

spring **ACTIVITY** *guide*



Spring into Adventure!

SOMETHING NEW FOR EVERYONE!

SPRING BREAK CAMPS • ADULT SPORTS LEAGUES • GOLF • SUMMER HIGHLIGHTS
OUTDOOR TRIPS FOR ALL AGES • THERAPEUTIC RECREATION • ADULT ART

EXPLORE
PARKS
NATURE

SPORTS
& REC
OUTDOOR

CAMPS
LEARN
CLASSES

SWIM
POOLS
SPLASH

PLAY
GOLF
LEARN

ENJOY
RIVER
FRONT
PARK



City of Spokane
PARKS
& RECREATION

SPOKANEREC.ORG | CALL 311 AND PRESS 3 OR DIAL 509-755-2489

SOFTBALL FREE AGENT

NO TEAM? NO PROBLEM! Sign up as a softball free agent and we'll find you a team based on availability, skill level, and need of the league. We have a league and night of play for everyone from beginner to fierce competitor. Don't stay on the bench — jump into the game with us this season!

Register before April 10 for \$55 (a \$25 savings!)
Registration deadline April 17.
League runs April 26 - June 14.

**GO TO SPOKANEREC.ORG
OR CALL 311 TO REGISTER!**



TRS Wallowa Trip

6020 August 23-26 \$499

Register Today for this amazing 4 day trip!



Tent camping at beautiful Wallowa Lake State Park, located in the Eagle Cap Wilderness of northeast Oregon. The campground has shower facilities, campfire programs, and beach access. Souvenir shopping, arcades, bumper boats and go karts are all within easy walking distance from our campsite. Activities also include riding the world's steepest tramway to the top of Mt. Howard, visiting the historic town of Joseph and its fine art galleries, ride railrider bikes and enjoy evenings around a campfire.

Non-refundable deposit fee \$75 due upon registration with balance paid in full by 8/10 unless prior arrangements are made.

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KNOW YOUR REC STAFF

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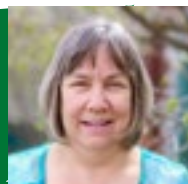
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Splash Pads Open May 23!

2020 Hours Of Operation

May 23 – Sept. 7 9am – 8pm Monday – Sunday



Witter Pre-Season Lap Swim

May 4 - June 12

Monday – Friday • 11:30am – 2pm
Eight 50 meter lanes

AQUATICS HOTLINE

509-625-6960

Get up-to-date information on pool closures hours and more.

Parent Tot Open Swim

Ages 0-7yrs. with Adults Ever thought that the regular open swim was at the wrong time for you and your child due to nap times and all of the energetic older kids? We thought so too. Come join us for a calm and exclusive swim time, just for you and your little ones. **Cannon, Comstock, Hillyard & Liberty Aquatic Centers.**

Mon.-Thurs. 6/15-8/20 10-11:50am

Comstock

Mon.-Thurs. 6/15-8/20 11am-Noon Cannon, Hillyard & Liberty

Senior Swim

Ages 55+ Cannon, Hillyard & Liberty Aquatic Centers

Mon.-Thurs.

6/15-8/20

11am-Noon

FREE SWIM SPLASHPASS

SplashPass | Free Swimming Pass

All Ages | Take full advantage of the summer by signing up for your free SplashPass and cooling off at the pool. By registering for your free SplashPass you will enjoy access to all six of the City of Spokane aquatic centers. Admission to the pools is free, but a no-cost SplashPass is required. SplashPasses provide:

- Free admission during Open, Lap, and Parent Tot Open Swim hours
- Notification of pool events and closures (opt-out available)
- Acknowledgement and acceptance of important pool rules that are in place for your safety

You can register for your free SplashPass by going online at SpokaneRec.org or at any of our aquatic centers. Registration is free and takes less than 5 minutes. Parent/Guardian must sign the rules for children 17 and under.

5067 Youth SplashPass (Ages 17 & Under)

5068 Adult SplashPass (Ages 18-54)

5069 Senior SplashPass (Ages 55+)



YOUTH FISHING FRENZY

SATURDAY, APRIL 18
SHADLE POOL

- Ages 5-14 with an adult
- Preregistration is Required
- \$5 per Child
- Bring your own fishing gear. Limited equipment to borrow while supplies last!



THREE SESSIONS!

Activity #5197. Sat. 4/18, 8am-9:30am
Activity #5698. Sat. 4/18, 10am-11:30am
Activity #5698. Sat. 4/18, 12pm-1:30pm

VISIT SPOKANEREC.ORG OR CALL 311 TO REGISTER!



AQUATICS SPECIAL EVENTS

2nd Annual Youth Fishing Frenzy

Ages 5-14yrs. Get your kids hooked on fishing before fishing season begins! Join us at the aquatic center for a morning of fishing, and family fun. Trout will be stocked into the pool, and it's up to our young anglers to reel in the big one. Aside from fishing, we will offer educational elements such as angler ethics, fishing identification, and water safety. Participants will need to provide their own fishing equipment, and preregistration is required. **Shadle Aquatic Center, 2005 W. Wellesley Ave.** \$5

5197	Sat.	4/18	8am-9:30am
5698	Sat.	4/18	10am-11:30am
5698	Sat.	4/18	12pm-1:30pm

SUMMER AQUATIC PROGRAM HIGHLIGHTS

Sunset Paddleboard Yoga

4 Weeks | Ages 16+ If you are looking to challenge yourself and try something new, paddleboard yoga is just for you! Engage your core while balancing on the board, all while enjoying warm comfortable water. It's a great workout, yet easier than you might think! This evening class is set while the sun goes down to offer a beautiful view while achieving your Zen. All essential equipment provided. **Witter Aquatic Center, 1300 E. Mission.** \$55

5074	Mon.	6/15-7/13	7:35-8:20pm (No Class 7/6)
39365	Wed.	6/17-7/8	7:35-8:20pm
39366	Mon.	7/20-8/10	7:35-8:20pm
39367	Wed.	7/22-8/12	7:35-8:20pm

Beginner Springboard Diving Lessons

2 Weeks | Ages 8+ In this introduction to springboard diving course, participants will learn the basic approaches, body positions, and dive entries. Safety will be stressed while learning fundamental dives. Divers will graduate when they can perform basic dives in the forward and backward classifications. Depending on individual skills, spins may be introduced. \$52

Liberty Aquatic Center, 502 S. Pittsburg St.

5075	Mon.-Thurs.	6/29-7/9	10-10:45am
5076	Mon.-Thurs.	7/13-7/23	10-10:45am
5077	Mon.-Thurs.	7/27-8/6	10-10:45am
5689	Mon.-Thurs.	8/10-8/20	10-10:45am

Hillyard Aquatic Center, 2600 E. Columbia

5690	Mon.-Thurs.	6/29-7/9	12-12:45pm
5691	Mon.-Thurs.	7/13-7/23	12-12:45pm
5692	Mon.-Thurs.	7/27-8/6	12-12:45pm
5693	Mon.-Thurs.	8/10-8/20	12-12:45pm

Advanced Springboard Diving Lessons

2 Weeks | Ages 8+ Divers who have completed the beginning courses or by permission of the instructor are welcomed to join the advanced class to further sharpen their skills while learning advanced techniques. Divers will continue to develop their skills by introducing inward, reverse, and twists dive categories.

Hillyard Aquatic Center, 2600 E. Columbia \$52

5694	Mon.-Thurs.	6/29-7/9	5-6pm
5695	Mon.-Thurs.	7/13-7/23	5-6pm
5696	Mon.-Thurs.	7/27-8/6	5-6pm
5697	Mon.-Thurs.	8/10-8/20	5-6pm

Dolphin | Aquatic Exploration Camp

2 Weeks | Ages 10-15yrs. Learn personal water safety & lifeguard readiness such as rescue skills, intro to CPR and first aid. Camp participants will learn the ins and outs of pool operations beyond what happens on deck. Through games and fun activities swimming and diving skills will be refined and endurance increased. This camp goes beyond fun, it will prepare your child to take a lifeguard class or join our Aqua Ducks Novice Swim Team. Prerequisite: demonstration of Barracuda skills. \$64

Comstock

4248	Mon.-Thurs.	6/15-6/25	9-11:15am
4247	Mon.-Thurs.	6/29-7/9	9-11:15am
4249	Mon.-Thurs.	7/13-7/23	9-11:15am
4250	Mon.-Thurs.	7/27-8/6	9-11:15am
4251	Mon.-Thurs.	8/10-8/20	9-11:15am

Shadle

4436	Mon.-Thurs.	6/15-6/25	9-11:15am
4435	Mon.-Thurs.	6/29-7/9	9-11:15am
4438	Mon.-Thurs.	7/13-7/23	9-11:15am
4441	Mon.-Thurs.	7/27-8/6	9-11:15am
4443	Mon.-Thurs.	8/10-8/20	9-11:15am

Aqua Ducks | Novice Swim Team

8 weeks | Ages 6+ Try out our novice team where the philosophy is to have fun while increasing swim endurance, refinement of the four Olympic strokes (breaststroke, backstroke, front crawl, butterfly), and learning starts and turns. Prerequisite: Ability to swim the 4 Olympic strokes 25 yards unassisted. Swim meets will be held at **Witter Pool at 5:30pm 7/9, 7/23 & 8/8.** (August 8th is the area Novice Championship Meet). \$200 includes meet fees.

Comstock Intermediate: Ages 9+, Must be able to swim 50 meters both front and back crawl unassisted.

4252	Mon.-Thurs.	6/15-8/6	7:30-8:45am
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Comstock

4253	Mon.-Thurs.	6/15-8/6	9-10:15am
4254	Mon.-Thurs.	6/15-8/6	4:45-6pm

Shadle

4445	Mon.-Thurs.	6/15-8/6	4:45-6pm
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Witter

5082	Mon.-Thurs.	6/15-8/6	10:45am-12pm
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INSTRUCTOR HIGHLIGHT



Meet Kevin Eddy!

Kevin has had a passion for water since he was an infant. He grew up in Lewiston, ID, and spent his summers at the pool playing, taking swim lessons, swimming competitively, and eventually becoming a lifeguard and swim instructor. Kevin came to Spokane to attend Whitworth University and was a proud member of their nationally recognized varsity swim program. For the past 20 years, he has shared his love of swimming with as many people as possible through lessons and coaching all levels of competitive swim teams. In 2008, he returned to Spokane and led a local USA Swimming club team, the Spokane Waves, to tremendous success. He “retired” from club swim coaching in 2013 to spend more time with his four children, but still taught lessons and served on the board of the local club swimming governing body. Kevin has also helped lead the Spokane Park Foundation’s Make A Splash program, which raises money to help low-income children gain access to learn-to-swim programs. Kevin loves guiding kids in developing their skills and is excited to help them gain safe and healthy habits. Kevin will be returning this summer for his 3rd season as the head coach of the Aqua Ducks Swim Team (check out page 4). His enthusiasm for swimming and water safety is clearly evident the moment you step on deck at Comstock pool; his “coach voice” can be distinctly heard teaching his swimmers technique, encouraging them, and just having a good time.

AquaFit

Varies | Ages 18+ This ongoing aqua class is a mixture of deep and shallow water exercises. You can expect to experience aerobic, balance, muscle toning and core strengthening types of routines on a rotating basis. Come burn some calories in a fun and refreshing environment!

Witter

5078 Tues. & Thurs. 6/16-8/20 6:30-7:15pm \$90
No Class 7/9, 7/23

Hillyard

5079 Tues. & Thurs. 6/30-8/20 10:45-11:30am \$90

Shadle

5080 Sat. 7/4-8/22 9:30-10:20am \$36

AquaFit 6 Visit Punch Pass

5081 \$27

TRAINING & CERTIFICATION COURSES

NEW! Babysitter Training Course

Ages 11-15yrs. This is an interactive class designed by the American Red Cross to prepare students to be better babysitters. Topics include how to stay safe; what to do in an emergency; how to choose age-appropriate activities; and how to recognize and handle a variety of behaviors. This course includes a final exam at the end, and students who successfully complete the course will receive an American Red Cross certificate. Participants should bring a sack lunch. Space is limited so register early. **Witter Aquatic Center 1208 E Mission Ave \$65**

39351	Tues. - Thurs.	5/19, 5/20, & 5/21	5-7pm
39352	Sat.	5/30	10am-4pm
39353	Sun.	6/14	10am-4pm
39354	Tues. & Wed.	6/23 & 6/24	9:30am-12:30pm

Aquanautic Safety Instructor

2 Weeks | Ages 15+ Learn to teach water safety, survival, and swimming skills to all ages. This course will certify you to instruct for the City of Spokane Aquatic Dept. only, and will allow you to earn the same wage as a WSI if employed with the City of Spokane Aquatic Dept. **Witter Aquatic Center 1208 E Mission Ave \$75**

39355	Fri.	5/8 & 5/15	5-9pm
	Sat. & Sun.	5/9, 5/10 & 5/16, 5/17	12-6pm
5083	Weekdays	6/1, 6/2, 6/4, 6/9, 6/10, & 6/11	5-9pm

Water Safety Instructor (WSI)

2 weeks | Ages 16+ Learn to teach water safety, survival and swimming skills. This course will train instructors to teach American Red Cross swimming and water safety courses and will cover all topics necessary to become a successful Water Safety Instructor. Textbook required. **Witter Aquatics Center 1208 E Mission Ave. \$200**

5084	Fri.	6/5	5-7pm
	Sat. & Sun.	6/6-6/7 & 6/13-6/14	10am-7pm



Aquatics

SPRING 2020

Lifeguard Training Course

2 Weeks | Ages 15+ If you are looking for the perfect summer job, this course is for you. As a certified lifeguard you will be responsible for ensuring people's safety in and around the water. This course will cover CPR- PR, First Aid, and lifeguarding. Textbooks included. Prerequisite: minimum 15 years old; pass all pre-course tests. **Witter Aquatic Center, 1300 E Mission Ave. \$175**

5198	Fri.	5/1 & 5/8	5-9pm
	Sat./Sun.	5/2-5/3 & 5/9-5/10	9am-5pm
5085	Fri.	5/29 & 6/5	5-9pm
	Sat. & Sun.	5/30-5/31 & 6/6-6/7	9am-5pm
5086	Mon.-Fri.	7/6-7/10	8am-4pm
5199	Fri.	8/21 & 8/28	5-9pm
	Sat./Sun.	8/22-8/23 & 8/29-8/30	9am-5pm

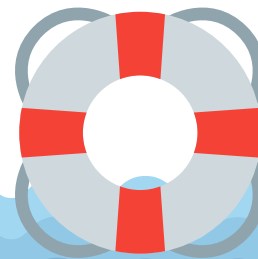
Lifeguard/CPR Recertification Course

2 days | Ages 15+ Lifeguarding review classes are designed to help you update your skills while also extending your certification for another two years. You must have prior certification in Lifeguarding, First Aid & CPR. **Witter Aquatic Center, 1300 E. Mission Ave. \$70**

5200	Fri.	5/1 & 5/8	5-9pm
	Sat.	5/2 & 5/9	9am-5pm
5087	Fri.	5/29 & 6/5	5-9pm
	Sat.	5/30 & 6/6	9am-5pm
5088	Mon.-Fri.	7/6-7/10	10am-5pm
5089	Fri.	8/21	5-9pm
	Sat.	8/22	9am-5pm

Looking for a summer job?

Become a City of Spokane Lifeguard!
Apply online at spokane parks.org/aquatics.



Need a Certification? Take one of our classes!

FREE SWIM CLINICS

Free Swim Clinics

1 day | Ages 3-15yrs. The Spokane region is home to over 70 bodies of water offering numerous opportunities to enjoy swimming and other aquatic activities. The goal of the City of Spokane and the Spokane Parks Foundation is to offer free opportunities for participants to learn how to be safe in and around the water, and to teach, develop, and improve swimming skills. Preregistration is required with a maximum of 15 participants per session. Space will fill up quickly, so be sure to register early. Sponsored by The Spokane Parks Foundation.

A.M. Cannon Aquatic Center 1900 W. Mission (Maxwell & Elm)		
6/22	11-11:30am	2613
	11:30-12pm	2614
6/29	11-11:30am	2615
	11:30-12pm	2616
7/6	11-11:30am	2617
	11:30-12pm	2618
7/13	11-11:30am	2619
	11:30-12pm	2620
7/20	11-11:30am	2621
	11:30-12pm	2622
7/27	11-11:30am	2623
	11:30-12pm	2624

Hillyard Aquatic Center 260 E. Columbia (Columbia & Market)		
6/22	11-11:30am	2625
	11:30-12pm	2626
6/29	11-11:30am	2627
	11:30-12pm	2628
7/6	11-11:30am	2629
	11:30-12pm	2630
7/13	11-11:30am	2631
	11:30-12pm	2632
7/20	11-11:30am	2633
	11:30-12pm	2634
7/27	11-11:30am	2635
	11:30-12pm	2636

Liberty Aquatic Center 1300 E. 5th (5th & Pittsburg)		
6/22	11-11:30am	2637
	11:30-12pm	2638
6/29	11-11:30am	2639
	11:30-12pm	2640
7/6	11-11:30am	2641
	11:30-12pm	2642
7/13	11-11:30am	2643
	11:30-12pm	2644
7/20	11-11:30am	2645
	11:30-12pm	2646
7/27	11-11:30am	2647
	11:30-12pm	2648

PRIVATE LESSONS

Individual Swimming Lessons

All summer | All Ages Do you or your little one need one-on-one instruction? \$37 per person per half hour session

Mon.-Thurs. 12pm-12:30pm @ Comstock Aquatic Center

Mon.-Thurs. 12pm-12:30pm @ Cannon, Hillyard & Liberty Aquatic Centers

Mon.-Thurs. 4:30pm-5pm @ Cannon, Hillyard & Liberty Aquatic Centers

NEW!

Adult Swimming Lessons

All summer | 18+ Whether you are a beginning swimmer wanting an introduction to the sport of swimming or an advanced swimmer looking to improve your technique or fitness, our adult swimming lessons will provide you with a private swim lesson to meet your needs and personal goals. **Shadle Aquatic Center, 2005 W Wellesley Ave.** \$37 per person per half hour session

Mon.-Thurs. Noon-12:30pm

Sat. 10:30-11am

SUMMER LESSON LEVEL DESCRIPTIONS & GENERAL INFORMATION

Swim lessons are \$52 per child, per session.

Maximum enrollment is 5 children per class, minimum is 3 children.

Deadline for enrollment is the THURSDAY before the start of the next session.

Classes may be canceled due to inclement weather, unhealthy air quality, contamination, or other unexpected circumstances.

All efforts will be made to hold each class.

Tadpole Parent Child \$52 2 weeks Ages 6-36 months <ul style="list-style-type: none"> Climbing in and out of the pool Floating on front and back Arm and leg movements Parental knowledge of safe water practices Prerequisite: Must be accompanied by adult	Turtle \$52 Advanced Beginner-Level 2 2 weeks Ages 5-9 <ul style="list-style-type: none"> Holding breath underwater Rolling from front to back Treading water Jumping independently into the water Changing direction while swimming front or back crawl Prerequisite: demonstration of Penguin skills 	Barracuda \$52 Advanced Level 5 2 weeks Ages 8-12 <ul style="list-style-type: none"> Surface dive Flip turns Sculling Front and back crawl Breaststroke Sidestroke Butterfly Prerequisite: demonstration of Seal skills
Seahorse Beginner \$52 2 weeks Ages 3-5 <ul style="list-style-type: none"> Submerging underwater Supported floating Supported arm and leg movements Blowing bubbles with mouth and nose 	Stingray \$52 Intermediate-Level 3 2 weeks Ages 6-10 <ul style="list-style-type: none"> Rotary breathing Coordination of arms, legs and breathing during front and back crawl Headfirst entry into the water Elementary backstroke Dolphin kick Scissor kick Breaststroke Prerequisite: demonstration of Turtle skills 	Dolphin Aquatic Exploration Camp \$64 2 weeks Ages 10-15 <ul style="list-style-type: none"> Personal water safety Lifeguard readiness Fundamentals of diving Fitness swimming Aquatic facility operations Preparation for classes such as Water Safety Instructor, Lifeguard Training, and Novice Swim Team Prerequisite: demonstration of Barracuda skills
Penguin \$52 Intermediate Beginner-Level 1 2 weeks Ages 5-8 <ul style="list-style-type: none"> Alternating leg and arm movements in forward motion Front and back glides Opening eyes underwater Entering and exiting the pool Prerequisite: demonstration of Seahorse skills 	Seal \$52 Intermediate-Level 4 2 weeks Ages 7-11 <ul style="list-style-type: none"> Swimming underwater Open turns Front and back crawl Breaststroke Sidestroke Butterfly Prerequisite: demonstration of Stingray skills 	Aqua Ducks Novice Swim Team \$200 includes meet fees 8 weeks Ages 6+ <ul style="list-style-type: none"> Endurance swimming All four Olympic strokes (breaststroke, backstroke, front crawl, butterfly) Competition starts Turns Prerequisite: Ability to swim crawl stroke 50 yards unassisted



COMSTOCK AQUATIC CENTER: SWIMMING LESSONS

29th & Howard 600 W. 29th Ave

	Tadpole Parent Child	Seahorse Preschool	Penguin Level 1	Turtle Level 2	Stingray Level 3	Seal Level 4	Barracuda Level 5	Dolphin Camp	Aqua Ducks Swim Team
Session 1 6/15-6/25 Mon.-Thurs.									1st Time Slot 6/17-8/8 7:30-8:45am 4252
9-9:30 am		4029	4069	4122	4173	4221	4236	9-11:15 am 4248	
9:35-10:05 am	4001	4030/4031	4070	4123	4174				
10:10-10:40 am		4032	4071/4072	4125/4296	4175				
10:45-11:15 am	4002	4033	4073	4124	4176	4222			
11:20-11:50 am	4003	5175	4074	4126	4177/4178	4223			
4:35-5:05 pm	4004	4034	4075	4127/4128	4179		4237		
5:10-5:40 pm		4035	4076/4077	4129	4180/4181	4224			
5:45-6:15 pm	4005	4036	4078	4130	4182/4183		4238		
Session 2 6/29-7/9 Mon.-Thurs.									2nd Time Slot 6/17-8/8 9-10:15am 4253
9-9:30 am	3996	4021	4059	4111	4162	4218		9-11:15 am 4247	
9:35-10:05 am		4022	4060	4112/4113	4163/4164				
10:10-10:40 am	3997	4023/4024	4061	4114	4297				
10:45-11:15 am			4062	4115	4165/4166	4219	4234		
11:20-11:50 am	3998	4025/5176	4063	4116/4121	4167				
4:35-5:05 pm		4026	4064/4067	4117	4168/4169	4220			
5:10-5:40 pm	3999	4027	4065	4118/4119	4170/4171				
5:45-6:15 pm	4000	4028	4066/4068	4120	4172		4235		
Session 3 7/13-7/23 Mon.-Thurs.									3rd Time Slot 6/17-8/8 4:30-5:45pm 4254
9-9:30 am		4037	4079	4131	4184	4225	4239	9-11:15 am 4249	
9:35-10:05 am	4006	4038	4080/4447	4132	4185				
10:10-10:40 am		4039	4081/4082	4133/4134	4186				
10:45-11:15 am	4007	4040	4083	4135	4187	4226			
11:20-11:50 am	4008	5177	4084	4136/4137	4188/4189				
4:35-5:05 pm	4009	4041	4085	4138	4190/4191		4240		
5:10-5:40 pm		4042	4086/4087	4139/4140	4192	4227			
5:45-6:15 pm	4010	4043	4088	4141	4193/4194		4241		
Session 4 7/27-8/6 Mon.-Thurs.									
9-9:30 am	4011	4044	4089	4142	4195	4228		9-11:15 am 4250	
9:35-10:05 am		4045/5178	4091	4143/4144	4196				
10:10-10:40 am	4012	4046	4092/4093	4145	4197				
10:45-11:15 am			4094	4146	4198/4199	4229	4242		
11:20-11:50 am	4013	4047/4057	4095	4147/4446	4200				
4:35-5:05 pm		4048	4096	4148	4201/4202	4230	5180		
5:10-5:40 pm	4014	4049	4097	4149/4161	4203/4204				
5:45-6:15 pm	4015	4050	4098/4099	4150	4205		4243		
Session 5 8/10-8/20 Mon.-Thurs.									
9-9:30 am		4051	4100	4151	4206	4231	4244	9-11:15 am 4251	
9:35-10:05 am	4016	4052	4110	4152	4207/4208				
10:10-10:40 am		4053	4101/4102	4153/4154	4209				
10:45-11:15 am	4017	4056	4103	4155	4210	4232			
11:20-11:50 am	4018		4104/4105	4156/4157	4211/4212				
4:35-5:05 pm	4019	4054	4106	4158	4213/4214		4245		
5:10-5:40 pm		4058/5179	4107/4108	4159	4215	4233			
5:45-6:15 pm	4020	4055	4109	4160	4216/4217		4246		

SHADLE AQUATIC CENTER: SWIMMING LESSONS

Wellesley & Belt 2005 W Wellesley

	Tadpole Parent tot	Seahorse Preschool	Penguin Level 1	Turtle Level 2	Stingray Level 3	Seal Level 4	Barracuda Level 5	Dolphin Camp	Aqua Ducks Swim Team
Session 1 6/15-6/25 Mon.-Thurs.									9-11:15am 4436
9-9:30 am		4274	4305	4340	4382				
9:35-10:05 am			4306	4341	4383		4427		
10:10-10:40 am	4257	4275		4342	4384				
10:45-11:15 am			4307	4343	4385	4416			
11:20-11:50 am		4276	4308	4344	4386	5185			
4:35-5:05 pm		4277	4309	4345	4387	4417			
5:10-5:40 pm	4258	4278	4310	4346	4388				
5:45-6:15 pm	4259		4311	4347	4389		4428		
Saturday Session 7/11 - 8/22									6/17-8/8 4:30-6pm 4445
9-9:30 am		4294							
9:30-10 am	4268								
Session 2 6/29-7/9 Mon.-Thurs.									
9-9:30 am			4298	4333	4374		4425	9-11:15am 4435	
9:35-10:05 am		4269	4299	4373	4375				
10:10-10:40 am		4270		4334	4376	4413			
10:45-11:15 am		4271	4300	4335	4377				
11:20-11:50 am		5183	4301	4336	4378	4414			
4:35-5:05 pm	4255		4302	4337	4379		4426		
5:10-5:40 pm		4272	4303	4338	4380	4415			
5:45-6:15 pm	4256	4273	4304	4339	4381				
Session 3 7/13-7/23 Mon.-Thurs.									
9-9:30 am		4279	4312	4348	4390			9-11:15am 4438	
9:35-10:05 am			4313	4349	4391		4429		
10:10-10:40 am	4260	4280		4350	4392				
10:45-11:15 am			4314	4351	4393	4418			
11:20-11:50 am		4281	4315	4352	4394	5186			
4:35-5:05 pm		4282	4316	4353	4395	4419			
5:10-5:40 pm	4261	4283	4317	4354	4396				
5:45-6:15 pm	4262		4318	4355	4397		4430		
Session 4 7/27-8/6 Mon.-Thurs.									
9-9:30 am			4319	4356	4398		4431	9-11:15am 4441	
9:35-10:05 am		4284	4320	4357	4399				
10:10-10:40 am	4263	4285		4358		4420			
10:45-11:15 am		4286	4321	4359	4400				
11:20-11:50 am		5184	4322	4360	4401	4421			
4:35-5:05 pm	4264		4323	4361	4402		4432		
5:10-5:40 pm		4287	4324	4362	4403	4422			
5:45-6:15 pm	4265	4288	4325	4363	4404				
Session 5 8/10-8/20 Mon.-Thurs.									
9-9:30 am		4289	4326	4364	4405			9-11:15 4443	
9:35-10:05 am			4327	4365	4406		4433		
10:10-10:40 am	4266	4290		4366	4407				
10:45-11:15 am			4328	4367	4408	4423			
11:20-11:50 am		4291	4329	4368	4409	5187			
4:35-5:05 pm		4292	4330	4369	4410	4424			
5:10-5:40 pm	4267	4293	4331	4370	4411				
5:45-6:15 pm	5188		4332	4371	4412		4434		



CANNON AQUATICS CENTER

Maxwell & Elm 1900 W Mission			
	Preschool Ages 3-5yrs.	Beginner Ages 5-9yrs.	Intermediate/ Advanced Ages 6-12 yrs.
Session 1 6/15-6/25 Mon.-Thurs.			
10:55-11:25am	4452	4472	4492
11:30am-12pm	4453	4473	4493
5:10-5:40pm	4454	4474	4494
5:45-6:15pm	4455	4475	4495
Session 2 6/29-7/9 Mon.-Thurs.			
10:55-11:25am	4448	4468	4488
11:30am-12pm	4449	4469	4489
5:10-5:40pm	4450	4470	4490
5:45-6:15pm	4451	4471	4491
Session 3 7/13-7/23 Mon.-Thurs.			
10:55-11:25am	4456	4476	4496
11:30am-12pm	4457	4477	4498
5:10-5:40pm	4458	4478	4499
5:45-6:15pm	4459	4479	4500
Session 4 7/27-8/6 Mon.-Thurs.			
10:55-11:25am	4460	4480	4501
11:30am-12pm	4461	4481	4502
5:10-5:40pm	4462	4482	4503
5:45-6:15pm	4463	4483	4504
Session 5 8/10-8/20 Mon.-Thurs.			
10:55-11:25am	4464	4484	4505
11:30am-12pm	4465	4485	4506
5:10-5:40pm	4466	4486	4507
5:45-6:15pm	4467	4487	4497

LIBERTY AQUATICS CENTER

5th & Pittsburg 1300 E. 5th			
	Preschool Ages 3-5yrs.	Beginner Ages 5-9yrs.	Intermediate/ Advanced Ages 6-12 yrs.
Session 1 6/15-6/25 Mon.-Thurs.			
10:55-11:25 am	4592	4612	4632
11:30-12 pm	4593	4613	4633
5:10-5:40 pm	4594	4614	4634
5:45-6:15 pm	4595	4615	4635
Session 2 6/29-7/9 Mon.-Thurs.			
10:55-11:25 am	4588	4608	4628
11:30-12 pm	4589	4609	4629
5:10-5:40 pm	4590	4610	4630
5:45-6:15 pm	4591	4611	4631
Session 3 7/13-7/23 Mon.-Thurs.			
10:55-11:25 am	4596	4616	4636
11:30-12 pm	4597	4617	4637
5:10-5:40 pm	4598	4618	4638
5:45-6:15 pm	4599	4619	4639
Session 4 7/27-8/6 Mon.-Thurs.			
10:55-11:25 am	4600	4620	4640
11:30-12 pm	4601	4621	4641
5:10-5:40 pm	4602	4622	4642
5:45-6:15 pm	4603	4623	4643
Session 5 8/10-8/20 Mon.-Thurs.			
10:55-11:25 am	4604	4624	4644
11:30-12 pm	4605	4625	4645
5:10-5:40 pm	4606	4626	4646
5:45-6:15 pm	4607	4627	4647

HILLYARD AQUATICS CENTER

Columbia & Market 2600 E Columbia			
	Preschool Ages 3-5yrs.	Beginner Ages 5-9yrs.	Intermediate/ Advanced Ages 6-12 yrs.
Session 1 6/15-6/25 Mon.-Thurs.			
10:55-11:25 am	4512	4552	4572
11:30-12:00 pm	4513	4553	4573
5:10-5:40 pm	4514	4554	4574
5:45-6:15 pm	4515	4555	4575
Session 2 6/29-7/9 Mon.-Thurs.			
10:55-11:25 am	4508	4548	4568
11:30-12 pm	4509	4549	4569
5:10-5:40 pm	4510	4550	4570
5:45-6:15 pm	4511	4551	4571
Session 3 7/13-7/23 Mon.-Thurs.			
10:55-11:25 am	4516	4556	4576
11:30-12 pm	4517	4557	4577
5:10-5:40 pm	4518	4558	4578
5:45-6:15 pm	4519	4559	4579
Session 4 7/27-8/6 Mon.-Thurs.			
10:55-11:25 am	4520	4560	4580
11:30-12 pm	4521	4561	4581
5:10-5:40 pm	4522	4562	4582
5:45-6:15 pm	4523	4563	4583
Session 5 8/10-8/20 Mon.-Thurs.			
10:55-11:25 am	4524	4564	4584
11:30-12 pm	4525	4565	4585
5:10-5:40 pm	4526	4566	4586
5:45-6:15 pm	4527	4567	4587

WITTER AQUATICS CENTER

E Mission & Upriver Dr. 1300 E. Mission			
	Tadpole Parent tot	Preschool Ages 3-5yrs.	Beginner Ages 5-8yrs.
Session 1 6/15-6/25 Mon.-Thurs.			
11-11:30 am	39291		39328
11:35-12:05 pm	39292	39315	
5:10-5:40pm	39293		39329
5:45-6:15pm	39294	39316	
Session 2 6/29-7/9 Mon.-Thurs.			
11-11:30 am	39295		39330
11:35-12:05 pm	39296	39317	
5:10-5:40pm	39297		39331
5:45-6:15pm	39298	39318	
Session 3 7/13-7/23 Mon.-Thurs.			
11-11:30 am	39299		39332
11:35-12:05 pm	39300	39319	
5:10-5:40pm	39301		39333
5:45-6:15pm	39302	39320	
Session 4 7/27-8/6 Mon.-Thurs.			
11-11:30 am	39303		39334
11:35-12:05 pm	39304	39321	
5:10-5:40pm	39305		39335
5:45-6:15pm	39306	39322	
Session 5 8/10-8/20 Mon.-Thurs.			
11-11:30 am	39307		39336
11:35-12:05 pm	39308	39323	
5:10-5:40pm	39309		39337
5:45-6:15pm	39310	39324	
Session 6 8/24-9/3 Mon.-Thurs.			
11:30-12 pm	39311		39338
12:05-12:35pm	39312	39325	
5:10-5:40pm	39313	39326	
5:45-6:15pm	39314		39339

SPOKANE PAVILION CONCERTS



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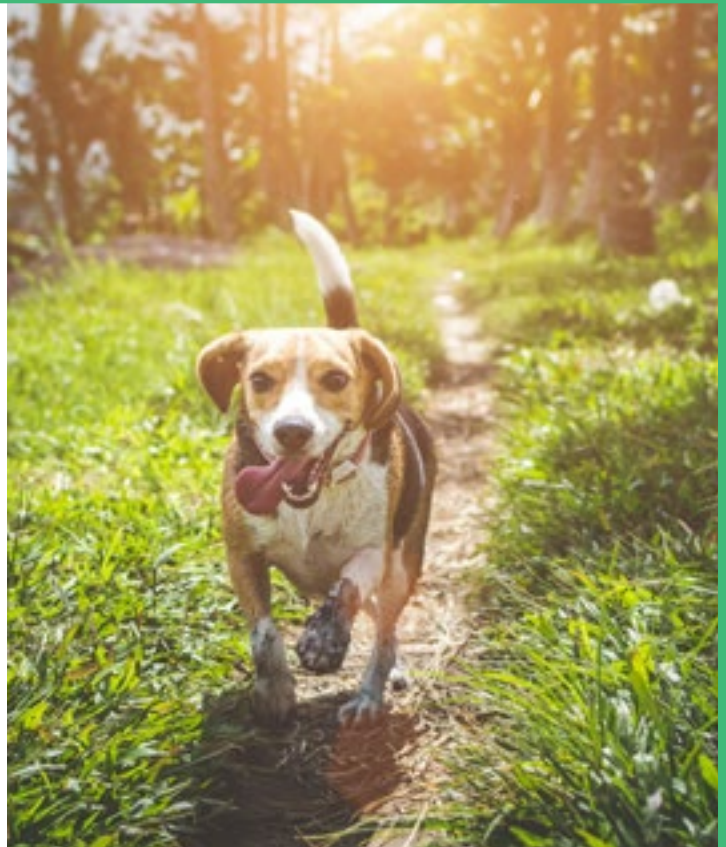
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CORBIN KIDS PRESCHOOL

Classes are held at **Corbin Art Center, 507 W 7th Ave.** unless otherwise indicated.

Little Leonardo's

6 weeks | Ages 3-5yrs. Children love art and they're naturally creative and imaginative. Each class is planned to expose your child to a new element of art each week. They will paint, sculpt, draw, cut paper and glue to help develop listening skills, fine motor skills and creative imagination play. \$50

5825 Mon. 4/13-5/18 9:30-10:30am

Let's Gogh Art!

6 weeks | Ages 4-5yrs. Does your child love to draw, paint, sculpt or just enjoy being creative? Then come join us in discovering different art techniques. We will also learn some fun facts about nature and science in this fast paced, fun class. There are new projects each week for returning students. \$60

5826 Tue. 4/14-5/19 9:30-11am

5827 Wed. 4/15-5/20 9:30-11am

NEW!

Make Art Together: Sweet Springtime Fun!

6 weeks | Ages 2-4yrs. It's finally spring and time to celebrate the season! This class is for you and your child to explore flowers, bugs and even the rainy, spring weather while making wonderful works of art. Experience a new weekly art theme, story, and relevant project. Children will discover color, texture while practicing basic cutting and gluing skills while exploring a variety of art techniques and materials. This class is fast paced, active and most of all fun! \$50

5828 Thurs. 4/16-5/21 9:30-10:30am

CORBIN PRESCHOOL WORKSHOPS

Classes are held at **Corbin Art Center, 507 W 7th Ave.** unless otherwise indicated.

NEW!

Make Art Together: St. Patrick's Day Fun!

1 day | Ages 2-4yrs. Come and celebrate the "Wearing o' Green." Make a fanciful, fun Leprechaun hat, shamrocks projects and of course a pot of gold at the end of the rainbow. This a fun and fast paced class to share with your favorite little Leprechaun! \$25

5026 Sat. 3/14 9:30-11am

NEW!

Make Art Together: Easter Bunny Fun!

1 day | Ages 2-4yrs. Bunnies, Chicks, and Lambs, Oh My! Come and make some fun Easter projects to enjoy this spring. Bring your little "Some-Bunny" special to this fun and fast-paced class. Projects include an animal puppet, Easter hat, and more. \$25

5028 Sat. 4/11 9:30-11am



Corbin Craft Workshops



Colorful Crafts

NEW!

Mother's Day Tea for Mom, Grandma & Me

1 day | Ages 3-5yrs. Bring your Mom or Grandma to celebrate how much you care about them. We will make our own crazy tea party hats together to wear while we bake and decorate cookies. We will eat the cookies that we made and have iced tea or apple juice. Come and have some fun being creative and eating some fabulous treats and celebrating Mom. \$27

6004 Sat. 5/9 9:30-11:30am

CORBIN KIDS YOUTH

Classes are held at **Corbin Art Center, 507 W 7th Ave.** unless otherwise indicated.

Afternoon Art Exploration

6 weeks | Ages 6-8yrs. | Beth McIlraith Explore a variety of artistic mediums, such as, oil pastels, paint, clay, paper, recycled objects and more each week. Here's a chance to use your artistic skills, be creative and try new things. There are new projects each week for returning students. \$62

5829 Tue. 4/14-5/19 4-5:30pm

NEW! After-School Clay & Mixed Media Art Exploration

6 weeks | Ages 8-14yrs. | Beth McIlraith This class will focus on clay and mixed media projects. Part of each class period will involve clay: creating the pieces and/or painting our creations. Students will also have a mixed media art project to work on the entire 6 weeks. Please be aware that this class will use supplies that may stain clothing, so dress for some messy fun! \$70

5830 Wed. 4/15-5/20 4-6pm

Drawing Basics - Youth

6 weeks | Ages 7-12yrs. Drawing is the basis and the first step for dimensional art forms. Explore with different tools and techniques and learn the many facets of drawing including freehand drawing, line, shading, fur-scales-feathers, still life, color, design composition, perspective, portraiture, animals and more. \$62

5831 Thurs. 4/16-5/21 4-5:30pm

NEW! Wire Wrapped Sea Glass Backpack Charms

1 day | Ages 9+ | Amy Gurel Let's create a fun and unique charm for your backpack or one to give to a friend! You will learn how to wire wrap cultured sea glass to make these fun backpack charms. You can also use this technique to do the same to polished rocks. These are super-fun and very addictive to make. There will be a \$5 lab fee payable to the instructor at the start of class. \$20/\$5 Lab Fee

5832 Sat. 4/25 11:30am-12:30pm

NEW! Wire Wrapped Sea Glass Mother's Day Suncatchers

1 day | Ages 9+ | Amy Gurel Wow your Mom this year by making her a one-of-a-kind Suncatcher that she will enjoy for years to come! You will learn how to wire wrap cultured sea glass, make the chain and connect it to an awesome piece of driftwood! This is a fantastic gift for Mom! There will be a \$10 lab fee payable to the instructor at the start of class. \$20/\$10 Lab Fee

6000 Sat. 4/25 1-2:30pm

Sewing After School

4 weeks | Ages 8-16yrs. | Elizabeth Pike (SAS) is an ongoing program designed to cover all the basics of sewing. Students complete simple to more advanced projects as their skills grow. "New to sewing" students begin with sewing machine basics while crafting a pillowcase with French seams and a pair of pajama pants. "Continuing" students' projects are skill and interest driven. Classes are formed in 4 week sessions and are multi-leveled. Students can bring their own machine or use one of our many studio machines. Materials for the first project are provided. Classes are held on Wednesdays or Thursdays from 4-6, but students may arrive starting at 3:30. Make-up classes may be available with instructor permission. No experience needed.

Class held at Let's Get Sewing! Studio at 8707 N Wall St. \$125

5834 Wed. 5/6-5/27 4-6pm

5835 Thurs. 5/7-5/28 4-6pm

NEW! Sea Glass & Driftwood Wall Art for Mother's Day

1 day | Ages 9+ | Amy Gurel Create a beautiful one of a kind piece of wall art just for mom using cultured sea glass and driftwood. Mom is sure to love this gift! There will be a \$10 lab fee payable to the instructor at the start of class. **Class held at the Corbin Art Center, 507 W 7th Avenue.** \$20/\$10 Lab Fee

5836 Sat. 5/9 1-2:30pm



Youth Clay Art



CORBIN SPRING BREAK CAMPS

Enjoy a fun-filled day with arts and crafts activities for children. Dress for a mess and bring your lunch. Pre-registration is required. Camps held at the **Corbin Art Center, 507 W 7th Avenue.**

Colorful Art Explosion!

1 day | Ages 6-11yrs. Explore the vast world of mixed media using a diverse array of art materials and techniques. You will work with paper, paint, glue and found objects. Creativity will run rampant and the art will explode with color and energy. Dress for a mess and please bring a lunch. \$40

5038 Mon. 4/6 9am-3pm

NEW! Doodle Bug Art Fun!

1 day | Ages 6-11yrs. Does your child love to draw, paint or just doodle? Does your child like bugs? Come be a Doodle Bug artist! Because doodling is a fun creative practice to do, and you never know what great works of insect art might develop. In this camp we will have fun learning some new and clever abstract techniques of creating art! Dress for a mess and please bring a lunch. \$40

5043 Tue. 4/7 9am-3pm

Clay, Slime & DIY Dough

1 day | Ages 6-11yrs. Discover the joy of clay! Make your own cool clays to model creative animals and other projects. Using fun recipes and techniques you'll enjoy your experience with pre-made and handmade clay. Please bring a lunch. \$40

5040 Wed. 4/8 9am-3pm

NEW! Dragons! Trolls! Unicorns! Oh My!

1 day | Ages 6-11yrs. Do you love Dragons? How about trolls, unicorns and other mythological creatures? Come and use your imagination, creativity and lots of art supplies to make your very own fantastic creatures! Dress for a mess and bring a lunch. \$40

5041 Thurs. 4/9 9am-3pm

Animal Art: Let's Go Wild!

1 day | Ages 6-11yrs. Explore animals around the world through art. Unleash your creativity with different animal projects including collage, painting, drawing and sculpture. This camp is sure to be a "wild" time. Dress for a mess and please bring a lunch. \$40

5042 Fri. 4/10 9am-3pm



Colorful Spring Art!

YOUTH SPRING BREAK SEWING CAMPS

The following Sewing Classes are held at Let's Get Sewing! Studio at 8707 N. Wall St.

NEW! Come Learn to Sew-Spring Break

1 week | Ages 8-16yrs. | Elizabeth Pike This camp is designed for students with little or no prior sewing experience. Learn: threading, fixing tension, sew straight and curved seams and how to use a pattern. Sew a "Burrito" style pillow case and a pair of pajama pants. By the end of camp, participants will be able to tackle a simple sewing project with confidence. Sewing machines, handouts, and patterns are provided. No experience needed. Supply list included upon confirmation of registration.

Class held at Let's Get Sewing! Studio at 8707 N. Wall St. \$135
 5045 Mon.-Fri. 4/6-4/10 9am-12pm
 5046 Mon.-Fri. 4/6-4/10 2-5pm

REGISTER BY PHONE



311 (ext. 3)
or outside the city
at 509.755.CITY

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SUMMER ART CAMPS

AT CORBIN ART CENTER
507 W 7TH AVE, SPOKANE, WA 99204

JUNE 8 - AUGUST 14, 2020

3-5 YEAR OLD CAMPS: \$72
6-11 YEAR OLD CAMPS \$139
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FOR MORE INFORMATION ABOUT OUR CAMPS, CALL 509.625.6677



PHOTOGRAPHY

Classes are held at **Corbin Art Center, 507 W 7th Ave.** unless otherwise indicated.

Photography Basics

5 weeks | Ages 16+ | Al Berger Learn the fundamentals of photography and how to use your camera. Tips on lighting, additional equipment to consider and its uses. Practice assignments and in-class critiques. Requires a camera that allows manual setting of F-stop and Shutter speeds, DSLR preferred. The first class will be 3 hours in length. \$62

5771 Mon. 4/13-5/11 6-8pm

Photoshop Basics

5 weeks | Ages 16+ | Al Berger Learn the basic steps needed to finish your digital photographs for printing and web usage. Photoshop topics include: sharpening, exposure compensation, density, minor retouching, cropping, special effects, levels, color correction and preparing photos for printing. Bring your laptop with a mouse, Photoshop or Photoshop Elements software installed on the laptop, (any version). \$62

5772 Tue. 4/14-5/12 6-8pm

Portrait Photography

5 weeks | Ages 16+ | Al Berger Learn the secrets to create beautiful portraits. Explore working with light, both natural and artificial as well as flash. Students will be taught how to meter light for the best results as well as learning how to pose a person for the most natural portraits. Assignments will be given and results will be critiqued in class. \$62

5773 Wed. 4/15-5/13 6-8pm

Camera Basics

4 weeks | Ages 16+ | Steven Navratil Obtain understanding of your digital SLR camera and its functions. This course requires a camera that allows the manual setting of F-stops, Shutter speeds, and has Detachable Lenses. Learn to use your camera to get the results you would expect from a professional. Class will also include lighting, composition and depth of field. \$62

5774 Wed. 5/6-5/27 6-8:30pm

FIBER ARTS

Classes are held at **Corbin Art Center, 507 W 7th Ave.** unless otherwise indicated.

Crochet: Rag Rugs

3 weeks | Ages 18+ | Melode Hall Learn to make three different rag rugs: oval, circle and heart-shaped. These rugs work great for chair pads, coasters, and place mats! Recycled materials are perfect for this project; bring used cotton or flannel sheets (Two per week) or preshrunk new fabric. Prior crocheting experience is not necessary. Supply list included upon confirmation of registration. \$55

5787 Thurs. 5/7-5/21 6-9pm

Intro to Sewing: Learn the Machine

2 weeks | Ages 8+ | Margie Bradfute Do you have a sewing machine, but have never used it? Dust it off and bring it to class! Explore all of the stitches and what each one is used for, even buttonholes and zippers, along with all of the parts of the sewing machine. No experience necessary! You will make a decorative pillow in the 2nd class. Supply list included upon confirmation of registration. \$50

5788 Sat. 4/18-4/25 9:30am-12:30pm



Sew a Gift Bag for Mother's Day

1 day | Ages 16+ | Margie Bradfute This fun class is for the student that already knows how to use a sewing machine. Bring your sewing machine, supplies and let Margie teach you how to make these super cute bags. You will make an adorable gift bag to give to Mom, Grandma, Sister or to that special someone in your life. This project is perfect for those new to sewing. Supply list included upon confirmation of registration. \$35

5790 Sat. 5/9 9:30am-12:30pm

Intro to Using a Serger!

1 Day | Ages 16+ | Margie Bradfute Do you have a Serger or were you given one? Have you been brave enough to try to use it, or even take it out of the box? Bring it to this class and learn just how easy it is to use! Margie will take you through all of the steps so that you can serge with confidence! No experience necessary! Supply list included upon confirmation of registration. \$35

5792 Sat. 5/16 9:30am-12:30pm



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WRITING & PERSONAL ENRICHMENT

NEW! Burgeoning Poets: How to Encourage Your Own Poetic Growth

4 weeks | Ages 18+ | Taylor Waring Begin to get your toes wet in more complicated matters of poetry like refining potent images, finding new generative approaches, and editing our pieces with the feedback of others in mind. Each class will consist of a brief craft talk, intro to a new poet, and a group discussion of your own work. \$69

5783 Mon. 4/13-5/4 6-8:30pm

NEW! Storytelling & the Art of Stand-Up Comedy

6 weeks | Ages 18+ | Rebecca Gonshak In this class, we will study comedy masters like Richard Pryor, Marc Maron, and Maria Bamford and write our own stand-up monologues to perform for the class (if you want to). We will start by telling and writing funny stories from our own lives and then work on crafting those stories into stand-up monologues. We will also discuss comedy concerns like crafting a persona and overcoming stage fright. \$70

5767 Thurs. 4/16-5/21 6-8pm

Creative Memoir Writing

6 weeks | Ages 18+ | Mary Fruchter Do you have a story to tell, but aren't sure how to begin? Start here. In this creative writing class, we will look at memoirs snapshots and study some of the techniques authors use to make their words and characters come alive. Then, we will try it out ourselves, writing our own lives. Join us, and make your voice heard. Notebook, pencil or I-Pad and your memories are the only supplies needed. \$70

5768 Thurs. 4/16-5/21 6-8pm

NEW! Artful Words!

1 day | Ages 18+ | Keirsten Lyons In this class you'll use your own creativity along with our supplies to craft your own unique journal, and then learn some simple journaling techniques to help you easily use the beautiful journal you've created! There will be a \$10 lab fee payable to the instructor at the start of class. \$39/\$10 Lab Fee.

39347 Thurs. 4/16 9-11:30am

39348 Tue. 5/19 6-8:30pm

Lighting Your Fire: Getting Your Writing Project Started!

6 weeks | Ages 16+ | Marc Anthony The writer's voice is fragile, and can be silenced by our internal critic. One way to minimize our internal critics is to join a facilitated group of writers willing to listen to your work, and give useful, reflective feedback. This allows us to feel more confident, and write more. Join us at the Corbin Art Center, bring in your work, and leave your critic at the door. This facilitated group welcomes committed writer in all genres in a positive, motivating environment. \$70

5769 Sun. 4/19-5/24 2-4pm

NEW! It's Not What You Say, It's How You Say It!

4 weeks | Ages 16+ | Marc Anthony Ever wonder how great speakers and presenters enthrall us with their ability to weave words like magic? Join us for a fun, interactive workshop in the art of oral presentation and public speaking. Learn the tricks of the professional speaker's trade. \$59

5785 Tue. 4/21-5/12 6-8pm

NEW! Paper Meets Pen!

1 day | Ages 18+ | Keirsten Lyons Journaling takes all the rules out of writing, but sometimes it's hard to know where to begin. In this class you'll learn some new and fun journaling techniques to easily jot your thoughts, keep records, set goals, and capture moments you don't want to forget. Bring a pen/pencil and paper/laptop. \$29

39349 Tue. 4/21 6-8:30pm

39350 Thurs. 5/21 10-11:30am

NEW! Automatic Panic: Using Automatic Writing to Generate Massive Amounts of Work

1 day | Ages 18+ | Taylor Waring Join local poet Taylor Waring for this workshop designed to generate massive amounts of work and access unconscious material. Using a technique developed from the French Surrealist obsession with Sigmund Freud, we'll learn a new approach to drafting which allows us to get over the fear of the blank page and access our poetic memory in a fresh way. The generative class will consist of a brief lecture on the history of automatic writing, an exercise, and some tips on editing these often wild works. \$39

5786 Tue. 5/12 6-9pm



Art Journaling



MUSIC

Piano for Adults

4 weeks | Ages 13+ Piano lessons that are fun! Easily learn how to play using the fun & unique Australian method that has everyone playing right away. Play real music - immediately - both hands from the very first lessons! These are 'non-traditional' lessons that make music enjoyable and attainable for everyone. Sign up today to get started playing! Call (509) 998-5422 for alternative class times/dates. **Classes held at Bartell Music Academy 418 E Pacific Ave. \$68**

5838	Tues.	4/14-5/5	6-6:30pm
5839	Tues.	5/12-6/2	6-6:30pm
5840	Tues.	6/9-6/30	6-6:30pm

Piano for Children

4 weeks | Ages 6-12yrs. Piano lessons that will make your child smile! Students will learn the basics of piano and immediately start learning how to play great sounding music using an Australian method. As students make quick progress with positive reinforcement, they are motivated to learn and continue enjoying music for life. These are 'non-traditional' lessons that make music enjoyable and attainable for everyone. Call (509) 998-5422 for alternative class times/dates. **Classes held at Bartell Music Academy 418 E Pacific Ave. \$68 No Class 5/25.**

5841	Mon.	4/13-5/4	5:30-6pm
5842	Mon.	5/12-6/8	5:30-6pm
5843	Mon.	6/8-6/29	5:30-6pm

SKIN CARE & SOAP MAKING

Classes are held at **Corbin Art Center, 507 W 7th Ave.** unless otherwise indicated.

Organic "Spa" Skin Care Products

1 day | Ages 16+ | Karen Felber Learn to make organic, chemical free skin care products including scrubs, sunscreen, body butter, milk baths, bath salts, and lip balm. Make a Calendula infused body butter along with a calendula oil infused salve. Pamper yourself or someone special, without paying high prices using everyday ingredients. Demonstrations and take home samples. \$29

5824	Sat.	4/18	10am-Noon
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Organic Cold-Pressed Soap

1 day | Ages 16+ | Karen Felber Learn the simple process of making organic and natural soap. Demonstrations include fragrance selection, optional color additives, botanicals, herbs, and additional ingredients to make exfoliating soap. Quick tips on wrapping included. Take home samples. \$29

5823	Wed.	4/22	6:30-8:30pm
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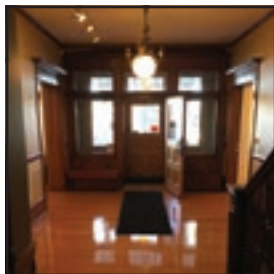
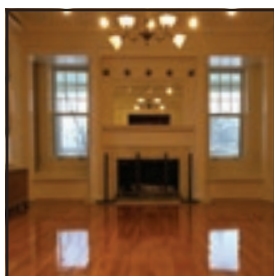
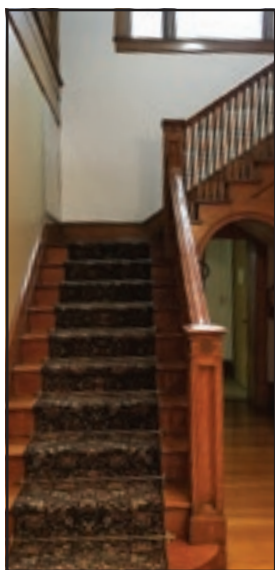
ART PARTIES

AT CORBIN ART CENTER

INCLUDES 2 HOUR PARTY • MULTIPLE THEMES AVAILABLE FOR CHILDREN 3-13 • ADD A SCAVENGER HUNT FOR \$20!

\$139 FOR UP TO 10 CHILDREN!

CALL TO RESERVE YOUR CELEBRATION, OR FOR MORE INFORMATION: 509.625.6677



The Corbin Art Center is available to rent **Meetings • Receptions • Special Events**

Rentals are scheduled on a first-come, first-serve basis. The facility is wheelchair accessible with a designated wheelchair parking area. Situated on Seventh Avenue in the Marycliff/Climb Park National Register Historic District, the historic D.C. Corbin House is listed on the local, state and national Historic Registers. The House and its grounds are east of the Moore-Turner Heritage Gardens in Edwidge Woldson Park.

The first floor features a vestibule, foyer, the original formal and informal parlors and dining room, an ornate staircase to the second floor and a kitchen. The exterior features an impressive 3/4 wrap-around veranda with panoramic views of Spokane.

For more information on our rental program and fees, please contact the Corbin Art Center at **509.625.6677**



**TENNIS ASSOCIATION
OF GREATER SPOKANE**
TennisSpokane.com

Annual Tennis Parties
(Dates TBA)
Open to all members

ADULT SEASONS

Spring:
April 1–June 30
Summer:
July 1–Sept. 30

YOUTH

(Under 18):
June 20–Sept. 30

Youth tennis scholarships awarded annually



**T-shirts awarded to all who
finish their matches**

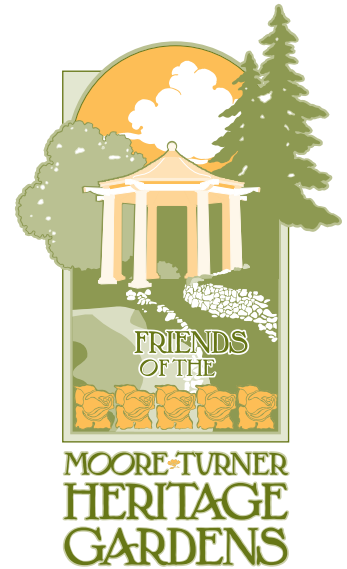
TRADITIONAL ENGLISH TEA BENEFIT

SATURDAY, MAY 2, 2020 AT THE
HISTORIC CORBIN HOUSE & ART CENTER
507 WEST 7TH, SPOKANE, WA



ANNUAL BENEFIT DETAILS ~

- Traditional English Fare with Two Seatings ~ 11AM & 2PM
- Reserve by April 28 ~ 509-951-4477 \$25 for Friends of The Moore-Turner Heritage Gardens & \$30 for guests. PayPal or checks accepted.
- Garden Tours ~ 12:30PM & 3:30PM
- Raffle gifts for Mother's Day and plant nursery items for sale.



Visit our temporary locations while Downtown and Shadle Library are closed for renovation through 2021.

future.spokanelibrary.org



**To Be Continued
at NorthTown Mall**
4750 N Division St
Across from Blue Zoo



STA Plaza Library
701 W Riverside Ave
2nd floor of the STA Plaza

DRAWING CLASSES

Classes are held at Corbin Art Center, 507 W 7th Ave. unless otherwise indicated. Supply list included with registration confirmation.

Creative Teen Art Studio: Drawing 101

5 weeks | Ages 13-18yrs. | Erin Wilson Learn multiple ways of shading, adding texture, 5 to 1 ratio, drawing hands, portraiture and perspective for your drawn masterpieces! There will be quick sketch projects along with detailed finished drawings. No experience needed, just your own love of drawing and creativity! \$62

5751 Mon. 4/13-5/11 4:30-6pm

Drawing Fundamentals

6 weeks | Ages 16+ | Allison Bayley If you are new to drawing or need to brush up on basic skills this is the class for you. We will be tackling drawing materials, composition, portrait techniques, shading, and perspective. Great basics that will lead to long lasting confidence in your drawing. \$69

5752 Mon. 4/13-5/18 6:30-8:30pm

5753 Wed. 4/15-5/20 6:30-8:30pm

Creative Drawing 101

5 weeks | Ages 16+ | Erin Wilson Do you love to draw and sketch but have never taken a class? Learn several variations of shading, illustrating texture, 5 to 1 ratio, drawing hands, portraiture and perspective for your drawn masterpieces! There will be quick sketch projects along with detailed finished drawings. No experience needed! Just bring your love of drawing and creativity! \$65

5754 Tue. 4/14-5/12 6-7:30pm

Portrait Drawing

6 weeks | Teen & Adult | Tom Quinn The best way to break through the portrait intimidation factor is by learning the proportions of the human head and the anatomy of the bones and muscles. Learning to observe the model closely and to draw what you see is another way to bolster confidence in portraiture. Mastering the human head can give an artist the confidence to draw any subject. \$70

5755 Thurs. 4/16-5/21 1-3pm

Perspective Drawing

6 weeks | Ages 16+ | Tom Quinn Perspective provides a structure to art by dictating where objects must be placed and which directions the angles go to achieve that vital third dimension of depth. You do not need to be an artist to draw well in perspective - when you know how to use the tools, they do the drawing for you. \$70

5756 Thurs. 4/16-5/21 6:30-8:30pm

Caricature Drawing

1 day | Ages 16+ | Tom Quinn Caricature is an old and respected art form. In this class, we'll discuss the ways to exaggerate and simply an individual's distinctive features to depict someone in a way that's both funny and instantly recognizable. \$50

5760 Sat. 4/18 9am-3pm

Drawing on the Right Side

6 weeks | Ages 18+ | Xylina Weaver Develop skills and confidence through a series of lessons, fun instructions and exercises made easy to enhance your creative and artistic self-confidence. No previous art training required. \$70

5757 Fri. 4/17-5/22 10:30am-12:30pm

NEW!**Drawing into Nature's Artistic Eye!**

1 day | Ages 18+ | Bevie LaBrie This class will reconnect you to your unique creative expression, surroundings, your senses, breath, and gratitude. Beginning out in nature, you will use your camera to capture the textures, colors, lines, shapes and designs of nature that intrigue you. You'll then be guided into translating nature's design it into your own drawn Mandalas. All experience levels welcome. Feel free to bring your own art supplies or pay \$5 to the instructor for all of the supplies for this workshop. \$35/\$5 Lab Fee.

5775 Mon. 4/20 5-8pm

NEW!**Branch Out!**

6 weeks | Ages 16+ | Cassandra Woods Explore a variety of artistic mediums while celebrating nature in the springtime! Using gouache, linoleum printmaking, pencil, and found materials, we'll play with form and techniques. Enjoy Plein Air painting and drawing in the Corbin Art Center's beautiful natural surroundings. Experiment with patterns, composition, using plants and learn the basics of still-life drawing. \$70

5782 Wed. 4/22-5/27 11am-1pm

Drawing Hands

1 day | Ages 16+ | Tom Quinn The hand is one of the most difficult parts of the human body for the artist to master. Cover the anatomy of the human hand, including bones, muscles, and blood vessels. After drawing skeletal hands, we'll be drawing the hands of a model in different positions and situations. \$50

5758 Sat. 4/25 9am-3pm

Drawing on Gratitude

4 weeks | Ages 16+ | Megan Perkins We are surrounded by wondrous beauty in our everyday lives, but are frequently too busy to fully appreciate what we have. Use drawing and sketching to meditate on the things, places, moments, and people that you are grateful for. Beginners welcome! \$59

5759 Wed. 5/6-5/27 2-4pm



PAINTING CLASSES AND WORKSHOPS

Classes are held at **Corbin Art Center, 507 W 7th Ave.** unless otherwise indicated.

Acrylic Painting

6 weeks | Ages 16+ | Tom Quinn This class is an introduction to the fast-drying, forgiving medium of acrylic paint. You will explore color, form and composition to create your own works of art. Work from still-life set-ups and two-dimensional references such as photos. Supply list included upon confirmation of registration. \$70

5761 Mon. 4/13-5/18 6:30-8:30pm



Adult Acrylic Painting

Art History

6 weeks | Ages 16+ | Tom Quinn What is art history? This class is a series of lectures with slides intended to be both informative and entertaining. This course will look how art changes from one culture and period to another and in what ways they remain the same. Please be aware that some of the slides depict nudes. \$65

5762 Tue. 4/14-5/19 1-3pm

Painting with Oils

6 weeks | Ages 16+ | Tom Quinn An introduction to the forgivable medium: oil. Learn basic concepts of design, composition, color theory, values and texture while experiencing the outstanding working properties of oil. Choose to work from still-life or two-dimensional references. Helpful demonstrations and individual instruction will be taught. Supply list included upon confirmation of registration. \$70

5764 Tue. 4/14-5/19 6:30-8:30pm

NEW!

Exploring Textures in Paint

6 weeks | Ages 16+ | Cliff Hall Adding texture to paint can be tricky, so come and have fun experimenting with different products that you can add to acrylic paint. This course focuses on the development of observational and applied painting techniques, employing a concentration on textures. Develop varying painting abilities while exploring creative responses to textural materials. No prior experience is required for this course. Supply list included upon confirmation of registration. \$70

5763 Wed. 4/15-5/20 6-8:30pm

NEW!

Altered Acrylics

3 weeks | Ages 16+ | Katie Frey Have fun with mixed media! Learn how to alter your acrylic paints to create an endless variety of textures. Experiment with modeling pasted and gel medium, as well learn various collage techniques. Expect to incorporate nontraditional items such as sand, tissue paper, fabric, foil, and found objects like sea glass, rocks, and shells into your art. Supply list included upon confirmation of registration. \$62

5765 Sun. 4/19-5/3 9am-Noon

Intro to Watercolor Painting & Beyond

4 weeks | Ages 16+ | Megan Perkins Come and learn the basics of watercolor, mixing colors, choosing the right paper, brushes to use, and how to transform a value sketch into a watercolor painting. If you have already taken a watercolor class before, the instructor will help you go on with what you want to accomplish. Please feel free to bring your own photos to paint from. Supply list included upon confirmation of registration. \$62

5766 Wed. 5/6-5/27 5-7pm

REGISTER BY PHONE



311 (ext. 3)
or outside the city
at 509.755.CITY

OR ONLINE



SpokaneRec.org

ART OF FINE LIVING

Classes are held at Northwest Culinary Academy, 1810 N. Greene Street Bldg. 1 Rm 144

NEW! Gluten Free Baking!

1 day | Ages 21+ Baking without gluten is possible! Learn the basics of a variety of gluten free flours, from Rice flour, Garbanzo Bean flour, Oat flour as well as Xanthan Gum and unique egg substitutes for vegan baking. Course confirmation receipt will have location and directions of class. \$59

5802 Fri. 4/10 6-8pm

NEW! Plant Based Cuisine!

1 day | Ages 21+ Learn to make a variety of healthy dishes both vegan and vegetarian from entrees including Thai curry as well as Cauliflower Quinoa Pilaf, Roasted Root Vegetables and a variety of fresh pasta sauces. Course confirmation receipt will have location and directions of class. \$59

5803 Thurs. 4/23 6-8pm

NEW! Mother's Day Brunch

1 day | Ages 21+ Come learn how to poach the perfect egg. Make your own Hollandaise sauce. Breakfast potatoes and some champagne cocktail ideas for mom or your loved one. Course confirmation receipt will have location and directions of class. \$59

5804 Thurs. 5/7 6-8pm

NEW! Inland Northwest Dieting

1 day | Ages 21+ Come and learn how to maintain a healthy Inland Northwest diet utilizing products grown or produced in our regional area. Course confirmation receipt will have location and directions of class. \$59

5807 Thurs. 5/21 6-8pm

Pizzeria Pizza & Stromboli!

1 day | Ages 21+ Drawing from Neapolitan and California influences, you'll make the pizza dough (with gluten free crust option) and learn what is needed to ensure that perfect crust every time. Plus make your own Calzone and Stromboli. Course confirmation receipt will have location and directions of class. \$59

5808 Thurs. 6/4 6-8pm

LANGUAGE & CONVERSATIONAL SPEAKING

Classes are held at Corbin Art Center, 507 W 7th Ave. unless otherwise indicated.

Beginning Russian

6 weeks | Ages 14+ | Natalie Marynovska Do you have a Russian neighbor that you would like to get to know or do you have a trip planned to the beautiful country of Russia? This class will teach you the basics of this wonderful language and is taught by a native Russian language professor. \$65

5811 Mon. 4/13-5/18 6-8pm

Active Beginners Spanish

6 weeks | Ages 18+ | Mary Benham Gain practical phrases for travel, and enjoy your own language enrichment journey to the Hispanic world. Practice the essentials - including greetings, hotel check-in, restaurant ordering and shopping dialogs, while in a relaxed, interactive setting. This class will meet Tuesday and Thursday for all of the 5 weeks. Supply list included upon confirmation of registration \$70

5816 Tue. & Thurs. 4/14-5/21 12:30-2:30pm

Russian for Tourists

6 weeks | Ages 14+ | Natalie Marynovska Planning a trip to Russia or any other country where Russian is spoken? Traveling for adoption or romance? Then this class is for you! Interactive, speak on the first day environment, taught by a native Russian language professor. Curriculum consists of common phrases, alphabet, menu samples and upon your individual request! \$65

5817 Tue. 4/14-5/19 6-8pm

Advanced Spanish Conversation

6 weeks | Ages 18+ | Mary Benham This course is for advanced students who want to expand their Spanish skills with reading, discussion, and grammar review in an informal setting. Students are encouraged to talk about their own travel and cultural stories. Supply list included upon confirmation of registration. \$70

5819 Wed. 4/15-5/20 12:30-2:30pm

Intermediate Spanish

6 weeks | Ages 18+ | Mary Benham Expand your skills with practical verb practice including past & future tenses. Practice travel phrases with interactive conversation exercises. Each session includes a short story to expand vocabulary. Supply list included upon confirmation of registration. \$70

5820 Thurs. 4/16-5/21 10am-Noon



CORBIN CRAFT WORKSHOPS

Classes are held at **Corbin Art Center, 507 W 7th Ave.** unless otherwise indicated.

Wire Wrapped Sun-Catchers

1 day | Ages 16+ | Amy Gurel Come learn how to wire wrap cultured sea glass and driftwood into an extraordinary piece of outdoor or indoor art. Use wire, sea glass and pre-drilled driftwood to create a beautiful sun-catcher. Keep this wonderful project for yourself or give as a gift. There will be a \$15 lab fee payable to the instructor at the start of class. Supply list included with registration confirmation. \$25/\$15 Lab Fee

5796	Wed.	4/15	6-8pm
5798	Wed.	5/6	6-8pm

NEW!

Plantastic Spring Fun!

4 weeks | Ages 16+ | Crystal Priel Come and celebrate the Spring season with this nature-inspired crafting class. Learn how to make plant-inspired jewelry, décor, pots, hanging planters, paintings and more. Bring your plant/flower cuttings and enjoy some "plantastic" fun! There is no class on Sunday, May 3rd. Supply list included upon confirmation of registration. \$59

5805	Sun.	4/19-5/17	10am-Noon
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Wire Wrapped Rain Chain-House Bling

2 weeks | Ages 16+ | Amy Gurel Learn to make a Swan chain as well as learn how to turn cultured sea glass in to a beautiful wire wrapped piece of art to adorn the rain chain with. You will be taught how to securely wrap the sea glass so it can withstand the outside elements as well as how to do a Swan chain. There will be a \$20 lab fee payable to the instructor at the start of class. Supply list included with registration confirmation. \$49/\$20 Lab Fee

5806	Wed.	4/22-4/29	6-8pm
5809	Wed.	5/27-6/3	6-8pm



Beautiful Sea Glass Art

NEW!

Custom Designed Wood Serving Tray

1 day | Ages 16+ | Becky Torvik Customize your own professional quality handcrafted wood serving tray. This makes a great gift for Mother's Day, weddings, birthdays, and other occasions. Trays are all handmade by the instructor and come fully prepped for you to stain, stencil, and attach handles. Approximate size of tray is 10.5" by 15.5" inches. Various water based stains, stencil designs, paint will be available so that you can customize your very own serving tray. A great class for all skill levels! There will be an \$8 lab fee payable to the instructor at the start of class. \$35/\$8 Lab Fee

5812	Wed.	4/22	10am-Noon
5813	Sat.	5/9	10am-Noon

NEW!

Cultured Sea Glass Garden Bling

1 day | Ages 16+ | Amy Gurel We will wire-wrap 5 pieces of Cultured Sea Glass to create a beautiful addition to your indoor or outdoor plants, and give them an extra bling to spice things up. You will be able to stake them down into the ground so they can stand next to your plants. These make great gifts, but you might just want to keep it for yourself! There will be a \$10 lab fee payable to the instructor at the start of class. Supply list included with registration confirmation. \$25/\$10 Lab Fee

5814	Sat.	4/25	9-11am
5815	Wed.	5/13	6-8pm

NEW!

Transform Trash to Treasure: Journal-Making Re-Invented

1 day | Ages 16+ | Bevie LaBrie Bring your cardboard, interesting junk mail, magazine pages, brown-paper bags, and innovative spirits. This evening is all about fun, transformation of our trash, learning a simple bookmaking technique, and sharing community through creativity with a "process-art" focus. Supply list included upon confirmation of registration. \$40/\$5 lab fee paid to instructor.

5818	Mon.	4/27	5:30-9pm
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NEW!

Sea Glass Wall Art

1 day | Ages 16+ | Amy Gurel Create a beautiful one of a kind piece of wall art just for mom (or keep for yourself) using cultured sea glass and driftwood. These are super-fun and very addictive to make! There will be a \$15 lab fee payable to the instructor at the start of class. \$25/\$15 Lab Fee. In perfect time for Mother's Day!

5821	Sat.	5/9	9-11am
5822	Wed.	5/20	6-8pm

Learn to Ride at Relational Riding Academy

Horseback Riding Lessons
Spring Summer & Fall Sessions

Summer Day Camp

June 22-26 July 13-17

July 27-31 Aug. 17-21

Camp is on weekdays
from 9am-noon

Cowboy Dressage • English • Western • Dressage



Call Now
for Spring enrolment



No horse? No problem!

We have fabulous lesson horses
for all riding levels and disciplines.

Register Today
(509) 290-4301

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**NFL FLAG
FOOTBALL**

PLAY ON OUR TEAM! • THE FUN STARTS JUNE 2
FOR AGES 5-16 • REGISTER AT SPOKANEREC.ORG

GET GOLF READY

UP YOUR GAME WITH PROFESSIONAL INSTRUCTION FROM OUR FRIENDLY STAFF
GO TO SPOKANEGOLF.ORG, SPOKANEREC.ORG, OR CALL 311 FOR MORE INFO

ADULT GOLF LESSONS

Ages 18+ Fee includes five one-hour lessons, tees & golf balls.

BEGINNER

39258 Sat. 3/28-4/25 1-2pm **Downriver** - \$100
39261 Sun. 4/19-5/17 10:30-11:30am **Downriver** - \$100
39267 Thurs. 4/2-4/30 4-5pm **Esmeralda** - \$100
39269 Fri. 4/3-5/1 5-6pm **Esmeralda** - \$100
39270 Sat. 4/4-5/2 1-2pm **Esmeralda** - \$100
39285 Tues. 4/28-5/26 5-6pm **Qualchan** - \$100
39286 Tues. 4/28-5/26 6-7pm **Qualchan** - \$100
39287 Thurs. 4/30-5/28 5-6pm **Qualchan** - \$100

LADIES

39271 Wed. 4/1-4/29 5-6pm **Esmeralda** - \$100
39272 Thurs. 4/2-4/30 6-7pm **Esmeralda** - \$100
39273 Fri. 4/3-5/1 6-7pm **Esmeralda** - \$100

COUPLES

39274 Wed. 4/1-4/29 6-7pm **Esmeralda** - \$105
39277 Thurs. 4/2-4/30 5-6pm **Esmeralda** - \$105

ALL SKILL LEVELS

39278 Mon. 4/20-5/18 4-5pm **Indian Canyon** - \$120
39279 Mon. 4/20-5/18 5:15-6:15pm **Indian Canyon** - \$120
39280 Wed. 4/22-5/20 5-6pm **Indian Canyon** - \$120
39281 Wed. 4/22-5/20 6:15-7:15pm **Indian Canyon** - \$120
39283 Sat. 4/18-5/16 10-11am **Indian Canyon** - \$120
39283 Sat. 4/18-5/16 11:15-12:15 **Indian Canyon** - \$120

SENIOR GOLF LESSONS

Ages 55+ Fee includes five one-hour lessons, tees & golf balls.

39288 Tues. 4/28-5/26 4-5pm **Qualchan** - \$90
39284 Wed. 4/1-4/29 4-5pm **Esmeralda** - \$90
39289 Thurs. 4/30-5/28 4-5pm **Qualchan** - \$90
39263 Sat. 3/28-4/26 2-3pm **Downriver** - \$90
39264 Sun. 4/19-5/17 11:30-12:30 **Downriver** - \$90

JUNIOR GOLF LESSONS

Ages 7-17 Fee includes five one-hour lessons, tees and golf balls.

39265 Tues.-Sat. 4/7-4/11 11-12pm **Downriver** - \$85
39266 Tues.-Sat. 4/7-4/11 12-1pm **Downriver** - \$85

Indian Canyon
GOLF COURSE

Downriver
GOLF COURSE

Qualchan
GOLF COURSE

Esmeralda
GOLF COURSE

Bicycle Walla Walla Winery Tour

4712	Sun. & Mon.	6/7-6/8	9am-4pm
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NEW!

Bicycle Winery Tour Yakima Valley

4716 Sun. & Mon. 6/28-6/29

9am-5pm



HIKING

Hiking Steptoe Butte with Transportation

1 day | Ages 8+ This trip is an opportunity to see a geological feature that created the term Butte which is now used by geologists worldwide. This mountain has a very interesting history that can be explored when you reach the summit. Hike or ride in the bus to the top of this unique geological feature. Don't forget your camera as you will get the opportunity to see an amazing view. Additional information emailed after registration. Guides, transportation and hiking poles included. **Meet at Park Operations, 2304 E Mallon Ave. \$29**

5515 Sat. 3/28 10am-2pm



Breathtaking views from a Mt. Spokane hike

Hiking Quartz Mountain Mt Spokane State Park with Transportation

1 day | Ages 16+ Hike to the tops of Quartz Mountain (5180') and Horse Mountain (5103'), two of the eight named summits in Mt. Spokane State Park. Visit the Quartz Mountain fire lookout, see the unusual rock formation on Horse Mountain, and get a spectacular view of the Spokane Valley, Ragged Ridge and North Idaho. Guidebook author and Mt. Spokane Friends Group president, Cris Currie will be your guide on this moderately challenging 4.25 mile interpretive hike that begins and ends near the Selkirk Lodge. Guide, trekking poles & transportation provided. Bring a lunch and plenty of water. Pre-hike information emailed after registration. **Meet at Yoke's Fresh Market 14202 N Market St Parking Lot. \$37**

5523 Sun. 6/28 9am-2pm

Hiking Odessa's Lakeview Ranch with Transportation

1 day | Ages 16+ Enjoy this guided hike through the desert exploring amazing geological formations, ancient lakes, spring flowers and wildlife. This is a 5-6 mile total out and back hike in scablands with rocky, rolling hills and geological views. Guides, transportation and hiking poles provided. Pre-trip information emailed after registration. **Meet At Park Operations, 2304 E Mallon Ave. \$35**

5517 Sat. 4/4 8am-5pm

Hiking Hog Lake with Transportation

1 day | Age 13+ Enjoy a solitary ramble on this 3 mile moderate hike to Hog Lake. Spring is the best time to visit as you'll likely find the local desert full of blooming wildflowers, migratory songbirds and the lake alive with nesting waterfowl. The geology around this area is incredible! We may even be lucky enough to view Hog Falls. Guides, trekking poles & transportation provided. Pre-trip information emailed after registration. **Meet At Park Operations, 2304 E Mallon Ave. \$27**

5516 Sat. 4/25 9am-3pm

Hiking Steamboat Rock with Transportation

1 day | Ages 16+ This is a 4 mile round trip hike with about a 1/2 mile of steep rigorous trail to the top of the butte that explores nearly 640 acres on top of Steamboat Rock. Wildflowers blooming, beautiful rock formations, and breathtaking views of Banks Lake and wildlife; it's what this hike is all about. The trail to the top is a steep and rugged trail. Guides, trekking poles & transportation provided. Pre-trip information emailed after registration. **Meet at Park Operations, 2304 E Mallon Ave. \$35**

5518 Sun. 4/26 8am-5pm



KAYAKING

Any pre-trip information will be emailed out after registration.

Kayak Whitewater Intro

3 days | Ages 12+ Sponsored by FLOW Adventures. Are you interested in having fun whitewater kayaking on the river? This 6 hour course will teach the essential skills to become comfortable with wet exits, basic strokes, kayaking terminology, and maneuvering the boat. All essential equipment including kayak is provided. **Meet at Witter Aquatic Center 1300 E Mission Ave.** \$69

5603 Mon., Wed., Fri. 5/18, 5/20 & 5/22 6-8pm

5604 Mon., Wed., Fri. 6/8, 6/10 & 6/12 6-8pm

Kayak Whitewater Intermediate

2 days | Ages 16+ Sponsored by FLOW Adventures. Let's get comfortable in moving water and get a taste of whitewater. We will start this course with river terminology and hydrology lessons. Then it's onto the river, where you will learn to maneuver your boat in moving water. Improve your braces and t-rescues; learn important skills like the upstream ferry, eddy peel-outs and entries. **Meet at Spokane River Sullivan Park Upper Parking lot, 1901 N. Sullivan Rd.** \$69

5601 Tues. & Thurs. 6/2 & 6/4 6-8pm

5602 Tues. & Thurs. 6/23 & 6/25 6-8pm

Kayak Whitewater Roll Class Introduction

1 day | Ages 12+ Sponsored FLOW Adventures. Whether you have your own boat and need a little roll repair or need a boat and are just getting started we can teach you the basic concepts of rolling or repair the skills you have already been taught. **Meet at Witter Aquatic Center 1300 E Mission Ave.** \$39

5605 Fri. 6/5 6-8pm

5606 Fri. 6/26 6-8pm

Kayak Introduction to Flat Water

1 day | Ages 15+ Sponsored by FLOW Adventures. Are you interested in kayaking? Become comfortable on flat water, learning basic terminology, outfitting, proper entry, stroke concepts, wet exit, and maneuvering your boat. Boat and equipment provided. Additional information emailed after registration. **Meet at Fish Lake Public Boat Launch, 1434 S Myers Park Rd. Cheney.** \$79

5607 Mon. & Wed. 6/8 & 6/10 6-8pm

**NEW! Kayak & Caves Lake Lenore**

Ages 16+ Celebrate the Summer Solstice and Paddle in the footsteps of the great Ice Age Floods which carved the landscape over 15,000 years ago. This beautiful geological lake will be breathtaking as we paddle the shoreline viewing the remains of ancient rock cliffs and the scenic deep alkaline lake. After our paddle take a hike to the Lake Lenore Caves a 1.5 mile round trip scramble. The caves were used as shelters by early native people after the waters from the floods retreated. This trip is all about enjoying mother nature! Bring a lunch, snacks and plenty of water. **Meet at Park Operations 2304 E Mallon Ave.** \$49

5617 Sun. 6/14 7am-6pm

Kayak Paddle Little Spokane River

1 day | Ages 12+ Fun and adventure awaits the family as you paddle your tandem sit-on-top kayak. These boats are an amazing way to enjoy the surrounding pine covered hills of this natural and scenic waterway. Pre-trip information emailed after registration. Discover Parking Pass Required: discoverpass.wa.gov. Guides, shuttle transport and kayaking equipment included. Parent must accompany child. **Meet at Little Spokane River Take-Out Nine Mile Falls, N Shoemaker Ln.** \$35

5581 Sat. 6/20 9am-1pm

Kayak Horseshoe Lake

1 day | Ages 15+ Sponsored by REI This small lake almost dictates that you slow down and enjoy the grace of your sleek sit-on-top kayak passing through the water. You will paddle over to a 50' foot waterfall that feeds this jewel of a lake. Guides, kayak instruction, and essential kayaking gear are included. Directions emailed after registration. (\$27 REI member) Discover Pass Required: discoverpass.wa.gov **Meet at Horseshoe Lake Public Boat Launch, 4962 Horseshoe Lake Rd., Deer Park.** \$29

5521 Sat. 6/27 9am-12pm

Kayak Tour Plese Flats to 9 Mile

1 day | Ages 15+ A wonderfully lazy stretch of flatwater on the Spokane River that flows through Riverside State Park. The forested shorelines give you solitude as you keep a watchful eye out for wildlife such as osprey, heron, deer and fish. You will also learn basic kayaking skills such as terminology, basic equipment & strokes. This is a great escape! Tandem kayaks, paddles, PFDs, shuttle transportation and guides provided. **Meet at Spokane River Nine Mile Dam Take-Out West Carlson Road Parking Lot.** \$29

5636 Sun. 6/28 9am – 12pm

Outdoor Summer Fun

Bicycle
Walla Walla
Winery Tour

Kayak & Coffee
Little Spokane River



Kayak & Cave
Pend Orielle River

Kayak & Cave
Lake Lenore

Bicycle
Yakima Valley
Winery Tour

Paddleboard Tours



Rafting Clearwater
River Float & Glamping



Whitewater Rafting on
the Spokane River

Horseback Riding
Day Camp

Private Group
Guided Tours

Shuttle Service on the
Little Spokane River



Sunset Kayak Tour on
the Spokane River

Youth & Teen Outdoor Adventure Day Camp



Spokatoxia Outdoor
Adventure Festival



SpokaneRec.org

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MOBILE RECREATION



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Pop In & Play operates June 15 - August 13
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SCHEDULE

Mondays: Grant Park
Tuesdays: Franklin Park
Wednesdays: A.M. Cannon Park
Thursdays: Cannon Hill Park



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WHTIEWATER RAFTING

All pre-trip information will be emailed out after registration.

Rafting Lower Spokane River Whitewater

1 day | Ages 5+ This three hour trip is filled with exciting whitewater rapids, wildlife, and gorgeous scenery! Wiley E. Waters professional licensed guides will steer you through the class II & III whitewater rapids including the Bowl and Pitcher and Devils Toe-Nail rapids in Riverside State Park. Trip includes all necessary rafting equipment including PFD, wet suits & dry tops if needed, transportation and post trip refreshments. Pre-trip information emailed after registration. **Meet at Spokane River 1701 W. Water Ave. \$47**

5536	Sat.	5/9	10am-1pm
5537	Sat.	5/16	10am-1pm
5538	Sun.	5/24	10am-1pm
5539	Sat.	5/30	10am-1pm
5540	Sun.	5/31	10am-1pm
5541	Sat.	6/6	10am-1pm
5542	Sun.	6/7	10am-1pm
5543	Sat.	6/13	10am-1pm
5544	Sun.	6/14	10am-1pm
5545	Sat.	6/20	10am-1pm
5546	Sun.	6/21	10am-1pm
5547	Sun.	6/28	10am-1pm

Rafting Trip Upper Spokane River

1 day | Ages 3+ This adventurous trip down the Spokane River is a fun-filled paddle rafting experience for everyone. Enjoy newly hatched wildlife on the river banks and exciting class II rapids as Wiley E. Waters professional licensed guides provide you with all the knowledge of the Upper Spokane River. No refunds within 1 week of trip. **Meet at Spokane River Plantes Ferry Park West Parking Lot. \$30**

5532	Sat.	5/23	10am-1pm
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Rafting Moyie River Whitewater

1 day | Ages 14+ The Moyie River is a true whitewater rafting gem in North Idaho. This rafting trip goes through a densely forested, rugged and narrow gorge lined with pine and cedar and covered with blooming Syringa shrubs and wildflowers. Beginners will enjoy the Moyie as an introduction to whitewater rafting and experienced rafters will love the Moyie for the beautiful green scenery and remote wilderness experience. The rapids are fun but not scary which makes it a great choice for family rafting trips too. NO refunds after 5/19. **Meet in Moyie Springs, ID at the ROW Adventures Bus \$110**

5525	Sat.	5/30	9am-4pm
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Whitewater Rafting

Rafting St. Joe River Whitewater

1 day | Ages 16+ This whitewater trip takes you through the crystal clear waters and dense Cedar forests of Idaho. Great for beginners and thrill seekers. The narrow passages of the St. Joe makes water explode into paddle bashing class III and class IV whitewater enjoyment. No refunds within 1 week of trip. **Meet at St. Regis, MT ROW Adventures Bus. \$110**

5527	Sat.	6/13	9am-4pm
5528	Sat.	6/27	9am-4pm

Rafting Lochsa River Whitewater

1 day | Ages 17+ Few whitewater rafting trips anywhere on earth offer as much continuous, explosive whitewater as Idaho's Lochsa River. This one day rafting trip is big whitewater that satisfies the appetite for thrills for intermediate and expert rafters. Some rivers are big and slow while others are fast and technical. The Lochsa combines the best of both - it's fast, technical and has a big volume of water. This makes for raft-smashing waves, big hydraulics and holes, and paddler-bashing excitement. Add supreme Idaho mountain scenery, talented guides and great service and you have the best whitewater rafting trips on the Lochsa River available. No refunds within 1 week of trip. **Meet at Riverdance Lodge Syringa, ID. \$130**

5529	Sat.	6/13	9am-4pm
5530	Sat.	6/20	9am-4pm

Rafting the Wenatchee River Whitewater

1 day | Ages 13+ Enjoy beautiful mountain views with Peak 7 Adventures while cascading down one of Washington's greatest whitewater rivers! There's never a dull moment on this river with almost continuous class 3 rapids. Work together to navigate through all of our favorites including 'Gorilla', 'Snowblind' and 'Grannies' rapids. After the trip, the beautiful town of Leavenworth is just a short car ride away. Bring your own lunch and snacks. No refunds after 6/20. **Meet at 201 Riverside Dr., Cashmere, WA. \$69**

5580	Sat.	6/27	2-5pm
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YOUTH OUTDOOR PROGRAMS

Experience Horses on the Farm Spring Break Camp

1/2 day | Ages 7-13yrs. Introduction to horses and horsemanship. Including riding demonstrations and a parade of breeds. Learn basic grooming skills and a chance to ride the horses. Bicycle helmet, boots with heel and long pants required. Camp information and waivers emailed after registration. **Meet at the Relational Riding Academy 3714 W Anderson Rd., Cheney, WA.** \$50

5639 Tues. 4/7 9am-Noon

Horseback Riding Camp

1 week | Ages 8-13yrs. Open to kids of all levels of experience. Limited to 20 participants working in teams of two. Each team has a qualified helper at all times in addition to the instructor. Both riding and educational group activities. New programs for 2nd year and experienced riders. 15 minutes from downtown; less than 20 minutes from most South Hill locations. Requires bicycle helmet, long pants, boots. **Meet at the Relational Riding Academy, 3714 W Anderson Rd., Cheney, WA.** \$250

5640 Mon.-Fri. 6/22-6/26 8:45am - Noon

NEW! Teen Raft Guide and Leadership Training

1 day | Ages 11-18yrs. This introductory whitewater course by Wiley E Waters Rafting will focus on developing leadership and river skills through hands on whitewater rafting experience. Training will begin with an intro on what it means to be a leader while guiding river rafting trips. Each student will learn about PFD (life jacket) fitting and safety, basic rafting equipment and outfitting, basic rescues with throw ropes and swimmer rescue practice. On river skills include properly seating and outfitting guests in your boat, proper paddle position, safety, responsibility, reading the river features, identifying hazards, and the leadership role while being the guide. On river instruction will be on class II whitewater or lower and does not go through Bowl and Pitcher or Devils Toenail rapids. **Meet at Spokane River Put-In 1701 W Water Ave.** \$75

5122 Mon. 6/22 8am-4pm

5123 Mon. 6/29 8am-4pm

5124 Mon. 7/13 8am-4pm

5125 Mon. 7/20 8am-4pm

Family Paddleboarding at Fish Lake

1 day | Ages 8+ Bring the family for a fun evening paddle at the quiet and peaceful Fish Lake. This Spokane County Lake is a great place to paddle and to learn the basics! All equipment and instruction provided. **Meet at the Fish Lake Public Boat Launch, 14314 S. Meyers Park Rd, Cheney.** \$19

5510 Thurs. 6/25 6-8pm

5511 Thurs. 7/16 6-8pm

5512 Thurs. 8/13 6-8pm

Wilderness Survival for Youth

Pre-camp information will be emailed out after registration.

Intro to Survival

5 days | Ages 6-9yrs. Learn the basics of thriving in the wild. Campers learn confidence, initiative, communication and common sense through fun survival scenarios in teams and on their own. Skills taught include shelters, fire building, cordage, navigation, knots, traps, primitive skills and more. We won't get to everything, there's too much, but the week is packed! We play survival themed games and the week ends with an exciting final scenario and a certificate of achievement. No prerequisites. Bring appropriate clothing, snacks and lunch. Call Coyle Outside for details about curriculum 541-760-0774 **Meet at Camp Sekani Park 6707 E Upriver Drive.** \$299

5650 Mon.-Fri. 6/22-6/26 9am-4pm

Advanced Survival

5 days | Ages 10-14yrs. This camp goes in depth into critical survival skills using fun, challenging scenarios. Participants work on their own and in teams to problem solve various skills challenges such as shelter, fire, tool use, knife safety, traps, rope and knots, plant uses, animal tracking, primitive skills, navigation and more (we can't cover all of it in one week!) Instructors help participants build initiative, self-control, confidence and communication skills while making new friends. We play survival themed games and the week ends with an exciting final scenario and a certificate of achievement. Bring appropriate clothing, snacks and lunch. Call Coyle Outside for details about curriculum 541-760-0774. **Meet at Camp Sekani Park 6707 E Upriver Drive.** \$299

5635 Mon.-Fri. 6/29-7/3 9am-4pm



Wilderness Survival: primitive shelter building



FITNESS & WELLNESS

Meditation & Yoga Combo Class

4 weeks | Ages 18+ Learn the practice of meditation through a meditation-based gentle-stretch yoga class, followed by meditation training designed to achieve a deep state of relaxation and a tranquil mind. Reduce anxiety, stress and negative emotions learning to focus your attention and access inner well-being. Instructor Robin Marks. **Class held at Unity Spiritual Center 2900 S Bernard St. \$85**

5655 Sat. 4/4-4/25 9-10:30am

Pilates Mat Barre Fusion

4 weeks | Ages 14+ Traditional mat work, body lengthening, stretches, and gentle toning, and floor barre work comprise East-West's Pilates group sessions. Our classes are taught in a friendly, supportive atmosphere. We welcome beginners and those with some experience. Leave the office behind and join us! **Class meets at East West martial Arts & Body Work 1427 N Monroe St. \$85**

5563 Mon. & Wed. 4/6-4/29 4:45-5:45pm

5564 Mon. & Wed. 5/4-5/27 4:45-5:45pm

5565 Mon. & Wed. 6/1-6/24 4:45-5:45pm



Yoga

Yoga Basic

8 weeks | Ages 16+ Classes are designed to meet you where you are. Relax into ever-deepening levels of flexibility, strength and well-being. De-stress and revitalize through yoga asanas, breathing, focusing and relaxation techniques. Appropriate for beginners as well as continuing students. **Class held at Unity Spiritual Center 2900 S Bernard St. \$90**

4833 Tues. 3/31-5/19 5:30-6:30pm

Yoga Basic 2

8 Weeks | Ages 16+ This class offers the same benefits as Basic Yoga while adding more variety of poses. **Class held at Unity Spiritual Center 2900 S Bernard St. \$90**

4836 Thurs. 4/2-5/21 5:30-6:30pm

Yoga Gentle Stretch

8 Weeks | Ages 16+ If you have not exercised for a while, suffer from some of the aches and pains that can accompany life, or you simply want to de-stress in a gentle manner, this is the class for you. Same benefits as Basic Yoga class but gentler. Instructor Robin Marks. **Class held at Unity Spiritual Center 2900 S Bernard St. \$90**

4839 Sat. 4/4-5/23 9-10am

Yoga Modified

8 Weeks | Ages 16+ Yoga poses, stretches and strengtheners modified with the use of comfortable sitting chairs. Experience all the benefits of yoga modified to your body's needs and without struggling to sit on the floor or get up and down off the floor, as in standard yoga classes. Instructor Robin Marks. **Class held at Unity Spiritual Center 2900 S Bernard St. \$80**

4841 Thurs. 4/2-5/21 10:30-11:15am

MARTIAL ARTS

Kung Fu for Youth

4 weeks | Ages 7-17yrs. Channel your child's inner Shao-Lin Monk! Kung Fu basics taught with positive spirit and atmosphere. This class is open to all backgrounds and any level of fitness. **Class meets at East West Martial Arts & Body Works 1427 N Monroe St. \$72**

5644 Mon. & Wed. 4/6-4/29 6:15-7pm

5645 Mon. & Wed. 5/4-5/27 6:15-7pm

5646 Mon. & Wed. 6/1-6/24 6:15-7pm

Kung Fu Little Dragons

4 weeks | Ages 4-6yrs. The Little Dragons class aims to introduce children to Kung Fu. The class mixes some basic moves for walking, punching, kicking, and simple-set work with games. The focus of this class is to help your child improve balance, coordination, and improve their levels of fitness, all while having fun! Bring water to drink and loads of energy! **Class meets at East West Martial Arts & Body Works 1427 N Monroe St. \$43**

5647 Tues. & Thurs. 4/7-4/30 5:45-6:15pm

5648 Tues. & Thurs. 5/5-5/28 5:45-6:15pm

MARTIAL ARTS

Aikido

4 weeks | Youth & Adult A traditional martial art for the modern world. Basic program teaches etiquette, footwork, falls, and basic movement to get started in a safe, supportive, traditional dojo atmosphere utilizing age appropriate methods. **Class meets at Aiki Spokane Roshinkan Aikido Dojo 503 E 30th Ave. \$65**

Adult Beginning

5560 Tues. & Thurs. 4/7-4/30 6:30-7:30pm

5561 Tues. & Thurs. 5/5-5/28 6:30-7:30pm

5562 Tues. & Thurs. 6/2-6/25 6:30-7:30pm

Kids Beginning

5557 Tues. & Thurs. 4/7-4/30 5-6pm

5558 Tues. & Thurs. 5/5-5/28 5-6pm

5559 Tues. & Thurs. 6/2-6/25 5-6pm

Karate Traditional Okinawan Goju Ryu

4 weeks | Ages 6-14yrs. & 15+ These ongoing classes stress a balance of hand and foot techniques, practical self-defense, and physical conditioning. Respect and self-confidence are common threads in these classes. It is appropriate for beginners as well as those with experience in other styles. The instructor, Mary Roe, holds a 7th degree black belt. **Classes are located at the Southside Senior and Community Center, 3151 E 27th. \$40**

Adult Ages 15+

No Class April 6, 9 or May 26, 29

4748 Mon. & Thurs. 3/2-3/26 5:45-6:45pm

4748 Mon. & Thurs. 3/30-4/30 5:45-6:45pm

39451 Mon. & Thurs. 5/4-6/4 5:45-6:45pm

Youth Ages 6-14yrs.

No Class April 6, 8 or May 26, 28

4745 Mon. & Wed. 3/2-3/25 4:30-5:30pm

39447 Mon. & Wed. 3/30-4/29 4:30-5:30pm

39450 Mon. & Wed. 5/4-6/3 4:30-5:30pm

SINGING

Sing from the Heart

4-8 weeks | Ages 18+ Vocal technique and performance workshop. Participants work on repertoire, audience rapport, vocal technique and performance skills with an emphasis on developing individual style and expression. All levels welcome. Individual focus can range from fine tuning vocal technique, working through stage fright, preparing for auditions and polishing professional performances to simply testing the waters as a first-time singer. Instructor Robin Marks. **Class held at The Place on Park 2406 S Park Dr.**

4844 Tues. 3/31-5/19 7-8:30pm \$245

Mini Session

5656 Tues. 6/9-6/30 7-8:30pm \$125

Sing from the Heart for Kids

8 weeks | Ages 6-12yrs. A fun approach for kids to sing individually at the microphone, while developing their own sense of style and presentation. Kids will gain confidence and the ability to be musically creative and self-expressed on stage. The last class will be a performance for family and friends. Instructor Robin Marks. **Class held at The Place on Park 2406 S Park Dr.** No Class Held on 4/7. \$165

4848 Tues. 3/31-5/26 4-5pm

Sing from the Heart for Teens

8 weeks | Ages 13-17yrs. Teens will have the opportunity to hone their skills as solo performers. Whether new and shy, or experienced as singers; participants will improve their vocal technique and performance skills. Emphasis is placed on drawing out each singer's unique sense of self-expression. The last class is a performance for family and friends. Instructor Robin Marks. **Class held at The Place on Park 2406 S Park Dr.** No class held on 4/9. \$165

4846 Thurs. 4/2-5/28 4-5pm

LAWN BOWLING

Lawn Bowling Lessons

4 weeks | Ages 16+ Do you want to learn a life-long game that includes accuracy, teamwork, is played outside on a finely cut green, and is both fun and friendly? In lawn bowling, we use soft-ball-sized, bias-cut "bowls" that travel in an elliptical path rather than straight (as do bocce balls), so we can roll them to curve around opponents' bowls to score points. Come discover Spokane's hidden bowling green. All equipment supplied. Wear flat-soled shoes & bring a water bottle. Students who complete the class will be able to join the club and pay only 1/2 the annual dues. **Class held at Spokane Lawn Bowling Green behind Witter Aquatic Center 1300 E Mission Ave. \$40**

5652 Sat. 6/6-6/27 10am-Noon



GYMNASTICS

Gymnastics - Preschool

6 weeks | Ages 3-4yrs. Preschoolers learn fundamental gymnastics in a fun, fast-paced 50 minute co-ed class. At the age when young children become gradually more aware of their bodies and how to control their movements they can learn an accumulation of skills, the social skills necessary to work in a group, and also the ability to mentally and physically string skills together. **Class meets at Spokane Gymnastics 2515 N Locust Rd. \$109**

5669	Fri.	5/15-6/19	9-9:50am
5670	Fri.	5/15-6/19	11-11:50am
5671	Fri.	5/15-6/19	4-4:50pm

Gymnastics for Tiny Tots

6 weeks | Ages 18 -36 months Parents interact with their children in a structured class where toddlers learn very basic gymnastics skills; including rolls, jumps and balance with a focus on improvement of fine and gross motor skills, and the ability to follow directions in a fun environment with songs and games. **Class meets at Spokane Gymnastics 2515 N Locust Rd. \$109**

5668	Fri.	5/15-6/19	10-10:50 am
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Gymnastics - Homeschool

6 weeks | Ages 5-8 & 9-12yrs. Spokane Gymnastics works with individuals as well as various homeschool organizations to provide one hour co-ed gymnastics lessons promoting physical activity and teaching gymnastics skills on all the Olympic Events. We are happy to work with individuals or other alternative school organizations. **Class meets at Spokane Gymnastics 2515 N Locust Rd. \$129**

Ages 5-8yrs.

5672	Fri.	5/15-6/19	1:15-2:15pm
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Ages 9-12yrs.

5673	Fri.	5/15-6/19	1:15-2:15pm
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Gymnastics - Introduction

6 weeks | Ages 5-8 & 9-14yrs. Basic gymnastics skills taught on all the Olympic Events: Vault, Balance Beam, Uneven, Horizontal and Parallel Bars, Floor, Rings and Pommel Horse in a fun and encouraging environment. **Class meets at Spokane Gymnastics 2515 N Locust Rd. \$129**

Ages 5-8yrs.

5674	Fri.	5/15-6/19	5-6pm
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Ages 9-14yrs.

5675	Fri.	5/15-6/19	6:15-7:15 pm
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Gymnastics - Parkour

6 weeks | Ages 10-18yrs. Parkour is the physical discipline of training to overcome any obstacle by adapting one's movements to the environment. One hour "urban gymnastics" class teaches participants how to negotiate obstacles in the most efficient (and fun) way possible as well as how to jump, land and flip safely.

Class meets at Spokane Gymnastics 2515 N Locust Rd. \$129

5676	Fri.	5/15-6/19	7:30-8:30pm
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Gymnastics - Ninja Zone

6 weeks | Ages 3-11yrs. Ninja Zone is a fusion of Gymnastics, Martial Arts, Obstacle Course Training and Freestyle Movement. This class includes combinations of flips, rolls and kicks that are designed to improve total body coordination, build strength and improve agility. Ninja Zone uses your child's energy to create focus! Beyond skill, this class teaches self-confidence, discipline, impulse control, responsibility and instinctual safety. In an effort to promote discipline and unity, Ninja Sport International requires uniforms for all Ninja classes: \$29 for t-shirt and headband, along with athletic shorts of choice. **Class meets at Spokane Gymnastics 2515 N Locust Rd.**

Level 1 Ages: 5-11yrs. \$129

5680	Fri.	5/15-6/19	5-6pm
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5681	Fri.	5/15-6/19	6:15-7:15pm
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Preschool Co-Ed Ages: 3-5yrs. \$109

5677	Fri.	5/15-6/19	10-10:50am
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5678	Fri.	5/15-6/19	11-11:50am
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5679	Fri.	5/15-6/19	4-4:50pm
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Gymnastics

GHOST TOURS

Ghost Victorian Séance at the Haunted Corbin Mansion

1 day | Ages 21+ Chet Caskey, noted Ghostologist, will facilitate a Victorian Style séance at the historic and haunted Corbin Mansion with guest spiritualists in attendance, if available. These small-group sessions are intended to be a genuine exploration into the Spiritual Realm, and individuals are welcome and encouraged to bring their own experiences to the gathering. Both inquirers and those experienced in psychic experiences are welcome. Venue is accessible. **Event held at Corbin Art Center 507 W 7th Ave. \$25**
5665 Sat. 4/18 6:30-8:30pm

Mid-Downtown Walking Historic Ghost Tour

1 day | Ages 12+ (infants in strollers free and tour is accessible) Join Ghostologist & story teller Chet Caskey for a two-hour fun & easy stroll through Mid-Downtown Spokane to hear about the City's past of Criminals, The Great Fire, fatal lovers, bombers and theater ghosts. Dress warmly! **Tour meets at Visit Spokane Office 507 N Howard St. \$15**
5659 Sat. 4/11 6:30-8:30pm
5660 Sat. 5/30 6:30-8:30pm

Westside Downtown Walking Historic Ghost Tour

1 day | Ages 12+ (Tour is ADA accessible) After hot chocolate and snacks, join Ghostologist & story teller Chet Caskey for a two-hour fun & easy stroll through the City's Riverside Historic District to hear about the haunted Carnegie Library, the Serial Cannibal Stanley Pietrzak, the Odd Fellows Hall and Montvale Hotel, the Fox Theater, and the ghost venues of the haunted Gorge Landfill. Dress warmly! **Tour meets at the Downtown Dog Park 1200 W Riverside Ave. \$15**
5661 Sat. 4/25 6:30-8:30pm

East Main Avenue & Old Chinatown Walking Ghost Tour

1 day | Ages 21+ (adults only) The 2-hour East Main Avenue & Chinatown Walking Ghost Tour begins and ends in front of Saranac Public House. Join raconteur and ghostologist Chet Caskey for an easy stroll through the East Main Avenue and Trent Alley Districts of Spokane to hear about Spokane's dark past of East Side ghouls, Tong murder, Chinatown ghosts, and the Great Fire of Spokane "" with only "Hell Money" (provided) for protection! Tour ticket does not include a bracing drink at an East Side haunted bar. **Tour meets at Saranac Public House, 21 Main Ave. \$15**
5662 Sat. 5/2 6:30-8:30pm

Haunted Cemetery Tour

1 day | Walking Ages 10+ Join Spokane ghostologist and recontour Chet for a spooky two-hour stroll through Greenwood and Riverside Cemeteries as you learn about the City's killers, spiritualists, and psychos as well as Greenwood's Ghost Ghetto and Haunted Thousand Steps. Dress warmly if necessary! Lemonade or hot chocolate and cookies provided along the way. Restrooms available. **Meet at the Greenwood Cemetery Office (parking free), 211 N. Government Way. \$15**
5663 Sun. 5/3 1-3pm
5664 Sun. 6/7 1-3pm

Traditional Victorian Séance in Hillyard

1 day | Ages 21+ Chet Caskey, noted Ghostologist, will facilitate a Victorian Style Séance on these special Sunday afternoons. The small-group sessions are on the second floor (entrance around back) Spirituality Center. They are intended to be a genuine exploration into the Spiritual Realm, and individuals are welcome and encouraged to bring their own experiences to the gathering. Both inquirers and those experienced in psychic experiences are welcome. **Meet at Market Street Antiques Store at 4912 N Market St. Limit 16 guests. Refreshments provided. \$25.**
5666 Sun. 6/14 1:30-3:30pm

PIANO

Piano for Adults

4 weeks | Ages 14+ Easily learn how to play using the fun & unique Australian method that has everyone playing right away. Play real music - immediately - both hands from the very first lessons! These are 'non-traditional' lessons that make music enjoyable and attainable for everyone. Sign up today to get started playing! (These classes are for First-Time Students) **Meet at Bartell Music Academy, 418 E Pacific Ave. \$68**
6005 Tues. 4/14-5/5 6-6:30 pm
6006 Tues. 5/12-6/2 6-6:30 pm
6007 Tues. 6/9-6/30 6-6:30 pm

Piano for Children

4 weeks | Ages 8-13yrs. Students will learn the basics of piano and immediately start learning how to play great sounding music using the Australian method. As students make quick progress with positive reinforcement, they are motivated to learn and continue enjoying music for life. These are 'non-traditional' lessons that make music enjoyable and attainable for everyone. No Class on Monday, May 25th. (These classes are for first-time students.) **Meet at Bartell Music Academy, 418 E Pacific Ave. \$68**
6008 Mon. 4/13-5/4 5:30-6pm
6009 Mon. 5/11-6/8 5:30-6pm
6010 Mon. 6/9-6/29 5:30-6pm

celebrate summer with Summer Parkways

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Join the
fun on
the
summer
solstice!

THURSDAY
JUNE 18, 2020
6 - 9 PM
MANITO/COMSTOCK
NEIGHBORHOODS

summerparkways.com | facebook.com/summerparkways

POOL PARTIES

\$150

FOR UP TO 15 GUESTS!

Includes exclusive use of of "FUNbrella"
and picnic tables or classroom during
the entire open swim session.

Call to reserve your celebration
or for more information

509.625.6960

RIVERFRONT SPOKANE COMMUNITY ENGAGEMENT PROGRAMS

Questions? Call (509) 625-6600, E-mail rfpinfo@spokanecity.org or visit RiverfrontSpokane.org
No registration required! Drop in and join the fun. *Exceptions where registration is required are listed below.

Storytime at the Carrousel

Monthly | Ages 2-5yrs. Storytime at the Carrousel is an early literacy activity designed to spark and engage the young imagination with stories, songs and preschool activities. Join us on the third Friday of every month in the Loeff Carrousel party room. Free Carrousel rides offered to attendees. **Riverfront Spokane – Loeff Carrousel 507 N. Howard St.** Free

Storytime at the Carrousel	Fri.	3/20	11am
Storytime at the Carrousel	Fri.	4/17	11am
Storytime at the Carrousel	Fri.	5/15	11am



Storytime

Easter Egg Hunt

1 day | Ages 0-12yrs. Free Easter Egg Hunt in the Lilac Bowl at Riverfront Park. Join us before or after the hunt for a paid brunch with the Easter Bunny at the Pavilion (reservation required). Riverfront Spokane – Lilac Bowl 507 N. Howard St. Free

Sat.	4/11	10:15am: 0-2yrs
		10:25am: 3-4yrs.
		10:35am: 5-7yrs.
		10:40am: 8-12yrs.

Easter Brunch at the Pavilion

1 day | All Ages Enjoy Easter Brunch with the Easter Bunny at the Pavilion! Brunch includes a free Loeff Carrousel ride and BOGO Numerica SkyRide admission coupon. Riverfront Spokane – Pavilion 507 N. Howard St. **Registration required.** Pricing and registration available at RiverfrontSpokane.org/EasterBrunch

Sat.	4/11	9:30am-1pm
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Magical March

2 day | All Ages Celebrate the Magic of Riverfront this March with family friendly “magical” themed activities featuring Penny’s Puppets and Cecil’s Magic Show. **Riverfront Spokane – Pavilion 507 N. Howard St.** Free

Cecil’s Magic Show	Sat.	3/21	2pm, 3:30pm, 5pm
Penny’s Puppets	Sat.	3/28	10am, 11:30am, 2pm

Riverfront Bike to Work Week Kick-Off Breakfast

1 day | Ages 16+ Kick-off Bike to Work Week with a pancake breakfast at the Forestry Shelter in Riverfront Park! **Riverfront Spokane – Forestry Shelter 507 N. Howard St.** Free
Tue. 5/11 7-9am

Riverfront Eats – Food Truck Series

Weekly (June-August) | All Ages Join us at the Orange Bridge every Tuesday for food trucks, live music, and giveaways! A portion of proceeds will benefit free and low-cost programming in Riverfront Park. Riverfront Spokane – **Orange Bridge 507 N. Howard St.**

Tue.	6/2	11am-2pm
Tue.	6/9	11am-2pm
Tue.	6/16	11am-2pm
Tue.	6/30	11am-2pm



Riverfront Eats

Historic Walking Tours

Weekly (June-August) | All Ages This free walking tour will take you through the newly revitalized Riverfront Park, where the city’s past and present merge in unique ways. Learn the rich history of the magnificent Spokane Falls, Expo ‘74 U.S. Pavilion, 1902 Clocktower, 1909 Loeff Carrousel, Centennial Trail and more! Tours will depart from the Visit Spokane Visitor Information building located next to the Rotary Fountain each Saturday. Riverfront Spokane – Visit Spokane Information Center 507 N. Howard St. Free

Sat.	6/6	10-11:30am, 12-1:30pm
Sat.	6/13	10-11:30am, 12-1:30pm
Sat.	6/20	10-11:30am, 12-1:30pm



SPORT-BASED CHILD DEVELOPMENT

SuperTots Sports Academy provides sport-based development programs where children discover and develop athletic, motor, and social skills. SuperTots' curriculum is specifically designed to promote development along side a healthy, active lifestyle.

SPRING 2020

HOOPSTERTOTS™

Learning basketball has never been more fun! These classes focus on dribbling, shot technique, passing and team work. Adjustable hoops and appropriately sized basketballs are used to always provide just the right amount of challenge.

(course)	(dates)	(days)	(time)	(ages)	(fee*)	(location)
Froggies / Froggies II	4/14 - 5/26	Tuesday	6:10 p.m. - 6:50 p.m.	3 - 4 Years	\$105	Arlington Elementary
Froggies / Froggies II	4/14 - 5/26	Tuesday	6:10 p.m. - 6:50 p.m.	3 - 4 Years	\$105	Balboa Elementary School
Froggies / Froggies II	4/16 - 5/28	Thursday	6:10 p.m. - 6:50 p.m.	3 - 4 Years	\$105	Roosevelt Elementary
Rabbits / Kangaroos	4/14 - 5/26	Tuesday	6:10 p.m. - 6:50 p.m.	4 - 5 ½ Years	\$105	Balboa Elementary School
Rabbits / Kangaroos	4/14 - 5/26	Tuesday	7:00 p.m. - 7:40 p.m.	4 - 5 ½ Years	\$105	Arlington Elementary
Rabbits / Kangaroos	4/16 - 5/28	Thursday	7:00 p.m. - 7:40 p.m.	4 - 5 ½ Years	\$105	Roosevelt Elementary

BASBEBALLTOTS™

BaseballTots is a development program for kids ages 26 months through 5 years old that uses a variety of fun games to engage kids while teaching the sport of baseball and developing fundamental skills. The goal is to build fitness, muscle coordination, baseball fundamentals and create a love of the game.

(course)	(dates)	(days)	(time)	(ages)	(fee*)	(location)
Bunters	4/15 - 5/27	Wednesday	5:30 p.m. - 6:10 p.m.	24 - 36 Months	\$105	Franklin Elementary
Batters II / Hitters	4/15 - 5/27	Wednesday	6:15 p.m. - 6:55 p.m.	3 - 4 Years	\$105	Franklin Elementary
Batters II / Hitters	4/16 - 5/28	Thursday	6:10 p.m. - 6:50 p.m.	3 - 4 Years	\$105	Willard Elementary
Hitters/Grand Slammers	4/15 - 5/27	Wednesday	7:00 p.m. - 7:40 p.m.	4 - 5 ½ Years	\$105	Franklin Elementary
Hitters/Grand Slammers	4/16 - 5/28	Thursday	7:00 p.m. - 7:40 p.m.	4 - 5 ½ Years	\$105	Willard Elementary

SOCCERTOTS®

Our flagship program! Playable on almost any surface, these soccer-themed motor skill classes are very easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus, and introduce an element of light competition.

(course)	(dates)	(days)	(time)	(ages)	(fee*)	(location)
Teddies II / Koalas	4/14 - 5/26	Tuesday	6:10 p.m. - 6:50 p.m.	24 - 36 Months	\$105	Westview Elementary
Teddies II / Koalas	4/16 - 5/28	Thursday	6:10 p.m. - 6:50 p.m.	24 - 36 Months	\$105	OLD Jefferson Elementary
Teddies II / Koalas	4/16 - 5/28	Thursday	6:10 p.m. - 6:50 p.m.	24 - 36 Months	\$105	Mullan Road Elementary
Cubs / Pandas	4/14 - 5/26	Tuesday	6:10 p.m. - 6:50 p.m.	3 - 4 Years	\$105	Westview Elementary
Cubs / Pandas	4/15 - 5/27	Wednesday	6:10 p.m. - 6:50 p.m.	3 - 4 Years	\$105	Mullan Road Elementary
Pandas / Bears	4/14 - 5/26	Tuesday	7:00 p.m. - 7:40 p.m.	3 ½- 4 ½ Years	\$105	Westview Elementary
Pandas / Bears	4/16 - 5/28	Thursday	7:00 p.m. - 7:40 p.m.	3 ½- 4 ½ Years	\$105	OLD Jefferson Elementary
Pandas / Bears	4/16 - 5/28	Thursday	7:00 p.m. - 7:40 p.m.	3 ½- 4 ½ Years	\$105	Mullan Road Elementary
Bears / Grizzlies	4/15 - 5/27	Wednesday	7:00 p.m. - 7:40 p.m.	4 - 5 ½ Years	\$105	Mullan Road Elementary

*Price doesn't include one-time \$20 annual membership fee



SPACE IS LIMITED!
REGISTER TODAY»»

Online
SuperTotSports.com

Phone
509.534.5437



YOUTH SPORTS SKILL-BASED PROGRAMS

Skyhawks Sports Academy provides sports programs where children discover and develop athletic skills and social values, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

BASKETBALL

This fun, skill-intensive program is designed for beginning to intermediate athletes. An active week of passing, shooting, dribbling and rebounding makes this one of our most popular programs. Boys and girls will also learn vital life lessons such as respect, teamwork and responsibility.

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
SSA117545	4/14 - 5/19	Tuesday	6:05 p.m. - 6:55 p.m.	5-7	\$79	Indian Trail Elementary
SSA117546	4/14 - 5/19	Tuesday	7:05 p.m. - 7:55 p.m.	8-12	\$79	Indian Trail Elementary
SSA117544	4/16 - 5/21	Thursday	7:05 p.m. - 7:55 p.m.	8-12	\$79	Hutton Elementary

1ST & 2ND GRADE BASKETBALL LEAGUE

This recreational basketball league is designed for the beginning through intermediate player to learn the game, develop technique and play ball in a low-pressure environment. Throughout the season players will be coached on proper passing, shooting, dribbling, and rebounding. Each visit consists of 25-minutes of instruction prior to a 25-minute game. Practice and Game on the same day!

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
Girls - SSA117548	4/14 - 5/26	Tuesday	6:00 p.m. - 8:30 p.m.	1-2	\$104	Audubon Elementary
Boys - SSA117547	4/16 - 5/28	Thursday	6:00 p.m. - 8:30 p.m.	1-2	\$104	Franklin Elementary

CHEERLEADING

Skyhawks Cheerleading teaches young athletes the essential skills to lead crowds and support the home team! Each cheerleader learns proper hand & body movements and jumping techniques. The week concludes with a choreographed performance.

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
SSA117543	4/16 - 5/21	Thursday	6:05 p.m. - 6:55 p.m.	5-11	\$79	Hutton Elementary

SOCCER

Skyhawks is the nation's #1 camp for learning the fundamentals of soccer. Using our progression curriculum, boys and girls will gain the technical skills & sport knowledge required for that next step into soccer.

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
SSA117553	4/19 - 5/24	Sunday	1:00 p.m. - 1:50 p.m.	5-7	\$79	Lidgerwood Elementary
SSA117554	4/19 - 5/24	Sunday	2:00 p.m. - 2:50 p.m.	7-11	\$79	Lidgerwood Elementary

VOLLEYBALL

This recreational volleyball league is designed for beginning through intermediate players to develop technique and play volleyball in a low-pressure environment. Kids will learn how to bump, set, spike, serve, and the rules of volleyball. First visit will be a practice only. Thereafter, each visit includes 25 minutes of instruction followed by a 25 minute game. Players will be placed on teams of 5 to 10 kids per team.

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
SSA117551	4/14 - 5/26	Tuesday	6:00 p.m. - 8:30 p.m.	8-10	\$104	Old Jefferson Elementary School
SSA117552	4/14 - 5/26	Tuesday	6:00 p.m. - 8:30 p.m.	10-12	\$104	Old Jefferson Elementary School
SSA117541	4/15 - 5/27	Wednesday	6:00 p.m. - 8:30 p.m.	8-10	\$104	Finch Elementary
SSA117542	4/15 - 5/27	Wednesday	6:00 p.m. - 8:30 p.m.	10-12	\$104	Finch Elementary

MULTI-SPORT (BASKETBALL, SOCCER, VOLLEYBALL)

Our multi-sport camp is designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the program, your child will walk away with knowledge of multiple sports along with vital life lessons such as respect, teamwork, and self-discipline.

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
SSA117549	4/16 - 5/21	Thursday	6:05 p.m. - 6:55 p.m.	5-7	\$79	Ridgeview Elementary
SSA117550	4/16 - 5/21	Thursday	7:05 p.m. - 7:55 p.m.	7-11	\$79	Ridgeview Elementary



SPACE IS LIMITED!

REGISTER TODAY»

Online:
skyhawks.com

Phone:
800.804.3509



Tennis

AfterSchool Zone

Hit a ball, make some friends, and learn a new skill. USTA-Trained instructors use age appropriate equipment & games to get kids moving, having fun, and learning tennis.

School	Location	Day	Start Date	End Date	Time	Price
Arlington Elementary	Gym	Monday	4/6/20	6/1/20	6:15pm - 7:15pm	\$ 8.00
Balboa Elementary	Gym	Thursday	4/16/20	6/4/20	6:15pm - 7:15pm	\$ 32.00
Jefferson Elementary	Gym	Wednesday	4/15/20	6/3/20	6:15pm - 7:15pm	\$ 64.00
Finch Elementary	Gym	Monday	4/13/20	6/1/20	6:15pm - 7:15pm	\$ 56.00
Hamblen Elementary	Gym	Monday	4/13/20	6/1/20	6:15pm - 7:15pm	\$ 56.00
Hutton Elementary	Gym	Wednesday	4/13/20	6/3/20	6:15pm - 7:15pm	\$ 64.00
Lidgerwood Elementary	Gym	Tuesday	4/14/20	6/2/20	6:15pm - 7:15pm	\$ 8.00
Mullan Road Elementary	Gym	Monday	4/13/20	6/1/20	6:15pm - 7:15pm	\$ 56.00
Roosevelt Elementary	Gym	Tuesday	4/14/20	6/2/20	6:15pm - 7:15pm	\$ 64.00
Westview Elementary	Gym	Wednesday	4/15/20	6/3/20	6:15pm - 7:15pm	\$ 8.00

For more info register today at: RecTennis.com/spokane

Taz Builds:

- Friendships
- Tennis Skills
- Character Development
- Healthy Lifestyle



For info/requests: AnnElise Anderson (509) 991-0696 | anderson@pnw.usta.com

YOUTH NFL FLAG FOOTBALL

NFL Youth Flag Football League

10 Weeks | Ages 5-16yrs. Is your child ready for the NFL? This is a SPRD/ NFL Flag partnership to bring this exciting league to Spokane! Teams are made up of 5-10 with practices on Tuesdays and league games on Thursdays. Players will receive an official NFL team jersey & NFL FLAG belt. Practices held at the facility you register under. **All games will be held at Dwight Merkel Sports Complex, 5701 N Assembly.** Registration deadline: 5/22/20
Registration fee: \$135

Activity Number	Practice Location	Division Name/ Level	League Dates
5189	Merkel	Ages 5-7yrs.	6/2-8/13
5190	Merkel	Ages 8-10yrs.	6/2-8/13
5191	Merkel	Ages 11-13yrs.	6/2-8/13
5192	Merkel	Ages 14-16yrs.	6/2-8/13
5193	SE Complex	Ages 5-7yrs.	6/2-8/13
5194	SE Complex	Ages 8-10yrs.	6/2-8/13
5195	SE Complex	Ages 11-13yrs.	6/2-8/13
5196	SE Complex	Ages 14-16yrs.	6/2-8/13



Raiders Vs. Saints @ Dwight Merkel

ADULT FLAG FOOTBALL

Flag Football League - Spring

8 weeks | Ages 18+ The SPRD Adult Flag Football Program offers divisions for all skill levels in three seasons: Spring, Summer (5v5 only), and Fall. The league is divided into five divisions: A Division (Elite), B (Upper Competitive), C (Lower Competitive), D (Recreational), and the new 5 v 5 format in two divisions. **All games played at the Dwight Merkel Sports Complex on Friday nights and all-day Sundays.** Registration deadline is 2/14

Team Fee: \$950

Late registration Fee: (2/15-2/21): \$975

5 v 5 Division Fee: \$400 - Late Fee: \$425

Activity Number	Dates of Play	Division Name/ Level	League Dates
4763	Sun.	5 v 5	3/8-5/3
4759	Fri. & Sun.	A - Elite	3/6-5/3
4760	Fri. & Sun.	B - Upper Competitive	3/6-5/3
4761	Fri. & Sun.	C - Lower Competitive	3/6-5/3
4762	Fri. & Sun.	D - Recreational	3/6-5/3


NEW! Spring Flag Football Free Agent 5v5
(individual registration)

8 weeks | Ages 18+ This is for the player who wants to get in the game but doesn't have a team. League administration will work to create a team from our free agents. Night of play is subject to availability and league needs **Registration deadlines: 2/14 - Spring & 5/29-Summer.** Player Fee: \$45.

Spring - Player Late Registration Fee (2/15-2/21): \$70

4935 Sun. 3/8-5/3 Upper/Lower

Summer - Late Player Registration Fee (5/30-6/5): \$70

5575 Sun. 6/21-8/4 Upper/Lower

Flag Football League - 5v5 Summer

8 weeks | Ages 18+ This is the Summer version of the best Flag Football League of the Northwest! 8-game guarantee, with end of season tournament. League will be highly competitive and fast paced in Upper, Lower Division. 7 regular season games with a one game guaranteed tournament. **All games will be played at Dwight Merkel Sports Complex, 5701 N Assembly.** Starting on Sundays 8AM. Registration deadline 5/29.

Team Fee: \$400

Late Registration Team Fee: (5/30-6/5): \$425

Activity Number	Dates of Play	Division Name/ Level	League Dates
5566	Sun.	Upper Competitive	6/21-8/4
5568	Sun.	Lower Competitive	6/21-8/4



ADULT SOFTBALL

Softball League

7 weeks | Ages 18+ Join us this season for the best softball competition in town. SPRD offers a variety of divisions including Men's D & E, Coed C, D, & E, and Masters 50's and 60's. Play 6 weeks of double-header games into a 1 game guarantee playoff at the Dwight Merkel Sports Complex or Franklin Park Softball Complex. Team registration fee's include a set balls, a score book, line up cards, and umpire fees for the season. **Games played at Dwight Merkel Sports Complex, 5701 N Assembly & Franklin Park Softball Complex.**

Spring

7 weeks | Ages 18+ Registration deadline is 4/10.

Team Fee: \$760

Late Team Registration Fee: (4/11- 4/17): \$785

Activity Number	Dates of Play	Division Name/Level	League Dates
4724	Sun.	Coed D	4/26-6/14
4725	Sun.	Coed E	4/26-6/14
4726	Mon.	Men's D	4/27-6/15
4727	Mon.	Men's E	4/27-6/15
4728	Tues.	Coed D	4/28-6/9
4729	Tues.	Coed E	4/28-6/9
4730	Tues.	Masters 50+	4/28-6/9
4731	Wed.	Masters 60+	4/29-6/10
4732	Wed.	Men's D	4/29-6/10
4733	Wed.	Men's E	4/29-6/10
4734	Thurs.	Coed C	4/30-6/11
4735	Thurs.	Coed D	4/30-6/11
4736	Thurs.	Coed E	4/30-6/11

Summer

7 weeks | 18+ Registration deadline is 6/19.

Team Fee: \$760

Late Team Registration Fee: (6/20-6/26): \$785.

Activity Number	Dates of Play	Division Name/Level	League Dates
5576	Sun.	Coed D	7/12-8/23
5577	Sun.	Coed E	7/12-8/23
5578	Mon.	Men's D	7/6-8/17
5579	Mon.	Men's E	7/6-8/17
5582	Tues.	Coed D	7/7-8/18
5583	Tues.	Coed E	7/7-8/18
5585	Wed.	Men's D	7/8-8/19
5587	Wed.	Men's E	7/8-8/19
5588	Thurs.	Coed C	7/9-8/20
5589	Thurs.	Coed D	7/9-8/20
5590	Thurs.	Coed E	7/9-8/20
5591	Fri.	Coed D	7/10-8/21
5592	Fri.	Coed E	7/10-8/21

* Season start and end dates are tentative based on the previous seasons ending and weather related days during play league play.



Drop In Play - Tuesdays

Ages 18+ Don't have a team? Don't worry, we have you covered. Come out and participate in our drop in softball program. Whether 1 player shows or enough for a full lineup. This opportunity allows you to jump in at the premier softball facility in town. Take some batting practice with a few other drop ins or play a pickup game (no umpire included). This is a great opportunity to have minimal commitment and get out on the diamond and meet new people. Join us this spring for our annual drop in softball program! **Games are played at the Dwight Merkel Sports Complex, 5701 N Assembly.** \$39 * No Prorated Rates

5133	Tues.	4/28-6/9	6:15-8:45pm
5584	Tues.	7/8-8/18	6:15-8:45pm



Free Agent Coed & Men's Leagues

Ages 18+ This is for the player who wants to get in the game but doesn't have a team. League administration will work to create a team from our free agents. Night of play is subject to availability and league needs. **Games played at Dwight Merkel Sports Complex, 5701 N Assembly Spokane, WA 99205** \$55/player

Late Reg. Fee: \$80/player

Spring

Registration deadline is 4/10 - Late Registration (4/11-4/17)

4738	Tues., Thurs. or Sun.	4/26-6/14	Coed C, D or E
4737	Mon. or Wed.	4/27-6/10	Men's D or E

Summer

Registration deadline is 6/19 - Late Registration (6/20-6/26)

5594	Tues., Thurs., Fri. or Sun.	7/7-8/23	Coed C, D or E
5593	Mon. or Wed.	7/6-8/19	Men's D or E

SOFTBALL TOURNAMENTS

Spring Swing Softball Tournament

3 Days | Ages 18+ The snow has cleared and it's time to gear up for the spring softball season. Join SPRD in our annual Spring Swing Coed Softball Tournament. This is a 4 GG, including two pool play games into a single elimination bracket with consolation. 16 roster max. **Games played at the Dwight Merkel Sports Complex, 5701 N Assembly.** Register by 4/3 for a team fee of \$350. Registration accepted through 4/10 for \$375.

Activity

Number	Dates of Play	Division Name/Level	Tournament Dates
4767	Fri-Sun	Coed Upper	4/17-4/19
4768	Fri-Sun	Coed Lower	4/17-4/19

Masters Classic Senior Softball Tournament

4 Days | Ages 40+ Join us this summer at one of the premier complexes in the northwest. This senior softball tournament is a 5 game guarantee including 3 pool play games into a double elimination bracket (no what if game included). This tournament will closely follow Senior Softball USA rules and be sure to be a great opportunity for your team to prep for a national qualifier or other major senior softball event. **Games played at the Dwight Merkel Sports Complex, 5701 N Assembly.** Register by 7/01 for a team fee of \$500. Registration accepted through 7/23 for \$525.

Activity

Activity Number	Dates of Play	Division Name/Level	Tournament Dates
5519	Thurs & Fri	65 + & 70 +	8/6-8/7
5520	Sat & Sun	40+,50+,55+,60+	8/8-8/9



BICYCLE WINE TOURS



EXPLORE WINE COUNTRY IN YAKIMA VALLEY OR WALLA WALLA ON BICYCLE THIS SPRING AND TASTE SOME OF THE REGION'S FINEST WINES!

WALLA WALLA: JUNE 7-8, ACTIVITY #4712
YAKIMA: JUNE 28-29, ACTIVITY #4716
LODGING, SOME MEALS AND VAN SUPPORT INCLUDED



- REGISTER AT SPOKANEREC.ORG -



ADULT VOLLEYBALL

Volleyball Open Gym

Ages 18+ Come and drop in for a pickup game! Our Open Gym Volleyball sessions offer players a chance to get together and enjoy some fun competition. Open Gym sessions are Fridays from 6:15pm to 9:15pm. Skip the lines and prepay for your pass online, or pay \$5 per visit at the door (must be paid using a debit or credit card). **Class held at Chase Middle School 4747 E 37th Ave.**

3773	Single Visit Pass	\$5
3774	Five Visit Pass	\$25
3775	Season Pass	\$50

Spring Volleyball League

Ages 18+ | Come and join the fastest growing adult sports league in Spokane! Register today and guarantee your team a spot for the upcoming spring season. Whether you are a team of seasoned players or new to the game, we have a division for you. We offer Coed 6's with various skill levels B (competitive), and C (recreational). We also offer Coed, Men's, and Women's 4's. Locations, dates and times are subject to change based on school district facility availability.

Early Bird Registration: February 9 – February 29 (\$25 Discount)

Regular Registration: March 1 – March 21

Late Registration: March 22 – April 11 (+\$25 Fee)

Activity #	Division	Location	Day	Tentative Dates	Reg. Fee
5714	Men's 4's	Garry	Mon.	4/13-6/1	\$185
5719	Coed Upper B	Sac	Mon.	4/13-6/1	\$275
5723	Coed Lower B	Glover	Mon.	4/13-6/1	\$275
5715	Coed 4-on-4 Upper	Chase	Tues.	4/14-6/2	\$185
5717	Coed 4-on-4 Lower	Shaw	Tues.	4/14-6/2	\$185
5716	Women's 4-on-4 Upper	Garry	Wed.	4/15-6/3	\$185
5718	Women's 4-on-4 Lower	Glover	Wed.	4/15-6/3	\$185
5729	Coed B	Salk	Thurs.	4/16-6/4	\$275
5721	Coed C	Sac	Thurs.	4/16-6/4	\$275
5722	Coed C	Salk/Shaw	Fri.	4/17-6/5	\$275

Volleyball Spike & Dig Outdoor League

Ages 18+ | Spokane Spike & Dig and Spokane Parks and Recreation are teaming up together to host this exciting outdoor grass coed 6's volleyball league. Games are played Wednesday evenings from 6-8pm. A season-ending tournament follows the regular season. **All games are played at Dwight Merkel Sports Complex 5701 N Assembly. \$349**

5476	Competitive (B) Division	
	Wed.	5/27-7/15 6-7:45pm
5747	Recreational (C) Division	
	Wed.	5/27-7/15 6-7:45pm



Volleyball

ADULT SOCCER

Soccer League - Spring

9 weeks | Ages 18+ The SPRD coed soccer league provides adults with an opportunity to compete in a recreational environment. Now in a NEW format: 8-regular season games guaranteed, followed by playoffs for a minimum of 9 games per season. **Games are played on Saturdays at the Dwight Merkel Sports Complex, 5701 N Assembly.** Registration deadline 3/14.

Team Fee: \$900

Late registration Team Fee: (3/15-3/20): \$925

Activity	Dates	Division Name/ Level	League Dates
4764	Sat.	Recreational	4/4 – 6/6
4765	Sat.	Masters (Ages 30+)	4/4 – 6/6
4766	Sat.	Competitive	4/4 – 6/6

ADULT TENNIS



Tennis League for Adults through TAGS

Ages 18+ Play tennis against players your own age and ability level. The Tennis Association of Greater Spokane (TAGS) provides for organized play for adults aged 18 and over. Players organize their own matches, results posted on website - <http://TennisSpokane.com>. Must provide your own equipment. Location and time of play determined by players after registration and organized through TAGS. \$30 Registration deadline March 25.

Men's Singles

5567 Mon.-Sun. 4/1-6/30

Men's Doubles

5571 Mon.-Sun. 4/1-6/30

Women's Singles

5570 Mon.-Sun. 4/1-6/30

Women's Doubles

5572 Mon.-Sun. 4/1-6/30

Mixed Doubles

5573 Mon.-Sun. 4/1-6/30



Funshine Day Camp

Specialized and Adaptive Recreation Services for Individuals with Disabilities

Kids (ages 6-21)

June 22-26 \$219

July 6-10 \$219

July 13-17 \$219

July 27- 31 \$219

August 3-7 \$219



Teens (ages 12-18)

June 29-July 1 \$199

Adult (ages 18+)

July 20-24 \$219

Funshine Day Camp is for people with developmental and/or physical disabilities. We encourage siblings and/or friends without disabilities to attend as well. Recreation activities include swimming, sports, games, inclusion playground, water activities, crafts, walks, field trips and more. Meet at Shadle Park Shelter, 4302 N. Belt.

Registration Opens April 2, 2020!

To Register: Call 509-625-6245 | email abusch@spokanecity.org | or visit SpokaneParks.org



TRS DANCE, MUSIC & THEATRE

TRS Day at the Theatre

1 day | Ages 16+ Come with us as we delight in the entertaining theatre put on by our local Spokane Children's Theatre. **Meet at Spokane Children's Theatre for both shows: 2727 N. Madelia St. #5**

Matilda the Musical

Matilda is a little girl with astonishing wit, intelligence and psychokinetic powers. Matilda and her schoolteacher, the highly loveable Miss Honey, have a profound effect on each other's lives, as Miss Honey begins not only to recognize but also appreciate Matilda's extraordinary personality. The school's mean headmistress, Miss Trunchbull, hates children and just loves thinking up new punishments for those who don't abide by her rules. But Matilda has courage and cleverness in equal amounts, and could be the school pupils' saving grace! \$26

5797 Sat. 5/2 1:45-4pm

Frog and Toad

A Year with Frog and Toad is a whimsical show telling the story of a friendship that endures throughout the seasons. Follow the cheerful, popular Frog and the rather grumpy Toad through four fun-filled seasons. The two best friends celebrate and rejoice in the differences that make them unique and special. Part vaudeville, part make believe... all charm! \$26

5799 Sat. 5/23 1:45-4pm

TRS Musical Production

5 weeks | Ages 15 + This year the group will do songs from the animated and new live action movie Aladdin. They will have the opportunity to improve communication and socialization skills. **Meet at West Central Community Center, 1603 N Belt St., Mason Auditorium.** \$44

5707 Mon. & Wed. 4/13-5/6 6:30-8pm

**Must have been enrolled in Winter Quarter*

Dress Rehearsals at Rogers High School, 1622 E. Wellesley May 11 & May 13 6:30-9pm. Show night Friday May 15. Cast 6-9pm. Actual show 7:30pm

TRS Sundancers Square Dancing

8 weeks | Ages 15+ Do you want to learn how to square dance or improve your existing skills? Participants should have the ability to follow simple directions, stay on task and be ok with physical contact such as holding hands. **Meet at Shaw Middle School, Cafeteria 4106 N Cook.** \$37

Beginners- Class dates are 4/14, 4/28, 5/12, 5/26

5793 Tues. 4/14-5/26 6:30-8pm

Performers

5794 Tues. 4/14-5/26 6:30-8pm

Performance dates: 4/21 & 5/19. Pick up time will be 9pm.

End of Season BBQ – At the Manito Park North Shelter.



Jan and Daniel practice square dancing moves.

TRS FITNESS & WELLNESS

TRS Walking

7 weeks | Ages 14+ If you enjoy the outdoors, exercise and socializing with friends this weekly stroll is for you. We will divide the group into slow and fast walkers. Please wear comfortable, loose clothing such as sweats and sturdy walking shoes. **Meet at Friendship Park 7426 N Standard St. (Standard & Greta parking lot).** \$37

5708 Wed. 4/15-5/27 4:30-5:30 pm

TRS Hiking

1 day | Ages 16+ Discover the beauty of local Spokane areas. Participants must be able to follow directions, stay with a group and be in good physical condition to do 3-6 miles of strenuous hiking. Bring a lunch. **Transportation Provided from Sinto Senior Activity Center, 1124 W Sinto, parking lot.** \$19

Dishman Hills

This is Spokane's wilderness version of New York's Central Park, with rocks, land forms, and vegetation. Enjoy ponds, cliffs, ravines, and numerous high points with views. You could see deer raccoons, coyotes, and 100 species of birds.

5784 Sun. 4/26 9am-2pm

Indian Painted Rocks

Come enjoy the beauty of Riverside State park as we hike along the Little Spokane River. Views of bald eagles and daffodils abound!

5795 Sun. 6/14 9am-2pm

TRS SOCIALIZATION

TRS Classy Crafts

4 weeks | Ages 16+ Explore your creative side and make a variety of beautiful and meaningful crafts each week. Participants will have the opportunity to improve skills such as fine motor, socialization and communication. **Class meets at Sinto Senior Activity Center, 1124 W Sinto, dining room. \$45**

5700	Thurs.	4/9-4/30	7-8:15pm
5701	Thurs.	5/7-5/28	7-8:15pm
5702	Thurs.	6/4-6/25	7-8:15pm

TRS Dessert Delight

1 day | Ages 16+ If you have a sweet tooth and enjoy desserts come with us as we visit a variety of Spokane eateries. . Program fee does not include cost of food. **Transportation provided from Sinto Senior Activity Center, 1124 W Sinto, parking lot.**

Blueberry Froyo with 10 flavors like Cake Batter and Mint Cookie, and over 30 toppings, the possibilities are endless at Blueberry frozen yogurt. Sugar and dairy free options available! \$12

5748	Mon.	4/20	2:30 - 4:15pm
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miFlavour

Visit your local French bakery and sample exotic creations like macaroons, mousse and madeleines. Favorites like brownies, cookies and cupcakes also available. \$12

5749	Wed.	5/27	7-9pm
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NEW! TRS Lilac City Comicon

1 day | Ages 18+ With over 250 exhibitors expected across 65,000 square feet, you'll be able to browse & buy comics, meet your super heroes and dress up like your favorite fictional character. Be prepared to walk 1-2 miles. Bring \$15 to purchase lunch at Sky Ribbon Cafe in Riverfront Park. **Meet at the butterfly at the north end of Riverfront Park, Howard & Mallon. \$27**

5810	Sun	6/7	10am- 3pm
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TRS What's Cooking

4 weeks | Ages 16+ Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. **Class meets at Southside Senior Activity Center, 3151 E 27th Ave., kitchen. \$53**

5703	Tues.	4/7 - 4/28	4-6pm
5704	Tues.	5/5 -5/26	4-6pm
5705	Tues	6/2-6/23	4-6pm

TRS Fine Dining

1 day | Ages 18+ Do you like getting dressed up and going out? Come with us and experience the culinary delights of Spokane's finest restaurants! Staff will help in the selection and purchase of a meal. Participants will have the opportunity to improve social, communication, and etiquette skills. Price does not include cost of food. **Transportation provided from Sinto Senior Activity Center, parking lot, 1124 W Sinto. \$17**

Nudo Ramen

Ramen, rice bowls, teriyaki, yakisoba noodles.

5750	Thurs.	4/16	6-9pm
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The Elk Public House

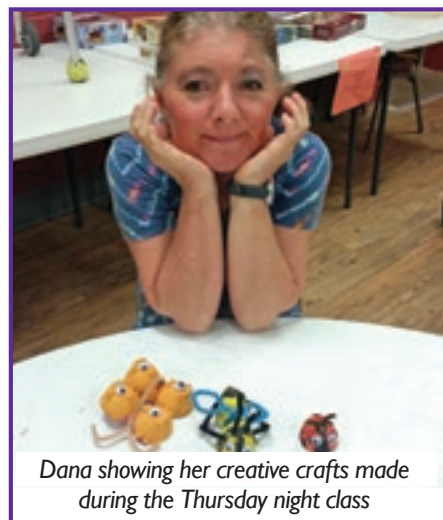
Burgers, street tacos, reuben sandwiches and famous corn pasta salad.

5776	Thurs.	5/14	6-9pm
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Luigi's

Eggplant Parmesan, Lasagna, Spaghetti and Pizza.

5777	Wed.	6/10	6-9pm
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Dana showing her creative crafts made during the Thursday night class

TRS Friday Night Jam

1 day | Ages 18+ Come rock and swing at Spokane's oldest on-going nightclub for people with developmental disabilities. If participants require direct supervision then care providers need to attend. Second Friday each month. **Meet at West Central Community Center, 1603 N Belt.**

School of Rock

Karaoke-Brian Stevens from Lakeland Village will be facilitating a musical activity that is enhanced Karaoke. One song at a time but will be multiple mics if want to sing in duets or groups. \$8

5686	Fri.	4/10	7-9pm
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Western Roundup

Dress in your favorite western outfit, flannel shirts, boots & cowboy hats or buckles. Hope to see ya'll there. \$8

5687	Fri.	6/12	7-9pm
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TRS SOCIALIZATION

TRS Friday/Saturday Fun

1 day | Ages 18+ If your Friday/Saturday nights are dull check out these fun nights. Participants are responsible to bring the suggested amount of money listed. Sign-up fee covers transportation, staff, tickets and sometimes food. Staff ratio is 1:4-6. Participants will have the opportunity to practice socialization skills such as making choices, handling money, following directions and getting along within a group. Fee and meeting location varies.

Pizza & Bowling

An afternoon of bowling and pizza. Fee includes everything so extra money is not required for this outing. **Meet at North Bowl, 125 W Sinto. \$27**

5778	Sat.	4/11	1:30-4pm
5779	Sat.	6/20	1:30-4pm

Shrine Circus

This is the 64th Shrine Circus which features quality family entertainment with an upgraded new circus and variety of shows. We have purchased reserved seating so will be closer to the action. **Meet across from the old University City Mall Parking Lot-off of E. Sprague Ave on N. Herald Rd. 10210 E. Sprague. \$34**

39341	Sat.	4/25	2:30-5:30pm
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Gonzaga Baseball

We will watch the Gonzaga baseball team play Pepperdine. **Meet at the Patterson baseball complex, Gonzaga University 721 N. Cincinnati St. \$23**

39342	Fri.	5/1	5:45-9pm
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Spokane Indians Baseball Game

Wizards, Wands and Fireworks Night: *The Indians will play Hillsboro Hops.* We will be in box seats. Bring \$12 for dinner/snacks. **Meet at Avista Stadium Front Gate-602 N. Havana St. \$28**

39449	Fri.	6/19	6-9:45pm
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Manito Park

One of Spokane's gems is Manito Park. Join us as we walk through the park enjoying the beautiful Duncan, perennial and Japanese Gardens and smell the beautiful roses on Rose Hill. Bring a minimum of \$10 to purchase dinner at the Park Bench Café which offers a nice variety of foods and outside dining. **Meet at Manito Park Mirror Pond. \$14**

39343	Fri.	6/26	5:45-8:15pm
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TRS TRIPS & TOURS

TRS Cat Tales

1 day | Ages 18+ Lions and tigers and bears, oh my" but wait there is more...leopards and jaguars and servals and pumas and reptiles and other furry friends. We will take a tour with zoo staff. Bring money to buy ice-cream after event. **Sinto Senior Activity Center, 1124 W Sinto, parking lot. \$19**

5709	Sat.	4/18	1-5pm
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TRS Riverside State Park Overnight

2 days | Ages 18+ Early season overnight campout at Riverside State Park is something you won't want to miss! We'll sleep in tents, roast hot dogs, play volleyball and frisbee, go for hikes, and relax while enjoying the outdoor scenery. A tasty outdoors dinner and breakfast is included. **Meet at Riverside State Park Bowl and Pitcher area. \$49**

5712	Sat.	5/16	Arrive 1pm
	Sun.	5/17	Depart 11am



Kyle roasting the perfect marshmallow for making s'mores during the campout at Riverside State Park

TRS Fishing Frenzy

1 day | Ages 13+ Join us for a day of fishing on Clear Lake. It is a 'Free Fishing Weekend' in WA so Michael and Joshua Marro will be sponsoring this event for TRS. Fishing poles, tackle and bait will be provided. Bring \$10 for a lunch of hamburger/hotdog, chips, soda and dessert. **Meet at Sinto Senior Activity Center, 1124 W Sinto parking lot. \$23**

5781	Sat.	6/6	8:15am-2pm
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TRS River Rafting

1 day | Ages 14+ See our own Spokane River as we float away from downtown on inflatable whitewater rafts. This trip, operated by Wiley E. Waters, has a touch of Whitewater and is a great introduction to rafting. Participants should be comfortable in the water. **Meet at Sinto Senior Activity Center, 1124 W Sinto. \$49**

5780	Sun.	6/21	1-4:30pm
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TRS SPORTS

TRS Powerlifting

7 weeks | Ages 17+ For persons with developmental disabilities who are serious about lifting with free weights and universal gym equipment. Ability to stay on task and follow directions with minimal assistance. This is winter and spring quarter combined. In order to compete in Special Olympics we will need current AFP's by March 15. Spring Regional Games in Cheney May 9. State Games Tacoma June 5-7. **Meet at North Central High School, 1600 N Howard weight room.** \$106 *no class 4/7 & 4/9 4956 Tues. & Thurs. 1/7-6/4 6:30-7:30pm



Blue Dolphins enjoying the end of season celebration at Splash Down

Blue Dolphin Swim Team

6 weeks | Ages 8+ For people with developmental disabilities who want to swim competitively or get a good workout. Ability to swim 75 yards without assistance and with rhythmic breathing. **Meet at Whitworth University Aquatic Center, 300 W Hawthorne.** \$53 *no swim 4/12, 4/26, 5/17
*If competing in Special Olympics AFP is due March 10.
*Regional competition is @ EWU on Sat. May 9
5173 Sun. 4/5-5/31 2:15-3:45pm

Learn to Swim- Beginner

Individuals will learn how to face float, back float, kick with floats and learn the crawl stroke with rotary breathing. Elementary back stroke and back crawl will be taught with the goal to be able to do for 20 yards. **Meet at Whitworth University Aquatic Center, 300 W Hawthorne.** \$53 *no swim 4/12, 4/26, 5/17
5791 Sun. 4/5-5/31 3-3:45 pm

Learn to Swim- Intermediate

Individuals who have mastered the Beginner skills and are ready to move on Skills worked on will be distance swimming, breast stroke, butterfly, diving, simple turns and deeper water experience. **Meet at Whitworth University Aquatic Center, 300 W Hawthorne.** \$53 *no swim 4/12, 4/26, 5/17
5789 Sun. 4/5-5/31 2:15-3pm



Playball group plays at Chief Garry Park Friday nights

TRS Playball

14 weeks | Ages 12 -25yrs. This program is for those who are ready for more of a challenge. They will work on preparation and skill development in actual game situations. We are looking for parents/adults to play to enhance the game. **Meet at Chief Garry Park, Mission & Regal.** Field A. \$50
5710 Fri. 5/1-8/7 6-8pm

TRS Adult Softball

8 weeks | Ages 18+ Fresh air, sunshine and playing softball with friends in a recreational setting. **Meet at Shadle Park, northwest corner of Shadle High off of Ash.** \$43
5711 Wed. 6/17-8/5 6:30-8pm



Adult Softball plays at Shadle Park Wednesday evenings

WEST CENTRAL COMMUNITY CENTER

1603 N. Belt • 509-323-7501

Teen Activity Nights

This free program offers a variety of activities including sports, games, arts/crafts, cooking classes, and other events. **FREE**

Tues. 11-14yrs 6:30-8pm

Thurs. 14-18yrs. 7-9pm

Before/After School Program

Ages K-6 This program is a licensed childcare program offering education and recreation activities. Program serves Holmes, Audubon Elementary and Spokane Public Montessori Schools and drops off and picks up to and from those schools. Cost is income based on a sliding scale

School Days 6:30-8:30am & 3-6pm

Non-school Days 6:30am-6pm

Karate Program

All Ages This program teaches the basic fundamentals of karate to teach self-discipline and defense. **FREE**

Fri. 4-5pm

Youth Wrestling Program

Ages 5-14yrs This program teaches the basic fundamentals of wrestling to boys and girls prepare for tournaments in late February and March. \$35/month

Mon. & Thurs. 5-7pm

CORBIN SENIOR CENTER

827 W. Cleveland Ave. • 509-327-1584

Movin' and Grovin' Health Fair

Tour Corbin Senior Activity Center as we host our 16th annual Health Fair. Talk to over 70 vendors involving anything to do with health senior aging and living. Free soup served to all who attend and a chance to win \$250.

Sat. 4/4 9am-2pm

Corbin Senior Center Golf Tournament

Our best ball tournament held at Deer Park Golf Course is for a tournament for every skill level. Come play with your friends or join one of our teams. Enjoy views of Mt. Spokane as you swing the clubs. Lunch is included with registration. **Deer Park Golf Course.** \$75

Fri. 6/19 8am Tee off

SOUTHSIDE COMMUNITY CENTER

3151 East 27th Ave. • 509-535-0803

Ballroom Dancing

Open to the public. \$8/person

Sat. 4/4 7-9:30pm

Sat. 6/6 7-9:30pm

Book-It Wiggly Science:

Open to the public. \$5/person

Wed. 4/22 5-8pm

Book-It Eyewitness and Survivor:

Online ticket sale only. \$5.00+ticketing fee. Call 509-535-0803 for more information.

Wed. 5/13 5-8pm

Kiwanis Pancake Breakfast

All proceeds support children's charities. \$8 for adults – children under 6yrs. eat free

Sun. 4/26 9am – 1pm

April 26th

Southside Community Center Garage Sale

2 day event open to the public.

Fri. 5/29 9-3pm

Sat. 5/30 9-3pm

Fido Fete

Bring your Fido friend and find out what's new in pet care & supplies. Demos of agility, cart pulling, dog tricks and more. See the Police K-9 Unit in action, Nosh on hamburgers and hot dogs.

Sat. 6/27 10am-3pm

NORTHEAST YOUTH CENTER

 3004 E. Queen Ave. • 509.482.0708 • Spokaneneyc.org

Early Learners Academy

Monthly | Ages 3-5yrs. Looking for an incredible, fun recreation-based State Licensed Preschool Program that offers educational and recreational activities so your child can learn to be ready for Kindergarten? We will keep your child busy throughout the day with a creative curriculum taught by our Certified Preschool Teachers; enjoy gym classes/outdoor play with our Recreation Specialist and your child will be engaged in our science program! Breakfast, lunch and snack provided. State pay accepted-Immunization records required. **\$756 month, scholarships available.**

Mon-Fri. 8:30 am-4pm (Extended Hours Available 6am-6pm)

Spring Break Camp

1 week| K-6th Grades A week of non-stop fun-filled activities! Kids will enjoy a variety of educational and recreational activities that include outdoor activities and field trips. Breakfast, lunch and snack provided. State pay accepted-Immunization records required, **Private Pay \$168.**

April 4-10

Mon-Fri.

6am-6pm

SATISFACTION GUARANTEED

You are important to us! The City of Spokane Parks and Recreation Department is committed to excellence by providing high-quality programs and services for you. If you or a family member are not satisfied with a class, program, or activity offered by the City, let us know your concerns in writing.

REGISTER ONLINE

SpokaneRec.org



MAIL US

City of Spokane Parks &
Recreation Class Registration
808 W. Spokane Falls Blvd.
Spokane WA 99201

*checks payable to City of Spokane



CALL US

Call 311 (ext. 3)
or outside the city at
509.755.CITY
Fax 509.625.6990



VISIT US

MySpokane
1st Floor City Hall
808 W. Spokane Falls Blvd.
Mon-Fri 8am - 5pm



PAYMENT INFORMATION

Full payment is required at the time of enrollment (DDA Funding and TRS programs with prior approval are exempt). Registrations cannot be accepted from participants with past due balance. Do not mail cash. Return checks are subject to a \$25.00 handling fee.

INCLEMENT WEATHER

In the interest of safety, the Parks and Recreation Department retains the right to cancel an activity or close a facility due to inclement weather conditions such as lightning, ice, snow, extreme heat or unhealthy air quality. In the event that the Parks and Recreation Department cancels a program due to inclement weather, all paid participants will be notified and will receive a credit or refund.

DISCLAIMER

Spokane Parks and Recreation reserves the right to make any changes in the content, fees, and provision of the class schedule without notice. Check our website for the latest updates.

REFUND/CANCELLATION POLICY

We recognize that you may wish to withdraw for a variety of reasons, but our policy encourages early decisions so as to not affect other customers or our ability to efficiently deliver the programs. If you are in need of a refund, please note:

- Recreation programs require at least seven days advanced notice prior to the start date to avoid additional fees.
- All requests must be submitted in writing by mail or email to the appropriate Recreation Supervisor. (Recreation Supervisors and contact info. is listed in page 2 of this guide)
- At a minimum, all refund requests are subject to a \$15 administrative fee. Additional fees may be assessed to recover costs associated with the program.
- Sport league programs time frame for refunds reflects planning time and once league play has commenced neither refunds nor proration of the league fee will be granted.
- Refunds follow the City's Finance Department payment schedule and take approximately 30 days to process.

We depend on your enrollment for a successful class. Please plan your schedule carefully. Classes which do not meet minimum enrollment are subject to cancellation. In the case of a cancellation, you can choose one of these options:

- Transfer to another class
- Credit your account
- Receive a full refund (allow up to 30 days for processing)

Classes held at Spokane Public School facilities do not meet on dates school is not in session (holidays, vacations periods, curriculum days). Class sessions scheduled for those dates will be made up at the end of the regular schedule.

INCLUSION/ACCOMADATION

We support the Americans with Disabilities Act and encourage participation by all regardless of race, color, national origin, age, sex, religion, veteran status, marital status, sexual orientation or ability. We can assist in obtaining specialized equipment, interpretive services, or other support to make your involvement successful. To assure the best experience for all participants, we need your accommodation request along with your registration a minimum of two weeks in advance of the program date. For more information, contact Meghann Steinolfson at 509-625-6903 or msteinolfson@spokanecity.org.



Please print and
fill out completely

City of Spokane Parks and Recreation Department
ACTIVITY REGISTRATION FORM

509.755.CITY (2489)
Spokane, WA 99201
Spring 2020

Which program are you registering
for? ☐ General ☐ TRS

PAYEE INFORMATION

LAST NAME		FIRST NAME		MI
ADDRESS			CITY/STATE	ZIP
DAY WORK OR CELL PHONE		NIGHT PHONE		EMAIL

PARTICIPANT INFORMATION

LAST NAME	FIRST NAME	MI	BIRTHDATE	AGE	GENDER	ACTIVITY NUMBER	ACTIVITY NAME	FEE
			/ /		M F			
			/ /		M F			
			/ /		M F			
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Statistical Information (birthdate & sex of participant) is used for demographics and to customize course activities

Make checks payable to: City of Spokane

Mailing Address: Spokane Parks & Recreation Department
Class Registration – My Spokane
808 W. Spokane Falls Blvd.
Spokane, WA 99201-3317

Total Program Fees:
\$

**Credit Card /Debit Card payments are also accepted in the form
of VISA, MC or AMEX for Online or Phone Registrations Only.**

DDA will send funds. ☐ Yes ☐ No

Case Manager

Name: _____ phone # _____ email: _____

Please contact your case manager to send verification of payment to: abusch@spokanecity.org

THERAPEUTIC RECREATION ONLY

General supervision is provided 15 minutes prior to class time and 15 minutes at end of class. If additional supervision is required there will an additional fee imposed.

Check One: Group Home/Institution _____ In Own Home/Apartment _____ Private Home With Parent _____

Dietary Precautions/Foods to avoid:

Allergies: ☐ Bee/Wasp Stings ☐ Drug Allergies ☐ Food Allergies ☐ Latex Allergies ☐ Other Please Specify:

Activity Limitations/Physical problems (if any):

Will you (your child) need to be reminded to take medications during program hours? ☐ Yes ☐ No

Careprovider/Support Staff provided? ☐ Yes ☐ No

Will you be using Paratransit? ☐ Yes ☐ No If yes, what is your rider number?

THERAPEUTIC RECREATION

Do you have any disabilities? (be specific)

Participant Personal Needs:

Therapeutic Recreation staff provides leadership and supervision for the activity but are unable to provide attendant care (feeding, toileting assistance, giving medications, transfers, etc.). Care providers should accompany participants who need such attendant care. Parks & Recreation staff reserves the right to mandate a care provider as a prerequisite to participation. Registration fees for care providers will vary by activity.

Social Skills/Behavioral Info:	Participation:	Needs Help Managing:	Behavioral Triggers or fears:
	<input type="checkbox"/> Easily <input type="checkbox"/> Needs Occasional Prompting <input type="checkbox"/> Needs Constant Prompting	<input type="checkbox"/> Behavior <input type="checkbox"/> Personal Space <input type="checkbox"/> Emotions	Other information:
Mobility and Adaptive Equipment:	Do you use adaptive equipment? <input type="checkbox"/> Yes <input type="checkbox"/> No	Wheelchair: <input type="checkbox"/> Manual <input type="checkbox"/> Full-time <input type="checkbox"/> Electric <input type="checkbox"/> Part-time	Check all that apply: <input type="checkbox"/> Cane/Crutches <input type="checkbox"/> AFO's/Splint/braces <input type="checkbox"/> Walker
Daily Life:	Toileting: <input type="checkbox"/> Independent <input type="checkbox"/> Independent w/reminders <input type="checkbox"/> Only with assistance	Eating <input type="checkbox"/> Independent <input type="checkbox"/> Independent w/ partial assistance <input type="checkbox"/> Only with assistance	Communication Information: <input type="checkbox"/> Verbal and clearly understood <input type="checkbox"/> Verbal but not clearly understood <input type="checkbox"/> Non-verbal <input type="checkbox"/> Uses sign language <input type="checkbox"/> Uses a communication board
	Other information:		

Additional Personal Needs Information:

MEDICATION INFORMATION & WAIVER

This form must be completed by all participants who require medication while attending a City of Spokane activity (referred to herein as "Participant"). **Please complete the Medication Information Form & Waiver of Liability even if Participant will not take medication while at the activity.** This information will help us better assist Participant with medications.

- The activity leaders will provide reminders to Participant to take medications and to safely secure medication when not in use.
- Participant must be able to take his/her own medications while at the activity.
- Please package medication by dose in individual extra small zip lock bags or blister cards labeled by the pharmacy to include: 1) name of Participant; 2) name of physician; 3) name of pharmacy; 4) dosage and amount; and 5) time to take. For example, if Participant takes six different medications at dinner time there should be six small zip lock bags or blister cards, each with the label information listed above. Then put all bags in a larger zip lock bag labeled with Participant's name, date, day, and time to take; e.g. Sam Jones, Saturday, June 15, 6:00 pm.
- Please send only the amount of medication needed for the dates of the activity. Do not send excess dosages.
- If Participant has a medical insurance card, please bring it in case of emergency.

WAIVER OF LIABILITY: I understand that personnel from Parks & Recreation will administer only the prescribed medication mentioned in this Medication Information Form. I hereby waive any and all claims against the City of Spokane, which includes the City of Spokane Parks & Recreation Division and Therapeutic Recreation Services; any employees, chaperones, or volunteers; and all their respective insurance companies, successors in interest, commercial & corporate sponsors, affiliates, agents, employees, representatives, assignees, officers, directors, and shareholders (each a "Released Party"), and agree to hold Released Parties harmless from any and all liability which may arise in connection with Participant's use of medication.

BY SIGNING ON BEHALF OF A MINOR OR OTHER PARTICIPANT, I REPRESENT THAT I AM AUTHORIZED TO SIGN ON PARTICIPANT'S BEHALF and/or I AM THE PARENT OR LEGAL GUARDIAN OF THE MINOR PARTICIPANT and acknowledge that Participant is bound by all the terms of this Agreement.

Signature

Date

MEDICATION TAKEN	Type:	Dosage:	Time(s):
	Type:	Dosage:	Time(s):
	Type:	Dosage:	Time(s):

List any special instructions/cautions/side effects:

CITY OF SPOKANE PARKS & RECREATION DEPARTMENT WAIVER AND RELEASE OF LIABILITY

WARNING: PLEASE READ CAREFULLY BEFORE SIGNING!

THIS IS A RELEASE OF LIABILITY & WAIVER OF CERTAIN LEGAL RIGHTS INCLUDING THE RIGHT TO SUE OR CLAIM COMPENSATION

1. Each person participating in the City of Spokane Parks & Recreation Division's activity identified herein (referred to as "Activity") is referred to as "Participant." I, the undersigned, am a Participant and, if a Participant is under 18 or has a guardian, I am the Participant's parent or legal guardian. I understand that participating in the Activity referenced herein can be HAZARDOUS AND INVOLVE THE RISK OF PHYSICAL INJURY AND/OR DEATH.
2. I understand the dangers and risks of the Activity and that Participant ASSUMES ALL INHERENT DANGERS AND RISKS of the Activity.
3. In consideration for being permitted to participate in the Activity, I AGREE, to the greatest extent permitted by law, TO WAIVE ANY AND ALL CLAIMS AGAINST AND TO HOLD HARMLESS, RELEASE, INDEMNIFY, AND AGREE NOT TO SUE the City of Spokane, which includes the City of Spokane Parks & Recreation Division and Therapeutic Recreation Services; any employees, chaperones, or volunteers; and all their respective insurance companies, successors in interest, commercial & corporate sponsors, affiliates, agents, employees, representatives, assignees, officers, directors, and shareholders (each a "Released Party") FOR ANY INJURY, INCLUDING DEATH, LOSS, PROPERTY DAMAGE, OR EXPENSE, WHICH I, OR PARTICIPANT, MAY SUFFER, ARISING IN WHOLE OR IN PART OUT OF PARTICIPANT'S PARTICIPATION IN THE ACTIVITY except only for injury or damage caused by the sole negligence of the City of Spokane, its employees, or agents. To the extent Participant's damages were caused by or resulted from the concurrent negligence of the City of Spokane, its elected and appointed officers, employees, agents, or representatives, the obligation to indemnify, defend, and hold harmless is valid and enforceable to the extent of the negligence of Participant.

I UNDERSTAND THAT I AM ENGAGING IN AN ACTIVITY THAT HAS NUMEROUS INHERENT RISKS THAT COULD LEAD TO MY SERIOUS INJURY (INCLUDING COMPLETE PARALYSIS) OR DEATH. I ACKNOWLEDGE THAT REMOVING THOSE RISKS IS NOT POSSIBLE AND ELIMINATING THOSE RISKS WOULD FUNDAMENTALLY CHANGE THE NATURE OF THE ACTIVITY AND WOULD JEOPARDIZE THE ESSENTIAL QUALITIES OF THE ACTIVITY.

IN FURTHER CONSIDERATION FOR ALLOWING PARTICIPANT TO PARTICIPATE IN THE ACTIVITY, I FURTHER RELEASE AND GIVE UP ANY AND ALL CLAIMS AND RIGHTS THAT I MAY NOW HAVE AGAINST ANY RELEASED PARTY AND UNDERSTAND THIS RELEASES ALL CLAIMS, INCLUDING THOSE OF WHICH I AM NOT AWARE, THOSE NOT MENTIONED IN THIS RELEASE AND THOSE RESULTING FROM ANYTHING WHICH HAS HAPPENED UP TO NOW.

4. I AGREE TO PAY ALL COSTS, INCLUDING ATTORNEYS' FEES, INCURRED BY ANY RELEASED PARTY IN DEFENDING AN INVESTIGATION, CLAIM, OR LAWSUIT BROUGHT BY OR ON PARTICIPANT'S BEHALF WHETHER ARISING IN WHOLE OR IN PART FROM PARTICIPANT'S PARTICIPATION IN ANY ACTIVITY OR FROM ANY MISREPRESENTATIONS OR FRAUDULENT EXECUTION OF THIS AGREEMENT.
5. I represent that Participant is in good health and that there are no special problems associated with Participant's physical or mental condition that would enhance the risks of my participation in the Activity, that would increase the likelihood of my injury and/or death, or that would interfere with my safety in the Activity. I authorize a licensed physician or other medical care provider to carry out any emergency medical care for Participant which may be necessary and agree to be fully responsible for any costs associated with such care or transport to such care.
6. I grant the Released Parties the right of publicity to own and use any image collected of Participant while participating in the Activity. YES ☐ NO ☐
7. I agree that any and all claims for loss, injury, and/or death arising from Participant's participation in the Activity shall be governed by the law of the State of Washington and that exclusive jurisdiction of any such claim shall be in a court of competent jurisdiction in the State of Washington, County of Spokane.
8. BY SIGNING ON BEHALF OF A MINOR OR OTHER PARTICIPANT, I REPRESENT THAT I AM AUTHORIZED TO SIGN ON PARTICIPANT'S BEHALF and/or I AM THE PARENT OR LEGAL GUARDIAN OF THE MINOR PARTICIPANT and acknowledge that Participant is bound by all the terms of this Agreement. I acknowledge that the Activity entails known and unanticipated risks that could result in physical or emotional injury, paralysis, or death to Participant as well as damage to property, or to third parties. I understand that such risk cannot be eliminated without jeopardizing the essential qualities of the activity. I assume the risk and financial responsibility for any injury, illness, or liability resulting from Participant's participation. I waive any claims and agree to hold harmless and not sue Released Parties from all claims or liability arising out of Participant's participation. I have been made aware of the itinerary and give permission for Participant to ride in the vehicle designated by the staff of the City of Spokane Park & Recreation Division while attending or participating in the Activity, and I understand this release/waiver applies with equal weight to any claim arising from riding in a vehicle, including entering or exiting the vehicle. I certify that the Participant has no medical or physical conditions that could interfere with his/her safety in this activity, or else I am willing to assume and bear the costs of all risks that may be created, directly or indirectly, by any such condition.

In case of emergency involving Participant, I understand every effort will be made to contact me. In the event I cannot be reached, I authorize a qualified physician/surgeon selected by City of Spokane personnel to examine and in the event of injury or serious illness administer emergency care to the above-named participant which may include hospitalization, anesthesia, surgery, or injections of medication for Participant. I understand every reasonable effort will be made to contact me to explain the nature of the problem prior to any involved treatment. In the event it becomes necessary for City of Spokane Parks & Recreation staff or volunteers to obtain emergency care for Participant, I agree that neither the City of Spokane nor any of its personnel assumes financial liability for expenses incurred because of the accident, injury, or illness.

9. I understand that this Agreement will apply for each and every day Participant participates in any Activity. I understand that this Agreement is a contract and, to the fullest extent permitted by law, shall be binding on me and my assignees, subrogors, distributors, heirs, next of kin, executors and personal representatives. If any part of this Agreement is deemed to be unenforceable, the remaining terms shall be an enforceable contract between the parties.

MINOR PARTICIPANT INFORMATION – requires Parent/Guardian to complete, sign & date below

Minor – Last Name, First name, M.I. (print)

Date of birth (MM-DD-YYYY)

ADULT PARTICIPANT INFORMATION – required to complete, sign & date below

Adult/Parent/Guardian - Last, First, M.I. (print)

Date of birth (MM-DD-YYYY)

Signature

Date

Emergency Contact (print)

Relation

Phone number

Summer employment at Parks & Recreation

POOLS

What could be better than getting paid to spend the days of summer outside at the pool?

Available Positions:

- Swim and water exercise instructor
- Asst. Swim Coach
- Facilities
- Lifeguard, and more!

aquatics@spokanecity.org or 509.625.6960

THERAPEUTIC RECREATION

Specialized and Adaptive Recreation Services for Individuals with Disabilities.

Funshine Day Camp Available Positions:

- Camp Director and Assistant Director
- Camp Activity Leader

abusch@spokanecity.org or 509.625.6245

OUTDOOR RECREATION

Get outdoors and get paid!

Available Positions:

- Lead or Assist groups on outdoor tours to various locations including lakes, rivers, mountains, caves and more!

rgriffith@spokanecity.org or 509.363.5418

CORBIN ART CENTER

Put your love of art to work!

Available Positions:

- Summer Camp Assistant
- Summer Camp Instructor

sniemeier@spokanecity.org

SPORTS

Love sports? Come be a part of our athletics team!

Adult League Available Positions:

- Adult Softball Site Supervisor
- Adult Soccer Site Supervisor
- Adult Flag Football Site Supervisor
- Youth NFL Flag Site Supervisor

cware@spokanecity.org or 509.625.6208

YOUTH SPORTS

Available Positions

- Ultimate Sports Camp Counselors
- Ultimate Sports Camp Supervisor
- Mobile Recreation Leaders
- Mobile Recreation Supervisor

aeva@spokanecity.org or 509.625.6208

PARK OPERATIONS

Help care for our beautiful parks and open spaces!

Available Position:

- Park Laborer

parks@spokanecity.org or 509.363.5455



-SPOKANEPARKS.ORG/JOBS-

Spokane Parks and Recreation
5th Floor City Hall
808 W. Spokane Falls Blvd.
Spokane, WA 99201-3317

COMING UP THIS SUMMER!



5-ON-5
FLAG FOOTBALL
STARTS JUNE 21

**SPIKE
AND DIG**
STARTS MAY 27



**SOFTBALL
LEAGUE**
STARTS JULY 7