



### Shelter

- 1 House of Charity, 32 W Pacific Ave
- 2 The Way Out, 55 W Mission
- 4 Trent Resource and Assistance Center (TRAC), 4320 E Trent Ave
- 5 UGM for Men, 1224 E Trent Ave
- 6 Truth Ministries for Men, 1910 E Sprague
- 7 Hope House for Women, 318 S Adams
- 8 UGM for Women & Children, 1515 E Illinois Ave
- 9 Crosswalk for Teens, 525 W 2nd Ave
- 10 VOA Young Adult Shelter, 920 W 2nd Ave
- 11 Family Promise Families, 2002 E Mission
- 12 Family Promise Infant Shelter, 227 E Mission

### Drop-In Day Centers

- 13 Women's Hearth, 920 W 2nd Ave
- 14 Cup of Cool Water, 1106 W 2nd Ave
- 9 Crosswalk for Teens, 525 W 2nd Ave
- 35 Recovery Cafe, 622 E 2nd Ave

### Free Meal Sites

- 5 Union Gospel Mission, 1224 E Trent
- 9 Crosswalk for Teens, 525 W 2nd Ave
- 14 Cup of Cool Water, 1106 W 2nd Ave
- 15 Our Lady of Lourdes, 1115 W Riverside
- 16 SCAR (Free breakfast burritos) CAT, 168 S Division
- 17 Shalom Ministries, 518 W 3rd Ave
- 36 City Gate, 170 S Madison

### Mental Health and Addiction Treatment

- 19 Compassionate Addiction Treatment, 168 S Division
- 20 Peer Spokane, 425 W 1st Ave
- 21 Inland NW Behavioral Health, 104 W 5th Ave
- 22 Spokane Treatment & Recovery Services, 105 W 3rd Ave
- 23 Frontier Behavioral Health, 107 S Division St
- 24 FBH Homeless Outreach, 17 E 1st Ave

### General Resources

- 25 Spokane Housing Authority, 25 W Nora Ave
- 26 Spokane Resource Center (SRC), 130 S Arthur St
- 27 CHAS Health Clinic, 1001 W 2nd Ave
- 28 Central Library, 906 W Main Ave
- 29 Providence HoC Outreach Clinic, 32 W 2nd Ave
- 30 SRHD Syringe Services, 1101 W College Ave
- 31 Spokane Police Department, 710 W Riverside

### Homeless Housing Coordinated Entry

- 32 SNAP, 212 W 2nd Ave
- 33 Catholic Charities, 975 E North Foothills Drive, Bldg A
- 34 Goodwill HEN, 130 E 3rd Ave



V13 July 2023



COORDINATED ENTRY

GENERAL RESOURCES

MENTAL HEALTH & ADDICTION TREATMENT

DROP-IN DAY CENTERS

FREE MEAL SITES

SHELTER INFORMATION

# Downtown Spokane Homeless Resources Pocket Guide

If you are having an emergency, call 911

- GENERAL RESOURCES**
- 24 hour Regional Crisis Line 877-266-1818
  - Domestic Violence 509-326-CALL
  - Lutheran Community Services 24/7 crisis line 509-624-7273
  - Veteran's Hotline 509-828-2449
  - Spokane Transit Authority 509-325-RIDE
  - Crime Check 509-456-2233
  - Regional Shelter Schedule 509-720-1618
  - Street Medicine Team 509-993-8940
  - Spokane Housing Authority 25 W Nora Ave 509-328-2953
  - Spokane Resource Center (SRC) 130 S Arthur St 509-867-8188
  - CHAS Health Clinic 1001 W 2nd Ave 509-444-8200
  - Central Library 906 W Main Ave 509-444-5300
  - Spokane Police Department 710 W Riverside 509-625-4100
  - SRHD Syringe Services (Established Clients) 1101 W College Ave 509-324-1500
  - Providence HoC Outreach Clinic 32 W 2nd Ave 509-626-9825
- Call 211 for additional resources

- Homeless Housing Coordinated Entry SNAP**
- Individuals without children experiencing homelessness, please visit SNAP for an assessment.  
212 W 2nd Ave  
509-456-7627
- Catholic Charities**  
Families with children, please visit Catholic Charities for an assessment.  
975 E. North Footfalls Drive, Bldg A  
509-325-5005  
hfca.ceasternwa.org
- Goodwill HEN**  
130 E 3rd Ave  
509-838-4246  
Housing and Essential Needs Assistance

## Shelter Information

Real-time shelter capacity can be found at [sheltermespokane.org](http://sheltermespokane.org)

- Trent Resource and Assistance Center (TRAC)**  
Men and Women | 24/7  
4320 E Trent Ave  
509-824-1415
- House of Charity**  
Men and Women (Men-only for sleeping)  
32 W Pacific Ave  
509-624-7821
- UGM for Men**  
1224 E Trent Ave  
509-535-8510
- The Way Out Salvation Army**  
Men and Women  
3pm to morning  
55 W Mission  
509-325-6810
- Truth Ministries for Men**  
Men 18 & over  
8pm to morning  
1910 E Sprague  
509-456-2576
- Hope House for Women**  
Women 18+ | 24/7 (call at 8am)  
318 S Adams  
509-816-1669
- UGM for Women & Children**  
1515 E Illinois Ave  
509-535-0486
- YWCA Shelter for Domestic Violence**  
509-326-2255
- Crosswalk for Teens**  
Teens 13-17 | 24/7  
525 W 2nd Ave  
509-688-1112
- VOA Young Adult Shelter**  
Young Adults 18-24  
7:30pm-6:30am  
920 W Second  
509-990-0579
- Family Promise**  
Families  
2002 E Mission  
509-723-4663
- Infant Shelter (newborns & parent)  
Call for services  
227 E Mission  
509-723-4663

## Drop-In Day Centers

Warming and cooling center updates at [my.spokanecity.org/hazardsheltering](http://my.spokanecity.org/hazardsheltering)

- Women's Hearth**  
Women  
920 W 2nd Ave  
509-455-4249
- Cup of Cool Water**  
Men & Women 14-24  
1106 W 2nd Ave  
509-747-6686
- Recovery Cafe**  
Inquire about free membership  
Tues-Fri 8:30am to 4:30pm  
622 E 2nd Ave  
509-960-8529
- Crosswalk for Teens**  
Teens 13-17  
525 W 2nd Ave  
509-838-6596

## Mental Health and Addiction Treatment

Text the Connect Helpline at 509-960-8529 to be connected to resources

- Compassionate Addiction Treatment**  
168 S Division | 509-919-3362
- Peer Spokane**  
425 W 1st Ave | 509-867-3778
- Inland NW Behavioral Health**  
24/7 | Accept walk-ins  
104 W 5th Ave  
509-992-1888 inpatient  
509-992-1301 outpatient
- Spokane Treatment & Recovery Services**  
[spokanerecovery.org](http://spokanerecovery.org)  
105 W 3rd Ave  
509-570-7235
- Frontier Behavioral Health**  
Homeless Outreach  
107 S Division St  
17 E 1st Ave  
509-838-4651

## Free Meal Sites

	Breakfast	Lunch	Dinner
Crosswalk for Teens	Every Day	9 - 9:30am	
Cup of Cool Water	Mon - Fri	10am	
Shalom Ministries	Mon - Thurs	7:30am - 8:30am	
City Gate	Tues - Fri	9am	
SCAR (Free breakfast burritos) 168 S Division	Sundays	9am - 10am	
Crosswalk for Teens	Every Day	12pm	
Union Gospel Mission	Every Day	12pm	
City Gate	Tues - Fri	12:30pm	
Crosswalk for Teens	Every Day	6 - 6:30pm	
Union Gospel Mission	Every Day	6pm	
Shalom Ministries	Mon & Tues	4:30 - 5:30pm	
Our Lady of Lourdes	Mon - Fri	4 - 5pm	

## Food and Clothing Banks

- Our Place Community Outreach**  
1509 W College Ave  
509-326-7267
- Off Broadway Family Outreach**  
2225 W Mallon  
509-998-2630
- City Gate**  
Call for days/times  
170 S Madison  
509-455-9670