



Schools. Parks. Neighborhoods.



Learn more about the partnership at TogetherSpokane.org

Spokane Parks & Recreation and **Spokane Public Schools** are joining a range of community partners to present a shared vision for the future of our city's parks, schools, and neighborhoods.

This historic effort aligns our 2 separate proposed ballot initiatives to maximize taxpayer investments in:

- Healthy Neighborhoods & Adult Recreation
- Public Safety
- Youth Wellness
- Arts & Culture
- Education & Workforce Development

By working together, we can make strategic, fiscally responsible investments that benefit every part of our city—whether it's ensuring our children have safe places to learn and play, expanding recreational opportunities for all ages, or creating vibrant spaces that bring our community together.

View proposed projects and calculate your property tax cost at TogetherSpokane.org

What would be included in just the Parks levy?

- Enhanced security and maintenance across all parks
- 3 new neighborhood parks
- · 3 major park renovations
- 54 playground improvements & replacements
- 85 restroom replacements & enhancements
- 5 trail & trailhead improvements
- 14 sport court renovations
- And MORE



Learn more about the Parks levy at SpokaneParks.org/Levy

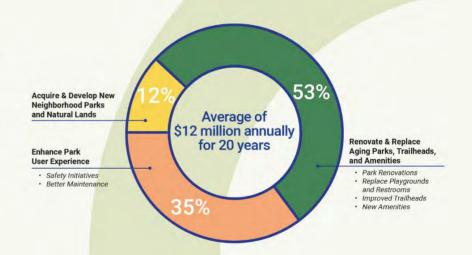










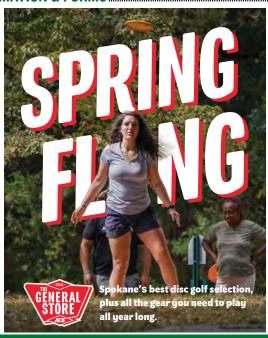






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The Six Dimensions Of Wellness

At City of Spokane Parks & Recreation, we strive to provide programming that addresses these interconnected dimensions to bring a sense of wellness and fulfillment to all of our participants.

Physical: to provide opportunities to develop a healthy physical lifestyle through fitness programs, practicing sports, outdoor activities, etc.

Occupational: to equip the community with job training opportunities that expand their skill sets through internships, workshops, and certifications.



Emotional: to promote an overall sense of satisfaction and emotional wellness through learning a new skill, acquiring knowledge, boosting self-confidence, gaining autonomy, etc.



Occupational



Educational



S<mark>piritual</mark>



Educational: to provide experiential programs which expand participants overall knowledge of self, the community and its history, the environment, and culture.



Social: to foster human connections through providing access to open spaces, group activities, community events, recreation facilities, and volunteer opportunities.

Spiritual: to support participants living their values, by connecting with nature, the environment, and promoting a deeper appreciation for life.

Developed by Dr. Bill Hettler, co-founder of the National Wellness Institute, the six dimensions of wellness are: physical, emotional, spiritual, social, intellectual, and occupational.



LAP SWIM

Adult Lap Swim Schedule

Lap lane reservations are available for individuals 16 years of age or older who want to swim for fitness or therapeutic purposes. Reservations can be made online up to one week in advance. Please note, that voicemail and email reservations requests will not be accepted.

Pre-Season, Regular Season, & Post-Season Fee: \$6 per visit

Don't want to pay for lap swimming? Comstock and Shadle have 1 lap lane reserved for lap swimming during 1-4pm open swim hours.

PRE-SEASON LAP SWIM SCHEDULE - May 6 - June 13 PRE-SEASON FEE: \$6 PER VISIT					
Witter	Monday – Friday	11:00am-2:30pm	50 meter lanes		
	REGULAR SEASON LAP SWIM SCHEDULE - June 16 - August 22 REGULAR SEASON FEE: \$6 PER VISIT				
Witter	Monday - Thursday	10:00am-1:30pm	50 meter lanes		
witter	Friday	10:00am-12:30pm	50 meter lanes		
	Monday – Thursday	6:00am-7:30am	50 meter lanes		
Comstock	Friday	6:00am-8:00am	50 meter lanes		
	Saturday	7:30am-9:30am	50 meter lanes		
Shadle	Saturday	10:30am-12:30pm	25 yard lanes		
POST-SEASON LAP SWIM SCHEDULE - August 25 - September 12 POST-SEASON FEE: \$6 PER VISIT					
Witter	Witter Monday - Friday 11:00am-2:30pm 50 meter lanes				

CANCELLATION & NO SHOW POLICY

- Cancellations may be made up to 8am on the day of your swim session. After 8am any cancellation will be treated as a no-show. We prefer that you cancel by emailing aquatics@spokanecity.org. If you do not have access to email, please call 509.625.6960.
- There will be a strict penalty for no-shows and cancellations after 8am on the day of the reservation. One offense will be forgiven but multiple offences could result in suspension for up to a 2-week period.
- If a patron is not able to attend their reservation, they cannot give it to someone else (no swapping). Each individual's name must match what is on the roster. Adults may be asked to show ID.





FREE OPEN SWIM

We're dedicated to creating a safe, welcoming space where everyone can enjoy the many benefits of swimming. Whether you're here to stay active, unwind, or make lasting memories with friends and family, your health, safety, and happiness are always our top priority.

With careful adherence to operational and safety guidelines, we hope your every visit is a positive, fun-filled experience.

OPEN SWIM - June 16—August 16 Closed 6/19 & 7/4		
A.M. Cannon, Comstock, Monday - Saturday Hillyard, Liberty, & Shadle 1:00-4:00pm		
Witter Friday, 1:00-4:00pm		
EVENING OPEN SWIM - June 16—August 16 Closed 6/19 & 7/4		
A.M. Cannon, Comstock, Hillyard	Monday & Wednesday 6:30-8:00pm	
Liberty & Shadle	Tuesday & Thursday 6:30-8:00pm	



FREE SWIM SPLASHPASS

All Ages | Take full advantage of the summer by signing up for your free SplashPass and cooling off at the pool. By registering for your free SplashPass you will enjoy access to City of Spokane aquatic centers. Admission to the pools is free, but a no-cost SplashPass is required. SplashPasses provide:

- Free admission during Open Swim hours
- Notification of pool events and closures (opt-out available)
- Acknowledge and accept important pool rules that are in place for your safety

You can register for your free SplashPass online at SpokaneRec.org or any of our aquatic centers. Registration is free and takes less than 5 minutes. Parent/Guardian must sign the rules for children 17 and under.

2507 Youth SplashPass (Ages 17yrs. & Under)2508 Adult SplashPass (Ages 18yrs & Up)

AQUATICS HOTLINE

509.625.6960

Get up-to-date information on hours of operation, pool closures and more...



AQUATIC CENTER RENTALS

To make your reservation or view availability go to **www.spokanerec.org** and click on the Aquatic Facility Rentals tab. Hosts may bring in food and drinks (*no glass or alcohol*).

FUNBRELLA RENTAL - \$200 PARTY ROOM RENTAL - \$250 **FULL FACILITY RENTAL - \$919** Planning a family reunion or a corporate Are you planning party? All City aquatic centers are available Our Funbrella a birthday party or a for private after hour rentals. Rentals include locations are large group full use of the rented facility, along with great for parties get-together? lifeguard staff to accommodate the party. of 6 to 12 people. Liberty Aquatic Center Funbrellas, located on has a party room that is Select your two hour reservation from the following availability. the pool deck, are large available for rent that umbrella-shaped is perfect for groups Fridays from 5-9pm of 10-25 people. The structures with picnic Saturdays from 5-9pm party room includes tables tables. Available during open swim hours. and chairs for guests. Sundays from 5-9pm Available during open swim hours.

LIFEGUARD TRAINING COURSES

Lifeguard Training Course

2 weeks | Ages 15yrs. & Up If you are looking for the perfect summer job, this course is for you. As a certified lifeguard, you will be responsible for ensuring people's safety in and around the water. This course will cover CPR, First Aid, and Lifeguarding. Textbooks are available for use in class or online. Students who complete this course will receive an American Red Cross certificate. Prerequisite: minimum 15 years old; pass all pre-course tests.

Witter Aquatic Center, 1414 E Mission Ave. \$225

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17702	Fri.	5/2	5-9pm
	Sat./Sun.	5/3-5/4 & 5/10-5/11	9am-5pm
17703	Fri.	5/16	5-9pm
	Sat./Sun.	5/17-5/18 & 5/24-5/25	9am-5pm
17700	Fri.	5/30	5-9pm
	Sat./Sun.	5/31-6/1 & 6/7-6/8	9am-5pm
17701	Fri.	8/8	5-9pm
	Sat./Sun.	8/9-8/10 & 8/16-8/17	9am-5pm

Lifeguard/CPR Recertification Course

2 weeks | Ages 15yrs. & Up Lifeguarding review classes are designed to help you update your skills and extend your certification for another two years. You must have a prior American Red Cross certification in Lifeguarding (*Including Deep Water*) with CPR/AED for Professional Rescuers and First Aid that is not expired by more than 30 days.

Witter Aquatic	Center,	1414 E.	Mission A	Ave. <i>\$110</i>
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17697	Mon. Tues.	5/5 5/6	3:30-8:30pm 3:30-8:30pm
1770.4		• •	•
17704	Mon.	5/19	3:30-8:30pm
	Tues.	5/20	3:30-8:30pm
17706	<u>M</u> on.	6/2	3:30-8:30pm
	Tues.	6/3	3:30-8:30pm
17708	Mon.	8/11	3:30-8:30pm
	Tues.	8/12	3:30-8:30pm



TRAINING & CERTIFICATION COURSES

Babysitter Training Course

Ages 11-15yrs. This is an interactive class designed by the American Red Cross to prepare students to be better babysitters. Topics include how to stay safe; what to do in an emergency; how to choose age-appropriate activities; and how to recognize and handle a variety of behaviors. Students will also learn the basics of starting a babysitting business. The course consists of six interactive modules featuring videos, activities, games, and tools babysitters can use to build their knowledge and skills and manage their babysitting business. This course includes a final exam at the end, and students who complete the course will receive an American Red Cross certificate. Participants should bring a sack lunch. Space is limited so register early.

Witter Aquatic Center, 1414 E Mission Ave. \$100

17693	Tues Thurs.	6/3, 6/4 & 6/5	5-7:30pm
17694	Tues Thurs.	6/24, 6/25 & 6/26	6-8:30pm
17695	Tues Thurs.	7/8, 7/9 & 7/10	9:30am-Noon
17696	Tues Thurs.	8/5, 8/6 & 8/7	9:30am-Noon

Aquanautic Safety Instructor

2 weeks | Ages 15yrs. & Up Learn to teach water safety, survival, and swimming skills to all ages. This course will certify you to instruct for the City of Spokane Aquatic Dept. only, and will allow you to earn the same wage as a WSI if employed with the City of Spokane Aquatic Dept. This is not a nationally recognized certification, but for the City of Spokane. Prerequisite: minimum 15 years old; pass all pre-course swimming tests administered in the first-class session.

Witter Aquatic Center, 1414 E Mission Ave. \$30

17683	Sat./Sun.	5/3-5/4 & 5/10-5/11	10am-3:30pm
17685	Sat./Sun.	5/17-5/18 & 5/24-5/25	10am-3:30pm
17682	Sat./Sun.	5/31-6/1 & 6/7-6/8	10am-3:30pm

YOUTH AQUATICS PROGRAMS

Jr. Lifeguarding Camp

2 weeks | Ages 10-15yrs. Participants learn what it takes to be a Spokane Aquatics Lifeguard by introducing them to water safety, rescue skills, first aid, CPR, health and wellness, and sustainability. Camp participants will learn the ins and outs of pool operations beyond what happens on deck. Through games and fun activities, swimming and diving skills will be refined, and endurance increased. This camp goes beyond fun, it will prepare your child to take a lifeguard class or join our Aqua Ducks Novice Swim Team. Prerequisite: demonstration of Barracuda skills. Please note that this camp does not certify your child to become a lifeguard. If you are interested in becoming a certified lifeguard, visit our lifeguarding course page. \$104

No class on 6/19. Registration fees have been prorated accordingly.

Comstock			
17325	MonThurs.	6/16-6/26	9-11:15am
17326	MonThurs.	6/30-7/10	9-11:15am
17327	MonThurs.	7/14-7/24	9-11:15am
17329	MonThurs.	7/28-8/7	9-11:15am
17328	MonThurs.	8/11-8/21	9-11:15am
Shadle			
16960	MonThurs.	6/16-6/26	9-11:15am
16961	MonThurs.	6/30-7/10	9-11:15am
16962	MonThurs.	7/14-7/24	9-11:15am
16963	MonThurs.	7/28-8/7	9-11:15am
16964	MonThurs.	8/11-8/21	9-11:15am



YOUTH SWIM TEAM

Aqua Ducks | Novice Swim Team

8 weeks | Ages 6yrs. & Up Is your little fish aging out of swim lessons or has completed all levels but competitive teams aren't what you are looking for? Try out our novice team where the philosophy is to have fun while increasing swim endurance, refinement of the four Olympic strokes (breaststroke, backstroke, front crawl, butterfly), and learning starts and turns.

Swim meets will be held at Witter starting at 5:30pm on July 25, and August 15. \$230 (includes meet fees, a team shirt, and a team swim cap.)

Comstock Intermediate: Ages 9yrs. & Up

Prerequisite: Ability to swim crawl stroke 50 yards unassisted. * 17331 Mon. - Thurs. 6/23-8/14 8-9am

Comstock

Comstock			
* 17332	Mon Thurs.	6/23-8/14	9-10am
* 17330	Mon Thurs.	6/23-8/14	10-11am
* 17333	Mon Thurs.	6/23-8/14	5-6pm

* Instructor has American Sign Language experience

Shadle

16965 Mon. - Thurs. 6/23-8/14 5-6pm **Liberty** 16723 Mon. - Thurs. 6/23-8/14 11am-Noon

AQUA FITNESS

AquaFit

Varies | Ages 18yrs. & Up Are you ready to gain strength, endurance, have more flexibility, better balance, and more stamina into the Summer? Then an Aquafit class is right for you. Burning calories in a refreshing environment is just one benefit. Learning how to MOVE WATER to engaging music with a fun instructor gets you results!

18264 Aquafit 6 Visit Punch Pass \$46

Witter \$95

17979 Tues. & Thurs. 6/17 - 8/14 6:30-7:15pm **Hillyard \$95**17561 Tues. & Thurs. 6/17 - 8/14 11-11:45am **Shadle \$45**16775 Sat. 7/5 - 8/16 10-10:45am

In partnership with

MAKE A SPLASH



Due to pool capacity restrictions, entrance is limited to 300 maximum attendees.

Sponsored by

Providence



FREE SWIM CLINICS

1 Day | Ages 3-15yrs. The Spokane region is home to over 70 bodies of water offering numerous opportunities to enjoy swimming and other aquatic activities. The goal of the City of Spokane and the Spokane Parks Foundation is to offer free opportunities for participants to learn how to be safe in and around the water, and to teach, develop, and improve swimming skills. Preregistration is required with a maximum of 15 participants per session.

Sponsored by The Spokane Parks Foundation

A.M. Cannon Aquatic Center 1511 N. Elm St. (Maxwell & Elm)

7/5	11:30am-Noon	17338
//5	Noon-12:30pm	17340
7/12	11:30am-Noon	17341
7/12	Noon-12:30pm	17336
7/19	11:30am-Noon	17335
7/19	Noon-12:30pm	17337
7/26	11:30am-Noon	17339
7/26	Noon-12:30pm	17334

Hillyard Aquatic Center 5718 N. Haven St. (Columbia & Market)

7/5	11:30am-Noon	16512
7/5	Noon-12:30pm	16510
7/12	11:30am-Noon	16513
// 12	Noon-12:30pm	16517
7/19	11:30am-Noon	16511
7/19	Noon-12:30pm	16514
7/26	11:30am-Noon	16515
7/26	Noon-12:30pm	16516

Liberty Aquatic Center 502 S. Pittsburg (5th & Pittsburg)

7/5	11:30am-Noon	16621
1/5	Noon-12:30pm	16617
7/12	11:30am-Noon	16616
// 12	Noon-12:30pm	16623
7/19	11:30am-Noon	16619
7/19	Noon-12:30pm	16622
7/26	11:30am-Noon	16618
7/26	Noon-12:30pm	16620

DOGGIE

Doggie Dip 2025

1 day | All Ages The pools have gone to the DOGS! Bring your four-legged friend to the last splash of the season! We're having fun and raising funds for SpokAnimal. Dropins/donations welcome at the door. Fee \$10 per dog. Proof of rabies vaccination required.

Fri. 8/22 5:30-7pm Liberty Sat. 8/23 3-4:30pm Shadle Sun. 8/24 3-4:30pm Comstock





PRIVATE SWIMMING LESSONS

All summer | All Ages Do you or your little one need one-on-one instruction? Our swim instructors offer personalized swim instruction that caters to your individual aquatic needs.

Lessons are \$43/person, per half-hour session.

A.M. Cannon	Comstock	Hillyard	Liberty	Shadle
Monday - Thursday	Monday - Thursday	Monday - Thursday	Monday - Thursday	Monday - Thursday Noon-12:30pm
12:10-12:40pm	Noon-12:30pm	12:10-12:40pm	12:10-12:40pm	Saturday 11:45am-12:15pm

SWIMMING LESSONS

This summer is the perfect time to learn to swim or improve your skills. Group swimming lessons are offered for every skill level and age starting at 6 months old. *Lessons are \$58/person, per session*. Sessions are two weeks long with classes held Monday through Thursday (8 days total). Maximum enrollment is 5 children per class, minimum is 3 children. The deadline for enrollment is the Thursday before the start of the next session. Classes may be canceled due to inclement weather, unhealthy air quality, contamination, or other unexpected circumstances.

All efforts will be made to hold each class.

Register online or by phone: 509.755.2489

Pre-Season Session Dates (Witter Aquatic Center Only)
May 5 – May 15
May 19 – May 29 (no class May 26)
June 2 – June 12
Regular Season Session Dates
June 16 – June 26 (no class June 19)
June 30 – July 10
July 14 – July 24
July 28 – August 7
August 11 - August 21
Post-Season Session Dates (Witter Aquatic Center Only)
August 25 - September 4 (no class September 1)





GROUP SWIMMING LESSON LEVEL DESCRIPTIONS & GENERAL INFORMATION

Tadpole | Parent Assist | Ages 6-36 Months

Water orientation class for younger children. Parents (one adult per child) are required to be in the water with children. The goal of this class is to introduce water adjustment skills in a safe and friendly environment. Climbing in and out of the pool, floating on front and back, kicking, and arm movement. All swimmers in diapers must be in swim diapers.

Seahorse | Preschool | Ages 3-5 Years

Through games and play, the goal is to introduce preschoolaged kids to water and teach them how to safely navigate this exciting new environment. Students will work on submerging underwater, blowing bubbles with their mouth and nose, supported floating, and introducing leg movements.

Level 1 | Penguin | Ages 5-8 Years

A great place for school-aged kids who are new to lessons or are nervous/afraid around water. The primary goal is to develop comfort and confidence. Students review and master all Seahorse skills, work on floating independently on front and back, refine their kicking, and are introduced to crawl stroke arms.

Level 2 | Turtle | Ages 5-9 Years

Students must be able to demonstrate Level 1 skills to be in this class. Students will continue to develop comfort and confidence, especially underwater and floating. This class focuses on a lot of new skills: kicking and rolling, crawl stroke, and backstroke.

Level 3 | Stingray | Ages 6-10 Years

Students must be able to demonstrate Level 2 skills to be in this class. This class is a challenge! There will be a lot of work on side breathing with crawl stroke, will refine backstroke, and introduce treading water. Students should pass this class before joining our Aqua Ducks Swim Team.

Level 4 | Seal | Ages 7-11 Years

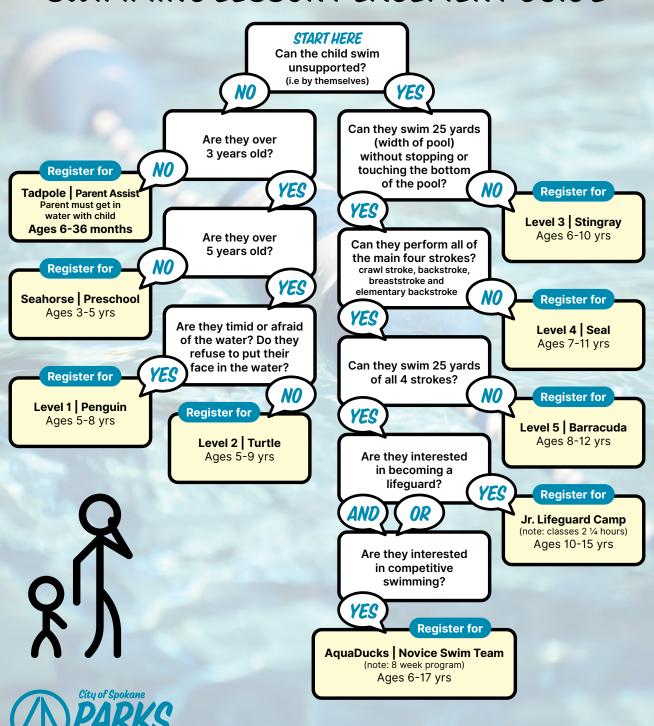
Students must be able to demonstrate Level 3 skills to be in this class. Get ready to swim some laps: in addition to working on crawl stroke, backstroke, and treading water endurance, students will be introduced to breaststroke kick and elementary backstroke.

Level 5 | Barracuda | Ages 8-12 Years

Students must be able to demonstrate Level 4 skills to be in this class. This class is designed to prepare students for swimming for fitness or for continuing to our Jr. Lifeguard class. This class is designed for stroke refinement and endurance, working on crawl stroke, backstroke, breaststroke, elementary backstroke, and introducing butterfly.



Which swim class should you register for? Follow our SWIMMING LESSON PLACEMENT GUIDE





SWIM LESSON SCHEDULES

A. M. CANNON AQUATIC CENTER

1511 N. Elm St.	Preschool Ages 3-5yrs.	Beginner Ages 5-9yrs.	Intermediate/ Advanced Ages 6-12yrs.	
Session 1	6/16-6/2	6 Mon	Γhurs.	
11-11:30am	16453	16459	16471	
11:35am-12:05pm	16457	16463	16465	
5:10-5:40pm	16462	16450	16456	
5:45-6:15pm	16468	16464	16467	
Session 2	2 6/30-7/1	0 MonT	hurs.	
11-11:30am	16473	16469	16466	
11:35am-12:05pm	16458	16452	16472	
5:10-5:40pm	16451	16455	16454	
5:45-6:15pm	16460	16470	16461	
Session 3	7/14-7/2	4 Mon	Thurs.	
11-11:30am	16501	16509	16496	
11:35am-12:05pm	16489	16479	16507	
5:10-5:40pm	16492	16482	16500	
5:45-6:15pm	16498	16486	16497	
Session 4	7/28-8/	7 MonT	hurs.	
11-11:30am	16475	16478	16487	
11:35am-12:05pm	16484	16506	16491	
5:10-5:40pm	16494	16504	16503	
5:45-6:15pm	16485	16490	16505	
Session 5	8/11-8/2	21 Mon7	Thurs.	
11-11:30am	16493	16480	16499	
11:35am-12:05pm	16474	16477	16483	
5:10-5:40pm	16508	16502	16488	
5:45-6:15pm	16481	16495	16476	

HILLYARD AQUATIC CENTER

5718 N. Haven St.	Preschool Ages 3-5yrs.	Beginner Ages 5-9yrs.	Intermediate/ Advanced Ages 6-12yrs.
Session 1	6/16-6	/26 M	onThurs.
11-11:30am	16562	16575	16556
11:35am-12:05pm	16563	16576	16578
5:10-5:40pm	16568	16558	16579
5:45-6:15pm	16561	16560	16557
Session 2	2 6/30-7	7/10 Mo	nThurs.
11-11:30am	16564	16566	16574
11:35am-12:05pm	16567	16569	16565
5:10-5:40pm	16559	16570	16577
5:45-6:15pm	16572	16573	16571
Session 3	7/14-7	7/24 Mc	onThurs.
11-11:30am	16581	16596	16606
11:35am-12:05pm	16602	16582	16597
5:10-5:40pm	16607	16599	16585
5:45-6:15pm	16588	16580	16614
Session 4	7/28-	8/7 Mc	onThurs.
11-11:30am	16586	16598	16591
11:35am-12:05pm	16583	16609	16612
5:10-5:40pm	16593	16615	16608
5:45-6:15pm	16603	16595	16610
Session 5	8/11-8	3/21 Me	onThurs.
11-11:30am	16584	16587	16611
11:35am-12:05pm	16613	16604	16605
5:10-5:40pm	16590	16601	16600
5:45-6:15pm	16594	16592	16589



SWIM LESSON SCHEDULES

LIBERTY AQUATIC CENTER

502 S. Pittsburg St.	Seahorse Preschool	Level 1 Penguin	Level 2 Turtle	Level 3 Stingray	Level 4 Seal	Level 5 Barracuda	Aqua Ducks Swim Team
	Ses	ssion 1 6/1	16-6/26 N	lonThurs.			
11-11:30am	16664	16670	16682	18140			
11:35am-12:05pm	16684	18129		16680	16667		
5:10-5:40pm	16668	16673	16678	18141			
5:45-6:15pm	16672	18130	16671			16677	
	Ses	ssion 2 6/3	30-7/10 M	lonThurs.			
11-11:30am	16686	16674	18137			16665	
11:35am-12:05pm	16663	16679	16676	18142			
5:10-5:40pm	16681	18131		16669	16685		
5:45-6:15pm	16675	16683	16666	18143			
	Ses	sion 3 7/1	4-7/24 I	MonThurs.			
11-11:30am	16688	16707	16703	18144			6/23-8/14
11:35am-12:05pm	16694	18132		16704		16717	11am-12pm
5:10-5:40pm	16718	16711	16715	18145			16723
5:45-6:15pm	16700	18133	16691		16706		
	Ses	sion 4 7/2	28-8/7 N	lonThurs.			
11-11:30am	16698	16696	18138		16708		
11:35am-12:05pm	16721	16699	16705	18147			
5:10-5:40pm	16710	18134	16722			16689	
5:45-6:15pm	16692	16712	16697	18148			
	Ses	sion 5 8/1	11-8/21 N	NonThurs.			
11-11:30am	16702	16709	18139		16716		
11:35am-12:05pm	16695	18135	16713	16714			
5:10-5:40pm	16687	16719	16701	18146			
5:45-6:15pm	16693	18136	16720			16690	



COMSTOCK AQUATIC CENTER

601 W. 29 th Ave.	Tadpole Parent Assist	Seahorse Preschool	Level 1 Penguin	Level 2 Turtle	Level 3 Stingray	Level 4 Seal	Level 5 Barracuda	Jr. Lifeguard Camp	Aqua Ducks Swim Team
		Sess	ion 1 6/1	16-6/26	MonThurs.				
9-9:30am		17149	17117	17150	17123	17141	17092		
9:35-10:05am	17143	17095/17079	17088	17068	17070			0.11:150	
10:10-10:40am		17098	17118/17120	17145/17076	17073			9-11:15am 17325	
10:45-11:15am	17078	17085	17108	17160	17130	17112] "7020	
11:20-11:50am	17093		17119	17102	17129/17158	17077	17126		
4:35-5:05pm	17132	17116	17167	17101/17163	17127		17097		
5:10-5:40pm		17096	17066/17151	17133	17146/17147	17128			
5:45-6:15pm	17111	17136	17131	17109	17125/17159		17135		
		Sess	sion 2 6/	30-7/10	MonThurs.]
9-9:30am	17144	17153	17080	17152	17082	17069			
9:35-10:05am		17121	17107	17081/17157	17074			0.44.45	1st Time Slot
10:10-10:40am	17090	17087/17122	17065	17105	17083/17140			9-11:15am 17326	6/23-8/14
10:45-11:15am			17142	17113	17091/17134	17086	17103] 1/320	8am-9am
11:20-11:50am	17072	17137	17068	17124/17161	17071		17110	1	17331
4:35-5:05pm		17139	17154/17067	17094	17089/17115	17100]
5:10-5:40pm	17106	17104	17099	17164/17148	17155/17114				1
5:45-6:15pm	17075	17165	17166/17156	17138	17084		17162		1
		Sess	sion 3 7/	14-7/24	MonThurs.			•	2nd Time Slot
9-9:30am		17238	17243	17138	17202	17242			6/23-8/14 9am-10am
9:35-10:05am	17293	17210	17199/17180	17317/17211	17208		17252	9-11:15am	17332
10:10-10:40am		17209	17253/17311	17261/17285	17283				
10:45-11:15am	17185	17316	17177	17314	17269	17197		17327	
11:20-11:50am	17272		17310	17181/17260	17279/17175		17183	1	
4:35-5:05pm	17259	17275	17171	17282	17270/17303		17256		3rd Time Slot
5:10-5:40pm		17195	17221/17196	17290/17301	17188	17220			6/23-8/14
5:45-6:15pm	17266	17300	17236	17307	17312/17280		17288		10am-11am
			l	l	MonThurs.				17330
9-9:30am	17226	17228	17213	17318	17203	17173		T	
9:35-10:05am		17233/17229	17225	17321/17205	17234			1	
10:10-10:40am	17299	17274	17246/17198	17239	17240			9-11:15am	
10:45-11:15am			17184	17223	1	17305/17305	17257	17329	4th Time Slot
11:20-11:50am	17320	17315	17189	17294/17218	17176		17295	1	6/23-8/14 5pm-6pm
4:35-5:05pm		17287	17190/17258	17264	17224/17286	17170	200		17333
5:10-5:40pm	17178	17309	17237	17172/17291	17169/17313				-
5:45-6:15pm	17277	17271	17194/17248	ì	17212		17232		†
or to ortopin					MonThurs.		17202	1	
9-9:30am		17284	17249	17267	17255	17273	17235		1
9:35-10:05am	17206	17230	17281	17244	17308/17292	, 0	200		
10:10-10:40am	17 200	17245	17263/17247	17201/17174	17262			9-11:15am	
10:45-11:15am	17214	17243	17276	17187	17323	17182		17328	
11:20-11:50am	17217	17271		17254/17302	17323	17 102	17265		
4:35-5:05pm	17186	17179	17192	17207	17193/17268		17203		1
5:10-5:40pm	17 100	17179	17306/17191	17322	17193/17200	17227	17230		1
	17210					11221	17016		1
5:45-6:15pm	17319	17324	17298	17250	17215/17251		17216	44 11 1 74	<u> </u>



SHADLE AQUATIC CENTER

2005	Tadpole	Seahorse	Level 1	Level 2	Level 3	Level 4	Level 5	Jr. Lifeguard	Aqua Ducks
W. Wellesley	Parent Assist	Preschool	Penguin	Turtle	Stingray	Seal	Barracuda	Camp	Swim Team
		Ses	sion 1 6	6/16-6/26	MonThurs.				
9-9:30am		16845	16826	16831	16824				
9:35-10:05am			16799	16806	16796		16790	9-11:15am	
10:10-10:40am	16811	16798		16813	16837				
10:45-11:15am			16817	16784	16788	16786		16960	
11:20-11:50am		16836	16846	16843	16838				
4:35-5:05pm		16800	16805	16829	16797	16830			
5:10-5:40pm	16815	16777	16840	16823	16820				
5:45-6:15pm	16781		16839	16827	16821		16807		
			_	y Session 6/2	1-8/09				
10-10:30am	16816	16862	18126		1				
10:35-11:05am	16935	16881	18127		-		1		
11:10-11:40am	18124	18125	18128	0/20 7/40	Man Thomas	<u>L</u>			
		S€		1	MonThurs.	<u> </u>	10701	<u> </u>	
9-9:30am		105	16847	16778	16822		16791	1	
9:35-10:05am		16833	16812	16834	16832			9-11:15am	
10:10-10:40am		16801	10010	16782	16808	16802	16776	16961	
10:45-11:15am		16793	16818	16814	16794	10000	10005	10901	
11:20-11:50am	10000		16792	16780	16844	16809	16825		
4:35-5:05pm	16828	10010	16779	16785	16789	10707	16804		ļ
5:10-5:40pm	160.40	16810	16819	16841	16803	16787			-
5:45-6:15pm	16842	16783	16795 ssion 3	16848	16835				
0.0:20am		16913		7/14-7/24	MonThurs.				6/23-8/14
9-9:30am		10913	16943	16944	+		10000		5-6pm
9:35-10:05am	16002	16007	16894	16959 16932	16904 16880		16869	9-11:15am	3-opin
10:10-10:40am 10:45-11:15am	16903	16907	16909	16952	+	16865		16962	16965
11:20-11:50am		16882	16872	16932	16948 16851	10000	16939	1000_	
4:35-5:05pm		16941	16942	16956	16852	16902	10939		
5:10-5:40pm	16859	16875	16948	16938	16906	10302			
5:45-6:15pm	16849	10070	16858	16917	16870		16890		
	100.10	S			MonThurs.		1.0000		
9-9:30am			16929	16936	16951		16861		
9:35-10:05am		16896	16888	16887	16955		10001	9-11:15am	
10:10-10:40am	16868	16863	10000	16857	10333	16920		J-11.15a111	
10:45-11:15am	10000	16923	16874	16945	16886	10020		16963	
11:20-11:50am		.5525	16899	16871	16928	1679	16901	1	
4:35-5:05pm	16850		16924	16897	16853		16893		1
5:10-5:40pm		16854	16895	16937	16889	16933			1
5:45-6:15pm	16856	16855	16946	16883	16905				
		Ses	sion 5	8/11-8/21	MonThurs.				1
9-9:30am			16940	16891					
9:35-10:05am			16931	16866	16864		16918	9-11:15am	
10:10-10:40am	16884	16927		16921	16953				
10:45-11:15am			16916	16911		16934		16964	
11:20-11:50am		16915	16954	16873	16860		16898		
4:35-5:05pm		16867	16950	16876	16957	16949			
5:10-5:40pm	16925	16930	16922	16914	16892				
5:45-6:15pm	16878		16877	16900	16958		16912		
		Loss overlied							17



WITTER AQUATIC CENTER: PRE-SEASON

1414 E. Mission Ave.	Seahorse Preschool	Level 1 Penguin	Level 2 Turtle
Session	on 1 5/5-5	/15 MonThu	ırs.
4-4:30pm	17820	17833	17845
4:35-5:05pm	17821	17834	17846
5:10-5:40pm	17822	17835	17847
5:45-6:15pm	17823	17836	17848
Session	on 2 5/19-5	/29 MonThu	ırs.
4-4:30pm	17824	17837	17849
4:35-5:05pm	17825	17838	17850
5:10-5:40pm	17826	17839	17851
5:45-6:15pm	17827	17840	17852
Sessio	n 3 6/2-6	/12 MonTh	urs.
4-4:30pm	17828	17841	17853
4:35-5:05pm	17829	17842	17854
5:10-5:40pm	17830	17843	17855
5:45-6:15pm	17831	17844	17856

WITTER AQUATIC CENTER: POST-SEASON

1414 E. Mission Ave.	Seahorse Preschool	Level 1 Penguin	Level 2 Turtle
Sessio	on 1 8/25-9	9/4 MonThu	ırs.
4-4:30pm	17857	17862	17866
4:35-5:05pm	17859	17863	17867
5:10-5:40pm	17860	17864	17868
5:45-6:15pm	17861	17865	17869



WITTER AQUATIC CENTER: REGULAR SEASON

WITTER AQUATIC CENTER: REGULAR SEASON						
1414 E. Mission Ave.	Tadpole Parent Assist	Seahorse Preschool	Level 1 Penguin	Level 2 Turtle		
S	ession 1 6	/16-6/26	MonThurs.			
10:10-10:40 am	17681	17715		17726		
10:45-11:15 am	17711	17716	17721			
11:20-11:50 am		17717	17722	17727		
11:55am-12:25pm	17714		17723	17728		
5:10-5:40pm	17712	17718		17729		
5:45-6:15pm	17713	17719	17724			
6:20-6:50pm		17720	17725	17730		
	Session 2 6	/30-7/10 N	lonThurs.			
10:10-10:40am	17732	17804		17815		
10:45-11:15am	17800	17805	17810			
11:20-11:50am		17806	17811	17816		
11:55am-12:25pm	17801		17812	17817		
5:10-5:40pm	17802	17807		17818		
5:45-6:15pm	17803	17808	17813			
6:20-6:50pm		17809	17814	17819		
•	Session 3	7/14-7/24	MonThurs.			
10:10-10:40am	17733	17739		17750		
10:45-11:15am	17734	17740	17745			
11:20-11:50am		17741	17746	17751		
11:55am-12:25pm	17735		17747	17752		
5:10-5:40pm	17736	17742		17753		
5:45-6:15pm	17737	17743	17748			
6:20-6:50pm		17744	17749	17754		
9	Session 4 7	/28-8/7 I	MonThurs.			
10:10-10:40am	17755	17760		17771		
10:45-11:15am	17756	17761	17766			
11:20-11:50am		17762	17767	17772		
11:55am-12:25pm	17757		17768	17773		
5:10-5:40pm	17758	17763		17774		
5:45-6:15pm	17759	17764	17769			
6:20-6:50pm		17765	17770	17775		
S	ession 5 8	3/11-8/21	MonThurs.			
10:10-10:40am	17776	17781		17792		
10:45-11:15am	17777	17782	17787			
11:20-11:50am		17783	17788	17793		
11:55am-12:25pm	17778		17789	17794		
5:10-5:40pm	17779	17784		17795		
5:45-6:15pm	17780	17785	17790			
6:20-6:50pm		17786	17791	17796		

CORBIN ART CENTER (4)

CORBIN KIDS/PRE-SCHOOL

All classes are held at Corbin Art Center, 507 W. 7th Avenue, unless otherwise indicated.

Little Leonardo's

6 Weeks | Ages 3-5yrs. Children love art and they are naturally creative and imaginative. Each class is planned to expose your child to a new element of art each week. They will paint, sculpt, draw, cut paper and glue to help develop listening skills, fine motor skills and creative imagination play. **\$69**

17960 Mon. 4/14 – 5/19 9:30 – 10:30am

Make Art Together: Bugs & Butterflies

6 Weeks | Ages 3-5yrs. Spring has Sprung! Do you and your child love Spring? Do you both enjoy looking at bugs? Then do we have a creative class for you and your child! Come join us in discovering springtime bugs! Each week will be filled with different bug inspired projects and a special focus on some Earth week bug activities, in this fast paced, fun class. **\$69**17961 Tues. 4/15 - 5/20 9:30 - 10:30am

WORKSHOPS/PRE-SCHOOL

All classes are held at Corbin Art Center, 507 W. 7th Avenue, unless otherwise indicated.

Make Art Together: Easter Bunny Fun!

1 Day | Ages 3-5yrs. Bunnies, Chicks, and Lambs, Oh My! Come and make some fun Easter projects to enjoy this spring. Bring yourself and your little "Some-Bunny" special to this fun and fast-paced class. Projects include an animal puppet, Easter hat, and more. \$29

17963 Sat. 4/19 9:30-11am

Make Art Together with Mom!

1 Day | Ages 3-7yrs. Come make some wonderful Mother's Day inspired art projects together. We will make some cute handprint art along with some other springtime projects to celebrate Mom! This parent/child creative event will be a memory maker, and you will be able to look at the projects for years to come. \$29

17964 Sat. 5/10 9:30-11am

Make Art Together: Sweet Springtime Fun!

6 Weeks | Ages 3-5yrs. Yay! It's finally spring and time to celebrate the season! This class is for you and your child to explore flowers, bugs and even the rainy, spring weather while making wonderful works of art. Experience a new weekly art theme, and relevant project. Children will discover color, texture while practicing basic cutting and gluing skills while exploring a variety of art techniques and materials. This class is fast paced, active and most of all fun! \$69

17962 Thurs. 4/17-5/22 9:30-10:30am



CALL US Call 311 or outside the city at 509.755.CITY Fax 509.625.6990



REGISTER ONLINE SpokaneRec.org



CORBIN KIDS/YOUTH

All classes are held at Corbin Art Center, 507 W. 7th Avenue, unless otherwise indicated.

Let's Get Creative! Art Exploration

6 Weeks Come get your artistic fun on while exploring a variety of artistic mediums, such as, oil pastels, paint, clay, paper, recycled objects and more each week. Here is a chance to use your artistic super-power skills to be creative and convert your ideas into reality! There are new projects each week for returning students. \$85

Ages 6-8vrs.

17965	Mon.	4/14-5/19	4-5:30pm
Ages 9 - 17966		4/15-5/20	4-5:30pm

Drawing Basics Youth

6 Weeks | Ages 6-12yrs. Drawing is the basis and the first step for dimensional art forms. Explore with different tools and techniques and learn the many facets of drawing including freehand drawing, line, shading, fur-scales-feathers, still life, color, design composition, perspective, portraiture, animals and more. **\$85**

Ages 6-8yrs.

17967 We		4-5:30pm
Ages 9-12y 17968 Th	r s. urs. 4/17-5/22	4-5:30pm

Comic Creators

6 Weeks | Ages 12-18yrs. | Nadia Hitchcock Calling all Manga, graphic novel, comics, and bande dessine lovers! Have you ever wanted to write and draw your own mini comic book? That's exactly what you'll do in this class! You will learn basic comics theory from some of the best minds in the business. You will then practice exercises to build your sequential storytelling skills, then put them to use to create your own comic or manga! Supplies included but feel free to bring your own too. \$75

Ages 6-8yrs.

18150 Sat. 4/12-5/17 2-4pm





CORBIN ART CENTER



YOUTH SPRING BREAK CAMPS

Enjoy a fun-filled day with arts and crafts activities for children. Dress for a mess and bring your lunch.

Pre-registration is required.

In a Land Far Away! Fairies, Unicorns & Dragons
1 Day | Ages 6-11yrs. Sticks and flowers; glitter, paint, clay
and glue. Mix well and then sprinkle with stories of fairies,
unicorns and dragons. Combine lots and lots of your
creative juices to make some fantastic art projects! Make
room for mystical creatures and their dwellings full of natural
elements, loose parts, clay, and colorful textures. Come play,
explore drawing, painting, sculpting, and create your own
land of the fantastic beasts. Dress for a mess and please

17370 Mon. 4/7 9am-3pm

Super-Sculpture Safari Camp!

bring a lunch. \$59

1 Day | Ages 6-11yrs. Lions, Tigers and Bears, OH MY! No passport needed to create and sculpt your favorite animals from clay and paper to make fabulous works of 3-D art. This camp emphasizes creativity, construction, and problemsolving skills to help these young artist's animal artwork come to life. Dress for a mess and please bring a lunch. \$49 17371 Tues. 4/8 9am-3pm





Clay, Slime, & DIY Dough

1 Day | Ages 6-11yrs. Discover the joy of clay! Make your own cool clays to model creative animals and other projects. Using fun recipes and techniques you will enjoy your experience with pre-made and handmade clay. Please bring a lunch. \$59

17372 Wed. 4/9 9am-3pm

NEW! Journey to the Moon Camp!

1 Day | Ages 6-11yrs. Come make art in a variety of mediums in both two and three-dimensions, your "art-stronaut in training" will explore the sun, moon, stars, and planets! Campers will also investigate Space as an element of art, how it is used by practicing visual artists, and how it has been used by artists from the past. Dress for a mess and please bring a lunch. \$59

17373 Thur. 4/10 9am-3pm

Van Gogh - Bold Artist Camp

1 Day | Ages 6-11yrs. Create amazing works of Art in this Van Gogh inspired painting and drawing camp. You'll work in a wide variety of paint mediums, pen and ink, and pastels. Through the bold use of color and texture, painting on paper and clay, and exciting brush strokes you'll create your own masterpieces. If you love to paint, you will love this camp! Dress for a mess and please bring a lunch. \$59

17374 Fri. 4/11 9am-3pm

DRAWING

All classes are held at Corbin Art Center, 507 W. 7th Avenue, unless otherwise indicated.

Drawing Fundamentals

6 Weeks | Ages 16yrs. & Up Join us as we begin to explore drawing fundamentals! If you are new to drawing or need to brush up on basic skills this is the class for you. We will be tackling drawing materials, composition, portrait techniques, shading, and perspective. Great basics that will lead to long lasting confidence in your drawing. Supply list is listed at the bottom of registration receipt. \$169

17969 Mon. & Wed. 4/14 - 5/21 6-8pm



Acrylic Painting

6 Weeks | Ages 18yrs. & Up | Tom Quinn Learn basic concepts of painting techniques with acrylic paints. This class is an introduction to the fast drying, forgiving medium of acrylic paint. You will explore color, form, and composition to create your own works of art. Work from still-life set-ups and two-dimensional references such as photos. Supply list is listed at the bottom of registration receipt. \$89
17970 Mon. 4/14 - 5/19 6:30-8:30pm

Painting with Oils

6 Weeks | Ages 18yrs. & Up | Tom Quinn An introduction to the forgivable medium: oil. Learn basic concepts of design, composition, color theory, values and texture while experiencing the outstanding working properties of oil. Choose to work from still-life or two-dimensional references. Helpful demonstrations and individual instruction will be taught. Supply list is listed at the bottom of registration receipt. \$89 17971 Thurs. 4/17-5/22 6:30-8:30pm

NEW! Watercolor & Landscape Composition

4 Weeks | Ages 16yrs. & Up | Megan Perkins Learn the basics of landscape composition to give depth and energy to your paintings. We'll discuss atmospheric perspective, rule of thirds, how to lead the eye into the painting and color mixing for both realistic greens and to create a sense of space in the picture plane. Drawing will lead to painting in watercolors. Bring your own photos or pictures to paint from as well. Supply list is listed at the bottom of registration receipt. \$89 17972 Wed. 3/26-4/16 6-8pm



Spontaneous Process Painting

1 Day | Ages 18yrs. & Up | Bevie LaBrie Have you ever stood in front of a blank canvas feeling paralyzed? Does your inner critic stand next to you, putting on the pressure to paint an amazing painting? If so, this is the class for you! Using multi-media, participants will create on one surface throughout the class. Supported by writing prompts and instructor guidance, students will discover how this surface reflects their creative journey. Students will leave the day with numerous ways to begin to find deeper connection to their paint process. All experience levels welcome and there will be a 1-hour lunch break. Supply list is listed at the bottom of registration receipt. \$75

18149 Sun. 5/4 9am-4pm

Watercolor & Painting Flowers

4 Weeks | Ages 16yrs. & Up | Megan Perkins Love flowers? Learn how to paint draw and then paint them in watercolor. We'll break down flowers into basics shapes, paint individual "portraits" of flowers and then zoom out to depict flower plants in groups, such as a full flowerpot or garden bed. We'll discuss painting buds, blooms, leaves, stems and seeds as well. Please bring your own photos or pictures to paint from as well. Supply list is listed at the bottom of registration receipt. \$89

17973 Thurs. 5/8-5/29 6-8pm

CORBIN ART CENTER



WRITING & PERSONAL ENRICHMENT

All classes are held at Corbin Art Center, 507 W. 7th Avenue, unless otherwise indicated.

Creative Memoir Writing

6 Weeks | Ages 18yrs. & Up | Mary Fruchter Do you have a story to tell, but aren't sure how to begin? Start here. In this creative writing class, we will look at memoirs snapshots and study some of the techniques authors use to make their words and characters come alive. Then, we will try it out ourselves, writing our own lives. Join us, and make your voice heard. Notebook, pencil or I-Pad and your memories are the only supplies needed. \$99

17974 Wed. 4/16-5/21

6-8pm

Creative Writing... Untapped

6 Weeks | Ages 18yrs. & Up | Jennifer DeCuir There are so many ways to express ourselves creatively through writing. We'll explore several types, and you choose what resonates with you. Can't decide? Try out a few! Bring your notebook/pen or laptop, whatever you are most comfortable using. \$99 17975 Thurs. 4/17-5/22 6-8pm

FIBER ARTS

Knitting 101: Beginning Knitting

4 Weeks | Ages 15yrs & Up | Andi Keating Learning to knit is like learning a new language, and just getting used to the motion of making stitches takes enough brain power to get that muscle memory down. I'm here to help break down how to cast on and knit. As we progress, I will coach you on what a gauge swatch is, and why it is important, especially when reading patterns. We will work of more fun stitches such as stockinette, see, basket, ribbing, yarn overs, and bobbles. Supply list is listed at the bottom of registration receipt. \$59 17976 Sat. 4/12-5/3 10am-Noon

Hooked on Yarn: Beginning Crochet

4 Weeks | Ages 15yrs & Up | Andi Keating In this class we will learn to make the basic crochet stitches: single, double, and treble crochet. We will talk about how to make circles and more 3D projects, as well as discussing gauge and its importance. We will make swatches of these stitches for practice before we move on to our class project. A written pattern will be included with the class for the project. Supply list is listed at the bottom of registration receipt. \$59

17977 Sat. 4/12 - 5/3 12:30-2:30pm



LANGUAGE & CONVERSATIONAL SPEAKING

All classes are held at Corbin Art Center, 507 W. 7th Avenue, unless otherwise indicated.

Intermediate Spanish Conversation

8 Weeks | Ages 18yrs. & Up | Mary Benham In this course we will read a book written in Spanish as a group. Please come prepared to discuss the plot and characters each week: we will review verb tenses, grammar, and idioms along the way. Students are also encouraged to talk about their memories, travels, current activities, etc. This class is designed for intermediate and advanced students who want to increase competence and fluency. Supply list is listed at the bottom of registration receipt. \$95

17978 Wed. 4/16-6/4 1-2:30pm

COOKING WORKSHOPS

NEW! Chocolate! Chocolate! Chocolate!

1 Day | Ages 16yrs. & Up | Dianna McCoy Discover the art of making hand-crafted chocolates! Learn the science and techniques of tempering chocolates, and the skill of pouring this divine liquid goodness into molds. This class will work with both gourmet milk and dark chocolates. This workshop will include recipes to take home along with your decadent molded chocolate creations. \$65

 17401
 Sat.
 3/22
 10am-Noon

 17402
 Sat.
 4/12
 10am-Noon

HISTORY & GHOST HAUNTS

Walking Tour of the History of Greenwood Memorial Terrace Cemetery

1 Day | Ages 16yrs. & Up Learn about Spokane's oldest community cemetery with stories of the historical dead from Chet Caskey, historian and author of Guide to Spokane's Historic Cemeteries. Lemonade, water & cookies provided. Please be aware restroom facilities are often not available so use advance planning. Tour begins and ends at the Cemetery office, 211 N Government Way, Spokane. More info, directions and questions – call or text Chet at 509.863.2519. \$20

17408 Sun. 4/27 1:30-3:30pm

Walking Tour of the History of Fairmount Cemetery

1 Day | Ages 16yrs. & Up Learn about Spokane's second oldest community cemetery with stories of the historical dead from Chet Caskey, historian and author of Guide to Spokane's Historic Cemeteries. Lemonade, water & cookies provided. Please be aware restroom facilities are often not available so use advance planning. Tour begins and ends at the Cemetery office, 5200 W. Wellesley Ave, Spokane. More info, directions and questions – call or text Chet at (509) 863-2519. \$20

17409 Sun. 5/4 1:30-3:30pm



Corbin Art Center

AGE OF ELEGANCE

RE-IMAGINED:

SEPTEMBER 6-20

"Where Design, Comfort, and Creativity Meet"

See the historic D.C. Corbin House decorated in fine home furnishings by local businesses and interior designers. Guided tours by historians and options to purchase furniture on display.

Register at www.spokanerec.org









GET OUTDOORS WITH US!

Here's why:



Guides

- · Our friendly guides have a passion for the outdoors personally and professionally, and can't wait to share
- · We worry about the details so you don't have to!
- · Gain useful insights and info to make the most of your trip
- Guides lead at your pace no one gets left behind!



Equipment

- · We provide all necessary equipment for our adventures
- We don't expect you to show up with the fanciest gear
- · Find out if you like it before buying your own gear



Transportation

- Meet us in a convenient location close to town
- No parking passes needed when you ride with us
- Don't worry about the driving, just enjoy the scenery

What you can expect:

A convenient and stress free way to discover a new destination with all of the trip details already organized for you and with a team to support you every step of the way. Before your trip, you will receive information on how to prepare and we are here for you if you have questions beforehand.

What's happening?

SPRING: Wildflower Walks · Rafting · Archery

SUMMER: Paddleboard Tours · Kayak Tours · Youth Day Camps

Little Spokane River Shuttle and Kayak Rentals

FALL: Hikes · Driving Tours · Kayak Tours

WINTER: Moonlight & Daytime Snowshoeing, Cross-Country Ski Tours

PRIVATE TOURS: We'll take your group on a custom private adventure in any season





afuzak@spokanecity.org



509.363.5414



www.spokanerec.org

See Current Offerings









Further information emailed after registration. Please monitor your email for a message from our office. If you would like assistance in deciding whether the activity is a good fit for you, or for questions regarding age restrictions, equipment, or other activity inquiries please call us at 509.363.5414.

ARCHERY

Archery Introduction

1 Day | Ages 8yrs. & Up Instructed by the Evergreen Archery Club Archery is a great activity which the whole family can enjoy. Learn the basics of archery from skilled professionals in a beautiful outdoor setting. After your instruction you will enjoy a course shoot and finish up with a 3D target. Since 1962, the Evergreen Archery Club has been dedicated to advancing the sport and maintains a wonderful outdoor range in close proximity to downtown Spokane. You will enjoy learning and practicing surrounded by native ponderosa pines in an amazingly convenient location! All equipment provided. Adult supervision required for participants under 18yrs.

Meet at Evergreen Archery Range, Elliott Dr. \$30

17987	Sat.	4/5	9am-Noon
17988	Sat.	5/17	9am-Noon
17989	Sat.	6/21	9am-Noon
17990	Sat.	7/19	9am-Noon

Explore Archery

5 Weeks | Ages 8yrs. & Up The Explore Archery Class with Dragon Flight Archery will cover basics of shooting, range safety, proper form, different types and styles of archery, and scoring through a variety of activities. Participants will earn achievement tags for completing different stages of the class. All necessary equipment is provided.

Meet at 125 S. Arthur Suite 20. \$100

17993	Wed.	4/16-5/14	4pm-6pm
17994	Wed.	7/9-8/6	4pm-6pm

DUTCH OVEN COOKING

NEW! The Art of Dutch Oven Cooking

1 Day | Ages 16yrs. & Up Dutch oven, or "DO", cooking is a family fun activity adding a delicious taste to your backyard BBQs, family picnics or camping trip. In our discussion you will learn proper DO seasoning and care techniques, coal preparation, arrangement, and temperature, how to handle your hot oven, prepping for your meals and where to buy your gear. You'll be cooking great meals in no time at all! Demonstration, recipes, information packet, beverages and Dutch Oven meal included.

Meet at Corbin Art Center 507 W. 7th Ave. \$49

18246 Fri. 5/16 5:30-7:30pm

ORIENTEERING

Intro to the Sport of Orienteering

1 Day | Ages 14yrs. & Up Discover the recreational sport of orienteering. A great activity for families and individuals of all ages, orienteering involves navigating over unfamiliar terrain and trails using a special orienteering map. Classroom instruction from 9:30-11am on basic orienteering map reading skills and introduction to the sport, followed by an opportunity to test your new skills on the outdoor course from 11am-Noon. Call/text Dave at 509-868-5984 for more info. \$5 discount if you register for the Intermediate Skills Course as well. Call 509-724-3939 for discounted pricing. Meet at Finch Arboretum 3404 W. Woodland Blvd. -Woodland Ponderosa Room \$15

17991 Sat. 4/12 9:30am-Noon

Intermediate Orienteering Skills Course
1 Day | Ages 14yrs. & Up Classroom instruction and outdoor practice of map and compass skills for intermediate and advanced orienteering courses. This class is intended for people who are already familiar with topographic maps and a compass or have taken the Intro to Orienteering Class. Call/text Dave at 509-868-5984 for more info. Meet at Finch Arboretum 3404 W. Woodland Blvd. -Woodland Ponderosa Room \$15

17992 Sat. 4/12 1pm-3:30pm



Wildflower Walks With Transportation

Spring and early Summer is a wonderful time of year when the land around us takes a big, deep breath after a long winter's slumber. There should be 2-3 different types of flowers blooming during any of the journeys listed below and gorgeous views of the surrounding area as our world wakes up and shows off its beauty! Hikes leave from a central location where you meet the guides and are whisked away for a wonderful adventure. Fee includes: guides, transportation, and trekking poles. Participants under 18 must register with an adult participant.

Further information emailed after registration. Please monitor your email for a message from our office. If you would like assistance in deciding whether the activity is a good fit for you, or for questions regarding age restrictions, equipment, or other activity inquiries please call us at 509.363.5414.

JAMES T. SLAVIN CONSERVATION AREA

1 Day | Ages 13yrs. & Up | Hike time: 3 hours | Terrain: mostly flat

Join us for a hike in the biologically diverse James T. Slavin Conservation Area. This trail system boasts a variety of habitat types including ponds, upland pine and fir forests, wetlands, and grassy meadows. Its 628 acres is home to 121 species of birds! This area is relatively flat and we will hike at a comfortable pace depending on the group.

Meet at Yoke's Fresh Market - Foothills 210 E. North Foothills Dr. \$49

17995 Sat. 4/26 9am-1:30pm

FISHTRAP RECREATION AREA

1 Day | Ages 13yrs. & Up | Hike time: 3 hours | Terrain: easy to moderate up and downhill; 270ft elevation gain/loss Enter into Hog Creek Canyon on the Farmers Landing Trail and be rewarded with views of Fishtrap Lake and the surrounding channeled scablands. As we make our way to the overlook above the lake, keep a lookout for small wetlands, beautiful spring wildflowers, and wonderful outcroppings of Basalt.

Meet at Yoke's Fresh Market - Foothills Parking Lot 210 E. North Foothills Dr. \$55

18029 Sat. 5/17 9am-2:30pm

BEAD LAKE

1 Day | Ages 16yrs. & Up | Hike time: 4 hours | Terrain: moderate up/downhill 570ft elevation gain/loss
This beautiful hike takes us to the pristine Bead Lake in Colville National Forest just north of Newport. The trail offers amazing views of the lake and surrounding area. While on this hike you will travel through ancient cedar forests, and over some of Bead lake's tributary streams. Some wildlife you might see are deer, elk, northern goshawk, and many more. A great hike for photographers. Meet at Yoke's Fresh Market Parking Lot 14202 N. Market St. \$67
18031 Sat. 6/28 9am-4pm

MOUNT SPOKANE – BURPING BROOK LOOP

1 Day | Ages 16yrs. & Up | In partnership with Wildland Cooperative

Hike time: 2.5 hours | Terrain: Moderate up and downhill 550ft elevation gain/loss | Mileage: 2.7

Behold the babbling beauty of Burping Brook! Our hike will start at the Lower Kit Carson parking lot where we will travel on the Kit Carson Loop Road to the Hut at Smith Gap. On the return trail you will cross 2 bridges over trickling mountain streams. After our hike, we will return to Wildland Cooperative where you can enjoy wonderful locally made beverages and snacks for purchase on your own. Their market and tap house is a great way to round out the day, and enjoy the sweeping green-bluff views! *Meet at Wildland Cooperative 8022 E. Green Bluff Rd. Colbert.* \$49

18067 Sun. 7/13 10am-2pm





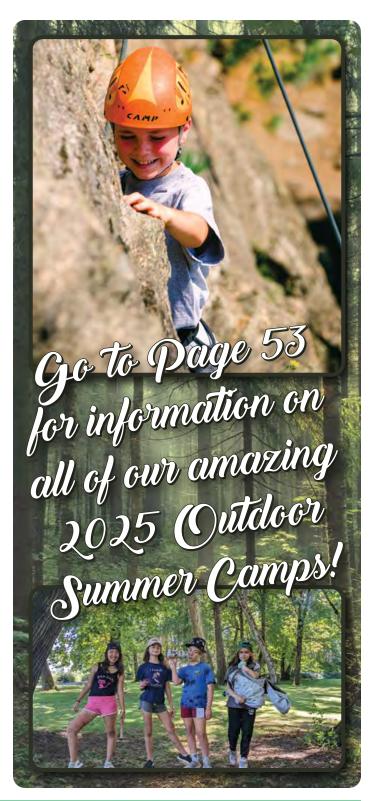
CALL US Call 311 or outside the city at 509.755.CITY Fax 509.625.6990



REGISTER ONLINE SpokaneRec.org







OUTDOOR RECREATION



Further information emailed after registration. Please monitor your email for a message from our office. If you would like assistance in deciding whether the activity is a good fit for you, or for questions regarding age restrictions, equipment, or other activity inquiries please call us at 509.363.5414.

RAFTING

Lower Spokane River

1 Day | Ages 5yrs. & Up This 3-hour trip is the most adventurous on the Spokane River! We meet in Peaceful Valley and suit you up with all necessary equipment, including wetsuits when needed. We will instruct you with essential equipment and safety techniques prior to getting you on the river. Before you hit your first set of rapids, the Spokane River provides an abundance of wildlife and plenty of opportunities for swimming and or relaxing. Your guide will navigate you through two class III rapids. First up is "Bowl and Pitcher." This rapid will take you through exciting whitewater while going under Riverside State Park's wooden swinging bridge. Next up is "Devil's Toenail," another exciting class III rapid with plenty of splashes and heart-pumping fun! Drinks are provided after the trip. Leave the noise and responsibility behind and allow us to create these live-inthe-moment memories that can be so rare and last a lifetime! Meet at Spokane River Water Ave. \$69

18025	Fri.	5/16	10am-1pm
18026	Sun.	5/18	10am-1pm
18027	Sun.	6/8	10am-1pm
18028	Fri.	6/13	10am-1pm

Clark Fork River

1 Day | Ages 5yrs. & Up This option is an all-day excursion with plenty of whitewater for the adventure seeker! We will meet at Wiley headquarters, where you will leave your vehicle, meet your guide and receive a safety briefing. Once on the river, your guide will navigate you through 4-6 notable class III-IV rapids with many small rapids in between. With all this excitement, there is still the opportunity to take in the breathtaking geography and wildlife western Montana has to offer. This river has great swimming holes and rock jumping. Your trip includes an all-you-can-eat buffet-style lunch because, yes, rafting is a workout. Water is provided at lunch, while other beverages are provided at the end of the trip. Camping available at Trout Creek Campground (recommended). Pre-trip information emailed after registration. Registration deadline 1 week before start date.

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18085	Fri.	7/25	9am-2:30pm
18087	Sun.	7/27	9am-2:30pm
18080	Fri.	8/8	9am-2:30pm
18226	Sat.	8/16	9am-2:30pm
18084	Sun.	8/17	9am-2:30pm







Further information emailed after registration. Please monitor your email for a message from our office. If you would like assistance in deciding whether the activity is a good fit for you, or for questions regarding age restrictions, equipment, or other activity inquiries please call us at 509.363.5414.

KAYAKING

Kayak Sacheen Lake with Transportation

1 Day | Ages 16yrs. & Up | 2 Hours Activity Time Surrounded by pine-covered hills, this scenic lake is a perfect setting for a relaxing paddle. You will paddle your tandem sit-on-top kayak past the meandering shorelines with lilies and wildlife toward the headwaters of the west branch Little Spokane River. Take in the scenery of lake homes and mountains as your paddle slices through the clear waters. Fee includes: guides, kayaking equipment, and transportation. Meet at Yoke's Fresh Market - Mead Parking Lot 14202 N. Market St. \$59 18030 Sun. 6/22 9am-1pm

Kayak Little Pend Oreille Lake Chains with Transportation 1 Day | Ages 16yrs. & Up Explore the four-lake chain of this mountain-ringed area in the Colville National Forest on our very stable, user-friendly sit-on-top tandem kayaks. Crystal clear and surrounded by the Selkirk Mountains; these lakes are a must see. Bring water and lunch for our picnic at one of the lakes campgrounds. Fee includes guides, transportation, and kayaking equipment. Meet at Yoke's Fresh Market - Mead Parking Lot 14202 N Market St., Mead. \$89

18104 Sat. 9/13 8am-5pm

Kayak Little Spokane River Tour

1 Day | Ages 16yrs. & Up Take in this one-of-a-kind natural area as you paddle your single sit-on-top kayak. We will paddle for 7 miles along this meandering river exploring every winding oxbow. Spokane is so lucky to have this treasure in its backyard. Look for many ducks, heron, and maybe a moose. Set your watch to river time and connect with nature! Discover Parking Pass Required: discoverpass. wa.gov. Guides, shuttle transport and kayaking equipment included. Parent must accompany participants under 18.

Meet at Little Spokane River Take-Out N. Shoemaker Ln., Nine Mile Falls. \$69

	Discover Pass	Free Day/N	lational Public Lands Day
18241	Sat.	9/27	11am-3pm
18101	Sun.	8/10	9am-1pm
18100	Sat.	7/26	9am-1pm

Kayak & Cave Pend Oreille River Z Canyon with Transportation

1 Day | Ages 16yrs. & Up | 6 hours Activity Time Don't miss out on this one!! We will explore Gardner Cave on a guided educational walking tour of a 1,055-foot limestone cavern. This cave is filled with stalactites, stalagmites, rim stone pools and flowstone. After the cave we will enjoy lunch (bring your own) before embarking on our tandem sit-on-top kayak tour exploring this beautiful flat-water section of the Pend Oreille River. This section of water is so beautiful and includes waterfalls, deep canyons and wonderful scenery! Fee includes guides, kayaking equipment, cave tour, and transportation. Bring a lunch and plenty of water.

Meet at Yoke's Fresh Market - Mead Parking Lot 14202 N Market St., Mead. \$99

18088	Sun	7/20	7am-6pm
18089	Sat.	8/16	7am-6pm

Kayak and Coffee Spokane River Upriver Dam 1 Day | Ages 16yrs. & Up | Sponsored by The Rocket Bakery

Take a morning tour on the Spokane River and enjoy some delicious drip coffee from The Rocket Bakery! We will meet at the upriver dam visitor parking lot where your coffee and sit-on-top tandem kayaks await. This flatwater paddle adventure takes you on a tour along the forested Centennial Trail into the urban outdoors, viewing spectacular river homes, wildlife and soaking up the cool morning waters. Bring your camera for this one; there will be plenty of opportunities for great photos along the way. Fee includes guides, coffee, and kayaking equipment. *Meet at Spokane Upriver Dam & Facility 2701 N Waterworks St.* \$55

 18102
 Sun.
 7/27
 7:30am-10:30am

 18103
 Sat.
 8/30
 7:30am-10:30am

Kayak Family Tour Spokane River Nine Mile Dam 1 Day | Ages 8yrs. & Up A wonderfully lazy stretch of flatwater on the Spokane River that flows through Riverside State Park. The forested shorelines give you solitude as you keep a watchful eye out for wildlife such as osprey, heron, deer and fish. This tandem sit-on-top kayak tour is a great escape! Discover Parking Pass required discoverpass.wa.gov. Fee includes guides, instruction, and kayaking equipment. Meet at Spokane River Nine Mile Dam Take-Out West Carlson

18098	Sat.	7/19	9am-12:30pm
18099	Sun.	8/17	9am-12:30pm

Road Parking Lot. \$45

OUTDOOR RECREATION (4)

SUNSET KAYAKING

1 Day | Ages 16yrs. & Up Take a tandem sit-on-top kayak tour on the Spokane River! These flatwater paddle adventures take place on different portions of the river so you can experience multiple different landscapes. Bring your camera for this one; there will be plenty of opportunities for great photos as the sun sets. Fee includes guides and kayaking equipment. *Meeting locations listed below.*

PLESE FLATS

Please Flats is an oasis hidden from the view of the bustling nearby city streets and neighborhoods. We paddle on the Spokane River downstream of the energetic and boisterous rapids and enjoy the gentle flow as it meanders through Riverside State Park. Keep watch for fresh aquifer springs burbling at the shoreline and the wildlife who call this their home. Discover Parking Pass Required: discoverpass.wa.gov. *Meet at Riverside State Park Plese Flats.* \$45 18070 Fri. 7/18 6:45pm-8:45pm

UPRIVER DAM

This flatwater paddle adventure is from Upriver Dam toward the Argonne bridge. A beautiful flatwater section of the Spokane River that takes you on a tour along glimmering waters, viewing wildlife, river homes and urban outdoor scenery. *Meet at Spokane Upriver Dam & Facility 2701 N Waterworks St.* \$45

18068 Fri. 8/8 6pm-8:30pm

NINE MILE DAM

A wonderfully lazy stretch of flatwater on the Spokane River that flows through Riverside State Park. The forested shorelines give you solitude as you keep a watchful eye out for wildlife such as osprey, heron, deer and fish. This tandem sit-on-top kayak tour is a great escape! Discover Parking Pass required discoverpass.wa.gov.

Meet at Spokane River Nine Mile Dam Take-Out West Carlson Road Parking Lot. \$45

18074 Fri. 8/22 5:45pm-7:45pm









Life Enrichment Programs are activities designed to provide participants with an opportunity to explore new things and develop interests. These activities promote health, wellness, fun, socialization, critical thinking, and problem-solving skills. They make learning something new more meaningful, valuable, and rewarding.

HISTORICAL TOURS

Spokane Garry Historical Tours

1 Day | Ages 16yrs. & Up Chief Spokane Garry (1811-1892) was an influential figure in the settling of the Spokane region. In this series, local historian Dr. Dave Beine, will introduce participants to Garry's life and impact upon our community. *Participants will receive a detailed itinerary with meeting locations after registration.*

18154	Sat.	5/31	9-11am	A Walking Tour of Indian Canyon	\$25
18155	Sat.	6/14	9am-1pm	Spokane Garry: A Historical Expedition Bus Tour	\$50
18157	Sat.	9/6	9am-12pm	Historic Horse Slaughter Camp Walk/Bike Tour	\$25
18163	Sat.	9/20	9am-12pm	Hangman Creek Historic Bus Tour	\$40
18198	Sat.	10/4	9am-1pm	Spokane Garry: A Historical Expedition Bus Tour	\$50

Wellness Benefits of YOGA – A growing body of research indicates that regular yoga practice was associated with factors promoting overall health and well-being. A recent study by JMIR Formative Research (2022) indicated that the regular practice of yoga had a significant impact on physical fitness, including mobility, flexibility, and strength. Furthermore, there was evidence of improvement in daily stress management, work productivity, and a greater ability to focus and relax.

YOGA

Yoga at Finch Arboretum

6 Weeks | Ages 16yrs. & Up | Robin Marks Look out onto the beauty and serenity of Finch Arboretum from your yoga classroom in the Woodland Center. Strengthen, stretch and release muscle tension while settling into a relaxed and peaceful mental state. Instructor Robin Marks is one of the early pioneers who first brought yoga to Spokane.

Finch Arboretum, 3404 W. Woodland Blvd. \$85

18186	Fri.	3/28-5/6	9-10am
18187	Fri.	5/9-6/16	9-10am
18188	Fri.	7/11-8/15	9-10am

Virtual Basic Yoga

6 Weeks | Ages 16yrs. & Up | Robin Marks Strengthen, stretch and release muscle tension while settling into a relaxed and peaceful mental state. All from the comfort of your own home while still receiving personalized instruction and a warm social connection. Robin Marks is one of the early pioneers who first brought yoga to Spokane. Registered participants will receive access instructions for the virtual class. \$79

18192	Tues.	4/1-5/6	5:30-6:30pm
18193	Tues.	5/20-6/24	5:30-6:30pm
18194	Tues.	7/8-8/12	5:30-6:30pm

Virtual Gentle Stretch Yoga

6 Weeks | Ages 16yrs. & Up | Robin Marks If you're dealing with some aches and pains or just getting back into exercising, this class offers all the benefits of yoga with an accommodating approach. Strengthen, stretch and release muscle tension while settling into a relaxed and peaceful mental state. All from the comfort of your own home while still receiving personalized instruction and a warm social connection. Instructor Robin Marks is one of the early pioneers who first brought yoga to Spokane. Registered participants will receive access instructions for the virtual class. \$79

18195	Tues.	4/5-5/10	9-10am
18196	Tues.	5/24-6/28	9-10am
18197	Tues.	7/12-8/16	9-10am



Wellness Benefits of Qigong Qigong, a traditional Chinese mind-body practice involving coordinated movements, meditation, and breathing exercises, has been associated with various wellness benefits supported by academic research. These findings suggest that regular Qigong practice can offer a range of wellness benefits, including stress reduction, improved physical health, enhanced quality of life, and effective pain management. (Oh et al., 2012; Jahnke et al., 2010; Chen et al., 2016; Lauche et al., 2016)

OIGONG

Qigong for Improved Circulation

6 Weeks | Ages 16yrs. & Up | Jeff Thompson Respected and regarded as the earliest known form of Qigong, Five Animal Frolics Qigong form was developed by a physician to assist with the rehabilitation and recovery from illness and prevention to strengthen all aspects of the body. This set of deep-stretching and breathing exercises is unique to the movement of five different animals that also correspond to a specific organ system. Come experience how the Tiger, Deer, Bear, Monkey, and Crane can increase your energy and circulation while improving digestion and flexibility. In this class, we will also learn other subtle Qigong and movement techniques to support your overall well-being. This class is a lot of fun and suitable for all ages! Finch Arboretum, 3404 W. Woodland Blvd. \$83

18219 Sat. 5/10-6/14 10:15-11:15am

Walking Qigong

6 Weeks | Ages 16yrs. & Up | Jeff Thompson Guo Lin Qigong, also known as "Walking Qigong," focuses on deep breathing and visualization while walking and performing various arm, hand, and body movements. This practice nourishes all five organ systems, improves blood circulation, and increases oxygen intake, leading to better overall health. Developed in the 1960s by Guo Lin, a Chinese woman who overcame uterine cancer and diabetes through Qigong, this form has therapeutic origins. Guo Lin Qigong, often called "Healing" Qigong, is widely used in cancer prevention and treatment clinics across China. This enjoyable class will be held outdoors, rain or shine! Finch Arboretum, 3404 W. Woodland Blvd. \$83

18220 Sat. 7/12-8/23 10:15-11:15am



FITNESS/WELLNESS

Zumbini® Music & Movement

5 Weeks | Ages 0-4yrs. | Carrie Jahns Zumbini[®] is a music and movement class created by Zumba[®] and BabyFirst for ages 0-4 and their caregivers. This class includes playbased music activities, singing and dancing. Come sing, dance, and play with us as you bond with your child!

Southside Community Center, 3151 E. 27th Ave. \$73

 18164
 Mon.
 4/7-5/12
 5:15-5:45pm

 18165
 Thurs.
 4/10-5/15
 10-10:30am

NEW! Ninja Skills Training

4 Weeks | Ages 5-16yrs. Our Ninja Fundamentals program teaches essential ninja skills, including balance, agility, momentum, climbing, and grip. The program focuses on the obstacles in our arenas, guiding students through specific techniques and progressions to master them. It's an excellent opportunity for students to grow physically and mentally in their ninja skills, techniques, and overall fitness. 8016 N Division St. \$189

Ages 13yrs. & Up

18221	Mon./Wed.	4/21-5/15	4-5pm			
Ages 5 18222	6- 7yrs. Mon./Wed.	4/21-5/15	5-6pm			
Anes 8-12vrs						

6-7pm

18223 Mon./Wed. 4/21-5/15

MUSIC

NEW! Classical Guitar Classes

6 weeks | Ages 10yrs. & Up Join Dr. Fabian Carrera, a guitarist with 34 years of teaching experience and a degree in Classical Guitar Performance from the University of Miami, for group and individual lessons across Classical, Jazz, and Rock styles. Tailored for all skill levels, from beginner to advanced, participants will develop strong foundational skills, improve technique, and explore their unique musical voice. Dr. Carrera's student-centered approach creates a supportive environment for every learner. Bring your guitar and embark on an enriching musical journey with expert guidance! Finch Arboretum, 3404 W. Woodland Blvd. \$239

Ages 10-14yrs.

17599 Mon./Wed. 5/26-7/2 5:30-6:15pm

Ages 15yrs. & Up

17600 Mon./Wed. 5/26-7/2 6:30-7:15pm



FITNESS/WELLNESS

Longevity Fit

8 Weeks | Adults 55yrs. & Up Longevity Fit is a fun and effective workout targeting the mature individual that will improve physical and mental wellness. The class is dedicated to help rebuild and maintain your foundation by enhancing balance, strength, and stamina. If you desire to be active throughout your life, then Longevity Fit is an ideal workout for you! Southside Senior and Community Center, 3151 E. 27th Ave. Shadle Park Library, 2111 W. Wellesley Ave. \$135

Southside Senior & Community Center

18209 Wed./Fri. 4/30-6/20 9-10am

Shadle Park Library

18207 Tues./Thurs. 5/6-6/26 10-11am

How-to-Lawn-Bowl Introduction

2 Days | Ages 16yrs. & Up Summer evenings on a manicured green next to the river. Rolling grapefruit-sized bowls up to 120 feet, aiming to leave yours closer to the small white "jack" ball than other bowlers. Enjoying summer sunsets, cooler air and companionable friends while improving aim, distance and scoring at this ancient royal sport. Lawn bowling is like bocce, but with a bonus: the bowls are elliptical, allowing rolls that curve around opponents' bowls. All equipment will be provided. Dress comfortably and wear flat soled shoes. Learn the basics over four evenings spread over two weeks. Adults need the strength to roll the bowl 120 feet. Spokane Lawn Bowling Green behind Witter Aquatic Center, 1300 E. Mission Ave. \$25

18211 Tues./Thurs. 6/3-6/5 6:15-8:30pm 18212 Tues./Thurs. 6/17-6/19 6:15-8:30pm

Barre Foundations

6 Weeks | Ages 16yrs. & Up | Carrie Jahns Barre Foundations is designed to increase flexibility, improve cardio, and develop overall muscle endurance and strength. A fusion of Pilates and yoga, Barre also includes elements of ballet, resulting in a low-impact, moderate-intensity full body workout. You will enjoy improvements in posture and balance, while having fun moving your body. Join us today! Southside Community Center, 3151 E 27th Ave. \$83

18199 Mon. 4/7-5/12 6-7pm

Barre Restore

6 Weeks | Ages 16yrs. & Up | Carrie Jahns Restore Barre is a full-body, low-impact workout that includes Pilates, Yoga, and Dance elements. This class contains 35 minutes of traditional Barre exercises and 20 minutes of strength and restoration. During that time, we will focus on intentional stretching and longer holds. This is a great way to end your busy week! Please bring a yoga mat and grip socks. Southside Senior Community Center. **\$83**

18200 Fri. 4/4-5/9 6-7pm

Give the gift of Recreation!

Our Youth Program Scholarships help underserved young people experience the joys of summer camps, swim lessons, sports, or art programs. If you're interested in contributing, visit SpokaneRec.org under the Youth Programs Scholarship tab, or at checkout when registering for classes.





Wellness Benefits of Martial Arts - Martial arts training for youth offers numerous wellness benefits supported by academic research. Some of these benefits include physical fitness, discipline and self-control, confidence and self-esteem, emotional regulation, conflict resolution and bullying prevention. (Butterfield et al., 2011; Cid et al., 2016; Konzak & Klavora, 2003)

MARTIAL ARTS

Karate Traditional Okinawan Goju Ryu

4 Weeks | Ages 6yrs. & Up | Sensei Mary Roe These classes follow the traditional practices and respect associated with Okinawan Goju Ryu, which stresses a balance of hand and foot techniques, practical self-defense, and physical conditioning. Beginners and experienced practitioners regardless of style are welcome. Gis (*karate uniform*) required. Please contact the instructor at 480-338-9131 for questions. *Southside Community Center*, 3151 E 27th Ave. \$45

Ages 6-14yrs.

18159	Tues./Thurs.	5/6-5/29	4-5pm			
18160	Tues./Thurs.	6/3-6/26	4-5pm			
Ages 15yrs. & Up						
18161	Tues./Thurs.	5/6-5/29	5:10-6:10pm			
18162	Tues./Thurs.	6/3-6/26	5:10-6:10pm			

Kung Fu For Youth

4Weeks | Ages 4-6yrs. | Sifu David The student will be introduced to activities aimed to developing a strong foundation of martial arts techniques as well as natural, fluid body-mechanics which can be applied to other sporting activities. The class environment and teaching methods downplay aggressive behavior and foster an atmosphere of cooperation and team-effort.

East West Martial Arts, 1427 N. Monroe St. \$70

17593	Tues./Thurs.	4/1-4/24	5:45-6:15pm
18171	Tues./Thurs.	4/29-5/22	5:45-6:15pm
18172	Tues./Thurs.	5/27-6/19	5:45-6:15pm
18173	Tues./Thurs.	6/24-7/17	5:45-6:15pm
18244	Tues./Thurs.	7/22-8/14	5:45-6:15pm
18245	Tues./Thurs.	8/19-9/11	5:45-6:15pm

CALL US

Call 311 or outside the city at 509.755.CITY Fax 509.625.6990



REGISTER ONLINE SpokaneRec.org





Every kid. Every day. In Real Life.

Students who engage in performing arts, a club, sports, or other activities outside of the school day have stronger, more authentic relationships, and do better academically, physically, and mentally.

Get involved at EngageIRL.com







SPRING PROGRAMS AND SUMMER CAMPS





Register for your camp:

register.skyhawks.com

Have any questions? Give us a call: 1.800.804.3509



Skyhawks Sports Academy provides sports programs where children discover and develop athletic skills and life lessons, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

SPORT	DATE	DAY	TIME	AGE	LOCATION
SoccerTots: Cubs	4/15 - 5/06	Tuesdays	5:10 PM - 5:50 PM	2yr - 3.5yr	Adams Elementary
SoccerTots: Bears	4/15 - 5/06	Tuesdays	6:00 PM - 6:40 PM	3.5yr - 4.5yr	Adams Elementary
SoccerTots: Grizzlies	4/15 - 5/06	Tuesdays	6:50 PM - 7:30 PM	4.5yr - 5.5yr	Adams Elementary
SoccerTots: Cubs	4/17 - 5/08	Thursdays	6:10 PM - 6:50 PM	2yr - 3.5yr	Adams Elementary
SoccerTots: Bears/Grizzlies	4/17 - 5/08	Thursdays	7:00 PM - 7:40 PM	3.5yr - 5yr	Adams Elementary
SoccerTots: Teddies	5/15 - 6/05	Thursdays	6:10 PM - 6:50 PM	1yr - 2yr	Adams Elementary
SoccerTots: Cubs	5/15 - 6/05	Thursdays	7:00 PM - 7:40 PM	2yr - 3.5yr	Adams Elementary
HoopsterTots: Grasshoppers	4/17 - 5/08	Thursdays	5:10 PM - 5:50 PM	2yr - 3.5yr	Arlington Elementary
HoopsterTots: Froggies	4/17 - 5/08	Thursdays	6:00 PM - 6:40 PM	3.5yr - 4.5yr	Arlington Elementary
HoopsterTots: Kangaroos	4/17 - 5/08	Thursdays	6:50 PM - 7:30 PM	4.5yr - 5yr	Arlington Elementary
SoccerTots: Cubs	4/16 - 5/28	Wednesdays	4:30 PM - 5:10 PM	2yr - 3.5yr	Audubon Park
SoccerTots: Teddies	4/16 - 5/28	Wednesdays	4:30 PM - 5:10 PM	1.5yr - 2yr	Audubon Park
SoccerTots: Bears	4/16 - 5/28	Wednesdays	5:20 PM - 6:00 PM	3.5yr - 4.5yr	Audubon Park
SoccerTots: Grizzlies	4/16 - 5/28	Wednesdays	5:20 PM - 6:00 PM	4.5yr - 5.5yr	Audubon Park
SoccerTots: Bears/Grizzlies	4/16 - 5/28	Wednesdays	6:10 PM - 6:50 PM	4yr - 5.5yr	Audubon Park
SoccerTots: Cubs	4/16 - 5/28	Wednesdays	6:10 PM - 6:50 PM	2уг - 3.5уг	Audubon Park
BaseballTots: Batters/Hitters	6/23 - 8/04	Mondays	4:30 PM - 5:15 PM	3yr - 4yr	Audubon Park
SoccerTots: Bears	6/23 - 8/04	Mondays	4:30 PM - 5:15 PM	3.5yr - 4.5yr	Audubon Park
SoccerTots: SoccerTouch	6/23 - 8/04	Mondays	4:30 PM - 5:15 PM	4yr - 5.5yr	Audubon Park
BaseballTots: Batters/Hitters	6/23 - 8/04	Mondays	5:30 PM - 6:15 PM	3yr - 4yr	Audubon Park
SoccerTots: Cubs	6/23 - 8/04	Mondays	5:30 PM - 6:15 PM	2yr - 3yr	Audubon Park
SoccerTots: Teddies/Cubs	6/23 - 8/04	Mondays	5:30 PM - 6:15 PM	1.5yr - 2.5yr	Audubon Park
BaseballTots: Batters/Hitters	6/23 - 8/04	Mondays	6:30 PM - 7:15 PM	3yr - 4yr	Audubon Park
BaseballTots: Homers	6/23 - 8/04	Mondays	6:30 PM - 7:15 PM	4.5yr - 5.5yr	Audubon Park
SoccerTots: Cubs/Bears	6/23 - 8/04	Mondays	6:30 PM - 7:15 PM	3yr - 4yr	Audubon Park
Multi-SportTots: Soccer, Football, Basketball	6/26 - 8/07	Thursdays	9:30 AM - 10:15 AM	2yr-3yr	Comstock Park
SoccerTots: Cubs	6/26 - 8/07	Thursdays	9:30 AM - 10:15 AM	2yr - 3yr	Comstock Park
SoccerTots: SoccerTouch	6/26 - 8/07	Thursdays	9:30 AM - 10:15 AM	4yr-6yr	Comstock Park
SoccerTots: Teddies	6/26 - 8/07	Thursdays	9:30 AM - 10:15 AM	1.5yr - 2yr	Comstock Park
Multi-SportTots: Soccer, Football, Basketball	6/26 - 8/07	Thursdays	10:30 AM - 11:15 AM	4yr - 6yr	Comstock Park
SoccerTots: Bears	6/26 - 8/07	Thursdays	10:30 AM - 11:15 AM	3.5yr - 4.5yr	Comstock Park
		-		-	



register.skyhawks.com

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Phone: 800-804-3509





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SPORT	DATE	DAY	TIME	AGE	LOCATION
SoccerTots: Cubs	6/26 - 8/07	Thursdays	10:30 AM - 11:15 AM	2yr-3yr	Comstock Park
SoccerTots: Cubs/Bears	6/26 - 8/07	Thursdays	10:30 AM - 11:15 AM	3yr-4yr	Comstock Park
Multi-SportTots: Soccer, Football, Basketball	6/26 - 8/07	Thursdays	11:30 AM - 12:15 PM	3yr - 4yr	Comstock Park
SoccerTots: Bears/Grizzlies	6/26 - 8/07	Thursdays	11:30 AM - 12:15 PM	4yr - 6yr	Comstock Park
SoccerTots: Cubs	6/26 - 8/07	Thursdays	11:30 AM - 12:15 PM	3yr-4yr	Comstock Park
SoccerTots: Teddies	6/26 - 8/07	Thursdays	11:30 AM - 12:15 PM	1.5yr - 2.5yr	Comstock Park
SoccerTots: Cubs/Bears	4/14 - 5/19	Mondays	6:10 PM - 6:50 PM	3yr - 4yr	Finch Elementary
SoccerTots: Bears/Grizzlies	4/14 - 5/19	Mondays	7:00 PM - 7:40 PM	4yr - 5.5yr	Finch Elementary
HoopsterTots: Grasshoppers	4/16 - 5/07	Wednesdays	6:10 PM - 6:50 PM	2yr - 3.5yr	Francis Scott Elementary
HoopsterTots: Froggies/Kangaroos	4/16 - 5/07	Wednesdays	7:00 PM - 7:40 PM	3.5yr - 5yr	Francis Scott Elementary
HoopsterTots: Grasshoppers	5/14 - 6/04	Wednesdays	6:10 PM - 6:50 PM	2yr - 3.5yr	Francis Scott Elementary
HoopsterTots: Froggies/Kangaroos	5/14 - 6/04	Wednesdays	7:00 PM - 7:40 PM	3.5yr - 5yr	Francis Scott Elementary
SoccerTots: Bears	6/12 - 7/03	Thursdays	4:30 PM - 5:15 PM	3.5yr - 4.5yr	Franklin Park
SoccerTots: Cubs	6/12 - 7/03	Thursdays	4:30 PM - 5:15 PM	2yr-3yr	Franklin Park
SoccerTots: Cubs/Bears	6/12 - 7/03	Thursdays	5:30 PM - 6:15 PM	3yr - 4yr	Franklin Park
SoccerTots:Teddies/Cubs	6/12 - 7/03	Thursdays	5:30 PM - 6:15 PM	1.5yr - 2.5yr	Franklin Park
SoccerTots: Bears/Grizzlies	6/12 - 7/03	Thursdays	6:30 PM - 7:15 PM	4yr - 5.5yr	Franklin Park
Baseball: Bunters/Batters	7/10 - 7/31	Thursdays	4:30 PM - 5:15 PM	2yr - 3.5yr	Franklin Park
GolfTots	7/10 - 7/31	Thursdays	4:30 PM - 5:15 PM	4yr - 5.5yr	Franklin Park
BaseballTots: Batters/Hitters	7/10 - 7/31	Thursdays	5:30 PM - 6:15 PM	3yr - 4yr	Franklin Park
GolfTots	7/10 - 7/31	Thursdays	5:30 PM - 6:15 PM	3yr - 4yr	Franklin Park
BaseballTots: Hitters/Homers	7/10 - 7/31	Thursdays	6:30 PM - 7:15 PM	4yr - 5.5yr	Franklin Park
GolfTots	7/10 - 7/31	Thursdays	6:30 PM - 7:15 PM	3.5yr - 4.5yr	Franklin Park
SoccerTots: Cubs	5/13 - 6/03	Tuesdays	4:30 PM - 5:10 PM	2yr - 3.5yr	Friendship Park
BaseballTots: Batters	5/13 - 6/03	Tuesdays	5:20 PM - 6:00 PM	2yr - 3.5yr	Friendship Park
BaseballTots: Hitters	5/13 - 6/03	Tuesdays	5:20 PM - 6:00 PM	3.5yr - 4.5yr	Friendship Park
SoccerTots: Bears	5/13 - 6/03	Tuesdays	6:10 PM - 6:50 PM	3.5yr - 4.5yr	Friendship Park
HockeyTots: PeeWees	4/14 - 5/19	Mondays	5:10 PM - 5:50 PM	4yr - 5.5yr	Grant Elementary
BaseballTots: Batters	4/16 - 5/07	Wednesdays	5:10 PM - 5:50 PM	2yr - 3.5yr	Grant Elementary
SoccerTots: Teddies	E/1/- E/0/-	Wadaaadaya	5:10 PM - 5:50 PM	1.5yr - 2yr	Grant Elementary



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SPORT	DATE	DAY	TIME	AGE	LOCATION
HockeyTots: PeeWees/Bantams	4/14 - 5/19	Mondays	6:00 PM - 6:40 PM	3.5yr - 4.5yr	Grant Elementary
HockeyTots: Bantams	4/14 - 5/19	Mondays	6:50 PM - 7:30 PM	3yr - 4yr	Grant Elementary
BaseballTots: Hitters	4/16 - 5/07	Wednesdays	6:00 PM - 6:40 PM	3.5yr - 4.5yr	Grant Elementary
BaseballTots: Homers	4/16 - 5/07	Wednesdays	6:50 PM - 7:30 PM	4.5yr - 5.5yr	Grant Elementary
SoccerTots: Cubs	5/14 - 6/04	Wednesdays	6:00 PM - 6:40 PM	2yr - 3.5yr	Grant Elementary
SoccerTots: Bears/Grizzlies	5/14 - 6/04	Wednesdays	6:50 PM - 7:30 PM	3.5yr - 5yr	Grant Elementary
SoccerTots: Teddies	4/16 - 5/07	Wednesdays	5:10 PM - 5:50 PM	1.5yr - 2yr	Ridgeview Elementary
SoccerTots: Cubs	4/16 - 5/07	Wednesdays	6:00 PM - 6:40 PM	2yr - 3yr	Ridgeview Elementary
SoccerTots: Bears	4/16 - 5/07	Wednesdays	6:50 PM - 7:30 PM	3.5yr - 4.5yr	Ridgeview Elementary
SoccerTots: Bears/Grizzlies	6/25 - 8/06	Wednesdays	9:30 AM - 10:15 AM	4yr - 5.5yr	Sky Prairie Park
SoccerTots: Cubs	6/25 - 8/06	Wednesdays	9:30 AM - 10:15 AM	2yr - 3yr	Sky Prairie Park
SoccerTots: Cubs/Bears	6/25 - 8/06	Wednesdays	9:30 AM - 10:15 AM	3yr - 4yr	Sky Prairie Park
SoccerTots: Teddies	6/25 - 8/06	Wednesdays	9:30 AM - 10:15 AM	1.5yr - 2.5yr	Sky Prairie Park
SoccerTots:Bears/Grizzlies	6/25 - 8/06	Wednesdays	9:30 AM - 10:15 AM	4yr - 5.5yr	Sky Prairie Park
Multi-SportTots: Baseball, Soccer	6/25 - 8/06	Wednesdays	10:30 AM - 11:15 AM	4yr - 5.5yr	Sky Prairie Park
SoccerTots: Cubs	6/25 - 8/06	Wednesdays	10:30 AM - 11:15 AM	2yr - 3yr	Sky Prairie Park
SoccerTots: Cubs/Bears	6/25 - 8/06	Wednesdays	10:30 AM - 11:15 AM	3yr - 4yr	Sky Prairie Park
SoccerTots: Teddies	6/25 - 8/06	Wednesdays	10:30 AM - 11:15 AM	1.5yr - 2.5yr	Sky Prairie Park
SoccerTots:Bears/Grizzlies	6/25 - 8/06	Wednesdays	10:30 AM - 11:15 AM	4yr - 5.5yr	Sky Prairie Park
SoccerTots: Cubs	6/21-8/09	Saturdays	9:30 AM - 10:15 AM	2yr-3yr	Thornton Murphy Park
SoccerTots: Cubs/Bears	6/21-8/09	Saturdays	10:30 AM - 11:15 AM	3yr - 4yr	Thornton Murphy Park
SoccerTots: Bears/Grizzlies	6/21-8/09	Saturdays	11:30 AM - 12:15 PM	4yr - 5.5yr	Thornton Murphy Park
SoccerTots: Cubs/Bears	4/15 - 5/06	Tuesdays	6:10 PM - 6:50 PM	3yr - 4yr	Westview Elementary
Soccer: Bears/Grizzlies	4/15 - 5/06	Tuesdays	7:00 PM - 7:40 PM	4yr - 5.5yr	Westview Elementary
BaseballTots: Batters	4/17 - 5/08	Thursdays	5:10 PM - 5:50 PM	2yr - 3.5yr	Willard Elementary
BaseballTots: Hitters	4/17 - 5/08	Thursdays	6:00 PM - 6:40 PM	3.5yr - 4.5yr	Willard Elementary
BaseballTots: Homers	4/17 - 5/08	Thursdays	6:50 PM - 7:30 PM	4.5yr - 5yr	Willard Elementary
SoccerTots: Teddies	5/15 - 6/05	Thursdays	5:10 PM - 5:50 PM	1.5yr - 2yr	Willard Elementary
SoccerTots: Cubs	5/15 - 6/05	Thursdays	6:00 PM - 6:40 PM	2yr - 3.5yr	Willard Elementary
SoccerTots: Bears	5/15 - 6/05	Thursdays	6:50 PM - 7:30 PM	3.5yr - 4.5yr	Willard Elementary



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TENNIS AFTERSCHOOL ZONE

Coming to a school near you!



REGISTER AT: rectennis.com

April - May

- Adams Elementary
- Balboa Elementary
- Bemiss Elementary
- Grant Elementary
- Lidgerwood Elementary
- Jefferson Elementary



TRS SOCIALIZATION

TRS Bowling & Pizza

1 Day | Ages 16yrs. & Up Join us for an afternoon of bowling, pizza, fun and friends. Fee includes everything so extra money is not required. *Meet at Lilac Bowl, 1112 E. Magnesium Rd.* **\$33** 17942 Thurs. 5/1 1-3:30pm 17943 Thurs. 7/24 1-3:30pm

TRS Classy Crafts

1 Day | Ages 16yrs. & Up Explore your creative side and make a variety of beautiful and meaningful crafts each week. Participants will have the opportunity to improve skills such as fine motor, socialization, and communication. Class meets at Park Operations lunchroom, 2304 E. Mallon Ave. \$49

17944	Thurs.	5/8 -5/29	4:15pm-5:30pm
17945	Thurs.	6/5-6/26	4:15pm-5:30pm
17946	Thurs.	8/7-8/28	4:15pm-5:30pm
17947	Thurs.	9/4-9/25	4:15pm-5:30pm

TRS Cookie Bake Night

1 Day | Ages 14yrs. & Up Spend the evening making several types of cookies. Enjoy yourself, take home or share with friends. Gluten-free options are available. *Class meets at Southside Senior Activity Center, 3151 E. 27th Ave.-kitchen.* **\$23**

Souths	iae Seni	or Activity Center, 3151 i	E.27" Avekitchen. \$23
17948	Wed.	4/16	4-6pm
18278	Wed.	4/16	6-8pm
17949	Wed.	6/4	4-6pm
18265	Wed.	6/4	6-8pm

TRS Day at the Theatre

1 Day | Ages 16yrs. & Up Come with us as we delight in the entertaining theatre productions put on by our local Spokane Children's Theatre (SCT) 2727 N. Madelia St. and Christian Youth Theatre (CYT) Bing Crosby Theater- 901 W. Sprague Ave. Location varies.

James & the Giant Peach- meet at Spokane Children's Theatre \$31
17499 Sat. 4/19 1:45-4:15pm
Disney's Little Mermaid-meet at Spokane Christian Youth Theatre \$33
17950 Sat. 5/31 2:30 -5:15pm
Mary Poppins-meet at Spokane Children's Theatre \$31
17951 Sun. 6/8 1:45-4:15pm

TRS Friday Night Jam

1 Day | Ages 18yrs. & Up Come rock and swing at Spokane's oldest on-going nightclub for people with developmental disabilities. If participants require direct supervision then care providers need to attend.

May Hawaiian Luau-Meet at West Central Community Center, 1603 N. Belt. \$12

17954 Fri. 5/9 7-8:30pm



TRS Fine Dining

1 Day | Ages 18yrs. & Up Do you like getting dressed up and going out? Come with us and experience the culinary delights of Spokane's finest restaurants! Staff will help in the selection and purchase of a meal. Participants will have the opportunity to improve social, communication, and etiquette skills. Price does not include cost of food. *Transportation provided from Park Operations 2304 E. Mallon Ave.* \$22

Downriver Grill

17952	Wed.	5/21	5 -8:15pm
The Ba	rrel Steak	& Seafood	
17953	Thurs.	7/17	5:45-9pm

Annual Picnic & Dance

TRS provides fried chicken please bring a side dish or dessert to share.

Meet at Franklin Park Shelter, 302 W. Queen Ave. \$13 17955 Fri. 7/11 6 -7:45pm



TRS SOCIALIZATION

NEW TRS Furry Friends & Food

1 Day| Ages 16yrs. & Up What could be more fun than hanging out with cute furry dogs or cats then enjoying a meal with friends. Join us as we visit BARK, A Rescue Pub's Adoption Center in partnership with Spokane Humane Society. Each person will spend time in the adoption center then enjoy a tasty meal. Staff will assist with the animal visit and then the selection and purchase of a meal. Participants will have the opportunity to safely hold or pet the animals, wash up, and work on social, communication and etiquette skills. Price does not include cost of food. *Transportation provided from Park Operations*, 2304 E. Mallon Ave. \$31 18000 Fri. 8/22

TRS Paint & Taste

1 Day | Ages 14yrs. & Up Do you like painting and apple cider? Make a masterpiece of your very own while enjoying sipping on cider. No painting experience required. Meet at Spokane Valley Parks & Recreation Center Place, 2426 N. Discovery Place. \$21

18001 Tues. 6/24 5:30 – 7pm

TRS Trivia Night

1 Day | Ages 14yrs. & Up Bring your sack dinner and laugh with friends while playing Trivia. Fun prizes will abound. *Meet at Spokane Parks Operations Lunch Rm. 2304 E. Mallon Ave. \$21* 17506 Fri. 4/11 5:30–7pm 18002 Fri. 9/12 5:30–7pm

CALL US Call 311 or outside the city at 509.755.CITY Fax 509.625.6990



REGISTER ONLINE SpokaneRec.org



TRS What's Cooking

4 Weeks | Ages 16yrs. & Up Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. Class meets at Southside Senior Activity Center, 3151 E. 27th Ave.-kitchen. \$69

17425	Tues.	4/8 -4/29	1:30-3:30pm
17430	Tues.	4/8-4/29	4-6pm
18003	Tues.	5/6 -5/27	1:30-3:30pm
18004	Tues.	5/6-5/27	4-6pm
18005	Tues.	6/3-6/24	1:30-3:30pm
18006	Tues.	6/3 -6/24	4 -6pm
18007	Tues.	7/8-7/29	1:30-3:30pm
18008	Tues.	7/8- 7/29	4 -6pm
18009	Tues.	8/5 -8/26	1;30-3:30pm
18010	Tues.	8/5-8/26	4-6pm
18011	Tues.	9/9-9/30	1:30-3:30pm
18012	Tues.	9/9-9/30	4 -6pm





TRS FITNESS & WELLNESS

TRS Bicycling

6 Weeks | Ages 16yrs. & Up Enjoy Spokane's natural beauty by bicycle. Participants need to be in moderate physical condition and ride a bike safely. Make sure your bike is in good working order and helmet fits well and is less than 5 years old. Meet at *Meet at Mirabeau Point Park, trailhead, 13500 Mirabeau Pkwy, Spokane Valley.* **\$69**

17531	Wed.	4/23 – 5/28	5:30-7:30pm
18013	Wed.	6/11-7/16	6-8pm
18014	Wed.	7/23-8/27	5-7pm
18015	Wed.	9/10-10/8	4-6pm

TRS Cornhole & Pizza

4 Weeks | Ages 12yrs. & Up Fresh air, fun and favorite lawn game-Cornhole. Laughter and friendly competition will abound. Pizza will be served. *Meet at Fowler United Methodist Church,* 3928 N. Howard St. \$63

17421	Mon.	4/7-4/28	4:30-6pm
18016	Mon.	5/5 -6/2 *no class 5/26	4:30-6pm
18017	Mon.	6/9-6/30	4:30-6pm
18018	Mon.	9/8-9/29	4:30-6pm



TRS Disc Golf & Pizza

3 Weeks | Ages 12yrs. & Up We will visit a Spokane Parks and Recreation Park that host a Jr. Disc golf course. Safety and throwing fundamentals will be covered. Games played each week. Disc is included in the price. Discs provided if forget to bring. Pizza served at the end of each weekly play. Meet at Liberty Park/Liberty Park Library, 402 S. Pittsburg St. parking lot. \$43

18224 Fri. 6/6 -6/20 3-4:30pm

TRS Line Dancing

4 Weeks | Ages 14yrs. & Up Easy beginner line dancing is for everyone. Grab your dancing shoes and join us as we learn the fundamentals of line dancing and other dances such as the Macarena, YMCA, Alley Cat and more. *Meet at Fowler United Methodist Church*, 3928 N. Howard. \$33

17417	Mon.	4/7-4/28	3-4pm
18020	Mon.	5/5-6/2 *no class 5/26	3-4pm
18021	Mon.	6/9-6/30	3-4pm
18022	Mon.	9/8-9/29	3-4pm

TRS Playball

14 Weeks | Ages 12yrs. & Up This program is for those who are ready for more of a challenge. They will work on preparation and skill development in actual game situations. We are looking for parents/adults to play to enhance the game. Meet at Chief Garry Park, Mission & Regal. Field A. \$65 18023 Fri. 5/9-8/8 *no class 5/23 & 7/4 6-8pm

TRS Funshine Day Camp

4 Weeks | Ages 6-21yrs. | 1 Week Teens | Ages 13-18yrs | 2 Weeks Adults | Ages 18yrs. & Up Funshine Day Camp is a fun-filled camp for those with developmental and/or physical disabilities. Campers will have the opportunity to interact and socialize with their peers through crafts, music, science experiments, books, board games, group activities, and more. Fridays are field trip days to a variety of exciting locations. Each week the camp centers around a different theme. We celebrate the end of summer with our annual Potluck BBQ & Carnival. Drop off and pick up will be at the Shadle Library, 2111 W. Wellesley Ave. Call 509-625-6245 or email Alice Busch at: abusch@spokanecity.org for more information.

Course Code	Days of the Week Theme		Time	Fee
17956	Mon Fri. 6/23-6/27	Adult Week Games	9-2:30pm	\$269
17957	Tues Thurs. 7/1-7/3	Teen Week	9-2:30pm	\$269
17958	Mon Fri. 7/7-7/11	Jurassic Park Kids #1	9-2:30pm	\$269
17996	Mon Fri. 7/14-7/18	Under the Sea Kids #2	9-2:30pm	\$269
17997	Mon Fri. 7/21-7/25	Super Science! Kids #3	9-2:30pm	\$269
17998	Mon Fri. 7/28 -8/1	Adult Week -Art	9-2:30pm	\$269
17999	Mon Fri. 8/4-8/8	Lights, Camera, Action Kids #4	9-2:30pm	\$269



TRS SPORTS

TRS Swimming

8 Weeks | Ages 8yrs. & Up

Meet at Whitworth University Aquatic Center, 300 W. Hawthorne.

Blue Dolphin

17540 Sun.

For people with developmental disabilities who want to swim competitively or get a good workout. Ability to swim 75 yards without assistance and with rhythmic breathing. **\$67 Those competing in Special Olympics must have ARF's current by 3/30. East Region competition will be Saturday May 10 at EWU.** 17538 Sun. 4/6-6/8 *no class 4/20 2:15pm-3:45pm

Learn to Swim Beginner

Individuals will learn how to face float, back float, kick with floats and learn the crawl stroke with rotary breathing. Elementary back stroke and back crawl will be taught with the goal of swimming 20 yards. We require each swimmer to have an attendant in the water assisting so the teacher can rotate their attention safely. \$63

4/6-6/8 *No class 4/20

Learn to Swim Intermediate

Individuals who have mastered the Beginner skills and are ready to move on skills worked on will be distance swimming, breaststroke, butterfly, diving, simple turns and deeper water experience. \$63

17539 Sun. 4/6 – 6/8 *No class 4/20

3:05pm-3:50pm

2:15pm-3pm



TRS Sensory Sensitivity Swim

4 Weeks | All Ages In cooperation with SPRD Aquatics TRS is offering a pilot pool time designed for swimmers with sensory sensitivities. Each swimmer will be required to have an adult caregiver/parent to provide support as needed. The pool will be less crowded, whistles will not be used as frequently and swimmers can enjoy a zero-depth entry, slides, and play structure. *Meet at A.M. Cannon Aquatic Center, 1900 W. Mission Ave.* **\$40**

18227 Fri.

7/11-8/1

12-12:45pm

Siblings - \$10

We would like to extend an invitation for siblings to swim together. Please refer to information above. 18228 Fri. 7/11-8/1 12-12:45pm













Experience the joy of providing adaptive recreation to a unique community of campers. Laughter, friendships and sunshine will fill your summer.

Call 509-625-6245 or email abusch@spokanecity.org for more information.







TRS TRIPS & TOURS

TRS Cat Tales

1 Day | Ages 18yrs. & Up Lions and tigers and bears, oh my... but wait there is more... leopards and jaguars and servals and pumas and reptiles and... We will take a tour with zoo staff. Meet at Park Operations, 2304 E. Mallon Ave parking lot. \$29 18232 Sat. 4/26 1-5pm

TRS Cheney Rodeo

1 Day | Ages 18yrs. & Up Put on your western duds and cowboy hat as we head to Cheney for the annual professional rodeo. The show will be packed with calf roping, bronc and bull riding, and other exciting events.

Meet at Cheney Rodeo Grounds, 14310 St. Rt. 904. \$43 18202 Sun. 3-6:30pm

TRS Fishing Frenzy

1 Day | Ages 13yrs. & Up Join us for a day of fishing on Clear Lake. It is a 'Free Fishing Weekend' in WA so Michael and Joshua Marro will be sponsoring this event for TRS. Fishing poles, tackle and bait will be provided. Bring \$10 for a lunch of hamburger/hotdog, chips, soda and dessert.

Meet at Park Operations, 2304 E. Mallon Ave. \$29

18225 Sat. 6/7 8:15am-2pm

TRS River Rafting

1 Day | Ages 14yrs. & Up See our own Spokane River as we float away from downtown on inflatable whitewater rafts. This trip, operated by Wiley E. Waters, has a touch of Whitewater and is a great introduction to rafting. Participants should be comfortable in the water.

Meet at Park Operations, 2304 E. Mallon Ave. \$53

18248 Thurs. 1:15-5:30pm

TRS Scottish Highland Games

1 Day | Ages 18yrs. & Up Bag pipes, dancing, strength tests, sheep and dogs are all part of the Highland Games. Transportation provided from Park Operations

2304 E. Mallon Ave. \$37

18231 Sat. 8/2 11:30am-3:30pm

TRS Spokane Velocity FC

1 Day Ages 16yrs. & Up Spokane Velocity FC is the first professional men's soccer team in Spokane. They are Division 3 sanctioned and are in the USL League 1. Players are young and aspiring to get to the next level. The games are fun and exciting to watch.

Meet at the new ONE Stadium, 501 W. Garner. \$46

18242 Sat. 7/26 6:30-9:15pm Sacramento Republic 3:30-6:15pm Westchester Soccer Club 18243 Sun. 9/7

TRS Seize the Day

1 Day | Ages 18yrs. & Up Find yourself sitting around the house during the day? Want to get out and meet some new friends and enjoy some new activities? Come with TRS and Seize the Day with our early afternoon programs around town! Meeting locations and times will vary.

Rivers Wish Animal Sanctuary We will visit farm animals, see pigs, horses and lambs and enjoy nature with friends! The farm has rough terrain. Meet at West Central Community Center parking lot, 1603 N. Belt \$27

17541 Mon. 4/9 10am-2pm

Garage Sales Day Ready to treasure hunt? We will be hunting down deals at local garage sales then stopping to eat lunch at a park!

Meet at Park Ops, 2304 E Mallon Ave. \$31

18203 Fri. 8/15 9am-1pm

TRS Sailing

1 Day | Ages 16yrs. & Up Have you ever wanted to try sailing? Well now is your chance! Come with TRS for an allday adventure where we will sail with Dogsmile Adventures in Idaho and then stop to eat lunch! Participants will have the opportunity to practice socialization skills, following directions, and communication.

Meet at Park Operations, 2304 E Mallon Ave. \$129

18229 Tues. 7/29 7:15am-3pm 18230 Tues. 9/2 7:15am-3pm

TRS Spokane Indians Baseball

1 Day | Ages 18yrs. & Up Let's support our local Spokane Indians Baseball Team. Participants are responsible to bring the suggested amount of money listed. Sign-up fee covers transportation, staff, and tickets. Caregiver tickets available at a discount. TRS staff ratio is 1:4-6. Participants will have the opportunity to practice socialization skills such as making choices, handling money, following directions and getting along within a group. Meet at the Main entrance of Avista Stadium, 602 N Havana St, Spokane Valley, WA 99212. \$34

17543 Fri. 4/25 6-9:45pm

Eugene Emeralds - Fireworks Night

18205 Fri.

18024 Fri. 5/23 6-9:45pm Tri-City Dust Devils - Jurassic Ballpark Night 18204 Fri. 6/20 6:30-10pm Everett Agua Sox - Fireworks Night 18206 Thurs. 7/31 6-9:30pm

Hillsboro Hops - Oat Milkers Fan Trivia & Team Poster Night 8/29

Tri-City Dust Devils - Military & Veteran Appreciation & Fireworks Night

6-9:45pm



Wed. April 9 | 12-6PM

market

RiverfrontSpokane.org/Market









Discover the wonders of Riverfront Park, where the Looff Carrousel, Spokane Pavilion, Numerica Skate Ribbon and SkyRide and picturesque Clock Tower await amidst 64 acres of breathtaking scenery. With attractions and events for every season, there's something for everyone to enjoy. **For questions and inquiries, please reach out to rfpinfo@spokanecity.org.**

SIGNATURE EVENTS

Leprechaun Gold Scavenger Hunt

1 Day | All Ages Discover treasure at Riverfront Park this St. Patrick's Day! Embark on a quest for one of 500 leprechaun gold coins hidden across the park. Turn in your coin for a complimentary ride on the Looff Carrousel or SkyRide. Riverfront Park 507 N Howard St. Free

Sat. 03/15 11am

Easter Egg Hunt and Brunch with the Easter Bunny

1 Day | All Ages Come and join in on the excitement at the Riverfront Easter Egg Hunt! We've partnered with One Heart Spokane, who has graciously donated their time in filling over 15,000 eggs with candy and toys. Riverfront Park 507 N Howard St. Free

Sat. 4/19 10am (0-2yrs. Pavilion Amphitheater)
10:25am (3-5yrs. Clock Tower Meadow)
10:35am (6yrs. & Up Lilac Bowl)

Easter Brunch at the Spokane Pavilion

Reservations required, visit RiverfrontSpokane.org **Admission:**

Adults: \$37 Youth (ages 6-12): \$24 Under 5: Free Time Options: 8-9:30am 9:30-11am 11am-12:30pm

Sensory Supportive Easter Egg Hunt in partnership with the Isaac Foundation

1 Day | All Ages Come and join us at the Providence Playscape for the 3rd Annual Sensory Supportive Easter Egg Hunt, hosted by the ISAAC Foundation and Riverfront Park. This inclusive event caters to individuals of all ages and abilities, featuring stuffed eggs, staggered start times, and smaller crowds. *Providence Playscape at Riverfront Park 507 N Howard St. Free* Sat. 4/19

Visit www.riverfrontspokane.org for registration times.

Movies at the Pavilion

1 Day | All Ages Watch free family-friendly movies under the stars at Movies at the Pavilion! Bring a low-back lawn chair or relax on the grass. Movies start at 8:30 PM! Feel free to bring your own food and drinks. *Spokane Pavilion at Riverfront Park 507 N Howard St. Free Admission*

View the list of movies and dates on our website at: www.riverfrontspokane.org

ICCU Summer Carnival

5 Days | All Ages Come join us at the Summer Carnival to celebrate Independence Day! Enjoy five days of thrilling rides, including the Ferris wheel, Zipper, Graviton, and assorted kiddie rides. Indulge in classic carnival treats like Cotton Candy and Kettle Corn while having a blast with exciting carnival games. *Riverfront Park 507 N Howard St. Free Admission*Wed.-Sun. 7/2-7/6 11am-10pm

ICCU 4th of July Fireworks Celebration and Concert 1 Day | All Ages Join us at Riverfront Park for an unforgettable evening of music and celebration. Arrive early for the best seats near the stage, available on a first-come, first-served basis. Feel free to bring blankets and low-backed beachstyle chairs to enjoy the show from the lawn. The excitement starts with a 9pm concert, followed by fireworks at 10pm. *Riverfront Spokane 720 W. Spokane Falls Blvd. Free*Fri. 7/4 4pm-10pm



For more information call 311 or dial 509-755-2489

RIVERFRONT SPOKANE



RIVERFRONT ARTS & CULTURE

ICCU Spring Market

1 Day | All Ages The Riverfront Market provides a lively gathering place where people can enjoy high-quality products, delicious food, and excellent services from talented local vendors. Riverfront Market offers a space for artisans and craftspeople to showcase and sell their one-of-a-kind goods. Riverfront Spokane 720 W. Spokane Falls Blvd. Free Admission

Wed. 4/9 Noon-6pm

Historic Walking Tours

1 Day | All Ages Join local historian Chet Caskey for a complimentary walking tour of Riverfront Park, where the city's past and present come together in special ways. Discover the fascinating history of Expo '74 and its impact on the park we know and love today! Riverfront Spokane 720 W. Spokane Falls Blvd. Free

Find the full schedule of walking tours at:

www.riverfrontspokane.org

RIVERFRONT CHILDREN & FAMILIES

Mother's Day at Riverfront

1 Day | All Ages Make this Mother's Day unforgettable at Riverfront Park! Treat your mom to a day of fun and adventure with a free ride on the Looff Carrousel and Numerica SkyRide with your paid admission. Looff Carrousel and Numerica SkyRide at Riverfront Park 720 W. Spokane Falls Blvd. \$3.75-\$13.95
Sun 5/11 10am-8pm

Father's Day at Riverfront

1 Day | All Ages Join us in celebrating Father's Day at Riverfront Park! We will be offering free admission for Dad's at the Looff Carrousel and Numerica SkyRide with purchase of one regular-priced ticket. Looff Carrousel and Numerica SkyRide at Riverfront Park 720 W. Spokane Falls Blvd. \$3.75-\$13.95
Sun. 6/15 10am-8pm

Story Time at the Carrousel

1 Day | Ages 2-5yrs. Join us in the Looff Carrousel party room at 11:00 a.m. for Story Time every third Friday of each month. Story Time is an early literacy activity designed to spark and engage the young imagination with stories, songs, and preschool activities. \$1 Carrousel rides offered to those who attend. *Looff Carrousel 620 W. Spokane Falls. Blvd. Free* 3rd Friday of every month 11am-Noon

RIVERFRONT HEALTHY LIVING

Riverfront Moves presented by Providence

1 Day | All Ages Riverfront Moves is our annual fitness series that includes local fitness partners to provide complimentary classes in the park throughout the summer. *Riverfront Spokane 720 W. Spokane Falls Blvd. Free*

Visit www.riverfrontspokane.org/riverfrontmoves for the complete schedule.

RIVERFRONT ENTERTAINMENT

Spokane Pavilion Concerts

1 Day | All Ages Join us at the Spokane Pavilion for our 6th annual summer concert series!

Visit www.spokanepavilion.com for the complete calendar of additional shows. *Riverfront Spokane 720 W. Spokane Falls Blvd.*

Sat.	5/31	6:30pm	Goose
Wed.	7/30	7pm	Death Cab For Cutie
Thurs.	8/7	7pm	Rainbow Kitten Surprise
Sun.	10/19	5pm	Lord Huron





SUMMER SOFTBALL LEAGUE

6 Weeks | Ages 18yrs. & Up Join us this season for the best softball competition in town and register your team today! SPRD offers a variety of divisions including Men's or Coed: D (Competitive), E+ (Semi-Competitive), & E (Recreational/Beginner). Play 6 weeks of double-header games at the Dwight Merkel Sports Complex, 5701 N. Assembly or Franklin Park Softball Complex, 302 W. Queen Ave. Team registration fee includes: A 12-game guarantee, a set of balls, a scorebook, line-up cards, and umpire fees for the season. The athletics department reserves the right to move teams to a different division based on past standings and needs. \$815. All start dates listed are TENTATIVE based on when the spring season ends. Regular Registration Dates: May 5th-May 30th

Late Registration Deadline: (+\$35) will be accepted through June 6th as space allows.

		COED LEAGUES		
	Coed E	(Recreational Begin	ner)	
18072	Sun.	6/22-8/3	6pm-9pm	
18079	Tues.	6/24-7/29	6pm-9pm	
18091	Thurs.	6/26-8/7	6pm-9pm	
18094	Fri.	6/26-8/8	6pm-9pm	
	Coed I	E+ (Semi Competitiv	/e)	
18071	Sun.	6/22-8/3	6pm-9pm	
18078	Tues.	6/24-7/29	6pm-9pm	
18093	Fri.	6/26-8/8	6pm-9pm	
18090	Thurs.	6/26-8/7	6pm-9pm	
	Co	ed D (Competitive)		
18069	Sun.	6/22-8/3	6pm-9pm	
18077	Tues.	6/24-7/29	6pm-9pm	
18086	Thurs.	6/26-8/7	6pm-9pm	
18092	Fri.	6/26-8/8	6pm-9pm	
		Women's Open		
18076	Mon.	6/23-8/4	6pm-9pm	
	Men's E	(Recreational Begin	ner)	
18075	Mon.	6/23-8/4	6pm-9pm	
18083	Wed.	6/25-7/30	6pm-9pm	
Men's E+ (Semi Competitive)				
18082	Wed.	6/25-7/30	6pm-9pm	
	Men's	D / E+ (Competitiv	e)	
18073	Mon.	6/23-8/4	6pm-9pm	
	Ме	n's D (Competitive)		
18081	Wed.	6/25-7/30	6pm-9pm	

VOLLEYBALL

Summer Outdoor Volleyball League

Ages 18yrs. & Up Get your friends together and join out outdoor volleyball league. Games are played from 6-8pm for 8 consecutive weeks including an end of season tournament. *All games played at the Dwight Merkel Sports Complex, 5701 N. Assembly.*

Early Bird Registration: \$324 April 14–27 (\$25 Discount)

Regular Registration: \$349 April 28–May 18
Late Registration: \$399 May 19–30

(an additional \$50 fee, while space allows)

18095	B Division	Wed.	6/4-7/23	6-8pm
18096	Upper C Division	Wed.	6/4-7/23	6-8pm
18097	Lower C Division	Wed.	6/4-7/23	6-8pm



LAWN BOWLING

How-to-Lawn-Bowl Introduction

2 Days | Ages 16yrs. & Up Summer evenings on a manicured green next to the river. Rolling grapefruit-sized bowls up to 120 feet, aiming to leave yours closer to the small white "jack" ball than other bowlers. Enjoying summer sunsets, cooler air and companionable friends while improving aim, distance and scoring at this ancient royal sport. Lawn bowling is like bocce, but with a bonus: the bowls are elliptical, allowing rolls that curve around opponents' bowls. All equipment will be provided. Dress comfortably and wear flat soled shoes. Learn the basics over four evenings spread over two weeks. Adults need the strength to roll the bowl 120 feet. Spokane Lawn Bowling Green behind Witter Aquatic Center 1300 E. Mission Ave. \$29

18211 Tues./Thurs. 6/3-6/5 6:15-7:30pm 18212 Tues./Thurs. 6/17-6/19 6:15-7:30pm



hosted by

SPOKANE



EST. CLUB 2023

You schedule game times and locations!

Spring: 4/21-6/29 Register by 4/13

Summer: 7/14-9/21 Register by 7/6

Register at spokanepickleball.club
Questions: hello@spokanepickleball.club

WHICH GOLF PASS IS RIGHT FOR ME?

Players Pass - Adults and Seniors - \$70

Adult Players Pass saves \$10 per round Senior Players Pass saves \$12 per round

Membership pays for itself after 6 rounds!

Loyalty Pass – Adults and Seniors – \$350

Adult Loyalty Pass saves \$19 per round Senior Loyalty Pass saves \$20 per round

This Pass is ideal for players that anticipate playing 35+ rounds per season.

Unlimited Pass

Adult - \$2500 • Senior - \$2400 • Junior - \$250

These passes are ideal for players that anticipate playing 65+ rounds per season. Add a spouse for just \$900!

- SPOKANEGOLF.ORG -



YOUTH ATHLETICS

NFL Youth Flag Football League

8 Weeks | Ages 5-16yrs. Is your child ready for the NFL? This is an SPRD/ NFL Flag partnership to bring this exciting league to Spokane! Teams are made up of 5-10 players with practices on Tuesdays and league games on Thursdays. Players will receive an official NFL Team Jersey & NFL Flag Belt. Teams will practice between 1-2 hours between 4:30-8:00pm. Your assigned coach will determine the start and end times of practices. *Practices are held at the facility you register under. All games will be held at Dwight Merkel Sports Complex.*

The NFL Youth Flag Football Program requires a \$50 non-refundable deposit per registration.

Payment plans are available. Call 509.755-2489 for details.

Regular Registration: \$155 March 19 - May 2 **Late Registration:** \$170 May 3-16 (an additional \$15 fee, while space allows)

Dwight Merkel Sports Complex

9		
17529	Tues. & Thurs. 5/27-7/24	4:30pm-8pm
Ages 5-	•	
17532	Tues. & Thurs. 5/27-7/24	4:30pm-8pm
Ages 8-	10yrs.	
17533	Tues. & Thurs. 5/27-7/24	4:30pm-8pm
Ages 11-	13yrs.	
17534	Tues. & Thurs. 5/27-7/24	4:30pm-8pm
Ages 14	-16vrs,	

Southeast Sports Complex

17530	Tues. & Thurs. 5/27-7/24	4:30pm-8pm
Ages 5-	7yrs.	
17535	Tues. & Thurs. 5/27-7/24	4:30pm-8pm
Ages 8-	10yrs.	
17536	Tues. & Thurs. 5/27-7/24	4:30pm-8pm
Ages 11-	-13yrs.	
17537	Tues. & Thurs. 5/27-7/24	4:30pm-8pm
Ages 14	-16yrs.	



CALL

Call 311 or outside the city at 509.755.CITY Fax 509.625.6990



REGISTER ONLINE SpokaneRec.org









ArtSci Summer Day Camp @ Finch Arboretum

5 days | Ages 6-8yrs and 9-11yrs | Join us for an unforgettable summer at Nature's Canvas: where art and science spark adventure! Set in the stunning Finch Arboretum, kids will enjoy games and hands-on art activities crafted by the talented team at Corbin Art Center in partnership with EWU biology grad students. Campers will discover the wonders of nature, from towering trees to tiny bugs, and create their own masterpieces inspired by their surroundings. It's a unique opportunity to explore, discover, and create in the heart of nature! \$249

Creepy Crawly Exploration Camp 6/23-6/27

17926 | Ages 6-8yrs. 17927 | Ages 9-11yrs.

Art and Nature Discovery 7/7-7/11

17928 | Ages 6-8yrs. 17929 | Ages 9-11yrs.

Bug Explorers: Discovering the Marvels of Nature | 7/14-7/18

17930 | Ages 6-8yrs. 17931 | Ages 9-11yrs.

Whimsical Forests & Magical Meadows 7/21-7/25

17932 | Ages 6-8yrs. 17933 | Ages 9-11yrs.

Flutter & Crawl: Uncover the Wonder of Nature & Bugs | 7/28-8/1

17934 | Ages 6-8yrs. 17935 | Ages 9-11yrs.

Branching Out with Nature Art! 8/4-8/8

17936 | Ages 6-8yrs. 17937 | Ages 9-11yrs.

Nature's Colors Camp 8/11-8/15

17938 | Ages 6-8yrs. 17939 | Ages 9-11yrs.

Art-Venture Camp!

8/18-8/22

17940 | Ages 6-8yrs. 17941 | Ages 9-11yrs.

Register at SpokaneRec.org



DANCE SUMMER COSS CAMP

4 days | Ages 5-18yrs | Get ready to dance, move, and shine at our exciting week-long Dance Camps! With engaging sessions for, students will explore Jazz, Ballet, and creative movement while building confidence and artistry. Each camp concludes with a dynamic showcase where participants showcase their newly acquired skills. Join the fun! All camps require a \$50 non-refundable deposit. Payment plan available - call 509.755.2489. Gonzaga Prep, 1224 E Euclid Ave.

Beginner Dance Camp: Introduces basic dance steps and activities | \$89

18253 Mon-Thu | 6/23-6/26 | 9am-12pm | Ages 5-7yrs 18254 Mon-Thu | 7/28-7/31 | 9am-12pm | Ages 5-7yrs

Beginner Jazz & Ballet Camp: Teaches the fundamentals of jazz and ballet | \$109

18255 Mon-Thu | 7/7-7/10 | 9am-1pm | Ages 8-11yrs 18256 Mon-Thu | 8/4-8/7 | 9am-1pm | Ages 8-1yrs

<u>Jazz & Ballet Camp:</u> Focuses on jazz and ballet fundamentals emphasizing creative movement | \$109 18257 Mon-Thu | 7/14-7/17| 9am-1pm | Ages 12-15yrs 18258 Mon-Thu | 8/11-8/14 | 9am-1pm | Ages 12-15yrs

Performance Dance Camp: Develops dance and performance skills, emphasizing artistic expression | \$109 18259 Mon-Thu | 7/21-7/24 | 9am-1pm | Ages 15-18yrs 18260 Mon-Thu | 8/18-8/21 | 9am-1pm | Ages 15-18yrs

SPOKANEREC.ORG

TRS FUNSHINE DAY CAMP

4 Weeks | Ages 6-21yrs. | 1 Week Teens | Ages 13-18yrs 2 Weeks Adults | Ages 18yrs. Funshine Day Camp is a funfilled camp for those with developmental and/or physical disabilities. Campers will have the opportunity to interact and socialize with their peers through crafts, music, science experiments, books, board games, group activities, and more. Fridays are field trip days to a variety of exciting locations. Each week the camp centers around a different theme. We celebrate the end of summer with our annual Potluck BBQ & Carnival. Drop off and pick up will be at the Shadle Library, 2111 W. Wellesley Ave. Call 509-625-6245 or email Alice Busch at abusch@spokanecity.org for more information.

Course Code	Days of the Week	Theme	Time	Fee
17956	Mon Fri. 6/23-6/27	Adult Week- Games	9-2:30pm	\$269
17957	Tues Thurs. 7/1-7/3	Teen Week	9-2:30pm	\$269
17958	Mon Fri. 7/7-7/11	Jurassic Park Kids #1	9-2:30pm	\$269
17996	Mon Fri. 7/14-7/18	Under the Sea Kids #2	9-2:30pm	\$269
17997	Mon Fri. 7/21-7/25	Super Science! Kids #3	9-2:30pm	\$269
17998	Mon Fri. 7/28 -8/1	Adult Week -Art	9-2:30pm	\$269
17999	Mon Fri. 8/4-8/8	Lights, Camera, Action Kids #4	9-2:30pm	\$269



B.A.S.E. CAMP (BIG ADVENTURE SKILLS & EXPLORATION)

Welcome to B.A.S.E. Camp! From here, big adventures await. During daily excursions, you will expand your skills in a variety of activities with awesome counselors and professional guides. Take aim with disc golf, come together as a team to paddle raft down the river, seek out wildlife on kayaks, explore meandering shorelines on a paddleboard, and take yourself to new heights with outdoor rock climbing! Campers will enjoy the small group sizes of no more than 12 per week. Plus, our home base is at the beautiful Bowl and Pitcher area within Riverside State Park. Attendees of all outdoor skill levels will build self-esteem, practice healthy social skills, and benefit from an increased sense of community. Daily activities depend on weather and activity provider availability. Register now, these camps fill up fast! Directions and welcome packet information will be emailed after registration. Bring a lunch, water bottle, and swimsuit each day. All specialized equipment will be provided. *Meets daily at the Riverside State Park Bowl & Pitcher Picnic Shelter.*

Nature Explorers

1 Week | Ages 8-10yrs. This camp is all about the excitement and variety of outdoor adventure! Daily expeditions are sure to keep you coming back for more. We focus on having fun and making memories exploring outside in nature, and our counselors love sharing in the wonder and awe of discovering everything our area has to offer. This camp will be one to remember! \$399

18115	MonFri.	6/23-6/27	9am-4pm
18117	MonThurs.	6/30-7/3	9am-4pm
			**\$329
18118	MonFri.	7/14-7/18	9am-4pm
18119	MonFri.	7/21-7/25	9am-4pm
18121	MonFri.	8/4-8/8	9am-4pm
18122	MonFri.	8/11-8/15	9am-4pm

Adventure Leadership

1 Week | Ages 11-13yrs. Take charge of your adventure! This camp focuses on fun, teamwork, and skill development. Throughout the week, campers will have chances to solve problems, help others, discover their strengths, and have a great time doing it. Each day builds on the excitement and learning of the previous day and we end the week with a mega field trip to somewhere awesome! \$399

18116 <i>Field</i>	Irip: Liberty Lake Cedars	
MonFri.	7/7-7/11	9am-4pm
18120 <i>Field</i>	Trip: Mount Spokane	
MonFri.	7/28-8/1	9am-4pm
	Trip: Spokane River Kayak	
MonFri.	8/18-8/22	9am-4pm





WILDERNESS SURVIVAL CAMP FOR YOUTH

Intro to Wilderness Survival

1 Week | Ages 6-9yrs. | No prerequisites needed. Learn the basics of thriving in the wild in this survival camp that covers a bit of everything! Campers learn confidence, initiative, communication, and common sense through fun survival scenarios in teams and on their own. Skills introduced include shelters, fire building, cordage, navigation, knots, traps, primitive skills, and more. We won't get to everything, there's too much, but the week is packed! We play survival themed games, and the week ends with an exciting final scenario and a certificate of achievement parents are invited to attend. Bring appropriate clothing, snacks, water shoes, bug spray, and lunch. Pre-camp information emailed after registration. Call Coyle Outside for details about curriculum 541-760-0774. Meet at Riverside State Park - Equestrian Area. \$368

18108 Mon.-Fri. 6/30-7/4 9am-2:30pm 18109 Mon.-Fri. 8/25-8/29 9am-2:30pm

Intermediate Wilderness Survival

1 Week | Ages 8-11yrs. | No prerequisites needed. Full day of building survival skills and testing yourself against real life survival scenarios! Skills taught/practiced include shelters, fire safety/building, knife safety, tracking, foraging teamwork, traps, orienteering, cordage and knots, and primitive skills. We dive even deeper into skills the group finds most engaging. Our goal is building initiative, self-control, and judgment skills while connecting with the natural world and having fun. The week ends with an exciting final scenario and a certificate of achievement. No prerequisites. Bring appropriate clothing, water shoes, bug spray, snacks, and lunch. Pre-camp information emailed after registration. Call Coyle Outside for details about curriculum 541-760-0774

Meet at Riverside State Park - Equestrian Area. \$424

18110 Mon.-Fri. 6/23-6/27 9am-4pm 18111 Mon.-Fri. 8/18-8/22 9am-4pm

Advanced Wilderness Survival

1 Week | Ages 10-14yrs. | No prerequisites needed. This camp goes in depth into critical survival skills using fun, challenging real life scenarios. Participants work on their own and in teams to problem solve various skills challenges and scenarios while learning skills such as shelter, fire, tool use, knife safety, traps, rope and knots, plant uses, animal tracking, primitive skills, navigation, and more! Instructors help participants build initiative, self-control, confidence, and communication skills while making new friends. We play survival themed games, and the week ends with an exciting final scenario! Parents are welcome to join the final ceremony the final half hour of camp. Bring appropriate clothing, water shoes, bug spray, snacks, and lunch. Pre-camp information emailed after registration. Call Coyle Outside for details about curriculum 541-760-0774.

Meet at Riverside State Park - Equestrian Area. \$424 18112 Mon.-Fri. 7/28-8/1 9am-4pm

Crafter's Camp

1 Week | Ages 9-14yrs. | No prerequisites needed. Build. Cool. Stuff. This camp is all about tool use, creativity, and engineering. Each day we will introduce a new building project that participants will work on throughout the week to bring home. Projects are generally themed for camping and outdoors. We even try to build the tools we will use to build the other things! Projects may include creating a wood baton, natural fiber cordage, hand carved wood spoon and/or bowl, paracord survival bracelets or belts, dream catchers, feather sticks, natural dye projects, walking sticks, fishing spears/ traps, and more. Projects vary depending on instructor and group/individual interest. Participants practice focus, follow through, patience, and develop problem solving and common sense as they work through projects. Pre-camp information emailed after registration. Call Coyle Outside for details about curriculum 541-760-0774.

Meet at Riverside State Park - Equestrian Area. \$426 18113 Mon.-Fri. 8/11-8/15 9am-4pm





DISC GOLF CAMP

Disc Golf Super Summer Camp

1 Week | Ages 10-16yrs. Learn and discover new skills and talents or tune up your game with personal skill development. Enjoy being outside in nature, building new friendships and playing disc golf! First two days at the North YMCA Disc Golf Course, second two days at the Liberty Park Disc Golf Course and Pool, and a final tournament at the Whitewater Disc Golf Course will conclude the week with prizes. All students receive a new beginner or advanced disc. Camp operated by US Youth Disc Golf Association. Welcome packet with further information provided after registration. Meet first two days at North YMCA 10727 N Newport Hwy Spokane. \$149

18105 Mon.-Fri. 6/23-6/27 10am-1pm 18107 Mon.-Fri. 7/7-7/11 10am-1pm

HORSEBACK RIDING CAMP

Horseback Riding Camp

1 Week | Ages 8-13yrs. Open to beginners and kids of all levels of experience. Limited to 20 participants working in groups of 5 for both riding and other activities. Kids will not only learn to ride they will also learn all about horses! Time spent at camp includes horse themed crafts, games and educational activities. Each group always has a qualified adult supervisor. While on horseback, each rider has a helper as needed in addition to the instructor. This program is open to 2nd year campers and experienced riders. 15 minutes from downtown; less than 20 minutes from most South Hill locations. Required equipment: bicycle helmet, long pants, boots. Meet at Relational Riding Academy, 3714 W. Anderson Rd, Cheney WA. \$300

18233	MonFri.	6/16-6/20	9am-Noon
18234	MonFri.	6/16-6/20	1:30-4:30pm
18235	MonFri.	7/7-7/11	9am-Noon
18236	MonFri.	7/21-7/25	9am-Noon
18237	MonFri.	7/21-7/25	1:30-4:30pm
18238	MonFri.	8/18-8/22	9am-Noon
19239	MonFri.	8/18-8/22	1:30-4:30pm

BADMINTON Summer Camp 5 days | Ages 8-16yrs. The camp is

designed to introduce new players to this exciting sport, and also sharpen the skills of the intermediate player. This camp focuses on the fundamentals of competitive Badminton in a fun, but challenging way by incorporating mobility and match play drills to refine technique. Participants should expect a daily routine of fun but vigorous activities and should be appropriately dressed. Sac Middle School, 401 E 33rd Ave. \$159

11215 Mon-Fri 7/28-8/1 9-3pm

18216 Mon-Fri 8/4-8/8 9-3pm 18217 Mon-Fri 8/11-8/15 9-3pm 18218 Mon-Fri 8/18-8/22 9-3pm

All camps require a \$50 non-refundable deposit. Payment plan available call (509)755-2489 for details







Where kids go to play, explore, and have lots of fun!

This summer, adventure, creativity, and discovery come to life at Summer Day Camp @ Merkel! With three dynamic themes — Adventure & Exploration, STEM & Innovation, and Active & Creative — campers will have endless fun while embarking on thrilling quests, experimenting with exciting science and engineering challenges, and expressing themselves through sports, art, and movement. Each week offers new experiences, hands-on activities, in a vibrant and engaging environment!





From 6/23 to 6/27



STEM & INNOVATION



From 7/7 to 7/11



ACTIVE & CREATIVE



Art Attack!

From 8/4 to 8/8

FINAL SUMMER BASH



All camps only \$249 per week! Register Today! SPOKANEPARKS.ORG or call 509-755-2489









CORBIN KIDS FINE ARTS & CRAFT SUMMER CAMPS & WORKSHOPS

All class held at the Corbin Art Center, 507 W. 7th Avenue unless otherwise indicated. One-week workshops for ages 3-5yrs. and 6-11yrs. Pre-registration is required for all programs. We have lots of new projects every year! You'll be working with paints, glues and much more, so plan to dress accordingly or bring a work shirt.

Kids Supervised Lunch for Ages 3-5yrs. For students registered in morning and afternoon camp sessions. Please send a lunch with your child's name on it, and plan for a fun-filled supervised hour for your youngster.

* There are no camps the week of June 30-July 4.

17872	MonFri.	\$7	6/9-6/13	11:30am-12:30pm
17873	MonFri.	\$7	6/16-6/20	11:30am-12:30pm
17874	MonFri.	\$7	6/23-6/27	11:30am-12:30pm
No camp	MonFri. *No Ca	mps this week due to 4th of J	luly Holiday*	
17875	MonFri.	\$7	7/7-7/11	11:30am-12:30pm
17876	MonFri.	\$7	7/14-7/18	11:30am-12:30pm
17877	MonFri.	\$7	7/21-7/25	11:30am-12:30pm
17878	MonFri.	\$7	7/28-8/1	11:30am-12:30pm
17879	MonFri.	\$7	8/4-8/8	11:30am-12:30pm
17880	MonFri.	\$7	8/11-8/15	11:30am-12:30pm
17881	MonFri.	\$7	8/18-8/22	11:30am-12:30pm



PRESCHOOL SPECIALTY HALF DAY CAMPS AGES 3-5YRS.

* Preschoolers MUST be Potty-Trained. Preschool camps are located Corbin Art Center (CAC) or the Manito Meeting Room (MMR) in Manito Park. No Camps the week of June 30-July 4.

June 9-13

Things that Go!

Does your child love all things that go? Then all aboard for this fun and creative camp! Your little conductor, pilot, driver, or captain will make and test paper tube cars, cork boats and gyrocopters just to name a few of the projects. Your preschooler will have so much fun, that the week will just "fly" by. Please bring a snack & a water bottle each day to camp. \$99

17882 Mon.-Fri. 9-11:30am

It's a Bug's Life!

Imagine yourself as a bug! Do you have lots of eyes or feet? Do you have special, super-bug powers? Come join us for tons of creative, buggy-fun while becoming a detective in the garden. We will make insect inspired art projects, while learning about these fascinating creatures. Please bring a snack & a water bottle each day to camp. \$99

17883 Mon.-Fri. 12:30-3pm

June 16-20

NEW! Whimsical Wonders & Glittery Rainbows Camp

Join us for this whimsical, colorful, and glittery camp. We will use all the colors of the rainbow to paint/draw/create magical art projects. Rainbows, Unicorns and more will be created into fabulous masterpieces. Please bring a snack & a water bottle each day to camp. \$99

17884 Mon.-Fri. 9-11:30am

Doodle Bug Art Fun!

Does your child love to draw, paint or just doodle? Is he/she fascinated about bugs? Come be a Doodle Bug artist! In this fun, creative camp, we will combine art and the study of insects. You never know what great works of bug art might develop. In this camp we will have fun learning some new and clever abstract techniques of creating insect art! Please bring a snack & a water bottle each day to camp. \$99
17885 Mon.-Fri. 12:30-3pm

June 23-27

Pet Art-Parade!

Ruff! Meow! Squawk! Hiss! Do you have a favorite family pet? Come and join us for this totally-Pawsome camp! Dogs, cats, birds, reptiles, and fish, Oh My! We will create lots of art projects to celebrate our favorite pet friends! This camp will be sure to get two paws up! Please bring a snack & a water bottle each day to camp. \$99

 17886
 Mon.-Fri.
 9-11:30am
 CAC

 17887
 Mon.-Fri.
 9-11:30am
 MMR

NEW! Splatter Paint with all the Colors Camp!

Do you have a messy artist preschooler, and do they love to giggle? Then this camp is for your child! We will use lots of paint to splatter, sprinkle, and smear to create one of kind masterpieces. This camp will learn about famous artists who like to use these styles of painting. Please bring a snack & a water bottle each day to camp. \$99

17888 Mon.-Fri. 12:30-3pm

July 7-11

Unicorns, Wizards, & Dragons, Oh My!

1 week | Ages 3-5yrs. Let the enchantment of this camp begin! Imagination and creativity are the name of the game for this camp! Your child will have a magical time creating costumes, crafts, and many more mythological creatures. This camp is delightfully enthralling and loads of fun! Please bring a snack & a water bottle each day to camp. \$99

17890 Mon.-Fri. 9-11:30am *CAC* 17891 Mon.-Fri. 9-11:30am *MMR*

NEW! Celebrating our Community Helpers!

1 week | Ages 3-5yrs. What does your child want to be when they grow up? Come have fun learning about community helpers in our neighborhoods. Learn about important people that we couldn't live without – from doctors, nurses, firefighters, police officers, construction workers, farmers, plumbers, grocery store workers, scientists, teachers and more! We will have fun making some costumes and lots of art projects to celebrate these fantastic people! Please bring a snack & a water bottle each day to camp. \$99

17892 Mon.-Fri. 12:30-3pm



PRESCHOOL SPECIALTY HALF DAY CAMPS AGES 3-5YRS.

* Preschoolers MUST be Potty-Trained. Preschool camps are located Corbin Art Center (CAC) or the Manito Meeting Room (MMR) in Manito Park. No Camps the week of June 30-July 4.

July 14-18

Super Nature Explorers!

1 week | Ages 3-5yrs. Come discover the world around you! Go on walks and make super-nature art-inspired projects along with some fun science activities. Socializing and developing motor skills are included. Please bring a snack & a water bottle each day to camp. \$99

17893 Mon.-Fri. 9-11:30am *CAC* 17894 Mon.-Fri. 9-11:30am *MMR*

NEW! Colorful Critters and Art Safari Camp

1 week | Ages 3-5yrs. Create some super colorful critters in this art super-fun art safari! We will learn about the most colorful animals on this safari and make fantastic, inspired projects! Lions, tigers, birds and more. Please bring a snack & a water bottle each day to camp. \$99

17895 Mon.-Fri. 12:30-3pm

July 21-25

Fairies, Trolls & Gnomes in the Garden!

Does your child like to make fairy houses? Look for gnomes, trolls, fairies in their backyards, garden, or park? Come and look in our wonderful garden and surrounding park for these elusive creatures! Then we will come inside to make lots of fantastic, glittery fairy, gnome, and troll themed art. Please bring a snack & a water bottle each day to camp. \$99

 17898
 Mon.-Fri.
 9-11:30am
 CAC

 17899
 Mon.-Fri.
 9-11:30am
 MMR

Blast Off into Space!

Let the countdown begin... 5-4-3-2-1, blast off! We are heading for outer space, and we need some space explorers to come on this fun, creative journey! Come and learn about the planets, stars, moons and much more while creating some fabulous galactic art. Please bring a snack & a water bottle each day to camp. \$99

17900 Mon.-Fri. 12:30-3pm

July 28-August 1

NEW! Pint-Sized Artistry & Mini Masterpieces Camp

Join us for some mini masterpiece fun with this creative camp! Your child will learn about a few famous artists of the past and create an inspired project. There will be lots of painting, drawing, sculpting and much more. Please bring a snack & a water bottle each day to camp. \$99

17901 Mon.-Fri. 9-11:30am

1/901 WOH.-FH. 9-11:30aH

Wands, Wizards & Dragons! Oh My!

Abracadabra! Let the magic of this camp begin! Bring your young wizard to make their own magic wand, creative costume pieces, along with more fantastic, magical crafts. This camp is delightfully enchanting and loads of fun! Please bring a snack & a water bottle each day to camp. \$99

17902 Mon.-Fri. 12:30-3pm

August 4-8

Castles, Princesses, Knights & Dragons!

Once upon a time there was an art camp where we created our own magical kingdom. Come and make shining armor helmets, shields, princess hats and crowns, wands and oh so much more. We will sculpt and paint dragons, make towers of our castles and make believe that we are royalty. Please bring a snack & a water bottle each day to camp. \$99
17903 Mon.-Fri. 9-11:30am

Stomp! Chomp & Roar! Dino-Style!

Roar! Explore the wonderful world of dinosaurs, reptiles, and prehistoric birds. What did they eat? How did they sound? Where did they live? These are the questions that we will answer while making our own dino-o-rific craft projects and costumes. Please bring a snack & a water bottle each day to camp. \$99

17904 Mon.-Fri. 12:30-3pm



PRESCHOOL SPECIALTY HALF DAY CAMPS AGES 3-5YRS.

* Preschoolers MUST be Potty-Trained. Preschool camps are located Corbin Art Center (CAC) or the Manito Meeting Room (MMR) in Manito Park. No Camps the week of June 30-July 4.

August 12-16

NEW! Shimmer & Shine Art Adventures Camp

Ready to sparkle, shine and shimmer? This camp has all the bright bling art supplies! Your child will create some super sparkly art projects with glitter paint, glue, sequins and much more. Please bring a snack & a water bottle each day to camp. \$99

17905 Mon.-Fri. 9-11:30am

Preschool Picassos! Best of Summer Camp

If you missed these fun camp projects the first time, or you want to experience them again, then come along with us for this wonderful art filled week. This camp includes our most popular art projects that were done the entire summer in the pre-school camps. You can become a pirate or a fairy, dabble in the sciences and even enjoy a nature expedition. Please bring a snack & a water bottle each day to camp. \$99
17906 Mon.-Fri. 12:30-3pm

August 18-22

Surf & Sea Safari - Preschool Style

Come dive under the sea and swim back up again to play on the beach! Splash into this week of sea inspired art and crafts. We will have lots of fun making fish and animal projects that live in and around our oceans, while learning some great facts. There will be pirates, mermaids and much more in this camp. Please bring a snack & a water bottle each day to camp. \$99

17907 Mon.-Fri. 9-11:30am

Squiggly Bugs and Slimy Slugs!

Is your child a budding entomologist? Do we have the camp for you! Come learn about insects and how they eat, move, work and what makes them special. We'll read stories, go on nature walks to see what kind of insects live around us, create buggy artwork, costumes and make some superbuggy slime. Please bring a snack & a water bottle each day to camp. \$99

17908 Mon.-Fri. 12:30-3pm

CALI US Call 311 or outside the city at 509.755.CITY Fax 509.625.6990



REGISTER ONLINE
SpokaneRec.org







CORBIN YOUTH SPECIALTY CAMPS AGES 6-11YRS.

All class held at the Corbin Art Center, 507 W. 7th Avenue unless otherwise indicated.

Specialty Camps include a supervised lunch period, please bring a lunch. No Camps the week of June 30-July 4.

June 18-20

NEW! Art of Minecraft: Block Art Fun!

Create amazing works of Art in this Minecraft inspired camp. You'll work in a wide variety of art mediums, along with mixed-media supplies. Explore the world of making art using pixilation with squares in both 2-D and 3-D to create self-portraits, animals and so much more! Dress for a mess and please bring a lunch. \$119

17909 Wed.-Fri. 9am-3pm

Wild! Wild World of Mixed-Up Media Art!

Explore the magic of Mixed-Up Media! In this class, prepare to get color crazy, learn layering techniques, and combine a variety of materials to create unique works of art! You will create with paint, pens, glue, a variety of papers, and much, much more! Dress for a mess and please bring a lunch. \$119 17910 Wed.-Fri. 9am-3pm

June 23-27

Pet Art-o'-Palooza Camp!

Do you love all kinds of pets? Do you love art? Then "Wag" on over to this totally-Pawsome camp! We will create lots of art projects to celebrate our favorite pets. Dogs, cats, birds and even some scaly pets too will play a part in this superfun camp. This camp will be sure to get two paws up and is for every pet-loving kid. Please bring a lunch and water-bottle. \$199

17911 Mon.-Fri. 9am-3pm

NEW! Whimsical Artistry & Imaginary Landscapes Camp Does your child like to use their imagination and create fantastic works of art? Then this camp is for your child. We

fantastic works of art? Then this camp is for your child. We will dream up magical creatures and their stories as well as where they live. Paint, paper, glue, upcycled sculptures and much more will make this colorfully creative camp a fantastic experience. Dress for a mess and bring a lunch. \$199

17912 Mon.-Fri. 9am-3pm

July 7-11

NEW! Celebrating our Community Helpers!

What does your child want to be when they grow up? This fun camp will have us learning about our community helpers and how we couldn't live without. Special guests will include firefighters, police officers, park rangers and more. We will make community helpers inspired art to celebrate these fantastic people. Dress for a mess and bring a lunch. \$199 17913 Mon.-Fri. 9am-3pm

Summer Stage - Drama Camp

* Don't Delay, This Camp Fills Fast *

Bye bye boredom! Come and have fun while learning imaginative theater activities that are designed to build confidence and boost creativity on stage and off. Students of all skill levels team together as they enjoy storytelling, improvisation, and acting games. Final day of camp features a fantastic actor presentation for friends and family incorporating props and costumes designed by the students. Dress for a mess and please bring a lunch. \$199
17914 Mon.-Fri. 9am-3pm

July 14-18

Art in Nature! Nature in Art!

Can you see shapes or even animals in your natural surroundings? Come and paint, sculpt, draw what you see in nature surrounding the Corbin Art Center. We will go on a nature hike to see what we can see, then come into the art room to paint, draw, or even sculpt something that we have observed. Dress for a mess and please bring a lunch. \$199 17915 Mon.-Fri. 9am-3pm

NEW! Abstract Imaginarium Nonsense Art Camp

This camp is for the young abstract artist who has unlimited creative imagination. In this fun Imaginarium camp we will learn about several famous abstract artists and why they chose to make their art abstract and the meanings. A multitude of art supplies will be used to create their very own abstract masterpieces. Dress for a mess and bring a lunch. \$199 17916 Mon.-Fri. 9am-3pm



CORBIN YOUTH SPECIALTY CAMPS AGES 6-11YRS.

All class held at the Corbin Art Center, 507 W. 7th Avenue unless otherwise indicated.

Specialty Camps include a supervised lunch period, please bring a lunch. No Camps the week of June 30-July 4.

July 21-25 & July 28-Aug 1

Harry's Laboratory *Don't Delay, This Camp Fills Fast!*

Immerse yourself in potions class, create some magical art projects, study dragons, magical creatures, and wizardry. Experience magical twists and test your new skills to solve what magical creature has now gotten loose and caused creative chaos inside the CAC. Due to the popularity of this camp please only sign your child up for one weeks. Dress for a mess and please bring a lunch. \$219

 17918
 Mon.-Fri.
 9am-3pm

 17919
 Mon.-Fri.
 9am-3pm

August 4-8

CAC Cretaceous Camp! A Prehistoric Adventure!

Come learn about Paleontology, the study of prehistoric life. You'll learn about the animals that walked the earth millions of years ago – dinosaurs, reptiles, fish, amphibians, prehistoric birds and more. Make costumes, dinosaur crafts, create your own fossils and learn how nature creates them. Dress for a mess and bring a lunch. \$199

17920 Mon.-Fri. 9am-3pm

Innovative Artist's Studio!

This fine art camp includes it all! Drawing, painting, printmaking, and sculpture! Come use diverse materials, techniques and enjoy the creative process while still learning the basic elements of line shape, value, pattern, space, and color. This camp is inspired by innovative artists of the 20th century, while using individual imagination and a ton of creativity to make your own personal masterpieces. Dress for a mess and bring a lunch. \$199

17921 Mon.-Fri. 9am-3pm

August 11-15

Shapes, Lines & Landscapes!

Do you love to draw? This is the ultimate drawing camp! Learn how to draw and shade shapes, add lines, textures, and much more to your drawings. Incorporate all into a landscape along with how to use perspective to make it look more real. Use pencil, pen, oil pastels and even paint to create your own masterpiece. Dress for a mess and please bring a lunch. \$199

17922 Mon.-Fri. 9am-3pm

NEW! Impressionistic Painting: Explore the Light & Wonder

This camp is for the artist who loves to paint. We will study the techniques of the Impressionist artists such as Mary Cassatt, Claude Monet, Berthe Morisot, Van Gogh and more. These artists were masters at capturing the light in their paintings. We will create fabulous projects that are inspired by these art masters. Dress for a mess and bring a lunch. \$199 17923 Mon.-Fri. 9am-3pm

August 18-22

Best of Summer Camp

Our most popular activities and art projects are included so if you missed them the first time around or just want to experience them again. You can go on a space adventure, dabble in the sciences, make some fine art like Monet or Van Gogh and enjoy a nature expedition. Dress for a mess and please bring a lunch. \$199

17924 Mon.-Fri. 9am-3pm

Colorful! Messy! Process Art!

Do you freeze at a blank piece of paper? Have no idea what you want to paint or draw? Here is a camp for you! We will learn how to come up with theme ideas, mix colors, apply paint, and incorporate found objects into your mixed media artwork. Dress for a mess and please bring a lunch. \$199
17925 Mon.-Fri. 9am-3pm



Summer Sports Camps | Ages 4-14yrs. Skyhawks Sports Academy provides sports programs where children discover and develop athletic skills and life lessons, such as teamwork, respect, and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle. For complete customer services and additional information about the Youth Sports Camps by Skyhawks Sports Academy, please call 1-800-804-3509.

Baseball & Baseball/Swim Combo Camp

1 Week | Ages 6-12yrs. Swing for the stars with Skyhawks Baseball! This program teaches young sluggers essential skills like fielding, catching, and hitting, all while fostering teamwork and responsibility. Each fun-packed session aims to develop athletic prowess and character. Step up to the plate and become a star on and off the field! *Glover Middle School, 2330 W. Longfellow Ave.*

SSA44580	MonFri.	8/4-8/8	9am-Noon	\$153
SSA44532	MonFri.	8/4-8/8	9am-3pm	\$203

Basketball & Basketball/Swim Combo Camp

1 Week | Ages 6-12yrs. Dribble, shoot, score with Skyhawks Basketball! Perfect for developing athletes, this program sharpens passing, shooting, and dribbling skills, emphasizing sportsmanship and teamwork. Participants develop defensive and rebounding abilities in a dynamic setting that promotes personal and athletic growth. Get involved and make a difference on and off the court!

Indian Trail Elementary, 4102 W. Woodside Ave.					
SSA44825	Mon./Thurs.	6/30-7/3	9am-3pm	\$123	
Mora	n Prairie Ele	ementary, 422	4 E. 57 th Av	e.	
SSA44823	MonFri.	7/21-7/25	9am-3pm	\$203	
Lin	wood Eleme	entary, 906 W.	Weile Ave.		
SSA44841	MonFri.	7/28-8/1	9am-Noon	\$153	
Glover	Glover Middle School, 2330 W. Longfellow Ave.				
SSA44735	MonFri.	6/23-6/27	9am-Noon	\$153	
SSA44709	MonFri.	6/23-6/27	9am-3pm	\$203	
SSA44842	MonFri.	7/7-7/11	9am-Noon	\$153	
SSA44715	Mon./Thurs.	7/7-7/11	9am-3pm	\$203	
SSA44734	MonFri.	7/28-8/1	9am-Noon	\$153	
SSA44733	MonFri.	7/28-8/1	9am-3pm	\$203	
Wilson Elementary, 911 W. 25 th Ave.					
SSA44847	MonFri.	6/23-6/27	9am-Noon	\$153	
SSA44849	Mon./Thurs.	6/30-7/3	9am-3pm	\$123	
SSA44840	MonFri.	7/28-8/1	9am-Noon	\$153	
SSA44714	MonFri.	7/28-8/1	9am-3pm	\$203	

Beginning Golf & Beginning Golf/Swim Combo Camp

1 Week | Ages 6-12yrs. Swing into Skyhawks Beginning Golf, powered by Payne Stewart Golf Experiences. This beginning program focuses on fun and repetition with a games-based approach that can be played on any surface. Specialized equipment is used to ensure early success for young players. Key skills like putting and chipping are taught through engaging activities. Ideal for beginners and those improving, join Skyhawks for rewarding progress with every shot! Glover Middle School, 2330 W. Longfellow Ave.

SSA45078	Mon./Thurs.	6/30-7/3	9am-Noon	\$96
SSA45067	Mon./Thurs.	6/30-7/3	9am-3pm	\$123
SSA45080	MonFri.	7/21-7/25	9am-Noon	\$153
SSA45061	MonFri.	7/21-7/25	9am-3pm	\$203

Cheerleading & Cheerleading/Swim Combo Camp

1 Week | Ages 5-12yrs. Get ready to rally with Skyhawks Cheerleading! This fun-filled program teaches a variety of cheers, hand and body movements, and jumping techniques, all stuntfree. Participants will also learn valuable teamwork and leadership skills. The program ends with a performance where each cheerleader shines. Become a cheer champion with Skyhawks! *Glover Middle School, 2330 W. Longfellow Ave.*

SSA45255	MonFri.	6/23-6/27	9am-Noon	\$153
SSA45206	MonFri.	6/23-6/27	9am-3pm	\$203

CALL US Call 311 or outside the city at 509.755.CITY Fax 509.625.6990









Flag Football & Flag Football/Swim Combo Camp

1 Week | Ages 6-12yrs. Score a touchdown with Skyhawks Flag Football! This program teaches passing, receiving, kicking, and flag pulling, all while emphasizing heart and spirit. Participants gain confidence and learn life lessons like teamwork and leadership in a fun, supportive environment. Suit up and get in the game with Skyhawks Flag Football! Glover Middle School, 2330 W. Lonafellow Ave.

SSA45461	MonFri.	7/21-7/25	9am-Noon	\$153
SSA45350	MonFri.	7/21-7/25	9am-3pm	\$203

Lacrosse & Lacrosse/Swim Combo Camp

1 Week | Ages 6-12yrs. Charge into a thrilling experience with Skyhawks Lacrosse! This program teaches young athletes essential lacrosse skills like stick-handling and shooting in a supportive, non-contact setting. All equipment is provided (although personal sticks are welcome). Lacrosse programs foster a sense of teamwork while participating in this fun and fast-paced sport. Glover Middle School, 2330 W. Longfellow Ave. SSA45610 Mon.-Fri. 7/7-7/11 9am-Noon \$153 SSA45605 Mon.-Fri. 7/7-7/11 9am-3pm \$203

Mini-Hawk Camp - Baseball, Basketball & Soccer

1 Week | Ages 4-7yrs. Embark on an adventure with Skyhawks Mini-Hawk where younger children can explore a variety of sports. Mini-Hawk programs offer a fun, structured learning environment while enhancing balance and coordination. Campers improve athletically while learning sportsmanship and teamwork. Perfect for a playful introduction to athletics!

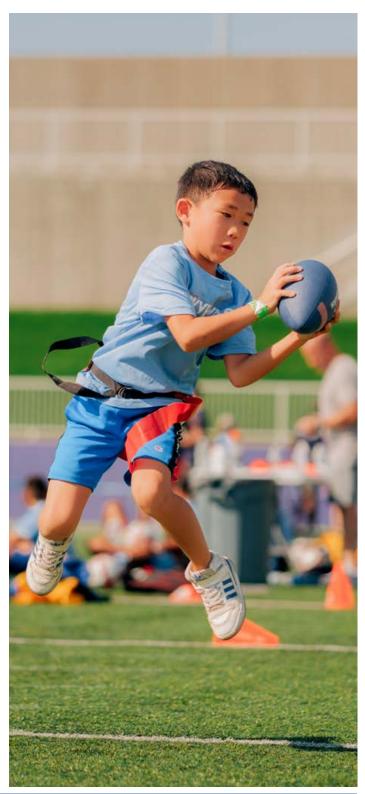
Glover Middle School, 2330 W. Longfellow Ave.

SSA45808	Mon./Thurs.	6/30-7/3	9am-Noon	\$96
SSA45823	MonFri.	7/14-7/18	9am-Noon	\$153
SSA44513	MonFri.	7/28-8/1	9am-Noon	\$153

Pickleball & Pickleball/Swim Combo Camp

1 Week | Ages 7-13 yrs. Get in the game with Skyhawks Pickleball, gateway to the fastest-growing paddle sport! This program develops and sharpens pickleball skills like groundstrokes, volleys, and serves in a fun environment while focusing on teamwork, sportsmanship, and respect. Come experience this lively sport while building confidence and appreciation for pickleball! Glover Middle School, 2330 W. Longfellow Ave.

SSA46636	MonFri.	7/21-7/25	9am-Noon	\$153
SSA46630	MonFri.	7/21-7/25	9am-3pm	\$203
SSA46635	MonFri.	8/11-8/15	9am-Noon	\$153
SSA46631	MonFri.	8/11-8/15	9am-3pm	\$203







Soccer & Soccer/Swim Combo Camp

1 Week | Ages 6-12yrs. Kickstart a soccer journey with Skyhawks Soccer! This program boosts young athletes by teaching key skills like dribbling, passing, shooting, and ball control. Each session focuses on enhancing core skills while instilling teamwork and sportsmanship. Participants will improve their soccer abilities and embrace the game's spirit. Grow and score with Skyhawks Soccer! Glover Middle School, 2330 W. Longfellow Ave.

SSA47016	WedFri.	6/18-6/20	9am-Noon	\$53
SSA46782	WedFri.	6/18-6/20	9am-3pm	\$83
SSA47012	MonFri.	7/7-7/11	9am-Noon	\$153
SSA46773	MonFri.	7/7-7/11	9am-3pm	\$203
SSA47011	MonFri.	7/28-8/1	9am-Noon	\$153
SSA46769	MonFri.	7/28-8/1	9am-3pm	\$203

Multi-Sport & Multi-Sport/Swim Combo Camp - Baseball, Flag Football & Soccer & Capture the Flag, Dodgeball, Ultimate Frisbee

1 Week | Ages 6-12yrs. Multi-Sport programs are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as sportsmanship, inclusion and teamwork. Enjoy the benefits of exploring multiple sports while building lifelong skills with Skyhawks!

Glover Middle School, 2330 W. Longfellow Ave.

	SSA46241	MonFri.	6/23-6/27	9am-Noon	\$153
	SSA46129	MonFri.	6/23-6/27	9am-3pm	\$203
5	SSA46402	MonFri.	7/14-7/18	9am-Noon	\$153
	SSA46160	MonFri.	7/14-7/18	9am-3pm	\$203
	SSA46396	MonFri.	8/11-8/15	9am-Noon	\$153
E	SSA46158	MonFri.	8/11-8/15	9am-3pm	\$203

Volleyball & Volleyball/Swim Combo Camp

1 Week | Ages 6-12yrs. Dig deep with Skyhawks Volleyball! This program combines the thrill of volleyball with fun while focusing on passing, setting, spiking, hitting, and serving. Beyond skills, volleyball programs emphasize leadership and teamwork, fostering growth as players and team members. *Hutton Elementary, 908 E 24th Ave.* | *Glover Middle School, 2330 W. Longfellow Ave.*

SSA47790	Mon./Thurs.	6/30-7/3	9am-Noon	\$96
SSA47769	Mon./Thurs.	6/30-7/3	9am-3pm	\$123
SSA47787	MonFri.	7/7-7/11	9am-Noon	\$153
SSA47786	MonFri.	7/14-7/18	9am-Noon	\$153
SSA47771	MonFri.	7/14-7/18	9am-3pm	\$203
SSA47783	MonFri.	8/4-8/8	9am-Noon	\$153
SSA47767	MonFri.	8/4-8/8	9am-3pm	\$203
SSA47782	MonFri.	8/18-8/22	9am-Noon	\$153
SSA47764	MonFri.	8/18-8/22	9am-3pm	\$203





Skyhawks Sports Academy provides sports programs where children discover and develop athletic skills and life lessons, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

SPORT	DATE	DAY	TIME	AGE	LOCATION
Spokane Parks Day of Play	6/08	Sunday	10:00 AM- 12:00 PM	2yr - 13yr	Dwight Merkel Sports Complex



Register for your camp: Have any questions? Give us a call: register.skyhawks.com 800.804.3509







Scholarships are available!

VISIT: rectennis.com

SCAN HERE



SUMMER CAMPS

Our Summer Tennis Camps are the perfect way for kids and tennis players ages 5-17 to stay active, make friends, and have fun during the summer.

Using age-appropriate equipment and grouping players by age and ability, our camps ensure everyone progresses at their own pace.

Whether learning the game for the first time or refining techniques, participants enjoy a fun, supportive atmosphere that promotes healthy lifestyles, fosters social connections and inspires a lifelong love of tennis.

SPOKANE PARKS FOUNDATION MAKE A SPLASH

DID YOU KNOW?

 Formal swim lessons reduce the likelihood of childhood drowning by 88%.

The Spokane Parks Foundation funds swim lesson scholarships and water safety clinics for local youth.

Thank You Spokane Parks and Recreation, and to the following supporters for helping us continue this important work:























Avista foundation









Drowning is preventable!

You can make a difference by donating today - https://spokaneparksfoundation.org



Spokane Youth and Senior Center Association

Spokane Parks and Recreation affiliates itself with nine (9) non-profit community organizations benefitting older adults and young children. We greatly appreciate our relationship with these centers and their individual recreation programs.

The centers are non-profit organizations officially represented by the Spokane Youth and Senior Center Association (SYSCA).

SYSCA was formed in 2012 and its main focus is to work collectively to represent the thousands of citizens who partake in the programs and services SYSCA organizations provide.

CORBIN SENIOR ACTIVITY CENTER

827 W Cleveland Ave. www.corbinseniorcenter.org 509-327-1584

HILLYARD SENIOR CENTER

4001 N Cook St. www.hillyardseniorcenter.org 509-482-0803

MARTIN LUTHER KING JR. CENTER

500 S Stone Street www.mlkspokane.org 509-868-0856

MID-CITY CONCERNS SENIOR CENTER

1222 W 2nd Ave. www.mowspokane.org/senior-center 509-862-6356

NORTHEAST YOUTH CENTER

3004 E Queen Ave www.spokaneneyc.com 509-482-0708

PROJECT JOY

3151 E 27th Ave www.projectjoy.org 509-535-0584

SINTO SENIOR CENTER

1124 W Sinto Ave. www.sintocenter.org 509-327-2861

SOUTHSIDE COMMUNITY & SENIOR CENTER

3151 E 27th Ave. www.spokanesouthside.org 509-535-0803

WEST CENTRAL COMMUNITY CENTER

1603 N Belt www.westcentralcc.org 509-326-9540



Inclusion Statement:

We support the Americans with Disabilities Act and encourage participation by all regardless of race, color, national origin, age, sex, religion, veteran status, marital status, sexual orientation, or ability. We can assist in obtaining specialized equipment, interpretive services, or other support to make your involvement successful. To assure the best experience for all participants, we need your accommodation request along with your registration a minimum of two weeks in advance of the program date. For more information, contact Lisa Richards at 509.625.6909 or Irichards@spokanecity.org.

Essential Eligibility Criteria Statement:

Essential Eligibility Criteria (EEC) are intended to be a communication resource for anyone considering participating in a Spokane Parks and Recreation *program. The safety and well-being of our participants and staff is a top priority for our programs! Due to the inherent risks associated with our *activities, our programs are open to all individuals who meet the general and program-specific EEC independently or with the assistance of a **companion/trained aid. These criteria are not intended to be exclusionary, rather clearly outline the program's requirements. If you have any questions or concerns about our EEC, please contact the program supervisor. We may be able to assist you with a ***reasonable accommodation.

General Recreation Essential Eligibility Criteria:

Participants must be able to complete the following criteria with or without the assistance of a companion/trained aide who accompanies the participant.

- 1. Arrive at the program's meeting location on time and ready to participate.
- Comprehend and follow instructions given to avoid hazards and/or manage risk.
- Effectively alert others of personal distress, injury, illness, or the need for assistance.
- 4. Remain alert and focused for the duration of the program.
- Wear all required safety gear according to manufacturer standards as necessary.
- 6. Contribute to a safe environment inappropriate verbal or physical behavior is not tolerated for any reason

Terms/ Definitions:

- * Activity/Program: The term 'activity' or 'program' describes any outing, trip, or event sponsored by Spokane Parks and Recreation.
- ** Companion/Trained Aid: In some circumstances, if an EEC can be met with the help of a companion/trained aide participants may be eligible to participate.
- Examples of companions/trained aides include service animals, translators, caregivers, or an individual that can assist a participant with physical, emotional, or communication requirements.
- In the case of a minor needing to meet an EEC with an aide, a parent/guardian or responsible adult may act as an aide.
- Companions/Trained Aides must be able to complete all EEC.
- Spokane Parks and Recreation will permit the attendance of a participant's companion at no additional cost to the participant; however, the companion will be responsible for purchasing their own consumable resources/access fees (e.g. food, event tickets, etc.). For your convenience, these costs can be given upon request. Please contact the program supervisor for coordination.
- *** Reasonable Accommodation: An accommodation made that will not fundamentally change the nature of a program, would increase unnecessary risk to the participant or others, or would place an undue financial or administrative burden on Spokane Parks and Recreation.





SATISFACTION GUARANTEED

You are important to us! The City of Spokane Parks and Recreation Department is committed to excellence by providing high-quality programs and services for you. If you or a family member are not satisfied with a class, program, or activity offered by the City, let us know your concerns in writing.

REGISTER ONLINE SpokaneRec.org



MAIL US

City of Spokane Parks & Recreation Class Registration 808 W. Spokane Falls Blvd. Spokane WA 99201

*checks payable to City of Spokane



CALL US

Call 311 or outside the city at 509.755.CITY Fax 509.625.6990



PAYMENT INFORMATION

Full payment is required at the time of enrollment (DDA Funding and TRS programs with prior approval are exempt). Registrations cannot be accepted from participants with past due balance. Do not mail cash. Return checks are subject to a \$25.00 handling fee.

INCLEMENT WEATHER

IIn the interest of safety, the Parks and Recreation Department retains the right to cancel an activity or close a facility due to inclement weather conditions such as lightning, ice, snow, extreme heat or unhealthy air quality. In the event that the Parks and Recreation Department cancels a program due to inclement weather, all paid participants will be notified and will receive a credit or refund.

DISCLAIMER

Spokane Parks and Recreation reserves the right to make any changes in the content, fees, and provision of the class schedule without notice. Check our website for the latest updates.

REFUND/CANCELLATION POLICY

We hope everything is perfect with your recreation program registration. If you need to cancel, we do have a few things you should know:

- For all programs cancelled by Spokane Parks and Recreation participants will receive a 100% refund back to their original payment method. (Allow up to 30 days for processing).
- Classes held at Spokane Public School facilities will not meet on dates that schools are not in session (holidays, vacation periods, curriculum days, inclement weather-related closures). Class sessions scheduled for those dates will be made up at the end of the regular schedule.
- All refund requests must be made by email or phone call to the appropriate Recreation Supervisor (Recreation Supervisors and contact information is listed on page 2 of every activity guide) a minimum of 14 business days (Mon.-Fri. excluding holidays) prior to the start of your programs.
- Requests made after the 14-business day window will not be refunded.
- Cancellation/Refund requests by DDA funded (*Developmental Disabilities Administration*) participants who cancel after the fourteen (14) business day window may be responsible for paying the registration fees out of pocket.
- All refund requests will be charged a \$20 administrative processing fee. Additional fees may be assessed to recover costs associated with the program.
- For all Camp refunds there is a \$50 non-refundable administration fee.
- For Athletic Leagues: Once league registration is closed, there are no refunds issued.

INCLUSION/ACCOMMODATION

Spokane Parks and Recreation Department welcomes participation by all regardless of race, color, national origin, age, sex, religion, veteran status, marital status, sexual orientation or ability.

The City of Spokane is committed to providing equal access to its facilities, programs and services for persons with disabilities. Individuals requesting reasonable accommodations or further information may contact Matt Lowmaster at:

mlowmaster@spokanecity.org. To assure the best experience for all participants we need accommodation requests along with your program registration a minimum of two (2) weeks in advance of the program start date.

Summer employment * Parks & Recreation

POOLS

What could be better than getting paid to spend the days of summer outside at the pool?

Available Positions:

- Swim and water exercise instructor
- Asst. Swim Coach
- Lifequard, and more!

THERAPEUTIC RECREATION

Specialized and Adaptive Recreation Services for Individuals with Disabilities.

Funshine Day Camp Available Positions:

Camp Activity Leader

OUTDOOR RECREATION

Get outdoors and get paid!

Available Positions:

- Lead or Assist groups on outdoor tours to various locations including lakes. rivers, mountains, caves and more!
- Adventure Camp Counselor

GOLF

There's no bad days at a golf course!

Available Positions:

Golf Grounds Crew

SPORTS

Get paid to share your love of sports!

Available Positions:

- Adult Softball Site Supervisor
- Adult Softball Umpire
- Adult Flag Football Referee
 Adult Flag Football Site Supervisor
 Youth NFL Flag Site Supervisor

SUMMER CAMPS

Available Positions:

- Summer Art Camp Assistant
- Summer Art Camp Instructor
- Outdoor Adventure Camp Counselor
- Summer Day Camp Counselor
- Finch Arborétum Summer Art & Science Camp Counselor

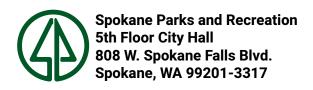
PARKS

Help care for our beautiful parks and open spaces!

Available Positions:

- Sports Field Maintenance
- Custodian / Rover
- Park Caretaker





Together Spokane

Schools. Parks. Neighborhoods.

Spokane Parks & Recreation and Spokane Public Schools are joining a range of community partners to present a shared vision for the future of our city's parks, schools, and neighborhoods.

View more on the inside front cover!



