CITY OF SPOKANE

PROCLAMATION

WHEREAS, epilepsy is a common and serious neurological condition which affects the brain and nervous system and Epilepsy Awareness Day is celebrated annually on March 26th to increase the public's understanding of this brain disorder and to eliminate the fear and stigma surrounding it; and

WHEREAS, there are more than three million Americans and 65 million people worldwide with this condition, and the public is often unaware of the common events or circumstances that trigger seizures, including lack of sleep, stress, flickering lights, missed medication, essential oils, hormonal changes, illness, and more; and

WHEREAS, increasing public awareness about epilepsy, learning how to respond with proper first aid, and advocating for patients and families remains critical for improving the quality of life for people with epilepsy:

NOW, THEREFORE, I, Lisa Brown, Mayor of the City of Spokane, on behalf of the people of Spokane, do hereby proclaim March 26, 2025 as

PURPLE DAY FOR EPILEPSY AWARENESS

in Spokane and encourage all residents to increase their understanding of epilepsy, reduce the stigma, and support people with epilepsy and their families to improve their quality of life.

I, Lisa Brown, Mayor of Spokane, do hereunto set my hand and cause the seal of the City of Spokane to be affixed this 24th day of March 2025.

Lisa Brown Mayor

