

CITY OF SPOKANE



PROCLAMATION

WHEREAS, a life lost to suicide every 12.8 minutes in the United States, making suicide the third leading cause of death among 15 to 24 year-olds and the second-leading cause of death among college students; and

WHEREAS, most Americans remain unaware that suicide is a national health problem. The impact suicide has had on the lives of family members, friends, co-workers, and the community are devastating; and

WHEREAS, we are here today for the Out of Darkness Community Walk to show support for the families and friends of the more than 41,000 Americans who die by suicide, and the 20 million people who suffer from depression each year. Thank you for being here today. Please join with us as we work to stop the negative stigma society has on mental health. It is okay to not feel okay:

NOW, THEREFORE, I, Nadine Woodward, Mayor of the City of Spokane, on behalf of the citizens of Spokane, do hereby proclaim October 15, 2023 as

SUICIDE PREVENTION AWARENESS DAY

in Spokane and encourage all community members to reach out to your loved ones, neighbors, co-workers, friends and acquaintances tell them *you are enough and I'm glad you are here*.

I, Nadine Woodward, Mayor of Spokane,
do hereunto set my hand and
cause the seal of the City of Spokane
to be affixed this
9th day of October 2023.

Nadine Woodward
Mayor

