-pressure environment for all abilities
- Opportunities to stay active, build confidence, and make friends
- Affordable pricing with scholarships available

The Spokane Public School District does not sponsor or endorse the activities and/or information contained in this material.



Apply for a scholarship

**"THE COACHES
ARE SO MUCH FUN
AND ENGAGING."**

- RecTennis Participant



READY TO PLAY?

Sign up today via the QR code and discover how easy it is to get started.

QUESTIONS?

Contact Henry Preacher | 509.601.0762
hpreacher@pnw.usta.com

**REGISTER
NOW**



USTA
PACIFIC NORTHWEST

TREE TROT

10.03



2026

FINCH ARBORETUM

5K FUN RUN FUNDRAISER

Join us at beautiful Finch Arboretum for this 5k trail run to support fundraising efforts for the Willow nature based playground project!

9AM – COMPETITIVE RACE (NOT TIMED)

11AM – FAMILY FRIENDLY TRAIL RUN/WALK

\$30 ADULT / \$20 YOUTH UNDER 16 YEARS OLD

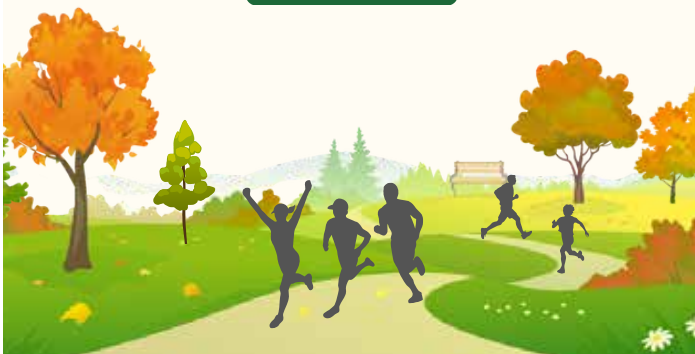
PARTICIPANTS RECEIVE A CUSTOM T-SHIRT!

PRE-REGISTRATION REQUIRED AT [SPOKANEREC.ORG](https://spokanerec.org)

SIGN UP!



SIGN UP!



Recent Golf Capital Improvements

Bunker Rebuilds

Indian Canyon
Fall 2024



Equipment Replacement

All 4 Courses
Spring 2025



Sewer line Survey & Design

Esmeralda
Fall 2025



Pump Station Replacement

Creek at Qualchan
Winter 2024



Cart Path Replacement

Downriver
Spring 2025



Tree Maintenance

All 4 Courses
Ongoing

DID YOU KNOW: City of Spokane golf is an 'enterprise fund' and uses no tax dollars. It is funded solely through golf rounds.



FALL ADULT VOLLEYBALL LEAGUE

Ages 18yrs. & Up Come and join the fastest growing adult sports league in Spokane! Whether you are a team of seasoned players or new to the game, we have a division for you. We offer Coed 6's with various skill levels. We also offer Coed 4's and Women's 4's divisions. Games are played at local middle school gymnasiums and The Podium between the hours of 6:30pm and 9pm. Locations, dates and times are subject to changed based on school district facility availability.

Early Bird Registration Period: August 10-23 (\$25 discount)

Regular Registration Period: August 24-September 13

Late Registration Period: September 14-27 or when full (+\$50 fee)



Activity Number	Division	Location	Days	Tentative Dates	Fee
20907	Coed Upper B	TBD	Mon.	9/28-12/14	\$396 + tax
20905	Coed Lower B	TBD	Mon.	9/28-12/14	\$396 + tax
20900	Coed 4's Upper	TBD	Tues.	9/29-12/15	\$276 + tax
20899	Coed 4's Lower	TBD	Tues.	9/29-12/15	\$276 + tax
20898	Women's 4's Upper	TBD	Wed.	9/30-12/16	\$276 + tax
20901	Women's 4's Lower	TBD	Wed.	9/30-12/16	\$276 + tax
20906	Coed B	TBD	Thurs.	10/1-12/17	\$396 + tax
20902	Coed C	TBD	Thurs.	10/1-12/17	\$396 + tax
20903	Coed Upper C	TBD	Fri.	10/2-12/18	\$396 + tax
20904	Coed Lower C	TBD	Fri.	10/2-12/18	\$396 + tax



2027 YEAR AT A GLANCE

Registration Opens at 8am on all below listed dates

WINTER 2027

ADULT VOLLEYBALL

- Starts January 4, 2027
- Registration Opens: November 2, 2027

SPRING 2027

ADULT FLAG FOOTBALL

- Starts February 28, 2027
- Registration Opens: January 4, 2026

ADULT SOFTBALL

- Starts April 25, 2027
- Registration Opens: February 15, 2027

ADULT VOLLEYBALL

- Starts April 12, 2027
- Registration Opens: February 8, 2027

SUMMER 2027

ADULT SOFTBALL

- Starts June 27, 2027
- Registration Opens: May 3, 2027

ADULT VOLLEYBALL

- Starts June 2, 2027
- Registration Opens: April 12, 2027

FALL 2027

ADULT FLAG FOOTBALL

- Starts September 12, 2027
- Registration Opens: July 12, 2027

ADULT SOFTBALL

- Starts September 7, 2027
- Registration Opens: July 12, 2027

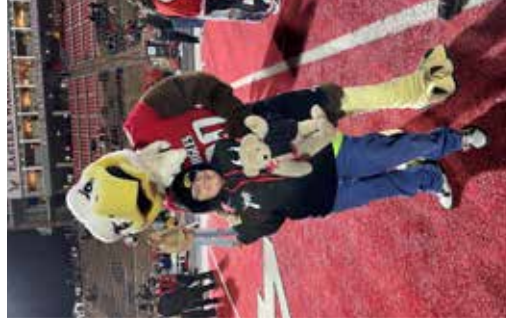
ADULT VOLLEYBALL

- Starts September 28, 2027
- Registration Opens: August 9, 2027



THERAPEUTIC RECREATION SERVICES

Fall 2026 | September - December



SEPTEMBER EVENTS

TRS Bicycling

6 Weeks | Ages 16yrs. & Up Enjoy Spokane's natural beauty by bicycle. Participants need to be in moderate physical condition and ride a bike safely. Make sure your bike is in good working order, and your helmet fits well, along with it being less than 5 years old. Meet at **Meet at Mirabeau Point Park Trailhead, 13500 Mirabeau Pkwy, Spokane Valley. \$75**
20542 Wed. 9/2 - 10/7 4-6 pm

TRS Bowling & Pizza

1 Day | Ages 16yrs. & Up Join us for an afternoon of bowling, pizza, fun, and friends. Fee includes everything, so extra money is not required. **Meet at Lilac Lanes, 1112 E Magnesium Rd. \$33**
20868 Wed. 9/24 1-3:30 pm

TRS Classy Crafts

4 Weeks | Ages 16yrs. & Up Explore your creative side and make a variety of beautiful and meaningful crafts each week. Participants will have the opportunity to improve skills such as fine motor, socialization, and communication. **Class meets at Park Operations lunchroom, 2304 E. Mallon Ave. \$53**
20543 Thurs. 9/3 - 9/24 4:15 - 5:30pm

TRS Cornhole & Pizza- NEW Location & Time!

4 Weeks | Ages 12yrs. & Up Everyone can have fun and play this favorite lawn game - Cornhole. Laughter and friendly competition will abound. Pizza will be served. **Meet at Sinto Senior Activity Center, 1124 W. Sinto Ave. \$63**
20865 Mon. 9/14 - 10/5 5:30pm - 7pm

TRS Disc Golf & Pizza

3 Weeks | Ages 12yrs. & Up We will visit a Spokane Parks and Recreation Park that has a disc golf course. Safety and throwing fundamentals will be covered. Games played each week. Disc is included in the price. Discs provided if you forget to bring. Pizza served at the end of each weekly play. **Meet at a Liberty Park -Liberty Park Library 402 S. Pittsburg St. Parking Lot. \$47**
20569 Fri. 9/11 - 9/25 3 - 4:30pm

TRS Fine Dining

1 Day | Ages 18yrs. & Up Do you like getting dressed up and going out? Come with us and experience the culinary delights of Spokane's finest restaurants! Staff will help in the selection and purchase of a meal. Participants will have the opportunity to improve social, communication, and etiquette skills. Price does not include cost of food. **Transportation provided from Park Operations 2304 E. Mallon Ave. \$24**
Chili's
20560 Thurs. 9/17 5 - 8:15pm

TRS Movin n' Groovin - NEW Location & Time

4 Weeks | Ages 14yrs. & Up Grab your dancing shoes and join us for the basic fundamentals of line dancing and other dances such as the Macarena, YMCA, Alley Cat and more. Bring your favorite song and we will work on learning a dance to it! **Sinto Senior Activity Center, 1124 W. Sinto Ave. \$35**
20861 Mon. 9/14 - 10/5 4-5pm

NEW>>> TRS Mountain Biking

1 Day | Ages 18yrs. & Up This program is meant for people who have previous bike experience. Come out to Riverside State Park to enjoy the fresh air and beautiful forest on trails with your bicycle. We will explore various areas of Riverside State Park on dirt surfaces with gravel and rocks at times. This ride is designed for mountain bikes, gravel bikes, cyclocross bikes, and hybrids. We do not recommend using a road bike with narrow tires due to the trail surfaces we will be riding on. Bring a sack lunch as we will finish our ride with a group picnic. **Meet at Wilbur Trailhead, Riverside Park Rd in Nine Mile Falls. You will need a Discover Pass if you will be parking at the trail head. \$19**
20933 Sat. 9/19 10am - 1pm

TRS Spokane Velocity FC

1 Day | Ages 16yrs. & Up Spokane Velocity FC is the first professional men's soccer team in Spokane. They are Division 3 sanctioned and are in the USL League 1. Players are young and aspiring to get to the next level. The games are fun and exciting to watch. **Meet at the ONE Stadium, 501 W. Garner. \$58**
vs. Athletic Club Boise
20757 Sun 9/20 3:30 - 6:30pm



Therapeutic Recreation Services provides recreational opportunities for people with disabilities. If you do not have a disability and are interested in taking the class or volunteering, please email: trs@spokanecity.org

SEPTEMBER EVENTS

TRS Swimming

9 Weeks | Ages 8yrs. & Up Meet at Whitworth University Aquatic Center, 300 W. Hawthorne.

Blue Dolphin

For people with developmental disabilities who want to swim competitively or get a good workout. Ability to swim 75 yards without assistance and with rhythmic breathing. **(no class 10/11) \$79**

20856 Sun. 9/13 - 11/15 2:15 - 3:45pm

Learn to Swim Beginner

Individuals will learn how to face float, back float, kick with floats, and learn the crawl stroke with rotary breathing. Elementary back stroke and back crawl will be taught with the goal of swimming 20 yards. We require each swimmer to have an attendant in the water assisting so the teacher can rotate their attention safely. **(no class 10/11) \$69**

20860 Sun. 9/13 - 11/15 2:15 - 3pm

Learn to Swim Intermediate

Individuals who have mastered the Beginner skills and are ready to move on to skills worked on will be distance swimming, breaststroke, butterfly, diving, simple turns and deeper water experience. **(no class 10/11) \$69**

20858 Sun. 9/13 - 11/15 3:05 - 3:50pm

REGISTER ONLINE
SpokaneRec.org

Call 311 -or- 509-755-CITY
(from outside the city)

VOLUNTEER SPOTLIGHT!

TRS would like to recognize Mike Morrow for consistently going above and beyond to give our participants incredible experiences and memories that last a lifetime.

THANK YOU MIKE!



TRS Trivia Night

1 Day | Ages 14yrs. & Up Bring your sack dinner and laugh with friends while playing Trivia. Fun prizes will abound. **Meet at Spokane Parks Operations lunch room 2304 E. Mallon Ave. \$23**
20544 Fri. 9/11 5:30 - 7pm

TRS What's Cooking

4 Weeks | Ages 16yrs. & Up Tired of eating at home? Sign up for this class, and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. **Class meets at Southside Senior Activity Center, 3151 E. 27th Ave.- kitchen \$75**

20540	Tues. 9/8-9/29	1:30 - 3:30pm
20541	Tues. 9/8-9/29	4 - 6pm



SEPTEMBER CALENDAR OF EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Sailing Bicycling	3 Classy Crafts	4 No Classes	5 No Classes
6 No Classes	7 No Classes	8 Cooking 1 & 2	9 Bicycling	10 Classy Crafts	11 Disc Golf Trivia Night	12
13 Swimming Learn to Swim	14 Line Dancing Cornhole & Pizza	15 Cooking 1 & 2	16 Bicycling	17 Fine Dining - Chillis Classy Crafts	18 Disc Golf	19 Riverside Mountain Biking
20 Swimming Learn to Swim Spokane Velocity vs. Athletic Club Boise	21 Line Dancing Cornhole & Pizza	22 Cooking 1 & 2	23 Bicycling	24 Bowling Classy Crafts	25 Disc Golf	26
27 Swimming Learn to Swim	28 Line Dancing Cornhole & Pizza	29 Cooking 1 & 2	30 Bicycling			

OCTOBER EVENTS

TRS Classy Crafts

4 Weeks | Ages 16yrs. & Up Explore your creative side and make a variety of beautiful and meaningful crafts each week. Participants will have the opportunity to improve skills such as fine motor, socialization, and communication. **Class meets at Park Operations lunchroom, 2304 E. Mallon Ave. \$53**

20870 Thurs. 10/1 - 10/22 4:15pm - 5:30pm

TRS Cookie Bake Night

1 Day | Ages 14yrs. & Up Spend the evening making several types of cookies. Enjoy yourself, take home or share with friends. Gluten-free options are available. **Class meets at Southside Senior Activity Center, 3151 E. 27th Ave.-kitchen. \$26**

20890 Wed. 10/21 4pm - 6pm

TRS Cornhole & Pizza - NEW Location & Time

4 Weeks | Ages 12yrs. & Up Everyone can have fun and play this favorite lawn game - Cornhole. Laughter and friendly competition will abound. Pizza will be served. **Meet at Sinto Senior Activity Center, 1124 W. Sinto Ave. \$63**

20866 Mon. 10/12 - 11/2 5:30pm - 7pm

TRS Day at the Theatre

1 Day | Ages 16yrs. & Up Come with us as we delight in the entertaining theatre productions put on by our local **Spokane Children's Theatre (SCT)** 2727 N. Madelia St., meet at the theatre. **\$34**

The Adams Family Musical

20885 Sat. 10/17 1:30 - 4:30pm

TRS Friday Night Jam - NEW Location

1 Day | Ages 18yrs. & Up Come rock and swing at Spokane's oldest ongoing nightclub for people with developmental disabilities. If participants require direct supervision, then care providers need to attend. Dates and themes vary. **Meet at Sinto Senior Activity Center, 1124 W. Sinto Ave. \$12**

Halloween/Harvest

20876 Fri. 10/9 7 - 8:30pm

TRS Movin' n' Groovin' - NEW Location & Time!

4 Weeks | Ages 14yrs. & Up Grab your dancing shoes and join us for the basic fundamentals of line dancing and other dances such as the Macarena, YMCA, Alley Cat and more. Bring your favorite song and we will work on learning a dance to it! **Sinto Senior Activity Center, 1124 W. Sinto Ave. \$35**

20862 Mon. 10/12 - 11/2 4 - 5pm

TRS Paint & Taste

1 Day | Ages 14yrs. & Up Do you like painting and apple cider? Make a masterpiece of your very own while enjoying sipping on cider. No painting experience required. **Meet at Spokane Valley Parks & Recreation Center Place, 2426 N. Discovery Place. \$23**

20879 Wed. 10/28 5:30 - 7pm

TRS Pre-Ski Season Walking

6 Weeks | Ages 12yrs. & Up Take a Saturday walk in the park at Mission Park. Get in shape for the upcoming ski season. Walk at your own pace. Poles are provided. **Meet at Mission Park parking lot, Mission & Perry. \$29**

20878 Sat. 10/3 - 11/7 9:30 - 11am

NEW! TRS Ski/Snowboard Strength and Conditioning

6 Weeks | Ages 12yrs. & Up New program this year! Come get your body ready for the upcoming ski season! We will be using exercise bands for muscle strengthening along with going through various stretches and movements to prepare for the moving we will do with our skis and snowboards. We will have a planned-out routine for each week to go through, along with giving you the exercises to work on them at home. Come and join us to be ready to hit the slopes this upcoming winter! **Meet at John A. Finch Arboretum, Ponderosa Room, at 3404 W. Woodland Blvd. \$29**

20888 Wed. 10/14 - 11/18 6 - 7:30pm

TRS What's Cooking

4 Weeks | Ages 16yrs. & Up Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. **Class meets at Southside Senior Activity Center, 3151 E. 27th Ave.-kitchen \$75**

20872 Tues. 10/6 - 10/27 1:30 - 3:30pm

20873 Tues. 10/6 - 10/27 4 - 6pm

TRS Eagle Football

1 Day | Ages 18yrs. & Up Come on Eagle fans, don't miss this exciting day of college football at Roos Field. We will be traveling to Cheney to watch the Eagles play some awesome football. Bring \$20 to purchase dinner and money for souvenirs if desired. **Meet at Roos Field Cheney. \$57**

EWU vs. Northern Colorado

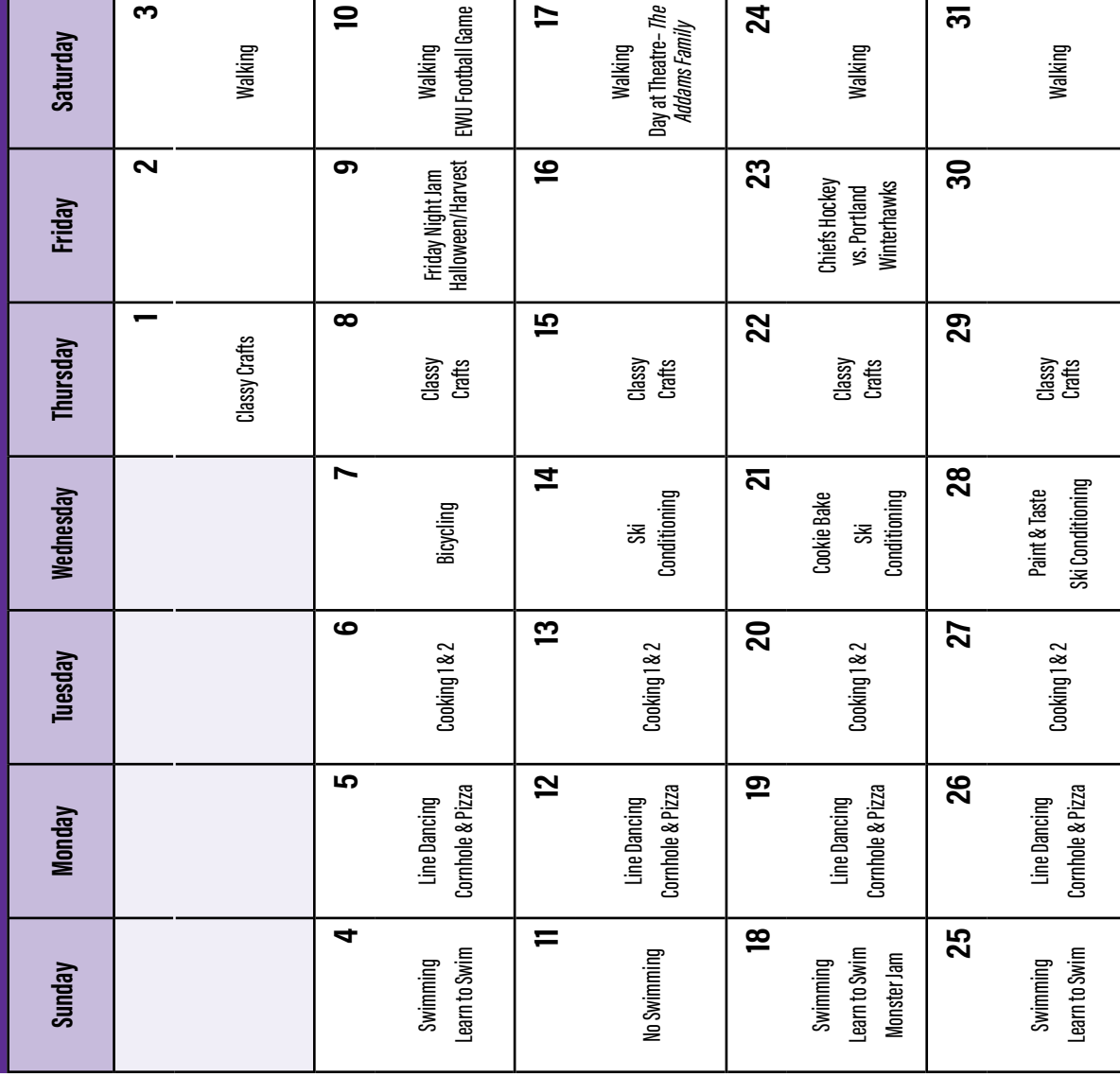
20927 Sat. 10/10 3:30 - 7:45pm



1 Day | Ages 16yrs. & Up Monster Jam is the incredible family-friendly experience starring twelve-foot tall, ten -thousand-pound machines that will bring you to your feet. These colorful, larger than life beasts are sure to capture the heart of both young and old! We will participate in the Pit Party prior to the show and see some of the drivers and trucks up close. **Meet at Veterans Arena Entrance of Boone and Howard. \$63**

20928	Sun.	10/18	11:30am - 2:15pm
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1 Day| Ages 18yrs. & Up Action-packed ice hockey from the Spokane Chiefs major junior team that plays in the Western Hockey League. Cheer on the Chiefs with your friends. Sign-up fee covers tickets and TRS program staff. **Meet at Spokane Veterans Memorial Arena main entrance, Boone & Howard. \$39**
20880 Fri. 10/23 6:30 - 9:45pm
vs. Portland Winterhawks





NOVEMBER EVENTS

TRS Bowling & Pizza

1 Day | Ages 16yrs. & Up Join us for an afternoon of bowling, pizza, fun and friends. Fee includes everything so extra money is not required. **Meet at Lilac Lanes, 1112 E Magnesium Rd. \$33**

20869	Thurs.	11/5	1 - 3:30 pm
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TRS Classy Crafts

4 Weeks | Ages 16yrs. & Up Explore your creative side and make a variety of beautiful and meaningful crafts each week. Participants will have the opportunity to improve skills such as fine motor, socialization, and communication. **Class meets at Park Operations lunchroom, 2304 E. Mallon Ave. \$53**

20871	Thurs.	10/29 - 11/19	4:15 - 5:30pm
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TRS Cornhole & Pizza - NEW Location & Time!

4 Weeks | Ages 12yrs. & Up Everyone can have fun and play this favorite lawn game - Cornhole. Laughter and friendly competition will abound. Pizza will be served. **Meet at Sinto Senior Activity Center, 1124 W. Sinto Ave. \$63**

20867	Mon.	11/9 - 11/30	5:30 - 7pm
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TRS Fine Dining

1 Day | Ages 18yrs. & Up Do you like getting dressed up and going out? Come with us and experience the culinary delights of Spokane's finest restaurants! Staff will help in the selection and purchase of a meal. Participants will have the opportunity to improve social, communication, and etiquette skills. Price does not include cost of food. **Transportation provided from Park Operations 2304 E. Mallon Ave. \$24**

Market Street Pizza

20929	Thurs.	11/19	5 - 8:15pm
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TRS Movin' n' Groovin' - NEW Location & Time!

4 Weeks | Ages 14yrs. & Up Grab your dancing shoes and join us for the basic fundamentals of line dancing and other dances such as the Macarena, YMCA, Alley Cat and more. Bring your favorite song and we will work on learning a dance to it! **Sinto Senior Activity Center, 1124 W. Sinto Ave. \$35**

20863	Mon.	11/9 - 11/30	4-5pm
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TRS What's Cooking

4 Weeks | Ages 16yrs. & Up Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. **Class meets at Southside Senior Activity Center, 3151 E. 27th Ave.- kitchen \$75**

20874	Tues.	11/3 - 11/24	1:30 - 3:30pm
20875	Tues.	11/3 - 11/24	4 - 6pm

TRS Disney on Ice - Jump in!

1 Day | Ages 16yrs. & Up "Jump In!" is a family-friendly adventure starring everyone's favorite mouse and some of his best buddies. **Meet at Spokane Veterans Memorial Arena Main entrance, Boone & Howard. \$54**

20892	Fri.	11/6	6:30 - 9:15pm
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TRS Holiday Light Cruise

1 Day | Ages 16yrs. & Up Come with us as we board a cruise boat to enjoy the Coeur d'Alene Resort's Holiday Light Show Journey to the North Pole Cruise. There are 1.5 million lights on the way to the North Pole to meet Santa and his Elves, The Grinch, Rudolph, the Giant Animated Christmas Tree and much more! Bring \$5-15 to purchase cocoa, pop, cookies or chips. Bring a sack dinner for the van ride. **Meet at Park Operations 2304 E. Mallon Ave., parking lot. \$53**

20930	Fri.	11/20	3:45 - 8pm
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TRS Spokane Chiefs Hockey

1 Day | Ages 18yrs. & Up Action packed ice hockey from the Spokane Chiefs major junior team that plays in the Western Hockey League. Cheer on the Chiefs with your friends. Sign-up fee covers tickets and TRS program staff. **Meet at Spokane Veterans Memorial Arena main entrance, Boone & Howard. \$39**

vs. Everett Silvertips

20881	Fri.	11/13	6:30 - 9:45pm
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1 Day | Ages 18 yrs. & Up Action-packed ice hockey from the Spokane Chiefs major junior team that plays in the Western Hockey League. Cheer on the Chiefs with your friends. Sign-up fee covers ticket and TRS program staff. **Meet at Spokane Veterans Memorial Arena main entrance, Boone & Howard. \$39 vs. Vancouver Giants**

20882	Fri.	12/4	6:30 - 9:45pm
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THERAPEUTIC RECREATION SERVICES

808 W. Spokane Falls Blvd. | Spokane, WA 99201 | trs@spokanecity.org | (509)755-CITY (2489)

City of Spokane Parks and Recreation Department

THERAPEUTIC RECREATION SERVICES PARTICIPANT PERSONAL NEEDS INFORMATION

Please provide the information below to help us better serve your needs while attending our programs. Complete this information and return it to **TRS@Spokanecity.org** at the time of registration or as soon as possible.

Therapeutic Recreation staff will lead and supervise activities; **however, they are not able to provide attendant care, such as** assistance with feeding, toileting, administering medications, or transfers.

Participants needing assistance must have a care provider present. Parks and Recreation staff reserve the right to request that a care provider accompany participants. Registration fees for care providers will vary based on the activity.

Participant First Name:		Participant Last Name:		
Participant disabilities (be specific):				
Housing	☐ Group Home/Institution ☐ In Own Home/Apartment ☐ Private Home w/ Parent			
Dietary Precautions	List any foods to avoid:			
Allergies Epi Pen ☐ Yes ☐ No	Are you allergic to anything? ☐ Yes ☐ No Please list any allergies:			
Activity Limitations	Please list any physical challenges (if any)			
Medication	Will participant need to be reminded to take medications during program hours? ☐ Yes ☐ No If yes – please complete the Medication form on the next page			
Caregiver/Support Staff	Will a caregiver be accompanying participant during program hours? ☐ Yes ☐ No			
Paratransit	Will participant be using Paratransit? ☐ Yes ☐ No If yes, what is your rider number?			
SOCIAL SKILLS / BEHAVIORAL INFO.				
Participation	☐ Participates Easily	Needs Help Managing	☐ Behavior	Behavioral Triggers or Fears:
	☐ Needs Occasional Prompting		☐ Personal Space	
	☐ Needs Constant Prompting		☐ Emotions	
			☐ Other	
MOBILITY & ADAPTIVE INFO.				
Do you use adaptive equipment? ☐ Yes ☐ No	Wheelchair: ☐ Full Time ☐ Part Time ☐ Manual ☐ Electric		Check all that apply: ☐ Cane/Crutches ☐ Walker ☐ AFO's/Splint/Braces ☐ Other	
DAILY LIFE				
Toileting	☐ Independent ☐ Independent w/ reminders ☐ Only w/ assistance			
Eating	☐ Independent ☐ Independent w/ reminders ☐ Only w/ assistance			
Communication Information	☐ Verbal & clear to understand		☐ Verbal but not clear to understand ☐ Non-Verbal	
	☐ Uses Sign Language		☐ Uses a communication board	
Additional Personal Needs Information				

CITY OF SPOKANE PARKS & RECREATION DEPARTMENT

WAIVER & RELEASE OF LIABILITY

WARNING: PLEASE READ CAREFULLY BEFORE SIGNING!

This is a release of liability waiver of certain legal rights including the right to sue or claim compensation

1. Each person participating in the City of Spokane Parks & Recreation Division's activity identified herein (referred to as "Activity") is referred to as "Participant." I, the undersigned, am a Participant and, if a Participant is under 18 or has a guardian, I am the Participant's parent or legal guardian. I understand that participating in the Activity referenced herein can be HAZARDOUS AND INVOLVE THE RISK OF PHYSICAL INJURY AND/OR DEATH.
2. I understand the dangers and risks of the Activity and that Participant ASSUMES ALL INHERENT DANGERS AND RISKS of the Activity.
3. In consideration for being permitted to participate in the Activity, I AGREE, to the greatest extent permitted by law, TO WAIVE ANY AND ALL CLAIMS AGAINST AND TO HOLD HARMLESS, RELEASE, INDEMNIFY, AND AGREE NOT TO SUE the City of Spokane, which includes the City of Spokane Parks & Recreation Division and Therapeutic Recreation Services; any employees, chaperones, or volunteers; and all their respective insurance companies, successors in interest, commercial & corporate sponsors, affiliates, agents, employees, representatives, assignees, officers, directors, and shareholders (each a "Released Party") FOR ANY INJURY, INCLUDING DEATH, LOSS, PROPERTY DAMAGE, OR EXPENSE, WHICH I, OR PARTICIPANT, MAY SUFFER, ARISING IN WHOLE OR IN PART OUT OF PARTICIPANT'S PARTICIPATION IN THE ACTIVITY.
I UNDERSTAND THAT I AM ENGAGING IN AN ACTIVITY THAT HAS NUMEROUS INHERENT RISKS THAT COULD LEAD TO MY SERIOUS INJURY (INCLUDING COMPLETE PARALYSIS) OR DEATH. I ACKNOWLEDGE THAT REMOVING THOSE RISKS IS NOT POSSIBLE AND ELIMINATING THOSE RISKS WOULD FUNDAMENTALLY CHANGE THE NATURE OF THE ACTIVITY AND WOULD JEOPARDIZE THE ESSENTIAL QUALITIES OF THE ACTIVITY.
IN FURTHER CONSIDERATION FOR ALLOWING PARTICIPANT TO PARTICIPATE IN THE ACTIVITY, I FURTHER RELEASE AND GIVE UP ANY AND ALL CLAIMS AND RIGHTS THAT I MAY NOW HAVE AGAINST ANY RELEASED PARTY AND UNDERSTAND THIS RELEASES ALL CLAIMS, INCLUDING THOSE OF WHICH I AM NOT AWARE, THOSE NOT MENTIONED IN THIS RELEASE AND THOSE RESULTING FROM ANYTHING WHICH HAS HAPPENED UP TO NOW.
4. I AGREE TO PAY ALL COSTS, INCLUDING ATTORNEYS' FEES, INCURRED BY ANY RELEASED PARTY IN DEFENDING AN INVESTIGATION, CLAIM, OR LAWSUIT BROUGHT BY OR ON PARTICIPANT'S BEHALF WHETHER ARISING IN WHOLE OR IN PART FROM PARTICIPANT'S PARTICIPATION IN ANY ACTIVITY OR FROM ANY MISREPRESENTATIONS OR FRAUDULENT EXECUTION OF THIS AGREEMENT.
5. I represent that Participant is in good health and that there are no special problems associated with Participant's physical or mental condition that would enhance the risks of my participation in the Activity, that would increase the likelihood of my injury and/or death, or that would interfere with my safety in the Activity. I authorize a licensed physician or other medical care provider to carry out any emergency medical care for Participant which may be necessary and agree to be fully responsible for any costs associated with such care or transport to such care.
6. I agree that any and all claims for loss, injury, and/or death arising from Participant's participation in the Activity shall be governed by the law of the State of Washington and that exclusive jurisdiction of any such claim shall be in a court of competent jurisdiction in the in the State of Washington, County of Spokane.
7. BY SIGNING ON BEHALF OF A MINOR OR OTHER PARTICIPANT, I REPRESENT THAT I AM AUTHORIZED TO SIGN ON PARTICIPANT'S BEHALF and/or I AM THE PARENT OR LEGAL GUARDIAN OF THE MINOR PARTICIPANT and acknowledge that Participant is bound by all the terms of this Agreement. I acknowledge that the Activity entails known and unanticipated risks that could result in physical or emotional injury, paralysis, or death to Participant as well as damage to property, or to third parties. I understand that such risk cannot be eliminated without jeopardizing the essential qualities of the activity. I assume the risk and financial responsibility for any injury, illness, or liability resulting from Participant's participation. I waive any claims and agree to hold harmless and not sue Released Parties from all claims or liability arising out of Participant's participation. I have been made aware of the itinerary and give permission for Participant to ride in the vehicle designated by the staff of the City of Spokane Park & Recreation Division while attending or participating in the Activity, and I understand this release/waiver applies with equal weight to any claim arising from riding in a vehicle, including entering or exiting the vehicle. I certify that the Participant has no medical or physical conditions that could interfere with his/her safety in this activity, or else I am willing to assume and bear the costs of all risks that may be created, directly or indirectly, by any such condition.
In case of emergency involving Participant, I understand every effort will be made to contact me. In the event I cannot be reached, I authorize a qualified physician/surgeon selected by City of Spokane personnel to examine and in the event of injury or serious illness administer emergency care to the above-named participant which may include hospitalization, anesthesia, surgery, or injections of medication for Participant. I understand every reasonable effort will be made to contact me to explain the nature of the problem prior to any involved treatment. In the event it becomes necessary for City of Spokane Parks & Recreation staff or volunteers to obtain emergency care for Participant, I agree that neither the City of Spokane nor any of its personnel assumes financial liability for expenses incurred because of the accident, injury, or illness.
8. I understand that this Agreement will apply for each and every day Participant participates in any Activity. I understand that this Agreement is a contract and, to the fullest extent permitted by law, shall be binding on me and my assignees, subrogors, distributors, heirs, next of kin, executors and personal representatives. If any part of this Agreement is deemed to be unenforceable, the remaining terms shall be an enforceable contract between the parties.



CUSTOMER INVOLVEMENT POLICIES & IMPORTANT INFORMATION

CUSTOMER INVOLVEMENT POLICIES

- Arrive to the activity/meeting location on time. Under most circumstances TRS will not wait longer than fifteen minutes for participants to arrive. This will prevent a delay in transportation and tardiness of any reservation.
- Leave the activity on time. TRS will wait until transportation comes. If additional supervision is required the participant will be billed \$0.00 for every 15 minutes or \$32.00 for every hour your transportation is late or you arrive too early. *(Please refer to the additional supervision form).*
- Bring the appropriate amount of money for activity. TRS staff do not carry additional funds to pay for activities. If you do not have sufficient funds for the activity, you may be sent home. Via home site, bus or taxi.
- Bring the appropriate clothing/gear for activity. *(i.e., helmets/gloves, swim/suit/cap, pillow/sleeping bag, extra layers in cold weather, etc.)*
- Respect people, place and things around you.
 1. Stay with the group.
 2. Follow instructions of TRS staff.
 3. No smoking permitted except in designated areas upon approval of TRS staff.
 4. No food or drink allowed on the vans or other transport vehicles.
 5. No stealing

Absolutely No Sexual Harassment or Assaultive behavior will be tolerated. We reserve the right to send participants home if displaying inappropriate behaviors or not abiding by the TRS Customer Involvement Policies. We strive to provide a safe and enjoyable experience for everyone in a Therapeutic Recreation Services activity.

IMPORTANT INFORMATION

SERVICE PHILOSOPHY

Primary goal is to make recreational activities available to a broad spectrum of people with developmental and/or physical disabilities. Our purpose is to assist people to have positive experiences and develop appropriate leisure and social skills they can use throughout their lifetime. Mastery of leisure skills often leads to an increase in self-esteem and the ability to tackle other obstacles in life.

VOLUNTEER/STAFF

Volunteers are vital to our programs. Parents/care providers, siblings, and students are encouraged to volunteer. If you are interested in volunteering, call 509.625.6245. Paid positions also available.

PARTICIPANT PERSONAL NEEDS

Therapeutic Recreation staff provides leadership for the activity and are unable to provide attendant care *(feeding, toileting assistance, giving medications, transfers, etc.)*. Care providers should accompany participants who need personal care. Participants who have behavioral issues may be asked to participate with a care provider in attendance. Registration fees for care providers may be waived or will vary depending on the activity.

MEDICATION POLICY

Participants who take medication during a Therapeutic Recreation program must complete a **MEDICATION INFORMATION AND WAIVER** form and return it before start of class. Participants must be self-medicating. Program staff can take custody of medication and remind participants when to take medication. Program staff cannot administer medication. All medication must be packaged according to program instructions. Participants should have a current medical coupon/medical insurance card, and identification with current address and phone number.

MISCELLANEOUS INFORMATION

Participants will be notified of class changes. Classes held in Spokane school facilities do not meet on holidays, vacation & curriculum days.

PROGRAM FEES

Limited scholarship funds are available should a participant be unable to afford a class. Donations are tax deductible and assist us to better serve the leisure needs of people with disabilities. Therapeutic Recreation Services is a registered contractor with DSHS and is eligible to accept DDA respite funds for payment of activities through the Provider 1 system. Contact your local DDA case manager for more information.

PROCESS TO USE DDA FUNDING:

1. Contact your DDA case manager and inform them of price.
2. Have case manager send funding approval to: trs@spokaneccity.org
3. Fill out registration and then on page 13 indicate DDA as payment source and list case manager.
4. When registration form has been received and processed by TRS, a confirmation receipt will be sent to participant/family.
5. Provide copy of confirmation receipt to case manager
6. If camper needs to cancel registration, regular refund policy and procedures apply (see below). DDA WILL NOT PAY IF PARTICIPANT DOES NOT ATTEND BUT DID NOT CANCEL. In this case, payment responsibility falls to participant's family.

REFUND POLICY

Participants will be notified if a class or program is canceled due to lack of enrollment and will be offered an alternate choice, full refund or credit on account. Participants who wish to cancel enrollment must notify Therapeutic Recreation at least fourteen days prior to the program date to be considered for a refund. Refund amount will be based on the number of students enrolled and any supply costs incurred on the participant's behalf. Care providers may not substitute participants. Every participant must be preregistered. Requests for refunds must be made in writing and approved by Therapeutic Recreation supervisor. Refunds will not be made after the first session or for missed sessions. Trip deposits are non-refundable unless cancellation is made at least 30 days before trip departure date.

TRANSPORTATION/PARATRANSIT USERS

The Spokane Transit Authority offers both fixed route and para-transit services to the public. For fixed route service, call 509.328.7433; para-transit service, call 509.328.1552. STA will not wait for instructors or buildings to open. Our instructors arrive fifteen minutes prior to the start of the class. In order to prevent participants from being dropped off too early please give a "no earlier than drop" time of 15 minutes before the class starts. Do not use a "no later than" time as it causes problems of too early of an arrival. Care providers must accompany participants who cannot find the class location independently or wait appropriately for the instructor. Therapeutic Recreation works with STA and care providers to identify early and late arrivals and make changes in schedules as needed. *Another suggestion is to use subscription trips. After attending a class three weeks in a row the rider qualifies. With this ride you won't need to call in each week- just call when need to cancel. Schedule rides early. If participants need additional supervision while waiting for transportation after program hours, a bill will be sent to cover staff expenses. Para-transit is not recommended for those activities involving a flexible return time - i.e. trips.

REGISTRATION PROCEDURE:

- Advance registration is necessary for all programs except where noted.
- Registration is processed on first paid, first served basis. Payment can be accepted over the phone with Visa/MC/Discover only. No verbal reservations over phone.
- Mail in, phone in or walk in.
- Medication Information & Waiver form filled out as necessary.

OTHER PARKS PROGRAMS AVAILABLE TO SPECIAL POPULATIONS

The programs in this brochure are designed for persons with developmental and physical disabilities. All other Park Department programs are available to persons with disabilities. Please look through the Spokane Parks and Recreation Department Class & Activity Guide to see if a program is of interest to you. Then call our office at 509.625.6245 or email to trs@spokaneccity.org and we will help you get started by notifying the instructor who will make preparations or adaptations, if needed.

SYSCA

Spokane Youth and Senior Center Association

Spokane Parks and Recreation affiliates itself with nine (9) non-profit community organizations benefitting older adults and young children. We greatly appreciate our relationship with these centers and their individual recreation programs.

The centers are non-profit organizations officially represented by the Spokane Youth and Senior Center Association (SYSCA).

SYSCA was formed in 2012 and its main focus is to work collectively to represent the thousands of citizens who partake in the programs and services SYSCA organizations provide.

CORBIN SENIOR ACTIVITY CENTER

827 W Cleveland Ave.
www.corbinseniorcenter.org
509-327-1584

HILLYARD SENIOR CENTER

4001 N Cook St.
www.hillyardseniorcenter.org
509-482-0803

MARTIN LUTHER KING JR. CENTER

500 S Stone Street
www.mlkspokane.org
509-868-0856

MID-CITY CONCERNS SENIOR CENTER

1222 W 2nd Ave.
www.mowspokane.org/senior-center
509-862-6356

NORTHEAST YOUTH CENTER

3004 E Queen Ave
www.spokaneneyc.com
509-482-0708

PROJECT JOY

3151 E 27th Ave
www.projectjoy.org
509-535-0584

SINTO SENIOR CENTER

1124 W Sinto Ave.
www.sintocenter.org
509-327-2861

SOUTHSIDE COMMUNITY & SENIOR CENTER

3151 E 27th Ave.
www.spokanesouthside.org
509-535-0803

WEST CENTRAL COMMUNITY CENTER

1603 N Belt
www.westcentralcc.org
509-326-9540





**SATURDAY,
OCTOBER 3**

11AM - 5PM

Fall fun isn't just for the countryside, it's happening in Riverfront Park! Join us for a one-day celebration packed with festive, family-friendly activities in the heart of downtown Spokane.

WSECUFallFest.org



Artist Fair



Urban Pumpkin Patch



Petting Zoo



Live Entertainment



Fall Photo Station

Presented by:



Sponsored by:

WSECU



Spokane Parks and Recreation
5th Floor City Hall
808 W. Spokane Falls Blvd.
Spokane, WA 99201-3317

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U.S. Postage

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Spokane, WA
Permit No. 722

NEW

FALL BREAK CAMPS!

No School? We've Got You Covered!

With **Spokane Public Schools' new Balanced Calendar**, students will enjoy more frequent breaks throughout the school year—and Spokane Parks & Recreation is ready to help families make the most of them!

Our **NEW Fall Break Camps** provide safe, engaging, and structured full-day options where kids can learn, create, explore, and have fun while school is out.

- **Corbin Art Center: Art and Imagination Camps (P.11)**
- **Outdoor Recreation: Outdoor Exploration Camps (P.22)**

Space is limited—register early to reserve your child's spot!