



Online Registration is now available for

Bicycle Traffic Skills 101 Classes

*Bicycling to work, for errands or exercise can be safe and enjoyable. The League of American Bicyclists “**Smart Cycling – Traffic Skills 101**” class gives cyclists the confidence they need to ride safely and legally on streets. Learn principles of riding with traffic, predicting and avoiding motorist errors, bike handling skills, basic bicycle maintenance, and essential gear.*

- Taught by certified instructors and includes a student manual
- Recommended for adults and youth (15+, must have a parent present at all times)
- 9 hours of classroom and on-street instruction prepare you for a full understanding of vehicular cycling
- A bicycle in good operating condition and a helmet are required.
- Limited to 12 participants (minimum 6) per class.
- Cost is \$50 non-refundable fee. If you must miss a class, please arrange beforehand to make it up during one of the scheduled classes below. We are not able to refund any registration fees for partial or full missed classes.

Reserve your spot by finding Spokane Bicycle Traffic Skills at

The course is offered 4 times this year. Visit [BrownPaperTickets.com](https://www.brownpapertickets.com) and search for “spokane bike class” to register.

Class 1: April 30, May 7 **AND** May 15, 5:30 pm - 8:30 pm each night. Must attend all 3 sessions at Spokane Regional Health District, 1101 W College Ave.

Class 2: June 11 (5:30 pm - 8:30 pm) **AND** June 14 (9:30 am - 3:30 pm). Must attend both sessions at Spokane Regional Health District, 1101 W College Ave.

Class 3: July 16, July 23 **AND** July 30, 5:30 pm - 8:30 pm each night. Must attend all 3 sessions at Spokane Regional Health District, 1101 W College Ave. **WOMEN-ONLY CLASS**

Class 4: September 10 (5:30 pm - 8:30 pm) **AND** September 13 (9:30 am - 3:30 pm). Must attend both sessions at Spokane Regional Health District, 1101 W College Ave.

Let Traffic Skills 101 help you Ride Safely out there!