

CITY OF SPOKANE



PROCLAMATION

WHEREAS, doulas provide continuous physical, emotional, and informational support to birthing people before, during, and after childbirth; and

WHEREAS, research demonstrates that doula support is associated with improved birth outcomes, including lower cesarean birth rates, increased breastfeeding success, and higher satisfaction with the birth experience; and

WHEREAS, community-based doulas play a vital role in addressing maternal health disparities, improving outcomes for families disproportionately impacted by systemic inequities, strengthen families, support healthy beginnings, and contribute to healthier and more equitable maternal health systems within our communities:

NOW, THEREFORE, I, Lisa Brown, Mayor of the City of Spokane, on behalf of the people of Spokane, do hereby proclaim March 22-28 as

WORLD DOULA WEEK

in Spokane and encourage residents, healthcare providers, and community leaders to recognize and support the essential work of doulas in promoting safe, respectful, and culturally responsive care for all families.

I, Lisa Brown, Mayor of Spokane,
do hereunto set my hand and
cause the seal of the City of Spokane
to be affixed this
5th day of March 2026.

Lisa Brown

Lisa Brown
Mayor

