

CITY OF SPOKANE



PROCLAMATION

WHEREAS, in the United States only 200,000 people have narcolepsy and a total of 3 million people worldwide however only 25% of people have been diagnosed and are receiving treatment; and 94% of the population with narcolepsy in the United States say more education to the general public is needed and feel that only 88% of people actually know how disruptive narcolepsy is; and

WHEREAS, a survey was taken of adults and adults who have heard of narcolepsy scored the lowest on the scale of diseases, and when asked, 70% of the information about narcolepsy was inaccurate; it is estimated that 50% of people with narcolepsy are not diagnosed due to low recognition and information about the disease; and

WHEREAS, narcolepsy is often misdiagnosed for Depression, Anxiety, ADHD, Epilepsy, Chronic Fatigue Syndrome, Insomnia, and Obstructive Sleep Apnea; and narcolepsy has no cure, just ways to help control symptoms but they don't work for everyone and will never get rid of narcolepsy. Researchers are trying to create a cure but with limited knowledge are struggling

NOW, THEREFORE, I, Nadine Woodward, Mayor of the City of Spokane, on behalf of the citizens of Spokane, do hereby proclaim March 7th, 2020 as

SUDDENLY SLEEPY SATURDAY: A DAY FOR NARCOLEPSY AWARENESS

in Spokane, and urge all citizens to become familiar with the warning signs and treatments for narcolepsy, help spread awareness, reduce misdiagnosis and continue the work of discovering a cure.

I, Nadine Woodward, Mayor of Spokane,
do hereunto set my hand and
cause the seal of the City of Spokane
to be affixed this
17st day of February 2020.

A handwritten signature in purple ink that reads "Nadine Woodward".

Nadine Woodward
Mayor

