

# CITY OF SPOKANE



## PROCLAMATION

**WHEREAS**, behavioral health is an essential part of health and overall wellness and prevention of mental and/or substance abuse disorders is effective, treatment is successful, and people can and do recover; and

**WHEREAS**, people in recovery achieve healthy lifestyles, both physically and emotionally, and contribute in positive ways to their communities. By educating the public about the conditions of substance abuse disorders and mental health issues, we hope to help others overcome the barriers of stigma; and

**WHEREAS**, the Recovery Month observance works to improve the lives of those affected by mental and/or substance use disorders by raising awareness of those diseases and educating communities about the prevention, treatment, and recovery resources that are available:

**NOW, THEREFORE**, I, Nadine Woodward, Mayor of the City of Spokane, on behalf of the citizens of Spokane, do hereby proclaim September 2020 as

### NATIONAL RECOVERY MONTH

in Spokane, and call upon our community to observe this month by celebrating Hands Across the Falls Virtually, September 1<sup>st</sup> through September 30<sup>th</sup>, 2020.

I, Nadine Woodward, Mayor of Spokane,  
do hereunto set my hand and  
cause the seal of the City of Spokane  
to be affixed this  
7<sup>th</sup> day of September 2020.

Nadine Woodward  
Mayor

