

Slide 1



Hello everyone (greet people by name) Ask an opening question that they can share out loud or in the chat if there's a lot of people...

Ex. what is your favorite summer activity? What makes a bright happy future?

Sustainability: meeting needs today and tomorrow (people, planet, and prosperity)

Slide 2



- People got together and said, "What can we do in our community to change the environment for the better?"
- They met and talked and met and talked
- They came up with this plan!
- You can be a part of the plan too!!

Prompt for discussion:

Why might a City need to plan for the future?

Background information for instructor/facilitator:


Many Spokane citizen volunteers worked together to help build the Spokane Sustainability Action Plan alongside experts, politicians, and community groups. We need our community to tell us what they like, what they don't like, and all the reasons why so it can be improved. Most people can agree about some basic needs for well-being: housing, food, clean water, healthcare, education, access to jobs, and a sense of community (belonging). This Plan should help guide city decision-making to help reach these goals for overall well-being in our community..

Slide 3

Transportation and Land Use

- Let's use transportation around our city that is fun AND good for the Environment.
- Let's create communities where we can safely walk to fun things!

What fun things can you walk to in your community?

The slide features three small photographs stacked vertically on the right side. The top photo shows a person riding a bicycle on a path. The middle photo shows a group of four people walking together on a sidewalk. The bottom photo shows a red car parked on a street.

Prompt for discussion: What fun things can you walk to in your community?

Background information for instructor/facilitator:


Part of this Plan makes recommendations for making it easier to safely walk and bike to stores, work, school, and other places we need to get to in our daily lives. The city is also supporting a 6-mile line of clean energy buses that connects Spokane City College to Brown's Addition near Peaceful Valley. The hope is that some people might choose to ride these buses over using cars that burn gasoline to get to where they need to go. How will bikers and walkers feel most protected from car traffic in neighborhoods and downtown?

Slide 4

Buildings and Energy

- Build green buildings!
- Make clean energy for those buildings ☺

How do you & your family save energy?

The slide features two images. The top image is a photograph of a modern, two-story house with large windows and a green roof. The bottom image is a graphic illustration of a wind turbine and solar panels in a green field.

Prompt for discussion: How do you and your family save energy?

Background information for instructor/facilitator:

The cleanest energy is the energy we don't use. When we turn on lights or use wall outlets to charge a device like a cell phone or run a TV, where does our energy come from in Spokane? Just over half of our energy comes from hydroelectricity (dams—where the power of flowing water moves turbines that generate electricity). A little of our energy comes from wind farms. We also burn natural gas and coal to generate some of our energy (over 40%). The state of Washington will be outlawing burning coal soon.

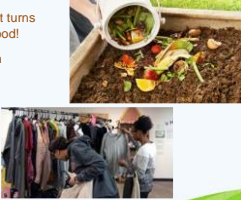
The less energy we use, the less we have to rely on polluting sources of energy. We can explore options like more solar and wind generated energy as well. Technology innovations (new inventions) are changing the way the future of energy looks all the time!

Slide 5

Waste Diversion and Material Conservation

- Compost food scraps so it turns into soil and waste less food!
- Share what you have with other people, re-use your friends' cool stuff.

What are the 3 R's?



Prompt for discussion: Why are the 3 R's in this order: Reduce, Reuse, Recycle?

Background information for instructor/facilitator:

Reduce is the most important—if we use only what we need in the first place, we produce less waste (example: only taking the amount of food that we can eat)

Reuse—if we can find ways to use things in creative ways after we have reduced, we produce less waste overall (example: sharing clothes that you've outgrown; donating games, toys or art supplies that you're not longer using or interested in).

Recycle—after reducing and reusing, trying to find places to take some of the waste that is left (in Spokane we can recycle plastic jugs and tubs—no lids; metal cans; and paper products like cardboard boxes, cereal and cracker boxes, magazines, newspaper, and office paper--no shredded paper).

Can you think of any examples of how you use the 3 R's in your daily life?

Slide 6



Prompt for discussion: Who uses the river?

Background information for instructor/facilitator:

Humans, other animals (including fish/birds), plants & trees all need clean water to survive.

The Spokane River has been the heart of our area for a long long time. There is a Salish word ($\acute{n}t\acute{x}^w\acute{i}tk^w$. $\acute{n} \acute{t}\acute{x}^w\acute{i}tk^w$ is an $\acute{n}s\acute{o}l\acute{x}\acute{c}\acute{i}\acute{n}$ word for *river*. The root of $\acute{n}t\acute{x}^w\acute{i}tk^w$ is $t\acute{x}^w$, *straight*. The ending – $\acute{i}tk^w$ refers to water.

. It would be fun if we could all learn to say this word and use it to describe our water in this area.

It is so important that we are doing our best to not waste water, particularly during the summer months, so the river continues to flow - a flowing river helps keep communities healthy

Every community is downstream from someone else--some other community. Spokane must do our best to send water to the next community downstream as clean or cleaner than

we received it. This is difficult with a growing population. Using less water during the summer months in our yards and parks will help make it so the Spokane River keeps flowing to create healthy fish habitat and provide a place that our community can recreate (tube and kayak/raft).

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Prompt for discussion: What's your favorite thing to do outside?

Background information for instructor/facilitator:

Trees in city neighborhoods help:

- Clean the air
- Clean the water that runs from our yards and streets toward the river (stormwater)
- Keep summer temperatures lower by providing shade
- Make people feel healthier and happier

Pollinator friendly plants (especially the plants that grow naturally in our climate and in our soil--don't need extra water or chemicals)

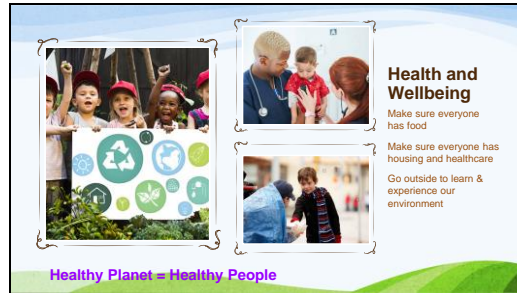
Why do we want to protect our pollinators? They pollinate most of our food plants (apples, peaches, strawberries, cherries); they pollinate most of our flowering plants in the landscape; they are also a very important part of the natural food chain (provide food for birds and smaller mammals)

The Spokane River used to be home to salmon that traveled up the rivers from the ocean as part of their cycle of life. We no longer have salmon because of dams (*Tribes, researchers, and biologists are exploring plans for salmon reintroduction), but we do have the redband trout. These fish need our help; they need a flowing, cool Spokane River to survive. We need to ensure there is plenty of water in the aquifer (groundwater) during the dry, warm summer months to feed cold water into the Spokane River. We can help by conserving (or wasting less) water in our homes, yards, and parks (shorter showers, less watering of grass).

So many interesting animals call our region home. They need healthy forests and grasslands, healthy riparian areas (mix of plants that grow along streams and rivers), and healthy sources of water in order to survive and thrive here.

There are many ways for youth to help the natural environment in our community (help plant flowers, shrubs, and trees; help pick up litter along the Spokane River; learn about a local plant or animal; and help educate others!).

Slide 8



Prompt question: What do you think makes a person healthy?

Background for instructor/facilitator:

Health benefits: being outside, hiking/walking

Healthy neighborhoods: creating safe places where people can share strong relationships with others in their community

Local foods: relying more on local products so that our food doesn't have to travel long distances to get here and retains more of its nutrients since it can be picked when it's ripe (how can we make it so everyone has access to healthy foods?)

Housing: having enough housing for all people (different types of housing are needed and we must have enough safe shelters for people in need or transition)

Healthcare access: providing quality healthcare so that when people are sick or injured, they can safely and quickly get the help they need and that they can afford)

Diversity is celebrated (places and ways for people to celebrate religious, cultural, social traditions; opportunities for them to feel safe sharing those traditions with the greater community)

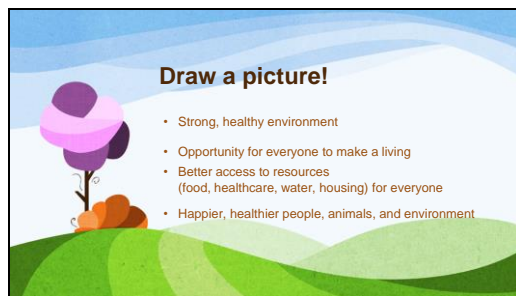
Slide 9



Prosperity might be thought of as everyone in a community experiencing well-being together. All people are able to take care of their needs, feel valued by their community, and are able to access good education, healthy food, healthcare, and jobs.

Can we agree that we want everyone in our community to prosper or experience “prosperity”?

Slide 10



We’ve shared some of the ways that Spokane wants to build a better brighter future with your help. Can you draw a picture of what you’ve learned about today and what is most important to you?

Slide 11

