# SPRING & I ACTIVITY GUIDE

APRIL - AUGUST 2024



SPRING YOUTH SPORTS, ART CLASSES, KAYAK RENTALS & RIVER SHUTTLES, AQUATICS, VOLLEYBALL, LAWN BOWLING, SUMMER CAMPS, THERAPEUTIC PROGRAMS AND SO MUCH MORE!





## **HEALTHY PARKS, HEALTHY NEIGHBORHOODS**

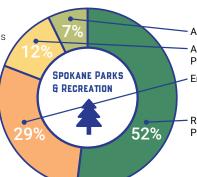
### August 2024 Levy Initiative

Voters will have a choice to improve parks in neighborhoods citywide through a City of Spokane Parks & Recreation levy initiative on ballots in August 2024. The plan reflects the top community requests for park improvements, based on extensive feedback gathered during 2021/2022 master planning. Learn more about the levy initiative and share your feedback at SpokaneParks.org/levy.

#### What would be included?

- Enhanced security and maintenance across all parks
- 3 new neighborhood parks (Shiloh Hills, North Indian Trail, and Latah/Hangman)
- 3 major park renovations (Minnehaha, Harmon, and Grant)
- 32 +/- full playground replacements
- 22 +/- playground repairs
- 45 +/- restroom replacements
- 4-6 new all-weather sports fields

- 16 +/- sport court renovations
- · 1 new disc golf course
- 1 new pump track
- 12 irrigation system replacements
- 4 trail and trailhead renovation/developments
- 1 ADA trailhead and river access improvement at Boulder Beach
- Natural land acquisition



Administration & Project Management

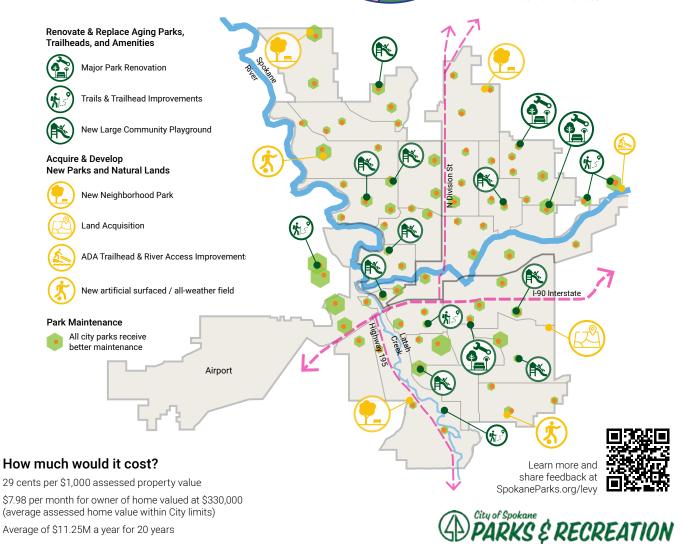
- Acquire & Develop New Neighborhood Parks and Natural Lands

**Enhance Park User Experience** 

- · Safety Initiatives
- · Better Maintenance

Renovate & Replace Aging Parks, Trailheads, and Amenities

- Park Renovations
- Replace Playgrounds and Restrooms
- · Improve Trailheads
- Add New Amenities



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### **New Translation Feature Available** at SpokaneRec.org



We now have a Google Translate icon on our online program registration catalogue, SpokaneRec.org, to assist our non-English speaking community better navigate our Recreational class offerings. You can find this feature on the bottom right side of your screen. To access this feature from your mobile device - select Desktop Version from the drop-down menu in the upper right corner.



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## **The Six Dimensions Of Wellness**

At City of Spokane Parks & Recreation, we strive to provide programming that addresses these interconnected dimensions to bring a sense of wellness and fulfillment to all of our participants.

Physical: to provide opportunities to develop a healthy physical lifestyle through fitness programs, practicing sports, outdoor activities, etc.

Occupational: to equip the community with job training opportunities that expand their skill sets through internships, workshops, and certifications.



Emotional: to promote an overall sense of satisfaction and emotional wellness through learning a new skill, acquiring knowledge, boosting self-confidence, gaining autonomy, etc.



Occupational **J** 



Educational



Educational: to provide experiential programs which expand participants overall knowledge of self, the community and its history, the environment, and culture.



Social: to foster human connections through providing access to open spaces, group activities, community events, recreation facilities, and volunteer opportunities.

**Spiritual** 



Spiritual: to support participants living their values, by connecting with nature, the environment, and promoting a deeper appreciation for life.



#### FREE SWIM SPLASHPASS

**All Ages** | Take full advantage of the summer by signing up for your free SplashPass and cooling off at the pool. By registering for your free SplashPass you will enjoy access to all six of the City of Spokane aquatic centers. Admission to the pools is free, but a no-cost SplashPass is required. SplashPasses provide:

- Free admission during Open Swim hours
- Notification of pool events and closures (opt-out available)
- Acknowledgement and acceptance of important pool rules that are in place for your safety

You can register for your free SplashPass by going online at SpokaneRec.org or at any of our aquatic centers. Registration is free and takes less than 5 minutes. Parent/Guardian must sign the rules for children 17 and under.

2507 Youth SplashPass (Ages 17 & Under) 2508 Adult SplashPass (Ages 18yrs. & Up)

## AQUATICS HOTLINE 509-625-6960

Get up-to-date information on hours of operation, pool closures, and more.

#### **FREE OPEN SWIM**

Our top priority is to meet the health and safety needs of our patrons and staff, and to provide a safe, positive and fun experience for all, in accordance with the specific guidance for operations.

OPEN SWIM SCHEDULE JUNE 17 — AUGUST 23		
All Aquatic Centers: AM Cannon, Comstock, Hillyard, Liberty, Shadle & Witter		
Mon	day - Saturday 1:00-4:00pm	
Evening Open Swim		
AM Cannon	Monday & Wednesday	6:30-8:00pm
Comstock	Monday & Wednesday	6:30-8:00pm
Hillyard	Monday & Wednesday	6:30-8:00pm
Liberty	Tuesday & Thursday	6:30-8:00pm
Shadle	Tuesday & Thursday	6:30-8:00pm





## **Aquatics**

#### **LAP SWIM**

#### **Adult Lap Swim Schedule**

Lap lane reservations are available for individuals 16 years of age or older who want to swim for fitness or therapeutic purposes. Reservations can be made online up to one week in advance. Please note, voicemail and email reservation requests will not be accepted.

Pre-Season & Post-Season Fee: \$6 per visit.

Regular Season Fee: \$4 per visit.

**Don't want to pay for lap swimming?** Comstock, Shadle and Witter all have 1 lap lane reserved for lap swimming during 1-4pm open swim hours.

PRE-SEASON LAP SWIM SCHEDULE MAY 6 — JUNE 14   PRE-SEASON FEE: \$6 PER VISIT				
Witter	Monday – Friday	11:00am – 2:30pm	50 meter lanes	
RE	REGULAR SEASON LAP SWIM SCHEDULE JUNE 17– AUGUST 23   REGULAR SEASON FEE: \$4 PER VISIT			
Witter	Monday – Friday	10:00am – 12:30pm	50 meter lanes	
	Monday – Thursday	6:00am – 7:30am	50 meter lanes	
Comstock	Friday	6:00am – 8:00am	50 meter lanes	
	Saturday	7:30am – 9:30am	50 meter lanes	
Shadle	Saturday	10:30am – 12:30pm	25 yard lanes	
POST-SEASON LAP SWIM SCHEDULE AUGUST 26 – SEPTEMBER 13   POST-SEASON FEE: \$6 PER VISIT				
Witter	Monday – Friday	11:00 – 2:30pm	50 meter lanes	

#### **CANCELLATION & NO SHOW POLICY**

- Cancellations may be made up to 8am on the day of your swim session. After 8am any cancellation will be treated as a no-show. We prefer that you cancel by emailing aquatics@spokanecity.org. If you do not have access to email, please call 509-625-6960.
- There will be a strict penalty for no-shows and cancellations after 8am on the day of the reservation. One offense will be forgiven but multiple offences could result in suspension for up to a 2-week period.
- If a patron is not able to attend their reservation, they cannot give it to someone else (no swapping). Each individual's name must match what is on the roster. Adults may be asked to show ID.





#### **AQUATIC CENTER RENTALS**

To make your reservation or view availability go to <a href="www.spokanerec.org">www.spokanerec.org</a> and click on the Aquatic Facility Rentals tab. Hosts may bring in food and drinks (no glass or alcohol).

#### **FUNBRELLA RENTAL ~ \$150**

Our Funbrella locations are great for parties of 6 to 12 people. Funbrellas, located on the pool deck, are large umbrella-shaped structures with picnic tables. Available during open swim hours.



#### PARTY ROOM RENTAL ~ \$200

Are you planning a birthday party or a large group get-together? Liberty and Witter Aquatic Centers have party rooms that are available for rent that are perfect for groups of 10-25 people. The party room includes tables and chairs for guests. Available during open swim hours.



#### **FULL FACILITY RENTAL ~ \$800**

Planning a family reunion or a corporate party? All City aquatic centers are available for private after hour rentals. Rentals include full use of the rented facility, along with lifeguard staff to accommodate the party. Maximum capacity of 299 people.

## Select your two hour reservation from the following availability.

- Fridays from 6-9pm
- Saturdays from 5-9pm
- Sundays from 5-9pm

#### **AOUATICS YOUTH PROGRAMS**

#### Jr. Lifeguarding Camp

2 weeks | Ages 10-15yrs. Participants learn what it takes to be a Spokane Aquatics Lifeguard by introducing them to water safety, rescue skills, first aid, CPR, health and wellness, and sustainability. Camp participants will learn the ins and outs of pool operations beyond what happens on deck. Through games and fun activities, swimming and diving skills will be refined, and endurance increased. This camp goes beyond fun, it will prepare your child to take a lifeguard class or join our Aqua Ducks Novice Swim Team. Prerequisite: demonstration of Barracuda skills. Please note that this camp does not certify your child to become a lifeguard. If you are interested in becoming a certified lifeguard, visit our lifeguarding course page. \$96

**No class on 6/19 or 7/4.** Registration fees have been prorated accordingly.

_			
<u>Comsto</u>	<u>ck</u>		
14385	MonThurs.	6/17-6/27	9-11:15am
14384	MonThurs.	7/1-7/11	9-11:15am
14386	MonThurs.	7/15-7/25	9-11:15am
14387	MonThurs.	7/29-8/8	9-11:15am
14388	MonThurs.	8/12-8/22	9-11:15am
<u>Shadle</u>			
14700	MonThurs.	6/17-6/27	9-11:15am
14699	MonThurs.	7/1-7/11	9-11:15am
14701	MonThurs.	7/15-7/25	9-11:15am
14702	MonThurs.	7/29-8/8	9-11:15am
14703	MonThurs.	8/12-8/22	9-11:15am
<u>Witter</u>			
15623	MonThurs.	6/17-6/27	4:35-6:50pm
15624	MonThurs.	7/1-7/11	4:35-6:50pm
15625	MonThurs.	7/15-7/25	4:35-6:50pm
15627	MonThurs.	7/29-8/8	4:35-6:50pm
15628	MonThurs.	8/12-8/22	4:35-6:50pm



## Summer Scholarships!

Spokane Parks Foundation
is generously offering
scholarships for swim lessons,
Outdoor Adventure Camps
and Youth NFL Flag!

Learn more at SpokaneParks.org/Scholarships





## **Aquatics**

#### **AQUA DUCKS**

#### **Novice Swim Team**

**8 weeks | Ages 6yrs. & Up** Is your little fish either aging out of swim lessons or has completed all levels but competitive teams aren't what you are looking for? Try out our novice team where the philosophy is to have fun while increasing swim endurance, refinement of the four Olympic strokes (breaststroke, backstroke, front crawl, butterfly), and learning starts and turns. Prerequisite: Ability to swim crawl stroke 50 yards unassisted. \$215 includes meet fees, team shirt and team swim cap.

#### No Class on 6/19 & 7/4.

Comsto	ck Intermediat	e: Ages 9yrs. & Up,	
		50 meters unassisted	
14389	MonThurs.		8-9am
Comsto		-, -,-	
14390	MonThurs.	6/17-8/8	9-10am
14392	MonThurs.	6/17-8/8	10-11am
14391	MonThurs.	6/17-8/8	5-6pm
<u>Shadle</u>			
14704	MonThurs.	6/17-8/8	5-6pm
<u>Liberty</u>			
15157	MonThurs.	6/17-8/8	11am-12pm

#### AQUA FITNESS

#### AquaFit

**Ages 18yrs. & Up** Are you ready to gain strength, endurance, have more flexibility, better balance, and more stamina into the Summer? Then an Aquafit class is right for you. Burning calories in a refreshing environment is just one benefit. Learning how to MOVE WATER to engaging music with a fun instructor gets you results!

<b>Aquafit</b>	6 Visit Punch Pas	s <b>s</b> \$40	
15064			
Witter	\$95		
14944	Tues. & Thurs.	6/18-8/15	6:30-7:15pm
Hillyard	<u>l</u> \$95		
14945	Tues. & Thurs.	6/18-8/15	10-10:45am
<b>Shadle</b>	\$45		
14947	Sat.	7/6-8/17	9:30-10:15am





#### **TRAINING & CERTIFICATION COURSES**

#### **Babysitter Training Course**

Ages 11-15yrs. This is an interactive class designed by the American Red Cross to prepare students to be better babysitters. Topics include how to stay safe; what to do in an emergency; how to choose age-appropriate activities; and how to recognize and handle a variety of behaviors. Students will also learn the basics of starting a babysitting business. The course consists of six interactive modules featuring video, activities, games, and tools babysitters can use to build their knowledge and skills and manage their babysitting business. This course includes a final exam at the end, and students who successfully complete the course will receive an American Red Cross certificate. Participants should bring a sack lunch. Space is limited so register early. Witter Aquatic Center, 1414 E Mission Ave. \$75

T/W/Th.	6/4, 6/5 & 6/6	5-7pm
T/W/Th.	6/25, 6/26 & 6/27	6-8pm
T/W/Th.	7/9, 7/10 & 7/11	5-7pm
T/W/Th.	8/6, 8/7 & 8/8	5-7pm
	T/W/Th. T/W/Th.	T/W/Th. 6/25, 6/26 & 6/27 T/W/Th. 7/9, 7/10 & 7/11

#### **Aquanautic Safety Instructor**

2 weeks | Ages 15yrs. & Up Learn to teach water safety, survival, and swimming skills to all ages. This course will certify you to instruct for the City of Spokane Aquatic Dept. only, and will allow you to earn the same wage as a WSI if employed with the City of Spokane Aquatic Dept. This is not a nationally recognized certification, but for the City of Spokane. Prerequisite: minimum 15 years old; pass all pre-course swimming tests administered in the first class session. Witter Aquatic Center, 1414 E Mission Ave. \$25

15143	Sat./Sun.	5/4-5/5 & 5/11-5/12	10am-3:30pm
15144	Sat./Sun.	5/18-5/19 & 5/25-5/26	10am-3:30pm
15145	Sat./Sun.	6/1-6/2 & 6/8-6/9	10am-3:30pm
15146	MonThurs.	6/24-6/27	12pm-5:30pm

#### **Lifeguard Training Course**

2 weeks | Ages 15yrs. & Up If you are looking for the perfect summer job, this course is for you. As a certified lifeguard, you will be responsible for ensuring people's safety in and around the water. This course will cover CPR, First Aid, and Lifeguarding. Textbooks available for use in class or online. Students who successfully complete this course will receive an American Red Cross certificate. Prerequisite: minimum 15 years old; pass all pre-course tests. Witter Aquatic Center, 1414 E Mission Ave. \$200

15152	Fri.	5/3	5-9pm
	Sat./Sun.	5/4-5/5 & 5/11-5/12	9am-5pm
15154	Fri.	5/17	5-9pm
	Sat./Sun.	5/18-5/19 & 5/25-5/26	9am-5pm
15153	Fri.	5/31	5-9pm
	Sat. & Sun.	6/1-6/2 & 6/8-6/9	9am-5pm
15147	Fri.	8/9	5-9pm
	Sat./Sun.	8/10-8/11 & 8/17-8/18	9am-5pm

#### **Lifeguard/CPR Recertification Course**

2 weeks | Ages 15yrs. & Up Lifeguarding review classes are designed to help you update your skills and extend your certification for another two years. You must have a prior American Red Cross certification in Lifeguarding, First Aid & CPR. Witter Aquatic Center, 1414 E. Mission Ave. \$95

15148	Fri.	5/3	5-9pm
	Sun.	5/12	11am-5pm
15156	Fri.	5/17	5-9pm
	Sun.	5/26	11am-5pm
15149	Fri.	5/31	5-9pm
	Sun.	6/9	11am-5pm
15150	Fri.	8/9	5-9pm
	Sun.	8/18	11am-5pm



## **Aquatics**

#### **FREE SWIM CLINICS**

#### **Free Swim Clinics**

1 Day | Ages 3-15 yrs. | \$0 The Spokane region is home to over 70 bodies of water offering numerous opportunities to enjoy swimming and other aquatic activities. The goal of the City of Spokane and the Spokane Parks Foundation is to offer free opportunities for participants to learn how to be safe in and around the water, and to teach, develop, and improve swimming skills. Preregistration is required with a maximum of 15 participants per session. Sponsored by The Spokane Parks Foundation

AM Cannon Aquatic <u>Center:</u> 1511 N. Elm St. (Maxwell & Elm)

7/6	11:30am-12pm	14924
7/6	12-12:30pm	14917
7/12	11:30am-12pm	14918
7/13	12-12:30pm	14919
7/20	11:30am-12pm	14920
7/20	12-12:30pm	14921
7/27	11:30am-12pm	14922
7/27	12-12:30pm	14923

Hillyard Aquatic Center: 5718 N. Haven St. (Columbia & Market)

7/6	11:30am-12pm	14925
7/6	12-12:30pm	14926
7/12	11:30am-12pm	14927
7/13	12-12:30pm	14928
7/20	11:30am-12pm	14929
7/20	12-12:30pm	14930
7/27	11:30am-12pm	14931
7/27	12-12:30pm	14932

<u>Center:</u> 502 S. Pittsburg (5th & Pittsburg)

7/6	11:30am-12pm	14933
7/6	12-12:30pm	14934
7/12	11:30am-12pm	14935
7/13	12-12:30pm	14936
7/20	11:30am-12pm	14937
7/20	12-12:30pm	14938
7/27	11:30am-12pm	14939
7/27	12-12:30pm	14940

# DOGGIE

#### Doggie Dip 2024

1 day | All Ages The pools have gone to the DOGS! Bring your four-legged friend to the last splash of the season! Along with SpokAnimal, we hope to have fun, raise awareness and funds for the High Bridge Dog Park. Drop-ins/donations welcome at the door. Fee \$10 per dog. Proof of rabies vaccination required.

Sun. 8/25 3-4:30pm Comstock Mon. 8/26 5:30-7pm Shadle Tues. 8/27 5:30-7pm Liberty





#### **SWIMMING LESSONS**

#### **Private Swimming Lessons**

All summer | All Ages Do you or your little one need one-on-one instruction? Our swim instructors offer personalized swim instruction that caters to your individual aquatic needs. Lessons are \$38 per person, per half hour session.

#### **Comstock & Shadle Aquatic Centers**

Mon. – Thurs.,

12:00pm - 12:30pm

#### **Cannon, Hillyard & Liberty Aquatic Centers**

Mon. – Thurs.,

12:10pm - 12:40pm

#### **Swimming Lessons**

This summer is the perfect time to learn to swim or improve your skills. Group swimming lessons are offered for every skill level and age starting at 6 months old. Lessons are \$58 per person, per session. Sessions are two weeks long with classes held Monday through Thursday (8 days total). Maximum enrollment is 5 children per class, minimum is 3 children. Deadline for enrollment is the Thursday before the start of the next session. Classes may be canceled due to inclement weather, unhealthy air quality, contamination, or other unexpected circumstances.

All efforts will be made to hold each class. Register online or by phone 509.755.2489.

#### NEW! Pre-Season Session Dates: Witter Only

May 6 – May 16

May 20 - May 30 (No class on May 27)

June 3 – June 13

## NEW! Post-Season Session Dates: Witter Only August 26 – September 5 (no class on September 2)

#### **Regular Season Session Dates:**

June 17 – June 27 (no class on June 19)
July 1 – July 11 (no class on July 4)
July 15 – July 25
July 29 – August 8

August 12– August 22

#### **GROUP SWIM LESSON LEVEL DESCRIPTIONS & GENERAL INFORMATION**

#### Tadpole | Parent Assist | Ages 6-36 Months

Water orientation class for younger children. Parents (one adult per child) required to be in the water with children. The goal of this class is to introduce water adjustment skills in a safe and friendly environment. Climbing in and out of the pool, floating on front and back, kicking, and arm movement. All swimmers in diapers must be in swim diapers.

#### Seahorse | Preschool | Ages 3-5 Years

Through games and play, the goal is to introduce preschool aged kids to water and teach them how to safely navigate this exciting new environment. Students will work on submerging underwater, blowing bubbles with mouth and nose, supported floating, and introduces leg movements.

#### Level 1 | Penguin | Ages 5-8 Years

A great place for school-aged kids who are new to lessons or are nervous/afraid around water. The primary goal is to develop comfort and confidence. Students review and master all Seahorse skills, work on floating independently on front and back, refine their kicking, and are introduced to crawl stroke arms.

#### Level 2 | Turtle | Ages 5-9 Years

Students must be able to demonstrate Level 1 skills to be in this class. Students will continue to develop comfort and confidence, especially underwater and floating. This class focuses on a lot of new skills: kicking and rolling, crawl stroke, and backstroke.

#### Level 3 | Stingray | Ages 6-10 Years

Students must be able to demonstrate Level 2 skills to be in this class. This class is a challenge! There will be a lot of work on side breathing with crawl stroke, will refine backstroke, and introduces treading water. Students should pass this class before joining our Aqua Ducks Swim Team.

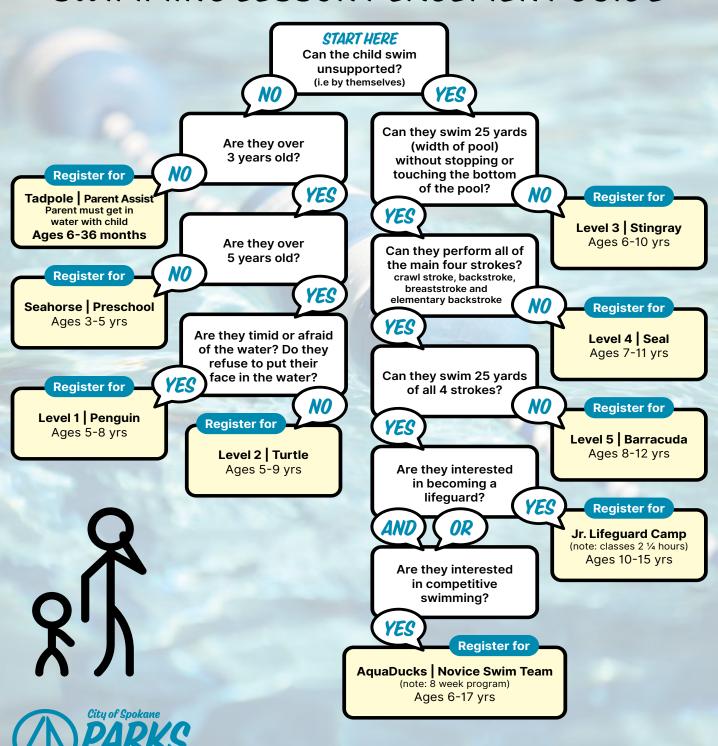
#### Level 4 | Seal | Ages 7-11 Years

Students must be able to demonstrate Level 3 skills to be in this class. Get ready to swim some laps: in addition to working on crawl stroke, backstroke, and treading water endurance, students will be introduced to breaststroke kick and elementary backstroke.

#### Level 5 | Barracuda | Ages 8-12 Years

Students must be able to demonstrate Level 4 skills to be in this class. This class is designed to prepare students for swimming for fitness or for continuing to our Jr. Lifeguard class. This class is designed for stroke refinement and endurance, working on crawl stroke, backstroke, breaststroke, elementary backstroke, and introducing butterfly.

## Which swim class should you register for? Follow our SWIMMING LESSON PLACEMENT GUIDE





#### SWIM LESSONS SCHEDULE

### **CANNON AQUATIC CENTER**

1511 N. Elm St.	Preschool Ages 3-5yrs.	Beginner Ages 5-9yrs.	Intermediate/ Advanced Ages 6-12 yrs.			
Session	1 6/17-6/2	7 MonThur	·s.			
11-11:30am	14068	14084	14076			
11:35am-12:05pm	14069	14085	14077			
5:10-5:40pm	14070	14086	14078			
5:45-6:15pm	14071	14087	14079			
Session	on 2 7/1-7/11	MonThurs.				
11-11:30 am	14064	14080	14072			
11:35am-12:05pm	14065	14081	14073			
5:10-5:40 pm	14066	14082	14074			
5:45-6:15 pm	14067	14083	14075			
Session	3 7/15-7/2	5 MonThur				
11-11:30 am	14088	14112	14111			
11:35am-12:05pm	14089	14113	14110			
5:10-5:40 pm	14090	14122	14102			
5:45-6:15 pm	14091	14123	14103			
Sessio	n 4 7/29-8/8	MonThurs	5.			
11-11:30 am	14092	14114	14100			
11:35am-12:05pm	14093	14115	14101			
5:10-5:40 pm	14094	14116	14104			
5:45-6:15 pm	14095	14117	14105			
Session	5 8/12-8/22	2 MonThur	·s.			
11-11:30 am	14096	14118	14107			
11:35am-12:05pm	14097	14119	14108			
5:10-5:40 pm	14098	14120	14109			
5:45-6:15 pm	14099	14121	14106			

## REGISTER ONLINE

**SpokaneRec.org** 



CALL US

Call 311 or outside the city at 509.755.CITY Fax 509.625.6990





For children 3-13 yrs
Includes 2 hour party
Multiple themes available

\$169 for up to 12 children!\*

Email cgregg@spokanecity.org for availability and reservations

\*\$8 per additional child up to 15 children. Double charge for over 15 children to hire a second instructor.
No parties Memorial Day through Labor Day.



## **Aquatics**

#### SWIM LESSONS SCHEDULE

## HILLYARD AQUATIC CENTER

### LIBERTY AQUATIC CENTER

5718 N. Haven St.	Preschool Ages 3-5yrs.	Beginner Ages 5-9yrs.	Intermediate/ Advanced Ages 6-12 yrs.	502 S Pittsburg Street	Preschool Ages 3-5yrs.	Beginner Ages 5-9yrs.	Intermediate/ Advanced Ages 6-12 yrs.	Aqua Ducks Swim Team
Session 1	6/17-6	5/27 Mo	nThurs.	Sessio	n 1 6/20-0	5/29 Mon.	-Thurs.	
11-11:30am	14397	14405	14413	11-11:30am	14459	14467	14475	
11:35am- 12:05pm	14398	14406	14414	11:35am- 12:05pm	14460	14468	14476	
5:10-5:40pm	14399	14407	14415	5:10-5:40pm	14461	14469	14477	
5:45-6:15pm	14400	14408	14416	5:45-6:15pm	14462	14470	14478	
Session	2 7/1-7	/11 Mon.	-Thurs.	Sessi	on 2 7/3-7	/13 MonT	hurs.	
11-11:30am	14393	14401	14409	11-11:30am	14455	14463	14471	
11:35am- 12:05pm	14394	14402	14410	11:35am- 12:05pm	14456	14464	14472	
5:10-5:40pm	14395	14403	14411	5:10-5:40pm	14457	14465	14473	
5:45-6:15pm	14396	14404	14412	5:45-6:15pm	14458	14466	14474	
Session 3	7/15-7	//25 Mo	nThurs.	Sessio	n 3 7/17-7	7/27 Mon.	-Thurs.	
11-11:30am	14417	14429	14450	11-11:30am	14479	14491	14504	6/17-8/8
11:35am- 12:05pm	14418	14430	14451	11:35am- 12:05pm	14480	14492	14505	11am- 12pm
5:10-5:40pm	14419	14431	14441	5:10-5:40pm	14481	14493	14506	15157
5:45-6:15pm	14420	14432	14452	5:45-6:15pm	14482	14494	14507	
Session 4	4 7/29-	8/8 Mor	nThurs.	Sessio	n 4 7/31-8	3/10 Mon.	-Thurs.	
11-11:30am	14421	14433	14442	11-11:30am	14483	14495	14508	
11:35am- 12:05pm	14422	14434	14443	11:35am- 12:05pm	14484	14496	14503	
5:10-5:40pm	14423	14435	14444	5:10-5:40pm	14485	14497	14514	
5:45-6:15pm	14424	14436	14445	5:45-6:15pm	14486	14498	14509	
Session 5	8/12-8	3/22 Mo	nThurs.	Sessio	n 5 8/14-8	3/24 Mon.	-Thurs.	
11-11:30am	14425	14437	14446	11-11:30am	14487	14499	14510	
11:35am- 12:05pm	14426	14438	14447	11:35am- 12:05pm	14488	14500	14511	
5:10-5:40pm	14427	14439	14448	5:10-5:40pm	14489	14501	14512	
5:45-6:15pm	14428	14440	14449	5:45-6:15pm	14490	14502	14513	



#### SWIM LESSONS SCHEDULE

#### COMSTOCK AQUATIC CENTER

		1		JOIL / IQE			1		
29th & Howard 600 W. 29th Ave	Tadpole Parent Assist	Seahorse Preschool	Level 1 Penguin	Level 2 Turtle	Level 3 Stingray	Level 4 Seal	Level 5 Barracuda	Jr. Lifeguard Camp	Aqua Ducks Swim Team
		Ses	sion 1 6/	17-6/27 N	MonThurs.				
9-9:30 am		14142	14160	14181	14203	14224	14216		
9:35-10:05 am	14129	14143/14144	14161	14182	14204				
10:10-10:40 am		14145	14162/14163	14183/14184	14205			9-11:15 am	
10:45-11:15 am	14130	14146	14164	14190	14206	14225		14385	
11:20-11:50 am	14131		14165	14185	14207/14208	14226	14219		
4:35-5:05 pm	14132	14147	14166	14186/14187	14209		14217		
5:10-5:40 pm		14148	14167/14168	14188	14210/14211	14227			
5:45-6:15 pm	14133	14149	14169	14189	14212/1413		14218		
	•	Se	ssion 2 7	/1-7/11 N	lonThurs.				
9-9:30 am	14124	14134	14150	14170	14191	14221			
9:35-10:05 am		14135	14151	14171/14172	14192/14193			1	1st Time Slot
10:10-10:40 am	14125	14136/14137	14152	14173	14200			9-11:15 am	1st Time Slot 6/17-8/8
10:45-11:15 am			14153	14174	14194/14915	14222	14214	14384	8am-9am
11:20-11:50 am	14126	14138	14154	14175/1479	14916		14220	]	14389
4:35-5:05 pm		14141	14158/14159	14180	14201/14202	14223			
5:10-5:40 pm	14127	14139	14155	14176/14177	14197/1498				
5:45-6:15 pm	14128	14140	14156/14157	14178	14199		14215		
		Ses	sion 3 7/	15-7/25 N	NonThurs.				2nd Time Slot
9-9:30 am		14243	14266	14299	14331	14375	14364		6/17-8/8 9am-10am
9:35-10:05 am	14228	14244	14267/14294	14300	14332				14390
10:10-10:40 am		14245	14268/14269	14301/14302	14333			9-11:15 am 14386	
10:45-11:15 am	14229	14246	14270	14303	14334	14376		14380	
11:20-11:50 am	14230		14271	14304/14305	14335/14336		14372		
4:35-5:05 pm	14241	14263	14295	14328	14358/14359		14370		3rd Time Slot
5:10-5:40 pm		14247	14272/14273	14306/14307	14337	14377			6/17-8/8
5:45-6:15 pm	14231	14248	14274	14308	14338/14357		14365		10am-11am 14392
		Se	ession 4 7	/29-8/8 M	lonThurs.				14332
9-9:30 am	14232	14249	14275	14309	14339	14378			
9:35-10:05 am		14250/14261	14276	14310/14311	14340			0.44.45	
10:10-10:40 am	14233	14251	14277/14278	14312	14341			9-11:15 am 14387	4th Time Slot
10:45-11:15 am			14279	14313	14342/14343	14379	14366	50,	6/17-8/8
11:20-11:50 am	14234	14259	14280	14314/14327	14344		14373		5pm-6pm
4:35-5:05 pm		14264	14296/14297	14329	14360/14361	14383			14391
5:10-5:40 pm	14235	14252	14281	14315/14326	14345/14346				
5:45-6:15 pm	14236	14253	14282/14283	14316	14347		14367		
	1	Ses	sion 5 8/	12-8/22 N	NonThurs.		1	1	
9-9:30 am		14254	14284	14317	14348	14380	14368	_	
9:35-10:05 am	14237	14255	14293	14318	14349/14350			9-11:15 am	
10:10-10:40 am		14256	14285/14286	14319/14320	14351			14388	
10:45-11:15 am	14238	14258	14287	14321	14352	14381		<b>.</b>	
11:20-11:50 am	14239		14288/14289	14322/14323	14353		14374		
4:35-5:05 pm	14242	14265	14298	14330	14362/14363		14371		
5:10-5:40 pm		14260/14262	14290/14291	14324	14354	14382			
5:45-6:15 pm	14240	14257	14292	14325	14355/14356		14369		
For more inforn	nation call 3	311 and Pre	ss 3 or dial	509-755-24	89				15



## **Aquatics**

#### SWIM LESSONS SCHEDULE

#### SHADLE AQUATIC CENTER

		·		114011					
Wellesley & Belt 2005 W Wellesley	Tadpole Parent Assist	Seahorse Preschool	Level 1 Penguin	Level 2 Turtle	Level 3 Stingray	Level 4 Seal	Level 5 Barracuda	Jr. Lifeguard Camp	Aqua Du Swim Te
	•	Sessi	on 1 6/1	7-6/27 I	MonThurs.	•	•	•	
9-9:30 am		14540	14522	14553	14569				
9:35-10:05 am			14523	14554	14570		14584	1	
10:10-10:40 am	14531	14541		14555	14571			9-11:15 am	
10:45-11:15 am			14524	14556	14572	14580		14700	
11:20-11:50 am		14542	14525	14557	14573		14586	1	
4:35-5:05 pm		14544	14526	14558	14574	14581			
5:10-5:40 pm	14532	14543	14527	14559	14575				
5:45-6:15 pm	14533		14528	14560	14576		14585		
				ession 6/22-8					
9-9:30 am	14534	14619	, , , , , , , , , , , , , , , , , , ,	,					
9:35-10:05 am	14609	14635							
			ion 2 7/1	L-7/11 N	lonThurs.	ļ			
9-9:30 am			14515	14546	14561		14582		
9:35-10:05 am		14537	14518	14545	14562		- :502	†	
10:10-10:40 am		14535	1.510	14550	14563	14577		9-11:15 am	
10:45-11:15 am		14538	14516	14551	14564	1,3//		14699	
11:20-11:50 am		14330	14519	14547	14565	14578	14587	-	
4:35-5:05 pm	14530	<del>                                     </del>	14519	14552	14568	14370	14583		
5:10-5:40 pm	14330	14536	14521	14549	14566	14579	14383	1	
5:45-6:15 pm	14529	14539	14520	14548	14567	14373			
5.45-6:15 pm	14329	Sessi			MonThurs.			l .	
0.0:20 am	1	1				1	Τ	T	
9-9:30 am		14620	14589	14636	14660		14600	_	6/17-8
9:35-10:05 am	14610	14621	14590	14637	14661		14690	9-11:15 am	5-6p
10:10-10:40 am	14610	14621	14500	14638	14662	14602		14701	1470
10:45-11:15 am		14622	14588	14639	14663	14683	14606	-	
11:20-11:50 am		14622	14591	14640	14664	14604	14696	+	
4:35-5:05 pm	14611	14633	14606	14657	14680	14684		+	
5:10-5:40 pm	14611	14623	14592	14641	14665		14604		
5:45-6:15 pm	14612		14593	14642	14666		14691		
	I	Sess		-	lonThurs.	I	T		
9-9:30 am			14594	14643	14667		14692	-	
9:35-10:05 am		14624	14595	14644	14668			9-11:15 am	
10:10-10:40 am	14613	14625		14645		14685		14702	
10:45-11:15 am		14626	14596	14646	14669			-	
11:20-11:50 am			14597	14647	14670	14686	14697	-	
4:35-5:05 pm	14618		14607	14658	14681		14695		
5:10-5:40 pm		14627	14598	14648	14671	14687			
5:45-6:15 pm	14614	14628	14599	14649	14672				
	ı	Sessi	on 5 8/1	2-8/22 I	MonThurs.	ı			
9-9:30 am		14629	14600	14650	14673			_	
9:35-10:05 am			14601	14651	14674		14693	9-11:15 am 14703	
10:10-10:40 am	14615	14630		14652	14675				
10:45-11:15 am			14602	14653	14676	14688			
11:20-11:50 am		14631	14603	14654	14677		14698		
4:35-5:05 pm		14634	14608	14659	14682	14689			
5:10-5:40 pm	14616	14632	14604	14655	14678				
5:45-6:15 pm	14617		14605	14656	14679	_	14694		



#### **NEW!** WITTER AQUATIC CENTER: PRE-SEASON

	NEW!	MILIEK	IGDAILC (	JENIEK: PRE-	SEASON	
1414 E. Mission Ave.	Seahorse Preschool	Level 1 Penguin	Level 2 Turtle	Level 3 Stingray	Level 4 Seal	Level 5 Barracuda
		Session	1 5/6-5/16	MonThurs.		
11-11:30am		15410	15437		FREE LEWISE	
11:35am-12:05pm	15408	15428			STREET, STREET,	
12:10-12:40pm	15409		15438		胡り開発	
12:45-1:15pm	15421	15429		TELEZIONE IN		
1:20-1:50pm		15430	15439			
1:55-2:25pm	15422		15440	1		i.
4-4:30pm	15423	15431	15441			
4:35-5:05pm	15424	15432	15442		A AND	-
5:10-5:40pm	15425	15433	15443		No.	
5:45-6:15pm	15426	15434	15444			a la company
6:20-6:50pm	15427	15435	15445			
6:55-7:25pm		15436		15446	15448	
7:30-8pm				15447	15449	15450
		Session 2	5/20-5/30	MonThurs.		
11-11:30am		15460	15470			
11:35am-12:05pm	15451	15461				1 /3
12:10-12:40pm	15452		15471			
12:45-1:15pm	15453	15462				11
1:20-1:50pm		15463	15472			1.3
1:55-2:25pm	15454		15473			
4-4:30pm	15455	15464	15474			
4:35-5:05pm	15456	15465	15475		The state of the s	
5:10-5:40pm	15457	15466	15476		1 3	
5:45-6:15pm	15458	15467	15477		A 70	
6:20-6:50pm	15459	15468	15478		19	
6:55-7:25pm		15469		15479	15481	
7:30-8pm				15480	15482	15483
		Sessio	n 3 6/3-6/13	MonThurs.		
11-11:30am		15493	15508			
11:35am-12:05pm	15484	15494				
12:10-12:40pm	15485		15509			Ser Sine
12:45-1:15pm	15486	15495		- The Control	-	1579
1:20-1:50pm		15498	15510			70/3
1:55-2:25pm	15487		15511			6 3
4-4:30pm	15488	15499	15512			
4:35-5:05pm	15489	15500	15513	STATE OF BRIDE		
5:10-5:40pm	15490	15504	15514	P. Company		
5:45-6:15pm	15491	15505	15515			64.
6:20-6:50pm	15492	15506	15516			and the last
6:55-7:25pm		15507		15517	15519	
7:30-8pm				15518	15520	15521



## **Aquatics**

#### **WEW!** WITTER AQUATIC CENTER: REGULAR SEASON

ı	VV	AA = 1 1 = 1 #	7100711		LK. KLOU			
1414 E. Mission Ave.	Tadpole Parent Assist	Seahorse Preschool	Level 1 Penguin	Level 2 Turtle	Level 3 Stingray	Level 4 Seal	Level 5 Barracuda	Jr. Lifeguard Camp
		S	ession 1	6/17-6/27	MonThurs.			i Name
9-9:30 am	15523				15609	15615		
9:35-10:05 am		15528	15590	15599				2
10:10-10:40 am		15529	15591	15600				30000
10:45-11:15 am		15530	15592	15601				
11:20-11:50 am		15531	15593	15602				
11:55am-12:25pm		15532	15594	15603				
4:35-5:05 pm	15524			15604	15610	15616	15620	
5:10-5:40 pm		15533	15595	15605	15611	15617		
5:45-6:15 pm		15534	15596	15606	15612		15621	15623 4:35-6:50pm
6:20-6:50pm		15535	15597	15607	15613	15618		4.55-0.50pm
6:55-7:25pm		15536	15598	15608	15614	15619	15622	
6:55-7:25pm		15436		15446	15448			
		S	Session 2	7/1-7/11	MonThurs.			
9-9:30 am	15527				15657	15663		
9:35-10:05 am		15629	15638	15647				* .
10:10-10:40 am		15630	15639	15648				
10:45-11:15 am		15631	15640	15649				
11:20-11:50 am		15632	15641	15650				
11:55am-12:25pm		15633	15642	15651				
4:35-5:05 pm	15526			15652	15658	15664	15669	
5:10-5:40 pm		15634	15643	15653	15659	15665		15624
5:45-6:15 pm		15635	15644	15654	15660	15666	15670	15624 4:35-6:50pm
6:20-6:50pm		15636	15645	15655	15661	15667		
6:55-7:25pm		15637	15646	15656	15662	15668	15671	
6:55-7:25pm		15469		15479	15481			
			Session 3	7/15-7/25	MonThurs.			
9-9:30 am	15672				15719	15725		
9:35-10:05 am		15674	15699	15709			455	
10:10-10:40 am		15675	15700	15710				
10:45-11:15 am		15676	15701	15711				
11:20-11:50 am		15677	15702	15712				
11:55am-12:25pm		15678	15703	15713				
4:35-5:05 pm	15673			15714	15720	15726	15733	
5:10-5:40 pm		15679	15704	15715	15721	15729		15625
5:45-6:15 pm		15680	15705	15716	15722	15730	15734	4:35-6:50pm
6:20-6:50pm		15681	15706	15717	15723	15731		-
6:55-7:25pm		15682	15707	15718	15724	15732	15735	
6:55-7:25pm		15507		15517	15519			



#### WITTER AQUATIC CENTER: REGULAR SEASON

	WITTER AGUATIC CENTER. REGULAR SEASON							
1414 E. Mission Ave.	Tadpole Parent Assist	Seahorse Preschool	Level 1 Penguin	Level 2 Turtle	Level 3 Stingray	Level 4 Seal	Level 5 Barracuda	Jr. Lifeguard Camp
			Session 4	7/29-8/8	MonThurs.	•		
9-9:30 am	15736				15766	15772		
9:35-10:05 am		15738	15747	15756				
10:10-10:40 am		15739	15748	15757				
10:45-11:15 am		15740	15749	15758				
11:20-11:50 am		15741	15750	15759				
11:55am-12:25pm		15742	15751	15760				
4:35-5:05 pm	15737			15761	15767	15773	15778	
5:10-5:40 pm		15743	15752	15762	15768	15774		]
5:45-6:15 pm		15744	15753	15763	15769	15775	15779	15627 4:35-6:50pm
6:20-6:50pm		15745	15754	15764	15770	15776		4.55-0.50pm
6:55-7:25pm		15746	15755	15765	15771	15777	15780	
6:55-7:25pm		15436		15446	15448			
		!	Session 5	8/12-8/22	MonThurs	S.		
9-9:30 am	15781				15812	15818		
9:35-10:05 am		15783	15792	15801				
10:10-10:40 am		15784	15793	15802				
10:45-11:15 am		15785	15794	15804				
11:20-11:50 am		15786	15795	15805				
11:55am-12:25pm		15787	15796	15806				
4:35-5:05 pm	15782			15807	15813	15819	15824	
5:10-5:40 pm		15788	15797	15808	15814	15820		45630
5:45-6:15 pm		15789	15798	15809	15815	15821	15825	15628 4:35-6:50pm
6:20-6:50pm		15790	15799	15810	15816	15822		4.33-0.30piii
6:55-7:25pm		15791	15800	15811	15817	15823	15826	
6:55-7:25pm		15469		15479	15481			

#### WITTER AQUATIC CENTER: POST-SEASON

1414 E. Mission Ave.	Seahorse Preschool	Level 1 Penguin	Level 2 Turtle	Level 3 Level 4 Level 5 Stingray Seal Barracuda
		Session1	8/26-9/5	MonThurs.
11-11:30am		15836	15845	D <sub>1</sub>
11:35am-12:05pm	15827	15837		*
12:10-12:40pm	15828		15846	A STATE OF THE STA
12:45-1:15pm	15829	15838		
1:20-1:50pm		15839	15847	
1:55-2:25pm	15830		15848	
4-4:30pm	15831	15840	15849	
4:35-5:05pm	15832	15841	15850	
5:10-5:40pm	15833	15842	15851	
5:45-6:15pm	15834	15843	15852	
6:20-6:50pm	15835	15844	15853	
6:55-7:25pm				15854 15855 15856



## Tennis Afterschool Zone

### WHAT IS TENNIS AFTERSCHOOL ZONE? (TAZ)

TAZ is an after school program designed to keep kids active and introduce them to the game of tennis!

Hit a ball, make some friends, and learn a new skill. Our USTA trained instructors use age appropriate equipment and games to get kids moving, having fun, and learning tennis.

#### **Lidgerwood Elementary**

- Tuesdays 6:00-7:30pm
- 4/9/24-5/28/24 | ages 6-12

#### **Jefferson Elementary**

- Wednesdays 6:00-7:30pm
- 4/10/24-5/29/24 ages 6-12

#### **Roosevelt Elementary**

- Tuesdays 6:00-7:30pm
- 4/9/24-5/28/24 ages 6-12

#### **Balboa Elementary**

- Thursdays 6:00-7:30pm
- 4/11/24-5/30/24 | ages 6-12

### **Equipment is Provided!**

#### **Contact:**

#### **Hannah Plank**

Regional Manager of RecTennis, Eastern & Central WA, Northern ID

#### Cell:

509.601.0762

#### **Email:**

hplank@pnw.usta.com



Scan to Register



Skyhawks Sports Academy provides sports programs where children discover and develop athletic skills and life lessons, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

#### **NORTH SPOKANE**

	ARLING	TON EL	EMENTA	RY	
sport	day	start	end	time	ages
Volleyball	Tues	4/9/24	5/28/24	6:05pm	4-7
Volleyball	Tues	4/9/24	5/28/24	7:05pm	8-12

	BALB	OA ELEM	IENTARY	ARY						
sport	day	start	end	time	ages					
Flag Football	Mon	4/8/24	5/20/24	6:05pm	4-7					
Flag Football 4/8/24	Mon	4/8/24	5/20/24	7:05pm	8-12					

FINCH ELEMENTARY								
sport	day	start	end	time	ages			
Flag Football	Wed	4/10/24	5/29/24	6:05pm	4-7			
Flag Football	Wed	4/10/24	5/29/24	7:05pm	8-12			

sport	day		AN TRAI MENTAR' end		ages
Basketball	Tues	4/9/24	5/8/24	6:05pm	4-7
Basketball	Tues	4/9/24	5/8/24	7:05pm	8-12

sport	day		ERWOOI MENTARY end		ages
Basketball	Thurs	4/11/24	5/30/24	6:05pm	4-7
Basketball	Thurs	4/11/24	5/30/24	7:05pm	8-12



ARLINGTON ELEMENTARY									
sport	day	start	end	time	ages				
Soccer	Mon	4/8/24	5/6/24	4:30pm	4-7				
Soccer	Mon	4/8/24	5/6/24	5:30pm	8-12				
Basketball	Tues	4/9/24	5/7/24	4:30pm	4-7				
Basketball	Tues	4/9/24	5/7/24	5:30pm	8-12				
Baseball	Wed	4/10/24	5/8/24	4:30pm	4-7				
Baseball	Wed	4/10/24	5/8/24	5:30pm	8-12				
Flag Football	Thurs	4/11/24	5/9/24	4:30pm	4-7				
Flag Football	Thurs	4/11/24	5/9/24	5:30pm	8-12				
Volleyball	Fri	4/12/24	5/10/24	4:30pm	4-7				
Volleyball	Fri	4/12/24	5/10/24	5:30pm	8-12				
Lacrosse	Mon	4/13/24	6/10/24	4:30pm	4-7				
Lacrosse	Mon	4/13/24	6/10/24	5:30pm	8-12				







Skyhawks Sports Academy provides sports programs where children discover and develop athletic skills and life lessons, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

#### **SOUTH SPOKANE** COMSTOCK PARK start end time ages sport Beginning Golf 4/8/24 5/6/24 4:30pm 4-7 Beginning Golf 5/6/24 8-12 Baseball 4/9/24 5/7/24 4:30pm 4-7 Tues 5/7/24 8-12 Baseball Basketball Wed 4/10/24 5/8/24 4:30pm 4-7 5/8/24 8-12 4/11/24 4-7 Lacrosse Thurs 5/9/24 4:30pm 5/9/24 8-12 Lacrosse 5:30pm Track & Field 5/10/24 4:30pm Fri 4/12/24 4-7 Track & Field 5:30pm 8-12 Soccer Mon 5/13/24 6/10/24 4:30pm 4-7 5/13/24 8-12 Cheerleading Tues 5/14/24 6/11/24 4:30pm 4-7 6/11/24 Cheerleading 5/14/24 5:30pm 8-12 Beginning Golf 5/15/24 6/12/24 4:30pm 4-7 Beginning Golf Wed 6/12/24 8-12 Track & Field Thurs 5/16/24 6/13/24 4:30pm Track & Field 6/13/24

LINCOLN HEIGHTS							
sport	day	start	end	time	ages		
Volleyball	Tues	4/9/24	5/28/24	6:05pm	4-7		
Volleyball	Tues	4/9/24	5/28/24	7:05pm	8-12		
Basketball	Thurs	4/11/24	5/30/24	6:05pm	4-7		
Basketball	Thurs	4/11/24	5/30/24	7:05pm	8-12		

	WILS	ON ELEN	<b>MENTARY</b>	1	
sport	day	start	end	time	ages
Flag Football	Wed	4/10/24	5/29/24	6:05pm	4-7
Flag Football	Wed	4/10/24	5/29/24	7:05pm	8-12















SuperTots Sports Academy provides sport-based development programs where children discover and develop athletic, motor, and social skills. SuperTots' curriculum is specifically designed to promote development along side a healthy, active lifestyle

ADAMS ELEMENTARY										
sport	day	start	end	time	ages					
SoccerTots	Tues	4/9/24	4/30/24	6:10pm	3-4					
SoccerTots	Tues	4/9/24	4/30/24	7:00pm	4-5.5					

ARLINGTON ELEMENTARY									
sport	day	start	end	time	ages				
HoopsterTots	Thurs	4/11/24	5/2/24	6:10pm	2-3.5				
HoopsterTots	Thurs	4/11/24	5/2/24	7:00pm	4-5.5				

AUDUBON PARK									
sport	day	start	end	time	ages				
SoccerTots	Wed	4/10/24	5/15/24	4:30pm	3-4				
SoccerTots	Wed	4/10/24	5/15/24	5:20pm	4-5.5				
SoccerTots	Wed	4/10/24	5/15/24	6:10pm	2-3				

BROWNE ELEMENTARY									
sport	day	start	end	time	ages				
SoccerTots	Mon	4/8/24	5/13/24	6:10pm	3-4				
SoccerTots	Mon	4/8/24	5/13/24	7:00pm	4-5.5				

FRANKLIN ELEMENTARY								
sport	day	Start	End	time	ages			
BaseballTots	Wed	4/10/24	5/1/24	5:40pm	2-3.5			
BaseballTots	Wed	4/10/24	5/1/24	6:15pm	3-4			
BaseballTots	Wed	4/10/24	5/1/24	7:00pm	4-5.5			





HAMBLEN ELEMENTARY									
sport	day	start	end	time	ages				
SoccerTos	Tues	4/11/24	5/2/24	6:10pm	3-4				
SoccerTots	Tues	4/11/24	5/2/24	7:00pm	3,5-5,5				
SoccerTos	Tues	5/9/24	5/30/24	6:10pm	2-3				
SoccerTots	Tues	5/9/24	5/30/24	7:00pm	4-5.5				

LINWOOD ELEMENTARY									
sport	day	start	end	time	ages				
SoccerTots	Wed	4/10/24	5/1/24	6:10pm	3-4				
Soccertots	Wed	4/10/24	5/1/24	7:00pm	4-5.5				

R	OOSEV	ELT ELE	MENTAR'	Y	
sport	day	start	end	time	ages
HoopsterTots	Wed	4/10/24	5/1/24	6:10pm	2-3.5
HoopsterTots	Wed	4/10/24	5/1/24	7:00pm	4-5.5
HoopsterTots	Wed	5/8/24	5/29/24	6:10pm	3-4
HoopsterTots	Wed	5/8/24	5/29/24	7:00pm	4-5.5
	WEST	VIEW ELE	MENTAF	RY	
sport	day	start	end	time	ages
SoccerTots	Tues	4/9/24	5/7/24	6:10pm	3-4
SoccerTots	Tues	4/9/24	5/7/24	7:00pm	4-5.5

WILLARD ELEMENTARY					
sport	day	start	end	time	ages
Baseball Tots	Thurs	4/11/24	5/2/24	5:35PM	4-5.5
BaseballTots	Thurs	4/11/24	5/2/24	6:20PM	2-3.5





#### KIDS PRE-SCHOOL

Classes are held at Corbin Art Center, 507 W 7th Ave. unless otherwise indicated.

#### Little Leonardo's

6 weeks | Ages 3-5yrs. Children love art and they're naturally creative and imaginative. Each class is planned to expose your child to a new element of art each week. They will paint, sculpt, draw, cut paper and glue to help develop listening skills, fine motor skills and creative imagination play. \$59

15877 Mon. 4/8 - 5/13 9:30 - 10:30am

#### Make Art Together: Bugs & Butterflies

6 weeks | Ages 3-5yrs. Spring has Sprung! Do you and your child love Spring? Do you both enjoy looking at bugs? Then do we have a creative class for you and your child! Come join us in discovering springtime bugs! Each week will be filled with different bug inspired projects and a special focus on some Earth week bug activities, in this fast paced, fun class. \$59

15878 Tues. 4/9 - 5/14 9:30 - 10:30am

#### PRE-SCHOOL WORKSHOPS

Classes are held at Corbin Art Center. 507 W 7th Ave. unless otherwise indicated.

#### **NEW!** Make Art Together with Mom!

1 day | Ages 3-7yrs. Come make some wonderful Mother's Day inspired art projects together. We will make some cute handprint art along with some other springtime projects to celebrate Mom! This parent/child creative event will be a memory maker and you will be able to look at the projects for years to come. \$29/\$5 for each additional child.

15886 Sat. 5/11 9:30 - 11am

#### CORBIN TEENS

Classes are held at Corbin Art Center, 507 W 7th Ave. unless otherwise indicated.

#### NEW! CAC Fun-tastic Friday Teen Art Club

1 day | Ages 13-16yrs. Do you have an artistic teen? Do we have a creative fun-tastic event for them! Come to socialize, make some spectacular art, and eat some yummy pizza! Join us in this Friday night fun at the historic Corbin Art Center. \$25

15885 Fri. 4/26 5:30-7:30pm

#### Let's Gogh Art! - Wednesday

6 weeks | Ages 4-5yrs. Does your child love to draw, paint, sculpt or just enjoy being creative? Then come join us in discovering different art techniques while learning about a new artist or children's book illustrator each week in this fast paced, fun class. There are new projects each week for returning students. \$69 15879 Wed. 4/10 - 5/159:30 - 11am

#### Make Art Together: Sweet Springtime Fun!

6 weeks | Ages 2-4yrs. Yay! It's finally spring and time to celebrate the season! This class is for you and your child to explore flowers, bugs and even the rainy, spring weather while making wonderful works of art. Experience a new weekly art theme, and relevant project. Children will discover color, texture, safe cutting, and gluing skills, while exploring a variety of art techniques and materials. This class is fast paced, active and most of all fun! \$59 15880 Thurs. 4/11 – 5/16 9:30 - 10:30am

#### KIDS YOUTH

Classes are held at Corbin Art Center, 507 W 7th Ave. unless otherwise indicated.

#### Let's Get Creative! Art Exploration

6 weeks | Ages 6-12yrs. Come get your artistic fun on while exploring a variety of artistic mediums, such as, oil pastels, paint, clay, paper, recycled objects and more each week. Here is a chance to use your artistic super-power skills to be creative and convert your ideas into reality! There are new projects each week for returning students. \$75

#### Ages 6-8yrs.

15881	Mon.	4/8 – 5/13	4 – 5:30pm
Ages 9-	<u> 12yrs.</u>		
15882	Tues.	4/9 – 5/14	4 – 5:30pm

#### **Drawing Basics - Youth**

6 weeks | Ages 6-12yrs. Drawing is the basis and the first step for dimensional art forms. Explore with different tools and techniques and learn the many facets of drawing including freehand drawing, line, shading, fur-scales-feathers, still life, color, design composition, perspective, portraiture, animals and more. \$75

#### Ages 6-8yrs.

15883	Wed.	4/10 – 5/15	4 – 5:30pm
Ages 9-1	<u> 12yrs.</u>		
15884	Thurs.	4/11 – 5/16	4 – 5:30pm



#### **YOUTH SPRING BREAK CAMPS**

Enjoy a fun-filled day with arts and crafts activities for children. Dress for a mess and bring your lunch. Pre-registration is required. All classes held at the Corbin Art Center; 507 W 7th Ave. unless otherwise indicated.

#### **NEW!** Monet's Garden

1 day | Ages 6-11yrs. Come and get acquainted with some famous French, Impressionist masters such as Edgar Degas, Claude Monet, and Pierre Renoir. Learn about their understanding of light and color while spending time painting and drawing. Create your own impressionist masterpieces by drawing, painting, and collage. Dress for a mess and please bring a lunch. \$49
15006 Mon. 4/1 9am – 3pm

#### NEW! Super-Sculpture Safari Camp!

1 day | Ages 6-11yrs. Lions, Tigers and Bears, OH MY! No passport needed to create and sculpt your favorite animals from clay and paper to make fabulous works of 3-D art. This camp emphasizes creativity, construction, and problem-solving skills to help these young artist's animal artwork come to life. \$49 15007 Tues. 4/2 9am – 3pm



#### Clay, Slime, & DIY Dough

**1 day | Ages 6-11yrs**. Discover the joy of clay! Make your own cool clays to model creative animals and other projects. Using fun recipes and techniques you will enjoy your experience with pre-made and handmade clay. \$49

15008 Wed. 4/3 9am – 3pm

#### NEW! Shhhhh! It's Top Secret!

1 day | Ages 6-11yrs. Shhh! Put on your secret disguise, get out your invisible ink, and sneak on over to work on your spy agility skills. Learn about secret codes, decipher codes, make clever gadgets and be a super sleuth to solve puzzles and mini mysteries. \$49

15009 Thurs. 4/4 9am – 3pm



#### Mixed Media Art Attack!

1 day | Ages 6-11yrs. Explore the vast world of mixed media using a diverse array of art materials and techniques. You will work with clay, paint, glue and found objects. Creativity will run rampant, and the art will explode with color and energy. \$49 15010 Fri. 4/5 9am – 3pm



#### **COOKING WORKSHOPS**

Classes are held at Corbin Art Center, 507 W. 7th Ave. unless otherwise specified.

#### NEW! The Art of Dutch Oven Cooking

1 day | Ages 16yrs. & Up Dutch oven cooking is a family fun activity adding a delicious taste to your backyard BBQs, family picnics or camp outing. In our discussion you will learn proper DO seasoning techniques, coal preparation, arrangement, and temperature, how to handle your hot oven, prepping for your meals and where to buy your gear. You'll be cooking great meals in no time at all! Demonstration, recipes, information packet, beverages and Dutch oven delicacy included. \$49

15071 Thurs. 4/18 6 – 8pm

#### **SKIN CARE & SOAP MAKING**

Classes are held at Corbin Art Center, 507 W. 7th Ave. unless otherwise specified.

Supply lists are included on your registration receipt.

#### **Organic Soap Making & Spa Products**

1 day | Ages 16yrs. & Up | Karen Felber Learn the simple process of making organic and natural soap. Demonstrations include fragrance selection, optional color additives, botanicals, herbs, and additional ingredients to make exfoliating soap. Included in this class you will also learn how to make some popular organic, chemical free skin-care products. Pamper yourself or someone special, without paying high prices using everyday ingredients. Demonstrations and take-home samples. \$43

15873 Sat. 4/20 10am-Noon

#### **NEW!** Hot Processed Soap Making

1 day | Ages 16yrs. & Up | Karen Felber Learn the hot-process of making natural soap just like our grandmothers made. This rich, creamy soap is made with beef tallow, and it makes a long-lasting bar that your skin will love. Demonstrations include fragrance selection, optional color additives, botanicals, herbs, and additional ingredients. Pamper yourself or someone special, without paying high prices using everyday ingredients. Demonstrations and take-home samples. \$43

15874 Sat. 5/18 10am-Noon

#### **LANGUAGE & CONVERSATIONAL SPEAKING**

Classes are held at Corbin Art Center, 507 W. 7th Ave. unless otherwise specified.

#### **Intermediate Spanish Conversation**

7 weeks | Ages 18yrs. & Up | Mary Benham In this class we will read the book Mas Alla, written by a popular Spanish instructor/ author. Come prepared to discuss the plot and characters each week: we will review verb tenses, grammar, and idioms along the way. Students are also encouraged to talk about their memories, travels, current activities, etc. This class is designed for intermediate and advanced students who want to increase competence and fluency. Supply list is at bottom of class registration receipt. \$79

15872 Wed. 4/10-5/22 1-2:30pm

#### **WRITING & PERSONAL ENRICHMENT**

Classes are held at Corbin Art Center, 507 W. 7th Ave. unless otherwise specified.

#### **Creative Memoir Writing**

6 weeks | Ages 18yrs. & Up | Mary Fruchter Do you have a story to tell, but aren't sure how to begin? Start here. In this creative writing class, we will look at memoirs snapshots and study some of the techniques authoras use to make their words and characters come alive. Then, we will try it out ourselves, writing our own lives. Join us, and make your voice heard. Notebook, pencil or I-Pad and your memories are the only supplies needed. \$99

15416 Wed. 4/10-5/15 6-8pm

## REGISTER ONLINE

**SpokaneRec.org** 



MAIL US

City of Spokane Parks & Recreation Class Registration 808 W. Spokane Falls Blvd. Spokane WA 99201

\*checks payable to City of Spokane





Call 311 or outside the city at 509.755.CITY Fax 509.625.6990





#### DRAWING

Classes are held at Corbin Art Center, 507 W. 7th Ave. unless otherwise specified.

Supply lists are included on your registration receipt.

#### The Health Benefits of Art

Creating art is a powerful way to connect to our deepest emotions and self. Anyone can create art! The trick is letting go of self-judgment and caring more about the process of creativity than whether the creation is "good enough."

Like with any wellness tool, the goal is to enhance your feelings of well-being. Think about these facts:

- Creating art allows us to be mindful and fully present in the moment.
- Creative projects help our brains and bodies feel better. It's been shown that all kinds of creativity raise self-esteem and produce dopamine in our brains, which makes us feel good, gives us a sense of accomplishment, and enhances our wellness.
- Creating art is so powerful an act that art therapy is often used to help people heal emotionally from depression, trauma/PTSD, stress, and more.
- Art can be created by anyone of all ages, using their hands, feet or mouth.
- People with cognitive differences, limb impairment, neurodiversity, etc. can all participate in creative expression, making it a universal wellness tool.

https://www.wellnessrecoveryactionplan.com/

#### **Drawing Fundamentals**

**6 weeks | Ages 16yrs. & Up | Colin Hayes** Join us as we begin to explore drawing fundamentals! If you are new to drawing or need to brush up on basic skills this is the class for you. We will be tackling drawing materials, composition, portrait techniques, shading, and perspective. Great basics that will lead to long lasting confidence in your drawing. Supply list is at bottom of class registration receipt. \$169

15859 M/W 4/8-5/15

6:15-8:15pm



#### **NEW!** Portrait Drawing

6 weeks | Ages 16yrs. & Up | Tom Quinn It's a common belief that no subject is more difficult than a human likeness. Actually, a good portrait calls for the same skills of observation and experience as a landscape or a still life. An artist who attains confidence at drawing portraits will have the confidence to draw anything. We begin with the anatomy and proportions of the human head and move on to the skills of creating a convincing likeness. Supply list included on the registration receipt. \$85

15860 Mon. 4/8-5/13

#### **Perspective Drawing**

**6 weeks | Ages 16yrs. & Up | Tom Quinn** Perspective is to drawing what grammar is to writing and scales are to music. It provides a structure to art by dictating where objects must be placed and which directions the angles go to achieve that vital third dimension of depth. From one-point, two-point and three-point perspective, we move on to circles, shadows, and reflections. Best of all you do not have to be an artist to draw well in perspective — when you know how to use the tools, they do the drawing for you. \$85

15861 Tues. 4/9-5/14 6:30-8:30pm

#### NEW! Scribbles: Intro to Dip Pen Illustration

1 day | Ages 12yrs. & Up | Andi Keating This class is for beginner to intermediate artists; we're going to learn the basics of taking care of and drawing with dip pens. We'll go over traditional and non-traditional inks and other mediums to use, what paper qualities to look for, storage options, and more. The end goal is to create your own illustration, during which the instructor will assist with any issues or ideas to fill up the spaces, useful textures, etc. via live demos. Supply list is at bottom of class registration receipt. \$49

15890 Sat. 4/13 10am-2:30pm

#### Plein Air Sketching at Manito-Duncan Gardens

1 day | Ages 14yrs. & Up | Megan Perkins Want to try your hand at drawing from life? Come join us at Manito Park in the historic Duncan Gardens! In this class you will learn how to capture the energy of the park and the beautiful scenery in your sketchbook! Megan Perkins will show her urban sketching kit and demo how she tackles painting on location before helping students make their own piece of art drawing on the inspiration of the magnificent Duncan Gardens in Manito Park. Supply list is at bottom of class registration receipt. \$39

15862 Thurs. 6/13

9-11am

1-3pm

#### **PAINTING CLASSES & WORKSHOPS**

Classes are held at Corbin Art Center, 507 W. 7th Ave. unless otherwise specified.

Supply lists are included on your registration receipt.

#### **Acrylic Painting**

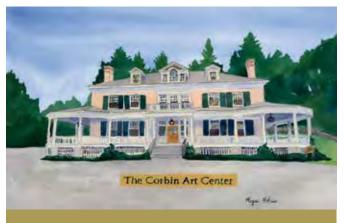
6 weeks | Ages 18yrs. & Up | Tom Quinn Learn basic concepts of painting techniques with acrylic paints. This class is an introduction to the fast-drying, forgiving medium of acrylic paint. You will explore color, form and composition to create your own works of art. Work from still-life set-ups and two-dimensional references such as photos. Supply list included on the registration receipt. Under age 18 may take the class with participating adult. \$85

15863 Mon. 4/8-5/13 6:30-8:30pm

#### **Texture and Acrylic Painting**

6 weeks | Ages 18yrs. & Up | Cliff Hall Acrylic painting and texture. We'll discuss how textures can/do affect the implications of a finished piece. We'll play with and incorporate different textures in our paintings. You will fun and leave with an idea of how texture can enhance a composition and expand your artistic license. Supply list is at bottom of class registration receipt. \$85

15864 Wed. 4/10-5/15 6-8pm



## MEGAN PERKINS CORBIN ART CENTER PRINT

11" x 14" print is \$45 plus tax unframed \$125 plus tax framed with a mat

Portion of sales benefit the preservation of the DC Corbin House Displayed at the Corbin Art Center Purchase directly through Megan Perkins: meganperkinsart.com meganperkinsartstudio@gmail.com

#### **Painting with Oils**

6 weeks | Ages 18yrs. & Up | Tom Quinn An introduction to the forgivable medium: oil. Learn basic concepts of design, composition, color theory, values and texture while experiencing the outstanding working properties of oil. Choose to work from still-life or two-dimensional references. Helpful demonstrations and individual instruction will be taught. Supply list included on the registration receipt. Under age 18 may take the class with participating adult. \$85

15865 Thurs. 4/11-5/16 6:30-8:30pm

#### NEW! Loosen Up Your Watercolor Painting

1 day | Ages 14yrs. & Up | Megan Perkins Feeling like your paintings are stiff or too tight? Want to embrace the flow of watercolor paint and loosen up? This is the class for you! Megan will demonstrate how to make your paintings full of energy and freshness, giving you quick and easy exercises to uncramp your style! Supply list is at bottom of class registration receipt. \$69

15866 Sat. 5/18 1-5pm





#### FIBER ARTS

Classes are held at Corbin Art Center, 507 W. 7th Ave. unless otherwise specified.

Supply lists are included on your registration receipt.

#### NEW! Darn-It! Beginning Knitwear Repair

**3 weeks | Ages 16yrs. & Up | Tera Lessard** Learn the art and craft of darning! Darning can be used to repair damaged knits or embellish clothing or household textiles. This class will provide an overview of traditional and modern creative darning methods and what materials to use for different types of projects. Bring your own item to repair or embellish. You will learn a basket style darn and create a square, circle, and heart-shaped darn. No experience needed. Supply list is at bottom of class registration receipt. \$59

15867 Tue. 4/9-4/23 6-8pm

#### **Crochet: Rag Rugs**

**3 weeks | Ages 16yrs. & Up | Melode Hall** Create 3 Crochet Rag Rugs - Oval, Circle & Heart. Useful & practical way to recycle old sheets (or use pre-shrunk new fabric). This class is fun, and you will have a new rug or two for your home or to give as a gift. Prior crocheting experience is not necessary. Supply list is at bottom of class registration receipt. \$59

15868 Tues. 4/16-4/30 6-9pm

#### **Hooked on Yarn: Beginning Crochet**

4 weeks | Ages 15yrs. & Up | Andi Keating In this class we will learn to make the basic crochet stitches: single, double, and treble crochet. We will talk about how to make circles and more 3D projects, as well as discussing gauge and its importance. We will make swatches of these stitches for practice before we move on to our class project. A written pattern will be include with the class for the project. Supply list is at bottom of class registration receipt. \$49

15892 Sat. 4/20-5/11 10am-noon

#### **Knitting 101: Beginning Knitting**

4 weeks | Ages 15yrs. & Up | Andi Keating Learning to knit is like learning a new language, and just getting used to the motion of making stitches takes enough brain power to get that muscle memory down. I'm here to help break down how to cast on and knit. As we progress, I will coach you on what a gauge swatch is, and why it is important, especially when reading patterns. We will work of more fun stitches such as stockinette, see, basket, ribbing, yarn overs, and bobbles. Supply list is at bottom of class registration receipt. \$49

15893 Sat. 4/20-5/11 12:30-2:30pm

#### Intro to Sewing: Learn the Machine

2 weeks | Ages 13yrs. & Up | Margie Bradfute Do you have a new sewing machine or one you have been using as a doorstop? Would you like to learn how to use it and all those buttons and knobs? We will learn parts of the machine and most of those stitches in this simple informative class. In the second class you will make a decorative pillow made with a zipper! Supply list included on the registration receipt. \$59

15870 Sat. 4/13-4/20 9am-1pm

#### NEW! Advanced Knitwear Repair

2 weeks | Ages 16yrs. & Up | Tera Lessard Take your knitwear skills to the next level with this advanced repair class. You'll learn the duplicate stitch – a darning technique with matches the original stitches on a knitted item and how to needle felt over a hole on a knitted item. Bring you own item to repair or embellish. We recommend this class for those with some knitting or darning experience or those who have taken the Darn It! Knitwear Repair class. Supply list is at bottom of class registration receipt. \$49 15869 Tue. 5/14-5/21 6-8pm

## Give the gift of Recreation!

Our Youth Program Scholarships help underserved young people experience the joys of summer camps, swim lessons, sports, or art programs. If you're interested in contributing, visit SpokaneRec.org under the Youth Programs Scholarship tab, or at checkout when registering for classes.





#### **INTERIOR DESIGN & RESTORATION**

Classes are held at Corbin Art Center, 507 W. 7th Ave. unless otherwise specified.

#### **NEW!** Fabric Fun

**2** Weeks | Ages 18yrs. & Up | Cindy Blue-Blanton This informative class makes fabric selection easier and wiser. Participants will have hands on learning with cotton seed bolls, flax, wool, specialty fibers, and silk, experiencing the basics of natural fibers. Class participants will create a resource book of fabric fibers and cloth types to make future reference easy. Supplies furnished by instructor. \$49

15875 Thurs. 4/18-4/25 10am-noon

#### **NEW!** Styles of American Furniture

**2 Weeks | Ages 18yrs. & Up | Cindy Blue-Blanton** Early American Furniture showed considerable skill, beauty, and ingenuity. Learn the basics of style and the vocabulary of furniture description. The course will focus on the styles which have most influenced our everyday surroundings. Early American Colonial, American Colonial Georgian with a focus on Queen Anne and Chippendale features. Class participants will create a workbook for future reference. \$49

15876 Wed. 5/1-5/8 6-8pm

#### HISTORY & HAUNTS

Classes are held at Corbin Art Center, 507 W. 7th Ave. unless otherwise specified.

#### **Spokane History and Ghost Tours**

1 day | Ages 18yrs. & Up | Enjoy a pictorial classroom presentation from Historian and Ghostologist Chet Caskey of Two Dog City Tours. These lessons are a fantastic way to learn about Spokane's past and the creepy crawlies that lurk in the shadows. All presentations include a ghost hunt of the historic Corbin Art Center, ghost hunting devices and refreshments. Corbin Art

#### Center 507 W 7th Ave. \$22

#### **Serial Killers of Spokane**

15063	Sat.	4/6	7-9:30pm		
<b>Ghosts</b>	of Upper	South Hill & St John	n's Cathedral		
15377	Fri.	4/12	7-9:30pm		
<b>Ghosts</b>	Ghosts of Commellini Estate & Waikiki Mansion				
15685	Fri.	5/3	7-9:30pm		
Ghosts of Hillyard & Mount St. Michael					
15686	Fri.	5/10	7-9:30pm		

## Walking Tour of the Ghosts & History of East Downtown Spokane

1 day | Ages 21yrs. & Up The 2-hour Ghosts of East Downtown Walking Ghost Tour begins and ends in front of the Community Building, 35 W Main Ave. Join master storyteller and ghostologist Chet Caskey for a stroll through downtown Spokane to hear about Spokane's dark past. Meet in front of the Community Building 35 W Main. \$22

15692 Sat. 6/8 1:30-3:30pm

## Haunted and Historical Greenwood Terrace Cemetery Walking Tour

1 day | Ages 16yrs. & Up | Learn all about funerary practices of the 19th Century and the lives of some of Spokane's leading pioneers now resting beneath the grass. Historian Chet Caskey of Two Dog City Tours is an amazing, knowledgeable presenter, you will learn so much! Lemonade and cookies provided. Tours begins and ends at the Greenwood Cemetery Office, 211 N Government Way. \$22

15690 Sat. 6/1 1-3pm 15691 Sun. 6/16 1-3pm



#### **ENRICHMENT**

**Life Enrichment programs** are activities designed to provide participants with an opportunity to explore new things and develop interests. These activities promote health, wellness, fun, socialization, critical thinking, and problem-solving skills. They make learning something new more meaningful, valuable, and rewarding.

#### Sing from the Heart Vocal Workshop

**8 weeks | Ages 18yrs. & Up | Robin Marks** This workshop focuses on vocal technique and performance skills, suitable for all levels and musical styles. Participants will work on repertoire, audience engagement, vocal technique, and developing individual style and expression. The workshop is ideal for those who want to fine-tune their vocal technique, overcome stage fright, prepare for auditions, or polish their professional performances, as well as first-time singers. More information on the class and instructor can be found at: singfromtheheart.biz.. **The workshop will be held at Place on the Park, 2406 S. Park Dr.** \$245.

16090 Wed. 4/10-5/29 7-8:30pm

#### HISTORICAL TOURS

#### **Spokane Garry Historical Tours**

1 day | Ages 16yrs. & Up | Chief Spokane Garry (1811-1892) was an influential figure in the settling of the Spokane region. In this series, local historian Dr. Dave Beine, will expose participants to Garry's life and impact upon our community. Participants will receive a detailed itinerary with meeting locations after registration.

<u>A Walking Tour of Indian Canyon</u> - The interpretive walk will include the history of Palisade Park and Spokane Garry, a prominent figure in the settling of the Spokane region. \$25

16093 Sat. 6/1 9-11am

Hangman Creek Historic Bus Tour -Join local historian Dr. Dave
Beine on a an interpretive bus tour across the Palouse to the
location of a horrific historical event that occurred. \$40
16095 Sat. 9/21 9-12pm

Spokane Garry: A Historical Expedition - This expedition will visit Chief Garry Park, the original homestead site of Garry, Drumheller Springs (where Garry held school), Latah Creek and Indian Canyon (where he fled to when he was dispossessed from his land), and Garry's final resting place in Greenwood Cemetery. \$50

16094 Sat. 6/15 9-1pm

<u>Historic Horse Slaughter Camp Bike Ride</u> - Come join local historian Dr. Dave Beine on a bike ride along the Centennial Trail to this historic site of devastating loss near Stateline. Dr. Beine will tell the story of the place while sitting along the banks of the Spokane River. \$25

16096 Sat. 9/7 9-12pm





#### **FITNESS/WELLNESS**

#### Zumbini® Music & Movement

5 weeks | Ages 0-4yrs. | Carrie Jahns Zumbini® is a music and movement class created by Zumba® and BabyFirst for ages 0-4 and their caregivers. This class includes play-based music activities, singing and dancing. Come sing, dance, and play with us as you bond with your child! Southside Community Center, 3151 E 27th Ave. \$62

16138 Thurs. 4/4-5/2 10:15-10:45am

#### **Longevity Fit**

8 weeks | Adults 55yrs. & Up | Longevity Fit is a fun and effective workout targeting the mature individual that will improve physical and mental wellness. The class is dedicated to help rebuild and maintain your foundation by enhancing balance, strength, and stamina. If you desire to be active throughout your life, then Longevity Fit is an ideal workout for you! Southside Senior and Community Center, 3151 E. 27th Ave. Shadle Park Library, 2111 W. Wellesley Ave. \$129

#### **Southside Senior & Community Center**

15080	Wed.	5/1-6/21		9am-10am
	Fri.	-,,		10am-11am
Shadle	Park Libra	rv		200111 220111
15327			-6/20	10am-11am

#### **How-to-Lawn-Bowl Introduction**

**2** Weeks | Ages 16yrs. & Up | Summer evenings on a manicured green next to the river. Rolling grapefruit-sized bowls up to 120 feet, aiming to leave yours closer to the small white "jack" ball than other bowlers. Enjoying summer sunsets, cooler air and companionable friends while improving aim, distance and scoring at this ancient royal sport. Lawn bowling is like bocce, but with a bonus: the bowls are elliptical, allowing rolls that curve around opponents' bowls. All equipment will be provided. Dress comfortably and wear flat soled shoes. Learn the basics over four evenings spread over two weeks. Adults need the strength to roll the bowl 120 feet. Spokane Lawn Bowling Green behind Witter Aquatic Center 1300 E. Mission Ave. \$25

 16091
 Tues./Thurs.
 6/18-6/27
 6:30-7:30pm

 16092
 Tues./Thurs.
 7/9-7/18
 6:30-7:30pm

#### **Barre Foundations**

5 weeks | Ages 16yrs. & Up | Carrie Jahns Barre Foundations is designed to increase flexibility, improve cardio, and develop overall muscle endurance and strength. A fusion of Pilates and yoga, Barre also includes elements of ballet, resulting in a low-impact, moderate-intensity full body workout. You will enjoy improvements in posture and balance, while having fun moving your body. Join us today! Southside Community Center, 3151 E 27th Ave. \$64

16139 Mon. 4/1-4/29 6-7pm

#### YOGA

Wellness Benefits of YOGA – A growing body of research indicates that regular yoga practice was associated with factors promoting overall health and well-being. A recent study by JMIR Formative Research (2022) indicated that the regular practice of yoga had a significant impact on physical fitness, including mobility, flexibility, and strength. Furthermore, there was evidence of improvement in daily stress management, work productivity, and a greater ability to focus and relax.

#### Yoga at Finch Arboretum

**6 Weeks | Ages 16yrs. & Up | Robin Marks** Enjoy the beautiful and serene setting of the arboretum. Strengthen, stretch, and release muscle tensions while settling into a relaxed and peaceful mental state. Instructor, Robin Marks, was one of the early pioneers to first bring yoga to Spokane. **Finch Arboretum Woodland Center, 3404 W. Woodland Blvd.** \$80

160//	Fri.	4/12-5/1/	9-10am
16078	Fri.	5/31-6/28	9-10am
16079	Fri.	7/12-8/16	9-10am

## Give the gift of Recreation!

Our Youth Program Scholarships help underserved young people experience the joys of summer camps, swim lessons, sports, or art programs. If you're interested in contributing, visit SpokaneRec.org under the Youth Programs Scholarship tab, or at checkout when registering for classes.





#### **MARTIAL ARTS**

Wellness Benefits of Martial Arts Martial arts training for youth offers numerous wellness benefits supported by academic research. Some of these benefits include physical fitness, discipline and self-control, confidence and self-esteem, emotional regulation, conflict resolution and bullying prevention. (Butterfield et al., 2011; Cid et al., 2016; Konzak & Klavora, 2003).

#### Intro to Brazilian Jiu Jitsu

4 weeks | Ages 6-12yrs. | BJJ revolves around the concept that a smaller, weaker person can successfully defend him/herself against a bigger, stronger, heavier opponent by using leverage and weight distribution, taking the fight to the ground using several holds and submissions to overcome them. Enroll now for an empowering experience in a fantastic and life-changing learning environment. If you enjoy the introductory 4-week class, please sign up for a membership with Grit Jiu Jitsu and Muay Tai. Ask your instructors for details. 4808 East Sprague, #205. \$125

16141	Tues./Thurs.	4/2-4/25	4:30-5pm
16144	Tues./Thurs.	4/30-5/23	4:30-5pm
16145	Tues./Thurs.	5/28-6/20	4:30-5pm

#### **Karate Traditional Okinawan Goju Ryu**

4 weeks | Ages 6yrs. & Up | Sensei Mary Roe These classes follow the traditional practices and respect associated with Okinawan Goju Ryu, which stresses a balance of hand and foot techniques, practical self-defense, and physical conditioning. Beginners and experienced practitioners regardless of style are welcome. Gis (karate uniform) required. Please contact the instructor at 480-338-9131 for questions. Southside Community Center, 3151 E 27th Ave. \$40

#### Youth Ages 6-14yrs.

16071	Tues./Thurs.	4/9-5/2	4-5pm
16122	Tues./Thurs.	5/7-5/30	4-5pm
16123	Tues./Thurs.	6/4-6/27	4-5p <b>m</b>
Ages 15	yrs.yrs. & Up		
16124	Tues./Thurs.	4/9-5/2	5:10-6:10pm
16125	Tues./Thurs.	5/7-5/30	5:10-6:10pm
16126	Tues./Thurs.	6/4-6/27	5:10-6:10pm

#### **Kung Fu For Youth**

4 weeks | Ages 4-11yrs. | Sifu David The student will be introduced to activities aimed to developing a strong foundation of martial arts techniques as well as natural, fluid body-mechanics which can be applied to other sporting activities. The class environment and teaching methods downplay aggressive behavior and foster an atmosphere of cooperation and team-effort. East West Martial Arts 1427 N. Monroe St. \$84

#### Ages 4-6yrs.

16081	Tues./Thurs.	4/2-4/25	5:45-6:15pm
16083	Tues./Thurs.	4/30-5/23	5:45-6:15pm
16084	Tues./Thurs.	6/6-6/27	5:45-6:15pm
Ages 7-	11yrs.		
16127	Tues./Thurs.	4/2-4/25	6:15-7pm
16128	Tues./Thurs.	4/30-5/23	6:15-7pm
16129	Tues./Thurs.	6/6-6/27	6:15-7pm



#### OI GONG

Wellness benefits of Qi Gong - Qi Gong, a mind-body practice, has been linked to various health benefits. Research (Jahnke et al., 2010) indicates that Qi Gong improves balance, reduces anxiety, and enhances immune function. It also shows promise in alleviating symptoms of chronic diseases such as hypertension (Lee et al., 2013), making it beneficial for overall well-being.

#### Qigong for Improved Circulation

6 weeks | Ages 10yrs. & Up | Jeff Thompson Respected and regarded as the earliest known form of Qigong, Five Animal Frolics Qigong form was developed by a physician to assist with the rehabilitation and recovery from illness and prevention to strengthen all aspects of the body. This set of deep-stretching and breathing exercises is unique to the movement of five different animals that also correspond to a specific organ system. Come experience how the Tiger, Deer, Bear, Monkey, and Crane can increase your energy and circulation while improving digestion and flexibility. In this class, we will also learn other subtle Qigong and movement techniques to support your overall well-being. This class is a lot of fun and suitable for all ages! Finch Arboretum, 3404 W. Woodland Blvd. \$78

16121 Sat. 5/4-6/8 10:15 –11:15am

## City of Spokane 4 PARKS & RECREATION **Facility Rentals**

Whether you're hosting a family picnic, birthday, corporate party, sporting event, or wedding - big or small - we've got a facility that will fit your needs! Visit www.spokaneparks.org/reservations for more information.

- Picnic Shelters
   Park
   Garden Areas
  - Sports Fields Aquatic Centers •
  - Corbin Art Center
     Looff Carrousel
    - And More!





## BRAZILIAN JIU JITSU SPOKAME SUBMISSION SERIES

SATURDAY | JUNE 22, 2024 | THE PODIUM

9AM | OPEN GI & NO GI TOURNAMENT | YOUTH & ADULT

6PM | PROFESSIONAL JIU JITSU FIGHT NIGHT

LEARN MORE AND REGISTER AT SMOOTHCOMP.COM/EN/EVENT/16487









## SUMMER ATTRACTIONS

#### **Numerica Skate Ribbon**

Admission - Free

- Roller Skates \$5.95
- Scooters \$7.95
- Helmets Free

#### **Numerica SkyRide**

Adult (ages 13+) - \$12.95 Youth (ages 3-12) - \$8.95 Ages 2 and under - Free

#### **Looff Carrousel**

Single Ride - \$3.25 Unlimited Day Pass - \$7.95 Children 2 and under - Free

#### **Pedal Karts**

30 minutes - \$8.95 1 hour - \$12.95

#### **Spider Jump**

3 minutes - \$8.95 5 minutes - \$11.95

#### **Discounts**

10% General discount for Military Veterans and Active Duty, Seniors (65+) and AAA.

15% Group discount for purchase of 10 or more of same ticket type.





riverfrontspokane.org







Discover the wonders of Riverfront Park, where the Looff Carrousel, Spokane Pavilion, Numerica Skate Ribbon, Numerica SkyRide and picturesque Clock Tower await amidst 64 acres of breathtaking scenery. With attractions and events for every season, there's something for everyone to enjoy. For questions and inquiries, please reach out to rfpinfo@spokanecity.org.

#### SIGNATURE EVENTS

## Easter Egg Hunt at Riverfront in partnership with One Heart Spokane

1 day | All Ages Come and join in on the excitement at the Riverfront Easter Egg Hunt! We've partnered with One Heart Spokane, who has graciously donated thousands of eggs and candy, making it a grand total of over 20,000 eggs! Riverfront Park 507 N Howard St. Free

Sat. 3/30 10am (0-2 years Clock Tower Meadow) 10:25am (3-5 years Havermale Point)

10:35am (6+ Lilac Bowl)

## Sensory Supportive Easter Egg Hunt at the Providence Playscape in partnership with the Isaac Foundation

1 day | All Ages Come and join us at the Providence Playscape for the 2nd Annual Sensory Supportive Easter Egg Hunt, hosted by the ISAAC Foundation and Riverfront Park. This inclusive event caters to individuals of all ages and abilities, featuring stuffed eggs, staggered start times, and smaller crowds. Providence Playscape at Riverfront Park 507 N Howard St. Free

Sat. 3/30 11am

#### **Riverfront Eats**

**All Ages** Join us every Tuesday (May-August) for Riverfront Eats. Various food trucks will be parked on the orange Howard St. Bridge, offering delicious local food and local artists playing great music. Not only will you enjoy tasty food, but you'll also be helping to support free and affordable events in Riverfront Park. **Riverfront Park 507 N Howard St.** Free admission

Tues. 5/7-8/27 11am-2pm

#### ICCU Movies at the Pavilion

1 day All Ages Watch free family-friendly movies under the stars at ICCU Movies at the Pavilion! Bring a low-back lawn chair or relax on the grass. Movies start at 8:30 PM! Feel free to bring your own food and drinks. Spokane Pavilion at Riverfront Park 507 N Howard St. Free admission. View the list of movies and dates on our website at www.riverfrontspokane.org.

#### Summer Carnival

**5 days | All Ages** Come join us at the ICCU Summer Carnival to celebrate Independence Day! Enjoy five days of thrilling rides, including the Ferris wheel, Zipper, and kiddie roller coaster. Indulge in classic carnival treats like Cotton Candy and Kettle Corn while having a blast with exciting carnival games. **Riverfront Park 507 N Howard St.** Free admission

Wed. – Sun. 7/3-7/7 11am-10pm

## ICCU 4th of July Fireworks Celebration with the Spokane Symphony

1 day All Ages Join us for the ICCU 4th of July Fireworks Celebration with the Spokane Symphony! Musical Director James Lowe will lead an unforgettable evening of music and celebration. Arrive early for the best seats near the stage, available on a first-come, first-served basis. Feel free to bring blankets and low-backed beach-style chairs to enjoy the show from the lawn. The excitement starts at 9pm with the Spokane Symphony concert, followed by fireworks at 10pm. Spokane Pavilion at Riverfront Park 507 N Howard St. Free

Thurs. 7/4 4pm-10pm

#### **ARTS & CULTURE**

#### **ICCU Spring Market**

1 day | All Ages The ICCU Spring Market provides a lively gathering place where people can enjoy high-quality products, delicious food, and excellent services from talented local vendors. Riverfront Market offers a space for artisans and craftspeople to showcase and sell their one-of-a-kind goods. Riverfront Spokane 720 W Spokane Falls Blvd. Free admission.

Wed. 4/3 Noon-6pm

#### **Historic Walking Tours**

**1 day | All Ages** Join local historian Chet Caskey for a complimentary walking tour of Riverfront Park, where the city's past and present come together in special ways. Discover the fascinating history of Expo '74 as we celebrate its 50th anniversary and beyond! **Riverfront Spokane 720 W Spokane Falls Blvd.** Free, Find the full schedule of walking tours at www.riverfrontspokane.org.

#### EXPO '74 50th Anniversary Opening Ceremony

1 day | All Ages Join the community for a free concert and celebration as we kick off our 9-week programming for the Expo 50th Anniversary. Spokane Pavilion at Riverfront Park 507 N Howard St. Free

Sat. 5/4 3pm - 9pm



# Riverfront Spokane

## **ARTS & CULTURE**

#### EXPO '74 50th Community Stage & Vendor Village

**5 days | All Ages** EXPO 50th Anniversary Community Stage will be a dynamic multicultural showcase with a diverse range of community talents. Experience a fusion of dance, performing arts, engaging talks, and a wide array of performances. It's the vibrant heart of creative expression during the celebration, offering an engaging and varied entertainment experience for all. Enjoy international cuisine, memorabilia, historic and interactive activities in the adjacent EXPO Village. **Riverfront Park 507 N Howard St.** Free

Sat. 5/18-6/22 11am-10pm \* 6/8 - Expo '74 50th Community Stage will be held at Manito Park. Please note there will be no vendor village on this day.

### **CHILDREN & FAMILIES**

#### **Mother's Day at Riverfront**

1 day All Ages Make this Mother's Day unforgettable at Riverfront Park! Treat your mom to a day of fun and adventure with a free ride on the Looff Carrousel and Numerica SkyRide with your paid admission. Looff Carrousel and Numerica SkyRide at Riverfront Park 720 W Spokane Falls Blvd. \$3.35 - \$12.95 Sun. 5/12 10am-8pm

#### **Father's Day at Riverfront**

1 day All Ages Join us in celebrating Father's Day at Riverfront Park! We will be offering free admission for Dad's at the Looff Carrousel and Numerica SkyRide with purchase of one regular-priced ticket. Looff Carrousel and Numerica SkyRide at Riverfront Park 720 W Spokane Falls Blvd. \$3.35 - \$12.95

Sun. 6/16 10am-8pm

#### **National Carrousel Day**

1 day All Ages Come celebrate National Carousel Day and the 115th birthday of our very own Looff Carrousel with free rides, treats, and more! Looff Carrousel at Riverfront Park 620 W. Spokane Falls. Blvd. Free

Thurs. 7/25 Noon-3pm

#### **Story Time at the Carrousel**

1 day | Ages 2-5yrs. Join us in the Looff Carrousel party room at for Story Time every third Friday of each month. Story Time is an early literacy activity designed to spark and engage the young imagination with stories, songs, and preschool activities. \$1 Carrousel rides offered to those who attend. Looff Carrousel 620 W. Spokane Falls. Blvd. Free

3rd Friday of every month 11am-Noon

#### **HEALTHY LIVING**

#### **Bike to Work Week Kick-Off Breakfast**

1 day | All Ages Join us for National Bike to Work Week! Start your day with a tasty breakfast at the North Bank Shelter, located next to the Ice Age Floods Playground in Riverfront Park. The Spokane Bicycle Club will be serving mouthwatering blueberry pancakes, and Roast House will provide coffee. Riverfront Spokane 720 W Spokane Falls Blvd. Free

Mon. 5/13 7am-9am

#### **Riverfront Moves presented by Providence**

1 day | All Ages Riverfront Moves is our annual fitness series that includes local fitness partners to provide complimentary classes in the park throughout the summer. Riverfront Spokane 720 W Spokane Falls Blvd. Free

Visit www.riverfrontspokane.org/riverfrontmoves for the complete schedule.

#### ENTERTAINMENT

#### **Spokane Pavilion Concerts**

1 day | All Ages Join us at the Spokane Pavilion for our 5th annual summer concert series! Visit www.spokanepavilion.com for the complete calendar of additional shows. Riverfront Spokane 720 W Spokane Falls Blvd.

#### **Megan Moroney**

Fri. 7/12 6pm
The Decemberists

Sat. 7/27 5:30pm

<u>Ween</u>

Sun. 8/4 5:30pm





Includes: Kayak, Paddle, PFD, Shuttle Transportation, pre-trip & safety info, whistle and self-guided tour map. The Kayak Paddle is 7 miles total and takes 3+ hours. Kayak Rental must be returned by 4pm. Discover Parking Pass required for your vehicle.

REGISTER ONLINE AT SPOKANEREC.ORG **UNDER THE OUTDOOR TAB** 



# THE 2024 LITTLE SPOKANE RIVER SHUTTLE!

# **Saturdays and Sundays**

10am - 4pm | July 6 - September 1
From the 9 Mile Take Out of the Little Spokane River to the put in at St. George's

Single Trip: \$15

Per person. Canoes, kayaks and stand-up paddleboards only.

# **PRE-REGISTER ONLINE AT** SPOKANEREC.ORG UNDER THE OUTDOOR TAB

Or pay on-site with credit or debit (sorry, no cash or checks).

No inner tubes, rafts, dogs or alcohol allowed. PFD's required. Youth 17 & under must be accompanied by a parent or guardian. Discover Parking Pass required for your vehicle.





# Here's why:



## Guides

- Our friendly guides have a passion for the outdoors personally and professionally, and can't wait to share
- We worry about the details so you don't have to!
- Gain useful insights and info to make the most of your trip
- Guides lead at your pace no one gets left behind!



# Equipment

- · We provide all necessary equipment for our adventures
- We don't expect you to show up with the fanciest gear
- Find out if you like it before buying your own gear



# Transportation

- · Meet us in a convenient location close to town
- No parking passes needed when you ride with us
- Don't worry about the driving, just enjoy the scenery

# What you can expect:

A convenient and stress free way to discover a new destination with all of the trip details already organized for you and with a team to support you every step of the way. Before your trip, you will receive information on how to prepare and we are here for you if you have questions beforehand.

# What's happening?

SPRING: Wildflower Walks · Rafting · Archery

SUMMER: Paddleboarding · Kayak Tours · River Shuttles · Youth Day Camps

FALL: Hikes · Driving Tours · Kayak Tours

WINTER: Moonlight & Daytime Snowshoeing • Cross-Country Ski Trips & Lessons
PRIVATE TOURS: We'll take your group on a custom private adventure in any season





afuzak@spokanecity.org



509.363.5414



www.spokanerec.org

#### See Current Offerings







#### **ARCHERY**

Further pre-trip information emailed after registration. Please monitor your email for a message from our office. If you would like assistance in deciding whether the activity is a good fit for you, or for questions regarding age restrictions, equipment, or other activity inquiries please call us at 509-363-5414.

#### **Archery Introduction**

1 day | Ages 8yrs. & Up | Instructed by Evergreen Archery Club. Archery is a great activity which the whole family can enjoy. Learn the basics of archery from skilled professionals in a beautiful outdoor setting. After your instruction you will enjoy a course shoot and finish up with a 3D target. Since 1962, the Evergreen Archery Club has been dedicated to advancing the sport and maintains a wonderful outdoor range in close proximity to downtown Spokane. You will enjoy learning and practicing surrounded by native ponderosa pines in an amazingly convenient location! All equipment provided. Adult supervision required for participants under 18. Meet at Evergreen Archery

Range.	\$30		
16023	Sat.	4/13	9am- Noon
16024	Sat.	5/18	9am- Noon
16027	Sat.	6/15	9am- Noon
16028	Sat	7/13	9am- Noon

# REGISTER ONLINE SpokaneRec.org



MAIL US

City of Spokane Parks & Recreation Class Registration 808 W. Spokane Falls Blvd. Spokane WA 99201

\*checks payable to City of Spokane



CALL US

Call 311 or outside the city at 509.755.CITY Fax 509.625.6990





# BICYCLE WINE C TOURS

EXPLORE WINE COUNTRY IN WALLA WALLA ON BICYCLE THIS SPRING AND TASTE SOME OF WASHINGTONS'S FINEST WINES!

JUNE 2-3 | 9AM-4PM | \$369 EA

LODGING, CATERED LUNCHES AND VAN SUPPORT INCLUDED LEARN MORE AND REGISTER AT SPOKANEREC.ORG UNDER ACTIVITY CODE #15056



#### HIKING

Further pre-trip information emailed after registration. Please monitor your email for a message from our office. If you would like assistance in deciding whether the activity is a good fit for you, or for questions regarding age restrictions, equipment, or other activity inquiries please call us at 509-363-5414.

#### Wildflower Walks with Transportation

1 day | Ages 13yrs. & Up Spring is a wonderful time of year when the land around us takes a big, deep breath after a long winter's slumber. There should be 2-3 different types of flowers blooming during any of the journeys listed below and gorgeous views of the surrounding area as our world wakes up and shows off its beauty! Hikes leave from a central location where multiple bus routes can deliver you to meet the guides and be whisked away for a wonderful adventure. Fee includes: guides, transportation, and trekking poles. Any minors must register with an adult participant.

#### James T. Slavin Conservation Area

Hike time: 3 hours | Terrain: mostly flat Join us for a hike in the biologically diverse James T. Slavin Conservation Area. This trail system boasts a variety of habitat types including ponds, upland pine and fir forests, wetlands, and grassy meadows. its 628 acres is home to 121 species of birds! This area is relatively flat and we will hike at a comfortable pace depending on the group. Meet at Yoke's Fresh Market Foothills 210 E. North Foothills Dr. \$39 15057 Sat. 4/20 9am-1pm

#### **McKenzie Conservation Area**

Hike time: 3 hours | Terrain: moderate up and downhill; ~250ft elevation gain/loss Join us for a hike in this beautiful conservation property along Newman Lake. This is a moderate hike with an occasional steep hill. We'll travel through a forest of western red cedars, firs and pine trees as we travel to Turtle Rock to take in the majestic views of the lake, meadows, Mount Spokane, and surrounding areas. Meet at Safeway Parking Lot 8851 E. Trent Ave. Spokane Valley. \$39

15058 Sat. 4/27 9am-1pm

## NEW! Etter Ranch – Mother's Day Hike

Hike time: ~2.5 hours | Terrain: easier ~360ft elevation gain/loss | Sponsored by the Rocket Bakery This easy ramble leads you up the south facing meadows of Antoine Peak to the site of an historic homestead. The newly built single track trail is a joy and yields great views of the Spokane Valley. Antoine Peak Conservation Area provides unique recreational opportunities, protects the region's large mammal habitats, and preserves a critical wildlife corridor that connects the Spokane River Valley with Mount Spokane State Park. Meet at Safeway Parking Lot 8851 E. Trent Ave. Spokane Valley. \$39

16026 Sun. 5/12 9am-1pm

## **NEW!** Kamiak Butte

Hike time: 2.5 hours | Terrain: moderate up and downhill; ~900ft elevation gain/loss Join us for the final adventure of the Wildflower Walk series and discover Kamiak Butte, managed by Whitman County Parks and Recreation. As we meander up the north facing slopes of the butte you are surrounded by tall trees including western larch with their new needles freshly emerged from winter. Upon summiting this land feature, whose length runs east to west, you will be greeted by amazing views of the Palouse. Notice the vast difference in groundcover and plant types between the north and south facing slopes. Meet at Yoke's Fresh Market – Foothills Parking Lot 210 E. North Foothills Dr. \$49

16029 Sat. 6/15 9am- 2:30pm





#### KAYAKING

Further pre-trip information emailed after registration. Please monitor your email for a message from our office. If you would like assistance in deciding whether the activity is a good fit for you, or for questions regarding age restrictions, equipment, or other activity inquiries please call us at 509-363-5414.

## NEW Inflatable Kayaking on The Spokane River

1 day | Ages 15yrs & Up | Instructed by FLOW Adventures. We invite you to come out and join us for a wonderful float and exerience YOUR river! Inflatable kayaking (IK) is a great introduction to paddling moving water. With a lot of versatility, IK's are perfect for families, lake paddling, enjoying a meandering float down the Little Spokane River, or some exciting whitewater rapids! While superbly portable and stable, different models may be better suited for different uses. This class will teach you all about the different types of IK's, water safety, equipment, and places to paddle. You should have basic kayaking skills or have taken a lesson prior to this trip. Fee includes: guides, kayaking equipment, and shuttle transportation. 10% off each trip if you sign up for both days. Call 509-755-2489 for discounted registration.

#### **Upper Spokane River – Spokane Valley**

This kayaking trip will start at Barker Bridge and end at Mirabeau Point in the Spokane Valley. You will see signs of Spokane's railroad past and the Kaiser Aluminum plant which was once one of Spokane's largest employers and produced metal sheeting for uses all over the world. This stretch has many fun, straight forward, class II rapids on it with names like Boulder Garden, Flora's Rapid, Sullivan Hole, and Zoo Wave. This trip ends at the rocks of Mirabeau Point which used to be part of Spokane's Walk in the Wild Zoo. **Meet at Barker Rd. Bridge, Spokane Valley.** \$99 16031 Fri. 6/21 5:30pm – 8:45pm

#### **Lower Spokane River – River Gorge Park**

Join us for a float with fun class II rapids on the Spokane River. Your excursion down the river will start In the Peaceful Valley neighborhood and wind down the river to the newly redesigned take-out at TJ Meenach bridge. Along the way you will pass iconic landmarks and historical sites of Spokane's rich history as a railroad hub. Wildlife is also often seen. On past floats guests have seen moose, eagles, deer and osprey. As your journey passes by the old Natatorium Park, hear stories about the area from your guides. We will stop along the river's edge and check out the three springs area which is cool and shady all year long thanks to the springs flowing out of the hillside and filling the river before arriving at the take out. Meet at TJ Meenach Bridge Take Out 4440 W. Downriver Dr. \$99

16038 Sat. 7/13 8:30am – Noon

# Kayak and Cave Lake Lenore Lower Grand Coulee with Transportation

1 day | Ages 16yrs. & Up | 5 hours activity time This trip is all about enjoying mother nature! Paddle in the footsteps of the great Ice Age Floods which carved the landscape over 15,000 years ago. The beautiful geology of the lake will be breathtaking as we paddle the shoreline viewing the remains of ancient rock cliffs and the scenic deep alkaline lake at the bottom of a dramatic coulee. After our paddle take a hike to the Lake Lenore Caves, a 1.5 mile round trip scramble. The caves were used as shelters by early native people after the waters from the floods retreated. Bring a lunch, snacks and plenty of water, along with sturdy hiking boots. Fee includes: guides, tandem kayaks, PFD's, trekking poles, and transportation. Meet at Park Operations 2304 E Mallon Ave. \$99

16032 Sat. 6/22 7am – 6pm





#### KAYAKING

Further pre-trip information emailed after registration. Please monitor your email for a message from our office. If you would like assistance in deciding whether the activity is a good fit for you, or for questions regarding age restrictions, equipment, or other activity inquiries please call us at 509-363-5414.

#### Kayak Tour Spokane River Plese Flats to Nine Mile Dam

1 day | Ages 16yrs. & Up Enjoy a wonderfully lazy stretch of flatwater on the Spokane River that flows through Riverside State Park. The forested shorelines (sometimes we call them "Bob Ross Happy Trees") give you solitude as you keep a watchful eye out for wildlife such as osprey, heron, deer, moose, and fish. Paddle your sturdy and stable tandem sit-on-top kayak and learn some tips from your guides. This is a great escape! Discover Parking Pass required discoverpass.wa.gov. Fee includes: guides, kayaking equipment and shuttle transportation. Meet at Spokane River

Nine Mile Dam Take-Out W. Carlson Road Park	king Lot. \$59
NEW Father's Day - Ages 12yrs. & Up	

16030	Sun.	6/16	9am – 12:30pm
16056	Sat.	8/10	9am – 12:30pm

#### Kayak and Hike Deep Creek Canyon

1 day | Ages 16yrs. & Up | Activity time: 2.5 hours | 1.75 mi hike with ~350ft elevation Take a tour up the quiet flatwater of the Spokane River through Riverside State Park. Many animals frequent this area such as osprey, bald eagle, moose, waterfowl, fish and more. This out-and-back paddle will include wrap up with a short hike through Deep Creek Canyon. We will explore the ragged canyon walls where we may spot a rock climber scaling the basalt cliffs. The trail back to our tandem sit-on-top kayaks host views of the river and canyon below. After the hike is a short paddle back to the take-out. Bring sturdy footwear for the hike as there is some scrambling over rocks along with uneven terrain throughout the adventure. Discover Parking Pass required: discoverpass.wa.gov. Meet at Spokane River Nine Mile Dam Take-Out West Carlson Road Parking Lot. \$49

16039 Sat. 7/20 9am – Noon



#### **Kayak Amber Lake**

1 day | Ages 16yrs. & Up | 2 hours activity time Feast your eyes, and your paddle, on this beautiful lake in the channeled scablands south of Cheney. With minimal development along the shore and no combustion engines allowed, you can relax and enjoy the stunning early summer greenery surrounded by ponderosa pine and the dazzling flowering arrowleafbalsamroot. Bring snacks and plenty of water. Fee includes: guides, tandem kayaks, and transportation. Meet at Yoke's Fresh Market - Latah Parking Lot 4235 Cheney Spokane Rd. \$59

16033 Sun. 6/23 9am – 1pm

#### **Kayak Sacheen Lake**

1 day | Ages 16yrs. & Up | 2 hours activity time Surrounded by pine-covered hills, this scenic lake is a perfect setting for a relaxing paddle. You will paddle your tandem sit-on-top kayak through narrow channels with lilies and wildlife toward the headwaters of the west branch Little Spokane River. Take in the scenery of lake homes and mountains as your paddle slices through the clear waters. Fee includes: guides, kayaking equipment, and transportation. Meet at Yoke's Fresh Market – Mead Parking Lot 14202 N. Market St. \$59

16034 Sun. 6/30 9am – 1pm

#### Sunset Kayaking

1 day | Ages 16yrs. & Up Take a tandem sit-on-top kayak tour on the Spokane River! These flatwater paddle adventures are either from Upriver Dam towards the Argonne bridge, or from Plese Flats in Riverside State Park. Bring your camera for this one; there will be plenty of opportunities for great photos as the sun sets. Fee includes: guides and kayaking equipment. Meeting locations listed below. \$39

16052	Fri.	7/26	Upriver Dam	6:30pm – 8:30pm
16053	Sat.	8/3	Plese Flats	6:30pm – 8:30pm

#### **Kayak Fishtrap Lake**

1 day | Ages 16yrs. & Up Bask in the oasis of the undeveloped Fishtrap Lake that was carved out thousands of years ago by the great Ice Age Floods. As we explore this nearly 3-mile-long narrow lake in tandem kayaks, we can investigate protected coves, and imagine the changes that occurred over its drawnout formation by the many great floods. Fee includes: guides, kayaking equipment, and transportation. Meet at Yoke's Fresh Market - Latah Parking Lot 4235 Cheney Spokane Rd. \$69

16057 Sun. 8/4 8am – 1pm



#### **KAYAKING**

#### Kayak and Cave Pend Oreille River Z Canyon with Transportation

1 day | Ages 16yrs. & Up | 6 hours activity time Don't miss out on this one!! We will explore Gardner Cave on a guided educational walking tour of a 1,055 foot limestone cavern. This cave is filled with stalactites, stalagmites, rim stone pools and flowstone. After the cave we will enjoy lunch (bring your own) before embarking on our tandem sit-on-top kayak tour exploring this beautiful flat water section of the Pend Oreille River. This section of water is so beautiful and includes waterfalls, deep canyons and wonderful scenery! Fee includes: guides, kayaking equipment, cave tour, and transportation Meet at Yoke's Fresh Market – Mead Parking Lot 14202 N Market St., Mead. \$99

 16050
 Sun.
 7/21

 16051
 Sat.
 7/27

 7am – 6pm
 7am – 6pm

#### **Kayak Little Spokane River Tour**

1 day | Ages 16yrs. & Up Take in this one-of-a-kind natural area as you paddle your single sit-on-top kayak. We will paddle for 7 miles along this meandering river exploring every winding oxbow. Spokane is so lucky to have this treasure in it's backyard. Look for many ducks, heron, and maybe a moose. Set your watch to river time and connect with nature! Discover Parking Pass Required: discoverpass.wa.gov. Fee includes: guides, kayaking equipment, and shuttle transportation. Parent must accompany participants under 18. Meet at Little Spokane River Take-Out N. Shoemaker Ln., Nine Mile Falls. \$67

 16054
 Sun.
 7/28
 9am – 1pm

 16055
 Sun.
 8/25
 9am – 1pm

#### **Kayak and Coffee Spokane River Upriver Dam**

1 day | Ages 16yrs. & Up | Sponsored by The Rocket Bakery Take a morning tour on the Spokane River and enjoy some delicious drip coffee from The Rocket Bakery! We will meet at the upriver dam visitor parking lot where your coffee and sit-on-top tandem kayaks await. This flatwater paddle adventure takes you on a tour along the forested Centennial Trail into the urban outdoors, viewing spectacular river homes, wildlife and soaking up the cool morning waters. Bring your camera for this one; there will be plenty of opportunities for great photos along the way. Fee includes guides, coffee, and kayaking equipment. Meet at Spokane Upriver Dam & Facility 2701 N Waterworks St. \$49 16059 Sun. 8/18



# **Outdoor Recreation**

#### **RAFTING**

Further pre-trip information emailed after registration. Please monitor your email for a message from our office. If you would like assistance in deciding whether the activity is a good fit for you, or for questions regarding age restrictions, equipment, or other activity inquiries please call us at 509-363-5414.

#### **Lower Spokane River**

1 day | Ages 5yrs. & Up | Guided by Wiley E. Waters. This 3-hour trip is the most adventurous on the Spokane River! We meet in Peaceful Valley and suit you up with all necessary equipment, including wetsuits when needed. We will instruct you with essential equipment and safety techniques prior to getting you on the river. Before you hit your first set of rapids, the Spokane River provides an abundance of wildlife and plenty of opportunities for swimming and or relaxing. Your guide will navigate you through two class III rapids. First up is "Bowl and Pitcher." This rapid will take you through exciting whitewater while going under Riverside State Park's wooden swinging bridge. Next up is "Devil's Toenail," another exciting class III rapid with plenty of splashes and heart-pumping fun! Drinks are provided after the trip. Leave the noise and responsibility behind and allow us to create these live-in-the-moment memories that can be so rare and last a lifetime! Pre-trip information emailed after registration. Meet at Spokane River Water Ave. \$63

15913	Sun.	5/19	10am – 1pm
15914	Sun.	6/2	10am – 1pm
15915	Sun.	6/9	10am – 1pm
15916	Fri.	6/14	10am – 1pm





#### **Clark Fork River**

1 day | Ages 5yrs. & Up | Guided by Wiley E. Waters. This option is an all-day excursion with plenty of whitewater for the adventure seeker! We will meet at Wiley headquarters, where you will leave your vehicle, meet your guide and receive a safety briefing. Once on the river, your guide will navigate you through 4-6 notable class III-IV rapids with many small rapids in between. With all this excitement, there is still the opportunity to take in the breathtaking geography and wildlife western Montana has to offer. This river has great swimming holes and rock jumping. Your trip includes an all-you-can-eat buffet-style lunch because, yes, rafting is a workout. Water is provided at lunch, while other beverages are provided at the end of the trip. Camping available at Trout Creek Campground (recommended). Pre-trip information emailed after registration. Registration deadline 1 week before start date. Meet at Clark Fork River Lozeau Exit 55

#### - Montana \$87

15917	Fri.	7/19	9am – 2:30pm (pacific standard time)
15918	Sat.	7/27	9am – 2:30pm (pacific standard time)
15919	Sat.	8/10	9am – 2:30pm (pacific standard time)
15920	Sun.	8/11	9am – 2:30pm (pacific standard time)



#### PADDLEBOARDING

Further pre-trip information emailed after registration. Please monitor your email for a message from our office. If you would like assistance in deciding whether the activity is a good fit for you, or for questions regarding age restrictions, equipment, or other activity inquiries please call us at 509-363-5414.

## **NEW!** Moonlight Paddleboarding

1 day | Ages 16yrs. & Up | 2.5 hours activity time Rippling reflections of moonlight shine back at you as you glide through the still evening water. As the moon rises we will paddle awestruck by the magnificence of the lunar light. It will be a sight remember seeing the moon over the basalt rock faces at the shore of these lakes in the channeled scablands. Bring snacks and plenty of water. Fee includes: guides, paddleboarding equipment, and transportation. Meet at Yoke's Fresh Market - Latah Parking Lot 4235 Cheney Spokane Rd. \$59

 16037
 Fri.
 7/12
 Amber Lake
 8pm – 10:30pm

 16058
 Sat.
 8/17
 Badger Lake
 7pm – 10pm

## NEW Parent's Night Out – Youth Paddleboarding

1 week | Ages 8-12yrs. Take some time for yourself while we show your kids a great time paddleboarding! This brand-new program meets in two convenient locations close to some great flatwater paddling on the Spokane River. While you go out for a nice dinner or a movie, we will be exploring scenic places, having fun, and gaining some skills. Bring plenty of water and pack a dinner for the kids to bring on the trip. No previous paddleboarding experience required. Fee includes: guides, paddleboarding equipment, and transportation. 10% discount if you register 2 or more participants. Call (509)755-2489 for discounted pricing. Meeting locations specified below. \$49

#### Riverfront Park Drop Off/Pick Up

16048 Fri. 7/19 6pm – 9pm

5 Mile Rosauers Drop Off/Pick Up

16049 Fri. 8/9 5:30pm – 8:30pm

#### **Sunset Paddleboarding**

1 day | Ages 16yrs. & Up Take a paddleboard tour on the Spokane River! This flatwater paddle adventure is from Upriver Dam towards the Argonne bridge. Bring your camera for this one; there will be plenty of opportunities for great photos as the sun sets. This beautiful flatwater section of the Spokane River takes you on a tour along crystal clear waters, viewing wildlife, river homes and urban outdoor scenery. Fee includes: guides and paddleboarding equipment. Meet at Spokane Upriver Dam & Facility 2701 N Waterworks St. \$39

16060 Fri. 8/23 5:30pm – 7:30pm



# **Therapeutic Recreation Services**



Therapeutic Recreation Services provides recreational opportunities for people with disabilities. If you do not have a disability and are interested in taking the class or volunteering please contact Alice Busch abusch@spokanecity.org

#### TRS SOCIALIZATION

#### **TRS Bowling & Pizza**

1 day | Ages 16yrs. & Up Join us for an afternoon of bowling, pizza, fun and friends. Fee includes everything so extra money is not required. Meet at Lilac Bowl, 1112 E Magnesium Rd. \$33 15951 Thurs. 5/2 1-3:30 pm 16017 Thurs. 7/25 1-3:30 pm

#### **TRS Classy Crafts**

4 weeks | Ages 16yrs. & Up Explore your creative side and make a variety of beautiful and meaningful crafts each week. Participants will have the opportunity to improve skills such as fine motor, socialization, and communication. Class meets at Park Operations lunchroom, 2304 E. Mallon Ave. \$49

15070	Thurs.	4/11-5/2	4:15- 5:30pm
15959	Thurs.	5/9 -5/30	4:15 – 5:30pm
15960	Thurs.	6/6-6/27	4:15 – 5:30pm
15962	Thurs.	8/1-8/22	4:15 - 5:30pm
15965	Thurs.	9/5-9/26	4:15 – 5:30pm



#### TRS Cookie Bake Night

1 day | Ages 14yrs. & Up Spend the evening making several types of cookies. Enjoy yourself, take home or share with friends. Gluten-free options are available. Class meets at Southside Senior Activity Center, 3151 E. 27th Ave.-kitchen. \$22

16021 Wed. 6/5 5:30 – 7:30pm

#### TRS Day at the Theatre

1 day | Ages 16yrs. & Up Come with us as we delight in the entertaining theatre productions put on by our local Spokane Childrens Theatre(SCT) 2727 N. Madelia St and Christian Youth Theatre(CYT) Bing Crosby Theater- 901 W. Sprague Ave. \$31

You're a Good Man Charlie Brown- meet at Spokane Childrens
Theatre

#### <u>Theatre</u>

1511/	Sat.	4/20	1:45-4:15pm
Disney's	s Tarzan-	meet at Spokane Childrens	Theatre
15963	Sun.	5/19	1:45 -4:15pm
	_		

Seussical- meet at Christian Youth Theatre

1/20

15964 Sat. 6/1 2:45 -5:15pm

#### **TRS Fine Dining**

1 day | Ages 18yrs. & Up Do you like getting dressed up and going out? Come with us and experience the culinary delights of Spokane's finest restaurants! Staff will help in the selection and purchase of a meal. Participants will have the opportunity to improve social, communication, and etiquette skills. Price does not include cost of food. Transportation provided from Park Operations 2304 E. Mallon Ave. \$21

#### **Red Robin**

15991	Wed.	5/22	5:45-9pm
Boiler F	Room Piz	<u>za</u>	
15992	Thurs.	7/18	5:45-9pm

#### TRS Friday Night Jam

1 day | Ages 18yrs. & Up Come rock and swing at Spokane's oldest on-going nightclub for people with developmental disabilities. If participants require direct supervision, then care providers need to attend. May Hawaiian Luau-Meet at West Central Community Center, 1603 N. Belt. \$11

15993 Fri. 5/10 7 -8:30pm

#### **Annual Picnic & Dance**

TRS provides fried chicken. Please bring a side dish or dessert to share. **Meet at Franklin Park Shelter, 302 W. Queen Ave.** \$12 15994 Fri. 7/12 6 -8:30pm

Therapeutic Recreation Services provides recreational opportunities for people with disabilities. If you do not have a disability and are interested in taking the class or volunteering please contact Alice Busch abusch@spokanecity.org

### TRS SOCIALIZATION

# TRS Furry Friends & Food

1 day | Ages 16yrs. & Up What could be more fun than hanging out with cute furry dogs or cats then enjoying a meal with friends. Join us as we visit BARK, A Rescue Pub's Adoption Center in partnership with Spokane Humane Society. Each person will spend time in the adoption center then enjoy a tasty meal. Staff will assist with the animal visit and then the selection and purchase of a meal. Participants will have the opportunity to safely hold or pet the animals, wash up, and work on social, communication and etiquette skills. Price does not include cost of food. Transportation provided from Park Operations, 2304 E. Mallon Ave. \$29

16117 Fri. 8/23 10:15am -1:30pm

#### **TRS Paint & Taste**

1 day | Ages 14yrs. & Up Do you like painting and apple cider? Make a masterpiece of your very own while enjoying sipping on cider. No painting experience required. Meet at Spokane Valley Parks & Recreation Center Place, 2426 N. Discovery Place. \$21 16061 Tues. 6/25 5:30 – 7pm



#### **TRS Trivia Night**

1 day | Ages 14yrs. & Up Bring your sack dinner and laugh with friends while playing Trivia. Fun prizes will abound. Meet at Spokane Valley Parks & Recreation Center Place, 2426 N. Discovery Place. \$19

15132 Fri. 4/26 5:30 – 7pm

#### TRS What's Cooking

4 weeks | Ages 16yrs. & Up Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. Class meets at Southside Senior Activity Center, 3151 E. 27th Ave.- kitchen \$69

15952	Tues.	5/7 -5/28	4-6pm
15953	Tues.	6/4 -6/25	4 -6pm
15956	Tues.	7/9- 7/30	4 -6pm
15957	Tues.	8/6 -8/27	4 -6pm
15958	Tues.	9/3-9/24	4 -6pm

#### **TRS Funshine Summer Day Camp**

4 weeks | Ages 6-21yrs. | 1 week Teens | Ages 13-18yrs | 2 weeks Adults | Ages 18yrs & Up

Funshine Day Camp is a fun-filled camp for those with developmental and/or physical disabilities. Campers will have the opportunity to interact and socialize with their peers through crafts, music, science experiments, books, board games, group activities, and more. Fridays are field trip days to a variety of exciting locations. Each week the camp centers around a different theme. We celebrate the end of summer with our annual Potluck BBQ & Carnival. Drop off and pick up will be at the Shadle Library, 2111 W. Wellesley Ave. Call 509-625-6245 or email Alice Busch at abusch@spokanecity.org for more information.

Code Course	Days of the Week	Theme	Time	Fee
15411	Mon Fri. 6/24-6/28	Adult Week-Games	9am-2:30pm	\$259
16065	Mon Wed. 7/1-7/3	<u>Teen Week</u>	9am-2:30pm	\$259
16063	Mon Fri. 7/8-7/12	Jurassic Park Kids #1	9am-2:30pm	\$259
16064	Mon Fri. 7/15-7/19	Under the Sea Kids #2	9am-2:30pm	\$259
16067	Mon Fri. 7/22-7/26	Super Science! Kids #3	9am-2:30pm	\$259
16066	Mon Fri. 7/29-8/2	<b>Adult Week</b> -Art	9am-2:30pm	\$259
16068	Mon Fri. 8/5-8/9	Lights,Camera, Action Kids #4	9am-2:30pm	\$259

# Therapeutic Recreation Services



#### TRS SWIMMING



# NEW! TRS Sensory Sensitivity Swim

4 weeks | All Ages In cooperation with SPRD Aquatics TRS is offering a pilot pool time designed for swimmers with sensory sensitivities. Each swimmer will be required to have an adult caregiver/parent to provide support as needed. The pool will be less crowded, whistles will not be used as frequently and swimmers can enjoy a zero depth entry, slides, and play structure. Meet at AM Cannon Aquatic Center, 1511 N Elm Street. \$40

16167 Fri. 7/12-8/2 12-12:45pm

#### 6 weeks | Ages 8yrs. & Up Meet at Whitworth University Aquatic Center, 300 W. Hawthorne.

#### **Blue Dolphin Swim Team**

6 weeks | Ages 8yrs. & Up For people with developmental disabilities who want to swim competitively or get a good workout. Ability to swim 75 yards without assistance and with rhythmic breathing. \$63

14999 Sun. 4/7-5/12 2:15-3:45pm

#### **Learn to Swim- Beginner**

6 weeks | Ages 8yrs. & Up Individuals will learn how to face float, back float, kick with floats and learn the crawl stroke with rotary breathing. Elementary back stroke and back crawl will be taught with the goal of swimming 20 yards. We require each swimmer to have an attendant in the water assisting so the teacher can rotate their attention safely. \$63

15001 Sun. 4/7-5/12 3:05-3:50pm

#### **Learn to Swim-Intermediate**

6 weeks | Ages 8yrs. & Up Individuals who have mastered the Beginner skills and are ready to move on skills worked on will be distance swimming, breaststroke, butterfly, diving, simple turns and deeper water experience. \$63

15000 Sun. 4/7-5/12 2:15-3pm





US

City of Spokane Parks & **Recreation Class Registration** 808 W. Spokane Falls Blvd. Spokane WA 99201

\*checks payable to City of Spokane



**CALL** US

**Call 311** or outside the city at 509.755.CITY Fax 509.625.6990





#### TRS FITNESS & WELLNESS

#### **TRS Bicycling**

6 weeks | Ages 16yrs. & Up Enjoy Spokane's natural beauty by bicycle. Participants need to be in moderate physical condition and ride a bike safely. Make sure your bike is in good working order and helmet fits well and is less than 5 years old. Meet at Meet at Mirabeau Point Park, trailhead, 13500 Mirabeau Pkwy, Spokane Valley. \$69

15131	Wed.	4/24 – 5/29	5 –7 pm
15403	Wed.	6/12-7/17	6 – 8 pm
15404	Wed.	7/24-8/28	5 -7 pm
15405	Wed.	9/11-10/9	4 -6 pm



#### **TRS Cornhole & Pizza**

4 weeks | Ages 12yrs. & Up Fresh air, fun and favorite lawn game-Cornhole. Laughter and friendly competition will abound. Pizza will be served. Meet at Fowler United Methodist Church, 3928 N. Howard St. \$59

15127	Mon.	4/8-4/29	4:30 – 6pm
15954	Mon.	5/6 -6/3*no class 5/27	4:30 – 6pm
15955	Mon.	7/8 -7/29	4:30 - 6pm
16022	Mon.	8/5 -8/26	4:30 – 6pm

#### TRS Line Dancing

4 weeks | Ages 14yrs. & Up Easy beginner line dancing is for everyone. Grab your dancing shoes and join us as we learn the fundamentals of line dancing and other dances such as the Macarena, YMCA, Alley Cat and more. Meet at Fowler United Methodist Church, 3928 N. Howard. \$31

15128	Mon.	4/8-4/29	3 – 4pm
15995	Mon.	5/6-6/3 *no class 5/27	3 – 4pm
15996	Mon.	7/8-7/29	3 – 4pm
15997	Mon.	8/5-8/26	3 – 4pm

#### **TRS Playball**

14 weeks | Ages 12yrs. & Up This program is for those who are ready for more of a challenge. They will work on preparation and skill development in actual game situations. We are looking for parents/adults to play to enhance the game. Meet at Chief Garry Park, Mission & Regal. Field A. \$65

16018 Fri. 5/10-8/9 \*no class 5/24,7/5 6-8pm



#### **TRS Disc Golf & Pizza**

**3 weeks | Ages 12yrs. & Up** We will visit a Spokane Parks and Recreation Park that host a Jr. Disc golf course. Safety and throwing fundamentals will be covered. Games played each week. Disc is included in the price. Discs provided if forget to bring. Pizza served at the end of each weekly play. **Meet at a -Liberty Park Library parking lot 402 S. Pittsburg St.** \$43

16062	Sat.	6/22 -7/6	4 -5:30pm
16118	Fri.	9/13-9/27	3 -4:30pm

# **Therapeutic Recreation Services**



## **TRS TRIPS & TOURS**

#### TRS Cheney Rodeo

1 day | Ages 18yrs. & Up Put on your western duds and cowboy hat as we head to Cheney for the annual professional rodeo. The show will be packed with calf roping, bronc and bull riding, and other exciting events. Meet at Cheney Rodeo Grounds, 14310 St. Rt. 904. \$43

16069 Sun. 7/14 3-6:30 pm

#### TRS Fishing Frenzy

1 day | Ages 13yrs. & Up Join us for a day of fishing on Clear Lake. It is a 'Free Fishing Weekend' in WA so Michael and Joshua Marro will be sponsoring this event for TRS. Fishing poles, tackle and bait will be provided. Bring \$10 for a lunch of hamburger/ hotdog, chips, soda and dessert. Meet at Park Operations, 2304 E. Mallon Ave. \$29

15998 Sat. 8:15am-2pm

#### TRS River Rafting

1 day | Ages 14yrs. & Up See our own Spokane River as we float away from downtown on inflatable whitewater rafts. This trip, operated by Wiley E.Waters, has a touch of Whitewater and is a great introduction to rafting. Participants should be comfortable in the water. Meet at Sinto Senior Activity Center, 1124 W. Sinto. \$53

16019 Sun. 6/9 1:30-5:15pm

#### TRS Seize the Day

1 day | Ages 18yrs. & Up Find yourself sitting around the house during the day? Want to get out and meet some new friends and enjoy some new activities? Come with TRS and Seize the Day with our early afternoon programs around town! Meeting locations and times will vary.

#### **Rivers Wish Animal Sanctuary**

We will visit farm animals, see pigs, horses and lambs and enjoy nature with friends! The farm has rough terrain. Meet at West Central Community Center parking lot, 1603 N. Belt \$25

15125 Wed. 4/10 10am -2pm

#### **Garage Sales Day**

Ready to treasure hunt? We will be hunting down deals at local garage sales then stopping to eat lunch at a park! Meet at Park Operations, 2304 E Mallon Ave. \$29

16116 Fri. 8/16 9am-1pm

#### TRS Sailing

1 day | Ages 16yrs. & Up Come enjoy the beautiful scenery of Lake Pend Oreille at Bayview. Feel the breeze, steer the boat, and help man the sails on this all-day adventure with Dogsmile Adventures. After sailing we will retell our experiences over lunch at Ralphs.

#### Meet at Park Operations, 2304 E Mallon Ave. \$129

16119 Tues. 7/23 7:15am - 3pm 16120 Tues. 8/27 7:15am - 3pm

For more information call 311 or dial 509-755-2489

#### **TRS Scottish Highland Games**

1 day | Ages 18yrs. & Up Bag pipes, dancing, strength tests, sheep and dogs are all part of the Highland Games. Transportation provided from Park Operations, 2304 E. Mallon Ave. \$37

16159 Sat. 11:30am-3:30pm

#### TRS Skyfest

1 day | Ages 14yrs. & Up Join us at the Inland Northwest Skyfest Airshow and Open House at Fairchild Airfore Base. Be entertained by the amazing Airmen, and the Air Combat Command Demonstration Team. Enjoy static aircraft displays, interactive exhibits and MORE! All airshow guest must consent to security searches of all backpacks and bags before entry onto the base by security forces Airmen. Meet at Park Operations 2304 E. Mallon Ave. \$34

16020 Sun. 6/23 11am- 5pm

#### **TRS Spokane Indians Baseball**

1 day | Ages 18yrs. & Up Let's support our local Spokane Indians Baseball Team. Participants are responsible to bring the suggested amount of money listed. Sign-up fee covers transportation, staff, and tickets. Caregiver tickets available at a discount. TRS staff ratio is 1:4-6. Participants will have the opportunity to practice socialization skills such as making choices, handling money, following directions and getting along within a group. Meet at the Main entrance of Avista Stadium, 602 N Havana St, Spokane Valley, WA 99212. \$34

#### **Everett Aqua Sox- Fireworks Night**

LVCICE	<u> </u>	K THEWOTKS HIGHE	
15323	Fri.	4/19	6 -9:45pm
<b>Vancou</b>	ver Cana	dians-Armed Forces Appreciation	
15966	Fri.	5/17	6 -9:45pm
<b>Eugene</b>	<b>Emerald</b>	<u>s- Fireworks Night</u>	
15968	Fri.	6/21	6:30 -10pm
<b>Everett</b>	Aqua So	<u>x</u>	
15969	Thurs.	7/11	6:30- 10pm
Vancou	ver Cana	<u>dians</u>	
15970	Wed.	8/14	6-9:45pm



#### YOUTH ATHLETICS

The NFL Youth Flag Football Program requires a \$50 non-refundable deposit per registration. Payment plans available. Call (509)755-2489 for details.

#### **NFL Youth Flag Football League**

8 weeks | Ages 5-16yrs. Is your child ready for the NFL? This is an SPRD/ NFL Flag partnership to bring this exciting league to Spokane! Teams are made up of 5-10 players with practices on Tuesdays and league games on Thursdays. Players will receive an official NFL Team Jersey & NFL Flag Belt. Practices are held at the facility you register under. All games will be held at Dwight Merkel Sports Complex.

\$149

Regular Registration Deadline: May 3rd

Late registration Deadline: (+\$25) May 10th as space allows.

<u>Dwight Merkel Sports Complex</u>						
Tues./Thurs.	5/28 – 7/25	4:30-8pm	5-7 yrs			
Tues./Thurs.	5/28 – 7/25	4:30-8pm	8-10 yrs			
Tues./Thurs.	5/28 – 7/25	4:30-8pm	11-13 yrs			
Tues./Thurs.	5/28 – 7/25	4:30-8pm	14-16 yrs			
ast Sports Com	<u>olex</u>					
Tues./Thurs	5/28 – 7/25	4:30-8pm	5-7 yrs			
Tues./Thurs.	5/28 – 7/25	4:30-8pm	8-10 yrs			
Tues./Thurs.	5/28 – 7/25	4:30-8pm	11-13 yrs			
Tues./Thurs.	5/28 – 7/25	4:30-8pm	14-16 yrs			
	Tues./Thurs. Tues./Thurs. Tues./Thurs. Tues./Thurs. ast Sports Comp Tues./Thurs Tues./Thurs Tues./Thurs. Tues./Thurs.	Tues./Thurs. 5/28 – 7/25 Tues./Thurs. 5/28 – 7/25 Tues./Thurs. 5/28 – 7/25 Tues./Thurs. 5/28 – 7/25 ast Sports Complex Tues./Thurs 5/28 – 7/25 Tues./Thurs. 5/28 – 7/25 Tues./Thurs. 5/28 – 7/25 Tues./Thurs. 5/28 – 7/25	Tues./Thurs.       5/28 – 7/25       4:30-8pm         ast Sports Complex         Tues./Thurs       5/28 – 7/25       4:30-8pm         Tues./Thurs.       5/28 – 7/25       4:30-8pm         Tues./Thurs.       5/28 – 7/25       4:30-8pm			



#### **ADULT FLAG FOOTBALL**

All outdoor adult sports leagues team fees are required to pay a \$10 field sports improvement fee.

This fee will be included in the registration fee.



#### Flag Football League – Summer 5v5

7 weeks | Ages 18yrs. & Up This is the Summer version of the best Flag Football League in the Northwest! 7-game guarantee, with an end of season tournament. Two league options to choose from: Competitive or Recreational. 6 regular season games with a one game guaranteed tournament. All games will be played at Dwight Merkel Sports Complex with the schedule starting at 8AM. \$430/per team

Regular Registration Deadline: May 24th

**Late Registration Deadline:** (+\$35) -May 31st as space allows.

5 Man Recreational

16115	Sun.	6/9-7/28	8am-8pm
<u> 5 Man (</u>	Compet	<u>itive</u>	
16114	Sun.	6/9-7/28	8am-8pm



## **ADULT ATHLETICS**

#### **Cornhole League**

5 weeks | Ages 18yrs. & Up We're bringing the fan-favorite lawn game to the masses. Join us for 5 weeks of evening play. Do you have what it takes to take home the corn title? Come play in our upper or lower recreational divisions. Teams will play two games (up to six matches) a night. Team registration only. The regular registration fee is \$75 a team, a team is allowed 3 players max. Games played in Carson Park at Dwight Merkel Sports Complex 5225 N Assembly St. \$75 (per team)

#### June/July League:

Regular Registration Deadline: May 19 Late Registration Deadline: (+\$25) May 26

16135	Tues.	6/4-7/2	6pm-9pm	Lower Competition League
16134	Tues.	6/4-7/2	6pm-9pm	Upper Competition League
16137	Fri.	6/7-7/12	6pm-9pm	Lower Competition League
16136	Fri.	6/7-7/12	6pm-9pm	Upper Competition League

#### July/August League:

Regular Registration Dates: May 1– July 7

Late Registration Deadline: (+\$25) - July 14

16131 Tues. 7/23-8/20 6pm-9pm

16131Tues.7/23-8/206pm-9pmLower Competition League16130Tues.7/23-8/206pm-9pmUpper Competition League16133Fri.7/26-8/236pm-9pmLower Competition League16132Fri.7/26-8/236pm-9pmUpper Competition League



#### **How-to-Lawn-Bowl Introduction**

2 weeks | Ages 16yrs. & Up | Summer evenings on a manicured green next to the river. Rolling grapefruit-sized bowls up to 120 feet, aiming to leave yours closer to the small white "jack" ball than other bowlers. Enjoying summer sunsets, cooler air and companionable friends while improving aim, distance and scoring at this ancient royal sport. Lawn bowling is similar to bocce, but with a bonus: the bowls are elliptical, allowing rolls that curve around opponents' bowls. Bowls are supplied; show up wearing flat-soled shoes. You will be shown the basics over four evenings spread over two weeks. Adults need the strength to roll the bowl 120 feet. Spokane Lawn Bowling Green behind Witter Aquatic

Center 1300 E. Mission Ave. \$25

16091 Tues./Thurs. 6/18-6/27 6:30-7:30pm 16092 Tues./Thurs. 7/9-7/18 6:30-7:30pm





#### SOFTBALL

All outdoor adult sports leagues team fees are required to pay a \$10 field sports improvement fee.

This fee will be included in the registration fee.

#### Softball League - Summer

7 weeks | Ages 18yrs. & Up Join us this season for the best softball competition in town and register your team today! SPRD offers a variety of divisions including Men's or Coed: E (Recreational/Beginner), E+ (Upper Recreational) & D (semi-competitive). Play 7 weeks of double-header games at Dwight Merkel Sports Complex, 5701 N. Assembly or Franklin Park Softball Complex, 302 W. Queen Ave. Team registration fee includes: 14 game guarantee, a set of balls, a scorebook, line-up cards, and umpire fees for the season. The athletics department reserves the right to move teams to a different division based on past standings and needs. Start dates for summer are tentative based on when the spring season finishes. \$899/per team

Regular Registration Dates: May 13th – June 7th

Late Registration Deadline: (+\$35) - June 14th as space allows.

#### **Coed Leagues**

Course #	Division	Day	Dates	Time
16099	Coed E	Sun.	6/23-8/11	6-9pm
16098	Coed E+	Sun.	6/23-8/11	6-9pm
16097	Coed D	Sun.	6/23-8/11	6-9pm
16105	Coed E	Tues.	6/25-8/6	6-9pm
16104	Coed E+	Tues.	6/25-8/6	6-9pm
16103	Coed D	Tues.	6/25-8/6	6-9pm
16111	Coed E	Thurs.	6/27-8/8	6-9pm
16110	Coed E+	Thurs.	6/27-8/8	6-9pm
16109	Coed D	Thurs.	6/27-8/8	6-9pm
16113	Coed E	Fri.	6/28-8/16	6-9pm
16112	Coed E+	Fri.	6/28-8/16	6-9pm

#### **Men's Leagues**

Course #	Division	Day	Dates	Time
16102	Men's E	Mon.	6/24-8/5	6-9pm
16101	Men's E+	Mon.	6/24-8/5	6-9pm
16100	Men's D	Mon.	6/24-8/5	6-9pm
16108	Men's E	Wed.	6/26-8/7	6-9pm
16107	Men's E+	Wed.	6/26-8/7	6-9pm
16106	Men's D	Wed.	6/26-8/7	6-9pm



# REGISTER ONLINE SpokaneRec.org



MAIL US

City of Spokane Parks & Recreation Class Registration 808 W. Spokane Falls Blvd. Spokane WA 99201



\*checks payable to City of Spokane



Call 311 or outside the city at 509.755.CITY Fax 509.625.6990





#### **VOLLEYBALL**

All outdoor adult sports leagues team fees are required to pay a \$10 field sports improvement fee.

This fee will be included in the registration fee.

#### Summer Outdoor Volleyball League

**Ages 18yrs. & Up |** Get your friends together and join our outdoor volleyball league. Games are played 6-8pm for 8 consecutive weeks including an end of season tournament. All games played at the Dwight Merkel Sports Complex, 5701 N. Assembly.

**Early Bird Registration:** April 15 – April 28 (\$25 Discount) **Regular Registration:** April 29 – May 19 - \$359/per team

Late Registration (while space allows): May 20 – May 31 (\$50 fee)

15924	B Division	Wed.	6/5-7/24	6-8pm
15925	Upper C Division	Wed.	6/5-7/24	6-8pm
15926	Lower C Division	Wed.	6/5-7/24	6-8pm

#### **Fall Volleyball League**

Ages 18yrs & Up Come and join the fastest growing adult sports league in Spokane! Whether you are a team of seasoned players or new to the game, we have a division for you. We offer Coed 6's with various skill levels. We also offer Coed, Men's, and Women's divisions. Games are played at local middle school gymnasiums between the hours of 6:15pm and 9:30pm. Locations, dates and times are subject to changed based on school district facility availability.

Early Bird Registration: Aug. 12-25, (\$25 discount)

Regular Registration: Aug. 26-Sept. 15

Late Registration (while space allows): Sept. 16-29, (+\$50 fee)

Activity #	Division	Location	Days	Tentative Dates	Fee Per Team
15942	Men's 4's	Sacajawea	Mon.	10/7-12-16	\$255
15944	Coed Upper B	Yasuhara/Garry	Mon.	10/7-12-16	\$375
15948	Coed Lower B	Glover/Garry	Mon.	10/7-12-16	\$375
15938	Coed 4's Upper	Chase	Tues.	10/8-12-17	\$255
15940	Coed 4's Lower	Shaw	Tues.	10/8-12-17	\$255
15939	Women's 4's Upper	Flett/Garry	Wed.	10/9-12-18	\$255
15941	Women's 4's Lower	Glover/Garry	Wed.	10/9-12-18	\$255
15945	Coed B	Salk	Thurs.	10/10-12-19	\$375
15946	Coed C	Flett	Thurs.	10/10-12-19	\$375
15943	Coed Upper C	Salk/Shaw	Fri	10/11-12-20	\$375
15949	Coed Lower C	Shaw/Salk	Fri.	10/11-12-20	\$375
15947	Coed BB	Yasuhara	Fri.	10/11-12-20	\$375





# SUMMER CAMP PAYMENT PLANS!

# 2024 Summer Camp Registration opens March 20 at 8:00am

New this year, Spokane Parks & Recreation will be offering a payment plan with an automatic payment schedule and monthly withdrawals from a card/account you choose to keep on file. Based on the payment schedule you select, a percentage of the total camp cost will be charged to you at the time of registration, and the remaining camp balance will be divided into equal payments based on when you register. For all camp registrations there is a \$50 non-refundable deposit that is included in your registration fee.

Payment Plan registrations can ONLY be done over the phone or in person – at this time there are no online registration options for setting up a payment plan. At the start of summer camp registration, March 20, 2024, at 8 a.m., customers can call 311 or 509.755.2489 or walk into City Hall in person to register for the camp(s) they are interested in.

More information can be found on SpokaneParks.org/payment plans

## **June Camps**

Registration Date	Payment Schedule			
March 20-31 (25%)	April 1 (25%)	May 1 (25%)	Final: June 1 (25%)	
April (33%)	May 1 (33%)	Final: June 1 (33%)		

## **July & August Camps**

Registration Date	Payment Schedule			
March 20-31 (20%)	April 1 (20%)	May 1 (20%)	June 1 (20%)	Final: July 1 (20%)
April (25%)	May 1 (25%)	June 1 (25%)	Final: July 1 (25%)	
May 1 (33%)	June 1 (33%)		Final: Ju	ly 1 (33%)



# SPECIAL EDITION Summer Camp

#### **OUTDOOR ADVENTURES SUMMER CAMP**

#### **Outdoor Adventures Summer Camp**

Get outside and get adventurous with the Spokane Parks and Recreation Summer Adventure Day Camps! Kids will enjoy the small group sizes of no more than 12 per week. Our base camp is at the beautiful Bowl and Pitcher Park within Riverside State Park and field trips can include: Kayaking, Paddleboarding, Rafting, Rock Climbing, Disc Golf, Aquatic Centers, and exploration on foot! Attendees will build self-esteem, healthy social skills and benefit from an increased sense of community. Daily activities depend on weather and activity provider availability. Register now, these camps fill up fast! Directions & welcome packet information emailed after registration. Bring a lunch and water bottle each day. Meets daily at the Riverside State Park Bowl & Picher Picnic Shelter. \$399

Additional camp information is emailed after registration. Call 509-363-5414 for questions regarding age restrictions, equipment, or other activity inquiries. All camps require a \$50 non-refundable deposit. Payment plan available call (509)755-2489 for details.

#### **Youth Camp**

1 week	Ages 8-11yrs.
15889	MonFri.

15889	MonFri.	6/24-6/28	9am-4pm
15894	MonFri.	7/8-7/12	9am-4pm
15895	MonFri.	7/15-7/19	9am-4pm
15897	MonFri.	7/22-7/26	9am-4pm
15907	MonFri.	7/29-8/2	9am-4pm
15900	MonFri.	8/5-8/9	9am-4pm
15902	MonFri.	8/12-8/16	9am-4pm
15904	MonFri.	8/19-8/23	9am-4pm
15905	MonFri.	8/26-8/30	9am-4pm
13054	MonFri.	7/17-7/21	9am-4pm
13055	MonFri.	7/31-8/4	9am-4pm
13056	MonFri.	8/14-8/18	9am-4pm

#### **Teen Camp - All Adventures Week**

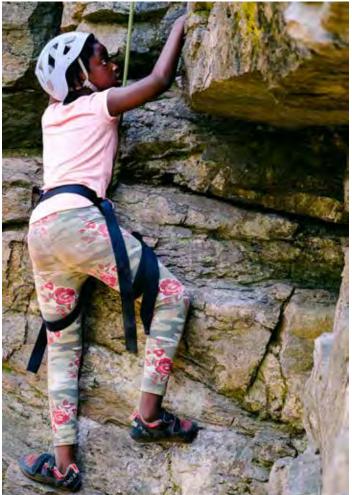
1 week   Ages 12-15yrs	1	week	Ages	12-15yrs.	
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15891	MonFri.	6/24-6/28	9am-4pm
15898	MonFri.	7/22-7/26	9am-4pm
15901	MonFri.	8/12-8/16	9am-4pm

#### Teen Camp - Wild and Wacky Water Week

#### 1 week | Ages 12-15yrs.

15896	MonFri.	7/15-7/19	9am-4pm
15899	MonFri.	7/29-8/2	9am-4pm
15903	MonFri.	8/12-8/16	9am-4pm







# **SPECIAL EDITION Summer Camp**

# **WILDERNESS SURVIVAL CAMPS FOR YOUTH**

Additional camp information is emailed after registration. Call 509-363-5414 for questions regarding age restrictions, equipment, or other activity inquiries. All camps require a \$50 non-refundable deposit. Payment plan available call (509)755-2489 for details.

#### **Intro to Wilderness Survival**

1 week | Ages 6-9yrs. No prerequisites needed. Learn the basics of thriving in the wild in this survival camp that covers a bit of everything! Campers learn confidence, initiative, communication, and common sense through fun survival scenarios in teams and on their own. Skills introduced include shelters, fire building, cordage, navigation, knots, traps, primitive skills, and more. We won't get to everything, there's too much, but the week is packed! We play survival themed games and the week ends with an exciting final scenario and a certificate of achievement parents are invited to attend. Bring appropriate clothing, snacks, water shoes, bug spray, and lunch. Meet at Riverside State Park

- Equestrian Area. \$325

15908 Mon.-Fri. 7/1-7/5 9am-2:30pm 15910 Mon.-Fri. 7/15-7/19 9am-2:30pm



#### **Intermediate Wilderness Survival**

1 week | Ages 8-11yrs. No prerequisites needed. Full day of building survival skills and testing yourself against real life survival scenarios! Skills taught/practiced include shelters, fire safety/building, knife safety, tracking, foraging, teamwork, traps, orienteering, cordage and knots, and primitive skills. We dive even deeper into skills the group finds most engaging. Our goal is building initiative, self control, and judgment skills while connecting with the natural world and having fun. The week ends with an exciting final scenario and a certificate of achievement. No prerequisites. Bring appropriate clothing, water shoes, bug spray, snacks, and lunch. Meet at Riverside State Park - Equestrian Area. \$399

 15906
 Mon-Fri.
 6/24-6/28
 9am-4pm

 15912
 Mon.-Fri.
 8/19-8/23
 9am-4pm

#### **Advanced Wilderness Survival**

1 week | Ages 10-14yrs. No prerequisites needed. This camp goes in depth into critical survival skills using fun, challenging real life scenarios. Participants work on their own and in teams to problem solve various skills challenges and scenarios while learning skills such as shelter, fire, tool use, knife safety, traps, rope and knots, plant uses, animal tracking, primitive skills, navigation, and more! Instructors help participants build initiative, self control, confidence, and communication skills while making new friends. We play survival themed games and the week ends with an exciting final scenario! Parents are welcome to join the final ceremony the final half hour of camp. Meet at Riverside State Park - Equestrian Area. \$399

15909 Mon.-Fri. 7/8-7/12 9am-4pm

#### Crafter's Camp

1 week | Ages 8-12yrs. Build. Cool. Stuff. This camp is all about tool use, creativity, and engineering. Each day we will introduce a new building project that participants will work on throughout the week to bring home. Projects are generally themed for camping and outdoors. We even try to build the tools we will use to build the other things! Projects may include creating a wood baton, natural fiber cordage, hand carved wood spoon and/ or bowl, paracord survival bracelets or belts, dream catchers, feathersticks, natural dye projects, walking sticks, fishing spears/ traps, and more. Projects vary depending on instructor and group/individual interest. Participants practice focus, follow through, patience, and develop problem solving and common sense as they work through projects. Meet at Riverside State Park - Equestrian Area. \$418

15911 Mon.-Fri. 8/12-8/16 9am-4pm

REGISTER
ONLINE
SpokaneRec.org



MAIL

If you need a printed registration form mailed to you contact My Spokane at 509-755-CITY.
'checks payable to City of Spokane



CALL US

Call 311 or outside the city at 509.755.CITY Fax 509.625.6990



SPRING/SUMMER 2024

Additional camp information is emailed after registration. Call 509-363-5414 for questions regarding age restrictions, equipment, or other activity inquiries. All camps require a \$50 non-refundable deposit. Payment plan available call (509)755-2489 for details.



#### **Disc Golf Super Summer Camp!**

1 week | Ages 10-16yrs. Learn and discover new skills and talents or bring your game up with personal skill development. Enjoy being outside in nature, building new friendships and playing disc golf! A final tournament will conclude the week with prizes, and all students receive a new beginner or advanced disc. Camp operated by US Youth Disc Golf Association. Pre-Camp information emailed prior to the start of camp. Meet at North YMCA 10727 N Newport Hwy Spokane. \$129

15921 Mon.-Fri. 7/15-7/19 9am- Noon 15922 Mon.-Fri. 8/12-8/16 9am- Noon





CLASSES ARE FILLING UP FAST





BEGINNER CLASSES ∞∞∞ KIDS CAMPS ∞∞∞ PRIVATE GROUPS

INFO@EVERGREENEAST.ORG

#### **Horseback Riding Camps**

1 week | Ages 8-13yrs. Open to beginners and kids of all levels of experience. Limited to 20 participants working in groups of 5 for both riding and educational group activities. Each group always has a qualified adult supervisor. While on horseback, each rider has a helper as needed in addition to the instructor. This program is open to 2nd year campers and experienced riders. 15 minutes from downtown; less than 20 minutes from most South Hill locations. Required equipment: bicycle helmet, long pants, boots. Meet at Relational Riding Academy, 3714 W Anderson Rd, Cheney WA. \$300

15929	MonFri.	6/17-6/21	9am-Noon
15930	MonFri.	6/17-6/21	1:30pm-4:30pm
15931	MonFri.	7/8-7/12	9am-Noon
15932	MonFri.	7/8-7/12	1:30pm-4:30pm
15933	MonFri.	7/22-7/26	9am-Noon
15935	MonFri.	7/22-7/26	1:30pm-4:30pm
15936	MonFri.	8/19-8/23	9am-Noon
15937	MonFri.	8/19-8/23	1:30pm-4:30pm





1 week I Ages 7-11 A great summer camp should be a fun place where kids can explore a variety of activities, discover new interests, make friends, and feel confident to try something new. Activities include traditional camp games, arts and crafts, sports, BMX, skate park activities, plus a variety of outdoor adventures. Field Trips on Tuesdays and Thursdays.

## \$249 per session

Dwight Merkel Sports Complex – 5701 N Assembly. Starting 6/24/24 – 9:00am - 4:00pm

#### **Surviving the Zombie Apocalypse!** (CAMPER FAVORITE!)

The zombies are back! Will you survive? Join with camp staff and participants for a camp-wide survival challenge at Merkel! Teams will play strategy games, engage in a variety of problem-solving collaborations, and learn from survival experts! This week campers will delve deeper into leadership, strategy, and communication.

#### **Mad Science at Merkel!**

Are you a fan of the Backyard Scientist? Then this camp is for you! Camp staff and participants will engage in fun games and activities designed to develop observation skills, intellectual curiosity, resourcefulness, analytical predictions, problem solving, and much more! Explore the infinite possibilities by discovering that science is all around us!

#### **Super Heroes Assemble!**

With great power, comes great responsibility! This is an exciting week for campers to explore, discover, and experiment with their own superpowers. Games and activities are designed to inspire and challenge campers to exercise and express exceptional creativity, problem-solving skills, and leadership.

#### **Final Summer Bash!**

As we celebrate the end of a great Summer Day Camp season, we will relive our favorite games and activities of each weekly theme of the summer packaged in one final week! We will do superhero stuff on Monday, survive another zombie apocalypse on Tuesday, do some mad scientific discoveries on Wednesday, race in amazing fashion around Merkel on Thursday ... and if there is any gas left in the tank, we will celebrate the end of the Summer on Friday!

16040	Surviving the Zombie Apocalypse!	6/24-6/28
16041	Mad Science at Merkel!	7/8-7/12
16042	Superheroes Assemble!	7/15-7/19
16403	Surviving the Zombie Apocalypse!	7/22-7/26
16404	Mad Science at Merkel!	7/29-8/2
16405	Superheroes Assemble!	8/5-8/9
16406	The Final Summer Bash!	8/12-8/16





# ArtSci Summer Day Camp @ Finch Arboretum

NEW | 5 days | Ages 6-11 Welcome to Nature's Canvas: where art meets science in a summer day camp like no other! Kids will enjoy classic summer camp games alongside immersive explorations of Finch Arboretum's diverse ecosystem. Our art curriculum, designed by Corbin Art Center staff, fosters creativity, while the natural science program, developed with EWU biology grad students, emphasizes the scientific method. From trees and plants to bugs and microorganisms, campers engage in hands-on learning, blending artistic expression with scientific discovery for a truly unforgettable experience.

Finch Arboretum Woodland Center, 3404 W. Woodland Blvd. \$240

All Camps are Monday - Friday 9am - 4pm

Located at the Finch Arboretum Woodland Center - 3404 W Woodland Blvd.

#### Science - Creepy Crawly Camp: Exploring Nature & Bugs

This is an exciting immersive journey into the world of insects amid the lush surroundings of Finch Arboretum. From ladybugs to spiders and more, campers engage in hands-on activities, nature walks, and bug hunts while discovering the incredible diversity of trees and plants flourishing within the arboretum's grounds.

16152 | 6/24-6/28

#### Art-Art and Nature Discovery

Join us for this unique and creative camp at the beautiful Finch Arboretum. This camp is an incredible experience for the art and nature lover. Gaining inspiration from plants, trees, animals & insects, campers will create wonderful art projects with lots of inspiration and real-life observations. Dress for a mess and please bring a lunch.

15575 | 7/8-7/12

# <u>Science-Bug Explores: Discovering the Marvels of Nature</u> & Bugs

Campers are about to embark in an enthralling adventure through the wonders of insects amidst the rich flora of Finch Arboretum. With immersive activities, nature walks, and bug hunts, young explorers delve into the fascinating world of bugs while admiring the diverse array of trees and plants thriving within the arboretum's landscape.

16153 | 7/15-7/19

#### Art-Whimsical Forests & Magical Meadows

Folklore, science, and creativity blend this camp together! Campers will explore the forests and surrounding plants at the beautiful Finch Arboretum. They will learn about the native plants, trees, and go on nature hikes. Then creatively think and imagine how this ecosystem might support mythical creatures like unicorns, fairies, and dragons. Find a little magic at the Finch Arboretum.

Dress for a mess and please bring a lunch.

15580 | 7/22-7/26

# Science-Flutter & Crawl: Uncover the Wonders of Nature & Bugs

Staff and campers are about to immerse themselves in the world of insects amid the lush surroundings of Finch Arboretum! From ladybugs to spiders and more, campers engage in hands-on activities, nature walks, and bug hunts while discovering the incredible diversity of trees and plants flourishing within the arboretum's grounds.

16154 | 7/29-8/2

#### **Art-Branching Out with Nature!**

Calling all budding artists! Come explore the great outdoors at the Finch Arboretum through art and nature observation. This camp will explore various forms of art, nature and how it inspires us as artists. We will learn about the native plants, trees, and go on nature hikes. We will then create wonderful works of art using a variety of materials to showcase our unique art. Campers will learn to see the world in a whole new light! Dress for a mess and please bring a lunch.

15584 | 8/5-8/9

#### Science-The Final Summer Bash! Bugging Out Week

We are inviting young adventurers to delve into the captivating world of nature, bugs, and beyond. Through hands-on activities, games, and expeditions, campers will discover the wonders of Finch Arboretum's plants and trees and their inhabitants, including butterflies, beetles, ants, and more, fostering a deeper appreciation for the natural world.

16155 | 8/12-8/16





#### **CORBIN KIDS SUMMER CAMPS & WORKSHOPS**

All class held at the Corbin Art Center, 507 W 7th Avenue unless otherwise indicated.

One-week workshops for ages 3 – 5yrs. and 6 – 11yrs. Pre-registration is required for all programs.

We have lots of new projects every year! You'll be working with paints, glues and much more, so plan to dress accordingly or bring a work shirt.

<u>KIDS SUPERVISED LUNCH</u> for Ages 3-5yrs. For students registered in morning and afternoon camp sessions. Please send a lunch with your child's name on it, and plan for a fun-filled supervised hour for your youngster. \*There are no camps the week of July 1-5th, 2024.

15537	MonFri.	\$7	6/10-6/	14 11:30am-12:30pm
15538	MonFri.	\$7	6/17-6/	21 11:30am-12:30pm
15539	MonFri.	\$7	6/24-6/	28 11:30am-12:30pm
		MonFri.	*No Camps this week due to 4th of July	Holiday*
15540	MonFri.	\$7	7/8-7/1	2 11:30am-12:30pm
15541	MonFri.	\$7	7/15-7/	19 11:30am-12:30pm
15542	MonFri.	\$7	7/22-7/	26 11:30am-12:30pm
15543	MonFri.	\$7	7/29-8/	2 11:30am-12:30pm
15544	MonFri.	\$7	8/5-8/9	11:30am-12:30pm
15545	MonFri.	\$7	8/12-8/	16 11:30am-12:30pm





## PREESCHOOL SPECIALTY 1/2 DAY CAMPS AGES 3 - 5 YEARS

\*Preschoolers MUST be Potty-Trained\* Preschool camps are located at Corbin Art Center (CAC) or the Manito Meeting Room (MMR) in Manito Park. No Camps the week of July 1-5

June 10-14					
Morning Preschool Camps 9-11:30am	Afternoon Preschool Camps 12:30-3:30pm				
Things that Go! 9 – 11:30am  Does your child love all things that go? Then all aboard for this fun and creative camp! Your little conductor, pilot, driver, or captain will make and test paper tube cars, cork boats and gyrocopters just to name a few of the projects. Your preschooler will have so much fun, that the week will just "fly" by. Please bring a snack & a water bottle each day to camp. \$89  15546 MonFri. CAC	Doodle Bug Art Fun! 12:30 – 3:30pm Is he/she fascinated about bugs & love to doodle? Come be a Doodle Bug artist! In this fun, creative camp, we will combine art and the study of insects. You never know what great works of bug art might develop. In this camp we will have fun learning some new and clever abstract techniques of creating insect art! Please bring a snack & a water bottle each day to camp. \$89  15547 MonFri. CAC				



#### PREESCHOOL SPECIALTY 1/2 DAY CAMPS AGES 3 - 5 YEARS

\*Preschoolers MUST be Potty-Trained\* Preschool camps are located at Corbin Art Center (CAC) or the Manito Meeting Room (MMR) in Manito Park. No Camps the week of July 1-5

#### June 17-21

#### Barnyard Palooza! 9 – 11:30am

Can you cluck like a chicken? How about whinny like a horse? Do we have a farm animal inspired camp for you! Each day will feature different barnyard animals in our art projects. We will create with paint, clay, paper and more while learning some fun facts about the animals. There will be singing and maybe even a bit of dancing as we "Moo"ve to the farm groove. Please bring a snack and a water bottle each day to camp \$89

15548 Mon.-Fri. CAC

#### It's a Bug's Life! 12:30 - 3:30pm

Imagine yourself as a bug! Do you have lots of eyes or feet? Do you have special, super-bug powers? Come join us for tons of creative, buggy-fun while becoming a detective in the garden. We will make insect inspired art projects, while learning about these fascinating creatures. Please bring a snack & a water bottle each day to camp. \$89

15549 Mon.-Fri. CAC

#### June 24-28

#### NEW! Pet Art-Parade! 9 – 11:30am

Ruff! Meow! Squawk! Hiss! Do you have a favorite family pet? Come and join us for this totally-Pawsome camp! Dogs, cats, birds, reptiles, and fish, Oh My! We will create lots of art projects to celebrate our favorite pet friends! This camp will be sure to get two paws up! Please bring a snack & a water bottle each day to camp. **\$89** 

15550 Mon.-Fri. 9-11:30am CAC MMR\* 15551 9-11:30am Mon.-Fri.

#### Surf & Sea Safari – Preschool Style 12:30 – 3:30pm

Get ready to Roar, Squawk, Hiss and become acquainted with some wonderfully, whimsical artists and their animal subjects. Come and explore the creative artwork of Eric Carle, Leo Lionni and more while using a variety of art supplies to create your own animal masterpieces. There will be fun art projects to make daily to display or even wear! Please bring a snack & a water bottle each day to camp. \$89

15552 Mon.-Fri. 12:30-3pm CAC

#### **July 8-12**

#### Unicorns, Wizards, & Dragons, Oh My! 9 – 11:30am

Let the enchantment of this camp begin! Imagination and creativity are the name of the game for this camp! Your child will have a magical time creating costumes, crafts, and many more mythological creatures. This camp is delightfully enthralling and loads of fun! Please bring a snack & a water bottle each day to camp. \$89

15553 Mon.-Fri. 9-11:30am CAC Mon.-Fri. 9-11:30am 15554 MMR

#### **NEW!** Celebrating our Community Helpers! 12:30 – 3pm

What does your child want to be when they grow up? Come have fun learning about community helpers in our neighborhoods. Learn about important people that we couldn't live without – from doctors, nurses, firefighters, police officers, construction workers, farmers, plumbers, grocery store workers, scientists, teachers and more! We will have fun making some costumes and lots of art projects to celebrate these fantastic people! Please bring a snack & a water bottle each day to camp. \$89

15555 Mon.-Fri. 12:30-3pm CAC

#### July 15-19

#### Super Nature Explorers! 9 - 11:30am

1 week | Ages 3-5 Come discover the world around you! Go on walks and make super-nature art-inspired projects along with some fun science activities. Socializing and developing motor skills are included. Please bring a snack & a water bottle each day to camp. **\$89** 

15556 Mon.-Fri. 9-11:30am CAC MMR\*

15557 Mon.-Fri. 9-11:30am

#### Squiggly Bugs and Slimy Slugs! 12:30 – 3pm

1 week | Ages 3-5 Is your child a budding entomologist? Do we have the camp for you! Come learn about insects and how they eat, move, work and what makes them special. We'll read stories, go on nature walks to see what kind of insects live around us, create buggy artwork, costumes and make some super-buggy slime. Please bring a snack & a water bottle each day to camp. \$89

15558 7/15-7/19 Mon.-Fri. 12:30-3pm CAC

# SPECIAL EDITION Summer Camp

#### PREESCHOOL SPECIALTY 1/2 DAY CAMPS AGES 3 - 5 YEARS

\*Preschoolers MUST be Potty-Trained\* Preschool camps are located at Corbin Art Center (CAC) or the Manito Meeting Room (MMR) in Manito Park. No Camps the week of July 1-5

#### **July 22-26**

#### Fairies, Trolls & Gnomes in the Garden!

1 week | Ages 3-5 Does your child like to make fairy houses? Look for gnomes, trolls, fairies in their backyards, garden, or park? Come and look in our wonderful garden and surrounding park for these elusive creatures! Then we will come inside to make lots of fantastic, glittery fairy, gnome, and troll themed art. Please bring a snack & a water bottle each day to camp. \$89

15559 7/22-7/26 9-11:30am CAC

15560 7/22-7/26 9-11:30am MMR

### Blast Off into Space!

1 week | Ages 3-5 Let the countdown begin...5-4-3-2-1, blast off! We are heading for outer space and we need some space explorers to come on this fun, creative journey! Come and learn about the planets, stars, moons and much more while creating some fabulous galactic art. Please bring a snack & a water bottle each day to camp. \$89

CAC | 15562 Mon.-Fri. 12:30-3pm CAC

#### July 29-August 2

#### Little Art Masters! 9-11:30am

1 week | Ages 3-5 Your little artist will explore the wonderful world of art through color, texture and more. Come and use paint, crayons, glue, and scissors to create fabulous works of art to hang and display in your own home gallery. Please bring a snack & a water bottle each day to camp. \$89

15561 Mon.-Fri. 9-11:30am CAC

#### Wands, Wizards & Dragons! Oh My! 12:30-3:30pm

1 week | Ages 3-5 Abracadabra! Let the magic of this camp begin! Bring your young wizard to make their own magic wand, creative costume pieces, along with more fantastic, magical crafts. This camp is delightfully enchanting and loads of fun! Please bring a snack & a water bottle each day to camp. \$89

CAC 15563 Mon.-Fri. 12:30-3pm CAC

#### August 5-9

#### Castles, Princesses, Knights & Dragons! 9 – 11:30am

**1 week | Ages 3-5** Once upon a time there was an art camp where we created our own magical kingdom. Come and make shining armor helmets, shields, princess hats and crowns, wands and oh so much more. We will sculpt and paint dragons, make towers of our castles and make believe that we are royalty. Please bring a snack & a water bottle each day to camp. **\$89** 

15548 Mon.-Fri. CAC

#### Stomp! Chomp & Roar! Dino-Style! 12:30 – 3:30pm

**1 week | Ages 3-5** Roar! Explore the wonderful world of dinosaurs, reptiles, and prehistoric birds. What did they eat? How did they sound? Where did they live? These are the questions that we will answer while making our own dino-o-rific craft projects and costumes. Please bring a snack & a water bottle each day to camp. **\$89** 

15565 Mon.-Fri. 12:30-3pm CAC

#### **August 12-16**

#### Passport to Fun!

1 week | Ages 3-5 Join our around-the-globe adventure! Explore countries, their unique animals, and cultures. Get ready to stamp your passport in this fun camp as we learn, read stories about a new country each day such as China, Africa, and more. While making creative art and craft projects that symbolize the country of the day. Please bring a snack & a water bottle each day to camp. \$89

15566 Mon.-Fri. 9-11:30am CAC

#### **Preschool Picassos! Best of Summer Camp**

1 week | Ages 3-5 If you missed these fun camp projects the first time, or you want to experience them again, then come along with us for this wonderful art filled week. This camp includes our most popular art projects that were done the entire summer in the pre-school camps. You can become a pirate or a fairy, dabble in the sciences and even enjoy a nature expedition. Please bring a snack & a water bottle each day to camp. \$89

15567 Mon.-Fri. 12:30-3pm CAC

#### **YOUTH SPECIALTY CAMPS AGES 6 - 11 YEARS**

Specialty Camps include a supervised lunch period, please bring a lunch.

\*All class held at the Corbin Art Center, 507 W 7th Avenue unless otherwise indicated. No camps the week of July 1-5.

#### June 17-21

#### Earth Science Rocks!

How does weather affect our planet? How are fossils, minerals, volcanoes made and why are rocks all different shapes? Come and discover the interesting rock formations that surround the Corbin Art Center and determine how they formed. Explore how rivers flow to oceans and lakes and why tsunamis, hurricanes and typhoons occur. This camp combines science with art activities. Dress for a mess and bring a lunch. \$179

15571 Mon.-Fri. 9am-3pm CAC

#### Colorful! Messy! Process Art!

Do you freeze at a blank piece of paper? Have no idea what you want to paint or draw? Here is a camp for you! We will learn how to come up with theme ideas, mix colors, apply paint, and incorporate found objects into your mixed media artwork. Dress for a mess and please bring a lunch. \$179

15572 Mon.-Fri. 9am-3pm CAC

#### June 24-28

#### Pet Art-o'-Palooza Camp!

Do you love all kinds of pets? Do you love art? Then "Wag" on over to this totally-Pawsome camp! We will create lots of art projects to celebrate our favorite pets. Dogs, cats, birds and even some scaly pets too will play a part in this super-fun camp. This camp will be sure to get two paws up and is for every pet-loving kid. Please bring a lunch and water-bottle. \$179

15573 Mon.-Fri. 9am-3pm CAC

#### CAC Ocean Explorers: Take a Bite Out of Shark Week!

It's shark week here at the Corbin Art Center. Bring your future Oceanographers and Marine Biologists to learn about sharks, jelly fish, whales and much more. Create sea creatures with paint, paper, clay, recycled materials and before you know it, you'll be under the sea! We will explore ocean conservation and the importance of keeping our oceans healthy. Dress for a mess and please bring a lunch. \$179

15574 Mon.-Fri. 9am-3pm CAC

#### **July 8-12**

#### **Environmental Superheroes!**

Come and be an "Environmental Superhero"! Learn about environment, how we as humans impact it, and what can we do to protect it! This camp is just not about learning about how to protect our environment it also includes some fun recycled and refurbished art projects. Dress for a mess and please bring a lunch. \$179

15576 Mon.-Fri. 9am-3pm CAC

#### Wild! Wild World of Mixed-Up Media Art!

Explore the magic of Mixed-Up Media! In this class, prepare to get color crazy, learn layering techniques, and combine a variety of materials to create unique works of art! You will create with paint, pens, glue, a variety of papers, and much, much more! Dress for a mess and please bring a lunch. \$179

15577 Mon.-Fri. 9am-3pm CAC

#### July 15-19

#### **Art in Nature! Nature in Art!**

Join us as we blast off for outer space! We need some superadventurous space explorers to come on this interstellar, creative journey! Learn about the planets, stars, moons and much more while creating some fabulous galactic art. Design your own planet art creation, write its unique and cosmic story! Dress for a mess and please bring a lunch. \$179

15581 Mon.-Fri. 9am-3pm CAC

#### **Animal Art-Antics!**

Get ready to Roar, Squawk, Hiss and become acquainted with some wonderfully, whimsical artists and their animal subjects. Come and explore the creative artwork of David Klein, Joan Miro, Laurel Burch, Leo Lionni and more while using a variety of art supplies to create your own animal masterpieces. There will be a featured artist's inspired project each day to go home and proudly display in your own personal art gallery. Dress for a mess and please bring a lunch. \$179

15582 Mon.-Fri. 9am-3pm CAC

# SPECIAL EDITION Summer Camp

#### **YOUTH SPECIALTY CAMPS AGES 6 - 11 YEARS**

Specialty Camps include a supervised lunch period, please bring a lunch.

\*All class held at the Corbin Art Center, 507 W 7th Avenue unless otherwise indicated. No camps the week of July 1-5.

#### July 29-August 2

Harry's Laboratory "Don't Delay, This Camp Fills Fast"

Immerse yourself in potions class, create some magical art projects, study dragons, magical creatures, and wizardry. Experience magical twists and test your new skills to solve what magical creature has now gotten loose and caused creative chaos inside the CAC. Dress for a mess and please bring a lunch. \$182

15583 Mon.-Fri. 9am-3pm CAC

#### August 5-9

#### CAC Cretaceous Camp! A Prehistoric Adventure!

Come learn about Paleontology, the study of prehistoric life. You'll learn about the animals that walked the earth millions of years ago – dinosaurs, reptiles, fish, amphibians, prehistoric birds and more. Make costumes, dinosaur crafts, create your own fossils and learn how nature creates them. Dress for a mess and bring a lunch. \$179

15585 Mon.-Fri. 9am-3pm CAC

#### **Innovative Artist's Studio!**

This fine art camp includes it all! Drawing, painting, printmaking, and sculpture! Come use diverse materials, techniques and enjoy the creative process while still learning the basic elements of line shape, value, pattern, space, and color. This camp is inspired by innovative artists of the 20th century, while using individual imagination and a ton of creativity to make your own personal masterpieces. Dress for a mess and bring a lunch. \$179

15586 Mon.-Fri. 9am-3pm CAC

#### **August 12-16**

#### **Best of Summer Camp**

Our most popular activities and art projects are included so if you missed them the first time around or just want to experience them again. You can go on a space adventure, dabble in the sciences, make some fine art like Monet or Van Gogh and enjoy a nature expedition. Dress for a mess and please bring a lunch. \$182

15587 Mon.-Fri. 9am-3pm CAC

#### Shapes, Lines & Landscapes!

Do you love to draw? This is the ultimate drawing camp! Learn how to draw and shade shapes, add lines, textures, and much more to your drawings. Incorporate all into a landscape along with how to use perspective to make it look more real. Use pencil, pen, oil pastels and even paint to create your own masterpiece. Dress for a mess and please bring a lunch. \$179

15588 Mon.-Fri. 9am-3pm CAC







#### **SEWING CAMPS**

Classes are held at Sew Uniquely You, 8424 N. Nevada Rd. 509-467-8210

#### **Lavender Daze of Summer!**

3 days | Ages 9-16yrs. Go to the Lavender Farm! Learn how lavender grows and how it is harvested. This will be a super fun adventure to the farm. Students will travel by van to the farm up in the Green Bluff area. The next two days of camp will include sewing lavender eye masks, sachets, and even making lavender lemonade. Dress for a mess and bring a lunch. \$149

16149 Tues.-Thurs. 7/16-7/18 10am-3pm

# NEW! Quilt a Tool Roll to Hold Sewing or Art Supplies

**3 days | Ages 9-16yrs**. Learn how to quilt on a smaller scale to make fantastic useful items! We will also learn sun-printing on fabric to make creative and individualized bags. You will learn how to use the sewing machine to make a one-of-a-kind tool roll. Dress for a mess and bring a lunch. \$149

16150 Tues.-Thurs. 7/30-8/1 10am-3pm

# NEW! Sew a Squeeze Frame Pouch

**3 days | Ages 9-16yrs.** Learn how to make a handy little squeeze pouch to hold all your small treasures that you want to carry with you! Learn to quilt on the sewing machine and the correct cutting techniques by using rulers and cutting tools. These pouches can made different sizes and the possibilities are endless on what to put in them. Dress for a mess and bring a lunch. \$149

16151 Tues.-Thurs. 8/6-8/8 10am-3pm

#### **FUNSHINE DAY CAMP**

#### **TRS Funshine Summer Day Camp**

#### 4 weeks | Ages 6-21yrs. | 1 week Teens | Ages 13-18yrs | 2 weeks Adults | Ages 18yrs & Up

Funshine Day Camp is a fun-filled camp for those with developmental and/or physical disabilities. Campers will have the opportunity to interact and socialize with their peers through crafts, music, science experiments, books, board games, group activities, and more. Fridays are field trip days to a variety of exciting locations. Each week the camp centers around a different theme. We celebrate the end of summer with our annual Potluck BBQ & Carnival. **Drop off and pick up will be at the Shadle Library, 2111 W. Wellesley Ave.** Call 509-625-6245 or email Alice Busch at abusch@spokanecity.org for more information.



Code Course	Days of the Week	Theme	Time	Fee
15411	Mon Fri. 6/24-6/28	Adult Week-Games	9am-2:30pm	\$259
16065	Mon Wed. 7/1-7/3	<u>Teen Week</u>	9am-2:30pm	\$259
16063	Mon Fri. 7/8-7/12	Jurassic Park Kids #1	9am-2:30pm	\$259
16064	Mon Fri. 7/15-7/19	Under the Sea Kids #2	9am-2:30pm	\$259
16067	Mon Fri. 7/22-7/26	Super Science! Kids #3	9am-2:30pm	\$259
16066	Mon Fri. 7/29-8/2	<b>Adult Week</b> -Art	9am-2:30pm	\$259
16068	Mon Fri. 8/5-8/9	Lights,Camera, Action Kids #4	9am-2:30pm	\$259



Skyhawks Sports Academy provides sports programs where children discover and develop athletic skills and life lessons, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

# NORTH SPOKANE LOCATIONS

GLOVER MIDDLE SCHOOL				
sport	start	end	ages	
Baseball	6/20/24	6/21/24	6-12	
Soccer	6/20/24	6/21/24	6-12	
Basketball	6/24/24	6/28/24	6-12	
Cheerleading	6/24/24	6/28/24	6-12	
Multi-Sport	6/24/24	6/28/24	6-12	
Volleyball	7/1/24	7/3/24	6-12	
Beginning Golf	7/1/24	7/3/24	6-12	
Mini-Hawk Camp	7/1/24	7/3/24	4-7	
Basketball	7/8/24	7/12/24	6-12	
Lacrosse	7/8/24	7/12/24	6-12	
Soccer	7/8/24	7/12/24	6-12	
Volleyball	7/15/24	7/19/24	6-12	
Mini-Hawk Camp	7/15/24	7/19/24	4-7	
Multi-Sport	7/15/24	7/19/24	6-12	
Pickleball	7/22/24	7/26/24	6-12	
Beginning Golf	7/22/24	7/26/24	6-12	
Flag Football	7/22/24	7/26/24	6-12	
Basketball	7/29/24	8/2/24	6-12	
Mini-Hawk	7/29/24	8/2/24	4-7	
Soccer	7/29/24	8/2/24	6-12	

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MISSION PARK						
sport	start	end	ages			
Multi-Sport	6/20/24	6/21/24	6-12			
Multi-Sport	7/15/24	7/19/24	6-12			

sport	start	end	ages
Multi-Sport Camp	7/1/24	7/3/24	6-12

INDIAN	N TRAIN ELEI	MENTARY	
sport	start	end	ages
Baskeball	7/1/24	7/3/24	6-12
STEM Basketbal	8/5/24	8/9/24	6-12

LINV	VOOD ELEME	ENTARY	
sport	start	end	ages
STEM Basketball	7/22/24	7/26/24	6-12
Basketball	7/29/24	8/2/24	6-12

**FIND YOUR PROGRAM TODAY!** 











Skyhawks Sports Academy provides sports programs where children discover and develop athletic skills and life lessons, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

# **SOUTH SPOKANE LOCATIONS**

COMSTOCK PARK							
Sport	Start	End	ages				
Mini-Hawk Camp	6/17/24	6/21/24	4-7				
Beginning Golf	6/20/24	6/21/24	6-12				
Basketball	6/24/24	6/28/24	6-12				
Mini-Hawk Camp	6/24/24	6/28/24	4-7				
Soccer	6/24/24	6/28/24	6-12				
Cheerleading	7/1/24	7/3/24	6-12				
Flag Football	7/1/24	7/3/24	6-12				
Volleyball	7/1/24	7/3/24	6-12				
Beginning Golf	7/8/24	7/12/24	6-12				
Multi-Sport	7/8/24	7/12/24	6-12				
Mini-Hawk Camp	7/15/24	7/19/24	6-12				
Soccer	7/15/24	7/19/24	6-12				
Lacrosse	7/22/24	7/26/24	6-12				
Volleyball	7/22/24	7/26/24	6-12				
Mini-Hawk Camp	7/29/24	8/2/24	4-7				
Soccer	7/29/24	8/2/24	6-12				
Cheerleading	8/5/24	8/9/24	6-12				
Mini-Hawk Camp	8/5/24	8/9/24	4-7				
Multi-Sport	8/5/24	8/9/24	6-12				
Multi-Sport	8/12/24	8/16/24	6-12				
Mini- Hawk	8/19/24	8/23/24	4-7				
Soccer	8/19/24	8/23/24	6-12				

HUTTON ELEMENTARY						
Sport	Start	End	ages			
Volleyball Camp	7/8/24	7/12/24	6-12			

WILS	ON ELEME	NTARY	
Sport	Start	End	ages
Basketball Camp	6/24/24	6/28/24	6-12
Basketball Camp	7/1/24	7/3/24	6-12
Basketball Camp	7/29/24	8/2/24	6-12
JEFFE	RSON ELEM	MENTARY	
Sport	Start	End	ages
STEM Basketball Camp	6/20/24	6/21/24	6-12
MORAN	PRARIE ELE	MENTARY	
Sport	Start	End	ages











SuperTots Sports Academy provides sport-based development programs where children discover and develop athletic, motor, and social skills. SuperTots' curriculum is specifically designed to promote development along side a healthy, active lifestyle

AUDOBON PARK							
Sport	day	Start	End	time	ages		
BaseballTots	Mon	6/17/24	7/29/24	4:30pm	3-4		
BaseballTots	Mon	6/17/24	7/29/24	5:30pm	3-4		
Baseballtots	Mon	6/17/24	7/29/24	6:30pm	4.5-5.5		
SoccerTots	Mon	6/17/24	7/29/24	5:30pm	3.5-4.5		
SoccerTots	Mon	6/17/24	7/29/24	6:30pm	2-3		
SoccerTots	Mon	6/17/24	7/29/24	5:30pm	3-4		
SoccerTots	Mon	6/17/24	7/29/24	6:30pm	4-5.5		
SoccerTots	Mon	6/17/24	7/29/24	5:30pm	1.5-2.5		

FRANKLIN PARK								
Sport	day	start	end	time	ages			
SoccerTots	Thurs	6/13/24	7/11/24	4:30pm	3.5-4.5			
SoccerTots	Thurs	6/13/24	7/11/24	6:30pm	4-5.5			
SoccerTots	Thurs	6/13/24	7/11/24	4:30pm	2-3			
SoccerTots	Thurs	6/13/24	7/11/24	5:30pm	3-4			
SoccerTots	Thurs	6/13/24	7/11/24	5:30pm	1.5-2.5			
BaseballTots	Thurs	7/18/24	8/8/24	4:30pm	2-3.5			
BaseballTots	Thurs	7/18/24	8/8/24	5:30pm	3-4			
BaseballTots	Thurs	7/18/24	8/8/24	6:30pm	4-5.5			
CheerTots	Thurs	7/18/24	8/8/24	5:30pm	3-4			
CheerTots	Thurs	7/18/24	8/8/24	6:30pm	3.5-4.5			
CheerTots	Thurs	7/18/24	8/8/24	4:30pm	4-5.5			

COMSTOCK PARK							
Sport	day	Start	End	time	ages		
Multi-SportTots	Thurs	6/20/24	8/20/24	9:30am	2-3		
Multi-SportTots	Thurs	6/20/24	8/20/24	10:30am	4-6		
Multi-SportTots	Thurs	6/20/24	8/20/24	11:30am	4-6		
Multi-SportTots	Thurs	6/20/24	8/20/24	11:30am	3-4		
SoccerTots	Thurs	6/20/24	8/20/24	11:30am	4-5		
SoccerTots	Thurs	6/20/24	8/20/24	9:30am	2-3		
SoccerTots	Thurs	6/20/24	8/20/24	10:30am	2-3		
SoccerTots	Thurs	6/20/24	8/20/24	10:30am	3-44		
SoccerTots	Thurs	6/20/24	8/20/24	10:30am	3-4		
SoccerTots	Thurs	6/20/24	8/20/24	9:30am	4.5-6		
SoccerTots	Thurs	6/20/24	8/20/24	9:30am	1.5-2		

SKY PRARIE PARK								
sport	day	start	end	time	ages			
Multi-SportTots	Wed	6/26/24	8/7/24	9:30am	4-5.5			
Multi-SportTots	Wed	6/26/24	8/7/24	10:30am	3-4			
SoccerTots	Wed	6/26/24	8/7/24	9:30am	2-3			
SoccerTots	Wed	6/26/24	8/7/24	9:30am	3-4			
SoccerTots	Wed	6/26/24	8/7/24	10:30am	3-4			
SoccerTots	Wed	6/26/24	8/7/24	10:30am	1.5-2.5			
SoccerTots	Wed	6/26/24	8/7/24	9:30am	4-5.5			
SoccerTots	Wed	6/26/24	8/7/24	10:30am	4-5.5			













# Join us for a Summer of Tennis fun!

Our week-long (Mon-Fri) Tennis Camps are available July through August. Camps cater to juniors aged 5-17 and accommodate all skill levels. Participants will not only refine their tennis skills but engage in enjoyable activities, fostering a lifelong love of sport!



# Comstock Park & Sky Prairie Park

- Monday through Friday
- · 9:00am-12:00pm | ages 5-10
- · 6/17/24-8/30/24



- Monday through Friday
- · 1:00pm-4:00pm | ages 11-17
- · 6/17/24-8/30/24

Equipment Provided!

Register at RecTennis.com or Scan





Hannah Plank, Regional Mgr of RecTennis, Eastern & Central WA, Northern ID Cell: 509.601.0762

Email: hplank@pnw.usta.com









# **Spokane Youth and Senior Center Association**

Spokane Parks and Recreation affiliates itself with ten (10) non-profit community organizations benefitting older adults and young children. We greatly appreciate our relationship with these centers and their individual recreation programs.

The centers are non-profit organizations officially represented by the Spokane Youth and Senior Center Association (SYSCA).

SYSCA was formed in 2012 and its main focus is to work collectively to represent the thousands of citizens who partake in the programs and services SYSCA organizations provide.

# CORBIN SENIOR ACTIVITY CENTER

827 W Cleveland Ave. www.corbinseniorcenter.org 509-327-1584

#### HILLYARD SENIOR CENTER

4001 N Cook St. www.hillyardseniorcenter.org 509-482-0803

# MARTIN LUTHER KING JR. CENTER

500 S Stone Street www.mlkspokane.org 509-868-0856

# MID-CITY CONCERNS SENIOR CENTER

1222 W 2nd Ave. www.mowspokane.org/senior-center 509-862-6356

#### **NORTHEAST YOUTH CENTER**

3004 E Queen Ave www.spokaneneyc.com 509-482-0708

#### **PROJECT JOY**

3151 E 27th Ave www.projectjoy.org 509-535-0584

#### SINTO SENIOR CENTER

1124 W Sinto Ave. www.sintocenter.org 509-327-2861

# SOUTHSIDE COMMUNITY & SENIOR CENTER

3151 E 27th Ave. www.spokanesouthside.org 509-535-0803

# SOUTHWEST SPOKANE COMMUNITY CENTER

310 S Spruce 509-624-8634

# WEST CENTRAL COMMUNITY CENTER

1603 N Belt www.westcentralcc.org 509-326-9540









#### **Inclusion Statement:**

We support the Americans with Disabilities Act and encourage participation by all regardless of race, color, national origin, age, sex, religion, veteran status, marital status, sexual orientation, or ability. We can assist in obtaining specialized equipment, interpretive services, or other support to make your involvement successful. To assure the best experience for all participants, we need your accommodation request along with your registration a minimum of two weeks in advance of the program date. For more information, contact Lisa Richards at 509.625.6909 or Irichards@spokanecity.org.

#### **Essential Eligibility Criteria Statement:**

Essential Eligibility Criteria (EEC) are intended to be a communication resource for anyone considering participating in a Spokane Parks and Recreation \*program. The safety and well-being of our participants and staff is a top priority for our programs! Due to the inherent risks associated with our \*activities, our programs are open to all individuals who meet the general and program-specific EEC independently or with the assistance of a \*\*companion/trained aid. These criteria are not intended to be exclusionary, rather clearly outline the program's requirements. If you have any questions or concerns about our EEC, please contact the program supervisor. We may be able to assist you with a \*\*\*reasonable accommodation.

#### **General Recreation Essential Eligibility Criteria:**

Participants must be able to complete the following criteria with or without the assistance of a companion/trained aide who accompanies the participant.

- 1. Arrive at the program's meeting location on time and ready to participate.
- 2. Comprehend and follow instructions given to avoid hazards and/or manage risk.
- 3. Effectively alert others of personal distress, injury, illness, or the need for assistance.
- 4. Remain alert and focused for the duration of the program.
- 5. Wear all required safety gear according to manufacturer standards as necessary.
- 6. Contribute to a safe environment inappropriate verbal or physical behavior is not tolerated for any reason

#### **Terms/ Definitions:**

- \* <u>Activity/Program</u>: The term 'activity' or 'program' describes any outing, trip, or event sponsored by Spokane Parks and Recreation.
- \*\* Companion/Trained Aid: In some circumstances, if an EEC can be met with the help of a companion/trained aide participants may be eligible to participate.
  - Examples of companions/trained aides include service animals, translators, caregivers, or an individual that can assist a participant with physical, emotional, or communication requirements.
  - In the case of a minor needing to meet an EEC with an aide, a parent/guardian or responsible adult may act as an aide.
  - · Companions/Trained Aides must be able to complete all EEC.
  - Spokane Parks and Recreation will permit the attendance of a participant's
    companion at no additional cost to the participant; however, the companion
    will be responsible for purchasing their own consumable resources/access
    fees (e.g. food, event tickets, etc.). For your convenience, these costs can be
    given upon request. Please contact the program supervisor for coordination.
- \*\*\* Reasonable Accommodation: An accommodation made that will not fundamentally change the nature of a program, would increase unnecessary risk to the participant or others, or would place an undue financial or administrative burden on Spokane Parks and Recreation.



#### **SATISFACTION GUARANTEED**

You are important to us! The City of Spokane Parks and Recreation Department is committed to excellence by providing high-quality programs and services for you. If you or a family member are not satisfied with a class, program, or activity offered by the City, let us know your concerns in writing.

# REGISTER ONLINE



and TRS programs with prior approval are exempt). Registrations cannot be accepted from participants with past due balance. Do not mail cash. Return checks are subject to a \$25.00 handling fee.

# <u>SpokaneRec.org</u>



\*checks payable to City of Spokane



CALL US

Call 311 or outside the city at 509.755.CITY Fax 509.625.6990



### **INCLEMENT WEATHER**

PAYMENT INFORMATION

Full payment is required at the time of enrollment (DDA Funding

In the interest of safety, the Parks and Recreation Department retains the right to cancel an activity or close a facility due to inclement weather conditions such as lightning, ice, snow, extreme heat or unhealthy air quality. In the event that the Parks and Recreation Department cancels a program due to inclement weather, all paid participants will be notified and will receive a credit or refund.

#### **DISCLAIMER**

Spokane Parks and Recreation reserves the right to make any changes in the content, fees, and provision of the class schedule without notice. Check our website for the latest updates.

## **REFUND/CANCELLATION POLICY**

We hope everything is perfect with your recreation program registration. If you need to cancel, we do have a few things you should know:

- For all programs cancelled by Spokane Parks and Recreation participants will receive a 100% refund back to their original payment method. (Allow up to 30 days for processing).
- Classes held at Spokane Public School facilities will not meet on dates that schools are not in session (holidays, vacation periods, curriculum days, inclement weather-related closures). Class sessions scheduled for those dates will be made up at the end of the regular schedule.
- All refund requests must be made by email or phone call to the appropriate Recreation Supervisor (Recreation Supervisors and contact information is listed on page 2 of every activity guide) a minimum of 14 business days (Mon.

  – Fri. excluding holidays) prior to the start of your programs.
- Requests made after the 14-business day window will not be refunded.
- Cancellation/Refund requests by DDA funded (Developmental Disabilities Administration) participants who cancel
  after the 14- business day window may be responsible for paying the registration fees out of pocket.
- All refund requests will be charged a \$20 administrative processing fee. Additional fees may be assessed to recover
  costs associated with the program.
- For all Camp refunds there is a \$50 non-refundable deposit.
- · For Athletic Leagues: Once league registration is closed, there are no refunds issued.

### INCLUSION/ACCOMMODATION

Spokane Parks and Recreation Department welcomes participation by all regardless of race, color, national origin, age, sex, religion, veteran status, marital status, sexual orientation or ability.

The City of Spokane is committed to providing equal access to its facilities, programs and services for persons with disabilities. Individuals requesting reasonable accommodations or further information may contact Matt Lowmaster at mlowmaster@spokanecity.org. To assure the best experience for all participants we need accommodation requests along with your program registration a minimum of two (2) weeks in advance of the program start date.

# Summer employment \* Parks & Recreation

### **POOLS**

What could be better than getting paid to spend the days of summer outside at the pool?

#### **Available Positions:**

- Swim and water exercise instructor.
- Asst. Swim Coach
- Lifequard, and more!

## THERAPEUTIC RECREATION

**Specialized and Adaptive Recreation Services for** Individuals with Disabilities.

**Funshine Day Camp Available Positions:** 

- Health Care Assistant
- Camp Activity Leader

## **OUTDOOR RECREATION**

Get outdoors and get paid!

#### **Available Positions:**

- Lead or Assist groups on outdoor tours to various locations including lakes, rivers, mountains, caves and more!
- Adventure Camp Counselor

## **CORBIN ART CENTER**

Put your love of art to work!

### **Available Positions:**

- Summer Camp Assistant
- Summer Camp Instructor

## **SPORTS**

Get paid to share your love of sports!

#### **Available Positions:**

- Adult Softball Site Supervisor
- Adult Softball Umpire
- Adult Flag Football RefereeAdult Flag Football Site Supervisor
- Youth NFL Flag Site Supervisor

### SUMMER CAMPS

#### **Available Positions:**

- Summer Art Camp Assistant
- Summer Art Camp Instructor
- Outdoor Adventure Camp Counselor
- Summer Day Camp Counselor
- Finch Arboretum Summer Art & Science Camp Counselor

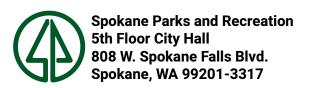
## **PARKS**

Help care for our beautiful parks and open spaces!

#### **Available Positions:**

- Sports Field Maintenance
- Custodian / Rover
- Park Caretaker





#### PRSRT STD U.S. Postage

PAID Spokane, WA Permit No. 722

