

Food Distribution Needs/Gaps	Food Bank Needs/Gaps	Food Desert Needs/Gaps
<p><u>Seniors</u></p> <ul style="list-style-type: none"> • One meal/day • At capacity • Nutritional quality could improve • Lack of coordination • Need congregant site in each neighborhood <p><u>Homeless Pop.</u></p> <ul style="list-style-type: none"> • Lack of refrigeration • Lack of storage • Transportation • Chronic/undiagnosed health conditions • Inability to prepare food <p><u>Families</u></p> <ul style="list-style-type: none"> • Need evening/weekend food banks • Transportation and access <p><u>Ideal</u></p> <ul style="list-style-type: none"> • Coordinated system(s) • An HMIS for food—coordinated entry/data • Neighborhood/local focus/access • Resources for all neighborhoods • Systematic way to share resources • Mobile distribution • Central kitchen • Way to prep prescription meals easily 	<p><u>Small Pantries</u></p> <ul style="list-style-type: none"> • Unequal amts. and types of food available • Unequal hours • Unequal requirements • Lack capacity to store food • Homelessness pressing them (vs. ALICE) • Can only attend pantry 1x/mo. • Can't share overages because of fed. law <p><u>Access</u></p> <ul style="list-style-type: none"> • No pantry downtown • NE Spokane poorly served • For some LI neighborhoods, pantry is on edge of neighborhood=inaccessible • Transportation for elderly/disabled and young families • No evening hrs. and open hrs. can be short <p><u>Quality</u></p> <ul style="list-style-type: none"> • Protein is always in demand • Need more nutritious food (vs. carbs) <p><u>Overall</u></p> <ul style="list-style-type: none"> • Lack of overall system communication and organization • 2nd Harvest lacks capacity for systems building 	<ul style="list-style-type: none"> • Transportation • Elderly/disabled can't access stores. Young families struggle with access • Freeway, Maple St. Bridge block access • Other walking barriers • Need a delivery system, either mobile food trucks or Uber-style • Lack of coordination • Lack of leadership • More affordable stores <p><u>Fed Definition</u></p> <p>Fed. Definition allows for high-end stores. We prefer following: “Access to an affordable full-service supermarket all year long for the pop. earning less than 185% of poverty level.”</p> <p><u>Ideal</u></p> <ul style="list-style-type: none"> • A buying co-op for small stores for produce/dairy so they can have small amts. for low price • Walmart supplying small stores • Small markets with perishables only • Uber contract for non-profits for client pick-up/food delivery • Small grants to coordinate fixing deserts • Leaders (Americorps) to work on deserts

P-12 School Food Needs/Gaps	Markets/Gardens Notes	
<ul style="list-style-type: none"> • Lack of food on weekends & summer • MS and HS kids need more food • Programs not in all schools • Lack of cooking ability (kids & parents) • Lack of kitchens in home; unsanitary • Lack of protein/fruit/veg • Need parental approval • Need parents to fill out forms/consent • Homeschool kids fall through cracks • Disabled kids fall through cracks • Not talking about hungry kids • Need for central kitchen • All the pieces here but not coordinated • All the pieces need to expand capacity • School kitchens unused after 2 pm • Transportation of food and clients • School culture • Getting kids to eat food <p><u>Ideal</u> Low barrier food available all year for all p-12 kids</p>	<p>Learnings from this group:</p> <ul style="list-style-type: none"> • Group didn't identify any gaps. • Farmers' Markets have increased over the years but are now at capacity because we don't have that many farms in our area. • Access to fresh fruits and vegetables are provided to many low-income families and seniors. Good for farmers and the consumers. • Gardens are in several locations around the city. Several people noted that gardens must come up from within the community. When garden locations are developed by government or institutions, they fail. • Schools are not open to gardens because the biggest growing time is when school is out. Facility staff end up with the bulk of the maintenance. <p>Strengths are that access is throughout the city for both gardens and Farmers' Markets. Access is growing for low-income families</p>	