



# Therapeutic Recreation Services

# Spring/Summer 2024

## May - September



# May Events

## TRS Bicycling

6 weeks | Ages 16+

Enjoy Spokane's natural beauty by bicycle. Participants need to be in moderate physical condition and ride a bike safely. Make sure your bike is in good working order and helmet fits well and is less than 5 years old. **Meet at Mirabeau Point Park, trailhead, 13500 Mirabeau Pkwy, Spokane Valley. 15131 | Wed. | 4/24-5/29 | 5-7 pm | \$69**

## TRS Bowling & Pizza

1 day | Ages 16+

Join us for an afternoon of bowling, pizza, fun and friends. Fee includes everything so extra money is not required. **Meet at Lilac Bowl, 1112 E Magnesium Rd. 15951 | Thurs. | 5/2 | 1-3:30 pm | \$33**

## TRS Classy Crafts

4 weeks | Ages 16+

Explore your creative side and make a variety of beautiful and meaningful crafts each week. Participants will have the opportunity to improve skills such as fine motor, socialization, and communication. **Class meets at Park Operations lunchroom, 2304 E. Mallon Ave. 15070 | Thurs. | 4/11-5/2 | 4:15- 5:30pm | \$49 15959 | Thurs. | 5/9- 5/30 | 4:15- 5:30pm | \$49**

## TRS Cornhole & Pizza

4 weeks | Ages 12+

Fresh air, fun and favorite lawn game-Cornhole. Laughter and friendly competition will abound. Pizza will be served. **Meet at Fowler United Methodist Church, 3928 N. Howard St. 15127 | Mon. | 4/8-4/29 | 4:30- 6pm | \$59 15954 | Mon. | 5/6- 6/3 | 4:30- 6pm | \$59 \*no class 5/27**

## TRS Day at the Theatre

1 day | Ages 16+

Come with us as we delight in the entertaining theatre productions put on by our local **Spokane Childrens Theatre(SCT) 2727 N. Madelia St.**

### Disney's Tarzan - SCT

15963 | Sun. | 5/19 | 1:45-4:15pm | \$31

## TRS Fine Dining

1 day | Ages 18+

Do you like getting dressed up and going out? Come with us and experience the culinary delights of Spokane's finest restaurants! Staff will help in the selection and purchase of a meal. Participants will have the opportunity to improve social, communication, and etiquette skills. *Price does not include cost of food. Transportation provided from Park Operations 2304 E. Mallon Ave.*

### Red Robin

15991 | Wed. | 5/22 | 5:45-9pm | \$21

## TRS Friday Night Jam

1 day | Ages 18+

Come rock and swing at Spokane's oldest on-going nightclub for people with developmental disabilities. If participants require direct supervision, then care providers need to attend.

**Hawaiian Luau - Meet at West Central Community Center, 1603 N. Belt. 15993 | Fri. | 5/10 | 7-8:30pm | \$11**

## TRS Line Dancing

4 weeks | Ages 14+

Easy beginner line dancing is for everyone. Grab your dancing shoes and join us as we learn the fundamentals of line dancing and other dances such as the Macarena, YMCA, Alley Cat and more. **Meet at Fowler United Methodist Church, 3928 N. Howard. 15995 | Mon. | 5/6-6/3 | 3-4pm | \$31 \*no class 5/27**

## TRS Playball

14 weeks | Ages 12+

This program is for those who are ready for more of a challenge. They will work on preparation and skill development in actual game situations. We are looking for parents/adults to play to enhance the game. **Meet at Chief Garry Park, Mission & Regal. Field A. 16018 | Fri. | 5/10-8/9 | 6-8pm | \$65 \*no class 5/24, 7/5**

## TRS Spokane

### Indians Baseball

1 day | Ages 18+

Let's support our local Spokane Indians Baseball Team. Participants are responsible to bring the suggested amount of money listed. Sign-up fee covers staff, and tickets. Caregiver tickets available at a discount. TRS staff ratio is 1:4-6. Participants will have the opportunity to practice socialization skills such as making choices, handling money, following directions and getting along within a group. **Meet at the Main entrance of Avista Stadium, 602 N Havana St, Spokane Valley.**

**Vancouver Canadians - Armed Forces Appreciation**

15966 | Fri. | 5/17 | 6-9:45pm | \$34

## TRS What's Cooking

4 weeks | Ages 16+

Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. **Class meets at Southside Senior Activity Center, 3151 E. 27th Ave.- kitchen**

15952 | Tues. | 5/7-5/28 | 4-6pm | \$69

# TRS SWIMMING

## 8 weeks | Ages 8+

Meet at Whitworth University Aquatic Center,  
300 W. Hawthorne.

### Blue Dolphin Swim Team

For people with developmental disabilities who want to swim competitively or get a good workout. Ability to swim 75 yards without assistance and with rhythmic breathing. **14999 | Sun. | 4/7-6/2 | 2:15-3:45pm | \$63 \*no class 5/26**

### Learn to Swim - Beginner

Individuals will learn how to face float, back float, kick with floats and learn the crawl stroke with rotary breathing. Elementary back stroke and back crawl will be taught with the goal of swimming 20 yards. We require each swimmer to have an attendant in the water assisting so the teacher can rotate their attention safely.

**15001 | Sun. | 4/7-6/2 | 3:05-3:50pm | \$63 \*no class 5/26**

### Learn to Swim - Intermediate

Individuals who have mastered the Beginner skills and are ready to move on skills worked on will be distance swimming, breaststroke, butterfly, diving, simple turns and deeper water experience.

**15000 | Sun. | 4/7-6/2 | 2:15-3pm | \$63 \*no class 5/26**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28 Swimming Learn to Swim	29	30	1 Biking	2 Bowling Classy Crafts	3	4
5 Swimming Learn to Swim	6 Cornhole & Pizza Line Dancing	7 What's Cooking	8 Biking	9 Classy Crafts	10 Playball Friday Night Jam Luau	11 Swim Regional at EWU
12 Swimming Learn to Swim	13 Cornhole & Pizza Line Dancing	14 What's Cooking	15 Biking	16 Classy Crafts	17 Playball Spokane Indians Baseball vs. Vancouver	18
19 Swimming Learn to Swim Day at the Theater Tarzan	20 Cornhole & Pizza Line Dancing	21 What's Cooking	22 Biking Fine Dining Red Robin	23 Classy Crafts	24 NO Playball	25
26 NO Swimming NO Learn to Swim	27 NO Classes	28 What's Cooking	29 Biking	30 Classy Crafts	31 Playball	1 Day at the Theater Seussical

# June Events

## TRS Bicycling

6 weeks | Ages 16+

Enjoy Spokane's natural beauty by bicycle. Participants need to be in moderate physical condition and ride a bike safely. Make sure your bike is in good working order and helmet fits well and is less than 5 years old. **Meet at Mirabeau Point Park, trailhead, 13500 Mirabeau Pkwy, Spokane Valley. 15403 | Wed. | 6/12-7/17 | 6-8 pm | \$69**

## TRS Classy Crafts

4 weeks | Ages 16+

Explore your creative side and make a variety of beautiful and meaningful crafts each week. Participants will have the opportunity to improve skills such as fine motor, socialization, and communication. **Class meets at Park Operations lunchroom, 2304 E. Mallon Ave. 15960 | Thurs. | 6/6-6/27 | 4:15-5:30pm | \$49**

## TRS Cookie Bake Night

1 day | Ages 14+

Spend the evening making several types of cookies. Enjoy yourself, take home or share with friends. Gluten-free options are available. **Class meets at Southside Senior Activity Center, 3151 E. 27th Ave.-kitchen. 16021 | Wed. | 6/5 | 5:30-7:30pm | \$22**

## TRS Cornhole & Pizza

4 weeks | Ages 12+

Fresh air, fun and favorite lawn game-Cornhole. Laughter and friendly competition will abound. Pizza will be served. **Meet at Fowler United Methodist Church, 3928 N. Howard St. 15954 | Mon. | 5/6-6/3 | 4:30-6pm | \$59 \*no class 5/27**

## TRS Day at the Theatre

1 day | Ages 16+

Come with us as we delight in the entertaining theatre productions put on by our local Christian Youth Theatre(CYT) **Bing Crosby Theater- 901 W. Sprague Ave.**

### Seussical - CYT

15964 | Sat. | 6/1 | 2:45-5:15pm | \$31

## TRS Disc Golf & Pizza

3 weeks | Ages 12+

We will visit a Spokane Parks and Recreation Park that host a Jr. Disc golf course. Safety and throwing fundamentals will be covered. Games played each week. Disc is included in the price. Discs provided if forget to bring. Pizza served at the end of each weekly play. **Meet at a -Liberty Park Library parking lot 402 S. Pittsburg St. 16062 | Sat. | 6/22 -7/6 | 4-5:30pm | \$43**

## TRS Fishing Frenzy

1 day | Ages 13+

Join us for a day of fishing on Clear Lake. It is a 'Free Fishing Weekend' in WA so Michael and Joshua Marro will be sponsoring this event for TRS. Fishing poles, tackle and bait will be provided. *Bring \$10 for a lunch of hamburger/hotdog, chips, soda and dessert.* **Meet at Park Operations, 2304 E. Mallon Ave. 15998 | Sat. | 6/8 | 8:15am-2pm | \$29**

## TRS Line Dancing

4 weeks | Ages 14+

Easy beginner line dancing is for everyone. Grab your dancing shoes and join us as we learn the fundamentals of line dancing and other dances such as the Macarena, YMCA, Alley Cat and more. **Meet at Fowler United Methodist Church, 3928 N. Howard. 15995 | Mon. | 5/6-6/3 | 3-4pm | \$31 \*no class 5/27**

## TRS Paint & Taste

1 day | Ages 14+

Do you like painting and apple cider? Make a masterpiece of your very own while enjoying sipping on cider. No painting experience required. **Meet at Spokane Valley Parks & Recreation Center Place, 2426 N. Discovery Place. 16061 | Tues. | 6/25 | 5:30-7pm | \$21**

## TRS Playball

14 weeks | Ages 12+

This program is for those who are ready for more of a challenge. They will work on preparation and skill development in actual game situations. We are looking for parents/adults to play to enhance the game. **Meet at Chief Garry Park, Mission & Regal. Field A. 16018 | Fri. | 5/10-8/9 | 6-8pm | \$65 \*no class 5/24, 7/5**

## TRS River Rafting

1 day | Ages 14+

See our own Spokane River as we float away from downtown on inflatable whitewater rafts. This trip, operated by Wiley E.Waters, has a touch of Whitewater and is a great introduction to rafting. Participants should be comfortable in the water. **Meet at Sinto Senior Activity Center, 1124 W. Sinto. 16019 | Sun. | 6/9 | 1:30-5:15pm | \$53**

## TRS Skyfest

1 day | Ages 14+

Join us at the Inland Northwest Skyfest Airshow and Open House at Fairchild Airforce Base. Be entertained by the amazing Airmen, and the Air Combat Command Demonstration Team. Enjoy static aircraft displays, interactive exhibits and MORE! All airshow guest must consent to security searches of all backpacks and bags before entry onto the base by security forces Airmen. **Meet at Park Operations 2304 E. Mallon Ave. 16020 | Sun. | 6/23 | 11am-5pm | \$34**

## TRS Spokane

### Indians Baseball

1 day | Ages 18+

Let's support our local Spokane Indians Baseball Team. Participants are responsible to bring the suggested amount of money listed. Sign-up fee covers staff, and tickets. Caregiver tickets available at a discount. TRS staff ratio is 1:4-6. Participants will have the opportunity to practice socialization skills such as making choices, handling money, following directions and getting along within a group. **Meet at the Main entrance of Avista Stadium, 602 N Havana St, Spokane Valley.**

### Eugene Emeralds - Fireworks Night

15968 | Fri. | 6/21 | 6:30-10pm | \$34

## TRS What's Cooking

4 weeks | Ages 16+

Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. **Class meets at Southside Senior Activity Center, 3151 E. 27th Ave.- kitchen 15953 | Tues. | 6/4-6/25 | 4-6pm | \$69**

## TRS Funshine Summer Day Camp

Kids - Ages 6-21 | Teens - Ages 13-18 | Adults - Ages 18+

Funshine Day Camp is a fun-filled camp for those with developmental and/or physical disabilities. Campers will have the opportunity to interact and socialize with their peers through crafts, music, science experiments, books, board games, group activities, and more. Fridays are field trip days to a variety of exciting locations. Each week the camp centers around a different theme. We celebrate the end of summer with our annual Potluck BBQ & Carnival. **Drop off and pick up will be at the Shadle Library, 2111 W. Wellesley Ave.** Call 509-625-6245 or email Alice Busch at abusch@spokanecity.org for more information.

Course	Days	Theme	Time	Fee
15411	6/24-6/28	Adult Week 1 - Games	9:00am-2:30pm	\$259
16065	7/1-7/3	Teen Week		\$259
16063	7/8-7/12	Kids 1 - Jurassic Park		\$259
16064	7/15-7/19	Kids 2 - Under the Sea		\$259
16067	7/22-7/26	Kids 3 - Super Science!		\$259
16066	7/29-8/2	Adult Week 2 - Art		\$259
16068	8/5-8/9	Kids 4 - Lights, Camera, Action		\$259

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26 Swimming Learn to Swim	27 NO Classes	28 What's Cooking	29 Biking	30 Classy Crafts	31 Playball	1 Day at the Theater Seussical
2 Swimming Learn to Swim	3 Cornhole & Pizza Line Dancing	4 What's Cooking	5 Cookie Bake Night	6 Classy Crafts	7 Playball	8 Fishing Frenzy
9 River Rafting	10	11 What's Cooking	12 Biking	13 Classy Crafts	14 Playball	15
16	17	18 What's Cooking	19 Biking	20 Classy Crafts	21 Playball Spokane Indians Baseball vs. Everett Fireworks Night	22 Disc Golf
23 Skyfest	24	25 What's Cooking Paint & Taste	26 Biking	27 Classy Crafts	28 Playball	29 Disc Golf
30	Funshine Day Camp – Adult Week #1 – Game Week					

# July Events

## TRS Bicycling

6 weeks | Ages 16+

Enjoy Spokane's natural beauty by bicycle. Participants need to be in moderate physical condition and ride a bike safely. Make sure your bike is in good working order and helmet fits well and is less than 5 years old. **Meet at Mirabeau Point Park, trailhead, 13500 Mirabeau Pkwy, Spokane Valley.**  
15403 | Wed. | 6/12-7/17 | 6-8 pm | \$69  
15404 | Wed. | 7/24-8/28 | 5-7 pm | \$69

## TRS Bowling & Pizza

1 day | Ages 16+

Join us for an afternoon of bowling, pizza, fun and friends. Fee includes everything so extra money is not required. **Meet at Lilac Bowl, 1112 E Magnesium Rd.**  
16017 | Thurs. | 7/25 | 1-3:30 pm | \$33

## TRS Cheney Rodeo

1 day | Ages 18+

Put on your western duds and cowboy hat as we head to Cheney for the annual professional rodeo. The show will be packed with calf roping, bronc and bull riding, and other exciting events. **Meet at Cheney Rodeo Grounds, 14310 St. Rt. 904.**  
16069 | Sun. | 7/14 | 3-6:30 pm | \$43

## TRS Cornhole & Pizza

4 weeks | Ages 12+

Fresh air, fun and favorite lawn game-Cornhole. Laughter and friendly competition will abound. Pizza will be served. **Meet at Fowler United Methodist Church, 3928 N. Howard St.**  
15955 | Mon. | 7/8-7/29 | 4:30-6pm | \$59

## TRS Disc Golf & Pizza

3 weeks | Ages 12+

We will visit a Spokane Parks and Recreation Park that host a Jr. Disc golf course. Safety and throwing fundamentals will be covered. Games played each week. Disc is included in the price. Discs provided if forget to bring. Pizza served at the end of each weekly play. **Meet at a -Liberty Park Library parking lot 402 S. Pittsburg St.**  
16062 | Sat. | 6/22-7/6 | 4-5:30pm | \$43

## TRS Fine Dining

1 day | Ages 18+

Do you like getting dressed up and going out? Come with us and experience the culinary delights of Spokane's finest restaurants! Staff will help in the selection and purchase of a meal. Participants will have the opportunity to improve social, communication, and etiquette skills. *Price does not include cost of food.* Transportation provided from Park Operations **2304 E. Mallon Ave.**

### Boiler Room Pizza

15992 | Thurs. | 7/18 | 5:45-9pm | \$21

## TRS Friday Night Jam

1 day | Ages 18+

Come rock and swing at Spokane's oldest on-going nightclub for people with developmental disabilities. If participants require direct supervision, then care providers need to attend.

### Annual Picnic & Dance

TRS provides fried chicken. *Please bring a side dish or dessert to share.* **Meet at Franklin Park Shelter, 302 W. Queen Ave.**  
15994 | Fri. | 7/12 | 6-8:30pm | \$12

## TRS Line Dancing

4 weeks | Ages 14+

Easy beginner line dancing is for everyone. Grab your dancing shoes and join us as we learn the fundamentals of line dancing and other dances such as the Macarena, YMCA, Alley Cat and more. **Meet at Fowler United Methodist Church, 3928 N. Howard.**  
15996 | Mon. | 7/8-7/29 | 3-4pm | \$31

## TRS Playball

14 weeks | Ages 12+

This program is for those who are ready for more of a challenge. They will work on preparation and skill development in actual game situations. We are looking for parents/adults to play to enhance the game. **Meet at Chief Garry Park, Mission & Regal. Field A.**

16018 | Fri. | 5/10-8/9 | 6-8pm | \$65

\*no class 5/24, 7/5

## TRS Sailing

1 day | Ages 16+

Come enjoy the beautiful scenery of Lake Pend Oreille at Bayview. Feel the breeze, steer the boat, and help man the sails on this all-day adventure with Dogsmile Adventures. After sailing we will retell our experiences over lunch at Ralphs. **Meet at Park Operations, 2304 E Mallon Ave.**  
16119 | Tues. | 7/23 | 7:15am-3pm | \$129

## NEW! TRS Sensory

### Sensitivity Swim

4 weeks | All Ages

In cooperation with SPRD Aquatics TRS is offering a pilot pool time designed for swimmers with sensory sensitivities. Each swimmer will be required to have an adult caregiver/parent to provide support as needed. The pool will be less crowded, whistles will not be used as frequently and swimmers can enjoy a zero depth entry, slides, and play structure. **Meet at AM Cannon Aquatic Center, 1511 N Elm Street.**  
16167 | Fri. | 7/12-8/2 | 12-12:45pm | \$40

## TRS Spokane

### Indians Baseball

1 day | Ages 18+

Let's support our local Spokane Indians Baseball Team. Participants are responsible to bring the suggested amount of money listed. Sign-up fee covers staff, and tickets. Caregiver tickets available at a discount. TRS staff ratio is 1:4-6. Participants will have the opportunity to practice socialization skills such as making choices, handling money, following directions and getting along within a group. **Meet at the Main entrance of Avista Stadium, 602 N Havana St, Spokane Valley.**

### Everett Aqua Sox

15969 | Thurs. | 7/11 | 6:30-10pm | \$34

## TRS What's Cooking

4 weeks | Ages 16+

Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. **Class meets at Southside Senior Activity Center, 3151 E. 27th Ave.- kitchen**  
15956 | Tues. | 7/9-7/30 | 4-6pm | \$69

## TRS Funshine Summer Day Camp

Kids - Ages 6-21 | Teens - Ages 13-18 | Adults - Ages 18+

Funshine Day Camp is a fun-filled camp for those with developmental and/or physical disabilities. Campers will have the opportunity to interact and socialize with their peers through crafts, music, science experiments, books, board games, group activities, and more. Fridays are field trip days to a variety of exciting locations. Each week the camp centers around a different theme. We celebrate the end of summer with our annual Potluck BBQ & Carnival. **Drop off and pick up will be at the Shadle Library, 2111 W. Wellesley Ave.** Call 509-625-6245 or email Alice Busch at abusch@spokanecity.org for more information.

Course	Days	Theme	Time	Fee
15411	6/24-6/28	Adult Week 1 - Games	9:00am-2:30pm	\$259
16065	7/1-7/3	Teen Week		\$259
16063	7/8-7/12	Kids 1 - Jurassic Park		\$259
16064	7/15-7/19	Kids 2 - Under the Sea		\$259
16067	7/22-7/26	Kids 3 - Super Science!		\$259
16066	7/29-8/2	Adult Week 2 - Art		\$259
16068	8/5-8/9	Kids 4 - Lights, Camera, Action		\$259

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1	2	3 Biking	4 NO Classes Happy 4th of July	5 NO Playball	6 Disc Golf
Funshine Day Camp – Teen Week – Teen Day Camp						
7	8 Cornhole & Pizza Line Dancing	9 What's Cooking	10 Biking	11 Spokane Indians Baseball	12 Playball Sensory Sensitivity Swim FNJ Picnic Franklin Park	13
Funshine Day Camp – Kids Week #1 – Jurassic Park						
14 Cheney Rodeo	15 Cornhole & Pizza Line Dancing	16 What's Cooking	17 Biking	18 Fine Dining Boiler Room Pizza	19 Playball Sensory Sensitivity Swim	20
Funshine Day Camp – Kids Week #2 – Under the Sea						
21	22 Cornhole & Pizza Line Dancing	23 What's Cooking Sailing	24 Biking	25 Bowling	26 Playball Sensory Sensitivity Swim	27
Funshine Day Camp – Kids Week #3 – Super Science!						
28	29 Cornhole & Pizza Line Dancing	30 What's Cooking	31 Biking	1	2	3
Funshine Day Camp – Adult Week #2 – Art Week						

# August/September Events

## TRS Bicycling

6 weeks | Ages 16+

Enjoy Spokane's natural beauty by bicycle. Participants need to be in moderate physical condition and ride a bike safely. Make sure your bike is in good working order and helmet fits well and is less than 5 years old. **Meet at Mirabeau Point Park, trailhead, 13500 Mirabeau Pkwy, Spokane Valley.**

15404 | Wed. | 7/24-8/28 | 5-7 pm | \$69  
15405 | Wed. | 9/11-10/9 | 4-6 pm | \$69

## TRS Classy Crafts

4 weeks | Ages 16+

Explore your creative side and make a variety of beautiful and meaningful crafts each week. Participants will have the opportunity to improve skills such as fine motor, socialization, and communication. **Class meets at Park Operations lunchroom, 2304 E. Mallon Ave.**

15962 | Thurs. | 8/1-8/22 | 4:15 - 5:30pm | \$49  
15965 | Thurs. | 9/5-9/26 | 4:15 - 5:30pm | \$49

## TRS Cornhole & Pizza

4 weeks | Ages 12+

Fresh air, fun and favorite lawn game-Cornhole. Laughter and friendly competition will abound. Pizza will be served. **Meet at Fowler United Methodist Church, 3928 N. Howard St.**

16022 | Mon. | 8/5 -8/26 | 4:30 - 6pm | \$59

## TRS Disc Golf & Pizza

3 weeks | Ages 12+

We will visit a Spokane Parks and Recreation Park that host a Jr. Disc golf course. Safety and throwing fundamentals will be covered. Games played each week. Disc is included in the price. Discs provided if forget to bring. Pizza served at the end of each weekly play. **Meet at a -Liberty Park Library parking lot 402 S. Pittsburg St.**

16118 | Fri. | 9/13-9/27 | 3 -4:30pm | \$43

## NEW! TRS Furry Friends & Food

1 day | Ages 16+

What could be more fun than hanging out with cute furry dogs or cats then enjoying a meal with friends. Join us as we visit BARK, A Rescue Pub's Adoption Center in partnership with Spokane Humane Society. Each person will spend time in the adoption center then enjoy a tasty meal. Staff will assist with the animal visit and then the selection and purchase of a meal. Participants will have the opportunity to safely hold or pet the animals, wash up, and work on social, communication and etiquette skills. *Price does not include cost of food.* **Transportation provided from Park Operations, 2304 E. Mallon Ave.**

16117 | Fri. | 8/23 | 10:15am -1:30pm | \$29

## TRS Line Dancing

4 weeks | Ages 14+

Easy beginner line dancing is for everyone. Grab your dancing shoes and join us as we learn the fundamentals of line dancing and other dances such as the Macarena, YMCA, Alley Cat and more. **Meet at Fowler United Methodist Church, 3928 N. Howard.**

15997 | Mon. | 8/5-8/26 | 3 - 4pm | \$31

## TRS Sailing

1 day | Ages 16+

Come enjoy the beautiful scenery of Lake Pend Oreille at Bayview. Feel the breeze, steer the boat, and help man the sails on this all-day adventure with Dogsmile Adventures. After sailing we will retell our experiences over lunch at Ralphs. **Meet at Park Operations, 2304 E Mallon Ave.**

16120 | Tues. | 8/27 | 7:15am - 3pm | \$129

## TRS Scottish Highland Games

1 day | Ages 18+

Bag pipes, dancing, strength tests, sheep and dogs are all part of the Highland Games. **Transportation provided from Park Operations, 2304 E. Mallon Ave.**

16159 | Sat. | 8/3 | 11:30am- 3:30pm | \$37

## TRS Seize the Day

1 day | Ages 18+

Find yourself sitting around the house during the day? Want to get out and meet some new friends and enjoy some new activities? Come with TRS and Seize the Day with our early afternoon programs around town! Meeting locations and times will vary.

### Garage Sales Day

Ready to treasure hunt? We will be hunting down deals at local garage sales then stopping to eat lunch at a park! **Meet at Park Operations, 2304 E Mallon Ave.**

16116 | Fri. | 8/16 | 9am- 1pm | \$29

## NEW! TRS Sensory Sensitivity Swim

4 weeks | All Ages

In cooperation with SPRD Aquatics TRS is offering a pilot pool time designed for swimmers with sensory sensitivities. Each swimmer will be required to have an adult caregiver/parent to provide support as needed. The pool will be less crowded, whistles will not be used as frequently and swimmers can enjoy a zero depth entry, slides, and play structure. **Meet at AM Cannon Aquatic Center, 1511 N Elm Street.**

16167 | Fri. | 7/12-8/2 | 12-12:45pm | \$40

## TRS Spokane

### Indians Baseball

1 day | Ages 18+

Let's support our local Spokane Indians Baseball Team. Participants are responsible to bring the suggested amount of money listed. Sign-up fee covers staff, and tickets. Caregiver tickets available at a discount. TRS staff ratio is 1:4-6. Participants will have the opportunity to practice socialization skills such as making choices, handling money, following directions and getting along within a group. **Meet at the Main entrance of Avista Stadium, 602 N Havana St, Spokane Valley.**

### Vancouver Canadians

15970 | Wed. | 8/14 | 6-9:45pm | \$34

## TRS What's Cooking

4 weeks | Ages 16+

Tired of eating at home? Sign up for this class and you will prepare a meal, practice table manners, visit with friends, and take part in clean-up duties. Participants will have the opportunity to practice skills such as following directions, socialization, and hygiene required when in the kitchen. **Class meets at Southside Senior Activity Center, 3151 E. 27th Ave.- kitchen**

15957 | Tues. | 8/6 -8/27 | 4 -6pm | \$69

15958 | Tues. | 9/3-9/24 | 4 -6pm | \$69

## TRS Funshine Summer Day Camp

Kids - Ages 6-21 | Teens - Ages 13-18 | Adults - Ages 18+

Funshine Day Camp is a fun-filled camp for those with developmental and/or physical disabilities. Campers will have the opportunity to interact and socialize with their peers through crafts, music, science experiments, books, board games, group activities, and more. Fridays are field trip days to a variety of exciting locations. Each week the camp centers around a different theme. We celebrate the end of summer with our annual Potluck BBQ & Carnival. **Drop off and pick up will be at the Shadle Library, 2111 W. Wellesley Ave.** Call 509-625-6245 or email Alice Busch at abusch@spokanecity.org for more information.

Course	Days	Theme	Time	Fee
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16065	7/1-7/3	Teen Week		\$259
16063	7/8-7/12	Kids 1 - Jurassic Park		\$259
16064	7/15-7/19	Kids 2 - Under the Sea		\$259
16067	7/22-7/26	Kids 3 - Super Science!		\$259
16066	7/29-8/2	Adult Week 2 - Art		\$259
16068	8/5-8/9	Kids 4 - Lights, Camera, Action		\$259



City of Spokane Parks and Recreation  
Therapeutic Recreation Services

August 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29 Cornhole & Pizza Line Dancing	30 What's Cooking	31 Biking	1 Crafts	2 Playball Sensory Sensitivity Swim	3 Scottish Highland Games
Funshine Day Camp – Adult Week #2 – Art Week						
4	5 Cornhole & Pizza Line Dancing	6 What's Cooking	7 Biking	8 Crafts	9 Playball	10
Funshine Day Camp – Kids Week #4 – Lights, Camera, Action						
11 Swimming	12 Cornhole & Pizza Line Dancing	13 What's Cooking	14 Biking Spokane Indians Baseball	15 Crafts	16 Garage Sales Day	17
18 Swimming	19 Cornhole & Pizza Line Dancing	20 What's Cooking	21 Biking	22 Crafts	23 Furry Friends & Food	24
25	26 Cornhole & Pizza Line Dancing	27 What's Cooking Sailing	28 Biking	29	30	31

City of Spokane Parks and Recreation  
Therapeutic Recreation Services

September 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 What's Cooking	4	5 Crafts	6	7
8	9	10 What's Cooking	11 Biking	12 Crafts	13 Disc Golf	14
15	16	17 What's Cooking	18 Biking	19 Crafts	20 Disc Golf	21
22	23	24 What's Cooking	25 Biking	26 Crafts	27 Disc Golf	28
29	30	1	2 Biking	3	4	5

## Funshine Day Camp

*Specialized and Adaptive Recreation Services for Individuals with Disabilities*



## Join Our Team

Experience the joy of providing adaptive recreation to a unique community of campers. Laughter, friendships and sunshine will fill your summer.

Call **509-625-6245** or email [abusch@spokanecity.org](mailto:abusch@spokanecity.org) for more information.



## In Memory of Loretta Moon

Loretta volunteered for Therapeutic Recreation Services for 12 years. In that time she was the main instructor for Learn to Swim, and after retirement lead the Classy Crafts, started a drumming class and helped out with tie-dye, cooking and paint and taste.

Loretta had a great passion to help people see their self-worth, their ability to accomplish goals and to better themselves. Loretta met people where they were at. No judgement and offered gentle nudging once trust was established. As a recreation therapist she worked with people that tested her patience but rarely did her feathers get ruffled. She looked through a persons' exterior walls and offered opportunities for creativity, learning and fun in a safe environment.

One of Loretta's favorite means to provide recreation therapy was through the water. She had a deep love for the wonderful qualities of water and found immense joy in teaching people how to conquer their fears and become confident swimmers. It was nothing short of magical to see what she accomplished with her students.

The last conversation I had with Loretta was reassuring her that Therapeutic Recreation Services would never abandon her and that there would always be a role for her. She repeatedly said she needed TRS and how much it meant to her. I echoed her sentiments as I've seen this be true for many volunteers and staff of TRS and as well as experiencing it myself. By the end of the conversation, we developed a solid plan for her continued involvement with the crafts class and a two way promise to keep brainstorming ways for her to impact the learn to swim classes.

Her passing has been rough because we didn't get to say goodbye although I do believe it happened just as she would have wanted. No pomp and circumstance, no extra attention on herself and a solid discussion about continued offering of recreational opportunities for people with disabilities.

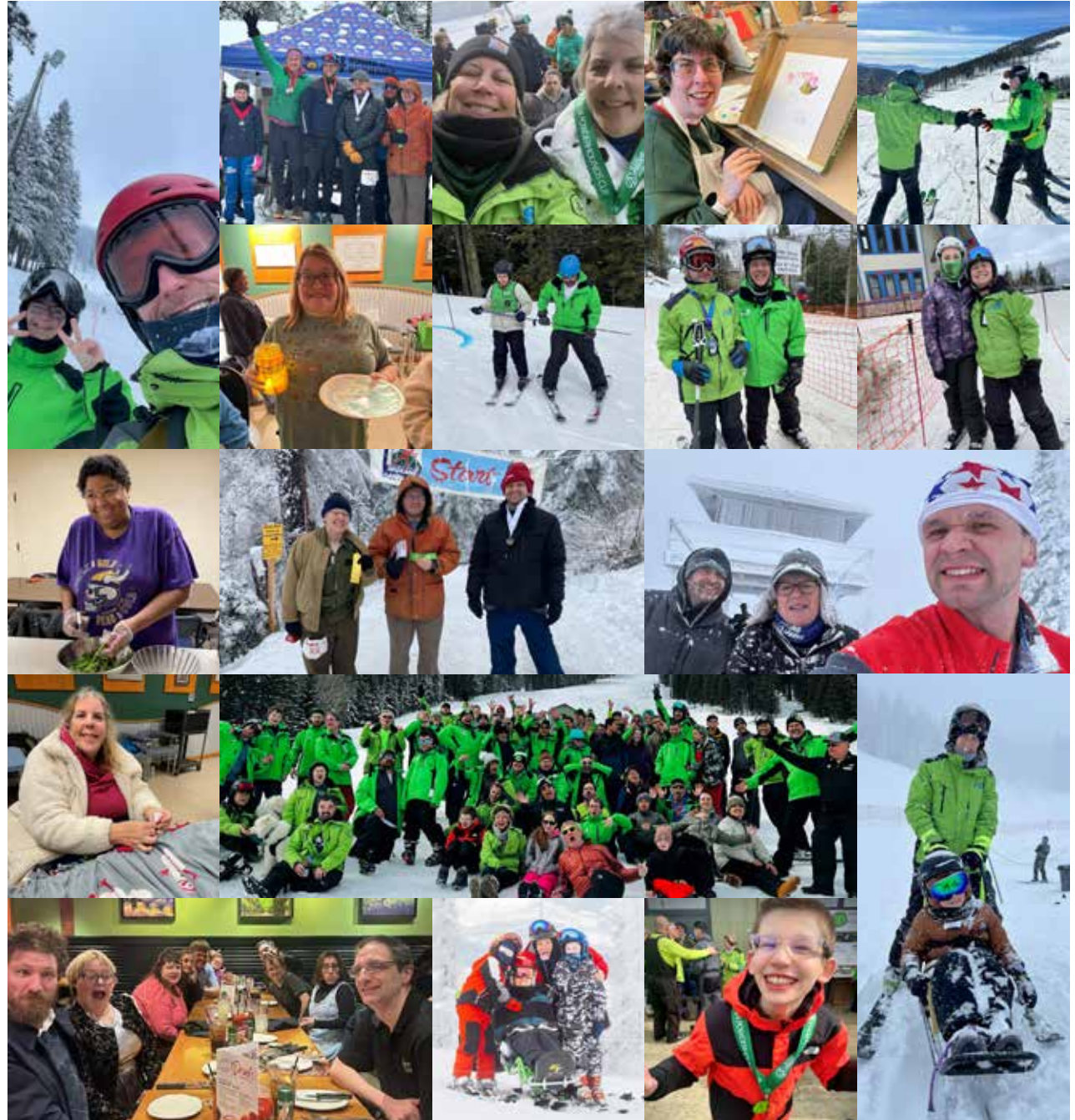
A legacy has been left and the impacts of her life will be felt for many years to come.



# Winter Highlights

## Special Thanks to our Winter Quarter Volunteers

Bill Andersen	Mia McGinnity
Patty Anderson	Chris McLaughlin
Donald Bell	Jennie McLaughlin
Dave Bentz	Ashlee McQueen
Paige Brausen	Ken Murray
Jerimiah Bryant	Sabrina Murray
Doug Burke	Carl Nelson
Patty Burke	Brandon Olson
Naomi Busch	Mattson Overstreet
Erin Cameron	Matthew Peite
Carolyn Cartwright	Nicholas Pflugh
Mike Caselle	Ryan Rathbun
Kristeen Christy	William Remillard
Jared deGuzman	Benjamin Rowe
Hal Ebel	Eric Sahlin
Brady Eckert	Mark Schafer
Dominique Elliot	Morgan Shank
Yvonne Fisher	Seneca Shank
Garret Frerichs	William Skaer
Curtis Graham	Shelley Smith-Houn
Ted Hill	Natalie Stagnone
Kevin Holden	Julia Stepnowski-Parry
Josh Holley	Kelley Strange
George Jackson	William Strange
Bill Johnson	Barb Stuebing
Noah Johnson	Dave Towell
Ariel Jones	Derrick Torres
Cody Kenison	Marcos Torres
Curtis Kracher	Dennis Trudeau
Steve Lamp	Mark Turner
Don Long	Nick Valov
Kristal Loudin	John Vetter
Johnny Mac	Jim Wilson
Josh Marro	Frank Wintersteen
Mike Marro	J Zucchetto
Marnie McCoy	





City of Spokane Parks and Recreation Department  
**ACTIVITY REGISTRATION FORM**

509.755.CITY (2489)  
 SpokaneParks.org

Which program are you registering for?  General  TRS

**PAYEE INFORMATION**

LAST NAME	FIRST NAME	MI
ADDRESS	CITY/STATE	ZIP
DAY WORK OR CELL PHONE	NIGHT PHONE	EMAIL

PARTICIPANT INFORMATION		BIRTHDATE	AGE	GENDER	ACTIVITY NUMBER	ACTIVITY NAME	FEE
LAST NAME	FIRST NAME						
		/ /		M F			
		/ /		M F			
		/ /		M F			
		/ /		M F			
		/ /		M F			
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		/ /		M F			

Statistical Information (birthdate & sex of participant) is used for demographics and to customize course activities

**Make checks payable to:** City of Spokane      **Mailing Address:** Spokane Parks & Recreation Department  
 Class Registration – My Spokane  
 808 W. Spokane Falls Blvd.  
 Spokane, WA 99201-3317

**Total Program Fees:** \$

**Credit Card /Debit Card payments are also accepted in the form of VISA, MC or AMEX for Online or Phone Registrations Only.**

**DDA will send funds.**  Yes  No      **Case Manager** Name: \_\_\_\_\_ phone # \_\_\_\_\_ email: \_\_\_\_\_

Please contact your case manager to send verification of payment to: [abusch@spokanecty.org](mailto:abusch@spokanecty.org)

**Therapeutic Recreation Only**      General supervision is provided 15 minutes prior to class time and 15 minutes at end of class. If additional supervision is required there will an additional fee imposed.

**Check One:** Group Home/Institution \_\_\_\_\_ In Own Home/Apartment \_\_\_\_\_ Private Home With Parent \_\_\_\_\_

Dietary Precautions/Foods to avoid: \_\_\_\_\_

Allergies:  Bee/Wasp Stings  Drug Allergies  Food Allergies  Latex Allergies  Other Please Specify: \_\_\_\_\_

Activity Limitations/Physical problems (if any): \_\_\_\_\_

Will you (your child) need to be reminded to take medications during program hours?  Yes  No

Careprovider/Support Staff provided?  Yes  No

Will you be using Paratransit?  Yes  No If yes, what is your rider number? \_\_\_\_\_

# THERAPEUTIC RECREATION

**Do you have any disabilities? (Be specific)**

**Participant Personal Needs:**

Therapeutic Recreation staff provides leadership and supervision for the activity but are unable to provide attendant care (feeding, toileting assistance, giving medications, transfers, etc.). Care providers should accompany participants who need such attendant care. Parks & Recreation staff reserves the right to mandate a care provider as a prerequisite to participation. Registration fees for care providers will vary by activity.

**Social Skills/Behavioral Info:**

**Participation:**  Easily  Needs Occasional Prompting  Needs Constant Prompting

**Needs Help Managing:**  Behavior  Personal Space  Emotions

**Behavioral Triggers or fears:** **Other information:**

**Mobility and Adaptive Equipment:**  Yes  No

**Do you use adaptive equipment?**  Manual  Electric  Full-time  Part-time

**Wheelchair:**  Full-time  Part-time

**Check all that apply:**  Cane/Crutches  AFO's/Splint/braces  Walker

**Other information:**

**Daily Life:**

**Toileting:**  Independent  Independent w/reminders  Only with assistance

**Eating:**  Independent  Independent w/ partial assistance  Only with assistance

**Communication Information:**  Verbal and clearly understood  Verbal but not clearly understood  Non-verbal  Uses sign language  Uses a communication board

**Additional Personal Needs Information:**

**MEDICATION INFORMATION & WAIVER \*signature required**

This form must be completed by all participants who require medication while attending a City of Spokane activity (referred to herein as "Participant"). Please complete the **Medication Information Form & Waiver of Liability even if Participant will not take medication while at the activity.** This information will help us better assist Participant with medications.

- The activity leaders will provide reminders to Participant to take medications and to safely secure medication when not in use.
- Participant must be able to take his/her own medications while at the activity.
- Please package medication by dose in individual extra small zip lock bags or blister cards labeled by the pharmacy to include: 1) name of Participant; 2) name of physician; 3) name of pharmacy; 4) dosage and amount; and 5) time to take. For example, if Participant takes six different medications at dinner time there should be six small zip lock bags or blister cards, each with the label information listed above. Then put all bags in a larger zip lock bag labeled with Participant's name, date, day, and time to take; e.g. Sam Jones, Saturday, June 15, 6:00 pm.
- Please send only the amount of medication needed for the dates of the activity. Do not send excess dosages.

• If Participant has a medical insurance card, please bring it in case of emergency.

**WAIVER OF LIABILITY:** I understand that personnel from Parks & Recreation will administer only the prescribed medication mentioned in this Medication Information Form. I hereby waive any and all claims against the City of Spokane, which includes the City of Spokane Parks & Recreation Division and Therapeutic Recreation Services; any employees, chaplains, or volunteers; and all their respective insurance companies, successors in interest, commercial & corporate sponsors, affiliates, agents, employees, representatives, assignees, officers, directors, and shareholders (each a "Released Party"), and agree to hold Released Parties harmless from any and all liability which may arise in connection with Participant's use of medication.

BY SIGNING ON BEHALF OF A MINOR OR OTHER PARTICIPANT, I REPRESENT THAT I AM AUTHORIZED TO SIGN ON PARTICIPANT'S BEHALF and/or I AM THE PARENT OR LEGAL GUARDIAN OF THE MINOR PARTICIPANT and acknowledge that Participant is bound by all the terms of this Agreement.

Signature \_\_\_\_\_ Date \_\_\_\_\_

MEDICATION TAKEN		Type:	Dosage:	Time(s):
Type:	Dosage:	Time(s):		
Type:	Dosage:	Time(s):		

List any special instructions/cautions/side effects:

**CITY OF SPOKANE PARKS & RECREATION DEPARTMENT WAIVER AND RELEASE OF LIABILITY**

**WARNING: PLEASE READ CAREFULLY BEFORE SIGNING**

**THIS IS A RELEASE OF LIABILITY & WAIVER OF CERTAIN LEGAL RIGHTS INCLUDING THE RIGHT TO SUE OR CLAIM COMPENSATION**

1. Each person participating in the City of Spokane Parks & Recreation Division's activity identified herein (referred to as "Activity") is referred to as "Participant." I, the undersigned, am a Participant and, if a Participant is under 18 or has a guardian, I am the Participant's parent or legal guardian. I understand that participating in the Activity referenced herein can be HAZARDOUS AND INVOLVE THE RISK OF PHYSICAL INJURY AND/OR DEATH.
2. I understand the dangers and risks of the Activity and that Participant ASSUMES ALL INHERENT DANGERS AND RISKS of the Activity.
3. In consideration for being permitted to participate in the Activity, I AGREE, to the greatest extent permitted by law, TO WAIVE ANY AND ALL CLAIMS AGAINST AND TO HOLD HARMLESS, RELEASE, INDEMNIFY, AND AGREE NOT TO SUE the City of Spokane, which includes the City of Spokane Parks & Recreation Division and Therapeutic Recreation Services; any employees, chaplains, or volunteers; and all their respective insurance companies, successors in interest, commercial & corporate sponsors, affiliates, agents, employees, representatives, assignees, officers, directors, and shareholders (each a "Released Party") FOR ANY INJURY, INCLUDING DEATH, LOSS, PROPERTY DAMAGE, OR EXPENSE, WHICH I, OR PARTICIPANT, MAY SUFFER, ARISING IN WHOLE OR IN PART OUT OF PARTICIPANT'S PARTICIPATION IN THE ACTIVITY except only for injury or damage caused by the sole negligence of the City of Spokane, its employees, or agents. To the extent Participant's damages were caused by or resulted from the concurrent negligence of the City of Spokane, its elected and appointed officers, employees, agents, or representatives, the obligation to indemnify, defend, and hold harmless is valid and enforceable to the extent of the negligence of Participant.
4. I UNDERSTAND THAT I AM ENGAGING IN AN ACTIVITY THAT HAS NUMEROUS INHERENT RISKS THAT COULD LEAD TO MY SERIOUS INJURY (INCLUDING COMPLETE PARALYSIS) OR DEATH. I ACKNOWLEDGE THAT REMOVING THOSE RISKS IS NOT POSSIBLE AND ELIMINATING THOSE RISKS WOULD FUNDAMENTALLY CHANGE THE NATURE OF THE ACTIVITY AND WOULD JEOPARDIZE THE ESSENTIAL QUALITIES OF THE ACTIVITY.
5. I FURTHER CONSIDERATION FOR ALLOWING PARTICIPANT TO PARTICIPATE IN THE ACTIVITY, I FURTHER RELEASE AND GIVE UP ANY AND ALL CLAIMS AND RIGHTS THAT I MAY NOW HAVE AGAINST ANY RELEASED PARTY AND UNDERSTAND THIS RELEASES ALL CLAIMS, INCLUDING THOSE OF WHICH I AM NOT AWARE, THOSE NOT MENTIONED IN THIS RELEASE AND THOSE RESULTING FROM ANYTHING WHICH HAS HAPPENED UP TO NOW.
6. I AGREE TO PAY ALL COSTS, INCLUDING ATTORNEYS' FEES, INCURRED BY ANY RELEASED PARTY IN DEPENDING AN INVESTIGATION, CLAIM, OR LAWSUIT BROUGHT BY OR ON PARTICIPANT'S BEHALF WHETHER ARISING IN WHOLE OR IN PART FROM PARTICIPANT'S PARTICIPATION IN ANY ACTIVITY OR FROM ANY MISREPRESENTATIONS OR FRAUDULENT EXECUTION OF THIS AGREEMENT.
7. I represent that Participant is in good health and that there are no special problems associated with Participant's physical or mental condition that would enhance the risks of my participation in the Activity, that would increase the likelihood of my injury and/or death, or that would interfere with my safety in the Activity. I authorize a licensed physician or other medical care provider to carry out any emergency medical care for Participant which may be necessary and agree to be fully responsible for any costs associated with such care or transport to such care.
8. I grant the Released Parties the right of publicity to own and use any image collected of Participant while participating in the Activity. YES  NO
9. I agree that any and all claims for loss, injury, and/or death arising from Participant's participation in the Activity shall be governed by the law of the State of Washington and that exclusive jurisdiction of any such claim shall be in a court of competent jurisdiction in the in the State of Washington, County of Spokane.
10. BY SIGNING ON BEHALF OF A MINOR OR OTHER PARTICIPANT, I REPRESENT THAT I AM AUTHORIZED TO SIGN ON PARTICIPANT'S BEHALF and/or I AM THE PARENT OR LEGAL GUARDIAN OF THE MINOR PARTICIPANT and acknowledge that Participant is bound by all the terms of this Agreement. I acknowledge that the Activity entails known and unanticipated risks that could result in physical or emotional injury, paralysis, or death to Participant as well as damage to property, or to third parties. I understand that such risk cannot be eliminated without jeopardizing the essential qualities of the activity. I assume the risk and financial responsibility for any injury, illness, or liability resulting from Participant's participation. I waive any claims and agree to hold harmless and not sue Released Parties from all claims or liability arising out of Participant's participation. I have been made aware of the itinerary and give permission for Participant to ride in the vehicle designated by the staff of the City of Spokane Park & Recreation Division while attending or participating in the Activity, and I understand this release/waiver applies with equal weight to any claim arising from riding in a vehicle, including entering or exiting the vehicle. I certify that the Participant has no medical or physical conditions that could interfere with his/her safety in this activity, or else I am willing to assume and bear the costs of all risks that may be created, directly or indirectly, by any such condition.
11. In case of emergency involving Participant, I understand every effort will be made to contact me. In the event I cannot be reached, I authorize a qualified physician/surgeon selected by City of Spokane personnel to examine and in the event of injury or serious illness administer emergency care to the above-named participant which may include hospitalization, anesthesia, surgery, or injections of medication for Participant. I understand every reasonable effort will be made to contact me to explain the nature of the problem prior to any involved treatment. In the event it becomes necessary for City of Spokane Parks & Recreation staff or volunteers to obtain emergency care for Participant, I agree that neither the City of Spokane nor any of its personnel assumes financial liability for expenses incurred because of the accident, injury, or illness.
12. I understand that this Agreement will apply for each and every day Participant participates in any Activity. I understand that this Agreement is a contract and, to the fullest extent permitted by law, shall be binding on me and my assignees, subrogors, distributors, heirs, next of kin, executors and personal representatives. If any part of this Agreement is deemed to be unenforceable, the remaining terms shall be an enforceable contract between the parties.

**MINOR PARTICIPANT INFORMATION – requires Parent/Guardian to complete, sign & date below**

Minor – Last Name, First name, M.I. (print) \_\_\_\_\_ Date of birth (MM-DD-YYYY) \_\_\_\_\_

**ADULT PARTICIPANT INFORMATION – required to complete, sign & date below**

Adult/Parent/Guardian - Last, First, M.I. (print) \_\_\_\_\_ Date of birth (MM-DD-YYYY) \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

Emergency Contact (print) \_\_\_\_\_ Relation \_\_\_\_\_ Phone number \_\_\_\_\_

# Customer Involvement Policies & Important Information

## Customer Involvement Policies

- Arrive to the activity/meeting location on time. Under most circumstances TRS will not wait longer than fifteen minutes for participants to arrive. This will prevent a delay in transportation and tardiness of any reservation.
- Leave the activity on time. TRS will wait until transportation comes. If additional supervision is required the participant will be billed \$8.00 for every 15 minutes or \$32.00 for every hour your transportation is late or you arrive too early. (Please refer to the additional supervision form).
- Bring the appropriate amount of money for activity. TRS staff do not carry additional funds to pay for activities. If you do not have sufficient funds for the activity, you may be sent home. Via home site, bus or taxi.
- Bring the appropriate clothing/gear for activity. (i.e.; helmets/gloves, swimsuit/cap, pillow/sleeping bag, extra layers in cold weather, etc.)
- Respect people, place and things around you.
  - a. Stay with the group.
  - b. Follow instructions of TRS staff.
  - c. No smoking permitted except in designated areas upon approval of TRS staff.
  - d. No food or drink allowed on the vans or other transport vehicles.
  - e. No stealing

Absolutely No Sexual Harassment or Assaultive behavior will be tolerated. We reserve the right to send participants home if displaying inappropriate behaviors or not abiding by the TRS Customer Involvement Policies.

We strive to provide a safe and enjoyable experience for everyone in a Therapeutic Recreation Services activity.

## Important Information

### Service Philosophy

Primary goal is to make recreational activities available to a broad spectrum of people with developmental and/or physical disabilities. Our purpose is to assist people to have positive experiences and develop appropriate leisure and social skills they can use throughout their lifetime. Mastery of leisure skills often leads to an increase in self-esteem and the ability to tackle other obstacles in life.

### Volunteer/Staff

Volunteers are vital to our programs. Parents/careproviders, siblings, and students are encouraged to volunteer. If you are interested in volunteering, call 509.625.6245. Paid positions also available.

### Participant Personal Needs

Therapeutic Recreation staff provides leadership for the activity and are unable to provide attendant care (feeding, toileting assistance, giving medications, transfers, etc.). Careproviders should accompany participants who need

personal care. Participants who have behavioral issues may be asked to participate with a careprovider in attendance. Registration fees for careproviders may be waived or will vary depending on the activity.

### Medication Policy

Participants who take medication during a Therapeutic Recreation program must complete a MEDICATION INFORMATION AND WAIVER form and return it before start of class. Participants must be self-medicating. Program staff can take custody of medication and remind participants when to take medication. Program staff cannot administer medication. All medication must be packaged according to program instructions. Participants should have a current medical coupon/medical insurance card, and identification with current address and phone number.

### Miscellaneous Information

Participants will be notified of class changes. Classes held in Spokane school facilities do not meet on holidays, vacation & curriculum days.

### Program Fees

Limited scholarship funds are available should a participant be unable to afford a class. Donations are tax deductible and assist us to better serve the leisure needs of people with disabilities. Therapeutic Recreation Services is a registered contractor with DSHS and is eligible to accept DDA respite funds for payment of activities through the Provider 1 system. Contact your local DDA case manager for more information.

### Process to use DDA Funding:

1. Contact your DDA case manager and inform them of price.
2. Have case manager send funding approval to [abusch@spokanecity.org](mailto:abusch@spokanecity.org)
3. Fill out registration and then on page 13 indicate DDA as payment source and list case manager.
4. When registration form has been received and processed by TRS, a confirmation receipt will be sent to camper/family.
5. Provide copy of confirmation receipt to case manager.
6. If camper needs to cancel registration, regular refund policy and procedures apply (see below). DDA WILL NOT PAY IF CAMPER DOES NOT ATTEND BUT DID NOT CANCEL. In this case, payment responsibility falls to camper's family.

### Refund Policy

Participants will be notified if a class or program is canceled due to lack of enrollment and will be offered an alternate choice, full refund or credit on account. Participants who wish to cancel enrollment must notify Therapeutic Recreation at least seven days prior to the program date to be considered for a refund. Refund amount will be based on the number of students enrolled and any supply costs incurred on the participant's behalf. Careproviders may

not substitute participants. Every participant must be pre-registered. Requests for refunds must be made in writing and approved by Therapeutic Recreation supervisor. Refunds will not be made after the first session or for missed sessions. Trip deposits are non-refundable unless cancellation is made at least 30 days before trip departure date.

### Transportation/Paratransit Users

The Spokane Transit Authority offers both fixed route and para-transit services to the public. For fixed route service, call 509.328.7433; para-transit service, call 509.328.1552. STA will not wait for instructors or buildings to open. Our instructors arrive fifteen minutes prior to the start of the class. In order to prevent participants from being dropped off too early please give a "no earlier than drop" time of 15 minutes before the class starts. Do not use a "no later than" time as it causes problems of too early of an arrival. Care providers must accompany participants who cannot find the class location independently or wait appropriately for the instructor. Therapeutic Recreation works with STA and care providers to identify early and late arrivals and make changes in schedules as needed. \*Another suggestion is to use subscription trips. After attending a class three weeks in a row the rider qualifies. With this ride you won't need to call in each week- just call when need to cancel. Schedule rides early. If participants need additional supervision while waiting for transportation after program hours, a bill will be sent to cover staff expenses. Para-transit is not recommended for those activities involving a flexible return time - i.e. trips.

### Registration Procedure:

- Advance registration is necessary for all programs except where noted.
- Registration is processed on first paid, first served basis. Payment can be accepted over the phone with Visa/MC/Discover only. No verbal reservations over phone.
- Mail in, phone in, walk in, or fax 509.625.6205 registrations.
- Medication Information & Waiver form filled out as necessary.

### Other Parks Programs Available to Special Populations

The programs in this brochure are designed for persons with developmental and physical disabilities. All other Park Department programs are available to persons with disabilities. Please look through the Spokane Parks and Recreation Department Class & Activity Guide to see if a program is of interest to you. Then call Alice Busch at 509.625.6245 and she will help you get started by notifying the instructor who will make preparations or adaptations, if needed.

# SPECIAL THANKS!

Special thanks to Mia McGinnity for volunteering over 100 hours during winter and spring quarters. She is a psychology major at Whitworth University and chose TRS to do her practicum with. Mia has helped out with linedancing, cornhole, swimming, cookie bake, ice skating, crafts, fine dining and more. She has been a lot of fun and TRS has benefitted from her time and talent. We wish her the best in her future endeavors.



Look for more exciting activities coming this summer

## Therapeutic Recreation Services

The programs in this brochure are designed for persons with developmental and physical disabilities. All other Parks Department programs are available to persons with disabilities. Please look through the Spokane Parks and Recreation Department Class & Activity Guide to see if a program is of interest to you. Then call Alice Busch at 509.625.6245 and she will help you get started by notifying the instructor who will make preparations or adaptations, if needed.



This is not an activity of the school or school district. Distribution of this material and the use of District facilities does not constitute an endorsement or sponsorship for the event/information by the school or the district.

**REGISTER  
ONLINE**

[SpokaneRec.org](http://SpokaneRec.org)



**CALL  
US**

Call 311  
or outside the city at  
509.755.CITY  
Fax 509.625.6990



509.755.2489  
[spokaneparks.org](http://spokaneparks.org)



808 West Spokane Falls Boulevard  
Fifth Floor - City Hall  
Spokane WA 99201-3317  
509.625.6200

Address Service Requested

