



## Spokane Park Board Land Committee

3:30 p.m. Wed., Apr. 03, 2024

**In-person:** Conference Room "A"

The Hive, 2904 E. Sprague Ave. Spokane WA 99202

**WebEx virtual meeting:**

Call-in: 408-418-9388; Access code: 2490 302 2658

Al Vorderbrueggen – Operations Director

### Committee Members:

Greta Gilman – Chair

Sally Lodato

Hannah Kitz

Kevin Brownlee

Doug Kelley

The Land Committee meeting will be held in-person in the **Spokane Public Library, The Hive - Conference Room "A", 2904 E. Sprague Ave. Spokane WA 99202** and virtually via WebEx at 3:30 p.m. Wednesday, Apr. 03, 2024. Committee members, staff, and presenters still have the option to participate virtually via WebEx during all meetings.

The public may listen to the meeting by calling 408-418-9388 and entering access code **2490 302 2658**, when prompted.

Written public comment may be submitted via email or mail. Comments must be received no later than 11:30 a.m. Apr. 03 by email to: [spokaneparks@spokanecity.org](mailto:spokaneparks@spokanecity.org) or mail to: Spokane Park Board, 5th floor City Hall, 808 West Spokane Falls Blvd., Spokane, Washington 99201. Submitted public comments will be presented to committee members prior to the meeting.

### AGENDA

**Call to order** – Greta Gilman

**Public comment** – Greta Gilman

#### Action Items:

1. [Approval of the Green Area Maintenance Pilot Project Agreement with the City of Spokane Public Works \(no cost\)](#) – Al Vorderbrueggen/Carl Strong
2. [Corbin Park Sport Court Renovation/Ditches Unlimited Change Order 1 \(\\$22,004.38 plus applicable tax\)](#) – Berry Ellison
3. [Washington State Grant Applications/several projects \(no cost\)](#) – Nick Hamad

#### Discussion Items:

1. [Memory Garden Pilot Project Progress Update / Manito Park \(no cost\)](#) – Nick Hamad

**Unfinished Business Items:** n/a

**Standing Report Items:** n/a

**Adjournment**

## Agenda Subject to Change

**AMERICANS WITH DISABILITIES ACT (ADA) INFORMATION:** The City of Spokane is committed to providing equal access to its facilities, programs and services for persons with disabilities. Individuals requesting reasonable accommodations or further information may call, write, or email Risk Management at 509.625.6221, 808 W. Spokane Falls Blvd, Spokane, WA, 99201; or [mLOWmaster@spokanecity.org](mailto:mLOWmaster@spokanecity.org). Persons who are deaf or hard of hearing may contact Risk Management through the Washington Relay Service at 7-1-1. Please contact us forty-eight (48) hours before the meeting date.

# Spokane Park Board

## Briefing Paper



<b>Committee</b>	Land Committee	<b>Committee meeting date:</b> April 3, 2024	
<b>Requester</b>	Al Vorderbrueggen	<b>Phone number:</b> X5464	
<b>Type of agenda item</b>	<input type="radio"/> Consent <input type="radio"/> Discussion <input type="radio"/> Information <input checked="" type="radio"/> Action		
<b>Type of contract/agreement</b>	<input checked="" type="radio"/> New <input type="radio"/> Renewal/ext. <input type="radio"/> Lease <input type="radio"/> Amendment/change order <input type="radio"/> Other		
<b>City Clerks file</b> (OPR or policy #)	M23-162		
<b>Master Plan Goal, Objective, Strategy</b> (Click <a href="#">HERE</a> for link to the adopted plan)	Ch 3: Land; Ch 6: Legacy	<b>Master Plan Priority Tier:</b> (pg. 171-175)	First Tier
<b>Item title:</b> (Use exact language noted on the agenda)	Approval of the Green Area Maintenance Pilot Project Agreement with the City of Spokane Public Works (no cost)		
<b>Begin/end dates</b>	Begins: 03/14/2024	Ends: 03/13/2027	<input type="checkbox"/> 06/01/2525
<b>Background/history:</b> Since 2022, Parks and Recreation staff have been working Public Works leadership to negotiate terms for an agreement for Parks to perform a Pilot Project through 2025 to take over maintenance of certain Right of Way properties located throughout the city. Public Works will provide all funding of operations and capital projects for these areas during the pilot program. Public Works will provide certain equipment, vehicles and staff for the program. The pilot program through the end of 2025 and continuation of the program will be determined at that time.			
<b>Motion wording:</b> Approve the Green Area Maintenance Pilot Project Agreement with the City of Spokane Public Works (no cost)			
<b>Approvals/signatures outside Parks:</b> <input checked="" type="radio"/> Yes <input type="radio"/> No If so, who/what department, agency or company: Public Works Name: Marlene Feist    Email address: mfeist@spokanecity.org    Phone: 625-6505			
<b>Distribution:</b> Parks – Accounting Parks – Sarah Deatrich Requester: Al Vorderbrueggen Grant Management Department/Name:			
<b>Fiscal impact:</b> <input checked="" type="radio"/> Expenditure <input type="radio"/> Revenue Amount: no cost    Budget code: n/a			
<b>Vendor:</b> <input checked="" type="radio"/> Existing vendor <input type="radio"/> New vendor <b>Supporting documents:</b> <input type="checkbox"/> Quotes/solicitation (RFP, RFQ, RFB) <input type="checkbox"/> W-9 (for new contractors/consultants/vendors) <input type="checkbox"/> Contractor is on the City's A&E Roster - City of Spokane <input type="checkbox"/> ACH Forms (for new contractors/consultants/vendors) <input type="checkbox"/> UBI: n/a    Business license expiration date: <input type="checkbox"/> Insurance Certificate (min. \$1 million in General Liability)			

**CITY OF SPOKANE  
PARKS AND RECREATION DEPARTMENT  
CHANGE ORDER NO. 1**

NAME OF CONTRACTOR: Ditches Unlimited, Inc

PROJECT TITLE: Corbin Park Sport Court Renovation

CITY CLERK CONTRACT NUMBER: 2023-0875

<u>DESCRIPTION OF CHANGE:</u>	<u>AMOUNT:</u>
Item 1: CCD 001 South Curb and Footing Modifications	\$14,504.38
Item 2: PCO 003 Additional Site Protection	\$7,500.00
Item 3: No-Cost Contract Time Extension to July 31, 2024 w/ Substantial Completion Date of 06/28/2024	0.00

**TOTAL AMOUNT:            \$22,004.38**

<b>CONTRACT SUM (EXCLUDE SALES TAX)</b>	
ORIGINAL CONTRACT SUM (INCLUDE ALTERNATES)	\$ 236,500.00
NET AMOUNT OF PREVIOUS CHANGE ORDERS	\$ 0.00
CURRENT CONTRACT AMOUNT	\$ 236,500.00
CURRENT CHANGE ORDER (EXCLUDES SALES TAX)	\$ 22,004.38
<b>REVISED CONTRACT SUM</b>	<b>\$ 254,504.38</b>

<b>CONTRACT COMPLETION DATE</b>	
ORIGINAL CONTRACT COMPLETION DATE	05/31/2024
CURRENT COMPLETION DATE	05/31/2024
<b>REVISED COMPLETION DATE</b>	<b>07/31/2024</b>

Contractor's Acceptance: \_\_\_\_\_ Date: \_\_\_\_\_

City Approval: \_\_\_\_\_ Date: \_\_\_\_\_

Attest: \_\_\_\_\_ City Clerk

Approved as to form: \_\_\_\_\_ Assistant City Attorney



**Construction Change Directive**

<b>Project Name:</b>	<u>Corbin Park Sports Court Renovation</u>	<b>CCD No:</b>	<u>1</u>
		<b>Date:</b>	<u>10/16/2023</u>
<b>Owner:</b>	<u>City of Spokane Parks &amp; Recreation</u>		
<b>Contractor:</b>	<u>Ditches Unlimited, Inc</u>	<b>Architect/Eng:</b>	<u>SPVV Landscape Architects</u>

When signed by the Owner and received by the Contractor this document become effective IMMEDIATELY as a Construction Change Directive (CCD), and the Contractor shall proceed with the change(s) described below:

**Description:** Excavate south edge of project to accommodate 36”thk x 18”dia fence posts and change mow curb dimensions to be 6”thk x 12”wide on turf side and 16”wide on asphalt side of fenceline. Compact earth to 95% in 8” lifts.

**Justification:** Added mow curb thickness for long-term durability and consistency with adjacent curbs.

1. This CCD will be performed (*Lump Sum*,) with Not to Exceed pricing as follows: (Contractor shall provide T&M sheets for all labor, materials and equipment at a minimum of a weekly basis).
2. The Contract Time is proposed to (remain unchanged). The proposed adjustment, if any, is (an increase of  0  days) (a decrease of  0  days).

The Contractor is to submit pricing within 15 day of this authorization, if not already submitted. This Change and Cost will be incorporated into a Change Order once the cost is finalized and accepted.

<b>Recommended:</b> (A/E)	<b>Authorized:</b> (Owner)	<b>Accepted:</b> (Contractor)
By: <u>Berry Ellison, WA PLA</u>	By: <u>Berry Ellison, CM</u>	By: <u>Arvistis McKinnie</u>
Date: <u>10/16/23</u>	Date: <u>10/16/23</u>	Date: <u>10/16/23</u>



Ditches Unlimited Inc.

18089 S Watson Rd

Coeur d Alene

ID 83814

208-666-1650

# Change Order

Date	Change Order #
3/26/2024	001

Name / Address
City of Spokane Parks and Rec Nick Hamad 808 Spokane Falls Blvd 5th Floor Spokane WA 99201

P.O. No.
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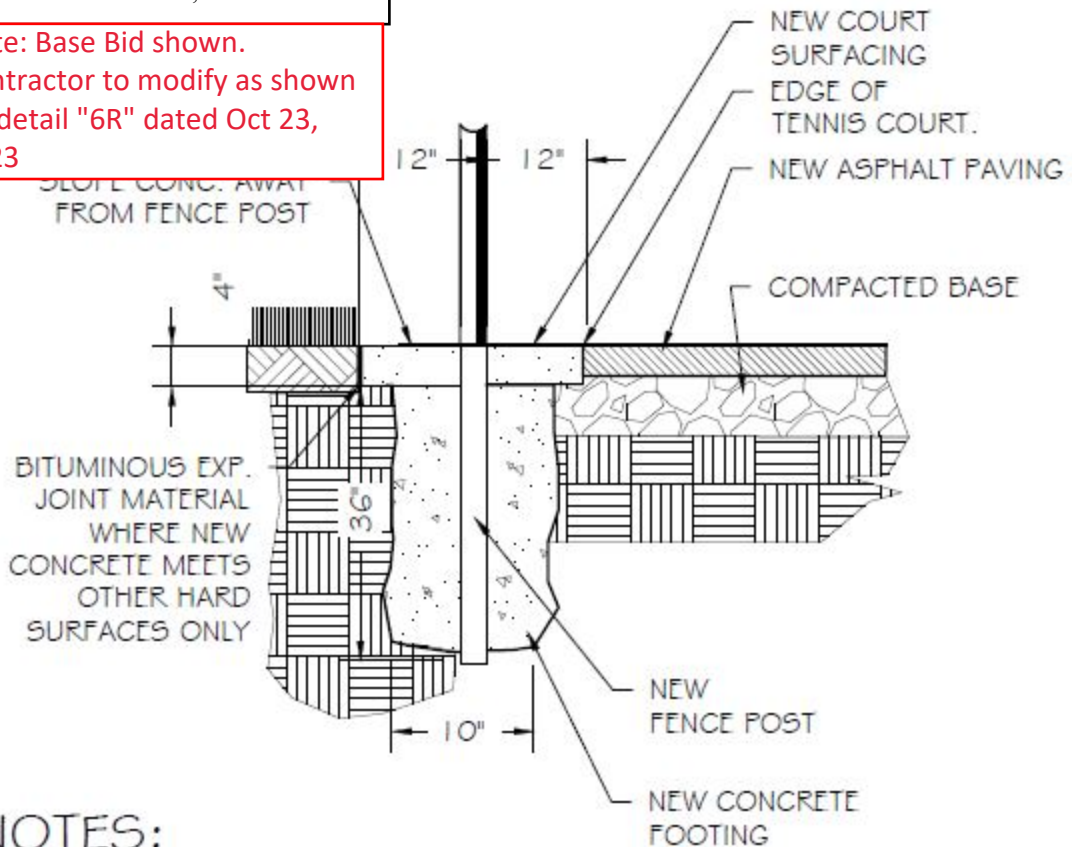
Corbin Sport Court
--------------------

Description	Qty	Cost	Total
South curb and Footing modifications including rebar in mow strip  It is not recommended to complete this structure without the use of rebar.  <b>Excavation and Backfill Direct costs</b>	1	6,240.88	6,240.88
<b>Total</b>			<b>\$14,504.38</b>

Customer Signature \_\_\_\_\_

CORBIN PARK  
 BASE BID DETAIL 6, SHEET L-501

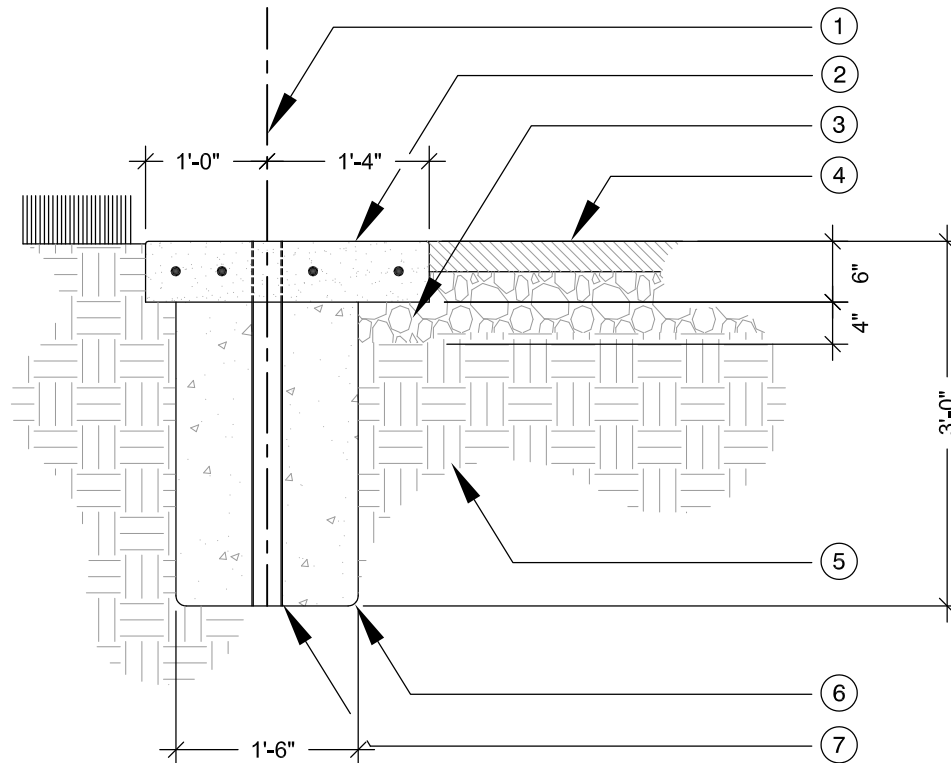
Note: Base Bid shown.  
 Contractor to modify as shown  
 on detail "6R" dated Oct 23,  
 2023



NOTES:

1. CONCRETE MOW STRIP SHALL BE RATED AT 3000 PSI @28 DAYS, PROVIDE BROOM FINISH W/ 1/2" ROUND TOOLED EDGE ON ALL EXPOSED SURFACES.
2. COORDINATE INSTALLATION OF FENCE W/ MOW STRIP.
3. INSTALL CONTRACTION JOINT TOOLING TO MATCH EXISTING ADJACENT HARD SURFACING TOOLING. PROVIDE EXPANSION JOINTS BETWEEN NEW CONCRETE AND EXISTING CONCRETE. JOINTS TO BE LOCATED ON EITHER SIDE OF FENCE POST AND CENTERED ON POST.

Detail 6R: Revised Fence & Mow Strip at Tennis Court  
 Strip at Tennis Court  
 Oct 23, 2023



- ① FENCE POST CENTERLINE
- ② CIP CONCRETE SLAB W/ #4 DEFORMED BAR CONTINUOUS WITH 6" MIN SPLICES. 3000 PSI (MIN), 6 SACK, COMMERCIAL CONCRETE WITH MEDIUM BROOM FINISH.
- ③ CRUSHED BASE. 3/4" MINUS STONE COMPACTED TO 95% REL. DENSITY.
- ④ ADJACENT ASPHALT PER PLAN
- ⑤ NATIVE EARTH
- ⑥ CIP CONCRETE FOOTING. 3000 PSI (MIN), 6 SACK, COMMERCIAL CONCRETE
- ⑦ GALV STEEL POST (PER PLAN) OR GALV STEEL SLEEVE, SIZE TO ACCOMMODATE NEW POSTS.

**6R** FENCE & MOW STRIP AT TENNIS COURT - REVISED  
 NTS

DETAIL-FILE

**CORBIN PARK SPORTS COURT RENOVATION**  
**MODIFIED FENCE POST FOOTING &**  
**MOWCURB AT SOUTH EDGE OF COURT**

CITY OF SPOKANE  
 PARKS & RECREATION  
 BERRY ELLISON, CM  
 OCT 23, 2023



Direct Cost Report

**\$7,185.65 Direct costs**  
**\$1,077.85 Overhead and Profit (15%)**  
**\$8,263.50 Total (plus WSST tax)**

Unit Cost Labor Perm Materi Constr Matl/Ex Equip Sub-Ment Contrac Total

**BID ITEM = 170**

Description = FORCE ACCOUNT 1: EXCAVATE SOUTH F Unit = LF Takeoff Quan: 100.000 Engr Quan: 100.000

052-12		Haul/Dispose Waste Soil Solo		Quan: 60.00 BC	Hrs/Shft: 8.00	WCNONE		**Unreviewed
<u>HSOLO</u>	Hauling Crew - 1 Solo	9.00 CH		<b>Prod: 9.0000 CH</b>	Lab Pcs: 1.00	Eqp Pcs: 1.00		
2E4001	Dump Fees (Waste-C	72.00 CY	10.000		720			720
8TKST12	Truck-Solo 12 CY bar 1.00	9.00 HR	60.000			540		540
D	Truck Driver - Genera 1.00	9.00 MH	68.000	821				821
<b>\$2,081.16</b>	0.1500 MH/BCY	9.00 MH	[ 10.2 ]	821	720	540		2,081
6.6667 Units/Hr	53.3333 Un/Shift	6.6667 Unit/M		13.69	12.00	9.00		34.69

206-20		BLD Footing Backfill Mini Exc		Quan: 100.00 BC	Hrs/Shft: 8.00	WCNONE		**Unreviewed
<u>EX04</u>	Mini Excavator with Laborer	8.00 CH		<b>Prod: 8.0000 CH</b>	Lab Pcs: 2.00	Eqp Pcs: 1.75		
8E04	Excavator-4 Ton class 1.00	8.00 HR	26.000			208		208
8VPU34	Truck - 3/4 ton (W/To 0.75	6.00 HR	12.000			72		72
L	Laborer - General 1.00	8.00 MH	37.000	437				437
OG	Operator - General 1.00	8.00 MH	74.000	787				787
<b>\$1,503.83</b>	0.1600 MH/BCY	16.00 MH	[ 8.88 ]	1,224		280		1,504
12.5000 Units/Hr	100.0000 Un/Shift	6.2500 Unit/M		12.24		2.80		15.04

Item Totals:		170	- FORCE ACCOUNT 1: EXCAVATE SOUTH FOUNDATI					
<b>\$3,584.99</b>	0.2500 MH/LF	25.00 MH	[ 15 ]	2,045	720	820		<b>3,585</b>
35.850	100 LF			20.45	7.20	8.20		35.85

**BID ITEM = 180**

Description = FORCE ACCOUNT 2: FILL SOUTH FOUND Unit = LF Takeoff Quan: 100.000 Engr Quan: 100.000

053-16		Buy/Haul Gravel Base		Quan: 56.20 TO	Hrs/Shft: 8.00	WCNONE		**Unreviewed
<u>HSOLO</u>	Hauling Crew - 1 Solo	8.00 CH		<b>Prod: 8.0000 CH</b>	Lab Pcs: 1.00	Eqp Pcs: 1.00		
2B2001	CSBC	56.20 TON	14.500		815			815
8TKST12	Truck-Solo 12 CY bar 1.00	8.00 HR	60.000			480		480
D	Truck Driver - Genera 1.00	8.00 MH	68.000	730				730
<b>\$2,024.82</b>	0.1423 MH/TON	8.00 MH	[ 9.68 ]	730	815	480		2,025
7.0250 Units/Hr	56.2000 Un/Shift	7.0250 Unit/M		12.99	14.50	8.54		36.03

206-20		BLD Footing Backfill Mini Exc		Quan: 100.00 BC	Hrs/Shft: 8.00	WCNONE		**Unreviewed
<u>EX04</u>	Mini Excavator with Laborer	8.00 CH		<b>Prod: 8.0000 CH</b>	Lab Pcs: 2.00	Eqp Pcs: 2.75		
8E04	Excavator-4 Ton class 1.00	8.00 HR	23.000			184		184
8MJJ	Misc-Jumping Jack 1.00	8.00 HR	12.000			96		96
8VPU34	Truck - 3/4 ton (W/To 0.75	6.00 HR	12.000			72		72
L	Laborer - General 1.00	8.00 MH	37.000	437				437

**Direct Cost Report**

Activity Resource	Desc	Quantity Pcs	Unit	Unit Cost	Labor	Perm Materi	Constr Matl/Ex	Equip Ment	Sub-Contrac	Total
<b>BID ITEM = 180</b>										
Description = FORCE ACCOUNT 2: <b>FILL SOUTH FOUND</b> Unit = LF Takeoff Quan: 100.000 Engr Quan: 100.000										
OG	Operator - General	1.00	8.00 MH	74.000	787					787
<b>\$1,575.84</b>	0.1600 MH/BCY		16.00 MH	[ 8.88 ]	1,224			352		1,576
12.5000 Units/Hr	100.0000 Un/Shift		6.2500 Unit/M		12.24			3.52		15.76
<b>=====&gt; Item Totals: 180 - FORCE ACCOUNT 2: FILL SOUTH FOUNDATION W</b>										
<b>\$3,600.66</b>	0.2400 MH/LF		24.00 MH	[ 14.32 ]	1,954	815		832		<b>3,601</b>
36.007	100 LF				19.54	8.15		8.32		36.01
<b>\$7,185.65 *** Report Totals *** 49.00 MH 3,999 1,535 1,652 7,186</b>										

>>> indicates Non Additive Activity

-----Report Notes:-----

The estimate was prepared with TAKEOFF Quantities.

This report shows TAKEOFF Quantities with the resources.

"Unreviewed" Activities are marked.

Bid Date: Owner: Engineering Firm:

Estimator-In-Charge:

**JOB NOTES**

Estimate created on: 07/27/2023 by User#: 0 -  
Source estimate used: C:\HEAVYBID\EST\ESTMAST

\*\*\*\*\*Estimate created on: 11/08/2023 by User#: 0 -  
Source estimate used: C:\USERS\OWNER\DESKTOP\TEK\23-0807

\* on units of MH indicate average labor unit cost was used rather than base rate.

[ ] in the Unit Cost Column = Labor Unit Cost Without Labor Burdens

In equipment resources, rent % and EOE % not = 100% are represented as XXX%YYY where  
XXX=Rent% and YYY=EOE%

-----Calendar Codes-----

- 40 40 Hour Week (5-8 Hr Days)
- 410 40 Hour Week (4 10 Hr Days)
- 42 40 Hour Week (Dbl Shift)
- 43 40 Hour Week (Triple Shift)
- 45 45 Hour Week (5/9's)
- 46 45 Hour Week (Work 9/Pd 10)
- 50 50 Hour Week (5/10 Hr Days)
- 52 50 Hour Week (Dble 10's)
- 55 55 Hour Week (5/10's & 5)
- 60 60 Hour Week (5/12's)

**Direct Cost Report**

Activity	Desc	Quantity	Unit	Unit	Perm	Constr	Equip	Sub-		
Resource		Pcs	Unit	Cost	Labor	Materi	Matl/Ex	Ment	Contra	Total

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**BID ITEM = 180**

Description = FORCE ACCOUNT 2: FILL SOUTH FOUND Unit = LF Takeoff Quan: 100.000 Engr Quan: 100.000

61	60 Hour Week (6/10's)
70	Asphalt Plant Calendar
72	72 Hour Week (6/12s)



**TRENCH SAFETY**  
BRANCH B53  
2617 N DARTMOUTH LN  
SPOKANE VALLEY WA 99206-4277  
509-534-7294

Item 2: PCO 003 Additional Site Protection

# 231930708

Job site

DITCHES UNLIMITED INC  
18089 S WATSON RD  
COEUR D ALENE ID 83814-8699

Office: 208-666-1650 Job: 208-666-1650

Customer # : 3391078  
Quote Date : 03/27/24  
Estimated Out : 04/01/24 08:00 AM  
Estimated In : 04/29/24 08:00 AM  
UR Job Loc : WILL CALL  
UR Job # :  
Customer Job ID :  
P.O. # :  
Ordered By : LAURA WARD  
Written By : MARK CHRISTMAN  
Salesperson : JOSHUA SMITH

DITCHES UNLIMITED INC  
18089 S WATSON RD  
COEUR D ALENE ID 83814-8699

**This is not an invoice  
Please do not pay from this document**

RENTAL ITEMS:							
Qty	Equipment	Description	Minimum	Day	Week	4 Week	Estimated Amt.
50	920/5415	MAT POLYETHYLENE 4' X 8' GROUND COVER		20.00	43.00	75.00	3,750.00
							Rental Subtotal: 3,750.00
							Agreement Subtotal: 3,750.00
							Tax: 225.00
							Estimated Total: 3,975.00

COMMENTS/NOTES:

CONTACT: LAURA WARD  
CELL#: 208-666-1650

50 Site Protection Mats for 3mo duration  
\$11,250.00 (3 X \$3,750.00 per month)  
Per Email dated 03/27/24, Ditches Unlimited will pay for 1 of 3 months:  
\$7,500 paid by City of Spokane  
\$3,750 paid by Ditches Unlimited, Inc.  
  
Note: add 9% WA Sales Tax to \$7,500 Encumbrance

Item 2: PCO 003 Additional Site Protection  
End of Backup Documents

This proposal may be withdrawn if not accepted within 30 days. The above referenced Rental Protection Plan, environmental, and tax charges are estimates and are subject to change.

NOTICE: This is not a rental agreement. The rental of equipment and any items listed above is subject to availability and subject to the terms and conditions of the Rental and Service Agreement, which are available at <https://www.unitedrentals.com/legal/rental-service-terms-US> and which are incorporated herein by reference. A COPY OF THE RENTAL AND SERVICE AGREEMENT TERMS ARE AVAILABLE IN PAPER FORM UPON REQUEST.

Item 3: No Cost Contract Time Extension with  
Substantial Completion at 06/28/2024

CITY OF SPOKANE CORBIN PARK														Mar 26, 2024
	APRIL 8	APRIL 15	APRIL 22	APRIL 29	MAY 6	MAY 13	MAY 20	MAY 27	JUNE 3	JUNE 10	JUNE 17	JUNE 24		
MOBILIZATION, GROUND PROTECTION	█													
ROUGH GRADE ALL AREAS	█	█												
AUGER AND SET FENCE POSTS		█	█											
GRADING FOR SOUTH MOW STRIP			█											
FORM, POUR, STRIP MOW STRIP			█	█										
SCHEDULE				█	█									
PAVE					█	█								
SPECIFIED CURE PERIOD						█	█	█	█					
PLEXI PAVE									█	█				
SPECIFIED CURE PERIOD										█	█			
STRIPES											█			
NETS												█		
FENCE FABRIC													█	
CLEANUP & DEMOBE													█	

Item 3: No Cost Contract Time Extension with  
Substantial Completion at 06/28/2024  
End of Backup Documents



### License Information:

[New search](#) [Back to results](#)

**Entity name:** DITCHES UNLIMITED, INCORPORATED

**Business name:** DITCHES UNLIMITED

**Entity type:** [Profit Corporation](#)

**UBI #:** 602-860-344

**Business ID:** 001

**Location ID:** 0002

**Location:** Active

**Location address:** 18089 S WATSON RD  
COEUR D ALENE ID 83814-8699

**Mailing address:** 18089 S WATSON RD  
COEUR D ALENE ID 83814-8699

**Excise tax and reseller permit status:** [Click here](#)

**Secretary of State status:** [Click here](#)

### Endorsements

Endorsements held at this location	License #	Count	Details	Status	Expiration date	First issuance date
<a href="#">Deer Park General Business - Non-Resident</a>				Active	Mar-31-2025	May-11-2021
<a href="#">Spokane General Business - Non-Resident</a>				Active	Mar-31-2025	Sep-10-2019
<a href="#">Spokane Valley General Business - Non-Resident</a>				Active	Mar-31-2025	Jul-17-2019

### Governing People May include governing people not registered with Secretary of State

Governing people	Title
MCKINNIE, ARVISTIS	

The Business Lookup information is updated nightly. Search date and time: 3/29/2024 1:59:21 PM

[Contact us](#)

How are doing?

# Spokane Park Board

## Briefing Paper



<b>Committee</b>	Land Committee	<b>Committee meeting date:</b> April 3, 2023	
<b>Requester</b>	Nick Hamad	<b>Phone number:</b> 509.363.5452	
<b>Type of agenda item</b>	<input type="radio"/> Consent <input checked="" type="radio"/> Discussion <input type="radio"/> Information <input type="radio"/> Action		
<b>Type of contract/agreement</b>	<input checked="" type="radio"/> New <input type="radio"/> Renewal/ext. <input type="radio"/> Lease <input type="radio"/> Amendment/change order <input type="radio"/> Other		
<b>City Clerks file</b> (OPR or policy #)			
<b>Master Plan Goal, Objective, Strategy</b> (Click <a href="#">HERE</a> for link to the adopted plan)	Goal A, Obj. 1, Goal L, Obj. 1	<b>Master Plan Priority Tier:</b>	First (pg. 171-175)
<b>Item title:</b> (Use exact language noted on the agenda)	Washington State Grant Funding Applications/project grant-authorizing resolutions (no cost).		
<b>Begin/end dates</b>	Begins:	Ends:	<input checked="" type="checkbox"/> 06/01/2525
<b>Background/history:</b> Requesting grant authorizing resolution for (3) WA State grant applications in 2024, including: -Meadowglen Park construction in North Indian Trail. -Coeur d'Alene Park playground and restroom and access renovation. -Thorpe Road (DNR) Property Trust Land Transfer.			
<b>Motion wording:</b> Move to approve the Washington State funding applications grant-authorizing resolution with the Washington State granting agencies (no cost).			
<b>Approvals/signatures outside Parks:</b> <input type="radio"/> Yes <input checked="" type="radio"/> No If so, who/what department, agency or company: N/A Name: N/A     Email address: N/A     Phone:			
<b>Distribution:</b> Parks – Accounting Parks – Sarah Deatrich Requester: Nick Hamad Grant Management Department/Name:			
<b>Fiscal impact:</b> <input checked="" type="radio"/> Expenditure <input type="radio"/> Revenue Amount: N/A     Budget code: N/A			
<b>Vendor:</b> <input type="radio"/> Existing vendor <input type="radio"/> New vendor			
<b>Supporting documents:</b> <input type="checkbox"/> Quotes/solicitation (RFP, RFQ, RFB) <input type="checkbox"/> W-9 (for new contractors/consultants/vendors) <input type="checkbox"/> Contractor is on the City's A&E Roster - City of Spokane <input type="checkbox"/> ACH Forms (for new contractors/consultants/vendors) <input type="checkbox"/> UBI: n/a     Business license expiration date: <input type="checkbox"/> Insurance Certificate (min. \$1 million in General Liability)			



## Applicant Resolution/Authorization

Organization Name (sponsor) City of Spokane Parks and Recreation Division

Resolution No. or Document Name N/A

Project(s) Number(s), and Name(s) Meadowglen Park Neighborhood Park Construction

This resolution/authorization authorizes the person(s) identified below (in Section 2) to act as the authorized representative/agent on behalf of our organization and to legally bind our organization with respect to the above Project(s) for which we seek grant funding assistance managed through the Recreation and Conservation Office (Office).

WHEREAS, grant assistance is requested by our organization to aid in financing the cost of the Project(s) referenced above;

NOW, THEREFORE, BE IT RESOLVED that:

1. Our organization has applied for or intends to apply for funding assistance managed by the Office for the above "Project(s)."
2. Our organization authorizes the following persons or persons holding specified titles/positions (and subsequent holders of those titles/positions) to execute the following documents binding our organization on the above projects:

Grant Document	Name of Signatory or Title of Person Authorized to Sign
Grant application (submission thereof)	Jason Conley, Interim Director, Spokane Parks & Recreation
Project contact (day-to-day administering of the grant and communicating with the RCO)	Nicholas Hamad, Park planning and Development Manager Spokane Parks and Recreation
RCO Grant Agreement (Agreement)	Jason Conley, Interim Director, Spokane Parks and Recreation
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Authorizing property and real estate documents (Notice of Grant, Deed of Right or Assignment of Rights if applicable). These are items that are typical recorded on the property with the county.	Jason Conley, Interim Director, Spokane Parks and Recreation

The above persons are considered an "authorized representative(s)/agent(s)" for purposes of the documents indicated. Our organization shall comply with a request from the RCO to provide documentation of persons who may be authorized to execute documents related to the grant.



3. Our organization has reviewed the sample RCO Grant Agreement on the Recreation and Conservation Office's WEB SITE at: <https://rco.wa.gov/wp-content/uploads/2019/06/SampleProjAgreement.pdf>. We understand and acknowledge that if offered an agreement to sign in the future, it will contain an indemnification and legal venue stipulation and other terms and conditions substantially in the form contained in the sample Agreement and that such terms and conditions of any signed Agreement shall be legally binding on the sponsor if our representative/agent enters into an Agreement on our behalf. The Office reserves the right to revise the Agreement prior to execution.
4. Our organization acknowledges and warrants, after conferring with its legal counsel, that its authorized representative(s)/agent(s) have full legal authority to act and sign on behalf of the organization for their assigned role/document.
5. Grant assistance is contingent on a signed Agreement. Entering into any Agreement with the Office is purely voluntary on our part.
6. Our organization understands that grant policies and requirements vary depending on the grant program applied to, the grant program and source of funding in the Agreement, the characteristics of the project, and the characteristics of our organization.
7. Our organization further understands that prior to our authorized representative(s)/agent(s) executing any of the documents listed above, the RCO may make revisions to its sample Agreement and that such revisions could include the indemnification and the legal venue stipulation. Our organization accepts the legal obligation that we shall, prior to execution of the Agreement(s), confer with our authorized representative(s)/agent(s) as to any revisions to the project Agreement from that of the sample Agreement. We also acknowledge and accept that if our authorized representative(s)/agent(s) executes the Agreement(s) with any such revisions, all terms and conditions of the executed Agreement shall be conclusively deemed to be executed with our authorization.
8. Any grant assistance received will be used for only direct eligible and allowable costs that are reasonable and necessary to implement the project(s) referenced above.
9. [for Recreation and Conservation Funding Board Grant Programs Only] If match is required for the grant, we understand our organization must certify the availability of match at least one month before funding approval. In addition, our organization understands it is responsible for supporting all non-cash matching share commitments to this project should they not materialize.
10. Our organization acknowledges that if it receives grant funds managed by the Office, the Office will pay us on only a reimbursement basis. We understand reimbursement basis means that we will only request payment from the Office after we incur grant eligible and allowable costs and pay them. The Office may also determine an amount of retainage and hold that amount until all project deliverables, grant reports, or other responsibilities are complete.
11. [for Acquisition Projects Only] Our organization acknowledges that any property acquired with grant assistance must be dedicated for the purposes of the grant in perpetuity unless otherwise agreed to in writing by our organization and the Office. We agree to dedicate the property in a signed "Deed of Right" for fee acquisitions, or an "Assignment of Rights" for other than fee acquisitions (which documents will be based upon the Office's standard versions of those documents), to be recorded on the title of the property with the county auditor. Our organization acknowledges that any property

acquired in fee title must be immediately made available to the public unless otherwise provided for in policy, the Agreement, or authorized in writing by the Office Director.

12. [for Development, Renovation, Enhancement, and Restoration Projects Only–If our organization owns the project property] Our organization acknowledges that any property owned by our organization that is developed, renovated, enhanced, or restored with grant assistance must be dedicated for the purpose of the grant in perpetuity unless otherwise allowed by grant program policy, or Office in writing and per the Agreement or an amendment thereto.
13. [for Development, Renovation, Enhancement, and Restoration Projects Only–If your organization DOES NOT own the property] Our organization acknowledges that any property not owned by our organization that is developed, renovated, enhanced, or restored with grant assistance must be dedicated for the purpose of the grant as required by grant program policies unless otherwise provided for per the Agreement or an amendment thereto.
14. [Only for Projects located in Water Resources Inventory Areas 1-19 that are applying for funds from the Critical Habitat, Natural Areas, State Lands Restoration and Enhancement, Riparian Protection, or Urban Wildlife Habitat grant categories; Aquatic Lands Enhancement Account; or the Puget Sound Acquisition and Restoration program, or a Salmon Recovery Funding Board approved grant] Our organization certifies the following: the Project does not conflict with the Puget Sound Action Agenda developed by the Puget Sound Partnership under RCW 90.71.310.
15. This resolution/authorization is deemed to be part of the formal grant application to the Office.
16. Our organization warrants and certifies that this resolution/authorization was properly and lawfully adopted following the requirements of our organization and applicable laws and policies and that our organization has full legal authority to commit our organization to the warranties, certifications, promises and obligations set forth herein.

This resolution/authorization is signed and approved on behalf of the resolving body of our organization by the following authorized member(s):

Signed \_\_\_\_\_

Title Interim Director, Spokane Parks and Recreation Date \_\_\_\_\_

On File at: City of Spokane Clerks Office

This Applicant Resolution/Authorization was adopted by our organization during the meeting held:  
(Local Governments and Nonprofit Organizations Only):

Location: City of Spokane Park Board Meeting Date: 4/11/2024

Washington State Attorney General's Office

Approved as to form  2/13/2020  
Assistant Attorney General Date

You may reproduce the above language in your own format; however, text may not change.



## Applicant Resolution/Authorization

Organization Name (sponsor) City of Spokane Parks and Recreation Division

Resolution No. or Document Name N/A

Project(s) Number(s), and Name(s) Coeur d'Alene Park playground, restroom and access reno

This resolution/authorization authorizes the person(s) identified below (in Section 2) to act as the authorized representative/agent on behalf of our organization and to legally bind our organization with respect to the above Project(s) for which we seek grant funding assistance managed through the Recreation and Conservation Office (Office).

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7. Our organization further understands that prior to our authorized representative(s)/agent(s) executing any of the documents listed above, the RCO may make revisions to its sample Agreement and that such revisions could include the indemnification and the legal venue stipulation. Our organization accepts the legal obligation that we shall, prior to execution of the Agreement(s), confer with our authorized representative(s)/agent(s) as to any revisions to the project Agreement from that of the sample Agreement. We also acknowledge and accept that if our authorized representative(s)/agent(s) executes the Agreement(s) with any such revisions, all terms and conditions of the executed Agreement shall be conclusively deemed to be executed with our authorization.
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acquired in fee title must be immediately made available to the public unless otherwise provided for in policy, the Agreement, or authorized in writing by the Office Director.

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This resolution/authorization is signed and approved on behalf of the resolving body of our organization by the following authorized member(s):

Signed \_\_\_\_\_

Title Interim Director, Spokane Parks and Recreation Date \_\_\_\_\_

On File at: City of Spokane Clerks Office

This Applicant Resolution/Authorization was adopted by our organization during the meeting held:  
(Local Governments and Nonprofit Organizations Only):

Location: City of Spokane Park Board Meeting Date: 4/11/2024

Washington State Attorney General's Office

Approved as to form  2/13/2020  
Assistant Attorney General Date

You may reproduce the above language in your own format; however, text may not change.

CITY OF SPOKANE PARK BOARD

RESOLUTION

A RESOLUTION supporting the Thorpe Road Property Application to the Washington State Trust Land Transfer Program

WHEREAS, under the City Charter, the Spokane Park Board has exclusive jurisdiction and control over city park land and facilities located within and outside the City of Spokane, and

WHEREAS, the Park Board is empowered by the City Charter to lay out, establish, purchase, procure, accept, and have the care, management control and improvement of, all parks and grounds used for park purposes, all boulevards, connecting parks and structures thereon, and all parkways; and

WHEREAS, there is an identified geographic 'gap' in park land and service within the Southwest portion of the City of Spokane, particularly within the Grandview/Thorpe neighborhood South of W. Thorpe Rd. and West of Highway 195; and

WHEREAS, substantial residential development is proposed within the Grandview/Thorpe neighborhood, and no mandatory impact fees or park land dedication is required for new residential developments, further necessitating the addition of public park lands within the area; and

WHEREAS, Parks is not sufficiently funded to be able to acquire and or develop new park lands in this area; and

WHEREAS, the Washington State Department of Natural Resources (DNR) owns approximately 192 acres of natural land (Thorpe Property) within the Grandview/Thorpe neighborhood which it intends to surplus; and

WHEREAS, the Thorpe Property is identified as 'potential open space' in the City of Spokane Land Use Plan; and

WHEREAS, DNR manages a special program, titled the Trust Land Transfer (TLT) program, intended to 'keep special places in public ownership' using funding appropriated by the Washington State Legislature, which may enable the DNR property to be maintained as public open space at no up-front cost to Parks; and

WHEREAS, Parks received support letters from several non-profit and neighborhood groups interested in Parks acquiring the Thorpe Property through the TLT program; and

WHEREAS, Parks submitted an initial letter of intent and application to the 2025-2027 TLT program for the Thorpe Property in September of 2023; and

WHEREAS, Parks desires submit a resolution to DNR further supporting the acquisition of the Thorpe Property via the TLT program; and

WHEREAS, Parks anticipates accepting the Thorpe Property if acquired through the TLT program, as acquiring additional park land in District 2 is identified as a third-tier priority goal in the adopted park and natural lands master plan. ; and

NOW, THEREFORE,

BE IT RESOLVED by the City of Spokane Park Board to support the 'Thorpe Road Property' application to the Washington State Department of Natural Resources Trust Land Transfer Program in the 2025-2027 biennium.

ADOPTED BY THE PARK BOARD ON \_\_\_\_\_

Attest:

\_\_\_\_\_  
Park Board President  
Approved as to form:

\_\_\_\_\_  
City Clerk

\_\_\_\_\_  
Assistant City Attorney



# Spokane Park Board

## Briefing Paper



<b>Committee</b>	Land Committee	<b>Committee meeting date:</b> April 3, 2023	
<b>Requester</b>	Nick Hamad	<b>Phone number:</b> 509.363.5452	
<b>Type of agenda item</b>	<input type="radio"/> Consent <input checked="" type="radio"/> Discussion <input type="radio"/> Information <input type="radio"/> Action		
<b>Type of contract/agreement</b>	<input checked="" type="radio"/> New <input type="radio"/> Renewal/ext. <input type="radio"/> Lease <input type="radio"/> Amendment/change order <input type="radio"/> Other		
<b>City Clerks file</b> (OPR or policy #)			
<b>Master Plan Goal, Objective, Strategy</b> (Click <a href="#">HERE</a> for link to the adopted plan)	Goal B, Obj. 1	<b>Master Plan Priority Tier:</b> (pg. 171-175)	Third
<b>Item title:</b> (Use exact language noted on the agenda)	Memory Garden Pilot Project Progress Update / Manito Park (no cost)		
<b>Begin/end dates</b>	Begins:	Ends:	<input type="checkbox"/> 06/01/2525
<b>Background/history:</b>			
<p>Providing update to regarding citizen progress made regarding future development as a 'memory garden pilot project'.</p> <p>After land committee in fall of 2023, project advocates re-assessed potential project locations to incorporate park board comments, including better access to parking and potential to improve underutilized portions of manito and/or other parks. Advocates also conducted additional outreach to community groups to gather feedback and letters of support for proposed garden. Project advocates would like to update the park board on recent progress and future intention to seek project funding via grants and donations to fund the garden, and provide opportunity for board comment.</p>			
<b>Motion wording:</b>			
Hear and discuss progress update for the future development of a 'memory garden pilot project' (no cost)			
<b>Approvals/signatures outside Parks:</b> <input type="radio"/> Yes <input checked="" type="radio"/> No			
If so, who/what department, agency or company: N/A			
Name: N/A		Email address: N/A	Phone:
<b>Distribution:</b>			
Parks – Accounting		Bob Scarfo (bscarfo@landandlife.com)	
Parks – Sarah Deatrich			
Requester: Nick Hamad			
Grant Management Department/Name:			
<b>Fiscal impact:</b> <input checked="" type="radio"/> Expenditure <input type="radio"/> Revenue			
Amount: N/A		Budget code: N/A	
<b>Vendor:</b> <input type="radio"/> Existing vendor <input type="radio"/> New vendor			
<b>Supporting documents:</b>			
<input type="checkbox"/> Quotes/solicitation (RFP, RFQ, RFB)	<input type="checkbox"/> Contractor is on the City's A&E Roster - City of Spokane	<input type="checkbox"/> UBI: n/a	Business license expiration date:
<input type="checkbox"/> W-9 (for new contractors/consultants/vendors)	<input type="checkbox"/> ACH Forms (for new contractors/consultants/vendors)	<input type="checkbox"/> Insurance Certificate (min. \$1 million in General Liability)	



Let's Introduce a  
**Public Memory Garden**  
to Spokane as a Pilot Project

**What is a Memory Garden?**

- A Memory Garden celebrates and is specifically designed for people living with dementia & their caregivers and provides enjoyment for those with Autism and their caregivers.
- A Memory Garden is a destination where anyone, any age, find rest and relief from the pressures of daily life.
- A Memory Garden is just about the Only Place a Caregiver can truly relax.
- A Memory Garden is not a Memorial Garden.

**OF NOTE:** Washington's only Public Memory Garden is in Seattle while Spokane, as the medical hub for the entire Inland Northwest has no such health amenity.

**What Makes a Memory Garden?**

- Enclosed on all sides; enclosing features integrated with garden.
- Personal Security: gated entry with childproof gate latch.
- Circular walks to accommodate meandering.
- Features laid out to allow overview of entire garden.
- Caregiver can see their charge wherever they are.
- Socializing as a Community Member; reducing isolation.
- Garden features play with individual's senses.
- As a non-pharmacological support for dementia, health benefits for both carer and cared for include UV Vitamin D, Reduced anxiety, Fewer meds, Better appetite, Sleeping better; and Caregiver respite.

**The Team**

Bob Scarfo, BLA, MLA, PhD; Registered landscape architect  
Volunteer: Aging and Long-term Care of Eastern Washington,  
Governor's State Council of Aging, and Spokane Regional  
Dementia Friendly Community (SRDFC)  
Debby Dodds, MS; Dementia focused Gerontologist  
Partner & Head of Caregiver Engagement Generation  
Connect; Adjunct Professor UMass Boston Gerontology –  
School of Nursing  
Volunteer: Aging and Long-term Care of Eastern Washington  
and Spokane Regional Dementia Friendly Community  
(SRDFC) Action Team



**Spokane Pilot Project Evidence-Based, Site Selection Assessment Results**

1. Manito Park Zoo Site
2. Comstock
3. Audubon/Downriver
4. Hays
5. Grant
6. Harmon
7. Minnehaha
8. Meadowglen

**Upcoming Activities Moving the Project Forward**

Acquire Grant Funding to Support Public Memory Garden Design Process  
Focus groups with representative garden users  
Develop Narrative-Storyboard Approach to Garden Design  
Intermediate Presentations Leading to Final Design  
Presentation to and Final Feedback from Land Committee & Park Board

***The forget-me-not is a symbol of remembrance associated with dementia and worn to raise awareness of and support for those living with dementia.***





November 14, 2023

RE: Letter of Support, Memory Garden

Greetings,

We are writing in support of the memory garden pilot project in Manito Park championed by Bob Scarfo, Debby Dodds, and Adriano Eva. This kind of space is needed in Spokane because it will give care partners space to relax while ensuring their loved ones' safety, provide a safe space for people living with dementia to interact with nature in public, and contribute to Spokane as a dementia-friendly community.

Spokane has an urgent, growing need for respite for care partners. In our daily support work and as members of the Spokane Regional Dementia Friendly Community, we regularly interact with people who are living with dementia, caring for someone living with dementia, or working with people living with dementia. One of the running themes that we hear over and over again is that there is not enough respite care in Spokane. Caring for someone living with dementia is more than a full-time job, especially in the later stages when people living with dementia often need continuous care to ensure their safety. With the current workforce shortage, especially in the healthcare sector, many care partners find it difficult to fulfill even basic needs like grocery shopping, getting a haircut or going to their own healthcare appointments.

A public memory garden would give care partners space to both enjoy nature and relax with the peace of mind that their loved one is safe. They could meet with friends or other care partners in this garden, allowing the person with dementia to wander without worrying that they might get lost. It's hard to overstate how comforting such a space could be for an exhausted care partner.

When someone starts to experience dementia symptoms like memory loss, personality changes or difficulty with problem-solving, one common reaction is to isolate so that no one sees these symptoms. People living with dementia frequently stay away from social gatherings, church, work, and other social interactions so that they can keep their diagnosis or symptoms hidden. Likewise, care partners often encourage their loved ones to stay home so that they won't "cause a scene" or be hurt by others' reactions.

With the rising number of people living with dementia in Spokane, creating and maintaining inclusive, safe spaces for people living with dementia and their care partners is critical to reduce

1222 N. Post St. | Spokane, WA 99201 | TEL 509-458-2509 | FAX 509-458-2003

[WWW.ALTCEW.ORG](http://WWW.ALTCEW.ORG)

ADVOCACY. ACTION. ANSWERS.

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isolation and support care partners. Many factors go into making a space safe for people living with dementia. While criteria for a safe space can vary from person to person and even moment to moment, there are a few common trends. For example, people living with dementia often feel more comfortable with fewer distractions like loud noises, crowds of people and intersecting sounds.

Establishing a Memory Garden that anyone can use would be a significant step toward making Spokane feel safe and welcoming for people living with dementia in Spokane. We would eventually love to see memory gardens in many public parks across Spokane, especially in underserved communities. However, we think that Manito Park is the best place to start this pilot project because it has spacious areas that are away from distractions like playgrounds and traffic, public restrooms that could be close to the memory garden, and several parking areas.

We hope that you consider this as the beginning, not the end, of a much-needed shift to make Spokane a more inclusive and inviting place for people living with dementia and their care partners.

If you have any questions, I would encourage you to reach out to our staff that are active and engaged in the Spokane Regional Dementia Friendly efforts: Bethany Osgood, Planning and Resource Director, at [Bethany.Osgood@dshs.wa.gov](mailto:Bethany.Osgood@dshs.wa.gov); and Tara Hill Matthews, Dementia Resource Catalyst, at [Tara.HillMatthews@dshs.wa.gov](mailto:Tara.HillMatthews@dshs.wa.gov).

Sincerely,



Lynn Kimball  
Executive Director

November 1, 2023

To whom it may concern,

I am writing to express the Alzheimer's Association Washington and North Idaho Chapter's wholehearted support for the establishment of a public garden dedicated to people living with Alzheimer's and other dementia. This initiative would not only be a valuable addition to our city but also a compassionate and inclusive space that can significantly improve the lives of those affected by dementia..

Alzheimer's disease and other forms of dementia have a profound impact on individuals and their families, often leading to feelings of isolation and a reduced quality of life. Creating a specialized garden designed to cater to the unique needs of those living with dementia would serve as a haven for relaxation, stimulation, and socialization. In Spokane, 75% of those living with memory loss live at home and do not have memory gardens they can access in private facilities. Given that neighborhoods and downtowns are not designed for people living with dementia, there are very few places they and their caregivers can visit to enjoy socializing, the benefits of nature, and caregiver respite.

The Association believes that investing in a public garden for individuals with Alzheimer's and other dementia is not only a compassionate endeavor but also a means to raise awareness and promote understanding about these conditions in our community. By offering a serene and accommodating environment, we can provide respite and connection to those in need.

Sincerely,



**Meghan Means** | Director of Programs & Services

Alzheimer's Association, Washington State Chapter (Serving Washington and North Idaho)

Office: 206.529.3872 | Email: [mrmeans@alz.org](mailto:mrmeans@alz.org) | [www.alzwa.org](http://www.alzwa.org)

**Lynnwood - Main Office**  
19031 33rd Ave W  
Suite 301  
Lynnwood, WA 98036  
206.363.5500

**Coeur d'Alene**  
2065 W Riverstone  
Suite 205  
Coeur d'Alene, ID 83814  
208.666.2996

**Spokane**  
316 W Boone Ave  
Suite 670  
Spokane, WA 99201  
509.456.0456

**Tri-Cities**  
609 The Parkway  
Richland, WA 99352  
509.713.3390

**Tukwila**  
635 Andover Park W  
Suite 202  
Tukwila, WA 98188  
206.363.5500



Bob Scarfo &lt;bscarfo@landandlife.com&gt;

---

**Memory Garden support**

1 message

---

**Barry Lamont** <barry1945@gmail.com>

Sat, Mar 23, 2024 at 10:49 AM

To: onememorygarden@gmail.com

Cc: bscarfo@landandlife.com

To Whom It May Concern:

This email is written in support of the development of a memory garden in Spokane. As a long time provider, volunteer and advocate for the elderly and handicapped in eastern Washington I believe a memory garden would be a valuable asset to the Spokane community and those residents who are experiencing the symptoms of detention. The City of Spokane has made great strides in becoming a dementia friendly the addition of a memory garden would be one more wonderful step in making the Spokane area a great place for those suffering from dementia.

Thank you for your consideration of this project.

Barry Lamont  
757 Hall Rd.  
Colville, WA 99114





Bob Scarfo <bscarfo@landandlife.com>

---

## FW: need for a memory garden

1 message

---

**daviestrombold@yahoo.com** <daviestrombold@yahoo.com>  
To: bscarfo@landandlife.com

Fri, Mar 29, 2024 at 12:46 PM

---

**From:** daviestrombold@yahoo.com <daviestrombold@yahoo.com>  
**Sent:** Friday, March 29, 2024 10:54 AM  
**To:** Bob Scarfo (bscarfo@landandlife.net) <bscarfo@landandlife.net>  
**Subject:** need for a memory garden

Hi Bob,

I'm writing to share how important the creation of a memory garden is in Manito Park.

My Dad has dementia and when I learned about the possibility of having a safe and nurturing place to take him, I was so excited! I can't tell you what a treat and relief it would be to have such a space to take my Dad. No place like this exists, and it would be a huge a draw for Manito Park and even for Spokane.

Please keep me posted on how I can be helpful in making this happen.

Warm regards,

Brent

Bob Scarfo  
514 West 25th Avenue  
Spokane, WA 99203

Hello Bob,

I am writing in support of a publicly accessible Memory Garden in Spokane for those living with a host of different memory loss issues, as well as their caregivers. During my work with the library's Memory Café (a weekly meeting for those with dementia and their caregivers to socialize) we frequently hear from participants that they would like to spend more time outside and surrounded by nature.

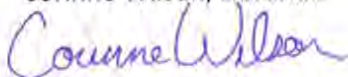
When a friend or partner with dementia begins their decline, it can be overwhelming for a caregiver to commit to a simple hiking trail or picnic in the woods. Sometimes this is due to the misconception that the disease means you can no longer enjoy the activities you used to in a public space, or the fear that your partner may become moody or uncooperative in an isolated area, or the time it takes to reach a natural area that is likely on the outskirts of town or overly crowded. During one Memory Café, couples even requested a virtual tour through state parks on our TV screens because they could pretend to be surrounded by nature as we did a gardening related indoor activity, but it's not the same. Memory Café's first group field trip was to a tour of a fish hatchery, and they were thrilled to be out in the sunshine together enjoying a walkable area where they could interact with streams and fish and enjoy a light breeze. The Spokane community desperately needs publicly accessible, peaceful outdoor community spaces, and does not yet have one that welcomes those with dementia directly. A garden would be easily accessible and recognizable as a gathering space for those who have not yet found a dementia community.

There were 300,000 unpaid dementia caregivers in Washington state last year (2022), and the number of people developing dementia continues to increase as a large generation ages and the disease's cure remains unknown. The waiting list to be officially diagnosed with dementia in Spokane is typically over six months long because specialists cannot keep pace with demand. The number of people over 65 with Alzheimer's alone, not counting the other 70+ forms of dementia, is projected to be 140,000 in Washington state by 2025. 75% of people with dementia live at home, and their caregivers desperately need a break. I believe an opportunity to be outdoors in a dedicated quiet space would help the wellbeing of both caregivers and those with dementia immensely. A Memory Garden would send a clear message that those with dementia belong out in our community appreciating flowers, seeing friends, and enjoying the last years of their lives, not locked away to decline. Best of all, it could be utilized by other members of the public, such as veterans or those struggling with depression, who might benefit from a place of solitude and beauty.

I believe you're uniquely suited to make this happen as a licensed landscape architect who has connections in the dementia community. The Friends of Manito are well known for their ability to keep gardens beautiful, and with their support, I'm confident a garden in the Manito area would be a success as well as a resource for dementia groups located on the South Hill. I would like to see additional Memory Gardens implemented across the area, notably in Spokane Valley and the West Plains. Please let me know if there is anything the library can do to support your endeavors.

Sincerely,

Corinne Wilson, Librarian



Bob:

Thanks for taking the time to tell me about your efforts to bring a public memory garden to Spokane. I completely support your efforts and hope it becomes a reality soon.

Other than the garden supporting the health and wellbeing of people with dementia, and people with autism, and their caregivers, two things you mentioned caught my interest. First, I'm glad to hear a couple of the recently retired city council members felt it should be considered a pilot project. Second, I was very interested in the work you put into the development of the park site selection assessment tool. I didn't realize you've been talking with experts in places like Scotland, Australia, and New Zealand.

Given the rapidly growing part of our population developing various forms of dementia, I sincerely hope the Park Board sees the goodness in your efforts and your success enables at least one more to be located in another part of the city.

Sincerely,

Dan Butler





Bob Scarfo &lt;onememorygarden@gmail.com&gt;

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**Support for the memory garden!**

2 messages

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**Daniel J Geiter** <dgeiter@whitworth.edu>

Wed, Mar 20, 2024 at 4:57 PM

To: "onememorygarden@gmail.com" &lt;onememorygarden@gmail.com&gt;

Hello!

I would like to express my support for a memory garden to be in Spokane. This would be a tremendous asset for our community.

Best,  
Daniel Geiter

---

**Bob Scarfo** <onememorygarden@gmail.com>

Wed, Mar 20, 2024 at 5:28 PM

To: Daniel J Geiter &lt;dgeiter@whitworth.edu&gt;

Daniel, thanks you so much for sharing your support.

Bob

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The trouble with our times is  
that the future  
is not what it used to be.  
French poet, Paul Valery

> On Mar 20, 2024, at 4:57 PM, Daniel J Geiter <dgeiter@whitworth.edu> wrote:

&gt;

&gt; Hello!

[Quoted text hidden]



Date: March 25, 2024

To: Spokane Parks  
Re: Spokane's First Memory Garden

Greetings,

I am pleased to write this letter to strongly support the design and development of a Memory Garden in Spokane. I speak on behalf of our OHANA board of directors and design team, a diverse group which includes disability advocates and nonprofit leaders, housing design and development professionals, educators, and elected officials. In general, we work to build inclusive housing and neighborhoods that support and welcome people of all ages, abilities, incomes and backgrounds.

For the many who do and will experience various forms of dementia, public outdoor spaces designed to reduce anxiety and promote peace and belonging are hard to come by. The pilot memory garden proposed by Bob Scarfo and Debby Dodds will be a place of solace and rejuvenation for people living not only with dementia but with autism and other forms of neurodiversity, as well for their caregivers and companions.

As Spokane's most notable destination park, OHANA also agrees that Manito Park is the best first site to demonstrate the value of memory parks to citizens across the region. This will undoubtedly be the first of many, as we learn how to incorporate inclusive, sensory sensitive design into all of our built environments.

Sincerely,

A handwritten signature in black ink that reads "Deborah Finck". The signature is written in a cursive, flowing style.

Deborah Finck  
Executive Director

**BUILDING OHANA**

25 West Main Avenue, STE 310  
Spokane, Washington 99201

Preferred telephone 509.435.2315  
dfinck@buildingohana.org  
www.buildingohana.org



Bob Scarfo &lt;onememorygarden@gmail.com&gt;

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**I'm interested**

2 messages

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**E M Gibbs** <emgwork@icloud.com>  
To: onememorygarden@gmail.com

Thu, Mar 7, 2024 at 5:50 PM

Great idea to design and build a memory garden in Spokane.

I'm Elaine M. Gibbs.  
Reside in District 1.

I'm looking for work. If you have specific positions you are looking for assistance with, please let me know. Would be nice to work on a project with such great meaning.

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**Bob Scarfo** <onememorygarden@gmail.com>  
To: E M Gibbs <emgwork@icloud.com>

Fri, Mar 8, 2024 at 8:54 AM

Elaine, I appreciate your support of the Memory Garden idea. I'm sorry but I'm not in a position to hire anyone. My project partner and I are waiting for a final decision to be made regarding where the garden will be placed so we can start writing grants to fund our work.

Send me a resume or short summary of what you could bring to a project like this.

Best I can do for now. Best of luck,  
Bob

[Quoted text hidden]

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Bob Scarfo, PhD, MLA, RLA  
Land and Life® LLC  
[OneMemoryGarden@gmail.com](mailto:OneMemoryGarden@gmail.com)  
509.220.5113

Bob:

I wholeheartedly support your efforts to introduce a Memory Garden to the City of Spokane. I think it's important to communicate with the Park Board about the opportunity to get aboard a growing movement that the WA State legislature embraces.

I coordinate and manage activities set in Seattle's Memory Garden, known as Maude's Garden at the Memory Hub, led by the University of Washington's Memory and Brain Wellness Center. Instead of speaking to the need for more memory gardens across the state, I thought I would share testimonials from people who have experienced our memory garden and let them speak to the value of what you are striving to accomplish in Spokane.

Below are insights and quotes from people and my own observations. As a caveat, I'll say that the value of Maude's Garden is very attached to the Memory Hub, a dementia-friendly community center, as people who participate in Memory Hub programs and events held in the garden are the ones who give quotes that I record. I am not always there when people from the public come by to explore plants, meditate on the benches, and have lunch at the tables.

Over six million Americans live with Alzheimer's-type dementia. It is becoming a social and policy imperative for cities to become more age- and dementia-friendly. In fact, the [WA State Dept. of Social and Health Services' Dementia Action Collaborative \(DAC\)](#), developed the Alzheimer's State Plan to recommend that the WA State legislature support initiatives to improve dementia care, early diagnosis, and awareness, including building dementia-capable and friendly communities to prepare from the coming increase in people living with memory loss and caregivers—by supporting people in early stages in staying physically active. Because of the DAC's work, the WA State legislature funded Dementia Friends WA, and \$100,000 state dollars now supports Dementia Friends WA expansion, in an effort to increase acceptance and awareness and empower families to seek care sooner in every region of WA State.

In our view, this momentum and legislative buy-in is validating the larger reason why a Memory Garden can bring value to a community. A Memory Garden is **one example** of what an age- and dementia-friendly community is all about. In a dementia-friendly community, people living with memory loss deserve to feel like they have opportunities to be social and included in the public sphere. Having a memory garden is a way to make people living with memory loss and their friends and family feel like they belong and access experiences that improve their welling. It really is a social imperative, specifically in WA State.

Here are some observations from me, and some quotes.

- Watching what happens during the Garden Discovery Program, when we ask what everyone is noticing in the garden, is incredibly validating. There are people who have been silent and speak very little in social scenes—and then start talking in full, meaningful sentences about the garden. It is as if the garden is a catalyst for helping someone feel like they can express themselves and that their opinion will be valued by others in a safe environment.

- We have given feedback forms at the end of every 3-session Garden Discovery Program. In every batch people, virtually all caregivers and the people living with memory loss (who take the survey together) mark either “Greatly increased” or “Increased slightly” on statements: My sense of calm and relaxation....My sense of accomplishment and self-esteem, my sense of community connection, My sense of connection to nature...

- The garden has become the site of the annual Garden of Inspiration art show, where we invite everyone in the Memory Hub community to create art inspired by gardens. This has been a raging success and simply is another way to create opportunities for people living with memory loss and to encourage and recognize their creativity and talents—and show the wider community that people living with memory loss have many gifts to offer.

- One program at the Memory Hub, the Elderwise Day program, makes use of the program everyday, rain or shine. Participants and staff of this program are always remarking on how the garden is a healing environment, and constant inspiration for their group conversations and artwork. The garden also provides opportunities for them to take care of hummingbird feeders and do small cleanup projects.

- In all, a Memory Garden can bring possibilities to a community in a general sense in becoming a dementia-friendly community. It’s a space in which support groups can be held, art shows can happen, volunteers can work. It’s also a place that provides a safe and accessible natural environment for people who are mobility impaired, or use a wheelchair, or need lots of places to sit. It’s a place where people who often feel alone or can no longer participate in activities they once did, can feel like there is a place made just for them. I also notice that cities (at least in my small view) fund sensory gardens for children. So why not follow the same reasoning for people living with memory loss?

Here are some quotes from participants living with dementia who take part in programs in Maude’s garden.

“The garden put me at ease”

“I love the sense of community, even though I don’t know everyone. The help here is enlightening.”

It’s nice to get out.” At first, I was self-conscious and not knowing what to expect. But then, I saw things I hadn’t seen before and it was satisfying.

Not just OK, but, like, a lot.”

"I came here once before. Now I'm addicted."

"It was nice to slow down and observe things."

"It changed my way of thinking."

"It was so nice to be creative."

"It was wonderful to spend time with my mother."

“Today was about noticing what we otherwise wouldn’t have—the vibrant greens...drink it up”

“Just the colors...I love being here.”

“I came in anxious and this is calming”

“It’s nice having this time to spend with my Mom.”

The tranquility of nature is so inspiring.

These thoughts bring up a big point. While a Memory Garden can bring the benefits of socialization, sensory/emotional stimulation, and physical activity; or a place to cope and manage one’s grief—I understand that is likely not enough to uniquely justify a memory garden for a city. Because what makes

a garden therapeutic specifically for dementia, rather than some other population? The answer is that a memory provides opportunities and activities that suit the needs of people living with memory loss and help them to interact and be involved with the garden. If at all possible, when your memory garden becomes a reality, do consider including Spokane's horticultural therapist in the development of **activities and therapeutic opportunities.**

I would also recommend supervising a volunteer living with early memory loss in the maintenance of the garden. Side note, I have more people (not patients, but people with love of gardening) than I can handle contacting me and asking if they can volunteer in Maude's Garden, so you could frame it as a community engagement project.

Wishing you and Debby Dodds the best of luck. We here would be more than happy to talk further with you as your project moves along,

Genevieve Wanucha, MS  
Communications Specialist, UW Memory and Brain Wellness Center  
Maude's Garden Project Lead, The Memory Hub



Bob Scarfo &lt;bscarfo@landandlife.com&gt;

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**Re: Testimonials for Memory Garden**

1 message

**Genevieve Wanucha** <gwanucha@uw.edu>

Thu, Feb 15, 2024 at 11:08 AM

To: Bob Scarfo &lt;bscarfo@landandlife.com&gt;, "Hill Matthews, Tara M (DSHS/AAA/ALTCEW)" &lt;tara.hillmatthews@dshs.wa.gov&gt;

Cc: Katie Zeitler &lt;karenadz@uw.edu&gt;

Hi all,

Below I share some insights and quotes from people and my own observations. As a caveat, I'll say that the value of Maude's Garden is very attached to the Memory Hub, as people who participate in our programs and events held in the garden are the ones who give quotes that I record. I am not always there when people from the public come by to explore plants and meditate on the benches and have lunch at the tables.

- That brings up a big point here—while a Memory Garden can bring the benefits of socialization, sensory/emotional stimulation, and physical activity; or a place to cope and manage one's grief—I understand that is likely not enough to uniquely justify a memory garden for city. Because what makes a garden therapeutic specifically for dementia, rather than some other population? And how do you ensure that visitors are getting those benefits in the garden? For us at the Memory Hub, we have always known that the most important part of a memory garden is how it provides **activities and therapeutic opportunities** for our population (that's in the formal definition of a therapeutic memory garden from AHA), so it is ideal if your garden leadership team can ensure that there is a mechanism to hire or offer volunteer opportunities for interested people to run art programs, support groups, horticultural therapy programs, or maybe nature/herb classes(?) specifically tailored for people living with dementia/and/or care partners.
  - I would also recommend supervising a volunteer living with early memory loss in the maintenance of the garden. Side note, I have more people (not patients, but people with love of gardening) than I can handle contacting me and asking if they can volunteer in Maude's Garden, so you could frame it as a community engagement project.
- And stick with me here, but I feel like this background could help your case: Over six million Americans live with Alzheimer's-type dementia (insert figure for how many in your area), and it is becoming a social and policy imperative for cities to become more age- and dementia-friendly. In fact, the [WA State Dept. of Social and Health Services' Dementia Action Collaborative](#), developed the Alzheimer's State Plan to, in part, recommend to the WA State legislature to support initiatives to improve dementia care, early diagnosis, and awareness, including building dementia-capable and friendly communities to prepare from the coming increase in people living with memory loss and caregivers—by supporting people in early stages in staying physically active. Because of the DAC's work, the WA State legislature funded Dementia Friends WA (which Katie now manages, as you know) and \$100,000 state dollars now supports Dementia Friends WA expansion, in an effort to increase acceptance and awareness and empower families to seek care sooner, ect. All this is on Pg 41 in the [current Alz State Plan](#).
  - In our view, all this momentum and legislative buy-in is validating the larger reason why a Memory Garden can bring value to a community. A Memory Garden is **one example** of what an age- and dementia-friendly community is all about. In a dementia-friendly community, people living with memory loss deserve to feel like they have opportunities to be social and included in the public sphere. Having a memory garden is a way to make people living with memory loss and their friends and family feel like they belong and access experiences that improve their welling. It really is a social imperative, specifically in WA State.
  - Also, have you reached out to the Portland Memory Garden for advice?

Here are some observations from me, and some quotes. We have not formally collected testimonials yet.

-Watching what happens during the Garden Discovery Program, when we ask what everyone is noticing in the garden, is incredibly validating, as there are people who have been silent and speak very little in social scenes—and then start talking in full, meaningful sentences about the garden. It is as if the garden is a catalyst for helping someone feel like they can express themselves and that their opinion will be valued by others in a safe environment.

-We have given feedback forms at the end of every 3 session Garden Discovery Program. In every batch people, virtually all caregivers and the people living with memory loss (who take the survey together) mark either “Greatly increased” or “Increased slightly” on statements: My sense of calm and relaxation....My sense of accomplishment and self esteem, my sense of community connection, My sense of connection to nature...

-The garden has become the site of the annual Garden of Inspiration art show, where we invite everyone in the Memory Hub community to create art inspired by gardens. This has been a raging success and simply is another way to create opportunities for people living with memory loss and to encourage and recognize their creativity and talents—and show the wider community that people living with memory loss have many gifts to offer.

-One program at the Memory Hub, the Elderwise Day program, makes use of the program everyday, rain or shine. Participants and staff of this program are always remarking on how the garden is a healing environment, and constant inspiration for their group conversations and artwork. The garden also provides opportunities for them to take care of hummingbird feeders and do small clean up projects.

-In all, a Memory Garden can bring possibilities to a community in a general sense in becoming a dementia-friendly community. It's a space in which support groups can be held, art shows can happen, volunteers can work. It's also a place that provides a safe and accessible natural environment for people who are mobility impaired, or use a wheelchair, or need lots of places to sit. It's a place where people who often feel alone or can no longer to participate in activities they once did, can feel like there is a place made just for them. I also notice that cities (at least in my small view) often fund sensory gardens for children. So why not follow the same reasoning for people living with memory loss?

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Here are some quotes from participants living with dementia who take part in programs in Maude's garden.

"The garden put me at ease"

"I love the sense of community, even though I don't know everyone. The help here is enlightening."

It's nice to get out. "At first, I was self-conscious and not knowing what to expect. But then, I saw things I hadn't seen before and it was satisfying.

Not just OK, but, like, a lot."

"I came here once before. Now I'm addicted."

"It was nice to slow down and observe things."

"It changed my way of thinking."

"It was so nice to be creative."



"It was wonderful to spend time with my mother."

"Today was about noticing what we otherwise wouldn't have—the vibrant greens...drink it up"

"Just the colors...I love being here."

"I came in anxious and this is calming"

"It's nice having this time to spend with my Mom."

The tranquility of nature is so inspiring.

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I sympathize with the task ahead for you with the Park Board, but I think it's important to point out the opportunity to get aboard a growing movement that the WA State legislature embraces. I'm happy to chat on the phone too.

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## Genevieve Wanucha

**Communications Specialist**  
UW Neurology | **UW Medicine**

325 9<sup>th</sup> Ave | Box 359791 | Seattle, WA 98104  
**PHONE:** 206.685.1304

**EMAIL:** [gwanucha@uw.edu](mailto:gwanucha@uw.edu) **WEB:** [uwmemoryandbrain.org](http://uwmemoryandbrain.org) | [thememoryhub.org](http://thememoryhub.org) | [uwadrc.org](http://uwadrc.org)



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**OOO dates: 4/12, 7/5**

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**From:** Bob Scarfo <[bscarfo@landandlife.com](mailto:bscarfo@landandlife.com)>  
**Date:** Wednesday, February 14, 2024 at 12:38 PM  
**To:** Hill Matthews, Tara M (DSHS/AAA/ALTCEW) <[tara.hillmatthews@dshs.wa.gov](mailto:tara.hillmatthews@dshs.wa.gov)>  
**Cc:** Katie Zeitler <[karenadz@uw.edu](mailto:karenadz@uw.edu)>, Genevieve Wanucha <[gwanucha@uw.edu](mailto:gwanucha@uw.edu)>  
**Subject:** Re: Testimonials for Memory Garden

Tara, thank you so much for reaching out to Katie. Katie I think the best thing you could share with the Spokane Park Board would be the value a public memory garden would bring to the community. There are a number of small memory gardens around

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Tara, thank you so much for reaching out to Katie. Katie I think the best thing you could share with the Spokane Park Board would be the value a public memory garden would bring to the community. There are a number of small memory gardens around the city but they are private and unavailable to anyone outside their respective residents.

What we are promoting is a public memory garden as a pilot project, situated in an idyllic park. It was dubbed a pilot project with the idea that if successful the odds were good we bring in a second one. So, the setting of this first one bears heavily on it succeeding.

I hope that helps some. If you'd like, I would be more than happy to talk on the phone.

Again thank Tara, and thanks Katie,

Bob

Bob Scarfo

Land and Life,® LLC

[www.landandlife.com](http://www.landandlife.com)

[bscarfo@landandlife.com](mailto:bscarfo@landandlife.com)

[509.220.5113](tel:509.220.5113) (voice & text)

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We come to understand who we are  
By understanding who we are not.  
Robin Diangelo

On Feb 14, 2024, at 11:15 AM, Hill Matthews, Tara M (DSHS/AAA/ALTCEW) <[tara.hillmatthews@dshs.wa.gov](mailto:tara.hillmatthews@dshs.wa.gov)> wrote:

Oh—awesome. Thank you both!

I'm adding Bob so that he can explain a bit more or correct me if I get it wrong. We (I use that generously - mostly Bob) are still working to convince the park board that a memory garden will be beneficial for both people living with dementia and care partners in Spokane. I think Bob is looking for anything positive that people living with dementia or their care partners may have said about the memory garden connected with the Memory and Brain Wellness Center to help show why it would be valuable here.

**Tara Hill Matthews (she/her)**

Dementia Resource Catalyst

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**From:** Katie Zeitler <[karenadz@uw.edu](mailto:karenadz@uw.edu)>  
**Sent:** Wednesday, February 14, 2024 10:47 AM  
**To:** Hill Matthews, Tara M (DSHS/AAA/ALTCEW) <[tara.hillmatthews@dshs.wa.gov](mailto:tara.hillmatthews@dshs.wa.gov)>  
**Cc:** Genevieve Wanucha <[gwanucha@uw.edu](mailto:gwanucha@uw.edu)>  
**Subject:** Testimonials for Memory Garden

External Email

Hi Tara,

I wanted to let you know that I reached out to Genevieve Wanucha, who coordinates and manages our Memory Garden (Maude's Garden) regarding the testimonials for Bob. She had mentioned speaking with Bob last year about the Memory Garden in Spokane. I was hoping for a little clarification around what type of testimonials Bob is looking for exactly? I have cc'd Genevieve.

Thank you!

<image001.png>

**Katie Zeitler**

**Program Manager- Dementia Friends**  
UW Memory and Brain Wellness Center | **UW Medicine**  
**PHONE:** 206.685.6749

**EMAIL:** [karenadz@uw.edu](mailto:karenadz@uw.edu) **WEB:** [www.dementiafriendswa.uw.edu](http://www.dementiafriendswa.uw.edu)

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**Pronouns** | she, her



Bob Scarfo <bscarfo@landandlife.com>

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## Portland Memory Garden

1 message

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**Karen Giebel** <karengiebel53@gmail.com>  
Reply-To: karengiebel53@gmail.com  
To: "Bob Scarfo." <bscarfo@landandlife.com>

Fri, Mar 22, 2024 at 7:46 PM

Hi Bob,

I just watched the Portland Memory Garden You Tube video (s). Awesome! So eager to see this progress in Spokane. Thank you for all your efforts and all the volunteers working with you.

Best Regards,

Karen Giebel



Bob Scarfo &lt;bscarfo@landandlife.com&gt;

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**Public Memory Garden**

1 message

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**Karen Giebel** <karengiebel53@gmail.com>  
Reply-To: karengiebel53@gmail.com  
To: "Bob Scarfo." <bscarfo@landandlife.com>

Wed, Mar 13, 2024 at 9:44 AM

Hello Bob,

Thank you for all your efforts towards making the Memory Garden a reality! It will benefit not just the Spokane regional area but all of eastern Washington and beyond.

During my forty five year career as a Registered Nurse, I opened a new 120 bed Assisted Living Facility with a 60 bed Memory Care Unit. We had an outdoor secure area that was a memory care garden and our residents loved it. I retired as the Risk Manager for a company that owned 37 Skilled Nursing Facilities. It was my great honor to serve our residents by ensuring they received the best care possible. I say this so people will understand how well aware I am of the benefits of a Memory Garden.

My husband's mother died at age 72 from Alzheimer's and we only wish a garden like this could have been available for her.

On behalf of my husband Dan, and myself, please know you have our complete support.

Best Regards,  
Karen and Dan Giebel

Sat, Sep 23, 9:18 AM

Good Morning Bob Scarfo,

I am Karen Kiessling, a member of the Planning and Management Council of Aging and Long Term Care of Eastern Washington and also a member of the Washington State Council on Aging, appointed by Governor Inslee to represent the Eastern Side of Washing State. I represent Whitman County on the Aging and Long Term Care board.

Those identifiers are vitally important in my message of strong support for your work in Spokane to create a Memory Garden there, for all citizens to enjoy but most especially to member of the community and visitors who suffer from memory impairment and their caregivers who keep them safe and content.

I am truly excited about this project as I feel sure it will be of importance to our state. When you have successfully created this safe and happy place in Spokane it will become a pattern that can be followed throughout our state, in towns large and small. I have every hope and expectation that Pullman will find a place to create a memory garden.

I know you are designing a tool needed to help evaluate and measure the very best space for such a place. I am eager to see your design document. Most of all I want to visit your completed place of tranquility, of memory, of peace and of hope for the richest possible life all of us can live.

We know that there is a veritable tsunami of seniors in future years in our state. The need for such a garden just grows daily. Now is the time to move forward with this plan and put it into place with the greatest dispatch. If there is any way to hurry forward this Spokane project, I hope you will do so. Please let me know if I can help.

Thank you for your dedication to the garden, for your skill and ability to make it come to life. We need it. We desire it. We want to see it come into being. And we want to visit it as soon as it is available for us to do so.

Good wishes, Godspeed with your work.

Karen Kiessling  
Pullman, Washington  
Mayor, City of Pullman, 1976-1980  
Whitman County Representative, Aging and Long Term Care  
Eastern Washington Representative, Wa State Council on Aging



Bob Scarfo &lt;bscarfo@landandlife.com&gt;

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## Memory garden support letter for the April 3, 2024 meeting of the Spokane Park Board Land Committee

1 message

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**D.Kent Moline** <kent.moline@gmail.com>  
To: Bob Scarfo <bscarfo@landandlife.com>

Wed, Mar 27, 2024 at 10:52 AM

For the Members of The Park Board Land Committee,  
I encourage you to support building a Public Memory Garden within the City of Spokane's park system.  
I used to own and operate an Adult Family Home in Spokane that specialized in dementia care.  
I also was involved in the care of my mother when she died of dementia.  
So, from both a professional and personal perspective, I can attest to the value the proposed Public Memory Garden will have for both the members of our community who have dementia and their caregivers.  
Thank you sincerely,  
Kent Moline  
Chair, Planning and Management Council, Aging and Long Term Care of Eastern Washington





Bob Scarfo &lt;bscarfo@landandlife.com&gt;

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**Memory Garden**

1 message

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**Navarrete, Lili** <lnavarrete@spokanecity.org>  
To: "bscarfo@landandlife.com" <bscarfo@landandlife.com>  
Cc: "Grageda, Andres" <agrageda@spokanecity.org>

Mon, Apr 1, 2024 at 11:44 AM

Hey Bob,

I am writing to express my full support for the creation of a Memory Garden in Spokane. I want to thank you and all those involved for your amazing work on making this idea a reality. I understand how challenging it can be to care for someone suffering from dementia. The few moments of respite that a Memory Garden would provide can have an incredibly positive impact on both the patient and the caregiver. Dementia doesn't only affect the person suffering from it, but their entire network of support, including their family, loved ones and caregivers. We owe it to our community to provide a safe place where people can take a few moments of relief for themselves.

Again, I want to thank you for the work you've been doing, and let you know that I'll be supporting you in any way I can.

**Lili Navarrete**

Spokane City Councilmember District 2, Position 2

[808 W. Spokane Falls Boulevard, Spokane, WA 99201-3335](#)

Email: [lnavarrete@spokanecity.org](mailto:lnavarrete@spokanecity.org)

C:509.425.3401

Dear Park Board Members,

I wish to offer my support of the proposed pilot project for a memory garden in a Spokane City Park. As a former Spokane City Council member and Council President I am aware of the needs of our community and how much our residents treasure our parks.

Because a memory garden is specifically designed for people living with dementia and their caregivers it adds another dimension to the diverse individuals who use our park system.

This would be a first for Spokane which serves as a hub for the Inland Northwest. The goodwill it would generate among people over 60 and their caregivers would be immense. In addition, the design criteria could also serve the unique qualities of people with autism and their caregivers.

The site selection by the Parks staff and the volunteer committee of Manito Park is a perfect location for such a space.

Please consider this another long-term benefit that our parks system contributes to our region and vote in favor of passing this on to the full Park Board for consideration.

Sincerely,  
Lori Kinnear



Bob Scarfo <bscarfo@landandlife.com>

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## statement of support for memory garden

1 message

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**Lynne Emenegger** <lynne.emenegger@gmail.com>  
To: "bscarfo@landandlife.com" <bscarfo@landandlife.com>

Sat, Mar 23, 2024 at 4:54 PM

Hello Bob,

My friend, Debby Dodds, shared a message regarding the possibility of creating a memory garden in Spokane. I support this endeavor and believe that such a space would benefit both caregivers and those with dementia. I think beauty has a healing effect for all people, and an enclosed garden would provide an opportunity for beauty, relaxation, and enjoyment. I endorse this venture!

Sincerely,  
Lynne Emenegger



Bob Scarfo <bscarfo@landandlife.com>

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## Public Memory Garden in Spokane

1 message

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**Martha Raske** <martharaske@gmail.com>  
To: bscarfo@landandlife.com

Tue, Mar 26, 2024 at 6:18 AM

March 26, 2024

Greetings Bob,

I am writing in support of a [Public Memory Garden in Spokane](#). It is a joy to see a city consider the well-being of all families, including those with members living with dementia. I've seen the remarkable impact of peaceful outdoor space on persons with memory loss. Imagine an outdoor space where they could safely be with family members and friends and experience the healing power of nature. A public memory garden is truly an outdoor haven for everyone.

Thank you, Bob, for leading this effort on behalf of all citizens of our community.

Martha Raske

2912 E. 61<sup>st</sup> Ct.  
Spokane, WA 99223  
March 26, 2024

RE: Proposed Memory Garden at Manito Park

Dear Spokane Parks and Recreation Officials and other interested parties:

I am writing in support of the proposed memory garden plans for Manito Park to be constructed at the former zoo site. The site is located away from traffic which will make it appropriate for this endeavor. Persons with dementia or cognitive impairments need a quiet environment in order to maintain their function.

Furthermore, we as a community will benefit by having a place where we can take our loved ones. I speak from experience; my mother had dementia. One of my last memories of time spent with her was when I wheeled her into our garden, and I picked a flower for her. She smelled it and for a moment her smile returned. Then she leaned over and pulled a flower, smelled it and gave it to me, a daughter whose name she could no longer recall. At that point I knew that a mother's love was still there.

From a professional standpoint, I have been involved with the environmental and care planning for persons with memory loss. The organizations I worked with when planning a housing environment for Alzheimer's patients always included a garden with colorful plants, trees, benches, and a walking path. Both our residents and families enjoyed time together there.

We are fortunate to have the expertise of Bob Scarfo, PhD, to plan and execute this garden. He has been a professor of landscape architecture at Washington State University. He has studied how persons with Alzheimer's disease and other cognitive impairment respond in a memory garden.

Finally, a memory garden will provide a public relations opportunity for Manito Park, the Parks and Recs. Department, and Spokane.

I urge you to bring the memory garden to fruition.

Sincerely,

Marty Johnston, RN, MBA, PhD.

Tara Hill Matthews  
Dementia Resource Catalyst  
Aging & Long Term Care of Eastern Washington  
1222 N. Post St.  
Spokane, WA 99201  
(509) 777-1629  
[Tara.hillmatthews@dshs.wa.gov](mailto:Tara.hillmatthews@dshs.wa.gov)

October 6, 2023

Hello,

I am writing to put my unreserved support behind the memory garden pilot project in Manito Park championed by Bob Scarfo, Debby Dodds and Adriano Eva. This is desperately needed in Spokane because it will give care partners space to relax while ensuring their loved one's safety, provide a safe space for people living with dementia to interact with nature in public, and contribute to Spokane as a dementia-friendly community.

Spokane has a growing, urgent need for respite for care partners. As the Dementia Resource Catalyst at Aging & Long Term Care of Eastern Washington (ALTCEW) and a member of the Spokane Regional Dementia Friendly Community, I regularly interact with people who are living with dementia, caring for someone living with dementia, or working with people living with dementia (PLWD). One of the running themes that I hear over and over again is that there is not enough respite care in Spokane. Caring for someone living with dementia is more than a full-time job, especially in the later stages when PLWD often need 24-hour care to ensure their safety. With the current workforce shortage, especially in the healthcare sector, many care partners find it difficult to fulfill even basic needs like grocery shopping, getting a haircut or going to their own healthcare appointments.

A public memory garden would give care partners space to both enjoy nature and relax with the peace of mind that their loved one is safe. They could meet with friends or other care partners in this garden, allowing the person with dementia to wander without worrying that they might get lost. It's hard to overstate how comforting such a space could be for an exhausted care partner.

When someone starts to experience dementia symptoms like memory loss, personality changes or difficulty with problem-solving, one common reaction is to isolate so that no one sees these symptoms. People living with dementia frequently stay away from social gatherings, church, work, etc. so that they can keep their diagnosis or symptoms hidden. Likewise, care partners often encourage their loved ones to stay home so that they won't "cause a scene" or be hurt by others' reactions.

It's our responsibility to create and maintain inclusive, safe spaces for PLWD and their care partners throughout Spokane to encourage people living with dementia to remain in our community. Many factors go into making a space safe for people living with dementia. While criteria for a safe space can vary from person to person and even moment to moment, there are a few common trends. For example, people living with dementia often feel more comfortable with fewer distractions like loud noises, crowds of people and intersecting sounds.

Establishing a Memory Garden that anyone can use would be a significant step to making Spokane feel safe and welcoming for people living with dementia in Spokane. I would eventually love to see memory

gardens in many public parks across Spokane, especially in underserved communities. However, I think that Manito Park is the best place to start this pilot project because it has significant space, more large areas that are away from distractions like playgrounds and traffic, public restrooms that could be close to the memory garden, and several parking areas.

I hope that you consider this as the beginning, not the end, of a much-needed shift to make Spokane a more inclusive and inviting place for people living with dementia and their care partners.

Sincerely,

Tara Hill Matthews  
Dementia Resource Catalyst

Schaaf, Tom <Thomas.Schaaf2@providence.org>

12:13 PM (3 minutes ago)

to me

Bob

Thanks for sharing the plans for the memory garden! I am wholly in favor of the project, and like the idea of having the initial garden in Manito Park. The location is great for access for all of the senior living communities in the area, and it's an inherently wonderful spot. As you know, my role in Providence includes working with Hospice, Home Health and PACE (Program of All-inclusive Care for the Elderly). We care for many patients with dementia and support their families and other caregivers, and a spot like this where folks can safely enjoy the amenities of a garden environment would be tremendously helpful for all concerned. My experience is that folks with dementia get a lot of benefit from time in pleasant and stress-free environments. The fact that both the patients and their caregivers can share in the enjoyment is a plus.

Please let me know if there is any way I can help support this project!

Tom Schaaf MD, MHA | Chief Medical Officer  
Providence Home and Community Care  
2811 South 102nd Street, Suite 220 | Tukwila, WA 98168  
c: 509.994.0381 | f: 425.525.6659  
Email: thomas.schaaf2@providence.org