



Letter of Award Lifesaving



To: Officer Jackson Henry
From: Craig N. Meidl, Chief of Police
Date: March 1, 2023
Re: Lifesaving Award—2022

Sgt. Kannberg nominated you for the Spokane Police Department's Lifesaving Medal. The Spokane Police Department Lifesaving Award is given to department personnel who, by their immediate actions, have saved a human life under unusual and/or extraordinary circumstances. When the Special Awards Committee reviewed his nomination, it was clear that you are most deserving of this recognition. In his nomination, Sgt. Kannberg included:

"On 10-22-2022, Officer Henry was writing his reports and having lunch when he heard a medical call a short distance from his location. He is not trained as a medic; however, his dedication, character, and calling as a Police Officer made it such that he could not look the other way. He put his activities aside and responded to the medical call without request. What he found was a female in shock on the phone with 911. The female opened the door to her residence and pointed to a bedroom. Officer Henry found a 54 year old male lying on his stomach on the floor. After turning the male over, he saw he was blue in the face, his arms were red and, above all, he was not breathing.

Knowing the female was in shock, Officer Henry began giving her directions to go outside and direct fire personnel into the location. At the same time, he began chest compressions on the patient. After one minute, the male began breathing on his own; however, his breathing was extremely labored. He paused his chest compressions just as medics walked into the room.

Fire Lt. Knapp assessed the scene and saw the patient was in agonal breathing and advised Officer Henry to continue chest compressions as medics set up their equipment. Once medics were set, they took over chest compressions with advanced life support. Medics continued advanced life support for approximately 30 minutes before stabilizing the patient for transport.

Lt. Knapp stated Officer Henry's actions demonstrated a high level of initiative when he recognized he was the closest resource to a citizen in cardiac arrest and self-dispatched to arrive before any EMS. When Lt. Knapp arrived on the scene, he saw Officer Henry "had the patient on the floor and was performing excellent quality chest compressions." After EMS's arrival, he continued to use Officer Henry as a member of the cardiac arrest "pit crew," freeing up the rest of the crew to perform additional life-saving tasks. He felt "Officer Henry's actions directly contributed to a positive outcome for this patient."

The 911 distress call was made at 1141 hr. Officer Henry was on scene and beginning CPR at about 1146 hr. The patient had been down for about 5 minutes. For every minute a patient is down, their chance of survival decreases by 10%. At the time of Officer Henry's arrival, the patient lost 50% chance of survival. Officer Henry began CPR one minute prior to medics arriving on scene and then continued CPR as medics set up advanced lifesaving equipment for over another minute before ALS support took over. The patient suffered a cardiac incident. In such emergencies, seconds count. The patient was blue in the face with no respiration when Officer Henry found him and began CPR. Officer Henry's selfless decision of setting his lunch aside, going to his car, driving to the location, and entering the residence on his own, gave a cardiac patient an added 10% chance of survival. Another 10% was added as he continued CPR while medics set up to take over ALS, precious time for a patient in cardiac arrest. This small amount of time allowed Advanced Life Support medical responders the time they needed to continue what he started to save the patient.

Lt. Knapp advised the patient spent 3 days in the hospital before being discharged. He is scheduled for a defibrillator and is expected to make a full recovery.

Officer Henry, I am proud to present you with the Lifesaving Award. You will be awarded the Lifesaving Medal during the annual Employee Awards Ceremony. A copy of this document will be placed in your personnel file.

A handwritten signature in blue ink, appearing to read "C. Meidl".

Craig N. Meidl
Chief of Police