

Proclaiming April 2nd 2014 National Walking Day

WHEREAS walking has many fantastic benefits related to physical and mental health; and

WHEREAS walking is always better with a friend or sole-mate – with two or four legs; and

WHEREAS you can find a walking club to join or create your own neighborhood walking club by going to the American Heart Association website; and

WHEREAS the Spokane City Council strongly supports continued development and implementation of our Pedestrian Master Plan to improve walkability in the city of Spokane; and

WHEREAS walking remains the healthiest, safest, and most reliable form of transportation

NOW, THEREFORE I, Ben Stuckart, Spokane City Council President, salute all walkers in celebration of

National Walking Day

I, Ben Stuckart, Spokane City Council President,
do hereunto set my hand and
cause the seal of the City of Spokane
to be affixed this 2nd day of April in 2014



Ben Stuckart
Spokane City Council President