summer ACTIVITY guide

New Summer Adventures!

AQUATICS ◆ SPOKANE RIVER SHUTTLE SERVICE ◆ KAYAKING WIDE VARIETY OF SUMMER CAMPS ◆ SUMMER DISC GOLF LEAGUE STAND UP PADDLE BOARDING ◆ TONS OF ADAPTIVE ACTIVITIES









POOLS



RIVER FRONT



PRIVATE FAMILY TOURS!

Private guided hiking, kayaking and standup paddle boarding tours now available. Don't forget to book your summer outings now. These tours fill up fast!

\$20 - \$49/person.
Call 509-363- 5414 or email rgriffith@spokanecity.org





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The Spokane Parks & Recreation team is so excited to offer a robust summer program catalogue with something for everyone! This is our first printed guide since spring of 2020! The guide will be available electronically as well at www.spokaneparks.org.

Our top priority continues to be meeting the health and safety needs of our participants, campers and staff, while providing positive and enriching experiences for all, in accordance with the current Phased Reopening guidance

We're thrilled to re-open pools and splash pads this year. Though the experience will look a little different, they will still be wonderful ways to cool down and enjoy the summer together. We'll offer free open swimming starting July 5! Due to limited capacity requirements, pools will require reservations for free open swim – we want to give everyone a chance to get into the water.

We plan to open a percentage of our Splash pads in Mid-June; current guidance requires capacity limits be monitored and enforced creating the need for additional staffing to be in compliance. We will keep updated information on our website as these plans continue to develop.

Whenever pandemic protocols loosen or are lifted we are prepared to make program adjustments accordingly. Please visit www.spokanerec.org for the most up-to-date COVID program impacts. These continue to be unprecedented times. It is important that everyone takes personal responsibility in following current guidelines, and our staff will do the same. To keep updated on the status of COVID-19 impacts to our programs, please visit SpokaneRec.org. Be sure to sign up for the Spokane Parks and Recreation newsletter for the most up to date information at www.spokaneparks.org/newsletters.

Let's enjoy a wonderful summer together!

KNOW YOUR REC STAFF

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Aquatics

LAP SWIM

Adult Lap Swim Schedule

Lap lane reservations are available for individuals 16-years or older who want to swim for fitness or therapeutic purposes. Reservations can be made up to one week in advance. Please note, voicemail and email reservation requests will not be accepted. Up to but no more than 2 swimmers allowed per lane. Masks are required at all times unless you are in the water.

PRE-SEASON LAP SWIM SCHEDULE MAY 10 – JUNE 18 PRE-SEASON FEE: \$6 PER LANE HOUR			
Witter	ter Monday – Friday 11:00am – 2:30pm 50 meter lanes		
REGULAR SE	ASON LAP SWIM SCHEDULE JUNE 21	– AUGUST 27 REGULAR SEASON	FEE: \$4 PER LANE HOUR
Witter	Monday – Friday	10:00am – 12:15pm	50 meter lanes
	Monday – Friday	12:30pm – 1:30pm	50 meter lanes (6/21 – 7/2)
Comstock	Monday – Thursday	5:45am – 7:30am	50 meter lanes
	Friday	6:00am – 8:15am	50 meter lane
	Saturday	7:30am – 9:45am	50 meter lanes
Shadle	Saturday	10:00am – 12:15pm	25 yard lanes
POST-SEASON LAP SWIM SCHEDULE AUGUST 30 – SEPTEMBER 17 POST-SEASON FEE: \$6 PER LANE HOUR			
Witter	Monday – Friday	11:00 – 2:30pm	50 meter lanes

Make Reservations

ONLINE @ SPOKANEREGORG

Under the lap swim reservation tab.

PHONE 509.755.2489

During regular business hours.

AQUATICS PROGRAMS

SWIM TEAM

Aqua Ducks | Novice Swim Team

8 weeks | Ages 6+ Is your little fish either aging out of swim lessons or has completed all levels but competitive teams aren't what you are looking for? Try out our novice team where the philosophy is to have fun while increasing swim endurance, refinement of the four Olympic strokes (breaststroke, backstroke, front crawl, butterfly), and learning starts and turns. Prerequisite: Ability to swim crawl stroke 50 yards unassisted. Swim meets will be held at **Witter** starting at 5:30pm on July 22 and August 19. \$210 includes meet fees.

<u>Comstock Intermediate:</u> Ages 9+, Must be able to swim 50 meters unassisted

meters	unassisted		
7903	MonThurs.	6/28-8/19	7:30-8:30am
Comsto	<u>ck</u>		
7904	MonThurs.	6/28-8/19	9-10am
7905	MonThurs.	6/28-8/19	5-6pm
<u>Shadle</u>			
7726	MonThurs.	6/28-8/19	5-6pm
Witter			
7906	MonThurs.	6/28-8/19	10:45am-11:45pm

AQUA FITNESS

AquaFit

Varies | Ages 18+ This ongoing aqua class is a mixture of deep and shallow water exercises. You can expect to experience aerobic, balance, muscle toning and core strengthening types of routines on a rotating basis. Come burn some calories in a fun and refreshing environment!

7912	Tues. & Thurs.	6/22-8/19	6:30-7:15pm	Witter	\$90
7913	Tues. & Thurs.	6/29-8/19	10:45-11:30am	Hillyard	\$90
7501	Sat.	7/3-8/21	9:30-10:20am	Shadle	\$36
7911	AquaFit 6 Visit Pu	ınch Pass			\$27



In these challenging times of COVID-19, we hope that Parks & Recreation can be a place to support your mental and physical health. In-person programs are modified in accordance with the Spokane Regional Health District, following the Governor's mandates for the current phase guidelines. Our top priority is to meet the health and safety needs of our patrons and staff, and to provide a safe, positive and fun experience for all, IN ACCORDANCE WITH THE SPECIFIC GUIDANCE FOR OPERATIONS. Whenever pandemic protocols loosen or are lifted we are prepared to make program adjustments accordingly. Please visit www.spokanerec.org for the most up-to-date COVID program impacts.

AQUATICS HOTLINE 509-625-6960

Get up-to-date information on pool closures, hours and more.



FREE SWIM SPLASHPASS

All Ages | \$0 Take full advantage of the summer by signing up for your free SplashPass and cooling off at the pool. By registering for your free SplashPass you will enjoy access to all six of the City of Spokane aquatic centers. Admission to the pools is free, but a no-cost SplashPass is required. SplashPasses provide:

- Free admission during Open Swim hours
- Notification of pool events and closures (opt-out available)
- Acknowledgement and acceptance of important pool rules that are in place for your safety

You can register for your free SplashPass by going online at SpokaneRec.org or at any of our aquatic centers. Registration is free and takes less than 5 minutes. Parent/Guardian must sign the rules for children 17 and under.

Youth SplashPass (Ages 17 & Under)
 Adult SplashPass (Ages 18 – 54)
 Senior SplashPass (Ages 55+)



Aquatics

FREE OPEN SWIM

We are so excited to provide the community with free open swimming this year!

OPEN SWIM SCHEDULE JULY 5 – AUGUST 27				
All pools	Monday – Saturday	Pre-Registration REQUIRED		
	1:00 – 2:00pm			
2:15 – 3:15pm				
	3:30 - 4:30pm			
Evening	Evening Open Swim – Pre-Registration Required			
Comstock, Cannon, Hillyard	6:30pm – 8:30pm	Monday & Wednesday		
Liberty & Shadle	6:30pm – 8:30pm	Tuesday & Thursday		

RESERVATIONS REQUIRED

Our occupancies are reduced this year under COVID guidelines.

To help ensure everyone gets a chance to enjoy free open swimming, we're operating in 1-hour sessions. Reservations are required in advance, details below. These changes are mandated by the state.

RESERVATION PROCESS

To make a reservation for free open swim:

- ✓ Visit SpokaneRec.org and find the "Open Swim Reservation" tab, or call 509-755-2489 during regular business hours. Please note, voicemail and email reservation requests cannot be accepted.
- Reservations will be available on Mondays for the following week (example: reservations open July 5 for the week of July 12)
- ✓ A free SplashPass account is required to make a reservation.

To sign up or renew your free SplashPass:

Visit www.SpokaneRec.org and search for SplashPass, or call 509-755-2489.

- Each individual must be registered (including babies/infants), so we can monitor capacity numbers as required by the state. Anyone not registered will not be admitted into the pool area, whether swimming or not.
- You will be emailed a receipt for your swim reservation, please check it to ensure every person is listed.
- Reservations can be made for household members only.

CANCELLATION & NO SHOW POLICY

- Cancellations may be made up to 8am on the day of your swim session. After 8am any cancellation will be treated as a no-show. We prefer that you cancel by emailing aquatics@spokanecity.org. If you do not have access to email please call 509-625-6960.
- There will be a strict penalty for no-shows and cancellations after 8am on the day of the reservation. One offense will be forgiven but upon the second offense your entire household will be suspended from reserving swim sessions for one week.
- If a patron is not able to attended their reservation they cannot give it to someone else (no swapping). Each individuals name must match what is on the roster. Adults may be asked to show ID.

HEALTH & SAFETY PRECAUTIONS

- Patrons may begin to line up at the entrance no more than 15 minutes before their reservation time. Please maintain social distancing and wear a face mask while in line.
- · Patrons are encouraged to only bring few necessities on deck, leave the rest of their belongings in their car or at home.
- Prior to entry, one member of the party (who must be at least 18 years old) will have to answer health screening questions on behalf of their entire group. If any does not pass the health screening the entire party will be denied entry.
- To gain access to our facility participants must wear face masks the entire time, except for when they are actually in the water.
- To maximize your swim time, please arrive in your swim attire.
- Patrons will be granted access to the facility at the designated entrance, one at a time, at the start of their registered time slot.
- No equipment will be available to patrons; they are encouraged to bring their own preferred swim equipment.
- Patrons will be asked to exit the water at the end of their registered time slot, regardless of time they entered the water.
- Patrons will dry and gather their belongings and will be ushered off deck, using the designated exit gate.
- Patrons are required to maintain 6 feet physical distance while in the facility locker rooms.
- Minors under the age of 18 are required to have an adult from the same household present during the reservation at all times.
- Parents are required to be in the water at all times with all children 9 and under.
- All other pool rules will still apply and can be found on our website.
- All rules are subject to change without notice.

TRAINING & CERTIFICATION COURSES

NEW Babysitter Training Course

Ages 11-15yrs. This is an interactive class designed by the American Red Cross to prepare students to be better babysitters. Topics include how to stay safe; what to do in an emergency; how to choose age-appropriate activities; and how to recognize and handle a variety of behaviors. Students will also learn the basics of starting a babysitting business. The course consists of six interactive modules featuring video, activities, games and tools babysitters can use to build their knowledge and skills and manage their babysitting business. This course includes a final exam at the end, and students who successfully complete the course will receive an American Red Cross certificate. Participants should bring a sack lunch. Space is limited so register early. Witter Aquatic Center 1208 E Mission Ave \$65

7907	Tues Thurs.	5/18, 5/19, & 5/20	5-7pm
7909	Sun.	6/6	10am-4pm
7910	Tues Thurs.	6/29, 6/30 & 7/1	1-3pm

Aquanautic Safety Instructor

2 Weeks | Ages 15+ Learn to teach water safety, survival, and swimming skills to all ages. This course will certify you to instruct for the City of Spokane Aquatic Dept. only, and will allow you to earn the same wage as a WSI if employed with the City of Spokane Aquatic Dept. This is not a nationally recognized certification, but for the City of Spokane. Prerequisite: minimum 15 years old; pass all pre-course swimming tests administered the first class session. **Witter Aquatic Center 1208 E Mission Ave** \$75

7060	Fri.	5/7 & 5/14	5-9pm
	Sat.	5/8 & 5/15	10-5pm
7059	Fri.	6/4 & 5/11	5-9pm
	Sat.	6/5 & 5/12	10-5pm



Lifeguard Training Course

2 Weeks | Ages 15+ If you are looking for the perfect summer job, this course is for you. As a certified lifeguard you will be responsible for ensuring people's safety in and around the water. This course will cover CPR- PR, First Aid, and lifeguarding. Textbooks included. Prerequisite: minimum 15 years old; pass all pre-course tests. Witter Aquatic Center, 1300 E Mission Ave. \$175

7061	Fri.	6/4 & 6/11	5-9pm
	Sat. & Sun.	6/5-6/6 & 6/12-6/13	9am-5pm
7062	MonFri.	6/21-6/25	10am-4pm
7064	Fri.	8/13 & 8/20	5-9pm
	Sat./Sun.	8/14-8/15 & 8/21-8/22	9am-5pm

<u>Lifeguard/CPR Recertification Course</u>

2 Weeks | Ages 15+ Lifeguarding review classes are designed to help you update your skills while also extending your certification for another two years. You must have prior certification in Lifeguarding, First Aid & CPR. Witter Aquatic Center, 1300 E. Mission Ave. \$70

7055	Fri.	6/4 & 6/11	5-9pm
	Sat.	6/5 & 6/12	9am-5pm
7056	MonFri.	6/21-6/25	9am-5pm
7057	Fri.	8/13 & 8/20	5-9pm
	Sat.	8/14 & 8/21	9am-5pm

SPECIAL EVENTS

Doggie Dip

1 Day | All Ages The pools have gone to the DOGS! Bring your four-legged friend to the last splash of the season! Along with SpokAnimal, we hope to have fun, raise awareness and funds for the High Bridge Dog Park. Drop-ins/donations welcome at the door. All pools except Witter. Fee \$10 per dog. Proof of rabies vaccination required.

Sun.	8/29	3-4:30pm	Comstock
Mon.	8/30	5:30-7pm	Shadle
Tues.	8/31	5:30-7pm	Hillyard
Wed.	9/1	5:30-7pm	A.M. Cannon
Thurs.	9/2	5:30-7pm	Liberty





Aquatics

DIVING LESSONS

Beginner Springboard Diving Lessons

2 Weeks I Ages 8+ In this introduction to springboard diving course, participants will learn the basic approaches, body positions, and dive entries. Safety will be stressed while learning fundamental dives. Divers will graduate when they can perform basic dives in the forward and backward classifications. Depending on individual skills, spins may be introduced. \$52

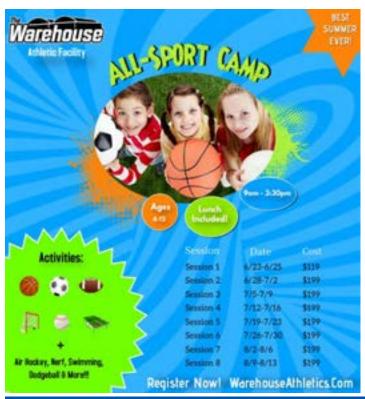
Liberty Aquatic Center, 502 S. Pittsburg St.

7892	ivion. – Thurs.	//5 - //15	10 – 10:45am
7893	Mon. – Thurs.	7/19 - 7/29	10 – 10:45am
7894	Mon. – Thurs.	8/2 - 8/12	10 – 10:45am
Hillyard	Aquatic Center	, 2600 E. Columbia	
7896	Mon. – Thurs.	7/5 - 7/15	12 – 12:45pm
7897	Mon. – Thurs.	7/19 - 7/29	12 – 12:45pm
7898	Mon - Thurs	8/2 - 8/12	12 – 12·45nm

Advanced Springboard Diving Lessons

2 Weeks I Ages 8+ Divers who have completed the beginning courses or by permission of the instructor are welcomed to join the advanced class to further sharpen their skills while learning advanced techniques. Divers will continue to develop their skills by introducing inward, reverse, and twists dive categories. Hillyard Aquatic Center, 2600 E. Columbia \$52

7900	Mon. – Thurs.	7/5 – 7/15	5 – 6pm
7901	Mon. – Thurs.	7/19 – 7/29	5 – 6pm
7902	Mon. – Thurs.	8/2 – 8/12	5 – 6pm



LIFEGUARD CAMP

NEW Jr. Lifeguarding Camp

2 Weeks | Ages 10-15yrs. Participants learn what it takes to be a Spokane Aquatics Lifeguard by introducing them to water safety, rescue skills, first aid, CPR, health and wellness, and sustainability. Camp participants will learn the ins and outs of pool operations beyond what happens on deck. Through games and fun activities, swimming and diving skills will be refined and endurance increased. This camp goes beyond fun, it will prepare your child to take a lifeguard class or join our Aqua Ducks Novice Swim Team. Prerequisite: demonstration of Barracuda skills. Please note that this camp does not certify your child to become a lifeguard. If you are interested in becoming a certified lifeguard, visit our lifeguarding course page. \$75

Comstock

7393	Mon. – Thurs.	6/21 – 7/1	9 – 11:15am
7392	Mon. – Thurs.	7/5 – 7/15	9 – 11:15am
7394	Mon. – Thurs.	7/19 – 7/29	9 – 11:15am
7395	Mon. – Thurs.	8/2 - 8/12	9 – 11:15am
7396	Mon. – Thurs.	8/16 - 8/26	9 – 11:15am
<u>Shadle</u>			
7722	Mon. – Thurs.	6/21 – 7/1	9 – 11:15am
7721	Mon. – Thurs.	7/5 – 7/15	9 – 11:15am
7723	Mon. – Thurs.	7/19 – 7/29	9 – 11:15am
7724	Mon. – Thurs.	8/2 - 8/12	9 – 11:15am
7725	Mon. – Thurs.	8/16 - 8/26	9 – 11:15am

WHAT SHOULD PARKS DO NEXT?

Be part of the conversation as we look to the next ten years for Spokane's parks and natural lands! Survey coming out mid-summer.

Sign up for updates at SpokaneParksMasterPlan.org



PRIVATE SWIM LESSONS

Private Swimming Lessons

All summer | All Ages Do you or your little one need one-on-one instruction? \$37 per person per half hour session

Comstock & Shadle Aquatic Centers

Cannon, Hillyard & Liberty Aquatic Centers

Mon.-Thurs., 12:00pm-12:30pm

Mon.-Thurs.,

12:10pm-12:40pm

Free Swim Clinics

1 Day | Ages 3-15 yrs. | \$0

The Spokane region is home to over 70 bodies of water offering numerous opportunities to enjoy swimming and other aquatic activities. The goal of the City of Spokane and the Spokane Parks Foundation is to offer free opportunities for participants to learn how to be safe in and around the water, and to teach, develop, and improve swimming skills. Preregistration is required with a maximum of 15 participants per session. Sponsored by The Spokane Parks Foundation

AM Cannon Aquatics Center:
1900 W. Mission
(Maxwell & Elm)

(IVIAXWEII & LIIII)						
6/26	11:30am-12pm	7807				
6/26	12-12:30pm	7808				
7/2	11:30am-12pm	7809				
7/3	12-12:30pm	7810				
7/10	11:30am-12pm	7811				
7/10	12-12:30pm	7812				
7/17	11:30am-12pm	7813				
7/17	12-12:30pm	7814				
7/24	11:30am-12pm	7815				
7/24	12-12:30pm	7816				
7/31	11:30am-12pm	7817				

12-12:30pm

Hillyard Aquatic Center: 260 E. Columbia (Columbia & Market)

<u>[eolambia & Warketj</u>					
6/26	11:30am-12pm	7819			
	12-12:30pm	7820			
7/2	11:30am-12pm	7821			
7/3	12-12:30pm	7822			
7/10	11:30am-12pm	7823			
	12-12:30pm	7824			
7/17	11:30am-12pm	7825			
	12-12:30pm	7826			
7/24	11:30am-12pm	7827			
	12-12:30pm	7828			
7/21	11:30am-12pm	7829			
7/31	12-12:30pm	7830			

Liberty Aquatics Center: 1300 E. 5th (5th & Pittshurg)

(5th & Pittsburg)					
11:30am-12pm	7831				
12-12:30pm	7832				
11:30am-12pm	7833				
12-12:30pm	7834				
11:30am-12pm	7835				
12-12:30pm	7836				
11:30am-12pm	7837				
12-12:30pm	7838				
11:30am-12pm	7839				
12-12:30pm	7840				
11:30am-12pm	7841				
12-12:30pm	7842				
	11:30am-12pm 12-12:30pm 11:30am-12pm 12-12:30pm 11:30am-12pm 12-12:30pm 11:30am-12pm 12-12:30pm 11:30am-12pm 12-12:30pm 11:30am-12pm				

Be Responsible Rovers (a dog's guide to #RecreateResponsibly)

- R Research the forecast, trail reports, and where dogs are welcome
- Own dog-specific gear like poop bags, water bowl, first aid, treats, ID tags
- Venture out on a leash, it's safer for your dog and it's often the rule
- E Explore at your pup's fitness level because they need to build endurance just like their humans
- Remember trail etiquette like pack out your dog's poop, yield to other users, and stay on the trail
- S Stay safe and make good choices because getting exhausted, lost, or injured is ruff on everyone

7818



Thank You

With immense gratitude, City of Spokane Parks & Recreation wishes to thank the Spokane Parks Foundation for their generous financial assistance this year. The Spokane Parks Foundation has provided over \$15,000 in support of Swim Lesson Scholorships and **Drowning Prevention** Swim Clinics. The foundation has also donated \$5,000 to help offset costs to four of our summer camp programs including: Summer Day Camp at Merkel, **Outdoor Adventure** Camps, TRS Funshine Day Camp and Corbin Kids Summer Art Camps.







SUMMER LESSON LEVEL DESCRIPTIONS & GENERAL INFORMATION

Swim lessons are \$52 per child, per session.

Maximum enrollment is 4 children per class, minimum is 3 children.

Deadline for enrollment is the THURSDAY before the start of the next session.

Classes may be canceled due to inclement weather, unhealthy air quality, contamination, or other unexpected circumstances.

All efforts will be made to hold each class.

Tadpole | Parent Child \$52

2 weeks | Ages 6-36 months

- Climbing in and out of the pool
- Floating on front and back
- Arm and leg movements
- Parental knowledge of safe water practices

Prerequisite: Must be accompanied by adult

Seahorse | Beginner \$52

2 weeks | Ages 3-5

- Submerging underwater
- Supported floating
- Supported arm and leg movements
- Blowing bubbles with mouth and nose

Penguin \$52

Intermediate Beginner-Level 1

2 weeks | Ages 5-8

- Alternating leg and arm movements in forward motion
- Front and back glides
- Opening eyes underwater
- Entering and exiting the pool
- Prerequisite: demonstration of Seahorse skills

Turtle \$52

Advanced Beginner-Level 2

2 weeks | Ages 5-9

- Holding breath underwater
- Rolling from front to back
- Treading water
- Jumping independently into the water
- Changing direction while swimming front or back crawl
- Prerequisite: demonstration of Penguin skills

Stingray \$52

Intermediate-Level 3

2 weeks | Ages 6-10

- · Rotary breathing
- Coordination of arms, legs and breathing during front and back crawl
- Headfirst entry into the water
- Elementary backstroke
- Dolphin kick
- Scissor kick
- Breaststroke
- Prerequisite: demonstration of Turtle skills

Seal \$52

Intermediate-Level 4

2 weeks | Ages 7-11

- Swimming underwater
- Open turns
- Front and back crawl
- Breaststroke
- Sidestroke
- Butterfly
- Prerequisite: demonstration of Stingray skills

Barracuda \$52 Advanced Level 5

2 weeks | Ages 8-12

- Surface dive
- Flip turns
- Sculling
- Front and back crawl
- Breaststroke
- Sidestroke
- Butterfly
- Prerequisite: demonstration of Seal skills

Jr. Lifeguard Camp \$75

2 weeks | Ages 10-15yrs.

- Personal water safety
- Lifeguard readiness
- Fundamentals of diving
- Fitness swimming
- Aquatic facility operations
- Preparation for classes such as Water Safety Instructor, Lifeguard Training, and Novice Swim Team

Prerequisite: demonstration of Barracuda skills

Aqua Ducks | Novice Swim Team

\$210 includes meet fees

8 weeks | Ages 6+

- Endurance swimming
- All four Olympic strokes (breaststroke, backstroke, front crawl, butterfly)
- Competition starts
- Turns
- Prerequisite: Ability to swim crawl stroke 50 yards unassisted

REGISTER ONLINE SpokaneRec.org



WALL
City of Spokane Parks &
Recreation Class Registration
808 W. Spokane Falls Blvd.
Spokane WA 99201
'checks payable to City of Spokane





Call 311 or outside the city at 509.755.CITY Fax 509.625.6990





Aquatics

COMSTOCK AQUATIC CENTER: SWIMMING LESSONS

Ç	CIVISIV	JCK AC	ZUATIC	CLIVI	LIV. DV	VIIVII	VIIIVO L	-E220IA	<u> </u>
29th & Howard 600 W. 29th Ave	Tadpole Parent tot	Seahorse Preschool	Penguin Level 1	Turtle Level 2	Stingray Level 3	Seal Level 4	Barracuda Level 5	Junior Lifeguard Camp	Aqua Ducks Swim Team
		Session	1 6/21	7/1 N	lonThurs.				
9-9:30 am		7165	7224	7277	7330	7379	7202		
9:35-10:05 am	7137	7166/7167	7225	7278	7331			9-11:15 am	
10:10-10:40 am		7168	7226/7227	7280/7317	7332			7393	
10:45-11:15 am	7138	7169	7228	7279	7333	7380		-	
11:20-11:50 am	7139	7195	7229	7281	7334/7335	7381			
4:35-5:05 pm	7140	7170	7230	7282/7283	7336		7203		
5:10-5:40 pm		7171	7231/7232	7284	7337/7338	7382			
5:45-6:15 pm	7141	7172	7233	7285	7339/7340		7204		
6:20-6:50 pm	7939	7940	7941	7942	7943	7944	7945		
		Session	2 7/5-	7/15 N	lonThurs.				
9-9:30 am	7132	7157	7214	7266	7319	7376			
9:35-10:05 am		7158	7215	7267/7268	7320/7321			9-11:15 am	
10:10-10:40 am	7133	7159/7160	7216	7269	7375			7392	
10:45-11:15 am			7217	7270	7322/7323	7377	7200]	1st Time Slot
11:20-11:50 am	7134	7161	7218	7271/7276	7324				6/28-8/19 7:30-8:30am
5:10-5:40 pm	7135	7163	7220	7273/7274	7327/7328				7: 50-8:50a iii 7903
5:45-6:15 pm	7136	7164	7221/7223	7275	7329		7201		
		Session 3	7/19	-7/29 ľ	MonThurs.				
9-9:30 am		7173	7234	7286	7341	7383	7205		2nd Time Slot
9:35-10:05 am	7142	7174	7235/7265	7287	7342			9-11:15 am	6/28-8/19
10:10-10:40 am		7175	7236/7237	7288/7289	7343			7394	9am-10am
10:45-11:15 am	7143	7176	7238	7290	7344	7384			7904
11:20-11:50 am	7144		7239	7291/7292	7345/7346				
5:10-5:40 pm		7178	7241/7242	7294/7295	7349	7385			
5:45-6:15 pm	7146	7179	7243	7296	7350/7351		7207		3rd Time Slot
		Session	4 8/2-	8/12 N	lonThurs.				6/28-8/19 5pm-6pm
9-9:30 am	7147	7180	7244	7297	7352	7386			7726
9:35-10:05 am		7181/7198	7245	7298/7299	7353			9-11:15 am	
10:10-10:40 am	7148	7182	7246/7247	7300	7354			7395	
10:45-11:15 am			7248	7301	7355/7356	7387	7208		
11:20-11:50 am	7149	7183/7193	7249	7302/7318	7357				
5:10-5:40 pm	7150	7185	7251	7304/7316	7360/7361				
5:45-6:15 pm	7151	7186	7252/7253	7305	7362		7209		
		Session 5	8/16	-8/26 ľ	MonThurs.				
9-9:30 am		7187	7254	7306	7363	7389	7210		
9:35-10:05 am	7152	7188	7264	7307	7364/7365			9-11:15 am	
10:10-10:40 am		7189	7255/7256	7308/7309	7366			7396	
10:45-11:15 am	7153	7192	7257	7310	7367	7390			
11:20-11:50 am	7154		7258/7259	7311/7312	7368/7369				
5:10-5:40 pm		7194/7199	7261/7262	7314	7372	7391			
5:45-6:15 pm	7156	7191	7263	7315	7373/7374		7212		

HILLYARD AQUATICS CENTER

Columbia & Market 2600 E Columbia	Preschool Ages 3-5yrs.	Beginner Ages 5-9yrs.	Intermediate/ Advanced Ages 6-12 yrs.		
Sessi	on 1 6/21-	-7/1 MonT	MonThurs.		
11-11:30 am	6982	7022	7002		
11:30-12 pm	6983	7023	7003		
5:10-5:40 pm	6984	7024	7004		
5:45-6:15 pm	6985	7025	7005		
6:20-6:50 pm	7937	7938	7938		
Sess	sion 2 7/5-7	//15 MonTh	iurs.		
11-11:30 am	6978	7018	6998		
11:30-12 pm	6979	7019	6999		
5:10-5:40 pm	6980	7020	7000		
5:45-6:15 pm	6981	7021	7001		
Sessio	on 3 7/19-	7/29 Mon	Thurs.		
11-11:30 am	6986	7026	7006		
11:30-12 pm	6987	7027	7007		
5:10-5:40 pm	6988	7028	7008		
5:45-6:15 pm	6989	7029	7009		
Sessi	on 4 8/2-8	3/12 MonT	hurs.		
11-11:30 am	6990	7030	7010		
11:30-12 pm	6991	7031	7011		
5:10-5:40 pm	6992	7032	7012		
5:45-6:15 pm	6993	7033	7013		
Sessio	on 5 8/16-	8/26 Mon	Thurs.		
11-11:30 am	6994	7034	7014		
11:30-12 pm	6995	7035	7015		
5:10-5:40 pm	6996	7036	7016		
5:45-6:15 pm	6997	7037	7017		

LIBERTY AQUATICS CENTER

5th & Pittsburg 1300 E. 5th	Preschool Ages 3-5yrs.			
Sessi	on 1 6/21-	7/1 MonT	hurs.	
11-11:30 am	7072	7112	7092	
11:30-12 pm	7073	7113	7093	
5:10-5:40 pm	7074	7114	7094	
5:45-6:15 pm	7075	7115	7095	
6:20-6:50 pm	7932	7933	7936	
Sess	sion 2 7/5-7	/15 MonTh	iurs.	
11-11:30 am	7068	7108	7088	
11:30-12 pm	7069	7109	7089	
5:10-5:40 pm	7070	7110	7090	
5:45-6:15 pm	7071	7111	7091	
Sessio	on 3 7/19-7	//29 Mon	Γhurs.	
11-11:30 am	7076	7116	7096	
11:30-12 pm	7077	7117	7097	
5:10-5:40 pm	7078	7118	7098	
5:45-6:15 pm	7079	7119	7099	
Sessi	on 4 8/2-8	/12 MonT	hurs.	
11-11:30 am	7080	7120	7100	
11:30-12 pm	7081	7121	7101	
5:10-5:40 pm	7082	7122	7102	
5:45-6:15 pm	7083	7123	7103	
Sessio	on 5 8/16-8	3/26 Mon	Γhurs.	
11-11:30 am	7084	7124	7104	
11:30-12 pm	7085	7125	7105	
5:10-5:40 pm	7086	7126	7106	
5:45-6:15 pm	7087	7127	7107	

AQUATICS HOTLINE

509-625-6960

Get up-to-date information on pool closures, hours and more.



Aquatics

SHADLE AQUATIC CENTER: SWIMMING LESSONS

	01 17 12				<u> ITER: SWIMI</u>	VIII (110	
Wellesley & Belt 2005 W Wellesley	Tadpole Parent tot	Seahorse Preschool	Penguin Level 1	1 1	Stingray Level 3	Seal Level 4	Barracuda Level 5	Junior Lifeguard Camp	Aqua Ducks Swim Team
		Sess	ion 1	6/21-7/	1 MonThurs.				
9-9:30 am		7553	7558	7565	7574				
9:35-10:05 am			7559	7566	7575		7584	9-11:15am	
10:10-10:40 am	7551	7554		7567	7576			7722	
10:45-11:15 am			7560	7568	7577	7582]	
11:20-11:50 am		7555	7561	7569	7578	7549			
4-4:30 pm	7926		7922	7923	7924		7925		1
4:35-5:05 pm		7557	7562	7571	7579	7583			1
5:10-5:40 pm	7552	7556	7563	7572	7580				
5:45-6:15 pm	7587		7564	7573	7581		7585		
6:20-6:50 pm		7927	7928	7929	7930	7931			
			Saturd	lay Sessio	on 7/3 - 8/21]
9-9:30 am		7539							
9:30-10 am	7538]
		Sess	sion 2	7/5-7/1	L5 MonThurs.]
9-9:30 am			7594	7601	7608		7619		
9:35-10:05 am		7591	7597	7548	7609			9-11:15am	
10:10-10:40 am		7588		7605	7610	7616		7721	
10:45-11:15 am		7592	7595	7606	7611			1	
11:20-11:50 am		7589	7598	7602	7612	7617			1
5:10-5:40 pm		7590	7599	7604	7614	7618			1
5:45-6:15 pm	7550	7593	7596	7603	7615				
									4
		Sessi	ion 3	7/19-7/2	29 MonThurs.				6/28-8/19
9-9:30 am		Sess i 7630	7623	7/19-7/2 7540	MonThurs. 7638				5-6pm
9-9:30 am 9:35-10:05 am							7621	9-11:15am	
	7646		7623	7540	7638		7621	9-11:15am 7723	5-6pm
9:35-10:05 am	7646	7630	7623	7540 7541	7638 7639	7635	7621	-1	5-6pm
9:35-10:05 am 10:10-10:40 am	7646	7630	7623 7624	7540 7541 7542	7638 7639 7640	7635 7637	7621	-1	5-6pm
9:35-10:05 am 10:10-10:40 am 10:45-11:15 am	7646 7647	7630 7631	7623 7624 7625	7540 7541 7542 7543	7638 7639 7640 7641		7621	-1	5-6pm
9:35-10:05 am 10:10-10:40 am 10:45-11:15 am 11:20-11:50 am		7630 7631 7632	7623 7624 7625 7626	7540 7541 7542 7543 7544	7638 7639 7640 7641 7642		7621	-1	5-6pm
9:35-10:05 am 10:10-10:40 am 10:45-11:15 am 11:20-11:50 am 5:10-5:40 pm	7647	7631 7632 7634	7623 7624 7625 7626 7628	7540 7541 7542 7543 7544 7546	7638 7639 7640 7641 7642 7644 7645			-1	5-6pm
9:35-10:05 am 10:10-10:40 am 10:45-11:15 am 11:20-11:50 am 5:10-5:40 pm	7647	7631 7632 7634	7623 7624 7625 7626 7628 7629	7540 7541 7542 7543 7544 7546 7547	7638 7639 7640 7641 7642 7644 7645			-1	5-6pm
9:35-10:05 am 10:10-10:40 am 10:45-11:15 am 11:20-11:50 am 5:10-5:40 pm 5:45-6:15 pm	7647	7631 7632 7634	7623 7624 7625 7626 7628 7629 Sion 4	7540 7541 7542 7543 7544 7546 7547 8/2-8/1	7638 7639 7640 7641 7642 7644 7645 MonThurs.		7622	-1	5-6pm 7726
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9:35-10:05 am 10:10-10:40 am 10:45-11:15 am 11:20-11:50 am 5:10-5:40 pm 5:45-6:15 pm 9-9:30 am 9:35-10:05 am	7647 7648	7630 7631 7632 7634 Sess 7658	7623 7624 7625 7626 7628 7629 sion 4	7540 7541 7542 7543 7544 7546 7547 8/2-8/1 7677 7678	7638 7639 7640 7641 7642 7644 7645 2 MonThurs.	7637	7622	9-11:15am	5-6pm 7726
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9:35-10:05 am 10:10-10:40 am 10:45-11:15 am 11:20-11:50 am 5:10-5:40 pm 5:45-6:15 pm 9-9:30 am 9:35-10:05 am 10:10-10:40 am 10:45-11:15 am	7647 7648	7630 7631 7632 7634 Sess 7658 7659 7660	7623 7624 7625 7626 7628 7629 sion 4 7651 7652	7540 7541 7542 7543 7544 7546 7547 8/2-8/1 7677 7678 7679 7680	7638 7639 7640 7641 7642 7644 7645 2 MonThurs. 7667 7668	7637	7622	9-11:15am	5-6pm 7726
9:35-10:05 am 10:10-10:40 am 10:45-11:15 am 11:20-11:50 am 5:10-5:40 pm 5:45-6:15 pm 9-9:30 am 9:35-10:05 am 10:10-10:40 am 10:45-11:15 am 11:20-11:50 am	7647 7648	7630 7631 7632 7634 Sess 7658 7659 7660 7661	7623 7624 7625 7626 7628 7629 sion 4 7651 7652	7540 7541 7542 7543 7544 7546 7547 8/2-8/1 7677 7678 7679 7680 7681	7638 7639 7640 7641 7642 7644 7645 2 MonThurs. 7667 7668	7637 7664 7665	7622	9-11:15am	5-6pm 7726
9:35-10:05 am 10:10-10:40 am 10:45-11:15 am 11:20-11:50 am 5:10-5:40 pm 5:45-6:15 pm 9-9:30 am 9:35-10:05 am 10:10-10:40 am 10:45-11:15 am 11:20-11:50 am 5:10-5:40 pm	7647 7648 7674	7630 7631 7632 7634 Sess 7658 7659 7660 7661 7662 7663	7623 7624 7625 7626 7628 7629 sion 4 7651 7652 7653 7654 7656	7540 7541 7542 7543 7544 7546 7547 8/2-8/1 7677 7678 7679 7680 7681 7683	7638 7639 7640 7641 7642 7644 7645 2 MonThurs. 7667 7668 7669 7670 7672 7673	7637 7664 7665	7622	9-11:15am	5-6pm 7726
9:35-10:05 am 10:10-10:40 am 10:45-11:15 am 11:20-11:50 am 5:10-5:40 pm 5:45-6:15 pm 9-9:30 am 9:35-10:05 am 10:10-10:40 am 10:45-11:15 am 11:20-11:50 am 5:10-5:40 pm	7647 7648 7674	7630 7631 7632 7634 Sess 7658 7659 7660 7661 7662 7663	7623 7624 7625 7626 7628 7629 5ion 4 7651 7652 7653 7654 7656 7657	7540 7541 7542 7543 7544 7546 7547 8/2-8/1 7677 7678 7679 7680 7681 7683 7684	7638 7639 7640 7641 7642 7644 7645 2 MonThurs. 7667 7668 7669 7670 7672 7673	7637 7664 7665	7622	9-11:15am	5-6pm 7726
9:35-10:05 am 10:10-10:40 am 10:45-11:15 am 11:20-11:50 am 5:10-5:40 pm 5:45-6:15 pm 9-9:30 am 9:35-10:05 am 10:10-10:40 am 10:45-11:15 am 11:20-11:50 am 5:10-5:40 pm 5:45-6:15 pm	7647 7648 7674	7630 7631 7632 7634 Sess 7658 7659 7660 7661 7662 7663 Sessi	7623 7624 7625 7626 7628 7629 sion 4 7651 7652 7653 7654 7656 7657	7540 7541 7542 7543 7544 7546 7547 8/2-8/1 7677 7678 7679 7680 7681 7683 7684	7638 7639 7640 7641 7642 7644 7645 2 MonThurs. 7667 7668 7669 7670 7672 7673 MonThurs.	7637 7664 7665	7622	9-11:15am	5-6pm 7726
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9:35-10:05 am 10:10-10:40 am 10:45-11:15 am 11:20-11:50 am 5:10-5:40 pm 5:45-6:15 pm 9-9:30 am 9:35-10:05 am 10:10-10:40 am 11:20-11:50 am 5:10-5:40 pm 5:45-6:15 pm	7647 7648 7674	7630 7631 7632 7634 Sess 7658 7659 7660 7661 7662 7663 Sessi 7688	7623 7624 7625 7626 7628 7629 sion 4 7651 7652 7653 7654 7656 7657 sion 5	7540 7541 7542 7543 7544 7546 7547 8/2-8/1 7677 7678 7679 7680 7681 7683 7684 8/16-8/2 7700 7701	7638 7639 7640 7641 7642 7644 7645 2 MonThurs. 7667 7668 7669 7670 7672 7673 26 MonThurs. 7708 7709	7637 7664 7665	7622 7649	9-11:15am 7724	5-6pm 7726
9:35-10:05 am 10:10-10:40 am 10:45-11:15 am 11:20-11:50 am 5:10-5:40 pm 5:45-6:15 pm 9-9:30 am 9:35-10:05 am 10:10-10:40 am 11:20-11:50 am 5:10-5:40 pm 5:45-6:15 pm	7647 7648 7674	7630 7631 7632 7634 Sess 7658 7659 7660 7661 7662 7663 Sessi 7688	7623 7624 7625 7626 7628 7629 5ion 4 7651 7652 7653 7654 7656 7657 fion 5 7693	7540 7541 7542 7543 7544 7546 7547 8/2-8/1 7677 7678 7679 7680 7681 7683 7684 8/16-8/2 7700 7701 7702	7638 7639 7640 7641 7642 7644 7645 2 MonThurs. 7667 7668 7669 7670 7672 7673 26 MonThurs. 7708 7709 7710	7637 7664 7665 7666	7622 7649	9-11:15am 7724	5-6pm 7726
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CANNON AQUATICS CENTER

Maxwell & Elm 1900 W Mission	Pres	chool 3-5yrs.	Beginner Ages 5-9yrs.		Intermediate/ Advanced Ages 6-12 yrs.	
Sessi	on 1	6/21-7/		MonT	hurs.	
11-11:30 am	6857			6889	6873	
11:30-12 pm	68	358		6890	6874	
5:10-5:40 pm	68	359		6891	6875	
5:45-6:15 pm	68	360		6892	6876	
6:20-6:50 pm	79	946		7947	7948	
Sess	sion 2	7/5-7	/15	MonTh	urs.	
11-11:30 am	68	345		6853	6849	
11:30-12 pm	68	346		6854	6850	
5:10-5:40 pm	68	347		6855	6851	
5:45-6:15 pm	6848		6856		6852	
Sessio	on 3	3 7/19-7/		Mon1	hurs.	
11-11:30 am	68	361		6893	6877	
11:30-12 pm	68	362		6894	6879	
5:10-5:40 pm	68	363		6895	6880	
5:45-6:15 pm	68	364	6896		6881	
Sessi	on 4	8/2-8	/12	MonT	hurs.	
11-11:30 am	68	365		6897	6882	
11:30-12 pm	68	366	6898		6883	
5:10-5:40 pm	68	367	6899		6884	
5:45-6:15 pm	68	368	6900		6885	
Sessio	on 5	8/16-8	/26	Mon1	hurs.	
11-11:30 am	68	369		6901	6946	
11:30-12 pm	68	370		6902	6947	
5:10-5:40 pm	68	371		6903	6948	
5:45-6:15 pm	68	372		6904	6938	

Whenever pandemic protocols loosen or are lifted we are prepared to make program adjustments accordingly.

Please visit www.spokanerec.org for the most up-to-date COVID program impacts.

THE LITTLE SPOKANE RIVER SHUTTLE IS BACK!

Saturdays and Sundays

10am - 4pm | July 3 - September 5

Single Trip | \$10*
Season Pass | \$85**
Season Pass | You + A Guest | \$100**

*Per person. Canoes and kayaks only.
**Season pass purchase deadline July 1

REGISTER ONLINE AT SPOKANEREC.ORG UNDER THE OUTDOOR TAB



Corbin Kids Fine Arts & Craft Summer Camps

One-week workshops for ages 3 – 5yrs. and 6 – 11yrs.; pre-registration is required for all programs.

We have lots of new projects every year! You'll be working with paints, glues and much more, so plan to dress accordingly or bring a work shirt.

KIDS SUPERVISED LUNCH for Ages 3 – 5yrs.

For students registered in morning and afternoon camp sessions. Please send a lunch with your child's name on it, and plan for a fun-filled supervised hour for your youngster.

7416	Mon Fri.	\$7	6/7-6/11	11:30am - 12:30pm
7417	Mon Fri.	\$7	6/14-6/18	11:30am - 12:30pm
7418	Mon Fri.	\$7	6/21-6/25	11:30am - 12:30pm
7419	Mon Fri.	\$7	6/28-7/2	11:30am - 12:30pm
7420	Tues Fri.	\$5	7/6-7/9	11:30am - 12:30pm
7421	Mon Fri.	\$7	7/12-7/16	11:30am - 12:30pm
7422	Mon Fri.	\$7	7/19-7/23	11:30am - 12:30pm
7423	Mon Fri.	\$7	7/26-7/30	11:30am - 12:30pm
7424	Mon Fri.	\$7	8/2-8/6	11:30am - 12:30pm
7425	Mon Fri.	\$7	8/9-8/13	11:30am - 12:30pm
7426	Mon Fri.	\$7	8/16-8/20	11:30am - 12:30pm



PRESCHOOL SPECIALTY HALF DAY CAMPS

Ages 3 – 5 *Preschoolers MUST be Potty-Trained! All Camps are held at the Corbin Art Center, 507 W 7th Avenue. Please bring a snack and a water bottle...

JUNE 7-11

Tropical Forest Adventure!

1 week | Ages 3 – 5 Tigers, monkeys, birds and snakes Oh My! Come travel with us to a tropical rainforest! Learn about some of the animals, plants and insects that live there. Make lots of fun and wild animal art projects to display and wear. \$74

7427 Mon. - Fri. 6/7 - 6/11 9 - 11:30am

Little Art Masters!

1 week | Ages 3 - 5 Your little artist will explore the wonderful world of art through color, texture and more. Come and use paint, crayons, glue and scissors to create fabulous works of art to hang and display in your own home gallery. \$74

7428 Mon. - Fri. 6/7 - 6/11 12:30 - 3pm

REGISTER **ONLINE** SpokaneRec.org



Call 311 or outside the city at 509.755.CITY Fax 509.625.6990



JUNE 14-18

Storybook Art Sparkle!

1 week | Ages 3 - 5 Does your child love to look at and have you read books to them? We will read some of our children's storybook favorites and make some fantastically inspired art to go along with the story. Please bring a snack & a water bottle each day to camp. \$74

7429 Mon. - Fri. 6/14 - 6/18 9 - 11:30am

More Paint Please!

1 week | Ages 3 – 5 Put on your art smock and let's get painting! We will use watercolors, washable Tempera, and more to experiment with all kinds of painting techniques. Using various paint brushes and other alternative tools, we will create fantastic masterpieces! There will be a lot of freedom of expression in this camp, as young artists will be encouraged to experiment. \$74 12:30 - 3pm 7430 Mon. - Fri. 6/14 - 6/18

Corbin Art Center

PRESCHOOL SPECIALTY HALF DAY CAMPS

Please bring a snack and water bottle each day to camp.

JUNE 21-25

Castles, Princesses, Knights & Dragons!

1 week | Ages 3 – 5 Once upon a time there was an art camp where we created our own magical kingdom. Come and make shining armor helmets, shields, princess hats and crowns, wands and oh so much more. We will sculpt and paint dragons, make towers of our castles and make believe that we are royalty. \$74 7431 Mon. - Fri. 6/21 - 6/25 9 - 11:30am

Doodle Bug Art Fun!

1 week | Ages 3 – 5 Does your child love to draw, paint or just doodle? Is he/she fascinated about bugs? Come be a Doodle Bug artist! In this fun, creative camp, we will combine art and the study of insects. You never know what great works of bug art might develop. In this camp we will have fun learning some new and clever abstract techniques of creating insect art! \$74

7432 Mon. - Fri. 6/21 - 6/25

12:30 - 3pm

JUNE 28 - JULY 2

Passport to Fun!

1 week | Ages 3–5 Join our around-the-globe adventure! Explore countries, their unique animals and cultures. Get ready to stamp your passport in this fun camp as we learn, read stories about a new country each day such as China, Africa, and more. While making creative art and craft projects that symbolize the country of the day. \$74

7433

Mon. - Fri. 6/28 - 7/2

9 - 11:30am

Little Superheroes!

1 week | Ages 3 – 5 Do you love to dress up like your favorite superhero or villain? What awesome super-powers do you have? Do you run around and pretend you can fly? Then this is the camp for you! Come and make capes, masks, puppets and become a superhero for the week. Learn how to make secret messages that only your fellow superheroes know how to read so you can save the day from the villains. \$74

7434

Mon. - Fri.

6/28 - 7/2

12:30 - 3pm

Whenever pandemic protocols loosen or are lifted we are prepared to make program adjustments accordingly.

Please visit www.spokanerec.org for the most up-to-date COVID program impacts.

JULY 6-9

Crazy Clay Fun!

4 days | Ages 3 – 5 Does your child love to play with clay or Play Doh? Then your child will love this camp! Explore how to mix up some Do-it-yourself salt dough and more in this fun creative camp! We will sculpt with air dry clay, explore clay molding techniques, make salt dough and maybe even have some crazy fun with slime. \$64

7435 Tue. - Fri.

7/6 - 7/9

9 - 11:30am

Tiny Galactic Explorers!

4 days | Ages 3 – 5 Is your child one with the "force"? Do they love to come up with stories of fantastical creatures and heroes from other planets and star systems? Join us for this camp as we have "out-of-this-world" creative fun, while learning about these mystical knights who know how to teach peace and justice in the Universe! \$64

7436 Tue. - Fri.

7/6 - 7/9

12:30 - 3pm



JULY 12-16

Stomp! Chomp & Roar! Dino-Style!

1 week | Ages 3 – 5 Roar! Explore the wonderful world of dinosaurs, reptiles, and prehistoric birds. What did they eat? How did they sound? Where did they live? These are the questions that we will answer while making our own dino-o-rific craft projects and costumes. \$74

7437 Mon. - Fri.

7/12 - 7/16

9 - 11:30am

Fairies, Trolls & Gnomes in the Garden!

1 week | Ages 3 – 5 Does your child like to make fairy houses? Look for gnomes, trolls, fairies in their backyards, garden or park? Come and look in our wonderful garden and surrounding park for these elusive creatures! Then we will come inside to make lots of fantastic, glittery fairy, gnome and troll themed art. \$74

7438 Mon. - Fri.

7/12 - 7/16

12:30 - 3pm



PRESCHOOL SPECIALTY HALF DAY CAMPS

Please bring a snack and water bottle each day to camp.

JULY 19 - JULY 23

Round-Up Rodeo!

1 week | Ages 3 - 5 Howdy Buckaroo! Round up your child for this cowboy and cowgirl inspired camp! We will make some wearable costumes and make Wild West themed arts and crafts. This camp is sure to be a Rip-Roaring good time! \$74

7439 Mon. - Fri. 7/19 - 7/23 9 - 11:30am

Blast Off Into Space!

1 week | Ages 3 - 5 Let the countdown begin...5-4-3-2-1, blast off! We are heading for outer space and we need some space explorers to come on this fun, creative journey! Come and learn about the planets, stars, moons and much more while creating some fabulous galactic art. \$74

7440 Mon. - Fri. 7/19 - 7/23 12:30 - 3pm

JULY 26-JULY 30

Birds of a Feather!

1 week | Ages 3 - 5 Do you wish you could fly like a bird? How about swim like a bird? Then this camp is for you! Come make several aviary crafts and learn about many different species of birds. Campers will go on hikes around the park/garden to see birds, and look for their habitats around the Corbin Art Center. \$74

7441 Mon. - Fri. 7/26 - 7/30 9 - 11:30am

Wands, Wizards & Dragons! Oh My!

1 week | Ages 3 - 5 Abracadabra! Let the magic of this camp begin! Bring your young wizard to make their own magic wand, creative costume pieces, along with more fantastic, magical crafts. This camp is delightfully enchanting and loads of fun! \$74

7442 Mon. - Fri. 7/26 - 7/30 12:30 - 3pm

AUGUST 2-6

Squiggly Bugs and Slimy Slugs!

1 week | Ages 3 – 5 Is your child a budding entomologist?

Do we have the camp for you! Come learn about insects and how they eat, move, work and what makes them special. We'll read stories, go on nature walks to see what kind of insects live around us, create buggy artwork, costumes and make some super-buggy slime. Please bring a snack & a water bottle each day to camp. \$74

7443 Mon. - Fri. 8/2 - 8/6 9 - 11:30am

Beachy Sea Fun in the Sun!

1 week | Ages 3 - 5 Come dive with me under the sea and swim back up again to play on the beach! Splash into this week of sea inspired art and crafts. We will have lots of fun making fish and animal projects that live in and around our oceans, while learning some great facts. Of course there will be pirates, mermaids and much more. \$74

8/2 - 8/6 7444 Mon. - Fri. 12:30 - 3pm

AUGUST 9-13

Super Nature Explorers!

1 week | Ages 3 – 5 Come discover the world around you. Make a volcano and a leaf project along with other nature and science activities. Socializing and developing motor skills are included. \$74

7445 8/9 - 8/13 9 - 11:30am Mon. - Fri.

<u>Unicorns, Wizards, & Dragons, Oh My!</u>

1 week | Ages 3 – 5 Let the enchantment of this camp begin! Imagination and creativity are the name of the game for this camp! Your child will have a magical time creating costumes, crafts and many more mythological creatures. This camp is delightfully enthralling and loads of fun! \$74

7447 Mon. - Fri. 8/9 - 8/13 12:30 - 3pm

AUGUST 16-20

Animal Storybook Art!

Animal Storybook Art!

1 week | Ages 3 - 5 Get ready to Roar, Squawk, Hiss and become acquainted with some wonderfully, whimsical artists and their animal subjects. Come and explore the creative artwork of Eric Carle, Leo Lionni and more while using a variety of art supplies to create your own animal masterpieces. There will be fun art projects to make daily to display or even wear! \$74 7449 Mon. - Fri. 8/16 - 8/20 9 - 11:30am

Preschool Picassos! Best of Summer Camp

1 week | Ages 3-5 If you missed these fun camp projects the first time, or you want to experience them again, then come along with us for this wonderful art filled week. This camp includes our most popular art projects that were done the entire summer in the pre-school camps. You can become a pirate or a fairy, dabble in the sciences and even enjoy a nature expedition. \$75

7450 Mon. - Fri. 8/16 - 8/20 12:30 - 3pm

YOUTH SPECIALTY CAMPS AGES 6-11

Dress for a mess and please bring a lunch. Class held at the Corbin Art Center, 507 W 7th Avenue.

JUNE 21-25

There's A Dragon in the Art Room!

1 week | Ages 6 - 11 Do you love Dragons? How about Trolls, Unicorns, Mermaids and other mythological creatures? Come use your imagination, creativity and lots of art supplies to make your very own creatures. You will paint, glue and even sculpt these fantastical art projects! \$139

7467 Mon. - Fri. 6/21 - 6/25 9am - 3pm

Earth Science Rocks!

1 week | Ages 6 - 11 How does weather affect our planet? How are fossils, minerals, volcanoes made and why are rocks all different shapes? Come and discover the interesting rock formations that surround the Corbin Art Center and determine how they formed. Explore how rivers flow to oceans and lakes and why tsunamis, hurricanes and typhoons occur. This camp combines science with art activities. \$139

7468 Mon. - Fri. 6/21 - 6/25

9am - 3pm



JUNE 28-JULY 2

Colorful! Messy! Process Art!

1 week | Ages 6 - 11 Do you freeze at a blank piece of paper? Have no idea what you want to paint or draw? Here is a camp for you! We will learn how to come up with theme ideas, mix colors, apply paint, and incorporate found objects into your mixed media artwork. \$139

7471 Mon. - Fri. 6/28 - 7/2 9am - 3pm

Habitats are Hip!

1 week | Ages 6 – 11 Can you see plant shapes or even animals in your natural surroundings? How would you become invisible in your own backyard? What do these animals and plants need to survive? Learn about what living things that call the area around the Corbin Art Center their home. Join us for a nature hike to see what we can find, then go back into the art room to paint, draw or even sculpt it. \$139

7472 Mon. - Fri. 6/28 - 7/2 9am - 3pm



JULY 6-9

Crazy! Wacky! Sculptures!

4 days | Ages 6 - 11 Learn how to mix up your own doit-yourself salt dough and make a fantastic, sculpted project! Use our vast collection of recyclables to make a wacky 3-dimensional sculpture! Create paper masterpieces and even a crazily decorated headband or hat! The only limit in this camp is your imagination! \$119

7/6 - 7/9 9am - 3pm 7475 Tue. - Fri.

A Galaxy Far, Far Away!

4 days | Ages 6 – 11 Calling all student Galaxy Heroes! Are you prepared to embark on the greatest creative adventure ever seen in a galaxy far, far away? Join the teachings of the master-instructors of the Corbin Art Center and the wild universe of galactic art. Create fantastical creatures, imagine far off planets, learn to use the "force" to design your own cosmic masterpieces! \$119

7476 Tue. - Fri. 7/6 - 7/9 9am - 3pm





YOUTH SPECIALTY CAMPS AGES 6-11

JULY 12-16

Anime Art Madness!

1 week | Ages 6 – 11 Does your child love Anime characters and creatures? Then this is a camp for you! Join us and learn about the art of Japanese Anime and Manga. Draw, paint, sculpt to develop your own characters and create their quirky, unique personalities. Discover the tricks to creating the illusion of 3D and apply it to your own art. This camp includes creative thinking and storytelling techniques as your child develops their very own Anime art. Dress for a mess and please bring a lunch. \$139

7477 Mon. - Fri. 7/12 - 7/16 9am - 3pm

CAC Cretaceous Camp! A Prehistoric Adventure!

1 week | Ages 6 – 11 Come learn about Paleontology, the study of prehistoric life. You'll learn about the animals that walked the earth millions of years ago – dinosaurs, reptiles, fish, amphibians, prehistoric birds and more. Make costumes, dinosaur crafts, create your own fossils and learn how nature creates them. Dress for a mess and bring a lunch.. \$139

7478 Mon. - Fri. 7/12 - 7/16 9am - 3pm

JULY 19-23

Innovative Artist's Studio!

1 week | Ages 6 – 11 This fine art camp includes it all! Drawing, painting, printmaking and sculpture! Come use diverse materials, techniques and enjoy the creative process while still learning the basic elements of line shape, value, pattern, space and color. This camp is inspired by innovative artists of the 20th century, while using individual imagination and a ton of creativity to make your own personal masterpieces. Dress for a mess and bring a lunch. \$139

7481 Mon.-- Fri. 7/19 - 7/23 9am - 3pm

Look to the Stars!

1 week | Ages 6-11 Join us as we blast off for outer space! We need some super-adventurous space explorers to come on this interstellar, creative journey! Learn about the planets, stars, moons and much more while creating some fabulous galactic art. Design your own planet art creation, write its unique and cosmic story! Dress for a mess and please bring a lunch. \$139

7482 Mon. - Fri. 7/19 - 7/23 9am - 3pm

JULY 26-30

Harry's Laboratory "Don't Delay, This Camp Fills Fast"

1 week | Ages 6 – 11 Immerse yourself in potions class and create some magic, study dragons, magical creatures and wizardry. Experience magical twists and test your new skills to solve the mystery of "You-Know-Who's" curse. Dress for a mess and please bring a lunch. \$142

7485 Mon. - Fri. 7/26 - 7/30 9am - 3pm



AUGUST 2-6

Shapes, Lines & Landscapes!

1 week | Ages 6 – 11 Do you love to draw? This is the ultimate drawing camp! Learn how to draw and shade shapes, add lines, textures, and much more to your drawings. Incorporate all into a landscape along with how to use perspective to make it look more real. Use pencil, pen, oil pastels and even paint to create your own masterpiece. Dress for a mess and please bring a lunch. \$139

7488 Mon. - Fri. 8/2 - 8/6 9am - 3pm

Whale-vs-Shark & Oceans of Art!

1 week | Ages 6 – 11 Bring your future Oceanographers and Marine Biologists to learn about sharks, jelly fish, whales, their habitats, and much more. Create sea creatures with paint, paper, recycled materials and before you know it, your imagination will take you under the sea! We will explore ocean conservation, and what we can do to keep our oceans healthy. Dress for a mess and please bring a lunch. \$139

7489 Mon. - Fri. 8/2 - 8/6 9am - 3pm

YOUTH SPECIALTY CAMPS AGES 6-11

Dress for a mess and please bring a lunch.

AUGUST 9-13

<u>Summer Stage – Drama Camp "Don't Delay, This Camp</u> Fills Fast"

1 week | Ages 6 – 11Bye bye boredom! Come and have fun while learning imaginative theater activities that are designed to build confidence and boost creativity on stage and off. Students of all skill levels team together as they enjoy storytelling, improvisation and acting games. Final day of camp features a fantastic actor presentation for friends and family incorporating props and costumes designed by the students. \$139

7492 Mon. - Fri. 8/9 - 8/13

9am - 3pm

Creepy Crawlies Galore!

1 week | Ages 6 – 11 Do you have any bug lovers in your home? This camp is an excellent way to nurture your child's interest in the biological science of Entomology! Campers will learn about several different insects that live right around the Corbin Art Center and more that live around the world! There will be some fun experiments, along with some fantastic insect art projects for your child to do. We will take several nature hikes around the park/garden to identify what lives, flies and crawls around this beautiful area. \$139

7493 Mon. - Fri.

8/9 - 8/13

9am - 3pm

AUGUST 16-20

Best of Summer Camp

1 week | Ages 6 – 11 Our most popular activities and art projects are included so if you missed them the first time around or just want to experience them again. You can go on a space adventure, dabble in the sciences, make some fine art like Monet or Van Gogh and enjoy a nature expedition. \$142

7497 Mon. - Fri.

8/16 - 8/20

9am - 3pm

Ancient Art Treasure Hunters!

1 week | Ages 6 – 11 Curious about how art has evolved and changed over time? Why are there not more examples of Ancient art still today or where has it disappeared to in the sands of time? Let's go on an ancient art treasure hunt to explore several bygone civilizations! Come draw, paint and even sculpt to make art just like it was done at the beginning of mankind, and also learn a bit about the different cultures, ancient civilizations and their art techniques. \$139

7498 Mon. - Fri. 8/16 - 8/20 9am - 3pm



SEWING

Come Learn to Sew!

1 week | Ages 8 – 16 | Elizabeth Pike Designed for students with little or no prior sewing experience. Learn: threading, fixing tension, sew straight and curved seams and how to use a pattern. Sew a "Burrito" style pillowcase and a pair of pajama pants. By end of camp, participants will be able to tackle a simple sewing project with confidence. Sewing machines, handouts, and patterns are provided. Supply list included upon confirmation of registration. Class held at Let's Get Sewing! Studio at 8707 N. Wall St. 509-217-7049 \$139

7464	Mon Fri.	6/7 - 6/11	2 - 5pm
7469	Mon Fri.	6/21 - 6/25	9am - 12pm
7470	Mon Fri.	6/21 - 6/25	2 - 5pm
7479	Mon Fri.	7/12 - 7/16	9am - 12pm
7480	Mon Fri.	7/12 - 7/16	2 - 5pm
7486	Mon Fri.	7/26 - 7/30	9am - 12pm
7487	Mon Fri.	7/26 - 7/30	2 - 5pm
7490	Mon Fri.	8/2 - 8/6	9am - 12pm
7491	Mon Fri.	8/2 - 8/6	2 - 5pm
7499	Mon Fri.	8/16 - 8/20	9am - 12pm
7500	Mon Fri.	8/16 - 8/20	2 - 5pm

Sewing II - Intermediate

1 week | Ages 8 – 16 | Elizabeth Pike Here is where young sewists go beyond pillow cases and pajama pants into the world of gathering, zippers, and quilting. This class is for students who are very comfortable with threading and operating a sewing machine. Projects will be a different theme each summer month. June: Sewing Machine Cover or Tote, July: Trash'n Fash'n, August: Lively Leggings. Supply list included upon confirmation of registration. Class held at Let's Get Sewing! Studio at 8707 N.

Wall St. 509-217-7049 \$139

7465 Mon Fri. 6/14 - 6/18 7466 Mon Fri. 6/14 - 6/18	9am - 12pm 2 - 5pm 9am - 12pm
7/166 Mon - Eri 6/1/ - 6/18	· ·
7400 IVIOII I I I. 0/14 - 0/10	9am - 12nm
7483 Mon Fri. 7/19 - 7/23	Jaili - 12pili
7484 Mon Fri. 7/19 - 7/23	2 - 5pm
7495 Mon Fri. 8/9 - 8/13	9am - 12pm
7496 Mon Fri. 8/9 - 8/13	2 - 5pm
7495 Mon Fri. 8/9 - 8/13	9am - 12pm
7496 Mon Fri. 8/9 - 8/13	2 - 5pm

Open Sew!

1 week | Ages 8 – 16 | Elizabeth Pike In this camp students can bring a project of their choice, and work on it with supervision and assistance or choose from several studio projects. This class is for students who are very comfortable with threading and operating a sewing machine, are able to sew independently, and have some experience following commercial pattern instructions. Permission required to register for this camp; limited to 3 students. There is no supply list for this camp, as each student will bring their own project. Studio projects require a \$20 supply fee payable at first class. Feel free to call instructor to discuss projects: Class held at Let's Get Sewing! Studio at 8707 N. Wall St. 509-217-7049 \$139

7473	Mon Fri.	6/28 - 7/2	9am - 12pm
7474	Mon Fri.	6/28 - 7/2	2 - 5pm

MUSIC

Music Beginners PIANO Camp

3 days | Ages 8 – 12 Nine hours of total immersion into music with the piano! Students will learn to play the piano in a variety of styles, master the basics of rhythm and develop chord skills so they can play their favorite pop songs. Lots of fun activities to build confidence, teamwork, and music skills for life. All the students leave camp with new friends, memories to cherish, and a love for music! 9 hours of music immersion! (No prior music experience required) Classes held at Bartell Music Academy 418 E Pacific Ave. \$110

7494 Mon. - Wed. 8/9 - 8/11 9am - 12pm

REGISTER ONLINE SpokaneRec.org



MAIL US

City of Spokane Parks & Recreation Class Registration 808 W. Spokane Falls Blvd. Spokane WA 99201



*checks payable to City of Spokane



Call 311 or outside the city at 509.755.CITY Fax 509.625.6990



Outdoor Recreation

HIKING

Friends of Mt Spokane State Park Interpretive Hikes

Enjoy a series of interpretive hikes with the Friend of Mt Spokane and Spokane Parks and Recreation's knowledgeable and friendly guides. Learn the fascinating details of this historic mountain, enjoy the fresh air, amazing views and great company! Hiking Poles provided if needed. Bring plenty of water, snacks and dress for the weather. Pre-trip information emailed prior to your trip.

4 Summits Hike

1 day | Ages 15+ Hike to the tops of Mt. Kit Carson (5250'), Day Mountain (5057'), and Mt. Spokane (5883'), three of the eight named summits in Mt. Spokane State Park. We will also hit Beauty Mountain along the route. Guidebook author and Mt. Spokane Friends Group former president, Cris Currie will be your guide on this moderately challenging 6 mile interpretive hike that begins at the historic Cook's Cabin and CCC areas and ends at the Vista House. Everyone gets a ride down from the summit Vista House. Meet at Yokes Fresh Market 14202 N Market. Discover Parking Pass required if driving person vehicle. \$39 with transportation, \$35 without transportation.

7972 Sat. 7/10 9am-3pm



CCC Cabin Hike
1 day | Ages 15+ Starting at the snowmobile parking lot, we will head up the trail to Bald Knob Campground. After a water and snack break, we will jump on Trail 130 and cut across to Beauty Mtn and the CCC Cabin. This trail has some of the best views and vistas in the park and does not involve a huge amount of elevation gain. Great hike for beginners or intermediate hikers who want to learn a few of the best trails on the mountain. The CCC cabin is rich in history and not to be missed. Meet at Mt Spokane Snowmobile Parking Lot. Discover Parking Pass Required. \$35

7971 10am-1pm Sat. 6/26

Round the Mountain Hike

1 day | Ages 15+ If you're looking for the best workout in the park, you'd be hard-pressed to find something better than this, the longest trail. Circumnavigate the park's namesake peak by following Trail 130 "round-the-mountain" for nearly 12 miles of forested trail punctuated by the occasional open meadow. You will start at the Bald Knob Campground and head towards the ski runs. Once past the ski runs we will hook back up with Trail 130 to the backside of the mountain. This will take us to the north side of Day Mt. We will then climb up the back of Day Mt for a beautiful vista and then across the ridge and intersect the trail up Mt. Kit Carson. There we head down to the saddle and follow 130 back to Bald Knob. Our route is about 1,800 ft of total elevation gain and 11 miles of beautiful trails. Bring plenty of snacks, lunch and water. We will take a couple breaks along the trail, but this is a good long hike, so be prepared. Meet at Mt Spokane Bald Knob Campground. Discover Parking Pass Required. \$39

7/24 7976 Sat. 9am-3pm



Huckleberry Hike

1 day | Ages 15+ The Hike will take you out to some of the Huckleberry Patches at Mount Spokane. This hike is not to pick a bunch of the berries but to spot them and identify the leaves and learn about this wild fruit. The berries ripen at different times every year, so they could be green. The season typically goes from the last week of July to the end of August. You will learn techniques for picking, container types and storing berries in your pack for the hike back. The other consideration is the patch we go to could be already picked. We are leaving out the location for that very reason, but this hike is led by a huckleberry expert who will take you to berry nirvana, hopefully. The hike is approximately a 5-mile hike with lots of breaks. There will be a fair amount of off trail hiking so long pants are recommended. Please bring water and a snack. Meet at Mt Spokane St Park Trailhead To Be Determined. Discover Parking Pass Required. \$35

7978 Sat. 8/7 10:00 am-2:00 pm



DISHMAN HILLS CONSERVANCY HIKES

Explore with DHC knowledgeable guides on some fun interpretive hikes through these beautiful areas around Dishman Hills. Fee includes membership to the DHC!

Hiking the New Flying L Trail

1 Day | Ages 14+ This hike will be 4.4 miles round trip and gains 600 feet of elevation. Explore the new Phillips Creek Trail with a Dishman Hills Conservancy guide. Enjoy an easy to moderate hike with great views. Hear about the plans to connect the Dishman Hills from Camp Caro to Stevens Creek Trailhead. Bring snacks and water! Pre-trip information will be emailed after registration. Fee includes membership to the DHC through 2021. Meet at Phillips Creek Trailhead 4102 S. Sunderland Dr. \$25

7993 Sat. 6/19 8am-11am

Hiking Big Rock and the Rocks of Sharon

1 Day | Ages 14+ This hike will be 2.2 miles round trip and gains 600 feet of elevation. Explore the Stevens Creek Trail with Dishman Hills Conservancy (DHC) guides. Hike to Big Rock with spectacular rock outcroppings and sweeping views over the Palouse. Hear about the plans to connect the Dishman Hills from Camp Caro to Stevens Creek Trailhead. Bring snacks and water! Pre-trip information will be emailed after registration. Fee includes membership to the DHC through 2021. Meet at Stevens Creek Trailhead 9201 S. Stevens Creek Rd. \$25

 7994
 Sat.
 7/10
 8am-10am

 7995
 Sat.
 9/4
 8am-10am

Hiking Eagle Peak

1 Day | Ages 14+ This hike will be 2.5 miles round trip and gains 400 feet of elevation. Explore the trails within the Dishman Hills Natural Area, the oldest section of conservation land in the Dishman Hills with DHC guides. Hike to the top of Eagle Peak (2425 feet) with sweeping views over the Spokane Valley and Mt. Spokane. Hear about the plans to connect the Dishman Hills from Camp Caro to Stevens Creek Trailhead. Bring snacks and water! Pre-trip information will be emailed after registration. Fee includes membership to the DHC through 2021. Meet at Camp Caro Trailhead 300 S. Sargent Rd., Spokane Valley. \$25

7996 Sat. 8/7 9am-12pm

Whenever pandemic protocols loosen or are lifted we are prepared to make program adjustments accordingly.

Please visit www.spokanerec.org for the most up-to-date COVID program impacts.

DISC GOLF

Summer Disc Golf League in Coeur d' Alene Park 3 weeks | All Ages Learn to play disc golf with US Youth Disc Golf Association and The General Store. The park will be turned into a temporary 9 hole disc golf course for weekly clinics and competitions this summer! Bring the entire family and enjoy this great sport all together. Includes prizes, disc, instruction, course play and trick shot holes. A tournament in the park will be held on August 28 for those who qualify over the summer league. Bring your own hand sanitizer and a mask. \$29 individual, \$50 per couples, \$20 each additional player. Call 509-755-2489 for discounted registration. Location is Coeur d' Alene Park 2195 W 2nd Ave. \$29

7730 Sat. 7/10-7/24 10am-1pm 7731 Sat. 7/31-8/14 10am-1pm

STAND UP PADDLEBOARDING

Paddleboard Tour Plese Flats

1 day | Ages 15+ Let the sights and sounds of nature surround you on this flat water paddleboard tour on the Spokane River. We will start out with an intro lesson and then its paddle time! This will be a peaceful paddle through the preserved Riverside State Park. Discover Parking Pass Required: discoverpass.wa.gov. Meet at Riverside State Park Plese Flats. \$25

7745 Sat. 8/7 10am-Noon 7746 Sat. 8/7 12:30-2:30pm

Paddleboarding at Fish Lake Family

1 day | Ages 8+ Bring the family for a fun evening paddle at the quiet and peaceful Fish Lake. This Spokane County Lake is a great place to paddle and to learn the basics! All equipment and instruction provided. discoverpass.wa.gov Meet at Fish Lake Public Boat Launch 14314 S Myers Park Rd, Cheney WA. \$25

7742	Wed.	6/23	6-8pm
7743	Wed.	7/28	6-8pm
7744	Wed.	8/11	6-8pm

Paddleboarding Horseshoe Lake

1 day | Ages 15+ This small lake is amazing for paddleboarding! Learn the basics and paddle your way to the waterfall and enjoy the scenic landscape in this area. Guides, instruction, and paddleboarding gear are included. Directions emailed after registration. Discover Pass Required: discoverpass. wa.gov Meet at Horseshoe Lake Public Boat Launch 4962 Horseshoe Lake Rd Deer Park WA. \$29

7916	Thurs.	7/8	5:30-8pm
7917	Thurs.	7/29	5:30-8pm

Outdoor Recreation

YOUTH OUTDOOR CAMPS

Wilderness Survival Camp Advanced Survival

Ages 9-14yrs. This camp goes in depth into critical survival skills using fun, challenging scenarios. Participants work on their own and in teams to problem solve various skills challenges such as shelter, fire, tool use, knife safety, traps, rope and knots, plant uses, animal tracking, primitive skills, navigation and more (we can't cover all of it in one week!) Instructors help participants build initiative, self control, confidence and communication skills while making new friends. We play survival themed games and the week ends with an exciting final scenario and a certificate of achievement. Bring appropriate clothing, snacks and lunch. Call Coyle Outside for details about curriculum 541-760-0774. Pre-Camp information emailed after registration. Meet at Camp Sekani Park 6707 E Upriver Drive. \$299

6460 Mon.-Fri. 7/12-7/16 9am-4pm



Disc Golf Super Summer Camp!

5 days | Ages 10-18 Learn and discover new skills and talents or bring your game up with personal skill development. Enjoy being outside in nature, building new friendships and playing disc golf! A final tournament will conclude the week with prizes, and all students receive a new beginner or advanced disc. Camp operated by US Youth Disc Golf Association. Parent information emailed prior to the start of camp. Meets at Camp Sekani Park 6722 E Upriver Drive \$129

Ages 10-13

6/93	ivionFri.	//12 - //16	9:30am – 1:30pm
7727	MonFri.	8/9 – 8/13	9:30am – 1:30pm
Ages 14	<u>4-18</u>		
6701 N	lon -Eri	9/22 _ 9/27	0.20am - 1.20nm

Adaptive Summer Adventure Camp!

3 days | Ages 8-15yrs. Spokane's first ADAPTIVE CAMP is here! A three day experience providing outdoor recreation activities for youth with physical disabilities. Learn how to indoor rock climb at Wild Walls climbing gym, play Disk Golf, and Kayak/Paddle on flatwater. Scholarships for free or reduced camp fees available. Please call (509) 363-5414 for more information! Additional information and meeting locations emailed by request or after registration. 1st day of camp meets at Loma Vista Park 7740 Mon.-Wed. 7/19-7/21 10am-2pm

Horseback Riding Camps

1 week | Ages 8-13yrs. Begins daily at 8:45am till Noon. Open to beginners and kids of all levels of experience. Limited to 20 participants working in groups of 5 for both riding and educational group activities.. Each group has a qualified adult supervisor at all times. While on horseback, each rider has a helper as needed in addition to the Instructor. Programs for 2nd year and experienced riders. 15 minutes from downtown; less than 20 minutes from most South Hill locations. Required equipment bicycle helmet, long pants, boots. Meet at Relational Riding Academy, 3714 W Anderson Rd, Cheney WA. \$250

6764	Mon-Fri.	6/21-6/25	8:45am - Noon
6765	MonFri.	7/12-7/16	8:45am - Noon
6766	MonFri.	7/26-7/30	8:45am - Noon
6767	MonFri.	8/16-8/20	8:45am - Noon

REGISTER ONLINE

SpokaneRec.org



MAIL US

City of Spokane Parks & Recreation Class Registration 808 W. Spokane Falls Blvd. Spokane WA 99201



*checks payable to City of Spokane



Call 311 or outside the city at 509.755.CITY Fax 509.625.6990



ADVENTURE CAMPS

All camps start at 9am and end at 4pm daily at the Riverside State Park Bowl & Pitcher Picnic Shelter. No camp July 5th in observance of the 4th of July. Get going and get adventurous with the Spokane Parks and Recreation Summer Adventure Day Camps! Don't wait; camps are small groups of 12 kids in each, register now, these camps fill up fast! Directions & Parent Packet information emailed after registration. Bring a lunch and water bottle each day. 10% off each week if you sign your child up for 3 or more weeks. Call 509-755-2489 ext 3 for discounted registration. Meets daily at the Riverside State Park Bowl & Picher Picnic Shelter, 4427 N Aubrey L White Pkwy.

Register for programs at SpokaneRec.org or call 311. For questions call 509-363-5414 or email rgriffith@spokanecity.org

YOUTH AGES 8-11

All Adventure Camp

This camp is all about the excitement and variety of outdoor adventure! We will be hiking, kayaking, rafting, disc golf, rock climbing, learning survival in the woods and participating in teambuilding activities. Rafting days will depend on water levels and all activities may change due to weather conditions. This camp will be one to remember!

6650	M-F	6/23-6/25	9am-4pm	\$149
6651	M-F	6/28-7/2	9am-4pm	\$249
6658	M-F	8/2-8/6	9am-4pm	\$249

Wild and Wacky Water Camp!

It's getting hot out, so let's get into some water action adventures. We will be kayaking, rafting, paddleboarding and swimming at the aquatic centers. Don't forget your swimming gear! Rafting days will depend on water levels and all activities may change due to weather conditions.

6655 M-F 7/19-7/23 9am-4pm \$249

Climbing Adventure Camp!

Climb on! One week of climbing for your adventurous kiddo. Climbing, team building games, outdoor fun and more! We will be learning the basics at Bloc Yard Bouldering Gym and then we'll take it to the next step with Peak 7 Adventures rock climbing instructors on the rocks at Q'emiln Park in Post Falls. All activities may change due to weather conditions.

6660 M-F 8/9-8/13 9am-4pm \$299

TEENS AGES 12–15

All Adventure Camp

This camp is all about the excitement and variety of outdoor adventure! We will be hiking, kayaking, rafting, disc golf, rock climbing, stand up paddleboarding, learning survival in the woods and participating in teambuilding activities. Rafting days will depend on water levels and all activities may change due to weather conditions. This camp will be one to remember!

6672	T-F	7/6-7/9	9am-4pm	\$199
6676	M-F	8/16-8/20	9am-4pm	\$249

Climbing Adventure Camp!

Climb on! One week of climbing for your adventurous kiddo. Climbing, team building games, outdoor fun and more! We will be learning the basics at Bloc Yard Bouldering Gym and then we'll take it to the next step with Peak 7 Adventures rock climbing instructors on the rocks at Q'emiln Park in Post Falls. All activities may change due to weather conditions.

6673 M-F 7/12-7/16 9am-4pm \$299

Outdoor Skills Camp!

In this fun adventurous week, campers will learn how to tie knots, kayak, navigate using map and compass, build shelters, go rafting and lead activities in Leave No Trace Ethics. At the end of each day your teen is given the opportunity to reflect on the day and share their experiences with the group in a supportive atmosphere. All activities may change due to weather conditions.

6674 M-F 7/26-7/30 9am-4pm \$249

Outdoor Recreation

SPOKANE RIVER SHUTTLE SERVICE

Shuttle Service Season Pass Little Spokane River

Ages 13+ Looking for a summer deal? Planning to frequent the Little Spokane? Search no further than your allaccess priority season pass! This pass will give you unlimited access to our shuttle service. We will provide you and your canoe or kayak transportation from the 9 Mile Take Out of the Little Spokane River to the put in at St Georges. Shuttle runs on Saturdays & Sundays between 10am-4pm July 3rd-September 5th. You can show up anytime throughout the day.

No inner paddleboards, tubes, rafts, dogs or alcohol allowed. PFD's required (Life Jacket) and safety whistle. Youth ages 13-17 must be accompanied by a parent or guardian. Discover Parking Pass required for your vehicle. You can purchase a Discover Pass today by visiting discoverpass.wa.gov. The paddle time is 3+ hours. The best way to use the shuttle is to park your car at the Nine Mile Take-Out, get shuttled up to St Georges Put-In and paddle the river back to your car. You can also start earlier in the morning for the best chance to see wildlife, by parking at the St Georges Put-In paddling down the river to Nine Mile Take-Out and catching the first shuttle back up to your car. Either way you'll have a blast! Please remember if you park at the St. Georges Put-In you must be at the take-out by 4pm. Meet at Little Spokane River Take-Out Nine Mile Falls on Shoemaker Lane. Passes are non-transferable and photo ID is required. Early bird price \$85 by June 1st after that \$95. Season pass registration deadline July 1st.

Season Pass

7964	Weekends	7/3 – 9/5	10am – 4pm \$85
Seasor	Pass You +1		
7065	Mookonds	7/2 0/5	10am 1nm \$100



Shuttle Service Little Spokane River

Ages 13+ Leave the driving to us! We will provide you and your canoe & kayak transportation from the 9 Mile Take Out of the Little Spokane River to the put in at St Georges. Shuttle runs on Saturdays & Sundays between 10am-4pm July 3-September 5. You can show up anytime throughout the day. Pre-registration required at www.spokanerec.org. Please call 509.363.5418 for operating information. No paddleboards, inner-tubes, rafts, dogs or alcohol allowed. PFD's (Life Jacket) and whistle required. Youth ages 13-17 must be accompanied by a parent or guardian. Discover Parking Pass required for your vehicle. You can purchase a Discover Pass today by visiting discoverpass .wa.gov. The paddle time is 3+ hours. The best way to use the shuttle is to park your car at the Nine Mile Take-Out, get shuttled up to St Georges Put-In and paddle the river back to your car. You can also start earlier in the morning for the best chance to see wildlife by parking at the St Georges Put-In, paddling down the river to Nine Mile Take-Out and catching the first shuttle back up to your car. Either way you'll have a blast! Please remember if you park at the St. Georges Put-In you must be at the take-out by 4pm. Meet at Little Spokane River Take-Out Nine Mile Falls on Shoemaker **Lane.** \$10 per day

7748	Sat.	7/3	10am – 4pm
7749	Sun.	7/4	10am – 4pm
7750	Sat.	7/10	10am – 4pm
7751	Sun.	7/11	10am – 4pm
7752	Sat.	7/17	10am – 4pm
7753	Sun.	7/18	10am – 4pm
7754	Sat.	7/24	10am – 4pm
7755	Sun.	7/25	10am – 4pm
7756	Sat.	7/31	10am – 4pm
7757	Sun.	8/1	10am – 4pm
7758	Sat.	8/7	10am – 4pm
7759	Sun.	8/8	10am – 4pm
7760	Sat.	8/14	10am – 4pm
7761	Sun.	8/15	10am – 4pm
7762	Sat.	8/21	10am – 4pm
7763	Sun.	8/22	10am – 4pm
7764	Sat.	8/28	10am – 4pm
7765	Sun.	8/29	10am – 4pm
7766	Sat.	9/4	10am – 4pm
7767	Sun.	9/5	10am – 4pm





KAYAKING

Intro to Inflatable Kayaking

3 days | Ages 15+ Inflatable kayaking (IK) is a great introduction to the paddling. With a lot of versatility IK's are perfect for family lake paddling, enjoying a meandering float down the Little Spokane River or some exciting whitewater rapids. While commonly portable and stable, different models may be better suited to different uses. This class will teach you all about different types of IK's, water safety, equipment and places to paddle. The class will start out on a flat water lake and progress to moving water over this 3 part instructional program. All kayaking equipment provided. Pre-class information emailed prior to class. 1st class meets at Fish Lake Public Boat Launch off the Cheney Spokane Hgwy. \$89

6966 Fri. – Sun 6/11 – 6/13 5-8pm 6967 Fri. – Sun 7/9 – 7/11 5-8pm

Kayak & Cave Lake Lenore

1 day | Ages 16+ Celebrate the Summer Solstice and Paddle in the footsteps of the great Ice Age Floods which carved the landscape over 15,000 years ago. This beautiful geological lake will be breathtaking as we paddle the shoreline viewing the remains of ancient rock cliffs and the scenic deep alkaline lake. After our paddle take a hike to the Lake Lenore Caves a 1.5 mile round trip scramble. The caves were used as shelters by early native people after the waters from the floods retreated. This trip is all about enjoying mother nature! Bring a lunch, snacks and plenty of water, along with sturdy hiking boots. Tandem Kayaks, PFD's, transportation and guides provided. \$49 with transportation, \$45 without transportation. Please call 509-755-2489 ext. 3 for discounted registration. Meet at Park Operations 2304 E Mallon Ave. \$49

6648 Sat. 6/19 7am-6pm

Kayak Fish Trap Lake by Moonlight

1 day | Ages 18+ Experience the beautiful undeveloped channeled scabland lake at Fish Trap and learn the basics of kayaking in our tandem sit-on-top kayaks. As the moon rises we will paddle the quiet water awestruck by the magnificence of the lunar light. Pre trip information emailed after registration. Discover Pass Required: http://www.discoverpass.wa.gov/ Meet at the Fish Trap Lake Public Boat Launch. \$31

7773	Sun.	6/20	8pm-10:30pm
7774	Wed.	7/21	8pm-10:30pm
7775	Fri.	8/20	8pm-10:30pm

Kayak Horseshoe Lake

1 day | Ages 15+ This small lake almost dictates that you slow down and enjoy the grace of your sleek single person sit-ontop kayak passing through the water. You will paddle over to a 50' foot waterfall that feeds this jewel of a lake. Guides, kayak instruction, and kayaking gear are included. Directions emailed after registration. Discover Pass Required: discoverpass.wa.gov Meet at Horseshoe Lake Public Boat Launch 4962 Horseshoe Lake Rd Deer Park. \$39

7768	Sat.	6/26	9am-Noon
7769	Sat.	7/24	9am-Noon
7770	Sat.	8/28	9am-Noon

Kayak Bonnie Lake with Transportation

1 day | Ages 16+ Surrounded by 600-foot cliffs and home to Red-Tail Hawks and Turkey Vultures you will enjoy the solitude of this Eastern Washington treasure. You will paddling Tandem sit-on-top tandem kayaks on the unique excursion. Kayaks, guides and transportation provided. Pre-trip info emailed with registration. Meet at Yokes Fresh Market 4235 S. Cheney Spokane Rd. \$59

7771	Sun.	6/27	8am - 4pm
7772	Sun.	7/11	8am - 4pm

Outdoor Recreation

KAYAKING

Kayak Sunset Paddle on the Spokane River

1 day | Ages 15+ Take a tour on the Spokane River! This flatwater paddle adventure from down this beautiful flatwater section of the Spokane River takes you on a tour down crystal clear waters, viewing wildlife, river homes and urban outdoor scenery. Bring your camera for this one; there will be plenty of opportunities for great photos as the sun sets. Kayaks, instruction, guides, and equipment provided. Pre-trip information emailed after registration. Meet at Spokane Upriver Dam & Facility 2701 N Waterworks St. \$29

7791	Fri.	7/2	6-8:30pm
7792	Fri.	7/16	6-8:30pm
7794	Fri.	8/13	5:30-8pm

Kayak Morning Paddle Little Spokane River

1 day | Ages 8+ Fun and adventure awaits the family as you paddle your tandem sit-on-top kayak. These boats are an amazing way to enjoy the surrounding pine covered hills of this natural and scenic waterway. Early morning paddles are the best time for wildlife viewing and for beating heat and the crowds. Pre-trip information emailed after registration. Discover Parking Pass Required: discoverpass.wa.gov. Guides, kayak instruction, shuttle transport and kayaking equipment included. Parent must accompany child in the kayak. Meet at the 9 Mile Take Out-N Shoemaker Lane. At Little Spokane River, Shoemaker Lane. \$49 7795 Sat. 7/3 7:30am-11:30am

8/29

9/5

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7797

7798

Sun.

Kayak Evening Tour Spokane River from 9 Mile Dam

7:30am-11:30am

7:30 am-11:30am

1 day | Ages 15+ A wonderfully lazy stretch of flatwater on the Spokane River that flows through Riverside State Park. The forested shorelines give you solitude as you keep a watchful eye out for wildlife such as osprey, heron, deer and fish. You will also learn basic kayaking skills such as terminology, basic equipment & strokes. This is a great escape! Tandem kayaks, paddles, PFDs, and guides provided. Pre trip information emailed after registration. Discover Parking Pass required discoverpass.wa.gov Meet at Spokane River Nine Mile Dam Take-Out West Carlson Road Parking Lot \$29

7800	Fri.	7/9	6-8:30pm
7801	Fri.	7/23	6-8:30pm
7802	Fri.	8/6	6-8:30pm
7803	Fri.	8/27	5:30-8pm

1 day | Ages 15+ Take a morning tour on the Spokane River and enjoy some delicious coffee & pastries from the Rocket Bakery! You will be shuttled up to the Islands Trailhead

Kayak & Coffee Tour Spokane River Upriver Dam

Rocket Bakery! You will be shuttled up to the Islands Trailhead Boat Launch where your coffee will await. This flatwater paddle adventure takes you on a tour along the forested Centennial Trail into the urban outdoors, viewing spectacular river homes, wildlife and soaking up the cool morning waters. Bring your camera for this one; there will be plenty of opportunities for great photos along the way. Kayaks, instruction, transportation, guides, and equipment provided. Pre-trip information emailed after registration. Meet at **Spokane Upriver Dam & Facility 2701**

N Waterworks St. \$39

7781	Sat.	7/10	9am-Noon
7782	Sun.	8/8	9am-Noon
7783	Sat.	9/4	9am-Noon

Kayak and Cave Pend Oreille River with Transportation

1 day | Ages 15+ Don't miss out on this one!! We will explore Gardner Cave on a guided educational walking tour of a 1,055 foot limestone cavern. This cave is filled with stalactites, stalagmites, rim stone pools and flowstone. After the cave we will enjoy lunch (Bring your own) before embarking on our tandem sit-on-top kayak tour exploring this beautiful flat water section of the Pend Oreille River. This section of water is so beautiful and includes waterfalls, deep canyons and wonderful scenery! Fee includes transportation, kayaking equipment, guides and cave tour. Bring a lunch and plenty of water. Meet at Wandermere Rite Aid 12420 N Division. \$4 discount for no transportation. Call 509-755-2489 ext 3 for discount. \$69

7776	Sat.	7/17	7am-6pm
7777	Sun.	7/18	7am-6pm
7778	Sat.	8/21	7am-6pm
7779	Sun.	8/22	7am-6pm

Kayak Sacheen Lake

1 day | Ages 16+ Enjoy that last bit of summer! Surrounded by pine-covered hills this scenic lake is a perfect setting for a relaxing paddle. You will paddle your tandem sit-on-top kayaking through narrow channels towards an inlet lined with lilies and wildlife. Take in the scenery of lake homes and mountains as your paddle slices through the clear waters. Kayaks, kayaking equipment and guides provided. Discover Parking Pass required: discoverpass. wa.gov Meet at the Sacheen Lake Public Boat Launch. \$35

7784 Sun. 7/25 9am-Noon



Kayak and Hike Deep Creek Canyon



KAYAKING

Kayak Williams Lake

1 day | Ages 16+ Paddling the summer morning waters of Williams Lake has never been better! View beautiful geology, wildlife and sparkling water! You will learn the geological history of the area and the basics of kayaking during this relaxing paddle. Work up an appetite for a brunch (on your own) at Klink's resort on the Lake, whose reputation for fine dining is widely acclaimed in our area. Reservations recommended. Kayaks, paddles PFDs, guides and instruction included. Additional details emailed after registration. Discover Parking Pass Required discoverpass. wa.gov. Meet at the Williams Lake Public Boat Launch. \$29
7785 Sat. 7/31 8am-11am

1 day | Ages 15+ Take a tour up the quiet flatwater of the Spokane River through Riverside State Park. This out-and-back paddle will wrap up with a 1 mile hike through Deep Creek Canyon. We will explore the ragged canyon walls where we may spot a rock climbers scaling the basalt cliffs. After the hike is a short paddle back to the take-out. Pre-trip information emailed after registration. Bring sturdy footwear for the hike as there is some scrambling over rocks and trees along with uneven terrain throughout the adventure. Meet at Spokane River Nine Mile Dam Take-Out West Carlson Road Parking Lot. \$29

7804	Sun.	8/1	8am-11am
7805	Sun.	8/15	8am-11am

Kayak Little Pend Oreille Lake Chains with Transportation

1 day | Ages 16+ Explore the four-lake chain of this mountainringed area in our very stable, user friendly sit-on- top tandem kayaks. Crystal clear and surrounded by the Selkirk Mountains these lakes are a must see. Bring water and lunch for our picnic at one of the lakes campgrounds. Guides, kayaking equipment and transportation provided. Additional information emailed after registration. Meet at Wandermere Rite Aid, 12420 N. Division St. \$49

7786 Sat. 9/11 8am-5pm

Kayak Paddle Little Spokane River

1 day | Ages 12+ Fun and adventure awaits the family as you paddle your tandem sit-on-top kayak. These boats are an amazing way to enjoy the surrounding pine covered hills of this natural and scenic waterway. Pre-trip information emailed after registration. Discover Parking Pass Required: discoverpass.wa.gov. Guides, shuttle transport and kayaking equipment included. Parent must accompany child. Meet at Little Spokane River Take-Out Nine Mile Falls N Shoemaker Ln 9 Mile Falls. \$49

Celebrate Fall!

7799 Sat. 9/12 11am-3pm



DISC GOLF LEAGUE

AT COEUR D'ALENE PARK

Learn to play disc golf with US Youth Disc Golf Association and The General Store! The park will be turned into a temporary 9 hole disc golf course for weekly clinics and competitions this summer. Bring the entire family and enjoy this great sport all together. Includes prizes, disc, instruction, course play and trick shot holes. \$29 individual, \$50 couples, \$20 per additional player.

Get 20% off disc golf bags at The General Store with Discount Code: discbag20. Expires Sept. 1, 2021

Outdoor Recreation

WHITEWATER RAFTING



Lower Spokane Whitewater River Rafting

1 day | Ages 5+ This three hour trip is filled with exciting whitewater rapids, wildlife, and gorgeous scenery! Wiley E. Waters professional licensed guides will steer you through the class II & III whitewater rapids including the Bowl and Pitcher and Devils Toe-Nail rapids in Riverside State Park. Trip includes all necessary rafting equipment including PFD, wet suits & dry tops if needed, transportation and post trip refreshments. Pre-trip information emailed after registration. Meet at Spokane River Water Ave. \$57

6744	Sun.	6/6	10am - 1pm
6745	Fri.	6/11	10am - 1pm
6746	Sun.	6/13	10am - 1pm
6747	Sat.	6/19	10am - 1pm
6748	Sun.	6/20	10am - 1pm
6749	Sun.	6/27	10am - 1pm

Intro to Inflatable Kayaking

3 days | Ages 15+ Inflatable kayaking (IK) is a great introduction to the paddling. With a lot of versatility IK's are perfect for family lake paddling, enjoying a meandering float down the Little Spokane River or some exciting whitewater rapids. While commonly portable and stable, different models may be better suited to different uses. This class will teach you all about different types of IK's, water safety, equipment and places to paddle. The class will start out on a flat water lake and progress to moving water over this 3 part instructional program. All kayaking equipment provided. Pre-class information emailed prior to class. 1st class meets at Fish Lake Public Boat Launch off the Cheney Spokane

Hgwy. \$89

6966	Fri. – Sun.	6/11 – 6/13	5-8pm
6967	Fri. – Sun.	7/9 – 7/11	5-8pm

Rafting Trip Clark Fork River

1 day | Ages 5+ Join us for a full day of exciting class III whitewater rafting through the magnificent Alberton Gorge. Trip includes an all-you-can-eat- lunch buffet, with all the gear, guides, rapids, and fun provided. Camping available at Trout Creek Campground (recommended) & Wiley E Waters Campground. Pre-trip information emailed after registration. Registration/cancelation deadline 1 week before start date. Meet at Clark Fork River Lozeau Exit 55 – Montana \$79

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6752	Sat.	6/26	9am – 2:30pm
6753	Sun.	7/4	9am – 2:30pm
6754	Sun.	7/11	9am – 2:30pm
6755	Sun.	7/18	9am – 2:30pm
6756	Sun.	7/25	9am – 2:30pm
6757	Sat.	7/31	9am – 2:30pm
6758	Sun.	8/1	9am – 2:30pm
6759	Sat.	8/7	9am – 2:30pm
6760	Sat.	8/14	9am – 2:30pm
6761	Sun.	8/15	9am – 2:30pm
6762	Sat.	8/21	9am – 2:30pm
6763	Sat.	8/28	9am – 2:30pm

Rafting the St. Joe River

1 day | Ages 16+ This whitewater trip takes you through the crystal clear waters and dense Cedar forests of Idaho. Great for beginners and thrill seekers. The narrow passages of the St. Joe makes water explode into paddle bashing class III and class IV whitewater enjoyment. No refunds within 1 week of trip. Additional information emailed after registration. St. Regis ROW Adventures Bus. \$119

6678	Sat.	6/12	9am-4pm
6679	Sat.	6/26	9am-4pm

Rafting Lower Spokane River Scenic Float

1 day | Ages 5+ This 2 hour trip is filled a way to spend some time with the family as you leave the hustle and bustle of the City. The low flows of the river this time of year makes for fun splashy water, swimming, wildlife, and gorgeous scenery! Wiley E. Waters professional licensed guides will steer you down the river and entertain you from start to finish. Trip includes all necessary rafting equipment Pre-trip information emailed after registration. Meet at Spokane River Water Ave. \$43

6751 Mon. 9/6 10am – 1pm

SPOKANE PARKS & RECREATION





YOUTH SPORTS

Skyhawks Sports Academy provides sports programs where children discover and develop athletic skills and social values, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

8/16 - 8/20 M-F

SUMMER 2021

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DASKEIDA	LL & SU	CER			
6/23 - 6/25	W,T,F	9a.m 12p.m.	6-12	\$74	Mission Park
6/23 - 6/25	W,T,F	9a.m 3p.m.	6-12	\$94	Mission Park
7/06 - 7/09	T,W,T,F	9a.m 12p.m.	6-12	\$115	Harmon Field
7/06 - 7/09	T,W,T,F	9a.m 3p.m.	6-12	\$145*	Harmon Field
8/09 - 8/13	M-F	9a.m 12p.m.	6-12	\$145	Comstock Park
8/09 - 8/13	M-F	9a.m 3p.m.	6-12	\$175*	Comstock Park
BASEBALL	, FLAG FO	OOTBALL & SO	CCER		
6/28 - 7/02	M-F	9a.m 12p.m.	6-12	\$145	Shadle Park
6/28 - 7/02	M-F	9a.m 3p.m.	6-12	\$175*	Shadle Park
7/26 - 7/30	M-F	9a.m 12p.m.	6-12	\$145	Shadle Park
7/26 - 7/30	M-F	9a.m 3p.m.	6-12	\$175*	Comstock Park
7/26 - 7/30	M-F	9a.m 12p.m.	6-12	\$145	Comstock Park
7/26 - 7/30	M-F	9a.m 3p.m.	6-12	\$175*	Shadle Park
CAPTURE 1	THE FLAG	G, FLAG FOOTB	ALL 8	SOCC	ER
7/12 - 7/16	M-F	9a.m 12p.m.	6-12	\$145	Comstock Park
7/06 - 7/09	T,W,T,F	9a.m 3p.m.	6-12	\$139	Shadle Park
7/12 - 7/16	M-F	9a.m 3p.m.	6-12	\$175*	Comstock Park
7/19 - 7/23	M-F	9.m 3p.m.	6-12	\$175*	Shadle Park
CAPTURE 1	THE FLAG	G, DODGEBALL	& UL	TIMATE	FRISBEE
7/19 - 7/23	M-F	9a.m 12p.m.	6-12	\$125	Mission Park
7/19 - 7/23	M-F	9a.m 3p.m.	6-12	\$145*	Mission Park
8/02 - 8/06	M-F	9a.m 12p.m.	6-12	\$125	Harmon Field
8/02 - 8/06	M-F	9a.m 3p.m.	6-12	\$145*	Harmon Field
8/16 - 8/20	M-F	9a.m 12p.m.	6-12	\$145	Shadle Park
8/16 - 8/20	M-F	9a.m 3p.m.	6-12	\$175*	Shadle Park

CAPTURE THE FLAG, SOCCER & ULTIMATE FRISBEE

9a.m. - 12p.m. 6-12 \$145

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8/16 - 8/20	M-F	9a.m 3p.m.	6-12	\$175*	Comstock Park
BASEBAL	L, BAS	SKETBALL 8	SOC	CER	
6/28 - 7/02	M-F	9a.m 12p.m.	4-7	\$145	Shadle Park
6/28 - 7/02	M-F	9a.m 12p.m.	4-7	\$145	Comstock Park
7/06 - 7/09	T,W,T,F	9a.m 12p.m.	4-7	\$115	Comstock Park
7/19 - 7/23	M-F	9a.m 12p.m.	4-7	\$145	Comstock Park
7/19 - 7/23	M-F	9a.m 12p.m.	4-7	\$145	Shadle Park
7/26 - 7/30	M-F	9a.m 12p.m.	4-7	\$145	Comstock Park
8/02 - 8/06	M-F	9a.m 12p.m.	4-7	\$145	Comstock Park
8/09 - 8/13	M-F	9a.m 12p.m.	4-7	\$145	Comstock Park
8/16 - 8/20	M-F	9a.m 12p.m.	4-7	\$145	Comstock Park
BASEBALI	L, FLAG	FOOTBALL	& SO(CCER	
6/21 - 6/25	M-F	9a.m 12p.m.	4-7	\$145	Comstock Park
BASKETB	ALL CA	MP			
6/28 - 7/02	M-F	9a.m 3p.m.	6-12	\$175*	Comstock Park
7/12 - 7/16	M-F	9:a.m 12p.m.	6-12	\$145	Comstock Park
7/12 - 7/16	M-F	9a.m 3p.m.	6-12	\$175*	Comstock Park
8/02 - 8/06	M-F	9a.m 3p.m.	6-12	\$175*	Shadle Park
BASEBALI	L CAMP	•			
6/23 - 6/25	W,T,F	9:a.m 12p.m.	6-12	\$80	Shadle Park
6/23 - 6/25	W,T,F	9a.m 3p.m.	6-12	\$105*	Shadle Park
7/06 - 7/09	T,W,T,F	9a.m 12p.m.	6-12	\$115	Comstock Park
7/06 - 7/09	T,W,T,F	9a.m 3p.m.	6-12	\$139*	Comstock Park
7/19 - 7/23	M-F	9a.m 12p.m.	6-12	\$145	Comstock Park
7/19 - 7/23	M-F	9a.m 3p.m.	6-12	\$175*	Comstock Park
8/02 - 8/06	M-F	9a.m 12 p.m.	6-12	\$145	Comstock Park
8/02 - 8/06	M-F	9a.m 3p.m.	6-12	\$175*	Comstock Park
8/09 - 8/13	M-F	9a.m 12p.m.	6-12	\$145	Shadle Park
8/09 - 8/13	M-F	9a.m 3p.m.	6-12	\$175*	Shadle Park



skyhawks.com

*Full day supervised swim combo Phone: 800.804.3509

BEGINN	ING G	OLF CAMP				CHEERL	EADIN	G CAMP			
6/23 - 6/25		9a.m 12p.m.	6-11	\$80	Comstock Park	6/23 - 6/25		9a.m 12p.m.	5-10	\$80	Shadle Park
6/23 - 6/25	W,T,F	9a.m 3p.m.	6-11	\$105*	Comstock Park	6/23 - 6/25	W,T,F	9a.m 3p.m.	5-10	\$105*	Shadle Park
7/06 - 7/09		9a.m 12p.m.	6-11	\$115	Shadle Park	6/28 - 7/02	M-F	9a.m 12p.m.	5-10	\$145	Shadle Park
7/06 - 7/09	T,W,T,F	9a.m 3p.m.	6-11	\$139*	Shadle Park	6/28 - 7/02	M-F	9a.m 3p.m.	5-10	\$175*	Shadle Park
7/12 - 7/16		9a.m 12p.m.	6-11	\$145	Comstock Park	7/12 - 7/16	M-F	9a.m 12p.m.	5-10	\$145	Shadle Park
7/12 - 7/16	M-F	9a.m 3p.m.	6-11	\$175*	Comstock Park	7/12 - 7/16	M-F	9a.m 3p.m.	5-10	\$175*	Shadle Park
7/19 - 7/23		9a.m 12p.m.	6-11	\$145	Comstock Park	7/19 - 7/23	M-F	9a.m 12p.m.	5-10	\$145	Comstock Park
		9a.m 3p.m.	6-11	\$175*	Comstock Park	7/19 - 7/23	M-F	9a.m 3p.m.	5-10	\$175*	Comstock Park
7/26 - 7/30	M-F	9a.m 12p.m.	6-11	\$145	Shadle Park	8/02 - 8/06	M-F	9a.m 12p.m.	5-10	\$145	Shadle Park
		9a.m 12p.m.	6-11	\$145	Comstock Park	8/02 - 8/06	M-F	9a.m 3p.m.	5-10	\$175*	Shadle Park
8/02 - 8/06		9a.m 3p.m.	6-11	\$175*	Comstock Park	8/09 - 8/13	M-F	9a.m 12p.m.	5-10	\$145	Comstock Park
8/16 - 8/20	M-F	9a.m 12p.m.	6-11	\$145	Comstock Park	8/09 - 8/13	M-F	9a.m 3p.m.	5-10	\$175*	Comstock Park
8/16 - 8/20	M-F	9a.m 3p.m.	6-11	\$175*	Comstock Park	8/16 - 8/20	M-F	9a.m 12p.m.	5-10	\$145	Shadle Park
SOCCER				,		8/16 - 8/20	M-F	9a.m 3p.m.	5-10	\$175*	Shadle Park
6/23 - 6/25		9a.m 12p.m.	6-12	\$80	Comstock Park	6/22 - 8/03	Tues	5:30 p.m 6:15 p.m.	5-10	\$85	Comstock Park
6/23 - 6/25		9a.m 3p.m.	6-12	\$105*	Comstock Park	6/24 - 8/05	Tues	6:30 p.m 7:15 p.m.	5-10	\$85	Shadle Park
6/28 - 7/02		9a.m 12p.m.	6-12	\$145	Comstock Park	SOCCER	TOUC	H (EVENING)			
6/28 - 7/02		9a.m 3p.m.	6-12	\$175*	Comstock Park	6/22 - 7/27		6:30 p.m 7:20 p.m.	6-8	\$85	Comstock Park
	T,W,T,F	9a.m 12p.m.	6-12	\$115	Comstock Park	6/30 - 8/04		5:30 p.m 6:20 p.m.	6-8	\$85	Comstock Park
7/06 - 7/09	T,W,T,F	9a.m 3p.m.	6-12	\$139*	Comstock Park			ASEBALL CAMP			
7/12 - 7/16	M-F	9a.m 12p.m.	6-12	\$145	Shadle Park		Thur	5:30 p.m 6:15 p.m.	4-7	\$85	Shadle Park
7/12 - 7/16		9a.m 3p.m.	6-12	\$175*	Shadle Park	7/07 - 8/18		6:30 p.m 7:15 p.m.	4-7	\$85	Comstock Park
7/19 - 7/23	M-F	9a.m 12p.m.	6-12	\$145	Comstock Park			LL FUELED BY U			
7/19 - 7/23	M-F	9a.m 3p.m.	6-12	\$175*	Comstock Park	6/28 - 7/02		9a.m 12p.m.	6-12	\$150	Comstock Park
8/02 - 8/06	M-F	9a.m12:p.m.	8-12	\$145	Comstock Park	6/28 - 7/02	M-F	9a.m 3p.m.	6-12	\$180*	Comstock Park
8/02 - 8/06	M-F	9a.m 3p.m.	6-12	\$175*	Comstock Park	8/02 - 8/06	M-F	9a.m 12p.m.	6-12	\$150	Shadle Park
8/09 - 8/13	M-F	9a.m 12p.m.	6-12	\$145	Shadle Park	8/02 - 8/06		9a.m 3p.m.	6-12	\$180*	Shadle Park
8/09 - 8/13	M-F	9a.m 3p.m.	6-12	\$175*	Shadle Park	LACROS				·	
VOLLEYI	BALL (CAMP				7/12 - 7/16	M-F	9a.m 12p.m.	6-12	\$145	Shadle Park
6/23 - 6/25	W,T,F	9a.m 12p.m.	6-12	\$80	Shadle Park	7/12 - 7/16	M-F	9a.m 3p.m.	6-12	\$175*	Shadle Park
6/23 - 6/25	M-F	9a.m 3p.m.	6-12	\$105*	Shadle Park	7/26 - 7/30	M-F	9a.m 12p.m.	6-12	\$145	Comstock Park
7/06 - 7/09	T,W,T,F	9a.m 12p.m.	6-12	\$115	Shadle Park	7/26 - 7/30	M-F	9a.m 3p.m.	6-12	\$175*	Comstock Park
7/06 - 7/09	T,W,T,F	9a.m 3p.m.	6-12	\$139*	Shadle Park			SOCCER CAMP			
7/19 - 7/23	M-F	9a.m 12p.m.	6-12	\$145	Shadle Park	8/16 - 8/20	M-F	9a.m 12p.m.	8-12	\$159	Shadle Park
7/19 - 7/23	M-F	9a.m 3p.m.	6-12	\$175*	Shadle Park	8/16 - 8/20		9a.m 3p.m.	8-12	\$180*	Shadle Park
7/26 - 7/30	M-F	9a.m 12p.m.	6-12	\$145	Comstock Park			VOLLEYBALL CA		·	
7/26 - 7/30	M-F	9a.m 3p.m.	6-12	\$175*	Comstock Park	6/23 - 6/25		9a.m 12p.m.	8-12	\$89	Comstock Park
8/02 - 8/06	M-F	9a.m12p.m.	6-12	\$145	Shadle Park	6/23 - 6/25		9:00 a.m 3:00 p.m.	8-12	\$109	Comstock Park
8/02 - 8/06	M-F	9a.m 3p.m.	6-12	\$175*	Shadle Park			BASKETBALL CA		T-00	
8/16 - 8/20	M-F	9a.m 12p.m.	6-12	\$145	Comstock Park	7/06 - 7/09			8-12	\$180*	Comstock Park
8/16 - 8/20	M-F	9a.m 3p.m.	6-12	\$175*	Comstock Park	7/26 - 7/30		9a.m 12p.m.	8-12	\$159	Shadle Park
						7/26 - 7/30		9a.m 3p.m.		\$180*	Shadle Park
						7720 7730	141	один. Орин.	0 12	Ψ100	S.Iddio I di N

*Full day supervised swim combo

Disclaimer: Summer camps are subject to social distancing guidelines issued by state and local municipalities due to COVID-19. Guidelines may impact program capacity, dates, duration and location. If a program is canceled, customers can either transfer to another program or receive a credit on their account to use toward future Skyhawks programs.

The district does not sponsor or endorse this event/information and the district assumes no responsibility for it. In consideration of the privilege to distribute materials, the Spokane School District will be held harmless from any cause of action filed in any court or administrative tribunal arising out of the distribution of these materials, including costs, attorney's fees and judgments or awards.



Phone:

800.804.3509

CAMPS

CMTV Video Production Summer Camp

1 Week | Ages 12-17yrs. The CMTV Camp is a hands-on training program for teens interested in learning how to produce videos and connect with others who want to learn and practice with the latest technology and techniques. The daily camp is held downtown at a state-of-the-art studio and taught by the production team at CMTV. Camp is held at Community-Minded Television, 104 W 3rd Ave STE B. \$159

7736	Weekdays	6/21-6/25	10am - 1pm
7737	Weekdays	6/21-6/25	2pm - 5pm
7738	Weekdays	7/12-7/16	10am - 1pm
7739	Weekdays	7/12-7/16	2pm - 5pm

Pickleball Summer Camp in the Park

1 Week | Ages 8-13yrs. AAU Pickleball brings you one of the fastest-growing sports in the country. This youth pickleball camp combines FUN, FITNESS, SKILLS development, and making NEW FRIENDS for unforgettable summer fun! No experience needed, and the equipment will be provided for instruction and play. The cost is \$75 per student per week with AAU membership, \$90 for non-AAU members. Camp meets at Hart Field Tennis Courts, 3508 S Grand Blvd.

7732	Weekdays	6/28-7/2	9am - 11am
7733	Weekdays	7/26-7/30	9am - 11am
7734	Weekdays	7/19-7/23	9am - 11am
7735	Weekdays	8/2-8/6	9am - 11am



SPOKANE PARKS & RECREATION





SPORT-BASED

SuperTots Sports Academy provides sport-based development programs where children discover and develop athletic, motor, and social skills. SuperTots' curriculum is specifically designed to promote development along side a healthy, active lifestyle.

SUMMER 2021

(days) (course) (dates) (time) (ages) (fee) (location)

SOCCERTOTS

Our flagship program! Playable on almost any surface, these soccer-themed motor skill classes are very easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus, and introduce an element of light competition.

TEDDIES

This parent participation class uses a variety of props, songs, and games to engage toddlers in participation activities. Simple motor skills are developed using engaging games.

SSA128238	6/24 - 8/05	Th	9:30 a.m 10:20 a.m.	18 mos - 24 mos	\$112	Comstock Park	
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TEDDIES II

This parent participation class is the progressive class to Teddies. It develops more advanced motor skills using engaging, fun games. The goal is to improve the child's fitness, soccer skills and athleticism.

55/1120251 0/21 0/05 III 9.50 d.iii. 10.15 d.iii. 211105 50 11105 7112 COIIIstocki dik	SSA128234	6/24 - 8/05	Th	9:30 a.m 10:15 a.m.	24 mos - 30 mos	\$112	Comstock Park	
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TEDDIES/TEDDIES II

The goal of this class is to develop kicking, running control, and dribbling. It also teaches listening and following instructions. The class uses a variety of fun games with lots of physical activity.

SSA128223	6/21 - 8/02	М	5:30 p.m 6:15 p.m.	18 mos - 30 mos	\$112	Webster Park
SSA128233	6/23 - 8/04	W	9:30 a.m 10:15 a.m.	18 mos - 30 mos	\$112	Sky Prairie Park
SSA128254	6/26 - 8/14	S	9:30 a.m 10:15 a.m.	26 mos - 36 mos	\$124	Thornton Murphy Park

TEDDIES II/KOALAS

We use a variety of fun games to develop balance, movement, motor and soccer skills as well as listening to instructions. Very active and fun.

SSA128954	6/21 - 8/02	M	5:30 p.m 6:15 p.m.	26 mos - 36 mos	\$112	Webster Park
SSA128229	6/23 - 8/04	W	10:30 a.m 11:15 a.m.	26 mos - 36 mos	\$112	Sky Prairie Park

^{*}Summer classes are subject to guidance issued by state and local municipalities due to COVID-19. Guidance may include class size, dates, duration and location.

^{*}Price does not include \$20 annual membership fee





(course) (dates) (days) (time) (ages) (fee) (location)

KOALAS

More advanced skill development games are played as well as some introduction to soccer and team concepts. Some small-sided scrimmaging is played.

SSA128237	6/24 - 8/05	Th	10:30 a.m 11:20 a.m.	30 mos - 36 mos	\$112	Comstock Park
SSA128244	6/24 - 8/05	Th	11:30 a.m 12:15 p.m.	30 mos - 36 mos	\$112	Comstock Park

CUBS/PANDAS

The goal of this class is to develop kicking, running control, and dribbling. It also teaches listening and following instructions. The class uses a variety of fun games with lots of physical activity. More advanced skill development games are played as well as some introduction to soccer and team concepts. Some small-sided scrimmaging is played.

SSA128955	6/21 - 8/02	M	6:30 p.m 7:10 p.m.	3 yrs - 4 yrs	\$112	Webster Park
SSA128227	6/23 - 8/04	W	9:30 a.m 10:15 a.m.	3 yrs - 4 yrs	\$112	Sky Prairie Park
SSA128236	6/24 - 8/05	Th	10:30 a.m 11:20 a.m.	3 yrs - 4 yrs	\$112	Comstock Park
SSA128240	6/24 - 8/05	Th	10:30 a.m 11:20 a.m.	3 yrs - 4 yrs	\$112	Comstock Park
SSA128245	6/24 - 8/05	Th	4:30 p.m 5:20 p.m.	3 yrs - 4 yrs	\$112	Franklin Park
SSA128250	6/24 - 8/05	Th	6:30 p.m 7:20 p.m.	3 yrs - 4 yrs	\$112	Franklin Park
SSA128246	6/24 - 8/05	Т	4:30 p.m 5:15 p.m.	24 mos - 36 mos	\$112	Franklin Park
SSA128253	6/26 - 8/14	S	10:30 a.m 11:10 a.m.	3 yrs - 4 yrs	\$124	Thornton Murphy Park

PANDAS/BEARS

More advanced skill development games are played as well as some introduction to soccer and team concepts. Some small-sided scrimmaging is played.

SSA128220	6/21 - 8/02	М	4:30 p.m 5:20 p.m.	3 yrs 6 mos - 4 yrs 6 mos	\$112	Webster Park
SSA128230	6/23 - 8/04	W	10:30 a.m 11:15 a.m.	3 yrs 6 mos - 4 yrs 6 mos	\$112	Sky Prairie Park

BEARS/GRIZZLIES

More challenging skill development games are played as well as some introduction to soccer and team concepts. Small sided soccer games are played each week for a portion of the class.

SSA128228	6/23 - 8/04	W	9:30 a.m 10:15 a.m.	4 yrs - 5 yrs 6 mos	\$112	Sky Prairie Park
SSA129212	6/23 - 8/04	W	10:30 a.m 11:15 a.m.	4 yrs - 5 yrs 6 mos	\$112	Sky Prairie Park
		• • • • • • • • • • • • • • • • • • • •			·	,
SSA128252	6/26 - 8/14	S	11:30 a.m 12:15 p.m.	4 yrs - 5 yrs 6 mos	\$124	Thornton Murphy Park
SSA128239	6/24 - 8/05	Th	11:30 a.m 12:20 p.m.	4 yrs - 5 yrs	\$112	Comstock Park

GRIZZLIES/SOCCERTOUCH

SoccerTouch is a program to develop soccer skills in kids who are ready to and eager to embrace the sport. The goals are to accelerate soccer development, prepare kids for league play, create general fitness and to teach that sports are joyful and fun.

SSA128235	6/24 - 8/05	Th	9:30 a.m 10:20 a.m.	4 yrs 6 mos - 6 yrs	\$112	Comstock Park	
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^{*}Price does not include \$20 annual membership fee





(dates) (days) (time) (fee) (location) (course) (ages)

BEARS/GRIZZLIES/SOCCERTOUCH

In this class, emphasis is placed on individual skills, ball control and learning soccer jargon. The weekly class consists of fun, skill building drills, a soccer concept of the day and concludes with a controlled small-sided scrimmage.

SSA128219	6/21 - 8/02	М	4:30 p.m 5:20 p.m.	4 yrs - 5 yrs 6 mos	\$112	Webster Park
SSA128249	6/24 - 8/05	Th	5:30 p.m 6:20 p.m.	4 yrs - 5 yrs 6 mos	\$112	Franklin Park

BASEBALLTOTS

BaseballTots classes focus on fine and gross motor skills as well as body control. With lessons modified for age appropriate participation, instructors teach baseball basics including throwing, catching and hitting.

BATTERS I/BATTERS II

More challenging skills and new concepts are introduced. The emphasis is on individual basketball skill development and fitness.

SSA128221	6/21 - 8/02	M	4:30 p.m 5:15 p.m.	3 yrs - 4 yrs	\$112	Webster Park
SSA128225	6/21 - 8/02	M	5:30 p.m 6:10 p.m.	3 yrs - 4 yrs	\$112	Webster Park

BATTERS/HITTERS

Fun, skill development games are played as well as some introduction to baseball and team concepts. Some small-sided scrimmaging is played.

SSA128251	6/24 - 8/05	Th	6:30 p.m 7:20 p.m.	3 yrs 6 mos - 4 yrs 6 mos	\$112	Franklin Park

HITTERS/HOMERS

This class develops hitting, throwing, catching and body control by playing fun skill building games. Some small-sided scrimmaging is played.

SSA128247	6/24 - 8/05	Th	4:30 p.m 5:15 p.m.	4 vrs - 5 vrs 6 mos	¢112	Franklin Park	
33A1Z0Z47	0/24 - 0/03	111	4.50 p.m 5.15 p.m.	4 yrs - 5 yrs 6 iii0s	211Z	FIAIIKIIII FAIK	

HITTERS/GRAND SLAMMERS

Age appropriate, challenging skill development games are played as well as some introduction to basic basketball concepts. Scrimmages are conducted each week for a portion of the class.

SSA128956 6/21 - 8/02 M 6:30 p.m 7:15 p.m. 4 yrs 6 mos - 5 yrs 6 mos \$112 Webster Park	
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MULTISPORT TOTS

This multi-sport program was developed to give children a positive first step into athletics. Sports are taught in a safe, structured environment filled with encouragement and fun. Through exciting games and activities, campers explore balance, hand/eye coordination and skill development at their own pace. SuperTots staff are trained to handle the specific needs of young athletes.

SSA128960	6/21 - 7/26	M	5:30 p.m 6:15 p.m.	26 mos - 36 mos	\$96	Coeur d'Alene Park
SSA128241	6/24 - 8/05	Th	9:30 a.m 10:20 a.m.	2 yrs - 3 yrs	\$112	Comstock Park
SSA128248	6/24 - 8/05	Th	5:30 p.m 6:15 p.m.	2 yrs - 3 yrs 6 mos	\$112	Franklin Park
SSA128243	6/24 - 8/05	Th	11:30 a.m 12:20 p.m.	3 yrs - 4 yrs	\$112	Comstock Park
SSA128232	6/23 - 8/04	W	9:30 a.m 10:15 a.m.	3 yrs - 4 yrs	\$112	Sky Prairie Park
SSA128963	6/21 - 7/26	M	6:30 p.m 7:10 p.m.	3 yrs - 4 yrs	\$96	Coeur d'Alene Park
SSA128969	6/23 - 8/04	W	10:30 a.m 11:15 a.m.	4 yrs - 5 yrs 6 mos	\$112	Sky Prairie Park
SSA128962	6/21 - 7/26	M	4:30 p.m 5:20 p.m.	4 yrs - 5 yrs 6 mos	\$96	Coeur d'Alene Park
SSA128242	6/24 - 8/05	Th	10:30 a.m 11:20 a.m.	4 yrs - 6 yrs	\$112	Comstock Park
SSA129211	6/24 - 8/05	Th	11:30 a.m 12:20 p.m.	4 yrs - 6 yrs	\$112	Comstock Park

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YOGA & MARTIAL ARTS

Virtual Basic Yoga

4 Weeks | Ages 16+ | Robin Marks A chance for continuing and new yoga students to practice yoga in the comfort of home but with the guidance and motivation of being in this virtual class. Strengthen, stretch and release muscle tensions while settling into a relaxed and peaceful mental state. Instructor, Robin Marks, was one of the early pioneers to first bring yoga to Spokane. \$43 8001 Tues. 6/22-7/13 5:30 – 6:30pm 8010 Tue.s 7/27-8/17 5:30 – 6:30pm

Virtual Chair Yoga

4 Weeks | Ages 16+ | Robin Marks Yoga poses, stretches and strengtheners modified with the use of your own kitchen chair. Experience all the benefits of yoga modified to your body's needs and without struggling to sit on the floor or get up and down off the floor, as in standard yoga classes. \$38

8002	Thurs.	6/24 – 7/15	10:30 – 11:15am
8011	Thurs.	7/29 – 8/19	10:30 – 11:15am

Virtual Yoga Deeper Stretch

8 Weeks | Ages 16+ | Robin Marks This class includes poses with a little deeper strengthening and stretching than Basic Yoga while maintaining the same gentle inner focus. While the poses are not extreme, participants should be in reasonably good physical condition. \$43

8003	Thurs.	6/24 – 7/15	5:30 – 6:30pm
8012	Thurs.	7/29 – 8/19	5:30 - 6:30pm

Virtual Yoga Gentle Stretch

8 Weeks | Ages 16+ | Robin Marks If you're dealing with some aches and pains or just getting back into exercising, this class has an accommodating approach. This class provides the same benefits as Basic Yoga but dialed down just a little. Instructor, Robin Marks, was one of the early pioneers to first bring yoga to Spokane. \$43

8004	Sat.	6/26 – 7/17	9 – 10am
8013	Sat.	7/31 – 8/21	9 – 10am

REGISTER ONLINE SpokaneRec.org



CALL US

Call 311 or outside the city at 509.755.CITY Fax 509.625.6990



Karate Traditional Okinawan Goju Ryu

3 or **4** weeks | Ages **6-14yrs. & 15+** These classes follow the traditional practices and respect associated with Okinawan Goju Ryu. Beginners and experienced practitioners regardless of style are welcome. Gis (karate uniform) required. The classes comply with COVID-19. Please contact the instructor at 480-338-9131 for pre-registration approval. Location: **Southside Community Center, 3151 E 27th Ave.** Youth \$30, Adult \$40.

Youth 6-14

6731	Mon. – Wed.	5/10 – 6/7	4 – 5 PM			
6974	Tues. – Thurs.	5/11 – 6/3	4 – 5 PM			
6732	Mon. – Wed.	6/14 – 6/30	4 – 5 PM			
6975	Tuess. – Thurs.	6/15 – 6/30	4 – 5 PM			
Adult 15+						
6734	Mon. – Tues.	5/10 - 6/1	5:15 – 6:15 PM			
6735	Mon. – Tues.	6/7 – 6/29	5:15 - 6:15 PM			

FITNESS & WELLNESS

Spokane City SUMMER Stroll & Roll Challenge

All Ages | This spring, explore your city in a wellness challenge for all types of lifestyle and levels of fitness. Whether you stroll or roll the 1.6-mile South Hill Scramble or follow the Centennial Trail from one side of Spokane to the other in the 15-mile "City Limit Stride", every mile counts! Choose from a variety of preset routes that take you through the City of Spokane's amazing parks system. Report your accomplishments at the end of each route to be featured at the Spokane City Stroll & Roll Virtual Wall of Fame! Participants are required to download a free app and create an account with MapMyRun to access the routes and record their accomplishments. SIGN UP ANY TIME. \$15



1 week | Ages 7-11 A great summer camp should be a fun place where kids can explore a variety of activities, discover new interests, make friends, and feel confident to try something new. The Summer Day Camp at Merkel operates under three core values: a safe place to try new things, a fun and positive experience, with exceptional instruction and supervision. Activities include traditional camp games, arts and crafts, sports, BMX, skate park activities, plus a variety of outdoor adventures. Please contact us or go to our website at www.spokaneparks.org/camps for additional information. Dwight Merkel Sports Complex – 5701 N Assembly. 9:00am – 4:00pm each day.

The Amazing Summer Race

Team up with camp staff and other participants for a challenge course all over Merkel! Groups will play games to promote collaboration, creativity, and problem-solving while scavenging for clues and exploring different "cultures and languages" – even creating their own! Come and make new friends, hone your teamwork skills, and have a blast at the Summer Camp at Merkel!

Surviving the Zombie Apocalypse

The zombies are coming! Will you survive? Join with camp staff and participants for a camp-wide survival challenge at Merkel! Teams will play strategy games, engage in a variety of problem-solving collaborations, and learn from survival experts! This week campers will delve deeper into leadership, strategy, and communication.

Outdoor Adventures

This week is geared toward helping campers learn about the world around them and gain a new appreciation for the outdoors. Unplug from the hustle and bustle of everyday life and join our staff for fun-filled, team-building and self-esteem-boosting activities such as standup paddle boarding with the expert staff of our Outdoor Recreation Department!

Mad Science at Merkel!

Are you a fan of the Backyard Scientist? Then this camp is for you! Camp staff and participants will engage in fun games and activities designed to develop observation skills, intellectual curiosity, resourcefulness, analytical predictions, problem-solving, and much more! Explore the infinite possibilities by discovering that science is all around us!

7046	Mad Science at Merkel!	6/21-6/25	\$159
7047	Surviving the Zombie Apocalypse!	6/28-7/2	\$159
7048	Outdoor Adventure	7/6-7/9	\$149 (4 days)
7049	The Amazing Summer Race!	7/12-7/16	\$159
7050	Mad Science at Merkel!	7/19-7/23	\$159
7051	Surviving the Zombie Apocalypse!	7/26-7/30	\$159
7052	Outdoor Adventure	8/2-8/6	\$159
7053	The Amazing Summer Race!	8/9-8/13	\$159

In addition to the games and activities that are specific to the weekly themes, campers will also enjoy some of the unique features available at the Dwight Merkel Sports Complex, such as the BMX track, skate park, splash pad, hiking trails and various recreational sports activities.

QUESTIONS?

Call 625.6625, email aeva@spokanecity.org

All programs will align with COVID-19 guidelines in place at the time of the program, or be postponed/cancelled.



Athletics

FOOTBALL

Flag Football League- 5v5 Summer

8 weeks | Ages 18+ This is the Summer version of the best Flag Football League of the Northwest! 8-game guarantee, with end of season tournament. League will be highly competitive and fast paced in Upper, Lower, Division. 7 regular season games with a one game guaranteed tournament. All games will be played at Dwight Merkel Sports Complex starting on Sundays 8am. Don't have a team? Register for \$50 as an individual and let us get you in the game. Location: Dwight Merkel Sports Complex, 5701 N Assembly

<u>Individual Free Agent</u> – Want to get in the game but don't have a team? We've got you covered this season. Register as a free agent player and staff will build a team for you and other free agents looking to play this season.

6802	Sun.	Free Agent (individual player)	6/27 – 8/22	\$50
6801	Sun.	Lower Division	6/27 – 8/22	\$400
6800	Sun.	Upper Division	6/27 – 8/22	\$400

REGISTER ONLINE SpokaneRec.org





Call 311 or outside the city at 509.755.CITY Fax 509.625.6990



SOFTBALL

Softball League - Summer

7 weeks | Ages 18+ Join us this season for the best softball competition in town and register your team today! SPRD offers a variety of divisions including Men's D & E divisions, Coed C, D, & E division. Play 6 weeks of double-header games into a 1 game guarantee playoff. Team registration fees include a set balls, a score book, line up cars, and umpire fees for the season. At Dwight Merkel Sports Complex, 5701 N Assembly Spokane, WA 99205 or Franklin Park Softball Complex, 302 W. Queen Ave. Registration Deadline 6/4/21, late registration 6/11/21 add \$25 late fee.

*Start date subject to change based on spring league end date.

	7415	Coed D	Sun.	6/20 – 8/8	6:15-11:30pm	\$760
	7452	Coed E Early	Sun.	6/20 - 8/8	1-4pm	\$760
	7451	Coed E	Sun.	6/20 - 8/8	6:15 - 11:30pm	\$760
	7461	Coed D	Fri.	6/25 - 8/6	6:15 - 11:30pm	\$760
	7459	Coed D	Thurs.	6/24 – 8/5	6:15 - 11:30pm	\$760
	7455	Coed D	Tues.	6/22 - 8/3	6:15 - 11:30	\$760
	7462	Coed E	Fri.	6/25 – 8/6	6:15 – 11:30am	\$760
	7460	Coed E	Thurs.	6/24 – 8/5	6:15 – 11:30am	\$760
	7456	Coed E	Tues.	6/22 – 8/3	6:15 – 11:30am	\$760
	8005	Free Agent Coed	Tues.	6/22 – 8/3	6:15 – 11:30pm	\$760
	7453	Men's D	Mon.	6/21 – 8/9	6:15 – 11:30am	\$760
	7457	Men's D	Wed.	6/23 - 8/4	6:15 – 11:30am	\$760
	7454	Men's E	Mon.	6/21 – 8/9	6:15 – 11:30am	\$760
	8006	Free Agent Men's	Mon.	6/21 – 8/9	6:15 – 11:30pm	\$760
	7458	Men's E	Wed.	6/32 – 8/4	6:15 – 11:30am	\$760
	6669	65+ Draft League	Tues.	7/13 - 8/31	9am – 1pm	\$928

CORNHOLE

Cornhole

5 Weeks. We're bringing you the fan favorite lawn to the masses Join us this fall for 5 weeks of evening play Do you have what it takes to take home the corn title? Come play in our casual (lower), recreational (upper). Team registration's only. 2 per team with one alternate allowed. Teams will play two games (up to six matches) a night. Registration fee is \$50 a team. Location:

Dwight Merkel Sports Complex, 5701 N Assembly \$50

Registration deadline: 6/4. Late Registration: 6/11.

Recrea	tional Lov	wer Competition					
7967	Tues.	6/15-7/13	6-10pm				
Recrea	Recreational Upper Competition						
7968	Tues.	6/15-7/13	6-10pm				
Recreational Lower Competition							
7969	Fri.	6/18-7/16	6-10pm				
Recreational Upper Competition							
7970	Fri.	6/18-7/16	6-10pm				





EZAWA

5 weeks | Ages 6-21 (1 week | Adults Ages 18+) Funshine Day Camp is a funfilled camp for those with developmental and/or physical disabilities. Recreation activities include sports, games, water activities, crafts, walks, field trips and more. If in phase 1-2, enrollment will be limited to 15 campers. All campers who need support for personal care and staying in a small group will need to come with their own support staff. We will have 2 camp spots available each week for a camper to bring an aid if needed. Fridays are field trip days to a variety of exciting locations. Each week the camp centers around a different theme. We celebrate the end of summer with our annual Carnival and Potluck. Meet at Browne Elementary School, 5102 N. Driscoll Blvd. \$219 weekly.

FDC-Kids #1 Mighty Jungle – Field Trip to Riverfront Park 7040 M-F 6/28-7/2 9am-2:30pm

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FDC-Kids #2 Under the Sea - Field trip to Shadle Park

7041 M-F 7/12-7/16 9am-2:30pm

FDC-KIDS #3 Through the Forest - Field trip to Finch Arboretum

7042 M-F 7/19 - 7/23 9am-2:30pm

FDC-Kids #4 The Great Outdoors - Field trip to Riverside State Park

7043 M-F 8/2-8/6 9am-2:30pm

FDC-KIDS #5 Lights, Camera, Action – Annual Carnival & Potluck

7044 M-F 8/9-8/13 9am-2:30pm

ADULT Week Best of the Best - Field Trip to Manito Park

7045 M-F 7/26-7/30 9am-2:30pm



Camps begin on dates specified and run for period of time noted on schedule. Camp size is limited and available on a first come first served basis. Therapeutic Recreation Services is a registered contractor with DSHS and are eligible to accept DDA respite funds for payment of activities.

PRE-REGISTRATION REQUIRED FOR ALL CAMPS.

FULL BROCHURE AVAILABLE AT SPOKANEPARKS.ORG

REGISTER ON-LINE: at SpokaneRec.org.

REGISTER BY PHONE: Registration will be accepted ONLY with VISA or MasterCard at 311 (outside the city, call 509.755.2489).

Spokane Parks Foundation has given TRS scholarship funds. A limited amount will be available based on financial need. Use the contact information below to request the application packet.

CAMP QUESTIONS? Call 625.6245, email abusch@spokanecity.org



TRS FITNESS & WELLNESS

TRS HIKING

TRS Hiking

1 day | Ages 16+ Discover the beauty of local Spokane areas. Participants must be able to follow directions, stay with a group and be in good physical condition to do 2-4 miles of strenuous hiking. Bring a lunch.

Dishman Hills Natural Area

This is Spokane's wilderness version of New York's Central Park, with rocks, land forms, and vegetation. Enjoy ponds, cliffs, ravines, and numerous high points with views. You could see deer, raccoons, coyotes, and 100 species of birds. We will have several loops to choose from. Meet at **Dishman Hills Natural Area Trailhead 625 S. Sargent Rd.** \$19

7986 Sat. 6/26 10am-12:30pm

Riverside State Park Hike

We will be exploring the Bowl and Pitcher Area which includes crossing a suspension bridge over the Spokane River. Meet at Riverside State Park, 4427 N. Aubrey White Parkway. \$19
7987 Sat. 7/17 10am-12:30pm

Mirabeau Point Park Hike

The park includes 55 acres of meadows, forest, trails, Mirabeau Springs waterfall, discovery playground, climbing hills and easy access to Centennial Trail. Meet at Mirabeau Point Park, 13500 Mirabeau Pkwy, Spokane Valley. \$19

7988 Sat. 7/31 10am-12:30pm

Palisades Park Hike

Palisades Conservation Area is full of a variety of plants, flowers, birds and nature trails. The park has views of Mt. Spokane, the city, and has a natural creek and waterfall. Meet at **Palisades Park, 5200 W. Greenwood Rd.** \$19

7989 Sat. 8/14 10am-12:30pm

Fish Lake Trail Hike

A beautiful ADA accessible trail that takes you from urban to rural in one mile. A former railroad route-7.6 miles one way- now paved that connects West Spokane to Queen Lucas Lake. We will walk as far as the group chooses. Meet at **trailhead**, **16th & S. Lindeke St.** \$19

7990 Sat. 8/28 10am-12:30pm

Whenever pandemic protocols loosen or are lifted we are prepared to make program adjustments accordingly.

Please visit www.spokanerec.org for the most up-to-date COVID program impacts.



TRS Walking

4 weeks | Ages 14+ If you enjoy the outdoors, exercise and socializing with friends this weekly stroll is for you. We will divide the group into slow and fast walkers. Please wear comfortable, loose clothing such as sweats and sturdy walking shoes. Meet at **Sky Prairie Park, 8501 N Nettleton Ct.** \$27.

7984 Tues. 7/13-8/3 2-3:30pm 7985 Tues. 8/10-8/31 2-3:30pm

TRS Bicycling

6 Weeks | Ages 16+ Enjoy Spokane's natural beauty by bicycle. Participants need to be in physical condition and ride a bike safely. Make sure your bike is in good working order and helmet fits well. Meet at **Mirabeau Point Park, trailhead , 13500 Mirabeau Pkwy, Spokane Valley.** \$54

7973 Wed. 7/21-8/25 5-7pm



TRS SOCIALIZATION

TRS Classy Crafts

4 weeks | Ages 16+ Explore your creative side and make a variety of beautiful and meaningful crafts each week. Participants will have the opportunity to improve skills such as fine motor, socialization and communication. Covid-19 Note: Instructor will implement physical distancing protocols by requiring students to work 6 feet apart unless from the same household. No sharing of supplies, unless students are from the same home. Masks are required. Class meets at Park Operations lunch room, 2304 E. Mallon Ave. \$47

7979 Thurs. 7/8-7/29 4:15-5:30pm 7980 Thurs. 8/5-8/26 4:15-5:30pm

TRS Trivia Night

1 day | Ages 14+ Bring your sack dinner and laugh with friends while playing Trivia. Fun prizes will abound. Meet at Park Operations lunch room, 2304 E. Mallon Ave. \$19

7998 Tues. 8/17 5:30-7pm

TRS Paint & Taste

1 day | Ages 14+ Do you like painting and apple cider? Make a masterpiece of our very own while enjoying sippin on cider. Park Operations lunch room, 2304 E.Mallon Ave. \$19

7999 Tues. 8/24 5:30-7pm

TRS Tie-Dye Workshop

1 day | Ages 18+ Groovy is in. Don't miss this colorful chance to create your own T-shirt. We will provide one t-shirt; you may bring extra items from home to dye. Participants will practice socialization skills. Meet at Park Operations lunch room, 2304 E.Mallon Ave. \$19

8000 Tues. 8/31 5:30-7pm

TRS Cornhole & Pizza

4 Weeks | Ages 12+ Fresh air, fun and favorite lawn game-Cornhole. Laughter and friendly competition will abound. Pizza will be served. Meet at **Pickleball Playground, 10505 N. Newport Hwy.** \$53

7975 Mon. 7/12-8/2 4:30-6pm 7977 Mon. 8/9-8/30 4:30-6pm



TRS Disc Golf & Pizza

3 weeks | Ages 12+ We will visit a Spokane Parks and Recreation Park that host a Jr. Disc golf course. Safety and throwing fundamentals will be covered. Games played each week. Disc is included in the price. Discs provided if forget to bring. Pizza served at the end of each weekly play. Meet at a variety of locations. \$43

Hays Park, 1812 E. Providence

7991 Fri. 7/16-7/30 4-5:30pm

Ben Burr Park, 4401 S Havana St.

7992 Fri. 8/13-8/27 4-5:30pm



TRS DANCE & MUSIC

TRS Drumming

4 weeks | Ages 14+ Come jam with TRS in the drumming circle for fun and friendship. Class covers how to follow a beat and play your own rhythms within the beat of the group. No experience needed. Be ready to laugh and learn. Drums provided. Bring own if desired. Meet at Park Operations, 2304 E. Mallon Ave. \$29

7981 Thurs. 7/8-7/29 5:45-6:45pm 7982 Thurs. 8/5-8/26 5:45-6:45pm

TRS Line Dancing

4 Weeks | Ages 14+ Easy beginner line dancing is for everyone. Grab your dancing shoes and join us as we learn the fundamentals of line dancing. Due to Covid protocols the size of class will be limited and each person will be physically distanced while dancing. Meet at **The Pickleball Playground**, **10505 N. Newport Hwy**. \$31

7974 Mon. 7/12-8/2 3-4pm



Spokane Parks and Recreation affiliates itself with a number of non-profit community organizations benefitting older adults and young children. We greatly appreciate our relationship with these centers and their individual recreation programs.

CORBIN SENIOR ACTIVITY CENTER

827 W. Cleveland Ave. For information call: 509.327.1584 www.corbinseniorcenter.org

Corbin Senior Activity Center Golf Scramble

What better way to support Spokane's vibrant senior community than a round of golf on a beautiful summer day? This year's annual golf tournament will be held at Deer Park Golf Course on July 9th. Participants will enjoy 18 holes of golf with a cart, a full lunch and door prizes! With tickets at just \$85 it's a great value with proceeds going to support the mission of the Corbin Senior Activity Center. With mulligans and a host of hacks and perks for sale, you don't even have to be Arnold Palmer to compete for the grand prize! Sign up at www.corbinseniorcenter.org/corbinsenior-center-events/ or call 509-327-1584 Cost: \$85 pp or \$300 for team of 4.

Fri. 7/9/21 8am-12pm

SOUTHSIDE COMMUNITY & SENIOR CENTER

3151 E. 27th Ave. For information call: 509.535.0803 www.southsidescc.org

Zumba with Sarah Quin

All age groups. Zumba is a fitness program that combines Latin and international music with dance moves. Zumba routines incorporate interval training — alternating fast and slow rhythms — to help improve cardiovascular fitness. Cost of program: \$7 per class. Session discounts available.

Mon. & Thurs. Ongoing 6:30 – 7:30pm

Table Tennis with Nick Dolton (Cert. Coach)

All age groups. Also called Ping Pong is a great exercise Some of the many health benefits of table tennis include: Improving hand-eye coordination, Improving reflexes, It's easy on the joints, It burns calories, It's a social sport, It keeps your brain sharp, Table Tennis is utilized a treatment for dementia, It improves balance. Lessons available. Cost of the program: \$6/drop in fees may vary. Wed.

Ongoing

6 - 9pm

Bingo

All age groups. Bingo is a game of chance in which each player matches numbers printed in different arrangements on cards with the numbers the game host (caller) draws at random, marking the selected numbers with tiles. It is a lot of fun and a chance to connect with people. Our bingo includes not only prizes for winning but other door prizes as well. Per gambling commission rules you must be a member to play and per the CDC and Governor Inslee's guidelines everyone must be fully vaccinated. Cost of the program: \$10 per sheet

Sun. Ongoing 1 - 3pm

Tai Chi with Altari

All age groups. Many practitioners of tai chi use this technique to enhance physical and mental health, as well as to improve posture, balance, flexibility, and strength. In addition, tai chi is said to boost mood, alleviate pain, strengthen the immune system, and improve heart health. Cost of the program: \$6 Wed.

Ongoing

10am - 12 pm

NORTHEAST YOUTH CENTER

3004 E Queen Ave. For information call: 509.482.0708 spokaneneyc.com

Summer Camp Alotta Fun!

Ages 5-12 You will be hit with a tidal wave of awesome field trip adventures, outstanding recreational activities, crafts, and weekly trips to our local pools and parks. This unique camp provides amazing fun to keep all kids begging for more. Breakfast, lunch & afternoon snack included. State pay accepted – immunization records required. Scholarships available. \$660/mo or \$168/wk Mon – Fri 6/23-9/1 6am – 6pm

Early Learners Academy

Ages 3-5 Looking for a fun preschool program that incorporates both learning activities and fun? We offer educational and recreational activities, a learning curriculum & a variety of field trips that will guarantee a summer of fun. Breakfast, lunch & afternoon snack included. State pay accepted, immunization records required, MUST BE POTTY TRAINED. Scholarships available. \$845/mo or \$212/wk

Mon – Fri 6/21 - 9/1 6am – 6pm

Northeast Youth Center Tae-Kwon-Do Club

Ages 8+ This class is designed to focus on fitness, flexibility, coordination, strength, and self-defense techniques. The program is committed to giving back to the community and to help those in need and requests that each participant pay for classes with only 2 cans of food a month. 2 cans of food per month

Mon & Wed 4/26 – on going 6-8pm

SOUTHWEST SPOKANE COMMUNITY CENTER

310 S Spruce. For information call: 509.624.8634

Southwest Spokane Community Center Youth Program

We are a drop off daycare that also has a foodbank. Cost of the Program: Sliding Scale based on income. School Grades of program participants: K-6th Grade Dates of operation: All year except federal holidays

Hours of operation:

During the District 81 school year: 2:30-5:30pm
During District 81 Summer break: 7:30am - 5:30pm

Frequently Asked Questions



What kind of COVID -19 program modifications are being made?

Parks and Recreation will continue to follow the most current Washington Department of Health Guidelines relating to COVID-19 Re-Opening protocols.

Will SPRD track any illness symptoms or outbreaks?

Absolutely. We will have a symptom checklist, including tracking for temperatures and, asking if the participant or immediate family members have exhibited known symptoms, such as:

- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Fever and/or chills
- Muscle or body aches
- Headache

- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Can you tell me more about increased disinfection procedures?

We are closely monitoring statewide, national and industry guidelines to keep our participants, families, and staff safe. Staff will regularly wash their hands, high- touch areas will be regularly and routinely sanitized, and physical distancing will be emphasized. We have developed additional guidelines regarding health checks, physical distancing, handwashing and sanitizing items.

What about Smoke/Smog or Inclement Weather?

In the interest of safety, the Parks and Recreation Department retains the right to cancel an activity for close a facility due to inclement weather conditions. In the event that the Parks and Recreation Department Cancels a programs, all registered participants will be notified and will receive a credit or refund on their CivicRec Account. In the case of poor air quality, staff will modify activities, reducing high energy level activities, such as running, tag games, and extensive hiking. Staff will also encourage participants to take extra breaks, drink lots of water, and will, of course, be keeping a close eye on participants throughout the day. When the AQI equals or exceed AQI value 150 which is in the lowest level of the "unhealthy" category, activities will be moved indoors or canceled until improvement occurs.

What if a program is cancelled due to unforeseen circumstances, like another statewide order closing programs?

Patrons will receive a refund if a program is cancelled by SPRD due to compliance with a statewide closure order, or for some other reason.

Can I stay and watch my family members during their program?

• Parents/visitors must comply with current state or local COVID-19 guidelines.

SATISFACTION GUARANTEED

You are important to us! The City of Spokane Parks and Recreation Department is committed to excellence by providing high-quality programs and services for you. If you or a family member are not satisfied with a class, program, or activity offered by the City, let us know your concerns in writing.

REGISTER ONLINE

SpokaneRec.org



MAIL US

City of Spokane Parks & Recreation Class Registration 808 W. Spokane Falls Blvd. Spokane WA 99201

*checks payable to City of Spokane



CALL US

Call 311 or outside the city at 509.755.CITY Fax 509.625.6990



PAYMENT INFORMATION

Full payment is required at the time of enrollment (DDA Funding and TRS programs with prior approval are exempt). Registrations cannot be accepted from participants with past due balance. Do not mail cash. Return checks are subject to a \$25.00 handling fee.

INCLEMENT WEATHER

In the interest of safety, the Parks and Recreation Department retains the right to cancel an activity or close a facility due to inclement weather conditions such as lightning, ice, snow, extreme heat or unhealthy air quality. In the event that the Parks and Recreation Department cancels a program due to inclement weather, all paid participants will be notified and will receive a credit or refund.

DISCLAIMER

Spokane Parks and Recreation reserves the right to make any changes in the content, fees, and provision of the class schedule without notice. Check our website for the latest updates.

REFUND/CANCELLATION POLICY

We recognize that you may wish to withdraw for a variety of reasons, but our policy encourages early decisions so as to not affect other customers or our ability to efficiently deliver the programs. If you are in need of a refund, please note:

- Recreation programs require at least seven days advanced notice prior to the start date to avoid additional fees.
- All requests must be submitted in writing by mail or email to the appropriate Recreation Supervisor. (Recreation Supervisors and contact info. is listed in page 2 of this guide)
- At a minimum, all refund requests are subject to a \$15 administrative fee. Additional fees may be assessed to recover
 costs associated with the program.
- Sport league programs time frame for refunds reflects planning time and once league play has commenced neither refunds nor proration of the league fee will be granted.
- Refunds follow the City's Finance Department payment schedule and take approximately 30 days to process.

We depend on your enrollment for a successful class. Please plan your schedule carefully. Classes which do not meet minimum enrollment are subject to cancellation. In the case of a cancellation, you can choose one of these options:

- Transfer to another class
- Credit your account
- Receive a full refund (allow up to 30 days for processing)

Classes held at Spokane Public School facilities do not meet on dates school is not in session (holidays, vacations periods, curriculum days). Class sessions scheduled for those dates will be made up at the end of the regular schedule.

INCLUSION/ACCOMMODATION

We support the Americans with Disabilities Act and encourage participation by all regardless of race, color, national origin, age, sex, religion, veteran status, marital status, sexual orientation or ability. We can assist in obtaining specialized equipment, interpretive services, or other support to make your involvement successful. To assure the best experience for all participants, we need your accommodation request along with your registration a minimum of two weeks in advance of the program date. For more information, contact Meghann Steinolfson at 509-625-6903 or msteinolfson@spokanecity.org.



City of Spokane Parks and Recreation Department

509.755.CITY (2489) SpokaneParks.org

ACTIVITY REGISTRATION FORM

NA/lei-ale regression and control of the control	FIRST NAME MI								
Which program are you registering for? General TRS	ADDRESS	DRESS				CITY/STATE ZIP		ZIP	
PAYEE INFORMATION	DAY WORK OR CELL PHONE			NIGHT PHONE			EMAIL		
		ı							
PARTICIPANT INFORMATION LAST NAME FIRST NAME M		BIRTHDATE	AGE	GENDER	ACTIVITY NUM	MBER	ACTIVITY NAME		FEE
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Statistical Information (birthdate & sex of part	cipant) is used for d	lemographics and	I to custom	nize course	activities				
Make checks payable to:City of SpokaneMailing Address:Spokane Parks & Recreation Department Class Registration – My Spokane 808 W. Spokane Falls Blvd. Spokane, WA 99201-3317Total Program Fees: \$					gram				
Credit Card /Debit Card payments are also accepted in the form of VISA, MC or AMEX for Online or Phone Registrations Only.									
DDA will send funds. Yes No	Case Manage Name:	r		pho	ne #		email:	1	
Please contact your case manager to send verification of payment to: abusch@spokanecity.org									
THERAPEUTIC RECREATION ONLY General supervision is provided 15 minutes prior to class time and 15 minutes at end of class. If additional supervision is required there will an additional fee imposed.									
Check One: Group Home/Institution In Own Home/Apartment Private Home With Parent									
Dietary Precautions/Foods to avoid:									
Allergies: Bee/Wasp Stings Drug Allergies Food Allergies Datex Allergies Other Please Specify:									
Activity Limitations/Physical problems (if any):									
Will you (your child) need to be reminded to take medications during program hours? ☐ Yes ☐ No									
Careprovider/Support Staff provided?	Yes □ No								
Will you be using Paratransit? ☐ Yes ☐ No If yes, what is your rider number?									

Nov 2018

CONTINUE ON BACK I



THERAPEUTIC RECREATION Do you have any disabilities? (be specific) **Participant Personal Needs:** Therapeutic Recreation staff provides leadership and supervision for the activity but are unable to provide attendant care (feeding, toileting assistance, giving medications, transfers, etc.). Care providers should accompany participants who need such attendant care. Parks & Recreation staff reserves the right to mandate a care provider as a prerequisite to participation. Registration fees for care providers will vary by activity. **Behavioral Triggers or fears: Needs Help Managing:** Participation: ☐ Behavior ☐ Easily Social Skills/Behavioral Info: ☐ Personal Space □Needs Occasional Prompting Other information: ☐ Emotions □ Needs Constant Prompting Check all that apply: Mobility and Do you use adaptive Wheelchair: Other information: □ Cane/Crutches Adaptive equipment? ☐ Manual ☐ Full-time ☐ AFO's/Splint/braces **Equipment:** ☐ Yes □ No □ Electric ☐ Part-time ☐ Walker **Communication Information: Eating** Other information: Toileting: □ Verbal and clearly understood □ Independent ☐ Independent ☐ Verbal but not clearly understood $\ \square$ Independent w/reminders $\ \square$ Independent w/ partial **Daily Life:** Non-verbal П assistance ☐ Only with assistance ☐ Uses sign language Only with assistance ☐ Uses a communication board **Additional Personal Needs Information: MEDICATION INFORMATION & WAIVER** This form must be completed by all participants who require medication while attending a City of Spokane activity (referred to herein as "Participant"). Please complete the Medication Information Form & Waiver of Liability even if Participant will not take medication while at the activity. This information will help us better assist Participant with medications. • The activity leaders will provide reminders to Participant to take medications and to safely secure medication when not in use. · Participant must be able to take his/her own medications while at the activity. · Please package medication by dose in individual extra small zip lock bags or blister cards labeled by the pharmacy to include: 1) name of Participant; 2) name of physician; 3) name of pharmacy; 4) dosage and amount; and 5) time to take. For example, if Participant takes six different medications at dinner time there should be six small zip lock bags or blister cards, each with the label information listed above. Then put all bags in a larger zip lock bag labeled with Participant's name, date, day, and time to take; e.g. Sam Jones, Saturday, June 15, 6:00 pm. •Please send only the amount of medication needed for the dates of the activity. Do not send excess dosages. •If Participant has a medical insurance card, please bring it in case of emergency. WAIVER OF LIABILITY: I understand that personnel from Parks & Recreation will administer only the prescribed medication mentioned in this Medication Information Form. I hereby waive any and all claims against the City of Spokane, which includes the City of Spokane Parks & Recreation Division and Therapeutic Recreation Services; any employees, chaperones, or volunteers; and all their respective insurance companies, successors in interest, commercial & corporate sponsors, affiliates, agents, employees, representatives, assignees, officers, directors, and shareholders (each a "Released Party"), and agree to hold Released Parties harmless from any and all liability which may arise in connection with Participant's use of medication. BY SIGNING ON BEHALF OF A MINOR OR OTHER PARTICIPANT, I REPRESENT THAT I AM AUTHORIZED TO SIGN ON PARTICIPANT'S BEHALF and/ or I AM THE PARENT OR LEGAL GUARDIAN OF THE MINOR PARTICIPANT and acknowledge that Participant is bound by all the terms of this Agreement. Signature Date Type: Dosage: Time(s): MEDICATION Time(s): Type: Dosage: TAKFN Type: Dosage: Time(s): List any special instructions/cautions/side effects:

Nov 2018

CITY OF SPOKANE PARKS & RECREATION DEPARTMENT WAIVER AND RELEASE OF LIABILITY

WARNING: PLEASE READ CAREFULLY BEFORE SIGNING!

THIS IS A RELEASE OF LIABILITY & WAIVER OF CERTAIN LEGAL RIGHTS INCLUDING THE RIGHT TO SUE OR CLAIM COMPENSATION

- 1. Each person participating in the City of Spokane Parks & Recreation Division's activity identified herein (referred to as "Activity") is referred to as "Participant." I, the undersigned, am a Participant and, if a Participant is under 18 or has a guardian, I am the Participant's parent or legal guardian. I understand that participating in the Activity referenced herein can be HAZARDOUS AND INVOLVE THE RISK OF PHYSICAL INJURY AND/OR DEATH.
- 2. I understand the dangers and risks of the Activity and that Participant ASSUMES ALL INHERENT DANGERS AND RISKS of the Activity.
- 3. In consideration for being permitted to participate in the Activity, I AGREE, to the greatest extent permitted by law, TO WAIVE ANY AND ALL CLAIMS AGAINST AND TO HOLD HARMLESS, RELEASE, INDEMNIFY, AND AGREE NOT TO SUE the City of Spokane, which includes the City of Spokane Parks & Recreation Division and Therapeutic Recreation Services; any employees, chaperones, or volunteers; and all their respective insurance companies, successors in interest, commercial & corporate sponsors, affiliates, agents, employees, representatives, assignees, officers, directors, and shareholders (each a "Released Party") FOR ANY INJURY, INCLUDING DEATH, LOSS, PROPERTY DAMAGE, OR EXPENSE, WHICH I, OR PARTICIPANT, MAY SUFFER, ARISING IN WHOLE OR IN PART OUT OF PARTICIPANT'S PARTICIPATION IN THE ACTIVITY except only for injury or damage caused by the sole negligence of the City of Spokane, its employees, or agents. To the extent Participant's damages were caused by or resulted from the concurrent negligence of the City of Spokane, its elected and appointed officers, employees, agents, or representatives, the obligation to indemnify, defend, and hold harmless is valid and enforceable to the extent of the negligence of Participant.

I UNDERSTAND THAT I AM ENGAGING IN AN ACTIVITY THAT HAS NUMEROUS INHERENT RISKS THAT COULD LEAD TO MY SERIOUS INJURY (INCLUDING COMPLETE PARALYSIS) OR DEATH. I ACKNOWLEDGE THAT REMOVING THOSE RISKS IS NOT POSSIBLE AND ELIMINATING THOSE RISKS WOULD FUNDAMENTALLY CHANGE THE NATURE OF THE ACTIVITY AND WOULD JEOPARDIZE THE ESSENTIAL QUALITIES OF THE ACTIVITY.

IN FURTHER CONSIDERATION FOR ALLOWING PARTICIPANT TO PARTICIPATE IN THE ACTIVITY, I FURTHER RELEASE AND GIVE UP ANY AND ALL CLAIMS AND RIGHTS THAT I MAY NOW HAVE AGAINST ANY RELEASED PARTY AND UNDERSTAND THIS RELEASES ALL CLAIMS, INCLUDING THOSE OF WHICH I AM NOT AWARE, THOSE NOT MENTIONED IN THIS RELEASE AND THOSE RESULTING FROM ANYTHING WHICH HAS HAPPENED UP TO NOW.

- 4. I AGREE TO PAY ALL COSTS, INCLUDING ATTORNEYS' FEES, INCURRED BY ANY RELEASED PARTY IN DEFENDING AN INVESTIGATION, CLAIM, OR LAWSUIT BROUGHT BY OR ON PARTICIPANT'S BEHALF WHETHER ARISING IN WHOLE OR IN PART FROM PARTICIPANT'S PARTICIPATION IN ANY ACTIVITY OR FROM ANY MISREPRESENTATIONS OR FRAUDULENT EXECUTION OF THIS AGREEMENT.
- 5. I represent that Participant is in good health and that there are no special problems associated with Participant's physical or mental condition that would enhance the risks of my participation in the Activity, that would increase the likelihood of my injury and/or death, or that would interfere with my safety in the Activity. I authorize a licensed physician or other medical care provider to carry out any emergency medical care for Participant which may be necessary and agree to be fully responsible for any costs associated with such care or transport to such care.
- 6. I grant the Released Parties the right of publicity to own and use any image collected of Participant while participating in the Activity. YES NO
- 7. I agree that any and all claims for loss, injury, and/or death arising from Participant's participation in the Activity shall be governed by the law of the State of Washington and that exclusive jurisdiction of any such claim shall be in a court of competent jurisdiction in the in the State of Washington, County of Spokane.
- 8. BY SIGNING ON BEHALF OF A MINOR OR OTHER PARTICIPANT, I REPRESENT THAT I AM AUTHORIZED TO SIGN ON PARTICIPANT'S BEHALF and/or I AM THE PARENT OR LEGAL GUARDIAN OF THE MINOR PARTICIPANT and acknowledge that Participant is bound by all the terms of this Agreement. I acknowledge that the Activity entails known and unanticipated risks that could result in physical or emotional injury, paralysis, or death to Participant as well as damage to property, or to third parties. I understand that such risk cannot be eliminated without jeopardizing the essential qualities of the activity. I assume the risk and financial responsibility for any injury, illness, or liability resulting from Participant's participation. I waive any claims and agree to hold harmless and not sue Released Parties from all claims or liability arising out of Participant's participation. I have been made aware of the itinerary and give permission for Participant to ride in the vehicle designated by the staff of the City of Spokane Park & Recreation Division while attending or participating in the Activity, and I understand this release/waiver applies with equal weight to any claim arising from riding in a vehicle, including entering or exiting the vehicle. I certify that the Participant has no medical or physical conditions that could interfere with his/her safety in this activity, or else I am willing to assume and bear the costs of all risks that may be created, directly or indirectly, by any such condition.

In case of emergency involving Participant, I understand every effort will be made to contact me. In the event I cannot be reached, I authorize a qualified physician/surgeon selected by City of Spokane personnel to examine and in the event of injury or serious illness administer emergency care to the above-named participant which may include hospitalization, anesthesia, surgery, or injections of medication for Participant. I understand every reasonable effort will be made to contact me to explain the nature of the problem prior to any involved treatment. In the event it becomes necessary for City of Spokane Parks & Recreation staff or volunteers to obtain emergency care for Participant, I agree that neither the City of Spokane nor any of its personnel assumes financial liability for expenses incurred because of the accident, injury, or illness.

9. I understand that this Agreement will apply for each and every day Participant participates in any Activity. I understand that this Agreement is a contract and, to the fullest extent permitted by law, shall be binding on me and my assignees, subrogors, distributors, heirs, next of kin, executors and personal representatives. If any part of this Agreement is deemed to be unenforceable, the remaining terms shall be an enforceable contract between the parties.

MINOR PARTICIPANT INFORMATION - r	equires Parent/Guardian to complete, s	sign & date below	
Minor – Last Name, First name, M.I. (print)	Date of birth (MM-DD-YYYY	<u>(</u>)	
ADULT PARTICIPANT INFORMATION - rec	quired to complete, sign & date below		
		2	
Adult/Parent/Guardian - Last, First, M.I. (print)	Date of birth (MM-DD-YYYY)	Signature	Date
Emergency Contact (print)	Relation	Phone number	



Assumption of Risk and Waiver of Liability

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people. The City of Spokane Parks and Recreation Department (SPRD) has created new protocols and put in place preventative measures to reduce the spread of COVID-19; however, SPRD cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, attending any program may increase yours and your child(ren)s' risk of contracting COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending SPRD programs, activities, or events, and that such exposure or infection may result in personal injury, illness, permanent disability, and/or death. I understand that the risk of becoming exposed to or infected by COVID-19 from participation in SPRD programs may result from the actions, omissions, or negligence of myself and others, including, but not limited to, SPRD employees, volunteers, and program participants and their families. I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself including, but not limited to, personal injury, disability, death, illness, damage, loss, claim, liability, or expense of any kind that I or my child(ren) may experience or incur in connection with my or my child(ren)s' attendance at SPRD programs. On my behalf, and on behalf of my child(ren), I hereby release, covenant not to sue, discharge, and hold harmless SPRD, City of Spokane, and their officials, employees, agents, and representatives, from and against any and all liability, claims, demands, actions, causes of action, damages, and expenses arising or in any way related to my or my child(ren)s' attendance at SPRD programs. I understand and agree that this release and covenant not to sue includes, but is not limited to, any claims related to COVID-19 based on the actions, omissions, or negligence of SPRD, City of Spokane, or their officials, employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any SPRD program.

Signature of Parent/Guardian	Print Minor Participant Name	Date
Signature of Adult Participant	Print Adult Participant Name	Date
Required Contact Tracing Information: Phone Number Email address		



summer fitness series









Presented by:





riverfrontspokane.org



Barre, Bootcamp & Brawl

Thursdays; May 20 - June 10 Pavilion | 6:00 - 7:00pm



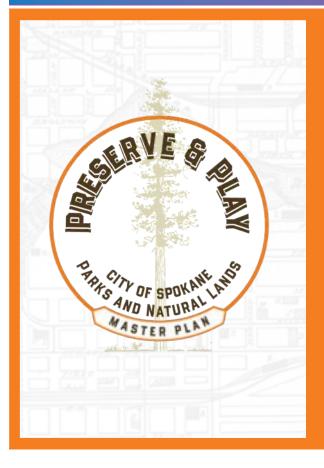
Barre on the Bridge

Thursdays; June 24 - July 12 Barbieri Bridge | 7:00 - 8:00pm

> THE NOINU

Summer Solstice Yoga

Sunday, June 20 Pavilion | 7:00 - 8:00pm



WHAT SHOULD PARKS DO **NEXT?**

Be part of the conversation as we look to the next ten years for Spokane's parks and natural lands!

Survey coming out mid-summer.

Sign up for updates at SpokaneParksMasterPlan.org



Spokane Parks and Recreation 5th Floor City Hall 808 W. Spokane Falls Blvd. Spokane, WA 99201-3317

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OUTDOOR ADVENTURE CAMPS • DAY CAMPS AT MERKEL