

Saluting the participants in Spokane's National Mentoring Month

WHEREAS, the goals of **National Mentoring Month** are to raise awareness of mentoring, recruit individuals to mentor, and encourage organizations to engage and integrate quality in mentoring into their efforts; and

WHEREAS, a mentor is a caring, consistent presence who devotes time to a young person to help that young person discover personal strength and achieve their potential through a structured and trusting relationship; and

WHEREAS, quality mentoring encourages positive choices, promotes self-esteem, supports academic achievement and introduces young people to new ideas; and

WHEREAS, mentoring programs have shown to be effective in combating school violence and discipline problems, substance abuse, incarceration and truancy; and

WHEREAS, research show that young people who were at risk for not completing high school but who had a mentor were 55 percent more likely to be enrolled in college, 81 percent more likely to report participating regularly in sports or extracurricular activities, more than twice as likely to say they held a leadership position in a club or sports team, and 78 percent more likely to volunteer regularly in their communities; and

WHEREAS, youth development experts agree that mentoring is critical to the social, emotional, and cognitive development of youth, helping them navigate the path to adulthood more successfully; and

WHEREAS, mentors help young people set career goals and use their personal contacts to help young people meet industry professionals and find jobs; and

WHEREAS, all the above listed benefits serve to link youth to economic opportunity while also strengthening the fiber of our communities;

NOW, THEREFORE, BE IT RESOLVED, by the Spokane City Council that we hereby salute the following organizations for their participation in **National Mentoring Month in Spokane**: Big Brothers Big Sisters, Communities In Schools, College success Foundation, UDistrict Foundation, Gonzaga & Whitworth University, Goodwill and The Salvation Army Kroc Center.

I, Ben Stuckart, Spokane City Council President,
do hereunto set my hand and
cause the seal of the City of Spokane
to be affixed this 25th day of January in 2016

A handwritten signature in black ink that reads "Ben Stuckart". The signature is written in a cursive style with a large, prominent initial "B".

Ben Stuckart
Spokane City Council President