

CITY OF SPOKANE



PROCLAMATION

WHEREAS, recovery from mental and substance use disorders, including co-occurring disorders is an essential part of one's health and overall wellness, and treatment and recovery services for mental and substance use disorders and co-occurring disorders is effective, and people can and do recover; and

WHEREAS, people in long-term recovery face fewer financial struggles, report having stable jobs and a better family life, and we must encourage relatives and friends of people with mental and substance use disorders and co-occurring disorders to implement preventive measures, recognize the signs of a problem, and encourage those in need of help to seek appropriate treatment and recovery support services; and

WHEREAS, approximately 30,000 people in Spokane are living fuller lives in recovery and achieving healthy lifestyles, both physically and emotionally, and contributing in positive ways to our community, and it remains important to educate the public about the conditions of substance abuse disorders and mental health issues to help others overcome the barriers of stigma:

NOW, THEREFORE, I, Nadine Woodward, Mayor of the City of Spokane, on behalf of the citizens of Spokane, do hereby proclaim the month of September 2021 as

RECOVERY MONTH

in Spokane and urge citizens to observe this month by celebrating Hands Across the Falls on September 19, 2021 at the North Channel Bridge in Riverfront Park and support this year's national Recovery Month theme, *Join the Voices for Recovery: Together We Are Stronger*.

I, Nadine Woodward, Mayor of Spokane,
do hereunto set my hand and
cause the seal of the City of Spokane
to be affixed this
16th day of August 2021.

A handwritten signature in purple ink that reads "Nadine Woodward".

Nadine Woodward
Mayor

