

SPRING 2022 | CITY OF SPOKANE PARKS & RECREATION

spring **ACTIVITY** *guide*

New spring adventures!

ARCHERY — SUMMER AQUATICS INFO
LAWN BOWLING — SPRING & SUMMER CAMPS — PHOTOGRAPHY
HIKING — TRS SWIMMING — AND MUCH MORE!

EXPLORE
PARKS
NATURE

SPORTS
& REC
OUTDOOR

CAMPS
LEARN
CLASSES

SWIM
POOLS
SPLASH

PLAY
GOLF
LEARN

ENJOY
RIVER
FRONT
PARK

SPOKANEREC.ORG | CALL 311 OR DIAL 509-755-2489



City of Spokane
PARKS
& RECREATION

Summer employment at **Parks & Recreation**

POOLS

What could be better than getting paid to spend the days of summer outside at the pool?

Available Positions:

- Swim and water exercise instructor
- Asst. Swim Coach
- Facilities
- Lifeguard, and more!

THERAPEUTIC RECREATION

Specialized and Adaptive Recreation Services for Individuals with Disabilities.

Funshine Day Camp Available Positions:

- Nursing Assistant (Certified NAC/CNA)
- Camp Activity Leader

OUTDOOR RECREATION

Get outdoors and get paid!

Available Positions:

- Lead or Assist groups on outdoor tours to various locations including lakes, rivers, mountains, caves and more!
- Adventure Camp Counselor

CORBIN ART CENTER

Put your love of art to work!

Available Positions:

- Summer Camp Assistant
- Summer Camp Instructor

SPORTS

Love sports? Come be a part of our athletics team!

Adult League Available Positions:

- Adult Softball Site Supervisor
- Adult Softball Umpire
- Adult Flag Football Referee
- Adult Flag Football Site Supervisor
- Youth NFL Flag Site Supervisor

SUMMER CAMPS

Available Positions

- Summer Art Camp Assistant
- Summer Art Camp Instructor
- Outdoor Adventure Camp Counselor
- Summer Day Camp Counselor

PARKS

Help care for our beautiful parks and open spaces!

Available Position:

- Parks Grounds & Facility Worker



SCAN ME!

SPOKANEPARKS.ORG/JOBS

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JENNIFER PAPICH

Recreation Director

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Spring has sprung and we've got lots of fresh opportunities for you to make the most of the season!

Learn the sport of kings with Lawn Bowling on a pristine bowling green, join our fast-growing Cornhole League, or help your child find their new favorite pastime by getting them signed up for Youth Disc Golf, Pickleball or Archery. Plus, we're excited to announce our Adult Spring Volleyball League will take place at the state-of-the-art new sports facility, The Podium!

You can count on a variety of new camps and classes at the Corbin Art Center for artists and makers young and old, yoga classes both virtual and in-person, martial arts, esports, and new Therapeutic Recreation activities just for those with disabilities.

Looking to next season -- Are you or someone in your household looking for summer employment? We're hiring for a variety of seasonal positions across Parks & Recreation! Learn more at SpokaneParks.org/jobs.

Plus, NEW summer camp scholarships are available thanks to the Summer Experiences & Enrichment for Kids (SEEK) fund. If finding quality, affordable, engaging things for your school aged kids(K-12) to do this summer is a financial burden or barrier of any kind then this scholarship is for you! Learn more and apply at SpokaneParks.org/Scholarships

Look forward to seeing you soon! Jennifer

KNOW YOUR REC STAFF

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LAP SWIM

Adult Lap Swim Schedule

Lap lane reservations are available for individuals 16 years of age or older who want to swim for fitness or therapeutic purposes. Reservations can be made online up to one week in advance. Reservations can also be made over the phone by calling 509-755-2489 during regular business hours. Please note, voicemail and email reservation requests will not be accepted.

PRE-SEASON/POST SEASON FEE \$6 PER HOUR REGULAR SEASON FEE \$4 PER HOUR			
PRE-SEASON LAP SWIM SCHEDULE MAY 9 - JUNE 17			
Witter	Monday – Friday	11:00am – 2:30pm	50 meter lanes
REGULAR SEASON LAP SWIM SCHEDULE JUNE 20 – AUGUST 26			
Witter	Monday – Friday	10:00am – 12:15pm	50 meter lanes
Comstock	Monday – Thursday	5:45am – 7:30am	50 meter lanes
	Friday	6:00am – 8:15am	50 meter lanes
	Saturday	7:30am – 9:45am	50 meter lanes
Shadle	Saturday	10:15am – 12:30pm	25 yard lanes
POST-SEASON LAP SWIM SCHEDULE AUGUST 29 – SEPTEMBER 16			
Witter	Monday – Friday	11:00 – 2:30pm	50 meter lanes

CANCELLATION & NO SHOW POLICY

- Cancellations may be made up to 8am on the day of your swim session. After 8am any cancellation will be treated as a no-show. We prefer that you cancel by emailing aquatics@spokanecity.org. If you do not have access to email please call 509-625-6960.
- There will be a strict penalty for no-shows and cancellations after 8am on the day of the reservation. One offense will be forgiven but upon the second offense your entire household will be suspended from reserving swim sessions for one week.
- If a patron is not able to attend their reservation they cannot give it to someone else (no swapping). Each individual's name must match what is on the roster. Adults may be asked to show ID.

Make Reservations

ONLINE @ SPOKANEREC.ORG

Under the lap swim reservation tab.

PHONE 509.755.2489

During regular business hours.

PRIVATE FACILITY RENTALS

Planning a family reunion or a corporate party? All the aquatic centers are available for private after hour rentals. During private rentals, patrons have full access to the aquatic center including a fully certified staff to keep your gathering safe. To make your reservation or view availability go to www.spokanerec.org and click on the Aquatic Facility Rentals tab.

**FREE SWIM SPLASHPASS**

All Ages | Take full advantage of the summer by signing up for your free SplashPass and cooling off at the pool. By registering for your free SplashPass you will enjoy access to all six of the City of Spokane aquatic centers. Admission to the pools is free, but a no-cost SplashPass is required. SplashPasses provide:

- Free admission during Open Swim hours
- Notification of pool events and closures (opt-out available)
- Acknowledgement and acceptance of important pool rules that are in place for your safety

You can register for your free SplashPass by going online at SpokaneRec.org or at any of our aquatic centers. Registration is free and takes less than 5 minutes. Parent/Guardian must sign the rules for children 17 and under.

2507 Youth SplashPass (Ages 17 & Under)
2508 Adult SplashPass (Ages 18+)

AQUATICS HOTLINE

509-625-6960

Get up-to-date information on hours of operation, pool closures, and more.

FREE OPEN SWIM

Our top priority is to meet the health and safety needs of our patrons and staff, and to provide a safe, positive and fun experience for all, in accordance with the specific guidance for operations.

OPEN SWIM SCHEDULE JUNE 20 – AUGUST 26

All Aquatic Centers: Comstock, AM Cannon,
Hillyard, Liberty, Shadle & Witter

Monday – Saturday 1:00 – 4:00pm

Evening Open Swim

Comstock, Cannon,
Hillyard

Mon-Wed
6:30pm – 8:00pm

Liberty & Shadle

Tue & Thurs
6:30pm – 8:00pm



SPOKANE PARKS FOUNDATION

Planting Roots. Growing Community.



We know now, more than ever, our community needs open spaces to stay safe, stay distant, and stay active. Our local parks are the perfect place to explore, enjoy and soak in the sun...

We invite you to join us!

Your donation funds park projects, outdoor recreational activities for low-income youth, life-saving swim lessons, and much more!



Please give to your local parks today!

www.spokaneparksfoundation.org/donate

Or text **"parks"** to (202) 858-1233

LITTLE SPOKANE RIVER KAYAK RENTALS

*** Pre-Reservation Required – No On-site Payment ***

Price: \$49 • 5+ rentals: \$40 • Saturdays and Sunday ONLY July 2–September 4
Kayak Pick Up 10am-12:30pm • Meet at the 9 Mile Take Out on N. Shoemaker Lane
Must be over 18 to rent • Ages 15-17 must be with a parent or guardian

Includes: Kayak, Paddle, PFD, Shuttle Transportation, pre-trip & safety info, whistle and self-guided tour map. The Kayak Paddle is 6 miles total and takes 3+ hours.
Kayak Rental must be completed by 4pm.

**RESERVATIONS OPEN MARCH 28!
REGISTER ONLINE AT SPOKANEREC.ORG
UNDER THE OUTDOOR TAB**



THE LITTLE SPOKANE RIVER SHUTTLE IS BACK!

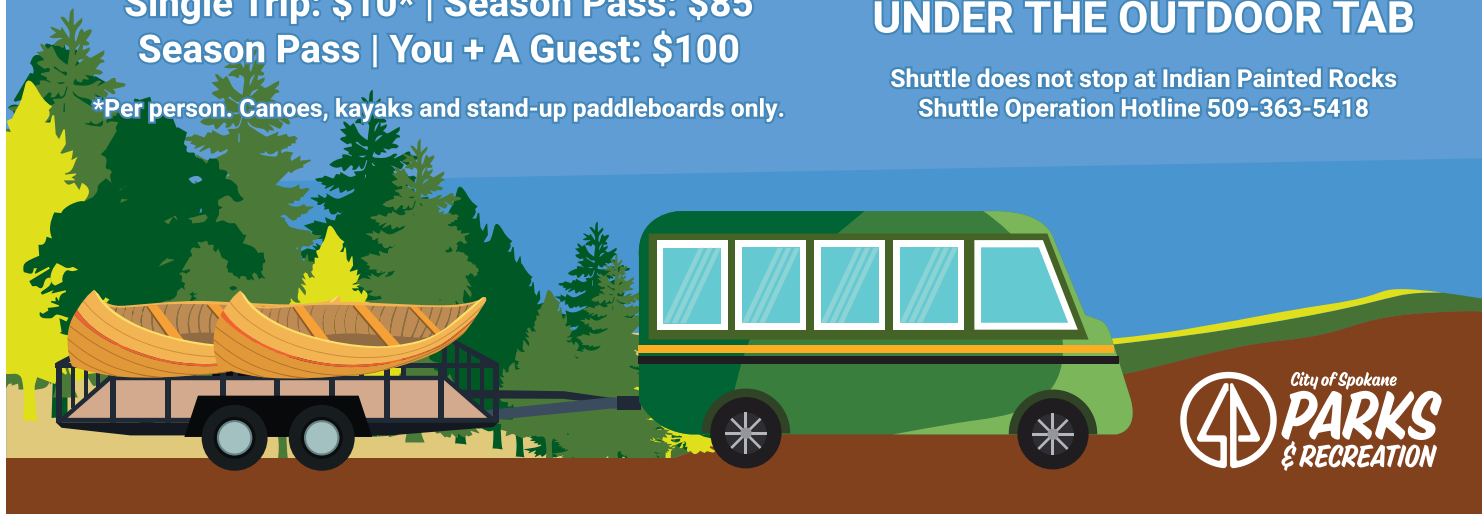
**Saturdays and Sundays
10am – 4pm | July 2 – September 4**

**Single Trip: \$10* | Season Pass: \$85
Season Pass | You + A Guest: \$100**

*Per person. Canoes, kayaks and stand-up paddleboards only.

**REGISTER ONLINE AT
SPOKANEREC.ORG
UNDER THE OUTDOOR TAB**

Shuttle does not stop at Indian Painted Rocks
Shuttle Operation Hotline 509-363-5418





AQUATICS PROGRAMS

Jr. Lifeguarding Camp

2 weeks | Ages 10-15yrs. Students must be able to demonstrate level 5 skills to be in this class. Participants learn what it takes to be a Spokane Aquatics Lifeguard by introducing them to water safety, rescue skills, first aid, CPR, health and wellness, and sustainability. Students will learn the ins and outs of pool operations beyond what happens on deck. Participants will receive a junior lifeguard t-shirt and whistle at the completion of the program.

Please note that this class does not certify your child to become a lifeguard, it is designed to be a transition course from lessons. If you are interested in becoming a certified lifeguard, please visit our lifeguarding course page. \$96

Comstock

9642	Mon.-Thurs.	6/20 – 6/30	9 – 11:15am
9641	Mon.-Thurs.	7/5 – 7/14	9 – 11:15am
9643	Mon.-Thurs.	7/18 – 7/28	9 – 11:15am
9644	Mon.-Thurs.	8/1 – 8/11	9 – 11:15am
9645	Mon.-Thurs.	8/15 – 8/25	9 – 11:15am

Shadle

9647	Mon.-Thurs.	6/20 – 6/30	9 – 11:15am
9646	Mon.-Thurs.	7/5 – 7/14	9 – 11:15am
9648	Mon.-Thurs.	7/18 – 7/28	9 – 11:15am
9649	Mon.-Thurs.	8/1 – 8/11	9 – 11:15am
9650	Mon.-Thurs.	8/15 – 8/25	9 – 11:15am

Aqua Ducks | Novice Swim Team

8 weeks | Ages 6+ Is your little fish either aging out of swim lessons or has completed all levels but competitive teams aren't what you are looking for? Try out our novice team where the philosophy is to have fun while increasing swim endurance, refinement of the four Olympic strokes (breaststroke, backstroke, front crawl, butterfly), and learning starts and turns. Prerequisite: Ability to swim crawl stroke 50 yards unassisted. Swim meets will be held at Witter starting at 5:30pm on July 14 and August 11. \$210 includes meet fees.

Comstock Intermediate: Ages 9+, Must be able to swim 50 meters unassisted.

10375	Mon.-Thurs.	6/20-8/11	7:30-8:30am
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Comstock

10376	Mon.-Thurs.	6/20-8/11	9-10am
10377	Mon.-Thurs.	6/20-8/11	5-6pm

Shadle

10374	Mon.-Thurs.	6/20-8/11	5-6pm
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Witter

10378	Mon.-Thurs.	6/20-8/11	10:45am-11:45am
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AQUA FITNESS

AquaFit

Varies | Ages 18+ Burn some calories in a fun and refreshing environment! This class focuses on aerobic conditioning and toning of the body by using the resistance of the water and a variety of challenging aquatic exercises. You can expect to experience aerobic, balance, muscle toning and core strengthening types of routines on a rotating basis.

7913 AquaFit 6 Visit Punch Pass \$27

Witter \$90

7912 Tues. & Thurs. 6/21 – 8/18 6:30 – 7:15pm

Hillyard \$90

7913 Tues. & Thurs. 6/21 – 8/18 10:45 – 11:30am

Shadle \$36

7501 Sat. 7/2 – 8/20 9:30 – 10:20am

**REGISTER
ONLINE**
SpokaneRec.org



**MAIL
US** City of Spokane Parks &
Recreation Class Registration
808 W. Spokane Falls Blvd.
Spokane, WA 99201
*checks payable to City of Spokane



**CALL
US** Call 311
or outside the city at
509.755.CITY
Fax 509.625.6990





TRAINING & CERTIFICATION COURSES

NEW!

Babysitter Training Course

Ages 11-15yrs. This is an interactive class designed by the American Red Cross to prepare students to be better babysitters. Topics include how to stay safe; what to do in an emergency; how to choose age-appropriate activities; and how to recognize and handle a variety of behaviors. Students will also learn the basics of starting a babysitting business. The course consists of six interactive modules featuring video, activities, games and tools babysitters can use to build their knowledge and skills and manage their babysitting business. This course includes a final exam at the end, and students who successfully complete the course will receive an American Red Cross certificate. Participants should bring a sack lunch. Space is limited so register early. **Witter Aquatic Center 1300 E Mission Ave. \$75**

10571	Tues. – Thurs.	5/17, 5/18, & 5/19	5 – 7pm
10572	Sat. & Sun.	6/4 & 6/5	10am – 1pm
10573	Tues. – Thurs.	7/12, 7/13 & 7/14	5 – 7pm

Aquanautic Safety Instructor

2 weeks | Ages 15+ Learn to teach water safety, survival, and swimming skills to all ages. This course will certify you to instruct for the City of Spokane Aquatic Dept. only, and will allow you to earn the same wage as a WSI if employed with the City of Spokane Aquatic Dept. This is not a nationally recognized certification, but for the City of Spokane. Prerequisite: minimum 15 years old; pass all pre-course swimming tests administered the first class session. **Witter Aquatic Center 1300 E Mission Ave. \$25**

10543	Fri.	5/20 & 5/27	5 – 9pm
	Sat.	5/21 & 5/28	10 – 5pm
10544	Fri.	6/3 & 6/10	5 – 9pm
	Sat.	6/4 & 6/11	10 – 5pm

Water Safety Instructor (WSI)

2 Weeks | Ages 16+ Learn to teach water safety, survival, and swimming skills to all ages. This course will train instructors to teach American Red Cross swimming and water safety courses and will cover all topics necessary to become a successful Water Safety Instructor. This class will be done in a blended learning format, Students will be required to complete all online components prior to the completion of the class. Approximate time for online portion is 7 hours. Textbook is available in a downloadable PDF. Prerequisite: minimum 16 years old; pass all pre-course swimming tests administered the first class session. **Liberty Aquatic Center 502 S. Pittsburg St. \$250**

10548	Fri.	7/8 & 7/15	5 – 9pm
	Sat. & Sun.	7/9, 7/10, 7/16 & 7/17	10am – 5pm

Lifeguard Training Course

2 weeks | Ages 15+ If you are looking for the perfect summer job, this course is for you. As a certified lifeguard you will be responsible for ensuring people's safety in and around the water. This course is in a blended learning format, students will be required to complete all online modules prior to taking the final exam. The blended learning component will give students a better understanding of the topics covered in class and prepare them for the exams. The course will cover CPR, First Aid, and lifeguarding. Textbooks available for use or you can download the electronic version. Prerequisite: minimum 15 years old; pass all pre-course tests. **Witter Aquatic Center, 1300 E Mission Ave. \$75**

10331	Fri.	5/6 & 5/13	5 – 9pm
	Sat./Sun.	5/7 – 5/8 & 5/14 – 5/15	9am – 5pm
10332	Fri.	6/3 & 6/10	5 – 9pm
	Sat. & Sun.	6/4 – 6/5 & 6/11 – 6/12	9am – 5pm
10333	Fri.	8/12 & 8/19	5 – 9pm
	Sat./Sun.	8/13 – 8/14 & 8/20 – 8/21	9am – 5pm

Lifeguard/CPR Recertification Course

2 weeks | Ages 15+ Lifeguarding review classes are designed to help you update your skills while also extending your certification for another two years. You must have prior certification in Lifeguarding, First Aid & CPR. **Witter Aquatic Center, 1300 E. Mission Ave. \$50**

10326	Fri.	5/6 & 5/13	5 – 9pm
	Sat./Sun.	5/7 – 5/8 & 5/14 – 5/15	9am – 5pm
10328	Fri.	6/3 & 6/10	5 – 9pm
	Sat. & Sun.	6/4 – 6/5 & 6/11 – 6/12	9am – 5pm
10329	Fri.	8/12 & 8/19	5 – 9pm
	Sat./Sun.	8/13 – 8/14 & 8/20 – 8/21	9am – 5pm





FREE SWIM CLINICS

Free Swim Clinics

1 Day | Ages 3-15 yrs. | \$0 The Spokane region is home to over 70 bodies of water offering numerous opportunities to enjoy swimming and other aquatic activities. The goal of the City of Spokane and the Spokane Parks Foundation is to offer free opportunities for participants to learn how to be safe in and around the water, and to teach, develop, and improve swimming skills. Preregistration is required with a maximum of 15 participants per session. Sponsored by The Spokane Parks Foundation

AM Cannon Aquatic Center: **1900 W. Mission** (Maxwell & Elm)

6/25	11:30am-12pm	10012
	12-12:30pm	10013
7/2	11:30am-12pm	10014
	12-12:30pm	10015
7/9	11:30am-12pm	10016
	12-12:30pm	10017
7/16	11:30am-12pm	10018
	12-12:30pm	10019
7/23	11:30am-12pm	10020
	12-12:30pm	10021
7/30	11:30am-12pm	10022
	12-12:30pm	10023

Hillyard Aquatic Center: **3000 E. Columbia** (Columbia & Market)

6/25	11:30am-12pm	10024
	12-12:30pm	10025
7/2	11:30am-12pm	10026
	12-12:30pm	10027
7/9	11:30am-12pm	10028
	12-12:30pm	10029
7/16	11:30am-12pm	10030
	12-12:30pm	10031
7/23	11:30am-12pm	10032
	12-12:30pm	10033
7/30	11:30am-12pm	10034
	12-12:30pm	10035

Liberty Aquatic Center: **502 S. Pittsburg** (5th & Pittsburg)

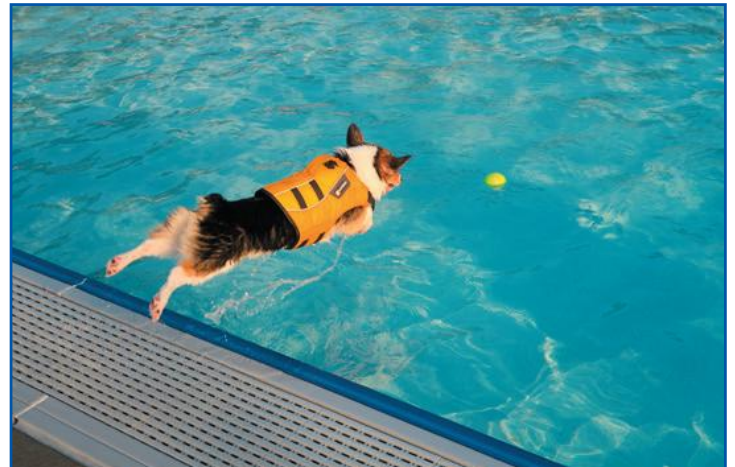
6/25	11:30am-12pm	10036
	12-12:30pm	10037
7/2	11:30am-12pm	10038
	12-12:30pm	10039
7/9	11:30am-12pm	10040
	12-12:30pm	10041
7/16	11:30am-12pm	10042
	12-12:30pm	10043
7/22	11:30am-12pm	10044
	12-12:30pm	10045
7/30	11:30am-12pm	10046
	12-12:30pm	10047

SPECIAL EVENTS

Doggie Dip

1 Day | All Ages The pools have gone to the DOGS! Bring your four-legged friend to the last splash of the season! Along with SpokAnimal, we hope to have fun, raise awareness and funds for the High Bridge Dog Park. Drop-ins/donations welcome at the door. All pools except Witter. Fee \$10 per dog. Proof of rabies vaccination required.

Sun.	8/28	3 – 4:30pm	Comstock
Mon.	8/29	5:30 – 7pm	Shadle
Tues.	8/30	5:30 – 7pm	Hillyard
Wed.	8/31	5:30 – 7pm	A.M. Cannon
Thurs.	9/1	5:30 – 7pm	Liberty





PRIVATE SWIM LESSONS

Private Swimming Lessons

All summer | All Ages Do you or your little one need one-on-one instruction? \$38 per person per half hour session

Comstock & Shadle Aquatic Centers

Mon. – Thurs., 12:00pm – 12:30pm

Cannon, Hillyard & Liberty Aquatic Centers

Mon. – Thurs., 12:10pm – 12:40pm

SWIM LESSONS

Swimming Lessons

This summer is the perfect time to learn to swim or to improve your skills. Group swimming lessons are offered for every skill level and age starting at 6 months old. Swim lessons are \$56 per person, per session. Sessions are two weeks long with classes held Monday – Thursday (8 days total). Maximum enrollment is 5 children per class, minimum is 3 children. Deadline for enrollment is the THURSDAY before the start of the next session. Classes may be canceled due to inclement weather, unhealthy air quality, contamination, or other unexpected circumstances.

All efforts will be made to hold each class. Register online or by phone 509.755.2489.

Session Dates

June 20 – July 30

July 5 – July 14 (no class on July 4)

July 18 – July 28

August 1 – August 11

August 15 – August 25

GROUP SWIM LESSON LEVEL DESCRIPTIONS & GENERAL INFORMATION

Tadpole | Parent Assist | Ages 6-36 Months

Water orientation class for younger children. Parents (one adult per child) required to be in the water with children. The goal of this class is to introduce water adjustment skills in a safe and friendly environment. Climbing in and out of the pool, floating on front and back, kicking, and arm movement. All swimmers in diapers must be in swim diapers.

Seahorse | Preschool | Ages 3-5 Years

Through games and play, the goal is to introduce preschool aged kids to water and teach them how to safely navigate this exciting new environment. Students will work on submerging underwater, blowing bubbles with mouth and nose, supported floating, and introduces leg movements.

Level 1 | Penguin | Ages 5-8 Years

A great place for school-aged kids who are new to lessons or are nervous/afraid around water. The primary goal is to develop comfort and confidence. Students review and master all Seahorse skills, work on floating independently on front and back, refine their kicking, and are introduced to crawl stroke arms.

Level 2 | Turtle | Ages 5-9 Years

Students must be able to demonstrate Level 1 skills to be in this class. Students will continue to develop comfort and confidence, especially underwater and floating. This class focuses on a lot of new skills: kicking and rolling, crawl stroke, and backstroke.

Level 3 | Stingray | Ages 6-10 Years

Students must be able to demonstrate Level 2 skills to be in this class. This class is a challenge! There will be a lot of work on side breathing with crawl stroke, will refine backstroke, and introduces treading water. Students should pass this class before joining our Aqua Ducks Swim Team.

Level 4 | Seal | Ages 7-11 Years

Students must be able to demonstrate Level 3 skills to be in this class. Get ready to swim some laps: in addition to working on crawl stroke, backstroke, and treading water endurance, students will be introduced to breaststroke kick and elementary backstroke.

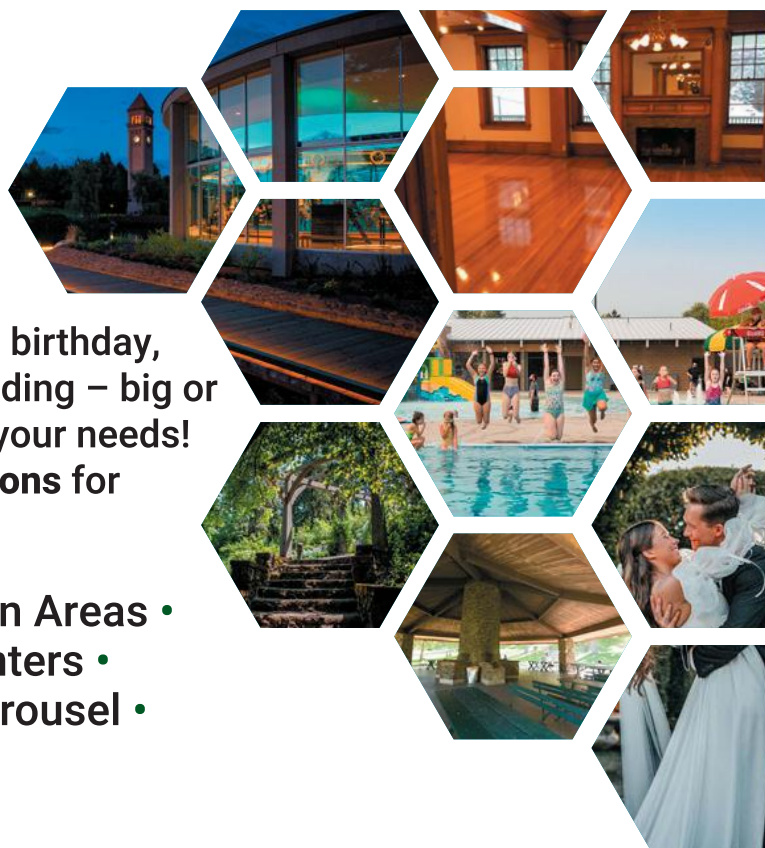
Level 5 | Barracuda | Ages 8-12 Years

Students must be able to demonstrate Level 4 skills to be in this class. This class is designed to prepare students for swimming for fitness or for continuing to our Jr. Lifeguard class. This class is designed for stroke refinement and endurance, working on crawl stroke, backstroke, breaststroke, elementary backstroke, and introducing butterfly.

City of Spokane **PARKS & RECREATION** **Facility Rentals**

Whether you're hosting a family picnic, birthday, corporate party, sporting event, or wedding – big or small – we've got a facility that will fit your needs! Visit www.spokaneparks.org/reservations for more information.

- Picnic Shelters • Park & Garden Areas •
- Sports Fields • Aquatic Centers •
- Corbin Art Center • Loeff Carrousel •
- And More! •



Volunteer with us!

With over 4,000 acres of protected green space and hundreds of recreation activities, volunteers are integral in helping Spokane keep our public spaces and recreation activities enjoyable and accessible to all. By signing up for a community cleanup or tree planting event, or volunteering to assist children or special needs persons in a recreation activity, you can make a huge impact on the quality of life in our community.

View our current volunteer opportunities at
SpokaneParks.org/volunteer

 *City of Spokane*
PARKS & RECREATION





Liberty Park | Shadle Park | Hillyard
Now Open 7 Days a Week
Learn more at spokanelibrary.org

NFL FLAG FOOTBALL

PLAY ON OUR TEAM! • THE FUN STARTS MAY 31
FOR AGES 5-16 • REGISTER AT SPOKANEREC.ORG
Questions? Contact Carissa Ware: cware@spokanecity.org



COMSTOCK AQUATIC CENTER: SWIMMING LESSONS

29th & Howard 600 W. 29th Ave	Tadpole Parent tot	Seahorse Preschool	Penguin Level 1	Turtle Level 2	Stingray Level 3	Seal Level 4	Barracuda Level 5	Junior Lifeguard Camp	Aqua Ducks Swim Team
Session 1 6/20-6/30 Mon.-Thurs.									9-11:15 am 9642
9-9:30 am		9157	9247	9448	9535	9614	9220		
9:35-10:05 am	9057	9158/9159	9248	9449	9536				
10:10-10:40 am		9160	9249/9250	9450/9451	9537				
10:45-11:15 am	9058	9161	9251	9678	9538	9615			
11:20-11:50 am	9059		9252	9452	9539/9540	9616			
4:35-5:05 pm	9060	9162	9253	9453/9454	9541		9221		
5:10-5:40 pm		9163	9254/9255	9455	9542/9543	9617			
5:45-6:15 pm	9061	9164	9256	9456	9544/9545		9222		
Session 2 7/5-7/14 Mon.-Thurs.									9-11:15 am 9641
9-9:30 am	9052	9150	9239	9438	9526	9612			
9:35-10:05 am		9151	9240	9439/9440	9527/9528				
10:10-10:40 am	9053	9152/9153	9241	9441	9573				
10:45-11:15 am			9242	9442	9529/9530	9613	9218		
11:20-11:50 am	9054	9154	9243	9443/9679	9531				
4:35-5:05 pm		9951	9958/9959	9964	9972/9973	9980			
5:10-5:40 pm	9055	9155	9244	9444/9445	9532/9533				
5:45-6:15 pm	9056	9156	9245/9246	9446	9534		9219		
Session 3 7/18-7/28 Mon.-Thurs.									9-11:15 am 9643
9-9:30 am		9165	9257	9457	9546	9618	9223		
9:35-10:05 am	9062	9166	9258/9285	9458	9547				
10:10-10:40 am		9167	9259/9260	9459/9460	9548				
10:45-11:15 am	9063	9168	9261	9461	9549	9619			
11:20-11:50 am	9064		9262	9462/9463	9550/9551				
4:35-5:05 pm	9956	9952	9960	9965	9974/9975		9982		
5:10-5:40 pm		9169	9263/9264	9464/9465	9552	9620			
5:45-6:15 pm	9065	9170	9265	9466	9553/9680		9224		
Session 4 8/1-8/11 Mon.-Thurs.									9-11:15 am 9644
9-9:30 am	9066	9171	9266	9467	9554	9621			
9:35-10:05 am		9172/9185	9267	9468/9469	9555				
10:10-10:40 am	9067	9173	9268/9269	9470	9556				
10:45-11:15 am			9270	9471	9557/9558	9622	9225		
11:20-11:50 am	9068	9182	9271	9472/9486	9559				
4:35-5:05 pm		9954	9961/9962	9966	9976/9977	9981			
5:10-5:40 pm	9069	9175	9272	9473/9484	9560/9561				
5:45-6:15 pm	9070	9176	9273/9274	9474	9562		9226		
Session 5 8/15-8/25 Mon.-Thurs.									9-11:15 am 9645
9-9:30 am		9177	9275	9475	9563	9623	9227		
9:35-10:05 am	9071	9178	9284	9476	9564/9565				
10:10-10:40 am		9179	9276/9277	9477/9478	9566				
10:45-11:15 am	9072	9181	9278	9479	9567	9624			
11:20-11:50 am	9073		9279/9280	9480/9481	9568				
4:35-5:05 pm	9957	9955	9963	9971	9978/9979		9983		
5:10-5:40 pm		9183/9186	9281/9282	9482	9570	9625			
5:45-6:15 pm	9074	9180	9283	9483	9571/9572		9228		

1st Time Slot
6/28-8/19
7:30-8:30am

2nd Time Slot
6/28-8/19
9am-10am

3rd Time Slot
6/28-8/19
5pm-6pm

1st Time Slot
6/28-8/19
7:30-8:30am

2nd Time Slot
6/28-8/19
9am-10am

3rd Time Slot
6/28-8/19
5pm-6pm



HILLYARD AQUATICS CENTER

Columbia & Market 3000 E Columbia	Preschool Ages 3-5yrs.	Beginner Ages 5-9yrs.	Intermediate/ Advanced Ages 6-12 yrs.
Session 1 6/20-6/30 Mon.-Thurs.			
11-11:30am	9114	9399	9342
11:35am-12:05pm	9115	9400	9343
5:10-5:40pm	9116	9401	9344
5:45-6:15pm	9117	9402	9345
Session 2 7/5-7/14 Mon.-Thurs.			
11-11:30am	9110	9395	9338
11:35am-12:05pm	9111	9396	9339
5:10-5:40pm	9112	9397	9340
5:45-6:15pm	9113	9398	9341
Session 3 7/18-7/28 Mon.-Thurs.			
11-11:30am	9118	9403	9655
11:35am-12:05pm	9119	9404	9656
5:10-5:40pm	9120	9405	9346
5:45-6:15pm	9121	9406	9657
Session 4 8/1-8/11 Mon.-Thurs.			
11-11:30am	9122	9407	9347
11:35am-12:05pm	9123	9408	9348
5:10-5:40pm	9124	9409	9349
5:45-6:15pm	9125	9410	9350
Session 5 8/15-8/25 Mon.-Thurs.			
11-11:30am	9126	9411	9351
11:35am-12:05pm	9127	9412	9352
5:10-5:40pm	9128	9413	9353
5:45-6:15pm	9129	9414	9354

LIBERTY AQUATICS CENTER

5th & Pittsburg 502 S Pittsburg Street	Preschool Ages 3-5yrs.	Beginner Ages 5-9yrs.	Intermediate/ Advanced Ages 6-12 yrs.
Session 1 6/20-6/30 Mon.-Thurs.			
11-11:30am	9134	9419	9359
11:35am-12:05pm	9135	9420	9360
5:10-5:40pm	9136	9421	9361
5:45-6:15pm	9137	9422	9362
Session 2 7/5-7/14 Mon.-Thurs.			
11-11:30am	9130	9415	9355
11:35am-12:05pm	9131	9416	9356
5:10-5:40pm	9132	9417	9357
5:45-6:15pm	9133	9418	9358
Session 3 7/18-7/28 Mon.-Thurs.			
11-11:30am	9138	9423	9363
11:35am-12:05pm	9139	9424	9364
5:10-5:40pm	9140	9425	9365
5:45-6:15pm	9141	9426	9366
Session 4 8/1-8/11 Mon.-Thurs.			
11-11:30am	9142	9427	9367
11:35am-12:05pm	9143	9428	9368
5:10-5:40pm	9144	9429	9658
5:45-6:15pm	9145	9430	9369
Session 5 8/15-8/25 Mon.-Thurs.			
11-11:30am	9146	9431	9370
11:35am-12:05pm	9147	9432	9371
5:10-5:40pm	9148	9433	9372
5:45-6:15pm	9149	9434	9373

AQUATICS HOTLINE

509-625-6960

Get up-to-date information on pool closures, hours and more.



Aquatics

SPRING 2022

SHADLE AQUATIC CENTER: SWIMMING LESSONS

Wellesley & Belt
2005 W Wellesley

Tadpole
Parent tot

Seahorse
Preschool

Penguin
Level 1

Turtle
Level 2

Stingray
Level 3

Seal
Level 4

Barracuda
Level 5

Junior
Lifeguard
Camp

Aqua Ducks
Swim Team

Session 1 6/20-6/30 Mon.-Thurs.								
9-9:30 am		9188	9286	9495	9574			9-11:15 am 9647
9:35-10:05 am			9287	9496	9575		9299	
10:10-10:40 am	9077	9189		9497	9576			
10:45-11:15 am			9288	9498	9577	9627		
11:20-11:50 am		9190	9289	9499	9578			
4:35-5:05 pm		9192	9290	9500	9579	9628		
5:10-5:40 pm	9078	9191	9291	9501	9580			
5:45-6:15 pm	9079		9292	9502	9581		9230	
Saturday Session 6/25-8/13								
9-9:30 am		9187						
9:35-10:05 am	9075							
Session 2 7/5-7/14 Mon.-Thurs.								
9-9:30 am			9293	9503	9582		9231	9-11:15 am 9646
9:35-10:05 am		9196	9296	9494	9583			
10:10-10:40 am		9193		9507	9584	9629		
10:45-11:15 am		9197	9294	9508	9585			
11:20-11:50 am			9297	9504	9586	9630		
4:35-5:05 pm	9984		9988	9992	9996		1001	
5:10-5:40 pm		9195	9298	9506	9587	9631		
5:45-6:15 pm	9076	9198	9295	9505	9588			
Session 3 7/18-7/28 Mon.-Thurs.								
9-9:30 am		9199	9299	9487	9589			9-11:15 am 9648
9:35-10:05 am			9300	9488	9590		9232	
10:10-10:40 am	9080	9200		9489	9591			
10:45-11:15 am			9301	9490	9592	9632		
11:20-11:50 am		9201	9302	9491	9593			
4:35-5:05 pm		9986	9989	9993	9997	9633		
5:10-5:40 pm	9081	9202	9303	9492	9594			
5:45-6:15 pm	9082		9304	9493	9595		9233	
Session 4 8/1-8/11 Mon.-Thurs.								
9-9:30 am			9305	9509	9596		9234	9-11:15 am 9649
9:35-10:05 am		9203	9306	9510	9597			
10:10-10:40 am	9083	9204		9511		9634		
10:45-11:15 am		9205	9307	9512	9598			
11:20-11:50 am			9308	9513	9599	9635		
4:35-5:05 pm	9206		9990	9994	9998		10000	
5:10-5:40 pm		9207	9309	9514	9600	9636		
5:45-6:15 pm	9084	9208	9310	9515	9601			
Session 5 8/15-8/25 Mon.-Thurs.								
9-9:30 am		9209	9311	9516	9602			9-11:15 am 9650
9:35-10:05 am			9312	9517	9603		9235	
10:10-10:40 am	9085	9210		9518	9604			
10:45-11:15 am			9313	9519	9605	9637		
11:20-11:50 am		9211	9314	9520	9606			
4:35-5:05 pm		9987	9991	9995	9999	9638		
5:10-5:40 pm	9086	9212	9315	9521	9607			
5:45-6:15 pm	9087		9316	9522	9608		9236	

6/27-8/18
5-6pm





CANNON AQUATICS CENTER

Maxwell & Elm
1900 W Mission

Preschool
Ages 3-5yrs.

Beginner
Ages 5-9yrs.

Intermediate/
Advanced
Ages 6-12 yrs.

Session 1		6/20-6/30	Mon.-Thurs.
11-11:30am	9094	9380	9324
11:35am-12:05pm	9095	9381	9325
5:10-5:40pm	9096	9382	9326
5:45-6:15pm	9097	9383	9327
Session 2		7/5-7/14	Mon.-Thurs.
11-11:30 am	9090	9376	9320
11:35am-12:05pm	9091	9377	9321
5:10-5:40 pm	9092	9378	9322
5:45-6:15 pm	9093	9379	9323
Session 3		7/18-7/28	Mon.-Thurs.
11-11:30 am	9098	9385	9653
11:35am-12:05pm	9099	9386	9652
5:10-5:40 pm	9100	9437	9328
5:45-6:15 pm	9101	9651	9329
Session 4		8/1-8/11	Mon.-Thurs.
11-11:30 am	9102	9387	9330
11:35am-12:05pm	9103	9388	9331
5:10-5:40 pm	9104	9389	9332
5:45-6:15 pm	9105	9390	9333
Session 5		8/15-8/25	Mon.-Thurs.
11-11:30 am	9106	9391	9335
11:35am-12:05pm	9107	9392	9336
5:10-5:40 pm	9108	9393	9337
5:45-6:15 pm	9109	9394	9334

**REGISTER
ONLINE**

SpokaneRec.org



**MAIL
US**

City of Spokane Parks &
Recreation Class Registration
808 W. Spokane Falls Blvd.
Spokane, WA 99201
*checks payable to City of Spokane



**CALL
US**

Call 311
or outside the city at
509.755.CITY
Fax 509.625.6990



AQUATICS HOTLINE

509-625-6960

Get up-to-date information on hours of operation, pool closures, and more.



CORBIN KIDS PRESCHOOL

All class held at the Corbin Art Center, 507 W 7th Avenue unless otherwise indicated.

Little Leonardo's

6 weeks | Ages 3-5yrs. Children love art and they're naturally creative and imaginative. Each class is planned to expose your child to a new element of art each week. They will paint, sculpt, draw, cut paper and glue to help develop listening skills, fine motor skills and creative imagination play. \$54

10475 Mon. 4/11 – 5/16 9:30 – 10:30am

Let's Gogh Art! - Tuesday

6 weeks | Ages 4-5yrs. Does your child love to draw, paint, sculpt or just enjoy being creative? Then come join us in discovering different art techniques while learning about a new artist or children's book illustrator each week in this fast paced, fun class. There are new projects each week for returning students. \$69

10476 Tues. 4/12 – 5/17 9:30 – 11am



NEW! Spring Art has Sprung!

6 Weeks | Ages 4-5yrs. Spring has Sprung at the Corbin Art Center! Does your child love Spring? Does your child love art? Then do we have a creative class for your child! Come join us in discovering all things spring! Each week will be filled with different spring inspired projects and a special focus on some Earth week recycled art, in this fast paced, fun class. \$69

10477 Wed. 4/13 – 5/18 9:30 – 11am



NEW! Make Art Together: Sweet Springtime Fun!

6 Weeks | Ages 2-4yrs. Yay! It's finally spring and time to celebrate the season! This class is for you and your child to explore flowers, bugs and even the rainy, spring weather while making wonderful works of art. Experience a new weekly art theme, story, and relevant project. Children will discover color, texture while practicing basic cutting and gluing skills while exploring a variety of art techniques and materials. This class is fast paced, active and most of all fun! \$54

10478 Thurs. 4/14 – 5/19 9:30 – 10:30am



WORKSHOPS PRESCHOOL

All class held at the Corbin Art Center, 507 W 7th Avenue unless otherwise indicated.



Make Art Together: Easter Bunny Fun!

1 day | Ages 3-5yrs. Bunnies, Chicks, and Lambs, Oh My! Come and make some fun Easter projects to enjoy this spring. Bring your little "Some-Bunny" special to this fun and fast-paced class. Projects include an animal puppet, Easter hat, and more. \$29

10499 Sat. 4/16 9:30 – 11am



SPRING BREAK CAMPS

All class held at the Corbin Art Center, 507 W 7th Avenue unless otherwise indicated. Pre-registration is required. Enjoy a fun-filled day with arts and crafts activities for children. Dress for a mess and bring your lunch.

NEW! 3-D Crazy Creatures!

1 day | Ages 6-11yrs. Come to this camp and make your own 3-D Crazy Creatures. Your imagination and creativity will bring these creatures to life while using paint, paper, found objects and much more. This is a fun and extremely creative camp with lots of art building going on. Dress for a mess and please bring a lunch. \$44
9852 Mon. 4/4 9am – 3pm



NEW! Dragons! Trolls! Unicorns! Oh My!

1 day | Ages 6-11yrs. Do you love Dragons? How about trolls, unicorns and other mythological creatures? Come and use your imagination, creativity and lots of art supplies to make your very own fantastic creatures! Dress for a mess and bring a lunch. \$44
9868 Thurs. 4/7 9am – 3pm

Animal Art: Let's Go Wild!

1 day | Ages 6-11yrs. Explore animals around the world through art. Unleash your creativity with different animal projects including collage, painting, drawing and sculpture. This camp is sure to be a "wild" time. Dress for a mess and please bring a lunch. \$44
9869 Fri. 4/8 9am – 3pm



NEW! Mixed Media Art Attack!

1 day | Ages 6-11yrs. Explore the vast world of mixed media using a diverse array of art materials and techniques. You will work with clay, paint, glue and found objects. Creativity will run rampant and the art will explode with color and energy. Dress for a mess and please bring a lunch. \$44
9856 Tues. 4/5 9am – 3pm

Clay, Slime & DIY Dough

1 day | Ages 6-11yrs. Discover the joy of clay! Make your own cool clays to model creative animals and other projects. Using fun recipes and techniques you'll enjoy your experience with pre-made and handmade clay. Please bring a lunch. \$44
865 Wed. 4/6 9am – 3pm



CORBIN KIDS YOUTH

All class held at the Corbin Art Center, 507 W 7th Avenue unless otherwise indicated.

Afternoon Art Exploration-Monday

6 weeks | Ages 6-8yrs. Explore a variety of artistic mediums, such as, oil pastels, paint, clay, paper, recycled objects and more each week. Here's a chance to use your artistic skills, be creative and try new things. There are new projects each week for returning students. \$69

10479 Mon. 4/11 – 5/16

4 – 5:30pm

Afternoon Art Exploration-Tuesday

6 weeks | Ages 9-12yrs. Explore a variety of artistic mediums, such as, oil pastels, paint, clay, paper, recycled objects and more each week. Here's a chance to use your artistic skills, be creative and try new things. There are new projects each week for returning students. \$69

10480 Tues. 4/12 – 5/17

4 – 5:30pm



Drawing Basics Wednesday – Youth

6 weeks | Ages 6-8yrs. Drawing is the basis and the first step for dimensional art forms. Explore with different tools and techniques and learn the many facets of drawing including freehand drawing, line, shading, fur-scales-feathers, still life, color, design composition, perspective, portraiture, animals and more. \$69

10481 Wed. 4/13 – 5/18

4 – 5:30pm

Drawing Basics Thursday – Youth

6 weeks | Ages 9-12yrs. Drawing is the basis and the first step for dimensional art forms. Explore with different tools and techniques and learn the many facets of drawing including freehand drawing, line, shading, fur-scales-feathers, still life, color, design composition, perspective, portraiture, animals and more. \$69

10482 Thurs. 4/14 – 5/19

4 – 5:30pm



**15 NEW
CAMPS!**



CORBIN KIDS *Summer* **ART CAMPS**



CAMPS FILL UP FAST! REGISTRATION BEGINS MARCH 28.

Register at SpokaneRec.org or call 311

SPOKANEREC.ORG





Summer Camp Scholarships now available thanks to the SEEK fund!

If finding quality, affordable, engaging things for your school aged kids (K-12) to do this summer is a financial burden or barrier of any kind then this this scholarship is for you!

Scholarships are available for: Outdoor Adventure Camp -
Summer Day Camp at Merkel - Corbin Art Center Camps -
TRS Funshine Camp - Disc Golf Camp - Horseback Riding Camp -
Wilderness Survival Camp -

The SEEK fund is a program of the Washington Recreation & Park Association and the Association of Washington Cities, with funding from the Office of the Superintendent of Public Instruction.

Learn more and apply at SpokaneParks.org/Scholarships



YOUTH SUMMER ADVENTURE CAMPS

**SEEK
Scholarships
available!**

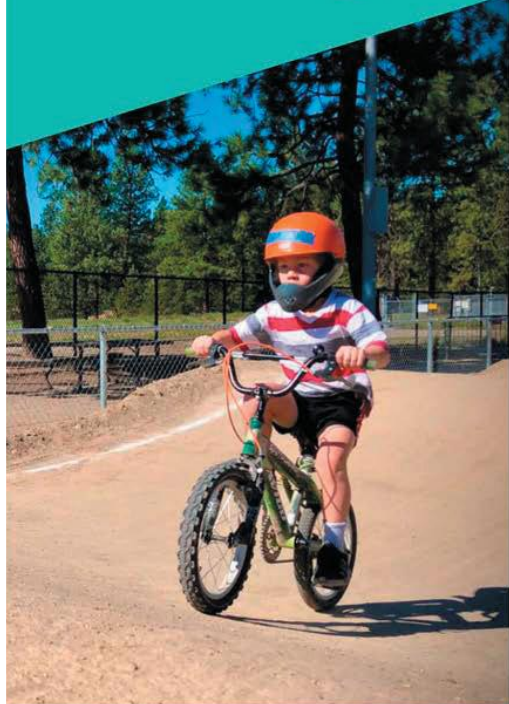
[spokaneparks.org
/scholarships](https://spokaneparks.org/scholarships)

HIKING ROCK CLIMBING KAYAKING WHITEWATER RAFTING DISC GOLF PADDLEBOARDING & MORE

REGISTRATION STARTS
MARCH 28!

→ SpokaneRec.org ←





1 week | Ages 7-11 A great summer camp should be a fun place where kids can explore a variety of activities, discover new interests, make friends, and feel confident to try something new. Activities include traditional camp games, arts and crafts, sports, BMX, skate park activities, plus a variety of outdoor adventures. Dwight Merkel Sports Complex - 5701 N Assembly.

Starting 6/20/22 - 9:00AM - 4:00PM.

Super Heroes Assemble!

With great power, comes great responsibility! This is an exciting week for campers to explore, discover, and experiment with their own superpowers. Games and activities are designed to inspire and challenge campers to exercise and express exceptional creativity, problem-solving skills, and leadership. **Field trips: Riverfront Park, and Ice Age Floods Playground.**

Surviving the Zombie Apocalypse!

CAMPER FAVORITE- The zombies are back! Will you survive? Join with camp staff and participants for a camp-wide survival challenge at Merkel! Teams will play strategy games, engage in a variety of problem-solving collaborations, and learn from survival experts! This week campers will delve deeper into leadership, strategy, and communication. **Field trips: Swimming Pool, and Public Libraries.**

Mad Science at Merkel!

Are you a fan of the Backyard Scientist? Then this camp is for you! Camp staff and participants will engage in fun games and activities designed to develop observation skills, intellectual curiosity, resourcefulness, analytical predictions, problem-solving, and much more! Explore the infinite possibilities by discovering that science is all around us! **Field trips: Mobius Discovery Center, and Ice Age Floods Playground.**

The Amazing Summer Race!

Team up with camp staff and other participants for a challenge course all over Merkel! Groups will play games to promote collaboration, creativity, and problem-solving skills. Come and make new friends, hone your teamwork skills, and have a blast scavenger hunting and geocaching. **Field trips: Riverfront Park, Ice Age Floods Playground, and Swimming Pool.**

The Final Summer Bash!

As we celebrate the end of a great Summer Day Camp season, we will re-live our favorite games and activities of each weekly theme of the summer packaged in one final week! We will do super hero stuff on Monday, survive another zombie apocalypse on Tuesday, do some mad scientific discoveries on Wednesday, race in amazing fashion around Merkel on Thursday... and if there is any gas left in the tank, we will celebrate the end of the Summer on Friday! **Field trips: Riverfront Park, and Ice Age Floods Playground.**

10550	Super Heroes Assemble!	6/20-6/24	\$179
10551	Surviving the Zombie Apocalypse!	6/27-7/1	\$179
10552	Mad Science at Merkel!	7/5-7/8	\$143 (4-Day)
10553	The Amazing Race!	7/11-7/15	\$179
10554	Super Heroes Assemble!	7/18-7/22	\$179
10555	Surviving the Zombie Apocalypse!	7/25-7/29	\$179
10556	Mad Science at Merkel!	8/1-8/5	\$179
10557	The Final Summer Bash!	8/8-8/12	\$179



DISC GOLF STUDENT LEAGUE

HOSTED BY US/YDGA

**REGISTER AT
SPOKANEREC.ORG**

**PICK TUESDAYS & THURSDAYS
OR MONDAYS & WEDNESDAYS
APRIL 5 - MAY 1, 3:30 - 5PM
GRADES 4 - 12**

Join us for sanctioned Disc Golf practices with US Youth Disc Golf Association Certified Coaches! Field Work & Skill Building format for beginners to intermediate. Learn something new, grow your game, and compete to win prizes!

Course locations: Loma Vista, Ben Burr, Friendship, and Hays Park. Call 509-363-5414 for more info.

General Store will be awarding Premium Discs and Neck Medals for top 3 in 12 categories!

Spokane Lithia is proudly sponsoring the Hole-In-One Challenge. Students get a chance to win a new Fiat 500 or \$20,000.00 to any college!





www.vantaleagues.com

A TRUE ESPORTS DEVELOPMENTAL LEAGUE FOR KIDS

Get the training you need to level up your game

ALL SKILL LEVELS WELCOME



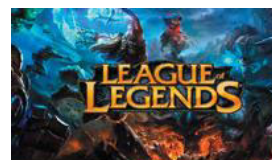
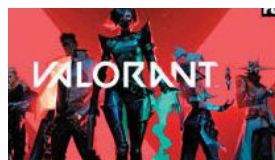
Spring Esports League



April 4th to June 4th // Ages 8-15 // \$180

- Practice and compete: 2 practices a week (M/W or T/Th) and game on Saturdays
- Access to 50+ hours of vetted, trained, expert coaching
- Elite player development curriculums for in-game skill and leadership development
- Safe, supervised gaming environment
- Access to community events, including a 1-week esports camp, open tournament, "open gym" nights, influencer events, charity events, and more!

Improve your game or test out a new title



ABOUT **VANTA**

Vanta Leagues is a youth esports (competitive gaming) league that helps gamers, ages 9-14, get better at the games they love. As the first true esports development league for kids, we help gamers level up with our expert coaching and development curriculum — all in a safe, moderated environment that makes learning fun.

THE **ADVANTAGE**

- Expert coaching
- Elite development programming
- Competition
- Growing community of gamers
- Fun and prizes
- Safety and moderation

Check us out  vantaleagues.com

Contact Adriano



saeva@spokanecity.org



CORBIN KIDS YOUTH

All class held at the Corbin Art Center, 507 W 7th Avenue unless otherwise indicated.

NEW! Cultured Sea Glass Backpack Charm

1 day | Ages 8-12yrs. | Amy Gurel Learn how to create two, fun one-of-a-kind backpack charms using cultured sea glass and wire. Bring yourself as well as some eye protection and all other supplies will be provided. There will be a \$10 lab fee payable to the instructor at the start of class. \$20/\$10 Lab Fee

10483	Thurs.	4/14	4:30 – 6pm
10484	Sat.	4/16	10 – 11:30am
10485	Thurs.	5/12	4:30 – 6pm

NEW! Cultured Sea Glass Tree

1 day | Ages 8-12yrs. | Amy Gurel Learn how to wire wrap a unique one-of-a-kind 5-inch cultured sea glass tree. The tree will be on a base of granite (or other types of similar repurposed counter-top). Bring yourself as well as some eye protection and all other supplies will be provided. There will be a \$10 lab fee payable to the instructor at the start of class. \$30/\$10 Lab Fee

10486	Tues.	4/5	1 – 3pm
10487	Thurs.	4/21	4:30 – 6pm
10488	Thurs.	5/19	4:30 – 6pm
10489	Sat.	5/21	10 – 11:30am

NEW! Gyotaku Printmaking-Youth

1 day | Ages 8-12yrs. | Emma Johnson Gyotaku is a traditional Japanese art form, over 100 years old, used by fishermen to keep a record of their catches. They would apply ink to one side of the fish and create a print on rice paper. We will use rubber animal figures to create our unique prints and students will have the chance to experiment with ink printing to make their own masterpieces. Please dress for a mess and all supplies will be provided for this class. \$50

10490	Sat.	4/23	3 – 5pm
10491	Sat.	5/14	3 – 5pm

NEW! Cultured Sea Glass Suncatcher

1 day | Ages 8-12yrs. | Amy Gurel Learn how to make a single strand Suncatcher using cultured sea glass, natural driftwood, and wire. Bring yourself as well as some eye protection and all other supplies will be provided. There will be a \$10 lab fee payable to the instructor at the start of class. \$25/\$10 Lab Fee

10492	Thurs.	4/28	4:30 – 6pm
10493	Thurs.	5/26	4:30 – 6pm
10494	Sat.	4/30	10 – 11:30am
10495	Sat.	5/28	10 – 11:30am

NEW! Cultured Sea Glass Garden Bling

1 day | Ages 8-12 | Amy Gurel Learn how to take wire and cultured sea glass and turn them into amazing one-of-a-kind pieces of art that you will be able to adorn your indoor or outdoor plants with. Bring yourself as well as some eye protection and all other supplies will be provided. There will be a \$10 lab fee payable to the instructor at the start of class. \$25/\$10 Lab Fee

10496	Thurs.	4/7	1 – 3pm
10497	Thurs.	5/5	4:30 – 6pm
10498	Sat.	5/7	10 – 11:30am



CORBIN CRAFTS WORKSHOPS

All class held at the Corbin Art Center, 507 W 7th Avenue unless otherwise indicated.

NEW! Cultured Sea Glass Jewelry Set

1 day | Ages 13+ | Amy Gurel Learn how to create a beautiful one-of-a-kind necklace and earrings set using cultured sea glass and wire. Bring yourself as well as some eye protection and all other supplies will be provided. There will be a \$10 lab fee payable to the instructor at the start of class. \$45/\$10 Lab Fee

10448	Tues.	4/12	6 – 8pm
10449	Sat.	4/16	3 – 5pm
10450	Tues.	5/10	6 – 8pm

NEW! Cultured Sea Glass Tree

1 day | Ages 13+ | Amy Gurel Learn how to wire wrap cultured sea glass to make a unique one-of-a-kind tree. This tree is decorative and will compliment almost any décor. It can be made to look like a bonsai, willow or any other kind of tree you wish! The tree will be on a base of granite (or other types of similar repurposed counter-top). Bring yourself as well as some eye protection and all other supplies will be provided. There will be a \$15 lab fee payable to the instructor at the start of class. \$45/\$15 Lab Fee

10451	Tues.	4/19	6 – 8pm
10452	Sat.	5/21	3 – 5pm



CORBIN CRAFTS WORKSHOPS

All class held at the Corbin Art Center, 507 W 7th Avenue unless otherwise indicated.

NEW! Spring Easter Egg/Pinecones Decorations

1 day | Ages 16+ | Melode Hall Learn how to make this fun decorated Styrofoam egg and all of its versatile decorating options. We will complete one together in class. These eggs/pinecones are easy and really addicting to make. Supply list included upon confirmation of registration. \$34

10455 Tues. 4/12

6 – 9pm



Paper Easter Eggs by Melode Hall.

Cultured Sea Glass Sun-Catchers

1 day | Ages 13+ | Amy Gurel Learn how to make AJ Made With Love's signature Swan chain as well as wire wrap cultured sea glass to be hung from the beauty chain. This will all be attached to driftwood. Bring yourself as well as some eye protection and all other supplies will be provided. There will be a \$10 lab fee payable to the instructor at the start of class. \$35/\$10 Lab Fee

10456 Thurs. 4/26

6 – 8pm

10458 Sat. 4/30

3 – 5pm

10459 Tues. 5/28

6 – 8pm

NEW! Air-Dry Clay Sculpture & Acrylic Paint

3 weeks | Ages 16+ | Stacie Boyer Sculpt & paint your own beautiful piece of decorative clay art, with step-by-step instruction from artist Stacie Boyer. You will have a choice of a Turtle, Frog or Fish clay design! Each student will be supplied with a pre-cut wood blank to hand build your clay sculpture on while learning how to sculpt, carve and hand sand air-dry clay. When your clay creation is dry, you will focus on Acrylic painting your finished piece. There will be a \$15 lab fee payable to the instructor at the start of class. \$65/\$15 Lab Fee

10461 Tues. 4/26 – 5/10

5:30 – 7:30pm

10462 Thurs. 4/28 – 5/12

1 – 3pm



Air Dry Clay Frog by Stacie Boyer.

NEW! Spring Birds of a Feather!

1 day | Ages 10+ | Carissa Gregg Learn how to make a cute miniature canvas bird project will have you chirping for more! Create this cute wall hanging to celebrate Spring and Summer. Keep it for yourself or give it away for a thoughtful handmade gift. It would make a fabulous Mother's Day present. There will be a \$10 lab fee for supplies, payable to the instructor at the start of class. \$35/\$10 Lab Fee

10465 Sat. 4/30

9:30am – Noon

NEW! Cultured Sea Glass Garden Bling

1 day | Ages 13+ | Amy Gurel Learn how to take wire and cultured sea glass and turn them into amazing one-of-a-kind pieces of art that you will be able to adorn your indoor or outdoor plants with. Bring yourself as well as some eye protection and all other supplies will be provided. There will be a \$10 lab fee payable to the instructor at the start of class. \$35/\$10 Lab Fee

10470 Tues. 5/3

6 – 8pm

10471 Sat. 5/7

3 – 5pm



DRAWING

All class held at the Corbin Art Center, 507 W 7th Avenue unless otherwise indicated.

NEW!

Beginning Pen & Ink Drawing

6 weeks | Ages 13+ | Jenifer LeMontagne Experience the power of black and white drawing! In this class you will learn the basics of pen and ink drawing. We will focus on the strokes, building depth, tone, and value, just by using black ink. Various drawing exercises are used while proper use of the tools is taught. Be prepared to break out of the color "Habit"! Supply list included upon confirmation of registration. \$99

10405 Mon. 4/11 – 5/16 2:30 – 4:30pm

10406 Mon. 4/11 – 5/16 5 – 7pm

10407 Wed. 4/13 – 5/18 2:30 – 4:30pm



Pen & Ink Rose by Jennifer LeMontagne.

NEW!

Drawing with Colored Pencils

4 weeks | Ages 16+ | Alex Ross Even if you haven't picked up a colored pencil since grade school, you'll be able to learn new skills, tips and tricks to help you get started on your drawing. We'll talk about different types of pencils and paper, techniques like layering, blending, highlighting, shadows and more. There will be a demonstration of each of these methods. Drawing with colored pencil is a beautiful way to color your world. Hope you'll join us for that adventure. Supply list included upon confirmation of registration. \$69

10440 Tues. 4/12 – 5/3

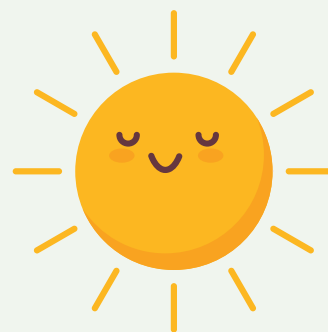
10am – Noon

WHEN IS THE GUIDE AVAILABLE?



SUMMER

Mid May
printed & online



FALL

Mid August
online only

WINTER

Mid November
printed & online



SPRING

Early March
online only

SpokaneRec.org



DRAWING

All class held at the Corbin Art Center, 507 W 7th Avenue unless otherwise indicated.

NEW! Beginning Graphite Pencil Drawing

6 weeks | Ages 13+ | Jenifer LeMontagne Learn ALL the shades of gray! This class is for those serious about working with graphite pencils. How to properly use them, and the techniques to make your drawings look REAL! Supply list included upon confirmation of registration. \$99

10408	Tues.	4/12 – 5/17	2:30 – 4:30pm
10409	Wed.	4/13 – 5/18	5 – 7pm
10565	Tues.	4/12 – 5/17	5 – 7pm



Eagle by Jennifer LeMontagne.

Perspective Drawing

6 weeks | Ages 16+ | Tom Quinn Perspective is to drawing what grammar is to writing. It provides a structure to art by dictating where objects must be placed and which directions the angles go to achieve that vital third dimension of depth. You do not need to be an artist to draw well in perspective - when you know how to use the tools, they do the drawing for you. Supply list included upon confirmation of registration. \$79

10410	Tues.	4/12 – 5/17	6:30 – 8:30pm
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NEW! Drawing into Nature's Artistic Eye

1 day | Ages 18+ | Bevie LaBrie This class will provide creative inspiration through mindful attention to your surroundings. Beginning out in nature, you will use your camera to capture the textures, colors, lines, shapes and designs of nature that intrigue you. You'll then be guided into translating nature's design it into your own drawn Mandalas. This class will reconnect you to your unique creative expression, surroundings, your senses, breath, and gratitude. All experience levels welcome. Supply list included upon confirmation of registration and there is a \$5 class fee for supplies the instructor will provide. \$39/\$5

10411	Mon.	4/18	5:30 – 8pm
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NEW! Caricature Drawing

1 day | Ages 16+ | Tom Quinn Caricature is an old and respected art form. In this class, we'll discuss the ways to exaggerate and simply an individual's distinctive features to depict someone in a way that's both funny and instantly recognizable. Tom has been drawing caricatures for well over 25 years and has learned to draw them both at leisure and under intense time pressure. Supply list included with registration confirmation. \$69

10412	Sat.	4/30	9am – 3pm
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NEW! Drawing Hands

1 day | Ages 16+ | Tom Quinn The hand is one of the most difficult parts of the human body for the artist to master. In this workshop, we'll cover the anatomy of the human hand, including bones, muscles, and blood vessels. After drawing skeletal hands, we'll be drawing the hands of a model in different positions and situations. Supply list included with registration confirmation. \$69

10414	Sat.	5/7	9am – 3pm
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NEW! Advanced Open Drawing

6 weeks | Ages 13+ | Jenifer LeMontagne In this class, students work in the medium for which they have already completed the Beginning class of Pen & Ink and/or Graphite Pencil with this instructor. Close one-on-one work with Jenifer will continue to improve the student's skills in the chosen medium. Adding excitement to this class will be the student bringing their own subject to draw! Subjects must be of acceptable nature, for all ages, and approved by the instructor. Supply list included upon confirmation of registration. \$99

10566	Thurs.	4/14-5/19	2:30 – 4:30pm
10567	Thurs.	4/14-5/19	5 – 7pm



SKIN CARE & SOAP MAKING

All class held at the Corbin Art Center, 507 W 7th Avenue unless otherwise indicated.

NEW! Organic Soap Making & Spa Products

1 day | Ages 16+ | Karen Felber Learn the simple process of making organic and natural soap. Demonstrations include fragrance selection, optional color additives, botanicals, herbs, and additional ingredients to make exfoliating soap. Included in this class you will also learn how to make some popular organic, chemical free skin-care products. Pamper yourself or someone special, without paying high prices using everyday ingredients. Demonstrations and take-home samples. \$39

10473	Sat.	4/23	10am – Noon
10474	Sat.	5/21	10am – Noon

LANGUAGE & CONVERSATIONAL SPEAKING

All class held at the Corbin Art Center, 507 W 7th Avenue unless otherwise indicated.

Spanish Conversation

6 weeks | Ages 18+ | Mary Benham This course is for advanced students who want to expand their Spanish skills with reading, discussion, and grammar review in an informal setting. Students are encouraged to talk about their own travel and cultural stories. Supply list included upon confirmation of registration. \$79

10472	Wed.	4/13 – 5/18	1 – 2:30pm
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**REGISTER
ONLINE**

SpokaneRec.org



**MAIL
US**

City of Spokane Parks &
Recreation Class Registration
808 W. Spokane Falls Blvd.
Spokane, WA 99201

*checks payable to City of Spokane



**CALL
US**

Call 311
or outside the city at
509.755.CITY
Fax 509.625.6990



**Kids
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At Corbin Art Center

For children 3-13
Includes 2 hour party
Multiple themes available
Add a scavenger hunt for \$20!

**\$149 for up to
10 children!**

**Call to reserve your
celebration, or for more
information: 509.625.6677**



PAINTING CLASSES & WORKSHOPS

All class held at the Corbin Art Center, 507 W 7th Avenue unless otherwise indicated.

NEW! Mixed Media: Paint and Paper

4 weeks | Ages 16+ | Katie Frey Using mostly paint and paper, learn to create vibrant works of art with collage techniques, stencils, small objects, and found textures. You will get a crash course in color and design with this fun, creative introduction to mixed media. Supply list included upon confirmation of registration. \$69

10441 Sat. 4/9 – 4/30

9am – Noon

Beginning Oil Painting: A Simple Approach for Rapid Success

6 Weeks | Ages 16+ | Laura Novak In this course we will learn the basics of oil painting. We will discuss composition, value, how to paint what we see and color theory throughout the course. I want my students to be able to learn important oil painting skills while having the chance to be creative. I believe art isn't only about becoming technically skillful but more importantly a visual expression of the self. This is a beginner course, so we are here to learn together and have fun! Supply list included upon confirmation of registration. \$79

10583 Mon. 4/11 – 5/16

10am – Noon

Acrylic Painting

6 weeks | Ages 16+ | Tom Quinn Learn basic concepts of painting techniques with acrylic paints. This class is an introduction to the fast-drying, forgiving medium of acrylic paint. You will explore color, form and composition to create your own works of art. Work from still-life set-ups and two-dimensional references such as photos. Supply list included upon confirmation of registration. \$79

10415 Mon. 4/11 – 5/16

6:30 – 8:30pm

NEW! Acrylic Painting using Texture

6 weeks | Ages 18+ | Cliff Hall Want to try playing with texture as a focus in your next acrylic painting? Explore texture and see what it can do for a painting. We'll discuss how a texture can effect a finished piece. We'll also discuss different types of textures and try them out. You will come away with an expanded view of how texture can enhance a composition and have some fun to boot. Supply list included upon confirmation of registration. \$79

10416 Wed. 4/13 – 5/18

6 – 8pm

Painting with Oils

6 weeks | Ages 16+ | Tom Quinn An introduction to the forgivable medium: oil. Learn basic concepts of design, composition, color theory, values and texture while experiencing the outstanding working properties of oil. Choose to work from still-life or two-dimensional references. Helpful demonstrations and individual instruction will be taught. Supply list included upon confirmation of registration. \$79

10417 Thurs. 4/14 – 5/19

6:30 – 8:30pm

NEW! Watercolor & Painting Flowers

4 weeks | Ages 16+ | Megan Perkins Love flowers? Learn how to paint draw and then paint them in watercolor. We'll break down flowers into basics shapes, paint individual "portraits" of flowers and then zoom out to depict flower plants in groups, such as a full flowerpot or garden bed. We'll discuss painting buds, blooms, leaves, stems and seeds as well. Please bring your own photos or pictures to paint from as well. Supply list included upon confirmation of registration. \$75

10418 Tues. 5/3 – 5/24

6 – 8pm

NEW! Mixed Media Collage: Go for a Walk on Your Wild Side

4 weeks | Ages 16+ | Alex Ross In this class you will explore different mediums to discover your creative self. You'll use paint, paper, pens, markers, glue and found items; trash and recycled. They'll be a demonstration of some techniques to get you started. You'll want to pick a theme and colors for your palette. Your imagination can go wild. Come join us for this opportunity for you to let go and have fun! Supply list included upon confirmation of registration. \$69

10444 Thurs. 4/14 – 5/5

5 – 7:30pm





FIBER ARTS

All class held at the Corbin Art Center, 507 W 7th Avenue unless otherwise indicated.

NEW! Get Hooked on Crochet!

6 weeks | Ages 16+ | Learn the versatile and enjoyable art of crochet! This class is for beginners. We will learn the basic stitches of crochet, how to read a simple pattern, and complete one or more projects. You will also learn how to search for appropriate patterns for future projects. Supply list included upon confirmation of registration. \$70

10425 Mon. 4/11 – 5/16

10 – 11:30am

NEW! Beginning Needle Felting: Make a String Armature Bear

2 weeks | Ages 16+ | Elyse Hochstadt In this 2-day course you'll learn the basics of needle felting and apply your new skills to making an adorable felted bear with moveable arms and legs. Your bear can be cute and cuddly, anatomically accurate, or fierce and fiery! Supply list included upon confirmation of registration. \$65

10428 Sat. 4/9 – 4/16

10am – 1pm

Crochet: Rag Rugs

3 weeks | Ages 16+ | Melode Hall Create 3 Crochet Rag Rugs - Oval, Circle & Heart. Great addition to any room in your home. A fun class with lasting results! If this is on your bucket list now is the time! Prior crocheting experience is not necessary. Supply list included upon confirmation of registration. \$59

10427 Tues. 4/19 – 5/3

6 – 9pm

NEW! Wet-Felt a Spring Birdhouse!

1 day | Ages 16+ | Elyse Hochstadt Learn the basics of wet felting while creating a beautiful residence for some of our feathered friends. This workshop will provide an understanding of the unique qualities of felt and why it's such an amazing and versatile sculpting material. Supply list included upon confirmation of registration. \$65

10426 Sat. 5/7

10am – 3:30pm



Armature Bear by Elyse Hochstadt.

WRITING & PERSONAL ENRICHMENT

All class held at the Corbin Art Center, 507 W 7th Avenue unless otherwise indicated.

Creative Memoir Writing

6 weeks | Ages 16+ | Mary Fruchter Do you have a story to tell, but aren't sure how to begin? Start here. In this creative writing class, we will look at memoirs snapshots and study some of the techniques authors use to make their words and characters come alive. Then, we will try it out ourselves, writing our own lives. Join us, and make your voice heard. Notebook, pencil or I-Pad and your memories are the only supplies needed. \$79

10419 Wed. 4/13 – 5/18

6 – 8pm

NEW! Artful Words-Journal Making

1 day | Ages 18+ | Keirsten Lyons This class is creative self-care! Explore the benefits of journaling and creativity together as you craft your own unique journal with the supplies provided. Then we'll practice easy, helpful journaling techniques you can do in just 5 minutes a day. There will be a \$15 supply fee payable to the instructor. \$39/\$15

10420 Tues. 4/28

9:30am – Noon

NEW! Write Your Peace

1 day | Ages 18+ | Keirsten Lyons Come practice easy, everyday journaling prompts and see how just 5 minutes a day can help you make better decisions, work through challenges, and capture your best moments. Participants will leave with journaling prompts and tools to use in their own journaling practice. Bring something to write your peace in. \$39

10421 Sat. 5/14

10am – Noon



PHOTOGRAPHY

All class held at the Corbin Art Center, 507 W 7th Avenue unless otherwise indicated.

Photography Basics

5 weeks | Ages 16+ | Al Berger Learn the fundamentals of photography and how to use your camera. Tips on lighting, additional equipment to consider and its uses. Practice assignments and in-class critiques. Requires a camera that allows manual setting of F-stop and Shutter speeds. A digital camera with full range of aperture (F-stop) settings such as Canon EOS series or Nikon DX series DSLR (with removable lens) a must. The first class will be 3 hours in length. \$74

10422 Mon. 4/11 – 5/9

6 – 8pm

Photoshop Basics

5 weeks | Ages 16+ | Al Berger Learn the basic steps needed to finish your digital photographs for printing and web usage. Photoshop topics include: sharpening, exposure compensation, density, minor retouching, cropping, special effects, levels, color correction and preparing photos for printing. Bring your laptop with a mouse, Photoshop or Photoshop Elements software installed on the laptop, (any version). \$74

10423 Tues. 4/12 – 5/10

6 – 8pm

Portrait Photography

5 weeks | Ages 16+ | Al Berger Learn the secrets and steps of working with a person or persons to create beautiful portraits. We will explore working with light, both natural and artificial as well as flash. Requires a camera that allows manual setting of F-stop and Shutter speeds. A digital camera with full range of aperture (F-stop) settings such as Canon EOS series or Nikon DX series DSLR (with removable lens) a must. Students will be taught how to meter light for the best results as well as learning how to pose a person for the most natural portraits. Assignments will be given and results will be critiqued in class. \$74

10424 Wed. 4/13 – 5/11

6 – 8pm



ART OF FINE LIVING

All Art of Fine Living classes are held at Inland Northwest Culinary Academy, 1810 N. Greene Street., Bldg. 1, Room 144.

NEW! Perfect Spring Meals!

1 day | Ages 21+ Celebrate warmer weather with some easy but flavorful meals to satisfy your friends and family. Learn to make Spaghetti ala Limone with Asparagus, Pappardelle with Chicken Ragu and Fennel, plus Tagliatelle with Prosciutto and Peas. Course confirmation receipt will have location and directions of class. \$69

10535 Thurs. 4/14

6 – 8pm

NEW! The Lighter Side of Thai

1 day | Ages 21+ This class features some fabulous Thai cuisine that won't leave you feeling guilty. Featuring great recipes from a local legend such as Chicken Pad Thai, Thai Noodle Salad, Thai Coconut Curry Soup and more. Course confirmation receipt will have location and directions of class. \$69

10536 Thurs. 4/28

6 – 8pm

NEW! Mother's Day Feast

1 day | Ages 21+ Everyone needs help with making the perfect Hollandaise. Let our chef show you a tried-and-true method for great Hollandaise including perfect Poached Eggs, Great Salads and other Brunch favorites. Course confirmation receipt will have location and directions of class. \$69

10537 Thurs. 5/5

6 – 8pm

NEW! Grilling and Chilling!

1 day | Ages 21+ Let's break out the BBQ for some wonderful grilled favorites including Marinated Chicken, Grilled Steak and Summer Vegetables, Skewered Prawns, and a wonderful fresh Spinach Salad. Course confirmation receipt will have location and directions of class. \$69

10538 Thurs. 5/19

6 – 8pm

NEW! Summer Deck Party!

1 day | Ages 21+ Celebrate the outdoor season by inviting some friends over for a socially distanced outdoor party on your deck or patio. Learn some great appetizers that will fill everyone's heart and soul as well as leave you time to enjoy your company. We will feature Salata Avocado, Antipasto Kabobs, Shrimp and Cucumber Canapes, Grilled Zucchini and Ricotta Roulades, Stuffed Jalapenos, Fresh Strawberry Salsa, and other surprises. Course confirmation receipt will have location and directions of class. \$69

10539 Thurs. 6/2

6 – 8pm



riverfront Spring Activities

No registration required! Drop in and join the fun.
Questions? Call (509) 625-6600, E-mail rfpinfo@spokanecity.org or visit RiverfrontSpokane.org

Spring Break Market Event

All Ages | The Spring Market is back with special hours during Spring Break. Shop local and enjoy activities and fun for the whole family! Market located at the Pavilion Central Plaza. Operations will follow Spokane Regional Health District Farmers Market COVID safety protocols. **Pavilion at Riverfront – 574 N Howard St.**

Spring Break Market Events

Wednesday	April 6	Noon – 7pm
Sundays	April 13, 20, 27	3pm – 7pm

Easter Egg Hunt at Riverfront

All Ages | Join the fun at Riverfront's traditional, 10,000-egg hunt with the Easter Bunny. Find a golden egg with prizes totaling up to \$500 from Riverpark Square. **Riverfront Spokane – 507 N. Howard St. FREE**

Ages 0-2yrs.

Sat.	April 16	Clocktower Meadow	10:10am
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Ages. 3-5yrs.

Sat.	April 16	Clocktower Meadow	10:20am
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Ages 6yrs.+

Sat.	April 16	Lilac Bowl/Havermale Island	10:30am
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Easter Brunch at the Sky Ribbon Cafe

All Ages | Join us before or after the Easter Egg Hunt at Riverfront for Brunch with the Easter Bunny at the Sky Ribbon Café inside the Numerica Skate Ribbon & SkyRide building. Take photos with the Easter Bunny and enjoy brunch with your friends and family. This event includes a free Looft Carrousel Ride and BOGO SkyRide admission with each ticket purchased. **Purchase tickets and make reservations here at RiverfrontSpokane.org. Walk-ins welcome. Sky Ribbon Cafe - 720 W Spokane Falls Blvd.**

Saturday	April 16	9am – 1pm
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Mother's Day at Riverfront

All Ages | Make Mother's Day special at Riverfront Park. Moms ride FREE at the Looft Carrousel and Numerica Sky Ride. Spokane – 507 N. Howard St.

Sunday	May 8	11am – 5pm
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SPOKANE

starts here

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riverfrontspokane.org



ENRICHMENT PROGRAMS

Enrichment programs are activities designed to provide participants with an opportunity to try new things and explore and develop interests. These activities promote critical thinking and problem-solving skills. They make learning something new more meaningful, valuable, and rewarding.

Zumbini® Music & Movement

6 weeks | Ages 0-4yrs, | Carrie Jahns Zumbini® is a music and movement class, created by Zumba® and BabyFirst.™ This is a childhood education program designed to promote cognitive, social, fine/gross motor skill, and emotional development, all while creating the ultimate bonding experience for you and your child. Start your 6-week class today! **Southside Community Center, 3151 E 27th Ave. \$59**

9813	Thurs.	4/14 – 5/19	9:30 – 10am
10291	Thurs.	5/26 – 6/30	9:30 – 10am



WELLNESS TIP: there is peace of mind in planning for your legacy by creating a will. A will is a legal document that states how people wish to allocate their assets after their death. Parents of young children should be especially proactive about creating a will, because it also establishes who your children's guardians would be in the event that you or your spouse die prematurely. If there is no will in place, these important decisions are left to the state.

Will Preparation Basics

1 day | Ages 18+ | Chris Carlisle Over a couple of hour-long zoom sessions, you will learn what a will is, why you should have a will, what happens when you die without one, if you need an attorney, and what to do if you already have a will but want to change it. In this class, Chris Carlisle, Attorney with Carlisle+Byers, will guide participants through the process of preparing their will by the end of this class. Washington state residents only. Virtual class. \$150

9814	Sat.	6/4	9am – Noon
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eSports Youth League

8 Weeks | Ages 8-15yrs. Join our youth eSports (competitive gaming) league this winter! All skill levels are welcome! Level up your game with our expert coaching and player development curriculum — all in a safe, moderated environment that makes gaming fun! The program includes 2 practices a week and a round of competition on Saturdays, along with fun gamer community events! Register at <https://www.vantaleagues.com/> *Signup code: SPOR221 \$180

Rocket League

Practice

Mon./Wed.	4/4 – 6/2	2:30pm – 4pm or 4pm – 5:30pm
Tues./Thur.	4/4 – 6/2	2:30pm – 4pm or 4pm – 5:30pm

Competition

Sat.	4/9 – 6/4	4:30 – 5:30pm
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League of Legends

Practice

Mon./Wed.	4/4 – 6/2	2:30pm – 4pm or 4pm – 5:30pm
Tues./Thur.	4/4 – 6/2	2:30pm – 4pm or 4pm – 5:30pm

Competition

Sat.	4/9 – 6/4	2 – 4pm
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Valorant

Practice

Mon./Wed.	4/4 – 6/2	2:30pm – 4pm or 4pm – 5:30pm
Tues./Thur.	4/4 – 6/2	2:30pm – 4pm or 4pm – 5:30pm

Competition

Sat.	4/9 – 6/4	11:30 – 1:30pm
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Fortnite

Practice

Mon./Wed.	4/4 – 6/2	2:30pm – 4pm or 4pm – 5:30pm
Tues./Thur.	4/4 – 6/2	2:30pm – 4pm or 4pm – 5:30pm

Competition

Sat.	4/9 – 6/4	2 – 4pm
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WELLNESS TIP: Qi Gong is a form of gentle exercise and method of self-care used in traditional Chinese medicine for thousands of years. The physical movements are easy to do and can be done daily. Research by the US Department of Health and Human Services concluded that Qi Gong may be an effective exercise modality for those at risk with preventable diseases. It may also reduce inflammation, decrease stress, and improve sleep and flexibility. (2011) According to Dr. Yufang Lin, MD at the Cleveland Clinic, the potential benefits of practicing Qi Gong may include reduced symptoms of depression, and anxiety, along with positive effects on cardiovascular health and improved balance. (2020)

QI GONG

You may join these classes below at anytime after the program has begun. Contact aeva@spokanecity.org to register at a prorated rate.

The Eight Treasures Qi Gong

6 weeks | Ages 10+ | Jeff Thompson This is a very fun set of exercises for people of all ages! The Eight Brocades or “Treasures” are a set of qigong exercises that originated in China and have been practiced throughout the world for thousands of years. Each movement focuses on a different meridian to improve the flow of qi throughout the body. If practiced routinely, this practice will improve your health significantly. Studies have demonstrated that regular practice of these exercises can not only result in physiological benefits, such as improved cardiopulmonary function, balance, and reduced osteoarthritis, but also actually improve cognitive function in older people with or without cognitive impairment. The eight movements are easy to do and assist with strengthening all of the body’s systems to maintain maximum health benefits. **Finch Arboretum Field House, 3404 W Woodland Blvd.** \$72 (per visit fee \$15)

10453 Mon. 4/11 – 5/16

5:15 – 6:15pm

10560 Mon. 5/23 – 6/27

5:15 – 6:15pm

Nei Yang Gong 1

6 weeks | Ages 10+ | Jeff Thompson Known as “Nourishing the Interior from Within,” Nei Yang Gong strengthens the bones and tendons. It is also very helpful for creating balance of the four limbs, harmonizing the organs, and blood circulation. The form was developed by Dr. Liu Gui Zhen in 1965 as an expansion of the ancient practice of the Eight Pieces of Brocade (Eight Treasures). This form works to connect the energy of the lungs and kidneys to increase oxygen levels and improve energy. Our movement will pay attention to the gentle stretching, rotation, and extension of the spinal column. We will also work with relaxed shoulders, hips and lumbar region. This is an excellent method for prevention and treatment of conditions such as bronchitis, asthma, digestive problems, hypertension and pain in the lower back and joints. Come learn these beautiful movements and feel the benefits immediately. **Finch Arboretum Field House, 3404 W Woodland Blvd.** \$72 (per visit fee \$15)

10454 Wed. 4/13 – 5/18

5:15 – 6:15pm

10561 Mon. 5/25 – 6/29

5:15 – 6:15pm





YOGA

WELLNESS TIP: Yoga wellness benefits According to a research published by the Harvard Health Publishing (Harvard Medical School), Yoga practitioners have experienced several mental and physical benefits such as reduced stress, relief from effects of anxiety and depression, increased overall flexibility, decreased lower back pain, and a positive effect on cardiovascular risk factors, which help prevent heart disease. (2021).

NEW! Yoga Basic – In Person Class

6 weeks | Ages 16+ | Robin Marks Enjoy the beautiful and serene setting of Finch Arboretum. Strengthen, stretch and release muscle tensions while settling into a relaxed and peaceful mental state. Class held outdoor when weather permits. Instructor, Robin Marks, was one of the early pioneers to first bring yoga to Spokane. **Finch Arboretum Field House, 3404 W Woodland Blvd.** \$80

10344	Fri.	4/8 – 5/13	9 – 10am
10357	Fri.	5/20 – 6/24	9 – 10am

NEW! Pilates for Balance and Flexibility

3 Weeks | Ages 18+ | Christina B. This class provides a focus on fundamental Pilates exercises for participants of all levels. Proper body alignment and core stabilization will improve flexibility within each joint and encourage muscles to work powerfully from length. Must be able to transition from the floor to standing. **Maison Papillon 1427 N. Monroe St.** \$16/class or \$40 (3-class pkg).

10525	Mon.	4/4 – 4/18	5 – 6pm
10528	Wed.	4/6 – 4/20	8 – 9am
10526	Mon.	5/9 – 5/23	5 – 6pm
10529	Wed.	5/11 – 5/25	8 – 9am
10527	Mon.	6/6 – 6/20	5 – 6pm
10530	Wed.	6/8 – 6/22	8 – 9am

NEW! Yomassage®

3 weeks | Ages 18+ | Christina B. Everyone deserves access to therapeutic touch. Your therapist will walk you through a series of comfortable, supported Yomassage positions. While relaxing in these positions, you'll be guided through breathwork and mindfulness exercises and massage in each position, leaving you with a full body massage and in a state of ultimate relaxation. **Maison Papillon 1427 N. Monroe St.** \$35/ class or \$90 (3-class package).

10505	Tues.	4/12 – 4/26	9 – 10:30am
10506	Tues.	4/12 – 4/26	3:30 – 5pm
10507	Wed.	4/13 – 4/27	9:30 – 11am
10508	Sat.	4/16 – 5/1 No class 4/23	11:30am – 1pm
10509	Tues.	5/10 – 5/24	9:30 – 11am
10510	Tues.	5/10 – 5/24	3:30 – 5pm
10511	Wed.	5/11 – 5/25	9:30 – 11am
10512	Sat.	5/14 – 5/28	11:30am – 1pm
10513	Tues.	6/7 – 6/21	9:30 – 11am
10514	Tues.	6/7 – 6/21	3:30 – 5pm
10518	Wed.	6/8 – 6/22	9:30 – 11am
10521	Sat.	6/11 – 6/25	11:30am – 1pm

VIRTUAL YOGA

Virtual Basic Yoga

6 weeks | Ages 16+ | Robin Marks A chance for continuing and new yoga students to practice yoga in the comfort of home but with the guidance and motivation of being in this virtual class. Strengthen, stretch and release muscle tensions while settling into a relaxed and peaceful mental state. Instructor, Robin Marks, was one of the early pioneers to first bring yoga to Spokane. Virtual class. \$75

10353	Tues.	4/5 – 5/10	5:30 – 6:30pm
10434	Tues.	5/17 – 6/21	5:30 – 6:30pm

Virtual Chair Yoga

6 weeks | Ages 16+ | Robin Marks Yoga poses, stretches and strengtheners modified with the use of your own kitchen chair. Experience all the benefits of yoga modified to your body's needs and without struggling to sit on the floor or get up and down off the floor, as in standard yoga classes. Virtual class. \$65

10345	Thurs.	4/7 – 5/12	10:30 – 11:15am
10346	Thurs.	5/19 – 6/23	10:30 – 11:15am

Virtual Yoga Deeper Stretch

6 weeks | Ages 16+ | Robin Marks This class includes poses with a little deeper strengthening and stretching than Basic Yoga while maintaining the same gentle inner focus. While the poses are not extreme, participants should be in reasonably good physical condition. Virtual class. \$75

10349	Thurs.	4/7 – 5/12	5:30 – 6:30pm
10350	Thurs.	5/19 – 6/23	5:30 – 6:30pm

Virtual Yoga Gentle Stretch

6 weeks | Ages 16+ | Robin Marks If you're dealing with some aches and pains or just getting back into exercising, this class has an accommodating approach. This class provides the same benefits as Basic Yoga but dialed down just a little. Instructor, Robin Marks, was one of the early pioneers to first bring yoga to Spokane. Virtual class. \$75

10347	Sat.	4/9 – 5/14	9 – 10am
10348	Sat.	5/21 – 6/25	9 – 10am

PRIVATE TOURS!



Private guided tours now available for the perfect couples, family, friends or business outing. Kayaking, standup paddle boarding, hiking and more!

Visit [SpokaneParks.org/PrivateTours](https://spokaneParks.org/PrivateTours) for trip options and pricing. For availability and booking, Call 509-363- 5414 or email rgriffith@spokanecity.org





MARTIAL ARTS

WELLNESS TIP: Researchers have found that martial arts practice extends beyond improving self-confidence, self-respect, and physical fitness. Other wellness benefits experienced by some participants include improved ability to manage anxiety and stress, as well as higher stamina and energy levels. Fuller and Lloyd (2020).

Brazilian Jiu-Jitsu for Anyone!

4 weeks | Ages 3-5yrs., 6-9yrs., 10-14yrs., & 15+ Brazilian Jiu-Jitsu's popularity draws people of all ages and fitness levels, with a variety of goals, including learning self-defense, improving fitness, or competing. Come try a hands-on activity that is the most practical form of self-defense in a fantastic and life changing learning environment. Start your 4-week class today! Spokane Valley BJJ two convenient locations: **12926 E. Indiana Suite 2, Spokane Valley or 847 S. Main Street, Deer Park. \$75**

Ages 3-5yrs.

10467	Deer Park	Mon./Wed.	4/4 – 6/29	3:15 – 3:45pm
10460	Spokane Valley	Tues./Thurs.	4/5 – 6/30	3:15 – 3:45pm

Ages 6-9yrs.

10463	Deer Park	Mon./Wed.	4/4 – 6/29	4 – 4:50pm
10464	Spokane Valley	Tue./Thurs.	4/5 – 6/30	5 – 5:50pm

Ages 10-14yrs.

10466	Deer Park	Mon./Wed.	4/4 – 6/29	5 – 5:50pm
10467	Spokane Valley	Tue./Thurs.	4/5 – 6/30	5 – 5:50pm

Ages 15+

10468	Deer Park	Mon./Wed.	4/4 – 6/29	6 – 7pm
10469	Spokane Valley	Tue./Thurs.	4/5 – 6/30	6 – 7pm



Karate Traditional Okinawan Goju Ryu

4 weeks | Ages 6-14 & 15+ | Mary Roe. These classes follow the traditional practices and principles of discipline and respect associated with Japanese Okinawan Goju Ryu Karate. Beginners and experienced practitioners regardless of style are welcome. Gis (karate uniform) is required and can be purchased with the instructor. **Location: Southside Community Center. \$40 (\$10 off family discount when two or more register).**

Youth 6-14yrs.

10433	Tues./Thurs.	4/12 – 5/5	4 – 5pm
10435	Tues./Thurs.	5/10 – 6/2	4 – 5pm
10437	Tues./Thurs.	6/7 – 6/30	4 – 5pm

Adult 15+

10434	Tues./Thurs.	4/12 – 5/5	5:10 – 6:10pm
10436	Tues./Thurs.	5/10 – 6/2	5:10 – 6:10pm
10438	Tues./Thurs.	6/7 – 6/30	5:10 – 6:10pm

Kung Fu for Youth

4 weeks | Ages 4-6yrs & 7-17yrs. | David T. This class aims to introduce youth to the art of Kung Fu. The class mixes some basic moves for walking, punching, kicking, with a focus on improve balance, coordination, and fitness, all while having fun! This class is open to all backgrounds and any levels of fitness. Start your 4-week classes any time between April and June! **East West Martial Arts 1427 N Monroe St. \$59**

Ages 4-6yrs.

10445	Tues./Thurs.	4/5 – 6/30	5:45 – 6:15pm
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Ages 7-17yrs.

10446	Mon/Wed.	4/4 – 6/29	6:15 – 7pm
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Pickleball Youth Basic

5 weeks | Ages 7-14yrs. This pickleball program combines FUN, FITNESS, AND SKILLS development - and making new friends. No experience is needed - we will walk you through the rules of the game, the basic technical skills so that you can enjoy the game on your own. All equipment will be provided by Selkirk. Classes meet at **Moran Prairie Elementary 4224 E 57th Ave, and Indian Trail Elementary 4102 W Woodside Ave.** \$59

Moran Prairie

10289 Tues. 4/12 – 5/10 6:15 – 7:15pm

Indian Trail

10290 Wed. 4/13 – 5/11 6:15 – 7:15pm



Lawn Bowling

4 weeks | Ages 12+ Lawn Bowling has been the best kept secret Spokane tradition since 1913! If you like to play Bocce, Corn Hole, Curling, Ten Pin Bowling or similar sports, you are about to fall in love with lawn bowling! Described by some as “a sport that resembles curling, but on grass,” this is a fun sport for all fitness levels! Played outdoors, on a finely cut putting green, lawn bowling is a gentle sport on the body: if you can walk and bend your knees, you’ve got to come out and try it! Visit our Facebook page or our website for additional information. **Spokane Lawn Bowling Green behind Witter Aquatic Center 1300 E. Mission Ave.** \$40

10545 Sat. 5/7 – 5/28 10am – 12pm

10558 Sat. 6/4 – 6/25 10am – 12pm

10559 Sat. 7/9 – 7/30 10am – 12pm



REGISTER ONLINE

SpokaneRec.org



MAIL US

City of Spokane Parks &
Recreation Class Registration
808 W. Spokane Falls Blvd.
Spokane, WA 99201

*checks payable to City of Spokane



CALL US

Call 311
or outside the city at
509.755.CITY
Fax 509.625.6990



Useful Information to Know



Parks and Recreation will continue to follow the most current Washington Department of Health Guidelines relating to COVID-19.



Summer Camp registration opens March 28



Witter Pool opens for pre-season lap swim May 9



Splash Pads are set to open May 27



Classes may be cancelled due to not reaching minimum enrollment, so register early!

SPOKANE PARKS & RECREATION



YOUTH SPORTS SKILL-BASED PROGRAMS

Skyhawks Sports Academy provides sports programs where children discover and develop athletic skills and social values, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

SPRING 2022

SPRING BREAK MULTI-SPORT CAMPS

SSA135598	4/04 - 4/08	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$189	Dwight Merkel Sports Complex
SSA138110	4/04 - 4/08	4-days	9:00 a.m. - 3:00 p.m.	6-12	\$155	Dwight Merkel Sports Complex

SOCCER

Your young athlete will gain the technical skills and sport knowledge required for their next step into soccer. Areas of focus are dribbling, passing, shooting and ball control. By the end of the program, your child will have learned new life skills such as teamwork and sportsmanship, made new friends and improved their soccer skills.

SSA138117	4/12 - 5/10	T	4:30 p.m. - 5:20 p.m.	6-12	\$59	Manito Park Kickball Field
SSA135604	4/12 - 5/24	T	6:05 p.m. - 6:55 p.m.	6-12	\$85	Ridgeview Elementary
SSA135606	4/12 - 5/24	T	7:05 p.m. - 7:55 p.m.	6-12	\$85	Ridgeview Elementary
SSA135616	4/13 - 5/11	W	4:30 p.m. - 5:20 p.m.	6-12	\$59	Coeur d'Alene Park
SSA135618	4/14 - 5/26	T	6:05 p.m. - 6:55 p.m.	6-12	\$85	Lincoln Heights Elementary
SSA135619	4/14 - 5/26	T	7:05 p.m. - 7:55 p.m.	6-12	\$85	Lincoln Heights Elementary
SSA135623	5/08 - 6/12	S	6:05 p.m. - 6:55 p.m.	5-7	\$59	Lidgerwood Elementary
SSA135624	5/08 - 6/12	S	7:05 p.m. - 7:55 p.m.	7-11	\$59	Lidgerwood Elementary

VOLLEYBALL

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-filled program. All aspects of the game are taught through drills and exercises that focus on bumping, setting, spiking, hitting and serving. This program is designed for the beginning to intermediate player.

SSA138102	4/11 - 5/23	M	6:05 p.m. - 6:55 p.m.	6-12	\$85	Balboa Elementary
SSA138103	4/11 - 5/23	M	7:05 p.m. - 7:55 p.m.	6-12	\$85	Balboa Elementary
SSA138108	4/14 - 5/26	T	6:05 p.m. - 6:55 p.m.	6-12	\$85	Lidgerwood Elementary
SSA138109	4/14 - 5/26	T	7:05 p.m. - 7:55 p.m.	6-12	\$85	Lidgerwood Elementary



SPACE IS LIMITED!

REGISTERTODAY

Online:
skyhawks.com

Phone:
800.804.3509

FLAG FOOTBALL POWERED BY USA FOOTBALL

Give your child the perfect introduction to America's favorite game with Skyhawks Flag Football Fueled by USA Football. Campers learn fundamentals like passing, receiving, kicking and flag pulling in a fun, positive environment.

SSA138104	4/11 - 5/23	M	6:05 p.m. - 6:55 p.m.	6-12	\$85	Jefferson Elementary
SSA138105	4/11 - 5/23	M	7:05 p.m. - 7:55 p.m.	6-12	\$85	Jefferson Elementary
SSA135611	4/13 - 5/25	W	6:05 p.m. - 6:55 p.m.	6-12	\$85	Finch Elementary
SSA135612	4/13 - 5/25	W	7:05 p.m. - 7:55 p.m.	6-12	\$85	Finch Elementary
SSA135621	4/14 - 5/05	T	4:30 p.m. - 5:20 p.m.	6-12	\$54	Friendship Park

BASKETBALL

This fun, skill-intensive program is designed for beginning to intermediate players. Using our progressional curriculum, we focus on the whole player -teaching sportsmanship and teamwork. Boys and girls will learn the fundamentals of passing, shooting, ball handling, rebounding and defense through skill-based instruction and small-sided scrimmages. *Leagues and Clinics Respectively

SSA135602	4/12 - 5/24	T	6:05 p.m. - 6:55 p.m.	6-12	\$85	Arlington Elementary
SSA135607	4/12 - 5/24	T	6:05 p.m. - 6:55 p.m.	6-12	\$85	Lincoln Heights Elementary
SSA135603	4/12 - 5/24	T	7:05 p.m. - 7:55 p.m.	6-12	\$85	Arlington Elementary
SSA135610	4/12 - 5/24	T	7:05 p.m. - 7:55 p.m.	6-12	\$85	Lincoln Heights Elementary
SSA135614	4/13 - 5/25	W	6:05 p.m. - 6:55 p.m.	6-12	\$85	Wilson Elementary
SSA135615	4/13 - 5/25	W	7:05 p.m. - 7:55 p.m.	6-12	\$85	Wilson Elementary



 **SPACE IS LIMITED!**
REGISTERTODAY»

Online:
skyhawks.com

Phone:
800.804.3509



HIKING

NEW!

Palouse Country Road Trip

1 day | Ages 13+ Come explore our own backyard on this scenic road trip through the Palouse. We'll start by winding our way up to Steptoe Butte for a 360-degree view of the entire region. From there, we'll drop down to the 'ghost town' of Elberton, along the upper Palouse River, and stop for lunch. On our way back, we'll visit a historic location on Latah Creek and discover how it earned its other name, Hangman Creek. From there, we'll wind our way back through the little-known canyonlands of Rock Creek and Latah Creek. Transportation and guides provided. Pre-trip information emailed after registration. Meet at **Park Operations 2304 E Mallon.** \$59

10320 Sat. 3/26

9am – 4pm

NEW!

Hiking Sullivan Lakeshore Trail

1 day | Ages 16+ Take a hike! This scenic trail along the Colville National Forest's Sullivan Lake is breathtaking. The hike travels through forests of aspen, hemlock and birch and in the fall months is a western larch colorful masterpiece. The trail is 8 miles out and back with 250 ft. of elevation gain. The trail boasts views of the lake with quiet coves and beaches and the chance to spot some wildlife. Trip also includes a stop in Metalline Falls and other roadside attractions as time allows. Transportation, hiking poles and guides provided. Pre-trip information emailed after registration. Meet at **Wandermere Rite Aid 12420 N Division St.** \$59

10317 Sat. 4/23

8am – 5pm

NEW!

Hiking Rustler's Gulch

1 day | Ages 16+ Nestled in the West Branch of the Little Spokane River's Wildlife Area is Rustler's Gulch. Home to moose, white-tailed deer and northern goshawks along with many species of insects and wildflowers, this WA Dept. of Fish and Wildlife management land is a treasure. In the areas lowlands is the West Branch of the Little Spokane River that flows through the center of the managed land. This hike is 6.8 miles with 850 ft. of elevation gain. Transportation, hiking poles and guides provided. Pre-trip information emailed after registration. Meet at **Yokes Fresh Market Parking Lot 14202 N. Market St.** \$39

10318 Sat. 5/7

9am – 2:30pm

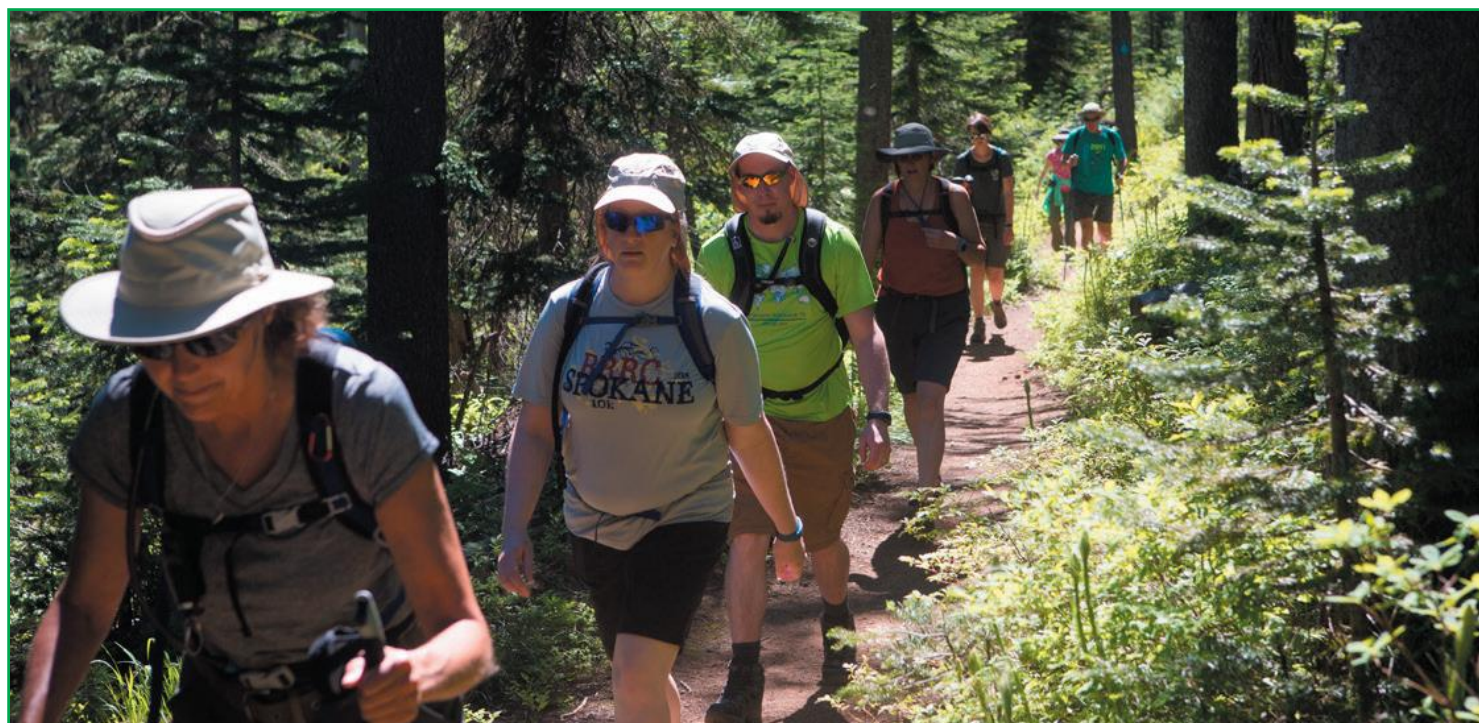
NEW!

Hiking the Little Pend Oreille National Wildlife Refuge

1 day | Ages 16+ Hidden between the foothills of the Cascades and the Rocky Mountains, this unique, forested, mountainous Refuge provides habitat for large mammals like bear, cougar, deer, elk and moose as well as over 200 migratory songbirds. Take a beautiful tour on the Mille Butte trail through open pine meadows to panoramic views from the top of the butte. On our return we will following the creek looking out for wildlife that call this sanctuary their home. This hike is 4.5 miles with 410 ft. of elevation gain. Transportation, hiking poles and guides provided. Pre-trip information emailed after registration. Meet at **Wandermere Rite Aid Parking Lot 12420 N Division St.** \$49

10319 Sat. 5/14

8am – 3:30pm





DISC GOLF

NEW! Disc Golf US/YDGA Spring Student League

6 weeks | 4th Grade - 12th Grade Come join us for sanctioned Disc Golf field practices with US Youth Disc Golf Association Certified Coaches. Field Work & Skill Building format for beginners to intermediate. This sport is fun, low-impact, social and full of challenges. You'll also have opportunities to win great prizes! Learn something new & grow your game! \$99

Ben Burr Park

10322 Tues. / Thurs. 4/12 – 5/19 3:30 – 5pm

Loma Vista Park

10323 Tues./Thurs. 4/12 – 5/19 3:30 – 5pm

Friendship Park

10324 Tues./Thurs. 4/12 – 5/19 3:30 – 5pm

Hayes Park

10325 Tues./Thurs. 4/12-5/19



ARCHERY

IT'S BACK! Archery Introduction

1 day | Ages 8+ Instructed by the Evergreen Archery Club. Archery is a great activity that the whole family can enjoy. Learn the basics of archery by skilled professionals in a beautiful outdoor setting. After your instruction you will enjoy a course shoot and finish up with a 3D target. All equipment provided. Meet at **Evergreen Archery Range**. \$30

10500 Sat. 4/23

9am – Noon

10501 Sat. 5/14

9am – Noon

BIKING

Bicycle Walla Walla Winery Tour

2 days | Ages 21+ Sponsored by Vino! You will be amazed with the great wines, wonderful riding, and beautiful scenery of this area. Lodging in the historic and elegant Marcus Whitman Hotel located within walking distance of some outstanding northwest restaurants. Fee includes one night lodging, breakfast at the hotel and two deli style lunches along the routes. You will also have bus and bike repair support available and the outstanding Vino! - Wine Shop interpretive guides along the way to teach you all about this great area. Road bike or road tires on your bike are highly recommended. No mountain bike or wide tires. Participant should be able to ride 30+ miles a day on country roads with rolling hills on mostly pavement. Helmet required. Pre-trip information emailed after registration. \$279 per person double occupancy only. Meet at **Marcus Whitman Hotel 6 W Rose St.** Registration Deadline May 1st.

10570 Sun./Mon. 6/4 – 6/5

9am – 4pm

**REGISTER
ONLINE**

SpokaneRec.org



**MAIL
US**

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Spokane, WA 99201

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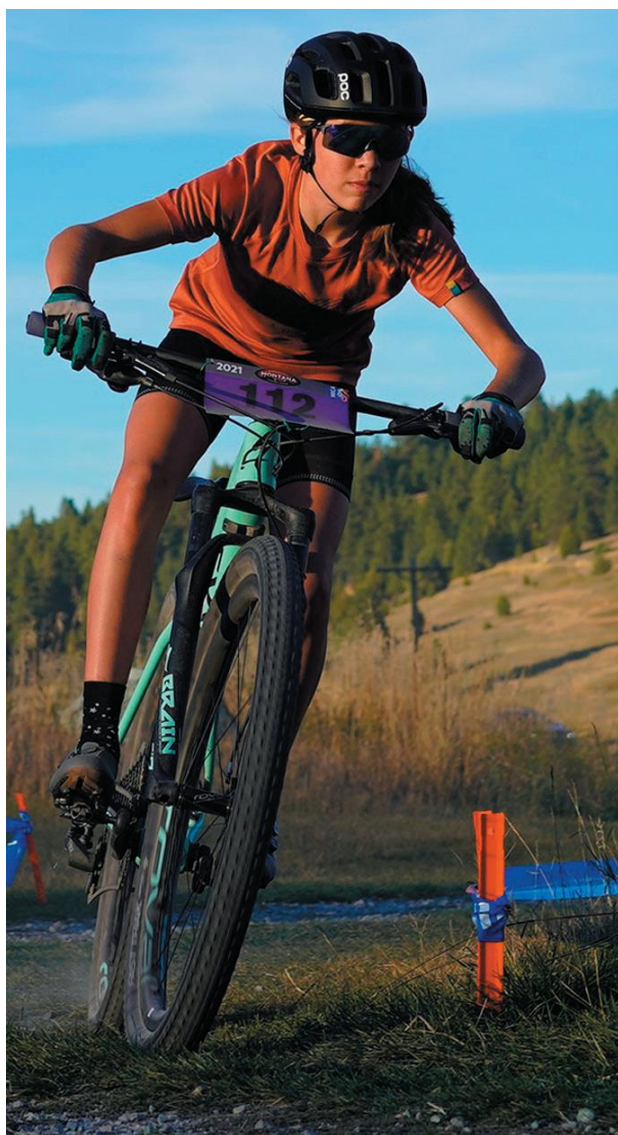
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Fax 509.625.6990





REFRESHING SPOKANE



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info &
enrolment



bikesaretheanswer.org



KAYAKING

Kayak Whitewater Intro

3 days | Ages 12+ Sponsored & Instructed by FLOW Adventures. Are you interested in having fun whitewater kayaking on the river? This 6-hour course will teach the essential skills to become comfortable with wet exits, basic strokes, kayaking terminology, and maneuvering the boat. All essential equipment including a kayak is provided. Meet at **Witter and Shadle Aquatic Centers**. \$69

Witter Aquatics Center

10336 M/W/F 5/23-5/27 6:30 – 8:30pm

10337 M/W/F 6/13-6/17 6:30 – 8:30pm

Shadle Aquatic Center

10338 M/W/F 7/11-7/15 6:30 – 8:30pm

Kayak Roll Class Introduction

1 day | Ages 12+ Sponsored & Instructed by FLOW Adventures. Whether you have your own boat and need a little roll repair or need a boat and are just getting started we can teach you the basic concepts of rolling or repair the skills you have already been taught. Meet at **Witter and Shadle Aquatics Centers**. \$39

Witter Aquatics Center

10339 Fri. 6/3 6:30 – 8:30pm

10340 Fri. 6/24 6:30 – 8:30pm

Shadle Aquatics Center

10341 Fri. 7/1 6:30 – 8:30pm

10342 Fri. 7/22 6:30 – 8:30pm

Intro to Inflatable Kayaking

3 days | Ages 15+ Sponsored & Instructed by FLOW Adventures. Inflatable kayaking (IK) is a great introduction to the paddling. With a lot of versatility IK's are perfect for family lake paddling, enjoying a meandering float down the Little Spokane River or some exciting whitewater rapids. While commonly portable and stable, different models may be better suited to different uses. This class will teach you all about different types of IK's, water safety, equipment, and places to paddle. The class will start out on a flat-water lake and progress to moving water over this 3-part instructional program. All kayaking equipment provided. Pre-class information emailed prior to class. First class meets at **Fish Lake Public Boat Launch off the Cheney Spokane Hwy.** \$89

10334 Fri. – Sun. 6/10 – 6/12 5 – 8pm

10335 Fri. – Sun. 7/8 – 7/10 5 – 8pm

Kayak & Cave Lake Lenore

1 day | Ages 16+ Celebrate the Summer Solstice and Paddle in the footsteps of the great Ice Age Floods which carved the landscape over 15,000 years ago. This beautiful geological lake will be breathtaking as we paddle the shoreline viewing the remains of ancient rock cliffs and the scenic deep alkaline lake. After our paddle take a hike to the Lake Lenore Caves a 1.5 mile round trip scramble. The caves were used as shelters by early native people after the waters from the floods retreated. This trip is all about enjoying mother nature! Bring a lunch, snacks, and plenty of water, along with sturdy hiking boots. Tandem Kayaks, PFD's, transportation, and guides provided. Meet at **Park Operations 2304 E Mallon Ave 99202**. \$49

10330 Sat. 6/18

7am – 6pm





RAFTING

Rafting the Lower Spokane River

1 day | Ages 5+ This three-hour trip is filled with exciting whitewater rapids, wildlife, and gorgeous scenery! Wiley E. Waters professional licensed guides will steer you through the class II & III whitewater rapids including the Bowl and Pitcher and Devils Toe-Nail rapids in Riverside State Park. Trip includes all necessary rafting equipment including PFD, wet suits & dry tops if needed, transportation and post trip refreshments. Pre-trip information emailed after registration. Meet at **Spokane River Water Ave.** \$63

10056	Sat.	5/7	10am – 1pm
10057	Sat.	5/14	10am – 1pm
10058	Sun.	5/22	10am – 1pm
10059	Sat.	5/28	10am – 1pm
10060	Sun.	5/29	10am – 1pm
10061	Sun.	6/5	10am – 1pm
10062	Fri.	6/10	10am – 1pm
10063	Sun.	6/12	10am – 1pm
10064	Fri.	6/17	10am – 1pm
10065	Sun.	6/19	10am – 1pm
10066	Sun.	6/26	10am – 1pm

Lower Spokane River Scenic Float

1 day | Ages 5+ This 2-hour trip is filled a way to spend some time with the family as you leave the hustle and bustle of the City. The low flows of the river this time of year makes for fun splashy water, swimming, wildlife, and gorgeous scenery! Wiley E. Waters professional licensed guides will steer you down the river and entertain you from start to finish. Trip includes all necessary rafting equipment Pre-trip information emailed after registration. Meet at **Spokane River Water Ave.** \$50

10054	Sat.	5/21	10am – 1pm
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Rafting the St. Joe River

1 day | Ages 16+ This whitewater trip takes you through the crystal-clear waters and dense Cedar forests of Idaho. Great for beginners and thrill seekers. The narrow passages of the St. Joe makes water explode into paddle bashing class III and class IV whitewater enjoyment. Additional information emailed after registration. Register today, registration closes 30 days prior to trip date! Meet at **Gold Creek Campground Avery, ID.** \$127

10282	Sat.	6/4	9am – 4pm
10283	Sat.	6/25	9am – 4pm

Rafting the Lochsa River

1 day | Ages 17+ Few whitewater rafting trips anywhere on earth offer as much continuous, explosive whitewater as Idaho's Lochsa River. This one-day rafting trip is big whitewater that satisfies the appetite for thrills for intermediate and expert rafters. Some rivers are big and slow while others are fast and technical. The Lochsa combines the best of both - it's fast, technical and has a big volume of water. This makes for raft-smashing waves, big hydraulics and holes, and paddler-bashing excitement. Add supreme Idaho mountain scenery, talented guides and great service and you have the best whitewater rafting trips on the Lochsa River available. Register today, registration closes 30 days prior to trip date. Pre-trip info emailed after registration. Meet at **Lochsa River Syringa, ID.** \$149

10284	Sat.	6/11	9am – 4pm
10285	Sat.	6/18	9am – 4pm

Useful Information to Know



Parks and Recreation will continue to follow the most current Washington Department of Health Guidelines relating to COVID-19.



Summer Camp registration opens March 28



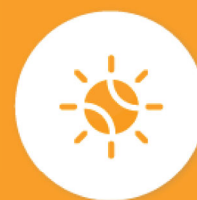
Witter Pool opens for pre-season lap swim May 9



Splash Pads are set to open May 27



Classes may be cancelled due to not reaching minimum enrollment, so register early!



2022 RECTENNIS SUMMER TENNIS CAMPS

**RecTennis Summer Tennis Camps offers fun,
affordable tennis for all ages + skill levels!**

Summer Tennis Camps

Teach basic tennis skills

Smash summer boredom by keeping kids active

Develop skills kids can take off the court

Tennis Equipment Provided

For more information, visit:
www.rectennis.com/spokane



VOLLEYBALL

Spring Volleyball League

Ages 18+ | Whether you are a team of seasoned players or new to the game, we have a division for you. We offer Coed 6's with various skill levels from A (elite), B (competitive), to C (recreational). We also offer Coed, Men's, and Women's 4's. Games are played at The Podium or at local middle school gymnasiums between the hours of 6:15pm and 10pm. Locations, dates and times are subject to change based on facility availability. Early Bird Registration: January 31 – February 13 (\$25 Discount) Regular Registration: February 14 – March 20 Late Registration (while space allows): March 21 – March 25 (\$25 fee)

Activity #	Division	Location	Days/Dates	Reg. Fee
10524	Coed A	Podium	Mon. 3/28 – 6/6	\$236
10430	Coed Upper B	Podium	Mon. 3/28 – 6/6	\$236
10431	Coed Lower B	Podium	Mon. 3/28 – 6/6	\$236
10432	Coed 4's Upper	Podium	Tues. 3/29 – 6/7	\$175
10439	Coed 4's Lower	Podium	Tues. 3/29 – 6/7	\$175
10523	Coed C	Podium	Tues. 3/29-6/7	\$236
10442	Women's 4's Upper	Podium	Wed. 3/30 – 6/8	\$175
10443	Women's 4's Lower	Podium	Wed. 3/30 – 6/8	\$175
10517	Men's 4's	Podium	Wed. 3/30 – 6/8	\$175
10373	Coed B	Salk	Thurs. 3/31-6/9	\$236
10403	Coed C	Sac.	Thurs. 3/31-6/9	\$236
10372	Coed C	Salk	Fri. 4/1-6/10	\$236
10540	Coed B	Shaw	Fri. 4/1-6/10	\$236



Open Gym Volleyball

Ages 18+ | Come and drop in for a pickup game! Our open gym volleyball sessions offer players a chance to get together and enjoy some fun competition. Open gym sessions are Fridays from 6:15pm to 9:15pm. Skip the lines and prepay for your pass online or pay \$5 per visit at the door (must be paid using a debit or credit card). Location: **Chase Middle School Gym 4747 E. 37th Ave.**

8807	Single Visit Pass	\$5
8808	Five visit Pass	\$25
8809	Season Pass	\$50

Summer Outdoor Volleyball League

Ages 18+ | Games are played 6-8pm. A season-ending tournament follow the regular season. Adult level of play B and C divisions. All games played at the Dwight Merkel Sports Complex, 5701 N. Assembly.

Early Bird Registration: April 18 – April 30 (\$25 Discount) Regular Registration: May 1 – May 29 - \$349 Late Registration (while space allows): May30 – June 3 (\$25 fee)

Competitive (B) Division

10542	Wed.	6/8 – 7/27	6 – 8pm
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Recreational (C) Division

10541	Wed.	6/8 – 7/27	6 – 8pm
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Cornhole

5 weeks | We're bringing you the fan-favorite lawn to the masses. Join us this fall for 5 weeks of evening play. Do you have what it takes to take home the corn title? Come play in our upper or lower recreational divisions. Teams will play two games (up to six matches) a night. Team registrations only. The regular registration fee is \$60 a team, a team is allowed 3 players max. Teams will play two games (up to six matches) a night.

Rec Upper Competition - Spring

10301	Tues.	4/19-5/17	6 – 9pm
10304	Fri.	4/22-5/20	6 – 9pm

Rec Lower Competition - Spring

10302	Tues.	4/19-5/17	6 – 9pm
10303	Fri.	4/22-5/20	6 – 9pm

Rec Upper Competition – Summer

10305	Tues.	6/14-7/12	6 – 9pm
10307	Fri.	6/17-7/22	6 – 9pm
10309	Tues.	7/26-8/23	6 – 9pm
10311	Fri.	7/29-8/26	6 – 9pm

Rec Lower Competition – Summer

10306	Tues.	6/14-7/12	6 – 9pm
10308	Fri.	6/17-7/22	6 – 9pm
10310	Tues.	7/26-8/23	6 – 9pm
10312	Fri.	7/29-8/26	6 – 9pm



SOFTBALL

Spring Softball League

7 weeks | Ages 18+ Join us this season for the best softball competition in town and register your team today! SPRD offers a variety of divisions including Men's D & E divisions, Coed C, D, & E divisions, and Masters '50s and '60s. New: Play 7 weeks of double-header games at the Dwight Merkel Sports Complex, 5701 N. Assembly or Franklin Park Softball Complex, 302 W. Queen Ave. Team registration fees include 14 GG, a set of balls, a score book, line-up cards, and umpire fees for the season. Equipment pick up is Friday April 17th between 4:30pm and 6:30pm @ Park Operations 2304 E. Mallon Ave Spokane WA 99202. Registration Fee: \$840 Late Registration Fee: \$875

Course code	Days of Play/Division	Dates
9872 Sun.	Coed D	4/24 – 6/12
9873 Sun.	Coed E	4/24 – 6/12
9864 Mon.	Men's D	4/25 – 6/13
9866 Mon.	Men's E	4/25 – 6/13
9874 Tues.	Coed D	4/26 – 6/7
9875 Tues.	Coed E	4/26 – 6/7
9968 Tues.	Masters 50+	4/26 – 6/7
9870 Wed.	Men's D	4/27 – 6/8
9871 Wed.	Men's E	4/27 – 6/8
9967 Wed.	Master's 60+	4/27 – 6/8
9876 Thurs.	Coed D	4/28 – 6/9
9877 Thurs.	Coed E	4/28 – 6/9

Spring Softball Free Agent Players

For the player who wants to get in the game but doesn't have a team. League administration will work to create a team from out free agents.

9969 Mon.	Men's League	4/25 – 6/13
9970 Tues.	Coed League	4/26 – 6/7

FOOTBALL

Youth NFL Flag Football

Ages 5-16yrs. Is your child ready for the NFL? This is a SPRD/ NFL Flag partnership to bring this exciting league to Ages 5-16. Is your child ready for the NFL? This is an SPRD/ NFL Flag partnership to bring this exciting league to Spokane! Teams are made up of 5-10 with practices on Tuesdays and league games on Thursdays. Players will receive an official NFL team jersey & NFL FLAG belt. Practices held at the facility you register under. All games will be held at **Dwight Merkel Sports Complex**. Registration fee: \$139 Registration deadline: 5/15/22

Go to spokaneparks.org/sports for complete information.

Course code	Days of Play	Division	Dates
10002	Tues./Thurs.	Merkel Ages 5-7yrs.	5/31 – 7/21
10003	Tues./Thurs.	Merkel Ages 8-10yrs.	5/31 – 7/21
10004	Tues./Thurs.	Merkel Ages 11-13yrs.	5/31 – 7/21
10005	Tues./Thurs.	Merkel Ages 14-16yrs.	5/31 – 7/21
10006	Tues./Thurs.	SE Practice 5-7yrs.	5/31 – 7/21
10007	Tues./Thurs.	SE Practice 8-10yrs.	5/31 – 7/21
10008	Tues./Thurs.	SE Practice 11-13yrs.	5/31 – 7/21
10009	Tues./Thurs.	SE Practice 14-16yrs.	5/31 – 7/21



**REGISTER
ONLINE**
SpokaneRec.org



**CALL
US**

Call 311
or outside the city at
509.755.CITY
Fax 509.625.6990



SPOKANE PARKS & RECREATION



SPORT-BASED CHILD DEVELOPMENT

SuperTots Sports Academy provides sport-based development programs where children discover and develop athletic, motor, and social skills. SuperTots' curriculum is specifically designed to promote development along side a healthy, active lifestyle.

SPRING 2022

SOC CERTOTS®

Our flagship program! Playable on almost any surface, these soccer-themed motor skill classes are very easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus, and introduce an element of light competition.

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
TeddiesII/Koalas	4/12 - 5/03	Tu	6:10 p.m. - 6:50 p.m.	24 mos - 36 mos	\$72	Adams Elementary
TeddiesII/Koalas	4/13 - 5/04	W	6:10 p.m. - 6:50 p.m.	24 mos - 36 mos	\$102	Audobon Park
TeddiesII/Koalas	4/14 - 5/05	Th	6:10 p.m. - 6:50 p.m.	24 mos - 36 mos	\$72	Hamblen Elementary
TeddiesII/Koalas	5/10 - 5/31	Tu	6:10 p.m. - 6:50 p.m.	24 mos - 36 mos	\$72	Friendship Park
TeddiesII/Koalas	5/11 - 6/01	W	5:30 p.m. - 6:10 p.m.	24 mos - 36 mos	\$72	Franklin Elementary
TeddiesII/Koalas	5/12 - 6/02	Th	6:10 p.m. - 6:50 p.m.	24 mos - 36 mos	\$72	Hamblen Elementary
TeddiesII/Koalas	5/12 - 6/02	Th	6:20 p.m. - 7:00 p.m.	2 yrs - 3 yrs 6 mos	\$72	Willard Elementary
Cubs/Pandas	4/12 - 5/03	Tu	6:10 p.m. - 6:50 p.m.	3 yrs - 4 yrs	\$72	Westview Elementary
Cubs/Pandas	4/13 - 5/18	W	4:30 p.m. - 5:10 p.m.	3 yrs - 4 yrs	\$102	Audobon Park
Cubs/Pandas	5/10 - 5/31	Tu	4:30 p.m. - 5:10 p.m.	3 yrs - 4 yrs	\$72	Friendship Park
Cubs/Pandas	5/10 - 5/31	Tu	6:10 p.m. - 6:50 p.m.	3 yrs - 4 yrs	\$72	Friendship Park
Pandas/Bears	4/14 - 5/05	Th	7:00 p.m. - 7:40 p.m.	3 yrs 6 mos - 4 yrs 6 mos	\$72	Hamblen Elementary
Pandas/Bears	5/10 - 5/31	Tu	7:00 p.m. - 7:40 p.m.	3 yrs 6 mos - 4 yrs 6 mos	\$72	Friendship Park
Pandas/Bears	5/12 - 6/02	Th	5:35 p.m. - 6:15 p.m.	3 yrs 6 mos - 4 yrs 6 mos	\$72	Willard Elementary
Bears/Grizzlies	4/12 - 5/03	Tu	7:00 p.m. - 7:40 p.m.	4 yrs - 5 yrs 6 mos	\$72	Westview Elementary
Bears/Grizzlies	4/12 - 5/03	Tu	7:00 p.m. - 7:40 p.m.	4 yrs - 5 yrs 6 mos	\$72	Adams Elementary
Bears/Grizzlies	4/13 - 5/04	W	5:20 p.m. - 6:00 p.m.	4 yrs - 5 yrs 6 mos	\$102	Audobon Park
Bears/Grizzlies	5/10 - 5/31	Tu	5:20 p.m. - 6:00 p.m.	4 yrs - 5 yrs 6 mos	\$72	Friendship Park
Bears/Grizzlies	5/12 - 6/02	Th	7:00 p.m. - 7:40 p.m.	4 yrs - 5 yrs 6 mos	\$72	Hamblen Elementary

*Price does not include one time \$20 annual membership fee.
20% discount for multiple registrations



SPACE IS LIMITED!
REGISTER TODAY ➡

Online:
SuperTotSports.com

Phone:
509.534.5437



SUMMER SKYHAWKS CAMPS AVAILABLE NOW!

SKILL-BASED SPORTS PROGRAMS FOR AGES 4-14

AVAILABLE SPORTS:

STEM SPORTS®	BASEBALL	CHEERLEADING
MULTI-SPORT	GOLF	FLAG FOOTBALL
BASKETBALL	SOCCER	VOLLEYBALL

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SoccerTots® VolleyKats® 1stDownTots® BaseballTots® HockeyTots® CheerTots® HoopsterTots®

SPORT BASED DEVELOPMENT PROGRAMS

OPEN TO AGES 2-5 YEARS. REGISTER ONLINE TODAY!

SuperTotSports.com/Search





TRS SOCIALIZATION

TRS Classy Crafts

4 weeks | Ages 16+ Explore your creative side and make a variety of beautiful and meaningful crafts each week. Participants will have the opportunity to improve skills such as fine motor, socialization and communication. Class meets at **Park Operations lunch room, 2304 E. Mallon Ave.** \$47

10389	Thurs.	4/7 – 4/28	4:15 – 5:30pm
10390	Thurs.	5/5 – 5/26	4:15 – 5:30pm
10391	Thurs.	6/2 – 6/23	4:15 – 5:30pm

TRS Cookie Bake Night

1 day | Ages 14+ Spend the evening making several types of cookies. Enjoy yourself and take home and share with friends. Gluten-free options are available. Class meets at **Southside Senior Activity Center, 3151 E. 27th Ave.-kitchen.** \$19

10447	Wed.	4/13	6:30 – 8pm
10515	Wed.	5/18	6:30 – 8pm

TRS Day at the Theatre

1 day | Ages 16+ Come with us as we delight in the entertaining theatre productions put on by our local Spokane Childrens Theatre(SCT) and Christian Youth Theatre(CYT) Spokane. Location varies. \$27

A Year with Frog and Toad - is a whimsical show following two great friends – the cheerful, popular Frog and the rather grumpy Toad – through four fun-filled seasons. Waking from hibernation in the spring, Frog and Toad plant gardens, swim, rake leaves, go sledding and learn life lessons along the way. The two best friends celebrate and rejoice in the differences that make them unique and special. Part vaudeville, part make believe... all charm, A Year with Frog and Toad tells the story of a friendship that endures throughout the seasons. Meet at **Spokane Children's Theatre, 2727 N. Madelia St. #5**

9902	Sun.	4/24	1:45 – 4:15 pm
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Alice in Wonderland- Lewis Carroll's unflappable young heroine, Alice, takes a tumble down an enchanted rabbit hole to an off-kilter world of mock turtles, dancing flora, punctual rabbits and mad tea parties. Playing cards hold court, and nothing is as it seems in this land where whimsy and wordplay are the order of the day. Will Alice be able to find her footing in this bizarre place? More importantly, will she ever figure out how to get home? Meet at **Spokane Children's Theatre, 2727 N. Madelia St. #5**

10379	Sun.	5/22	1:45 – 4:15pm
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TRS Friday Night Jam

1 day | Ages 18+ Come rock and swing at Spokane's oldest on-going nightclub for people with developmental disabilities. If participants require direct supervision, then care providers need to attend. Second Friday each month. Meet at **West Central Community Center, 1603 N. Belt.** \$10

10404	Fri.	5/13	Hawaiian Luau	7 – 9pm
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TRS Music Making

5 weeks | Ages 15+ Join Willow Song Music for an hour packed with fun and joyful music based activities. A variety of instruments including drums will be used. There will be group singing, range of motion movements, opportunities to socialize and share all while engaging with Carla, Board-Certified Music Therapist and facilitator. Meet at **Willow Song Music Therapy, 21101 E. Wellesley Ave Space 102, Otis Orchards.** \$74

10568	Thurs.	4/21 – 5/26	No class 5/12	5 – 6pm
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TRS Paint & Taste

1 day | Ages 14+ Do you like painting and apple cider? Make a masterpiece of your very own while enjoying sipping on cider. Meet at **Park Operations lunch room, 2304 E. Mallon Ave.** \$19

10516	Fri	5/20	6 – 7:30pm
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**REGISTER
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SpokaneRec.org



**MAIL
US** City of Spokane Parks &
Recreation Class Registration
808 W. Spokane Falls Blvd.
Spokane, WA 99201
*checks payable to City of Spokane



**CALL
US** Call 311
or outside the city at
509.755.CITY
Fax 509.625.6990





TRS SOCIALIZATION

TRS Trivia Night

1 day | Ages 14+ Bring your sack dinner and laugh with friends while playing Trivia. Fun prizes will abound. Meet at **Park Operations lunch room, 2304 E. Mallon Ave.** \$19

10429 Fri 4/15

5:30 – 7pm

TRS Skyfest

1 day | Ages 14+ TRS will taking a trip to the 2022 Inland Northwest SkyFest Airshow and Open House held at Fairchild Air Force Base. SkyFest '22 will feature the USAF Thunderbirds, Air Force Academy's Wings of Blue parachute team, U.S. Army Golden Knights parachute team and a heritage flight of historical aircraft. One of Fairchild's KC-135 Stratotankers will also perform a fly-by and low-pass air refueling demonstration. Patrons of the airshow will also be able to enjoy static display aircraft, interactive exhibits, live music featuring the U.S. Air Force's Band of the Golden West, food and much more. All airshow guests must consent to security searches of all backpacks and bags before entry onto the base by security forces Airmen. Meet at **Park Operations 2304 E. Mallon Ave.** \$29

10576 Sun. 5/15

11am – 5pm

TRS What's Cooking

4 weeks | Ages 16+ Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. Class meets at **Southside Senior Activity Center, 3151 E. 27th Ave.-kitchen** \$59

10398 Wed. 4/6 – 4/27

4 – 6pm

10399 Wed. 5/4 – 5/25

4 – 6pm

10400 Wed. 6/1 – 6/22

4 – 6pm



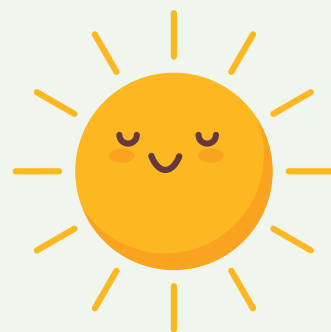
Cooking

WHEN IS THE GUIDE AVAILABLE?



SUMMER

Mid May
printed & online



FALL

Mid August
online only

WINTER

Mid November
printed & online



SPRING

Early March
online only

SpokaneRec.org

Spring and Summer fun is on the way with Therapeutic Recreation Services



Visit **SpokaneParks.org** for details on all the great Therapeutic Recreation programs available!

- Classy Crafts • Cookie Bake Night • Day at the Theatre •
- Friday Night Jam • Music Making • Paint & Taste • Skyfest •
- Trivia Night • What's Cooking • Cornhole & Pizza •
- Disc Golf & Pizza • Line Dancing • Square Dancing •
- Walking • Bicycling • Fishing Frenzy • Pickleball • Playball •
- Powerlifting • River Rafting • Swimming •



Funshine ☀️ Day Camp

Funshine Day Camp is a fun-filled camp for those with developmental and/or physical disabilities. Campers will have the opportunity to interact and socialize with their peers through crafts, music, science experiments, books, board games, group activities, swimming and more. Fridays are field trip days to a variety of exciting locations.



Each week the camp centers around a different theme.

We celebrate the end of summer with our annual Carnival and Potluck. Meet at Shadle Park Shelter, 4302 N. Belt. **\$239 weekly**



Call **625.6245**, email **abusch@spokanecity.org** or visit our website at **SpokaneParks.org**.

Registration open March 28, 2022!

SEEK scholarships available, learn more at **SpokaneParks.org/scholarships**





TRS WELLNESS

TRS Cornhole & Pizza

4 weeks | Ages 12+ Fresh air, fun and favorite lawn game- Cornhole. Laughter and friendly competition will abound. Pizza will be served. Meet at **The Pickleball Playground, 10505 N. Newport Hwy. \$53**

10385	Mon.	4/18 – 5/9	4:30 – 6pm
10386	Mon.	5/16 – 6/13 No class 5/30	4:30 – 6pm

TRS Disc Golf & Pizza

3 weeks | Ages 12+ We will visit a Spokane Parks and Recreation Park that host a Jr. Disc golf course. Safety and throwing fundamentals will be covered. Games played each week. Disc is included in the price. Discs provided if forget to bring. Pizza served at the end of each weekly play. Meet at **Hays Park, 1750 E. Providence \$43**

10392	Fri.	4/22 – 5/6	4 – 5:30pm
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Disc Golf



Corn Hole

TRS Line Dancing

4 Weeks | Ages 14+ Easy beginner line dancing is for everyone. Grab your dancing shoes and join us as we learn the fundamentals of line dancing and other dances such as the Macarena, YMCA, Alley Cat and more. Meet at **The Pickleball Playground, 10505 N. Newport Hwy. \$31**

10383	Mon.	4/18 – 5/9	3 – 4pm
10384	Mon.	5/16 – 6/13 No class 5/30	3 – 4pm

TRS Sundancers Square Dancing

8 weeks | Ages 15+ Do you want to learn how to square dance or improve your existing skills? Participants should have the ability to follow simple directions, stay on task and ok with physical contact such as holding hands. Meet at **Shaw Middle School, Cafeteria 4106 N. Cook. \$49**

10011	Tues.	4/12 – 6/7	6:30 – 8pm
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TRS Walking

4 weeks | Ages 14+ If you enjoy the outdoors, exercise and socializing with friends this weekly stroll is for you. We will divide the group into slow and fast walkers. Please wear comfortable, loose clothing such as sweats and sturdy walking shoes. Meet at **Manito Park, 1702 S. Grand Ave. Mirror Pond. \$27**

10519	Fri.	6/3 – 6/24	2 – 3:30pm
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TRS SPORTS

TRS Bicycling

5 Weeks | Ages 16+ Enjoy Spokane's natural beauty by bicycle. Participants need to be in physical condition and ride a bike safely. Make sure your bike is in good working order and helmet fits well. Meet at **Mirabeau Point Park, trailhead, 13500 Mirabeau Pkwy, Spokane Valley.** \$59

10381 Wed. 4/20 – 5/18 5 – 7pm

10382 Wed. 5/25 – 6/22 5 – 7pm

TRS Fishing Frenzy

1 day | Ages 13+ Join us for a day of fishing on Clear Lake. It is a 'Free Fishing Weekend' in WA so Michael and Joshua Marro will be sponsoring this event for TRS. Fishing poles, tackle and bait will be provided. Lunch consisting of hamburger/hotdog, chips, soda and ice cream will be provided. Bring \$5 if want to purchase a cocoa/coffee from the store. Be sure to dress for the weather as the mornings may be cold or the day rainy. Meet at **Park Operations, 2304 E. Mallon Ave.** \$27

10402 Sat. 6/11 8:15am – 2pm



Fishing

TRS Pickleball

4 weeks | Ages 14+ Come learn how to play pickleball, one of the fastest growing sports in America. The game is fun, easy to learn and promotes fitness. The paddle is smaller than a tennis racket and the ball is a plastic wiffle ball. Equipment and instruction will be provided by the Pickleball Playground. Meet at **Pickleball Playground, 10505 N. Newport Hwy.** \$39

10387 Mon. 4/18 – 5/9 6:30 – 7:30pm

10388 Mon. 5/16 – 6/13 No class 5/30 6:30 – 7:30pm



Biking

TRS Playball

14 weeks | Ages 12+ This program is for those who are ready for more of a challenge. They will work on preparation and skill development in actual game situations. We are looking for parents/adults to play to enhance the game. Meet at **Chief Garry Park, Mission & Regal. Field A.** \$60

10296 Fri. 5/13 – 8/5 No class 5/27, 7/1 6 – 8pm

TRS Powerlifting

12 weeks | Ages 17+ For persons with developmental disabilities who are serious about lifting with free weights and universal gym equipment. Ability to stay on task and follow directions with minimal assistance. Meet at **North Central High School, 1600 N. Howard weight room.** \$79

10397 Tues./Thurs. 4/19 – 6/2 6:30 – 7:30pm

TRS River Rafting

1 day | Ages 14+ See our own Spokane River as we float away from downtown on inflatable whitewater rafts. This trip, operated by Wiley E. Waters, has a touch of Whitewater and is a great introduction to rafting. Participants should be comfortable in the water. Meet at **Sinto Senior Activity Center, 1124 W. Sinto Ave.** \$49

10380 Sun. 6/12 1:30 – 5:15pm



TRS SWIMMING

TRS Swimming- Blue Dolphins Swim Team

9 weeks | Ages 8+ For people with developmental disabilities who want to swim competitively or get a good workout. Ability to swim 75 yards without assistance and with rhythmic breathing. (Max Class Size: 10) Meet at **Whitworth University Aquatic Center, 300 W. Hawthorne.** \$59

Hour 1

10393 Sun. 3/20 – 5/22 No swim 4/10 2:15 – 3:15pm

Hour 2

10394 Sun. 3/20 – 5/22 No swim 4/10 3:20 – 4:20pm

Learn to Swim – Beginning

7 weeks | Ages 8+ Individuals who have mastered the Beginner skills and are ready to move on. Skills worked on will be distance swimming, breaststroke, butterfly, diving, simple turns and deeper water experience. (Max Class Size: 5) Meet at **Whitworth University Aquatic Center, 300 W. Hawthorne.** \$59

10395 Sun. 3/20 – 5/22 No swim 4/10 2:15 – 3pm

Learn to Swim - Intermediate

7 weeks | Ages 8+ Individuals will learn how to face float, back float, kick with floats and learn the crawl stroke with rotary breathing. Elementary back stroke and back crawl will be taught with the goal to be able to do for 20 yards. (Max Class Size: 5) Meet at **Whitworth University Aquatic Center, 300 W. Hawthorne.** \$59

10396 Sun. 3/20 – 5/22 No swim 4/10 3 – 3:45pm



Swimming



Rafting

**REGISTER
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SpokaneRec.org



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City of Spokane Parks &
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808 W. Spokane Falls Blvd.
Spokane, WA 99201

*checks payable to City of Spokane



**CALL
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Call 311
or outside the city at
509.755.CITY
Fax 509.625.6990





Spokane Parks and Recreation affiliates itself with a number of non-profit community organizations benefitting older adults and young children. We greatly appreciate our relationship with these centers and their individual recreation programs.

CORBIN SENIOR ACTIVITY CENTER

827 W. Cleveland Ave. For information call: 509.327.1584
www.corbinseniorcenter.org

Spokane's Amazing Ice Age Floods

Imagine Spokane covered by massive flood waters of 600 feet high and rushing at 60 miles per hour! We will visit several sites in Spokane as we learn about the amazing and massive Ice Age Floods that swept through Spokane 15,000 to 20,000 years ago, carving out our unique landscape and creating the Channeled Scablands to the west. Learn the story of geologist J. Harland Bretz, who unlocked the mysteries to these floods with help from local scientists. \$38

Wednesday 3/30 9 – Noon

Walking Browne's Addition

We will wake you back to the Days of Elegance of the late 1800's as well as going back 8,000 years to the days of the earliest humans living in Spokane. The walk will be about 1 mile in three hours, all on level sidewalks with stops along the way. Sturdy shoes are recommended. \$38

Wednesday 4/20 9 – Noon

Spokane's Parks in Spring – Nature's Beauty in the Lilac City

Walk in Manito's Lilac Garden, discover hidden park treasures, unravel mysteries and visit not only the well-known but also some little visited parks as we explore Spokane's Parks in Spring. Go back to 1910 and learn why Spokane has its amazing parks that come to life in Spring. \$38

Wednesday 5/18 9 – Noon

Ice Age Floods- A Day in the Grand Coulee

Dig deeper in to the incredible but true Great Ice Age Floods Story as we travel down the Grand coulee to Dry Falls experience first-hand the amazing and massive Ice Age Floods that swept through Spokane 15,000 to 20,000 year ago, shaping the landscape of Eastern Washington. We will visit Grand Coulee Dam, Crown Point, Steamboat Rock, Northrup Canyon, Dry Falls and more! There will be some short walks on unpaved surfaces. Sturdy walking shoes are recommended. Lunch would be on your own for a picnic at scenic location. \$68

Saturday 5/28 9am – 4pm

SOUTHSIDE COMMUNITY & SENIOR CENTER

3151 E. 27th Ave. For information call: 509.535.0803
www.southsidescc.org

Day Travel: Richard Sola and the Browne's Addition and Downtown Walk

1 Day |All Ages| Join us on this leisurely walk that will take us back in time as we explore Spokane's unique history and the people who lived here. Downtown West will explore The Golden Era of Spokane as our city rebuilt from the Great Fire of 1889. Browne's Addition will take us back to the Days of Elegance of the late 1800's as well as going back 8,000 years to the days of the earliest humans living in Spokane. This walk will occur on level sidewalks with stops along the way, sturdy shoes are recommended. \$40 for members/\$45 for non-members

Mon. 4/18 9 – Noon
(advance signup recommended)

Day Travel: Casino Trip

1 Day |21+| Let us do the driving, you do the playing! Rotating casino options, call for details. Bus trip to a Casino for about 3 hours' time at the casino. You get to find your own lunch, but there are oh so many choices. \$10 for members/\$15 for non-members

Tues. 4/26, 5/31, 6/28 10:30am – 2pm
(advance signup recommended)

Day Travel: Richard Sola and the Grand Coulee Dam

1 Day |All Ages| LUNCH WILL BE PICNIC STYLE, NOT INCLUDED IN PRICE. Dig deeper into the incredible but true Great Ice Age Floods story as we travel down the Grand Coulee to Dry Falls, experience first-hand the amazing and massive Ice Age Floods that swept through Spokane 15,000 to 20,000 years ago, shaping the landscape of Eastern Washington.

We will visit: Grand Coulee Dam, Crown Point, Steamboat Rock, Northrup Canyon, Dry Falls, and more!

There will be some short walks on unpaved surfaces. Sturdy walking shoes are recommended. \$80 for members/\$85 for non-members

Mon. 5/9 9am – 5pm
(advance signup recommended)

Day Travel: Richard Sola and the Spokane Parks in Spring

1 Day |All Ages| Walk in Manito's Lilac Garden, discover hidden park treasures, unravel mysteries, and visit not only the well-known but also some little visited parks as we explore Spokane's Parks in Spring. Go back to 1910 to learn why Spokane has its amazing parks that come to live in Spring. Sturdy shoes recommended. \$40 for members/\$45 for non-members

Thurs. 5/19 9am – Noon
(advance signup recommended)



Spokane Parks and Recreation affiliates itself with a number of non-profit community organizations benefitting older adults and young children. We greatly appreciate our relationship with these centers and their individual recreation programs.

NORTHEAST YOUTH CENTER

3004 E Queen Ave. For information call: 509.482.0708

spokaneneyc.com

Early Learners Academy (Preschool)

Weekly | Ages 2 ½ -5yrs. | Looking for an amazing recreation-based Licensed preschool program that offers a variety of fun, educational and recreational activities so your child can learn, develop, and be prepared for kindergarten? We will keep them busy throughout the day with a creative curriculum taught by our certified preschool teachers, gym class/outdoor time from our recreation activity specialist, and many other opportunities for your children. Breakfast, lunch, and pm snack provided. State pay accepted- Immunization records required.

Must be potty trained. \$845/mo

Before & After School Programs

Weekly | K – 6th Grade | 6am-start of school & school dismissal – 6pm. Working early and can't find someone to take your child to school? Mornings are so important for children to get off to a good start! Every morning your child will be greeted with fun & games, hair styling, last-minute homework help, BREAKFAST, and safe travel to school on time! Need someone to pick up your child from school in the afternoon? Our trained drivers will be at the school to bring your child back to the Center for some fun activities, homework help and SUPPER!

Program serves Arlington, Bemiss, Cooper, Lidgerwood, Longfellow, Regal & Whitman elementary schools.

NEYC is open for early release and school closure days, except for federal holidays.

State pay accepted – Immunization records required. \$498/mo

Spring Break Camp

Apr. 4-8 | K – 6th Grade | 6am-6pm. If you are a working parent looking for quality and an affordable licensed day camp program to make your child's spring break the best ever- this is the perfect place for your child(ren)! Registration accepted now, state pay accepted (DSHS), includes field trips, crafts, breakfast & lunch! Hurry, camp space is limited. Immunization records required. \$175

Community & Senior Center Facility Information	Youth Classes & Activities	Adult Classes & Activities	Adult Tours	Kitchen/Senior Meals	Gym/Auditorium	Rental Space	Athletic Equipment	Community Services
Corbin Senior Center 827 W. Cleveland Ave. 509-327-1584		X	X	X		X		X
East Central Community Center 500 S. Stone St. 509-808-2123	X	X	X	X	X	X	X	X
Hillyard Senior Center 401 North Cook Street 509-482-0803		X	X	X		X		X
Mid-City Concerns 1222 W. Second Ave. 509-456-6597		X		X		X		X
Northeast Youth Center 3004 E. Queen Ave. 509-482-0708	X	X	X	X	X	X	X	X
Project Joy 3151 E. 25th Ave. 509-535-0584		X						
Sinto Senior Center 1124 W. Sinto Ave. 509-327-2861		X	X	X		X		X
Southwest Community Center 310 S. Spruce St. 509-624-8634	X							X
Southside Senior Center 3151 E. 27th Ave. 509-535-0803	X	X	X	X		X		X
West Central Community Center 1603 N. Belt 509-326-9540	X	X			X	X	X	X

SATISFACTION GUARANTEED

You are important to us! The City of Spokane Parks and Recreation Department is committed to excellence by providing high-quality programs and services for you. If you or a family member are not satisfied with a class, program, or activity offered by the City, let us know your concerns in writing.

REGISTER ONLINE

SpokaneRec.org



MAIL US

City of Spokane Parks &
Recreation Class Registration
808 W. Spokane Falls Blvd.
Spokane WA 99201

*checks payable to City of Spokane



CALL US

Call 311
or outside the city at
509.755.CITY
Fax 509.625.6990



PAYMENT INFORMATION

Full payment is required at the time of enrollment (DDA Funding and TRS programs with prior approval are exempt). Registrations cannot be accepted from participants with past due balance. Do not mail cash. Return checks are subject to a \$25.00 handling fee.

INCLEMENT WEATHER

In the interest of safety, the Parks and Recreation Department retains the right to cancel an activity or close a facility due to inclement weather conditions such as lightning, ice, snow, extreme heat or unhealthy air quality. In the event that the Parks and Recreation Department cancels a program due to inclement weather, all paid participants will be notified and will receive a credit or refund.

DISCLAIMER

Spokane Parks and Recreation reserves the right to make any changes in the content, fees, and provision of the class schedule without notice. Check our website for the latest updates.

REFUND/CANCELLATION POLICY

We recognize that you may wish to withdraw for a variety of reasons, but our policy encourages early decisions so as to not affect other customers or our ability to efficiently deliver the programs. If you are in need of a refund, please note:

- Recreation programs require at least seven days advanced notice prior to the start date to avoid additional fees.
- All requests must be submitted in writing by mail or email to the appropriate Recreation Supervisor. (Recreation Supervisors and contact info. is listed in page 2 of this guide)
- At a minimum, all refund requests are subject to a \$15 administrative fee. Additional fees may be assessed to recover costs associated with the program.
- Sport league programs time frame for refunds reflects planning time and once league play has commenced neither refunds nor proration of the league fee will be granted.
- Refunds follow the City's Finance Department payment schedule and take approximately 30 days to process.

We depend on your enrollment for a successful class. Please plan your schedule carefully. Classes which do not meet minimum enrollment are subject to cancellation. In the case of a cancellation, you can choose one of these options:

- Transfer to another class
- Credit your account
- Receive a full refund (allow up to 30 days for processing)

Classes held at Spokane Public School facilities do not meet on dates school is not in session (holidays, vacations periods, curriculum days). Class sessions scheduled for those dates will be made up at the end of the regular schedule.

INCLUSION/ACCOMMODATION

We support the Americans with Disabilities Act and encourage participation by all regardless of race, color, national origin, age, sex, religion, veteran status, marital status, sexual orientation or ability. We can assist in obtaining specialized equipment, interpretive services, or other support to make your involvement successful. To assure the best experience for all participants, we need your accommodation request along with your registration a minimum of two weeks in advance of the program date. For more information, contact Meghann Steinolfson at 509-625-6903 or msteinolfson@spokanecity.org.



Please print and
fill out completely

City of Spokane Parks and Recreation Department
ACTIVITY REGISTRATION FORM

509.755.CITY (2489)
SpokaneParks.org

Which program are you registering for? <input type="checkbox"/> General <input type="checkbox"/> TRS PAYEE INFORMATION	LAST NAME			FIRST NAME			MI		
	ADDRESS					CITY/STATE		ZIP	
	DAY WORK OR CELL PHONE			NIGHT PHONE			EMAIL		

PARTICIPANT INFORMATION			BIRTHDATE	AGE	GENDER	ACTIVITY NUMBER	ACTIVITY NAME	FEE
LAST NAME	FIRST NAME	MI						
			/ /		M F			
			/ /		M F			
			/ /		M F			
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Statistical Information (birthdate & sex of participant) is used for demographics and to customize course activities

Make checks payable to: City of Spokane	Mailing Address: Spokane Parks & Recreation Department Class Registration – My Spokane 808 W. Spokane Falls Blvd. Spokane, WA 99201-3317	Total Program Fees: \$
Credit Card /Debit Card payments are also accepted in the form of VISA, MC or AMEX for Online or Phone Registrations Only.		

DDA will send funds. <input type="checkbox"/> Yes <input type="checkbox"/> No	Case Manager Name: _____ phone # _____ email: _____
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Please contact your case manager to send verification of payment to: abus@spokanecity.org

THERAPEUTIC RECREATION ONLY

General supervision is provided 15 minutes prior to class time and 15 minutes at end of class. If additional supervision is required there will an additional fee imposed.

Check One: Group Home/Institution _____ In Own Home/Apartment _____ Private Home With Parent _____

Dietary Precautions/Foods to avoid:

Allergies: ☐ Bee/Wasp Stings ☐ Drug Allergies ☐ Food Allergies ☐ Latex Allergies ☐ Other Please Specify:

Activity Limitations/Physical problems (if any):

Will you (your child) need to be reminded to take medications during program hours? ☐ Yes ☐ No

Careprovider/Support Staff provided? ☐ Yes ☐ No

Will you be using Paratransit? ☐ Yes ☐ No If yes, what is your rider number?

THERAPEUTIC RECREATION

Do you have any disabilities? (be specific)

Participant Personal Needs:

Therapeutic Recreation staff provides leadership and supervision for the activity but are unable to provide attendant care (feeding, toileting assistance, giving medications, transfers, etc.). Care providers should accompany participants who need such attendant care. Parks & Recreation staff reserves the right to mandate a care provider as a prerequisite to participation. Registration fees for care providers will vary by activity.

Social Skills/Behavioral Info:	Participation: <input type="checkbox"/> Easily <input type="checkbox"/> Needs Occasional Prompting <input type="checkbox"/> Needs Constant Prompting	Needs Help Managing: <input type="checkbox"/> Behavior <input type="checkbox"/> Personal Space <input type="checkbox"/> Emotions	Behavioral Triggers or fears: Other information:
Mobility and Adaptive Equipment:	Do you use adaptive equipment? <input type="checkbox"/> Yes <input type="checkbox"/> No	Wheelchair: <input type="checkbox"/> Manual <input type="checkbox"/> Full-time <input type="checkbox"/> Electric <input type="checkbox"/> Part-time	Check all that apply: <input type="checkbox"/> Cane/Crutches <input type="checkbox"/> AFO's/Splint/braces <input type="checkbox"/> Walker Other information:
Daily Life:	Toileting: <input type="checkbox"/> Independent <input type="checkbox"/> Independent w/reminders <input type="checkbox"/> Only with assistance	Eating <input type="checkbox"/> Independent <input type="checkbox"/> Independent w/ partial assistance <input type="checkbox"/> Only with assistance	Communication Information: <input type="checkbox"/> Verbal and clearly understood <input type="checkbox"/> Verbal but not clearly understood <input type="checkbox"/> Non-verbal <input type="checkbox"/> Uses sign language <input type="checkbox"/> Uses a communication board Other information:

Additional Personal Needs Information:

MEDICATION INFORMATION & WAIVER

This form must be completed by all participants who require medication while attending a City of Spokane activity (referred to herein as "Participant"). **Please complete the Medication Information Form & Waiver of Liability even if Participant will not take medication while at the activity.** This information will help us better assist Participant with medications.

- The activity leaders will provide reminders to Participant to take medications and to safely secure medication when not in use.
- Participant must be able to take his/her own medications while at the activity.
- Please package medication by dose in individual extra small zip lock bags or blister cards labeled by the pharmacy to include: 1) name of Participant; 2) name of physician; 3) name of pharmacy; 4) dosage and amount; and 5) time to take. For example, if Participant takes six different medications at dinner time there should be six small zip lock bags or blister cards, each with the label information listed above. Then put all bags in a larger zip lock bag labeled with Participant's name, date, day, and time to take; e.g. Sam Jones, Saturday, June 15, 6:00 pm.
- Please send only the amount of medication needed for the dates of the activity. Do not send excess dosages.
- If Participant has a medical insurance card, please bring it in case of emergency.

WAIVER OF LIABILITY: I understand that personnel from Parks & Recreation will administer only the prescribed medication mentioned in this Medication Information Form. I hereby waive any and all claims against the City of Spokane, which includes the City of Spokane Parks & Recreation Division and Therapeutic Recreation Services; any employees, chaperones, or volunteers; and all their respective insurance companies, successors in interest, commercial & corporate sponsors, affiliates, agents, employees, representatives, assignees, officers, directors, and shareholders (each a "Released Party"), and agree to hold Released Parties harmless from any and all liability which may arise in connection with Participant's use of medication.

BY SIGNING ON BEHALF OF A MINOR OR OTHER PARTICIPANT, I REPRESENT THAT I AM AUTHORIZED TO SIGN ON PARTICIPANT'S BEHALF and/ or I AM THE PARENT OR LEGAL GUARDIAN OF THE MINOR PARTICIPANT and acknowledge that Participant is bound by all the terms of this Agreement.

Signature _____

Date _____

MEDICATION TAKEN	Type:	Dosage:	Time(s):
	Type:	Dosage:	Time(s):
	Type:	Dosage:	Time(s):

List any special instructions/cautions/side effects:

CITY OF SPOKANE PARKS & RECREATION DEPARTMENT WAIVER AND RELEASE OF LIABILITY

WARNING: PLEASE READ CAREFULLY BEFORE SIGNING!

THIS IS A RELEASE OF LIABILITY & WAIVER OF CERTAIN LEGAL RIGHTS INCLUDING THE RIGHT TO SUE OR CLAIM COMPENSATION

1. Each person participating in the City of Spokane Parks & Recreation Division's activity identified herein (referred to as "Activity") is referred to as "Participant." I, the undersigned, am a Participant and, if a Participant is under 18 or has a guardian, I am the Participant's parent or legal guardian. I understand that participating in the Activity referenced herein can be HAZARDOUS AND INVOLVE THE RISK OF PHYSICAL INJURY AND/OR DEATH.
2. I understand the dangers and risks of the Activity and that Participant ASSUMES ALL INHERENT DANGERS AND RISKS of the Activity.
3. In consideration for being permitted to participate in the Activity, I AGREE, to the greatest extent permitted by law, TO WAIVE ANY AND ALL CLAIMS AGAINST AND TO HOLD HARMLESS, RELEASE, INDEMNIFY, AND AGREE NOT TO SUE the City of Spokane, which includes the City of Spokane Parks & Recreation Division and Therapeutic Recreation Services; any employees, chaperones, or volunteers; and all their respective insurance companies, successors in interest, commercial & corporate sponsors, affiliates, agents, employees, representatives, assignees, officers, directors, and shareholders (each a "Released Party") FOR ANY INJURY, INCLUDING DEATH, LOSS, PROPERTY DAMAGE, OR EXPENSE, WHICH I, OR PARTICIPANT, MAY SUFFER, ARISING IN WHOLE OR IN PART OUT OF PARTICIPANT'S PARTICIPATION IN THE ACTIVITY except only for injury or damage caused by the sole negligence of the City of Spokane, its employees, or agents. To the extent Participant's damages were caused by or resulted from the concurrent negligence of the City of Spokane, its elected and appointed officers, employees, agents, or representatives, the obligation to indemnify, defend, and hold harmless is valid and enforceable to the extent of the negligence of Participant.

I UNDERSTAND THAT I AM ENGAGING IN AN ACTIVITY THAT HAS NUMEROUS INHERENT RISKS THAT COULD LEAD TO MY SERIOUS INJURY (INCLUDING COMPLETE PARALYSIS) OR DEATH. I ACKNOWLEDGE THAT REMOVING THOSE RISKS IS NOT POSSIBLE AND ELIMINATING THOSE RISKS WOULD FUNDAMENTALLY CHANGE THE NATURE OF THE ACTIVITY AND WOULD JEOPARDIZE THE ESSENTIAL QUALITIES OF THE ACTIVITY.

IN FURTHER CONSIDERATION FOR ALLOWING PARTICIPANT TO PARTICIPATE IN THE ACTIVITY, I FURTHER RELEASE AND GIVE UP ANY AND ALL CLAIMS AND RIGHTS THAT I MAY NOW HAVE AGAINST ANY RELEASED PARTY AND UNDERSTAND THIS RELEASES ALL CLAIMS, INCLUDING THOSE OF WHICH I AM NOT AWARE, THOSE NOT MENTIONED IN THIS RELEASE AND THOSE RESULTING FROM ANYTHING WHICH HAS HAPPENED UP TO NOW.

4. I AGREE TO PAY ALL COSTS, INCLUDING ATTORNEYS' FEES, INCURRED BY ANY RELEASED PARTY IN DEFENDING AN INVESTIGATION, CLAIM, OR LAWSUIT BROUGHT BY OR ON PARTICIPANT'S BEHALF WHETHER ARISING IN WHOLE OR IN PART FROM PARTICIPANT'S PARTICIPATION IN ANY ACTIVITY OR FROM ANY MISREPRESENTATIONS OR FRAUDULENT EXECUTION OF THIS AGREEMENT.
5. I represent that Participant is in good health and that there are no special problems associated with Participant's physical or mental condition that would enhance the risks of my participation in the Activity, that would increase the likelihood of my injury and/or death, or that would interfere with my safety in the Activity. I authorize a licensed physician or other medical care provider to carry out any emergency medical care for Participant which may be necessary and agree to be fully responsible for any costs associated with such care or transport to such care.
6. I grant the Released Parties the right of publicity to own and use any image collected of Participant while participating in the Activity. YES ☐ NO ☐
7. I agree that any and all claims for loss, injury, and/or death arising from Participant's participation in the Activity shall be governed by the law of the State of Washington and that exclusive jurisdiction of any such claim shall be in a court of competent jurisdiction in the in the State of Washington, County of Spokane.
8. BY SIGNING ON BEHALF OF A MINOR OR OTHER PARTICIPANT, I REPRESENT THAT I AM AUTHORIZED TO SIGN ON PARTICIPANT'S BEHALF and/or I AM THE PARENT OR LEGAL GUARDIAN OF THE MINOR PARTICIPANT and acknowledge that Participant is bound by all the terms of this Agreement. I acknowledge that the Activity entails known and unanticipated risks that could result in physical or emotional injury, paralysis, or death to Participant as well as damage to property, or to third parties. I understand that such risk cannot be eliminated without jeopardizing the essential qualities of the activity. I assume the risk and financial responsibility for any injury, illness, or liability resulting from Participant's participation. I waive any claims and agree to hold harmless and not sue Released Parties from all claims or liability arising out of Participant's participation. I have been made aware of the itinerary and give permission for Participant to ride in the vehicle designated by the staff of the City of Spokane Park & Recreation Division while attending or participating in the Activity, and I understand this release/waiver applies with equal weight to any claim arising from riding in a vehicle, including entering or exiting the vehicle. I certify that the Participant has no medical or physical conditions that could interfere with his/her safety in this activity, or else I am willing to assume and bear the costs of all risks that may be created, directly or indirectly, by any such condition.

In case of emergency involving Participant, I understand every effort will be made to contact me. In the event I cannot be reached, I authorize a qualified physician/surgeon selected by City of Spokane personnel to examine and in the event of injury or serious illness administer emergency care to the above-named participant which may include hospitalization, anesthesia, surgery, or injections of medication for Participant. I understand every reasonable effort will be made to contact me to explain the nature of the problem prior to any involved treatment. In the event it becomes necessary for City of Spokane Parks & Recreation staff or volunteers to obtain emergency care for Participant, I agree that neither the City of Spokane nor any of its personnel assumes financial liability for expenses incurred because of the accident, injury, or illness.

9. I understand that this Agreement will apply for each and every day Participant participates in any Activity. I understand that this Agreement is a contract and, to the fullest extent permitted by law, shall be binding on me and my assignees, subrogors, distributors, heirs, next of kin, executors and personal representatives. If any part of this Agreement is deemed to be unenforceable, the remaining terms shall be an enforceable contract between the parties.

MINOR PARTICIPANT INFORMATION – requires Parent/Guardian to complete, sign & date below

Minor – Last Name, First name, M.I. (print) Date of birth (MM-DD-YYYY)

ADULT PARTICIPANT INFORMATION – required to complete, sign & date below

Adult/Parent/Guardian - Last, First, M.I. (print) Date of birth (MM-DD-YYYY)

Signature Date

Emergency Contact (print) Relation Phone number



Assumption of Risk and Waiver of Liability

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people. The City of Spokane Parks and Recreation Department (SPRD) has created new protocols and put in place preventative measures to reduce the spread of COVID-19; however, SPRD cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, attending any program may increase yours and your child(ren)s' risk of contracting COVID-19.

.....

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending SPRD programs, activities, or events, and that such exposure or infection may result in personal injury, illness, permanent disability, and/or death. I understand that the risk of becoming exposed to or infected by COVID-19 from participation in SPRD programs may result from the actions, omissions, or negligence of myself and others, including, but not limited to, SPRD employees, volunteers, and program participants and their families. I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself including, but not limited to, personal injury, disability, death, illness, damage, loss, claim, liability, or expense of any kind that I or my child(ren) may experience or incur in connection with my or my child(ren)s' attendance at SPRD programs. On my behalf, and on behalf of my child(ren), I hereby release, covenant not to sue, discharge, and hold harmless SPRD, City of Spokane, and their officials, employees, agents, and representatives, from and against any and all liability, claims, demands, actions, causes of action, damages, and expenses arising or in any way related to my or my child(ren)s' attendance at SPRD programs. I understand and agree that this release and covenant not to sue includes, but is not limited to, any claims related to COVID-19 based on the actions, omissions, or negligence of SPRD, City of Spokane, or their officials, employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any SPRD program.

Signature of Parent/Guardian

Print Minor Participant Name

Date

Signature of Adult Participant

Print Adult Participant Name

Date

Required Contact Tracing Information:

Phone Number _____

Email address _____